

**Central Region
CHNS/CHPS
November 2014 Report**

Anna Haver

- Provided School Health Index training for schools (21 participants).
- Provided nutrition and physical activity professional development for PCSSD elementary PE teachers (approximately 15 participants).
- Provided tobacco presentations for NLR High School freshman health classes (approximately 100 students).
- Spoke with school staff member from a school district located in another region by phone to explain requirements for completion of the School Health Index.
- Provided presentation on role of CHPS and wellness committees to Family Consumer Science agents at statewide cooperative extension training (approximately 80 participants).
- Attended NLRSD wellness committee meeting. Discussed review and revision of district wellness policies.
- Spoke with LRSD wellness chair about opening of SBHC, fresh fruit and vegetable grant opportunities and healthy school board awards.
- Assisted with Feed the Children distribution for schools participating in McKinney-Vento Homeless grant.
- Assisted with orientation for new SW Region CHPS.
- Provided tobacco free campus signs and Act 811 posters to AR School for the Deaf, Hot Springs School District, Lake Hamilton School District, and Benton School District.

Cynthia Wilborn

- Provided technical assistance and resources (grant funding and HRSA requirements) to In His Image Preschool Center in order to implement a school based health center (7 participants November 8 and November 17, 2014).
- Secured the Mills High School gym and the BMI equipment for the Sweet Home Project with Dr. Scott.
- Attended UAMS Psychiatric Nursing Conference-1st annual psychiatric conference to improve mental healthcare for Arkansans. Sessions attended: Communication and Evidence-Based to improve our mental healthcare.
- Provided assistance to Estem Charter School on how to satisfy the requirements for the mandated Senior CPR.
- Provided orientation on record keeping and immunization for Anthony School staff.
- Pulaski County Nursing Coordinators meeting-Facilitated nursing coordinators meeting on the following topics-Senior CPR requirements, Flu Clinics, and upcoming Staff Development on January 5, 2015 and February 16, 2015.

- Co-facilitated North Little Rock School District Wellness Committee on how the NLRSD is going to satisfy the requirements for the mandated Senior CPR in 2015.
- Discussed with Kathleen Courtney, ADE on how to improve communication with local school district to start a SBHC and implement HIV/Sexuality Grant.
- Participated in Pediatric Psychopharmacology Conference call on what training is appropriate for Arkansas School Nurses around Pediatric Psychopharmacology.
- Participated in four flu clinics plus the Mass Flu Clinic for Jacksonville Health Unit.