

Northeast Region Report CHNS & CHPS – October 2013

Laura Cook

- CPR/AED training for Marked Tree High School Juniors-5 classes -Interviewed by KAIT and shown on nightly news
- Spoke at DHS Staff Meeting and provided information about Health Dept. Services; trained staff on the proper use of an AED and demonstrated correct technique for chest compressions
- Spoke at CRESC Counselors meeting and shared information about the role of the CHNS and CHPS. Educated on various presentations we offer in the schools and answered questions regarding the influenza vaccine
- Safe Teen Breast Care Outreach information distributed to 3 businesses in Poinsett County and contact information emailed to BC Coordinator
- Flu clinic provided at Crowley's Ridge Educational Coop
- Participated in the following schools: KIPP Delta, EPC Lepanto and Tyronza, Manila School District, Marmaduke School District, Nettleton Jr and Sr High, University Heights Elem ,Nettleton Inter and Middle and back to Nettleton High, Math and Science Magnet School, International Studies Magnet School, Micro society Magnet School, Visual and Performing Arts Magnet School, Health and Wellness Magnet School
- Driver presentations to Nettleton Jr High Classes (3)

Karen Davis

- Education/prevention and consequences of tobacco presentation given to 22, 4th graders at GCT; Prevention and consequences of tobacco presentation given to 3 classes of 4th graders at GCT with approx. 23 in each class; Prevention and consequences of tobacco presentation given to 2 5th grade classes at GCT with approx. 24 in each class; Prevention and consequences of tobacco presentation given to 3- 4th grade classes at GCT with approx. 24 in each class; Prevention and consequences of tobacco presentation given to 3 5th grade classes at GCT with approx. 24 in each class.
- Nicotine Land Puppet Show presented at CRA Private School to KG – 3rd graders with approx. 10 Jr. High Students. Total was approx. 70 altogether
- Nicotine Land Puppet Show presented 12 times to approx. 600- 2nd and 3rd graders.
- Planned and had a CPR Instructors class at the NEA Coop with 5 new instructors to be certified to teach the American Heart Association CPR and First Aid
- Presented a STD and Teen Pregnancy Presentation to 28 Jr. and Sr. High cheerleaders at Marmaduke School in which all parents were invited and 2 attended. Educated on the effects of tobacco on fetuses and also educated on Hoxie School Flu Clinic

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- Participated in Flu clinics: Marmaduke School Flu Clinic, Greene County Tech Primary and High School Flu Clinic, Corning High and Middle School Flu Clinic, Woodrow Wilson School Flu Clinic, Paragould Primary School Flu Clinic, Corning Elementary School Flu Clinic

Jennifer Lynch

- Tobacco prevention/education presentation to the Stand Out of the Dark, Say No to Drugs, Alcohol and Tobacco Program at Bay School District; educated on tobacco, smokeless tobacco and the health concerns involved. Played the Spin Smart Tobacco Game where students spun the wheel and answered questions followed by discussion of the topic. Eight subject areas of tobacco were included in the game ingredients, kicking the habit, secondhand smoke, the costs, heart and artery problems, lung problems, mouth problems and cancer. There were 38 participants in attendance.
- Tobacco and Smokeless Tobacco prevention/education presentation to the Wynne High School 10th grade; education included health consequences of smoke and smokeless tobacco, viewing of the Truth or Dare DVD followed by question and discussion of the video. Act 811 was also discussed to students and staff. There were 250 participants in the presentations
- Presentation to the 4th and 5th grades at the Wynne Intermediate School, as part of Drug Free week, I educated on tobacco and smokeless tobacco health dangers, ways to prevent the use and ways to say NO. We discussed drug look alike and provided activity where students were given the task of identifying products that could be candy, food or drug. Education of Act 811 was also included in presentations. Two presentations were given and there were 460 staff and students were in attendance
- Presentation to the K-6th grades at the Cord Charlotte Elementary School. As part of Drug Free week, I discussed tobacco and smokeless tobacco health dangers, ways to prevent the use and ways to say NO. We discussed drug look alike and provided activity where students were given the task of identifying products that could be candy, food or drugs. Education of Act 811 was also included in presentations. There were 180 staff and students were in attendance.
- Presentations to Wynne Junior High School Boys Health Classes on ATV Safety- Showed A Trip Unplanned, An ATV Story, followed by discussion of TRIPSS and questions from students. Drug, Alcohol and Tobacco use were also discussed and the dangers while using an ATV as well as in everyday life. TRIPPS handout was provided to students. 3 groups, 31 participants were in attendance.
- Nutrition and Physical Activity presentations to the ASU ABC Program in Wynne - Education involved MyPlate and the importance of a balanced meal along with Physical Activity. Educated and provided activity on sugar sweetened beverages and the

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negative effects they have on our bodies. 3 presentations and 60 participants in attendance.

- Presented to the Marked Tree School District Wellness Committee on the School Wellness Toolkit, SHI, BMI, CSH and my role as a CHPS- I educated in detail the programs that can be provided by the CHNS and CHPS. There were 6 SD employees in attendance.

Becky Lamb

- Tobacco: TA & Preparations for SOS Booth at the upcoming Pangburn Health Fair
- Attended Injury prevention Sub-Committee Meeting at St. Vincent Infirmiry Medical Center in Little Rock
- Hearing and Vision Practicum-McCrory School Nurse
- Heartsaver CPR/AED Training for 7 Employees at Newhope in Searcy
- CPR/AED/FIRST AID Training for Paraprofessionals
- Prepared training manuals, handouts, and sign-in sheets for the October 30th Paraprofessional training held at WDMESC.
- Assisted in the following Flu clinics: Quitman School District flu clinic, Cabot High School flu clinic, Augusta School District (Cotton Plant) flu clinics, Lonoke Middle School & Cabot Health Unit flu clinic, Cabot Health Unit (2-6) flu clinic, Westside Greer's Ferry flu clinic, Hazen Mass Flu Clinic (8-5), Cedar Ridge & Newark flu clinics, Sidney Deener flu clinic, Newport flu clinic, Searcy Jr. & Sr. High/Searcy Mass Flu Clinic, Beebe Mass Flu Clinic, McCrory flu clinic, Bald Knob Flu Clinic/community flu clinic

Cynthia Schaefering

- Tobacco presentation in collaboration with Jannette Cooper, Fulton County Tobacco Grantee Coordinator. We spoke to 25 third grade students about the harmful effects of tobacco use. The children were shown the video, JUST SAY KNOW; we then quizzed the children using the tobacco spin smart board. Students were asked what they learned from the video about the topic they landed on. Children were given time to ask questions and discuss how they are affected by tobacco users in their family. We reminded children about Act 811 where no one was to smoke with them in the car. Each child was given a SOS pencil for attending
- BMI training for Garrett Eoff, new coach at Concord
- Sulphur Rock: Coordinated with WRMC Resp. Therapist Jennifer Grant to provide an Asthma presentation to school staff
- The counselors of the Northcentral schools met at the coop for an update meeting with Roger Palmer of ADE. I educated the group on the services the CNHS is available to do for their schools. They were provided a list of the presentations available for the students and also a list for staff education. They were informed of the upcoming events

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and changes; school flu dates, Out of the Darkness Suicide Awareness Walk, CPR training for HS students prior to graduation and the immunization changes coming about. I educated them on the new Farm to Table program with the extension office. Counselors asked for a copy of ADH's algorithm for reporting child abuse, specifically sexual abuse and they were given a copy of PAT-20

- The Baxter County 7th Grade Teen Summit is collaboration with the Baxter County Coalition members and area schools. Erric Totty with Baxter Co. Juvenile Services hosted the event and spoke on Tobacco Prevention. Chuck Burklow with Vantage (Vista) Health in Fayetteville did a presentation on character building. Carol Robinson with the Attorney General's office spoke on Internet Cyber bullying. Students were also shown the ATV Safety video A TRIP UNPLANNED. Students left with nutritious snacks and were entertained with intermittent games and door prizes.
- PowerPoint presentation on general hygiene and puberty was shown to the 5&6th grade girls and boys at Viola school. During the presentation information about cleanliness and how this can affect overall health and wellbeing. Students were told about the need to bathe and wash hair daily and the need for use of deodorant from this time on. Students were educated on how hormones cause the progression of puberty and this is a process that takes time and not all students will go through puberty at the same time or rate. Educated on the need for oral health and dental checkups to maintain their teeth Students were informed of vaccines they will be needing in the future and HPV now available to boys also. We briefly discussed ATV safety and what it means to be on a tobacco free campus.
- Out of the Darkness Suicide Awareness Walk in Batesville was held. These walks are organized with the national organization, American Foundation for Suicide Prevention. These walks are intended to raise awareness about suicide and depression. The walk raises money to fund research and educational programs to prevent suicide. The walk in Batesville is the first ever community walk in the NE region. It was attended by groups and individuals who wanted to share their support and comfort for those affected by a suicide. This was a community effort with many different agencies and individuals contributing time and effort to make this a success for everyone.
- Assisted in the following Flu clinics: Hackler, Highland, Northcentral Educational Cooperative, Sloan-Hendrix, Sulphur Rock, Eagle Mountain Elementary, Salem, Viola, Mammoth Spring, Cedar Ridge, IZARD County Mass Flu clinic, Concord, Calico Rock, Midland and Tuckerman