

**NE Region Compiled Report  
November 2014  
CHNS/CHPS**

**Laura Cook**

- Participated in the following school flu clinics: Marion Intermediate , Marion Jr High, MacArthur Jr High, Annie Camp Jr High, Crowley's Ridge Academy/PALS, Avondale Elementary, Harrisburg Elem , Weiner Elem, Brookland Elem, Brookland Middle/Jr/High ,Harrisburg Middle/High, Earle School District , East Poinsett County School District, Jonesboro Pre-K Center, Jonesboro K Center, Buffalo Island Central School District
- Contacted several school nurses for potential dates for presentations in December and scheduled tentative dates with Trumann for tobacco presentations and BIC for Making Healthy Choices presentations
- TA provided to Ridgecrest Private School's nurse regarding failed hearing screens, referrals and audiometers .TA to several school nurses regarding immunizations and entry into Eschool and/or APSCN
- TA provided to coach from Bay regarding CPR/AED training for staff and students
- Contacted new nurse for Marked Tree School District
- TA provided to EPC school nurse re: immunizations, data entry and flu

**Karen Davis**

- Participated in the following school and community flu clinics: CRA in Paragould, Harrisburg School District X 2 days, Weiner School District, Brookland School district X 2 days and Greene County School District. Set up a Flu Clinic at Williams Baptist College and gave approximately 70 flu shots to students and staff. Set up a Flu Clinic at NEA Coop and gave approximately 15 flu shots to staff
- Educational in-service to a Hillcrest Health Teacher on how to do a CPR class for his 9<sup>th</sup>-12<sup>th</sup> grade students- Furnished a Curriculum for 5 - 45 minute class periods plus the NEA Coop furnished a set of manikins that included 5 adults and 2 babies.
- Attended the Rector School open house for parents and presented the importance of hand washing. Glow Germ Powder was used to show how germs can be spread. Hands were checked with Black Light before and after washing to show how effective they were with getting these germs off. Parents and students participated and about 70 attended. Tobacco Cessation was also discussed and quit line information was distributed.

- Monitored a new CPR Instructor at Pocahontas and assisted with CPR classes for Pocahontas 8<sup>th</sup> and 9<sup>th</sup> grade students.
- Attended and participated in the NEA TRAC Meeting in Jonesboro
- Technical assistance provided to schools regarding Ebola Updates, SBHC Informational Webinar, Flu clinics, Immunizations and workday at Co-op

## **Becky Lamb**

- Wilbur D. Mills Co-op: Paraprofessional Special Health Care Needs Training for school nurses
- CPR Training for England School Coach
- Emerging Tobacco Products Presentation for Lonoke Co. HHI Meeting in Carlisle
- Working with NE Region CHNS/CHPS to complete January State Meeting
- Participated in the following school and Day care flu clinics: Sunshine School Flu Clinic, Riverview Judsonia & Riverview JR. & SR. High School Flu Clinics, Riverview Kensett Elementary & Kensett CAPCA Head Start Flu Clinics, Augusta School Flu Clinic, Rose Bud School Flu Clinic, Bradford School Flu Clinic, Pangburn School Flu Clinic & Smarty Britches Daycare Flu Clinic, Beebe School Flu Clinic & Beebe Head Start flu clinic, Beebe School Flu Clinic/ Beebe Church Day care flu clinic, Searcy McRae Elementary School Flu Clinic/Searcy Day care flu clinic, Searcy AHLF JR. High & Searcy High School Flu Clinic and Searcy Westside Elementary School Flu Clinic

## **Cynthia Schaefering**

- Two presentations were provided with Highland High school students in the 9-12<sup>th</sup> grades on STD-Teen pregnancy. Students were educated on the consequences of STD's and unplanned pregnancies. Students were informed of the transmission, testing, and treatment of STD's. Students were given information about the services provided by the Sharp County health unit and enforced that services were confidential and provided at no cost. Participants were able to indicate what diseases were treatable with antibiotics and those that were viruses and would remain within the body indefinitely.
- The Emerging Tobacco Products presentation was done as a teacher in-service for the staff of White River Academy in Cushman. Teachers were informed of the latest tobacco related products available and the targeted marketing of our youth. Products were available to demonstrate exactly how easy it is for students to continue using tobacco products during schools hours without staff being aware of it. Information was available for staff interested in cessation.

- The STD-Teen Pregnancy presentation was done with the students of Guy Berry-Mountain Home Alternative School. Two presentations were provided , boys and then girls; and included students in grades 9-12. Information and education included the transmission, testing and treatment of STD's, along with the consequences of repeated infections and unplanned pregnancies. Information also included the confidential services available at the local health department for STD testing and reproductive health services for both males and females. Students were able to identify the difference between bacterial and viral infections and the treatment options available. These presentations reached a total of 41 teens and two adult teachers.
- Collaboration with the IZARD County Extension Office, the Farm to You exhibit was presented to the students at Melbourne Elementary school. This interactive exhibit is an all-day event providing information on how food is brought from the farm to their table and then how the body utilizes the food and nutrients. Prior to entry into the exhibit, students were provided with nutritional information and education along with physical activities like jumping jacks, sit ups, pushups, toe touches and some yoga for kids. This activity reached over 400 students and 20 staff members.
- Northcentral Co-op: A BMI and Scoliosis training was held for new nurses and for nurses needing their required training every five years. Emails regarding "The Reason to Write" essay sent to School nurses, Counselors and Wellness Committee members. Contacts made with Grant Coordinators in Fulton and IZARD regarding distribution of "The Reason to write".
- Collaborated with Ozarka on a Blue and You Grant to provide CPR instructor training to area school staff and provide the necessary equipment to provide these trainings to their students to meet the requirement of CPR instruction to graduate. This grant was awarded and will take effect in December
- Partnered with Sharp County Tobacco Grantee, Robert Hutchison's Great American Smoke Out campaign, held at Ozarka Ash Flat campus, I attended with available flu vaccine for the students or staff. There were approximately 200 participants involved in the activities of the health fair.

## Dani Ennis

- Farm to You: Partnered with the University of Arkansas Extension Agent on the presentation of Farm to you at Melbourne Elementary with Community Nurse Specialist Cindy Schaefering. Our role was to educate children on the types of healthy foods, as well as promote physical activity by play interactive games with the children before entering the Farm to you presentation.
- Sport Nutrition Presentation to Paragould High School Anatomy Class. Discussed the risk of using steroids and other performance enhancing drugs during competition and what it does to the body. Also educated on what tobacco does to athletic performance as well as alcohol. Educated students on the importance of eating a well-balanced diet in order to have their body perform at the highest level possible. Discussed the harm of caffeine and sugary drinks as well as the risk that Fast Food possesses to the body's organs.
- Maynard Wellness Meeting- Spoke to the committee about the rule and regulations for the wellness committee duties. Also generated ideas for activities to educate and the student on topics such as tobacco, hygiene and teen pregnancy. Also educated the committee on the smart snack options based off of the USDA guidelines.
- Nettleton Wellness Committee- Collaborated with Kim McCray on the emerging tobacco products presentation to the committee. The Committee also discussed the concerns needed to educate the students on mental health awareness
- Marmaduke Wellness Committee- Met with the Assistant Superintendent on the rules and regulations that involve the wellness committee. Educated on the SHI, activities to involve the community and the students in healthy behavior in and out of school
- Brookland Wellness Meeting- Met with the committee to go over SHI performance, smart snack and "Special 9" days. Also gave ideas for community and school activities that do not involve rewarding students with food. Assisted the chair of the committee with interpreting the rule of the wellness committee and how to bring suggestions to the school board
- Participated in the following school and community flu clinics: CRA Pals Paragould, Harrisburg school district, Jonesboro Math and Science, Brookland HS, Clay County Mass Clinic, BIC School district and Lawrence County Mass clinic