

NE Region Compiled Report

JULY 2015

CHNS/CHPS

Becky Lamb

- Vision Training at Wilbur D. Mills Coop: School Nurses were trained to do vision screenings and received information about the Tobacco Quitline.
- Hearing Training at Wilbur D. Mills Coop: School Nurses were trained to do hearing screenings and received information about Secondhand smoke and ear infections
- Wilbur D. Mills (White County) Scoliosis Training: School Nurses were trained to do Scoliosis Screening and received information about how smoking inhibits bone healing. This is important information for students who smoke and have scoliosis surgery.
- BMI Training at Wilbur D. Mills Coop (White County): School nurses were trained to do BMI measurements. The training included information about obesity prevention and the roles and responsibilities of School Wellness Committees.
- Woodruff County: CPR Training McRae Baptist Church
- White County: Tobacco cessation presentation for Wilbur Mills Treatment Center
- Interactive Carbon Monoxide Testing and Tobacco Cessation Booth at ASU-Beebe Community Health Fair

Karen Davis

- Lawrence County Health Department- Presented the Emerging Tobacco kit to approximately 25 Health Dept. Home Health Aids and Nurses. Quit line explained and 7 employees requested forms and were given fax forms. They were also educated on Act 811. CEU credit was given to the nurses that attended.
- NE Coop: Craighead, Greene and White attended the training. Provided a CPR Instructor's Class for 8 school employees. Educated about Cardiac and Respiratory problems due to Tobacco use during this class. Educated also on infant mortality.
- Greene, Jackson, Lawrence and Craighead Counties attended - (All Coop Counties were invited) - Provided a Wellness Committee Training at the NEA Coop for area schools. 8 school employees attended. This training included presentations with the U of A Extension Service, Game and Fish Commission, Be Smart Hydrated Program, Yoga for Schools thru the

U of A Extension Service, Go Noodle Program. They were also educated on Vaping and E-Cigarettes and Drug Abuse in Schools.

- Craighead - Presented to City Youth Ministries 13-18 year olds on the Harms of Smokeless Tobacco. Also educated them on the harms of smoking and second hand smoke, Act 811, and the dangers of E Cigarettes.
- NE Educational Coop: Craighead, Jackson, Greene and Lawrence County – (All Coop County School Nurses were invited) – Facilitated and planned the 3rd Annual School Nurse Workshop at the Coop. Education on Communicable Diseases, Fetal Alcohol Syndrome, Concussions, and Drug information was provided for the school nurses. Also educated on School Nurse Updates and on the benefits of Yoga.
- Crowley Ridge Coop: Cross, Jackson, Crittenden, Craighead, Mississippi and Poinsett Counties attended. Presented a program on Fetal Alcohol Syndrome to the Crowley's Ridge Coop School Nurses. Also included how tobacco also harms fetuses and babies.

Cindy Schaefering

- Northcentral Coop (Izard County) Facilitated and planned the Wellness Workshop held at the coop in Melbourne. This workshop was attended by eight participants from seven different school districts. Central/CHPS presented at the workshop; Data is Power, where attendees were educated on how and why data is collected and then using that data to benefit their school district. The Second Chance program was highlighted as an alternative to suspension for tobacco infractions.
- An oral health educational presentation was conducted with the participants of the Izard County 4-H Camp, held in Melbourne (Izard) 20 Participants were educated on brushing practices, dental visits and also injuries to the the teeth and the harmful effects of smoking on the mouth and teeth.
- A water safety educational presentation was presented with the participants of the Izard County 4-H Camp, held in Melbourne. 20 Participants were educated on the proper fit of life jackets, boating safety and swimmer safety.
- Presented the RealityWorks Fetal Alcohol Spectrum Disorder education component to 14 nurses of the Northeast Educational Cooperative in Walnut Ridge (Lawrence Co.) during the 3rd Annual Back to School Nurse Workshop
- Presented the RealityWorks Shaken Baby Syndrome educational component to 10 teens involved with the MASH program at Baxter Regional Medical Center, Mountain Home.

- A Hearing, Vision and BMI training was held for students in the LPN to RN program at ASU Mountain Home (Baxter). This training certified 15 students in the screening process for these mandatory screenings held on their students.

Laura Cook

- CPR for Healthcare Providers provided at CREC. Educated participants on the effects of smoking on cardiovascular health, shaken baby syndrome, water and boating safety and the SOS quitline. 2 trainings
- 2 trainings in Heart saver/ CPR for Gosnell school staff. I educated participants on the effects of smoking on cardiovascular health, prescription drug abuse, shaken baby syndrome, and the SOS quitline. 8 participants
- 2 trainings- CPR for Trumann staff. Educated participants on the effects of smoking on cardiovascular health, prescription drug abuse, shaken baby syndrome, and the SOS quitline. 9 participants
- 2 trainings -Heart saver CPR for Baptist Women’s Union Group in Lake City. Educated participants on the effects of smoking on cardiovascular health, prescription drug abuse, shaken baby syndrome, services offered by the health department and the SOS quitline. 12 participants
- 2 trainings- Heart saver CPR for Harrisburg school staff. Educated participants on the effects of smoking on cardiovascular health, prescription drug abuse, shaken baby syndrome, and the SOS quitline. 10 participants
- Crowley Ridge Coop: 3rd Annual Back to School Nurse Workshop with 45 participants. Educated participants on Communicable diseases, health department services offered, HIV, STD, Immunizations, E-cigarettes, liquid nicotine, concussions, heroin abuse, herbal medications, Fetal Alcohol Syndrome, School Nurse Updates and Yoga for nurses and stress relief. Craighead, Crittenden, Cross, Mississippi, Poinsett and Jackson counties represented.

Regina Alexander

- Corning Head Start: presented/educated 18-20 students about oral health while using the tooth fairy kit and Teeth on the go kit from Delta Dental. Education provided on the importance of wearing seat belts and helmets. Folders that included information, tobacco use, nutritional foods for kids, ACT 811, Tobacco Use and Asthma, Hydration for life and the Ar. Tobacco Quitline was created and distributed to parents of all families
- Jonesboro: Smokeless Tobacco presentations presented to the City Youth Ministries 7-12 graders. There were 15-20 attendees. Lung and tobacco displays were also shown, and youth were given pamphlets about the Arkansas Tobacco Quitline as well as educating on the effects of smoking on their health. Youth were also educated on Vapes, E-Cigarettes, and Vape Juices.
- Collaborated with CHNS to give Go, Slow, and Whoa program that targeted the approximately 20-30, 1st-3rd graders of City Youth Ministries of Jonesboro, at Valley View Church of Christ. The students were educated about nutrition, the importance of fruit and vegetables and water intake while incorporating physical activity. The students were also educated about the harms of nicotine, cigarette smoke, vapes and juices, and ways to tell adults not to smoke in vehicles with them (Act 811).
- Attended Health Fair in Osceola, AR with Certified Public Health Educator and educated community members over various topics using interactive spin board: Vapes, E-Cigarettes, Nutrition, Emerging Tobacco Products, Hookahs, Injury Prevention, and Tobacco Marketing to Youth. There were between 15-20 participants who participated in the spin board activity and also received pamphlets regarding injury prevention, the Arkansas Tobacco Quitline, Stroke, Act 811, Healthy Eating, and Smoking and your Health.