

**Central Region
CHNS/CHPS Report
June 2015**

Anna Haver, CHPS

- Facilitated Yoga for Kids training for PE teachers (20 participants from Pulaski, Saline, Jefferson, White, and Independence Counties).
- Provided break out session on role of school wellness committees at 2015 School Health Conference (32 participants in session).
- Provided School Wellness Workshop at Dawson Coop. Included information on wellness committee role, SHI, and school tobacco policy (approximately 15 in attendance).
- Assisted with completion of application for NLRSD Healthy School Board award.
- Assisted with application for CHES/MCHES hours at School Health Conference.
- Attended LRSD wellness committee meeting and discussed annual wellness report to district administration. Discussed professional development opportunities for health and PE teachers.
- Provided assistance to health teacher at Sylvan Hills High in locating resources for CPR training for students as part of graduation requirement. Assisted with registration information for school health conference.
- Provided wellness policy and non-food fundraising policy samples to AR School for the Deaf as well as sample comprehensive tobacco policy as requested at school health conference.

Cynthia Wilborn, CHNS

- Provided a presentation at the Sickle Cell Anemia Symposium on the importance of providing an Individualized Healthcare Plan for the Sickle Cell Student to promote proper hydration and pain management to reduce absences and sickle cell crisis (approximately 50 participants).
- Monthly planning meeting for Sweet Home Annual Health Fair scheduled for August 1, 2015 with Dr. Scott on June 26, 2015.
- Continued with last minute responsibilities with equipment gathering, immunizations, and site visits to the school with VA representative.
- Southwest LHU visit to secure immunizations for the Sweet Home Project.