

## **NW Region Compiled Report**

**July 2014**

**CHNS/CHPS**

### **Miranda Curbow**

- Facilitated Yoga Workshop at WAESC for school staff- Educated participants on new E-cigarette laws for schools and signage -educated on Act 811, sun safety, STD/ teen pregnancy numbers, Car safety for teen drivers, distracted driving and available education. Provided information on nutrition and physical activities during yoga workshop
- I presented at the Franklin County summer feeding program- Educated children, teens, and parents on Act 811, dangers of secondhand smoke, quit line, and the ingredients of a cigarette and its smoke. Education included the consequences of tobacco use, smokeless and e-cigarette use. Provided material to take home and share with others and also a tobacco coloring book for the children.
- I facilitated a workshop on Traumatic Brain Injury and Autism. Education included on recreational and sports concussions, as well as on Shaken Baby Syndrome and TBI. Car Seat Safety and Seat Belt Use were also included in the education. Near Drowning was also presented.
- Attended and facilitated Side Effects of Medication workshop at WAESC- Educated teachers, staff and school nurses on Prescription Drug Abuse, Synthetic drugs and their effects on children and learning. Education included tobacco side effects, Act 811 and secondhand smoke
- I provided 2 CPR/AED trainings for school staff and nurses. Educated staff and nurses on proper CPR technique. Education included tobacco and its effects on health, Act 811, Emergency preparedness in the school, diabetes effects and prevention and included nutrition and physical activity information. Education included: playground safety, teen driving, seat belts and car seats.
- ABC's of Special Ed – Attended and facilitated workshop for Aleecia Starkey. Subjects included Special Ed matters. Educated on chronic disease related to fitness, school performance, and nutrition. Included environmental safety cautions, such as, poisoning, anaphylaxis, playground and classroom safety. Educated on Fetal Alcohol and drugs on fetus.
- Attended and Facilitated PE workshop at WAESC

### **Sarah Brisco**

- Provided a Wellness workshop at OUR Co-op, which included the area school districts that covered Marion, Baxter, Searcy, and Carroll counties. We had the following topics:

healthteacher.com, second chance tobacco program, staff wellness, and the wellness toolkit/school health index/Role of the CHPS

- Provided a nutrition/physical activity/Injury prevention presentation at Nan's daycare in Boone County
- Provided a presentation on the Second Chance Tobacco program to 13 school districts in the OUR Co-op area
- Provided a presentation on MyPyramid/My Choices to Nan's Daycare in Boone County
- Partnered with Cindy Schaefering, CHNS, to facilitate and present at the Wellness workshop in North Central Co-op in Melbourne. Provided a presentation on the Wellness Toolkit/School Health Index/Role of the CHPS
- Visited Butterfield School in Fayetteville, Sonora School in Springdale, and Huntsville School to discuss wellness in the district and provide TA for the upcoming school year
- Working to complete the 2013-2014 Wellness Initiative Work plan

### **Nancy Marsh**

- Attended NWTRAC injury Prevention meeting – working on priorities for upcoming year – researching best practices for fall and Suicide – to report back at next meeting. Invited and took WCHU Administrators to this meeting
- Several days spent working on details/planning for NWA School Nurse Workshop. Plans for over 100 school nurses attending workshop, working details for presenters and exhibitors- Also several days spent on nursing CE packet details. Contacted TPCP to get the 2<sup>nd</sup> Chance Flyer revised -to give out to NWA School Nurses – copy of flyer put in 140 notebooks for upcoming Workshop in Aug.
- Presented Emerging Products at the MCHC meeting – 26 people present
- Madison County Health Coalition Executive Board Retreat – facilitated, created agenda and handouts for tasks to be completed such as, coalition evaluation and stakeholders assessments.
- Meeting with 2 students from Africa that were attending a 6-week fellowship at UofA , project from Obama Discussed public health in Arkansas – met with them over 2 hours – answering their questions
- Extended amount of time assisting in Providing Nursing CEs for Dr. Burns' classes at UAMS, School nurse workshops and Reality Works CE packets
- Meeting with Diabetes Association outreach coordinator

## **Cheria Lindsey**

- 2 day of CPR/FA/AED training to school personnel- education included both SOS Quit line information and Act 811 , Home Safety Measures, water and sun safety
- Provided an interactive booth presentation on Don't Shake, Don't Smoke to reduce infant mortality. Provided demonstration of shaking a baby with Reality works Infant to 186 diverse individuals with 34 small presentations about the effects of shaken baby, the brain injury, the reasons for shaking, and ways to cope with frustration and given a crying plan along with information on Falls with Infants and Children using evidence-based materials with the Injury Prevention at ACH, Act 811 and Smoking with Pregnancy. This took place at the World's Largest Baby Fair in Boone County where 476 people attended
- Facilitated workshop with Aleecia Starkey on Executive Function Dysfunction, with emphasis on how the Teen Brain works and functions. Tobacco materials given to 23 teachers and discussed the Impact Tobacco has on Education and Act 811.
- Partnered with NAPHE and on planning committee for the Pediatric Potpourri Conference in Branson Missouri with 230 participants present over a 3 day period. Multiple evidence-based educational topics presented with nationally recognized presenters
- Completed and Submitted CNE packet for: Public Health and School Health, the "Partnership" for ATrain that included 5.25 CNE contact hours
- Worked with IT at OUR Cooperative to Zoom with Paula Smith, State Nurse Consultant, to provide recorded video with nursing updates for the School Nurse Workshops
- Attended and assisted with Wellness Conference at OUR Educational Cooperative with multiple speakers facilitated by Sarah Brisco, CHPS

## **Cindy Jones**

- Orientation with Miranda C., CHNS at Western Co-op and Nancy M., CHNS at Northwest Co-op – 3 days of training/orientation
- Attended the Conway County Hometown Health Initiative meeting to discuss a safety baby shower and the funding for it.
- Provided 2 days of CPR/AED/First Aid adult and child training at Arch Ford Co-op for school personnel. I provided information on poison control, heart disease, and tobacco usage affecting the heart.
- Partnered with Becky Lamb to provide CPR/AED adult/child/infant training at the Wilbur D. Mills co-op for school staff
- Assisted with the Searcy County coalition in providing Dr. Taggart as a guest speaker to their community. He spoke on the history of public health in Arkansas. Lunch was provided by the coalition members, the local church, and members of the community

- On-site visit with the Superintendent of Hector schools for to discuss the hiring process of a new school nurse for their district. Provided technical assistance regarding qualifications of a school nurse.
- Visited twice via phone with the Superintendent of West Side schools regarding the hiring process for a new school nurse. Provided technical assistance in qualifications of a school nurse.

### **Christine McKnelly**

Facilitated/Hosted full-day at Western Co-op in Branch- Workshops on PE Line Dancing and PE for coaches- Comment from CHNS: "They [the participants] loved it!"

- Wellness Workshop at Crowley Ridge Co-op in Harrisburg- Presented educational session, "Making Your Wellness Committee Work: Tools you can Use" as part of the wellness workshop. Presented wellness toolkit; discussed SHI; discussed requirements per Act 1220 and Nov. 2013 Commissioner's Memo; discussed ways wellness committees can improve at any level, whether struggling or thriving.
- Facilitated Suicide prevention workshop with Shelby Rowe from Arkansas Children's Hospital at Arch Ford Co-op
- Arch Ford Co-op: Facilitated PE workshop-Disciplinary Literacy for PE. Explained the role of the CHPS and gave brief overview of wellness committees.
- Arch Ford Co-op: Facilitated workshop-Athletic training for coaches with trainer Clay Beason from Harding University. Shared hydration resources with the group
- Completed strategic plan documentation and prepared report to be given at the Sept CHPS /CHNS meeting
- Arch Ford Co-op: Facilitated workshop on PE and health within common core.