

NE Region Compiled Report

May 2015

CHNS/CHPS Report

Karen Davis:

- Presented Harms of Tobacco at Woodrow Wilson's Fiesta in Greene County. Approximately 140 people attended this event. 14 students signed the Tobacco Free Pledge, and 1 adult signed up for the Quit line.
- CPR Training provided at Lawrence County School District for 12 teachers and daycare workers. I educated on the harms of tobacco on the hearts and lungs. CPR Training presented at Maynard High School in Randolph County with 33 students. Certified 5 students in CPR
- Presented Texting and Driving to 65 students at Marmaduke High School in Greene County
- Presented Tobacco Harms to 70 students at Marmaduke High School in Greene County
- Presented the Matter of Balance Program to 5 groups at the Walnut Ridge Community Center in Lawrence County (45 participants)
- Presented STD and Teen Pregnancy at the Pocahontas Jr. High School in Randolph County. Also, educated on the harms of alcohol and tobacco on the fetus.
- Presented Comprehensive Tobacco Policies along with NE Grant Coordinator and NE/CHPS to 12 Superintendents and 4 others in the meeting. Also, educated on emerging tobacco products and the 2nd Chance Program

Regina Alexander:

- Provided educational resources to Nicole Garner, Program Director at Methodist Children's Home, Residential Treatment Center. Educated on health promotion topics available for clients and how topics can shape knowledge, skills, attitudes, and motivation of clients.
- Presentations provided at the Pocahontas Junior High School Health Fair to 7th and 8th graders about smokeless tobacco, health effects, early warning signs, marketing to youth, celebrity endorsement, popular tobacco products, cost of smokeless tobacco, steps to quitting, ways to say no to peer pressure, the Arkansas Tobacco Quit line number and Stamp out Smoking website (Six, 50 minutes presentations).

- Partnered with CHNS and NE Grants Administrator with NE Co-op Superintendent Meeting: Comprehensive Tobacco Free School Policy; CHNS and NE Grants Administrator provided educational presentation on emerging tobacco products and demonstrated how students use products as well as ways of hiding tobacco products in school settings.
- Emails to Care Manager of 1st Choice Healthcare regarding collaborating with health clinics to measure health literacy levels of patients, as well CHPS providing education on healthy eating, exercise, tobacco, and injury prevention.
- Extension Agent was also emailed about collaborating with schools to educate family and consumer science students on health eating and exercise. Provided email with free pdf cookbook on "Eating Healthy on a Food Stamp Budget"
- Completed New Employee Orientation X 2 days, Orientation with Supervisor X 3 days and ATRAIN trainings X 2 days

Becky Lamb:

- Presentation on Shaken Baby Syndrome, Fetal Alcohol Syndrome Disorder, and Prenatal Drug Exposure to 350 students at Cabot Freshman Academy
- E-cigarette presentation for Lonoke Co. HHI
- Collaborated with NE/ CHNS and NE/ CDNS on Continuing Nursing Education packet for School Nurse Workshops
- Meeting with Superintendent and Principals at Beebe School District and provided presentation on Second Chance Program as an alternative to suspension program for students
- Provided CPR/First Aid Training for school staff in Searcy
- Attended Woodruff County HHI meeting. Partnering with coalition on a child health fair

Cindy Schaefering:

- Southside 7th grade Best Choices presentation. This presentation covered consequences of early sexual activities and the freedoms it could cost the teenage student. This addressed STD's, teen pregnancy, abstinence, the use of drugs including nicotine in any form. There were a total of 110 reached during this presentation.
- Salem Elementary Farm to You presentation. This was in collaboration with the Fulton County FACS Agent and demonstrated through different stations how food makes its way from the farm to table to you. During this students received additional information on sun safety, tobacco education, and physical activity. This presentation reached a total of 405 students and staff.

- Highland High School E-Cigarette and Vaping presentation. This presentation was provided to students in Coach White and Eoff's Health and Physical Activity classes. The presentation educated students on the misconceptions of using ENDS products and the long term unknown consequences of use. This presentation reached a total of 35 students and 2 teachers.
- Eagle Mountain Puberty and Hygiene presentation to 6th grade boys and girls. Students were given time for a question and answer session. This reached a total of 50 students.
- A Shaken Baby Syndrome presentation was done in conjunction with the director of the Child Care Aware of Northcentral Arkansas. This presentation included injury prevention information along with the increased risk of SIDS when a household member smokes. There were 13 child care providers in attendance and this presentation is counted a continuing education credits for their licensure.
- Presented the information about the Matter of Balance program to Cherokee Village TOPS Chapter. This group is made of up of mostly women over the age of 60 who would be candidates for this program. There were 27 people present for this presentation.
- In collaboration with the Stone County Hometown Health Coalition and Child Safety Seat Technicians from BRMC, the Safety Baby Shower was presented to 13 expectant mothers. This covered safety issues such as safe to sleep, car seat safety, shaken baby syndrome, smoking around infants and children under the age of 14, and home safety concerns such as poisoning, bath water temps, and electrical shock. A demonstration of how alcohol affects the fetal brain was done by a representative from Health Resources of Arkansas. Participants received several safety devices including cabinet locks, door handle locks, electric outlet covers, Halo sleep sacks and a car seat. This presentation reached a total of 31 community members.

Laura Cook:

- CPR/AED for healthcare providers at LHU for nurse
- Cross County Jr High Hygiene and Making Healthy Choices: 4 presentations 83 attending grades 7 and 8. Programs targeted-AIDS/HIV/STD, Communicable Disease, Family Planning (teens), Hometown Health, Oral Health, Wellness, Injury & Violence Prevention, Tobacco Control/Smoking Cessation
- Cross County Middle Hygiene and Making Healthy Choices: 6 presentations 112 attending grades 4, 5 and 6. Programs targeted-AIDS/HIV/STD, Communicable Disease, Family Planning (teens), Hometown Health, Oral Health, Wellness, Injury & Violence Prevention, Tobacco Control/Smoking Cessation

- Nettleton Jr High CPR/AED Injury Prevention: 6 classes 219 attending Programs targeted-Wellness, Injury and Violence prevention, Tobacco Control/Smoking cessation
- Emerging Tobacco Products Tobacco Coalition Craighead: 6 attending - An emphasis on E-cigarettes- Programs targeted-Tobacco Control/Smoking Cessation
- Completed CNE packet for 1305 grant workshop on Motivational Interviewing and set up course on ATrain