

**Central Region
CHNS/CHPS
December 2014 Report**

Anna Haver

- Provided resources on withholding recess as punishment/using physical activity as punishment to NLRSD and Benton School District wellness committees. Both districts are looking at this issue in their SHI.
- Provided HSSD with information on HIV policy resources and withholding recess as punishment. Both are issues being considered with SHI completion.
- Provided assistance to SE & SW Region CHPS with utilizing online SHI and planning for SHI training to be held in January.
- Began planning and contacting potential speakers for Preschool Health & Wellness workshop to be held 03/11/15. Speakers include topics on preschool nutrition and physical activity, injury prevention, and tobacco prevention/cessation.
- Assisted with Lonoke County mass flu clinic in Cabot.
- Printed and mailed install news inserts with tobacco prevention message for distribution to participating schools.
- Met with nursing student doing research project on Act 1220 and school wellness programs. Provided information on rules and regs, role of CHPS & CHNS and provided examples of school wellness committee activities.
- Provided tobacco prevention presentations to freshman health students at NLR High School. Approximately 45 participants
- Attended Benton School District wellness meeting. Provided information on comprehensive tobacco policy, at risk feeding program, upcoming training opportunities, and install news.
- Attended LRSD wellness committee meeting. Provided clarification on CSH presentation on physical activity needs assessment vs completion of SHI. Discussed assisting schools or providing training to ensure completion of SHI.
- Attended PCSSD wellness meeting. Discussed Yoga for Kids training to be held in February, oral health presentations available for kindergarten students, and potential to apply for joint use agreement grant for Oakbrooke Elementary in 2015.
- Attended Hot Springs School District wellness committee. Provided information on upcoming trainings.

Cynthia Wilborn

- Attended the Ribbon Cutting Ceremony of the 1st School Based Health Center in our urban district under Tamara Baker.
- Sweet Home Project with Dr. Scott-continuation of Sweet Home Health Fair Planning-responsibilities include procurement of vaccines from Baptist or the Health Department and

meeting with school nurses of PCSSD and principals in January 2015. Dr. Scott, Dr. Mease, Jackie Archer from VA, and I in attendance.

- Reminded schools to participate in the Stand Up To Big Tobacco Contest
- CHNS/CHPS Statewide Meeting-Topics included Newborn Screening, Updates from Paula Smith and CHNS/CHPS supervisors, Audra Walters presentation on Health Is Academics, Comprehensive Tobacco Policy, and PEPP program.
- CSH Meeting –Attended Quarterly CSH Coordinators Meeting with specific emphasis on the topics needed and the number of school nurses and CHNS attend in the February 25, 2015 CSH Meeting for the SCOT Training (Obesity). Participants were Dr. Scott, Kimberly Hooks, Lisa England, and I.
- Statewide Quarterly HIV Professional Development-Topic included Reflecting on Classroom Instructions and Student Learning. Provided support and facilitation to NLRSD and PCSSD.
- Attended the HIV Tobacco Symposium; goals include (1) increase the awareness of HIV/AIDS in social work, healthcare, educational and community settings; (2) promote HIV prevention; (3) enhance the exchange of HIV issues and information between educational personnel, healthcare workers, social workers, community leaders and community-based organizations to effectively serve the HIV prevention needs of their respective constituencies; (4) support the development and application of evidence-based interventions for HIV/tobacco prevention and; (5) increase participation in HIV prevention interventions, tobacco prevention interventions and HIV testing and counseling in all segments of the community in Arkansas.
- Southwest Coalition Meeting-discussion of goals and objectives for 2015 and additions and deletions of items for the Southwest Community Gardening.
- LRSD Annual Stress Reduction Christmas Meeting-Approx. 20 nurses rotating in discussing the January 5, 2015 Staff Development and ways to decrease nurse fatigue and burnout.
- St. James Learning Center-Child Maltreatment Training-Approximately 8 participants. Arkansas Commission on Child Abuse, Rape, and Domestic Violence presentation by Sherry Williamson presented to the preschool teachers for their requirement for Child Maltreatment.
- PCSSD Homeless December 16, 2014 meeting (Assisting People in Transition): Presentation to homeless parents and grandparents on how to manage behavioral challenged kids. Approximately 10 participants.