

Central Region

CHNS/CHPS

September 2012 Report

Anna Haver

- Provided nutrition workshop for 90 students at Youth Challenge
- Attended Jacksonville Health Unit staff meeting to discuss agency AHELP program and tobacco cessation resources
- Participated in Eat Healthy Be Active Webinar
- Attended CHAC meeting
- Attended LRSD Wellness Committee meeting
- Participated in ARCOP Early Childhood and Schools planning retreat
- Delivered flu forms to schools in PCSSD and charter schools participating in school based flu clinics
- Facilitated round table discussions for school based health center meeting
- Made three school visits to school nurses and provided new inserts to promote fruit and vegetable consumption for potty talk holders

Cynthia Wilborn

- Provided mandated school nurse trainings
- Distributed More Than Sad DVDs to schools (30)
- Assisting one school on Obesity and Weight Loss Resources for students
- Made visit to school along with Paula Smith to address school nursing issue
- Obesity Camp (continuation): last Spring started working with NLRSD School District Wellness Coordinator on Obesity Camp for the 5th-7th grade students; UAMS physicians and other providers agreed to help with Obesity Camp and will start back meeting on October 24, 2012
- Attended Pulaski County Nursing Coordinator's Monthly Meeting
- Attended A-train ARNA Packet training
- Participated in Southwest Coalition Annual Celebration Day