

HHI At-a-Glance

March-April 2013

Southeast Region

The **Drew H.E.A.L.T.H. Coalition** hosted a healthy heart summit that was held at First Assembly of God Church. There were approximately 100 attendees. Health Educational



booths were set up for community members to visit. A Physical activity break was conducted by the County Extension Agent, Hazeline

McCray. Dr. Joe Bates of the Arkansas Department of Health presented Drew County data on heart disease and explained all the factors for preventing heart daises. He also discussed factors that are beyond a person's control such as heredity.

Southwest Region

In **Clark County**, Tommie Rogers, CHNS and Emily Lyons, CHPS participated in the Gurdon Kindergarten Round-up event held on March 28 by helping in conducting BMI's on the 40 students enrolling in Pre- K and Kindergarten for the 2013-14 school year. The Dawson CoOp conducted developmental testing and the school nurses did hearing tests and used vision cards to check the students' vision. A booth was set up by the ADH staff on physical activity, nutrition, tobacco cessation, Stamp Out Smoking and ACT 811. SOS activity pages and a nutrition booklet were given to the students to take home.

Northeast Region

In **Poinsett County**, information concerning tobacco usage was presented at Trumann Health Fair in which visual aide was also used – Jar of Tar. The attendees were educated on the dangers of smoking and smokeless tobacco and information was distributed and discussed about the Quitline. Another booth was setup to promote other programs offered by ADH.



Central Region

Grant County Hometown Health

Coalition sponsored a train the trainer workshop for teen driving. Set the Rules. Control the Privilege, is a family-centered approach to Teen Driving that allows both parents and teens to receive information about the dangers associated with teen driving and allows parents the opportunity to learn how to maintain and enforce driving rules. The coalition worked with



Arkansas Children's Hospital and the Injury Prevention to offer the train the trainer work-shop in Grant County. The training will allow Grant County volunteers to conduct the training with area schools, churches and community groups across the county to educate teens and parents about safer teen driving.

Northwest Region

On March 9th **Carroll County Health** held its first Car Seat Safety Fair. The Carroll County Sheriff's Office took the lead with a couple of their officer being trained and invited officers from Harrison and Rogers. A \$ 5000.00 grant was received along with a challenge from the provider of the grant which was for us to give out at least 25 car seats. On Saturday morning, from 9 to noon, a total of 85 car seats were given. There were several seats that were replaced but there were several people that came to the event that did not have a seat at all. The officers became involved to be part of the solution not just part of the problem, i.e. giving out tickets for no car seat.

Another grant is being written to cover at least two events – one for spring and one for the fall, and also to incorporate the Circle of Life – teen pregnancy group- give them a safety baby shower twice a year.