

NE Region Compiled Report

June 2014

CHNS

Laura Cook

- CPR/AED training for Newport School Staff x2 classes- Educated on the harmful effects of tobacco
- CPR/AED trainings at the Coop for CREC schools staff x 10 classes. Educated on the harmful effects of tobacco
- Presented on “Safe to sleep”, Crying baby and Shaken Baby Syndrome at a Jonesboro/Craighead Safety Baby Shower. Educated on 3rd hand smoke.
- Presented to teens at the Poinsett County Library-blood pressure and the importance of things that affects your blood pressure such as diet, exercise, family history and smoking/drinking.
- Developed/created 3 different CNE packets for NE Region back to school nurse workshops. Contacted presenters to get information for educational tables, COI/Bio's, presentation times, etc. Adjusted several presenters' information for education tables and corrected objectives and content and developed objectives and content. Agenda times and locations sent to presenters. Developed education table for two presenters. Entered NEA Coop's workshop CNE info into Atrain for approval and sent all information to Amanda Stanisor to store for CNE purposes
- Attended the ATRAIN Provider update via V/C- presented by Paula Smith

Karen Davis

- Participated/assisted with the ATV Safety Helmet giveaway at Hoxie thru the NEA TRAC- 3 fax referral forms were given to parents. Educated on the consequences of tobacco.

- Presented FAS, SBS, and DAB at the Jackson County Coalition- Educated on the consequences of tobacco on fetuses and babies
- Assisted and presented on FAS, SBS, DAB and SIDS at the Safety Baby Shower in Lawrence County -Educated on the consequences of tobacco.
- Assisted and presented on FAS, SBS, DAB and SIDS at the Safety Baby Shower in Greene County -Educated on the consequences of tobacco.
- Training given to Health Teachers on how to teach CPR due to the new Bill on CPR Instruction to 9th – 12th graders prior to graduation. Educated on the consequences of tobacco.
- CPR Instructors Class was given to Nurses and Teachers that wanted to become instructors. 2 CPR classes were given to DHS employees in Greene County. BLS/ CPR classes were given for school nurses at NEA Coop- Educated on the consequences of tobacco.
- Planned and facilitated a Neglected Health Workshop at the NEA Coop- Educated on the consequences of tobacco.

Becky Lamb

- Provided 2 classes (13) total participants for Heart saver CPR Training; Included Injury Prevention and Tobacco Prevention Messages in the workshop; participants were told to contact me for needed health information and presentations
- School Wellness Workshop: We had 16 participants who were representative of 11 school districts and 6 counties. Presentations included: Wellness Toolkit & School Health Index by Anna Haver; Injury Prevention Resources for Schools by Audra Walters; Second Chance (a web-based Tobacco Prevention Education Program, as an alternative to suspension for violating school tobacco policy) by Becky Lamb; BAT Mobile was provided by Ben Runnels: (The BAT Mobile is a completely self-contained vehicle used for conducting sobriety checkpoints throughout the state. The BAT Mobile program is based at the Black River Technical College's Law Enforcement Training Academy in Pochahontas, Arkansas, and is available for use by agencies throughout the State free of charge.; Snap-Education (Supplemental Nutrition Assistance Education) and, AR. Farm to You and

My Plate Curriculum, and Yoga for Kids by Katie Cullum from Arkansas Cooperative Extension Service. Attendees were led through yoga poses. The afternoon concluded with instructions for making healthy snacks such as Yogurt Parfaits and Trail Mix. Follow-up after the workshop included emailing requested materials to all participants such as Comprehensive School Tobacco Policy, Wellness Committee Requirement-Annual Documentation of Completion Form and copies of the afternoon presentations.

- As part of the Growing Healthy Communities Initiative, I worked the first of three Farmer's Markets held in Augusta.
- Attended Arkansas Insecurity Advisory Round Table at the Dalton Whetstone Boys and Girls Club in Little Rock. Objectives were to identify current gaps between food insecurity and hunger relief efforts, and brainstorm ideas for solutions to fill those gaps. The event also featured the Summer Meals Kids' Kick-off Event and featured former Arkansas Razorback and current Tennessee Titan, George Wilson who led the boys and girls through agility drills. Fuel Up to Play 60 is a program founded by the National Dairy Council and NFL, in collaboration with USDA, which empowers students to take charge in making small, everyday changes at school.
- Orientation with Cindy Jones, New CHNS – educated on A-TRAIN, How to access Commissioner's Memos on the ADE website, and the School Nurse Resource Binder.
- Attended and facilitated workshop at Wilbur D. Mills Co-op: Side Effects! Medical Diagnosis that Impact Learning, presented by Aleecia Starkey from the Arkansas Department of Education. Educated participants on SOS Quit line

Cynthia Schaefering

- A demonstration of the Reality Works Safety dolls was presented to the members of the North central AR Regional ICC. A full demonstration of the SBS doll was provided with information about the upcoming training and uses of the doll. The Prenatal Drug affected baby was then demonstrated to the members with information on possible ways to incorporate into their programs, prenatal classes or organizations. The importance of understanding that nicotine is a drug and has ill-effects on the fetus and

infant was stressed to the attendees. Same was done with the Alcohol Affected Baby. Members were also informed on the availability of other services from CHNS or CHPS including tobacco, injury prevention, physical activity and nutrition.

- A demonstration of the Reality Works Safety dolls was presented to the staff of the Independence County DHS office. A full demonstration of the SBS doll was provided with information about the upcoming training and uses of the doll. The Prenatal Drug affected baby was then demonstrated to staff with information on possible ways to incorporate into their programs, and clientele. I stressed the importance of understanding that nicotine is a drug and has ill-effects on fetus and infant. Same was done with the Alcohol Affected Baby.
- Facilitated the Injury Prevention Training Workshop at North Central Co-op with Shelby Rowe and Lacye Vance from SIPP. Topics covered included Concussion Awareness/Recognition/Return to Play, Heat Illness Prevention, Playground Safety, Coaching Boys into Men, and Suicide Awareness.
- The Germ City presentation was done for the summer reading program participants at the Calico Rock Library in IZARD County in conjunction with Karla Emerson, IZARD County Extension Agent. Children were taught when and how to properly wash their hands and then followed up with the black light to see how many germs were left on the hands and how easily germs can be spread. Participants then had the book HENRY GETS MOVING read to them and we talked about staying active all year and healthy eating. Child participants received a jump rope to encourage outdoor activity.
- Participants in the IZARD-FULTON county drug court system are required to attend classes as determined by their P.O. A pre-test was given to each member of the group to assess knowledge of Shaken Baby Syndrome. Participants were then shown the DVD, "WHEN BABIES CRY". The Reality Works SBS baby was demonstrated and additional education provided. The group was actively participating in the discussion.
- A water safety presentation was done to the summer reading program participants at the Cleburne County Children's Library. This was done in

conjunction with the Corps of Engineers, using their printed materials and giveaways. We had a variety of types and sizes of life jackets for participants to educate them on choosing the correct one for the water activity or for using as a life preserver for someone else. Participants learned how to safely help someone in trouble without putting themselves in danger by using the “throw, don’t go” method of tossing a ring or other floatation device with a rope to pull the person to safety. .

- Attendees of the Fulton County Camp Fit and Fun were educated on the three types of bullying; verbal, physical and social and discussed what each type of bullying consisted of. The focus of the rest of the presentation was on verbal bullying and the words that can be used to hurt someone. Campers decided if each word was a positive or negative and how using those words might affect someone’s feelings. Campers were instructed that being bullied into trying tobacco products or other drugs would be considered threatening and a bullying incident. These presentations reached over 100 children and teens.