

Northwest Region Report CHNS & CHPS – October 2013

Sarah Brisco

- Provided booth at the Helen Tyson Middle School Health and fitness night- Had interactive hands-on games for students and parents on PA, Nutrition, Tobacco Prevention, Injury Prevention, and Health Marketplace
- Provided assistance to Nancy Marsh and helped facilitate SHI at Greenland School District
- Attended Berryville School District Wellness Committee - Presented overview of Wellness Toolkit and provided School District with CD of the Toolkit at their request
- Provided assistance at Valley Springs School Flu Clinic, Boone County Mass flu clinic and St. Joe School Flu Clinic
- Participated and assisted with Baxter County Teen Summit. The Baxter County 7th Grade Teen Summit is collaboration with the Baxter County Coalition members and area schools. Erric Totty with Baxter Co. Juvenile Services hosted the event and spoke on Tobacco Prevention. Chuck Burklow with Vantage (Vista) Health in Fayetteville did a presentation on character building. Carol Robinson with the Attorney General's office spoke on Internet Cyber bullying. Students were also shown the ATV Safety video A TRIP UNPLANNED. Students left with nutritious snacks and were entertained with intermittent games and door prizes
- Visited Yellville School District –attended Wellness Committee Meeting. Continue to offer TA to school district.
- Visited the following school districts: Alpena, Cotter, Green Forest, Flippin, St. Joe and Eureka Springs School Districts to discuss the Wellness Initiative with the Wellness Coordinator

Nancy Marsh

- Gravette High School faculty professional development training on Child Maltreatment – approximately 50 people present
- Greenland SHI training for faculty and then assistance completing their SHI and finalizing their plans for this year. Superintendent, school board member, and parent were there in addition to 10 faculty attending - Sarah Brisco assisted.
- Meeting on Safety Baby Showers held by Staff from ACH to discuss SBS in Benton, Madison, and Washington counties. She discussed requirements, plans for next few months, and funding sources. 12 people

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- Meeting at request of drug rep from Oklahoma City to provide educational opportunities for school nurses in NWA. Planning project for December for NW Region cooperatives.
- Meeting with Gravette High School Nurse – problem with compliance with AED and Anthony Hobbs law; sent nurses copy of law and Rules and Regs. 2 weeks later – school now in compliance with AED accessible
- Elkins Faculty Health Screenings Fair – first time to do this. Worked with school nurse in planning, getting community partners to host a booth. Well planned by nurses – about 10 community partners present including pharmacy giving adult immunizations and clinic doing cholesterol and blood sugar tests.
- NWA School Nurse Association Meeting – evening meeting. Put meeting on NWAESC website for registration.
- Participated in the Madison County Mass Flu clinic

Cheria Lindsey

- Presented to the counselors by partnering with ADE, Roger Palmer, about School Health Issues: Role of the CHNS and provided information on multiple topics facing our children and the health needs, approx. 38 present.
- Presented to Paraprofessionals a Personal Care Class through ARMITs and addressed several topics with Act 811 and Injury Prevention, approx. 21 present.
- Presented to Jasper High School 7th-12th grades about “Nicotine and Tobacco” with emphasis on Smokeless Tobacco, approx. 258 present.
- Attended Berryville Wellness Committee meeting and provided information on tobacco and teen pregnancy presentations available for the school.
- Vision and Hearing Training for 2 new school nurses for Omaha and Deer/Mt. Judea
- Assisted with the following flu clinics: Marshall Elementary, Leslie Intermediate, Valley Springs, OUR Educational Cooperative, St. Joe, Bergman, Jasper, Deer, Harrison Alternative, Harrison High School, Harrison Middle School, Yellville, Flippin, Green Forest, Eureka Springs, Berryville Elementary and Intermediate, Berryville HS, Kingston , Community Flu Clinic at Independent Living, Inc. Boone County Mass, Carroll County Mass, Marion County Mass and Community Flu clinic with DHS and Boone County Sheriff’s office (Total of 16 school flu clinics and 6 Community Flu clinics)

Miranda Curbow

- Attended and assisted with vision and mission development at Sebastian county meeting. This included information on tobacco policies, e-cigarette information. Working with non-profit group in Sebastian county to provide flu shots to underserved women with no transportation, many homeless as well. Working with Non-profit to provide a health information day in Sebastian County. This will include smoking

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cessation education, home and car safety, car seat safety, safe sleep, STD and sexual health education

- Assisted with 8 flu clinics
- Paris school open house presentation - Education provided concerning Act 811, contents of a cigarette and its smoke. Side effects from smoking, disease burden. Included home fire safety. Also educated on proper seat belt usage, poison control and prescription drug drop info. Quitline education provide with multiple people taking advantage of quitline
- Provided Para-pro and glucagon training for school nurses
- Provided one on one new school nurse training to 3 new school nurses
- Provided SHI training and included information on comprehensive tobacco policies and policy information on health, fitness and nutrition at WAESC with Christine McKnelly, CHPS.
- Worked with Logan county sheriff's deputy to secure a free prescription drug drop box for the county sheriff's office, and provided TA for the grant.

Christine McKnelly

- Baby Safety Shower: Organized, chaired and presented Baby Safety Shower for Conway County Morrilton Coalition. Presented the "Safe Sleep" portion of presentation and provided oversight. Attendance included 10 mothers, including teen mothers. (*This project was initiated by a Blue and You Grant assisted by me and Tera Dacus.*) Event well attended and included strong community support, including the Mayor, DHS Admin, Kids First Staff, Community Service, Abundant Life pregnancy center, St. Vincent's hospital and more. One car seat installed on site and return appointments scheduled for 8 others. Comment from ACH attendees/observers: "This may be the best Safety Baby Shower we've seen." Estimated mothers and supportive family members impacted: 19
- Cooking Matters: Served as preceptor/co-organizer/presenter for "Cooking Matters for Families" Classes in Conway. Created Sign up Genius page, advertising flyer and coordinated outreach and sign up. This 6 week evening course has included an average of 7 low-income participants and average of 3 children and one disabled participant; 4 homeless participants are scheduled to attend next week's course. I participated in Supermarket tour component of cooking matters. Dietetic Interns prepared food and guided the discussion. Cooking safety/fire information and equipment provided to participants. This project has been a collaboration of the Faulkner County Healthy Weight Coalition (I serve as former Chair,) the UCA Dietetic Department and ADH

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Central Region Injury Prevention. Total number of adults and children attended thus far: 16

- Julie Lee Moore, Conway: Presented pedestrian safety/interactive program in concert with Bike Rodeos for First Graders Used curriculum about walking safety around cars and near driveways. At conclusion, students demonstrated the ability to look left, right and left before crossing, importance of walking etiquette (holding hand, not playing or running on sidewalks by cars,) identifying signs that a car is backing down a driveway,) techniques for crossing a driveway, and ways to identify safe areas to cross a street. Presented to 3 classes
- Morrilton: Presented on healthy bodies to all Kindergarten and 1st grade students in the district during an assembly
- Perryville: Presented wellness kit and role of CHPS at wellness committee meeting. Bigelow: mini-presentation of wellness kit while attending wellness committee meeting.-Scheduled further training for November.
- Clinton: Presented Wellness toolkit at wellness committee meeting. Visited with wellness committee members again October 29th during informal wellness committee meeting and discussed school lunches.
- Provided Training/Presentation on School Health Index Training, Western Co-op: Presented on why obesity prevention matters, discussed the new wellness toolkit and reviewed basics of the SHI rules and best practices Based on response, many participants were not familiar with the SHI or thought it was no longer required, so I am going to schedule a more in-depth introduction to SHI in 2014. Estimated 15 participants, including Superintendent, wellness chairs, nurses, grant coordinators and cafeteria managers. Miranda Curbow, CHNS, assisted with the training.