

Arkansas Food Stamp Nutrition Education Plan

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UofA
UNIVERSITY OF ARKANSAS
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ARKANSAS FOOD STAMP NUTRITION EDUCATION PROGRAM

Nutrition Education Plan
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The Arkansas Nutrition Education Plan is a partnership of the
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1890 Research and Extension, University of Arkansas at Pine Bluff,
the Arkansas Department of Health and Human Services,
and state and local collaborating agencies.

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INTRODUCTION

Arkansas, one of the south-central states, is near the geographic and population centers of the United States with land surface of 53,104 square miles. Arkansas ranks 27th among the states in size. Arkansas is a rural state with a population, according to the 2000 census, of 2,673,400.

The 1862 University of Arkansas Cooperative Extension Service headquartered in Little Rock has been providing nutrition education to food stamp participants and other low-income individuals and families via the Food Stamp Nutrition Education program since 1995. The program at the 1890 Extension, University of Arkansas at Pine Bluff began in 1997. In conjunction with state and local partners, these two institutions are proposing to contract with the Arkansas Department of Health and Human Services (DHHS) to continue in FY07 to deliver nutrition education in all of Arkansas' 75 counties: 8 through the Families First-Nutrition Education and Wellness System (FF-NEWS) at the University of Arkansas at Pine Bluff and 67 through the University of Arkansas Cooperative Extension Service Food Stamp Nutrition Education Program (UACES FSNE). In FY07, plans are to include a new project named the Healthy Arkansas Initiative. A Healthy Arkansas Food Stamp Nutrition Education initiative will be an excellent companion to statewide Healthy Arkansas initiative launched in May 2004 by Governor Mike Huckabee. His goal is to change Arkansas from one of the unhealthiest States in the country to one of the healthiest.

According to the Healthy Arkansas website¹:

“Healthy Arkansas is a comprehensive effort to clearly define specific areas where behavioral changes can lead to healthier citizens. The burden of chronic diseases, including diabetes, stroke, lung and heart diseases, and cancer, is higher in Arkansas than in the nation generally.”

“Arkansas is one of the least healthy states in the country. The Centers for Disease Control and Prevention (CDC) has ranked Arkansas:

- 8th among the 50 states in mortality due to heart disease
- 1st in stroke mortality
- 9th in cancer overall, and
- 6th in deaths due to lung cancer.”

“Arkansans don't want to be labeled the least healthy state in the nation, so we must fight back. One way to fight back is to eat healthy.”

The Arkansas Department of Health and Human Services Food Stamp Program is excited about the integration of the Food Stamp Nutrition Education Program with the Healthy Arkansas Campaign. When operated together, the State can more effectively promote the “healthy eating” message to low-income Arkansans. The partnership with Wal-Mart and other EBT retailers will provide us with our first opportunity to measure the impact of nutrition education messages on consumer purchasing behavior.

The State would provide nutrition education (e.g., brochures with recipes) stressing the importance of eating at least five servings of fruits or vegetables each day to all Food Stamp Program applicants and participants. Nutrition education stressing the “5 A Day” approach to nutrition will be provided through a variety of activities and will target different demographic groups including children, parents of young children, and adults over the age of 40.

Section A. Identifying and Understanding the Target Audience

NEEDS ASSESSMENT METHODOLOGY & FINDINGS

Needs Assessment Methodology

Describe and justify your methodology for assessing the needs of Food Stamp Program eligibles in your State.

UACES FSNE

Needs assessment data from existing data (secondary data collection) and results from previous FSNE project evaluation are used. Existing data includes: Census Data, Arkansas Department of Health Center for Health Statistics, Centers for Disease Control and Prevention, National Center for Children in Poverty, and Arkansas Food Stamp Program Data.

The activities that take place in support of the UACES FSNE program are community driven and are generated by each county’s assessed issues and needs as they relate to nutrition education. Individual county agents work with advisory committees/coalitions consisting of representatives of local and state agencies that provide assistance to food stamp recipients, school personnel, and former and current food stamp participants to assess the needs of the target audience in their respective counties. Committee/coalition members provide input on target audience needs, direction and support for program implementation and assist in the evaluation of the program. UA Extension District teams work with county staff to determine feasibility of implementing a program/project in the county taking into consideration community support for program, staff work loads, and how the program/project will enhance or weaken other county programs.

FF-NEWS

Coalitions are formed in all FF-NEWS counties and meet quarterly. Membership includes partner representatives, community stakeholders and food stamp eligible participants. The members guide the program development, implementation and evaluation based on data garnered from focus groups and other limited resource clientele to determine their nutrition issues of greatest concern and interest.

HEALTHY ARKANSAS

In addition to previously mentioned secondary data sources, needs assessment for this project utilizes data from USDA Economic Research Service, Arkansas DHHS County Office Operational Report for various months, and Arkansas Food Stamp Program EBT Funds Data.

Needs Assessment Findings

1. Demographic Characteristics of Food Stamp Program Eligibles in Arkansas.

If information is available, discuss geographic location, race/ethnicity, age, gender, family composition, education, and primary language. Reference the source(s) of any data described.

The Arkansas Department of Health & Human Services (DHHS) Statistical Report for state fiscal year 2005 showed that 542,534 persons are participating in the food stamp program.

Among Arkansans receiving food stamps²:

- 48% were children, age 0 - 18.
- 4% were 65 years of age or older.
- Racial composition of all receiving food stamps was 58% white, 36% black, 4% Spanish American, and 2% Other.

Statewide Statistics

- Arkansas ranks 7th in the nation for the highest percentage (15.8%) of persons living below poverty level.³
- Approximately one in five Arkansas children lives in poverty (21.4%).⁴
- In rural Arkansas the poverty rate is 27% higher than the U.S. average (12.4% vs. 15.8%).⁵
- A single female heads 12 percent of households in Arkansas. Of these households, 71 percent are households with related children under 18 years.⁶
- Fifty-six percent of students (251,000) in public schools were approved for free and reduced-price lunch in Arkansas in 2004.⁷

Healthy Arkansas

Governor Mike Huckabee reported in his radio address of September 18, 2004⁸:

“Here in Arkansas, we saw a 77 percent increase in obesity during the 1990’s. More than 60 percent of Arkansas adults are overweight. I am trying to spread the message that a weight reduction of only 10 percent can reduce lifetime medical risks by thousands of dollars.”

The demographic characteristics provided here pertain to the obesity epidemic in Arkansas:

- ♦ 65% of Arkansas adults are overweight or obese.⁹
- ♦ 26% of non-Hispanic white adults, 42% of non-Hispanic black adults, and 27% Hispanic adults in Arkansas are obese.¹⁰
- ♦ 32% of Arkansas high-school students are overweight or at risk of becoming overweight.¹¹

- ♦ 27% of low-income children between 2 and 5 years of age in Arkansas are overweight or at risk of becoming overweight.¹²

In Arkansas, about 14% of the total population participates in the Food Stamp Program.

Month	Households	Members	Total FS Benefits	Ave. Per Household	Ave. Per Member
Jan. 06	159,719	386,384	\$34,577,739	\$216	\$89
Dec. 05	161,415	391,082	\$35,544,589	\$220	\$91
Nov. 05	161,581	391,358	\$35,842,881	\$222	\$92
Oct. 05*	163,228	395,821	\$36,733,895	\$225	\$93
Sept. 05**	164,767	399,392	\$36,411,816	\$221	\$91
Aug. 05	155,787	380,050	\$34,050,166	\$219	\$89
July 05	154,035	376,308	\$33,523,374	\$218	\$89
June 05	153,323	373,959	\$33,282,163	\$217	\$89
May 05	152,933	372,916	\$33,301,395	\$217	\$89
Apr. 05	151,933	370,749	\$33,007,510	\$217	\$89
Mar. 05	152,493	372,293	\$33,363,791	\$219	\$90
Feb. 05	151,228	370,080	\$33,097,006	\$219	\$90
Jan. 05	152,093	372,049	\$33,229,433	\$218	\$89
Dec. 04	151,201	370,948	\$33,488,033	\$221	\$90
Nov. 04	149,422	366,918	\$33,290,425	\$223	\$91
Oct. 04*	147,943	363,476	\$33,036,621	\$223	\$91
Sept. 04	146,515	360,929	\$30,197,850	\$206	\$84
Aug. 04	146,109	359,870	\$30,235,799	\$207	\$84
July 04	144,885	357,077	\$29,875,254	\$206	\$84
Average	153,716	375,350	\$33,478,407	\$218	\$88

The following chart illustrates the estimated number of overweight and obese Food Stamp Program participants¹³:

Obese/Overweight FSP Participants in Arkansas	
Total FSP Participants Age 18 and Older – July 2005	199,801
% of Overweight Arkansas Adults	37%
Estimated # Overweight Adult Food Stamp Recipients	73,926
% of Overweight Adults Considered to be Obese	28%
Estimated # Obese Adult Food Stamp Recipients	55,944

In 2004, the unduplicated number of participants was 490, 641. If 52% of these participants were adults (age 18 or older) and 65% of the adults were overweight, the State has potential to impact

the behavior of 165,837 overweight adults. This should, in turn, impact the health of the

children who reside with the overweight adults.

2. Nutrition-Related Behavioral And Lifestyle Characteristics Of Food Stamp Program Eligibles In Arkansas

If information is available, discuss implications of dietary and food purchasing habits and where and how food stamp eligibles eat, redeem food stamp benefits, live, learn work and play in your State. Cite sources of information.

- In 2000, ~17% of all deaths were related to poor diet and physical activity.¹⁴
- Of all states, Arkansas had the 8th highest rate of death due to all cancers and the 5th highest due to lung cancer.¹⁵
- Approximately 235,000 Arkansas adults have diabetes. Prevalence rose from 5.8 percent in 1993 to 7.8 percent in 2001.¹⁶
- Arkansas BMI results show that overall 38% of school age children are overweight or at risk of being overweight.¹⁷
- Sixty-eight percent of adults in the Delta are considered overweight or obese.¹⁸
- Thirty-five percent of Arkansas' adults with incomes below \$15,000/year are obese compared to 28 percent overall.¹⁹
- Twenty-five percent of people in households with income under 185 percent of poverty live in food insecure households.²⁰
- Only 22 percent of low-income (<\$15,000/year) adult Arkansans eat the recommended amounts of fruits and vegetables.²¹
- Sixty-two percent of adult Arkansans with incomes below \$15,000/year do not get the recommended amount of physical activity compared to 54 percent of all Arkansas adults.²²
- Seventy-nine percent of Arkansas's adults reported eating less than 5 fruits or vegetables a day.²³

A 1996 study²⁴ of food stamp participants in three (3) Arkansas counties revealed that participants' food choices could be improved. Participants fell short of meeting recommended percentages of food dollar spent on grains, fruits, vegetables and dairy foods and more than the recommended food dollar percentages on meats, fats oils and sweets. Closer examination of expenditures in each food group showed an excess spent on grain mixtures such as convenience foods and packaged mixes. The study population spent half of what was recommended for fruit and vegetables, especially high-nutrient vegetables. Only about one-fifth the recommended amount was spent of fluid milk. In the meat group, less than recommended amounts were spent on nuts, seeds, peanut butter, dry beans and peas, and eggs while a higher than recommended amount was spent on variety and red meats, bacon, sausage and luncheon meats. The study population spent more than twice the amount recommended for fats, oils and sweets primarily due to excessive amounts spent on soft drinks and fruit punches.

Reaching Preschoolers, Children, and Youth

Research has shown the importance of nutrition to the developing brain and learning capability of children. Without adequate and nutritious food, brain development and cognitive functioning are severely impaired, which impact a child's ability to learn. Students who eat a nutritious

breakfast have improved academic achievement, fewer visits to the school nurse, and better behavior in the classroom. When food and nutrients needed to sustain physical and mental well being are chronically inadequate, hunger leads to high medical, educational, psychological, economic, and social costs.²⁵

Arkansas Child Nutrition Program data on the free and reduced-price lunch eligible by schools for the school year 2005-2006 were examined to identify the schools where 50 percent or more of the student enrollment are eligible for free or reduced-price lunches. Approximately sixty-five percent (727) of the 1112 public schools in Arkansas meet the criteria. This knowledge, when coupled with the high level of poverty in many counties, documents the urgency of utilizing intervention strategies that target youth populations and their families. School intervention programs are needed to address the nutrition education and food management practices of these families

3. Other Nutrition-Related Programs Serving Low-Income Persons In Arkansas.

Discuss the availability of other nutrition-related programs, services, and social marketing campaigns (i.e., EFNEP, Child Nutrition services, etc).

The Expanded Food and Nutrition Education Program (EFNEP) is a program sponsored by the Cooperative State Research, Education and Extension Service (CSREES) within the United States Department of Agriculture (USDA) and operates in every state and U.S. Territories. EFNEP was initiated in 1968 by an amendment to the Agricultural Adjustment Act of 1935. The objectives of EFNEP are to assist families with limited resources in acquiring the knowledge, skills, attitudes and changed behaviors necessary for nutritionally sound diets and to contribute to their personal development and the improvement of the total family diet and nutritional well being. Trained paraprofessionals help families meet these objectives through group and individual lessons. The program is conducted in the following thirteen counties: Chicot, Craighead, Crittenden, Desha, Garland, Hempstead, Jefferson, Lee, Ouachita, Phillips, Pulaski, St. Francis, and Union. The 1890 Cooperative Extension, University of Arkansas at Pine Bluff implements EFNEP on a limited basis.

The Arkansas Department of Education, Child Nutrition Unit administers the National School Lunch Program (NSLP), the School Breakfast Program (SBP), the Special Milk Program (SMP) and the Nutrition Education and Training (NET) Program in the public schools in Arkansas. The unit provides technical assistance, training, monitoring, and processes claims for partial reimbursement of funds used in the operation of local programs.

The Emergency Food Assistance Program (TEFAP) in Arkansas makes surplus and purchased agricultural commodities available to low income households. The commodities are intended to supplement other foods and not serve as a household's sole or main food source. UACES FSNE partners with agencies and organizations who distribute commodity foods by providing nutrition information, healthy recipes using commodities, and food preparation and safety information.

Special Supplemental Food Program for Women, Infants and Children, better known as the WIC Program, provides nutrition education and help for women, infants, and children up to age five who are at nutrition risk. The eligibility requirements for WIC are that pregnant and

breastfeeding women, infants and children under age five live in Arkansas, meet income guidelines and have a nutritional need. Children on WIC are more likely to eat foods that meet recommendations for daily vitamins, minerals and protein, to have appropriate iron levels, and are less likely to be anemic. UACEA FSNE partners with WIC to provide supplemental nutrition programs and information.

4. Areas Of Arkansas Where Food Stamp Program Eligibles Are Underserved Or Have Not Had Access To FSNE Previously.

The counties participating in the FSNE are largely (80%) rural. Arkansans living in rural areas are underserved in many respects. Rural Arkansans face greater economic hardships with lower average weekly earnings and higher unemployment. Rural Arkansans are more likely to lack health insurance than urban Arkansans. From 1990 to 2000, 18% of rural Arkansans lacked health insurance compared to 15% of urban residents. Medicaid enrollment in rural counties increased substantially during that period to a high of 27% in 2002. A higher percentage of rural residents participated in the food stamp program than urban residents peaking in 2002 when 22% of rural Arkansans received food stamp assistance.²⁶

Individuals living in rural areas have fewer grocery store choices and travel further to supermarkets than do counterparts in urban areas.²⁷ The small and medium-size grocery stores that serve rural areas are more likely to have higher prices and lower selection and quality of foods than larger supermarkets.²⁸ A survey of food stores in the Arkansas, Mississippi and Louisiana delta revealed that less than half of the foods in USDA's Thrifty Food Plan were available in the small/ medium-size stores in the delta. Lack of availability of food choices in this southern rural region may limit selection of a nutritionally adequate diet.²⁹

In FY07 all 75 Arkansas counties (67 UACES FSNE and 8 FF-NEWS) will conduct food stamp nutrition education programs to reach food stamp eligibles and will deliver programs in areas to assist food stamp eligibles address issues related to healthy eating. In an effort to reach underserved areas, FCS agents have worked to identify and establish new partnerships with organization and agencies serving low-income individuals and families with whom they will work to deliver nutrition education targeted to food stamp eligibles. New sites in which nutrition education programs will be delivered have been identified in eligible census tracts where at least 50% of residences have gross incomes at or below 185% of poverty guidelines/thresholds.

Section B: 2007 State FSNE Goals, Objectives, Projects, Campaigns, Evaluation, and Collaboration

1. GOALS & OBJECTIVES

Based on your needs assessment and the current availability of other nutrition education services, identify your State's goals and objectives for FSNE. Make sure your objectives are specific, measurable, appropriate, realistic, and time specific.

The overall goal of Arkansas FSNE is to improve the likelihood that persons eligible for the Food Stamp Program (FSP) will make healthy food choices within a limited budget and choose active lifestyles consistent with the current Dietary Guidelines for Americans and the USDA Food Guidance System.

Goal 1: Adults will increase knowledge and/or adopt eating and lifestyle behaviors that are consistent with the Dietary Guidelines for Americans and the MyPyramid.

By September 30, 2007, as a result of completing one or more FSNE programs and based on pre-post or post-then-pre (retrospective pre-test) evaluation, ,

- a. 70% of adult participants will report eating nearer to the recommended number of cup equivalents from the Fruits and/or Vegetables Food Groups each day.
- b. 70% of adult participants will report eating nearer to the recommended number of ounce equivalents from the Grains Food Group each day.
- c. 70% of adult participants will report eating nearer to the recommended number of cup equivalents from the Milk Food Group each day.
- d. 70% of adult participants will report using food/nutrition labels to make food choices.
- e. 70% of adult participants will demonstrate increased knowledge/ability to balance calories from food and beverages with calories expended.
- f. 60% of adult participants will report they more often engage in regular physical activity, such as walking, hiking, bicycling, etc.
- g. 70% of adult participants will report adoption of one or more desirable food handling practices (Clean, Separate, Cook, Chill).

Goal 2: Youths will increase knowledge and/or adopt eating and lifestyle behaviors that are consistent with the Dietary Guidelines for Americans and the MyPyramid.

By September 30, 2007, as a result of completing a series of FSNE lessons and based on pre-post or post-then-pre (retrospective pre-test) evaluation,

- a. 80% of youth participants will demonstrate increased knowledge concerning one or more healthy food/nutrition practices.
- b. 75% of youth participants will indicate they intend to adopt one or more healthy food/nutrition practices.
- c. 70% of youth participants will report eating nearer to the recommended number of cup equivalents from the Fruits and/or Vegetables Food Groups each day.
- d. 70% of youth participants will report eating nearer to the recommended number of ounce equivalents from the Grains Food Group each day

- e. 70% of youth participants will report eating nearer to the recommended number of cup equivalents from the Milk Food Group each day.
- f. 70% of youth participants will report they more often engage in regular physical activity, such as walking, hiking, bicycling, etc.
- g. 80% of youth participants will increase knowledge and/or behavior related to practicing personal hygiene such as hand washing.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS

Project Title: UACES FSNE

a. Related Objectives.

Specify the objectives that the project/intervention supports.

See Goals and Objectives in Section B. 1.

b. Audience.

Specify the audience category as explained in Section A: Identifying and Understanding the Target Audience and other relevant characteristics of the proposed audience (e.g., age, gender, etc.).

- Certified Eligibles and Likely Eligibles (Category 1 & 2 of Plan Guidance) – Adults, ages 18 - 59
- Census Tracts (Category 3) – Adults, ages 18 – 59, Older Adults, ages 60+
Census Blocks (Category 3) - Youth, under age 19
- Director’s Documentation Sites (Category 3) – Adults, ages 18 – 59, Older Adults, ages 60+
- Head Start / HIPPIY (Category 3) – Pre-schoolers, ages 3 – 4 and their parents
- Schools (Category 3) – Youth, grades K – 12 and their parents
- WIC (Category 3) – Adult women with children under age 5

c. Focus on FSP Eligibles.

Describe how the project will focus education on FSP eligibles.

Projects will be conducted at locations/sites conducive to food stamp recipients. Programs will be held in familiar surroundings such as housing projects, churches, schools, or community centers. Marketing of programs will be targeted toward food stamp eligibles (i.e. putting flyers in waiting rooms and offices that provide services to limited-resource clients). Partner agencies/organizations will assist with recruitment of food stamp participants. Nutrition messages will be consistent with the Dietary Guidelines for Americans and the goal and focus of FSNE. Materials used will be written at a reading level that is appropriate to the

learners' literacy skills. Teaching will be conducted in such a way as to meet learner needs. Teaching styles will be participatory and informal, incorporating the learners' experiences

and insights into the program and using familiar examples will help make learning relevant and increase active participation. Developmentally appropriate messages (simple, positive, and behavior-based) will be delivered to eligible youth through active learning where possible. Youth will be given opportunities to practice making healthy choices and to apply the information taught. Parents of youth served will be reached via take home materials and at parent meetings.

d. Project Description.

Note how you will implement the project, giving particular attention to: how and where it will be delivered, its duration, the projected number of participants, the frequency of contacts (number of classes, mailings, billboards, etc.), and key educational messages.

The UACES FSNE is delivered through county-based projects. Information in this section is summarized in Tables 1 & 2.

1. Certified Eligibles and Likely Eligibles By Income or Location (Category 1 & 2 of Guidance)

All sixty-seven (67) FSNE counties will target adult food stamp certified eligibles and likely eligibles through projects at local DHHS offices. All counties have written letters of support from local DHHS offices to assist in reaching the target audience. Likely eligibles will be served in some counties via FSP/TANF offices, public housing, commodity distribution sites, and food pantries.

- Twenty-three (23) counties (Arkansas, Bradley, Cleburne, Cleveland, Columbia, Faulkner, Howard, Jackson, Johnson, Little River, Lonoke, Marion, Montgomery, Nevada, Pike, Pope, Scott, Searcy, Sharp, Stone, Washington, White, Yell) have thirty-two (32) planned projects with direct contact with projected 1726 certified eligibles or likely eligibles by conducting lessons and/or food demonstrations in the DHHS offices, food pantries, commodity distribution sites, or public housing sites. Direct contact methods will include four (4) projects with five or more lessons, twenty (20) projects with two to four lessons, and eight (8) projects with single sessions. Key messages will focus on eating fruits and vegetables, whole grains, and nonfat or low-fat milk or milk products every day; being physically active every day as part of a healthy lifestyle; and balancing calorie intake from foods and beverages with calories expended.
- All FSNE counties (67) will provide monthly educational displays with accompanying newsletter to be available in the DHHS lobby/waiting room targeting a projected 12,405 certified eligibles or likely eligibles. Displays will address dietary quality, food safety, and food resource management.

2. Census Tracts and Eligible Census Blocks

Twelve (12) counties (Chicot, Columbia, Crittenden, Lee, Miller, Mississippi, Ouachita, Poinsett, Polk, Union, Washington, and Yell) will conduct nutrition education projects in census tracts where at least 50% of residences have gross incomes at or below 185% of poverty guidelines/thresholds. Two (2) counties (Baxter and Ouachita) will conduct nutrition education projects for youth in census blocks where at least 50% of youth under age 19 are from households with incomes at or below 185% of poverty guidelines/thresholds.

- Projects will be conducted in eleven (11) elderly service sites; one (1) adult education and training site; four (4) community sites; four (4) emergency food assistance sites; two (2) health care sites; two (2) Boys and Girls Clubs and one (1) pre-school.
- Twenty (20) projects are planned in eligible census tracts targeting a projected 710 adult food stamp eligibles with nutrition lessons on dietary quality, food safety, and food resource management/shopping behavior. Four (4) projects will target forty-five (45) youth with nutrition education lessons. Eleven (11) projects will consist of five or more lessons, eleven (11) projects will consist of 2 to 4 lessons, and two (2) projects will be a single session.
- Two (2) projects will target a projected 250 food stamp eligibles indirectly with educational displays and/or newsletters, fact sheets, and pamphlets.
- Projects will address dietary quality and/or physical activity, food safety, and food resource management/shopping behavior.

3. Director's Documentation Sites

Twenty-five (25) counties (Baxter, Calhoun, Carroll, Clark, Clay, Columbia, Crawford, Garland, Grant, Greene, Hempstead, Hot Spring, Lafayette, Lawrence, Miller, Mississippi, Phillips, Pike, Pulaski, Randolph, Scott, Sevier, Union, Van Buren, White) will be reaching food stamp eligibles at various sites where agencies verify that at least 50% of participants have gross incomes at or below 185% of poverty guidelines/thresholds. These sites include five (5) adult education and training sites, four (4) community sites, twenty-six (26) elderly service sites, one (1) emergency food assistance site, two (2) health care sites and two (2) youth education sites.

- Thirty-six (36) projects will include direct contact methods to reach a projected 1,077 food stamp eligibles. Direct contact methods will include twenty (20) projects with five or more lessons, twelve (12) projects with two to four lessons, and four (4) projects will be single sessions.
- Seven (7) projects will target a projected 1,500 food stamp eligibles through educational displays and/or newsletters, fact sheets, and pamphlets.
- Projects will address dietary quality and/or physical activity, food safety, and food resource management/shopping behavior.

4. Head Start / HIPPY (See definitions)

Twenty-seven (27) counties (Baxter, Benton, Boone, Bradley, Carroll, Cleburne, Cleveland, Columbia, Conway, Fulton, Howard, Independence, IZard, Johnson, Lafayette, Little River, Logan, Madison, Marion, Monroe, Perry, Pike, Pope, Saline,

Sevier, Van Buren, White) will be reaching food stamp eligibles (youth and adults) at Head Start centers.

- Sixty-two (62) projects will be implemented at forty-one (41) sites.
- Twenty-nine (29) projects will target parents of pre-schoolers (764 projected direct contacts). Nineteen (19) projects will directly target pre-schoolers (428 projected direct contacts). Direct contact methods will include thirteen (13) projects with five or more lessons, twenty-five (25) projects with two to four lessons, and ten (10) projects with single sessions.
- Seven (7) projects will target parents (424 projected indirect contacts) through educational displays and/or newsletters, fact sheets and pamphlets;
- Projects will address dietary quality and/or physical activity and food safety. Projects for adult audiences will also focus on food resource management/shopping behavior.

5. Schools

Fifty-four(54) counties (Arkansas, Baxter, Benton, Boone, Bradley, Calhoun, Carroll, Chicot, Clay, Cleburne, Cleveland, Conway, Craighead, Crittenden, Faulkner, Fulton, Garland, Grant, Greene, Hempstead, Howard, Izard, Jackson, Johnson, Lafayette, Lawrence, Lee, Little River, Marion, Miller, Mississippi, Monroe, Montgomery, Nevada, Newton, Phillips, Pike, Poinsett, Polk, Pope, Pulaski, Randolph, Saline, Scott, Searcy, Sebastian, Sevier, Sharp, Union, Van Buren, Washington, White, Yell) have written agreements to conduct 267 projects in 146 schools in which 50% or more of the total school enrollment is eligible for the free or reduced-price lunch program.

- Direct contact methods will be used in 177 projects to target a projected 27,031 youth and 434 adults. One hundred thirty-three (133) projects will target a projected 24,361 youth in grades K-6th. Nine (9) projects will target a projected 1,795 youth in grades 7-9th. Six (6) projects will target a projected 275 youth in grades K-12th. Eight (8) projects will target a projected 580 pre-schoolers. One (1) project will target a projected 20 high school students to assist with teaching younger students. Twenty (20) projects will target a projected 434 parents directly. Direct contact methods will include 95 projects with five or more lessons, 44 projects with two to four lessons, 18 projects with single sessions, and 20 projects that will train teachers or volunteers to present nutrition lessons to elementary students.
- Indirect contact methods including educational displays, newsletters, fact sheets and pamphlets will be used in ninety (90) projects to target a projected 16,436 parents of students and 1,875 students. Eighty-two (82) projects will target parents with nutrition education sent home with students. Eight (8) projects will target students via educational displays and/or bulletins boards.
- Projects will address dietary quality and/or physical activity and on food safety with proper hand washing as the key message.

6. WIC

Twenty-nine (29) counties (Baxter, Benton, Calhoun, Carroll, Cleburne, Cleveland, Conway, Crittenden, Dallas, Fulton, Grant, Jackson, Johnson, Lee, Little River, Logan, Lonoke, Marion, Monroe, Newton, Ouachita, Perry, Phillips, Saline, Scott, Sebastian,

Sharp, Van Buren, White) will be reaching women with children up to age 5 who participate in the WIC program.

- Direct contact methods will be used in eight (8) projects to target a projected 240 women. Of these, seven (7) projects will target a projected 230 women at WIC program sites. One (1) project will target a projected 10 women via home visits. Direct contact methods will include one (1) project with five or more lessons, three (3) projects with two to four lessons, and four (4) projects with single sessions.
- Twenty-six (26) projects will target a projected 2,875 participants with nutrition education indirectly through educational displays, newsletters, fact sheets and/or pamphlets.
- Projects will address dietary quality and/or physical activity, food safety, and food resource management/shopping behavior.

Table 1: Summary of Nutrition Education Methods and Strategies

Location			Educational Method		Frequency				
Eligibility Status	# Counties	# Sites	# Projects	# Projects Direct Contact	# Projects Indirect Contact	# Projects 5 or more lessons	# Projects 2 - 4 lessons	# Projects Single Session	# Projects Train-the-Trainer
Certified Eligibles and Likely Eligibles by Income and Location	23	37	114	32	82	4	20	8	0
Census Tract / Census Block	14	25	25	24	1	11	11	2	0
Director's Documentation	25	40	43	36	7	20	12	4	0
Head Start/HIPPY	27	41	62	48	14	13	25	10	0
School	54	146	267	177	90	95	44	18	20
WIC	29	31	34	8	26	1	3	4	0
TOTALS		320	545	325	220	144	115	46	20

Table 2: Summary of Nutrition Education Methods and Strategies: Projected Contacts

Eligibility Status	# Projects	# Projected Direct Contacts	# Projected Indirect Contacts	Total Projected Unduplicated Contacts
Certified Eligibles and Likely Eligibles by Income and Location	114	1,726	12,405	14,131
Census Tract / Census Block	25	755	250	1,005
Director's Documentation	43	1,077	1,500	2,577
Head Start/HIPPY	62	1,192	424	1,616
School	267	27,465	18,311	45,776
WIC	34	240	2,875	3,115
TOTALS	545	32,455	35,765	68,220

e. Summary of Research.

Provide a brief summary of existing research supporting the effectiveness and feasibility of your nutrition education methods.

Youth

A focus of the FSNE program in Arkansas is to reach children in their early years, beginning with pre-school aged children. This is a time period that is critical for proper growth and development as well as formative habits that are likely to develop. Dietary habits that are learned during early childhood are maintained as children enter school and continue into adolescence.³⁰ There is evidence that healthful eating patterns developed early in life have the potential to persist into adulthood.³¹

Children participating in nutrition education programs have exhibited a significant improvement in dietary behaviors such as consumption of dairy products, fruits and vegetables. This suggests that nutrition education programs that teach positive dietary messages can potentially improve dietary behavior and increase nutrition knowledge in children.³² Furthermore, integrating nutrition and physical activity education and activities into math, language arts, science and social studies has been shown to be effective in improving dietary intake and physical activity among children in grades four and five.³³

Adults

Reaching adults, especially lower income populations, has proven to be challenging. Group nutrition education classes can be an effective means of implementing behavior change; however, attending classes is difficult for many people due to barriers of time and transportation. The FSNE program, delivered through the school level may be an effective way of initiating healthy behavior changes in children as well as their adult parents. Evaluation of intensive nutrition education in fourteen Arkansas elementary schools during

2006 indicated that 60 percent of parents reported that their child had spoken to them about nutrition. In addition, almost 50 percent of parents reported making one or more healthy lifestyle changes as a result of what their child had learned (unpublished data).

Nutrition education is needed to assist older adults in understanding the latest nutrition information and applying it to their individual lifestyles.³⁴ Nutrition education classes have been shown to be effective in increasing knowledge, confidence in cooking, and motivation to make changes among participating older adults. Important aspects to behavior change were identified as an interactive format, small group meetings, consistent high quality education, and relevant information, specifically in the form of recipes.³⁵

Research shows that participants can benefit from hearing nutrition messages from several sources. FNS promotes the fostering of collaboration among state agencies, and the USDA's State Nutrition Action Plans initiative encourages state agencies to work together toward a more integrated approach in delivering nutrition education.³⁶ The FSNE program in Arkansas partners with local DHHS offices and WIC clinics in providing nutrition education to participants. In addition to small group lessons, displays and accompanying handouts are placed in the offices as an indirect delivery method to reach participants. The materials provide a "learn -while-you-wait" opportunity; a method chosen based on the Consumer Information Processing (CIP) Model.³⁷ The underlying idea behind the model is that individuals are limited in how much information they can process at one time and information should be clear, concise, easy to obtain, and tailored to the target audience.

f. Modification of Project Methods/Strategies.

Provide justification for adapting or changing an identified intervention/project method or strategy.

Not applicable.

g. Use of Existing Educational Materials.

Give the title, author and description of existing educational materials that will be used in the delivery of the project/intervention. Specify if materials are in languages other than English. Provide justification for the cost of the materials.

Nutrition educators will use a range of educational materials for nutrition education activities, depending on the needs and characteristics of program participants and individual activities. All curricula and materials are behaviorally focused, science-based nutrition education or contain related activities as a way of promoting health and preventing diet-related diseases. The materials fall within the focus of FSNE and are consistent with the Dietary Guidelines for Americans and the associated Food Guidance System. Materials marked with a single asterisk (*) are listed in the Food Stamp Nutrition Connection Resource Library and materials marked with a double asterisk (**) are listed on the WIC Works Resource System. Other materials that UACES and other agencies/programs/companies have developed and that have been shown to be effective will also be utilized.

Adult audiences:

- Cen\$ible Nutrition – University of Wyoming Extension

Lessons (16) targeted to limited-resource individuals and families that concentrate on General Knowledge of Nutrition, Food and Meal Planning, Food Purchasing, Food Storage and Sanitation, and Food Preparation. Cent\$ible Nutrition Cookbook (English and Spanish) - Contains quick, low-cost recipes and menus and also has valuable information about nutrition and cooking.

Justification: Additional materials are needed for adult audiences that include information on food resource management. This curriculum is available in English and Spanish and topics covered adequately address and meet the program needs. Twenty-two (22) counties plan to use this curriculum and will need to purchase.

- Eat Well for Less – Colorado State University Extension *

Raises participant awareness about the importance of eating well on a limited income and provides tools for positive change in eating, shopping and food preparation behaviors. The lessons teach nutrition through self-assessment and also cover shopping, food safety, food budgeting and menu planning.

Justification: This curriculum is in most county offices. Curriculum is no longer available for purchase. MyPyramid updates are being made by UACES faculty and costs associated will be printing and distribution to county FCS agents. Thirty-five (35) counties plan to use this curriculum.

- Eating Right is Basic – Michigan State University Extension *

Lesson plans and visual aides with basic focus on choosing healthful meals within a limited budget. Examples of lessons include: Making the Most of Your Food Dollars; Quick and Easy Meals; Keeping Food Safe; Healthy Choices Away From Home; Live It, Don't Diet; Eating Right For Two; Feeding Your New Baby; Feeding Infants; Feeding Children; and Food, Nutrition and Adolescents.

Justification: Update 3 expected completion date is fall 2006. Counties will need to purchase updated curriculum which includes updates to the 2005 Dietary Guidelines for Americans and MyPyramid. Twenty (20) counties plan to use this curriculum.

- Making the Most of Your Food Dollar – University of Arkansas Extension

Seven parent newsletters discuss how to manage the food dollar. Topics include planning meals and snacks (1), breads, cereals, rice, pasta (2), fruits and vegetables (3), milk, yogurt, and cheese (4), meat, poultry, fish, dry beans, eggs, and nuts (5), fats, oils, and sweets (6), feeding children on a budget (7).

Justification: The cost associated with this material is the cost of printing the newsletters for distribution. Fourteen (14) counties plan to use these materials.

- MyPyramid.gov – Food and Nutrition Service, USDA*

MyPyramid food guidance system helps Americans make healthy food choices and to be active every day. The web site provides tools to help guide individuals through the new MyPyramid system. Materials available in English and Spanish.

Justification: Free materials. Printing costs are associated with these materials. Fifteen (15) counties plan to use these materials.
- Nibbles for Health – Food and Nutrition Service, USDA *

Includes (41) newsletters and (3) sharing sessions to help parents and other caregivers promote healthful eating and active living to young children.

Justification: All county offices have a copy of the curriculum. The curriculum is free of charge. Updates are due in 2006. Cost associated with the curriculum is the cost of printing the newsletters. Twenty-eight (28) counties plan to use these materials.
- Nutrition \$en\$e – Mississippi State University Extension

Includes four lessons: 1) Planning \$ense, 2) Money \$ense, 3) Safe Food \$ense, and 4) Smart Shopping \$ense.

Justification: Additional materials are needed for adult audiences that include information on food resource management. The curriculum is free of charge. Cost associated with the curriculum will be the cost of printing the handouts. Fifteen (15) counties plan to use this curriculum.
- Reshape Yourself – University of Arkansas Extension

Nutrition education program and group support for individuals wanting to work toward a healthier lifestyle, which may include losing weight. The program focuses on choosing a sensible, balanced diet that fits the individual's lifestyle, walking regularly for exercise, and making lifelong behavioral changes.

Justification: Updates are being field tested. Expected completion date is fall 2006. Cost associated printing updated curriculum. Thirteen (13) counties plan to use this curriculum.
- Right Bite Cooking School – University of Arkansas Extension

Participants learn to reduce fat and sodium, increase fruits, vegetables and fiber, and use alternative sweeteners in food preparation. Includes teaching guide, overheads and handouts.

Justification: Curriculum is in all county offices. Updates are in progress. Expected completion date fall 2006. Costs associated with printing updates. Nineteen (19) counties plan to use this curriculum.
- Right Bite! Exhibit/Newsletters Series – University of Arkansas Extension

Table top educational displays and accompanying newsletter (13) with topics related to dietary quality, physical activity, and food safety.

Justification: All sixty-seven (67) FSNE counties have the displays and plan to use them. Costs associated will include cost of printing newsletters and cost of replacing damaged or missing displays.

- Take Charge of Your Health for Busy Families – Wellness, Inc. **
Entertaining, informative program designed to help families Take Down Fat, Take 5 a Day and Take Action and brings the messages to life by emphasizing the importance of incorporating healthy habits into daily life.

Justification: Materials are suitable for families with children and focus on the behavioral outcomes identified in this plan. Thirteen (13) counties plan to use this curriculum.

- Take Charge of Your Health for Older Adults – Wellness, Inc. *

This curriculum includes twelve lessons on the following topics: heart disease and high blood pressure, Take 5 A Day, Staying Physically Active, Budget Fat and Finances, Fresh Water and Good Health, Calcium and Osteoporosis, Nutrition and cancer prevention, Diabetes, Managing Arthritis, Food Safety, and Dental Health. Uses the Take Charge of Your Health campaign messages of Take Down Fat, Take 5 A Day and take Action. Only lessons which focus on improving dietary quality and/or contain related activities as a way of promoting health and preventing diet-related diseases are used in the FSNE program

Justification: Lessons are suitable for older adults and focus on the behavior outcomes identified in this plan. Twenty-one (21) counties plan to use this curriculum.

Pre-School – K Youth audiences:

- Color Me Healthy (English & Spanish) – North Carolina Extension **

Program developed to reach limited-resource children ages four and five with fun, interactive learning opportunities on physical activity and healthy eating.

Justification: Curriculum will be used with pre-school children in community settings and at Head Start. Twenty-one (21) counties plan to use this curriculum.

- Food Groupies – Food Groupie, Inc

Encourages children to eat a variety of foods from the five USDA approved food groups in an entertaining way. Children learn about good nutrition through a series of visual and hands-on activities featuring the five friendly Food Groupie characters.

Justification: These materials provide added visuals and support for nutrition education when working with pre-school children. Fifteen (15) counties plan to use these materials.

- Food, Fun and Reading – University of Vermont Extension

Children learn about food and nutrition by reading children's storybooks with food-related themes and then participate in hands-on nutrition activities.

Justification: Popular curriculum with elementary schools and Head Start since it uses storybooks to teach nutrition concepts to young children. Curriculum is inexpensive (\$20). However the major costs involved are associated with the storybooks. Thirty (30) counties plan to use this curriculum.

Elementary Youth audiences:

- Body Walk – University of Arkansas Extension

A walk-through exhibit that represents the human body and helps students learn the importance of making healthy food choices and being physically active. The program includes a manual with classroom activities for use prior to and following the students' walk through the exhibit, a take-home activity book for students to read with their families, and a list of additional nutrition education resources. NOTE: Only the portion/lessons that relate to FSNE guidelines will be taught with FSNE funds.

Justification: Costs associated with this program including printing of the take-home activity book for students and some costs associated with the Body Walk technician who manages and coordinates the exhibit. Eighteen (18) counties plan to use this program.

- Exploring the Food Guide Pyramid with Professor Popcorn – Purdue University *

Curriculum helps children develop into healthy adults by gaining an interest in eating healthy foods and adopting fitness as part of their lifestyles. The curriculum focuses on MyPyramid, the Dietary Guidelines for Americans, the four Fight BAC! Rules, and being physically active. It provides five lessons for each grade from 1 to 6. Each of the 30 lessons includes a lesson plan, visuals, handouts, recipes, and evaluation forms.

Justification: MyPyramid updates expected completion date: Summer 2006. Cost associated with providing counties these updates. Twenty-three (23) counties plan to use this curriculum.

- Fueled for Flight – National Cattleman's Beef Association

Five lessons designed for 5th and 6th grade students, nutrition and exercise are used to make analogies between key math and science concepts about fuel and energy.

Justification: Additional materials are needed for students in this age range. Materials have recently been updated to the new MyPyramid and are free of charge. One (1) county is pilot testing this material.

- Grazin' the Food Guide Pyramid With Marty Moose – University of Wyoming Extension

In this curriculum, a mangy moose, leads second or third grade students through the food guide pyramid. The overall goal of this curriculum is students will be healthier as a result of making better food choices, drinking the recommended amount of water each day, being more physically active, improving practices in food preparation and food safety, and being accepting of self and others.

Justification: Materials are being updated to MyPyramid. One (1) county will pilot this program in the state for use with lower elementary students.

- MyPyramid For Kids – Foods and Nutrition Service, USDA *

MyPyramid for Kids is designed to help combat obesity by encouraging children to make healthy eating and physical activity choices. Lesson plans communicating nutrition concepts through age-appropriate activities are in three grade levels. Level 1 is for children in grades 1 and 2, Level 2 is for children in grades 3 and 4, and Level 3 is for children in grades 5 and 6. The lessons include a MyPyramid for Kids poster, activity sheets, a CD of MyPyramid Blast

Off (an interactive computer game), Tips for Families (a parent handout), and a CD of supplemental materials for educators. The lesson plans contain handouts to be duplicated; are linked with the National School Lunch Program; and provide material to send home to parents. Materials available in English and Spanish.

Justification: Materials are available free of charge. Twenty-three (23) counties plan to use these materials.

- National Dairy Council Programs including Arianna’s Nutrition Expedition™, Little D’s Nutrition Expedition™, Pyramid Café®, and Pyramid Explorations™ – National Dairy Council

Fun, hands-on, and interactive lessons and activities that help second-graders and fourth-graders learn the importance of good nutrition and physical activity.

Justification: Free materials developed by National Dairy Council and tested by teachers. One (1) county plans to use these materials.

- Operation Food Safety – University of Arkansas

This food safety curriculum teaches age youth the importance of handwashing, cleanliness and keeping food hot or cold. Each lesson contains lesson goals, objectives, activities, materials needed and procedures for teaching the unit.

Justification: Curriculum is currently available in all county Extension offices. Fourteen (14) counties plan to use this curriculum.

- OrganWise Guys – Wellness, Inc. **

Multiple tools to teach healthy eating and physical activity practices using the OrganWise Guys characters. The topics addressed are low-fat, high-fiber eating, drinking plenty of water, and the importance of exercising. Only lessons/materials which focus on improving dietary quality and/or contain related activities as a way of promoting health and preventing diet-related diseases are used in the FSNE program. Some materials will be available in Spanish.

Justification: Popular curriculum and materials with elementary schools that fall within the focus of FSNE and are consistent with FNS priorities. Materials provide sound nutrition information to elementary age youth in a fun way that will help them remember and practice what they learn. Thirty-six counties plan to use this curriculum.

- Pyramid Between the Pages – Michigan State University Extension

For children in grades Pre-K to 3, materials links nutrition and physical activity education with literacy and reinforces positive reading, eating and health habits that can potentially last a lifetime. Materials include six books with positive food and physical activity messages, a leaders’ guide with lesson plans including hands-on activities for children, parent handouts, recipes, suggestions for nutrition education reinforcement items and an apron for the educator to wear while conducting the lessons and classroom cooking activities.

Justification: Curriculum provides age appropriate materials to teach nutrition and physical activity to pre-K to 3rd graders. Eighteen (18) counties plan to use this curriculum.

- Team Nutrition materials (<http://teamnnutrition.usda.gov/>) – Food and Nutrition Service, USDA *

Resources for K-12 grades that promote peak performance by teaching students to eat well.

Justification: Classroom curriculum and activities available on-line free of charge. One (1) county plans to use Food Time (Grades 1-2) and Food Works (Grades 3-5).

Middle School – High School Youth audiences:

- EatFit – University of California Extension, Davis

This curriculum is designed to improve the eating and fitness choices of middle school adolescents. Includes nine lesson plans, lesson enhancements, recipes, educational standards, references, and answer sheets for the student workbook.

Justification: Additional resources needed to address nutrition and physical activity for middle school to high school youth. One (1) county plans to use this curriculum.

- Power of Choice – Health and Human Services' Food and Drug Administration and USDA's Food and Nutrition Service *

Interactive learning program for young adolescents (ages 11 to 13) with messages and activities to help guide preteens toward healthier lifestyles. The Leader's Guide is designed to build skills, motivate, and empower preteens to make smarter food and activity choices for a healthier future.

Justification: Eighteen (18) counties plan to use this curriculum when updates to MyPyramid become available.

- Sybershop – North Carolina Cooperative Extension

An interactive CD for youth ages 13 – 19 focusing on physical activity and healthy eating. The CD is composed of five sections that allow students to learn about nutritional content of food, making healthy food choices, how to read nutrition labels, how to manage body weight, and components of physical activity.

Justification: One (1) county plans to pilot test this curriculum.

- Take Charge of Your Health for Adolescents – Wellness, Inc. **

This curriculum includes six lessons on the following topics: Take Down the Fat, Take 5 a Day, Take Action, Fiber & Water for Better Health, Dental Health, and Bone Health. Only lessons which focus on improving dietary quality and/or contain related activities as a way of promoting health and preventing diet-related diseases are used in the FSNE program.

Justification: Seven (7) counties plan to use this curriculum to focus on increasing consumption of fruits and vegetables.

Adult and Youth audiences:

- Nutrition Basics for Elementary School – University of Arkansas Extension

A PowerPoint presentation and activities designed to train teachers who will be conducting FSNE in their classrooms. Topics include the importance of proper nutrition; the structure and function of the gastrointestinal tract; the nutrients (carbohydrate, protein, fat, vitamins, minerals, and water); and how to share basics of nutrition with students via hands-on activities and worksheets.

Justification: Only costs involved are for printed materials for activities. Twenty (20) counties plan to use this material.

- Eat Smart/Play Hard – Food and Nutrition Service, USDA *

Messages and materials that encourage children and their families to adopt nutrition behaviors that are consistent with the Dietary Guidelines for Americans. The focus is on four basic themes—the importance of breakfast, healthy snacks, physical activity, and balancing what you eat with what you do. Materials are available in English and Spanish.

Justification: Free materials. Twelve (12) counties plan to use these materials.

- Fight Bac – Partnership for Food Safety Education **

Materials (activities, fact sheets, brochures, presentations) teach that cook, clean, chill and separate are the first line of defense in fighting foodborne illness. Materials are available in English and Spanish.

Justification: Free materials. Twenty-one (21) counties plan to use these materials.

h. Development of New Educational Materials.

Identify any new materials that you plan to produce and justify the need and cost.

UACES FSNE

Updates and reprints of University of Arkansas Extension materials will be made to ensure that they are consistent with the current Dietary Guidelines for Americans, MyPyramid and the associated Food Guidance System. As materials are reviewed and updated, they will also be reviewed to ensure that FSNE messages are consistent with those of other FNS programs and promote behavior change in the food stamp eligible audience.

Four educational displays and accompanying handouts will be developed. Topics will address the three key behavioral outcomes set forth in the 2007 FSNE plan guidance. The new materials will focus on the Dietary Guidelines and MyPyramid recommendations, with an emphasis on fruits and vegetables, whole grains, and physical activity. In addition, one display will be developed to address caloric balance, focusing on sugar-sweetened beverages. The new educational materials will provide consistency with the current guidelines, and help fill any existing gaps in addressing the key behavioral outcomes.

**Project Title: Families First-Nutrition Education and Wellness System (FF-NEWS)
University of Arkansas at Pine Bluff**

a. Related Objectives.

Specify the objectives that the project/intervention supports.

FF-NEWS supports the objectives as outlined in this State Plan.

b. Audience.

Specify the audience category as explained in Section A: Identifying and Understanding the Target Audience and other relevant characteristics of the proposed audience (e.g., age, gender, etc.).

FF-NEWS will target food stamp recipients and those who are eligible to receive food stamps. The program will be delivered at various approved sites and will reach adults as well as children and youth from pre-school to high school. With adults, the primary family food manager will be targeted. The age range of the adult learner will be 18 and up, with a particular focus on parents with young children.

c. Focus on FSP Eligibles.

Describe how the project will focus education on FSP eligibles.

FF-NEWS will continue to target food stamp eligible participants through wavered sites. Data from approved census tracts will be used to target new geographical areas and eligible clientele. More specifically, the FF-NEWS Multi-County Agents and 1862 FCS agents in the 8 FF-NEWS designated counties will deliver nutrition education to the food stamp eligible population in those counties. The focus of the delivery will include the following:

- Displays and exhibits
- Nutrition education sessions and food demonstrations
- Educational newsletters, handout materials and brochures
- The FSNE core elements: dietary, food safety, food security, and food resource management/shopping behavior
- Physical activities will be stressed using peer teaching through FF-NEWS' Walking Buddies.

d. Project Description.

Note how you will implement the project, giving particular attention to: how and where it will be delivered, its duration, the projected number of participants, the frequency of contacts (number of classes, mailings, billboards, etc.), and key educational messages.

FF-NEWS will be delivered in 8 counties in the Delta Region of the state: Ashley, Cross, Desha, Drew, Jefferson, Lincoln, St. Francis and Woodruff. The program will be implemented in facilities in approved sites where the audience feels comfortable in gathering. In FY2007 Multi-county agents and eight 1862 FCS agents will teach program participants in a number of locations such as:

1. Certified Eligibles and Likely Eligibles By Income or Location (Category 1 & 2 of Guidance)

Food stamp eligibles and likely eligibles will be targeted at local DHHS offices. Multi-county agents and eight 1862 FCS agents will provide nutrition education lessons, displays and food demonstrations in the offices. Related supplemental materials such as exhibits, single concept fact sheets and other nutrition related handouts will be distributed to participants. The FF-NEWS Multi-county agents and eight 1862 FCS agents will also conduct food demonstrations to food stamp eligibles at commodity distribution sites. Recipes that consist of food items being distributed will be featured. Program participants will be given recipes and handouts that address the nutrition education core elements. Likely eligibles may also be served via FSP/TANF offices, public housing, and food pantries.

2. Head Start/Hippy and Schools

Nutrition education will be delivered to students in approved schools where 50% or more of the students are eligible for free or reduced-priced lunches. Making wise food choices, food safety and healthy weight will be nutrition education topics addressed. The agents will work with the classroom teacher to develop the appropriate nutrition education lesson(s) for their classes and parent meetings.

3. Census Tracts

The FF-NEWS curriculum will be delivered to participants that reside within census tract areas where at least 50% of residences have gross incomes at or below 185% of poverty guidelines/thresholds. FF-NEWS content relating to basic nutrition, meal planning, food quality/safety, and health status will be presented to these participants. FF-NEWS will be conducted at approved senior centers, faith-based organizations, housing authorities and some community programs (i.e. Boys and Girls Clubs, after school tutorial programs.)

4. Health Departments/WIC Clinics

Nutrition education exhibits and nutrition classes will be held for the targeted audience at these sites.

The chart below delineates FF-NEWS program deliverable projections for FY07.

FF-NEWS PROGRAM PROJECTIONS FY 07

PROGRAM DELIVERABLES	OCTOBER 1, 2006 SEPTEMBER 30, 2007
Agency Contacts	200
Educational Exhibits	200
Newsletters/Brochures	20,000
Number of Client Contacts	6,400
Number of Educational Sessions*	320
Mass Media and/or On-Site Demonstrations	100
Signed Up for Additional Information	500
Totals	36,000

* All lesson information will reflect the updated nutrition standards and educational messages as set forth by the newly issued 2005 Dietary Guidelines for Americans and the new food guidance system. FF-NEWS content modules emphasize the FSNE core elements: dietary, food safety, food security, and food resource management/shopping.

FF-NEWS will continue the following nutrition education interventions:

- Food preparation classes that focus on preparing foods low in fat, sodium, and sugar. Providing the most current data on the United States Department of Agriculture (USDA) *MyPyramid* and the *2005 Dietary Guidelines for Americans*. Lessons taught will incorporate key messages as they relate to the Dietary Guidelines for Americans and MyPyramid as indicated in the 2007 Guidance.
- FF-NEWS will partner with other FNS Programs in promoting a healthy school nutrition environment.
- Provide food demonstrations in food stamp offices and commodity distributions sites that emphasize healthy dishes and the consumption of fruits, vegetables, whole grains, and fat-free or low-fat milk and meats; and
- Are low in saturated fats, trans fats, cholesterol, salt and added sugar.
- Efforts to increase the awareness of the affect of physical activity on achieving and maintaining a healthy diet.

These specific messages will be incorporated in all lessons, displays, exhibits, and printed materials in the program:

1. Eat fruits and vegetables, whole grains, and nonfat or low-fat milk or milk products each day.
2. Be physically active every day as part of a healthy lifestyle.
3. Balance calorie intake from foods and beverages with calories expended.

Food stamp eligibles will be taught to plan, select and prepare meals consistent with their cultural traditions and family resources, while focusing on improving their overall health, and that of their family members. This will be achieved through a variety of delivery modes: 1) weekly lessons with organized groups; 2) on-site demonstrations; 3) educational displays; 4) food preparation demonstrations; 5) cooking schools for youth and adults; 6) video presentations and role playing; 7) point-of-purchase teaching; 9) FF-Buddies, FF-Circles and other peer teaching strategies; 10) nutrition games and puzzles. Newsletters, single concept fact sheets and nutrition calendars will be used to reinforce concepts learned. Emphasis will be placed on helping participants make healthy food choices; handle, store and prepare foods safely; increase shopping skills; and reduce the number of incidences where food is depleted before the end of the month. The FF-NEWS curriculum contains 56 lessons that were specifically developed for food stamp eligibles. It provides culturally sensitive and behaviorally focused nutrition education to these clients. The curriculum includes a variety of teaching resources to enhance comprehension and retain ability of information presented. In the FF-NEWS counties the Family and Consumer Sciences and other 1862 agents will work with the FF-NEWS Multi-county agents to deliver a focused school-based nutrition education program in schools with waivers.

During FY 06, program participants in each of the 8 FF-NEWS counties were provided with food demonstrations. The multi-county agents conducted 118 food demonstrations at the DHHS offices, commodity distribution sites and cooking schools for youth and adults. The demonstrations incorporated the concepts of healthy eating as set forth by nutrition standards and guidelines provided by the *Dietary Guidelines* and *MyPyramid*. Participants were taught how to prepare simple one-dish meals in an electric skillet. Food demonstrations are central to helping participants increase their knowledge and skills in planning low cost nutrient-dense meals. Food safety activities for this time period consisted of 334 lessons on hand washing techniques, preventing cross-contamination of food, and correct food storage techniques.

FF-NEWS will focus on providing food stamp eligibles with the 2005 Dietary Guidelines for Americans and MyPyramid to utilize when making decisions on meal planning, preparation, and consumption in FY2007. Emphasis will be placed on following the food group recommendations such as: what and how much to eat each day using MyPyramid. The FF-NEWS Multi-county agents will provide information and activities that will aid those food stamp eligibles with Internet access on techniques for searching and exploring the *MyPyramid.gov website* for more personal recommendations.

The need to combat obesity will continue to be a paramount theme addressed to food stamp eligible heads of households to aid in the reduction of childhood obesity. Through targeting the primary caregiver a sustainable nutrition education program is more likely to be achieved.

e. Summary of Research.

Provide a brief summary of existing research supporting the effectiveness and feasibility of your nutrition education methods.

FF-NEWS promotes good nutrition in a social and cultural context that has meaning and application to program participants. FF-NEWS is culturally sensitive and incorporates elements of the Social Learning Theory³⁸ in the design of the teaching strategies and activities recommended. Applying the Social Learning Theory (SLT) to dietary behaviors confirms the relationship between three mediating variables (locus of control, reinforcement values, and social context) and changes in food consumption. Strategies used draw heavily from a major premise of SLT, which suggests that behavior results from a person's belief that he/she can or cannot influence the desired outcome in a given situation. This belief is an individual's locus of control. A person's locus of control is either internal or external. The person with an internal locus of control believes that the desired outcome is within his/her capacity to control. A person with an external locus of control believes that the outcome is not in his/her hands but, rather is controlled by some powerful other (e.g., fate, change, luck, God's will, etc.). This concept is relevant because approaches for affecting behavioral changes are likely to be very different for the two types of individuals. The value of the curriculum is its application of instructional approaches that move "knowledge learned" to "behavioral change." The FF-NEWS program incorporates an action plan for behavior modification in the way the program reaches under-served populations; how training is received and used by the targeted audience: along with the overriding emphasis placed on the program's unique approaches to delivering nutrition education to those served.

The following key components are incorporated into the program:

1. Lessons that stress modifications in preferred diets vs. the addition of new food
2. Lessons that focus on the needs of the entire families.
3. Lessons that present what to do, rather than what not to do.
4. Learning communities among participants are created to promote reinforcement of concepts learned and to create a reinforcing social environment that encourages healthy food selection and continued participation in the program.
5. Learning strategies and activities affirm self-determination and encourage participants to be in charge of their lives.

f. Modification of Project Methods/Strategies.

Provide justification for adapting or changing an identified intervention/project method or strategy.

N/A

g. Use of Existing Educational Materials.

Give the title, author and description of existing educational materials that will be used in

the delivery of the project/intervention. Specify if materials are in languages other than English. Provide justification for the cost of the materials.

Educational Materials Currently Used by FF-NEWS for adult audiences

- McCray, Jacquelyn W., Lee, Irene K., Palmer, Edward, Willis, Linda, Nobles, Carolyn, Wilson, Dorothy, Johnson, Margaret, and Carol C. Giesecke. (2000). Families First-Nutrition Education and Wellness System Curriculum (FF-NEWS)—This original curriculum is used to assist program participants in the Food Stamp Nutrition Program as they learn effective ways to develop healthy dietary and lifestyle practices. (This curriculum is translated into Spanish.).
- How much are you eating? —A handout presenting information on eating sensible portions (FF-NEWS Curriculum)
- Harris, Ellen and Yvonne Bronner. (2001). Food Counts in the African American Community. Beltsville Human Nutrition Research Center and the Morgan State University, Public Health Program.

Educational Materials Currently Used by FF-NEWS for youth audiences:

- Hillers, Vale. (1999). Food Safety Advisor: Volunteer Handbook. Washington State University, Pullman, Washington
- Food and Nutrition Service. (2003). The Power of Choice—A guide designed to help youth build decision-making skills that promote healthier eating and activity choices.
- Heart, Hardy. (1998). Organ Wise Guys materials, Wellness, Incorporated—The Organ Wise Guys materials are devoted to teaching children the fundamentals of how their body responds to their lifestyle. The topics addressed are low-fat, high-fiber eating, drinking plenty of water, and the importance of exercising.
- Webb, Frances Sizer, Whitney, Eleanor Noss and Linda Kelly DeBruyne. (2000). Health: Making Life Choices. West Educational Publishing, Cincinnati, Ohio.

h. Development of New Educational Materials.

Identify any new materials that you plan to produce and justify the need and cost.

FF-NEWS

Supplemental teaching aids such as single concept handouts and newsletters will be revised to reflect the updated nutritional standards and educational messages as set forth by the recent issued Dietary Guidelines for Americans and the New Food Guidance System. These new materials will be needed to ensure that FF-NEWS nutrition messages are consistent with those of FSNE and other FNS programs that strive to promote behavior change in the food stamp eligible audience. The cost of these materials will be 22 cents per copy.

- ~~◆ Choose canned or frozen produce only when fresh produce is not available as canned or frozen produce may contain sugar, syrup, cream sauces or other ingredients that add calories.~~

~~g. Use of Existing Educational Materials.~~

~~Give the title, author and description of existing educational materials that will be used in the delivery of the project/intervention. Specify if materials are in languages other than English. Provide justification for the cost of the materials.~~

~~This project will use existing materials available from the Arkansas 5 a Day program, Right Bite newsletters focusing on fruits and vegetables, Enjoy Arkansas Fresh brochures from the University of Arkansas Cooperative Extension Service and other materials from various approved curricula.~~

~~h. Development of New Educational Materials.~~

~~Identify any new materials that you plan to produce and justify the need and cost.~~

~~No new materials will be developed for this project.~~

3. EVALUATION PLANS

Describe any proposed evaluation activities. For each evaluation, please indicate:

- the project with which it is associated;*
- the type of evaluation as primarily a formative, process, outcome or impact assessment; and*
- if the project has been evaluated previously, note the most recent year in which evaluation was done.*

UACES FSNE

Our evaluation strategies are multifaceted and include process, formative, and outcome evaluation. Since nutrition education usually involves trying to change complex behaviors, outcomes need to be realistic given the situation in which the target audience lives. For example, it is unrealistic to expect a target audience with no prior knowledge of or interest in a particular behavior to embrace it immediately. A more realistic outcome would be to increase their knowledge of the behavior and its benefits to them.

Food stamp participants have many barriers to participation in the FSNE program. It has been our experience with FSNE and other limited resource clientele that they find it difficult to commit to multiple educational sessions. This makes it difficult to collect meaningful outcome data. However, for adults participating in a series of lessons, a brief self-report questionnaire

will be given to assess increase in knowledge gained and behavioral intent for behaviors promoted during the lessons. Where appropriate, pre-post tests or post-then-pre-tests (retrospective pre-test) will be utilized with adults and youth participants to collect changes in knowledge and intent to change and/or changes in one's eating behaviors. Anecdotal comments will also be collected from program participants to determine the impact the program is having on individuals and families.

In FY04, the main focus of the UACES program was to teach healthy food, nutrition and physical activity practices to school-aged children. In FY05 and FY06, efforts at reaching school children continued with a new emphasis being placed on reaching the parents. In FY06 an evaluation was designed and pilot tested to determine the effectiveness of a unique type of delivery method. The delivery method involved children teaching parents the nutrition concepts and practices they are taught in schools through the FSNE program. Results of the survey show that the FSNE program delivered through the school may be a cost-effective way of initiating healthy behavior changes in children and their adult parents. Long-term changes are difficult and evaluating our programs on a yearly basis will provide much needed data that can eventually lead to policy changes at the community level.

In FY07, efforts at reaching school-aged children and their parents with nutrition education will continue and the effectiveness of this type of nutrition education will be evaluated. This will be accomplished by a questionnaire that will be disbursed by the CES agents in randomly selected schools where 5 or more lessons are being taught. Children will be asked to take home the questionnaire and have one parent complete it with the child returning the questionnaire back to the school. Demographic data will be collected for analyses purposes as well as questions pertaining to the effectiveness of the nutrition education program at increasing knowledge, attitude and behaviors within the household.

Process evaluation is critical because it allows ongoing monitoring of the program and enables timely refinements which helps achieve success. Process evaluation activities include tracking the number of food stamp eligibles and potentially eligibles reached, the number of materials distributed at educational displays and the number of events and methods used to reach the target audience. CES faculty contributing to the FSNE program will report planned events in the UACES Arkansas Information Management System (AIMS). Each event will be identified by county and assigned a unique tracking number that will be linked to the paper documentation. Information collected and entered into AIMS includes: event delivery method (single session, series of two to four sessions, series of five or more sessions, educational display, newsletter); number of beneficiaries; date of event; location of event including name and city of host organization; duration of event; partner organizations/sponsors; waiver type (if required) under which event was carried out. Reports of participation will be generated and reviewed to evaluate the program and to generate reports for DHHS and FNS.

Formative evaluation assure the best possible program by identifying appropriate target audiences and ensuring program messages and activities are relevant and meaningful to them. Methods used to evaluate the program will include observing participant behavior, informal talks with the participant about the education activity, giving short surveys, holding group discussions with participants to gain feedback to assess a project as it progresses or to determine

improvements and adjustments needed to attain the program objectives.

Table 3. Summary of impact indicators and number of projects addressing each indicator

# Projects	Outcome/ Impact
Adult	
268	Eat nearer to the MyPyramid recommendations from the Fruit and/or Vegetable Group.
201	Eat nearer to the MyPyramid recommendations from the Grain Group.
192	Eat nearer to the MyPyramid recommendations from the Milk Group.
159	Use food/nutrition labels to make food choices.
151	Use one or more desirable food handling practices.
150	Increased knowledge/ ability to balance calories from food and beverages with calories expanded.
121	Begin or increase regular physical activity.
88	Maintain or decrease body weight.
Youth	
190	Increased knowledge related to healthy/nutrition practices.
183	Eat nearer to the MyPyramid recommendations from the Fruit and/or Vegetable Group.
160	Increase knowledge and/or behavior related to practicing good hand washing techniques.
155	Eat nearer to the MyPyramid recommendations from the Milk Group.
149	Eat nearer to the MyPyramid recommendations from the Grain Group.
102	Begin or increase regular physical activity.

FF-NEWS

The FF-NEWS curriculum plan was developed with the intent of long-term adoption and distribution. Curriculum modules were carefully constructed to ensure that they are technically accurate, user friendly, appropriate reading level of the audiences, and adaptable for use in a variety of delivery modes. A pre-test of participants' knowledge of nutrition and food management practices is administered to all entering participants. The same instrument is administered as a post-test of participant knowledge as the prescribed lessons or modules are completed. All pre- and post-test questions are maintained in a data file that is a component of the FF-NEWS data management system. The data file includes standard questions that are asked of participants engaged in any aspect of the program, a selected set of questions for participants enrolled in a continuous series of lessons in either of the modules, and a question bank that allows the creation of customized pre- and post-test procedure for audiences participating in special interest classes. This pre-post-test procedure allows assessment of changes in participants' level of nutrition knowledge, food-related behaviors and skills, and food management practices. Evaluation is continuous throughout the project. In addition to the pre- and post-test of participants' knowledge of nutrition and food preparation and management skills, a general assessment of knowledge gained during each instructional encounter is obtained via open-ended survey items and a short evaluation checklist. Data collection addresses the desired outcomes indicated in behavioral objectives. The compilation of evaluation data provides the foundation for assessing program effectiveness and results will be incorporated into quarterly reports submitted to DHHS and FNS.

~~HEALTHY ARKANSAS~~

~~Effectiveness of the nutrition education initiative will be tracked through data about the purchase of fresh fruits and vegetables in the pilot counties as provided by Wal-Mart and/or other participating EBT retailers. Data will also be gathered through participant surveys conducted by the FSNE contractors as described in this plan.~~

4. COORDINATION EFFORTS

Describe efforts to coordinate, complement and supplement other programs in order to deliver consistent behavior-focused nutrition messages. Describe your involvement with the State Nutrition Action Plan (SNAP) initiative in your State. Outline any tasks in the SNAP process that FSNE will lead or conduct during the FY. Attach written agreements as specified on pages 15-16.

a. Other FNS Programs

All county Extension agents in the UACES FSNE plan to reach adult Food Stamp Program participants through educational exhibits at county Department of Health and Human Services (DHHS) offices. In some counties, on-site programs and food demonstrations will be conducted for food stamp eligibles and potentially eligibles at DHHS offices.

In addition to educational efforts through the Food Stamp Program, Arkansas Department of Health and Human Services, county Extension agents will set up educational exhibits with complementary educational materials at sites participating in The Emergency Food Assistance Program (TEFAP). Several county agents also plan to conduct educational classes and/or food preparation demonstrations at Commodity Food Distribution sites.

Agents also plan to have educational exhibits and materials at County Health Unit WIC Clinics. The University of Arkansas Cooperative Extension Service has a Memorandum of Understanding with Arkansas Division of Health, Statewide Services, Special Supplemental Nutrition Program for Women, Infants and Children (WIC).

b. Arkansas State Nutrition Action Plan (SNAP)

The Arkansas Nutrition Advocacy Council (ANAC) consists of members who are affiliated with FNS nutrition programs, hunger agencies, children and family advocacy organizations, educational institutions and other nutrition-related agencies and organizations interested in forwarding SNAP goals. ANAC holds quarterly meetings to discuss the SNAP, share what each member is doing to address the plan and formulate plans for future direction.

Arkansas SNAP Goal 1: Establishing statewide nutrition standards for the school nutrition and physical activity environment to educate the target populations of AR.

Arkansas Act 1220 of 2003 created the Child Health Advisory Committee and directed the members to develop and make nutrition and physical activity standards and policy recommendations to the Board of Education and Board of Health regarding school nutrition and physical activity environments. Four ANAC members (UACES FSNE project director,

chaired the nutrition subcommittee) serve on the Child Health Advisory Committee and others provided input on the recommendations. Recommendations available at: http://www.healthylarkansas.com/advisory_committee/pdf/final_recommendations.pdf County Extension agents serve on local School District Nutrition and Physical Activity Advisory Committees and help develop and implement nutrition standards at the local level.

Arkansas SNAP Goal 2: To educate the community, school, and parents about activities and programs that improve the nutrition and physical health of students, workforce and community.

County Extension agents disseminate nutrition and physical activity information throughout the community through various venues including print and electronic media, teacher training, parent newsletters and nutrition classes. Future plans and activities include the development of strategies to educate the public about the nutrition and physical activity standards approved by the Arkansas State Board of Education since these standards will provide the community, parent and students with appropriate guidelines in working for better individual health.

Many members of ANAC are active in the Action for Healthy Kids initiatives in Arkansas. This group is actively working to make certain that foods offered on school campuses are consistent with Dietary Guidelines and pursue school facility use after school hours to increase physical activity opportunities.

Extension educators participating in FSNE are nutrition education leaders in all 75 counties particularly with regard to teacher training and parent education in eligible schools.

c. Department of Education and School Administration

County agents will partner with the Child Nutrition Program staff to provide training to teachers on nutrition education and to help students make healthy food and lifestyle choices. Efforts will be coordinated to make sure that consistent messages about healthy eating are provided to the students. The University of Arkansas Cooperative Extension Service has a Memorandum of Understanding with the Arkansas Department of Education and works closely with the Child Nutrition Program at state and local levels.

d. Head Start

UACES will partner with the Arkansas Head Start Program to teach simple nutrition concepts, develop children's hygiene and food safety skills and provide a variety of cooking and tasting experiences for economically deprived children birth to 5 years of age. Programs will also be presented to help parents and other caregivers promote healthful eating and active living to young children.

- e. FF-NEWS will partner with eligible agencies to deliver the program at those sites. Agents will contact local farmers and home gardeners in each county to provide opportunities for food stamp participants to glean fruits and vegetables, after harvest, for family consumption.
- f. ~~Healthy Arkansas – The following entities will act as partners in this project:~~
- ~~• Arkansas Department of Health & Human Services~~
 - ~~• Cooperative Extension Service, University of Arkansas~~
 - ~~• 1890 Research and Extension, University of Arkansas at Pine Bluff~~
 - ~~• Wal-Mart~~

~~We believe that any successful nutrition education demonstration intended to increase the purchase of fresh fruits and vegetables must involve the State's retailers. Wal-Mart, with headquarters in Bentonville, Arkansas, is interested in partnering with the State to provide nutrition education. Wal-Mart has expressed interest in the following activities:~~

- ~~• Allowing DHHS' contractors to provide in Wal-Mart stores in the pilot counties nutrition education about the value of consuming fresh fruits and vegetables.~~
- ~~• Allowing in-store demos and samples of fresh fruits and vegetables.~~
- ~~• Allowing in-store advertising stressing the importance of purchasing and consuming fresh fruits and vegetables.~~

~~In addition, Wal-Mart has indicated that they can track the purchases of fresh fruits and vegetables in areas where nutrition education activities are occurring thus allowing the State to collect enough data to determine if there is an increase in the purchase of fresh fruits and vegetables as a result of these activities. This will be aggregate data only. No individual purchase data will be provided. This data would consider increases in EBT purchases of fresh fruits and vegetables exclusive of other sales patterns, trends, price cuts, etc.~~

Endnotes

- ¹ Healthy Arkansas. <http://www.arkansas.gov/ha/home.html> (26 June 2006).
- ² Arkansas Department of Health and Human Services Statistical Report, 2005
- ³ U.S. Census Bureau, Census 2000: Income and Poverty, 1999.
- ⁴ U.S. Census Bureau, Census 2000: Income and Poverty, 1999.
- ⁵ U.S. Census Bureau, Census 2000: Income and Poverty, 1999.
- ⁶ U.S. Census Bureau, Census 2000: Households and Families 2000
- ⁷ Southern Regional Education Board. U. S. Census Bureau and the National School Lunch Program. *Goals for Education Challenge to Lead: Arkansas*. 2006. http://www.sreb.org/main/Goals/Publications/06Color_PDF/AR-color.pdf
- ⁸ Radio address by Mike Huckabee, Arkansas Governor, 18 September 2004.
- ⁹ Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System (BRFSS), 2005
- ¹⁰ Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System (BRFSS), 2005
- ¹¹ Centers for Disease Control and Prevention. Youth Risk Behavior Surveillance System (YRBSS), 2005
- ¹² Centers for Disease Control and Prevention. Pediatric Nutrition Surveillance System (PedNSS), 2003
- ¹³ Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System (BRFSS), 2005
- ¹⁴ Mokdad et al. JAMA 2004
- ¹⁵ Centers for Disease Control and Prevention. *Chronic Diseases and Their Risk Factors: The Nation's Leading Causes of Death*. Atlanta, FS: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 1999.
- ¹⁶ Center for Disease Control and Prevention. Behavioral Risk Factor Surveillance Survey. 2001.
- ¹⁷ Arkansas Center for Health Improvement. Arkansas Assessment of Child and Adolescent Obesity. 2004.
- ¹⁸ Arkansas Department Health Center for Health Statistics and Arkansas Minority Health Commission. 2002 Delta Cardiovascular and Diabetes Risk Factor Survey.
- ¹⁹ Center for Disease Control and Prevention. Behavioral Risk Factor Surveillance Survey. 2005.
- ²⁰ Oregon Center for Public Policy analysis of Food Security Supplement to the Census Bureau Current Population Survey, 1998-2000.
- ²¹ Center for Disease Control and Prevention. Behavioral Risk Factor Surveillance Survey. 2005.
- ²² Center for Disease Control and Prevention. Behavioral Risk Factor Surveillance Survey. 2005.
- ²³ Center for Disease Control Prevention. Behavioral Risk Factor Surveillance Survey. 2005.
- ²⁴ Stachowiak, C.M. A Pilot Study of the Food Purchasing Habits of Food Stamp Recipients Using Itemized Grocery Store Receipts. M.S. Thesis. Dept. of Dietetics and Nutrition, University of Arkansas for Medical Sciences, Little Rock, AR.
- ²⁵ Center on Hunger, Poverty and Nutrition Policy. *Statement on the Link Between Nutrition and Cognitive Development in Children*. 1998.
- ²⁶ Farmer, Frank L., School of Human Environmental Sciences, University of Arkansas and Miller, Wayne P., Cooperative Extension Service, University of Arkansas. 2004. "Rural Family Profile of Arkansas 2004: A Look at Major Trends in Rural Arkansas Families."
- ²⁷ Morris, P.M., L. Neuhauser, and C. Campbell. 1992. "Food Security in Rural America: A Study of the Availability and Costs of Food." *Journal of Nutrition Education* 24: 1, 52S-58S.
- ²⁸ Hall, R., D. Groves, S. Goolsby, P. Simpson, A. Thornton, B.B. McGee, E. Hyman C. Connell, K. Yadrick, and A.E. Beardshall. 2003. "Limited Availability in Stores in the Lower Mississippi Delta Impacts Potential Nutritional Behavior Change." International Society for Behavioral Nutrition and Physical Activity, Quebec City Quebec, Canada.
- ²⁹ Yadrick, K. 2004. "Limited Availability of Food Choices in the Lower Mississippi Delta." *FASEB Journal* 18(4) A359 (in press).
- ³⁰ Matheson, D., Spranger, K., Saxe, A. Preschool Children's Perceptions of Food and Their Food Experiences. *J Nutr Educ Behav*. 2002; 34:85-92.
- ³¹ Kelder SH, Perry CL, Klepp KI, Lytle LA. Longitudinal tracking of adolescent smoking, physical activity, and food choice behaviors. *Am J Public Health*. 1994;84:1121-1126.
- ³² Powers AR, Struempfer BJ, Guarino A, Parmer SM. Effects of a nutrition education program on the dietary behavior and nutrition knowledge of second-grade and third-grade students. *J Sch Health*. 2005;75(4):129-33.
- ³³ Gortmaker, SL, Cheung, LWY, Petersen, KE Chomitz, G, Cradle, JH, Dart, H, Fox, MK, Field, AE, and Laird, N. Impact of school-based interdisciplinary intervention on diet and physical activity among urban primary school

children. *Arch Pediatr Adolesc Med.* 1999;153:975-983.

³⁴ Sahyoun, N.R. Nutrition education for the healthy elderly population: isn't it time? *J Nutr Educ Behav.* 2002;34:S42-S47.

³⁵ Keller HH, Hedley M, Hadley T, Wong S, Vanderkooy P. Food workshops, nutrition education, and older adults; a process evaluation. *J Nutr Elder.* 2005;24(3):5-23.

³⁶ United States General Accounting Office: Report to the Committee on Agriculture, Nutrition, and Forestry U.S. Senate. April 2004.

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³⁸ Ramezani, Cyrus A and Claudia Roeder. (1995). Health Knowledge and Nutritional Adequacy of Female Heads of Households in the United States. *Journal of Consumer Affairs*, 29 (2).

³⁹ Guthrie, Joanne F. November 2004. "Understanding Fruit and Vegetable Choices, Economic and Behavioral Influences." *Agriculture Information Bulletin* 792-1, <http://www.ers.usda.gov/publications/aib792/aib792-1/>

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Section C. Staffing

UACES – FSNE Staffing and Work/Position Description Summaries

UACES - FSNE

Staffing requirements at the county level are determined by conducting needs assessments and reviews within each county to determine the nutrition educational needs of the county's food stamp recipients and eligibles. Using the information gained from the assessments and the agents' other county Extension programming requirements, individual counties develop a FSNE program based on the number of hours required to successfully implement the county's FSNE program.

For FY07, the University of Arkansas Cooperative Extension Service's FSNE plan will utilize 22.05 FTEs for program implementation and management duties. The FTEs will be contributed from CES employees, volunteers and other non-federally paid positions.

In calculating FTEs, CES follows the Federal definitions and guidelines for determining agency full-time position equivalents (2080 hours per year) and payroll issues. But the 16.22 FTEs, allocated for extension paid employees in the FY07 FSNE plan, are calculated on the Extension employee work year which is based on 226 work days or 1808 hours. The work year is determined by subtracting employee sick time (12 days) and annual leave (22 days) from the federal work year of 260 days. Since agents/staff will not be at work on these days, this time is not counted in the determination of annual planning and work time for the agents/staff. For invoice, as well as payroll purposes, all annual leave and sick time used by staff members are charged based on the proportion of leave days used. This assures that CES conforms to federal labor standards and work year of 260 days. The salary and benefit figures used in the budget are based on an agent or staff member's compensation for actual time worked and applicable leave time (annual and/or sick) used.

The additional 5.83 FTEs being contributed to the FY07 FSNE program from volunteers and other non-federally paid positions are determined using the federal definition of a full-time equivalent, 2080 hours. Volunteer rate used for matching purposes is calculated at the Arkansas minimum wage rate of \$6.25 per hour and does not include fringe benefits. In FY07, 314 hours is budgeted for volunteer hours. For calculation of other non-federal, public dollars used as match, CES uses an hourly rate of \$23 for all teachers. This figure is based on the minimum certified teacher salaries as defined by Act 2130 (see following table for details). An average was taken from the average salary for BA salaries (steps 0-15) and average for MA salaries (steps 0-15), (\$35,333). This was divided by the number of contract days (190) and then by 8 (number of hours per day) which equals \$23 per hour. Reporting the same hourly rate for all teachers of \$23/hour is a conservative rate since the formula does not take into consideration fringe benefit rates and also under reports the higher salaries of principles and counselors.

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Act 2130 Minimum Teacher Salary Requirements

Step	BA	MA
0	\$27,500	31,625
1	\$27,950	32,125
2	\$28,400	32,625
3	\$28,850	33,125
4	\$29,300	33,625
5	\$29,750	34,125
6	\$30,200	34,625
7	\$30,650	35,125
8	\$31,100	35,625
9	\$31,550	36,125
10	\$32,000	36,625
11	\$32,450	37,125
12	\$32,900	37,625
13	\$33,350	38,125
14	\$33,800	38,625
15	\$34,250	39,125

As required by FNS, all personnel working on the FSNE program less than 100% must submit monthly time and effort documentation. The time report is first reviewed by the immediate supervisor for accuracy. After review by the supervisor, a copy of the report is then submitted to the FSNE financial manager for data entry and tracking. The reports are reviewed at least quarterly by the financial manager and district faculty to insure the time reported accurately corresponds to the amount of time charged for salary match to the FSNE program. If discrepancies are indicated, adjustments in match percentages may be made to insure time match corresponds as closely as possible to time reported. Time and effort for staff who are employed 100 percent of their time on FSNE will be certified semi-annually on A-21 certification documents.

Section C. Staffing

UACES – FSNE Staffing and Work/Position Description Summaries

County FCS Agents – 8.34 FTE

Management/Administrative Duties

- Design and implement county plan. Identify and develop networking strategies and relationships to build County FSNE coalitions and community partnerships in order to locate and identify eligible food stamp participants.
- Establish and maintain working relationships with county DHHS office(s) to reach food stamp recipients. Schedule educational programs for food stamp recipients in DHHS office and other waiver sites.
- Complete program activity reporting forms. Train teachers and volunteers in the use of forms. Send monthly reminders to teachers and volunteers. Collect report forms and review for accuracy. Data entry of information into state electronic reporting system (Arkansas Information Management System – AIMS). Submit required paperwork to state office.
- Plan program evaluation protocols and train staff/volunteers regarding evaluation methods. Data entry of evaluation results and information.
- Assist with the development of county program budget and monitor approved budget. Review monthly financial statements. Generate purchase order requests and materials and supplies orders. Submit required documentation to state office for purchase requests and reimbursements.
- Complete time and effort documentation requirements and submit to state office.
- Attend in-service trainings conducted by state FSNE staff.
- Oversee and maintain necessary FSNE records.

Direct Program Delivery Duties

- Program preparation activities to include developing lesson plans, ordering materials, shopping for food demonstration supplies and assembling materials for lessons and activities.
- Deliver nutrition education programs to food stamp participants by various methods such as teaching in classrooms or other waiver sites, staffing displays, distributing newsletters and other printed materials.
- Travel to and from nutrition education programs.
- Develop and/or supervise implementation of FSNE projects at each site.
- Develop supplemental educational activities or newsletters (as necessary).
- Conduct program and participant evaluations (may include pre-post, post-then-pre (retrospective pre-test)). Evaluate progress of program participants.
- Maintain FSNE materials and supplies.

County Staff Chairs – .30 FTE

Management/Administrative Duties

- Review FSNE related reports (financial statements, time and effort forms, etc.) for accuracy.
- Approve expenditures of FSNE funds at the county level.
- Assist with the development of the county FSNE plan.
- Complete time and effort documentation requirements and submit to state office.
- Provide program support as needed.

Direct Program Delivery Duties

- Assist county FCS agent with preparing and delivering nutrition education to food stamp participants.

Section C. Staffing

UACES – FSNE Staffing and Work/Position Description Summaries

County Paraprofessionals and 4H Agents – .36 FTE

Direct Program Delivery Duties

- Assist county FCS agent with preparing and delivering nutrition education to food stamp participants.
- Program preparation activities that may include shopping for food demonstration supplies and assembling materials for nutrition education activities.
- Assist with record keeping, reporting and documentation activities related to FSNE.

Body Walk Technician - .30 FTE

Direct Program Delivery Duties

- Manage and coordinate the walk-through educational Body Walk exhibit. Make contacts with scheduled schools to coordinate exhibit's use, deliver exhibit and props to school, direct volunteers in the set-up and take-down of the exhibit, provide orientation for station presenters, and maintain upkeep/repairs of exhibit. Assist with development and implementation of policy and procedures for the Body Walk.

Temporary Workers – 1.86 FTE

Direct Program Delivery Duties

- Assist county FCS agent in delivery of food stamp nutrition education.
- Program preparation activities that may include shopping for food demonstration supplies and assembling materials for nutrition education activities.
- Assist with record keeping, reporting and documentation activities related to FSNE.

Other Non-Federal positions (Public school officials: teachers, principals, counselors, etc.)

Management/Administrative Duties – 5.68 FTE

- Submit reports documenting FSNE activities in eligible school sites.
- Participate in teacher training conducted by CES County agent to gain an understanding of the goals and objectives of the FSNE program, curricula/materials that can be used which are within the scope of FSNE, reporting of outcomes and changes in behavior, and FSNE time and activities report forms and submission procedures.
- Collaborate with CES county agent to provide nutrition education in public schools where 50% or more of the students are eligible for free or reduced-price lunches.

Direct Program Delivery Duties

- Deliver and/or assist CES County Agent with delivery of nutrition education.
- Use FSNE materials (activity books, worksheets, videos, etc.) provided by CES County Agent to reinforce nutrition education lessons and/or activities.

Volunteers - .15 FTE

Direct Program Delivery Duties

- Deliver and/or assist CES County Agent with delivery of nutrition education.
- Use FSNE materials (activity books, worksheets, videos, etc.) provided by CES County Agent to reinforce nutrition education lessons and/or activities.

Section C. Staffing

UACES – FSNE Staffing and Work/Position Description Summaries

FSNE Coordinator – 1.00 FTE

Management/Administrative Duties

- Responsible for all aspects of FSNE plan development and overall program management .
- Develop and oversee statewide program direction and content, including project implementation and evaluation activities.
- Develop staff training, as appropriate, for county extension agents. Training may include program reporting, curricula, program development and content and evaluation methods.
- Review match documentation for accuracy and completeness.
- Write reports (including final reports) .
- Work cooperatively with Extension Specialists on program development and county staff on program implementation.
- Develop on-line training guides for county agents.
- Monitor the CES FSNE program for compliance with USDA, FNS, Arkansas DHHS and University policies and guidelines.
- Collaborate with other state agencies and organizations to promote and coordinate the UACES FSNE.
- Provide technical assistance regarding FSNE program guidelines.
- Conduct county site visits and program reviews.

FSNE Financial Manager – 1.00 FTE

Management/Administrative Duties

- Responsible for all fiscal aspects of FSNE program management.
- Design, implement and monitor processes to track time and effort reporting. Train staff on time and effort documentation including use of forms, send monthly report submission reminders, check forms for accuracy and generate time and effort monitoring reports on state and district level.
- Responsible for developing and overseeing budgets at county, departmental and state levels.
- Review all purchase and reimbursement requests utilizing FSNE funds.
- Create and maintain spreadsheets and reports to tract expenditures and match.
- Assure accountability of the use of federal FSNE funds.
- Monitor the CES FSNE program for compliance with USDA, FNS, Arkansas DHHS and University policies and guidelines.
- Develop staff training to focus on fiscal aspects of the program. Training may include budget development, financial statement reviews, reasonable and necessary purchases, and University financial policies and guidelines.
- Provide technical assistance regarding FSNE program guidelines.
- Coordinate all financial aspects of FSNE program with the financial services department (invoicing, travel reimbursement, accounts payable, accounts receivable, and purchasing).
- Conduct county site visits and program reviews.

FSNE Technician – .80 FTE

Management/Administrative Duties

- Assist FSNE coordinator with subject matter development of educational materials, newsletters, exhibits and educational/promotional materials for FSNE program.

Section C. Staffing

UACES – FSNE Staffing and Work/Position Description Summaries

- Review nutrition education materials and curricula for content accuracy, format nutrition educational materials and add FNS required statements, revise and update materials to include updated Food Guidance information.
- Assist with data collection methods for program evaluations and surveys.
- Coordinate printing and distribution of materials to county agents.
- Coordinate review for content and appropriateness of curricula.

Nutrition Specialist - .40 FTE

Management/Administrative Duties

- Work cooperatively with FSNE Coordinator to assure appropriate subject matter is being taught to program participants.
- Provide subject matter expertise, educational materials and experience for training and curriculum.
- Review nutrition education materials and curricula for content accuracy and relevance.
- Assist coordinator with staff training and development.
- Collaborate with other state agencies and organizations to promote the UACES FSNE program.
- Monitor progress of UACES FSNE.

State FCS Leader – .10 FTE

Management/Administrative Duties

- Provide appropriate program leadership and over-site to state-wide UACES FSNE.
- Collaborate with other state and national agencies and organizations to promote the UACES FSNE program.

FCS Nutritional Specialist – .05 FTE

Management/Administrative Duties

- Provide subject matter expertise, educational materials and experience for training and curriculum development and program evaluation.
- Participate in training, as appropriate.

District Faculty – 1.20 FTE

Management/Administrative Duties

- Provide guidance and management/administrative review to county UACES FSNE in the respective geographic areas.
- Personnel functions that include job searches, hiring, training, supervision and performance evaluations of county staff involved with FSNE.
- Provide program support.
- Review county FSNE plans and budgets for compliance with FNS and UACES guidelines.

Program Development Staff – .16 FTE

Management/Administrative Duties

- Work with FSNE Coordinator to develop staff trainings for FSNE agents utilizing on-line training methods and on-site group training.

Section C. Staffing

UACES – FSNE Staffing and Work/Position Description Summaries

- Assist FSNE agents with developing Individual Plans of Work as related to the county FSNE programs.
- Work with FSNE Coordinator and Nutrition Specialist to develop program evaluation tools.
- Provide technical assistance for agents that may include program development tools and methods and on-line reporting guidelines for AIMS.

Evaluation Specialist - .15 FTE

Management/Administrative Duties

- Work with FSNE Coordinator to develop and design evaluation instruments and procedures.
- Coordinate and conduct program evaluations.
- Assist with training staff regarding evaluation methods, protocols and procedures.
- Data entry of evaluation materials submitted by respondents.
- Analyze evaluation data and generate reports.
- Provide program support for FSNE staff utilizing the on-line AIMS reporting system.

Computer Programmer - .20 FTE

Management/Administrative Duties

- Develop and design forms and reporting processes for on-line use by FSNE staff and collaborators.
- Format FSNE materials and resources for posting to the UACES FSNE web-site.
- Assist FSNE Coordinator and Financial Manager in updating and revising information on the FSNE web-site for plan and budget development.
- Provide technical assistance to FSNE staff and county agents.
- Work with FSNE Coordinator to insure accuracy of on-line reporting.

Section C. Staffing

UAPB – FF-NEWS Staffing and Work/Position Description Summaries

UAPB – FF-NEWS

The FF-NEWS Program is delivered in 8 counties in eastern Arkansas by three Multi-County Agents who are supported 100% by FNS funds. The Project Coordinator is the only other individual supported 100% by federal funds. These four individuals devote 100% of their time to the planning and delivery of nutrition education to eligible recipients. FSNE funds support a part-time secretary (50%), a small percentage of the Associate Administrator for Programs (6.2%) to supervise the Project Coordinator, and an administrative support person (14%) to assist the Associate District Director in monitoring and reporting matching contributions of CES personnel assigned to FF-NEWS.

Other administrative and program delivery staff from UA-CES and UAPB contribute time to the program as a component of the non-federal matching requirement. Time and effort for personnel employed 100% on FNS funds are certified semi-annually on A-21 Certification documents. Personnel working less than 100% on FF-NEWS maintain a daily account of their effort to the FF-NEWS Program. These daily logs are compiled quarterly and submitted to the Assistant Specialist – Human Resources who file the records for periodic review to ensure consistency with the percentage of time budgeted for the non-federal matching.

Section C. Staffing

UAPB – FF-NEWS Staffing and Work/Position Description Summaries

Project Coordinator – 100.00

Develops project protocols and educational delivery, conducts training for multi-county agents, develops reporting procedures, monitors program delivery, develops overall framework for measuring program impacts, evaluates program outcomes, and prepares required reporting documents as directed by the DHHS.

Multi-County Agents – 300.00

Coordinates the FF-NEWS program within the assigned cluster of counties; collaborates with the County Agent-Staff Chairman, Family and Consumer Sciences agents, and personnel from other county agencies and entities to promote the delivery of nutrition education within the cluster; maintains linkages with established media outlets to promote distribution of educational information; conducts group meetings and various educational programs; develops strategies for identifying and involving target audiences; maintains client participation data; and prepares appropriate reports and documents required to effectively evaluate program outcomes in Cluster 1 (Cross, Woodruff and St. Francis counties), Cluster 2 (Jefferson and Lincoln counties) and Cluster 3 (Desha, Drew and Ashley counties).

Secretary – 50.00

Provides clerical and technical support to the Project Coordinator and to the multi-county agents.

Associate Administrator - Programs – 6.20

Provides general program oversight and supervision of FF-NEWS coordinator.

Administrative Support Staff – 14.00

Assists Associate District Director in monitoring and reporting matching contributions of CES FCS agents' and Staff Chairmen's time contribution to the FF-NEWS coordinator.

1890 Administrator – 10.00

Ensures compliance with program guidelines and reporting requirements.

Associate District Director – 8.60

Provides administrative and management support to the operation of the program in Ashley, Cross, Drew, Desha, Jefferson, Lincoln, St. Francis and Woodruff counties.

County Agent – Staff Chairman – 22.00

Administrative (15.00) – Provides on-site supervision of the multi-county agent headquartered in Woodruff, St. Francis, Lincoln, Drew and Ashley counties and communicates with project coordinator in the evaluation of multi-county agents.

Direct Delivery (7.00) – Provides guidance and support to multi-county agents in establishing county program and in identifying community-based resources in Lincoln and Ashley counties and supports nutrition education program in school sites under waiver.

County Agent - FCS – 184.00

Administrative (56.00) – Provides guidance and support to multi-county agents in establishing county program and in identifying community-based resources in Woodruff, Cross, St. Francis, Jefferson, Lincoln, Desha, and Drew counties.

Direct Delivery (128.00) – Conducts nutrition education program in school sites under waiver in Woodruff, Cross, St. Francis, Jefferson, Lincoln, Desha, and Drew counties.

Section C. Staffing

UAPB – FF-NEWS Staffing and Work/Position Description Summaries

County Agent – Agriculture – 4.00

Delivers nutrition education program at school sites under waiver in Cross and Lincoln counties.

Program Assistants – 15.00

Delivers nutrition education program at school sites under waiver in Cross and Jefferson counties

Assistant Specialist – 30.00

Management (10.00) – Provides administrative support to 1890 Administrator in correspondence, travel arrangements, and other administrative matters; monitors program expenditures, maintains financial accounting of grant funds and serves as liaison to University’s fiscal staff for payroll, travel, and other expenditures related to the project.

Budget (10.00) – Monitors compliance with program guidelines regarding eligible expenditures, program assurances, allocation of funds from federal and matching sources and other required guidelines.

Human Resources (10.00) -- Monitors compliance with program guidelines regarding eligible expenditures, program assurances, allocation of funds from federal and matching sources and other required guidelines.

Appendix A. Template 4. 2007 Nutrition Education Budget Summary

Section D. Budget Summary

See page 29 for additional instructions on completing this template. Refer to Appendix C for additional information on allowable costs.

1. CONTRACT/GRANTS/AGREEMENTS FOR NUTRITION EDUCATION SERVICES

Fill this information in for each contract, grant, or agreement.

a) Name of sub grantee or contractor

Sub-Grantee
University of Arkansas, Cooperative Extension Service (UACES)
University of Arkansas at Pine Bluff (UAPB)
Healthy Arkansas (HA)

b) Total Funding (Federal and non-Federal) for contract, Grant, or Agreement
\$3,321,574

c) Federal funding requested

Sub Grantee	Federal Funds Requested
UACES	1,084,467
UAPB	268,471
Healthy Arkansas	307,849
Total Federal Request	1,660,787

**d) State and other non-federal funding amount and source (allowable non-federal share).
 Include case and in-kind sources.**

Sub Grantee	Other Non-Federal Funds
UACES	1,084,467
UAPB	268,471
Healthy Arkansas	307,849
Total Non-Federal Funds	1,660,787

e) Description of services

Providing Food Stamp Nutrition Education .

f) Cost of Services and/or Products

Sub Grantee	Cost of Service
UACES	2,168,934
UAPB	536,942
Healthy Arkansas	615,698
Total Cost of Service	3,321,574

Note: Total amount for all contract/grants to be entered as line 2 of budget summary table on this template.

2. BUDGET INFORMATION BY PROJECT

Attach interagency agreements. For each sub-grantee, provide the State and Federal cost for each planned nutrition project. Provide a detailed breakdown that includes, at a minimum, the information contained on the following table.

Appendix A. Template 4: 2007 Nutrition Education Plan Budget Summary (continued)

2. BUDGET INFORMATION BY PROJECT

REVISED 9-21-06

Sub-grantee Name (if applicable):

Project Name: University of Arkansas Cooperative Extension Service FSNE project

	(a) Non-Federal Public Funds a;ldkfj		(b) Non-Federal Non-Public Funds	(c) Total Non- Federal Funds (a+b)	(d) Federal Funds a;ldkjfdkjl;a	Total Funds (c+d)
	Cash	In-kind	Cash			
1. Salary/Benefits (a)	\$ 1,038,432	\$ 1,963	\$ -	\$ 1,040,395	\$ 246,497	\$ 1,286,892
2. Contracts/Grants/ Agreements**		\$ -	\$ -	\$ -	\$ 16,800	\$ 16,800
3. Non-Capital Equipment/Supplies		\$ -	\$ -	\$ -	\$ 22,250	\$ 22,250
4. Educational Materials		\$ -	\$ -	\$ -	\$ 311,943	\$ 311,943
5. Travel**		\$ -	\$ -	\$ -	\$ 105,019	\$ 105,019
6. Administrative		\$ -	\$ -	\$ -	\$ -	\$ -
7. Building/Space		\$ -	\$ -	\$ -	\$ -	\$ -
8. Maintenance		\$ -	\$ -	\$ -	\$ -	\$ -
Sub-total 1-8	\$ 1,038,432	\$ 1,963	\$ -	\$ 1,040,395	\$ 702,509	\$ 1,742,904
9. Equipment & Other Capital Expenditures	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
10. Total Direct Costs	\$ 1,038,432	\$ 1,963	\$ -	\$ 1,040,395	\$ 702,509	\$ 1,742,904
11a. Indirect Cost***		\$ -			\$ 381,958	\$ 381,958
11b. Indirect as match	\$ 44,072			\$ 44,072		\$ 44,072
12. Total Costs	\$ 1,082,504	\$ 1,963	\$ -	\$ 1,084,467	\$ 1,084,467	\$ 2,168,934

29%

Please enter your indirect cost rate as a decimal in the blue cell above, if different than 26%

For example, 29% should be entered as 0.29

*Provide narrative describing all expenses.

**Attach copies of interagency agreements to support line 2.

***Provide assurance that the indirect cost rate is an approved rate (See Appendix C, Section A.2).

(a) Includes other non-federal positions	\$ 271,872.00
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SECTION D: BUDGET JUSTIFICATION
CES FSNE Project
REVISED 9-21-06

Budget Category	CES State \$	Other State \$	Federal \$
Salaries and Benefits: See Staffing Pattern for itemization. Benefits calculated at 29.01% which includes 6.62% FICA, 9.87% retirement, 10.30% medical/dental insurance, 0.36% life and disability insurance, 0.05% unemployment insurance, 0.42% worker's compensation, 0.21% other benefits, 0.25% fringe management fee, and 0.93% fringe benefit adjustments. Benefits for temporary workers are calculated at 7.96% which includes 7.65% FICA, 0.05% unemployment insurance, and 0.26% worker's compensation. Volunteer rate used for matching purposes is calculated at the Arkansas minimum wage rate of \$6.25 per hour and does not include fringe benefits. Other non-federal, public dollars are match funds provided by other non-federal funded positions, which may include but is not limited to teachers, principals, counselors and other public school personnel.			
	\$ -	\$ -	\$ 246,497
U of A CES matching salaries	\$ 766,560		
Other non-federal public matching funds	\$ -	\$ 271,872	
Volunteer matching funds	\$ -	\$ 1,963	
Non Capital Equipment and Supplies			
2 laptop computers at \$2000 each -FSNE Coordinator & FSNE WOWN			\$ 4,000
1 printer/fax/scanner @ \$1,000 - FSNE Coordinator			\$ 1,000
1 desktop computer - FSNE financial manager			\$ 2,000
1 Cellular phone service @ \$50 per month - FSNE Coordinator			\$ 600
3 registrations to SNE @ \$450 each			\$ 1,350
4 registrations to national/regional FSNE meeting @ \$200 each			\$ 800
Computer software - Centra			\$ 2,000
Computer hardware - NetworkStreaming appliance			\$ 500
Office supplies for FSNE Coordinator & Financial Manager			\$ 10,000
sub-total non-capital equipment and supplies	\$ -	\$ -	\$ 22,250
Educational Materials			
Printing			
159,000 brochures @ 8 cents each - DHHS mail-out	\$ -	\$ -	\$ 12,720
Monthly exhibit newsletters (60 copies per county at 16 cents each (60X67X12X	\$ -	\$ -	\$ 7,720
1 color newsletter per direct contact at 66 cents each (32,455 X .66)			\$ 21,420
Postage			\$ 7,868
Reinforcement items (\$4 per direct contact - \$4 X 32,455)			\$ 129,820
Curriculum and/or curricula updates (avg of \$500 per county - 67 counties)			\$ 33,500
Food for demonstrations @ \$2 per direct contact (\$2 X 32,455)	\$ -	\$ -	\$ 64,910
Right Bite! Nutritional exhibits (4 per county at \$75 each - 4 X 67 X \$75)			\$ 20,100
Program organization materials			\$ 13,885
sub-total educational materials	\$ -	\$ -	\$ 311,943
Travel-see "See 3. Travel"			\$ 105,019
Contracts			\$ -
Sub-contracts for evaluation and state nutritional education benchmark coordination			\$ 16,800
Building/space (if not in indirect costs) (Specify depreciation method or use allowance)			\$ -
Operation & Maintenance (if not in indirect costs)			\$ -
Total of above direct costs	\$ 766,560	\$ 273,835	\$ 702,509
Equipment and Other Capital Expenditures			\$ -
Indirect Cost:			
University's ICR is 29%.			\$ 381,958
Federal amount is limited to 26% with 3% used as match.	\$ 44,072		
Totals	\$ 810,632	\$ 273,835	\$ 1,084,467
Total state and other and total federal		\$ 1,084,467	\$ 1,084,467

Indirect Cost. The University of Arkansas Indirect Cost Rate (F & A - Facilities and Administrative Cost Rate) is based on modified total direct costs (MTDC) rather than total federal funds only. In the case of the FY07 FSNE program, the total direct costs are \$1,742,904. From this number third-party, non-federal, governmental dollars are subtracted to determine the \$1,469,069 modified total direct costs on which the indirects should be calculated (there were none of the other factors which are subtracted to reach modified total direct costs present in the budget). Since FNS sets a cap of the first 26% of the federally negotiated rate, the modified total direct program costs of \$1,469,069 are multiplied by 26% for a total of \$381,958. The unrecovered indirect costs (3%) are determined by multiplying the modified total direct program costs of \$1,469,069 by 3% for a total of \$44,072, which is then shown as part of University of Arkansas Cooperative Extension Service's matching portion of the program. Since the University of Arkansas CES is not located on the campus of the University of Arkansas, CES has its own negotiated and approved indirect rate with our cognizant agency, DHHS. Under our indirect rate agreement, 29% has been approved as the on-site rate.

Section D. Budget Summary – Line Item Justifications
UA CES FSNE project

Salary/Benefits. See Staffing and Work/Position Description summary.

Contracts/Grants/Agreements. UACES proposes two sub-contracts, one for curriculum framework coordination and another for program evaluation of the school based FSNE program. The contract for curriculum framework coordination will match the Arkansas Department of Education Frameworks to the nutrition curricula being used by the Extension county agents in eligible schools. The objective of the program evaluation project will be to examine whether the nutrition education being provided to students in school settings with companion nutrition information being sent home to parents has positive effects in a manner that causes changes in behavior. Parent surveys will be conducted to determine what behavior changes are occurring in families as a result of the FSNE program.

Non-capital Equipment/Supplies. See budget justification template for itemization. The Centra Symposium is a specialized web conferencing software application that allows for real-time trainings and communications over the Web. The program has the potential to reduce travel costs associated with centralized and regional FSNE in-service trainings. Centra Symposium will allow for the county agents to sit at their desk-top computers and interact (in real-time) with the state FSNE personnel, as well as the other UACES FSNE county agents. The program also allows for the ability to record all training sessions. This will enable agents that are unable to attend the live, interactive training to receive the same information and training as their peers received. For FY07, we are requesting \$2,000 in funding from the FSNE program to help off-set a portion of the cost of the Centra Symposium product. We have based the request on the ability to eliminate the need for travel costs associated with conducting one, regional cluster-level training. The cost is calculated with an average of 100 miles travel required for 67 county agents at a cost of 39 cents per mile ($67 * 100 * .39$ cents). Total cost would be \$2,613, although our request is only for \$2,000 of the costs.

The NetworkStreaming appliance will allow computer support personnel to assume remote desktop control in about 10 seconds. This will allow resolve of incidents faster by enabling remote desktop control of any PC connected to the internet. Its unique deployment gives the flexibility needed to support mobile end-users without compromising security. By utilizing this technology, travel costs should be decreased for computer related repairs. Since a computer-based reporting system is required for FSNE, it is necessary to maintain the computer systems required for FSNE reporting.

Education Materials. See budget justification template for itemization.

Travel. See Travel.

Administrative. No funds requested.

Building/Space. No funds requested.

Maintenance. No funds requested.

Equipment & Other Capital Expenditures. No funds requested.

Section D. Budget Summary – Line Item Justifications
UA CES FSNE project

Indirect costs. The University of Arkansas Indirect Cost Rate (F & A - Facilities and Administrative Cost Rate) is based on modified total direct costs (MTDC) rather than total federal funds only. In the case of the FY07 FSNE program, the total direct costs are \$1,742,904. From this number third-party, non-federal, governmental dollars are subtracted to determine the \$1,469,069 modified total direct costs on which the indirects should be calculated (there were none of the other factors which are subtracted to reach modified total direct costs present in the budget). Since FNS sets a cap of the first 26% of the federally negotiated rate, the modified total direct program costs of \$1,469,069 are multiplied by 26% for a total of \$381,958. The unrecovered indirect costs (3%) are determined by multiplying the modified total direct program costs of \$1,469,069 by 3% for a total of \$44,072, which is then shown as part of University of Arkansas Cooperative Extension Service's matching portion of the program. Since the University of Arkansas CES is not located on the campus of the University of Arkansas, CES has its own negotiated and approved indirect rate with our cognizant agency, DHHS. Under our indirect rate agreement, 29% has been approved as the on-site rate.

► See Appendix D for Indirect Cost Rate Agreement

Appendix A. Template 4: 2007 Nutrition Education Plan Budget Summary (continued)

2. BUDGET INFORMATION BY PROJECT

Sub-grantee Name (if applicable):

Project Name: FF-NEWS (UAPB)

	(a) Non-Federal Public Funds a;ldkfj		(b) Non-Federal Non-Public Funds	(c) Total Non- Federal Funds (a+b)	(d) Federal Funds a;ldkjfdkjl;a	Total Funds (c+d)
	Cash	In-kind	Cash			
1. Salary/Benefits	\$ 141,367.00		\$ -	\$ 141,367.00	\$ 176,154.00	\$ 317,521.00
2. Contracts/Grants/ Agreements**		\$ -	\$ 40,212.00	\$ 40,212.00		\$ 40,212.00
3. Non-Capital Equipment/Supplies		\$ -	\$ -	\$ -	\$ 8,800.00	\$ 8,800.00
4. Educational Materials	\$ -			\$ -	\$ 41,167.00	\$ 41,167.00
5. Travel**		\$ -	\$ -	\$ -	\$ 24,452.00	\$ 24,452.00
6. Administrative		\$ -	\$ -	\$ -		\$ -
7. Building/Space		\$ -	\$ -	\$ -		\$ -
8. Maintenance		\$ -	\$ -	\$ -		
Sub-total 1-8	\$ 141,367.00	\$ -	\$ 40,212.00	\$ 181,579.00	\$ 250,573.00	\$ 432,152.00
9. Equipment & Other Capital Expenditures	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
10. Total Direct Costs	\$ 141,367.00	\$ -	\$ 40,212.00	\$ 181,579.00	\$ 250,573.00	\$ 432,152.00
11a. Indirect Cost***	\$ 86,892.00	\$ -		\$ 86,892.00	\$ 17,898.00	\$ 104,790.00
11b. Indirect as match	\$ -					\$ -
12. Total Costs	\$ 228,259.00	\$ -	\$ 40,212.00	\$ 268,471.00	\$ 268,471.00	\$ 536,942.00

Please enter your indirect cost rate as a decimal in the blue cell above, if different than 26%
For example, 29% should be entered as 0.29

*Provide narrative describing all expenses.

**Attach copies of interagency agreements to support line 2.

***Provide assurance that the indirect cost rate is an approved rate (See Appendix C, Section A.2).

Budget Justification FFNEWS

Budget Category	State \$	Other \$	Federal \$
Salaries and Benefits: See Staffing Pattern for itemization. UAPB Benefits calculated at 25% which includes 6.2% FICA, 5% pension fund, 1.45% medicare, 0.9% worker's compensation, 1.37% unemployment tax, 2.16% basic disability, 3.36% life insurance, and 4.56% health insurance. CES Benefits calculated at 29.01% which includes 6.62% FICA, 9.87% retirement, 10.3% medical/dental insurance, .36% life/disability insurance, .05% unemployment, .42% worker's compensation, .21% other benefits, .25% fringe management fee, and .93% fringe benefit adjustment. CES Benefits for administrative support calculated at 7.98% which includes 7.65% FICA, .07% unemployment, and .26% worker's compensation.	\$ 141,367		\$ 176,154
Contracts/Grants/Agreements		\$ 40,212	
Non Capital Equipment and Supplies			
TV/VCR Combination 3@\$225			\$ 675
Office Supplies			\$ 4,965
Cell Phone Usage 3@\$180/mo			\$ 2,160
Small Appliances (3 each) Mixers, Food Processors, Blenders, and Electric Skillets			\$ 1,000
sub-total non-capital equipment and supplies	\$ -	\$ -	\$ 8,800
Educational Materials			
Printing			
15,000 Single Concept Fact Sheet @ \$.29 each	\$ -	\$ -	\$ 4,350
44,585 handouts for 12 lessons @ \$.20 each	\$ -	\$ -	\$ 8,917
Copying 50,000 copies @ \$.15 each	\$ -	\$ -	\$ 7,500
Demonstration supplies for 3 educators at \$500 each/qtr.	\$ -	\$ -	\$ 6,000
Food for 12 lessons @ \$1/lesson/participant (12X\$1X1,200)	\$ -	\$ -	\$ 14,400
sub-total educational materials	\$ -	\$ -	\$ 41,167
Travel-see "See 3. Travel"			\$ 24,452
Administrative			
Building/space (if not in indirect costs) (Specify depreciation method or use allowance)			
Operation & Maintenance (if not in indirect costs)			
Total of above direct costs	\$ 141,367	\$ 40,212	\$ 250,573
Equipment and Other Capital Expenditures			
Indirect Cost:			
University's ICR for "off campus" other sponsored projects is 26%.	\$ 86,892		\$ 17,898
University's ICR for "on campus" is 60%.			
Totals	\$ 228,259	\$ 40,212	\$ 268,471
Total state and other and total federal		\$ 268,471	\$ 268,471

Appendix A. Template 4: 2007 Nutrition Education Plan Budget Summary
(continued)

3. Travel Justification

UA CES FSNE project (REVISED 9-21-06)

a) Travel destination	b) Travel purpose and justification	c) Number of staff traveling	d) Cost of travel
In-state			
Local sites	To deliver FSNE to participants	107 agents	
	Average of 100 miles per month per county at 42 cents per mile (100X12X67X.42)		\$ 33,768.00
Little Rock, AR	2 State-level trainings for FSNE agents- Spring training focuses on development of plan for new programming year. Fall training focuses on implementation of plans.	67 FCS agents	
	Average of 300 miles round trip per county per training at 42 cents per mile (300X67X.42 X 2 trainings)	67 FCS agents	\$ 16,884.00
	Meals - Estimate based on per diem of \$51 per day for 2 days per agent per training (\$51X2X67X2 trainings)	67 FCS agents	\$ 13,668.00
	Lodging -Estimate based on per diem of \$72 per day for 2 days per agent per training (72X2X67X2 trainings)	67 FCS agents	\$ 19,296.00
Other in-state events	County reviews and regional training per CES district locations. Costs associated with FSNE coordinator, financial manager and state personnel.		
	5,000 annual miles per district office at 42 cents per mile - (5,000X.42X3 districts)	6 staff members	\$ 6,300.00
	County reviews and/or regional trainings conducted by state FSNE staff members (estimated costs to include mileage, meals and lodging as necessary)	4 staff members	\$ 4,103.00
Total for In-state travel			\$ 94,019.00
Out-of State			
		Cannot exceed 4 per meeting	

Appendix A. Template 4: 2007 Nutrition Education Plan Budget Summary
(continued)

a) Travel destination	b) Travel purpose and justification	c) Number of staff traveling	d) Cost of travel
Chicago, IL	Society for Nutrition Education Annual Meeting - July 28 - August 1, 2007 - Agents and Nutrition Specialist will attend sessions focusing on nutrition education and delivery to low income audiences.	3	
	Airfare @ \$500	3	\$ 1,500.00
	5 days meals @ \$50	3	\$ 750.00
	5 nights lodging @ \$150	3	\$ 2,250.00
Location TBA	National/Regional FSNE conference - TBA	4	
	Airfare @ \$500	4	\$ 2,000.00
	5 days meals @ \$50	4	\$ 1,000.00
	5 nights @ \$175	4	\$ 3,500.00
Total for Out-of-state travel			\$ 11,000.00
TOTAL TRAVEL COSTS			\$ 105,019.00

Section E.

To assure compliance with policies described in this guidance, the Food Stamp Nutrition Education plan must include the following assurances. Mark your response to the right.

	YES	NO
1. The State food stamp agency is accountable for the content of the State nutrition education plan and provides oversight to any sub-grantees. The State food stamp agency is fiscally responsible for nutrition education activities funded with Food Stamp Program funds and is liable for repayment of unallowable costs.	X	
2. Nutrition education activities are <u>conducted exclusively</u> for the benefit of those eligible for the Food Stamp Program.	X	
3. Efforts have been made to <u>target</u> FSNE to FSP participants and eligibles.	X	
4. In cases where Food Stamp Nutrition Education projects may inadvertently benefit persons that are ineligible for the Food Stamp Program because it is not practical or possible to meet the exclusivity requirement, the State has sought approved waivers for each project. To be approved, the waiver request(s) must clearly demonstrates how the proposed project provides a good means of reaching food stamp eligibles and documents that at least 50 percent of those reached will have gross incomes at or below 185 percent of the poverty thresholds or guidelines.	X	
5. Only expanded or additional coverage of those activities funded under the Expanded Food and Nutrition Education Program (EFNEP) may be claimed under the FSNE grant. Approved activities are those designed to expand the State's current EFNEP coverage in order to serve additional food stamp eligibles or to provide additional education services to EFNEP clients who are eligible for the Food Stamp Program. In no case may activities funded under the EFNEP grant be included in the budget for FSNE.	X	
6. Cash or in-kind donations from other non-Federal sources to Food Stamp Nutrition Education have not been claimed or used as a match or reimbursement under any other Federal program.	X	
7. Costs incurred by other State and/or local agencies for goods and services for Food Stamp Nutrition Education and which are then donated to the food stamp State agency make up the public in-kind contributions that are included in the State share of costs that are eligible for Federal reimbursement. They may not be used as a match under any other Federally funded project.	X	
8. Documentation of State costs, payments, and donations for approved Food Stamp Nutrition Education activities are maintained by the State and will be available for USDA review and audit.	X	
9. Contracts are procured through competitive bid procedures governed by State procurement regulations.	X	
10. Program activities are conducted in compliance with all applicable Federal laws, rules, regulations including Civil Rights and OMB circulars governing cost issues.	X	

To assure compliance with policies described in this guidance, the Food Stamp Nutrition Education plan must include the following assurances. Mark your response to the right.

	YES	NO
11. Program activities do not supplant existing nutrition education programs, and where operating in conjunction with existing programs, enhance and supplement them.	X	
12. Program activities are reasonable and necessary to accomplish Food Stamp Nutrition Education objectives and goals.	X	
13. All materials developed or printed with Food Stamp Nutrition Education funds include the appropriate USDA non-discrimination statement, credit to the Food Stamp Program as a funding source, and a brief message about how the Food Stamp Program can help provide a healthy diet and how to apply for benefits.	X	
14. Messages of nutrition education are consistent with the Dietary Guidelines for Americans and stress the importance of variety, balance, and moderation, and do not disparage any specific food, beverage or commodity.	X	

Appendix A:

Waiver Request

Exclusivity Waiver Request

1. **Waiver Serial Number:** *(assigned by SWRO which will be State prefix-year-sequence number)*
2. **Type of Request:** Extension
3. **Primary Regulation Citation:** 7 CFR 272.2(d)(2)(iii)
4. **Secondary Regulation Citation:** None
5. **State:** Arkansas
6. **Region:** Southwest
7. **Regulatory Requirement:** The regulations require that nutrition education programs for which USDA provides Food Stamp Program administrative matching funds be conducted exclusively for the benefit of Food Stamp Program applicants and participants and that they do not duplicate USDA's Expanded Food and Nutrition Education Program's efforts in the state.
8. **Proposed Alternative Procedures:** Waive the restrictions in this provision of the regulations to allow the Arkansas FSNE Program to provide nutrition education at sites where at least 50% of more of persons have gross incomes at or below 185% of poverty, understanding that UACES FSNE, FF-NEWS, and Healthy Arkansas Initiative may inadvertently reach low income adults and youth who are not currently participating in the Food Stamp Program. (See Arkansas Exclusivity Waiver Request Organization/School Site List)
9. **Justification for the Request:** Food Stamp applicants and recipients are the target population of the nutrition education program described in the FY07 Food Stamp Nutrition Education (FSNE) plan. The program will benefit low-income persons who meet the FSNE definition for an eligible project population. Arkansas Department of Health and Human Services therefore requests a waiver to deliver FSNE programs to families and individuals participating in programs listed below. Eligibility requirements for these programs are set at 185% of Federal Poverty Income Limit; therefore these recipients meet the low-income definition described in the FY 07 FSNE Guidance. The delivery of FSNE will not supplant existing programs, but will enhance and supplement these programs. Contractors will accomplish this through planning and coordination with the following approved organizations:
 - Community sites located in census tract or zip code areas where at least 50% of persons have gross incomes that are equal to or less than 185% of the poverty threshold.
 - Community sites located in census tract blocks identified via the Summer Food Target Mapper which uses 2000 Census data to show where 50 percent or more of the children in an area are eligible for free or reduced-price school meals.
 - Head Start and/or HIPPIY programs where at least 50% of participating families have incomes at or below 185% of the poverty threshold.
 - Organizations serving persons residing in census tract or zip code areas where at least 50% of persons have gross incomes that are equal to or less than 185% of the poverty threshold.
 - Organizations that means-test participants and verify that at least 50% of persons served or who participate in programs have gross incomes at or below 185% of poverty thresholds.
 - Schools where at least 50% of children receive free and reduced-priced meals.
 - The WIC program.

Planned cooperation will also allow for marketing of the nutrition education in a proactive mode and will increase the synergistic effect that working cooperatively can provide. Contractors will plan classes strategically so that they are conducted in locations and with audiences that are not otherwise reached with existing programs. Program delivery methods may include, but are not limited to, direct teaching in groups and meetings; basic food and nutrition demonstrations; newsletters and single

concept fact sheets; mass media efforts to develop understanding, awareness, and involvement in the educational program.

10. **Anticipated Impact on Households and State Agency Operations:** The waiver will provide for more efficient and effective administration of the program. It will allow the program to reach a greater number of Food Stamp recipients, applicants, and likely eligibles as well as the increased number of potential Food Stamp participants. (e.g. families of Head Start children, low-income senior citizens, women with children, parents/families of school children). This waiver will eliminate the need for predetermination of Food Stamp recipient status and the waiver will allow more eligible individuals to benefit from the nutrition education program. Denial of this waiver may limit the scope of FSNE and make it more difficult to deliver effective, easily accessible nutrition education.

11. **Caseload Information, Including Percent, Characteristics, and Quality Control Error Rate for Affected Portion**

The requested change will have no impact on the quality control error rate and may increase Food Stamp caseloads.

12. **Anticipated implementation date and time period for which the waiver is needed:** October 1, 2006 to September 30, 2007.

13. **Proposed Quality Control Review Procedures:** Will be monitored through the Management Review Process.

14. **Signature and Title of Requesting Official:**

Melissa Dean, Assistant Director, Administrative Support, Division of County Operations

15. **Date of Request:** *(date stamped or typed)*

Arkansas Exclusivity Waiver Request Organization/School Site List

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Baxter	Norfolk Boys & Girls Club	61%	20	Census Block Group 050059505004
Chicot	Delta Counseling Associates	50%	20	Census Tract 9803
Columbia	Jones Chapel Baptist Church	60%	25	Census Tract 9505
Columbia	Southwest Arkansas Development Council	60%	75	Census Tract 9505
Crittenden	Ecumenical Village	59%	25	Census Tract 303.02
Crittenden	Edmondson Senior Citizens Center	57%	20	Census Tract 306
Crittenden	Eugene Woods Civic Center (Lead)	59%	50	Census Tract 303.02
Crittenden	Ingram Courts	53%	25	Census Tract 301.02
Crittenden	West Memphis Activity Center	68%	30	Census Tract 304.01
Desha	Caring Children Adult Daycare	56%	5	Census Tract 9504
Desha	Delta Counseling Associates	56%	10	Census Tract 9504
Desha	Delta Health Care/Access Program	56%	10	Census Tract 9504
Desha	Gilead Family Center	56%	20	Census Tract 9504
Desha	Phoenix Youth & Family Services at McGehee	94%	10	Census Block Group 050419504001
Desha	St. Peter Rock Church	56%	10	Census Tract 9504
Jefferson	Clover Clique 4-H Club	66%	25	Census Block Group 050690017001
Jefferson	New Hope CME Clovers 4-H Club	66%	25	Census Block Group 050690017001
Jefferson	St. Peter's Catholic School 4-H Club	82%	20	Census Block Group 050690010003
Jefferson	The Salvation Army	64%	25	Census Tract 10
Lee	CRDC Marianna Senior Center	68%	25	Census Tract 9703
Lee	Health Resources	68%	15	Census Tract 9703
Lee	Lee County Family Resource Center	68%	25	Census Tract 9703
Lee	Mid-Delta Community Services	68%	50	Census Tract 9703
Miller	Downtown Farmers Market	80%	75	Census Tract 206
Mississippi	Blytheville Senior Citizens Center	65%	150	Census Tract 103
Monroe	Eastern AR HIPPY at Brinkley	54%	15	Census Tract 9503
Ouachita	Ouachita Industries--Child Enrichment--ABC Preschool	89%	15	Census Block Group 051039506004
Ouachita	Southwest Arkansas Development Council/Columbia Heights	50%	40	Census Tract 9506
Poinsett	Marked Tree Senior Life Center	54%	20	Census Tract 9907
Poinsett	Trumann Senior Life Center	52%	20	Census Tract 9903
Polk	Cossatot Senior Center	50%	25	Census Tract 9506
Sebastian	Fort Smith Public Schools Even Start/Parents as Teachers Program	56%	200	Census Tract 3
Union	Boys and Girls Club - Southeast Campus	59%	10	Census Tract 9510
Union	Salvation Army	59%	7	Census Tract 9510
Washington	Seven Hills Homeless Residential Shelter	63%	8	Census Tract 108
Woodruff	Woodruff County Senior Center	53%	100	Census Tract 9902
Yell	Danville Senior Activity Center	52%	30	Census Tract 9525
Cross	Parkin Senior Center - Feeding Program	58%	20	Zip code 72373
Jefferson	Area Agency on Aging of Southeast Arkansas, Inc.	55%	20	Zip code 71601
Jefferson	Boys and Girls Club at Pine Bluff	55%	20	Zip code 71601
Jefferson	Family Community Development Corporation	55%	20	Zip code 71601
Jefferson	NEADS Outreach Ministry, Inc., Barraques Street Baptist Church	55%	20	Zip code 71601
Jefferson	Second Baptist M.B. Church	51%	20	Zip code 72175
Jefferson	Star Bethel	51%	20	Zip code 72175
Woodruff	East AR HIPPY	53%	20	Zip code 72006
Woodruff	Food Giant Super Market	53%	20	Zip code 72006
Ashley	Boys and Girls Club of Ashley County	50%	20	Director Documentation
Ashley	Crossett Senior Citizens Center	50%	20	Director Documentation
Ashley	Hamburg Senior Citizens Center	50%	20	Director Documentation
Baxter	Christian Clinic	100%	140	Director Documentation
Calhoun	Calhoun County Senior Nutrition Center	50%	25	Director Documentation
Calhoun	O Muthra Hubbard Day Care Center	100%	15	Director Documentation
Carroll	Carroll County Senior Center	50%	40	Director Documentation
Clay	Corning, Rector, Piggott Senior Wellness Centers	50%	60	Director Documentation
Columbia	Magnolia Housing Authority- Pine Valley	100%	60	Director Documentation
Crawford	Alma Senior Citizen Center	50%	25	Director Documentation
Crawford	Cedarville Senior Citizens Center	95%	12	Director Documentation
Crawford	Mountainburg Senior Citizens Center	95%	25	Director Documentation
Crawford	Mulberry Senior Citizens Center	95%	25	Director Documentation
Crawford	Van Buren Senior Citizens Center	95%	25	Director Documentation
Desha	Boys and Girls Club at McGehee	51%	20	Director Documentation
Drew	Adult Development Center	100%	20	Director Documentation
Drew	ARISE Charger	62%	20	Director Documentation
Drew	Boys and Girls Club of Drew County	63%	20	Director Documentation
Drew	Caring Childhood Adult Daycare	100%	20	Director Documentation
Drew	Head of the Class Childcare	50%	20	Director Documentation
Drew	Holly Divine Church	51%	20	Director Documentation

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Drew	Luvs N. Hugs Daycar Center	51%	20	Director Documentation
Drew	Mine, Yours and Ours Daycare	100%	20	Director Documentation
Drew	Monticello Adult Education/Employment & Training	100%	25	Director Documentation
Drew	Monticello Senior Citizens Center	50%	20	Director Documentation
Drew	Pilgrim Rest African Methodist Episcopal Church (AME)	80%	20	Director Documentation
Drew	Trinity's Treasure Learning Center	51%	20	Director Documentation
Drew	Wilmar Food and Tutorial Program	59%	20	Director Documentation
Grant	Senior Citizen Center	100%	35	Director Documentation
Grant	Spirit of Sharing	100%	50	Director Documentation
Greene	Mini Rise Senior Bees	100%	12	Director Documentation
Hempste	SWADC Senior Citizens Center	100%	20	Director Documentation
Hot Spring	Beta School, Malvern School District	70%	10	Director Documentation
Hot Spring	Even Start Family Literacy, Ouachita Technical College	100%	5	Director Documentation
Lafayette	Senior Citizen's Center- Bradley	90%	10	Director Documentation
Lafayette	Senior Citizen's Center-Stamps	90%	20	Director Documentation
Lawrence	Brad Senior Center Walnut Ridge and Imboden	50%	50	Director Documentation
Lincoln	Lincoln County Senior Citizen Center	100%	20	Director Documentation
Lincoln	Star City Senior Citizens Center	100%	20	Director Documentation
Lincoln	Star City Senior Citizens Center	90%	25	Director Documentation
Miller	Opportunities Inc.-Sr. Housing Facility	100%	60	Director Documentation
Nevada	Nevada County Day Services Center	100%	20	Director Documentation
Pike	CADC Senior Adult Center--Glenwood	100%	30	Director Documentation
Pike	CADC Senior Center in Murfreesboro	100%	25	Director Documentation
Pulaski	UALR Children International	100%	15	Director Documentation
Randolph	Black River Area Development Corporation (BRAD) Senior Center	54%	100	Director Documentation
Scott	Parks Senior Center	56%	15	Director Documentation
Scott	Scott County Senior Center	56%	35	Director Documentation
Sevier	De Queen Senior Center	50%	30	Director Documentation
St. Francis	Beth Salem M.B. Church	59%	20	Director Documentation
St. Francis	Community Voices Center	59%	20	Director Documentation
St. Francis	First Baptist Church at Forrest City	59%	20	Director Documentation
St. Francis	Forrest City Senior Center	50%	20	Director Documentation
St. Francis	Insite Ministries	50%	20	Director Documentation
St. Francis	Salem M.B. Church	59%	20	Director Documentation
Union	Sr. Citizens Center	70%	30	Director Documentation
Van Buren	Lefler Estates Apartment Complex for Senior Adults	60%	12	Director Documentation
White	Career Pathways	90%	30	Director Documentation
White	Health Resources of Arkansas (Mills Center)	95%	20	Director Documentation
Woodruff	Woodruff County Aging Program	50%	20	Director Documentation
Arkansas	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Ashley	Southeast Arkansas Community Action Corporation	100%	20	Head Start/ HIPYP
Baxter	Ozark Opportunities, Inc. - Head Start/ABC	100%	20	Head Start/ HIPYP
Benton	Northwest Arkansas Head Start Human Services, Inc.	100%	20	Head Start/ HIPYP
Benton	Rogers HIPYP Program	100%	20	Head Start/ HIPYP
Boone	Boone County Ozark Opporunities/ Head Start	100%	20	Head Start/ HIPYP
Bradley	Bradley: Southeast Arkansas Community Action Corporation-Hermitage HeadStart	100%	20	Head Start/ HIPYP
Bradley	Southeast Arkansas Community Action Corporation	100%	20	Head Start/ HIPYP
Calhoun	Families and Children Together, Inc. (FACT)	100%	20	Head Start/ HIPYP
Carroll	Northwest Arkansas Head Start Human Services, Inc.	100%	20	Head Start/ HIPYP
Chicot	Southeast Arkansas Community Action Corporation	100%	20	Head Start/ HIPYP
Clark	Central Arkansas Development Council (CADC): Head Start	100%	20	Head Start/ HIPYP
Clay	Black River Area Development Corporation (BRAD)	100%	20	Head Start/ HIPYP
Cleburne	Community Action Program for Central Arkansas (CAPCA)	100%	20	Head Start/ HIPYP
Cleveland	Cleveland County School District/Cleveland County Head Start	100%	20	Head Start/ HIPYP
Columbia	Families and Children Together, Inc. (FACT)	100%	20	Head Start/ HIPYP
Conway	Child Development, Inc. (CDI) - Morrilton Child Development Center	100%	20	Head Start/ HIPYP
Craighead	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Crawford	Head Start Child and Family Services, Inc.	100%	20	Head Start/ HIPYP
Crittenden	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Cross	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Cross	Wynne Community Enlightenment Center	100%	20	Head Start/ HIPYP
Dallas	Families and Children Together, Inc. (FACT)	100%	20	Head Start/ HIPYP
Desha	Child Development, Inc. (CDI): Migrant Seasonal Head Start	100%	20	Head Start/ HIPYP
Desha	Southeast Arkansas Community Action Corporation	100%	20	Head Start/ HIPYP
Drew	Southeast Arkansas Community Action Corporation	100%	20	Head Start/ HIPYP
Faulkner	Community Action Program for Central Arkansas (CAPCA)	100%	20	Head Start/ HIPYP
Franklin	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Fulton	North Central Arkansas Development Council, Inc. (NADC): Mammoth Spring Head Start	100%	20	Head Start/ HIPYP
Fulton	North Central Arkansas Development Council, Inc. (NADC): Salem Head Start	100%	20	Head Start/ HIPYP
Fulton	North Central Arkansas Development Council, Inc. (NADC): Viola Head Start	100%	20	Head Start/ HIPYP
Garland	Arkansas Human Development Corporation	100%	20	Head Start/ HIPYP
Garland	Community Services Office, Inc. of Hot Springs/Garland Co (CS)	100%	20	Head Start/ HIPYP
Grant	Jefferson Comprehensive Care Center, Inc.	100%	20	Head Start/ HIPYP

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Greene	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Hempstead	Southwest Arkansas Development Council, Inc. (SWADC)	100%	20	Head Start/ HIPYP
Hot Spring	Central Arkansas Development Council (CADC): Head Start	100%	20	Head Start/ HIPYP
Howard	Southwest Arkansas Development Council, Inc. (SWADC): Mineral Springs Head Start Center	100%	20	Head Start/ HIPYP
Howard	Southwest Arkansas Development Council, Inc. (SWADC): Nashville Head Start Center	100%	20	Head Start/ HIPYP
Independence	North Central Arkansas Development Council, Inc. (NADC)	100%	20	Head Start/ HIPYP
Izard	North Central Arkansas Development Council, Inc. (NADC): Brockwell Head Start	100%	20	Head Start/ HIPYP
Izard	North Central Arkansas Development Council, Inc. (NADC): Calico Rock Head Start	100%	20	Head Start/ HIPYP
Izard	North Central Arkansas Development Council, Inc. (NADC): Melbourne Head Start	100%	20	Head Start/ HIPYP
Jackson	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Jefferson	Jefferson Comprehensive Care Center, Inc.	100%	20	Head Start/ HIPYP
Johnson	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Lafayette	Southwest Arkansas Development Council, Inc. (SWADC): Bradley Headstart	100%	20	Head Start/ HIPYP
Lafayette	Southwest Arkansas Development Council, Inc. (SWADC): Lewisville	100%	20	Head Start/ HIPYP
Lafayette	Southwest Arkansas Development Council, Inc. (SWADC): Stamps	100%	20	Head Start/ HIPYP
Lawrence	Black River Area Development Corporation (BRAD)	100%	20	Head Start/ HIPYP
Lee	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Lincoln	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Little River	Southwest Arkansas Development Council, Inc. (SWADC): Ashdown Head Start	100%	20	Head Start/ HIPYP
Logan	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Lonoke	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Madison	Northwest Arkansas Head Start Human Services, Inc.: Huntsville Headstart Center	100%	20	Head Start/ HIPYP
Marion	Ozark Opportunities, Inc.: Yellville-Summit Head Start	100%	20	Head Start/ HIPYP
Miller	Southwest Arkansas Development Council, Inc. (SWADC)	100%	20	Head Start/ HIPYP
Mississippi	Mississippi County, Arkansas EOC	100%	20	Head Start/ HIPYP
Monroe	Mid-Delta Community Services, Inc.	100%	20	Head Start/ HIPYP
Montgomery	Central Arkansas Development Council (CADC): Head Start	100%	20	Head Start/ HIPYP
Nevada	Southwest Arkansas Development Council, Inc. (SWADC)	100%	20	Head Start/ HIPYP
Newton	Newton County Special Services Corporation	100%	20	Head Start/ HIPYP
Newton	Ozark Opportunities, Inc.	100%	20	Head Start/ HIPYP
Ouachita	Families and Children Together, Inc. (FACT)	100%	20	Head Start/ HIPYP
Perry	Child Development, Inc. (CDI): Perry Head Start	100%	20	Head Start/ HIPYP
Phillips	Mid-Delta Community Services, Inc.	100%	20	Head Start/ HIPYP
Pike	Central Arkansas Development Council (CADC): Head Start	100%	20	Head Start/ HIPYP
Poinsett	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Polk	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Pope	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Prairie	Mid-Delta Community Services, Inc.	100%	20	Head Start/ HIPYP
Pulaski	Easter Seals of Arkansas	100%	20	Head Start/ HIPYP
Pulaski	UAMS/E.C.C.O.	100%	20	Head Start/ HIPYP
Randolph	Black River Area Development Corporation (BRAD)	100%	20	Head Start/ HIPYP
Saline	Central Arkansas Development Council (CADC): Head Start	100%	20	Head Start/ HIPYP
Scott	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Searcy	Ozark Opportunities, Inc.	100%	20	Head Start/ HIPYP
Sebastian	Head Start Child and Family Services, Inc.	100%	20	Head Start/ HIPYP
Sevier	ABC /HIPYP Parkhill Elementary	100%	20	Head Start/ HIPYP
Sevier	Southwest Arkansas Development Council, Inc. (SWADC): De Queen Head Start	100%	20	Head Start/ HIPYP
Sharp	North Central Arkansas Development Council, Inc. (NADC)	100%	20	Head Start/ HIPYP
St. Francis	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Stone	North Central Arkansas Development Council, Inc. (NADC)	100%	20	Head Start/ HIPYP
Union	Families and Children Together, Inc. (FACT)	100%	20	Head Start/ HIPYP
Van Buren	Ozark Opportunities, Inc.: Clinton Head Start Program	100%	20	Head Start/ HIPYP
Washington	E.O.A. of Washington County	100%	20	Head Start/ HIPYP
White	Community Action Program for Central Arkansas (CAPCA): Bald Knob Head Start	100%	20	Head Start/ HIPYP
White	Community Action Program for Central Arkansas (CAPCA): Mills Head Start	100%	20	Head Start/ HIPYP
Woodruff	Crowley's Ridge Development Council, Inc. (CRDC)	100%	20	Head Start/ HIPYP
Yell	Child Development, Inc. (CDI)	100%	20	Head Start/ HIPYP
Arkansas	Clary Elementary School	64%	284	School
Arkansas	Dewitt Elementary School	59%	571	School
Arkansas	Dewitt Middle School	55%	292	School
Arkansas	Gillett Elementary School	65%	83	School
Arkansas	Humphrey Elementary School	69%	86	School
Arkansas	Meekins Middle School	61%	335	School
Arkansas	Park Avenue Elementary School	68%	689	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Arkansas	Stuttgart High School	53%	669	School
Ashley	Allbritton Upper Elem. School	100%	290	School
Ashley	Anderson Elementary School	62%	530	School
Ashley	Daniel Intermediate School	58%	360	School
Ashley	Fountain Hill Elem. School	100%	74	School
Ashley	Hamburg High School	100%	365	School
Ashley	Hamburg Junior High School	100%	433	School
Ashley	Hastings Alpha Alternative	81%	26	School
Ashley	Noble Lower Elementary School	100%	386	School
Ashley	Norman Junior High School	60%	579	School
Ashley	North Crossett Primary School	59%	350	School
Ashley	Portland Elementary School	100%	168	School
Ashley	Wilmot Elementary School	100%	112	School
Baxter	Amanda Gist (Cotter) Elementary School	69%	321	School
Baxter	Cotter High School	56%	315	School
Baxter	Guy Berry Intermediate School	52%	294	School
Baxter	Mountain Home Kindergarten	57%	332	School
Baxter	Nelson Wilks Herron Elementary	52%	937	School
Baxter	Norfolk (Arrie Goforth) Elementary School	78%	251	School
Baxter	Norfolk High School	67%	208	School
Benton	Bonnie Grimes Elem. School	61%	516	School
Benton	Decatur Elementary School	77%	221	School
Benton	Decatur High School	63%	224	School
Benton	Decatur Middle School	73%	111	School
Benton	Eastside Elementary School	63%	490	School
Benton	Frank Tillery Elem. School	71%	590	School
Benton	Garfield Elementary School	52%	160	School
Benton	Gentry Intermediate School	55%	341	School
Benton	Gentry Middle School	55%	339	School
Benton	Gentry Primary School	55%	354	School
Benton	Grace Hill Elementary School	79%	481	School
Benton	Joe Mathias Elementary School	69%	511	School
Benton	Jones Elementary School	79%	432	School
Benton	Kirksey Middle School	56%	895	School
Benton	Lingle Middle School	50%	857	School
Benton	Northside Elementary School	58%	420	School
Benton	Northside Elementary School	52%	543	School
Benton	Old Wire Elementary School	56%	297	School
Benton	Southside East Elem. School	50%	603	School
Benton	Southside West Elem. School	51%	524	School
Boone	Alpena Elementary School	55%	298	School
Boone	Eagle Heights Elem. School	69%	213	School
Boone	Lead Hill Elementary School	79%	214	School
Boone	Lead Hill High School	66%	170	School
Boone	Omaha Elementary School	69%	246	School
Boone	Omaha High School	75%	199	School
Boone	Woodland Heights Elem. School	76%	119	School
Bradley	Eastside Primary School	74%	508	School
Bradley	Hermitage Elementary School	73%	263	School
Bradley	Hermitage High School	75%	236	School
Bradley	Thomas C. Brunson Elem. School	70%	224	School
Bradley	Warren High School	58%	502	School
Bradley	Warren Middle School	65%	393	School
Calhoun	Hampton Elementary School	62%	350	School
Calhoun	Hampton High School	53%	384	School
Carroll	Berryville Elementary School	58%	872	School
Carroll	Berryville Middle School	52%	413	School
Carroll	Eureka Springs Elem. School	58%	235	School
Carroll	Eureka Springs Middle School	53%	207	School
Carroll	Green Forest Elementary School	71%	435	School
Carroll	Green Forest High School	50%	439	School
Carroll	Green Forest Intermed School	66%	376	School
Chicot	Dermott Elementary School	100%	244	School
Chicot	Dermott High School	100%	207	School
Chicot	Dermott Middle	100%	140	School
Chicot	Eudora High School	100%	333	School
Chicot	G.C. Johns Lower Elem. School	100%	298	School
Chicot	Lakeside High School	100%	296	School
Chicot	Lakeside Lower Elem. School	100%	208	School
Chicot	Lakeside Middle School	100%	244	School
Chicot	Lakeside Upper Elem. School	100%	187	School
Clark	Cabe Middle School	71%	252	School
Clark	Central Primary School	53%	342	School
Clark	Gurdon High School	66%	273	School
Clark	Gurdon Primary School	76%	325	School
Clark	Louisa Perritt Primary	51%	346	School
Clay	Biggers-Reyno Elem. School	71%	86	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Clay	Biggers-Reyno High School	53%	92	School
Clay	Central Elementary School	60%	280	School
Clay	Corning High School	52%	512	School
Clay	Park Elementary School	62%	229	School
Clay	Piggott Elementary School	54%	548	School
Clay	Rector Elementary School	54%	320	School
Cleburne	Concord Elementary School	58%	214	School
Cleburne	Concord High School	50%	191	School
Cleburne	Heber Springs Elem. School	56%	745	School
Cleburne	Heber Springs Middle School	50%	404	School
Cleburne	Quitman Elementary School	52%	296	School
Cleburne	West Side Elementary School	58%	244	School
Cleburne	Wilburn Elementary School	70%	82	School
Cleburne	Wilburn High School	54%	50	School
Cleveland	Kingsland Elementary School	81%	139	School
Cleveland	Rison Elementary School	57%	333	School
Cleveland	Rison High School	50%	401	School
Columbia	Central Elementary School	62%	650	School
Columbia	East-West Elementary School	64%	855	School
Columbia	Emerson High School	52%	180	School
Columbia	Magnolia Jr. High School	59%	713	School
Columbia	Waldo Elementary School	96%	154	School
Columbia	Waldo High School	96%	170	School
Conway	Morrilton Intermediate School	61%	653	School
Conway	Morrilton Junior High School	58%	399	School
Conway	Nemo Vista Elementary School	64%	250	School
Conway	Nemo Vista High School	50%	213	School
Conway	Reynolds Elementary School	66%	364	School
Conway	West Side Kindergarten	68%	206	School
Conway	Wonderview Elementary School	51%	211	School
Craighead	Annie Camp Jr. High School	54%	576	School
Craighead	Bay Elementary School	51%	312	School
Craighead	Buffalo Is. Central East Elem.	66%	251	School
Craighead	Buffalo Is. Central West Elem.	54%	234	School
Craighead	Douglas Macarthur Jhs	59%	553	School
Craighead	Fox Meadow Elementary	52%	488	School
Craighead	Hillcrest Elementary School	64%	443	School
Craighead	Kindergarten Center	79%	441	School
Craighead	Nettleton Central Elementary	84%	262	School
Craighead	Nettleton Intermediate Center	51%	357	School
Craighead	Philadelphia Elementary School	83%	533	School
Craighead	Raider Open Door Acad Charter	66%	53	School
Craighead	Riverside East Elem. School	66%	184	School
Craighead	Riverside Jr. High School	56%	188	School
Craighead	Riverside West Elem. School	58%	256	School
Craighead	Sixth Grade Academic Center	64%	369	School
Craighead	West Elementary School	86%	415	School
Craighead	Westside Middle School	53%	395	School
Crawford	Butterfield Junior High School	50%	694	School
Crawford	Cedarville Elementary School	59%	345	School
Crawford	Cedarville Middle School	51%	288	School
Crawford	Central Middle School	62%	383	School
Crawford	J. J. Izard Elementary School	74%	390	School
Crawford	James R. Tate Elem. School	64%	460	School
Crawford	Marvin Elementary School	69%	200	School
Crawford	Mountainburg Elementary School	64%	256	School
Crawford	Mountainburg High School	50%	262	School
Crawford	Mountainburg Middle School	57%	246	School
Crawford	Mulberry High School	55%	158	School
Crawford	Pleasant View Elementary School	56%	99	School
Crawford	Pleasant View High School	53%	114	School
Crittenden	Avondale Elementary School	57%	619	School
Crittenden	Bragg Elementary School	100%	368	School
Crittenden	Dunbar Middle School	95%	276	School
Crittenden	Earle Elementary School	95%	329	School
Crittenden	Earle High School	94%	269	School
Crittenden	East Junior High School	100%	388	School
Crittenden	Faulk Elementary School	100%	545	School
Crittenden	Jackson Elementary School	100%	430	School
Crittenden	Maddux Elementary School	100%	543	School
Crittenden	Marion Elementary School	53%	519	School
Crittenden	Marion Intermediate School	50%	602	School
Crittenden	Marion Middle School	53%	614	School
Crittenden	Richland Elementary School	100%	449	School
Crittenden	Turrell Elementary School	100%	215	School
Crittenden	Turrell High School	100%	177	School
Crittenden	Weaver Elementary School	100%	390	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Crittenden	Wedlock Elementary School	100%	158	School
Crittenden	West Junior High School	100%	456	School
Crittenden	West Memphis High School	100%	1218	School
Crittenden	Wonder Elementary School	100%	517	School
Crittenden	Wonder Junior High School	100%	533	School
Cross	Cherry Valley Elem. School	72%	147	School
Cross	Cross County High School	62%	366	School
Cross	Vanndale Elementary School	67%	180	School
Cross	Wynne Intermediate School	57%	715	School
Cross	Wynne Junior High School	57%	739	School
Cross	Wynne Primary School	61%	695	School
Dallas	Fordyce Elementary Schools	58%	435	School
Desha	Central Elementary School	80%	279	School
Desha	Delta Special Elem. School	82%	68	School
Desha	Dumas High School	67%	423	School
Desha	Dumas Junior High School	78%	416	School
Desha	McGehee Elementary School	81%	618	School
Desha	McGehee High School	62%	643	School
Desha	Reed Elementary School	77%	634	School
Drew	Arise Charter	96%	51	School
Drew	Drew Central Elem. School	73%	549	School
Drew	Drew Central High School	56%	501	School
Drew	Monticello Elementary School	59%	514	School
Drew	Monticello Intermediate School	53%	436	School
Drew	Monticello Middle School	52%	484	School
Faulkner	Florence Mattison Elem. School	58%	509	School
Faulkner	Focus Learning Academy	68%	112	School
Faulkner	Guy-Perkins Elementary School	59%	220	School
Faulkner	Guy-Perkins High School	54%	218	School
Faulkner	Ida Burns Elementary School	53%	457	School
Faulkner	Mt. Vernon/Enola Elem. School	64%	262	School
Faulkner	Mt. Vernon/Enola High School	61%	213	School
Faulkner	Sallie Cone Elementary School	64%	322	School
Faulkner	Theodore Jones Elem. School	57%	442	School
Franklin	Altus-Denning Elem. School	79%	135	School
Franklin	County Line Elementary School	52%	265	School
Franklin	Elgin B. Milton Elem. School	50%	904	School
Franklin	Ozark 7Th Grade School	52%	149	School
Franklin	Ozark Junior High School	50%	288	School
Fulton	Mammoth Spring Elem. School	67%	244	School
Fulton	Mammoth Spring High School	64%	216	School
Fulton	Salem Elementary School	62%	380	School
Garland	Cutter-Morning Star Elem. Sch.	63%	329	School
Garland	Cutter-Morning Star High Sch.	52%	375	School
Garland	Gardner Magnet School	81%	596	School
Garland	Hot Springs High School	72%	834	School
Garland	Hot Springs Middle School	81%	732	School
Garland	Lake Hamilton Elementary Sch	50%	591	School
Garland	Lake Hamilton Primary School	55%	572	School
Garland	Langston Magnet School	95%	457	School
Garland	Mountain Pine Elem. School	78%	322	School
Garland	Mountain Pine High School	69%	322	School
Garland	Oaklawn Magnet School	79%	743	School
Garland	Summit School	74%	148	School
Grant	Poyen Elementary School	53%	289	School
Greene	Baldwin Elementary School	63%	335	School
Greene	Delaplaine Elementary School	72%	143	School
Greene	Delaplaine High School	58%	161	School
Greene	Greene Co. Tech Inter. School	52%	493	School
Greene	Greene Co. Tech Primary School	52%	772	School
Greene	Marmaduke Elementary School	58%	410	School
Greene	Oak Grove Elementary School	57%	437	School
Greene	Oak Grove Middle School	55%	396	School
Greene	Paragould Junior High	60%	435	School
Greene	Woodrow Wilson Elem. School	64%	311	School
Hempstead	Beryl Henry Upper Elem. School	77%	400	School
Hempstead	Blevins Elementary School	74%	258	School
Hempstead	Blevins High School	72%	201	School
Hempstead	Emmet Elementary School	74%	133	School
Hempstead	Emmet High School	51%	145	School
Hempstead	Garland Learning Center - Hope ABC Pre-K	79%	33	School
Hempstead	Wm. Jefferson Clinton Primary	83%	1108	School
Hempstead	Yerger Junior High School	65%	408	School
Hot Spring	Bismarck Elementary School	59%	392	School
Hot Spring	Bismarck Middle School	55%	333	School
Hot Spring	Carthage Elementary School	73%	37	School
Hot Spring	Glen Rose Elementary School	52%	359	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Hot Spring	Malvern Elementary School	66%	850	School
Hot Spring	Malvern Junior High School	57%	359	School
Hot Spring	Ouachita Elementary School	52%	238	School
Hot Spring	Wilson Intermediate School	65%	320	School
Howard	Joann Walters Elementary Sch	56%	264	School
Howard	Mineral Springs Elem. School	77%	223	School
Howard	Mineral Springs High School	65%	252	School
Howard	Nashville Elementary School	58%	421	School
Howard	Nashville Junior High School	57%	423	School
Howard	Nashville Primary School	66%	589	School
Howard	Saratoga Elementary School	92%	86	School
Howard	Saratoga High School	79%	56	School
Independence	Batesville 6Th Grade School	59%	181	School
Independence	Batesville Junior High School	52%	568	School
Independence	Cedar Ridge High School	51%	340	School
Independence	Central Elementary School	52%	284	School
Independence	Cord-Charlotte Elem. School	53%	161	School
Independence	Cushman Elementary School	65%	188	School
Independence	Cushman High School	54%	161	School
Independence	Kindergarten Center	62%	183	School
Independence	Midland Elementary School	67%	292	School
Independence	Midland High School	55%	276	School
Independence	Newark Elementary School	53%	278	School
Independence	Southside Elementary School	57%	537	School
Independence	Southside Middle School	55%	417	School
Independence	Sulphur Rock Elementary	70%	108	School
Independence	West Elementary School	75%	336	School
Izard	Calico Rock Elementary School	62%	245	School
Izard	Calico Rock High School	58%	241	School
Izard	Izard Co. Cons. Elem. School	82%	279	School
Izard	Izard Co. Cons. High School	68%	251	School
Izard	Melbourne Elementary School	51%	305	School
Izard	Melbourne High School	50%	227	School
Izard	Mount Pleasant High School	53%	152	School
Jackson	Castleberry Elementary School	72%	522	School
Jackson	Gibbs Albright Elem. School	73%	407	School
Jackson	Newport High School	60%	454	School
Jackson	Newport Junior High School	69%	235	School
Jackson	Swifton Elementary School	60%	86	School
Jackson	Swifton High School	57%	111	School
Jackson	Tuckerman Elementary School	64%	336	School
Jackson	Tuckerman High School	63%	327	School
Jefferson	Alzheimer Middle School	94%	102	School
Jefferson	Alzheimer-Sherrill High School	91%	137	School
Jefferson	Belair Elementary School	80%	348	School
Jefferson	Broadmoor Elementary School	87%	322	School
Jefferson	Coleman Elementary School	63%	747	School
Jefferson	Dollarway High School	100%	448	School
Jefferson	Dollarway Middle School	100%	369	School
Jefferson	Edgewood Elementary School	69%	527	School
Jefferson	Forrest Park Elementary School	88%	320	School
Jefferson	Greenville Elementary School	96%	226	School
Jefferson	Indiana Street Elem. School	92%	288	School
Jefferson	Jack Robey Jr. High School	70%	879	School
Jefferson	L. L. Owen Elementary School	67%	460	School
Jefferson	Lakeside Elementary School	80%	257	School
Jefferson	Martin Elementary School	93%	160	School
Jefferson	Matthews Elementary School	100%	282	School
Jefferson	Oak Park Elementary School	75%	382	School
Jefferson	Pine Bluff High School	61%	1179	School
Jefferson	Sam Taylor Elementary School	89%	166	School
Jefferson	Southeast Middle School	81%	438	School
Jefferson	Southwood Elementary School	84%	289	School
Jefferson	Thirty-Fourth Ave. Elem. Sch.	81%	284	School
Jefferson	Townsend Park North Elementary	100%	245	School
Jefferson	Townsend Park South Elem. Scho	100%	240	School
Jefferson	W. T. Cheney Elementary School	71%	171	School
Jefferson	Watson Chapel Jr. High School	56%	865	School
Johnson	Clarksville Junior High School	56%	524	School
Johnson	Clarksville Primary School	71%	462	School
Johnson	Kraus Middle School	53%	362	School
Johnson	Lamar Elementary School	64%	390	School
Johnson	Lamar Middle School	54%	349	School
Johnson	Oark Elementary School	82%	99	School
Johnson	Oark High School	79%	90	School
Johnson	Pyron Elementary School	64%	581	School
Johnson	Westside Elementary School	81%	307	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Johnson	Westside High School	67%	324	School
Lafayette	Bradley Elementary School	81%	200	School
Lafayette	Bradley High School	64%	198	School
Lafayette	Lafayette Co Elem East Campus	75%	232	School
Lafayette	Lafayette Co Elem West Campus	90%	106	School
Lafayette	Lafayette County High School	68%	297	School
Lafayette	Lafayette County Middle School	77%	298	School
Lawrence	Black Rock Elementary School	74%	171	School
Lawrence	Black Rock High School	52%	163	School
Lawrence	Hillcrest High School	68%	105	School
Lawrence	Hillcrest Jr. High School	63%	121	School
Lawrence	Hoxie Elementary School	74%	484	School
Lawrence	Hoxie High School	69%	439	School
Lawrence	Imboden Area Charter School	62%	50	School
Lawrence	Lynn Elementary School	61%	119	School
Lawrence	River Valley Elementary School	68%	143	School
Lawrence	Sloan-Hendrix Elem. School	77%	326	School
Lawrence	Sloan-Hendrix High School	64%	296	School
Lawrence	Walnut Ridge Elementary School	59%	520	School
Lee	Anna Strong Elementary School	97%	307	School
Lee	Anna Strong Middle School	94%	346	School
Lee	Lee High School	93%	452	School
Lee	Whitten Elementary School	94%	310	School
Lincoln	Brown Elementary School	59%	779	School
Lincoln	Star City High School	52%	531	School
Lincoln	Star City Middle School	53%	429	School
Little River	Ashdown Alternative Learning School	70%	20	School
Little River	C. D. Franks Elementary School	61%	405	School
Little River	Foreman High School	53%	254	School
Little River	Margaret Daniels Primary	66%	246	School
Little River	Oscar Hamilton Elementary Sch	70%	274	School
Logan	A. R. Hederick Elem. School	62%	566	School
Logan	Booneville Middle School	54%	458	School
Logan	J.D. Leftwich High School	71%	238	School
Logan	Magazine Elementary School	73%	299	School
Logan	Paris Elementary School	59%	528	School
Logan	Paris Middle School	55%	264	School
Logan	Scranton Elementary School	50%	208	School
Lonoke	England Elementary School	71%	425	School
Lonoke	England High School	57%	277	School
Lonoke	England Middle School	69%	239	School
Lonoke	Lonoke Elementary School	60%	436	School
Lonoke	Lonoke Middle School	53%	408	School
Lonoke	Lonoke Primary School	60%	426	School
Lonoke	Ward Central Elementary	60%	481	School
Lonoke	Westside Elementary School	57%	388	School
Madison	Kingston Elementary School	70%	121	School
Madison	St. Paul Elementary School	72%	149	School
Madison	St. Paul High School	63%	150	School
Madison	Watson Intermediate School	57%	660	School
Madison	Watson Primary School	59%	516	School
Marion	Flippin Elementary School	66%	406	School
Marion	Flippin High School	56%	284	School
Marion	Flippin Middle School	61%	230	School
Marion	Yellville-Summit Elem. School	66%	340	School
Marion	Yellville-Summit High School	51%	327	School
Marion	Yellville-Summit Middle School	64%	266	School
Miller	Arkansas High School	61%	1359	School
Miller	College Hill Elementary School	53%	215	School
Miller	College Hill Middle	74%	656	School
Miller	Edward D. Trice Elem. School	72%	516	School
Miller	Fairview Elementary School	80%	307	School
Miller	Fouke Elementary School	56%	493	School
Miller	Fouke High School	51%	307	School
Miller	Fouke Middle School	58%	211	School
Miller	North Heights Jr. High School	69%	727	School
Miller	Union Elementary School	81%	313	School
Miller	Vera Kilpatrick Elem. School	76%	540	School
Mississippi	Academic Center Of Excellence	100%	404	School
Mississippi	Blytheville Charter School&Alc	92%	60	School
Mississippi	Blytheville High School	72%	814	School
Mississippi	Blytheville Intermediate Sch	83%	515	School
Mississippi	Blytheville Kindergarten Ctr	90%	290	School
Mississippi	Blytheville Middle School	82%	459	School
Mississippi	Blytheville Primary School	84%	494	School
Mississippi	Central Elementary School	86%	508	School
Mississippi	East Elementary School	100%	222	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Mississippi	Gosnell Elementary School	66%	820	School
Mississippi	Gosnell High School	57%	630	School
Mississippi	Keiser Elementary School	64%	177	School
Mississippi	Luxora Elementary School	92%	185	School
Mississippi	Manila Elementary School	64%	546	School
Mississippi	Manila High School	55%	479	School
Mississippi	North Elementary School	100%	139	School
Mississippi	Osceola High School	100%	447	School
Mississippi	Osceola Middle School	100%	212	School
Mississippi	Rivercrest High School	62%	358	School
Mississippi	Rivercrest Junior High School	73%	344	School
Mississippi	West Elementary School	100%	177	School
Mississippi	Wilson Elementary School	83%	240	School
Monroe	Brinkley High School	100%	308	School
Monroe	Brinkley Middle School	100%	147	School
Monroe	C.B. Partee Elementary School	100%	495	School
Monroe	Clarendon Elementary School	80%	280	School
Monroe	Clarendon High School	75%	338	School
Monroe	Holly Grove Elementary School	95%	86	School
Montgomery	Caddo Hills Elementary School	75%	327	School
Montgomery	Caddo Hills High School	66%	269	School
Montgomery	Mount Ida Elementary School	62%	311	School
Montgomery	Mount Ida High School	58%	293	School
Montgomery	Oden High School	61%	109	School
Montgomery	Oden Maddox Elementary School	75%	138	School
Nevada	McRae Middle School	62%	314	School
Nevada	Nevada Elementary School	81%	206	School
Nevada	Nevada High School	65%	220	School
Nevada	Prescott Elementary School	75%	390	School
Nevada	Prescott High School	54%	348	School
Newton	Deer Elementary School	66%	137	School
Newton	Deer High School	65%	124	School
Newton	Jasper Elementary School	59%	249	School
Newton	Jasper High School	50%	258	School
Newton	Mount Judea Elementary School	79%	86	School
Newton	Mount Judea High School	74%	96	School
Newton	Western Grove Elem. School	71%	123	School
Newton	Western Grove High School	67%	141	School
Ouachita	Alternative Learning Center	91%	44	School
Ouachita	Bearden Elementary School	72%	241	School
Ouachita	Bearden High School	61%	222	School
Ouachita	Bearden Middle School	66%	201	School
Ouachita	Camden Fairview High School	64%	890	School
Ouachita	Camden Fairview Intermediate	72%	393	School
Ouachita	Camden Fairview Middle School	72%	637	School
Ouachita	Fairview Elementary School	75%	434	School
Ouachita	Ivory Primary School	76%	409	School
Ouachita	Sparkman Elementary School	58%	124	School
Ouachita	Sparkman High School	59%	94	School
Ouachita	Stephens Elementary School	84%	240	School
Ouachita	Stephens High School	70%	273	School
Perry	Anne Watson Elementary School	55%	397	School
Perry	Perryville Elementary School	56%	518	School
Phillips	Barton Elementary School	69%	419	School
Phillips	Beech Crest Elementary School	93%	496	School
Phillips	Central High School	81%	850	School
Phillips	Elaine High School (Closing In Fy07)	95%	145	School
Phillips	J.F. Wahl Elementary School	91%	547	School
Phillips	Kipp/Delta College Prep School	89%	219	School
Phillips	Lucilia Wood Elementary School	98%	175	School
Phillips	Marvell High School	90%	261	School
Phillips	Marvell Primary School	94%	298	School
Phillips	Miller Junior High School	93%	498	School
Phillips	West Side Elementary School	97%	404	School
Phillips	Woodruff Elementary School	90%	255	School
Pike	Centerpoint Intermediate Sch	54%	148	School
Pike	Centerpoint Primary School	65%	335	School
Pike	Delight Elementary School	68%	213	School
Pike	Delight High School	60%	173	School
Pike	Kirby Elementary School	58%	250	School
Pike	Murfreesboro Elementary School	56%	279	School
Poinsett	Cedar Park Elementary School	72%	651	School
Poinsett	Central Elementary School	62%	243	School
Poinsett	Harrisburg Elementary School	68%	427	School
Poinsett	Harrisburg High School	62%	327	School
Poinsett	Harrisburg Middle School	64%	338	School
Poinsett	Lepanto Elementary	73%	197	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Poinsett	Marked Tree Elementary School	76%	356	School
Poinsett	Marked Tree High School	69%	286	School
Poinsett	Trumann High School	59%	843	School
Poinsett	Tyrnza Elementary	67%	229	School
Poinsett	Weiner Elementary School	57%	191	School
Polk	Acorn Elementary School	75%	248	School
Polk	Acorn High School	71%	232	School
Polk	Hatfield Elementary School	84%	90	School
Polk	Holly Harshman Elem. School	57%	418	School
Polk	Louise Durham Elem. School	58%	453	School
Polk	Mena Middle School	57%	500	School
Polk	Umpire Elementary School	88%	66	School
Polk	Umpire High School	79%	48	School
Polk	Van Cove Elementary School	67%	217	School
Polk	Van Cove High School	58%	246	School
Polk	Wickes Elementary School	68%	220	School
Polk	Wickes High School	62%	192	School
Polk	Wickes Middle School	70%	166	School
Pope	Atkins Elementary School	57%	386	School
Pope	Atkins Middle School	56%	353	School
Pope	Crawford Elementary School	88%	407	School
Pope	Dover Intermediate School	56%	305	School
Pope	Dover Primary School	63%	364	School
Pope	Dwight Elementary School	59%	207	School
Pope	Hector Elementary School	72%	347	School
Pope	Hector High School	57%	342	School
Pope	London Elementary School	60%	154	School
Pope	Oakland Heights Elem. School	74%	423	School
Pope	Russellville Middle School	55%	810	School
Pope	Russellville Upper Elem. Sch.	51%	356	School
Prairie	Des Arc Elementary School	62%	309	School
Prairie	Devalls Bluff Elem. School	77%	158	School
Prairie	Devalls Bluff High School (Closing Fy07)	60%	90	School
Prairie	Hazen Elementary School	53%	222	School
Pulaski	Alternative Learning Center	80%	287	School
Pulaski	Amboy Elementary School	78%	350	School
Pulaski	Ark. School For The Blind Elem	72%	32	School
Pulaski	Ark. School For The Blind H.S.	88%	50	School
Pulaski	Ark. School For The Deaf Elem.	87%	45	School
Pulaski	Ark. School For The Deaf H.S.	85%	47	School
Pulaski	Ark. School For/Deaf Middle Sc	76%	37	School
Pulaski	Arnold Drive Elementary School	51%	255	School
Pulaski	Bale Elementary School	84%	294	School
Pulaski	Baseline Elementary School	93%	264	School
Pulaski	Bates Elementary School	86%	502	School
Pulaski	Bayou Meto Elementary School	53%	410	School
Pulaski	Belwood Elementary School	88%	137	School
Pulaski	Booker Arts Magnet Elem. Sch.	62%	607	School
Pulaski	Boone Park Elementary School	97%	384	School
Pulaski	Brady Elementary School	85%	354	School
Pulaski	Carver Magnet Elem. School	50%	513	School
Pulaski	Cato Elementary School	58%	320	School
Pulaski	Chicot Elementary School	87%	488	School
Pulaski	Clinton Elementary School	56%	605	School
Pulaski	Cloverdale Elementary School	94%	113	School
Pulaski	Cloverdale Middle School	87%	636	School
Pulaski	College Station Elem. School	58%	201	School
Pulaski	David O'Dodd Elementary School	74%	255	School
Pulaski	Dunbar Magnet Middle School	60%	811	School
Pulaski	Felder Alternative Academy	82%	38	School
Pulaski	Forest Heights Middle School	67%	676	School
Pulaski	Franklin Incentive Elem. Sch.	96%	386	School
Pulaski	Fuller Middle School	57%	758	School
Pulaski	Geyer Springs Elem. School	86%	295	School
Pulaski	Glenview Elementary School	96%	158	School
Pulaski	Hall High School	61%	1389	School
Pulaski	Harris Elementary School	92%	234	School
Pulaski	Henderson Middle School	72%	630	School
Pulaski	Homer Adkins Elem. School	88%	221	School
Pulaski	J.A. Fair High School	60%	1169	School
Pulaski	Jacksonville Elementary School	85%	536	School
Pulaski	Jacksonville Middle School	65%	892	School
Pulaski	Joe T. Robinson Elem. School	51%	350	School
Pulaski	Landmark Elementary School	72%	276	School
Pulaski	Lawson Elementary School	58%	302	School
Pulaski	Lynch Drive Elementary School	89%	338	School
Pulaski	M.L. King Magnet Elem. School	61%	542	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Pulaski	Mabelvale Elementary School	86%	267	School
Pulaski	Mabelvale Middle School	80%	613	School
Pulaski	McClellan Magnet High School	67%	864	School
Pulaski	McDermott Elementary School	69%	418	School
Pulaski	Meadow Park Elementary School	84%	195	School
Pulaski	Meadowcliff Elementary School	86%	324	School
Pulaski	Murrell Taylor Elem. School	77%	357	School
Pulaski	Nlr High School-East Campus	50%	1517	School
Pulaski	No. Heights Elementary School	87%	389	School
Pulaski	Oak Grove Elementary School	68%	259	School
Pulaski	Otter Creek Elementary School	59%	540	School
Pulaski	Park Hill Elementary School	73%	332	School
Pulaski	Pike View Elementary School	72%	376	School
Pulaski	Pinewood Elementary School	60%	429	School
Pulaski	Poplar Street Middle School	67%	618	School
Pulaski	Redwood Early Child Center	95%	220	School
Pulaski	Ridgeroad Charter Middle School	80%	554	School
Pulaski	Rightsell Incentive Elem. Sch.	87%	184	School
Pulaski	Rockefeller Incentive Elem.	79%	372	School
Pulaski	Romine Interdist. Elem. School	82%	310	School
Pulaski	Rose City Middle School	83%	212	School
Pulaski	Scott Elementary School	70%	115	School
Pulaski	Seventh Street Elem. School	95%	317	School
Pulaski	Sherwood Elementary School	51%	392	School
Pulaski	Southwest Middle School	83%	460	School
Pulaski	Stephens Elementary	92%	475	School
Pulaski	Sylvan Hills Elementary School	58%	406	School
Pulaski	Terry Elementary School	53%	616	School
Pulaski	Wakefield Elementary School	91%	454	School
Pulaski	Warren Dupree Elem. School	60%	277	School
Pulaski	Washington Magnet Elem. School	80%	566	School
Pulaski	Watson Elementary School	95%	421	School
Pulaski	Western Hills Elem. School	80%	266	School
Pulaski	Wilson Elementary School	91%	258	School
Pulaski	Woodruff Elementary School	90%	202	School
Randolph	Alma Spikes Elementary School	64%	435	School
Randolph	Maynard Elementary School	73%	241	School
Randolph	Maynard High School	56%	260	School
Randolph	Pocahontas Junior High School	61%	498	School
Randolph	Pocahontas Upper Elem. School	65%	510	School
Saline	Angie Grant Elementary School	60%	485	School
Saline	Paron Elementary School	51%	149	School
Scott	Waldron Elementary School	69%	660	School
Scott	Waldron High School	51%	562	School
Scott	Waldron Middle School	64%	567	School
Searcy	Bruno-Pyatt Elementary School	75%	133	School
Searcy	Bruno-Pyatt High School	77%	149	School
Searcy	Leslie Elementary School	81%	119	School
Searcy	Leslie High School	75%	111	School
Searcy	Marshall Elementary School	73%	343	School
Searcy	Marshall High School	68%	427	School
Searcy	St. Joe Elementary School	72%	108	School
Searcy	St. Joe High School	69%	94	School
Sebastian	Albert Pike Elementary School	89%	422	School
Sebastian	Ballman Elementary School	57%	351	School
Sebastian	Barling Elementary School	60%	357	School
Sebastian	Belle Point Alternative Center	79%	78	School
Sebastian	Bonneville Elementary School	63%	310	School
Sebastian	Carnall Elementary School	78%	212	School
Sebastian	Cavanaugh Elementary School	68%	152	School
Sebastian	Dora Kimmons Jr. High School	83%	739	School
Sebastian	Fairview Elementary School	68%	595	School
Sebastian	Harry C. Morrison Elem. School	90%	209	School
Sebastian	Hartford Elementary School	66%	233	School
Sebastian	Howard Elementary School	94%	323	School
Sebastian	Mansfield Elementary School	57%	387	School
Sebastian	Mansfield Middle School	50%	375	School
Sebastian	Northside High School	63%	1383	School
Sebastian	Raymond E. Orr Elem. School	50%	409	School
Sebastian	Spradling Elementary School	89%	437	School
Sebastian	Sunnymede Elementary School	87%	643	School
Sebastian	Sutton Elementary School	84%	456	School
Sebastian	Tilles Elementary School	93%	485	School
Sebastian	Trusty Elementary School	96%	300	School
Sebastian	William O. Darby Jr. High Sch.	86%	594	School
Sevier	DeQueen Elementary School	76%	488	School
Sevier	DeQueen High School	56%	342	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Sevier	DeQueen Middle School	72%	690	School
Sevier	DeQueen Primary	77%	578	School
Sevier	Horatio Elementary School	69%	367	School
Sevier	Horatio High School	59%	372	School
Sevier	Lockesburg Elementary School	58%	180	School
Sharp	Cave City Elementary School	57%	597	School
Sharp	Cherokee Elementary School	65%	569	School
Sharp	Evening Shade Elem. School	70%	140	School
Sharp	Evening Shade High School	51%	103	School
Sharp	Highland High School	52%	654	School
Sharp	Highland Middle School	58%	357	School
Sharp	Oak Ridge Central Elem. School	73%	91	School
Sharp	Oak Ridge Central High School	58%	118	School
Sharp	Williford Elementary School	81%	134	School
Sharp	Williford High School	89%	131	School
St Francis	Central Elementary School	81%	815	School
St Francis	Forrest City ABC Preschool	100%	100	School
St Francis	Forrest City High School	73%	1140	School
St Francis	Forrest City Jr. High	81%	599	School
St Francis	Kids for the Future - Forrest City School District	100%	80	School
St Francis	Lincoln Middle School	87%	565	School
St Francis	Mildred Jackson Elem. School	83%	312	School
St Francis	Palestine-Wheatley Elem. Sch.	78%	216	School
St Francis	Palestine-Wheatley Middle Sch.	81%	177	School
St Francis	Palestine-Wheatley Senior High	76%	181	School
St Francis	Stewart Elementary School	90%	740	School
Stone	Mountain View Elem. School	59%	719	School
Stone	Rural Special Elem. School	72%	95	School
Stone	Rural Special High School	57%	95	School
Stone	Timbo Elementary School	78%	125	School
Stone	Timbo High School	71%	130	School
Union	Barton Jr. High School	59%	687	School
Union	El Dorado High School	52%	1306	School
Union	Gardner-Strong Elem. School	68%	208	School
Union	Hugh Goodwin Elementary School	59%	375	School
Union	Huttig Elementary School	69%	127	School
Union	Huttig High School	75%	106	School
Union	Mount Holly Elementary School	67%	54	School
Union	Murmill Heights Elem. School	78%	227	School
Union	Northwest Elementary School	68%	361	School
Union	Retta Brown Elementary School	77%	211	School
Union	Strong High School	55%	227	School
Union	Washington Middle School	58%	633	School
Union	Yocum Elementary School	60%	475	School
Van Buren	Alread Elementary School	79%	24	School
Van Buren	Alread High School	93%	40	School
Van Buren	Clinton Intermediate School	62%	294	School
Van Buren	Clinton Jr High School	58%	293	School
Van Buren	Cowsert Elementary School	66%	322	School
Van Buren	Scotland Elementary School	80%	40	School
Van Buren	Scotland High School	81%	52	School
Van Buren	Shirley Elementary School	79%	293	School
Van Buren	Shirley High School	68%	283	School
Van Buren	South Side Elementary School	54%	283	School
Washington	Asbell Elementary School	63%	451	School
Washington	Bayyari Elementary School	70%	782	School
Washington	Elmdale Elementary School	79%	619	School
Washington	George Elementary School	56%	710	School
Washington	George Junior High School	51%	938	School
Washington	Greenland Elementary School	53%	301	School
Washington	Harp Elementary School	52%	763	School
Washington	Helen Tyson Middle School	55%	601	School
Washington	Holt Middle School	50%	547	School
Washington	J. O. Kelly Middle School	59%	889	School
Washington	Jefferson Elementary School	84%	324	School
Washington	John Tyson Elementary School	56%	519	School
Washington	Jones Elementary School	92%	516	School
Washington	Leverett Elementary School	65%	329	School
Washington	Lincoln Elementary School	63%	588	School
Washington	Lincoln Middle School	59%	286	School
Washington	Parson Hills Elem. School	68%	700	School
Washington	Robert E. Lee Elem. School	70%	500	School
Washington	Thurman G. Smith Elem. School	53%	599	School
Washington	Westwood Elementary School	73%	514	School
Washington	Winslow Elementary School	76%	85	School
White	Bald Knob High School	54%	389	School
White	Bald Knob Middle School	63%	416	School

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
White	Bradford Elementary School	60%	280	School
White	Bradford High School	52%	258	School
White	H.L. Lubker Elementary School	69%	515	School
White	Judsonia Elementary School	71%	250	School
White	Judsonia Middle School	58%	177	School
White	Kensett Elementary School	83%	299	School
White	Kensett Middle School	75%	190	School
White	McRae Elementary School	53%	566	School
White	Pangburn Elementary School	56%	347	School
White	Riverview High School	50%	356	School
White	Rose Bud Elementary School	62%	405	School
White	Sidney Deener Elem. School	60%	448	School
White	White Co. Central Elem. School	50%	367	School
Woodruff	Augusta Elementary School	100%	379	School
Woodruff	Augusta High School	100%	220	School
Woodruff	Cotton Plant Elementary School	100%	76	School
Woodruff	McCrary Elementary School	66%	354	School
Woodruff	McCrary High School	53%	286	School
Yell	Danville High School	66%	373	School
Yell	Dardanelle Elementary School	58%	544	School
Yell	Dardanelle High School	52%	517	School
Yell	Dardanelle Middle School	57%	300	School
Yell	Dardanelle Primary School	68%	450	School
Yell	Fourche Valley Elem. School	75%	63	School
Yell	Fourche Valley High School	76%	80	School
Yell	Ola Elementary School	75%	312	School
Yell	Ola High School	61%	269	School
Yell	Plainview-Rover Elem. School	80%	176	School
Yell	Plainview-Rover High School	72%	128	School
Yell	S.C. Tucker Elementary School	74%	519	School
Yell	Western Yell Co. Elem. School	72%	236	School
Yell	Western Yell Co. High School	60%	206	School
Arkansas	Arkansas County Health Unit - DeWitt	100%	50	WIC
Arkansas	Arkansas County Health Unit - Stuttgart	100%	50	WIC
Ashley	Ashley County Health Unit - Crossett	100%	50	WIC
Ashley	Ashley County Health Unit - Hamburg	100%	50	WIC
Baxter	Baxter County Health Unit	100%	150	WIC
Benton	Benton County Health Unit - Bentonville	100%	50	WIC
Benton	Benton County Health Unit - Siloam Springs	100%	50	WIC
Boone	Boone County Health Unit	100%	50	WIC
Bradley	Bradley County Health Unit	100%	50	WIC
Calhoun	Calhoun County Health Unit	100%	25	WIC
Carroll	Carroll County Health Unit	100%	250	WIC
Chicot	Chicot County Health Unit - Dermott	100%	50	WIC
Chicot	Chicot County Health Unit - Eudora	100%	50	WIC
Chicot	Chicot County Health Unit - Lake Village	100%	50	WIC
Clark	Clark County Health Unit	100%	50	WIC
Clay	Clay County Health Unit - Corning	100%	50	WIC
Clay	Clay County Health Unit - Piggott	100%	50	WIC
Cleburne	Cleburne County Health Unit	100%	120	WIC
Cleveland	Cleveland County Health Unit	100%	140	WIC
Columbia	Columbia County Health Unit	100%	50	WIC
Conway	Conway County Health Unit	100%	25	WIC
Craighead	Craighead County Health Unit	100%	50	WIC
Crawford	Crawford County Health Unit	100%	50	WIC
Crittenden	Crittenden County Health Unit - Earle	100%	700	WIC
Crittenden	Crittenden County Health Unit - West Memphis	100%	50	WIC
Cross	Cross County Health Unit	100%	50	WIC
Dallas	Dallas County Health Unit	100%	50	WIC
Desha	Desha County Health Unit - Dumas	100%	50	WIC
Desha	Desha County Health Unit - McGehee	100%	50	WIC
Drew	Drew County Health Unit	100%	50	WIC
Faulkner	Faulkner County Health Unit	100%	50	WIC
Franklin	Franklin County Health Unit	100%	50	WIC
Fulton	Fulton County Health Unit	100%	50	WIC
Garland	Garland County Health Unit	100%	50	WIC
Grant	Grant County Health Unit	100%	200	WIC
Greene	Greene County Health Unit	100%	50	WIC
Hempstead	Hempstead County Health Unit	100%	50	WIC
Hot Spring	Hot Spring County Health Unit	100%	50	WIC
Howard	Howard County Health Unit	100%	50	WIC
Independence	Independence County Health Unit	100%	50	WIC
Izard	Izard County Health Unit	100%	50	WIC
Jackson	Jackson County Health Unit	100%	120	WIC
Jefferson	Jefferson County Health Unit	100%	50	WIC
Johnson	Johnson County Health Unit	100%	50	WIC
Lafayette	Lafayette County Health Unit	100%	50	WIC

County	Organization/School Name	% of persons at or below 185% of poverty thresholds	Projected # of Persons	Exclusivity Waiver
Lawrence	Lawrence County Health Unit	100%	50	WIC
Lee	Lee County Health Unit	100%	30	WIC
Lincoln	Lincoln County Health Unit	100%	50	WIC
Little River	Little River County Health Unit	100%	120	WIC
Logan	Logan County Health Unit - Booneville	100%	100	WIC
Logan	Logan County Health Unit - Paris	100%	100	WIC
Lonoke	Lonoke County Health Unit - Cabot	100%	35	WIC
Lonoke	Lonoke County Health Unit - Lonoke	100%	35	WIC
Madison	Madison County Health Unit	100%	50	WIC
Marion	Marion County Health Unit	100%	25	WIC
Miller	Miller County Health Unit	100%	50	WIC
Mississippi	Mississippi County Health Unit - Blytheville	100%	50	WIC
Mississippi	Mississippi County Health Unit - Osceola	100%	50	WIC
Monroe	Monroe County Health Unit	100%	20	WIC
Montgomery	Montgomery County Health Unit	100%	50	WIC
Nevada	Nevada County Health Unit	100%	50	WIC
Newton	Newton County Health Unit	100%	20	WIC
Ouachita	Ouachita County Health Unit	100%	25	WIC
Perry	Perry County Health Unit	100%	40	WIC
Phillips	Phillips County Health Unit	100%	250	WIC
Pike	Pike County Health Unit	100%	50	WIC
Poinsett	Poinsett County Health Unit - Harrisburg	100%	50	WIC
Poinsett	Poinsett County Health Unit - Marked Tree	100%	50	WIC
Poinsett	Poinsett County Health Unit - Trumann	100%	50	WIC
Polk	Polk County Health Unit	100%	50	WIC
Pope	Pope County Health Unit	100%	50	WIC
Prairie	Prairie County Health Unit	100%	50	WIC
Pulaski	Pulaski County Health Unit - Central Little Rock	100%	50	WIC
Pulaski	Pulaski County Health Unit - College Station	100%	50	WIC
Pulaski	Pulaski County Health Unit - Jacksonville	100%	50	WIC
Pulaski	Pulaski County Health Unit - North Little Rock	100%	50	WIC
Pulaski	Pulaski County Health Unit - Southwest Little Rock	100%	50	WIC
Randolph	Randolph County Health Unit	100%	50	WIC
Saline	Saline County Health Unit	100%	20	WIC
Scott	Scott County Health Unit	100%	30	WIC
Searcy	Searcy County Health Unit	100%	50	WIC
Sebastian	Sebastian County Health Unit	100%	100	WIC
Sevier	Sevier County Health Unit	100%	50	WIC
Sharp	Sharp County Health Unit	100%	15	WIC
St. Francis	St. Francis County Health Unit - Forrest City	100%	50	WIC
St. Francis	St. Francis County Health Unit - Hughes	100%	50	WIC
Stone	Stone County Health Unit	100%	50	WIC
Union	Union County Health Unit	100%	50	WIC
Van Buren	Van Buren County Health Unit	100%	60	WIC
Washington	Washington County Health Unit	100%	50	WIC
White	White County Health Unit - Beebe	100%	50	WIC
White	White County Health Unit - Searcy	100%	50	WIC
Woodruff	Woodruff County Health Unit	100%	50	WIC
Yell	Yell County Health Unit - Danville	100%	50	WIC
Yell	Yell County Health Unit - Dardanelle	100%	50	WIC

Appendix B:

Memorandums of Understanding

MEMORANDUM OF UNDERSTANDING
between
Board of Trustees of the University of Arkansas, acting for and on behalf of the University
of Arkansas Cooperative Extension Service
and
Arkansas Department of Education
regarding
Food Stamp Nutrition Education

PURPOSE

The Board of Trustees of the University of Arkansas, acting for and on the behalf of the University of Arkansas Cooperative Extension Service's (UACES) Food Stamp Nutrition Education (FSNE) program and the Arkansas Department of (ADE) are mutually interested in increasing the effectiveness of nutrition education for Arkansas' youth. The joint mission of these agencies is to empower children with the knowledge and skills needed to make healthy lifestyle choices.

The agencies will collaborate to assure that participating children have access to available nutrition education and that nutrition education activities are documented.

The agencies will assure that research-based nutrition and physical activity messages are consistent with the U.S. Dietary Guidelines for Americans and the MyPyramid.

The ADE and UACES strongly encourage and support the involvement of parents and community in nutrition and physical activity education. This MOU provides guidance for developing local collaborations between public schools and UACES. Local agreements may include, but are not limited to, the following:

The ADE agrees to:

- Support the involvement of UACES FSNE in public schools where 50% or more of the students are eligible for free or reduced-price lunches.
- Support the commitment of superintendents and principals to collaborate with UACES by allowing teachers and other staff to provide nutrition education in classrooms and document time spent on the FSNE for state in-kind matching funds.
- Provide a yearly update of percentages of children eligible for free or reduced-price lunches by county and by school (from Child Nutrition Unit).
- Provide technical assistance regarding ADE procedures to UACES faculty.
- Encourage monthly documentation of nutrition education activities by participating faculty.
- Notify UACES faculty/staff of any changes in ADE policies or procedures related to nutrition education in schools.

The UACES agrees to:

- Collaborate with participating eligible schools to provide nutrition education to students via one or more of the following methods:
 - Provide selected nutrition curricula, materials and supplies and train faculty and staff on use of such curricula;
 - Conduct nutrition education in participating classrooms;
 - Provide nutrition education materials and supplies for use in areas such as the school cafeteria.
- Collaborate with school CNU staff to provide nutrition education in schools.
- Refer eligible families to the Food Stamp Program, homeless liaisons and migrant education coordinators to ensure food security for affected families.

This agreement is effective on the date signed by all parties and is valid until September 30, 2007 or until such time as either partner sends written notification requesting termination or renegotiation of the agreement. Each agency has the right to terminate this agreement within 30 days of written notice. This agreement will be renewed annually at the agreement of both agencies.

Board of Trustees of the University of Arkansas, acting for and on behalf of the University of Arkansas Cooperative Extension Service

Ivory W. Lyles, Associate Vice President for Agriculture-Extension

Date

Kenneth James, Commissioner, Arkansas Department of Education

Date

MEMORANDUM OF UNDERSTANDING

BETWEEN

Board of Trustees of the University of Arkansas, acting for and on behalf of the University of Arkansas
Cooperative Extension Service

AND

Arkansas Department of Health and Human Services, Division of Health, Special Supplemental
Nutrition Program for Women, Infants and Children (WIC)

ON

The Food Stamp Nutrition Education and Expanded Food and Nutrition Education Programs
October 1, 2006 – September 30, 2007

PURPOSE

The Board of Trustees of the University of Arkansas, acting for and on behalf of University of Arkansas Division of Agriculture Cooperative Extension Service's (UACES) Food Stamp Nutrition Education (FSNE) and Expanded Food and Nutrition Education Program (EFNEP) and the Arkansas Department of Health and Human Services (ADHHS), Division of Health, Statewide Services, Special Supplemental Nutrition Program for Women, Infants and Children (WIC) and Farmers' Market Nutrition Program (FMNP) are mutually interested in increasing the effectiveness of nutrition education for WIC participants and other low-income Arkansans who may be WIC-eligible. The joint mission of these programs is to empower families with limited resources to maximize their food resources and to provide a nutritious, safe and secure meal environment by providing free, non-formal, and easily accessible educational programs in the community and to increase referrals to health care. Both agencies are interested in facilitating, coordinating, promoting and integrating their nutrition education programs.

The ADHHS and UACES strongly encourage and support the development and implementation of local, collaborative nutrition education plans. This MOU provides guidance for developing local agreements. Local agreements must include assurances that no WIC client information will be shared with anyone except persons with local or state responsibilities for WIC and may include, but are not limited to, the following:

The ADHHS -WIC agrees to:

- Provide space, where available, within local health units for the UACES faculty/staff to provide education to WIC participants.
- Provide technical assistance regarding WIC procedures to UACES faculty/staff.
- Provide access to WIC participants.
- Coordinate and manage the FMNP by identifying, recruiting, authorizing, training and monitoring compliance of participating farmers' markets, managers and farmers.
- Assure documentation of direct nutrition education contact.
- Notify UACES faculty/staff of any changes in local health unit location and/or clinic schedules that will affect the UACES faculty/staff schedules.
- Identify a local representative to act as a contact/liaison with the county Extension agent.

- Provide WIC participants with information on accessing Extension nutrition education programs.

The UACES agrees to:

- Provide nutrition education in certain local health units, or at other sites, at no cost.
- Report WIC client nutrition education attendance to WIC staff at the local health unit.
- Report total hours spent on direct delivery of nutrition education to WIC clients and value of such time by participating UACES personnel.
- Provide WIC personnel with names of WIC clients who participate in Extension nutrition education activities
- Prohibit use of WIC client information for any other purpose than providing relevant, appropriate nutrition education to WIC participants/parents/caretakers.
- Utilize either planned nutrition lessons available from the UACES or planned nutrition lessons/handouts available from the WIC program.
- Notify the local health units when UACES faculty/staff are unable to attend their regularly scheduled clinics.
- Notify the designated liaison when there is a change in any local health unit coverage by UACES faculty/staff.
- Refer eligible families to the WIC Program.
- Refer special nutrition problems to WIC Nutritionist.
- Refer eligible farmers' markets and farmers to WIC FMNP.
- Ensure confidentiality of all persons receiving or eligible to receive WIC benefits.
- Strictly prohibit redisclosure of WIC participant information to any third party.

This agreement is effective on the date signed by all parties and is valid until September 30, 2007 or until such time as either partner sends written notification requesting termination or renegotiation of the agreement. Each agency has the right to terminate this agreement within 30 days of written notice. This agreement will be renewed annually at the agreement of both agencies.

Board of Trustees of the University of Arkansas, acting for and on behalf of the University of Arkansas Cooperative Extension Service

Ivory W. Lyles, Associate Vice President for Agriculture-Extension

Date

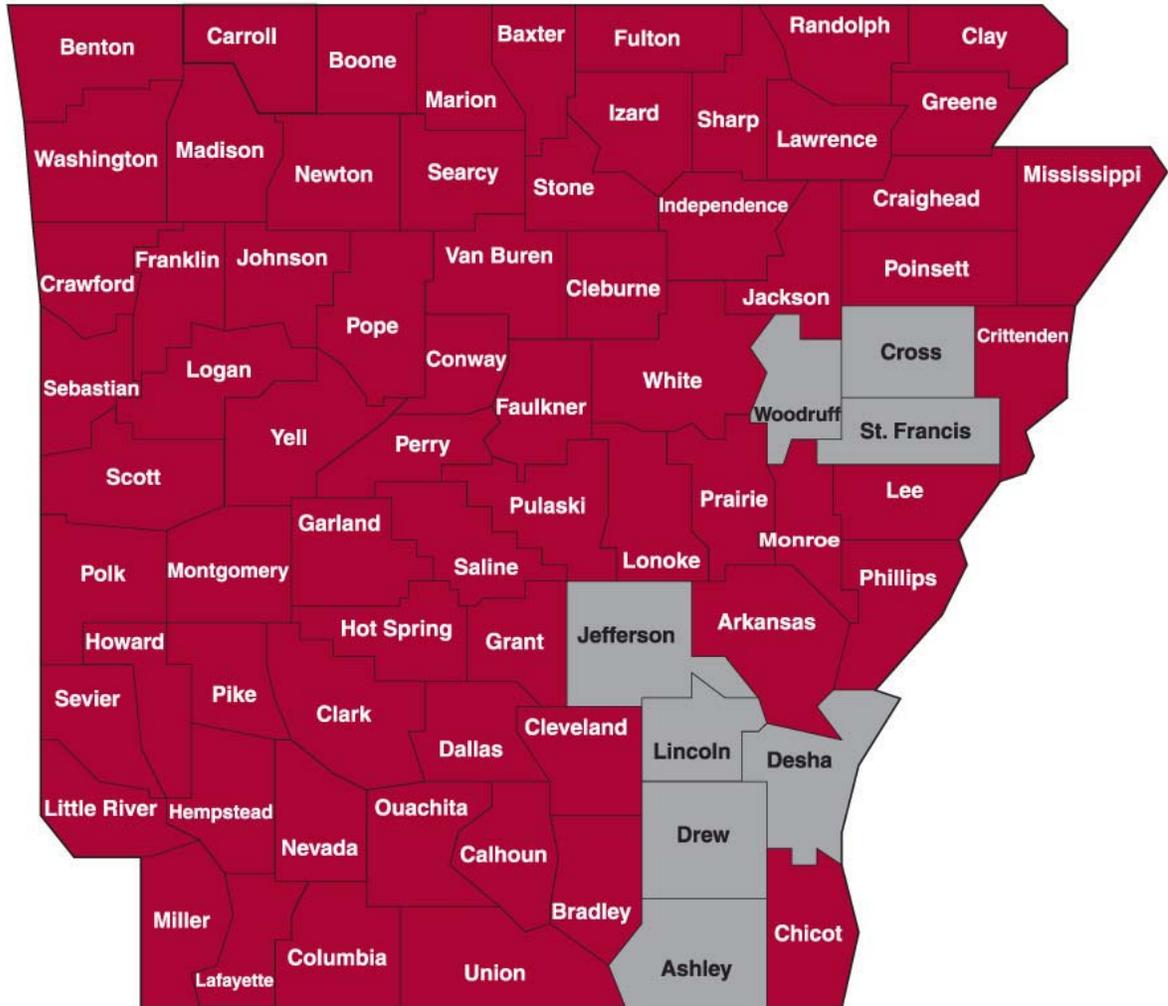
John Selig, Director, Arkansas Department of Health and Human Services

Date

Appendix C:

State Map

FY 2007



- FSNE Counties
- FF - NEWS Counties

Appendix D:

Indirect Cost Rate Agreements



April 25, 2005

1301 Young Street
Room 732
Dallas, Texas 75202
(214)-767-3281
(214)-787-3264 FAX

Mr. Steven Turner
Director of Research Accounting
University of Arkansas
316 Administration Building
Fayetteville, AR 72701

Dear Mr. Turner:

A copy of a facilities and administrative cost Rate Agreement is being faxed to you for signature. This Agreement reflects an understanding reached between your organization and a member of my staff concerning the rate(s) that may be used to support your claim for facilities and administrative costs on grants and contracts with the Federal Government.

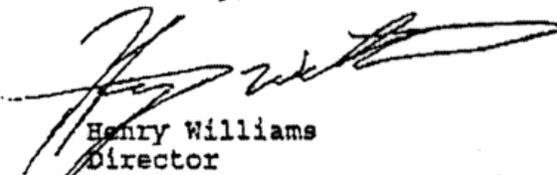
Please have the agreement signed by an authorized representative of your organization and fax it to me, retaining a copy for your files. Our fax number is (214) 767-3264. We will reproduce and distribute the Agreement to the appropriate awarding organizations of the Federal Government for their use.

In addition, we are enclosing the component breakdown of the facilities and administrative cost rate(s) as agreed to by both parties. Please sign this form and fax it with the signed Rate Agreement.

A facilities and administrative cost proposal, together with supporting information, is required each year to substantiate claims made for facilities and administrative costs under grants and contracts awarded by the Federal Government. Thus, your next proposal based on actual costs for the fiscal year ending June 30, 2008 is due in our office by December 31, 2008.

Thank you for your cooperation.

Sincerely,



Henry Williams
Director
Division of Cost Allocation
Central States Field Office

Enclosures

PLEASE SIGN AND RETURN THE ORIGINAL OF THE RATE AGREEMENT

COLLEGES AND UNIVERSITIES RATE AGREEMENT

EIN #: 1716003252A3

DATE: April 25, 2005

INSTITUTION:
University of Arkansas
316 Administration Building
Fayetteville

AR 72701

FILING REF.: The preceding
Agreement was dated
June 12, 2001

The rates approved in this agreement are for use on grants, contracts and other agreements with the Federal Government, subject to the conditions in Section III.

SECTION I: FACILITIES AND ADMINISTRATIVE COST RATES*

RATE TYPES: FIXED		FINAL	PROV. (PROVISIONAL)	PRED. (PREDETERMINED)	
TYPE	EFFECTIVE PERIOD		RATE(%)	LOCATIONS	APPLICABLE TO
	FROM	TO			
PRED.	07/01/04	06/30/05	42.5	On Campus	Organized Research
PRED.	07/01/04	06/30/05	45.0	On Campus	Instruction
PRED.	07/01/04	06/30/05	30.3	On Campus	Other Spon. Act.
PRED.	07/01/04	06/30/05	36.8	On Campus	Ag. Exp. Station
PRED.	07/01/04	06/30/05	33.0	On Site	Ark. Arch. Survey Inst
PRED.	07/01/04	06/30/05	26.0	Off Campus	All Programs
PRED.	07/01/04	06/30/05	26.0	On Site	Criminal Justice Ins
PRED.	07/01/04	06/30/05	28.0	On Site	Coop. Ext. Srv.
PRED.	07/01/05	06/30/09	42.0	On Campus	Organized Research
PRED.	07/01/05	06/30/09	45.0	On Campus	Instruction
PRED.	07/01/05	06/30/09	35.0	On Campus	Other Spon. Act.
PRED.	07/01/05	06/30/09	42.0	On Campus	Ag. Exp. Station
PRED.	07/01/05	06/30/09	38.0	On Site	Ark. Arch. Survey Inst
PRED.	07/01/05	06/30/09	24.0	Off Campus	All Programs
PRED.	07/01/05	06/30/09	29.0	On Site	Coop. Ext. Srv.
PRED.	07/01/05	06/30/09	30.0	On Site	Criminal Justice Ins
PROV.	07/01/09	UNTIL AMENDED			

Use same rates and conditions as those cited for fiscal year ending June 30, 2009.

***BASE:**

Modified total direct costs, consisting of all salaries and wages, fringe benefits, materials, supplies, services, travel and subgrants and subcontracts up to the first \$25,000 of each subgrant or subcontract (regardless of the period covered by the subgrant or subcontract). Modified total direct costs shall exclude equipment, capital expenditures, charges for patient care, tuition remission, rental costs of off-site facilities, scholarships, and fellowships as well as the portion of each subgrant and subcontract in excess of \$25,000.

INSTITUTION:
University of Arkansas

AGREEMENT DATE: April 25, 2005

SECTION II: SPECIAL REMARKS

TREATMENT OF FRINGE BENEFITS:

Fringe benefits are specifically identified to each employee and are charged individually as direct costs. The directly claimed fringe benefits are listed below.

TREATMENT OF PAID ABSENCES:

Vacation, holiday, sick leave pay and other paid absences are included in salaries and wages and are claimed on grants, contracts and other agreements as part of the normal cost for salaries and wages. Separate claims for the costs of these paid absences are not made.

OFF-CAMPUS DEFINITION: For all activities performed in facilities not owned by the institution and to which rent is directly allocated to the project(s), the off-campus rate will apply. Grants or contracts will not be subject to more than one F&A cost rate. If more than 50% of a project is performed off-campus, the off-campus rate will apply to the entire project.

Equipment Definition -

Equipment means an article of nonexpendable, tangible personal property having a useful life of more than one year and an acquisition cost of \$2,500 or more per unit.

FRINGE BENEFITS:

FICA

Retirement
Worker's Compensation
Life Insurance
Unemployment Insurance
Health Insurance
Tuition Remission
Benefits Management

INSTITUTION:
University of Arkansas

AGREEMENT DATE: April 25, 2005

SECTION III: GENERAL

A. LIMITATIONS:

The rates in this Agreement are subject to any statutory or administrative limitations and apply to a given grant, contract or other agreement only to the extent that funds are available. Acceptance of the rates is subject to the following conditions:
(1) Only costs incurred by the organization were included in its facilities and administrative cost pools as finally accepted; such costs are legal obligations of the organization and are allowable under the governing cost principles; (2) The same costs that have been treated as facilities and administrative costs are not claimed as direct costs; (3) Similar types of costs have been accorded consistent accounting treatment; and (4) The information provided by the organization which was used to establish the rates is not later found to be materially incomplete or inaccurate by the Federal Government. In such situations the rate(s) would be subject to renegotiation at the discretion of the Federal Government.

B. ACCOUNTING CHANGES:

This Agreement is based on the accounting system purported by the organization to be in effect during the Agreement period. Changes to the method of accounting for costs which affect the amount of reimbursement resulting from the use of this Agreement require prior approval of the authorized representative of the cognizant agency. Such changes include, but are not limited to, changes in the charging of a particular type of cost from facilities and administrative to direct. Failure to obtain approval may result in cost disallowances.

C. FIXED RATES:

If a fixed rate is in this Agreement, it is based on an estimate of the costs for the period covered by the rate. When the actual costs for this period are determined, an adjustment will be made to a rate of a future year(s) to compensate for the difference between the costs used to establish the fixed rate and actual costs.

D. USE BY OTHER FEDERAL AGENCIES:

The rates in this Agreement were approved in accordance with the authority in Office of Management and Budget Circular A-21 Circular, and should be applied to grants, contracts and other agreements covered by this Circular, subject to any limitations in A above. The organization may provide copies of the Agreement to other Federal Agencies to give them early notification of the Agreement.

E. CREDITS:

If any Federal contract, grant or other agreement is reimbursing facilities and administrative costs by a means other than the approved rate(s) in this Agreement, the organization should (1) credit such costs to the affected program, and (2) apply the approved rate(s) to the appropriate base to identify the proper amount of facilities and administrative costs allocable to these programs.

BY THE INSTITUTION:
University of Arkansas

ON BEHALF OF THE FEDERAL GOVERNMENT:

DEPARTMENT OF HEALTH AND HUMAN SERVICES

(AGENCY)

(SIGNATURE)

Henry Williams

(NAME)

DIRECTOR, DIVISION OF COST ALLOCATION-

(TITLE) CENTRAL STATES FIELD OFFICE

April 25, 2005

(DATE) 0005

AND REPRESENTATIVE: Narendra B. Gandhi

Telephone: (214) 767-3230

(INSTITUTION)

(SIGNATURE)

Don Pederson

(NAME)

Vice Chancellor for Finance & Admin

(TITLE)

April 27, 2005

(DATE)



DEPARTMENT OF HEALTH & HUMAN SERVICES

Program Support Center
Financial Management Service
Division of Cost Allocation
Central States Field Office

April 2, 2004

1301 Young Street
Room 732
Dallas, Texas 75202
(214)-767-3251
(214)-767-3264 FAX

Ms. Barbara A. Goswick
Interim Vice Chancellor-Finance and Admin.
University of Arkansas at Pine Bluff
P.O. Box 4922
1200 North University Drive
Pine Bluff, AR 71611

Dear Ms. Goswick:

A copy of a facilities and administrative cost Rate Agreement is being faxed to you for signature. This Agreement reflects an understanding reached between your organization and a member of my staff concerning the rate(s) that may be used to support your claim for facilities and administrative costs on grants and contracts with the Federal Government.

Please have the agreement signed by an authorized representative of your organization and fax it to me, retaining a copy for your files. Our fax number is (214) 767-3264. We will reproduce and distribute the Agreement to the appropriate awarding organizations of the Federal Government for their use.

A facilities and administrative cost proposal, together with supporting information, is required each year to substantiate claims made for facilities and administrative costs under grants and contracts awarded by the Federal Government. Thus, your next proposal based on actual costs for the fiscal year ending June 30, 2008 is due in our office by December 31, 2008.

Thank you for your cooperation.

Sincerely,

Henry Williams
Director
Division of Cost Allocation
Central States Field Office

Enclosures

PLEASE SIGN AND RETURN THE ORIGINAL OF THE RATE AGREEMENT

COLLEGES AND UNIVERSITIES RATE AGREEMENT

EIN #: 1716010030A1

DATE: April 2, 2004

INSTITUTION:
University of Arkansas at Pine Bluff
P.O. Box 4922
1200 North University Drive
Pine Bluff AR 71611

FILING REF.: The preceding Agreement was dated May 10, 2000

The rates approved in this agreement are for use on grants, contracts and other agreements with the Federal Government, subject to the conditions in Section III.

SECTION I: FACILITIES AND ADMINISTRATIVE COST RATES*

RATE TYPES: FIXED FINAL PROV.(PROVISIONAL) PRED.(PREDETERMINED)

TYPE	EFFECTIVE PERIOD		RATE(%)	LOCATIONS	APPLICABLE TO
	FROM	TO			
PRED.	07/01/03	06/30/08	60.0	On Campus	All Programs
PRED.	07/01/03	06/30/08	26.0	Off Campus	All Programs
PROV.	07/01/08	UNTIL AMENDED	Use same rates and conditions as those cited for fiscal year ending June 30, 2008.		

*BASE:
Direct salaries and wages excluding all fringe benefits.

INSTITUTION:
University of Arkansas at Pine Bluff

AGREEMENT DATE: April 2, 2004

SECTION II: SPECIAL REMARKS

TREATMENT OF FRINGE BENEFITS:

The fringe benefits are charged using a rate(s). Over/under recoveries from actual costs are adjusted in current or future periods. The directly claimed fringe benefits are listed below.

TREATMENT OF PAID ABSENCES:

Vacation, holiday, sick leave pay and other paid absences are included in salaries and wages and are claimed on grants, contracts and other agreements as part of the normal cost for salaries and wages. Separate claims for the costs of these paid absences are not made.

OFF-CAMPUS DEFINITION: For all activities performed in facilities not owned by the institution and to which rent is directly allocated to the project(s), the off-campus rate will apply. Actual costs will be apportioned between on-campus and off-campus components. Each portion will bear the appropriate rate.

Equipment Definition -

Equipment means an article of nonexpendable, tangible personal property having a useful life of more than one year and an acquisition cost of \$2,500 or more per unit.

FRINGE BENEFITS:

- FICA
- Retirement
- Life Insurance
- Unemployment Insurance
- Health Insurance
- Dental Insurance

INSTITUTION:
University of Arkansas at Pine Bluff

AGREEMENT DATE: April 2, 2004

SECTION III: GENERAL

A. LIMITATIONS:

The rates in this Agreement are subject to any statutory or administrative limitations and apply to a given grant, contract or other agreement only to the extent that funds are available. Acceptance of the rates is subject to the following conditions: (1) Only costs incurred by the organization were included in its facilities and administrative cost pools as finally accepted; such costs are legal obligations of the organization and are allowable under the governing cost principles; (2) The same costs that have been treated as facilities and administrative costs are not claimed as direct costs; (3) Similar types of costs have been accorded consistent accounting treatment; and (4) The information provided by the organization which was used to establish the rates is not later found to be materially incomplete or inaccurate by the Federal Government. In such situations the rate(s) would be subject to renegotiation at the discretion of the Federal Government.

B. ACCOUNTING CHANGES:

This Agreement is based on the accounting system purported by the organization to be in effect during the Agreement period. Changes to the method of accounting for costs which affect the amount of reimbursement resulting from the use of this Agreement require prior approval of the authorized representative of the cognizant agency. Such changes include, but are not limited to, changes in the charging of a particular type of cost from facilities and administrative to direct. Failure to obtain approval may result in cost disallowance.

C. FIXED RATES:

If a fixed rate is in this Agreement, it is based on an estimate of the costs for the period covered by the rate. When the actual costs for this period are determined, an adjustment will be made to a rate of a future year(s) to compensate for the difference between the costs used to establish the fixed rate and actual costs.

D. USE BY OTHER FEDERAL AGENCIES:

The rates in this Agreement were approved in accordance with the authority in Office of Management and Budget Circular A-21 Circular, and should be applied to grants, contracts and other agreements covered by this Circular, subject to any limitations in A above. The organization may provide copies of the Agreement to other Federal Agencies to give them early notification of the Agreement.

E. OTHER:

If any Federal contract, grant or other agreement is reimbursing facilities and administrative costs by a means other than the approved rate(s) in this Agreement, the organization should (1) credit such costs to the affected programs, and (2) apply the approved rate(s) to the appropriate base to identify the proper amount of facilities and administrative costs allocable to these programs.

BY THE INSTITUTION:

University of Arkansas at Pine Bluff

(INSTITUTION)

Barbara A Goswick

(SIGNATURE)

Barbara A Goswick

(NAME)

Interim Vice Chancellor for
Finance & Admin.

(TITLE)

4-7-04

(DATE)

ON BEHALF OF THE FEDERAL GOVERNMENT:

DEPARTMENT OF HEALTH AND HUMAN SERVICES

(AGENCY)

Henry Williams

(SIGNATURE)

Henry Williams

(NAME)

DIRECTOR, DIVISION OF COST ALLOCATION-

(TITLE) CENTRAL STATES FIELD OFFICE

April 2, 2004

(DATE) 0011

HIS REPRESENTATIVE: Arturo Cornejo

Telephone: (214) 767-3313

Appendix E:

List of Acronyms & Definitions

FY07 FSNE Plan Acronyms & Definitions

AIMS	Arkansas Information Management System
ANAC	Arkansas Nutrition Advocacy Council
CDC	Center for Disease Control
Certified Eligibles	Persons currently participating in or applying for the FSP.
CES	County Extension Service
CIP	Consumer Information Processing
Counseling Associates	Child and Adolescent Service System Program (CASSP), a division of Behavioral Health Services of DHS, is a private, not-for-profit corporation that provides a comprehensive range of behavioral healthcare services to residents who live in certain counties. Referrals must come through the local community mental health center.
DHHS	Arkansas Department of Health and Human Services created July 1, 2005 by merger of Department of Health and Department of Human Services
Director's Documentation	Waivered site where organization's director/manager attests that participants are means-tested and verify that at least 50% of persons served or who participate in programs have gross incomes at or below 185% of poverty thresholds.
EBT	Electronic Benefit Transfer (EBT) is an electronic system that allows a food stamp recipient to authorize transfer of their government benefits from a Federal account to a retailer account to pay for products received.
EFNEP	Expanded Food and Nutrition Education Program
FF-NEWS	Families First – Nutrition Education and Wellness System
FNS	Food and Nutrition Service
FNS	Food Nutrition Service, United States Department of Agriculture
FRAC	Food Research and Action Center is a leading national organization working to improve public policies to eradicate hunger and under-nutrition in the United States.
FSNE	Food Stamp Nutrition Education
FSP	Food Stamp Program
FTE	Full time equivalent – UACES follows the federal definitions and guidelines for determining agency full-time position equivalents (2080 hours per year) and payroll issues. The FTEs as reported and allocated in the FY06 FSNE plan are calculated on the Extension work year which is based on 226 work days or 1808 hours.
FY	Federal Fiscal Year
HA	Healthy Arkansas Initiative
HIPPY	Home Instruction for Parents of Preschool Youngsters
Likely Eligibles	Persons with gross incomes at or below 130% of poverty guidelines.

FY07 FSNE Plan Acronyms & Definitions

Means test	Refers to an investigative process undertaken to determine whether or not an individual or family is eligible to receive certain types of benefits from the government. The "test" can consist of quantifying the party's income, or assets, or a combination of both.
MOU	Memorandum of Understanding
SLT	Social Learning Theory
SNAP	State Nutrition Action Plan
Summer Food Target Mapper http://www.frac.org/html/federal_food_programs/programs/sfspGeoMapping.htm	FairData, an organization that develops community-based mapping and data solutions for education, environment, housing, and poverty-related issues, developed in association with FRAC a free website that allows you to map an area to show that 50 percent or more of the children in the area are eligible for free or reduced-price school meals.
TEFAP	The Emergency Food Assistance Program (TEFAP) is a Federal program that helps supplement the diets of low-income needy persons, including elderly people, by providing them with emergency food and nutrition assistance.
UACES FSNE	University of Arkansas Cooperative Extension Service (1862 Institution), Food Stamp Nutrition Education program
UAPB FF-NEWS	University of Arkansas at Pine Bluff (1890 Institution), Families First – Nutrition Education and Wellness System program
USDA	United States Department of Agriculture
WIC	Women, Infants and Children is a special supplemental nutrition program for women, infants, and children which serves to safeguard the health of low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care. The program is administered at the national and regional levels by the Food and Nutrition Service (FNS), a Federal agency of the U.S. Department of Agriculture.