

## **NE REGION CHNS/CHPS REPORT**

**APRIL 2015**

### **KAREN DAVIS**

- Presented /educated on Texting and Driving plus Drinking and Driving to 25 students at Walnut Ridge High School
- Presented/educated on Texting and driving to students at Westside school, 6 presentations and approximately 150 students
- Presented on Harms of Tobacco and other Drugs to 9<sup>th</sup> graders at Pocahontas School. 5 presentations given to approx. 100 students.
- Marmaduke High School STD and Teen Pregnancy presentations were given to approximately 75 students in 3 presentations
- Fetal Alcohol Syndrome, Drug Addicted Babies and Shaken Baby Syndrome plus harms of tobacco to fetuses were given to approximately 50 students in 2 classes at Marmaduke High School
- Nutrition and Physical Activity/Tobacco program – Go Slow and Wow program, dangers of E Cigarettes and their refills, Act 811 and secondhand smoke information plus importance of good hand washing was presented to approximately 260 students in 11 different presentations at Woodrow Wilson Elementary School in Paragould School District

### **Becky Lamb**

- CPR/AED training for 6 school nurses
- Facilitated and planned School Wellness Workshop held at the Wilbur Mills Co-op in Beebe. There were 15 participants from 11 school districts.
- Safety Baby Shower for 5 mothers
- Shaken Baby Syndrome Presentation for 19 daycare workers
- Power point presentation updated for Vision Screening Certification Training for School Nurses
- Attended 1305 Grant workshop and provided technical assistance to school nurses

### **CINDY SCHAEFERING**

- Provided the Puberty and Hygiene presentation to 5<sup>th</sup> & 6<sup>th</sup> grades students at Cord-Charlotte Elementary. This presentation reached 25 students.
- Partnered with Independence County Tobacco Grantee to provide presentations to 5<sup>th</sup> & 6<sup>th</sup> grade students at Southside School on E-Cigarettes. This presentation reached 30 students
- Attended the Lyons Club Health Fair at the Fulton County Fairgrounds to promote and garner interest in the Matter of Balance program. During this time the local radio station interviewed me and promoted the services available at the Fulton County LHU; Family Planning, Immunizations, WIC, and Well Woman services. This health fair reached approximately 100 in person.
- As part of the Izard County Hometown Health Coalition; participated in the planning and implementation of the Safety Baby Shower. This activity reached four expectant mothers and 6 family/friends that attended with them.
- Facilitated the CPR Instructor course through the Blue and You/Ozarka Grant. This grant allowed for 11 school staff members from four counties to become certified CPR Instructors.

## **LAURA COOK**

- Nettleton HS Making Healthy Choices presentations: 82 teen participants, 3 adults. Education included: AIDS/ HIV/STD, Family Planning teens, WIC, Wellness, Hometown Health, Injury and Violence Prevention and Tobacco Prevention and Cessation
- Safety Baby Shower in Poinsett County: 13 participants; 10 mothers Education included: Breastfeeding, Hometown Health, Immunizations, infant Mortality, Wellness, WIC, Injury and Violence Prevention and Tobacco Prevention and Cessation
- Harrisburg JHS Making Healthy Choices presentations: Education included: AIDS/HIV/STD, family planning teens, tobacco prevention and cessation, Injury and violence prevention, wellness, hometown health and WIC
- Assisted with Poinsett County Teen Summit: Included presenter from Reality Check, Inc. Education included: Teen Suicide Prevention, Drugs and alcohol's effect on the brain and self esteem. 80 students attended from all schools in Poinsett County with 12 adults
- MidSouth Health Systems: presentation on Safe Sex Practices which included education about STD's, HIV/AIDS and pregnancy. Education provided on services provided by the local health unit and locations of the health units. Answered questions regarding various treatments of STD's and modes of transmission. 28 participants