

## Central Region HHI May 2011

### **Faulkner County**

**No report available**

### **Garland County**

Project HOPE hosted a Senior Play Day at Lake Hamilton High School. The activity was focused on alcohol and drug prevention. They used a golf cart and the impaired vision goggles for students to experience impaired driving.

Nutrition presentations were conducted in May. One, was "Fats and Demo and the other was "Breakfast and Weightloss."

The coalition focused on identifying their "Burning Issues" at their May meeting as well as discussed becoming a 501c3. They were presented information on County Health Rankings and discussed some of their future activities in regards to these results. The coalitions annual Play Day in April was discussed and was a success once again this year and they will begin planning for next years event.

### **Grant County**

Grant County participated in the Drug Take Back Day on April 30 and 60 lbs. of prescription drugs were dropped off. Worksite Wellness presentations were conducted at Shippers during their employee health fair. High blood pressure information was provided along with the Tobacco Trends information. Blood sugar checks were conducted and Nutrition/WIC information was provided.

The coalition is very involved with the Birthing Project and they trained six new women in May to become Big Sisters.

### **Lonoke County**

Health Fair was hosted in Ward. They provided numerous screenings for the community as well as educational information on tobacco, nutrition and oral health. The coalition is working toward next year's fitness challenge. They are also getting things ready for the annual poster contest when school starts back as well as their annual calendar.

### **Perry County**

They continue to promote underage drinking throughout the county and focus on tobacco prevention.

### **Pulaski County**

#### **North Little Rock**

NLR continues to work with the mayor's staff and the CPPW Fit 2 Live. The kickoff was held on May 27

## **Jacksonville**

**No report available**

### **Southwest Little Rock & Midtown**

Collaborated to provide education at various events in SWLR and Midtown during the month of May

- Cinco de Mayo
- Alcohol and Drug Prevention to Greater 2<sup>nd</sup> Baptist Church
- Western Hills Health Fair – provided various activities and information around physical activity
- Pampered Ladies Wellness Exp provided educational information on a variety of topics including cancer, heart disease, nutrition, and diabetes.

SWLR continues to collaborate with the local schools within the community.

- Currently they are trying to develop some activities at McClellan focused around tobacco education. They are also working with the school on the 21<sup>st</sup> Century After School Program.
- They are working with the Little Rock School District Board to finalize recommendations on nutrition and physical activity.
- Cyber Safety information at the School for the Deaf.
- Tobacco Trends presentation was held for the Western Hills staff
- Provided a presentation on 2010 Youth Risk and Protective Factors to LR School District

SWLR is working with Greater 2<sup>nd</sup> Baptist church to provide information during their summer youth program and they continue to work towards the community gardens in conjunction with McClellan and Longley Baptist Church.

Both coalitions were provided a coalition strengthening training and continue to review data to plan for future activities.

## **Saline County**

The coalition participated in the Take Back Drug Day. They are also working on their Social Host Yard Sign Campaign.

### **Support Staff**

The Central Region HHI Support staff continues to work with the coalitions throughout the region to provide them with the technical assistance and resource information they need in order to assist them with their projects and programs.

We are continuing to work on install news for the remainder of the year. Lake Hamilton High School just requested 100 to be used in their schools as well as the Adult Education program in Grant County.

The support staff continues to provide education through presentations, health fairs and material distribution on tobacco, physical activity and nutrition.

- Provided Tobacco Trends presentation in Grant County and Little Rock schools
- Presentation to Senior Center in Bryant on Nutrition
- TA for Saline counties Social Host Yard Sign Campaign

- Provided a booth with educational information regarding tobacco, nutrition and physical activity at Mayfest in Paron
- Working closely with the Mayor and City of Bryant to assist them in the Growing Healthy Communities application
- Presented information to 8<sup>th</sup> graders on being “substance free”
- Assisted in the County Health Rankings presentation in Garland County
- Presented information to Seniors at the Hayes Sr. Center on the changes to Act 13 as well as information on the Dangers of Secondhand smoke and the Quitline
- Provided tobacco education information at Western Hills health fair
- Provided tobacco education information at NLR First Baptist Church health fair
- Developed display board for the National Neighborhood Workshop sponsored by the Argenta Community Development Corp
- Updated Install news throughout the region
- In-service training to Little Scholars academy on using the Zobey DVD’s