

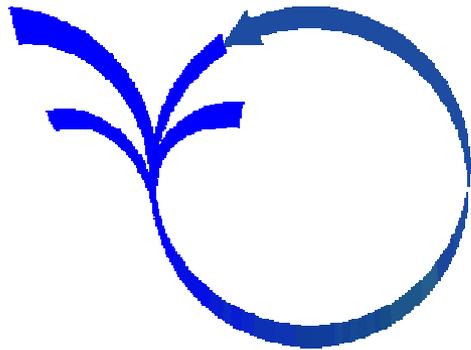
Lonoke County, Arkansas, 2003 Tobacco BRFSS



STAMP OUT SMOKING

Arkansas Department of Health
stampoutsmoking.com

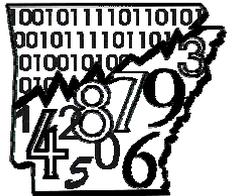
Your Tobacco Settlement Dollars at Work



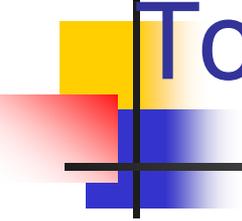
BRFSS

Behavioral Risk Factor Surveillance System

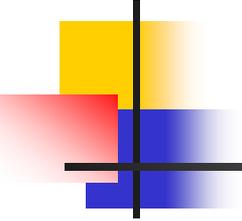
Arkansas
Center for
Health
Statistics



What is the Lonoke County 2003 Tobacco BRFSS?

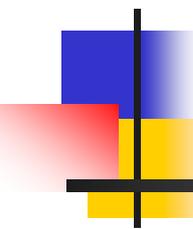


The BRFSS is the world's largest continuously conducted telephone survey. It covers issues surrounding chronic illness and premature mortality, as well as other health-related topics. All 50 states, Puerto Rico, Guam, and Washington D.C. participate. Lonoke County participated in county level BRFSS studies sponsored by Tobacco.



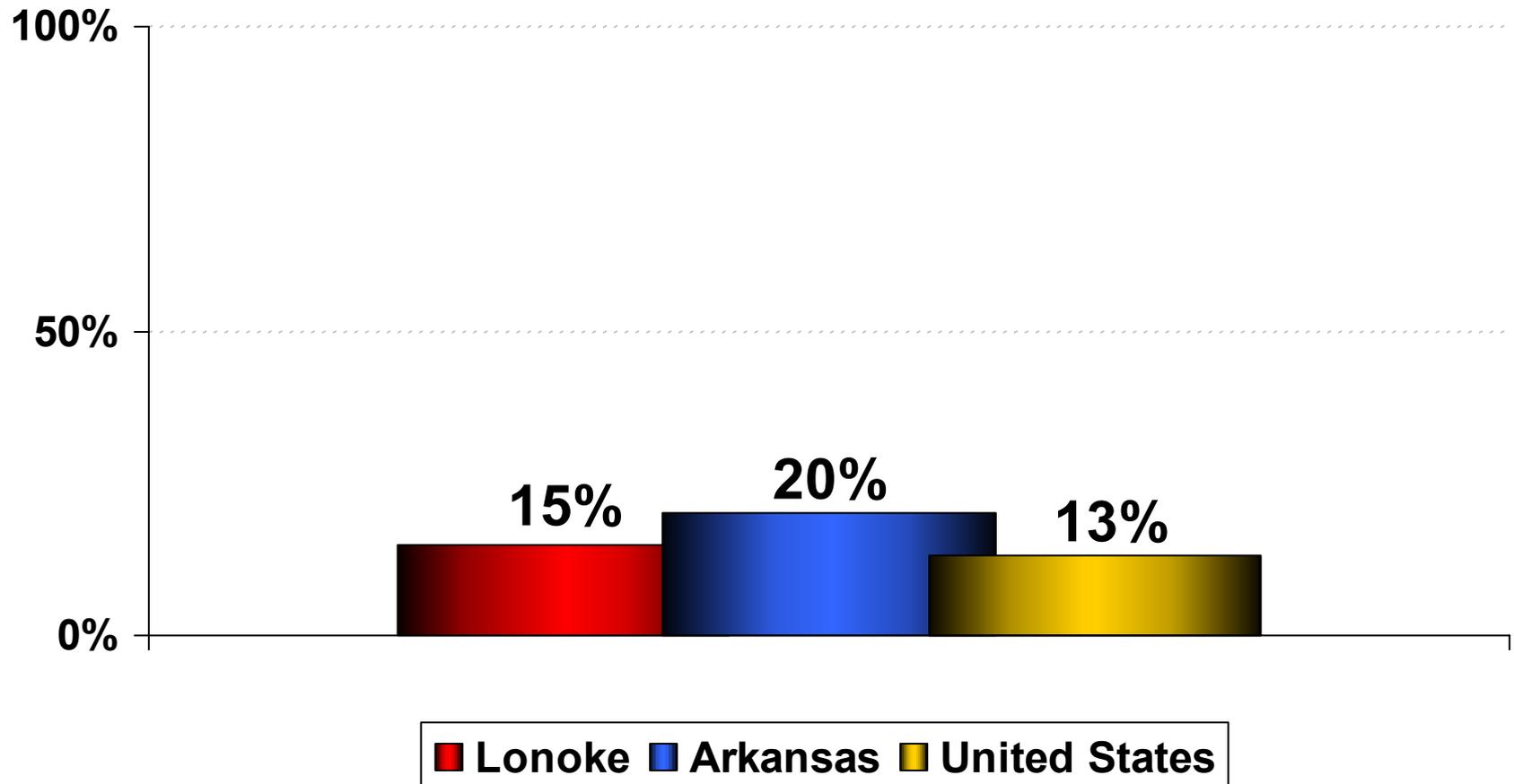
In Lonoke County...

- # Interviews were conducted with 800 people who live in Lonoke County.
- # Of the 800 interviews, 268 were with men and 532 were with women.

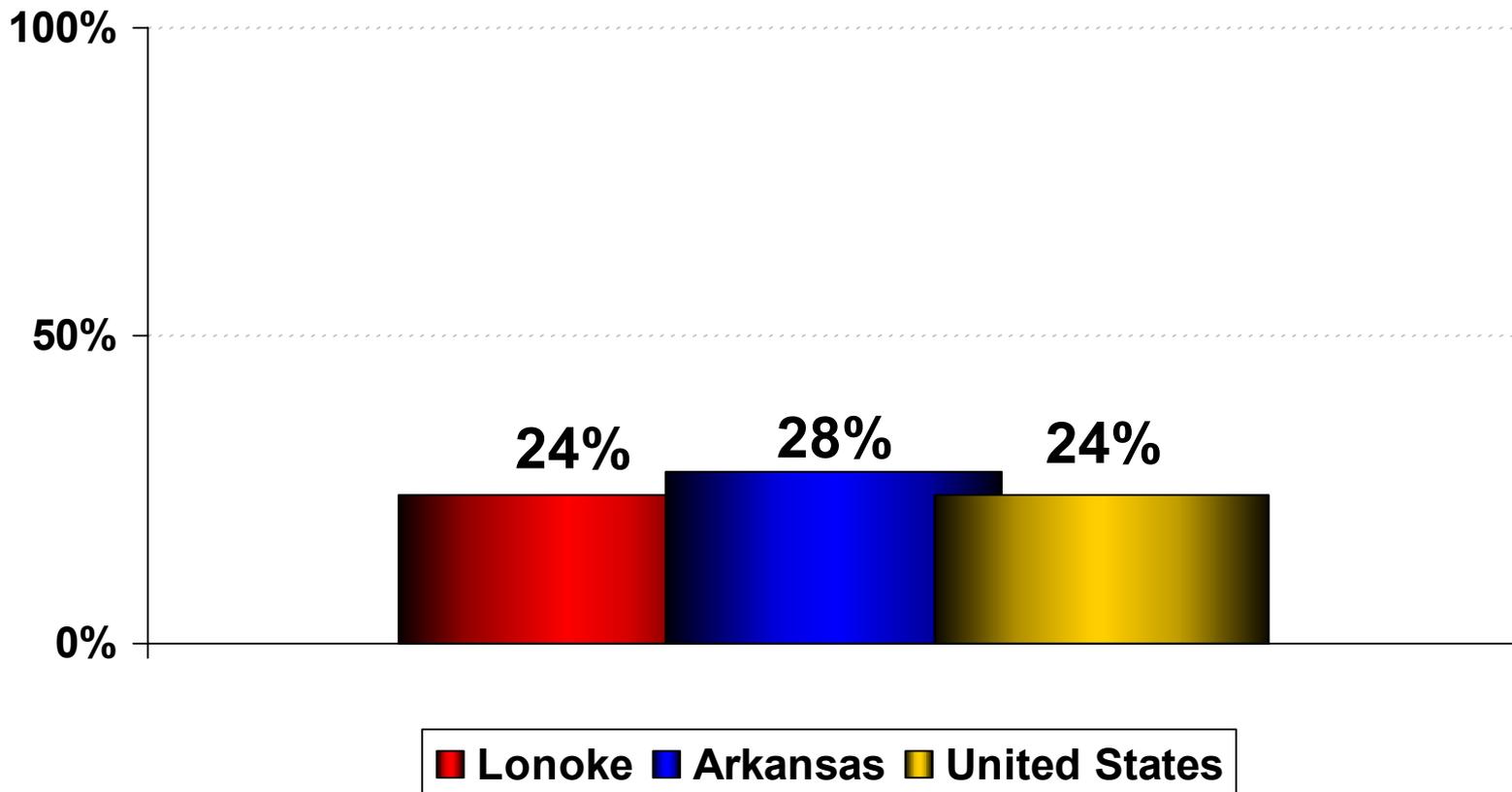


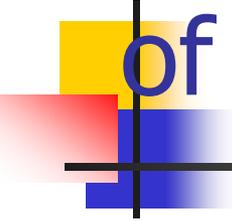
Women's Health

Haven't Had a Pap Smear in Past 3 Years



Women 40 and Over, No Mammogram in Past 2 Years

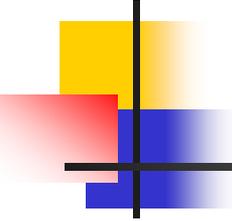




What was the most common cause of death for Arkansans in 1999?

Heart Disease

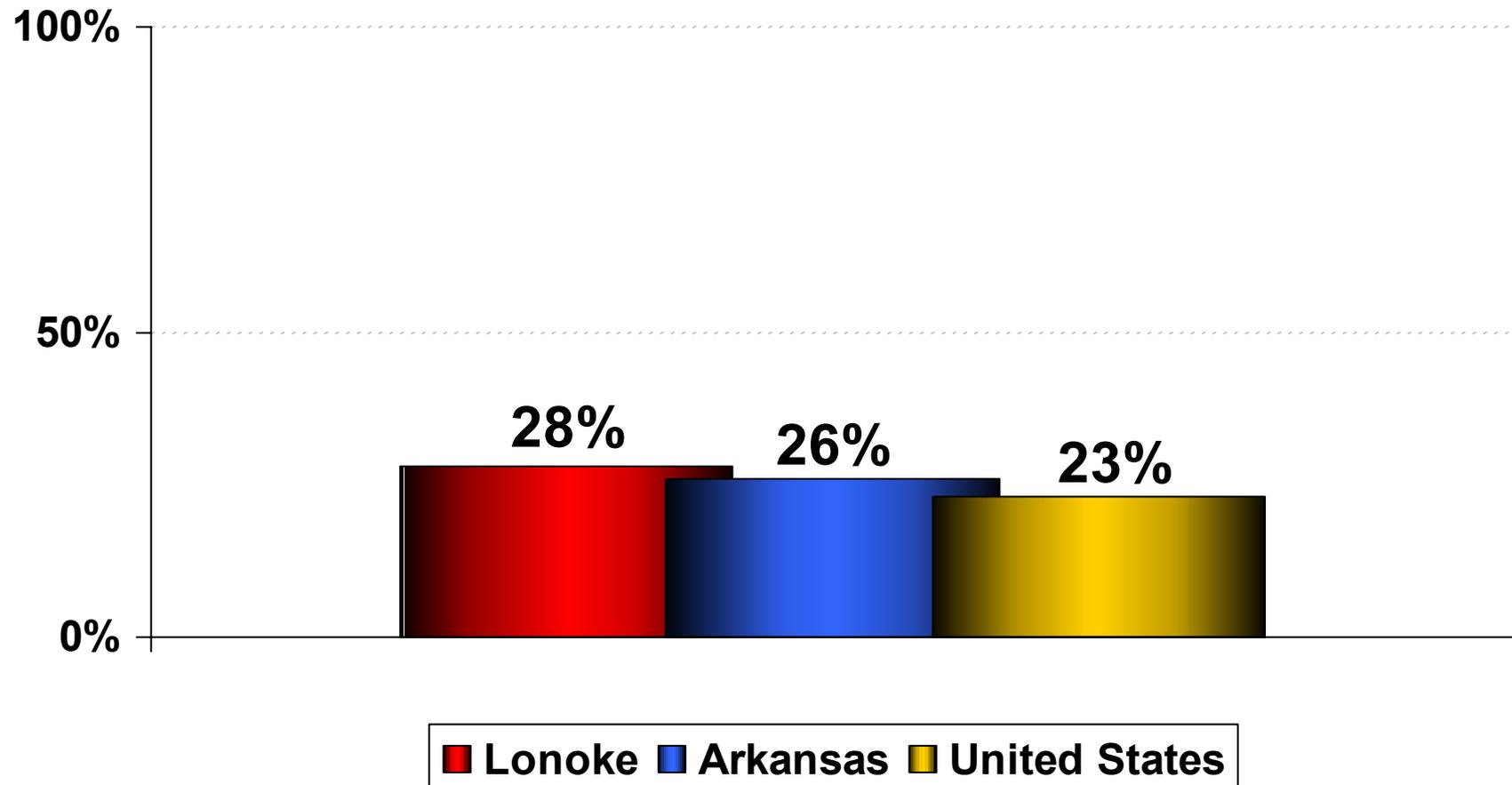
- ✦ Heart disease is the most common cause of death for both men and women in Lonoke County, in the state of Arkansas, and in the United States.

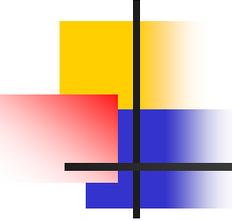


Cardiovascular Disease Risks Measured Include...

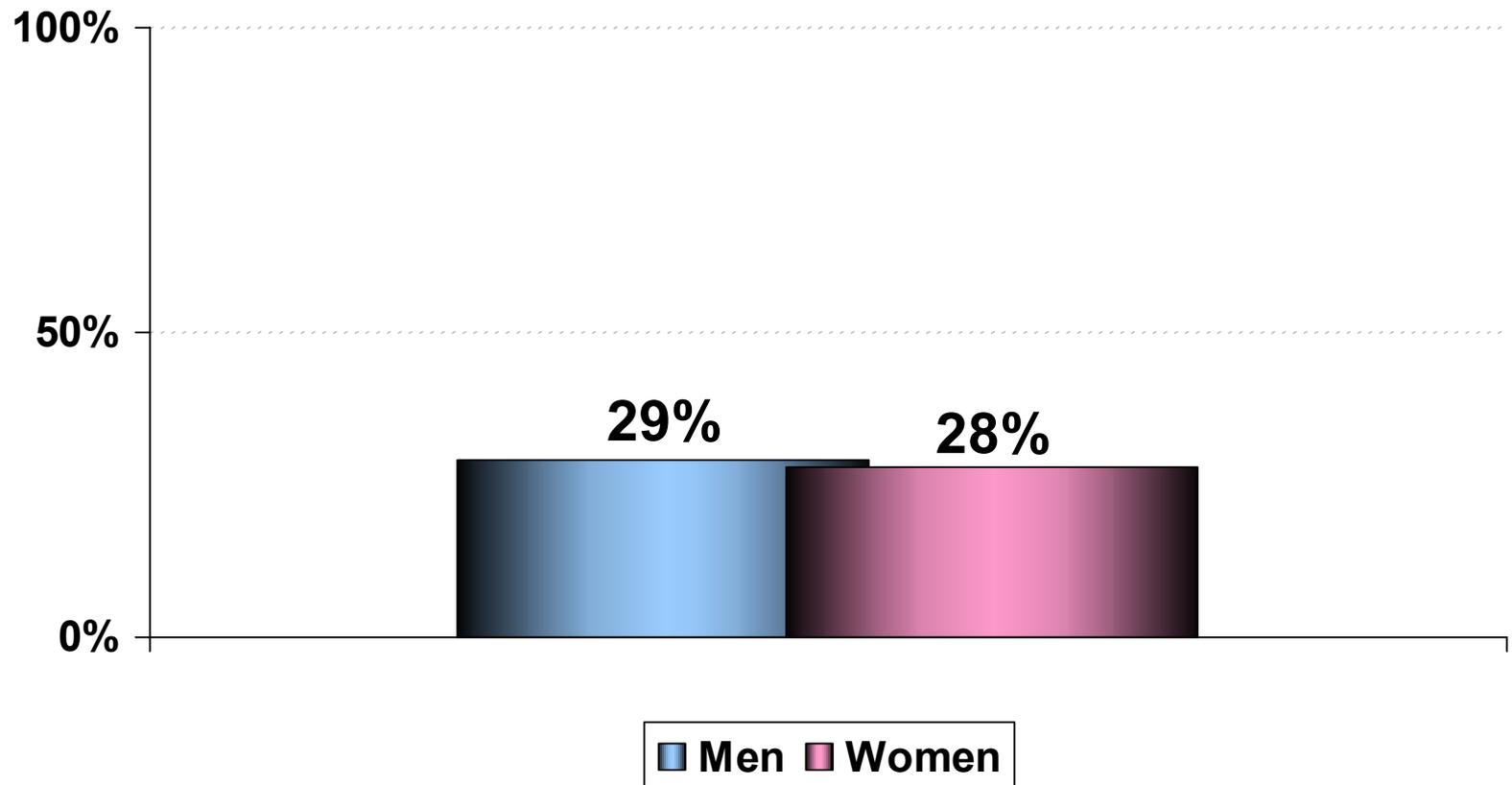
- ✦ Using tobacco
- ✦ Being overweight
- ✦ Having a sedentary lifestyle
- ✦ Having a poor diet

Currently Smoke Cigarettes

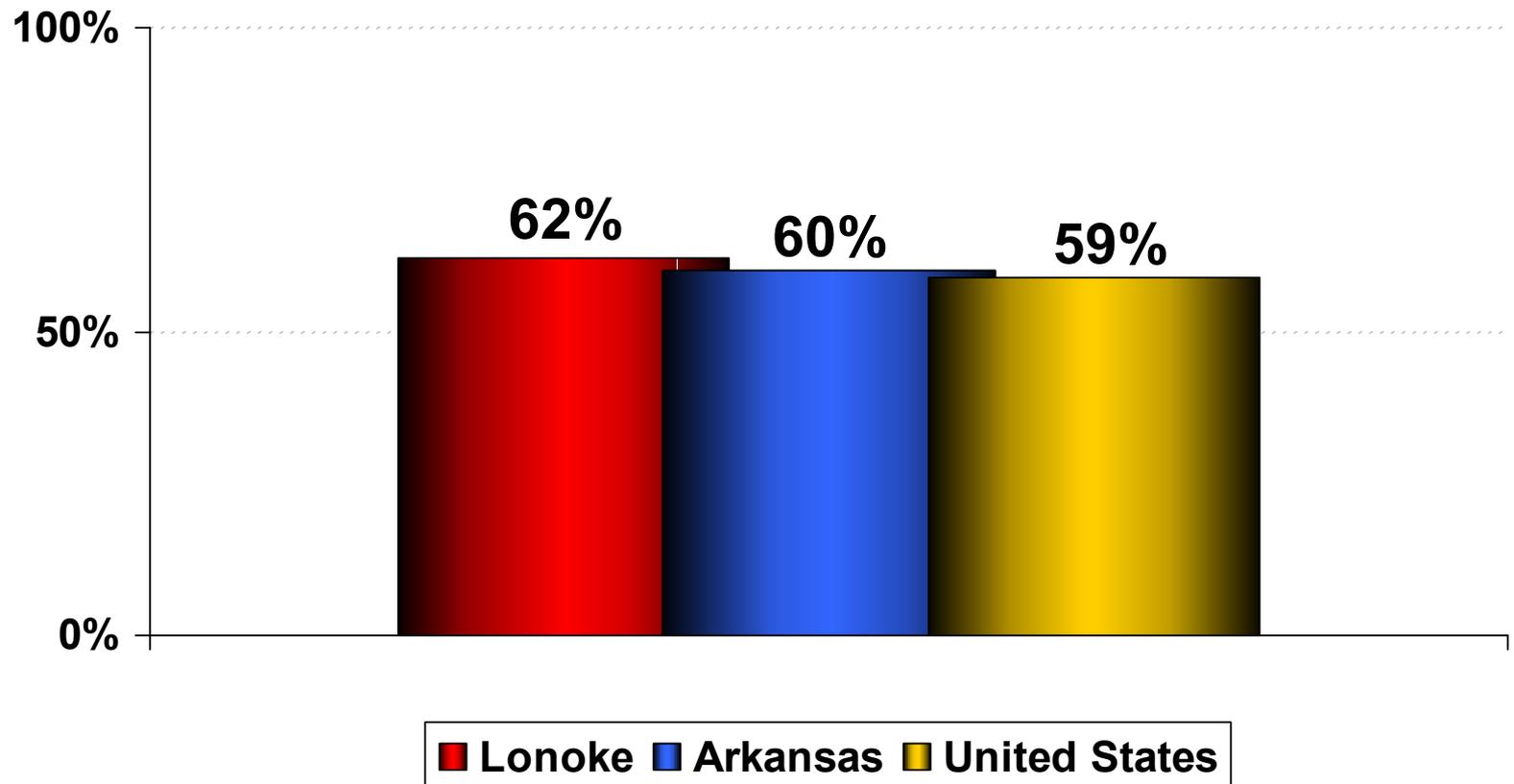




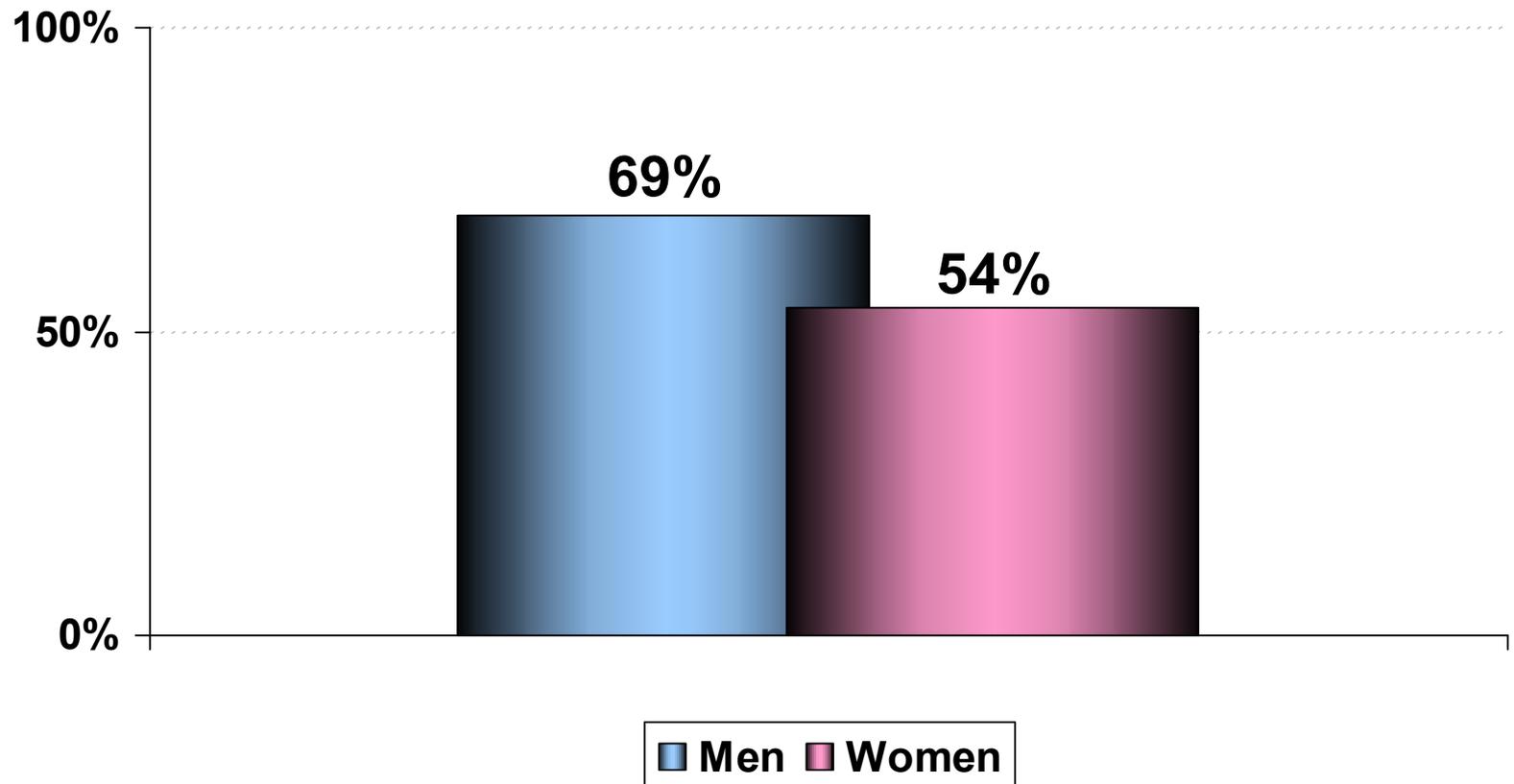
Currently Smoke Cigarettes



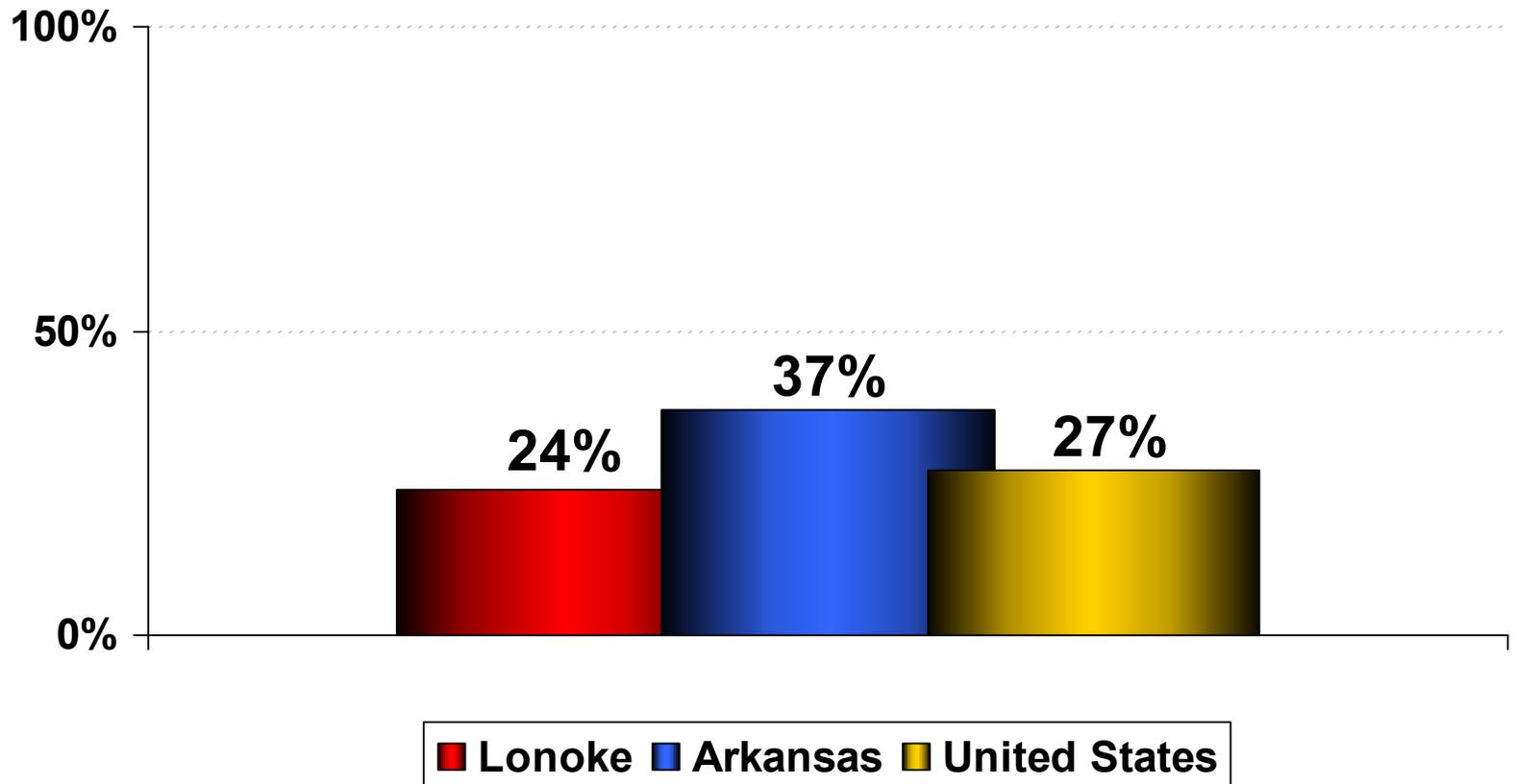
Overweight as Measured by Body Mass Index



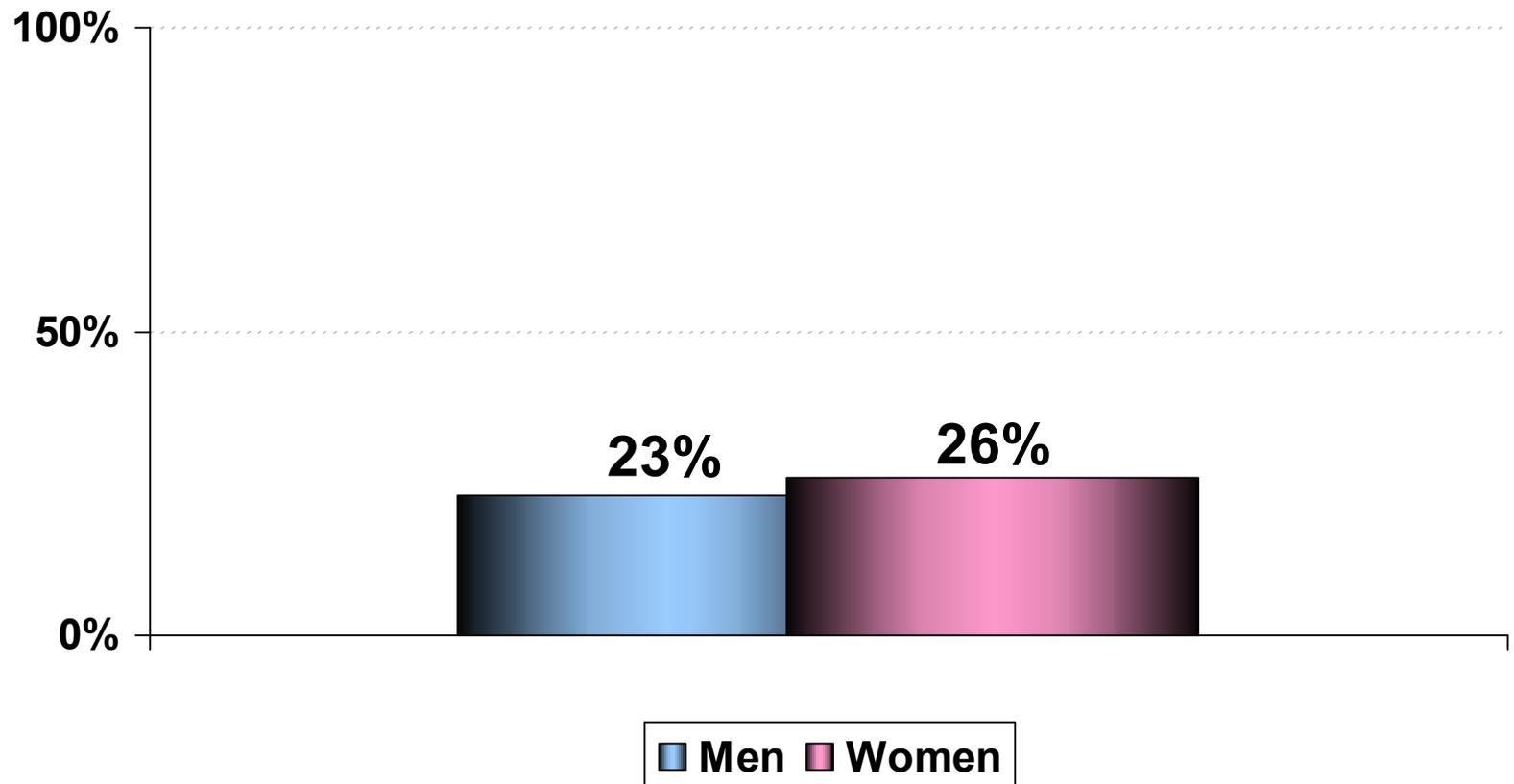
Overweight as Measured by Body Mass Index



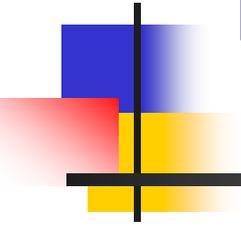
Do Not Participate in Any Physical Activities



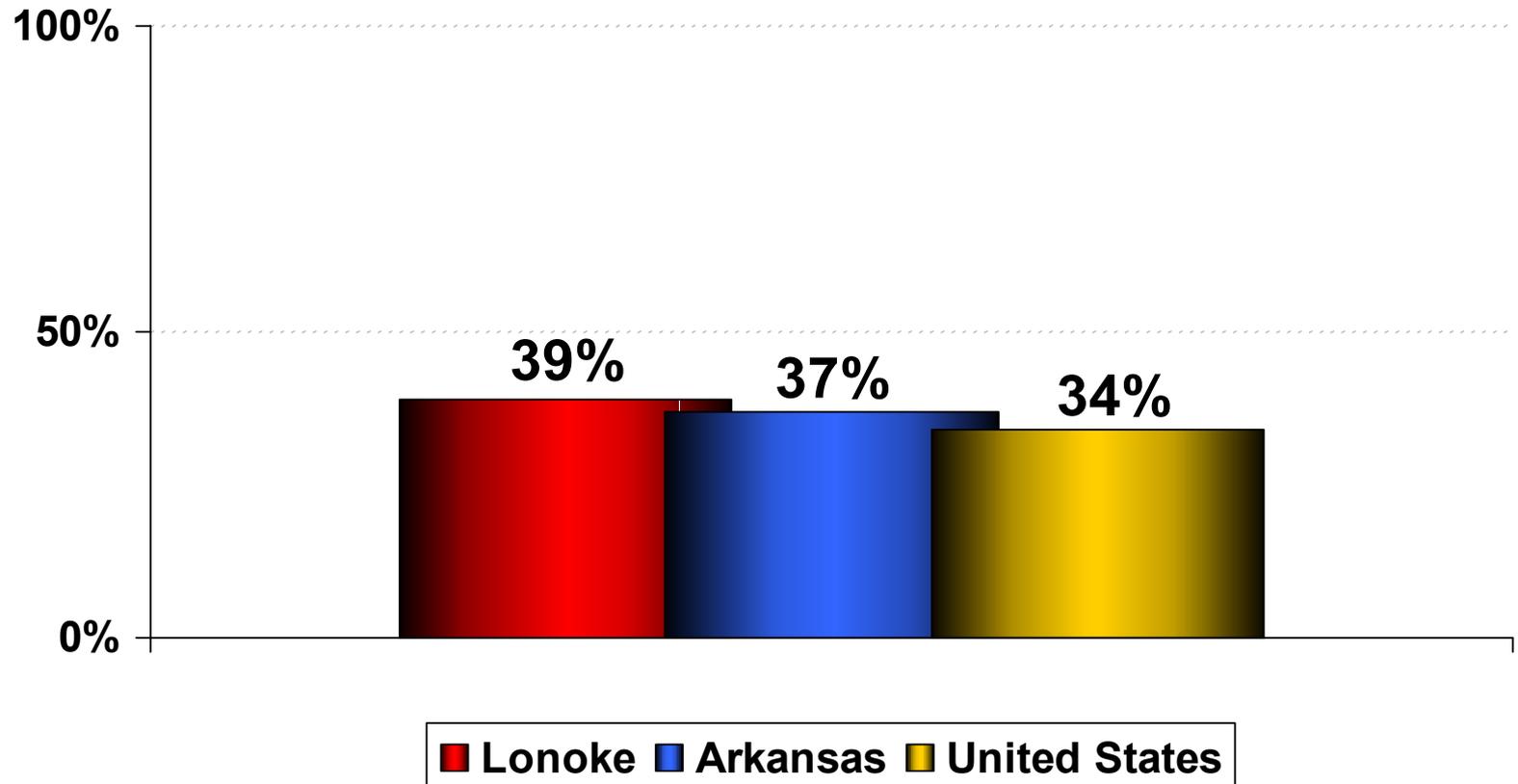
Do Not Participate in Any Physical Activities



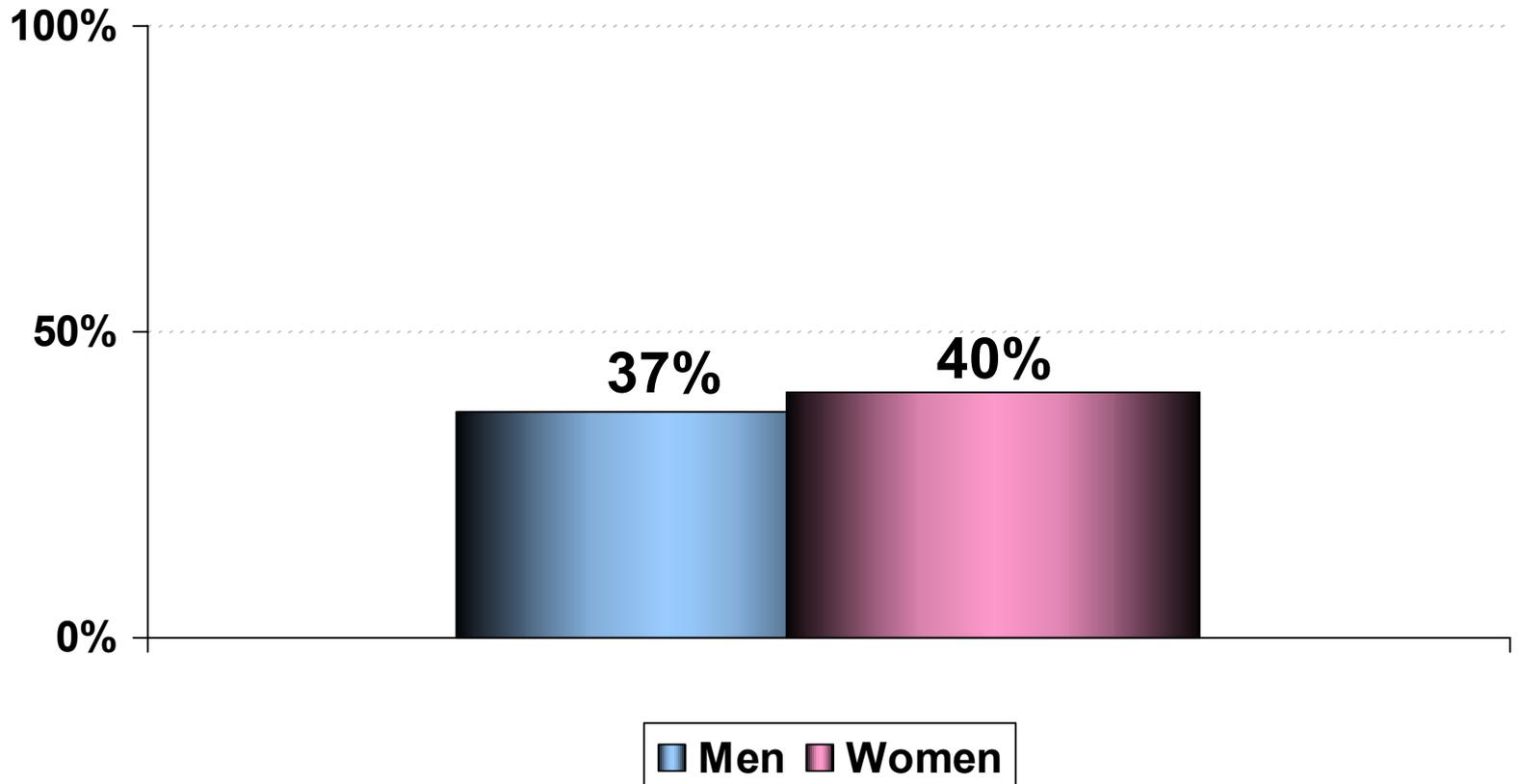
Selected Other Major Risk Factors

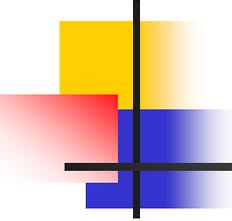


Physical Health Not Good One or More Days

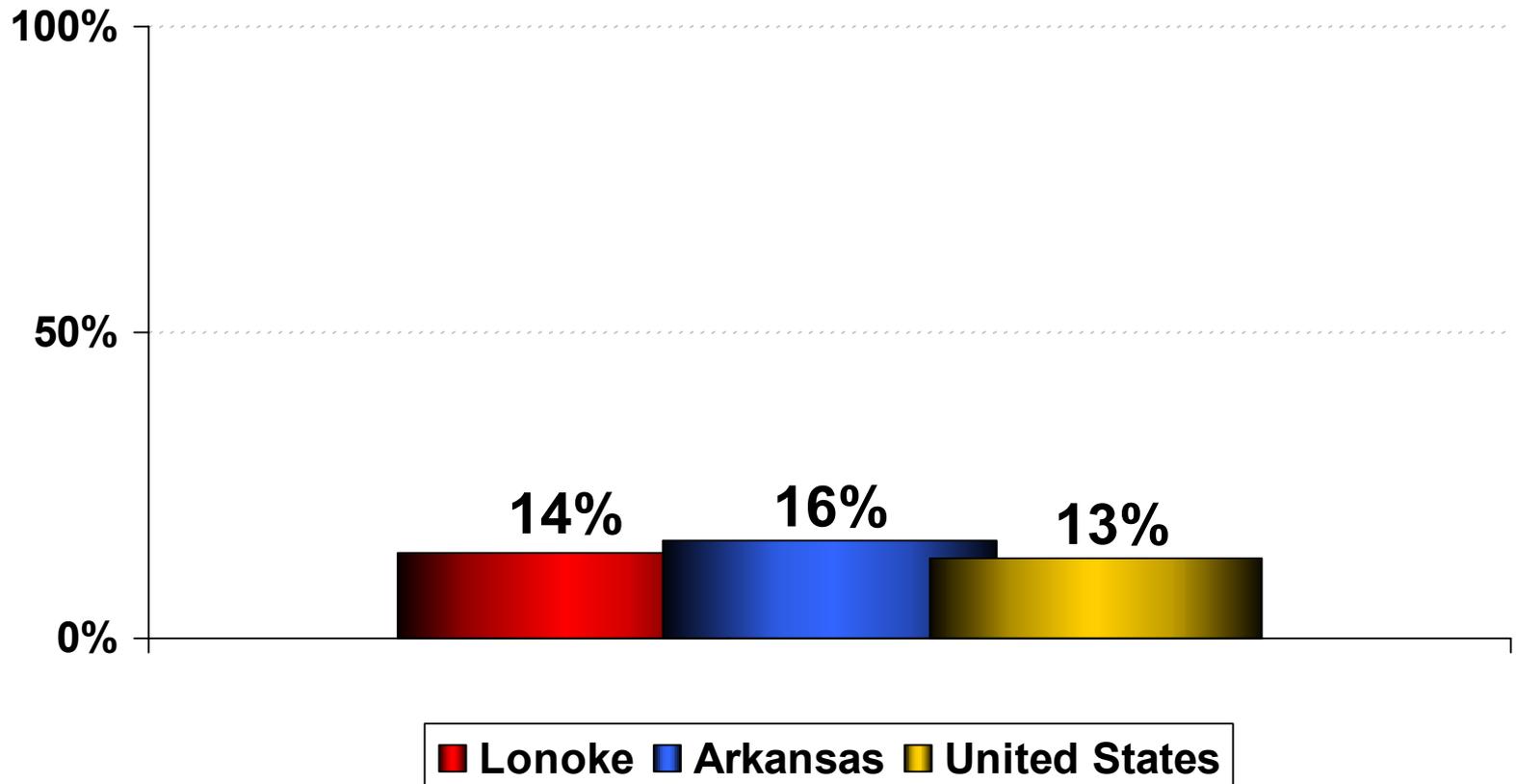


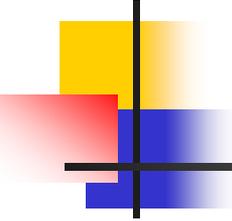
Physical Health Not Good One or More Days



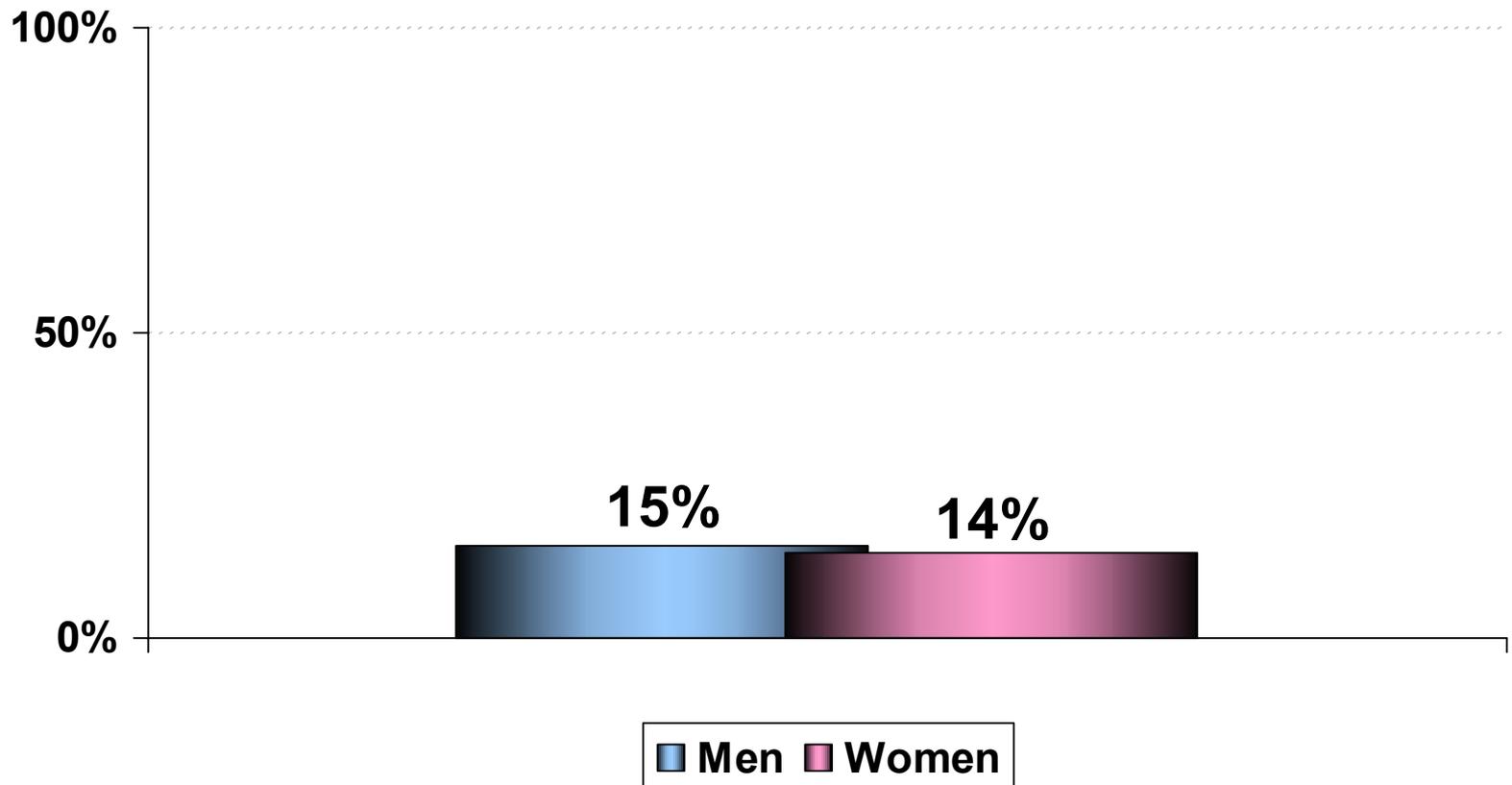


Do Not Have Health Insurance

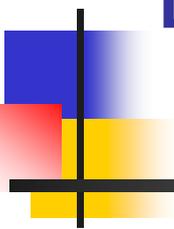




Do Not Have Health Insurance



What Can Our Hometown Health Coalition Do to Make a Difference?



- Work with the results of your BRFSS survey to find out what kinds of health activities would be useful in your community.