

**Central Region  
CHNS/CHPS  
January 2015 Report**

**Anna Haver**

- Provided feedback and assistance in development of physical education survey for LRSD teachers and administrators.
- Assisted with CPR training at Parkview High School for approximately 300 students.
- Provided data presentation at school wellness workshop at AR River Educational Service Coop in Pine Bluff.
- Discussed staff development options with St. James Preschool. Workshops scheduled for center staff in February and March on obesity prevention and tobacco prevention.
- Attended CHNS/CHPS statewide meeting. Provided brief presentation on new Smart Snack regulations
- Attended Hot Springs School District wellness committee. Provided information on upcoming trainings.
- Continued development and preparation of materials and presentations for Yoga for Kids Training in February, Preschool Health & Wellness Workshops in March and April, and Medication Administration Workshop in April.

**Cynthia Wilborn**

- Attended the Pulaski County Supervisor Nurses Meeting- CEU Planning for the Central Region Nurses Update on February 16, 2015 on the following topics: Psychopharmacology for School Nurses and Dealing with Crime as A School Nurse.
- Sweet Home Community Health Fair Planning- continuation of planning for the Sweet Home Health Fair in partnership with the VA, PCSSD, ADH, and ACH to provide health assessments, immunizations, and health education to the community which consist of 5 schools. Committee members include Dr. Alan Mease, Dr. Patricia Scott, Jackie Archer, and me.
- PCSSD Principal Feeder School Meeting: Presentation of the Sweet Home Health Fair and plans to all the principals and school nurses on the needs assessment and requirements needed from the school on making the health fair successful. Approximately 20 participants.
- SCOT- TEAM MEETING- Agenda and Presentation planning, and goal setting for the School Child Obesity Toolkit for the 1305 school nurses and the CHNS. The goal of the SCOT Toolkit is to educate the school nurses on how to meet the needs of students who are overweight or obese and provide a healthy environment for all students in school. This program is a 4.5 Continuing Nursing Education contact hours.
- Obtained tobacco signs to distribute to the schools.
- Attended Siatech Charter School Nurse Meeting-discussed health office, individualized health care plans and management of student illness, immunizations and wellness committee meetings; also provided orientation to the recently hired school nurse.