

NE Region Compiled Report

June 2015

CHNS/CHPS Report

Karen Davis:

- Hygiene and Tobacco Presentations at Methodist Family Health in Craighead County. Approximately 30, 9 – 17 year old boys with 2 presentations provided
- Assisted NE/CHNS with the Matter of Balance Training in Poinsett County to approximately 12 senior citizens. Education provided on Harms of tobacco
- Harms of Tobacco Presentation given to approximately 15 ,4-17 year olds in Jackson County at the Housing Authority in collaboration with Jackson County Extension Service and Jackson County Coalition
- Assisted NE/CHNS with the Matter of Balance Training in Poinsett County to approximately 12 senior citizens. Harms of tobacco education provided to participants
- Assisted with the Health Dept. Employees CPR mandated Certifications in Jonesboro. Education provided on the harms of tobacco.

Regina Alexander:

- Met with youth minister, at City Youth Ministries, to educate on nutritional resources available to the at risk youth (1st-12th graders) in the summer program. The youth minister was also educated about other educational presentations CHNS/CHPS offer such as STD, physical activity, hygiene, and bullying.
- Contacted Library Directors in Craighead, Clay, Greene, Randolph, Lawrence, Poinsett, and Mississippi County regarding nutrition and physical activity presentations. Corning Library Director wants to schedule story time with CHPS for children for September. Staff would like title of book for an outline to create puppet show as joint activity.
- Spoke to Mississippi County Library Director via phone call, for an hour, about the needs of the children who regularly visit the library. We discussed ways to effectively teach children about My Plate and incorporate physical activity. Director is willing to schedule weekly or monthly activities with CHPS to educate youth.

- Partnered with CHNS to complete three presentations to audience of 20-25 young boys at Dacus Residential Treatment Center. Topics included Tobacco, STDs, and Hygiene.
- Partnered with Public Health Educator to educate Paragould Senior Bees about injury prevention and tobacco. Educational materials were distributed as well.
- Partnered with CHNS and Extension representative to provide tobacco presentation to 16 students at health camp with Newport Economic Development Authority
- Visits to Vape Shops with Grant Administrator and Public Health Educator. Partnered with Public Health Educator to create short article about our first time experience.

Becky Lamb:

- Presentation at Wilber D. Mills co-op workshop: Prenatal Drug Exposure, FASD, and Shaken Baby Syndrome
- Partnered with NE/CHNS to provide a Suicide Prevention Training Presentation for Superintendents, Principals, and Assistant Principals from Arch Ford Co-op at Conway HS
- Facilitated" Side Effects! Medical Diagnosis that Impact Learning" at Wilbur D. Mills Co-op
- Worked with NE/CHNS on the agenda and speakers for the 3rd Annual Back to School Nurse Workshop
- I partnered with NE/CHNS to provide 4, Matter of Balance Trainings at Harrisburg. Education provided on tobacco
- Updates on Comprehensive School Tobacco Policies: contacted school superintendents and Wellness Chairs
- Proctored/facilitated sessions at the School Health Conference

Cindy Schaefering:

- NE/CHNS and I provided the Making Educators Partners Lifeline training to 50 school administrators from the Arch Ford Coop school districts at Conway HS. This presentation met the requirements of school staff to have two hours of suicide education/training. Participants were provided with the After a Suicide Toolkit for schools, the Lifelines Agenda and a School Readiness survey to help them assess their schools' capability of managing after a suicide.
- Oral Health education with campers at the Fulton County Camp Fit and Fun on the proper way to take care of teeth from the time they start getting baby teeth to adulthood. Participants learned that foods, drinks and drugs, including smoking and other tobacco products could harm their teeth permanently. This outreach also covered caring for teeth if braces are on them, flossing, what to do if they lost a tooth from an

injury. Participants received either a new toothbrush, toothpaste or travel kit. This outreach educated a total of 125 participants from ages 6-19.

- Partnered with NE/CHNS to present The Matter of Balance program with 12 members of the Harrisburg Senior Center. This program is designed to decrease the fear of falling in older adults. This program is provided in conjunction with the NETRAC and NCTRAC to address the problem of falls as a leading cause of hospitalization.
- A presentation was provided at the Children's Library of the Cleburne County Library. This presentation covered physical activity, nutrition, injury prevention and tobacco education to the participants. Education provided on ways to include physical activity every day, nutritious snacks; summer safety issues such as helmet use, pedestrian and water safety.
- A CPR/AED and First Aid class was provided at the coop for school staff and coaches. This was also in conjunction with the Ozarka CPR grant that allowed 11 area school staff members to become CPR Instructors. This training provided a means for two of those new instructors to be monitored and therefore ready to begin offering CPR to their school staff or students. This CPR class had 13 participants and included training for adult, child and infant CPR which all included how to help a person who was choking. In addition, education was provided about how smoking delays wound healing and how second hand smoke is a contributor to SIDS.
- Provided Baxter Regional Medical Center OB Director and Asst. Director with a presentation on the Safe to Sleep campaign; printed materials were provided for them to educate their new parents on this also.
- A Hearing, Vision and BMI training was held for the LPN to RN students of UACCB. This will allow those students to assist school nurses to screen their students when they return to school in August. It also included information on how smoking during pregnancy and secondhand smoke can affect a child's hearing, vision and overall health and well-being. This training was provided to 18 LPN's.

Laura Cook:

- Facilitated and attended a workshop provided by Kathleen Courtney, ADE, at the Coop
- 12 CPR/AED Adult and Child trainings provided at Crowley's Ridge Educational Coop: Paperwork completed and mailed to the training center for participant certification cards; mailed individual cards to participants when received. 71 participants. Education provided on the harms of tobacco.

- 2 CPR/AED trainings for Newport school staff: Paperwork completed and mailed to the training center for participant certification cards; mailed individual cards to participants when received. 10 participants. Education provided on the harms of tobacco
- 2 CPR/AED and First Aid for Paraprofessionals provided: Paperwork completed and mailed to the training center for participant certification cards; mailed individual cards to participants when received. 12 participants. Educated participants on the harms of tobacco.
- 8 Matter of Balance classes provided to Poinsett Co Senior Citizens: required paperwork handed out and completed by all participants; snacks purchased and taken to each class; prepared and studied each lesson before the upcoming class; roll taken every class session; certificates printed for each participant that completed 5 out of 8 classes. 17 participants received a certificate of completion. Education provided on the harms of tobacco
- I facilitated and planned a Healthy Schools workshop at the Crowley Ridge Coop for school staff. 35 people attended. Topics covered: Emerging Tobacco, Stress Management for Teachers/School Staff, The FAN (Fitness and Nutrition) program from Arkansas Children's Hospital, AR Hunger Relief Alliance Breakfast in the Classroom grant-Vivian Nicholson and Prescription Drug Abuse and other drugs-Paula Smith

