

NE Region Compiled Report

October 2015

CHNS/CHPS

Becky Lamb

- Wilbur D. Mills Coop: Hearing and Vision Screening Certification Training for new school nurses
- Participated in the following school flu clinics: Augusta , Des Arc , White County Central Bald Knob, Newport, McCrory, Searcy JH/ HS and Hazen Mass flu clinic
- Provided and educational/interactive booth that included Injury prevention and tobacco prevention at Cabot Fest
- Participated in Keep The Lights On event in Augusta
- Rose Bud Head Start: Hand washing Presentation for Parents
- CPR/AED training for New Hope and Sunshine school employees. Education included injury and tobacco

Karen Davis

- Greene County – 6 Tobacco Prevention Presentations to 8th grade business classes at Greene County Tech
- Greene County – 6 Texting and Driving including the dangers of using tobacco and driving presentations given to business classes at Greene County Tech
- Lawrence County - 5 STD and Teen Pregnancy Prevention Presentations given to 7th thru 11th grade classes at Strawberry School. Also education provided on FAS and Tobacco use during pregnancy.
- Randolph, Clay, Greene, Craighead, Lawrence and Jackson Counties - Personal Care Training given to School Nurses, Special Ed Teachers and Para Pros at the NEA Coop for the NEA Coop Schools. Education included Tobacco harms and Safety issues.

- Clay County – Presentation/interactive discussions on the Harms of Tobacco, Good Nutrition, Hand washing and Dental Health with KG thru 6th grade students along with their parents at the Rector School Health Fair.
- Greene County – 7 Texting and Driving presentation which included dangers of using tobacco given to 9th grade English classes at Greene County Tech in preparation of writing a paper why they will not text and drive to be entered in a contest to win \$500.00.
- Lawrence County - FAS presentation was given to the Para Professionals for the Walnut Ridge School. I also educated on the harms of tobacco, harms of stress and hygiene

Cindy Schaefering

- Training for the new contract RN at ICC schools. This included Paraprofessional & glucagon training , immunization requirements for Students and the comprehensive tobacco policy for schools
- Presentation covering puberty and hygiene with the 5 & 6th grade students at Cord-Charlotte Elementary school. In addition to those topics, I also covered the importance of flu vaccines and other available vaccinations, Communicable diseases, oral health and the importance of not using any form of tobacco products.
- A presentation for the first day of Red Ribbon Week for drug awareness was conducted at the Cord-Charlotte Elementary school. All students in grades K6 were present for the presentation, which included education on OTC and RX medications commonly found in the home and the importance of taking medications as directed. Students were then included in skits to practice their skills to say no if they were offered drugs.
- Collaborated with the extension agent to present the Farm to You Exhibits to student of the Calico Rock Elementary. This program includes nutrition, oral health, overall wellness, sun safety and physical activity. Students were also educated on Act 811 and tobacco dangers. A total of 226 students and 18 staff members were in attendance
- Partnered with NW/CHNS to provide CPR/ AED and First Aid trainings for the staff and faculty of Concord preschool and school district. We also provided information and education on the Comprehensive tobacco policy; e-cigarettes, vaping and the SOS quit line. A total of 34 staff members were trained
- Presentation/education to students at White River Academy on the possible indications that a person might be considering suicide and how to help them. Students were given wallet size brochures with the signs, and crisis numbers to call if needed.

Laura Cook

- (Craighead) Making Healthy Choices Bay HS- partnered with NE/Health Educator Educated high school girls about the harmful effects of alcohol, smoking and unprotected sex. Educated on the types of STD's, HIV and health department services that are available
- (Craighead) Success Academy: 8 presentations-74 participants Presentations provided on AIDS/HIV/STD, Family Planning, IP and Tobacco. I partnered with NE/HHI Educator and educated students about knowing the difference between unhealthy and healthy choices which included information about alcohol use prevention, the dangers of using tobacco and electronic cigarettes, teen pregnancy prevention, STD's and HIV. I also educated the students on the family planning services offered by the Health Department
- (Craighead) Success Academy: 7 presentations-61 participants Presentations provided on IP-Reality works dolls, alcohol and prescription drugs, tobacco harms and quit line. I partnered with NE/Health educator and we educated students about Shaken baby Syndrome and fetal alcohol disorders. We also educated on prescription drug abuse, how to dispose of drugs and the SOS quitline
- (Poinsett) EPC HS: 6 presentations-117 participants Presentations included IP- prescription drugs, alcohol prevention, tobacco harms, quit line, STD/HIV, family planning. Educated students about making healthy choices including information about prescription drugs and how to dispose of them, prevention of alcohol use, the dangers of smoking, STD's and HIV and teen pregnancy prevention. Educated them about family planning services offered by the health department
- Participated in the following school flu clinics: Riverside Elem's in Lake City and Caraway, Riverside High School, Health and Wellness Magnet, Valley View Elem, Valley View Intermediate, Brookland Middle and High Schools, Visual and Performing Arts Magnet School , Micro society magnet School and Westside Elem, Middle and High Schools.
- Assisted School Nurse consultant with CNE provider application by providing packets completed on hearing and vision along with the evaluations

Regina Alexander

- Educated parents at Early Learning Head Start in Earle Arkansas about the importance of eating healthy. Parents were educated on my plate, obesity, sugary drinks, importance of

drinking water and how water improves body functions. Parents were given exercise and calorie guide to learn how many calories are burned during certain physical activities.

- Provided Nutrition Presentation to Middle School Students at Swifton. The presentation focused on My Plate, Physical Activity, Importance of Water, and an interactive demonstration that included the teaspoon amounts of sugar that are in drinks such as Coke, Mountain Dew, and Minute Maid Pink Lemonade. A total of 30 students were educated.
- Go, Slow, and Whoa nutrition and physical activity educational tool were demonstrated to youth at Tuckerman Elementary. Go, slow, and Whoa teaches student ways to identify foods that are lower in fat and calories using visual replicas of food. After education was provided, a physical activity component was tied into this activity. Oral Health and wellness was incorporated into this activity by teaching student how unhealthy foods affect their teeth and can possibly cause cavities.
- Nutrition presentation was given to the Early Learning Center in Marked Tree. Parents were shown a video title, "Our Supersized Kids". Parents were shown sugar and fat models in test tubes as well as educated about My Plate, Physical Activity, Sugary Drinks, and the Importance of Drinking Water.
- Nutrition presentation provided to Greene County Tech Alternative School focused on Healthy Eating, Understanding Obesity, diabetes, and other chronic diseases. Twenty-two students were educated about my plate, physical activity, and participated in a "Name that Food" Game. Students also participated in sugary drink interactive activity.
- Approximately 50-60 students at Walnut Ridge Elementary were educated over My Plate and physical activity before the "Body Walk" presentation with Lawrence County Extension Office and Agent. Students participated in Go, Slow, and Whoa Activity and Sugary Drink Demonstration.
- Assisted Greene County Tech Wellness Committee Members and Staff with Greene County Tech's 5th Annual Eagle Flight Fun Run to promote exercise and fitness, by operating an interactive table that provided healthy snacks and drinks to walkers and runners. Over 1500 students, pre-K through 12th grade participated in the Fun Run which was a 1.3 miles long walk/run. Not only were student encouraged walking and/or running, but their parents were also encouraged to walk and/or run with them.