

Independence COUNTY RESULTS

County

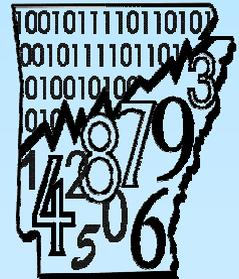
Youth

Health

SURVEY



Arkansas
Center for
Health
Statistics



What Is the County Youth Health Survey?

- The CYHS is an 87 item multiple-choice questionnaire which was developed by the Centers for Disease Control and Prevention to measure behaviors that put youth health at risk.



Interpretation of Results

- “Snapshot in time”
- As accurate as students’ reporting
- Edited for consistency
- Confidential

Introduction

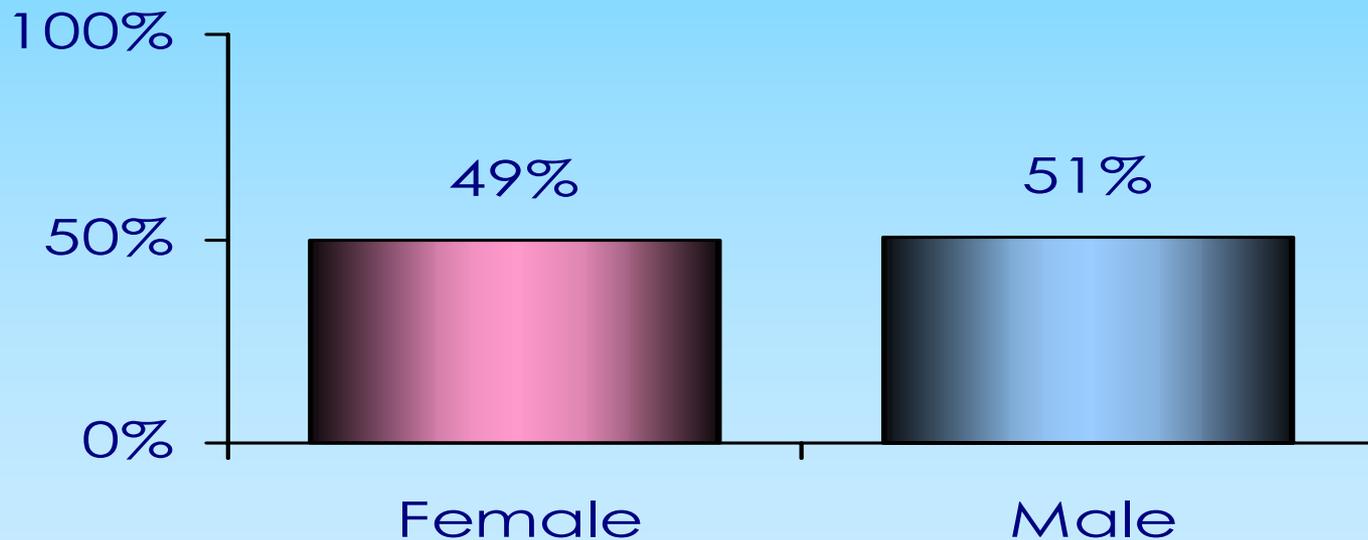
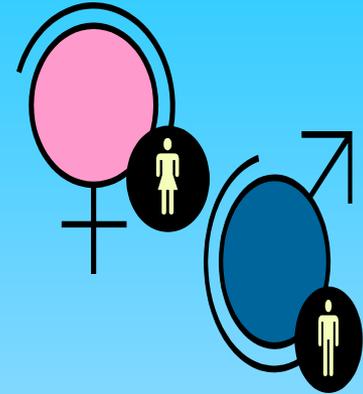
- Behaviors that result in intentional & unintentional injuries
- Tobacco use
- Alcohol & other drug use
- Sexual behaviors
- Physical activity
- Nutrition

In Independence County...

- Survey was administered in November 2004.
- A total of 1904 students in 7th - 12th grade completed valid surveys for a response rate of approximately 72%.
- The survey was representative of the 7th -12th grade school population.

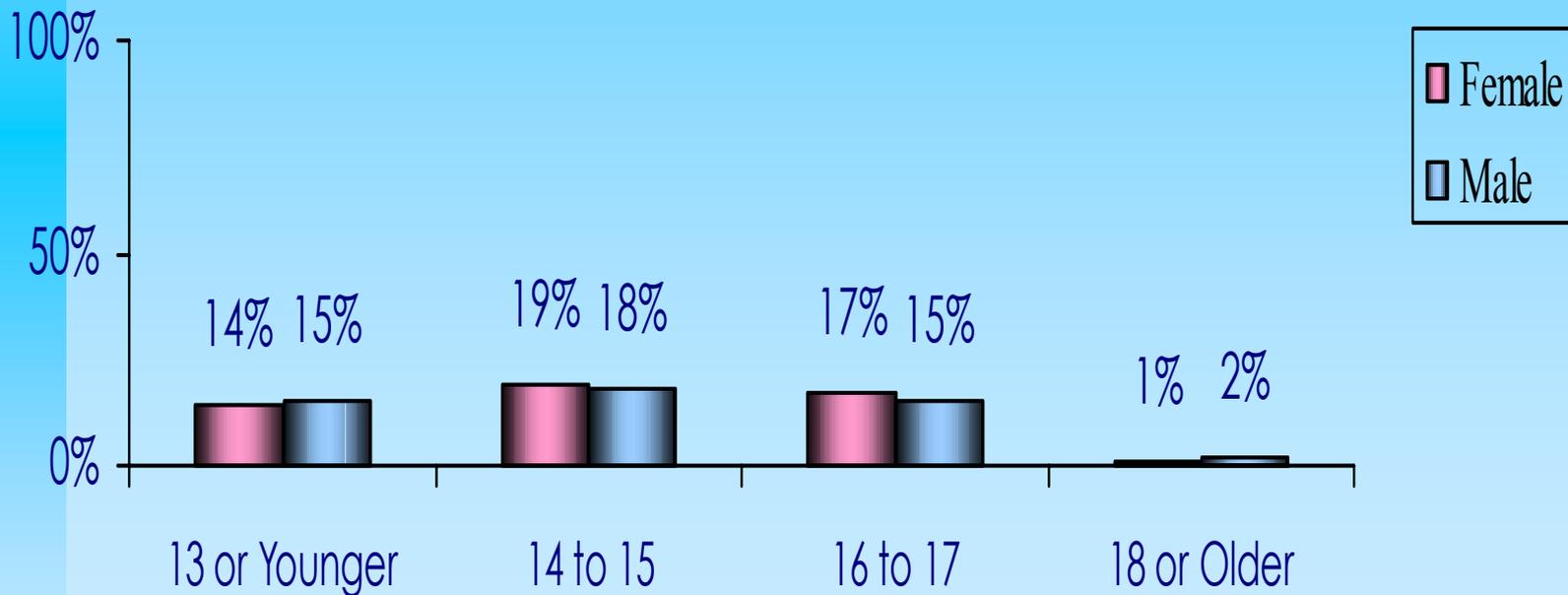
Demographics of 2004 Survey Participants

Gender



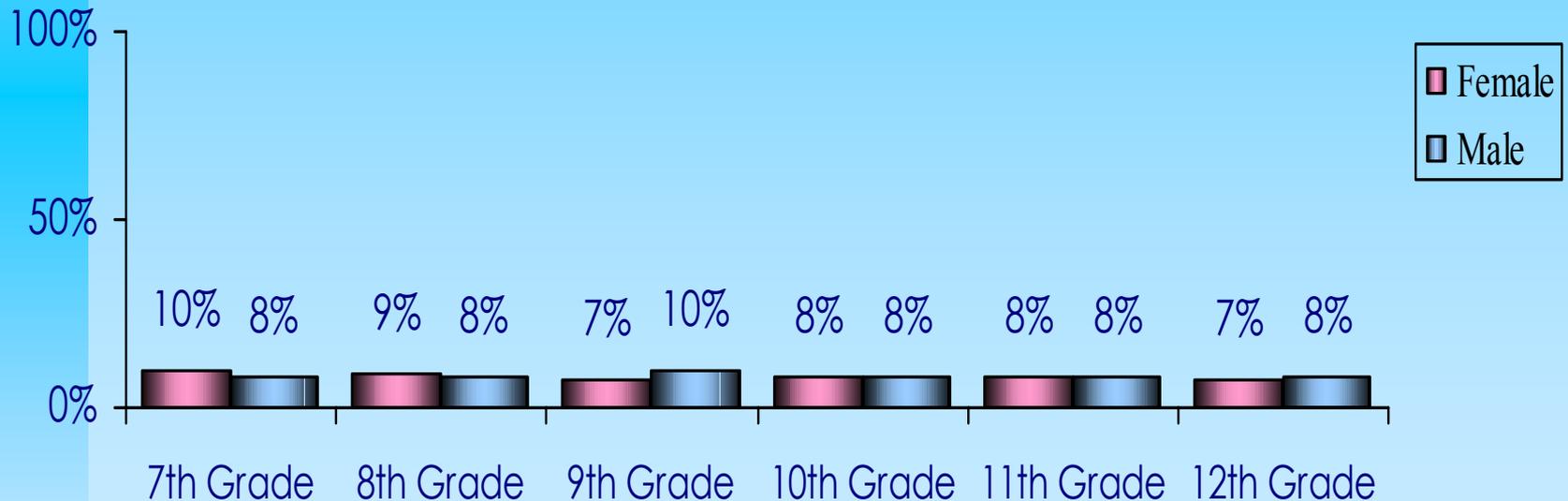
Demographics of 2004 Survey Participants

Age

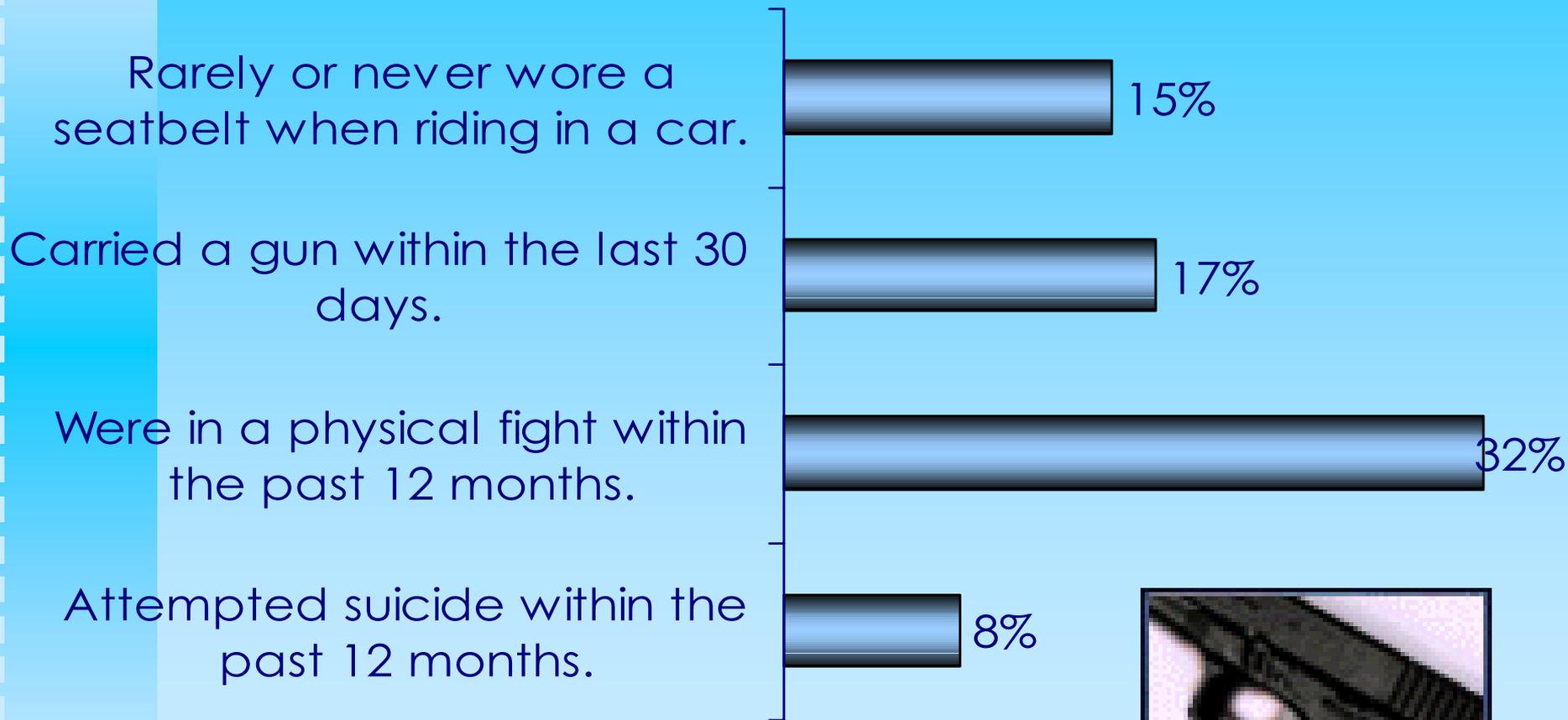


Demographics of 2004 Survey Participants

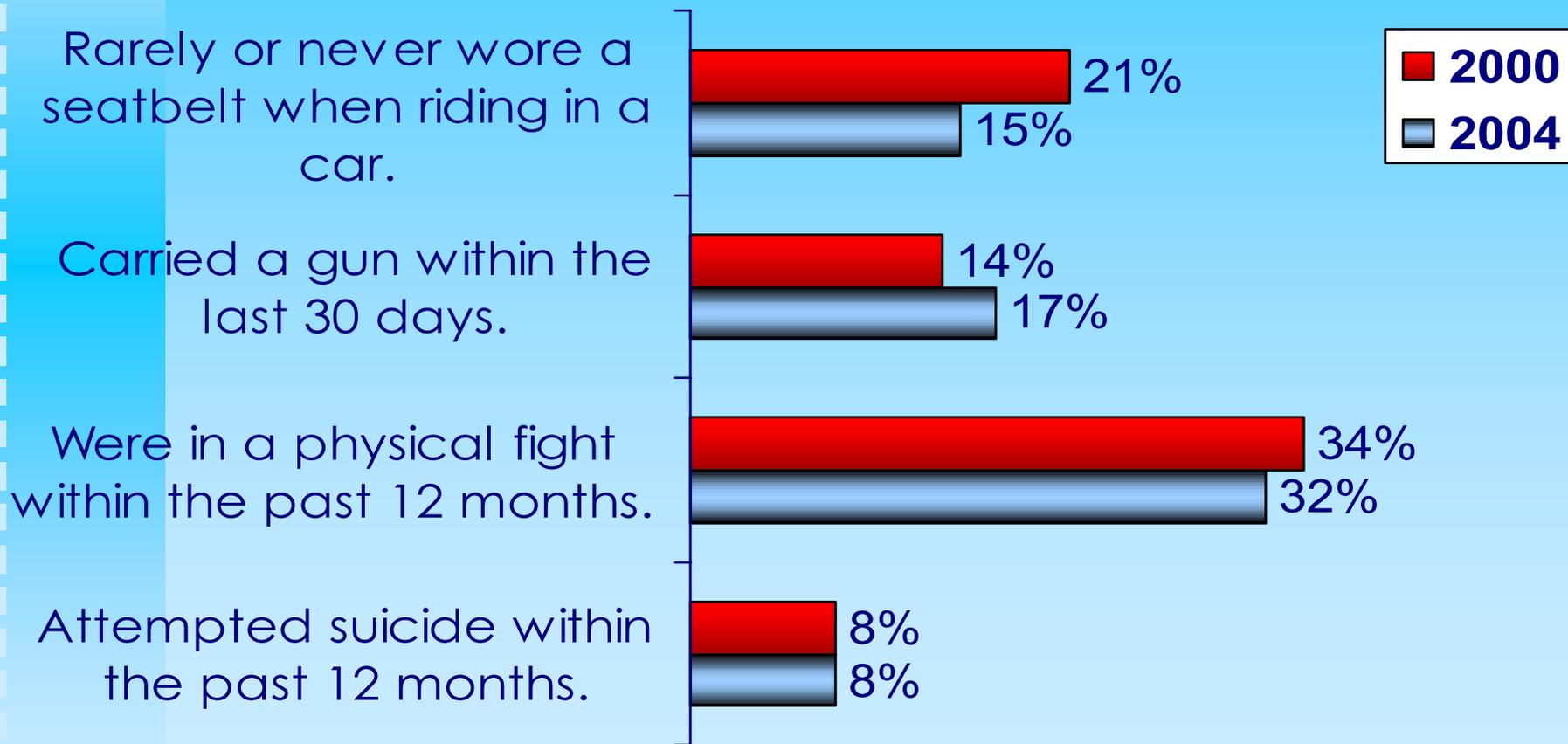
Grade



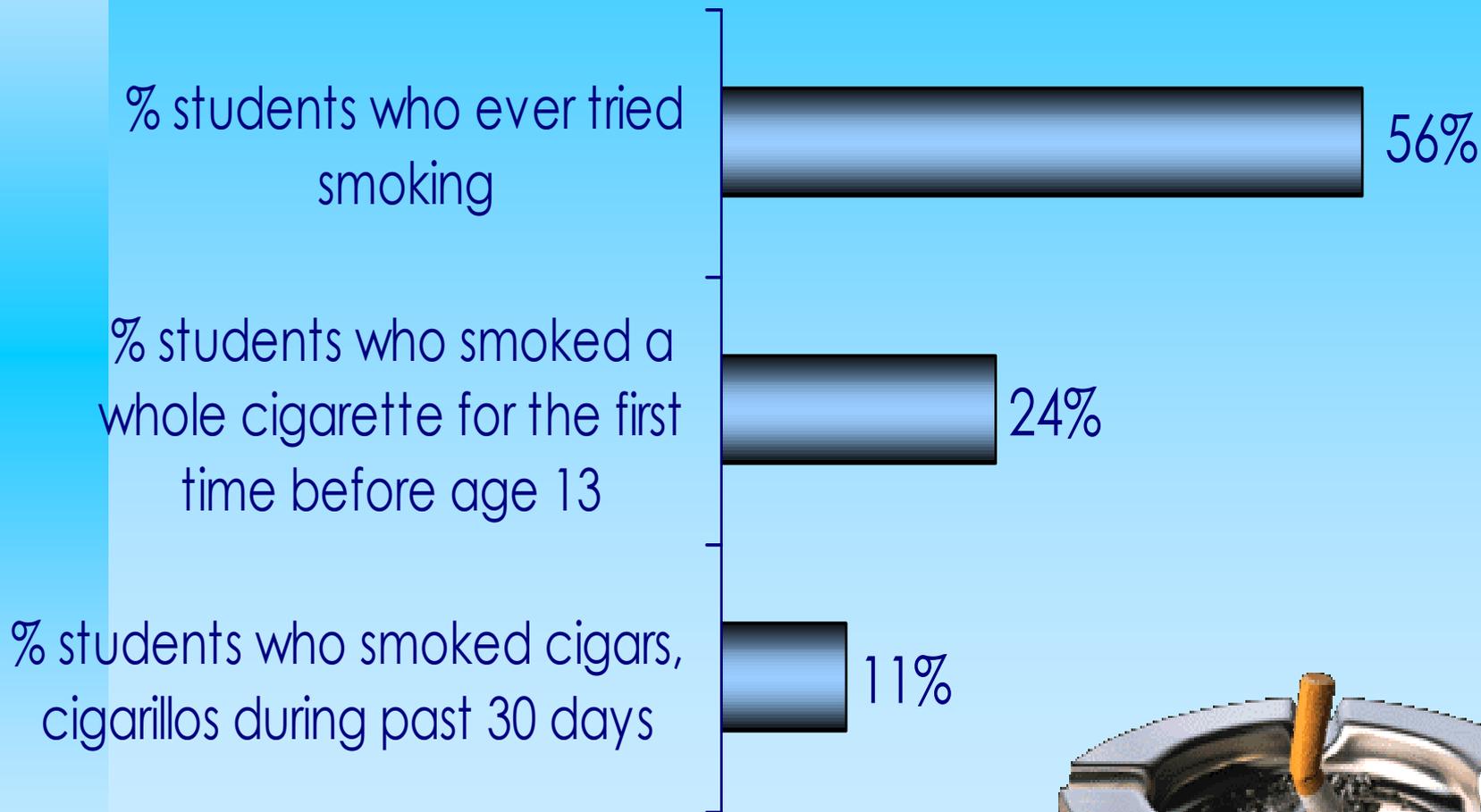
Summary of Independence County 2004 CYHS Findings Physical Safety/Injuries



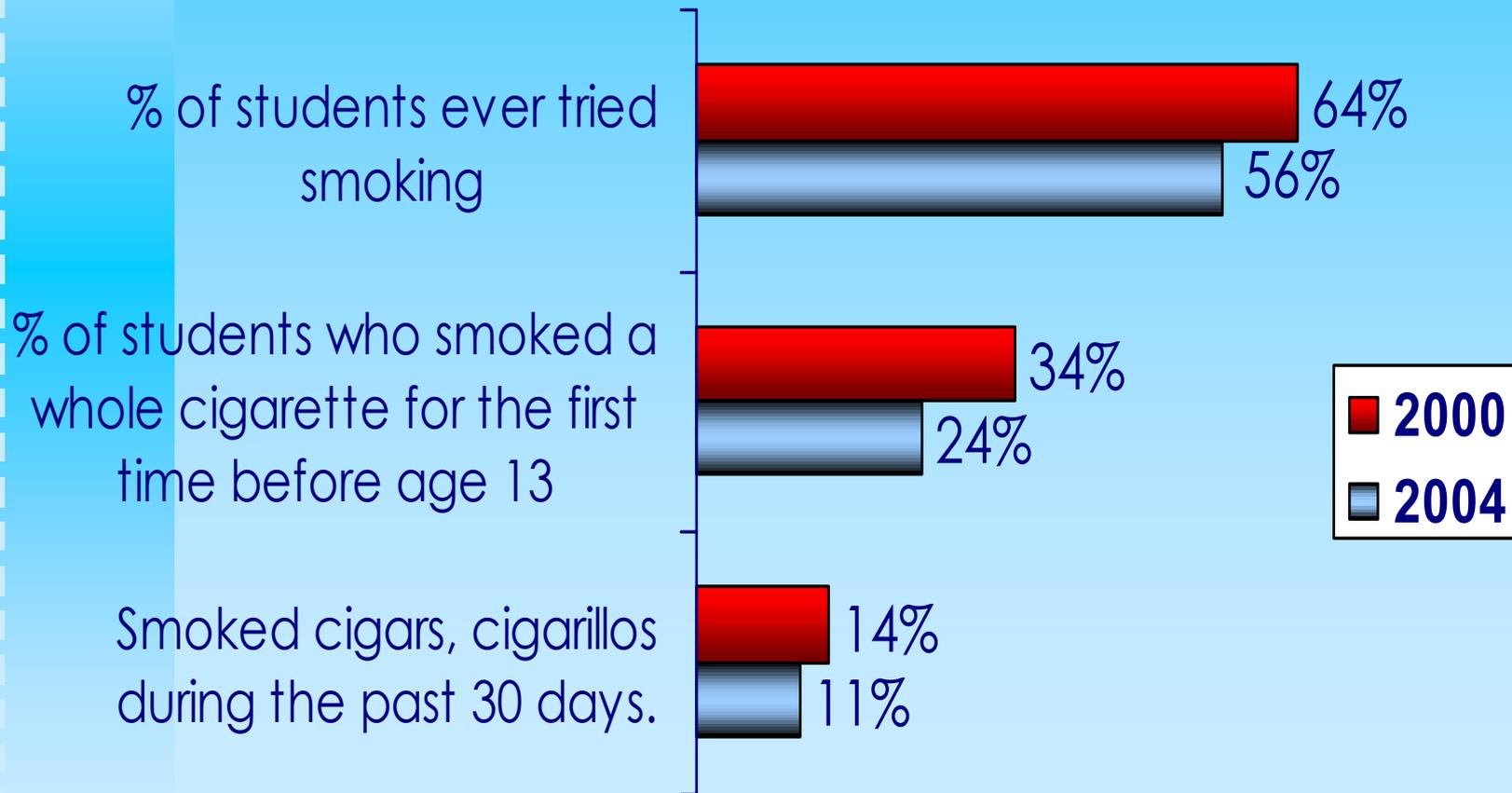
Summary of Independence County CYHS 2000\2004 Comparison Physical Safety/Injuries



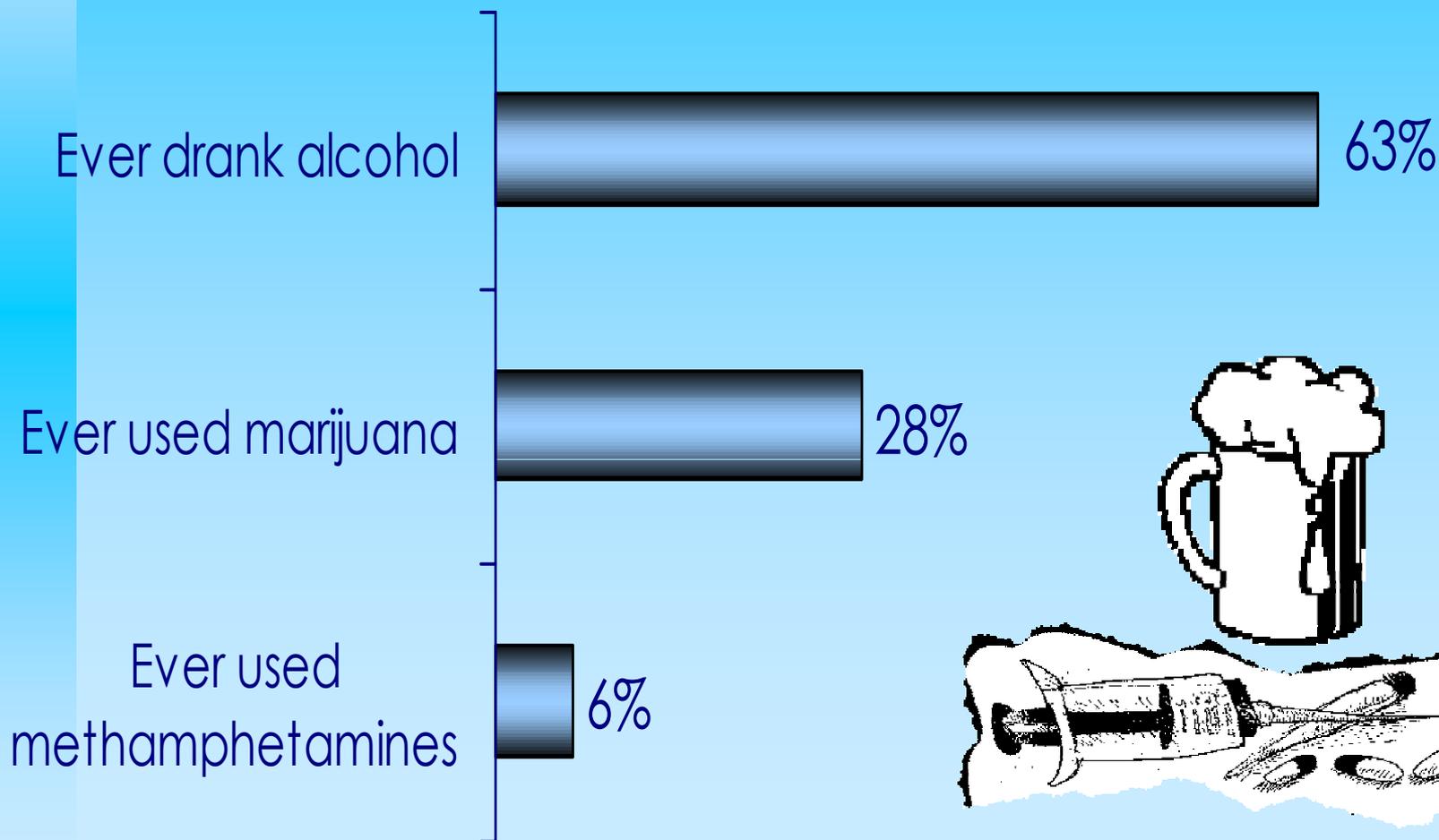
Summary of Independence County 2004 CYHS Findings Tobacco



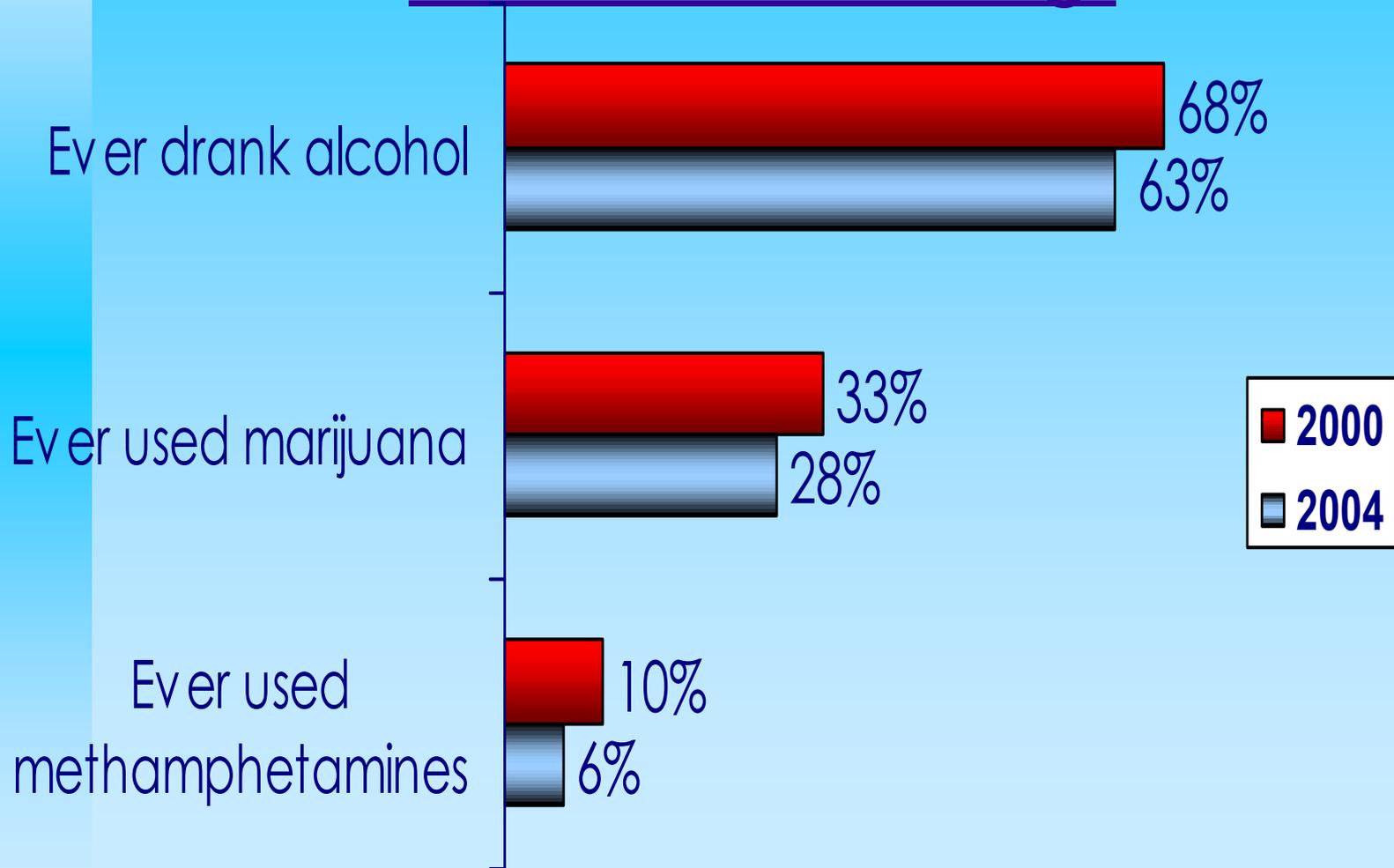
Summary of Independence County CYHS 2000 \ 2004 Comparison Tobacco



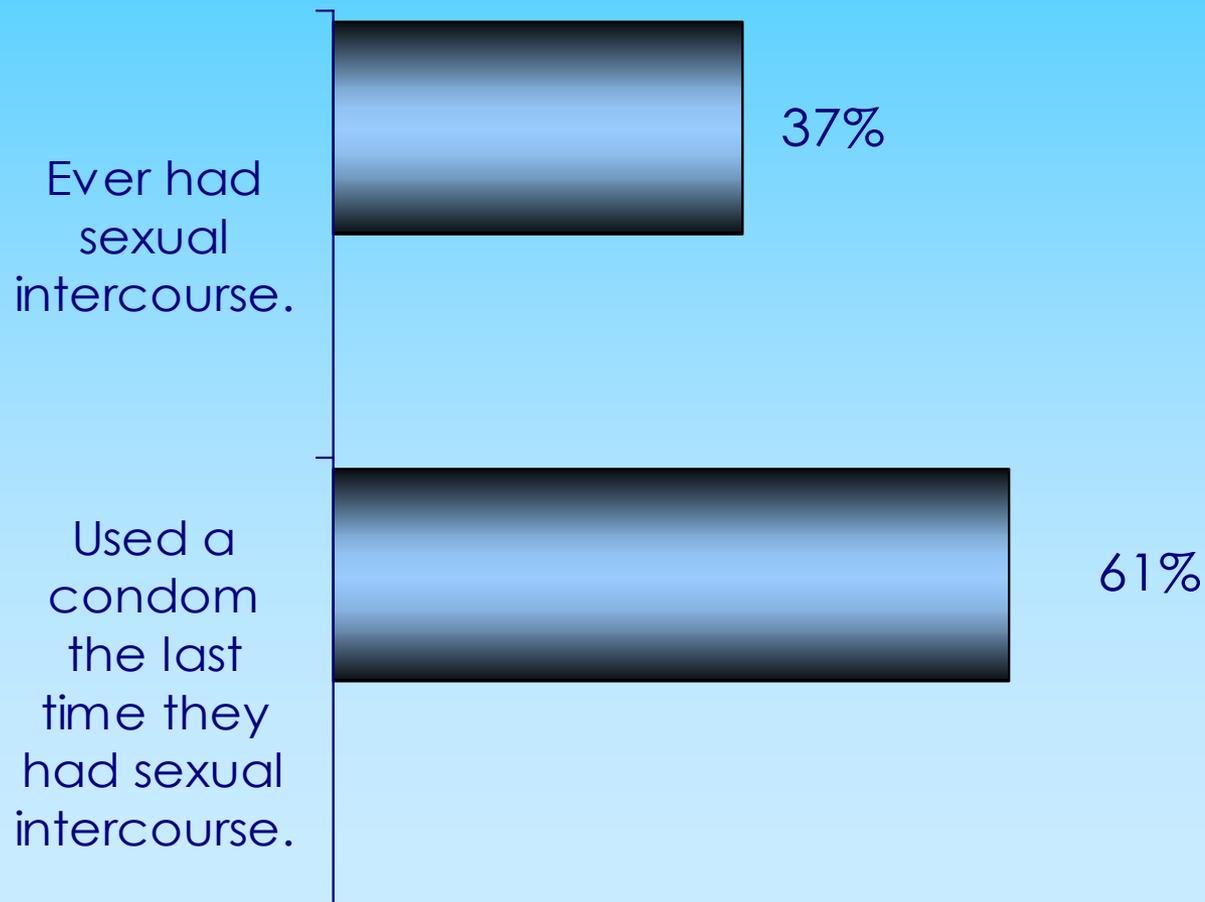
Summary of Independence County 2004 CYHS Findings Alcohol & Other Drugs



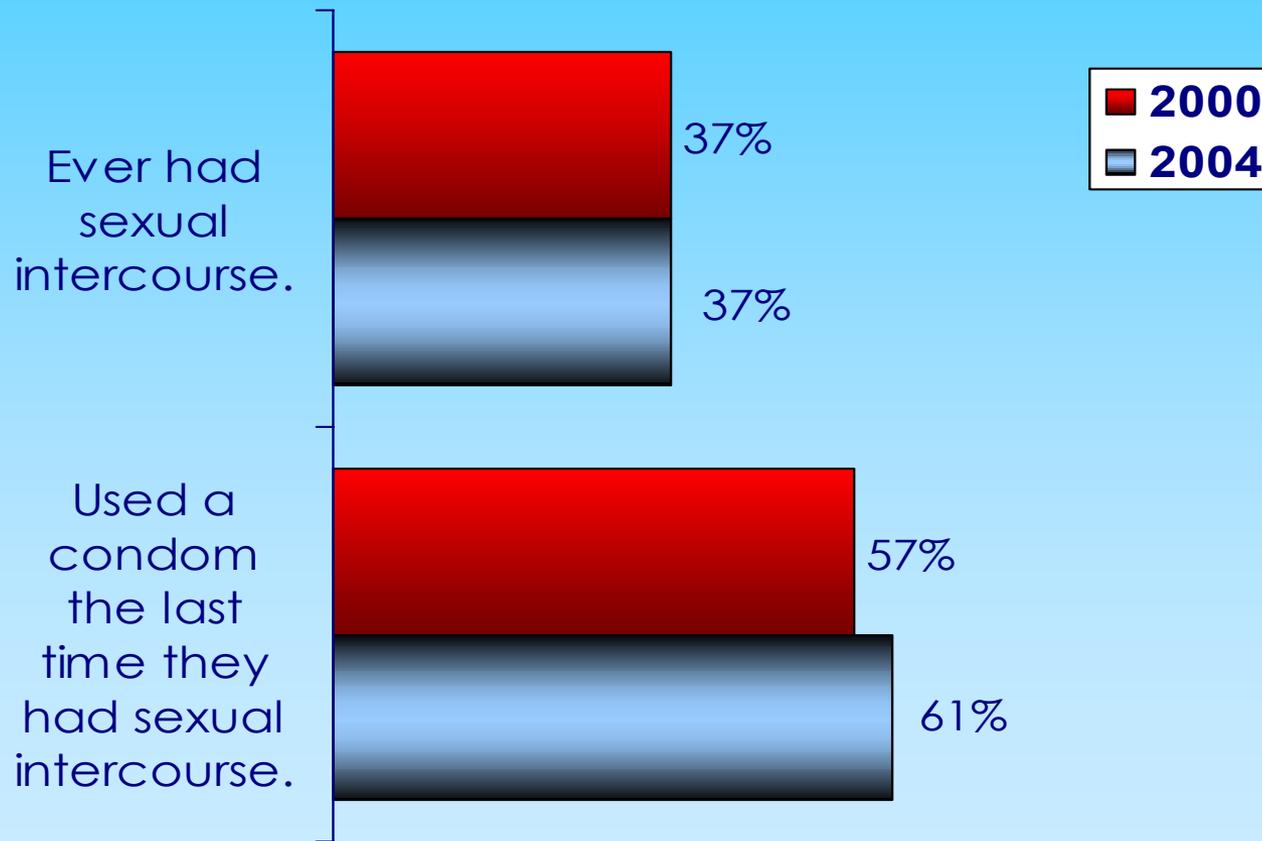
Summary of Independence County CYHS 2000/2004 Comparison Alcohol & Other Drugs



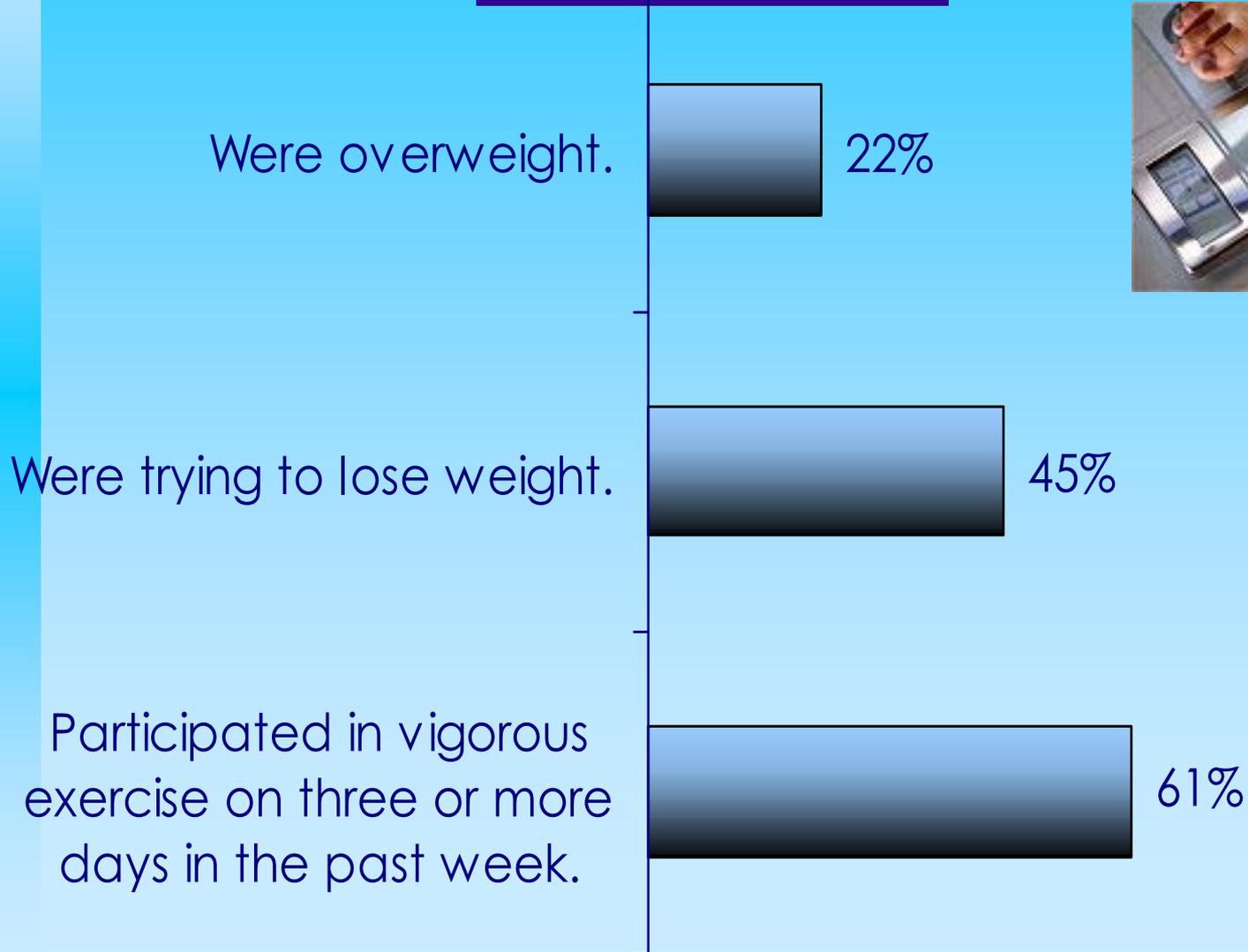
Summary of Independence County 2004 CYHS Findings Sexual Behavior



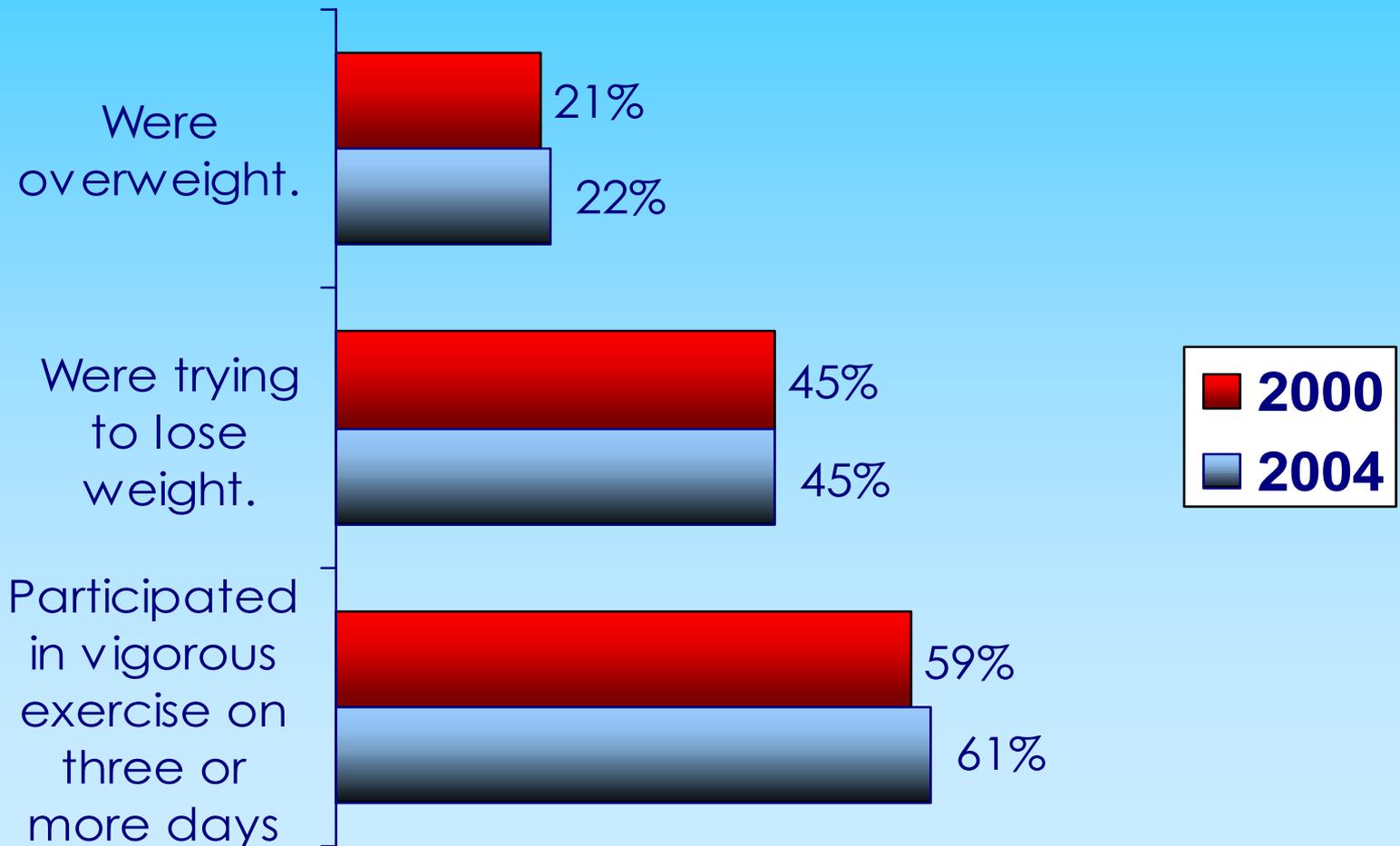
Summary of Independence County CYHS 2000/2004 Comparison Sexual Behavior



Summary of Independence County 2004 CYHS Findings Diet & Exercise

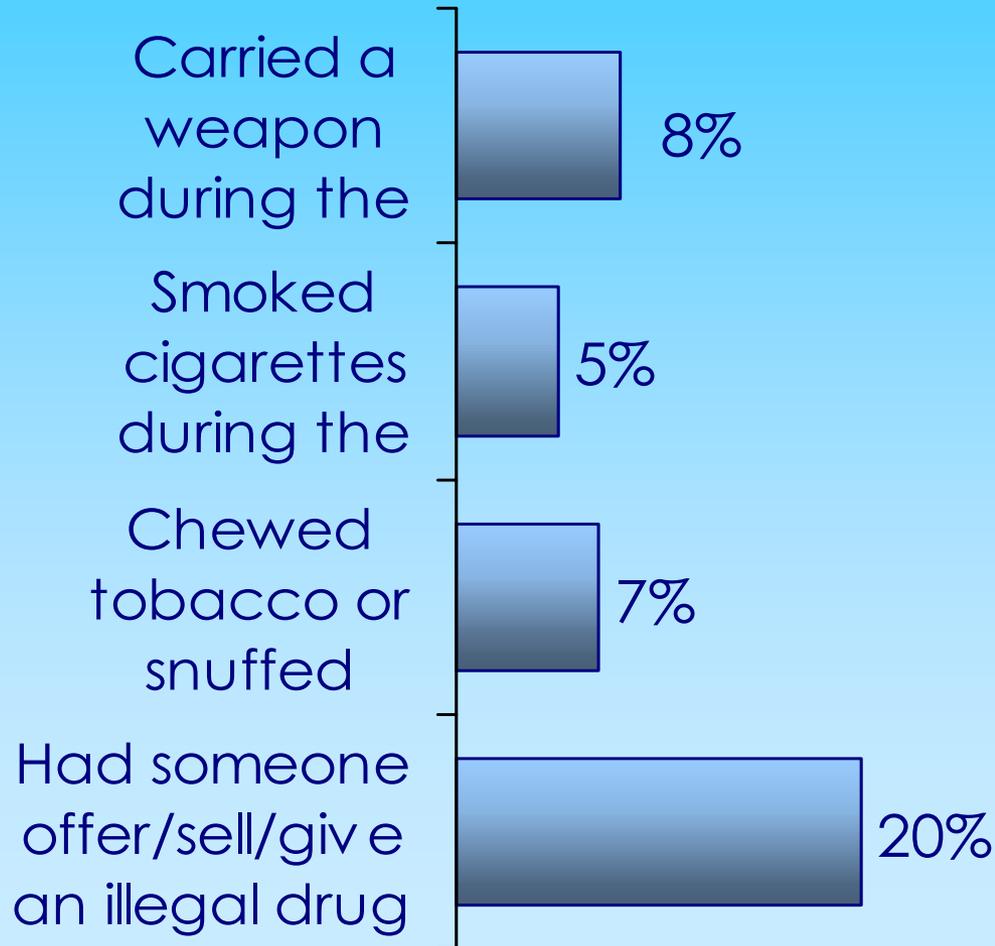


Summary of Independence County CYHS 2000\2004 Comparison Diet & Exercise

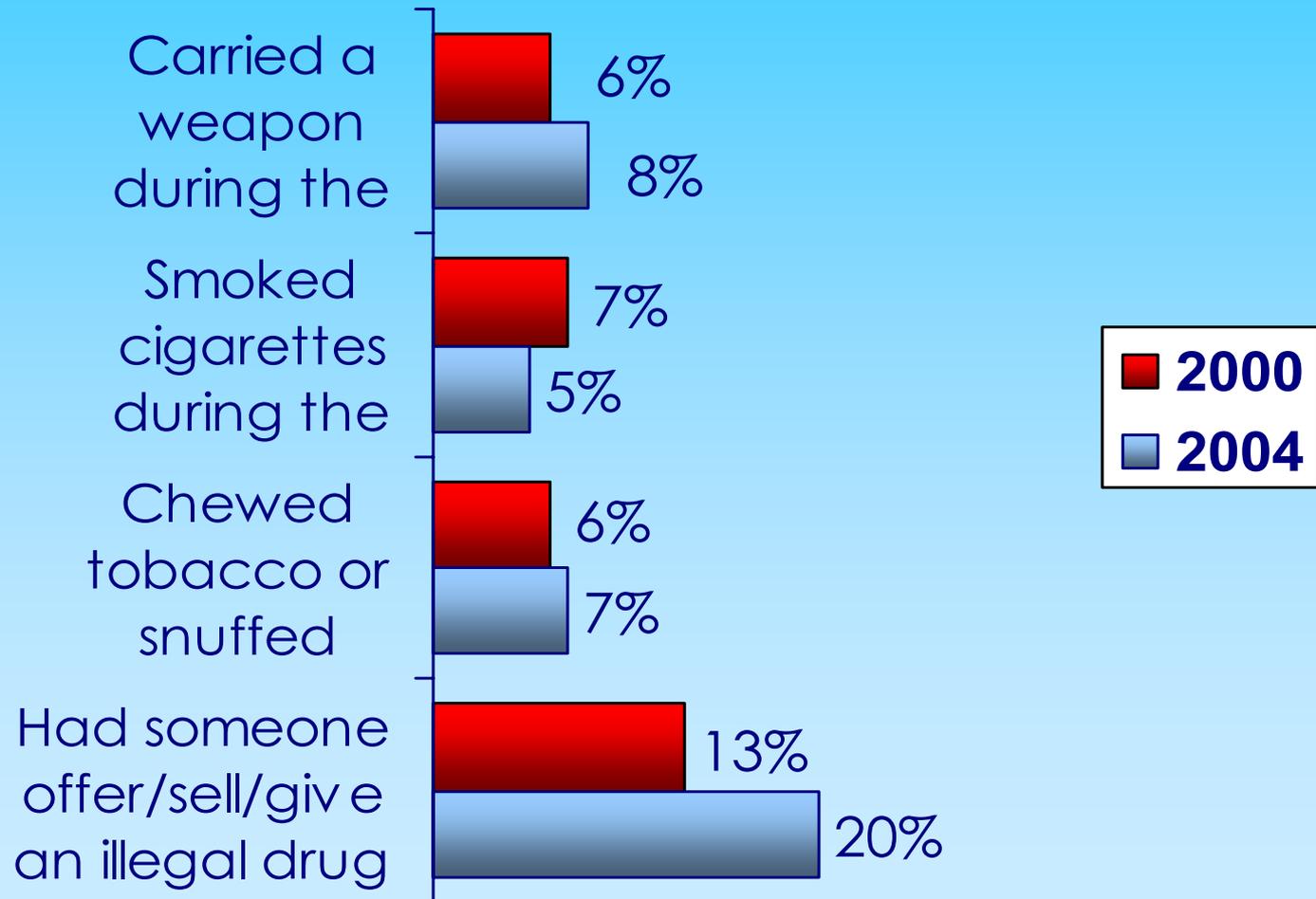


Summary of Independence County 2004 CYHS Findings

Behavior on School Property



Summary of Independence County CYHS 2000\2004 Comparison School Property

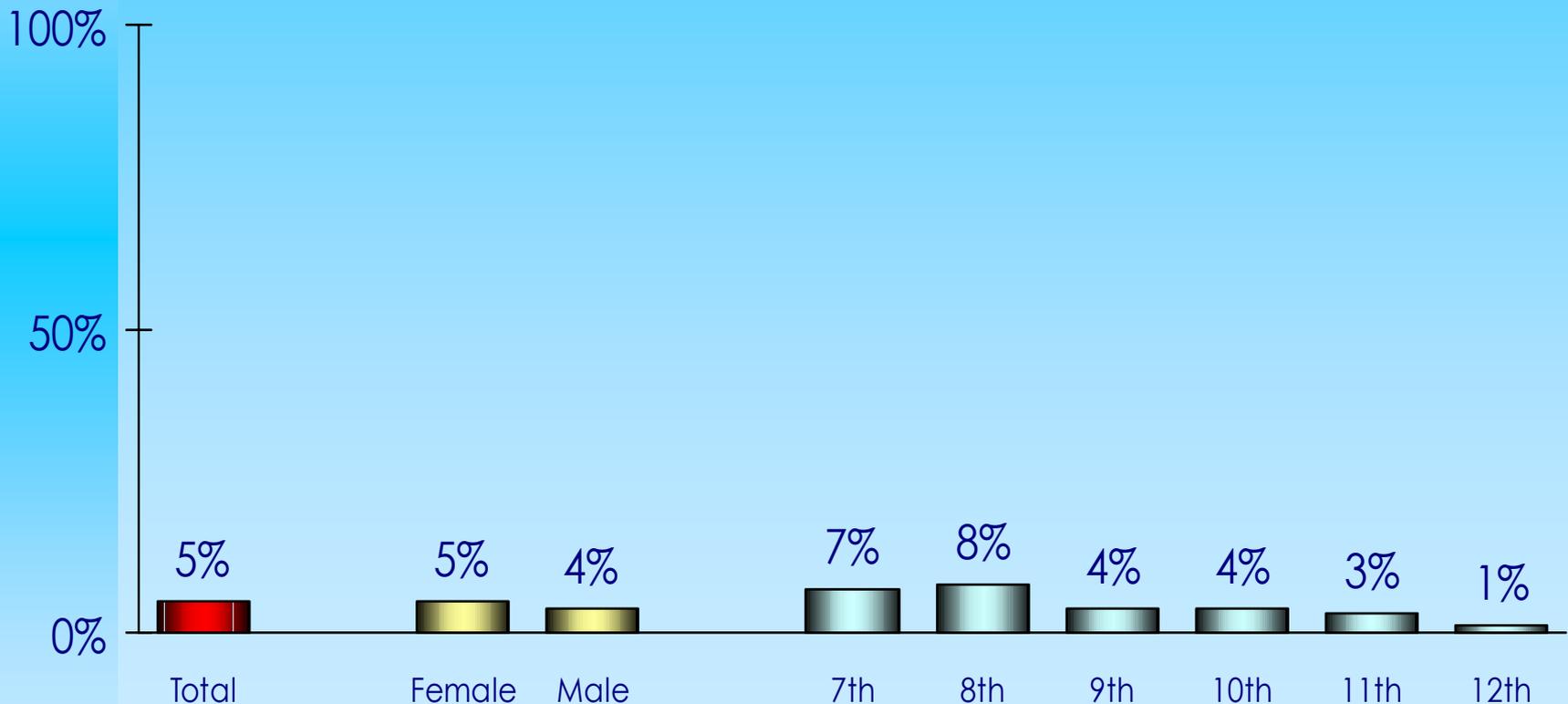


Detailed Findings-Violence



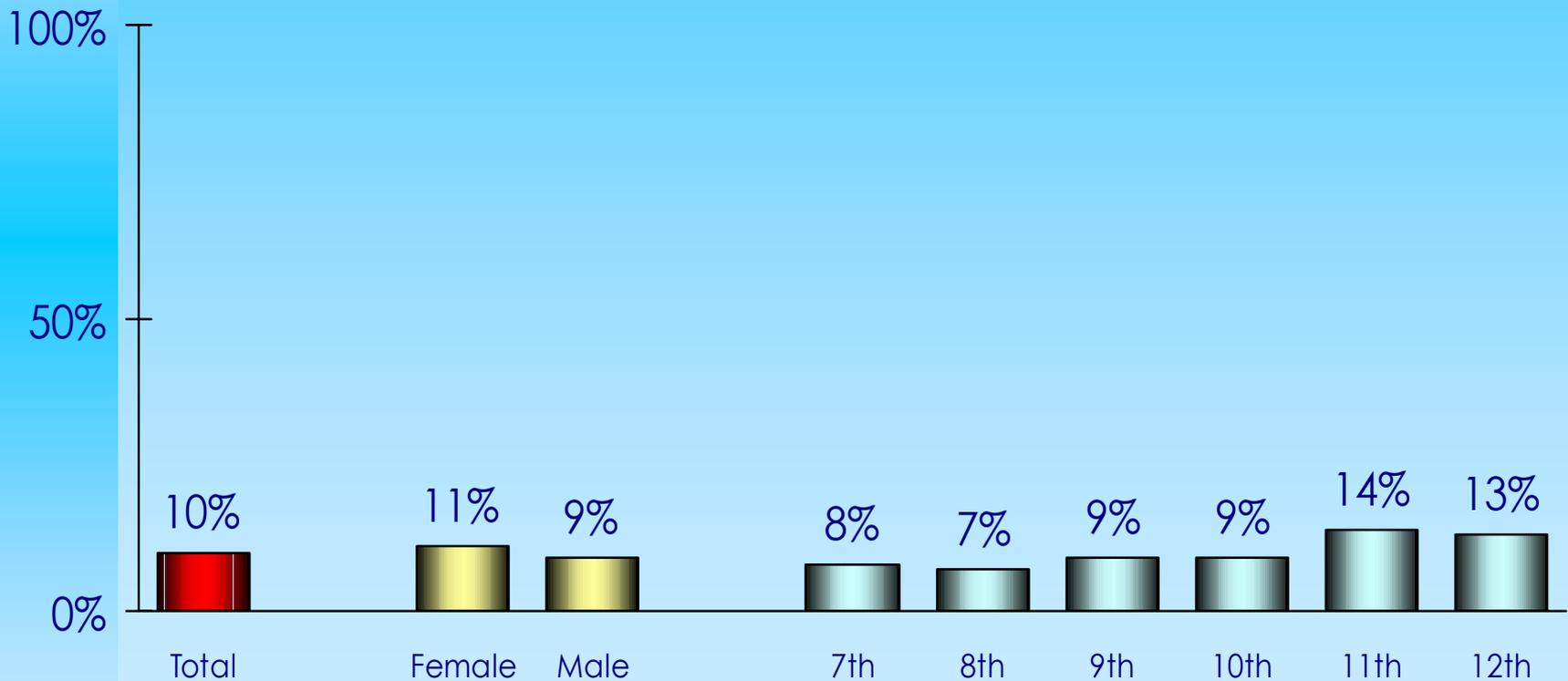
2004 Results

Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.



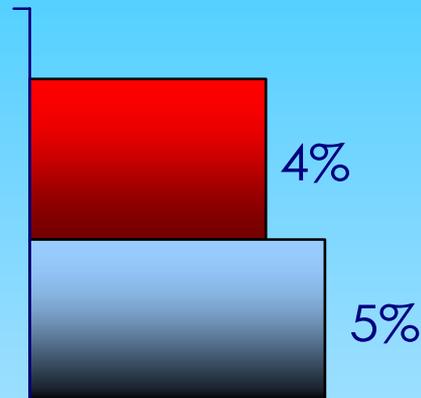
2004 Results

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Violence – 2000/2004 Comparison

% students who did not go to school on one or more of past 30 days because they felt unsafe at school or on their way to or from school



% students who were hit, slapped or physically hurt by a boy/girl friend



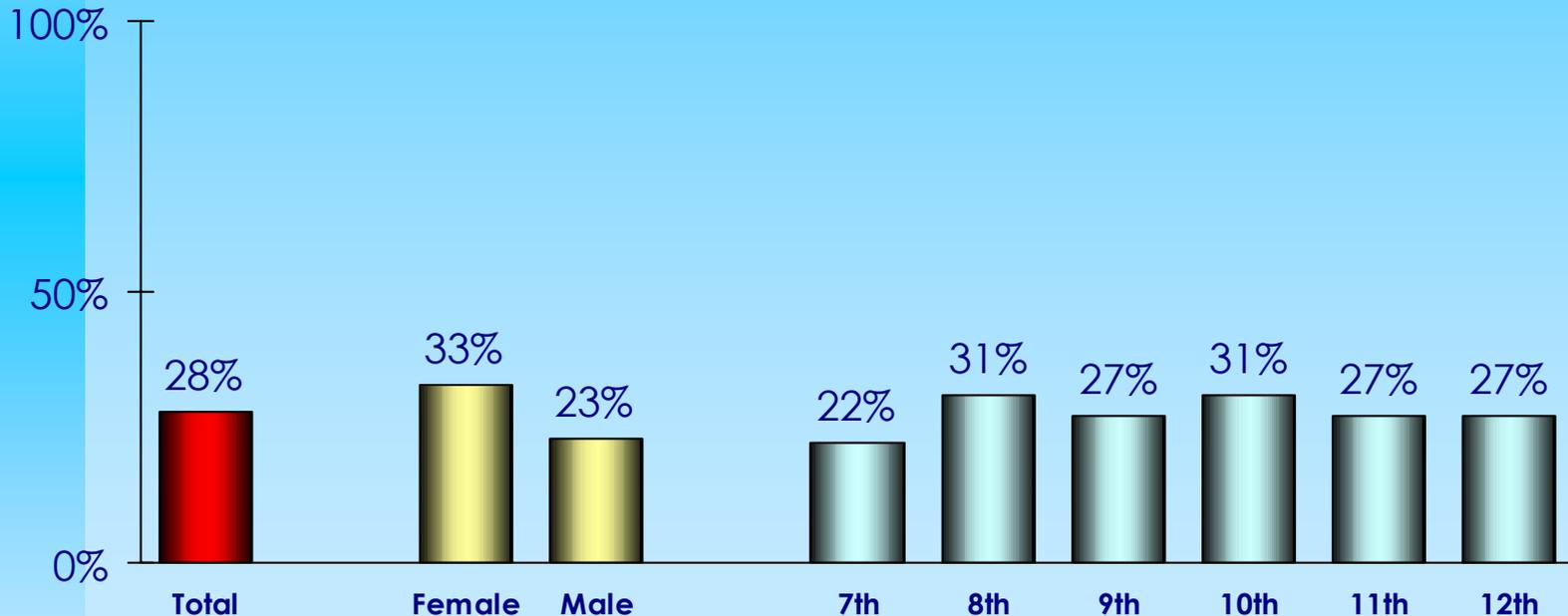


Detailed Findings- Depression & Suicide



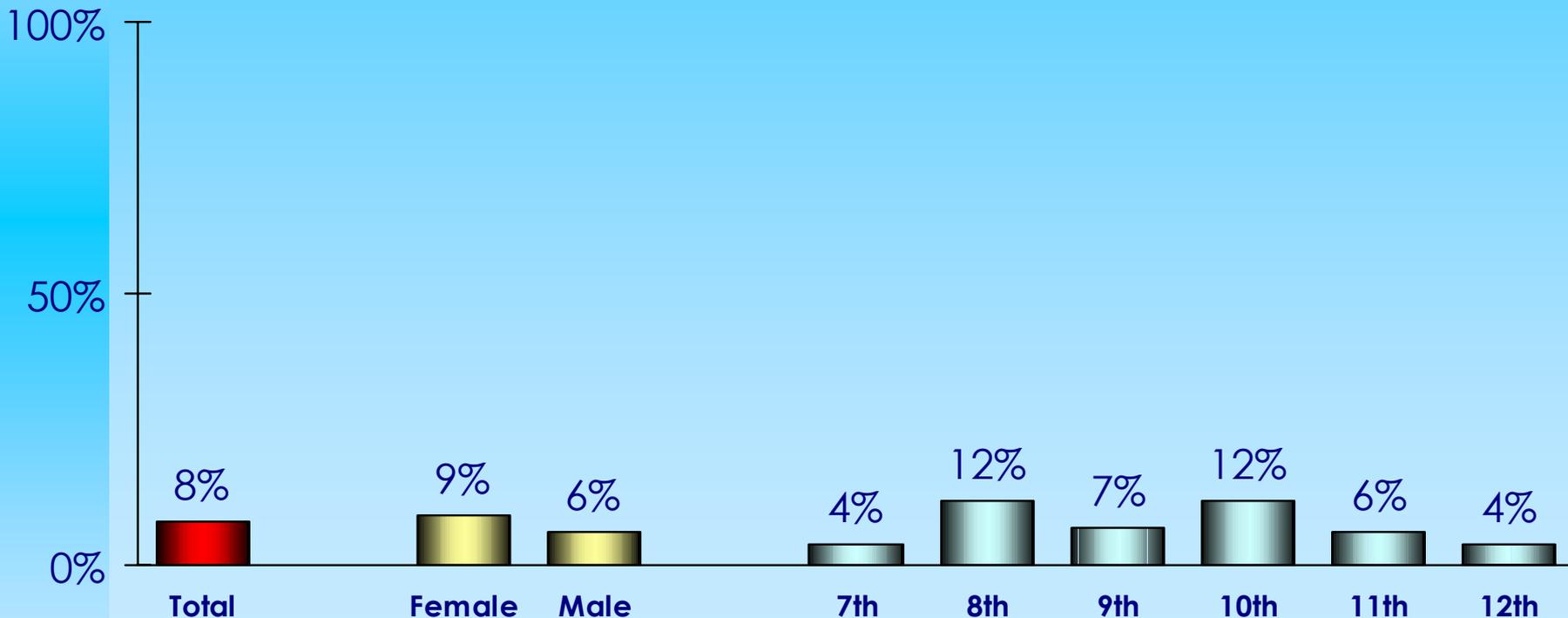
2004 Results

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.



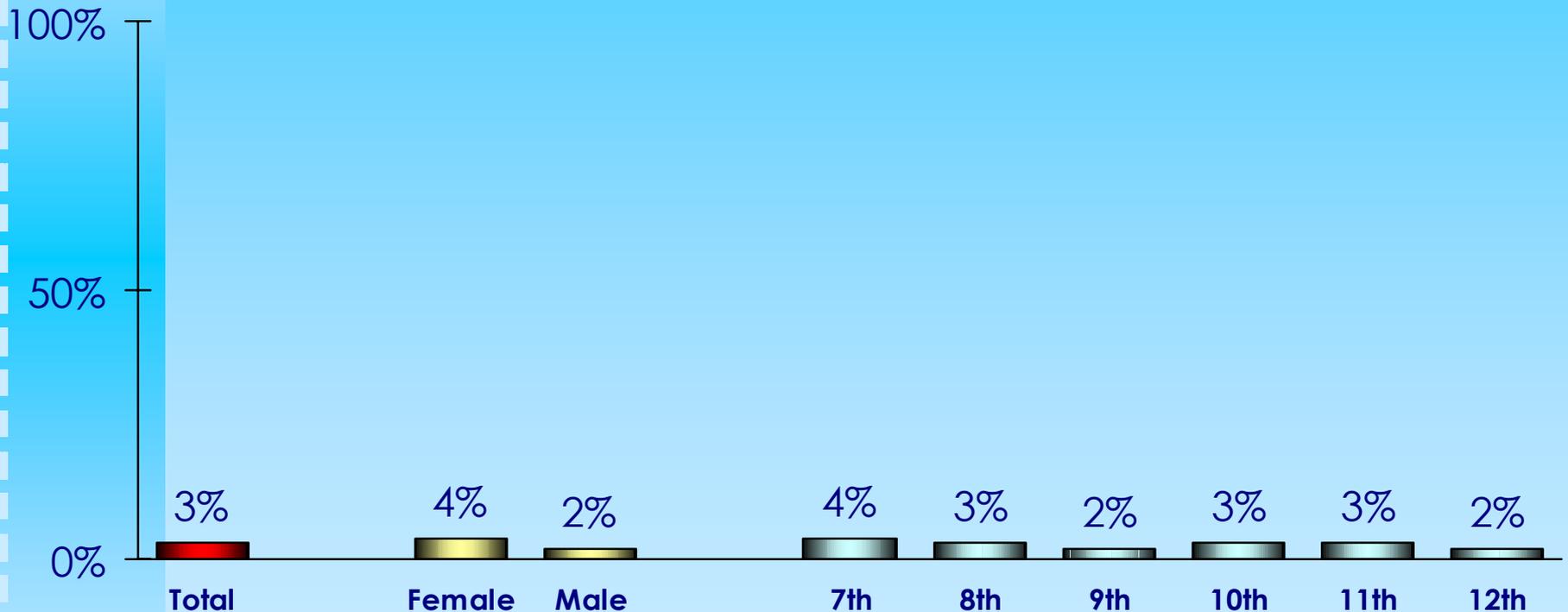
2004 Results

Percentage of students who actually attempted suicide one or more times during the past 12 months.



2004 Results

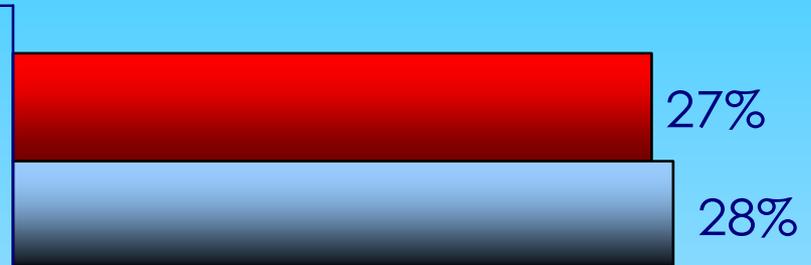
Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.



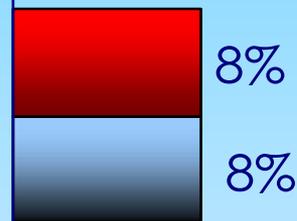
Depression & Suicide

2000/2004 Comparison

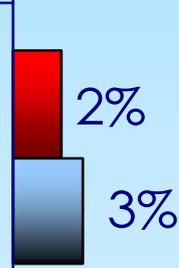
% students who felt so sad or hopeless for 2 wks or longer that they stopped doing some of their usual activities



% students who attempted suicide one or more times during past 12 mths



% students - attempted suicide in the past 12 mths resulting in injury, poisoning or overdose - required treatment by doctor or



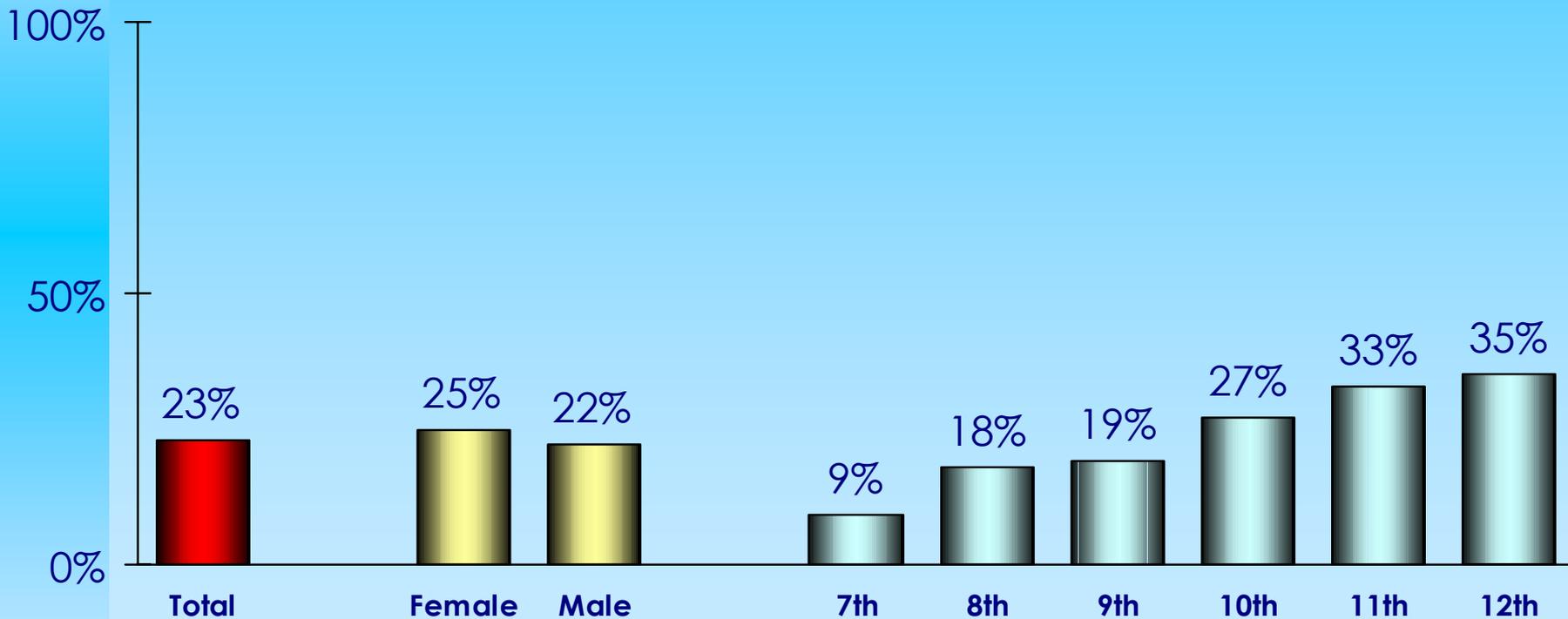


Detailed Findings-Tobacco



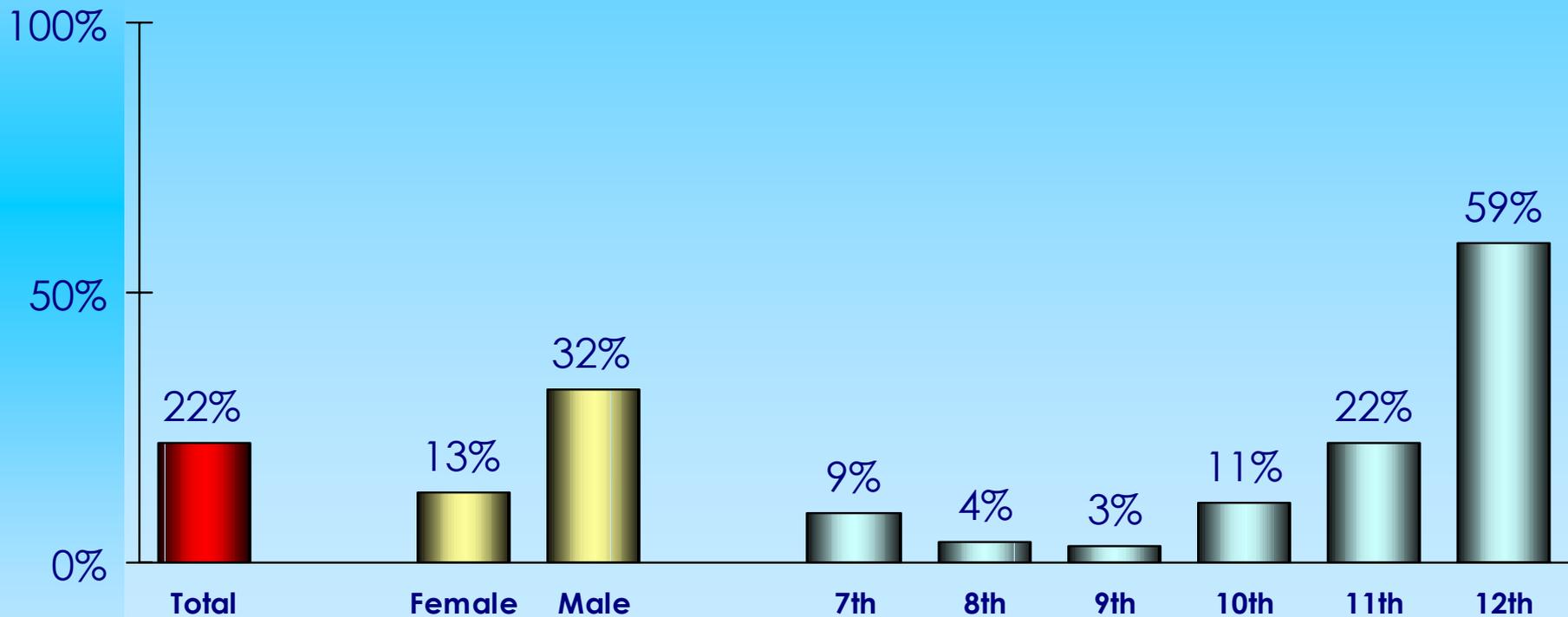
2004 Results

Percentage of students who smoked cigarettes on one or more of the past 30 days.



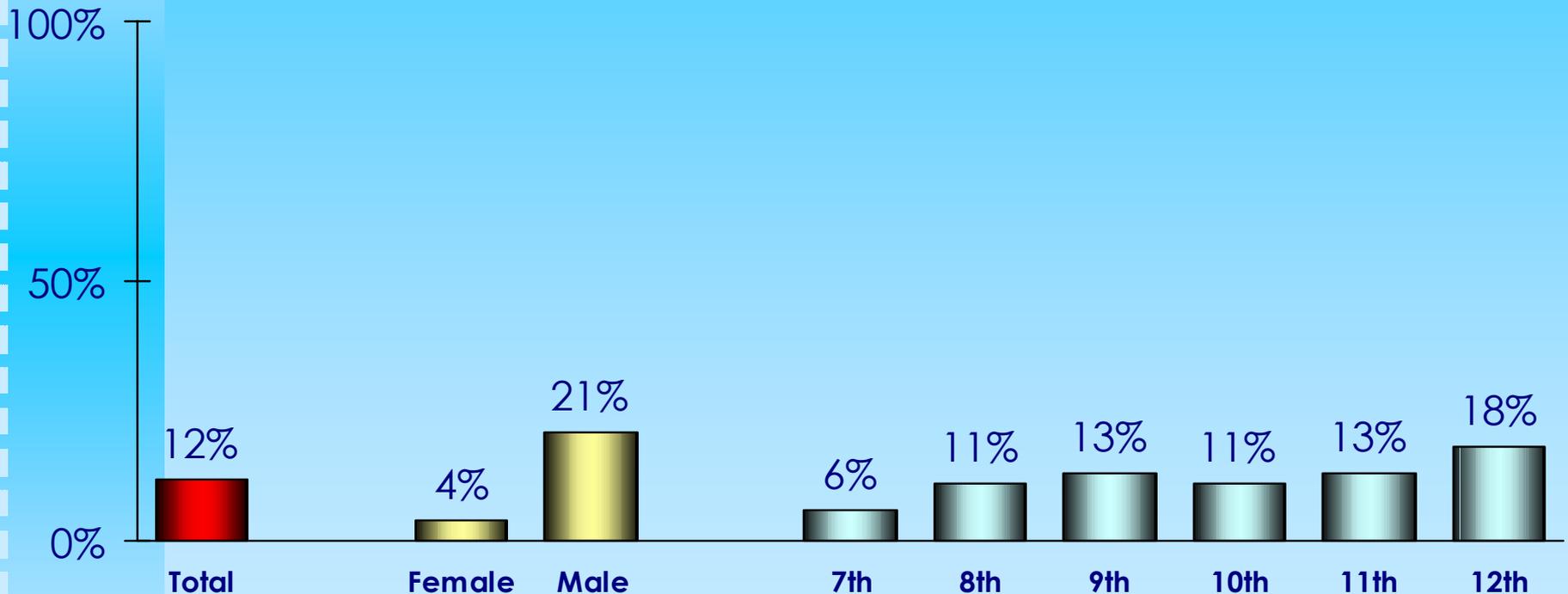
2004 Results

Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.



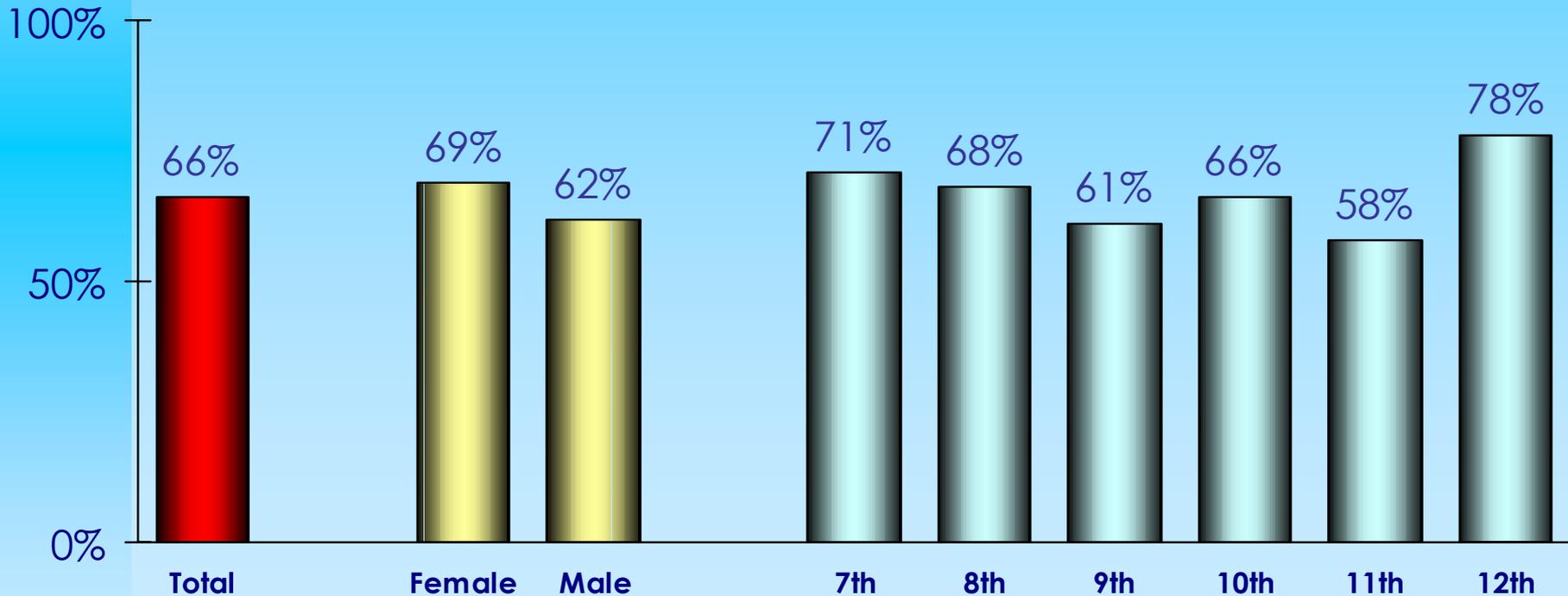
2004 Results

Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



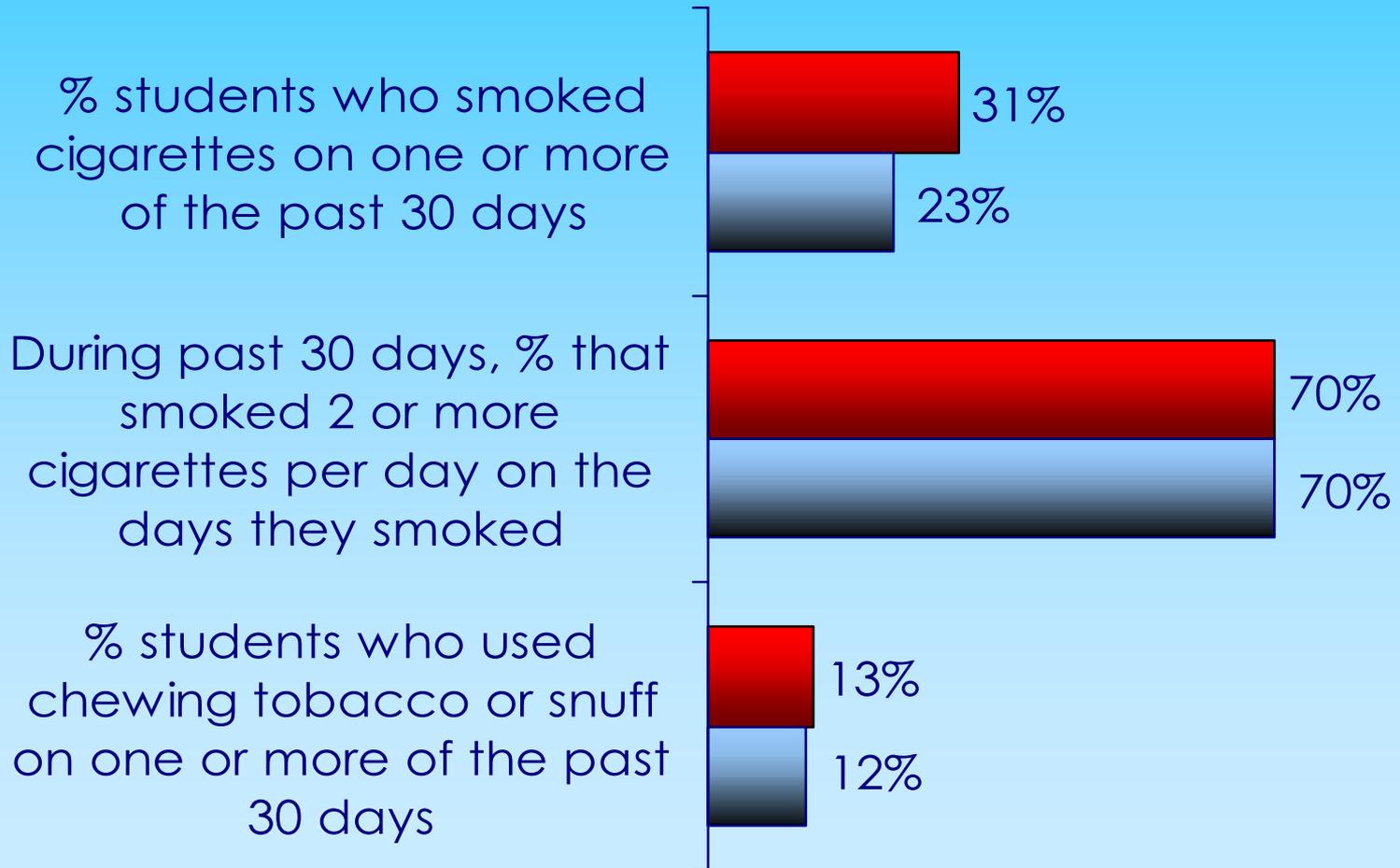
2004 Results

Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.



Tobacco

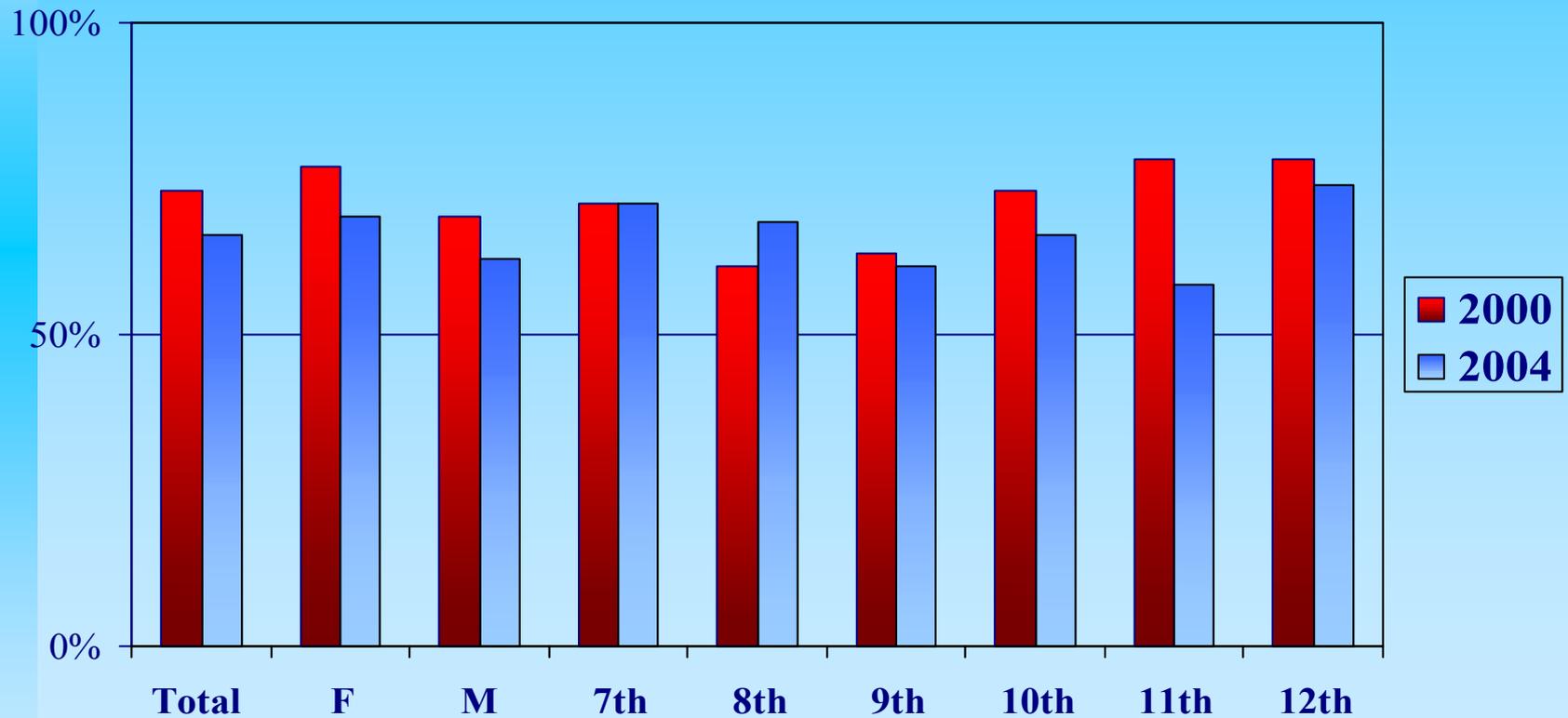
2000/2004 Comparison

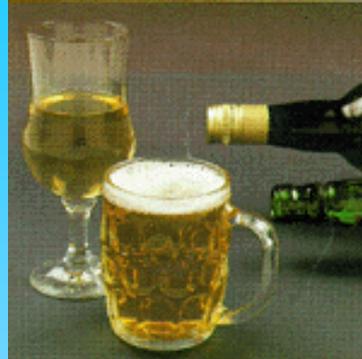


Independence County Youth Health Survey 2000/2004

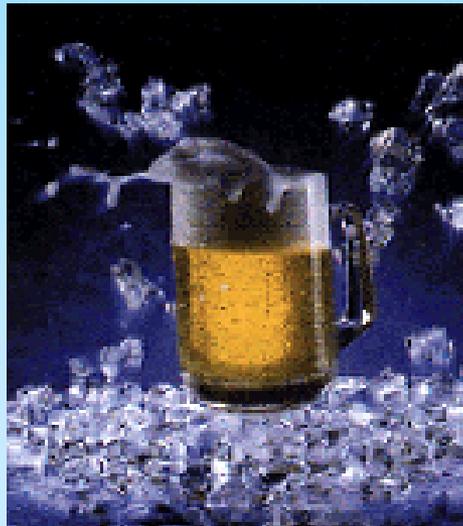
2000/2004 Comparison

Of the students who smoked regularly, the percentage who ever tried to quit smoking cigarettes.



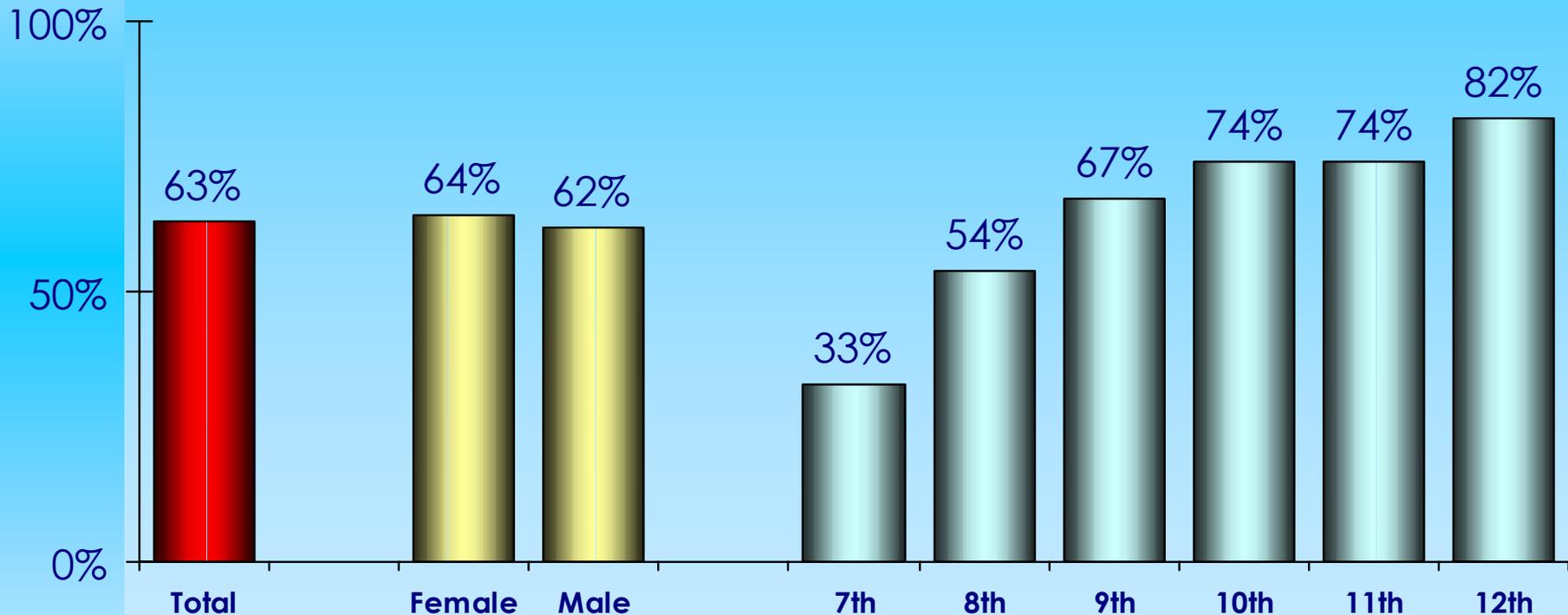


Detailed Findings-Alcohol



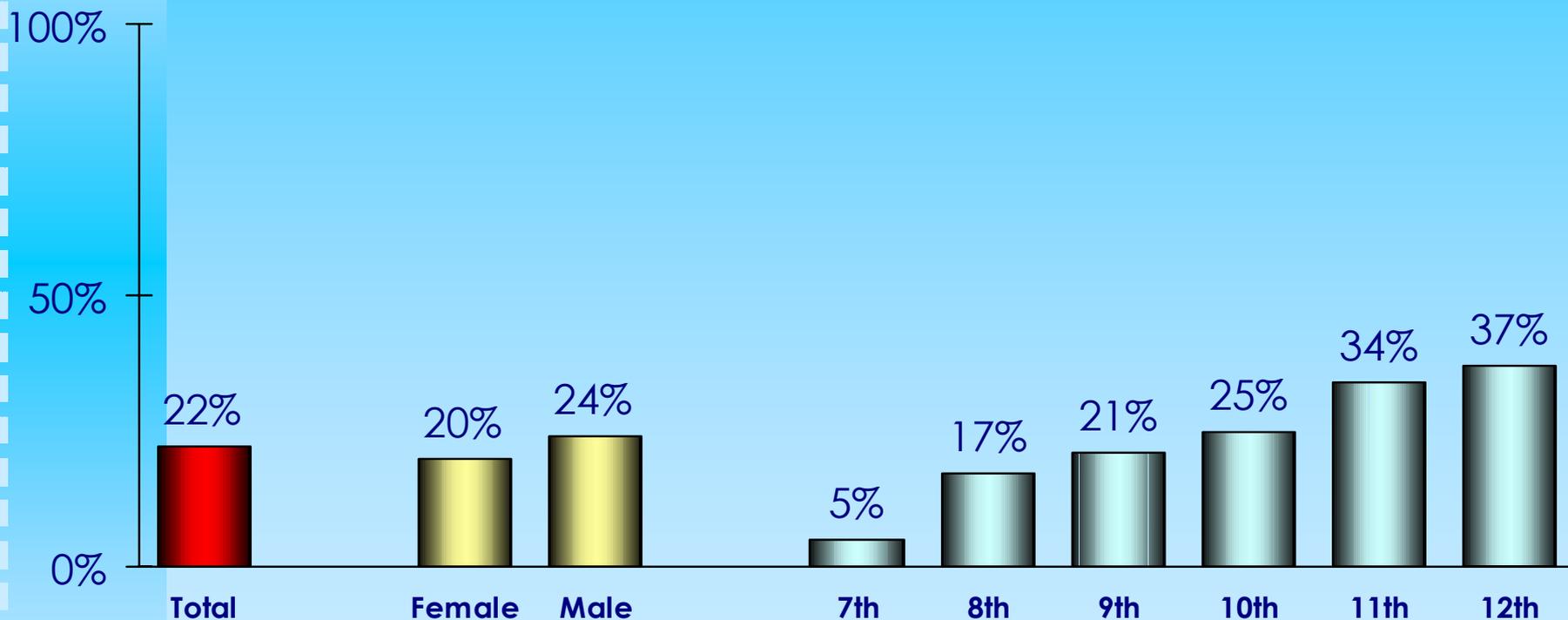
2004 Results

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



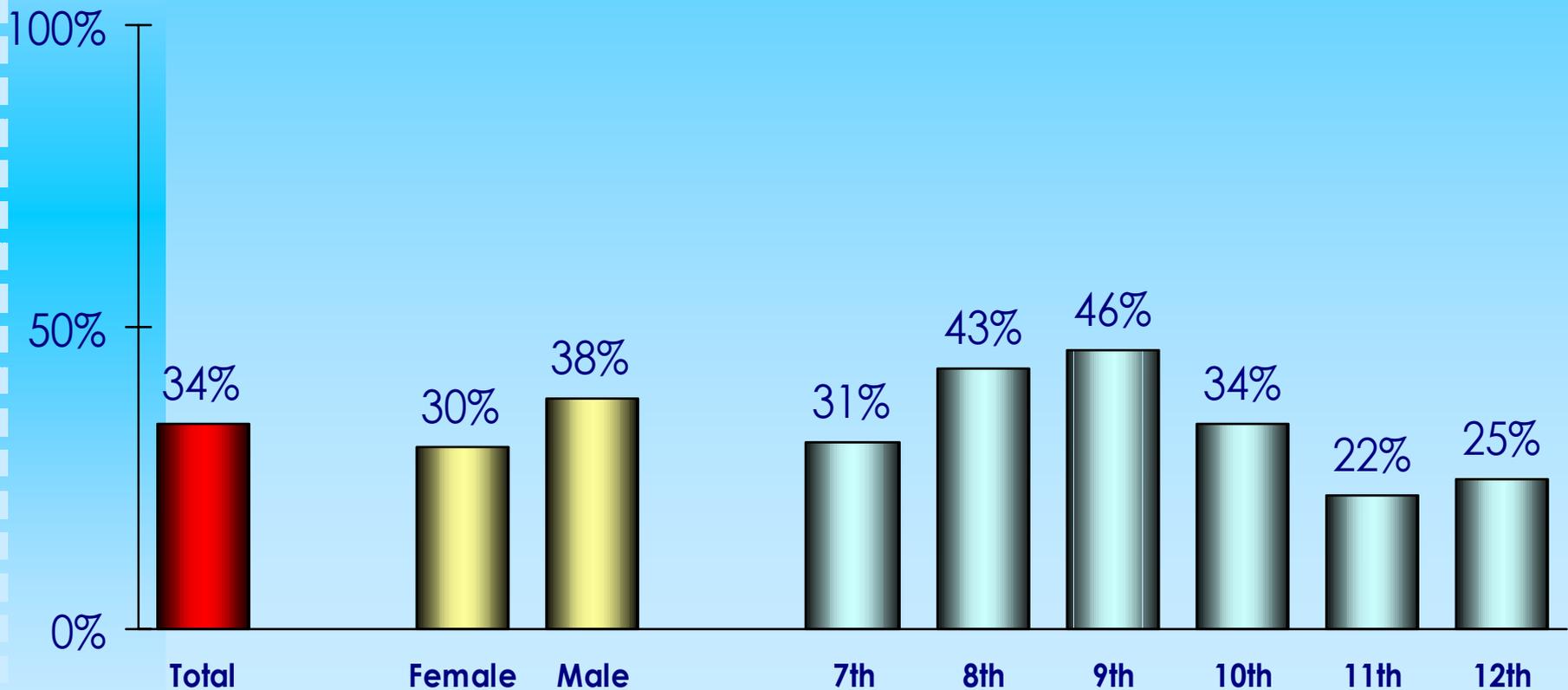
2004 Results

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.



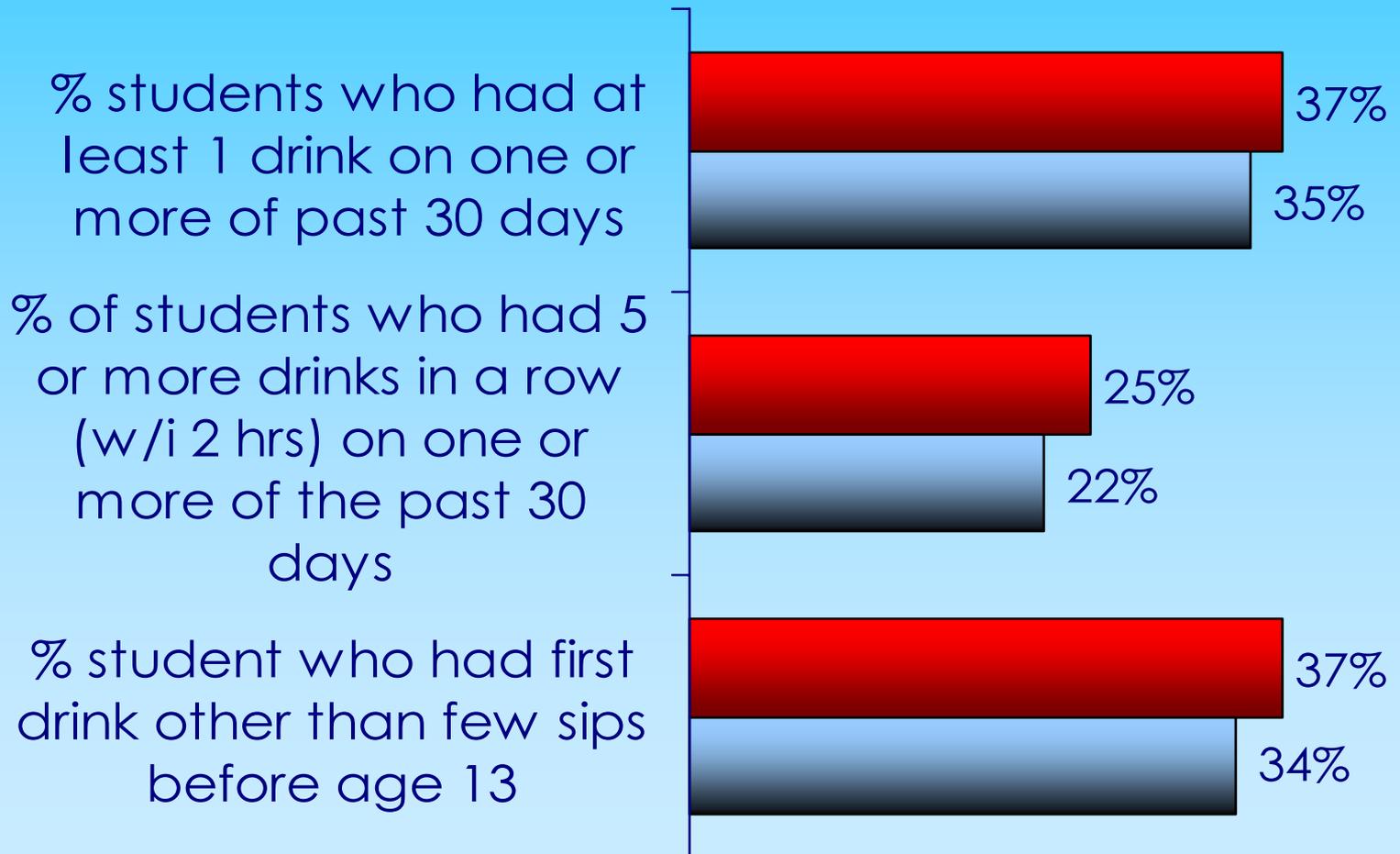
2004 Results

Percentage of students who had their first drink of alcohol other than a few sips before age 13.



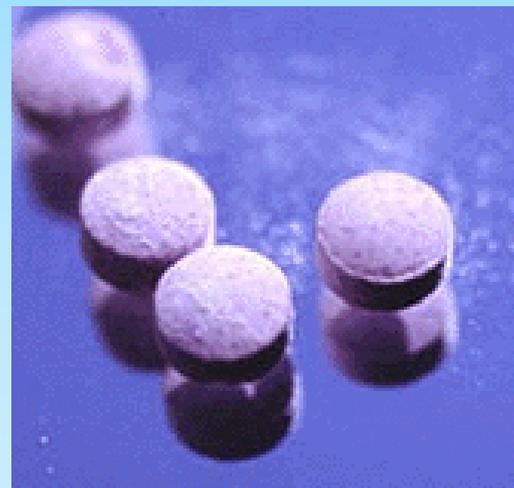
Alcohol Use

2000/2004 Comparison



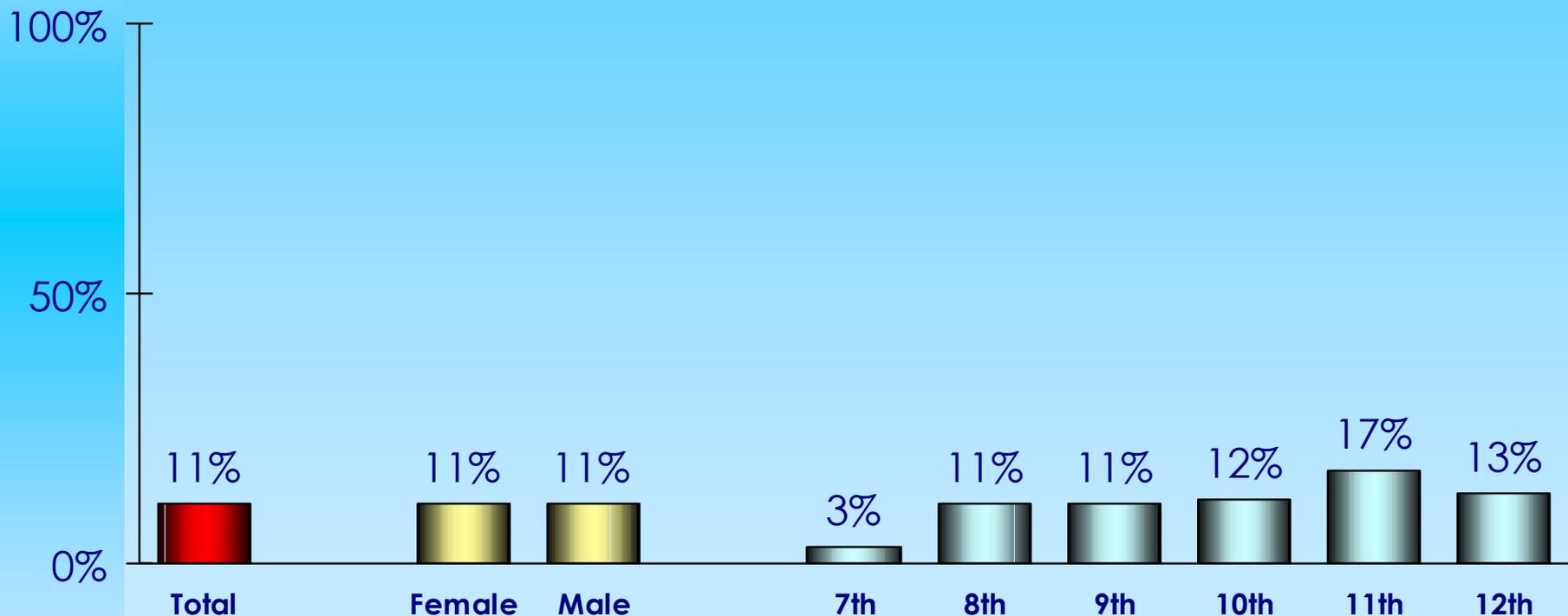


Detailed Findings-Illicit Drugs



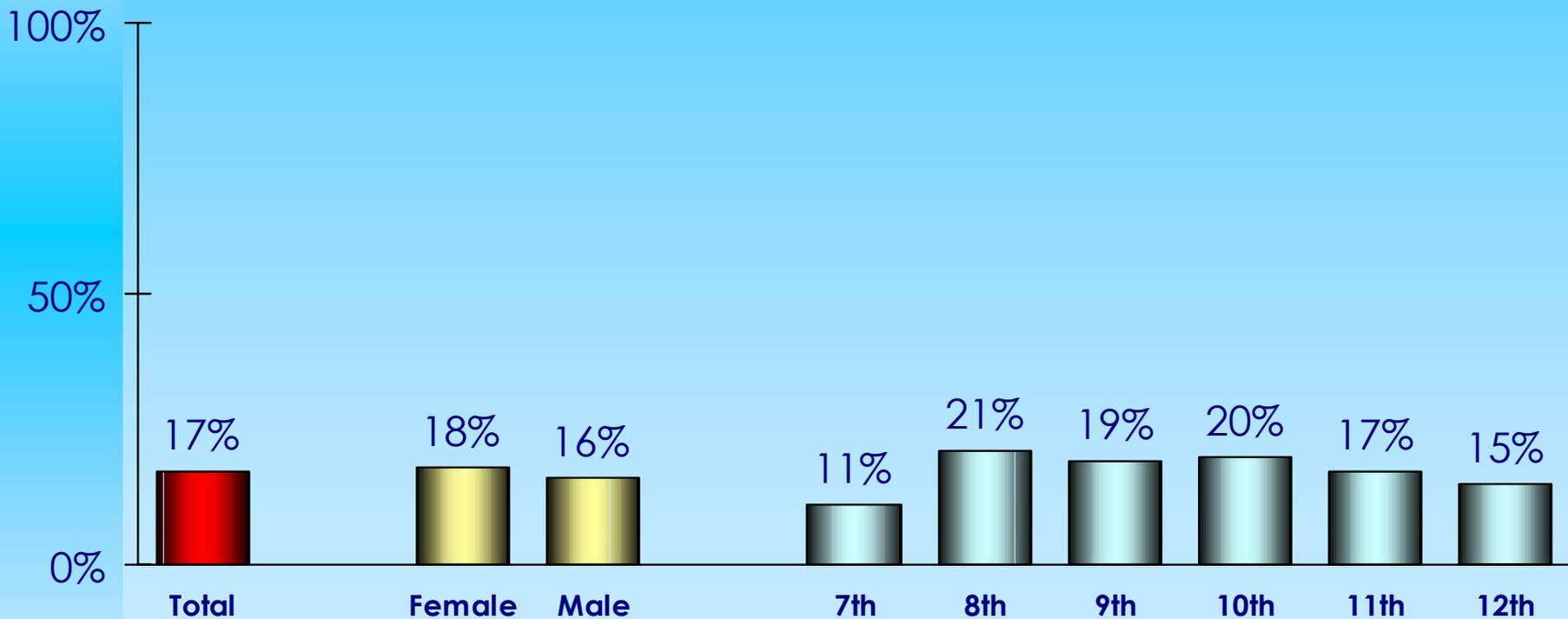
2004 Results

Percentage of students who used marijuana one or more times during the past 30 days.



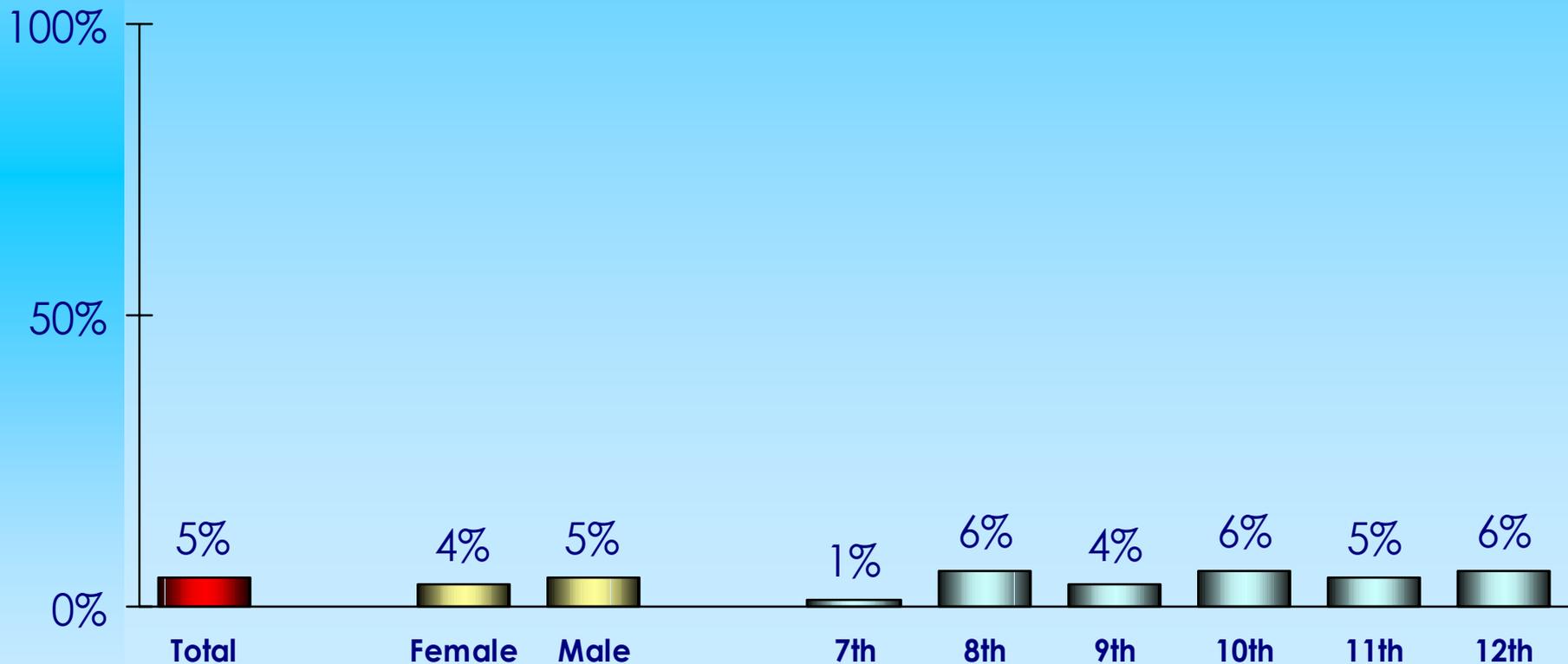
2004 Results

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.



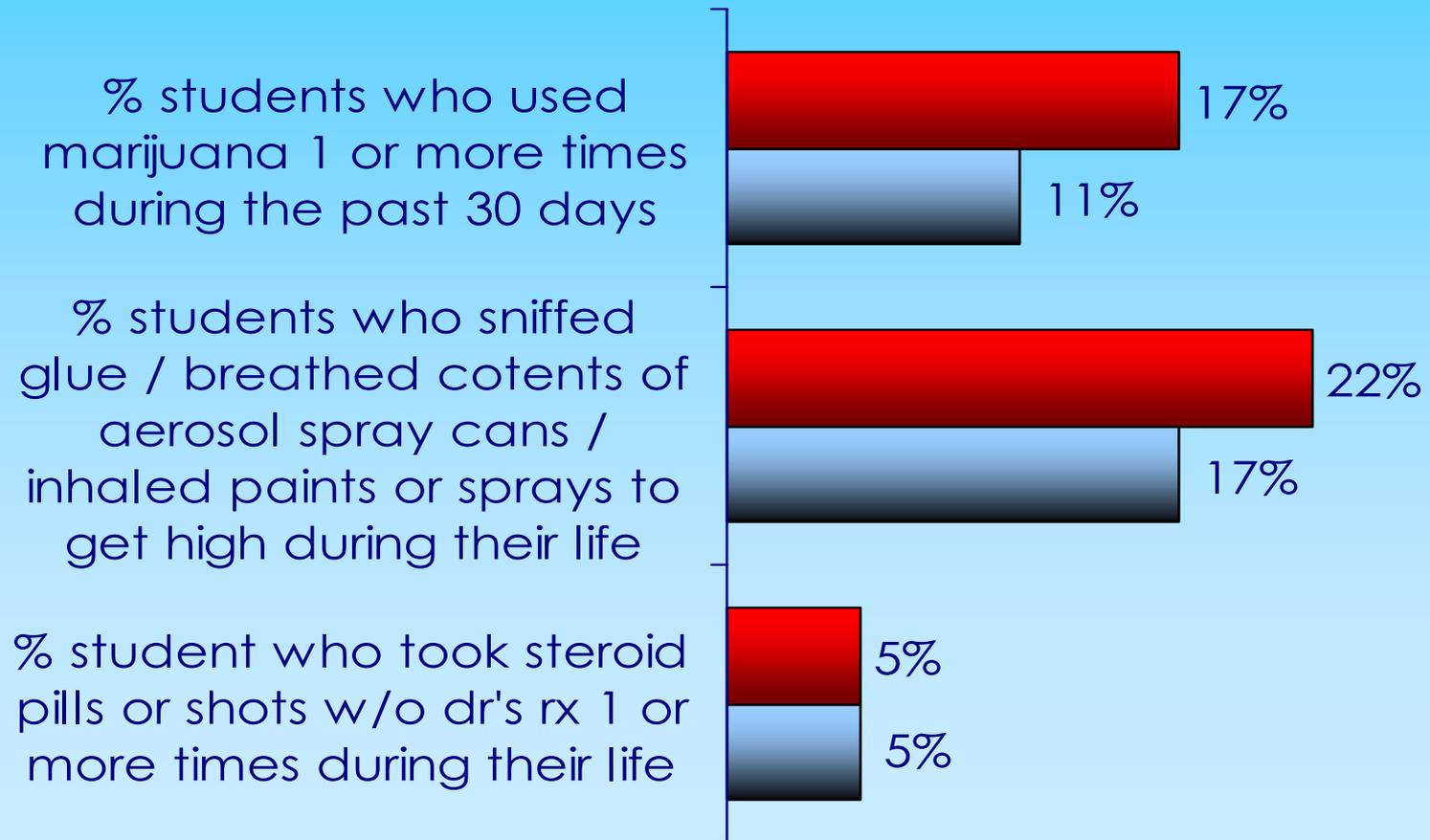
2004 Results

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.



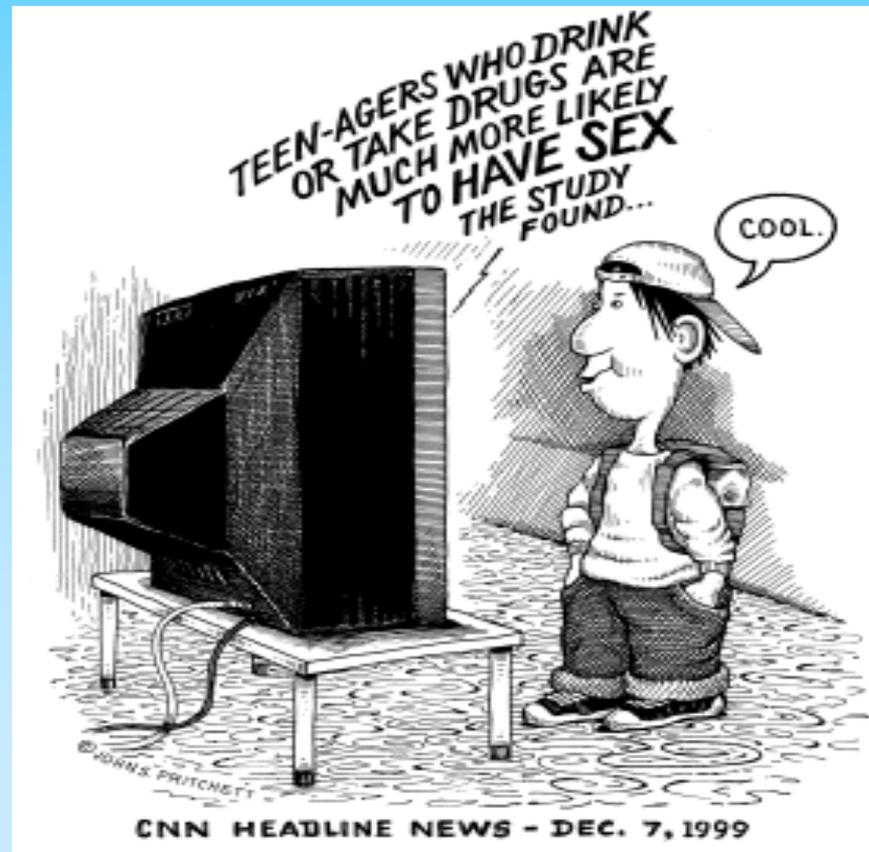
Illicit Drug Use

2000/2004 Comparison





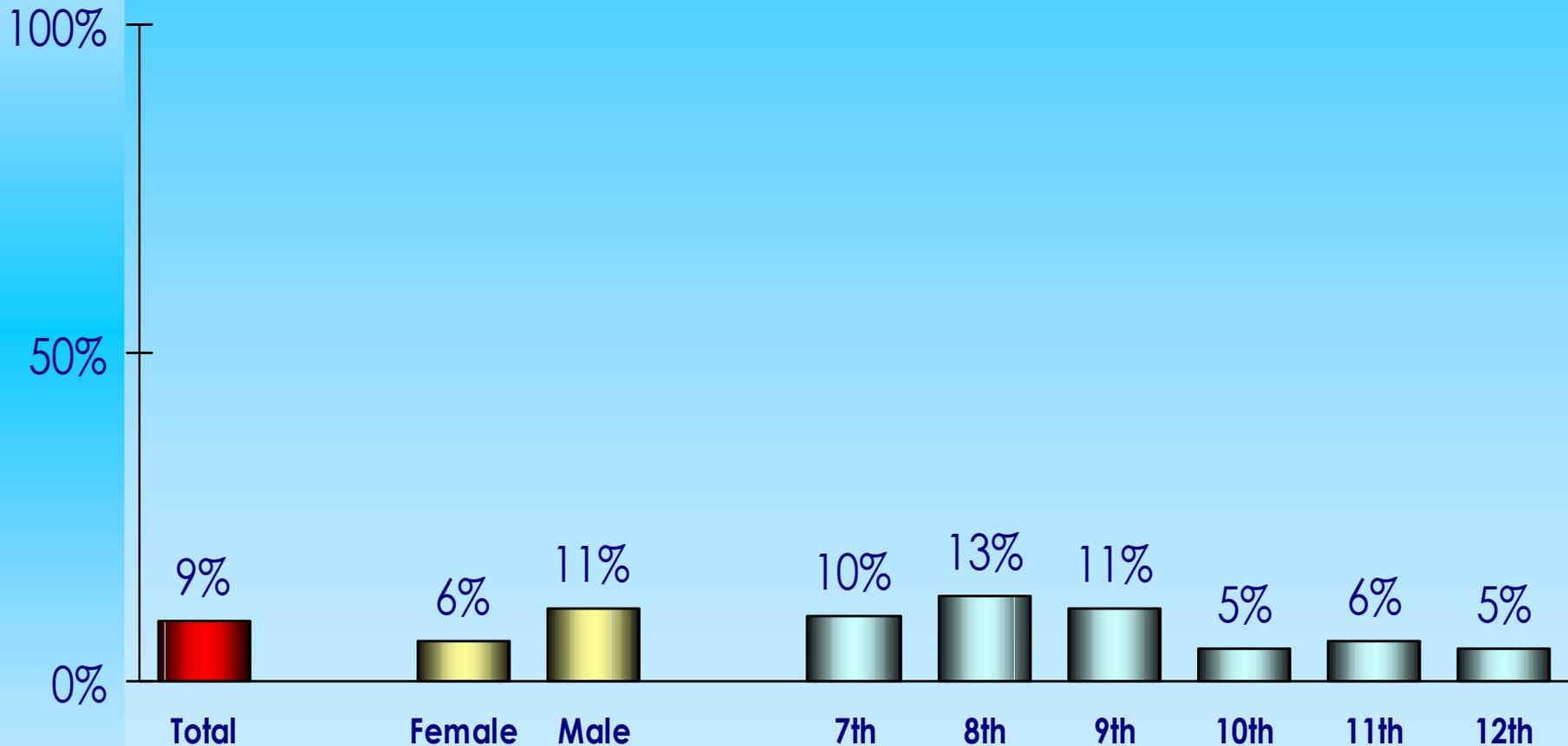
Detailed Findings- Sexual Behavior



Independence County Youth Health Survey 2000/2004

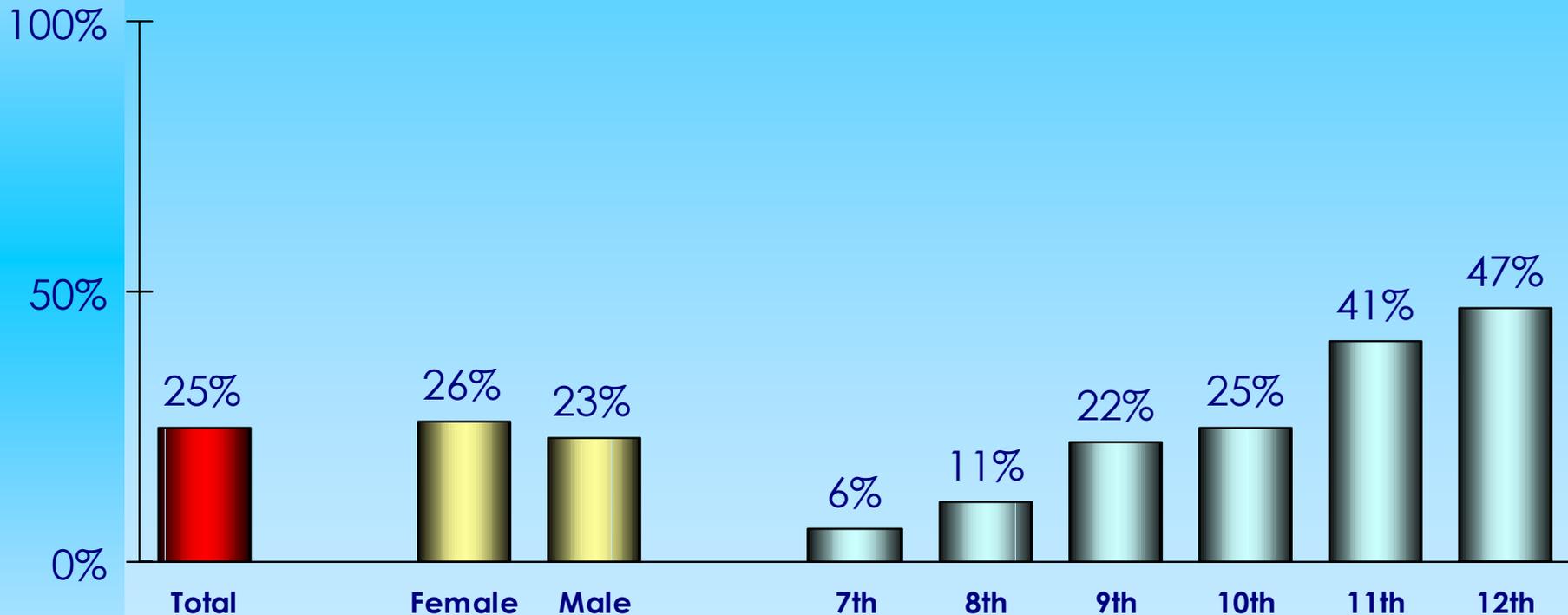
2004 Results

Percentage of students who had sexual intercourse for the first time before age 13.



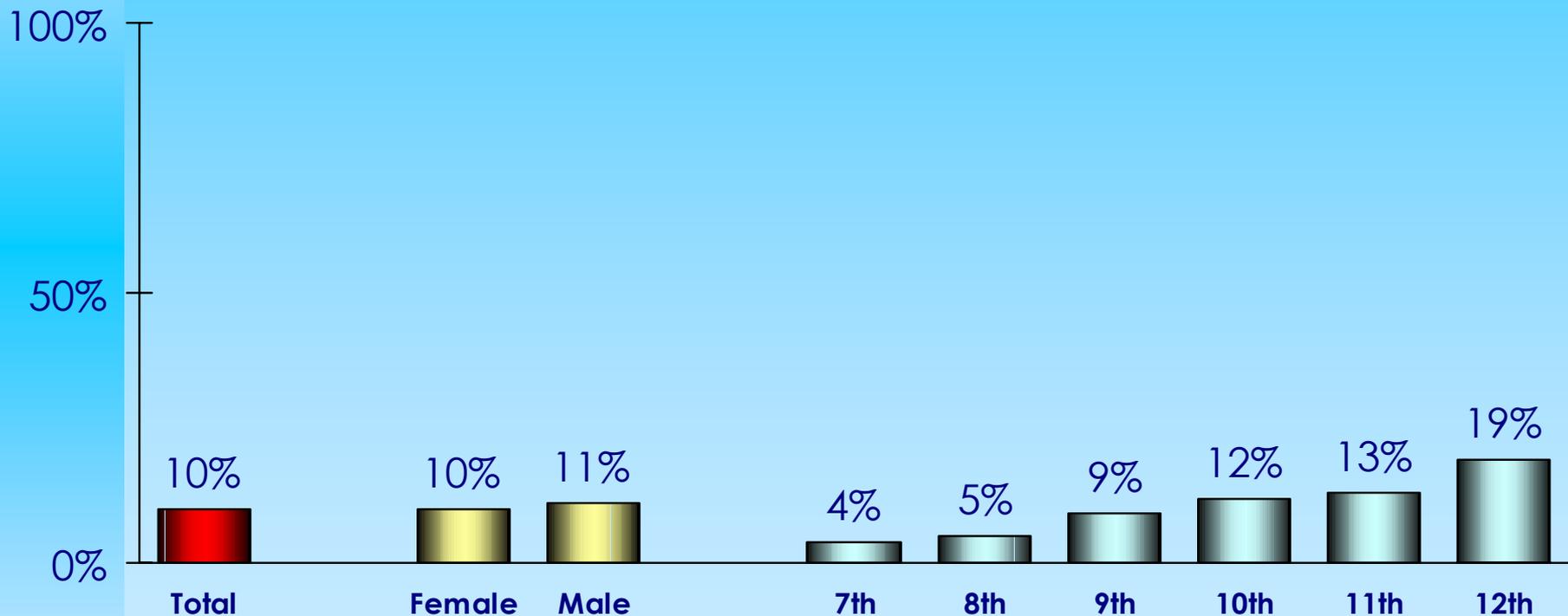
2004 Results

Percentage of students who had sexual intercourse during the past three months.



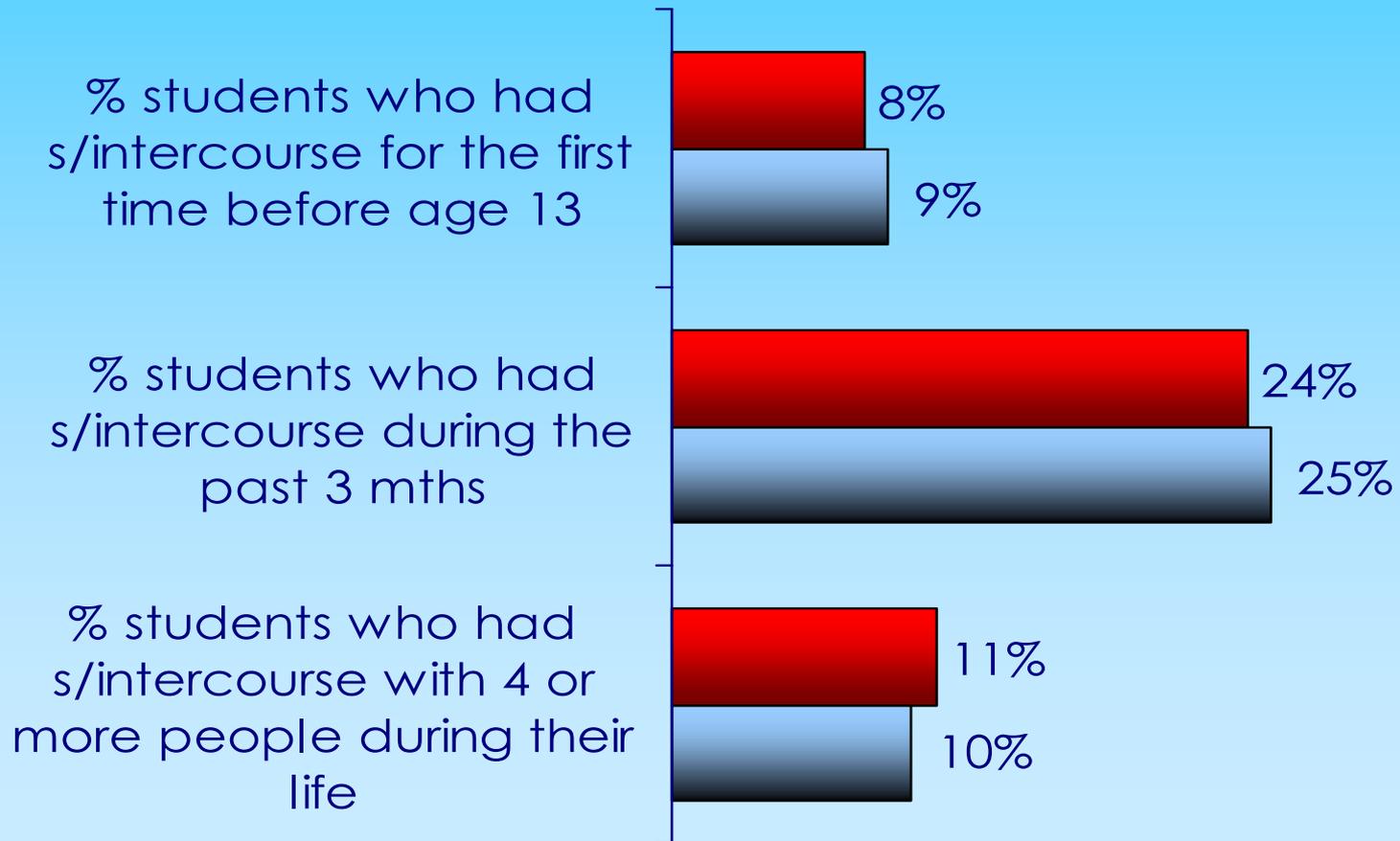
2004 Results

Percentage of students who had sexual intercourse with four or more people during their life.



Sexual Activity

2000/2004 Comparison



Independence County Youth Health Survey 2000/2004

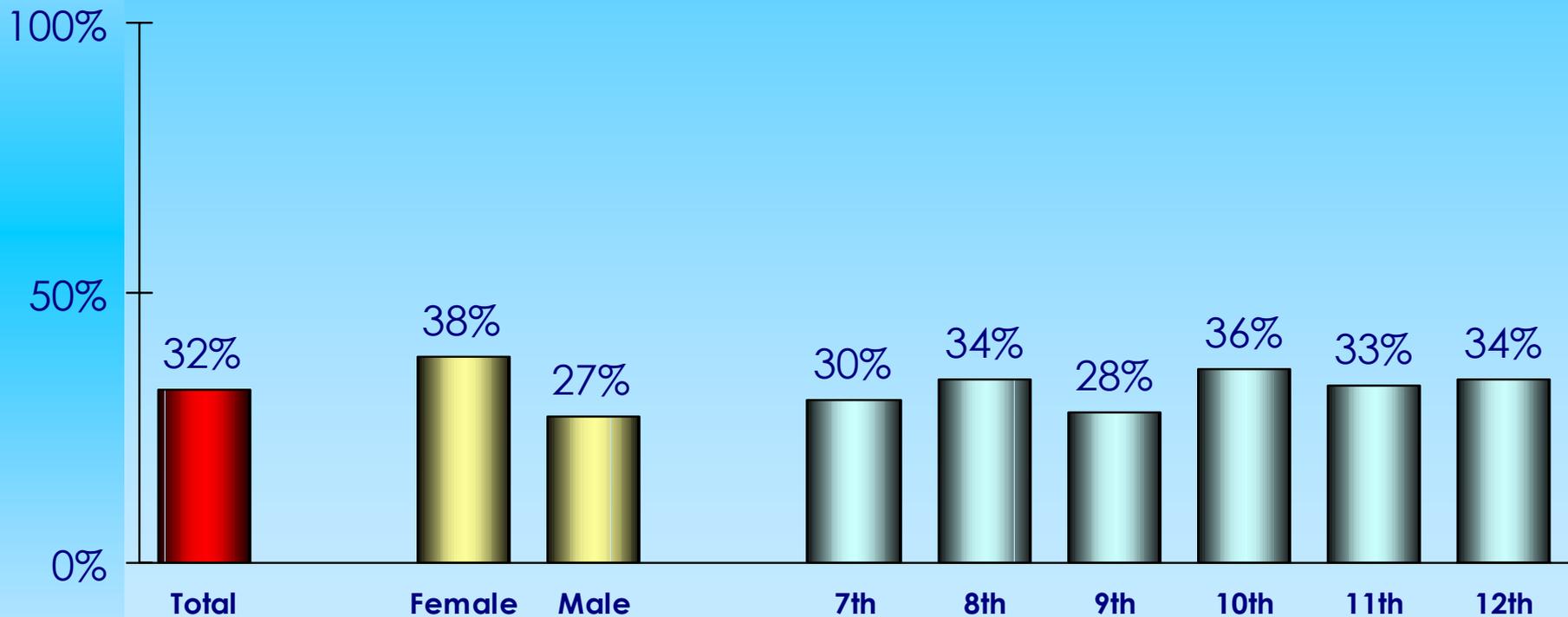


Detailed Findings- Weight, Diet & Exercise



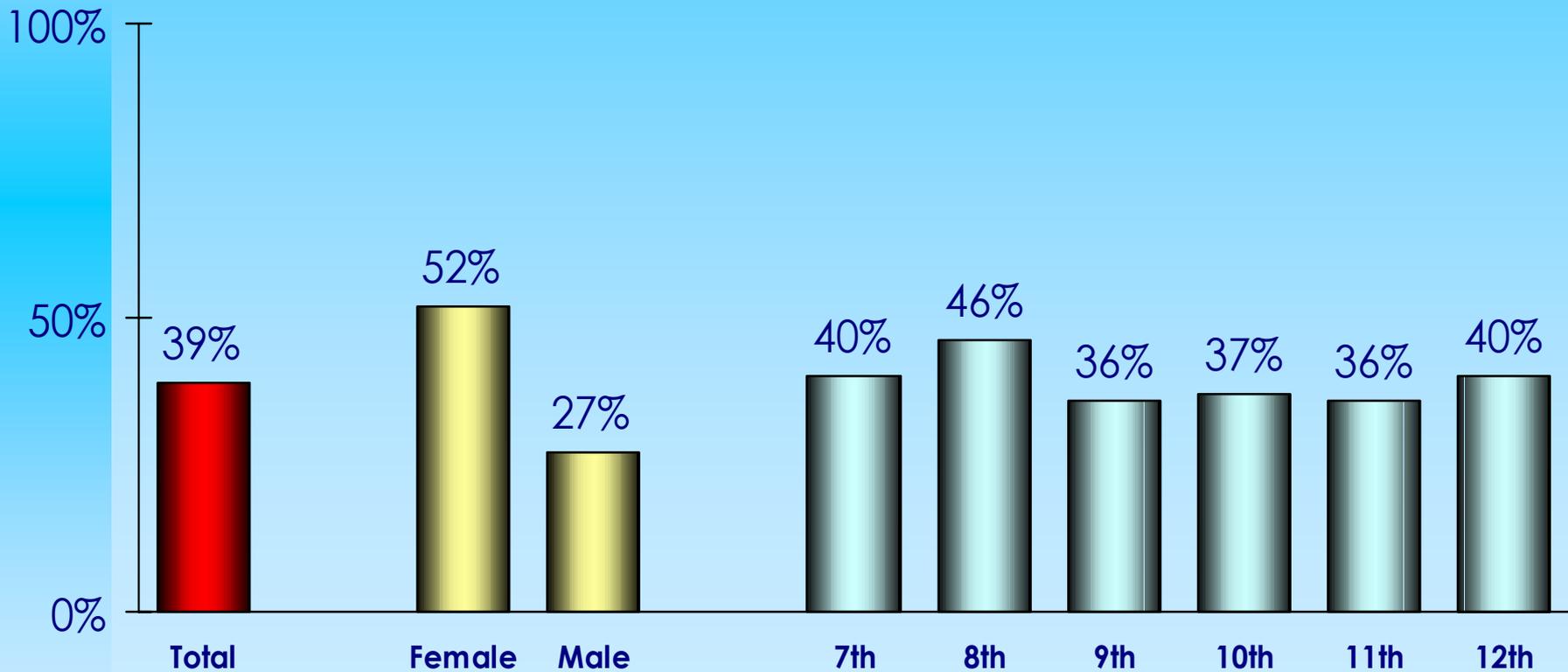
2004 Results

Percentage of students who describe themselves as slightly or very overweight.



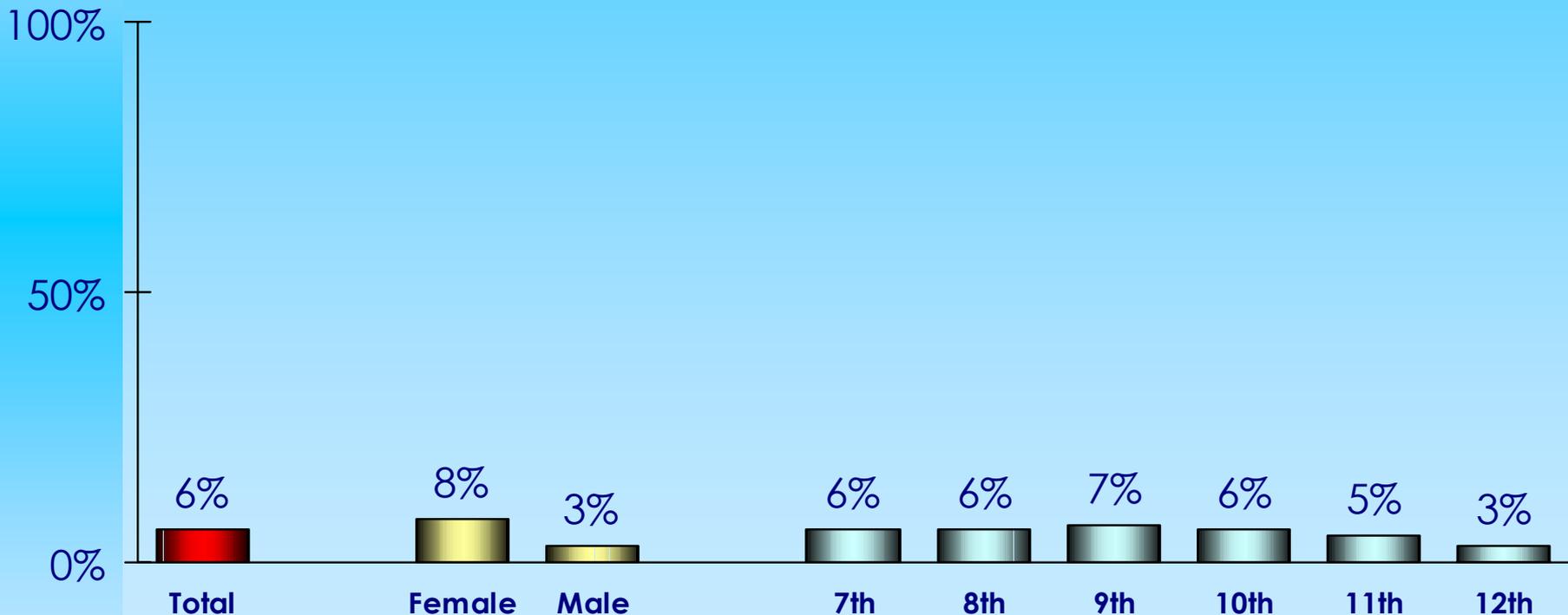
2004 Results

Percentage of students who ate less food, fewer calories or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.



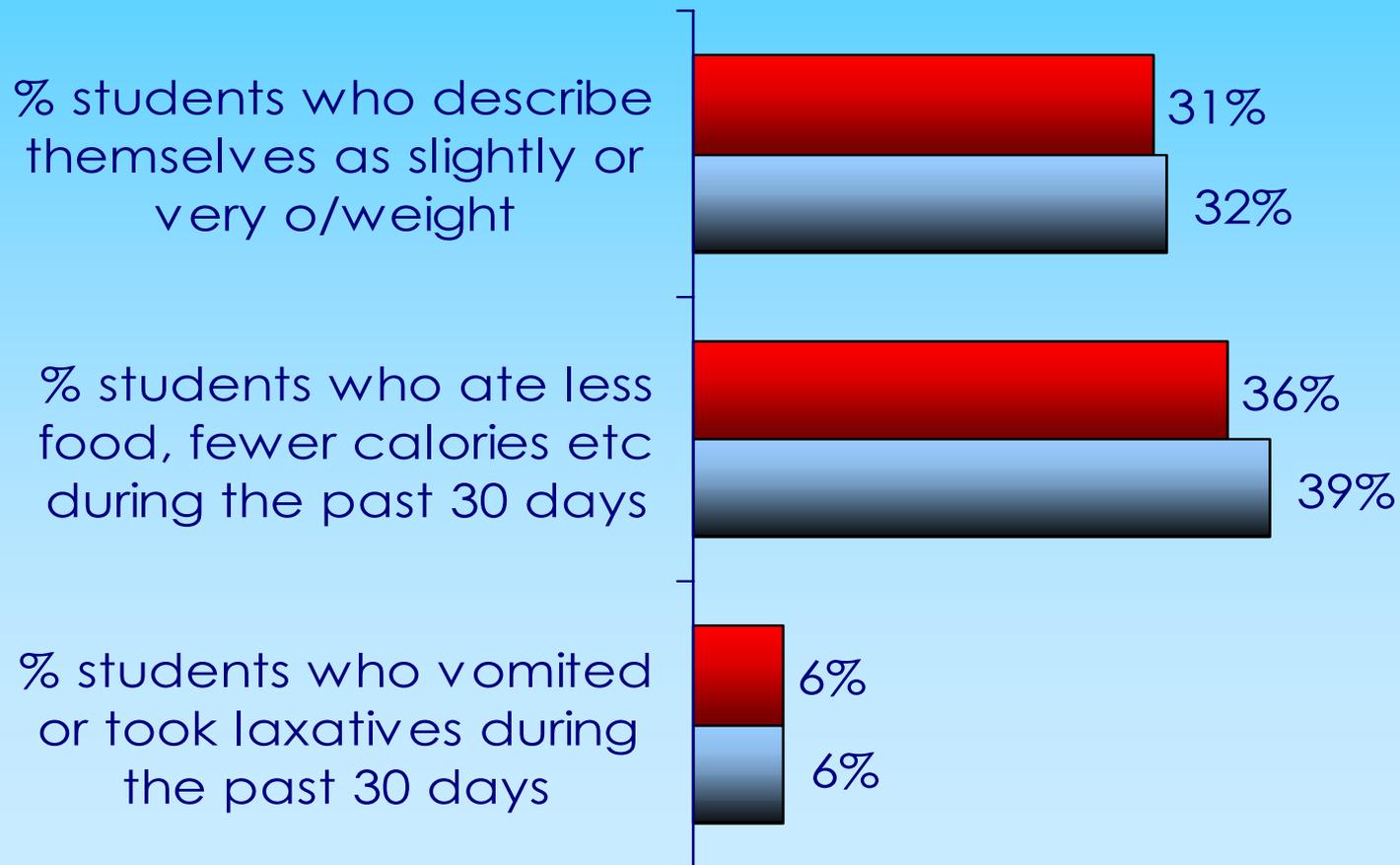
2004 Results

Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.



Weight

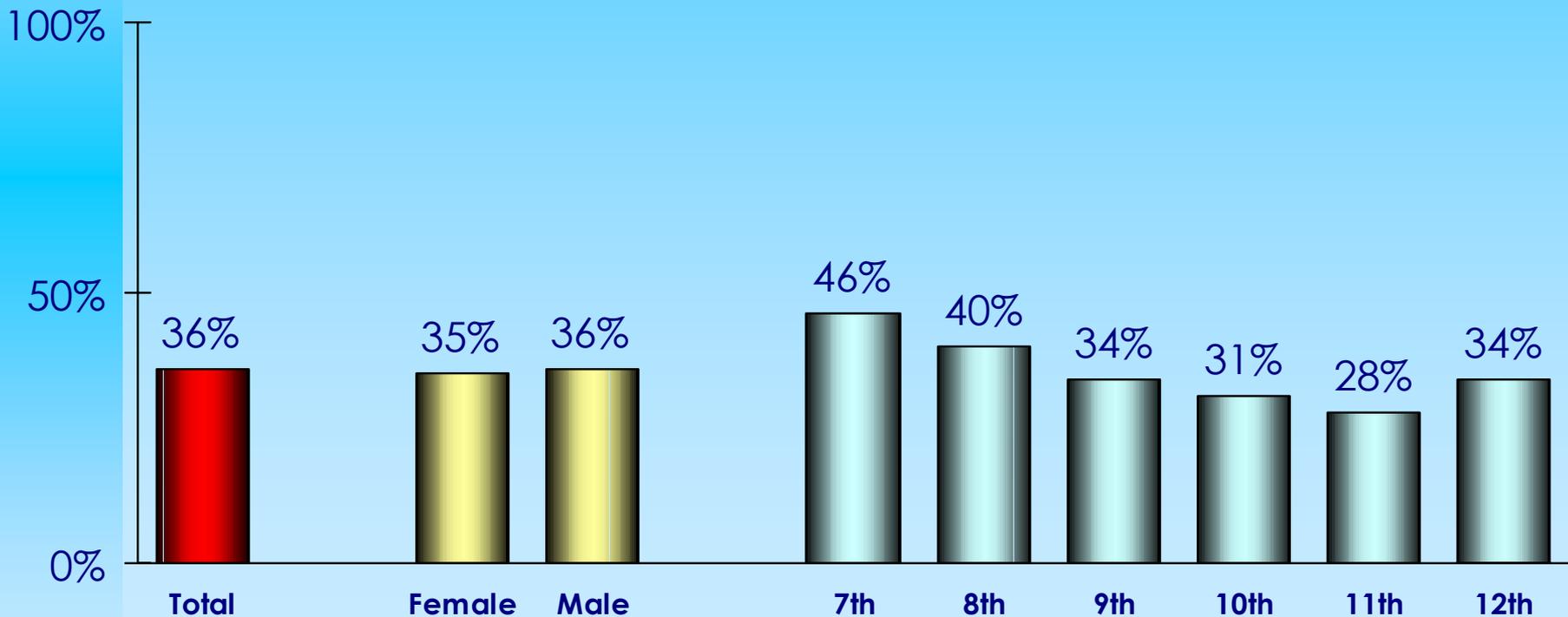
2000/2004 Comparison



Independence County Youth Health Survey 2000/2004

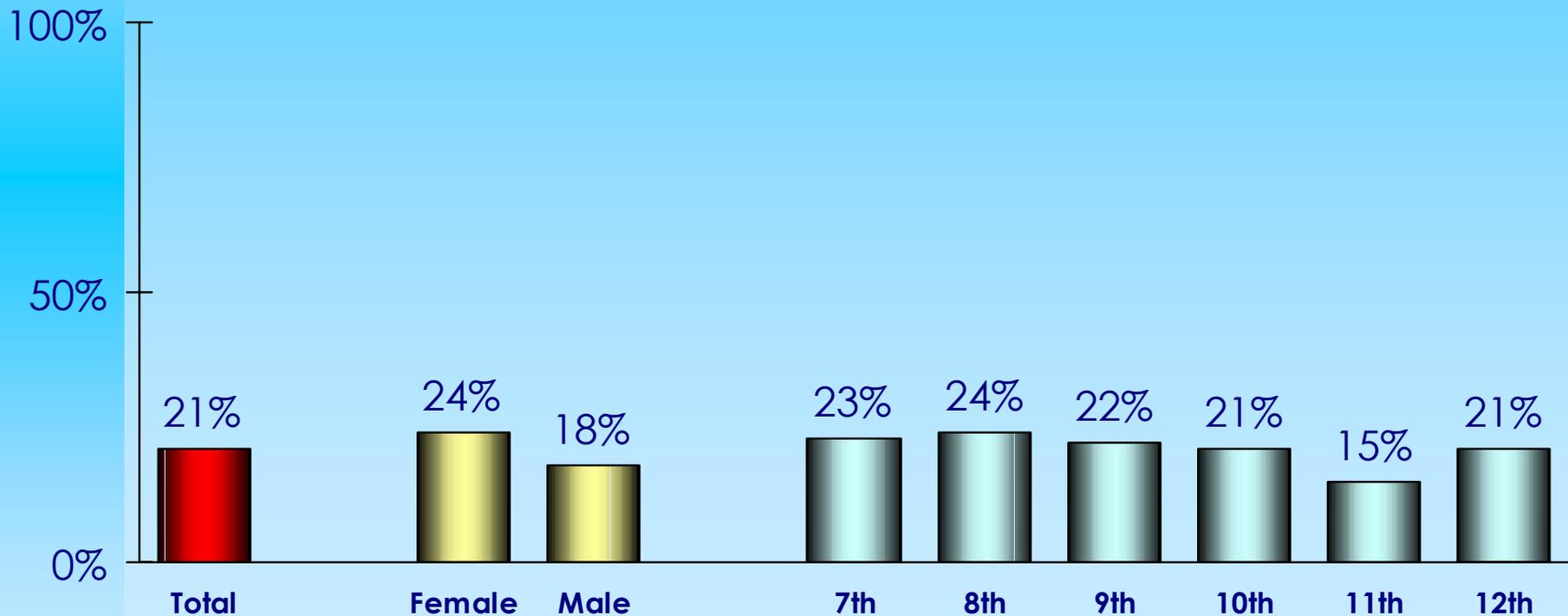
2004 Results

Percentage of students who ate fruit 4 or more times during the past 7 days.



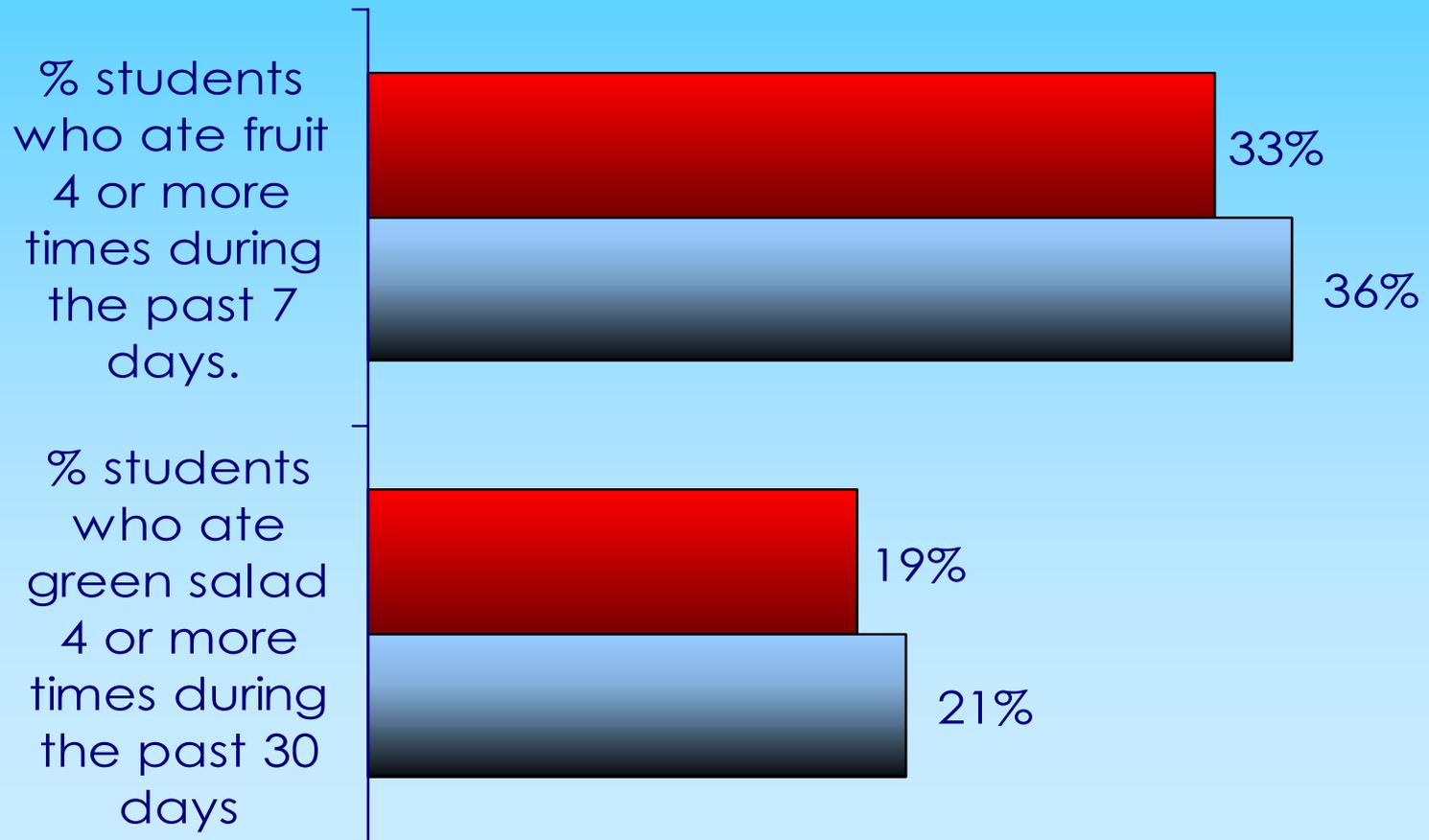
2004 Results

Percentage of students who ate green salad 4 or more times during the past 30 days.



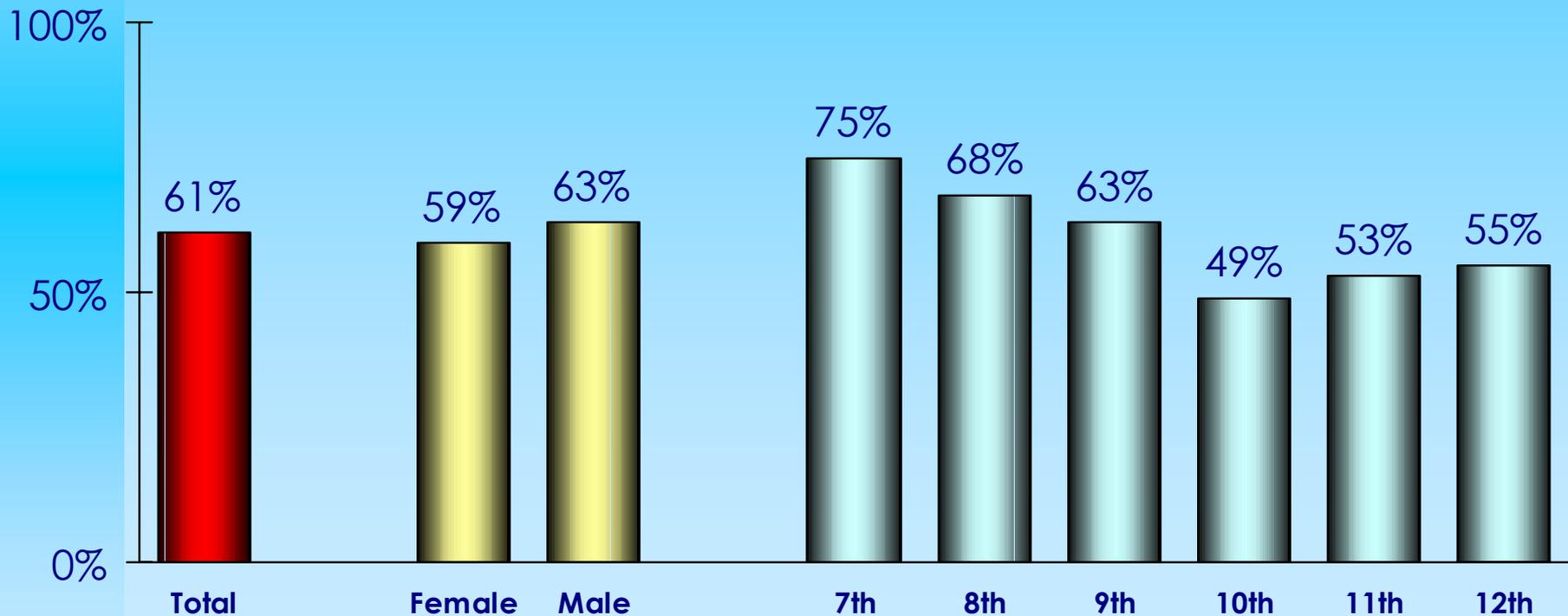
Diet

2000/2004 Comparison



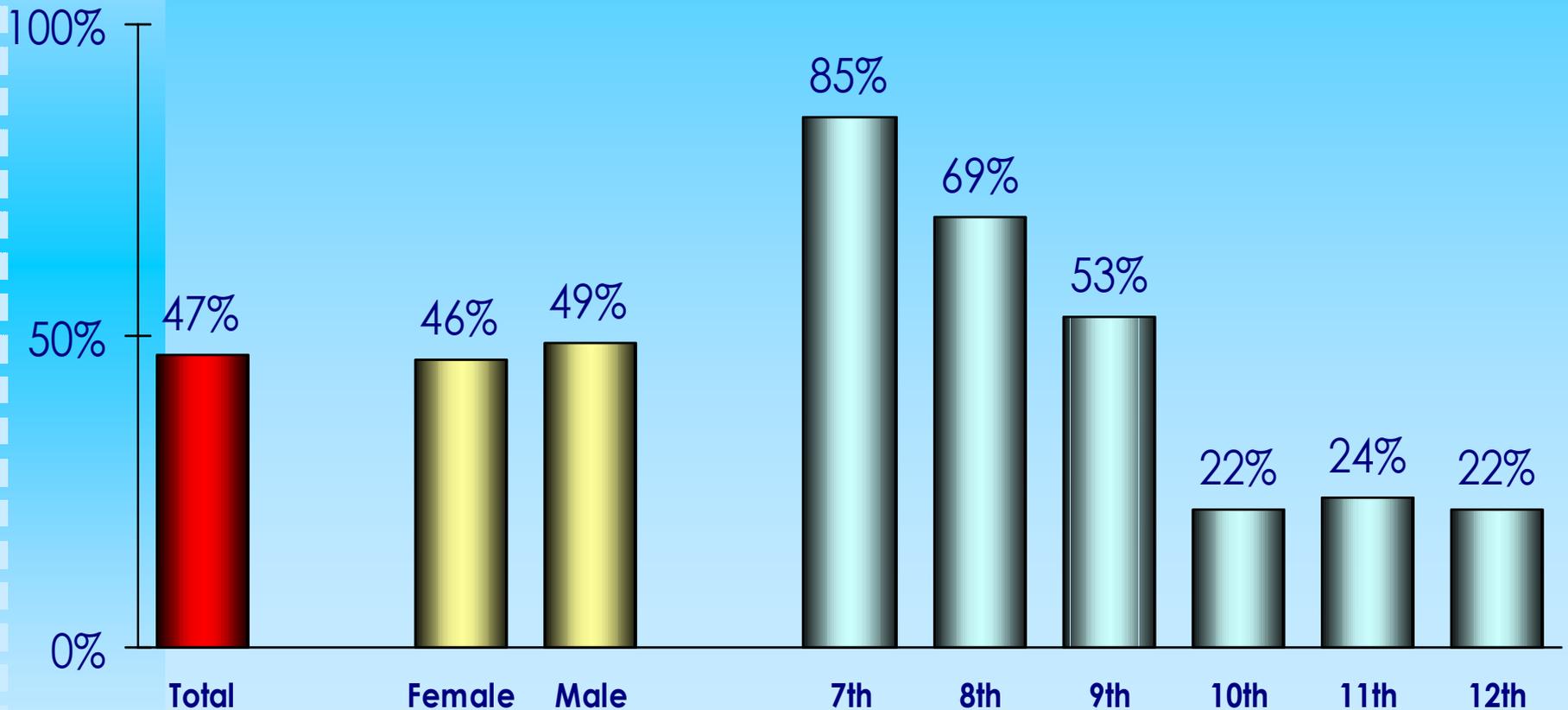
2004 Results

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.



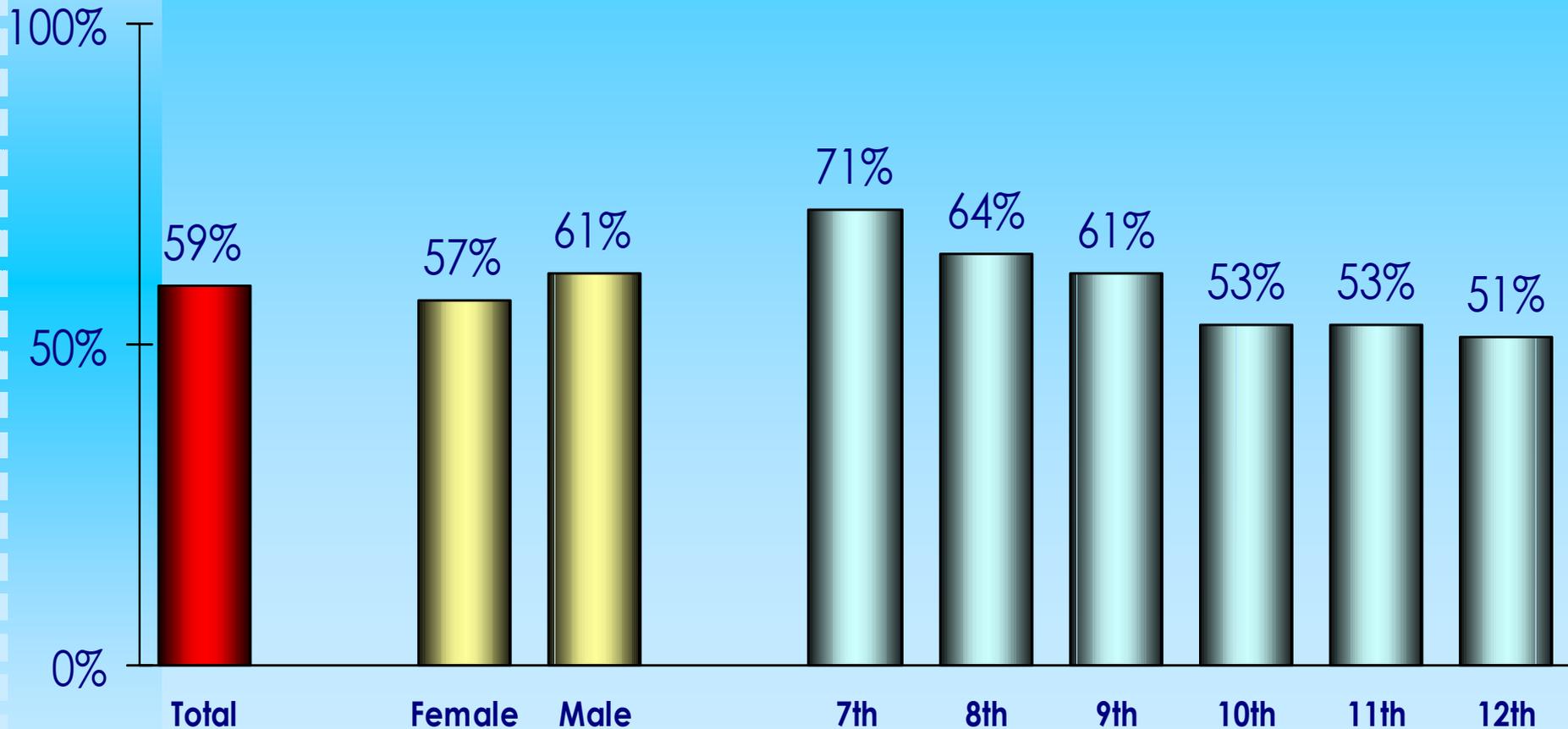
2004 Results

Percentage of students who attended physical education class one or more days during an average school week.



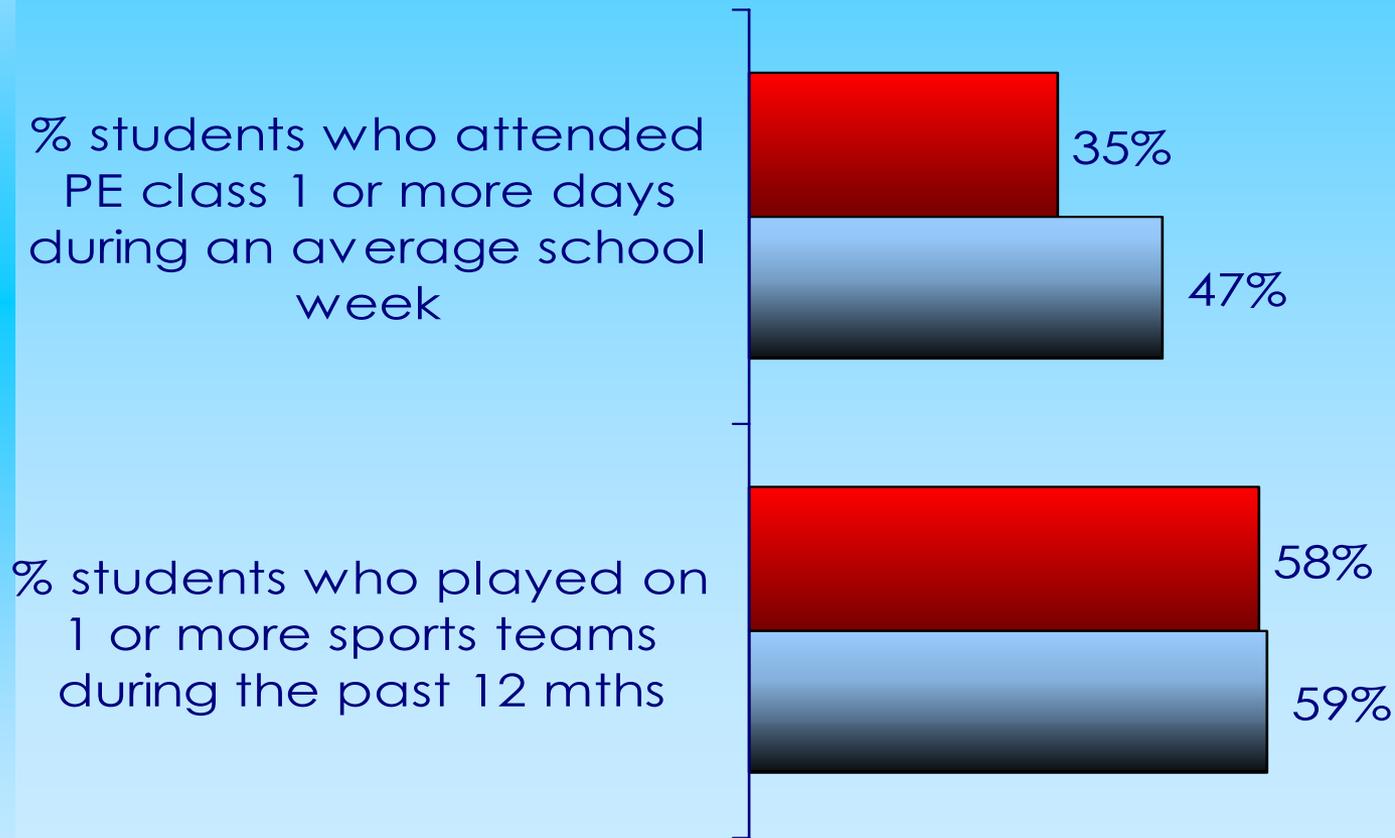
2004 Results

Percentage of students who played on one or more sports teams during the past 12 months.



Exercise

2000/2004 Comparison



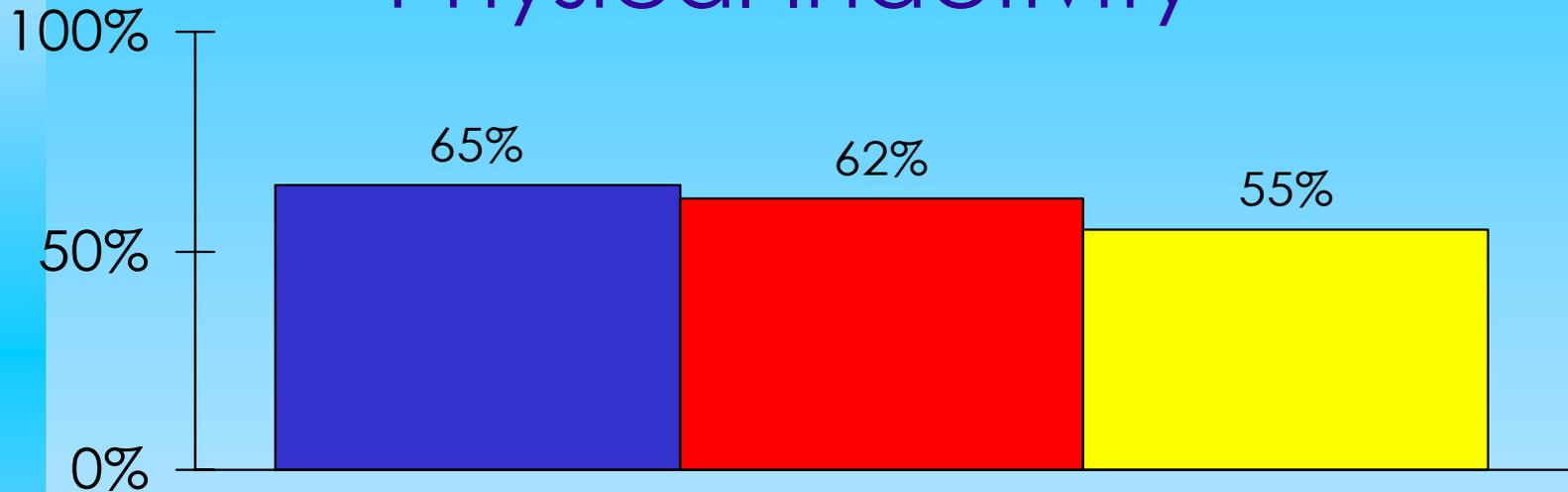
How Does Independence County Compare?

Independence County Youth Health Survey 2000/2004

1. Comparisons to the State & National CYHS

<http://www.cdc.gov/HealthyYouth/yrbs/index.htm>

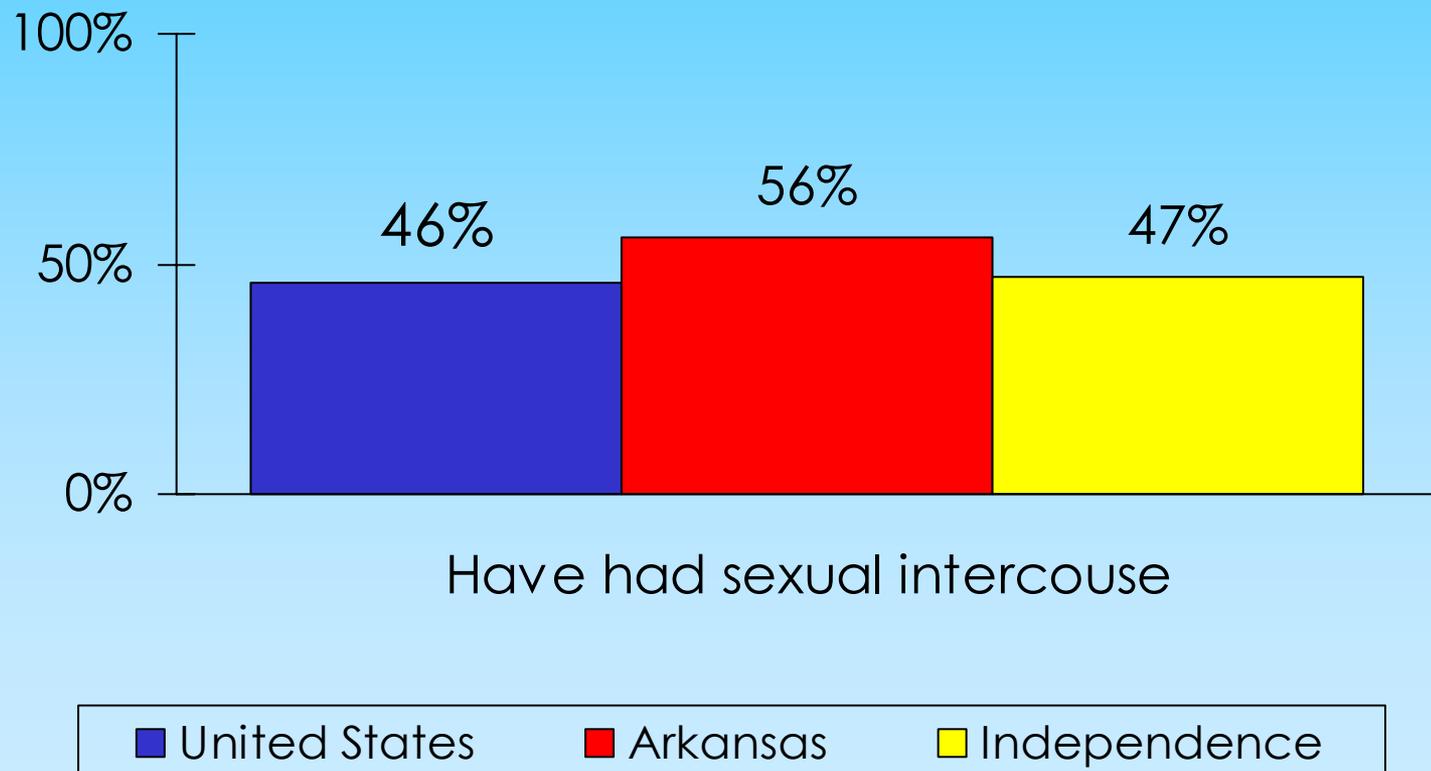
Comparing Independence County, Arkansas, & US--9th to 12th Grades Physical Inactivity



Participated in a physical activity for at least 20 mins that made them sweat and breathe hard on 3 or more of the past 7 days



Comparing Independence County, Arkansas, & US--9th to 12th Grades Sexual Behavior



A Tool for Your Campaign for Healthy Young People

County Youth Health Survey

Independence County Youth Health Survey 2000/2004