

Northeast Region CHNS & CHPS Report – August 2013

Laura Cook

- CPR/AED training for Early Childhood employees at the Coop. CPR/AED training for Coop staff
- CPR/AED training for Marked Tree High School Seniors
- Hearing Screening Certification training for new school nurses held at the Coop
- Vision Screening Certification training for new school nurses held at the Coop
- Facilitated a Back to School Nurse Workshop for CREC Co-op- 45 participants attended
- Attended and assisted with facilitating the Health Connector presentation at the Cherry Valley Food Bank
- Tobacco and Health Connector information provided at all CPR trainings, Health Connector Presentation , School Nurse trainings and at the Back to School Workshop

Karen Davis

- Attended the Stamp Out Smoking TPCP Conference in Little Rock
- Worked with GCT on getting Ray Lazano as a Speaker on Tobacco, Alcohol and Drugs. Trying to organize with Paragould and Marmaduke school districts to share expenses for speaker.
- Hearing and Vision trainings for school nurses at Co-op. Educated on the dangers of smoking.
- Presented the Emerging Tobacco Products Presentation to new School Nurses
- Facilitated workshop at Northeast Co-op on “Medical Diagnoses that Impact Learning” which discussed injuries which cause brain damage
- CPR and First Aid workshop for Coop Employees with 8 attending
- Monitored CPR Instructor and assisted with CPR and First Aid classes for teachers at Co-op

Jennifer Lynch

- Harrisburg – educated participants at the Cooking Matters on the dangers of tobacco and harmful effects of secondhand smoke.
- Cross County 4H – educated participants of the day camp on the dangers of tobacco and harm of secondhand smoke.
- Cherry Valley Food Bank – educated participants on the dangers of tobacco and harm of secondhand smoke.
- Presented with Anna Haver at the Coordinated School Health Conference in Little Rock
- Assisted the EAPDD with letter supporting Poinsett County in Trails Grant
- Created Fall CHNS/CHPS Newsletter
- Assisted with Back to School Workshops at Northeast and Crowley Ridge Co-ops

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Becky Lamb

- Facilitated Back to School Nurse Workshop at Wilber D. Mills Co-op. Health Connector DVD shown
- Hearing and Vision trainings for school nurses at Co-op
- Scoliosis & BMI Training for new nurse at Co-op
- Assist Cindy Schaefering with Hearing, Vision, & BMI Trainings at Batesville College for nursing students.

- CPR Training for HIPPY workers at Co-op
- Get In Presentation, presented at the Lonoke Co. Quorum Court
- TA for Glucagon Administration for School Nurse

Cynthia Schaefering

- 4th Annual Backpack Extravaganza This event provides Sharp county residents with school aged children a backpack with school supplies included, a new pair of shoes, clothing, haircuts, dental screening and wellness exams; all free as a part of the community coming together to support local youth. During this event James Tanner, Sharp County Tobacco Grant Coordinator and I used the tobacco Spin Smart board to educate youth about the health risks associated with tobacco use. The event reached approx. 400 youth and adults
- Highland Wee Care Daycare: Children were provided oral health instruction using the Oral Health Dragon demonstrator to show them how to properly brush teeth on all surfaces. Children were shown how to floss teeth by demonstrating with their fingers and using string to go between to remove plaque. They were instructed on how often to brush, floss and see their dentist. Most of the 25 children had already been to the dentist and were brushing at least once daily. They also were reminded not to have anything to eat after having brushed their teeth before bedtime. Children were taught effects smoking can have on teeth and oral health in general, and reminded of Act 811; that no one is allowed to smoke inside a car with them in it. As part of the oral health instruction, children were given a placemat that shows them what types of foods their meals should contain. The placemat has a plate showing half of their foods should be fruits and vegetables, a protein food and a grain. The Health Edco nutrition tools were used to educate children on serving sizes.
- Provided Heartsaver CPR and First Aid training for 10 members of several area school staff at Northcentral Cooperative. Participants educated on Emergency Preparedness, Tobacco use/cessation (Quitline), and Injury prevention.
- Cave City Middle School: 2 Separate presentations for female and males in the 8th grade were shown the Pam Stenzel "Sex Still has a Price Tag" DVD. Afterwards students were given the opportunity to prove what they learned by answering questions about the difference between bacterial vs. viral sexually transmitted diseases, ways of transmission

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and how and where to get tested. Abstinence was stressed as the only way to be sure to be free of STD's. Discussed the use of tobacco products and the ways big tobacco is marketing this age group especially. Stressed the importance of staying free of spit tobacco; commonly used in this area. Students were given the opportunity to discuss and ask questions.

- Partnered with Becky Lamb to provide trainings for 22 LPN to RN student nurses at UACCB for Hearing, Vision and BMI screening so they can assist area school nurses with their mandatory screenings.
- Hearing and Vision Screening Trainings for new school nurses at Co-op