

# HHI At-a-Glance

## Sept-Oct 2010

### **Southeast Region**

On August 24, 2010 The **Desha County** AmeriCorps Volunteers and **Desha County** Health Unit Staff participated in McGehee School Districts Back to School Kick Off. Stamp out Smoking information, and information about services that are available at the Desha County Health Unit was given out. Healthy Frozen Treats were available to participants.



### **Do You Know Your Numbers?- Part Two**

The 2<sup>nd</sup> **Lee County** Hometown Health Improvement "Do You Know Your Numbers" screening event was held at the Marianna Fitness Center on September 22<sup>nd</sup>. Approximately 22 community members attended. Blood pressure, weight, and body mass index were conducted on those that attended the event that day.

Community members who came 3 months ago were notified to come for a follow up screening. An event will be held quarterly at Fitness Center to track the progress of those who participated as well as to promote physical activity. Tobacco Education on Cessation along with nutrition education were available that day.

### **Southwest Region**

Janet McAdams, RN gave a talk on summer injury prevention to Rotarians in Prescott, **Nevada County**, on August 24<sup>th</sup> and Day Service workers on the 9<sup>th</sup>. She shared recent data for both Arkansas and the Southwest Region of the state. She told the group about new legislation passed in the last legislative session to help combat the grim problem of motor vehicle injuries and deaths. Each person was given a copy of a new ADH publication on injury prevention, to be published quarterly. Each injury highlighted had a potential number of lives saved if Arkansas rates were the same a national rates. Janet shared various ways to read the data such as in graph format or by a percentage. The



group discussed ways to share the useful tips and prevention information with others.

### **Northeast Region**

In **Poinsett County**, Linda Robinson, RHPS, presented a fun program to the students at Play School Day Care in Harrisburg recently. The Interactive presentation was on hand washing and sun safety. Students participated by wearing hats and sunglasses.

While over in **Cross County**, CrossRidge Community Hospital recently held one of their signature events on October 11<sup>th</sup> at the Tech Center in Wynne. Approximately 150 ladies enjoyed a lavishly decorated luncheon and fashion show. All guests are always tickled pink with this annual event all while creating breast cancer awareness in the community.



### **Central Region**

Pinewood Elementary in Jacksonville, AR Provided 93 participants with educational information during Family Fest on tobacco prevention and the dangers of secondhand smoke. Tobacco trivia games were also provided for kids.

### **Northwest Region**

Northwest Arkansas Tobacco Free set up at local Farmer's Market promoting coalition and the upcoming meeting regarding getting bars to go smoke free in Fayetteville. LHU sponsored a booth at the Jones's Center Health Fair with pamphlets promoting SOS, WIC, Family Planning, and Emergency Preparedness. The coalition sponsored a booth at the Razorback homecoming game smoke free.