

Central Region (Pulaski County)
CHNS/CHPS
January 2014 Report

Anna Haver

- Attended NLRSD staff wellness workgroup meeting and NLRSD prevention workgroup meeting. Met with NLRSD CSH Coordinator to discuss injury prevention art and essay contests to be held in spring as well as partnership for wellness workshop.
- Attended LRSD wellness committee meeting; discussed SHI compliance by district schools.
- Assisted with Boosterthon Fun Run at Pine Forest Elementary.
- Provided tobacco prevention and Act 811 information at Booker Elementary health and wellness fair (approximately 20 participants).
- Provided SOS art and essay contest information to schools via email.
- Developed and delivered Teen Driving registration and promotional materials for Robinson High class to be held in March.
- Contacted NLRSD and Sylvan Hills High FCS teacher about shaken baby training; Sylvan Hills High teacher will send information to other high schools in district. Spoke with health curriculum coordinator for LRSD about shaken baby curriculum.
- Judged life science entries at Horace Mann Middle School Science fair.
- Updated physical activity section of ARCO Early Childhood and Schools Toolkit to be used at 2014 regional summits.

Cynthia Wilborn

- HIV/STD/tobacco/teenage pregnancy prevention presentation provided to the members of Southwest Coalition. Other associated behaviors were also discussed such as bullying, obesity, LGBTQ population, and suicide. The new YRBS data was also shared (20 participants).
- Provided a Mental Health Presentation on stress reduction, nutrition, physical activity, and tobacco cessation to the Mental Health Program at LRSD.
- Technical assistance and resources provided to the school nurse at Covenant Keepers. General overview of ADH programs and services along with assistance in preparing for health services portion of ADE audit (health room, immunization, Individualized Healthcare Plans, child maltreatment, mandatory screenings).
- HIV/STD/tobacco/teenage pregnancy prevention presentation provided to the members of Midtown Coalition. Other associated behaviors were also discussed such as bullying, obesity, LGBTQ population, and suicide. The new YRBS data was also shared.