

**Central Region
CHNS/CHPS
March 2015 Report**

Anna Haver

- Assisted with Trojan Trot event at Hot Springs School District (approximately 90 participants).
- Assisted nursing student doing research on North Pulaski High School in locating BMI data, YRBS data, wellness policy information, wellness requirements, and other county health related data.
- Provided Preschool Health and Wellness Workshop for childcare providers. Participants attending from Pulaski, Saline, and Garland counties (approximately 10 participants).
- Provided tobacco prevention education, including cigarettes, smokeless tobacco, and e-cigarettes to students at North Little Rock High School Freshman campus. Students also completed activity on 03/18 for Kick Butts Day as follow up to presentation (approximately 225 student participants).
- Spoke with Bauxite wellness chair about message from Bauxite mayor expressing interest in partnering with school. Will try to schedule meeting after spring break.
- Provided orientation for new CHPS in Northwest Region.
- Attended wellness committee meetings at the following school districts: SIA Tech Charter, discussed wellness requirements, role of CHPS. Also provided sample comprehensive tobacco policy and discussed need for policy; Hot Springs School District, discussed upcoming wellness workshop dates/locations; PCSSD, discussed upcoming wellness workshops and comprehensive tobacco policy.

Cynthia Wilborn No report received as of 04/10/15.