

**Central Region (Pulaski County)**  
**CHNS/CHPS**  
**July 2014 Report**

**Anna Haver**

- Provided tobacco prevention presentation for students at Pathfinder summer program. Discussed cigarettes, smokeless tobacco, and e-cigarettes (approximately 70 in attendance).
- Presented on school wellness committees and school health index at Northeast Educational Cooperative in Walnut Ridge (approximately 23 in attendance).
- Completed CHES/MCHES continuing education report for National Commission on Health Education Credentialing for ADH provider account.
- Discussed two grant opportunities with Cooperative Extension and ways CHPS could partner to provide training and resources to school district wellness committees and school physical education programs.
- Provided Nutrition presentation for students at Pathfinder summer program. Discussed *myplate*, portion sizes, and smart food shopping.
- Collaborated with Cooperative Extension and PCSSD to schedule Yoga for Kids training for teachers in February 2015.

**Cynthia Wilborn**

- Southwest Coalition - facilitated the chronic disease education and screenings to be done by nursing students to provide blood pressure screenings at the newly developed Southwest Farmer's Market.
- Midtown Coalition - provided technical assistance and resources for the upcoming event Teen Conference hosted by Tobacco Grantee, Joyce Raynor and promotion of the Million Hearts Campaign by AFMC.
- Safe School Coalition (CSH) - provided technical assistance and resources to the schools in my area (NLRSD, Jacksonville, and ASD).
- Paraprofessional Training Project - provided technical assistance and resources for Children with Special Healthcare Needs project done by student that was precepted for the summer. The student will present project at the Paraprofessional Training scheduled August 12-13, 2014
- Central Regional Staff Meeting -provided updates of training for the upcoming school year and school flu plans for the districts.
- Sweet Home Health Fair - provided nutrition resources.