

## Northwest Region Report CHNS & CHPS May 2013

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### **Candace White**

Asthma presentation at Bigelow elementary school, which included information about dangers of tobacco. 300 students given tobacco free pencils, key chains, and "Be Smart Don't Start" activity books

Visited with nurses at Russellville middle school, junior high, and high school and set up date for student hygiene presentation in the fall. Visits with nurses at Danville and Dardanelle schools, Atkins, Heber Springs, West Side Greer's Ferry, Nemo Vista, Wonderview, South Conway County, Mayflower, Vilonia MS/HS, Hector, Dover Junior High, Pottsville, Western Yell County and Two Rivers.

Attended wellness meeting for Dardanelle school district and met new RN hired to replace retiring supervisor.

Meeting at Mayflower school working with nurse supervisor that has been given the task of being CSH coordinator- Provided technical with setting up wellness committee meetings and planning SHI for next year.

Conducted School Based Health Alliance of Arkansas Meeting in Little Rock

### **Sarah Brisco**

Attended Searcy County HHI meeting- Gave the group a short talk on the importance of wellness committees and school health index in the school districts and encouraged the committee to get involved with the school to help strengthen the wellness committee in the local schools

Visited Springdale Middle School at JO Kelly School- Provided injury prevention information and handouts to students and parents on Social Interacting and Boat Safety- Suggested that information be used for students and parents through the parent centers

Visited OUR Children's Center and presented to students on Injury Prevention and the importance of good hygiene and hand washing

Visited OUR Children's Center and presented on the importance of good nutrition and physical activity by using the physical activity and nutrition ball.

Visited Springdale School District at Sonora Elementary School and provided information to all students on Boat Safety.

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Visited Fayetteville School District at Butterfield Elementary School to provide information on Boat Safety to all students

Completed the NW Region CHPS/CHNS newsletter for the Statewide CHPS and CHNS to provide to schools and parents statewide

Attended Searcy County HHI meeting- Gave the group a short talk on the importance of wellness committees and school health index in the school districts and encouraged the committee to get involved with the school to help strengthen the wellness committee in the local schools

### **Nancy Marsh**

Para Pro training for 20 Bentonville School nurses

Madison County Health Coalition meeting – 30 people, facilitated meeting, helped set up and clean up facility

Summit on Growing Healthy Communities – NW Region in Harrison (2 community people from Madison attended and 1 school Physical Education teacher there per my encouragement)

Hosted Dr. Burns, “Healthy Lungs” (23 people) and “Healthy Skin” (20) people

Attended City of Huntsville Economic Development ‘Quality of Life’ Committee meeting – working on After-hours care in Madison County I met with 2 physicians/clinics prior to meeting and gave report and also answered questions for newspaper reporter there.

Working with Dr. Patty Scott and ACH staff to host pilot training on Pediatric Procedures for School Nurses in July – simulators and models to do skills training on cauterizations; trach care; G tube feedings; rectal administration; pic line care and med administration

Working with Yvonne Richardson Community Center to provide education to their summer camp program and with other groups – planning Water Safety

### **Cheria Lindsey**

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Carroll County Teen Summit, helped to facilitate and lead groups, approximately 265/ 7<sup>th</sup> graders present for multiple topics, tobacco included.

Searcy County Health and Safety Expo, booth with Spin Smart and information about SOS approx. 62 presented and interaction with.

Presentation to the Substance Abuse Prevention meeting for Educational Minute on Underage Drinking and poster presentations used in Carroll County approx. 11 people present

Anaphylaxis Workshop for Nurses and provided Dr. Bell with SOS material/quit line information, approx. 21 present

CPR/First Aide training for HIPPIY program with OUR Co-op and gave information on ACT 811 approx. 6 present.

Attended the ArCop: Growing Healthy Communities Summit in Harrison on School and Community Health Session

Visit to Valley Springs Elementary Nurse- school nurse leaving and assisted with end of year closure. Visit to Eureka Springs School and nurse TA to Leah Weaver, with Scoliosis Screenings

### **Miranda Curbow**

Waldron Public Schools – Approximately 500 in attendance - Used Mr. Gross Mouth to educate on dangers, risks of smokeless tobacco. Provided education on cigarette and smokes ingredients- Pamphlets provided on smoking and home fires, tobacco quit line, quit line forms, secondhand smoke, act 811, and other tobacco info. Participants showed an increase of 100% knowledge of the above mentioned education information

Charleston – Color Fun Run/Walk –Approximately 60 in attendance -5K color fun run/walk that utilized checkpoints to educate participants on substance abuse. Education included information on alcohol, underage drinking, drug abuse, prescription drug abuse, included secure, monitor, and dispose information. Also included statistics on tobacco use and its dangers and promoted physical activity as well.

Bigelow Public Schools – Asthma Presentation – Approximately 325 in attendance - Educated on asthma: triggers, avoidance techniques and prevention. Included tobacco education: Secondhand smoke dangers, ingredients of cigarettes and their smoke, risks associated with all tobacco use and quit line information. Attendees showed a 100% increase of knowledge of the

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above mentioned subjects. All children were provided with tobacco activity books, anti-tobacco pencils and quit line information.

Spoke to Cheer and Dance teams at Greenwood Public schools regarding proper nutrition, physical fitness, Eating disorders, and good choices

Provided Orientation Training for Candace White, CHNS at Arch Ford

Working on upcoming trainings for school nurses and school faculty for this summer- These will include: Injury prevention 101, Side Effects: Medications and Children with special health care needs, CPR (6 different dates), SETT (School Emergency Triage Training, Fall School Nurse Workshop, etc...

Wrote grants for Franklin and Logan counties. These grants were received and are being used to combat and educate the counties concerning prescription drugs, underage drinking, and tobacco use

### **Christine McKnelly**

RVPC Subcommittee on health—participated as helper for facilitator and typed minutes

Training: Baby Safety Shower. Active participant- presented ways to instruct young mothers on the dangers of childhood unintentional drowning. Showed audience how to use demonstrations to teach this concept

HHI: Active participant in Community Service Inc. Task Force May 21<sup>st</sup> in Morrilton on projects covering Yell, Pope, Conway, Perry, Faulkner Van Buren counties

Coalition: Art mural town hall: attended at the request of Gayle Seymour, Asst. Dean of Communications at UCA and Faulkner HWC member. Presented ideas about why/how physical activity and healthy living could/should be incorporated into the upcoming mural project

Coalition: Walk/Bike town hall: attended at the request of David Barber, founder and chair of the Conway Pedestrian Alliance and Secretary of the Faulkner County HWC Coalition, , to present the case for including more walking projects and infrastructure in Conway's master plan

Coalition and Injury Prevention: Collaborated with Melissa Chism, Morrilton (Conway Co) Coalition and Tera Dacus on a project to bring Baby Safety Showers back to the community. Collaborated to write a Blue & You mini-grant for this coalition; developed SMART objectives; collaborated with community partners; wrote/revised grant.

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Attended and assisted the Coordinated School Health Coordinator's statewide meeting;  
assisted in the kitchen with Cooking Matters prep