

**Central Region
CHNS/CHPS
August 2014 Report**

Anna Haver

- Provided school wellness workshop for schools in Central Region. Included sessions on wellness committees, SHI, alternative breakfast, physical activity in the classroom, Second Chance program, school gardens, and injury prevention programs for schools (36 participants).
- Provided presentation at CSH meeting on duties of wellness committees and requirements for annual completion of SHI (22 participants).
- Attended Shaping Policy for Health course 3.
- Met with AR School for the Deaf representatives to assist with online SHI access. Helped them to establish appropriate accounts for the campus to complete the annual assessment online.
- Visited with PCSSD nursing coordinator to discuss district wellness committee, provided nutrition promotion posters, and discussed expansion of duties for CHPS.
- Visited with Jacksonville High nurse to provide nutrition promotion posters and discuss expansion of duties for CHPS. Discussed next steps in development of school wellness team that began last year.
- Provided nutrition promotion inserts for install news at Robinson High, Central High, Mills High, Sherwood Elementary, Sylvan Hills High, Metropolitan High, Forest Heights Middle, Cloverdale Middle, and LRSD office.
- Visited with nurse at JA Fair High School. Provided nutrition promotion posters for install news, discussed ways to increase participation in school flu clinic and online access of SHI.

Cynthia Wilborn

- Met with Katrina Wilborn at TPCP on Markham to obtain tobacco promotional items for my preschool workshop that will be held in the Spring of 2015.
- Attended Wellness Workshop for the Pulaski County Districts.
- Provided school health updates, new immunization guidelines, upcoming trainings, and school flu plans to the school nurses in LRSD.
- Provided school health updates, new immunization guidelines, upcoming trainings, and school flu plans to the school nurse at Academics Plus Charter School
- Jacksonville Health Unit-Met with administrator to discuss flu schedule for the month of October.
- Provided technical assistance to the school nurses on immunization guidelines and shared appropriate emails that Paula Smith has requested.
- Partnered with Covenant Keepers Charter School to arrange a special training/meeting for all the charter schools in the Pulaski County Region.
- Provided school health updates, new immunization guidelines, upcoming trainings, and school flu plans to the school nurse at Siatech Charter School.