

Northwest Region CHNS & CHPS Report – December 2013

Sarah Brisco

- Presented nutrition and physical activity lesson to Yellville Head start program. The presentation was for parents at the parent meeting. I also educated on the dangers of tobacco use and the importance of injury prevention in the age group
- Attended CHPS/CHNS meeting in LR
- Attended the Searcy County Wellness Meeting for end of year celebration and upcoming events
- Distributed injury prevention materials to physical education teachers at Butterfield School in Fayetteville
- Attended planning meeting in Huntsville to discuss the upcoming CHPS/CHNS meeting and agenda.

Nancy Marsh

- Planning meeting with NW Region CHNS/CHPS to plan statewide meeting Agenda for February
- Worked on BMI data entry Pilot – contacted several school nurses that might help with this Pilot Project – to enter BMI data in eSchool and ACHI. 3 nurses from 3 districts will work on the Pilot for Paula Smith. (Huntsville, Decatur, and Siloam Springs
- Work meeting with 3 other MCHC Board members – revised bylaws. Worked on MCHC survey to mail out; this is from the Tobacco Committee Retreat in September.
- Met with people who are developing computer software for schools that will have tab for school nurses; health care plans, emergency plans, etc. Asked for my opinion. Plan to have focus group meeting with some school nurses to get input for this project

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Cheria Lindsey

- CPR/FA/AED Heart saver Training for a Community Member - included tobacco awareness and provided SOS materials and especially smokeless tobacco use
- Planning meeting in Huntsville with NW group for upcoming state meeting
- Flippin school nurse visit- School nurse graduated with her RN degree. Discussed her new role after passing boards. Visit to Yellville-Summit school nurse and provided TA with training curriculum and DVD for her paraprofessionals
- Visit to Eureka Springs' school nurse - provided TA with 504 plans and personal care plans along with IHP's.
- Harrison Middle School visit with all of Harrison Nurses for TA with next year forms for Emergencies and with Eschool
- Provided assistance with Jasper School District on concussion policy and provisions for care.

Miranda Curbow

- Magazine wellness meeting – Educated on free information online for use with students regarding tobacco use. Provided update on outreach from Great American Smoke out- 16 participants
- Para-Pro and Scoliosis trainings for school nurses at Arch Ford # 7 in attendance (PP) #8 (scoliosis)
- Arranged, assisted and attended Safety Baby Shower, Training of Trainers at WAESC. 11 participants
- Provided Medication Administration to staff at Lamar Public Schools. Included Medication safety/poisoning education. Also included education on tobacco in youth and tobacco poisoning/tobacco and asthma/smoke and allergies. #38 in attendance
- Attended AVTRAC meeting and presented on upcoming Safety Baby Showers and possible grant assistance

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- Provided TA for grants for Sebastian and Franklin counties to provide Safety Baby Showers.

Christine McKnelly

- 4 Presentations at Dardanelle Middle School: Revised/combined/updated my obesity presentation and portion distortion presentation to be suitable for middle school and incorporated information from the INR workshop regarding how the brain makes us fixate on high fat, high sugar foods. Educated on how food marketers play on this; discussed techniques similarly used by the tobacco industry. (140 students total)
- Dardanelle school visit/assistance: Worked with nurse/wellness chair on their SHI plan; provided guidance on the recent commissioner's memo, provided suggestions for an upcoming health challenge; discussed school lunch issues; sharing of results with the public. Planned for future classroom presentations
- Nemo Vista Superintendent and ACSIP coordinator visit/training: Provided technical assistance which led to the school adopting the most recent version of the SHI; my visit also led to the school signing teachers up for PE and injury prevention training offered by me at Arch Ford. Discussed menu review requirements. Discussed SHI requirements and the new wellness toolkit. Shared grant opportunities and strongly encouraged the school to pursue grants for physical activity and nutrition; offered my assistance in finding and providing technical assistance for grants
- Assisted with Scoliosis Training by creating packets and providing room set up for CHNS
Briefly presented to nurses about my services (SHI, wellness toolkit, grants, presentations, technical assistance, etc.) during the scoliosis training at Arch Ford
- Conway Growing Healthy Communities Project (Faulkner County Healthy Weight Coalition): Continue to serve as immediate past president/founder of this group as it moves toward becoming "the official" recognized/primary HHI in Faulkner County. Conducted/led the December monthly meeting. Led the planning and arrangements for upcoming Cooking Matters for Families courses to be held at the homeless shelter in early 2014 with an Injury Prevention sponsorship in partnership with UCA.

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Worked with new UCA Internship Director on transitions plans for Cooking Matters. Reviewed evaluations from Fall Cooking Matters. Began planning for celebration/lunch and learn/recruitment campaign for the coalition.