

## **NE Region Report**

**May 2014**

### **CHNS Report**

#### **Laura Cook**

- “Nicotine Land” puppet show presented to the Micro society grades 1-3 with Karen Davis and Kim McCray
- “Just Say Know” video and presentation provided for Micro society grades 4-6 x2 groups
- Facilitated County Health Rankings presentation by Kim McCray to Poinsett’s Coalition. Ordered food and sent out invitations for meeting and set up food on the day of the meeting.
- Presented on STD’s, HIV, alcohol and tobacco, teen pregnancy prevention (Making Healthy/Better Choices): Osceola High School x 2groups and Blytheville High School x 10groups. All presentations included tobacco education
- Safe Teen Driving presentation to Nettleton Junior High students at their Wellness Fair x 8groups. Tobacco education included in presentations
- CPR instruction provided to Opportunity House Day Clinic participants along with blood pressure checks and education
- Presentation for HIPPY participants on Home Safety, Water Safety, Medication Safety and CPR instruction

#### **Karen Davis**

- Provided Paraprofessional training at Lawrence County Schools, which included the Shaken Baby and Fetal Alcohol presentations. Education included the effects of Tobacco on fetus and 2<sup>nd</sup> hand smoke
- Tobacco Prevention Presentation given to all 6<sup>th</sup> graders at Marmaduke School. Tobacco Cessation/Prevention Booth set up at Woodrow Wilson School – 150 in attendance, 4 received 1800 info and fax sheet. Tobacco Cessation/Prevention Presentation given to all FFA Students at Sloan Hendrix School
- Visited stores in Greene County that sold Tobacco and filled out Store Front Survey’s with Kim McCray. Tobacco Cessation Presentation given to City Light and Water Employees in Greene County
- Partnered with Laura Cook and Kim McCray to provide Tobacco Prevention Puppet show to 1<sup>st</sup>-3<sup>rd</sup> grade at Micro Society School in Craighead County.

- Tobacco Prevention Presentation given to all 2<sup>nd</sup> graders at Woodrow Wilson
- Participated in the Farm to School Educational Event at Oak Grove School provided by the AR Extension Service
- Provided a TDAP/MCV4 Clinic at Sloan Hendrix School with Lawrence County Health Unit

## **Becky Lamb**

- Safety Baby Shower at the Prairie County Health Unit in Des Arc. There were 8 pregnant women present for the entire presentation and 1 who was able to attend part of the presentation. My presentation included Home and Sleep Safety, and Period of Purple Crying-Making a Plan. Other presentations included Car Seat Safety and Breastfeeding. All mothers received a copy of the DVD: Period of Purple Crying and other educational materials.
- I facilitated the Injury Prevention 101 at Wilbur Mills Co-op in Beebe. Audra Walters from Statewide Injury Prevention Program presented the training. There were 15 participants. Nurses received 6 continuing education hours. Participants also received educational materials and were encouraged to send specific requests for educational materials to Audra. I also, facilitated the Biology of Cancer: Healthy Lungs & Healthy Gums presentation by Dr. Bob Burns from UAMS College of Medicine
- I demonstrated the Injury prevention dolls and talked about how I utilize the dolls to educate others about how shaking a baby causes permanent brain damage and sometimes death. I also talked about how the mother's alcohol and drug use during pregnancy adversely affects the baby's brain as it grows and that no amount of alcohol is safe
- Participated in a Safety Baby Shower in Augusta in P.M. (after hours) there were 6 mothers and their guests. I presented the Period of Purple Crying. Each mother received a bag with a smoke alarm, safety kit, bath thermometer, and Period of Purple Crying DVD. Susan Winkler presented Home Safety and Denise Eaves presented Crib Safety and Car Safety.
- Presented on the Injury Prevention Dolls at the Lonoke CO. HHI Coalition mtg. in Ward
- Presentation on Nursing as a Career to 4 classes of 3<sup>rd</sup> graders at Sidney Deener elementary in Searcy
- Joined Dr. Smith and Central Region team as they toured the Cabot Health Unit

## Cynthia Schaefering

- The Tobacco Puppet show, A Trip to Nicotine Land, was presented to the elementary students, teachers and teacher's aide of the Melbourne School district with the help of the IZARD County Tobacco Grant Coordinator, Margaret Yancey. After the puppet show the students were informed of Act 811, the dangers of e-cigarettes and smokeless tobacco. These eight presentations reached a total of 266 students and adults.
- A presentation on underage drinking and drug use was presented for the students of Mt. View 7<sup>th</sup> grade. Students were informed of the dangers of binge drinking, drinking and operating ATVs, boats or other motorized vehicles and the parts of the brain that are affected with alcohol consumption. Education included the use of drugs and the gateway affect they can have. The drunk goggles were used to simulate being alcohol impaired. This presentation reached a total of 50 students and 5 adults.
- Presented the Reality Works Safety Training dolls to the members of the IZARD County HHI and reported on upcoming trainings being held this summer at the coop
- Puberty and hygiene presentations to the sixth grade boys and girls at Eagle Mountain School were provided in separate groups. Presentations included hygiene and puberty information for both boys and girls. Presentations discussed normal changes in puberty for boys and girls with ways to continue good hygiene. Students were informed of how physical activity increases the need for proper hygiene. Education on the transmission of diseases spread by dirty hands provided. Education included the need to maintain a healthy diet to avoid complicated issues with possible acne and healthy weight. The students were given an opportunity to ask questions. Students were encouraged to talk with parents, trusted teachers and the school nurse about any further concerns with puberty or hygiene. These presentations reached a total of 71 students.
- The Pam Stenzel DVD, SEX STILL HAS A PRICE TAG, was shown to 7th grade students of Melbourne High School. Students were divided into presentations for the boys and girls separately. Students were given the opportunity to ask questions after the DVD. Tobacco information/education was also presented. A total of 45 students were reached with these presentations.
- Presented the Reality Works Shaken Baby Syndrome demonstration at the first meeting of the Men's Parenting class at the Pregnancy Resource Center of Mountain Home. Attendees watched the WHEN BABIES CRY DVD and then a demonstration and education was provided utilizing the Safety Training doll. Attendees were given the DVD Period of Purple Crying.
- Attended the Bullying Prevention Facilitator's Training held at the Arch Ford Educ. Coop in Plumerville put on by SIPP.
- Presented the Reality Works Safety Training dolls to the members of the IZARD County HHI and reported on upcoming trainings being held this summer at the coop