

Northwest Region CHNS & CHPS Report – November 2013

Sarah Brisco

- Provided assistance at the Boone County Teen Summit. The Summit included education on the following topics: Tobacco Use, Motor Vehicle Safety-use of seatbelts, Texting and Sexting with Social Media concerns, Drug Use of all types with the National Speaker, David Parnell "Facing the Dragons". Approx. 446 present
- Provided the BMI training to new school nurses at the OUR Co-op.
- Attended and assisted with facilitating the Injury Prevention Tri-training at the OUR Cooperative to school personnel on several topics: concussions, bullying and suicide prevention, "Coaching Boys to Men", safety restraints and seatbelts with car seats for different ages. Included the "Great American Smoke out Day" and Tobacco Timeline
- Visited Butterfield School in Fayetteville School District to provide Injury Prevention information and materials to coaches that attended the Injury Prevention Workshop
- Planning a workshop for PE and Health Teachers and all staff interested on the Wellness Initiative and the recent commissioners memo

Nancy Marsh

- Met with Siloam Springs Grant Coordinator who is also over their Wellness Center – discussed role of CHNS, technical assistance, and other potential partnerships- Attended Prairie Grove and Springdale CSH Meetings
- Provided Para Pro and Glucagon training for nurses school nurses at NW Co-op
- Hosted NW Region HHI Support Staff Meeting at NWAESC in Farmington- Arranged for lunch to be catered and provided snacks; set up room and cleaned up
- Met with west Fork school nurse – provided information about pregnant teen program for Washington County, encouraged school nurses to refer pregnant or new parent teens to program
- Met with Prairie Grove High School Nurse to discuss pregnant teen program for Washington County for pregnant or new parent teens

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- Met with 2 east Lab students at Springdale Harber High on community projects – providing technical assistance – they are on Agenda for April for NWAHHI meeting to present their projects
- Received call from ACHI about parent concern with BMI measurements at a Bentonville school. Initial phone call to Bentonville Nurse Coordinator- Office visit with Benton Head Nurse – planning BMI review training for all nursing staff in January. Reported information back to ACHI staff
- Set up Midyear School Nurse workshop on Immunizations

Cheria Lindsey

- Assisted with the Boone Teen Summit- Education on the following topics: Tobacco Use, Motor Vehicle Safety-use of seatbelts, Texting and Sexting with Social Media concerns, Drug Use of all types with a the National Speaker, David Parnell "Facing the Dragons". Approx. 446 present
- Nicotine and Tobacco Presentation to St. Joe grades 5th – 8th with emphasis on “Smokeless Tobacco” - approximately 53 present
- Injury Prevention Tri-training at the OUR Cooperative to school personnel on several topics: concussions, bullying and suicide prevention, “Coaching Boys to Men”, safety restraints and seatbelts with car seats for different ages. Included the “Great American Smoke out Day” and Tobacco Timeline
- “Don’t Let Big Tobacco Play You” presentation at the Chess Tournament for grades 5th and 6th at the OUR Cooperative- educating on the advertisement and the draw for kids to smoke and to take and stand. Students were also giving information on Act 811 and the SOS Quitline- Approximately 82 present
- BMI/Scoliosis workshop for new school nurses at the OUR Educational Cooperative with 7 present
- “Thankful for 100 years of Public Health” Celebration in Carroll County, assisted with preparation and clean-up
- Teen Pregnancy and STD presentation to Eureka Springs Students 6th grade through 12th grade, separating the boys and girls that included post discussion on “Choosing the Best Life” and making good choices that

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included bullying and suicide prevention/education and how that can affect them and self-esteem, approx. 258 present

Miranda Curbow

- Magazine wellness committee meeting -Educated attendees on the Great American Smoke Out. Provided information to be used in school regarding Act 811, quitline, proper seatbelt use, and home fire safety, linking it to tobacco use. Also educated on RX drug drop box that is new in the county and decreasing poisoning with its use. Gave STD/ teen pregnancy information/data for the state and county. Discussed wellness centers use of disposable toothbrushes and the impact on student's oral health and the importance of their oral health. Flu update given. 17 PRESENT
- Christian Women's Job Corp, Fort Smith (Sebastian County) - Educated attendees on reasons to quit tobacco. Included link to SIDS, Chronic Diseases (diabetes, cardiovascular, etc.) and home fires. Also educated on accidental and intentional poisoning, RX drop boxes, pills vs. candy, Seatbelt use and distracted driving. Provided info on flu and immunization opportunities. Presented Health Connector power point. Provided each participant with bath thermometer and thermometer for children. 23 PRESENT
- Magazine Public School - Provided Act 811 cards to all parents picking up students. Educated on seatbelt use and dangers of smoking in cars. Educated participants on the Great American Smoke out and lung cancer awareness month. 50 PRESENT
- Met with JC Westside School nurse - Educated school nurse on state and county teen birth and STD rates. Formulated plan, using posters, pamphlets and upcoming presentations to help decrease the sexual exposure of children in the district. Also discussed ATV safety, distracted Driving, and Suicide presentations to be presented during the school year
- Working with Waldron Schools to present information, including statistical data on teen pregnancy and STD's in their county, with the hopes of being

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allowed to do some education in the middle school as well as Junior and Senior High.

- Updated Arch Ford school nurse data base and shared the data base with HHI staff as necessary. Working as the contact for all nurse needs for Arch Ford school districts during the absence of a CHNS in their co-op
- Assisting with grant for money to assist with Safety Baby Shower in Sebastian County. Scheduled SBS training of trainers at WAESC next month

Christine McKnelly

- Shopping matters Market Tour in Conway with UCA Interns and Faulkner Healthy Weight Coalition
- Presentation on Cooking Matters for Families at the Natural Resource center in Conway. Education included: obesity and environment; presented on barriers to physical activity including lack of safe areas for pedestrians Provided fire extinguishers and smoke alarms to participants for cooking safety; compiled evaluation results
- Provide Training on SHI and the new Wellness toolkit to Bigelow Wellness Committee, which included the Coordinator, Principals and Counselor
- Mini health event (3 booths present) at health outreach at Bigelow basketball game. Provided kick balls and nutrition labeling education
- Facilitated Baby Safety Shower discussion/follow up grant report/Morrilton
- ARCOP child workgroup/assisted with planning for regional summits and suggested early childhood be included in toolkit