

NE Region HHI January Monthly Report, 2013

Clay:

Cleburne:

- Distributed agency and coalition information at Cleburne County Cares. WIC information was given to distribute to the clients.
- The local newspaper ran an article on the flu.

Craighead:

- The Fox Meadow Intermediate School staff received an in-service on *Emerging Tobacco Products*.
- Clopton Clinic Foundation will become a part of Cardiology and the new name for the group(s) will be "Community Health Education Foundation"
- Jonesboro Water System and Lake City Waterworks each received the CDC Water Fluoridation Quality Award.

Crittenden:

- Youth Coalition group is working on establishing a youth drug court
- Healthy Communities group is in the process of planning community gardens in West Memphis, speakers from 'Grow Memphis' and Methodist Healthcare's Congregational Health Network attended the meeting with Flu Vaccine information being presented at the meeting. Everett Adamson and Nathan Winter from AR Rehabilitation Services were the guest speakers

Cross:

- Wynne School received Blue & You Grant.
- Tobacco presentation was presented at the Cross County Special Workshop. Information was also distributed on family planning, influenza and WIC.
- Participated at a Heart Health event at the Wynne Meyer Senior Center for Wear Red Friday by conducting blood pressure checks.
- Wynne Waterworks received the CDC Water Fluoridation Quality Award.

Fulton:

- Plans are being implemented for the coalition and LHU to host a heart healthy dinner on February 22nd.
- Collecting baby bottles for New Beginnings.
- Breastfeeding material was taken to local doctors.
- The coalition applied for TPCP grant.
- Car seat inspections are conducted in the county.
- The coalition is implementing plans to form a youth group in Salem School to work on tobacco projects.
- The coalition and the LHU supplied a letter of support for the Fulton County Hospital to obtain a grant to hire a dietician for education and other programs.

Greene:

- The LHU was selected to participate in a nationwide longitudinal study to document the feeding practices of infants and toddlers through the WIC program.
- Participated in the AR Methodist Medical Center Women's Health Fair raising awareness on tobacco cessation and BreastCare.

- Dot Newsom, Prevention Resource Center Coordinator, reminded the group the “Most Chose Not to Use” billboards are still up on display in the county.

Independence:

- A STD Prevention and Family Planning presentation was made at the Youth Shelter.
- Sonia Nix attended the training for the Drug Free Communities Grant in Little Rock.
- A presentation was made to the Cedar Ridge Health and Wellness Committee on the SHI, BMI, tobacco prevention, physical activity and nutrition. Also, the duty of the CHPS was discussed and how the group could utilize the CHPS in their school promotions.
- The coalition works with Eagle Mountain through Coordinated School Health on various efforts.
- Communities Putting Prevention to Work project of the ICHWC is working on nutrition at all area schools
- All Independence County schools are providing after-school activities for \$20 per month fee (Yoga, Zumba, Line dancing, etc.).
- BRFSS Adult survey being done in Independence County for CPPW.
- Batesville Water Utilities received the CDC Water Fluoridation Quality Award.

Izard:

- Flyers were distributed at the Brockwell Senior Center on *Falls and Home Safety in Older Adults*.
- An in-service was held for personal care aides on underage drinking prevention.
- A cooking class with an emphasis on proper nutrition will be held weekly beginning in March for SNAP recipients in the county. The coalition is assisting U of A Extension agent with this project by providing educational material and promotional items.
- The Strong Women’s class is going very well and has good data how it prevents falls in elderly adults.
- The coalition will hold elections next month for a new chairperson and secretary.
- The youth board is holding a fundraiser for funds to distribute a scholarship to a graduating senior at each school in the county that wins an essay on *Why They Are Drug and Tobacco Free*.
- The youth board will meet and create a plan of anti-tobacco presentations to conduct at all schools in the county.
- Funds through the PRC will be used to conduct a media campaign on smokeless tobacco and to raise awareness of suicide prevention.
- ATV and tobacco education will be presented at the Izard County Consolidated Care Summit.
- The coalition submitted their application for the TPCP Community grant.
- A hunter education class will be offered in February and the coalition will distribute flyers on ATV safety to the group.

Jackson:

- Cooking class with an emphasis on proper nutrition continue in the county.
- Strong Woman exercise class is being offered in the county.

Lawrence:

- Scoliosis and BMI certification was conducted for new school nurses.

Mississippi:

- Breast Awareness Month was celebrated with educational information and gifts for the clients at the Blytheville Health Unit.
- Osceola Waterworks, Manilla Waterworks, and Blytheville Waterworks received the CDC Water Fluoridation Quality Award.

Poinsett:

- Harrisburg and Trumann Waterworks received the CDC Water Fluoridation Quality Award.
- The Science of Hand Washing was presented to approximately 60 students at Harrisburg Middle School. During hygiene, discussed smoking and the effects it has on teeth, skin and overall hygiene. Discussed the ATQ and who could call and what number to call. A pre and post evaluation was conducted.
- Tobacco/Smoking cessation posters, pamphlets and literature are displayed in the LHU lobby.
- STD and Family Planning pamphlets have been added to all condom packages.
- Poinsett County Partners in Health Coalition is working on updating the county directory

Randolph:

- A presentation was made to 7th graders at Pocahontas School on the dangers of tobacco.
- Pocahontas Jr. High Wellness Day, Kim McCray, Public Health Educator, presented on distracted driving information focusing primarily on texting and driving.
- Pocahontas Waterworks received the CDC Water Fluoridation Quality Award.

Sharp:

- Sharp Co. HHI Coalition applied for Tobacco Prevention & Cessation Program grant.
- LHU is still doing car seat installation demonstrations, Safety Baby Shower
- Defeat Diabetes presentation of Diabetic Neuropathy and Diabetic Foot Care, 8 participates, completed by Renee Brink, HDM and Sharp County LHUA.

Stone:

- A presentation on the stroke prevention was presented to the coalition.
- Injury Prevention posters and brochures are displayed in the LHU lobby.
- The coalition is looking at programs to implement to raise awareness of cancer.
- The coalition will distribute materials to the senior citizen on preventing falls with the elderly adults and setup times for presentations at the center.

White:

- Car seat checks are conducted at the LHU parking lot on the 2nd Thursday of each month.
- A safety baby shower was held for pregnant women and their guests educating them on injury prevention.
- Margaret McNabb from Pangburn School and Susan Winkler attended a 2-day Coordinated School Health Training held in Chicago at the American Academy of Pediatrics Office.
- Beebe Waterworks received the CDC Water Fluoridation Quality Award.

Woodruff:

- Augusta Waterworks received the CDC Water Fluoridation Quality Award.
- Jennifer Lynch and Becky Lamb spoke at the Hypsion Club of Cotton Plant on stroke awareness and education.

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Cindy Schaefering

- Partnered/collaborated Tobacco education puppet show with Karen Davis, Kim McCray, Laura Cook and Jennifer Lynch to Greene Co. Tech 2nd and 3rd graders, approx. 60 students reached

- Orientation: Paraprofessional training with Karen Davis. BMI/Scoliosis/A-Train instruction on course entry and update training with Laura Cook and Jennifer Lynch; Wellness Training , Vision and Hearing training with Becky Lamb. Orientation with Marilyn Cone per HR-30. Completed all required Atrain courses
- School visits to Highland School, Cherokee Village Elementary, Cave City , Salem, Viola, Mammoth Spring, Pinkston, Hackler, Mt. Home HS /JH, Norfolk and Calico Rock to visit school nurses, Administration and to negotiate dates for Teen Pregnancy/STD, Tobacco, Oral Health and Injury prevention presentations
- Attended the State Sexual Health Committee Meeting, NW Back to School Workshop meeting, Baxter County Coalition meeting
- Attended the Baxter Coalition meeting. Contacts made for ATV trainings with the Baxter County Extension and BRMC trauma tea.

Laura Cook

- Attended practice/prep for Nicotine Land puppet show. Assisted with Nicotine Land Puppet Shows for Greene Co Elem.
- Scheduled BMI and Scoliosis and sent nurses registration information. Presented Scoliosis training and assisted Jennifer Lynch with BMI.
- BMI web-based data entry training for Wynne School District
- Scheduled and conducted CPR/AED training for Harrisburg Elem Staff
- STD/Teen Pregnancy presentations for 7th through 12th grade girls. Kim McCray and Michelle Williams assisted with presentation. Presented information to 469 students.
- Met with the school nurses at KIPP Delta and Blytheville Intermediate – Priority) and educated on the difference between a no tobacco policy and a comprehensive no tobacco policy. They agreed to research their policy and consider adopting a comprehensive one for their district.

Karen Davis

- Jan. 23 & 25, 2013 Presented Adventures to Nicotine Land Puppet show to 600 2nd and 3rd graders with coworkers. Also presented Just Say Know and educated on Act 811.
- Presented Adventures to Nicotine Land Puppet show to 215 Preschoolers with coworkers.
- First Aid Training given to - Clay County Roadmen
- Presented brushing and flossing education to 450 KG – 4th grade students at Oak Grove Elementary
- Presented Glucagon and Para Professional Training for Marmaduke School nurse
- Jan. 7th, 8th, and 9th - CPR training to 12 students in the Health Informatics class

Jennifer Lynch

- Oak Grove Elementary, dental education and tobacco education presentations. Collaborated with Kim McCray and Karen Davis
- Greene County Tech Elementary, Tobacco Puppet Show along with open discussion to children about tobacco education
- Cabot School District, BMI Training with school district nurses
- Crowley's Ridge Ed Coop, BMI training with Coop nurses

- Contacted and called all school districts in my Co-op area regarding their PE Curriculums and reminded them that I can provide presentations
- Working with Ashley Wright from Alliance for a Healthier Generation, Sonia Nix, Susi Epperson and Kristie Jenkins on a ConAgra Foods Foundation Grant – more info to follow.

Becky Lamb

- BMI/Scoliosis Training for school nurses- Cabot High School (Cabot, Riverview, Des Arc & Searcy)
- BMI/Scoliosis Training- Wilbur Mills Co-op (White Co. Medical Center/ HealthWorks Employee)
- BMI Training-January 23, at Bald Knob School for District Employees
- School Wellness Policy Training-January 24, Wilbur Mills Co-op (White County Central School District)
- Sunshine School in Searcy- CPR/AED & First Aid Training January 7, 8, & 11
- Safety Baby Shower (Presented)
- Assisted Katherine Donald with scheduling Rick Bender for Upcoming Presentations at Cabot Middle School North and Cabot Middle School South