

NE Region
HHI Monthly Report
October 2015

Clay Co

- A community health fair was held the Community Center in Piggott, where participants were educated on the Dangers of Tobacco/Tobacco Cessation/High Blood Pressure and information on the SOS Quitline.
- A presentation was made to Kindergarten through 6th grade students and their parents at the Rector School Health Fair. Interaction and presentation discussions were made on the Harms of Tobacco/Good Nutrition/Hand Washing and Dental Health.

Cleburne Co

- CPR/AED and First Aid Training was provided to the staff and faculty of Concord Pre-school District along with education on the Comprehensive School Policy/E-Cigs/Vaping and the SOS Quitline with a total of 34 staff members in attendance.
- Quitman Head Start was educated on Clean Hands/Germs & How to cover for coughs and sneezes. Puppets were used to make the presentation and a book "How Do Dinosaurs Get Well" was read to the students.
- Education was shared with Heber Springs Head Start on Sand Box Safety and included tobacco prevention tips.

Craighead Co

- Educated students at Success School on knowing the difference with unhealthy vs. healthy food and integrated information on the dangers of using Tobacco/Alcohol Use & Prevention/E-Cigs/Family Planning/Teen Pregnancy/STD's & HIV, as well. Approximately 74 students attended.
- A presentation using the Reality Works Dolls was used at Success School to educate the students on fetal alcohol spectrum disorder along with shaken baby syndrome. Other topics covered were: Prescription Drug Abuse/SOS Quitline information as well as how to dispose of prescription drugs with 71 students attending.
- University Heights Elementary School students were educated on germs and how to properly wash their hands using the germ-glo kits. Approximately 135 students were present.
- Education was provided to participants at Post Foods regarding the "Danger of Tobacco/Smoking Cessation & High Blood Pressure with approximately 50 attendees who included 1st and 2nd shift workers.
- Education was provided to Focus, Inc. regarding "Breast Cancer Awareness" with approximately 3 attendees.
- A presentation was made to the Bay High School girls about the harmful effects of Alcohol/Smoking and Unprotected Sex/STD's/HIV and Family Planning services the Health Department has to offer.

Crittenden Co

- A presentation was made to the Ingram Court Senior Citizens residents in which they learned what diabetes was, how it affects the body, as well as shown what steps they could take to prevent it or manage it. Handouts were also share to approximately 30 residents.
- Residents of Ecumenical Village were educated on diabetes, what it is and what steps can be taken to prevent it and how to take care of themselves properly, if they already have it. Approximately 20 attended.
- The Arkansas Minority Health Commission participated with Bethel AME Church in the community health fair – HHI shared information on tobacco prevention and cessation as well as the dangers of tobacco with high blood pressure.

- Education was provided to the Early Learning Head Start in Earle about the importance of eating healthy. Parents were educated on Obesity/My Plate/Sugary drinks and the importance of drinking water and its' positive effects on body functions. Parents were given exercise and calorie intake guides in order to learn how many calories are burned during certain physical activities.

Cross Co

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Fulton Co

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Greene Co

- Multiple presentations were made to the 8th grade business classes at Greene County Tech School on the “Dangers of Tobacco” along with Tobacco Prevention & Texting and Driving hazards.
- Presentations were made to the Greene County Tech students which included the dangers of using tobacco. The 9th grade students were given instruction on how to prepare for writing a paper on why they will not text and drive, with the intentions of winning a \$500.00 contest over their completed papers.
- Nutrition presentations were made to the Greene County Tech Alternative School focusing on Healthy Eating/Obesity/Diabetes/My Plate Education and Physical Activity along with education on Chronic Diseases. 22 students participated in the “Name that Food” game and a sugary drink interactive exercise.
- Hometown Health assisted the Greene County Wellness Committee Members and Staff with Greene County Tech’s 5th Annual Eagle Flight Fun Run to promote exercise and fitness, by operating an interactive table that provided healthy snacks and drinks to walkers and runners. Over 1500 students, Pre-K through 12th graders participated in the Fun Run. Parents were educated and encouraged to run or walk with the students.

Independence Co

- Training was provided for new contract RN at ICC schools which included Paraprofessional and Glucagon Training with education provided for immunizations and comprehensive tobacco policy for the schools.
- Presentations were made to Cord-Charlotte Schools covering Puberty & Hygiene/Flu Vaccine/Communicable Diseases/Oral Health and the importance of not using any kind of tobacco products. These presentations were made to the 5th & 6th grade students with approximately 50 in attendance.
- A presentation for the first day of “Red Ribbon Week” was made to Cord-Charlotte Elementary School (K- 6th) on Drug Awareness which included education on OTC and RX medications commonly found in the home. Students participated in skits to practice their skills to learn to say “NO” if they are offered drugs.
- Education was provided in a presentation to White River Academy students on how to recognize possible indications that a person might be considering suicide and how to help them. Students were given wallet size brochures with the signs, and crisis numbers to call if needed. Approximately 25 were present.
- Education was presented on the “Dangers of Texting & Driving at the Teen Summit in Batesville. Students were encouraged to sign a “No Text Pledge” with approximately 750 teenagers attending.

Izard Co

- Hometown Health and Calico Rock Elementary collaborated with the extension agent of Farm to You Exhibits to educate students on Nutrition/Oral Health/Overall Wellness/Sun Safety and Physical Activity. Other topics covered were: Act 811 and tobacco dangers. A total of 226 students and 18 staff members were in attendance.

Jackson County

- A Nutrition presentation was made to Swifton Middle School students on My Plate/Physical Activity/Importance of Water Intake and an interactive demonstration that included the teaspoon amounts of sugar that present in sodas. Approximately 30 students were in attendance.
- Go, Slow & Whoa was presented to students at Tuckerman Elementary School. Students were educated on ways to identify foods that are lower in fat and calories using visual replicas of food. Oral Health and Wellness was also introduced during this presentation and a physical activity component followed the presentation.

Lawrence Co

- Presentations were made to 7th through 11th grade classes at Strawberry Schools. Education was provided on STD/Teen Pregnancy/FAS & tobacco use during pregnancy with approximately 75 present.
- Personal Care training was presented to School Nurses, Special Education Teachers and Para Pros at the NEA Co-op. Counties that were present: Lawrence, Clay, Greene, Craighead, Lawrence, and Jackson Counties. Education on the “Harms of Tobacco” along with Safety Issues/Harms of Stress and Hygiene.
- A Body Walk presentation was made to approximately 50-60 students at Walnut Ridge Elementary School where students participated in the Go, Slow & Whoa Activity and the Sugary Drink Demonstration.

Mississippi Co

- Hometown Health partnered with the Housing Authority and Absolute Care Management in a health fair for the residents, where information was shared regarding high blood pressure and the “Dangers of Tobacco”. Blood pressure checks were offered to residents along with handouts on Diabetes.
- Presentations were made during Red Ribbon Week at Osceola High School. Students were educated on the “Dangers of Alcohol”/Drugs/Prescription Drugs and Tobacco. Students also received education regarding unhealthy vs healthy choices of food with approximately 350 students attending.

Poinsett Co

- Presentations were made to East Poinsett County Schools that included IP-Prescription Drugs/Alcohol Prevention/Tobacco Harms/SOS Quitline Information/STD/HIV/Family Planning/Prevention of Alcohol Use/Dangers of Smoking and Teen Pregnancy Prevention. 117 students participated.
- A Nutrition presentation was made to the Early Learning Center in Marked Tree where parents viewed a video “Our Supersized Kids”. Parents were shown sugar and fat models in test tubes and educated on My Plate/Physical Activity/Sugary Drinks and the importance of drinking water.

Randolph Co

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Sharp

- Presented education to participants at the Sharp County Fair that included education on Harvest of Healthy Habits with approximately 80 in attendance.

Stone Co

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White Co

- A presentation was made for parents at the Rose Bud Head Start with approximately 15 in attendance. Children were educated with puppets and read to from the book: Germs, Germs, Germs and Get Well Good Knight.
- CPR/AED training was provided to New Hope and Sunshine School employees. Other topics included: Injury Prevention and Tobacco education.
- Education on preventing initiation of tobacco use among youth and young adults was presented to new school nurses at Wilbur D. Mills Co-op. Certification was provided on Hearing and Vision Screening with approximately 6 in attendance.
- A presentation was made to the 8th grade students at Bald Knob Schools on Tobacco Prevention/Cessation. Several experiments were illustrated to show the dangers of how smoking and

dipping affects the lungs, heart and mouth. SOS information was shared to help those who may already be participating in these danger behaviors.

Woodruff Co

- 250 students participated in Lights Out After School event.