

Central Region (Pulaski County)
CHNS/CHPS
April 2014 Report

Anna Haver

- Organized and conducted Pre-School Health and Wellness workshop for public school Pre-K and private daycare programs. Sessions included tobacco prevention/cessation; playground safety, shaken baby prevention; child abuse reporting; physical activity; pre-school nutrition.
- Organized and conducted Medication Administration in Childcare Settings training for private daycare programs.
- Met with staff at Jacksonville High to discuss development of school wellness team. Reviewed wellness toolkit and SHI as well as provided information on summer wellness workshop.
- Presented two sessions on Early Childhood and Schools Nutrition and Physical Activity Toolkit at ARCOP Regional Summit in Bryant.
- Facilitated physical education and schools workgroup for WRI statewide report/recommendations on obesity in Arkansas.
- Met with counselor at NLRHS Freshman Campus to discuss Second Chance program.
- During the month of April worked with NLRSD on promoting bicycle safety art contest for K-2 and bullying prevention essay contest for 6-8 grades.

Cynthia Wilborn

- Facilitated immunization update training for the Tri-District nurses (approximately 21 participants at NLRSD site).
- Conducted two-day Preschool School Wellness Workshop for public pre-school and private daycare staff. Day one sessions included preschool nutrition, WIC information, physical activity, tobacco prevention and cessation, shaken baby prevention, child abuse reporting, and playground safety. Day two sessions included AAP's Medication Administration in Childcare Settings training for daycare providers. Also provided information on Quitline, Act 811 and WIC.
- Assisted school nurses with sports physicals-approximately 1,500 physicals were provided with partnering agencies such as Baptist Health, Pulaski Tech Nursing School, and other volunteers.
- Johnson & Johnson School Nurse Leadership Grant-provided technical assistance and resources to Lisa Still at ACH on the Diabetes Curriculum for the school nurses;

addressed the issue of every school nurse having the curriculum along with the Helping Diabetes Succeed in Schools booklet from ADH Chronic disease section; Arkansas School Nurses Association staff present (six participants).

- Pulaski County Nursing Coordinator's Meeting-provided technical assistance and resources on immunization rules and regs, performance evaluations for school nurses, and school nurse interview questions (approximately 5 participants).
- Attended Future Builders Tobacco Planning Meeting-provided technical assistance and resources on ways to distribute Tobacco Use Facts of Arkansas and Tobacco Toolkits into the schools and community.
- Provided technical assistance to Vicki Crump on completing the VFC packet so the ASD campus can become a VFC provider to provide offsite immunizations to the residential students.