

NE Region Compiled Report

September 2015

CHNS/CHPS

Becky Lamb

- Dental Hygiene presentation for Beebe/White County Head Start Students (15 Students and 3 Teachers) Kids was able to see and examine Mr. Gross Mouth. 2- Dental Hygiene Presentations at Bald Knob/White County Head Start. I provided Tobacco QuitLine information to staff and left Act 811 cards for families
- Wilber D. Mills Coop: Personal Care Training for 19 Paraprofessionals and 2 School Nurses. Provided Glucagon training for school nurse
- Paraprofessional Training for Students with Special Health Care Needs at Community School at Cleburne Co.
- CPR/AED & First Aid Training for School Paraprofessionals and Coaches at England Elementary School (Lonoke county) Education provided on tobacco and injury prevention
- Shaken Baby, Prenatal Drug Exposure, & FASD Presentations for approximately 400 students at Cabot Freshman Academy (6 presentations) Education provided on tobacco prevention
- Partnered with Central HHI Coordinator, who presented on Act 811 at Searcy/White county Sherriff's Office

Karen Davis

- Partnered with CHNS to provide 8 sessions of Matter of Balance Trainings for residents of Cherokee Village/Sharp county
- Randolph County - CPR Training to Maynard School employees, Tobacco harms related to heart and lungs was also discussed along with the dangers of Shaken Baby Syndrome when checking for response

- NE Educational Coop: Clay, Greene, Lawrence counties: Mandatory Scoliosis Training was given to New School Nurses and they each received 3.5 CEUs from A Train. Educated on the harms of tobacco
- Lawrence, Craighead, Clay, Jackson, Greene –Set up and facilitated a Teen Suicide Training, Making Partners Educators at the NEA Educational Coop in which NE/CHNS presented.
- Clay – CPR Training for school nurses in which we also discussed ways that Corning School could distribute Act 811 out to all parents with plans made to send out the info with reports to parents
- Attended the Strike Out Tobacco Conference in Little Rock
- Attended and participated in the Abstinence Advisory Council meeting in Little Rock

Cindy Schaefering

- Sharp County: Conducted the 8 session program, A Matter of Balance, which addresses the fear of falling in the elderly population. There were a total of 9 participants that attended the program that was held at the Peace Lutheran Church of Cherokee Village. Participants learned to identify their fear of falling, make changes in their home environment and in themselves that will help prevent falls from occurring. Participants learned simple exercises that promote strengthening, flexibility and balance
- Collaborated with Cleburne Administrator and NW/CHNS to provide education at the Cleburne fair. There were over 600 students educated on poisonings while manning a booth at the Cleburne County Fair during bus day. Students from three of the four Cleburne County schools grades K-6 are bussed to the fair for a day of learning and fun. Students learned about the difference in drugs vs. candies; the danger of accidental overdose of common OTC medications and vitamins and how common household cleaners can often be confused with food or drinks. Students were provided with poison control hotline magnets. Also at the booth, students were educated about Act 811 and tobacco harms utilizing the Tobacco Spin board.
- Donnie the Dinosaur, Tobacco Trouble was presented to students at the Highland Head Start Program/Sharp County. This program teaches kids about the harms of tobacco by utilizing puppets and songs. Students were also given an activity book that reinforces

what they learned from the video. There were 60 kids and 6 adults present for this outreach.

- A Safety Baby Shower was held for expectant moms and guests in Baxter County. This event was planned and supported by the Baxter County Hometown Health Coalition and the NCTRAC. Guests of the shower were educated on home safety concerns, such as, poisonings, falls, fire safety, safe sleep, car seat safety, water/bath safety and injury from shaking a baby. Expectant moms received the following safety items: smoke alarm, Halo sleep sack, Home safety kit and a new car seat. There were 18 adults in attendance.
- The Lifelines, Making Educators Partners suicide awareness presentation held at the NEA Educ. Coop in Walnut Ridge was attended by 19 school and health professionals. This program meets the suicide awareness requirements set forth by ADE. This program helps educators learn signs of risk in students, identify at-risk students and be able to refer those students to resources for help.
- The Reality Works Shaken Baby Syndrome presentation was given for students in the LPN program at ASU Mountain Home. Students were shown the video, When Babies Cry, then educated on the brain damage caused by a violent shaking by using the simulator doll. They were also educated on ways to cope with the crying, ways to soothe a crying baby and to make sure there is a plan in place for when the caregiver is no longer able to cope with the crying. There were 25 students present for this outreach.
- Presented at the Childcare Aware Fall Conference for two sessions; Shaken Baby Syndrome and Understanding the Drug and Alcohol Affected Infant. This conference is held in Batesville for childcare providers in the North Central region. Attendees of the sessions received one hour of continuing education.

Laura Cook

- Trained new nurse at Marked Tree on hearing and vision certification screenings and then assisted with Spec Ed hearing and vision screenings
- Crowley Ridge Coop/Poinsett: Trained new school nurses in hearing and vision screening certification. Education provided on tobacco and injury prevention
- Wynne JHS -4 groups -396 students. Act 811, tobacco harms, secondhand smoke and cessation Tobacco spin board used to educate students about Act 811, the dangers of smoking and using smokeless tobacco, e cigarettes, secondhand smoke and the SOS quit line before completing health screenings.

- Wynne JHS – 2 groups- 122 students. Act 811, tobacco harms, secondhand smoke and cessation. Tobacco spin board used to educate students about Act 811, the dangers of smoking and using smokeless tobacco, e cigarettes, secondhand smoke and the SOS quit line before completing health screenings.
- Wynne HS -3 groups -165 students Act 811, tobacco harms, secondhand smoke and cessation. Tobacco spin board used to educate students about Act 811, the dangers of smoking and using smokeless tobacco, e cigarettes, secondhand smoke and the SOS quit line before completing health screenings.
- Matter of Balance training at Cherokee Village/Sharp: Partnered with NE/CHNS
- Making Healthy Choices at Bay HS- Partnered with NE/Health Educator: 14 participants. Family planning (teens), STD/HIV, tobacco harms, alcohol prevention. Educated high school girls about the harmful effects of alcohol, smoking and unprotected sex. Educated on the types of STD's, HIV and health department services that are available to them
- Working on STD CNE packet for CHNS and CDNS

Regina Alexander

- Presented the Go, Slow, and whoa presentation to classes of 35 students at the Child Development Center Head Start in Corning. There were three classes total. I spoke to the students about healthy foods and how those foods help their bodies, while incorporating physical activity, importance of water, foods that aren't so good for their bodies such as candy, and how it contributed to cavities. I also distributed information regarding immunizations and Act 811 for staff to distribute to parents
- Conducted Emerging Tobacco Products presentation to Child Development Center Staff in Corning. A total of 17 staff members were able to identify dissolvable tobacco products, e-cigarettes, and other paraphernalia. Staff was also educated about vapes, juices and its ingredients. Education provided ways tobacco harms the body and how education is the key to tobacco prevention among youth.
- Craighead Head County Health Department: Conducted presentation to 10-15 home health aides about healthy eating over 50. I provided education eating fruits, vegetables, and whole grains. I educated staff about the USDA Food Patterns, DASH Eating, Empty Calorie Foods, and My Plate. We also talked about the importance of being active, reading food labels, and drinking water.
- Provided BMI training with the new school nurses at Paragould High School and Piggott Elementary/High School. The Obesity Prevention Education and Body Mass Index

presentation covered obesity and overweight in children, statistics, risks factors for obesity, consequences of obesity, economics burden of obesity, recommended BMI equipment, and we practiced conducting BMI recordings.

- Attended the Tuckerman Elementary School Wellness Committee. There were a total of eight individuals represented on the wellness committee team. I provided education over the wellness committee requirements and discussed smart snacks.
- Scheduled meetings with the Family & Community Partnerships Assistant and Health Services Manager at Arkansas Early Learning Head Start Center in Jonesboro about educational presentations I can offer to the staff, students, and parents. I also provided staff with resources about Act 811, nutrition, and physical activity. Teachers requested immunization information for their staff. Immunization bears with shot schedules were provided.
- County Extension Agent FACS for Lawrence County accepted a meeting to discuss ways to collaborate in the schools and communities in Lawrence County concerning nutrition and physical activity programs. She mentioned ways to educate parents through use of the parent centers in Lawrence County. We discussed Farm to School and grant opportunities for the schools.
- I met with Mississippi County Extension Agent and Program Assistant-EFNEP about nutrition and physical activity programs I can offer. We also discussed the Faithful Families program the Mississippi County Extension Office is going to pilot, that focuses on nutrition and physical activity in the churches. I also signed up to participate in Yoga Training for Kids with Lisa Washburn in November.