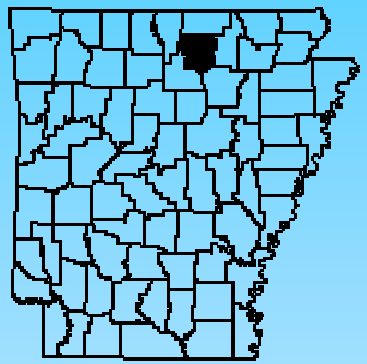
Izard County YRBS Results



Youth Risk Behavior Survey

Arkansas Department of Health

Arkansas Center for Health Statistics

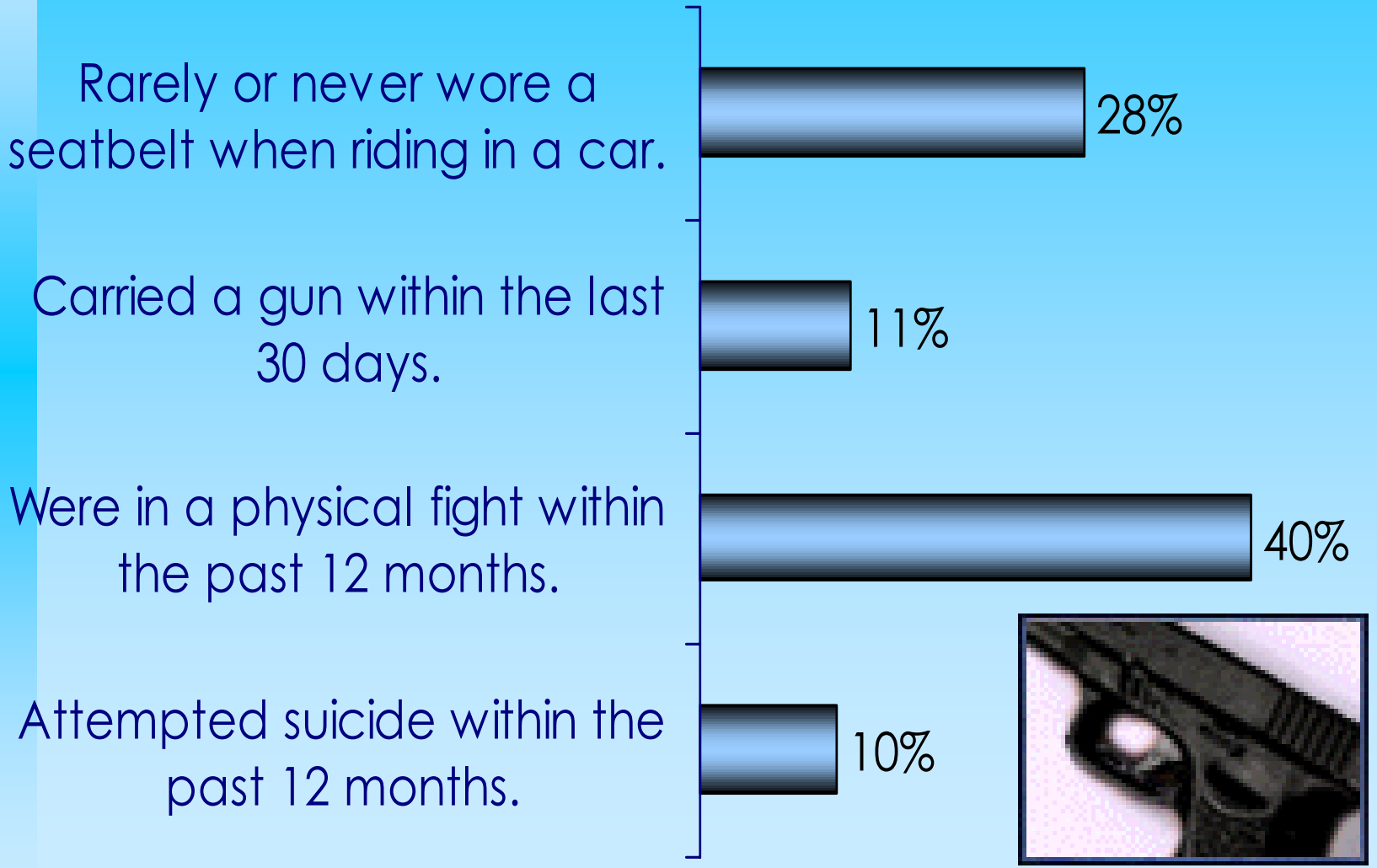
What Is the Youth Risk Behavior Survey?

- The YRBS is an 87 item multiple-choice questionnaire which was developed by the Centers for Disease Control and Prevention to measure behaviors that put health at risk.

In Izard County…

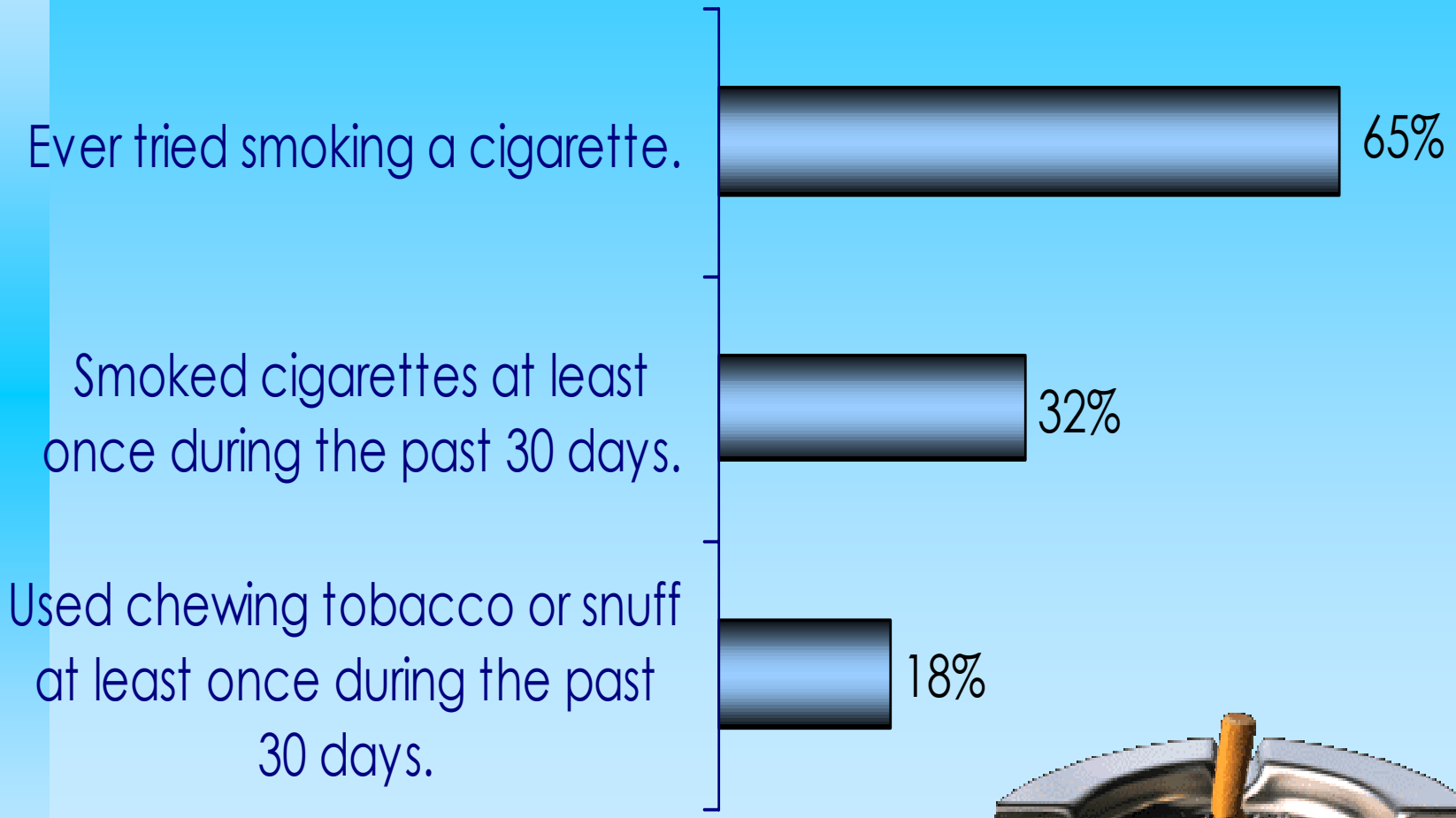
- Survey was administered in February 2002.
- A total of **610** students in 7th through 12th grade completed valid surveys for a response rate of approximately 70%.
- The survey was representative of the 7th –12th grade school population.

Summary of Izard County YRBS Findings
Physical Safety/Injuries

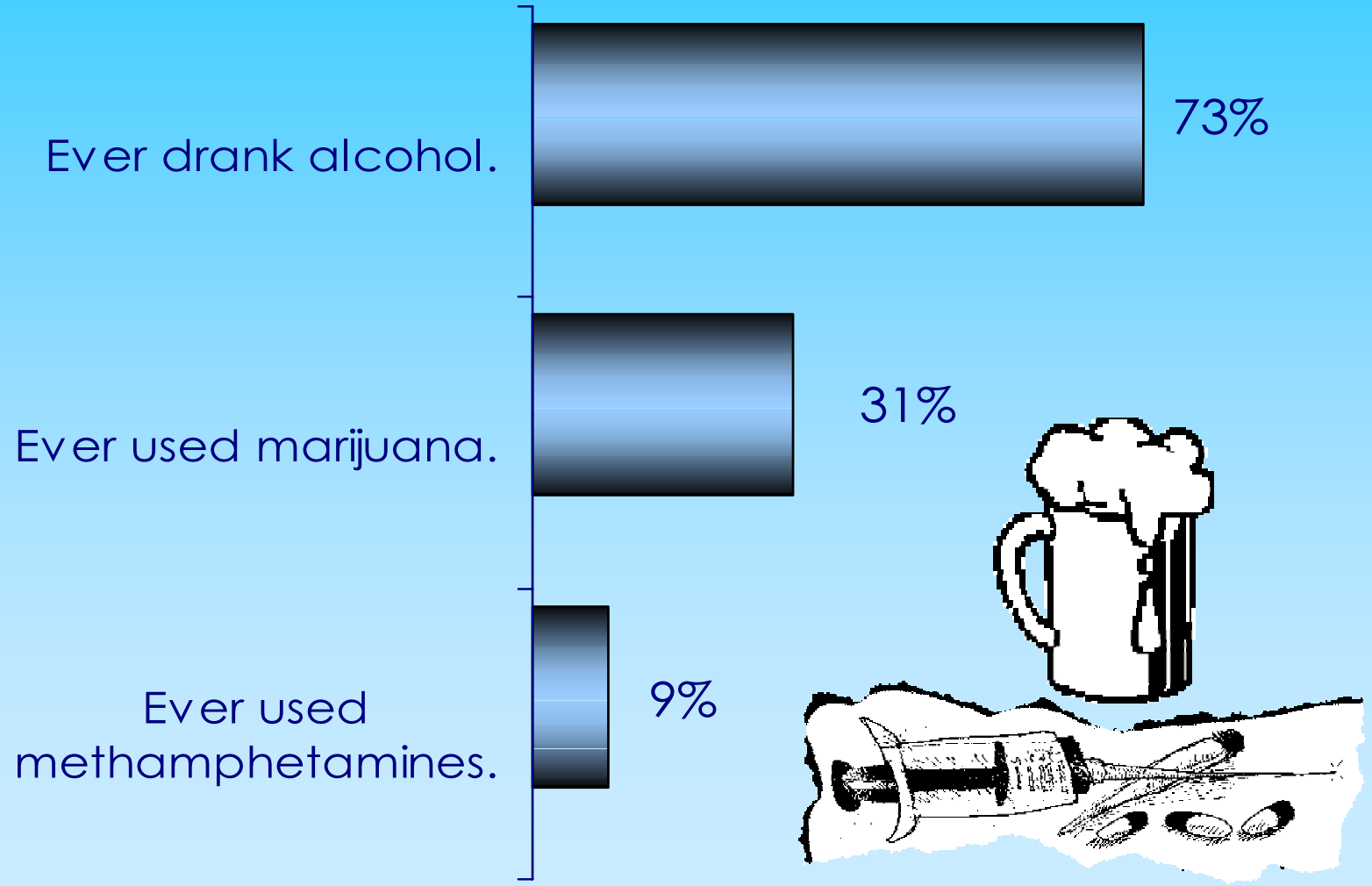


Summary of Izard County YRBS Findings

Tobacco

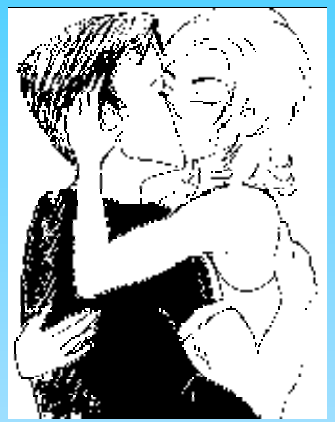


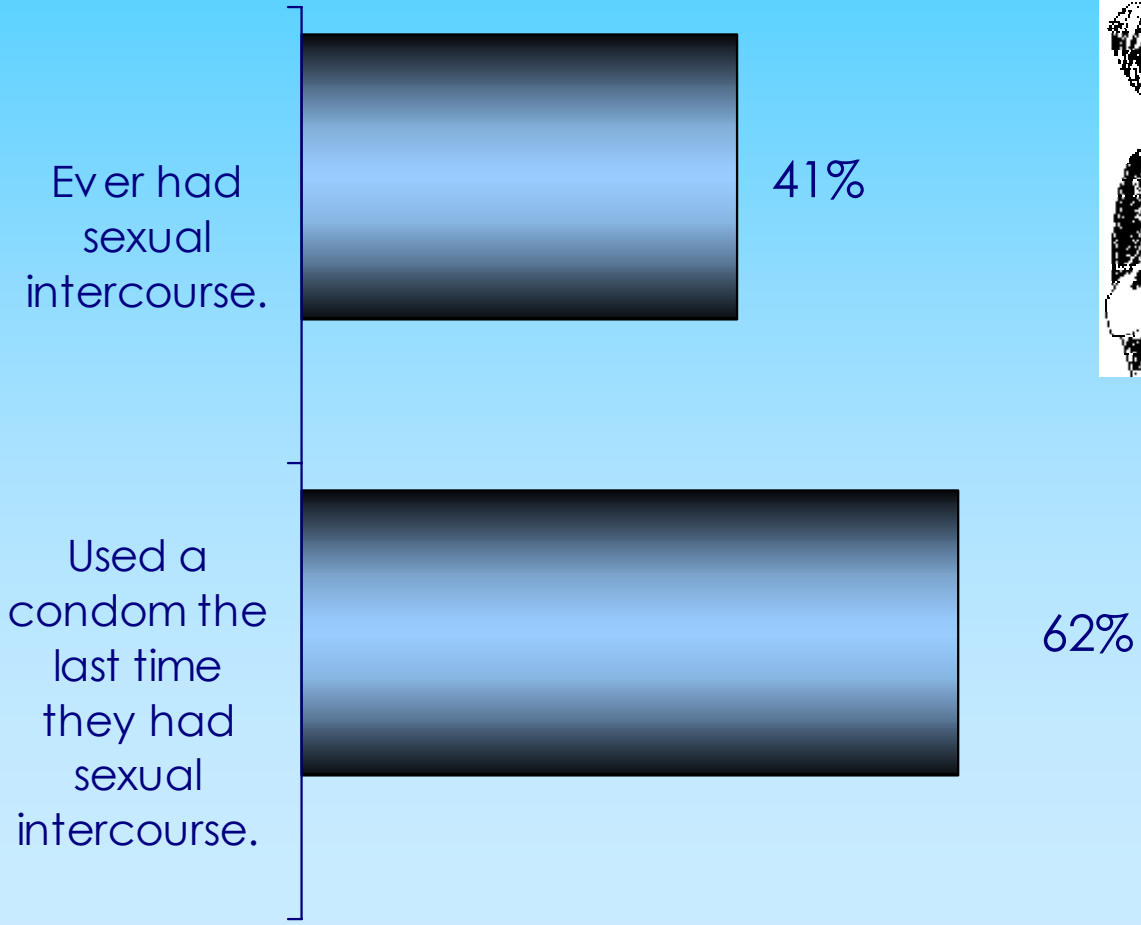
Summary of Izard County YRBS Findings
Alcohol & Other Drugs



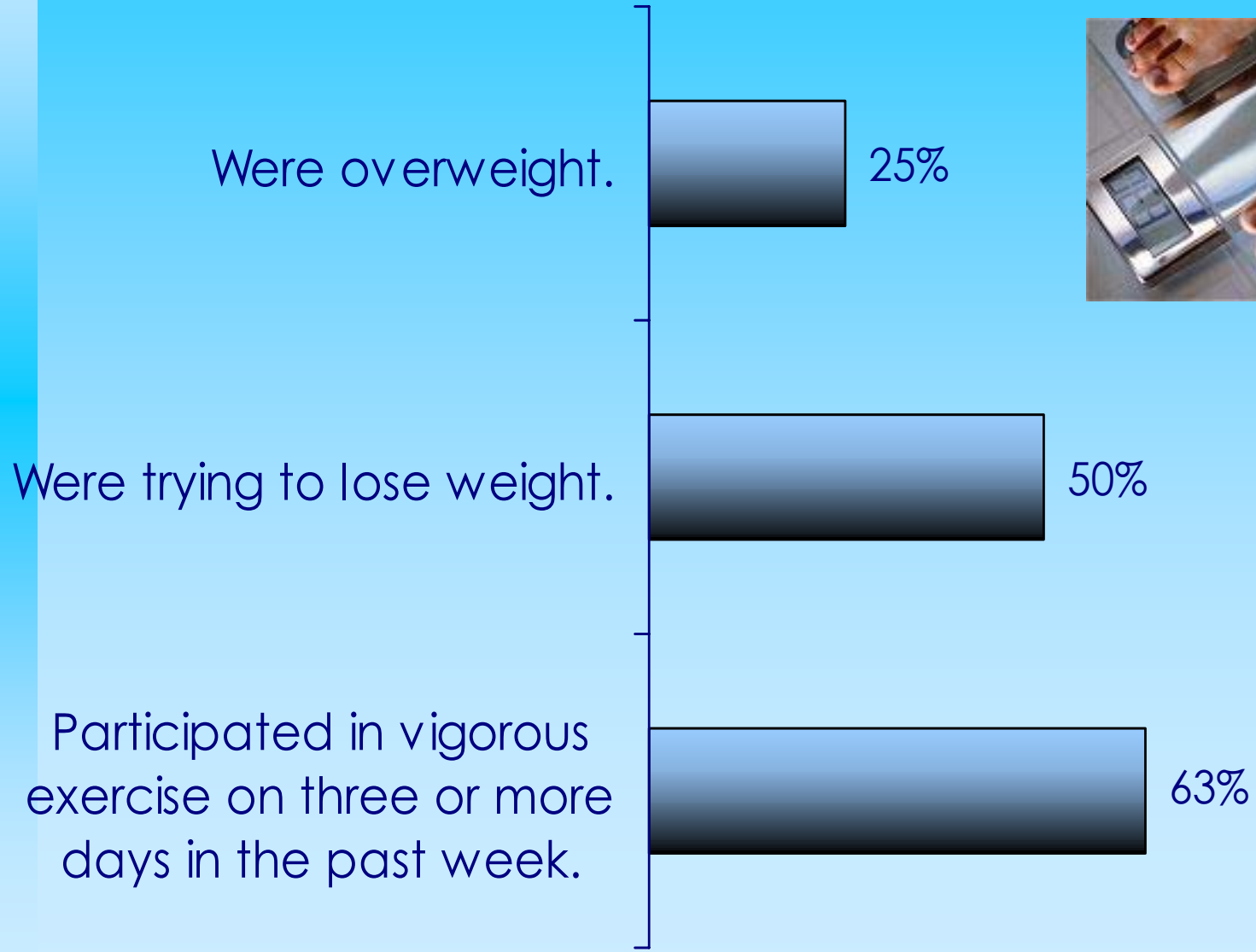
Summary of Izard County YRBS Findings

Sexual Behavior

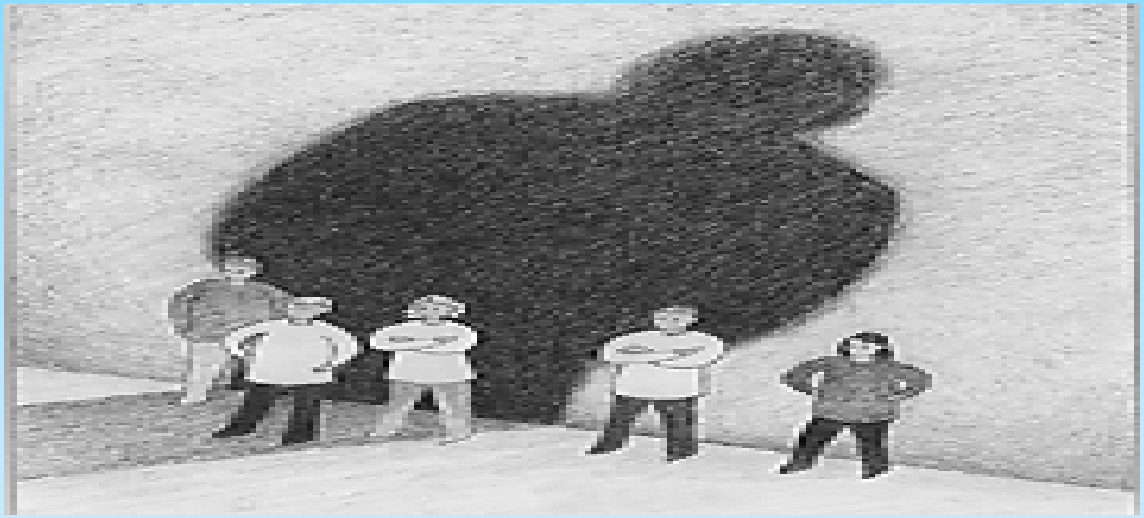




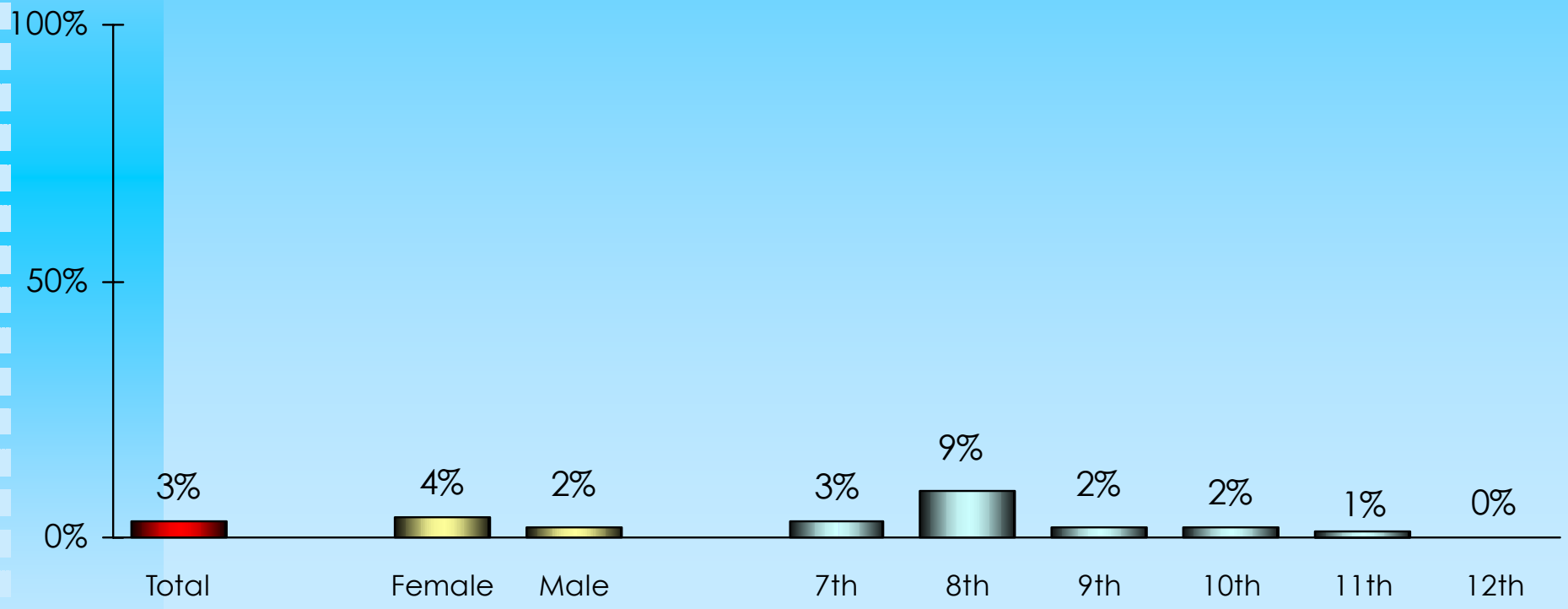
Summary of Izard County YRBS Findings
Diet & Exercise



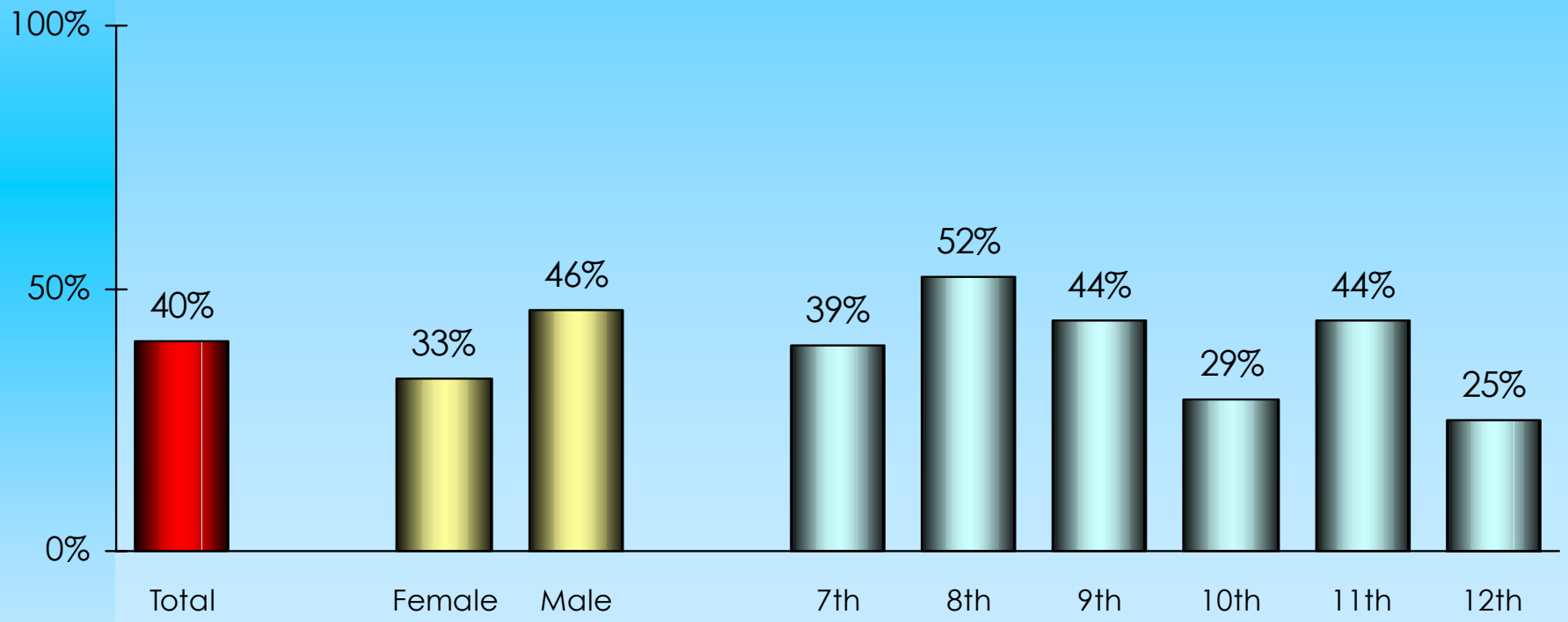
Detailed Findings-Violence



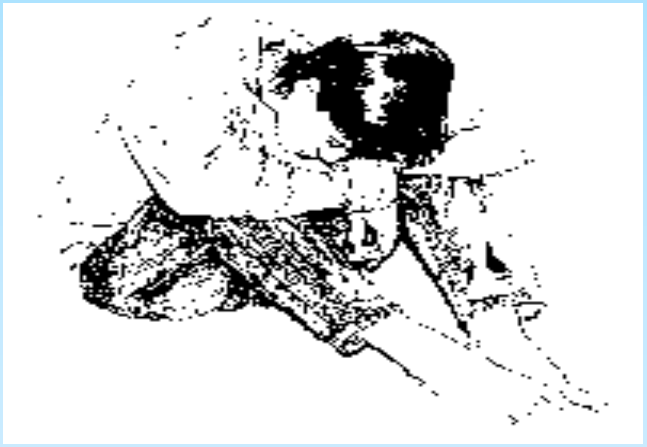
Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.



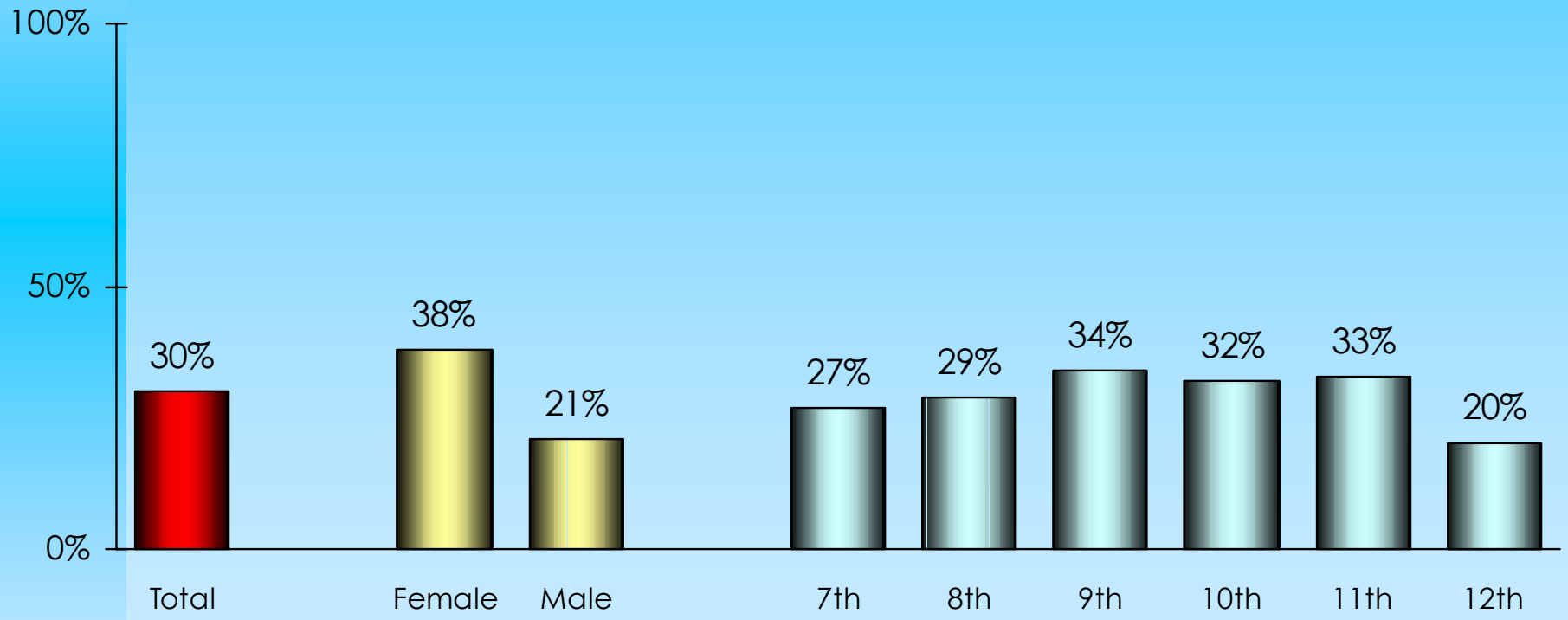
Percentage of students who were in a physical fight one or more times during the past 12 months.



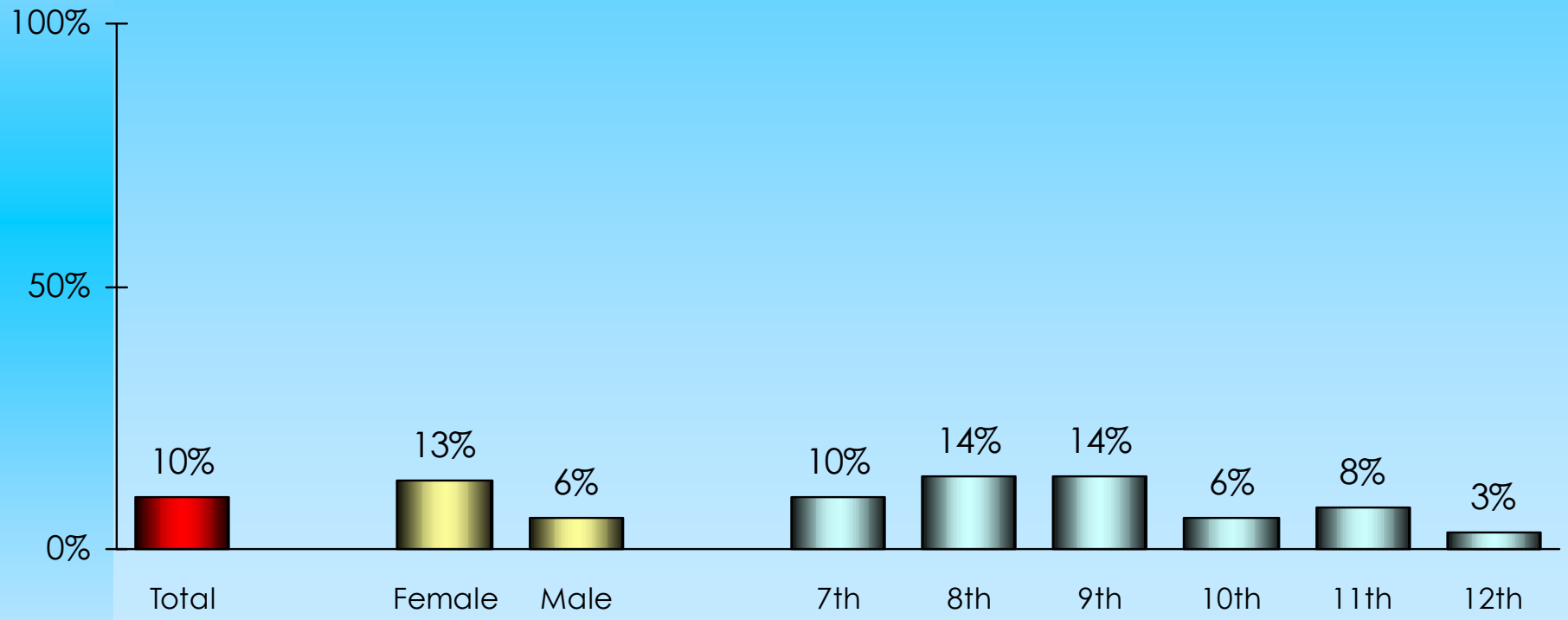
Detailed Findings- Depression & Suicide



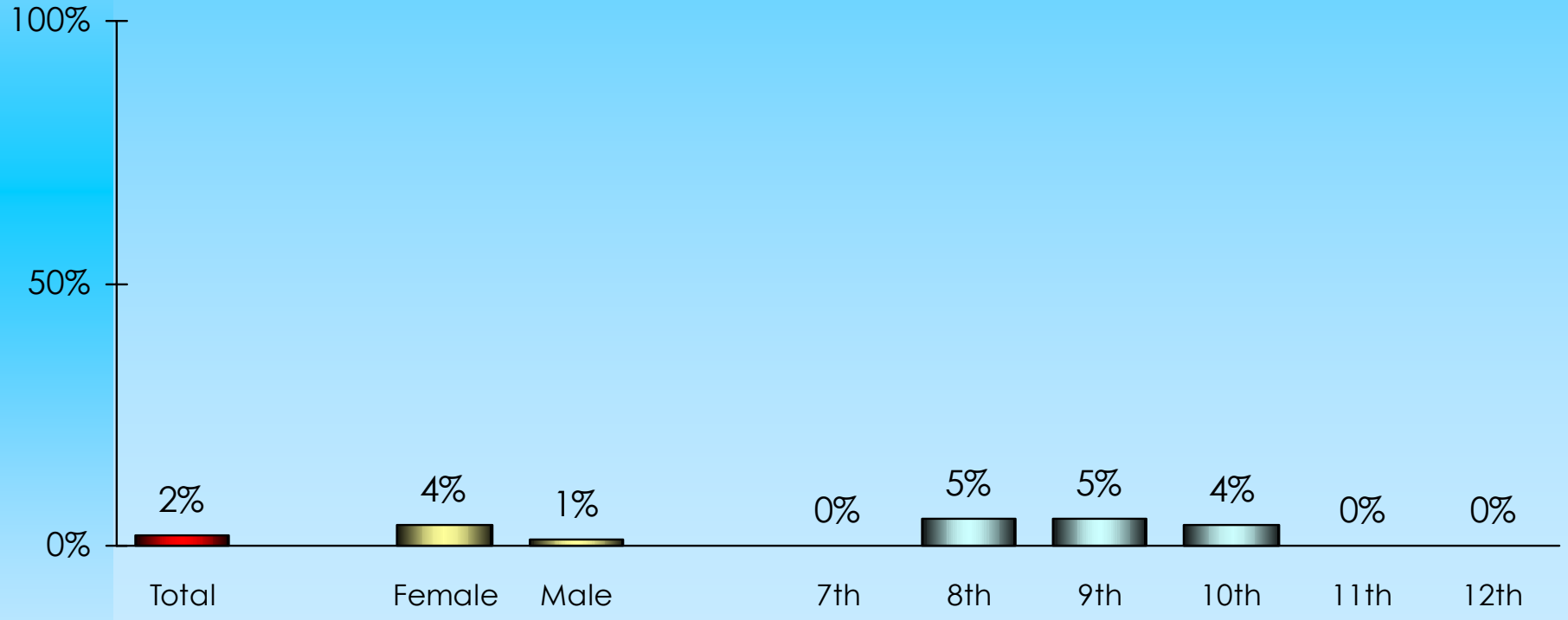
Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.



Percentage of students who actually attempted suicide one or more times during the past 12 months.

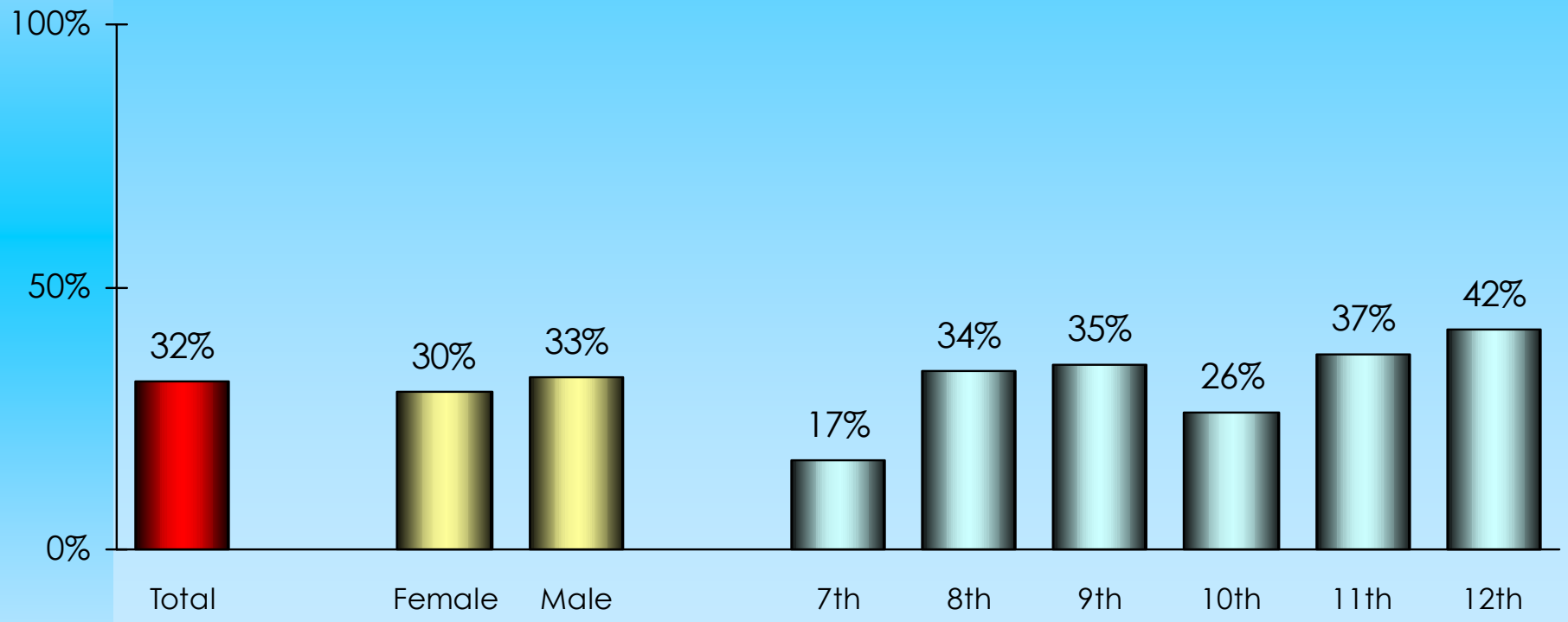


Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

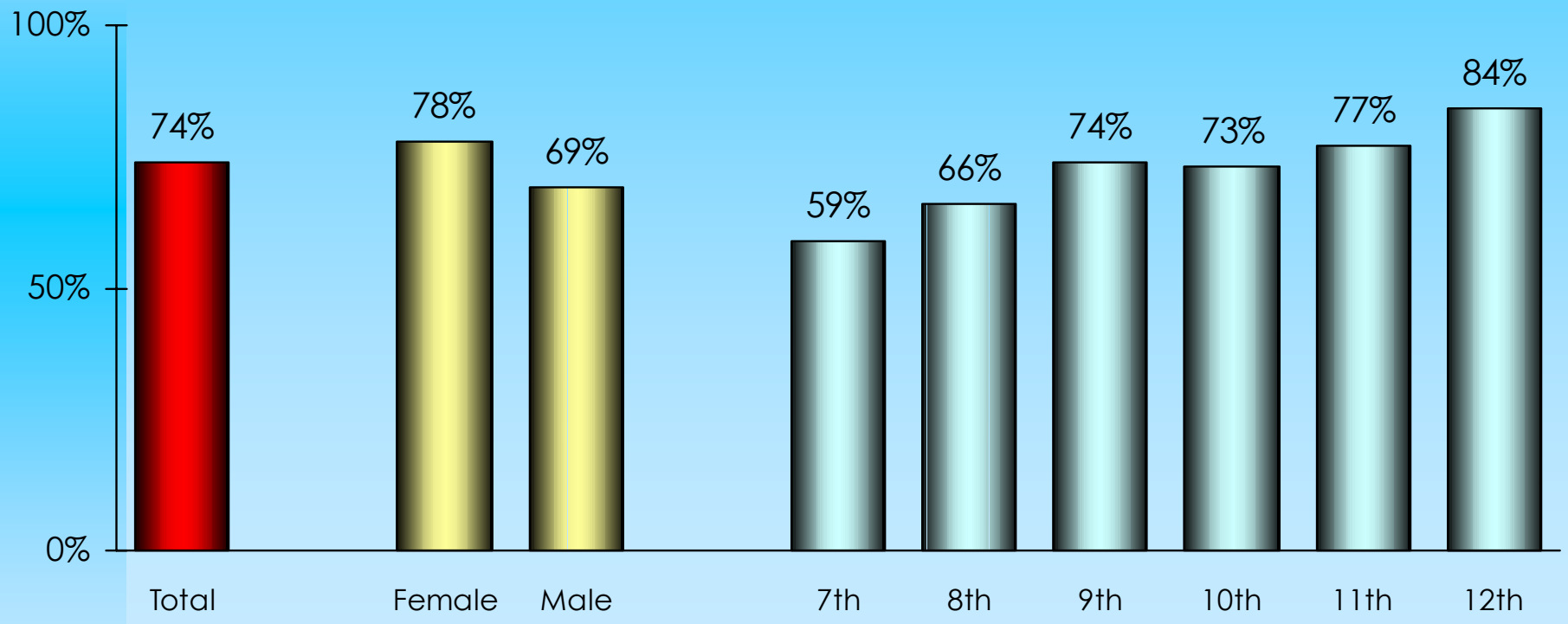


Detailed Findings-Tobacco

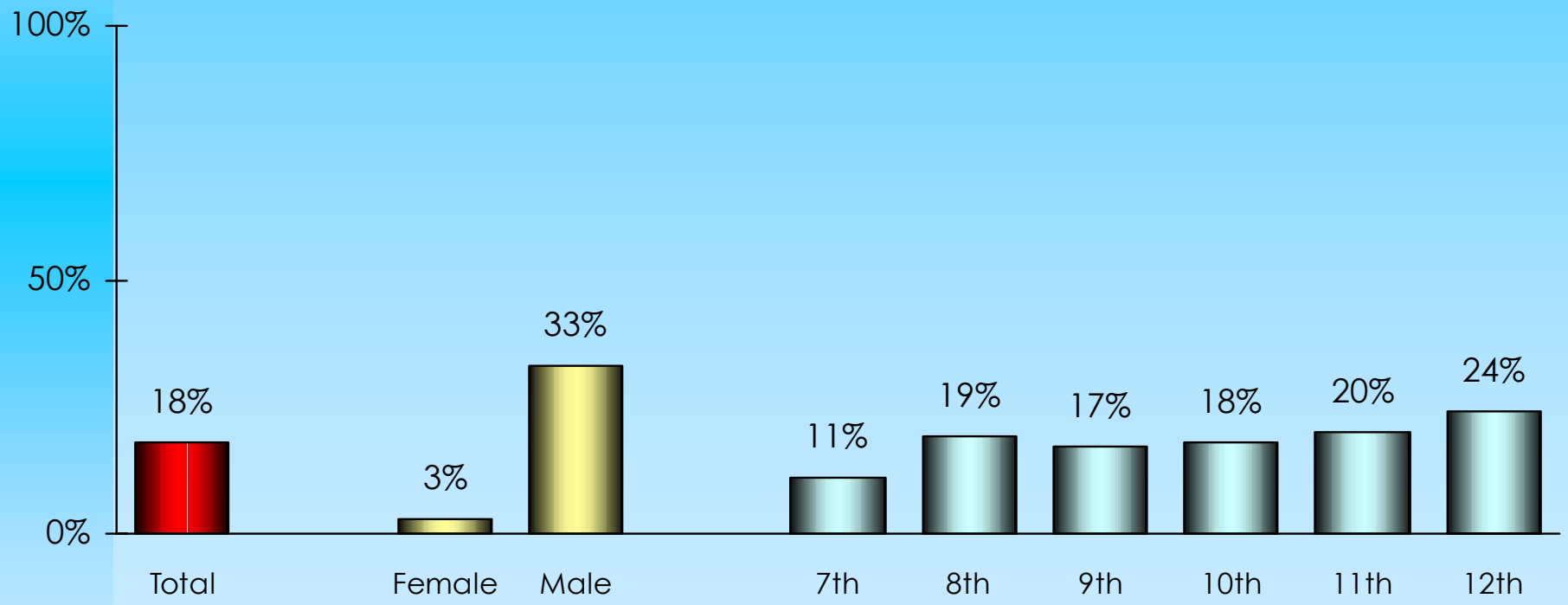
Percentage of students who smoked cigarettes on one or more of the past 30 days.



Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.

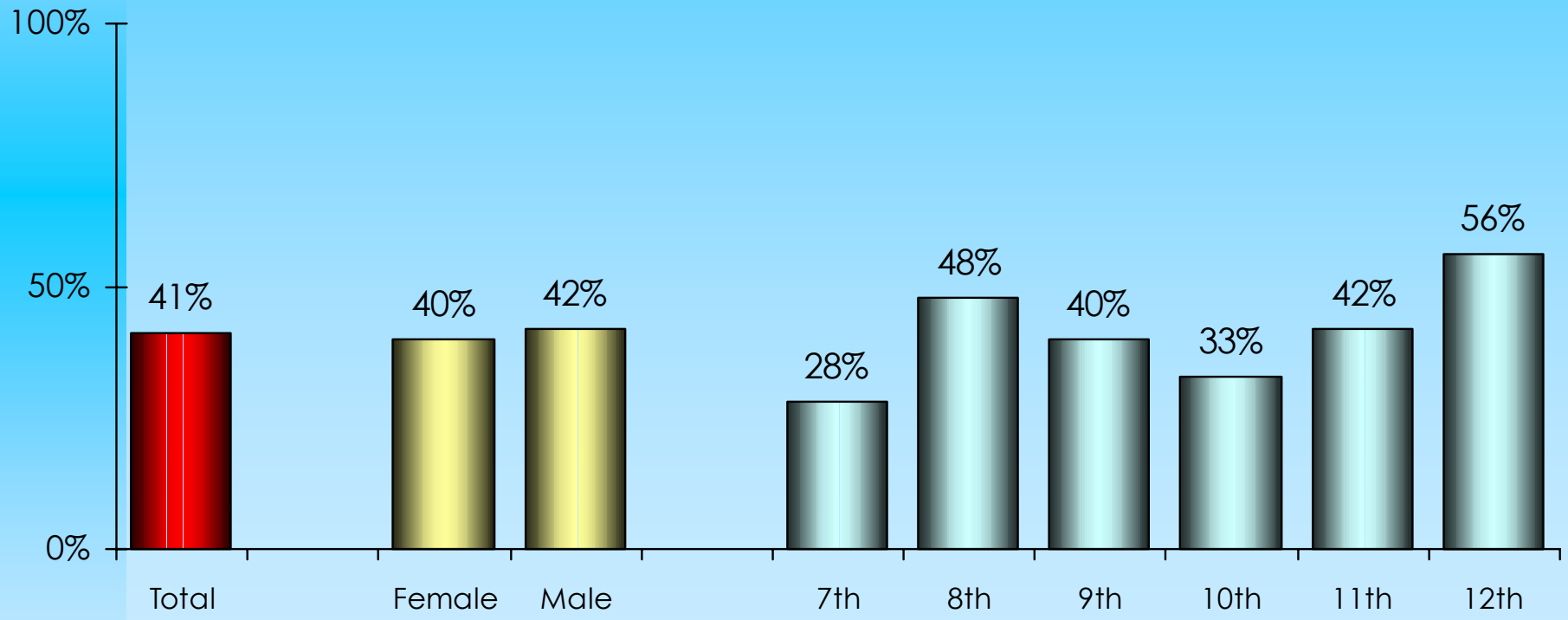


Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.

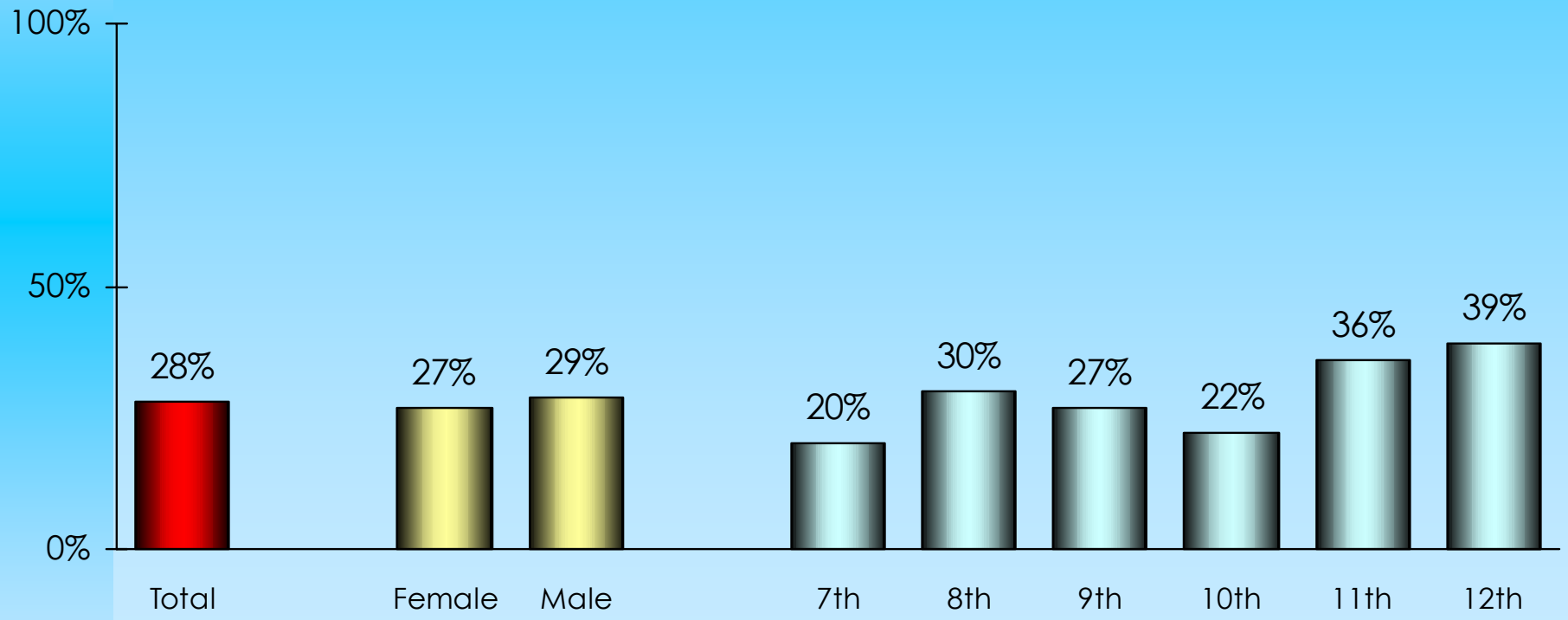


Detailed Findings-Alcohol

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.

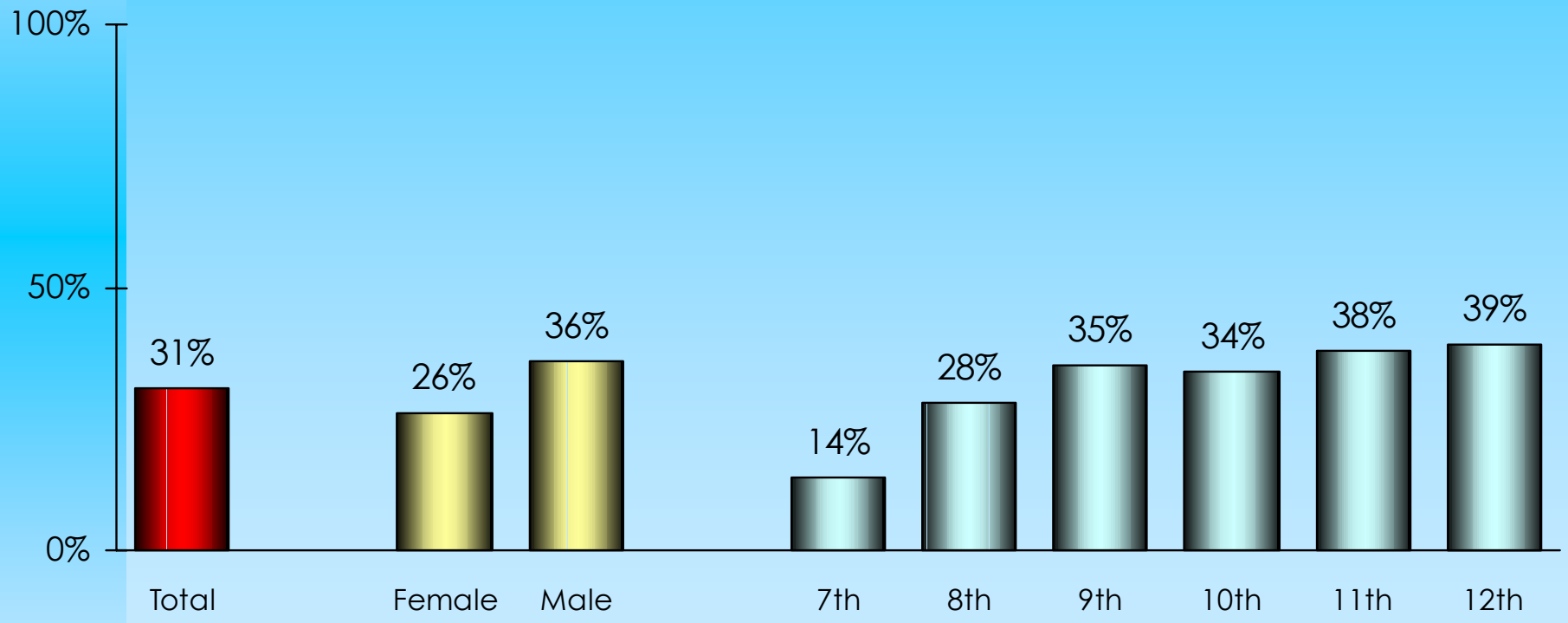


Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

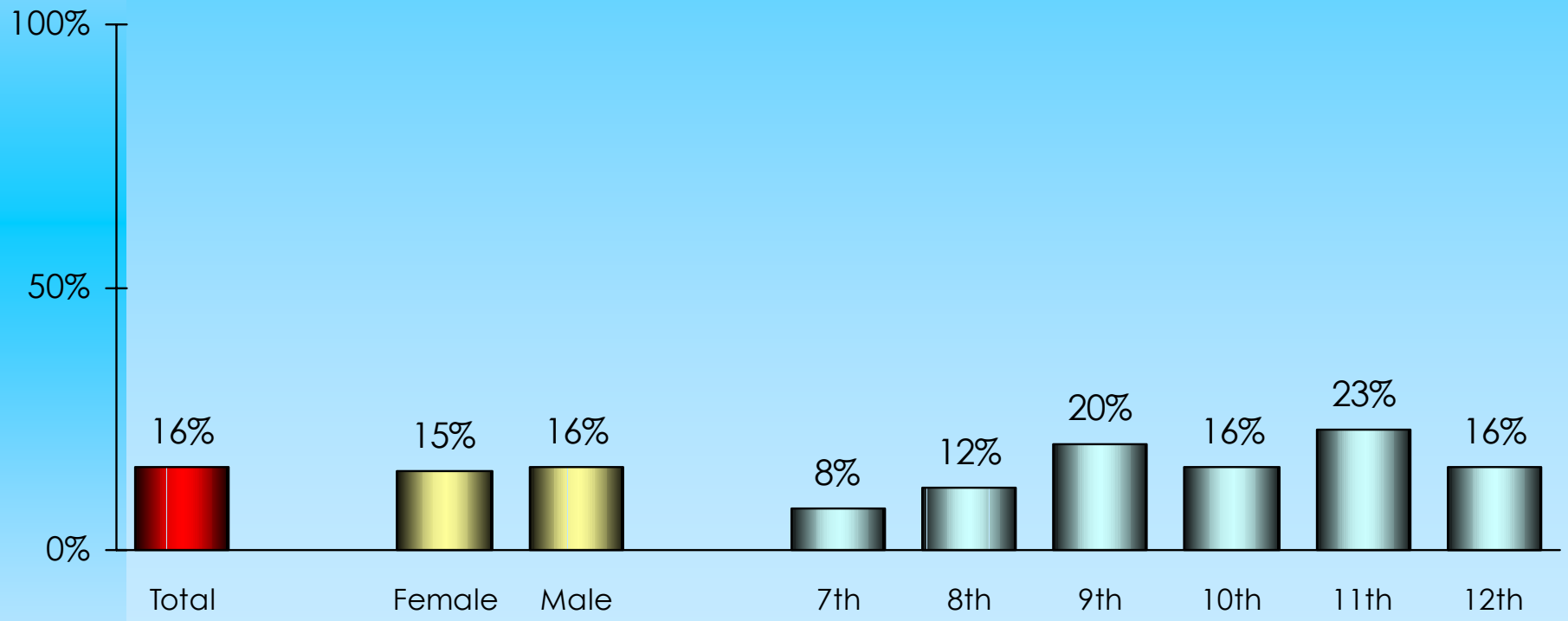


Detailed Findings-Illicit Drugs

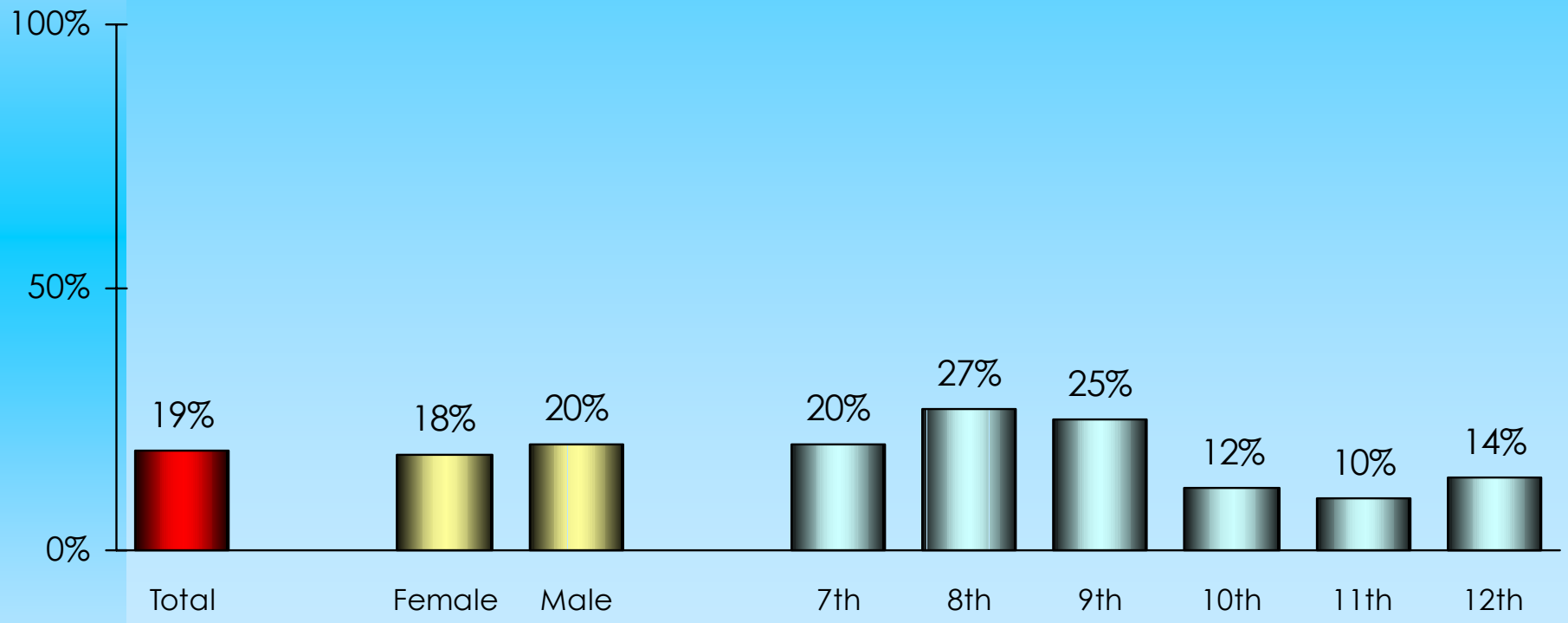
Percentage of students who used marijuana one or more times during their life.



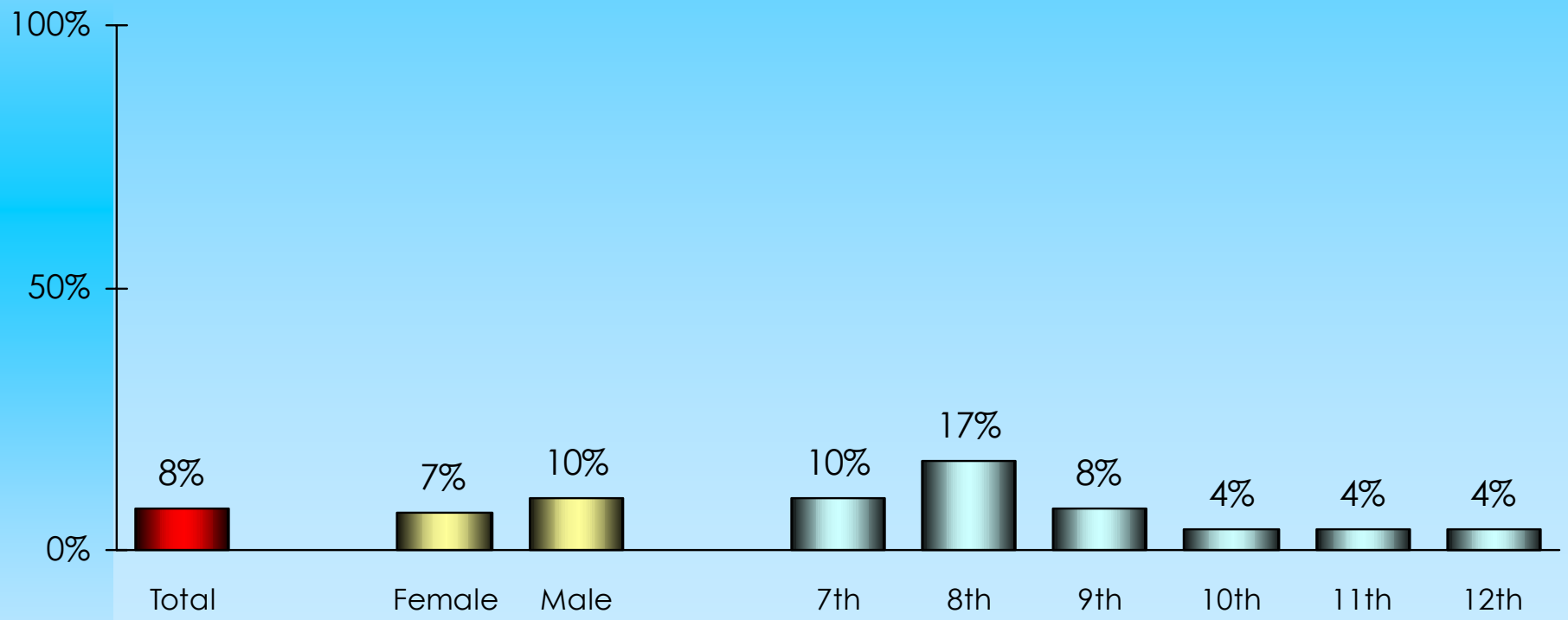
Percentage of students who used marijuana one or more times during the past 30 days.



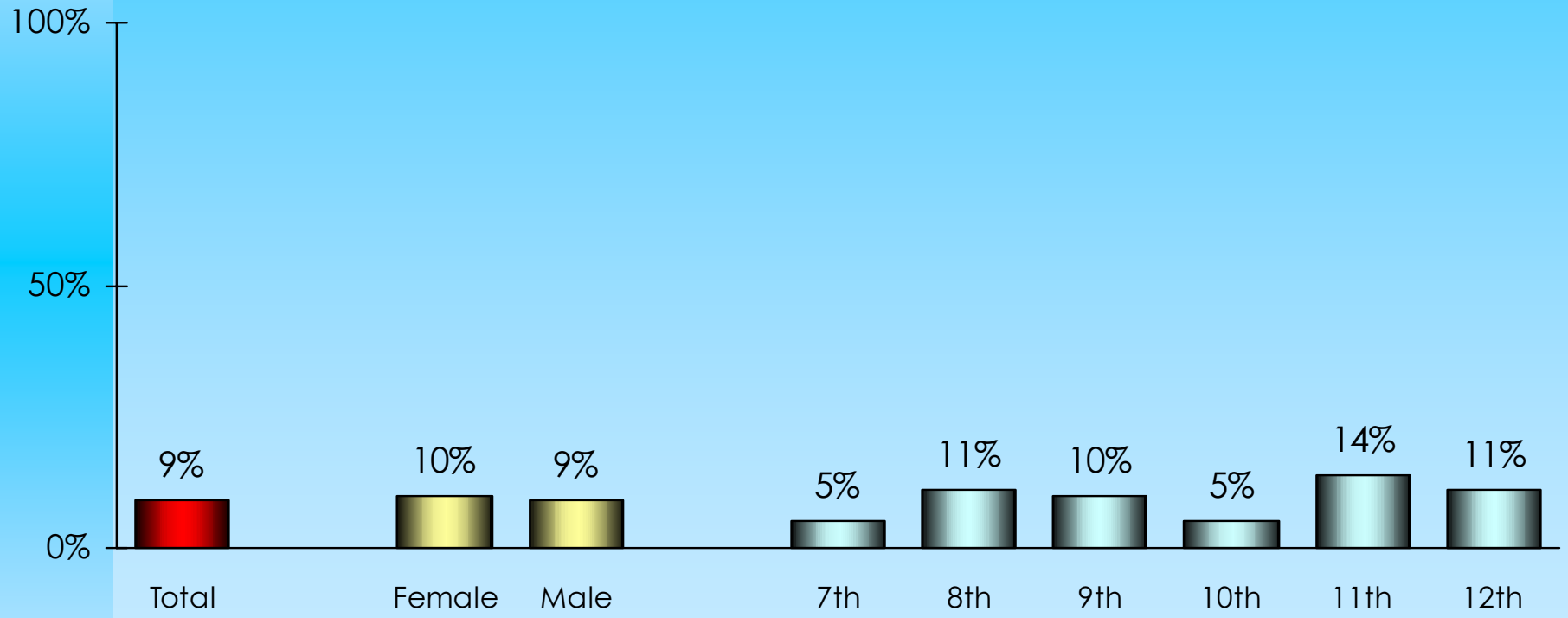
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.



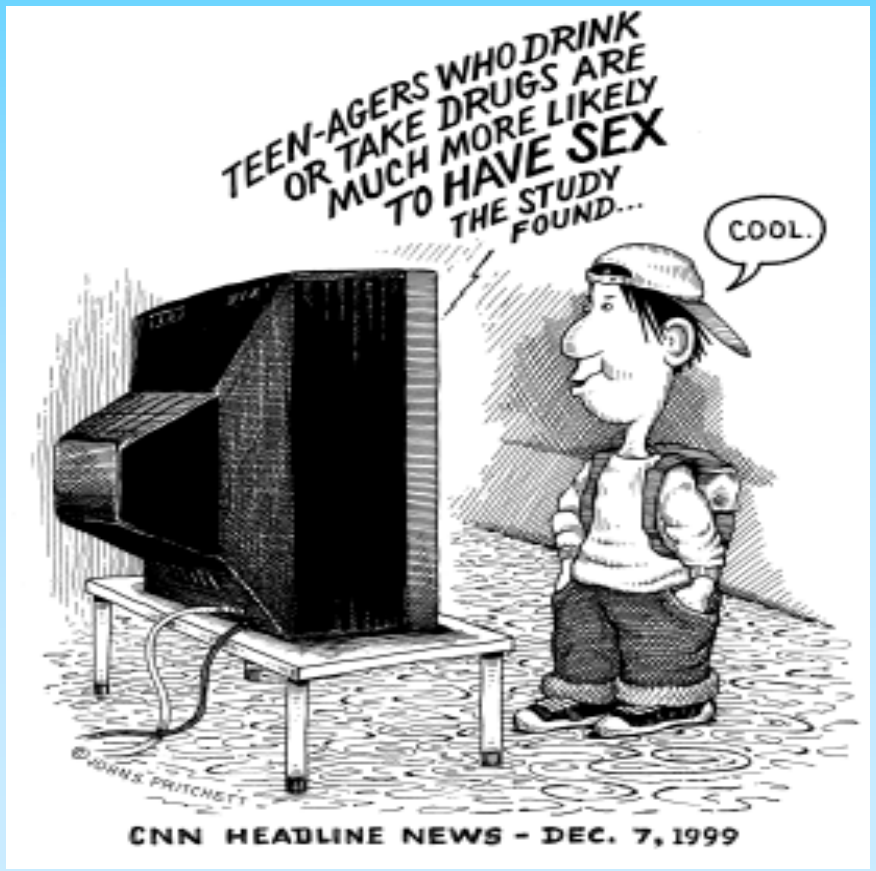
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.



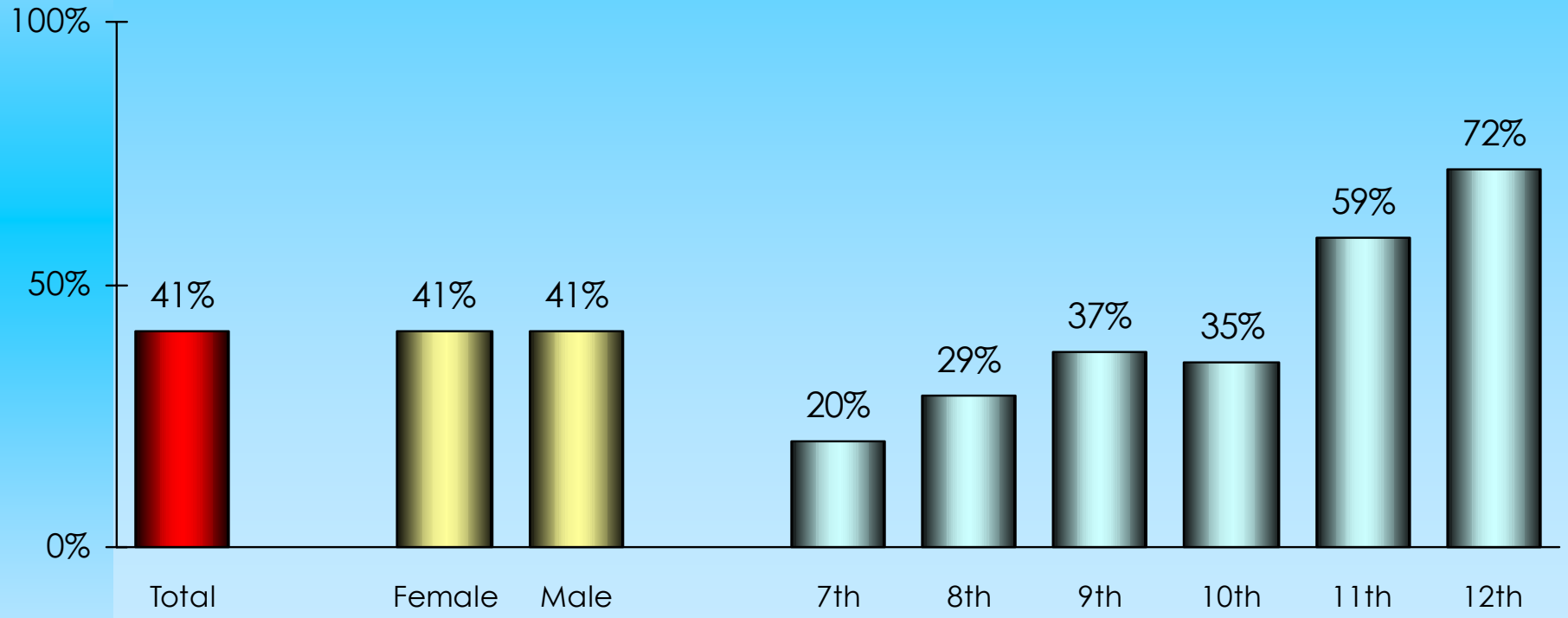
Percentage of students who used methamphetamines one or more times during their life.



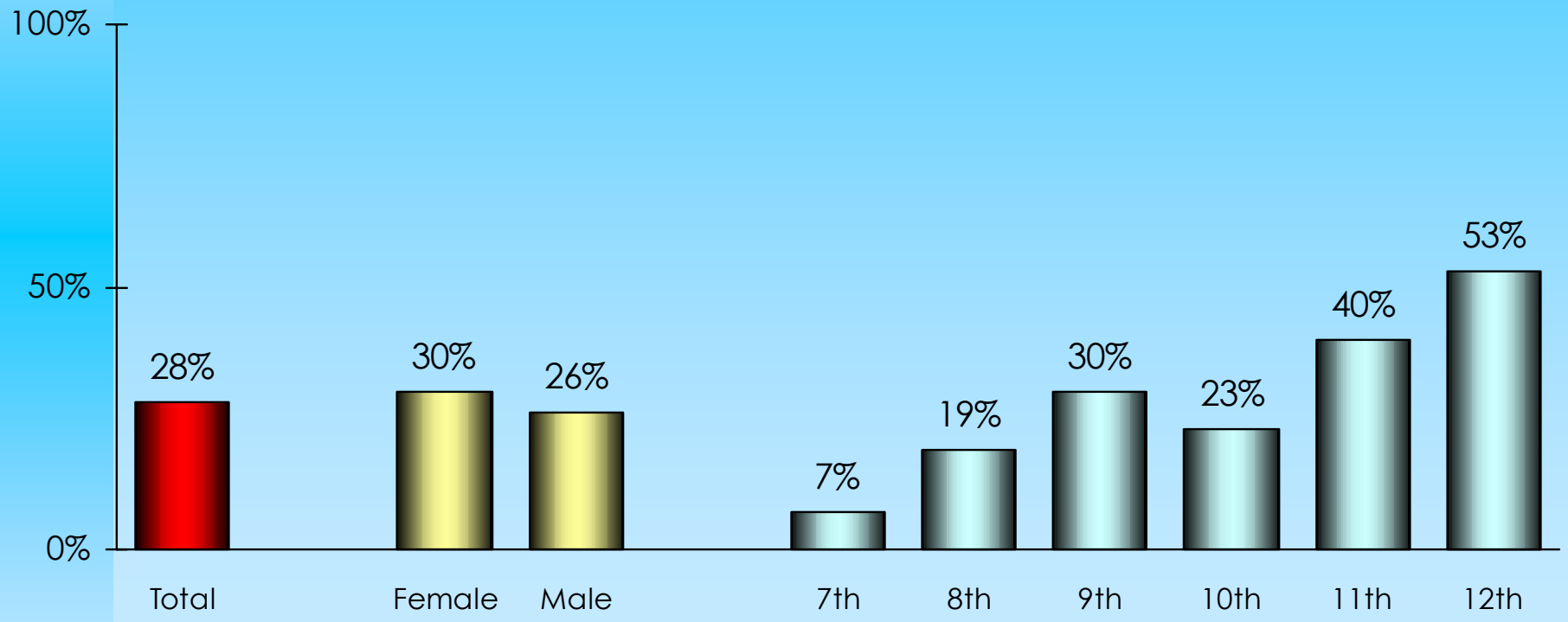
Detailed Findings- Sexual Behavior



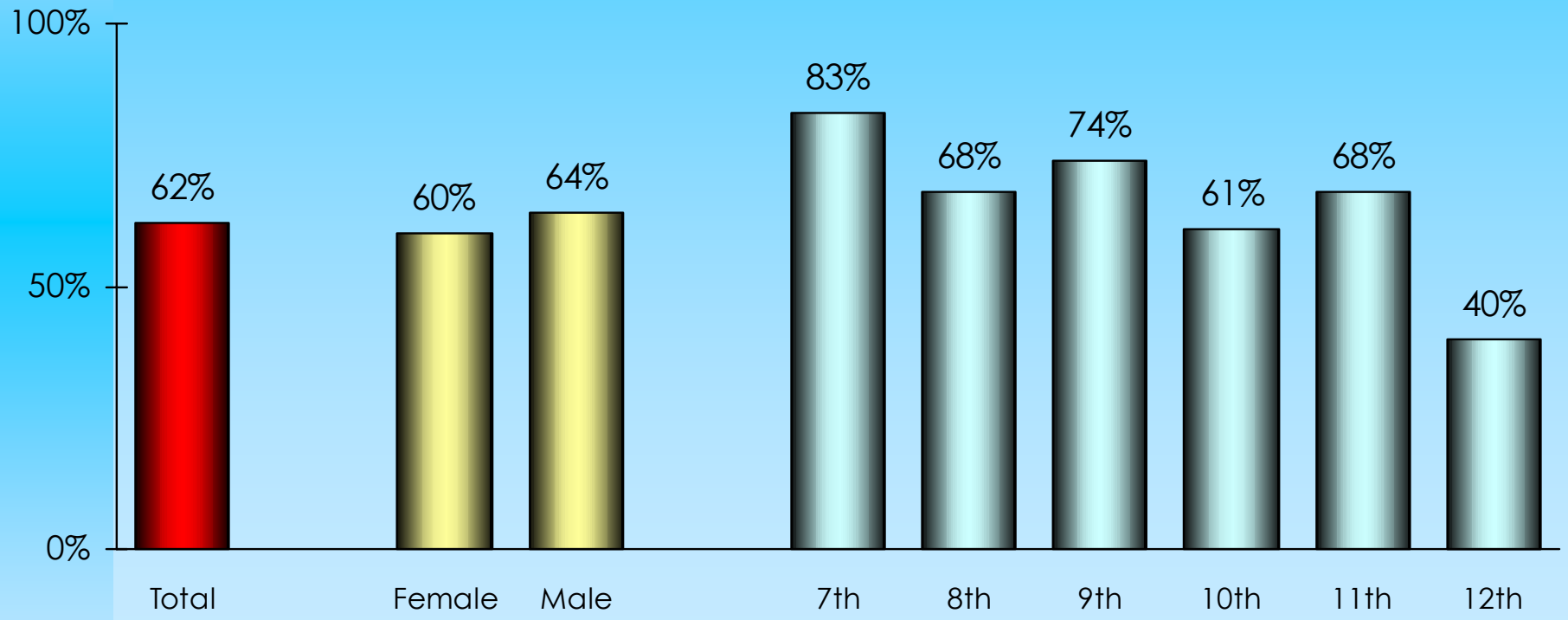
Percentage of students who have had sexual intercourse.



Percentage of students who had sexual intercourse during the past three months.

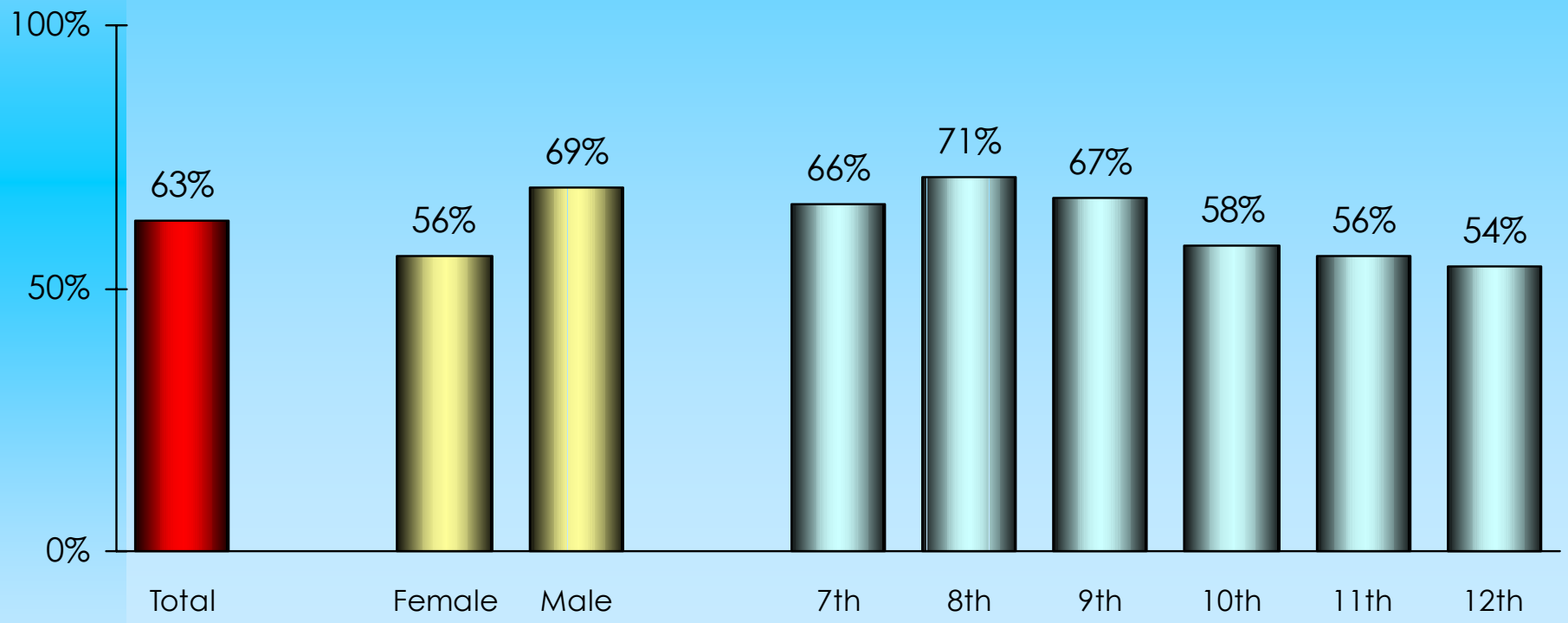


Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.

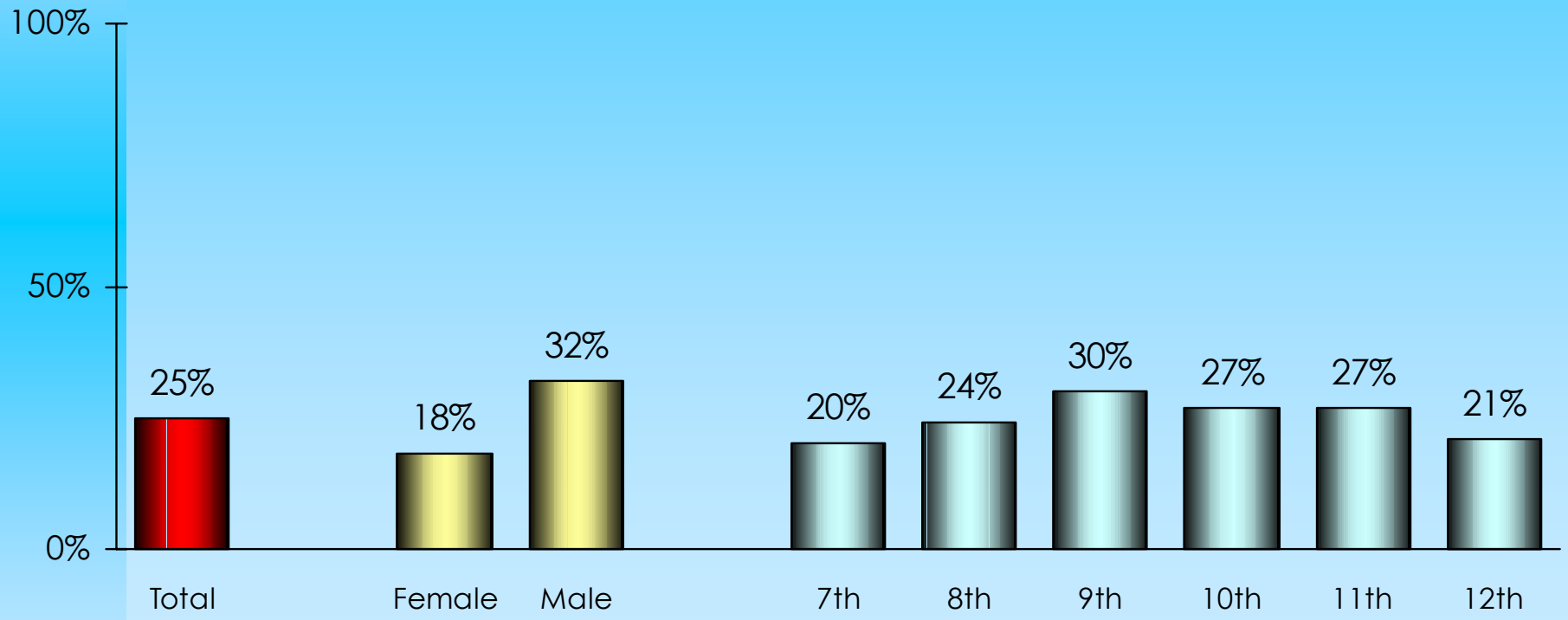


Detailed Findings- Weight, Diet & Exercise

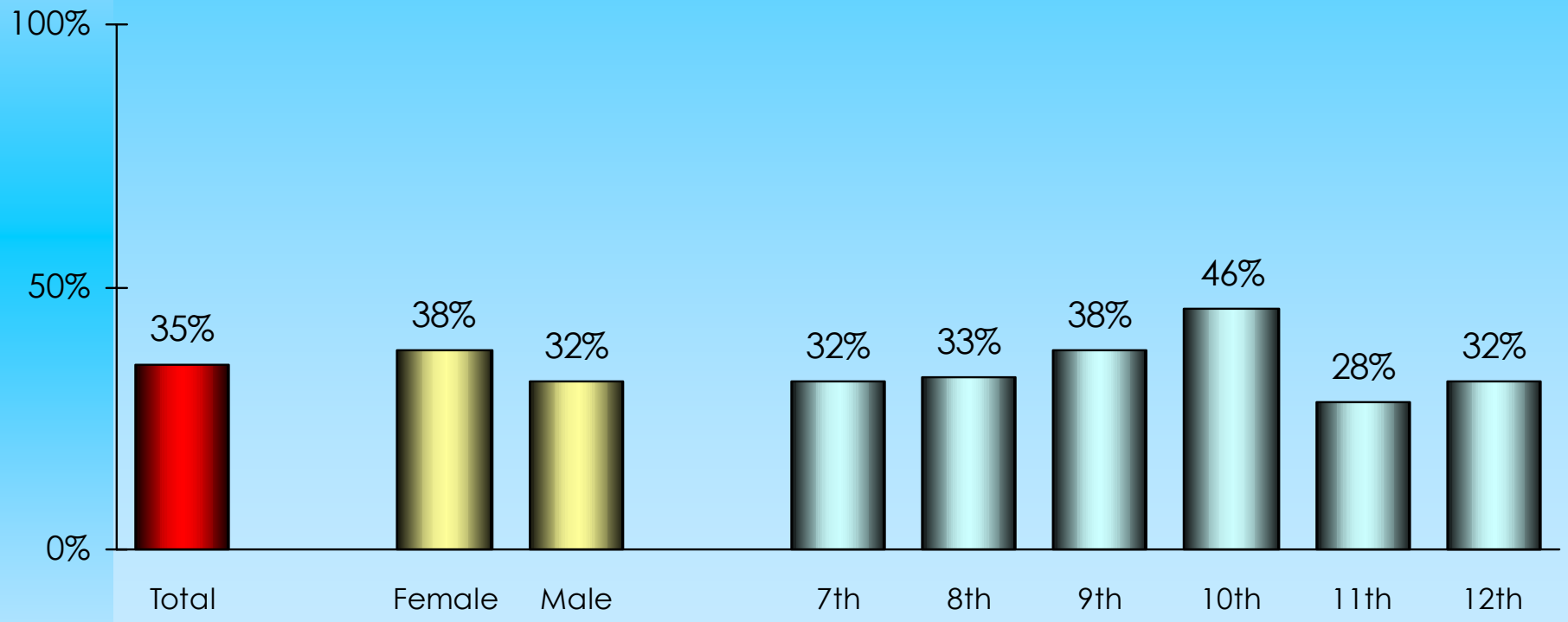
Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.



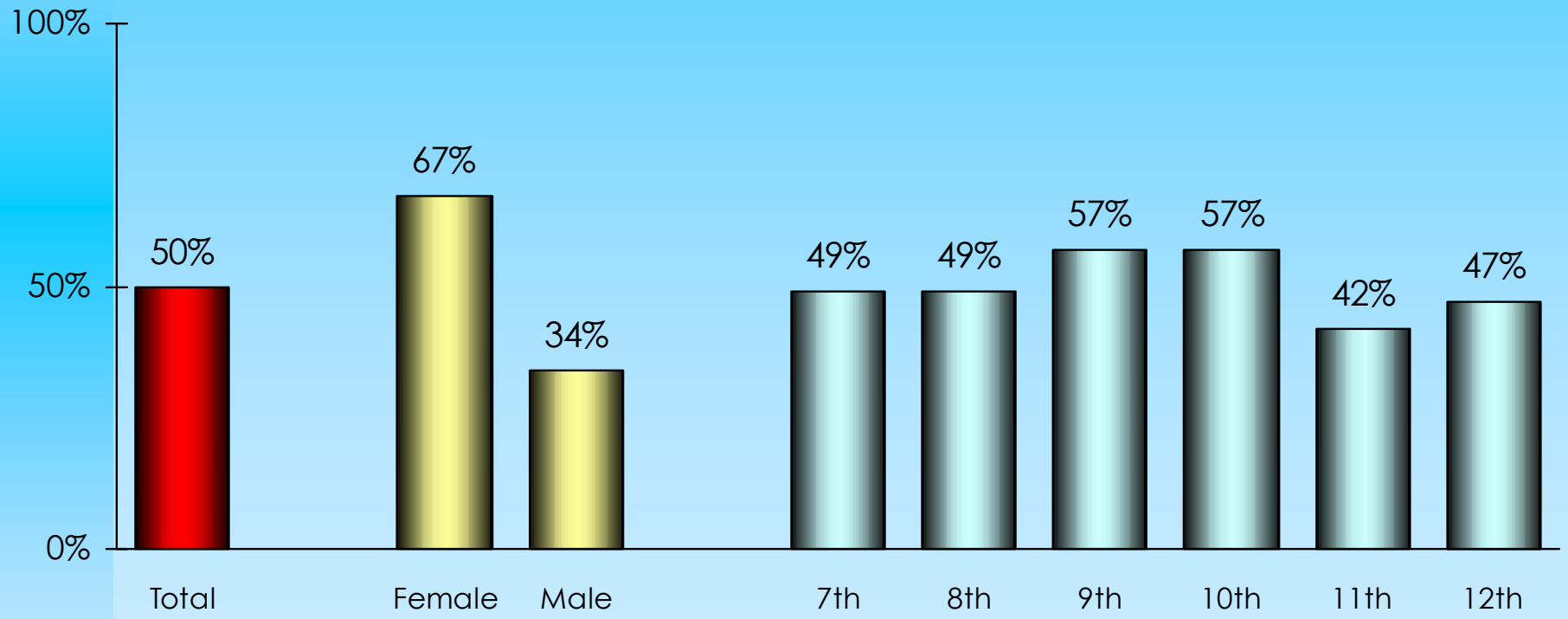
Percentage of students who are overweight, as calculated by Body Mass Index.



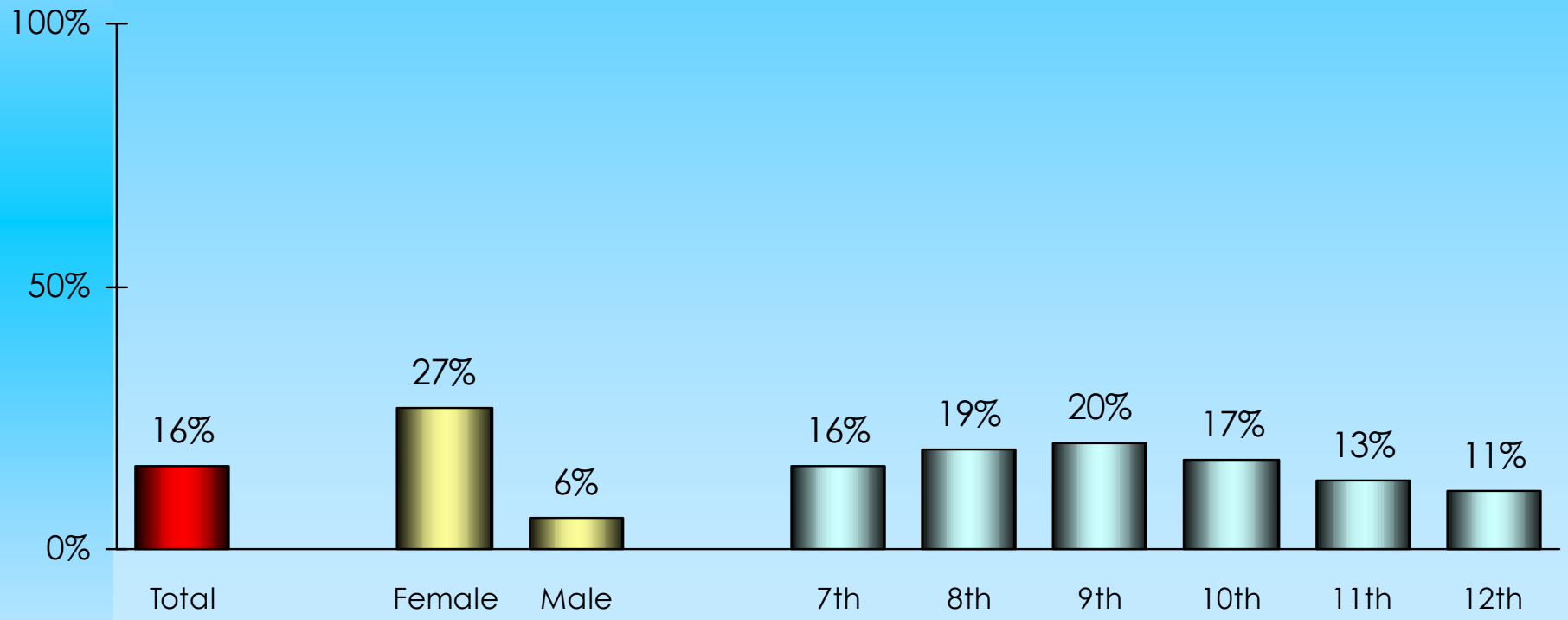
Percentage of students who describe themselves as slightly or very overweight.



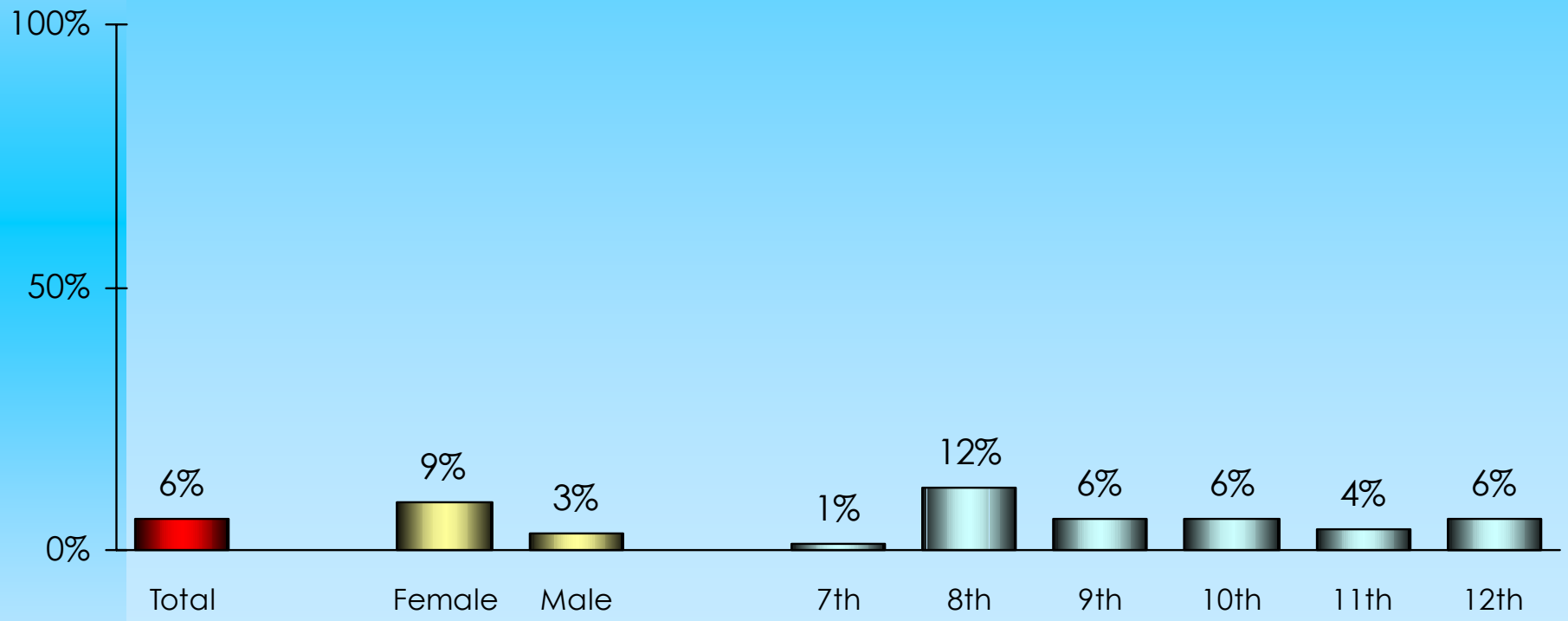
Percentage of students who were trying to lose weight.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

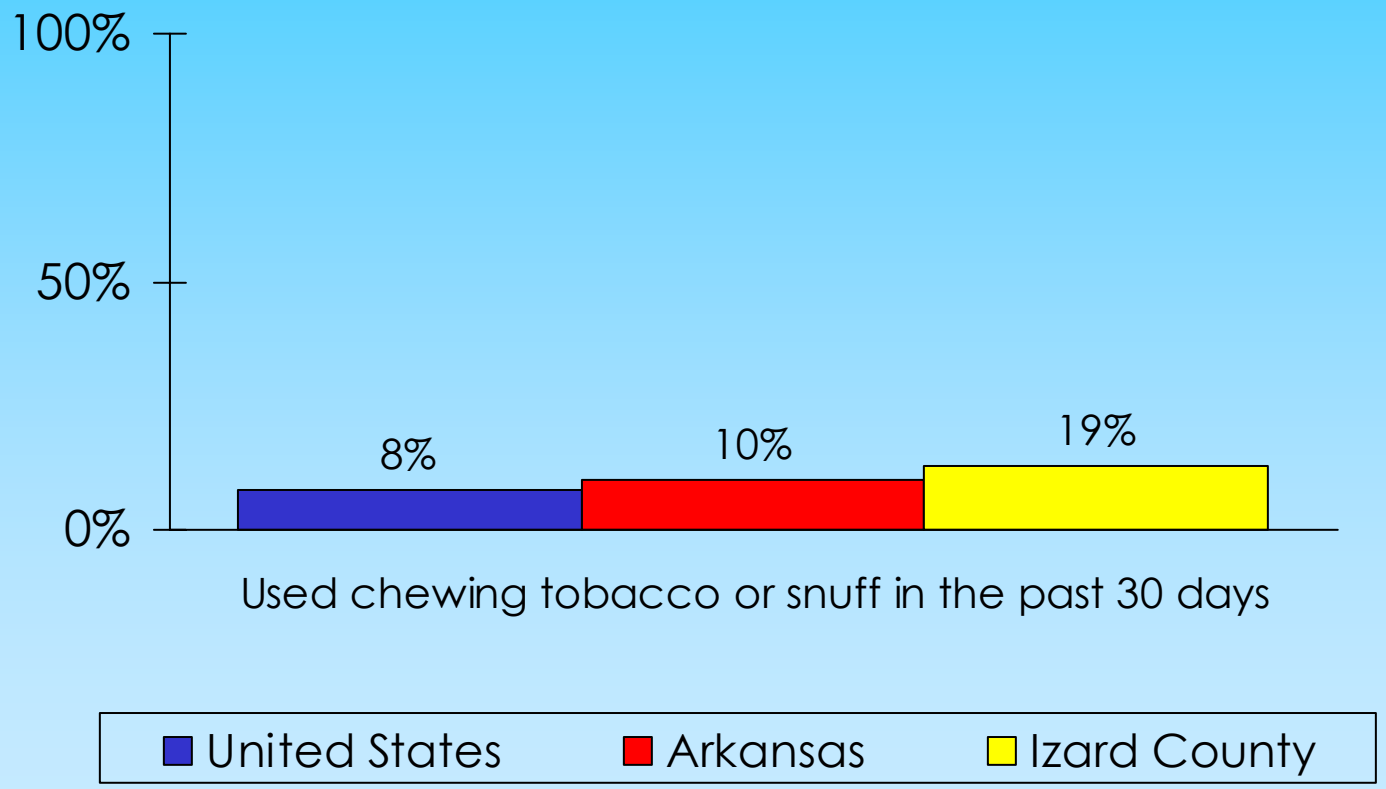


How Does Izard County Compare?

1. Comparisons to the State & National YRBS

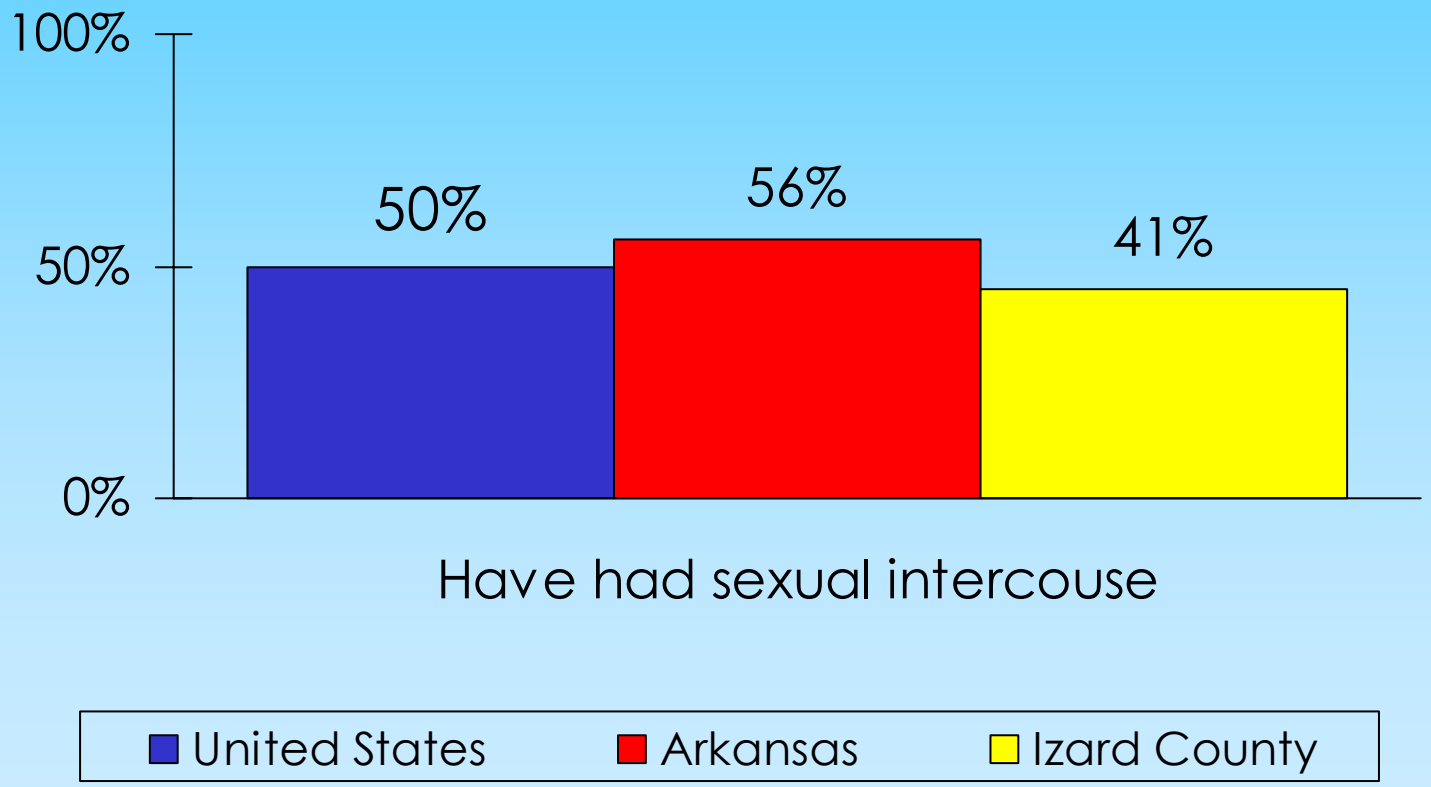
http://www.cdc.gov/nccdphp/dash/yrbs/

Comparing Izard County, Arkansas, & US--9th to 12th Grades Smokeless Tobacco



- Chewing tobacco use could be addressed with Izard County students.

Comparing Izard County, Arkansas, & US--9th to 12th Grades Sexual Behavior



A Tool for Your Campaign for Healthy Young People

Youth Risk Behavior Survey