

## **NE Region Compiled Report**

**July 2014**

**CHNS**

**Laura Cook**

- 4- CPR/AED trainings at the Coop for CREC schools staff. Tobacco education included in trainings
- School Health Index training provided for school personnel at CREC. Participants educated on Comprehensive tobacco policies- policy examples distributed
- Enhancing School Wellness workshop planned and facilitated for school personnel at CREC. Participants educated on Comprehensive tobacco policies and sample policy distributed
- Completed 3 CNE packets for the Back to School Workshops in the NE Region Co-ops
- Attended Poinsett County Partners in Health meeting and discussed Walkability audit and new grant the coalition received
- Presented to teens at the Poinsett County Library-educated on healthy nutrition and on the risks of consuming too much sugar, played game with them; educated on how to read a food label and fat content in food

**Karen Davis**

- Emerging Tobacco Product presentation given to School Nurses at School Nurse Conference
- Organized Wellness Committee Workshop and provided speakers that provided information on Injury Prevention on ATVs safety, Gun safety, Hunting safety, School Shootings, Drinking and Driving, and Drugs to school personnel.
- Provided the 2<sup>nd</sup> Annual Back to School Nurse Workshop at the Coop with speakers on Physical Assessments, Carb Counting, Burns, Immunizations, School Nurse Survey and Emerging Tobacco Products

- Second Chance Program presented at the Wellness Committee Training at the NEA Coop
- Dental Health presentation and Physical Activity/Nutrition presentations were given to Arkansas Counseling Daycare kids in Greene County
- Tobacco Prevention/Cessation given to 13-15 year olds at the Summer Feeding Program in Greene County

## **Becky Lamb**

- Provided education and Carbon Monoxide testing at the ASU-Beebe Health Fair-There were a total of 200 attendees. 30 attendees participated in the CO testing. 5 attendees completed the fax referral forms which were then taken to the Beebe Health Unit for the clerks to fax to the Quit Line
- Partnered with Cindy Jones, CHNS, in providing 4 Heart saver CPR/First Aid/AED Trainings at the Arch Ford Co-op in Plumerville
- Provided Heart saver CPR/AED training at the Searcy health unit for health department employees, partnered with Cindy Jones and provided 2 sessions of Heart saver CPR/AED Training at Wilbur Mills Co-op for school staff, provided 3 sessions of Heart saver CPR/AED training for Searcy School District cafeteria workers and I provided Basic Life Support for Healthcare Workers for Health Department Nurses at the Cleburne Co. Health Unit in Heber Springs. Total of 65 participants trained in CPR this month. Tobacco education and Quit line referral forms provided at trainings.
- Partnered with Denise Eaves, Director of White County Safe Kids Coalition, at a Safety Baby Shower held at White County Medical Center.
- Facilitated the following workshops: “Amazing Race” workshop at Harding Academy, “The Training and Conditioning of Male and Female Athletes” workshop at Harding University and the “Sports Nutrition” workshop at Harding University
- Partnered/Collaborated with Lions Club to provide Carbon Monoxide Monitoring at the ASU-Beebe Community Health Fair
- Preparations for August 1 Back-to-School Nurse Workshop

## Cynthia Schaefering

- The Sharp County Hometown Health Coalition sponsored a booth at the Sharp County Fair. The primary focus of the booth was on Tobacco cessation and education. The Carbon Monoxide test kit was utilized and six smokers and nonsmokers took the test. Of the six, three had readings of 5.66 percent. Participants were educated on the SOS program and the benefits of quitting tobacco use. Those that took the CO test, who were non-smokers, were educated on the effects of secondhand smoke. In addition, fairgoers were given information and education about the new immunization requirements for students and other services provided by the health office. Approximately 100 residents gained knowledge from this event.
- Partnered/collaborated with Margaret Yancy, IZARD Co. Tobacco Grant Coordinator, IZARD Co. Ext. office, IZARD Co. LHU and ADH. A Tobacco presentation was provided to campers, staff and parents. Topics covered were Act 811, ingredients in tobacco products, the addiction factor of tobacco. The tobacco spin board was used to actively involved campers. Eating healthy, nutritious food and daily physical activity was discussed with campers.
- ENHANCING SCHOOL WELLNESS: This workshop was designed to help school wellness committee members better understand the intention of the committee responsibilities and also to provide additional information that could assist their school districts to better serve the student body - Sarah Brisco, CHPS reviewed the School Health Index and the Wellness Committee Responsibilities. Lori Dather with Midwest Dairy spoke about the Fuel Up to Play 60 program and funding opportunities through their program. Vivian Nicholson with the AR Hunger Alliance spoke to attendees about their program, No Kid Hungry and grant opportunities available. Jannette Cooper, Fulton County Tobacco Grant Coordinator, educated the group about the Second Chance program and I presented the Emerging Products presentation. Wendy Smith from Highland Middle School spoke about the community garden project at their school, which was started with the Delta Gardens grant funding.

- The Drug Affected Infant and Alcohol Affected Infant presentations were provided to members of the drug court. Information was provided by using a slideshow presentation and follow up with the use and demonstration of the Reality Works Safety Training Dolls. Participants were given time to ask questions and actively participated in the discussion of how to best assist an expectant mother to stop drinking or using drugs.
- Participants in the IZARD-FULTON county drug court system are required to attend classes as determined by their P.O. Participants were shown an STD slide presentation with specific information provided about the transmission of Hepatitis C and need for consistent condom use and NO sharing of needles. Participants were made aware of services provided by the local health units. Informed of STD testing and FP services available. Condoms and STD Facts and other printed materials provided by Rebecca Felton, RN IZARD County LHU. Attendees were actively involved with questions and comments about previous experiences. Attendees made aware of SOS services available to them at no cost.
- A Sun Safety presentation was presented for the participants of the IZARD County 4-H Camp. Partnered/collaborated with Margaret Yancy, IZARD Co. Tobacco Grant Coordinator, IZARD Co. Ext. office, IZARD Co. LHU and ADH. The sun safety presentation informed campers of the need to wear sunscreen and to reapply at least every 2 hours, to use at least an SPF 30 and to use other protective sun gear like a hat, sun glasses, clothing with UV protection and to keep well hydrated with water. They made bracelets from special UV color activated beads. There was a treasure hunt game played and as part of that campers had to go around to stations to get puzzle pieces. At the tobacco station, campers signed a Tobacco Free Pledge not use any tobacco products.