

Central Region (Pulaski County)
CHNS/CHPS
March 2014 Report

Anna Haver

- Provided BMI training for new school nurse at SIA Tech Charter School; also reviewed Act 1220, Rules & Regs for nutrition and physical activity and wellness toolkit.
- Assisted NLR Community Farm team with locating data for EAST Conference presentation; attended NLR Community Farm presentation at EAST Conference.
- Met with NLRSD staff to plan for August wellness workshop; assessed meeting space available and spoke with EAST students about assisting with putting together conference materials.
- Met with NLRSD CSH coordinator to discuss plans for art and essay contests to be held in April/May; met with Laman Library staff about displaying NLRSD bicycle safety art contest entries in gallery.
- Assisted nurse at JA Fair High School with locating data for grant application.
- Provided new install news inserts to schools for April with distracted driving theme for high school, bicycle safety theme for elementary and middle schools.
- Provided promotional materials to Sylvan Hills High for May 31 Teen Driving course.
- Provided nutrition education materials to PE teacher at Taylor Elementary.
- Attended CHPS meeting in Little Rock and attended NLR Staff meeting.
- Provided information via email to all schools on AR Coach's Clinic hosted by IPC and information on the SPARK training being offered in NW AR in June.

Cynthia Wilborn

- CSH- provided technical assistance and resources to Donna K Miller on Wellness Committees and School Health Index.
- The Annual Pulaski County Homeless Emergency Preparedness Event was held at Pulaski County Special School District Administrative Office. Provided presentation on Emergency Supply Lists. Also, gave handouts on SERVArkansas and MRC and talked about volunteer opportunities. PHP Asst. Coordinator and CDNS handed out hygiene kits and pamphlets on Emergency Supply Lists. Questions were asked and we will follow up with Central Region LHU list of phone numbers and addresses for next meeting (Attendees-10)
- Pulaski County School Nurses Coordinators Meeting: provided suggestions and strategies for the new Immunization Rules and Regulations and reviewed draft policies for the handbook on vision, hearing, and immunization parent letters (5 participants).

- SAFE SCHOOLS HEALTH COALITION-Kathleen Courtney and I met with Jacksonville High School to discuss the HIV/Sexuality/CDC grant and obtain a needs assessment for the Health Teachers and School Wellness Committee (approximately 7 attendees)
- Attended Southwest Coalition and distributed the Expanded Food and Nutrition Education Program (EFNEP) packets to the Southwest schools.
- Attended LRSD Wellness -Kathleen Courtney presented to the LRSD the HIV/Sexuality CDC grant and survey for the Health Teachers (approximately 15 participants).
- Attended NLRSD Wellness- provided resources and strategies for the Annual Obesity Camp