

# NE REGION REPORT/CHNS & CHPS – JUNE 2013

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## **Laura Cook**

- Heart saver CPR/AED certification trainings for school personnel at the Coop (10 participants) along with the 2 at Newport classes.1 Healthcare Provider CPR/AED recertification training at Miss Co HU. Included information about the dangers of smoking and its effect on cardiovascular health in CPR/AED certification classes
- Tobacco presentations to groups at City Youth Industries in Jonesboro
- Quitline information, smokeless tobacco and harmful effects of smoking shared at Gilmore Health Fair
- Presented Concussion ABC's workshop at the Coop for school personnel
- Completed Atrain CNE Packets for: Hearing, Vision, Scoliosis and Back to School Workshops and also updating NE CHNS/CHPS Brochure
- Safety Baby Shower Poinsett

## **Karen Davis**

- Discussed effects of tobacco on heart and lungs during CPR classes at Marmaduke- 1800 Cessation # was discussed and questions answered. 24 in attendance
- Presented Emerging Tobacco Products to 55 community and school employees at Northeast Coop
- Assisted with CPR classes for NEA Health Dept. nurses at the Paragould Community Center
- Assisted with Fetal Alcohol Spectrum Disorder workshop at NEA Coop in conjunction with PRC by having Carol Rangel present- A total of 55 teachers, counselors, nurses, probation officers and mental health workers attended.
- CPR classes given to school nurses at the NEA Coop
- Working on School Nurse Conference – worked with bookkeeping on invoice, with coop on providing lunch, working on items to order for conference, assisting with presenter information, contacting vendors and providing sign up information.

## **Jennifer Lynch**

- Extended amount of time spent with Spark Equipment inventory. I have had frequent contact with my Supervisor, Codie Malloy and schools on SPARK Grant Equipment
- Gilmore Community Center Health Fair: Provided information on Nutrition and Physical Activity for healthy living. I also spoke with them one-on-one about their individual needs and their family needs. We provided tobacco information and SOS referral forms to community members

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- City Youth in Jonesboro: Provided presentations to their summer program on Nutrition and Physical Activity. Kim and I introduced them to the Go, Slow, Whoa concept and played educational game that taught them about health eating.
- Worked with Woodruff County and ARCare on the GHC Project- They have just announced they are receiving a grant.
- Northeast AR Regional Summit in Batesville – Presented on Coalition Building 101
- Attended the Speaker Bureau Training on Health Insurance and “Get In” in Little Rock

### **Becky Lamb**

- CPR Training at Arch Ford Co-op and BLS Training for Nurse
- Presentation at Kensett Head Start. Education included the role of a nurse, nutrition/physical activity and injury prevention
- Assisted Laura Cook with the Atrain CNE Packets (Hearing, Vision, Scoliosis and Back to School Workshop) Also assisting with planning the Back to School Workshops
- CPR Training WDMWSC; clean manikins; completed paperwork for training
- Facilitated workshop at Eastside Elementary in Cabot - Maximizing Student Engagement in K-6 Physical Education
- Attended the Speaker Bureau Training on Health Insurance and “Get In” in Little Rock

### **Cynthia Schaefering**

- Camp Fit n Fun at Fulton Co. Fairgrounds, held group sessions about the facts of tobacco use, effects on oral health, heart health and lung health. Reached a total of 96 participants, ages ranging from 5 to 16.
- Highland Wee Care- Act 811 discussed with preschool aged children at a car seat safety presentation. Reached a total of 45 participants including preschool staff.
- CPR training to school staff members included the use of tobacco products and the harmful effects on overall health. Reached a total of 30 participants from all three CPR trainings. CPR and First Aid training held at the co-op for a total of 10 staff members from different area schools. CPR and First Aid training for 10 staff members at Mammoth Spring school district. Held CPR/First Aid training at Coop for ten attendees from area schools and the community.
- Participated in the Regional Summit @ Lyon College sponsored by ArCOP on behalf of IZARD county HHI.; went to the worksite wellness breakout session where we toured Independence county city hall’s exercise room.
- Attended Speakers Bureau Health Connector training in LR
- Assisting NE CHNS with Back to School Workshop CNE packet and educational tools to provide at workshop.