



AWARENESS OF STROKE SYMPTOMS AMONG ADULTS IN ARKANSAS, 2007



Less than half of adults in Arkansas know the symptoms of a stroke.

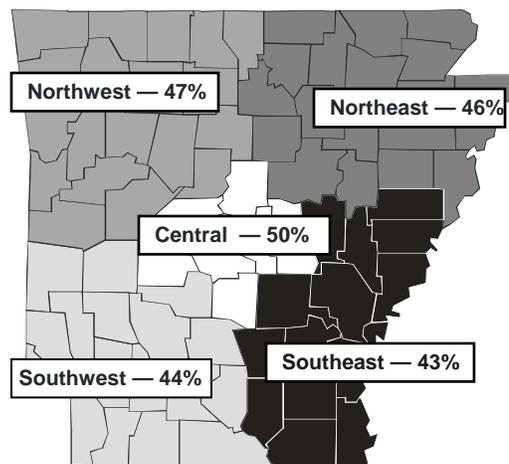
Arkansas Behavioral Risk Factor Surveillance System

KNOWING THE SYMPTOMS OF A STROKE

- ◆ Symptoms of a stroke include: sudden confusion or trouble speaking; sudden numbness or weakness of face, arm, or leg, especially on one side; sudden trouble seeing in one or both eyes; sudden trouble walking, dizziness, or loss of balance; and severe headache with no known cause.
- ◆ According to the Centers for Disease Control and Prevention, stroke victims have a better chance of surviving if their symptoms are recognized and emergency medical treatment begins early.
- ◆ Only 47% of Arkansas adults know the symptoms of a stroke.

PUBLIC HEALTH REGION

The map to the right shows the percent of adults who know the symptoms of a stroke by public health region in Arkansas.

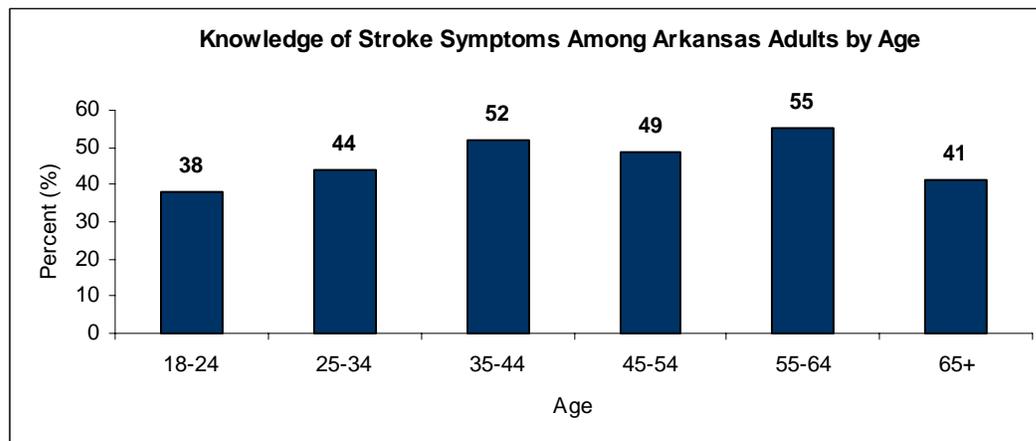


RACE/ETHNICITY

Hispanic adults (25%) are less likely to know the symptoms of a stroke compared to white adults (48%) and African American adults (44%).

AGE

Knowledge of stroke symptoms vary by age, as shown in the graph below.

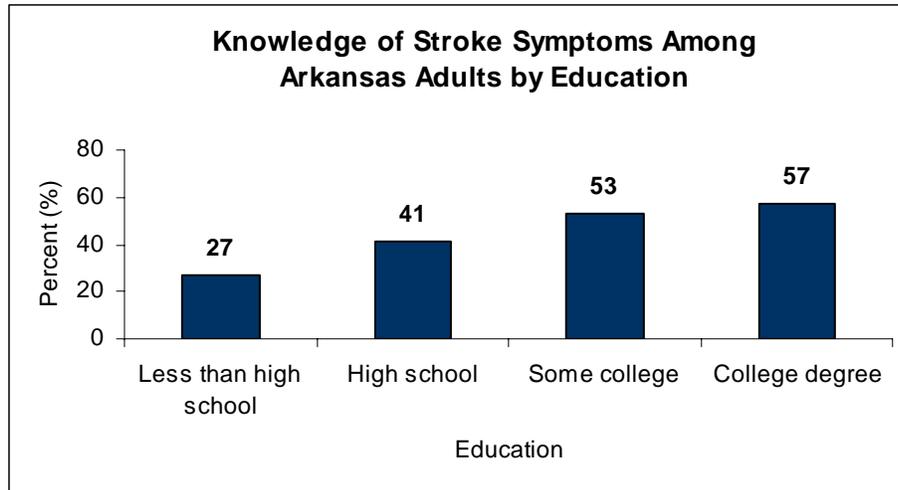


GENDER

Among adults in Arkansas, 45% of men and 49% of women know the symptoms of a stroke.

EDUCATION

Adults who have attended college are more likely to know the symptoms of a stroke.



In Arkansas, adults who have attended college are more likely to know the symptoms of a stroke.

METROPOLITAN VS. NON-METROPOLITAN*

In Arkansas, knowledge of stroke symptoms are similar in metropolitan (48%) and non-metropolitan areas (45%).

WHAT SHOULD YOU DO?

Adults in Arkansas said they would do the following if they thought someone was having a heart attack or stroke:

10% would take them to the hospital.

1% would tell them to call their doctor.

84% would call 911.

1% would call their spouse or family member.

4% would do something else.

If you think someone is having a stroke, call 911.

*Metropolitan areas of Arkansas include center cities, counties containing center cities, and suburban counties. Any areas outside of metropolitan areas are considered non-metropolitan.

For more information, visit <http://brfss.arkansas.gov>