

Central Region

CHNS/CHPS

October Report

Anna Haver

- Provided physical activity booth at NLR Family Fun Fest
- Provided “My Plate”/Physical Activity training for students at Youth Challenge (approximately 85 students participated in the 2 hour training)
- Assisted Pulaski County Extension Service with fresh fruit and vegetable taste tests for students at Belwood Elementary in North Little Rock; discussed the importance of fruits and vegetables in the diet
- Attended Statewide CHNS/CHPS meeting in Little Rock
- Assisted with seven school flu clinics and two Mass Flu Clinics
- Attended the following meetings: PCSSD Wellness Committee; NLRSD Wellness Committee
- Assisted NLRSD with sorting and distribution of personal hygiene and food items for needy students
- Provided new Install News inserts for PCSSD office. Message is about healthy holiday eating

Cynthia Wilborn (report not received as of 11/08/11)

- Attended Statewide CHNS/CHPS meeting in Little Rock
- Assisted with ____ school flu clinics and ____ Mass Flu Clinics