

**Central Region
CHNS/CHPS Report
December 2015**

Anna Haver, CHPS

- Provided proposed revisions to Rules Governing Nutrition and Physical Activity to wellness committee contacts in Pulaski, Saline and Garland counties.
- Met with NLR health unit administrator to discuss development and administration of a health unit Facebook page; will assist in the development and administration of the page.
- Worked on content for a variety of fact cards related to obesity prevention to be provided to school nurses through Act 1220.
- Developed spring training schedule for educational opportunities to be provided for schools and early childcare providers.
- Viewed e-cigarette webinar as requested by TPCP. Sent copy of certificate to supervisor.
- Provided tobacco prevention presentation to freshman health class students at North Little Rock High School. Approximately 200 students and 3 staff in attendance. Teachers developed and included questions from presentation on student exam.
- Met with staff from Covenant Keepers Charter School to discuss local health unit services available to students and families, wellness policy and programs, and health related educational opportunities for students and families. Will be working further to develop a schedule for providing educational sessions at the school. Provided letter of support for renewing charter application outlining how ADH can assist in meeting needs of students and families (3 in attendance).
- Attended PCSSD wellness meeting and discussed best way to coordinate SHI review from campuses. Discussed upcoming training opportunities and physical activity resources available to teachers. Provided registration information for upcoming Lifelines Intervention and Prevention workshops (8 in attendance). Provided follow up email to district outlining SHI completion requirements and documentation needed for Indistar. Will assist with day long planning session for district in February 2016.

Lynette Slaughter, CHNS

(Currently time is shared with In Home Services two days per week)

- Communicated with school nurse from the Arkansas School for Deaf and the VFC Coordinator for Central Region regarding additional Flu vaccine for ASD.
- Meeting with PCSSD School Health Services Director and CHNS Supervisor.
- Attended NLR LHU Staff meeting.
- Attended Safe Schools/CSH meeting.
- CHNS orientation with Arch Ford CHNS.
- Attended LR school's wellness meeting.
- Attended ACH Diabetes advisory meeting.
- Attended Life line Intervention training.