

Hempstead COUNTY RESULTS

County

Youth

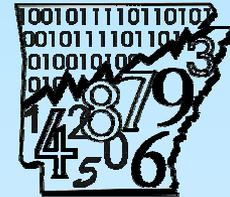
Health

SURVEY



Arkansas
Department
of Health

Arkansas
Center for
Health
Statistics



What Is the County Youth Health Survey?

- The CYHS is an 87 item multiple-choice questionnaire which was developed by the Centers for Disease Control and Prevention to measure behaviors that put health at risk.

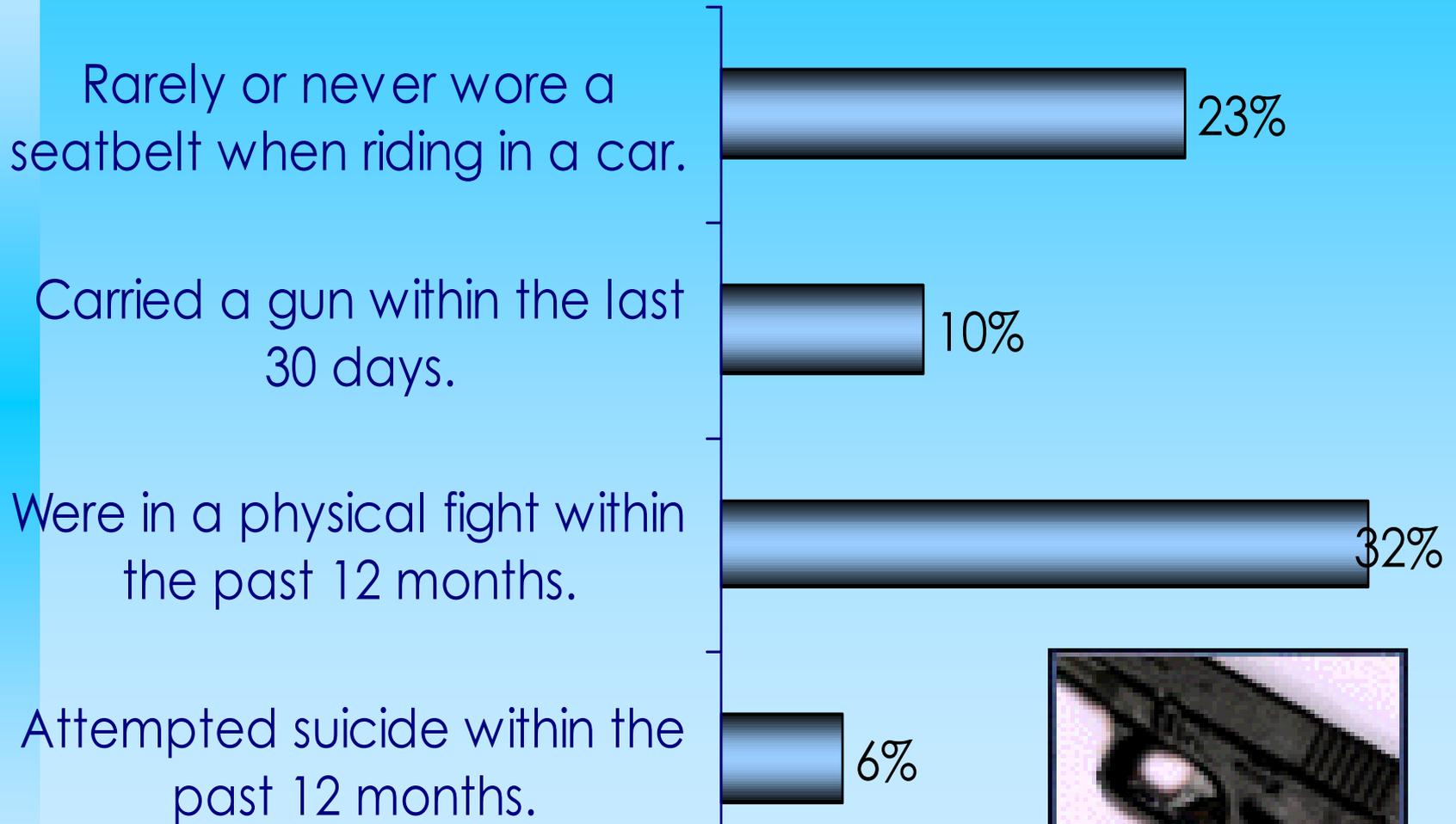


In Hempstead County...

- Survey was administered in December 2003.
- A total of **976** students in 7th through 12th grade completed valid surveys for a response rate of approximately 70%.
- The survey was representative of the 7th –12th grade school population.

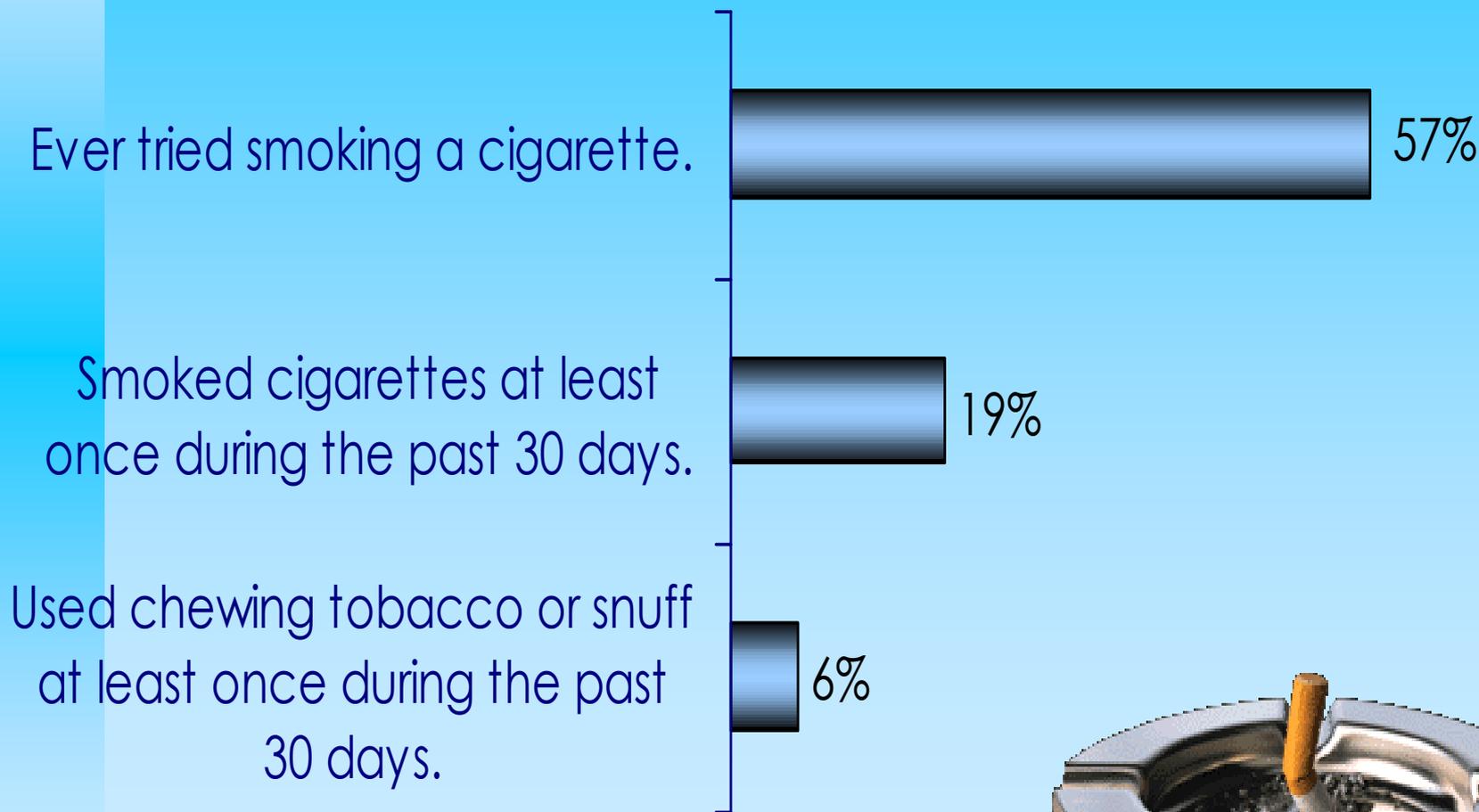
Summary of Hempstead County CYHS Findings

Physical Safety/Injuries



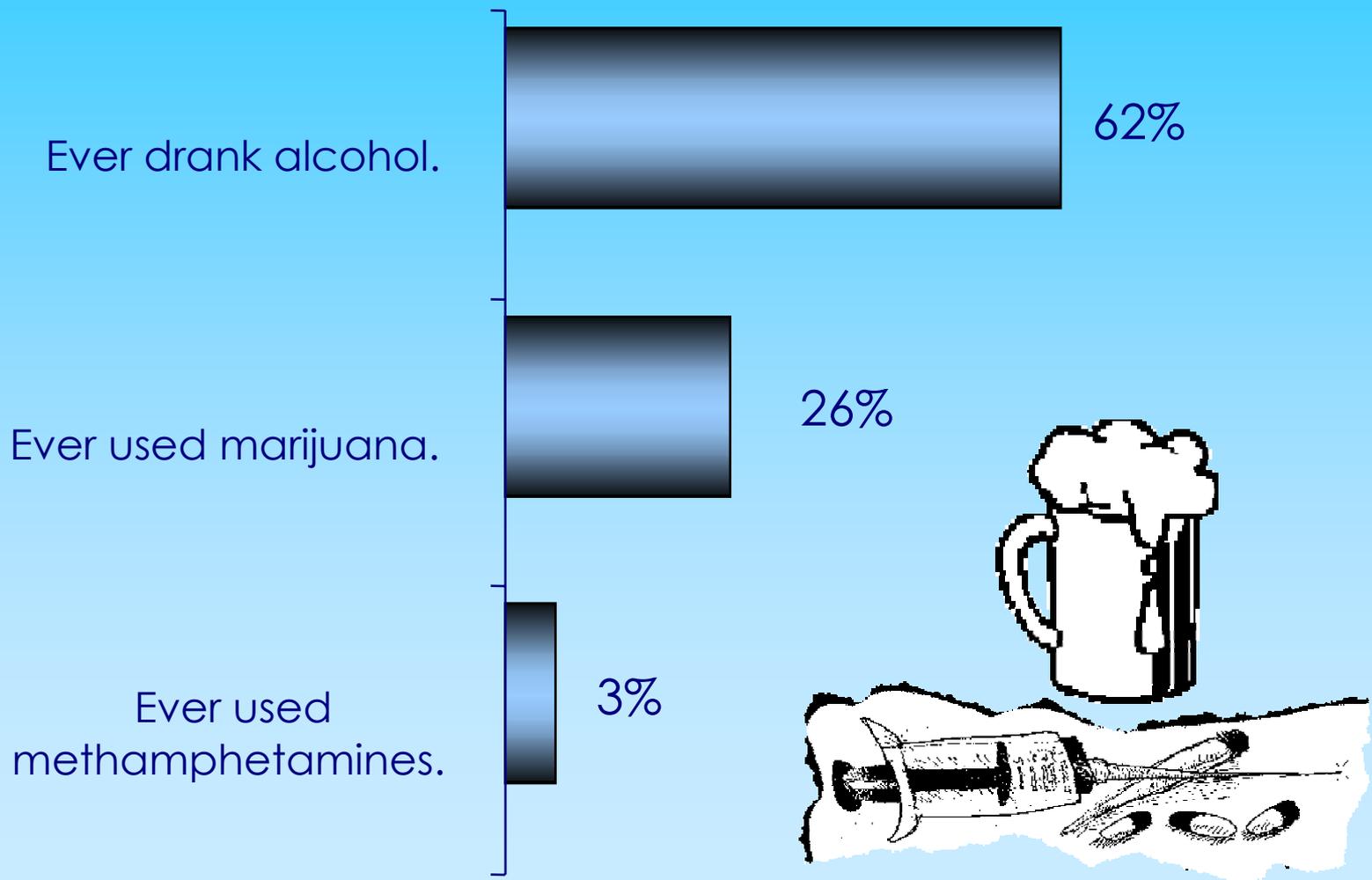
Summary of Hempstead County CYHS Findings

Tobacco



Summary of Hempstead County CYHS Findings

Alcohol & Other Drugs



Summary of Hempstead County CYHS Findings

Sexual Behavior

Ever had
sexual
intercourse.

48%

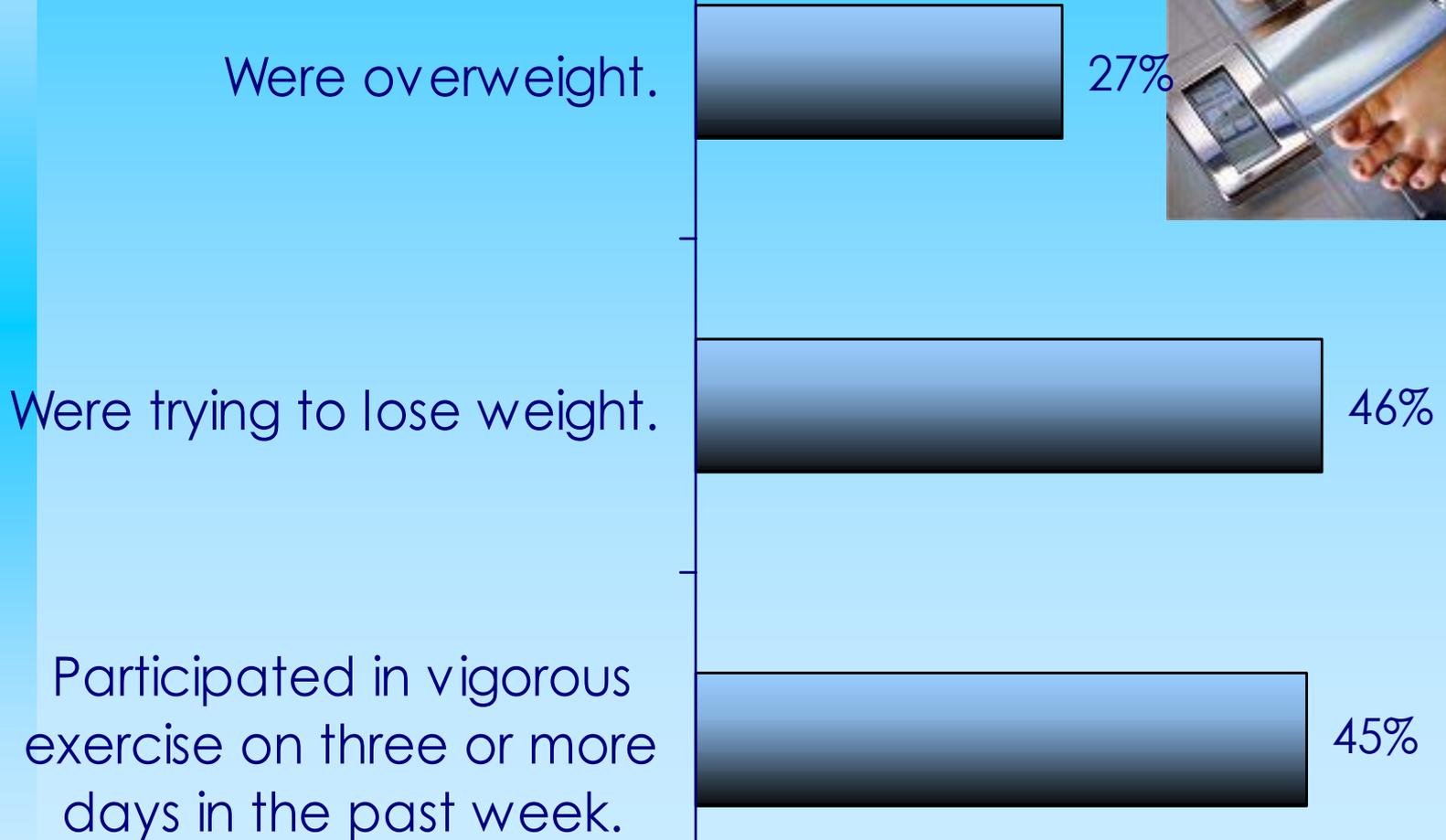
Used a
condom the
last time
they had
sexual
intercourse.

71%



Summary of Hempstead County CYHS Findings

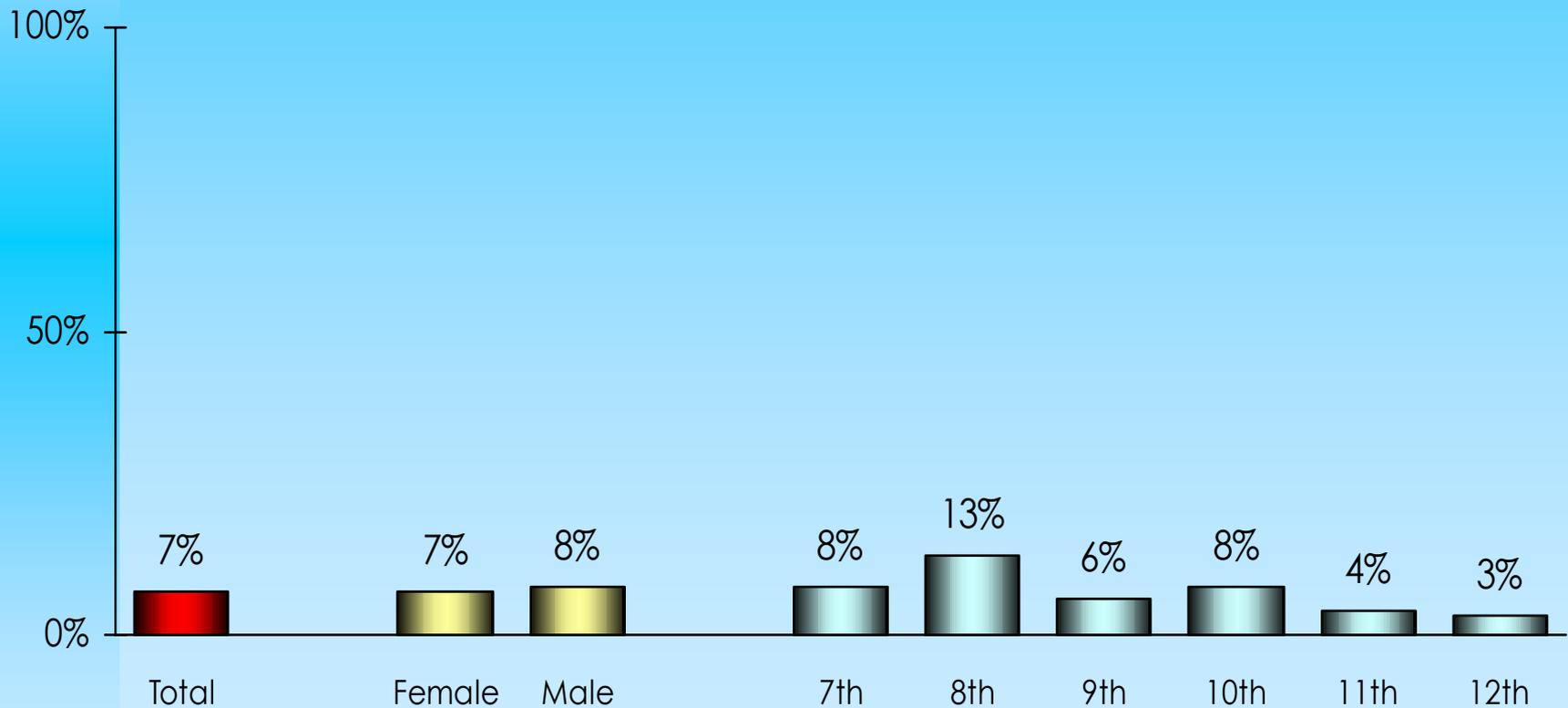
Diet & Exercise



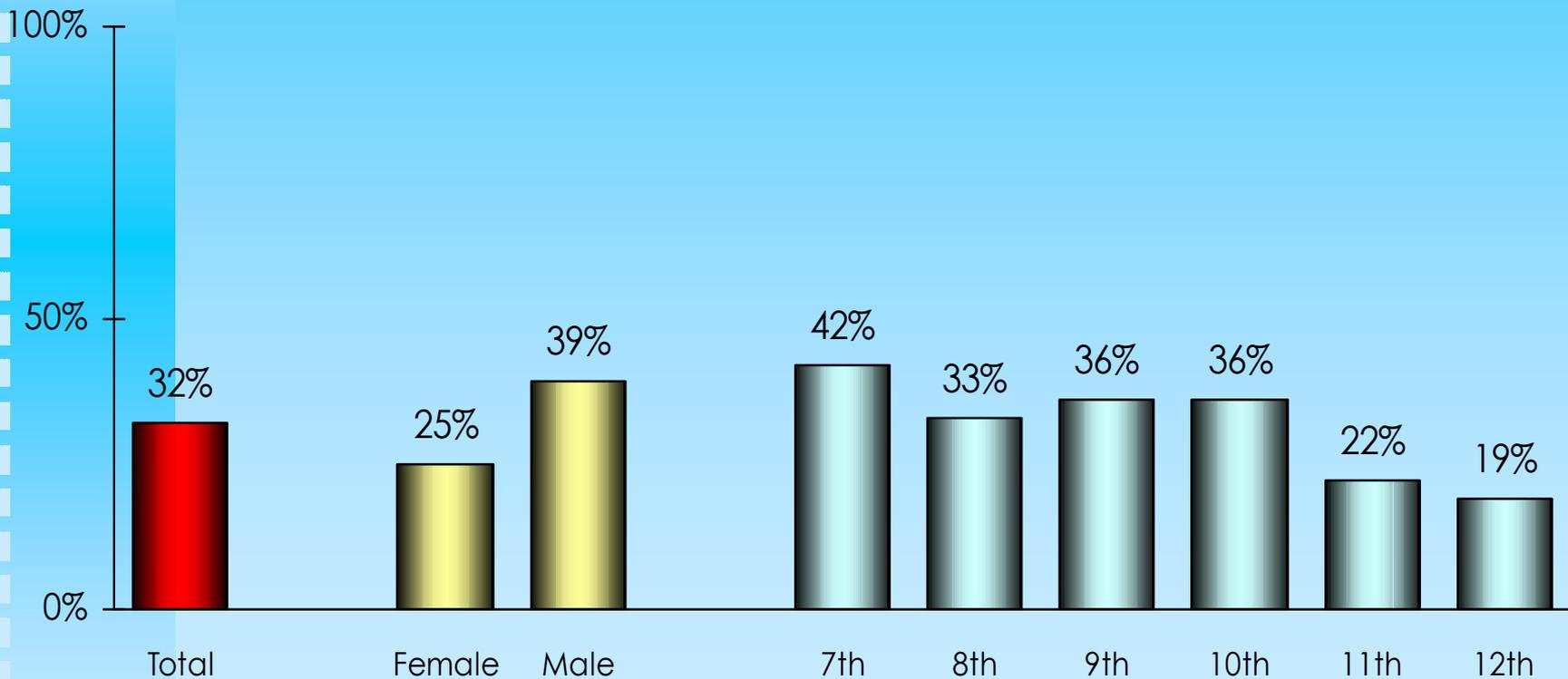
Detailed Findings-Violence



Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.



Percentage of students who were in a physical fight one or more times during the past 12 months.

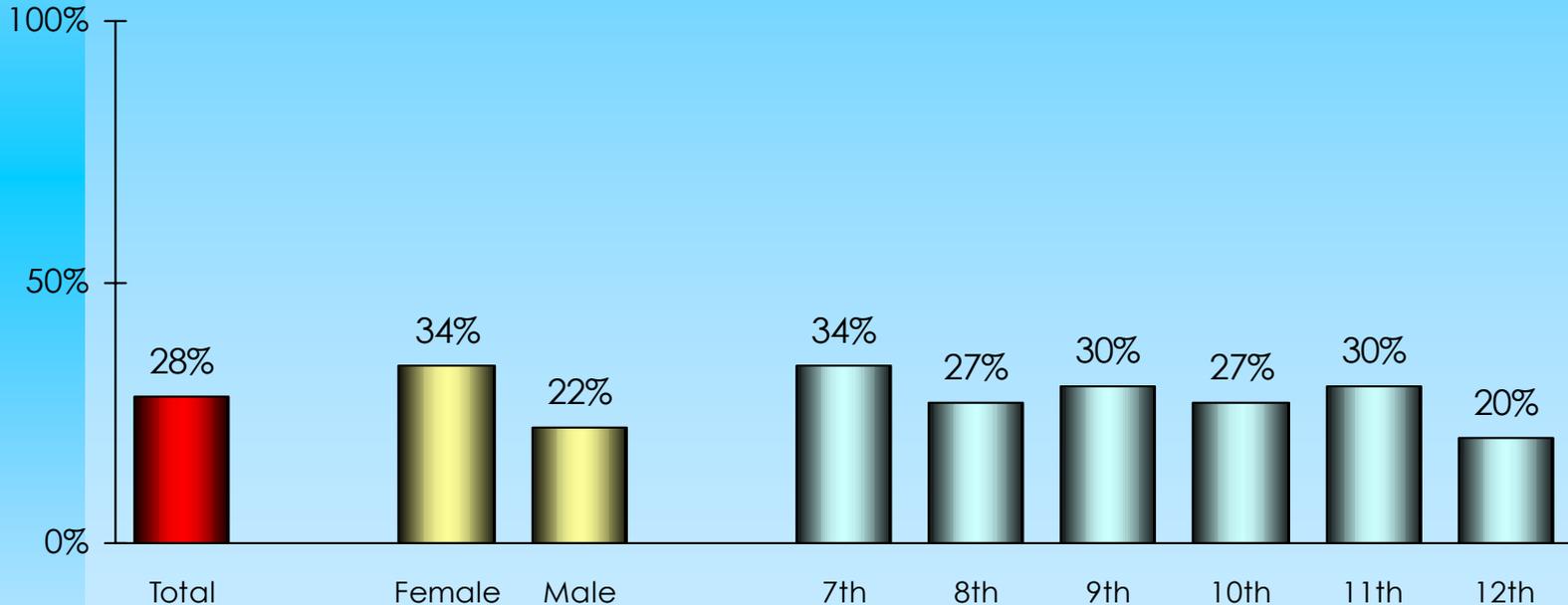




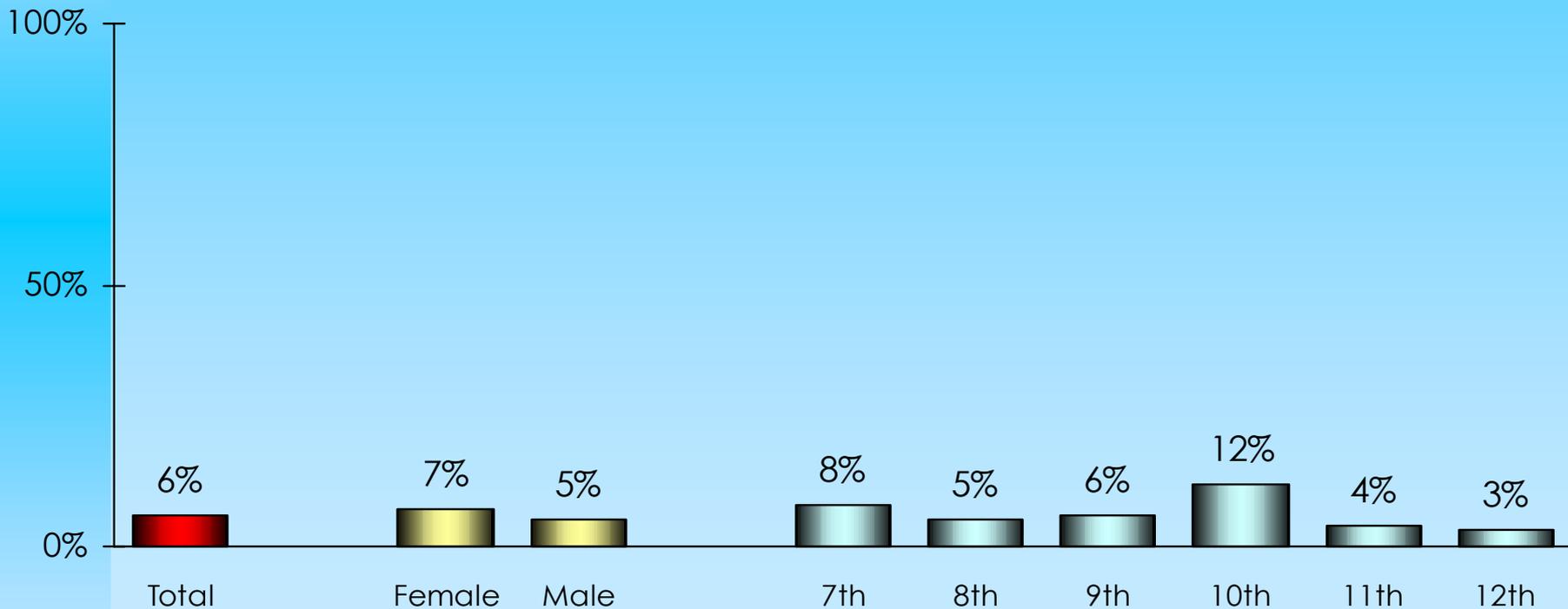
Detailed Findings- Depression & Suicide



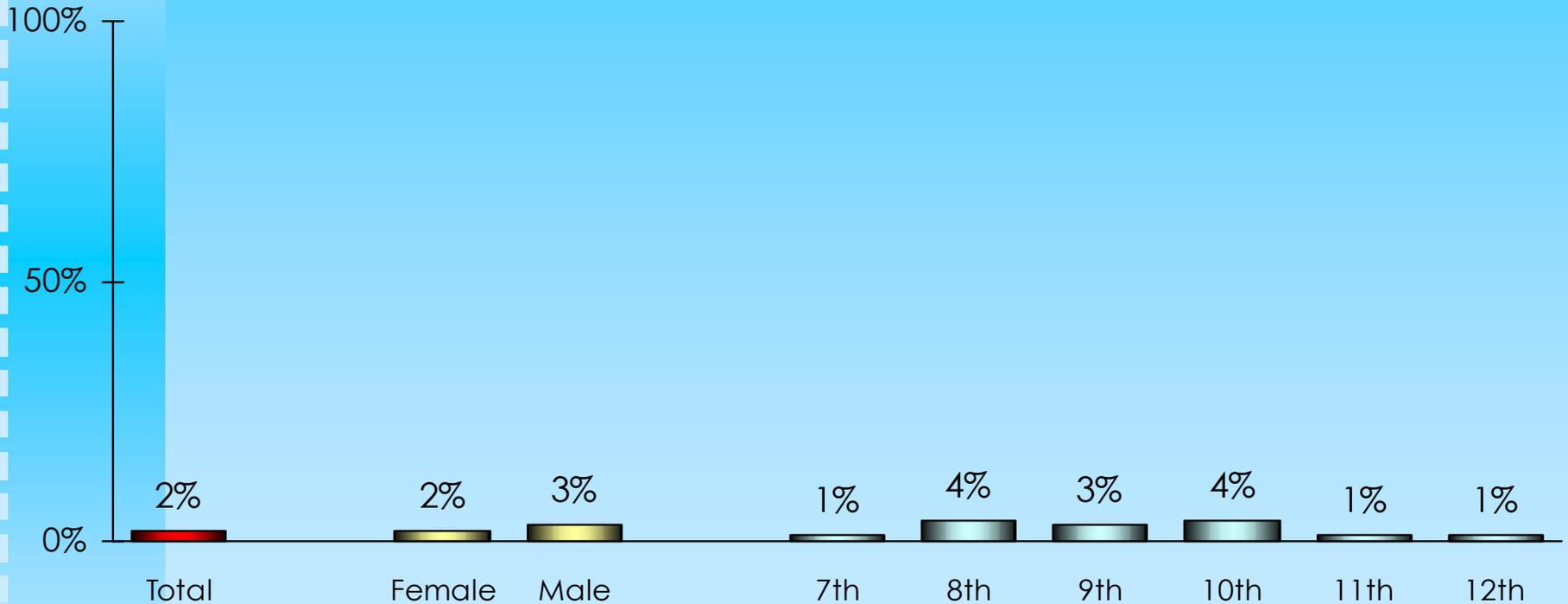
Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.



Percentage of students who actually attempted suicide one or more times during the past 12 months.



Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

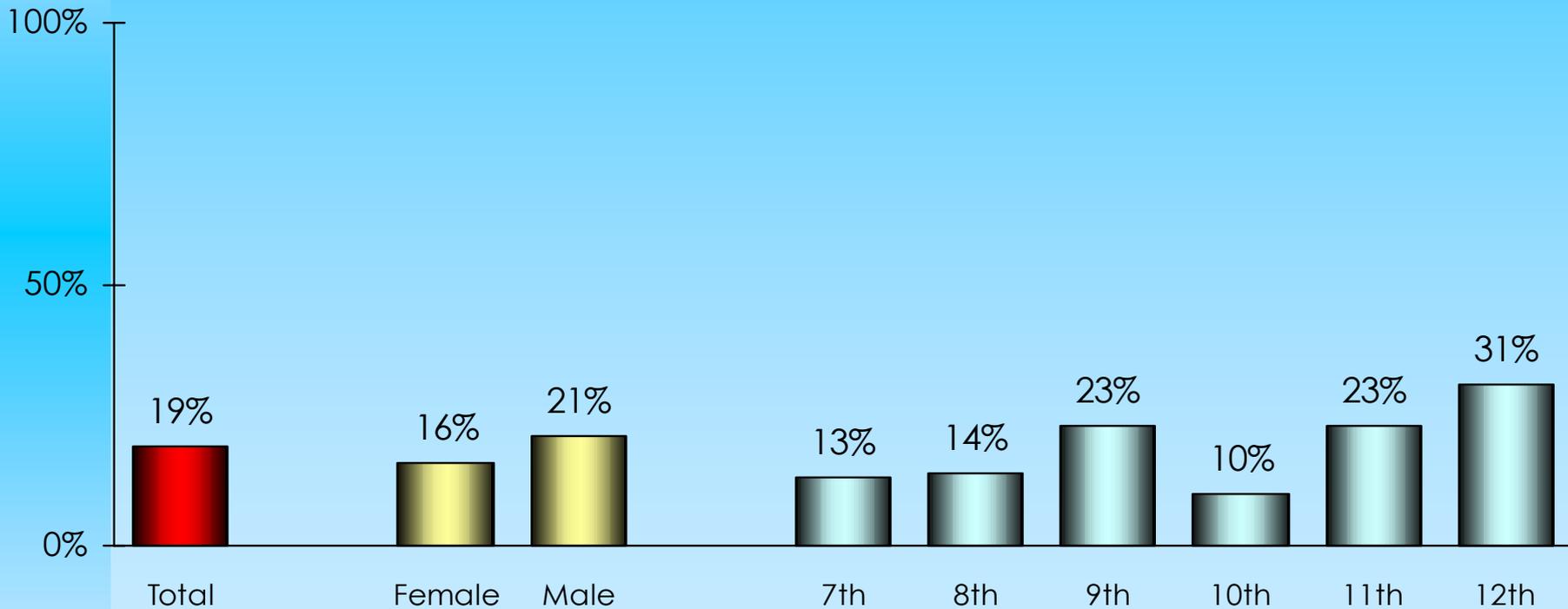




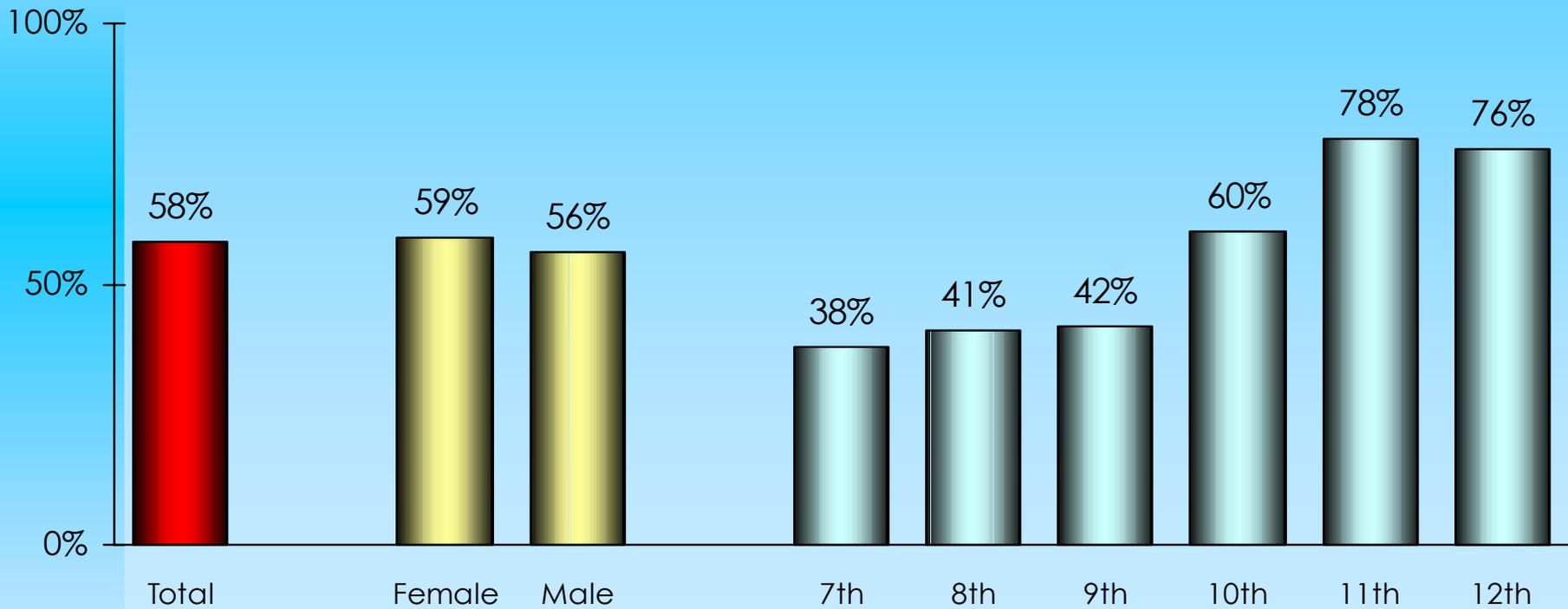
Detailed Findings-Tobacco



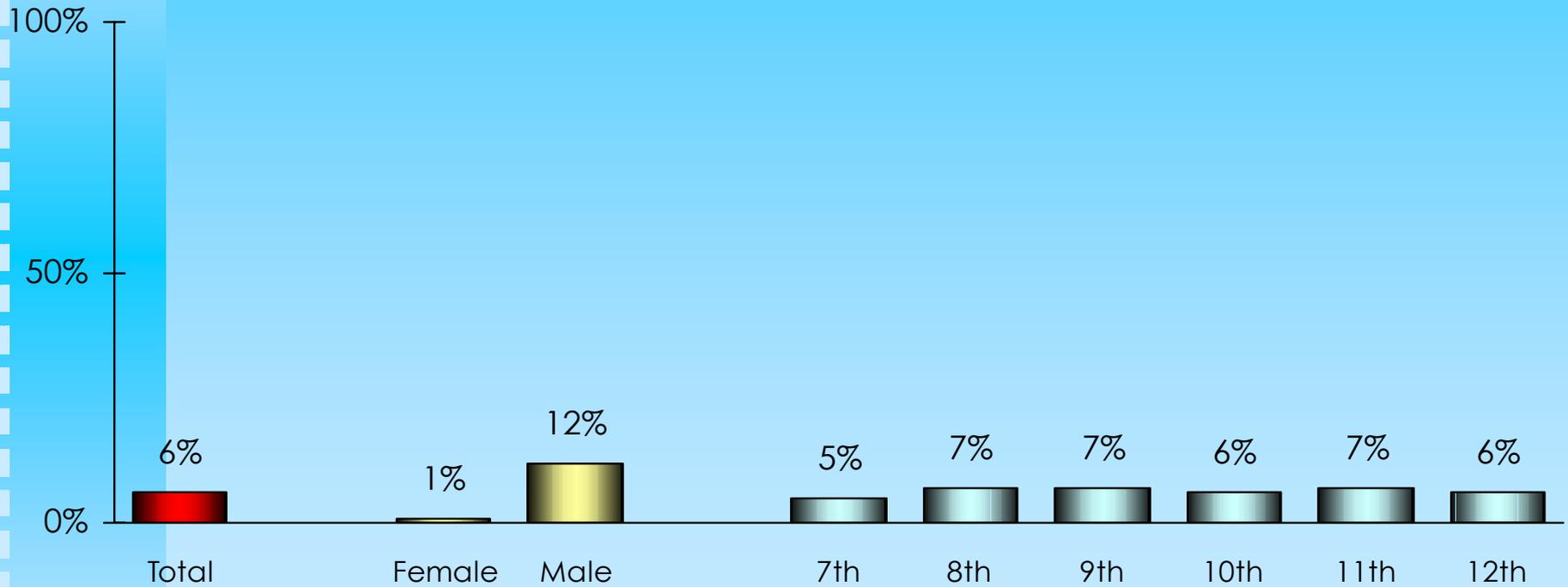
Percentage of students who smoked cigarettes on one or more of the past 30 days.

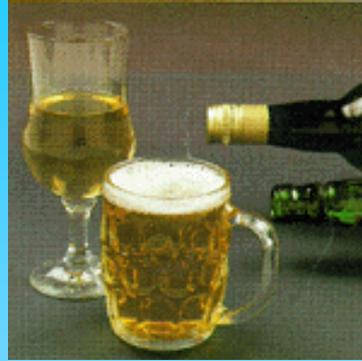


Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.

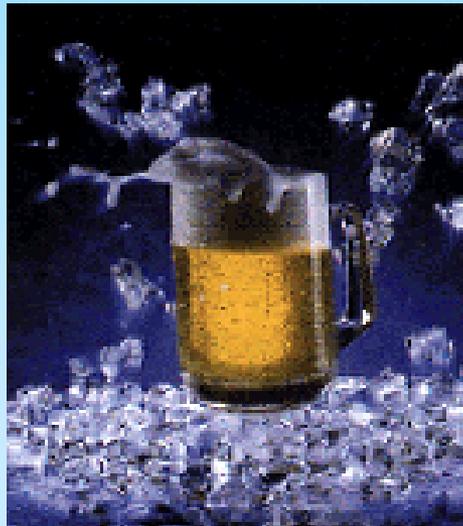


Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.

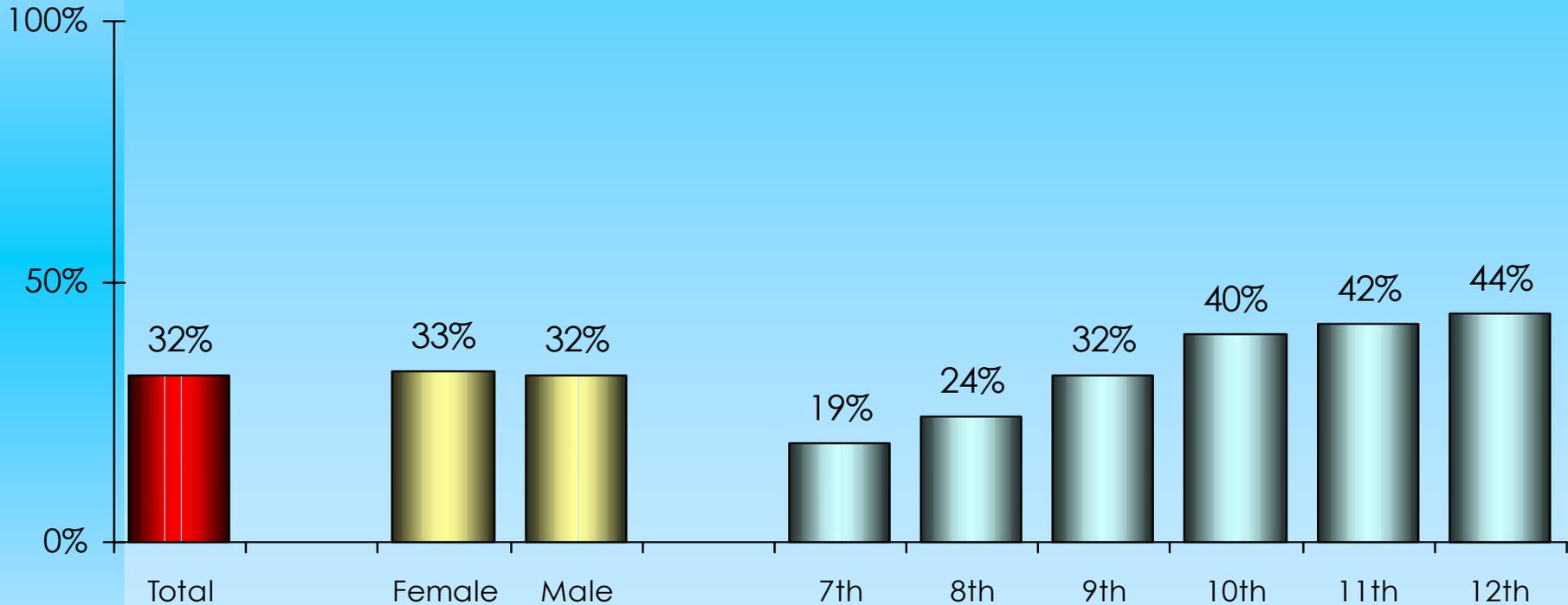




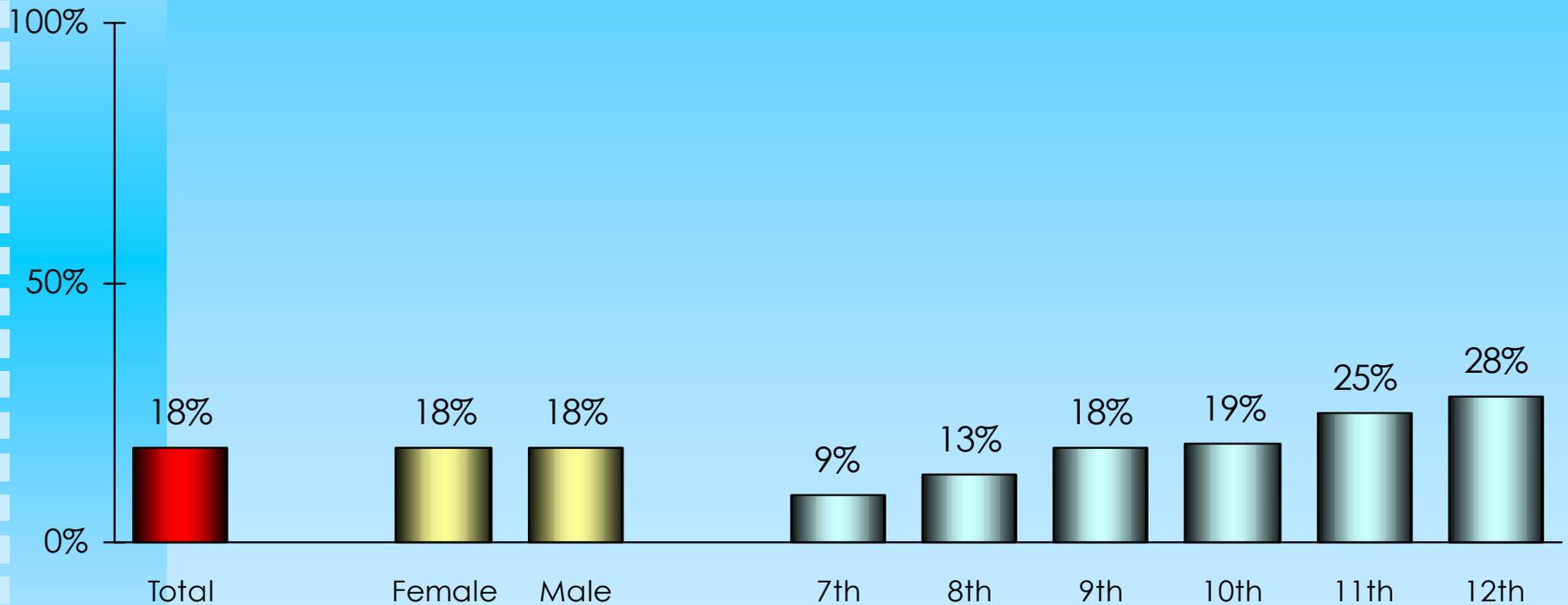
Detailed Findings-Alcohol



Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

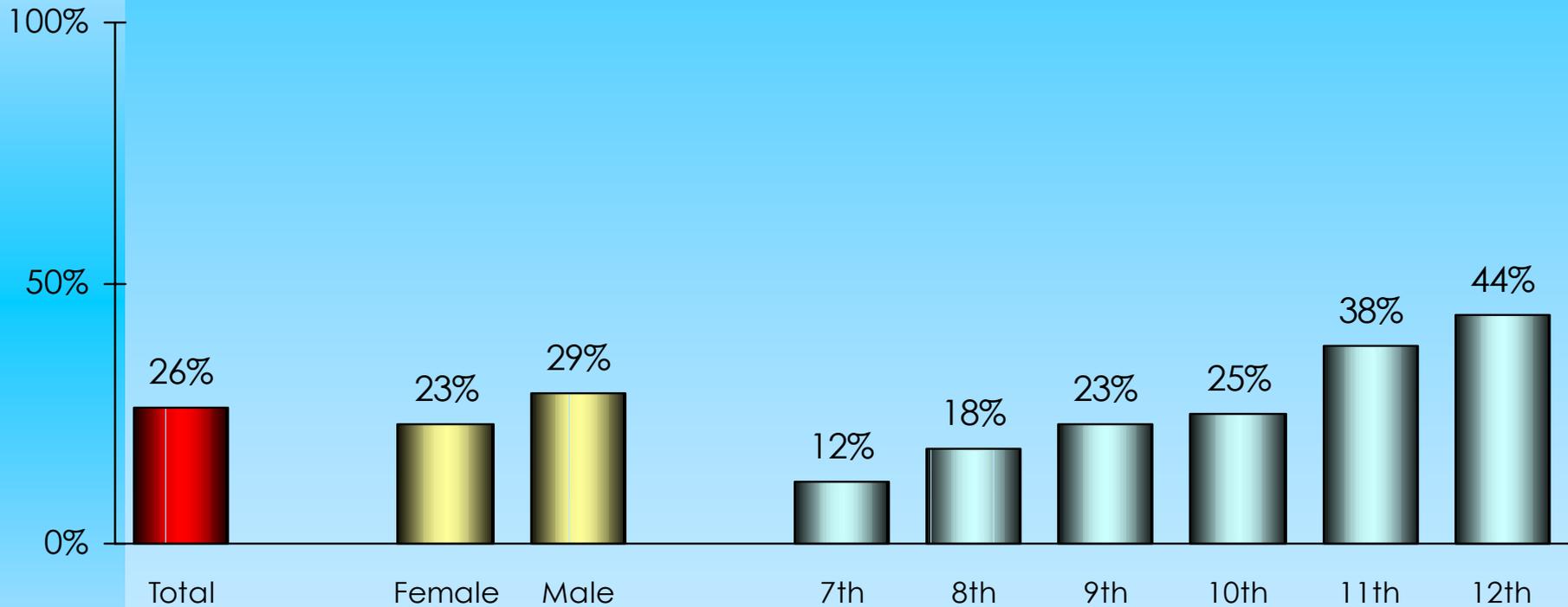




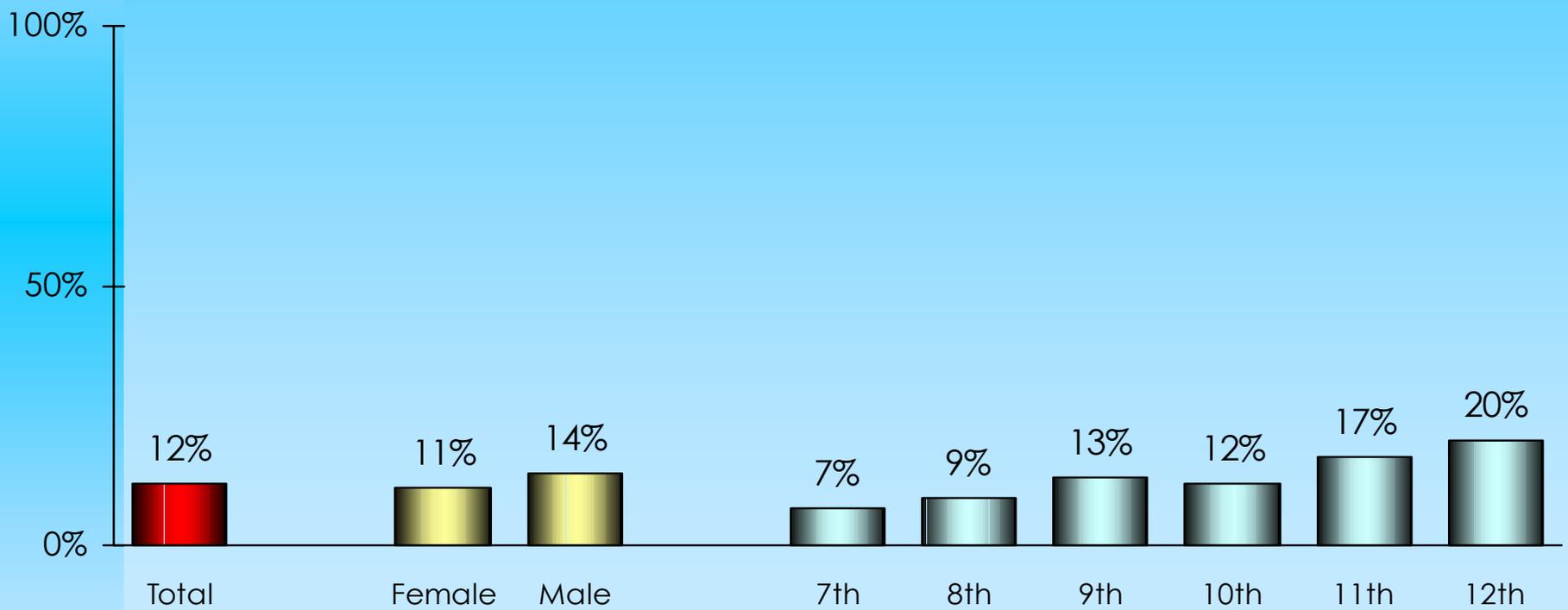
Detailed Findings-Illicit Drugs



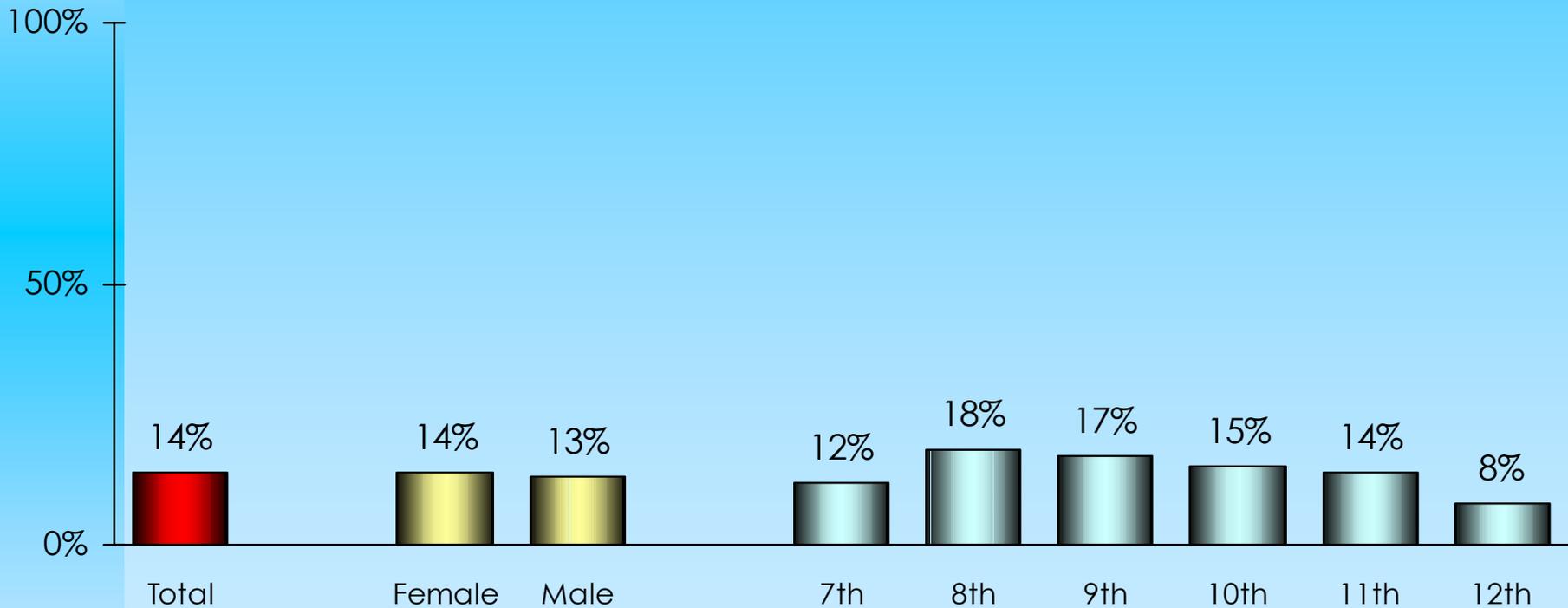
Percentage of students who used marijuana one or more times during their life.



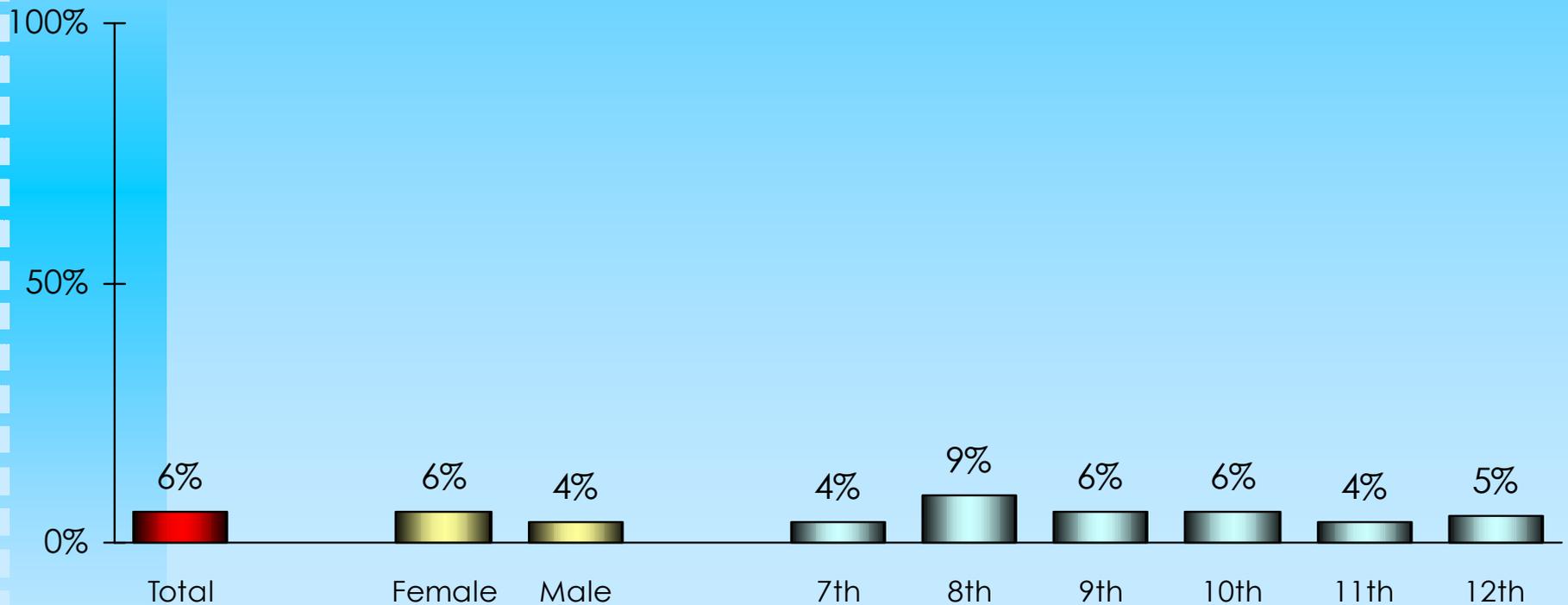
Percentage of students who used marijuana one or more times during the past 30 days.



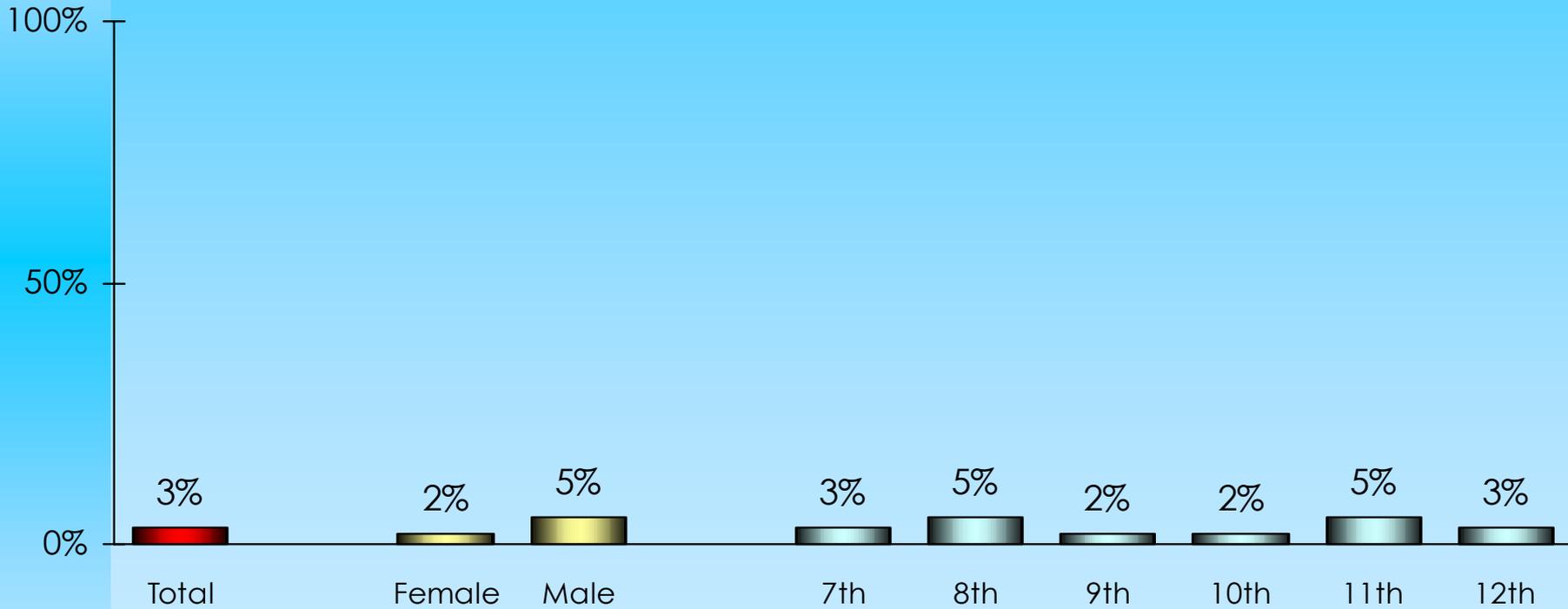
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.



Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

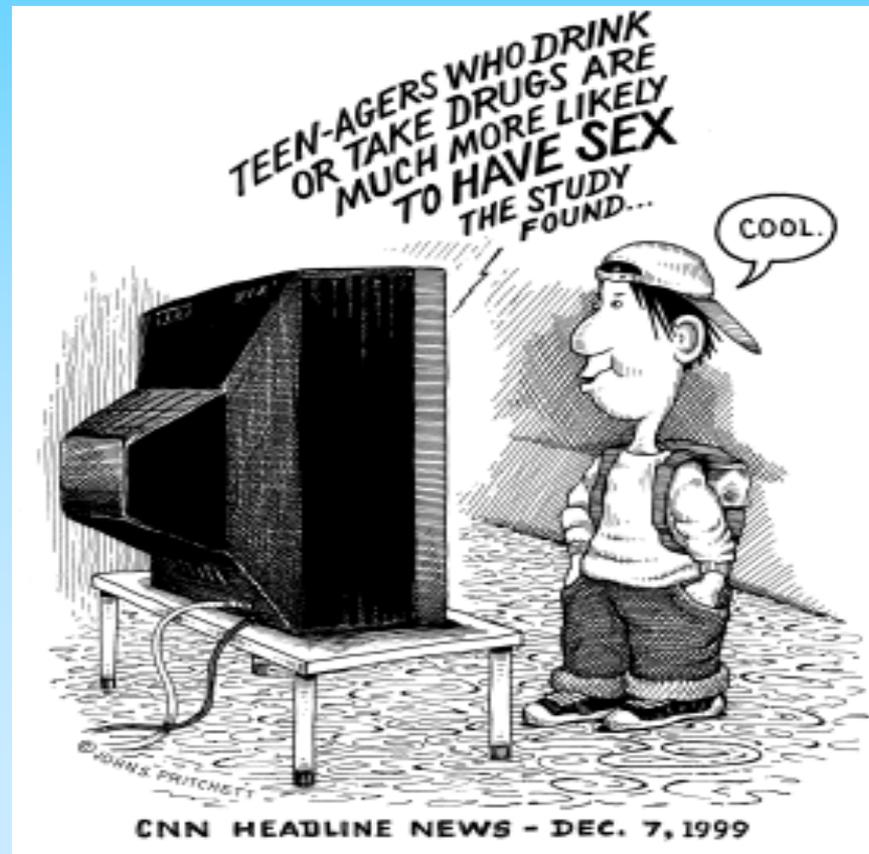


Percentage of students who used methamphetamines one or more times during their life.

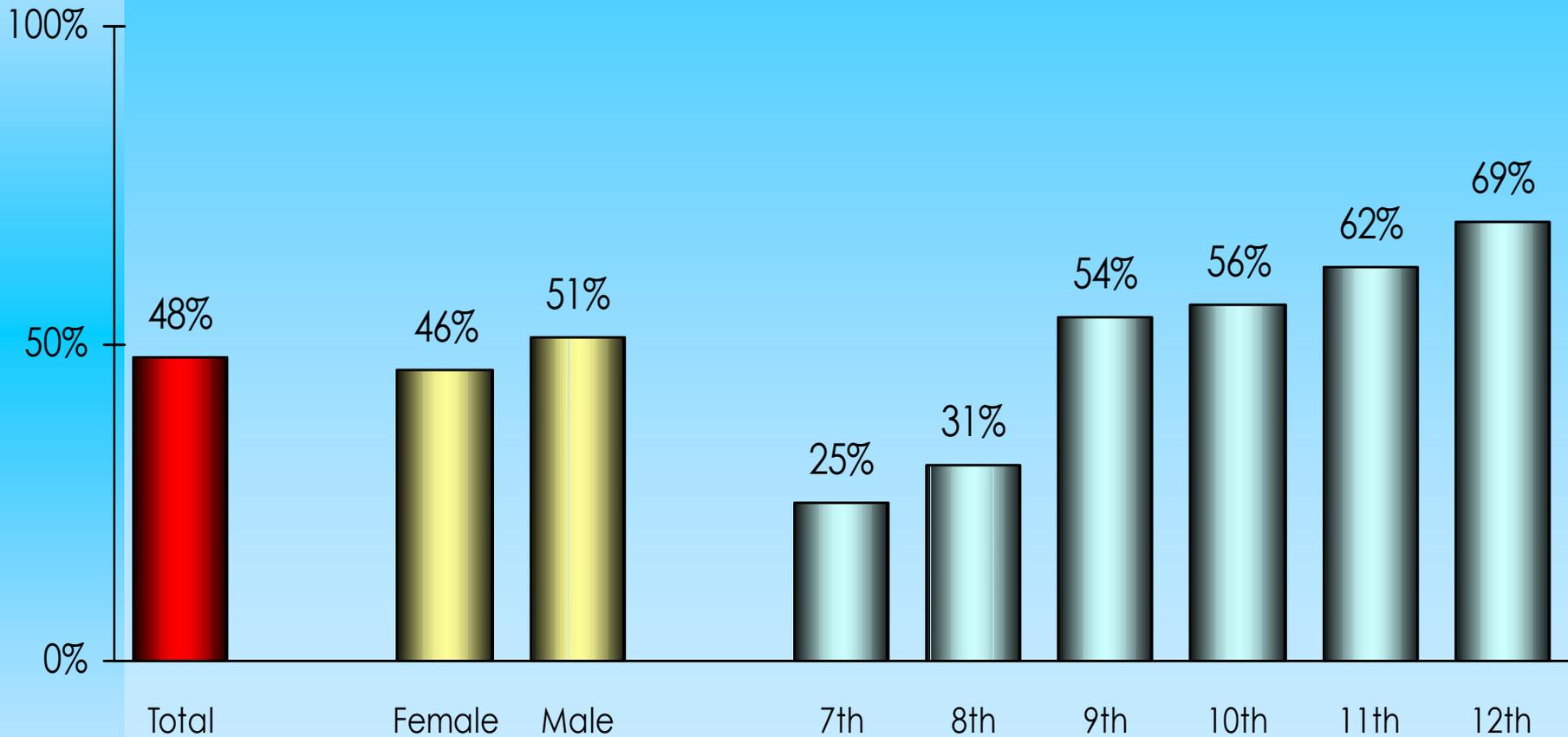




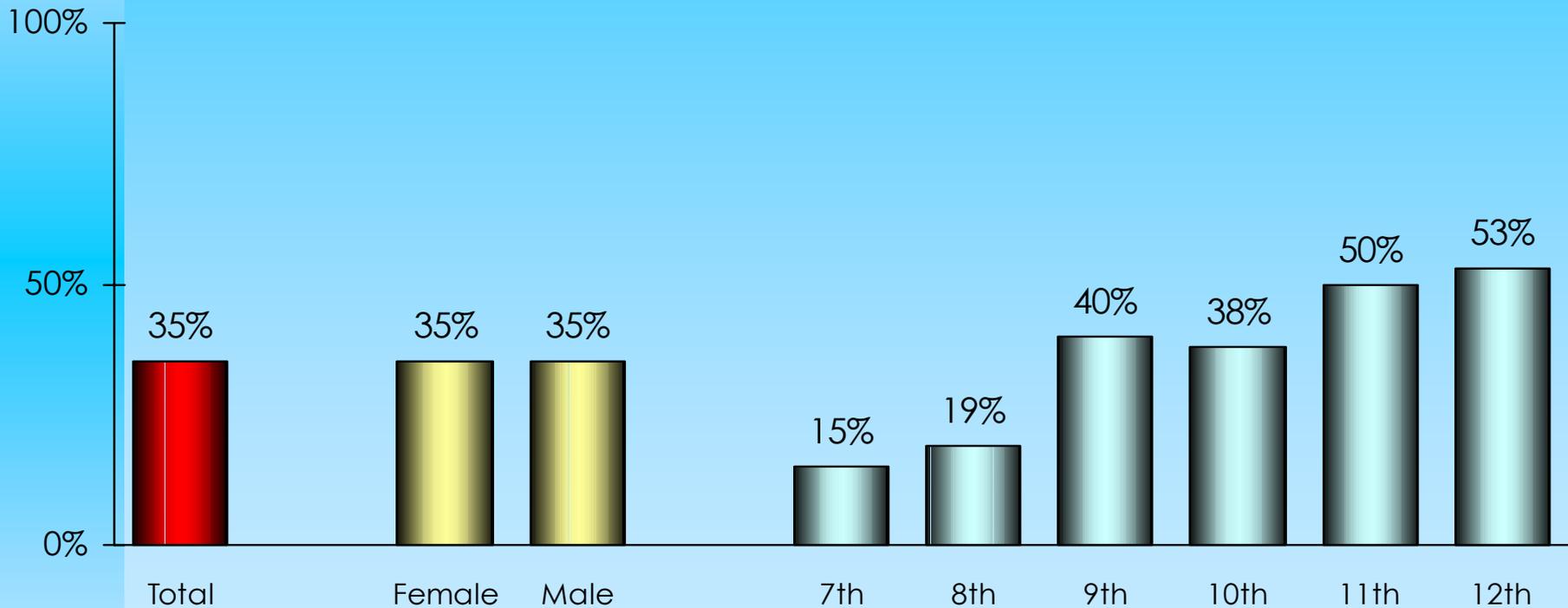
Detailed Findings- Sexual Behavior



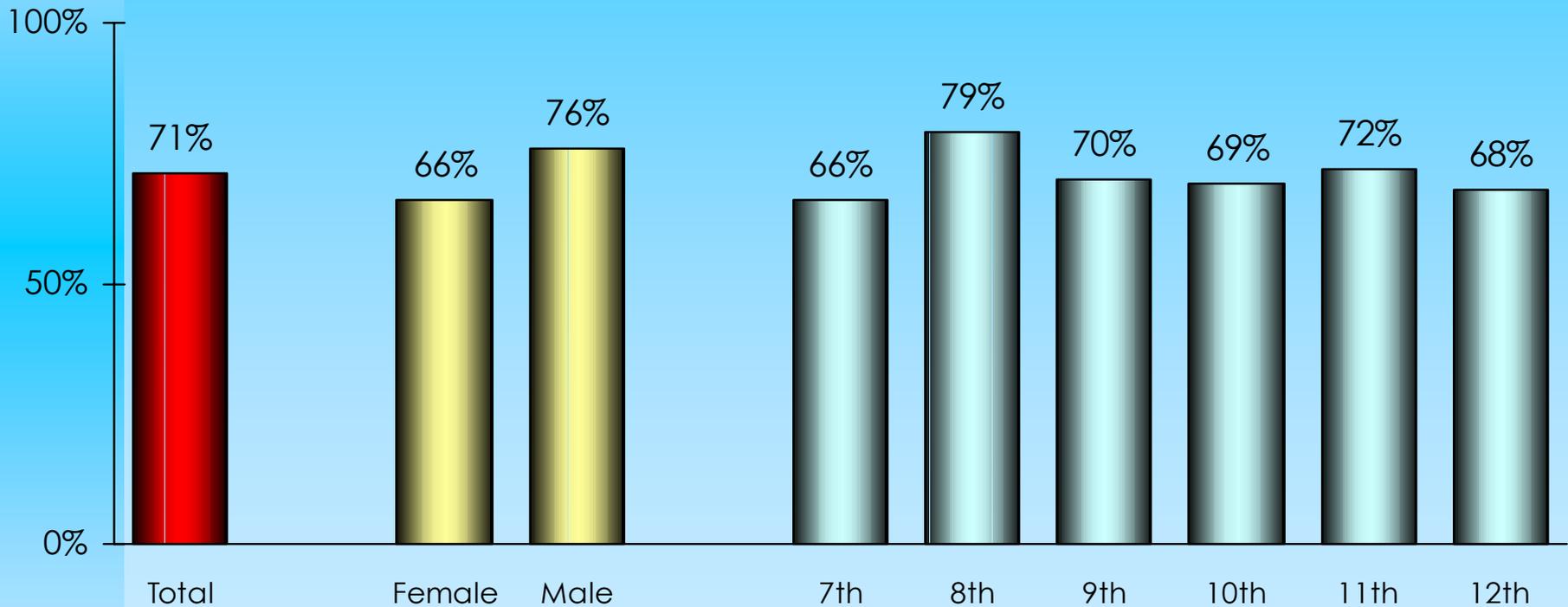
Percentage of students who have had sexual intercourse.



Percentage of students who had sexual intercourse during the past three months.



Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.

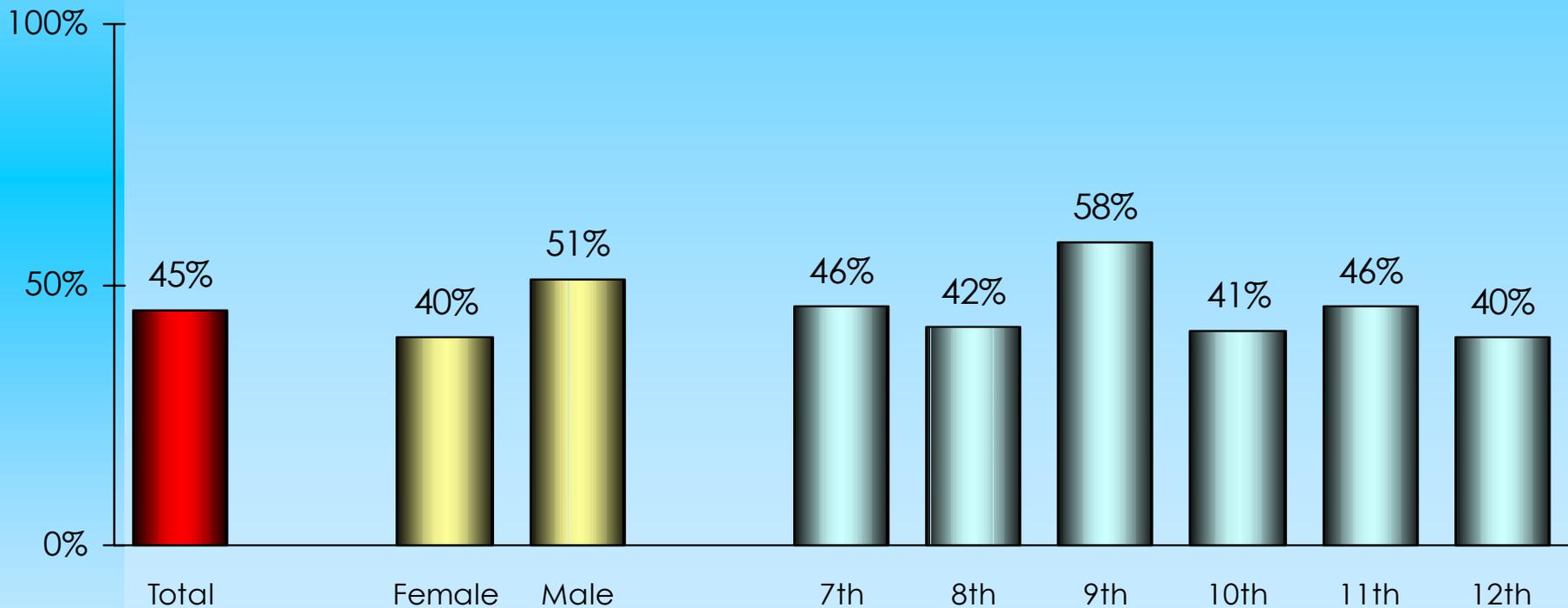




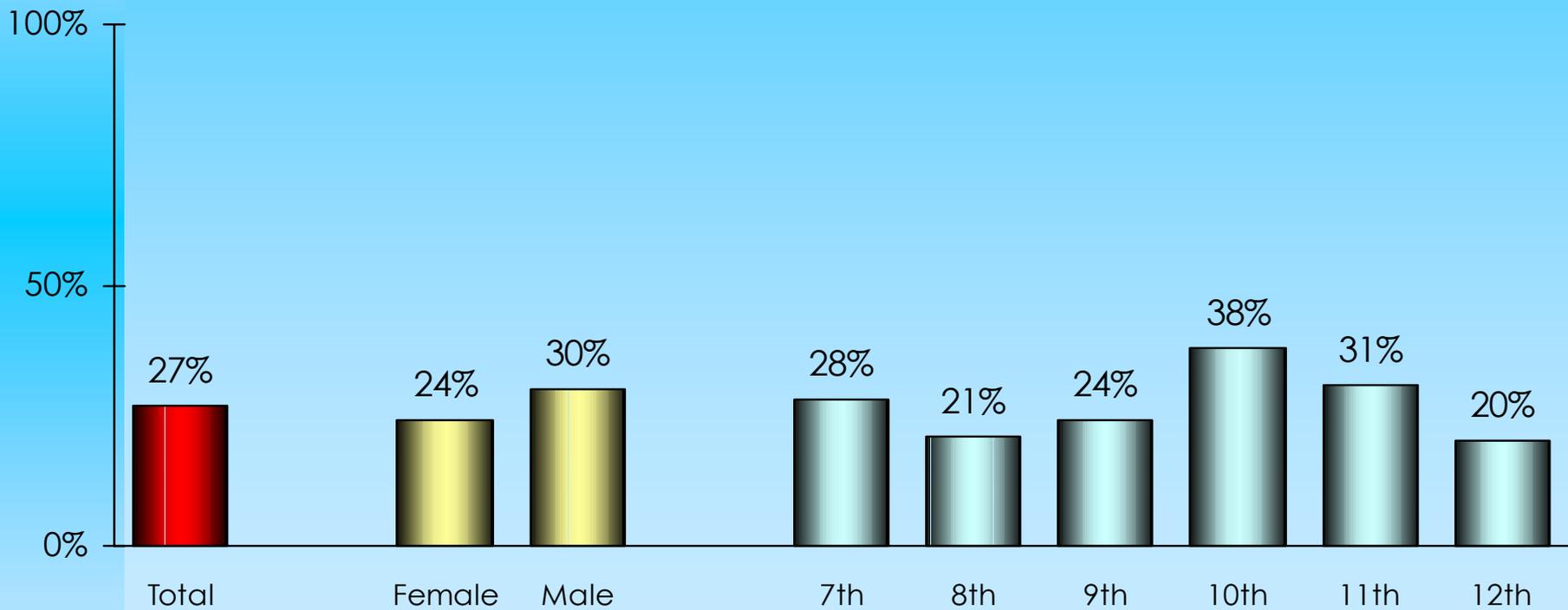
Detailed Findings- Weight, Diet & Exercise



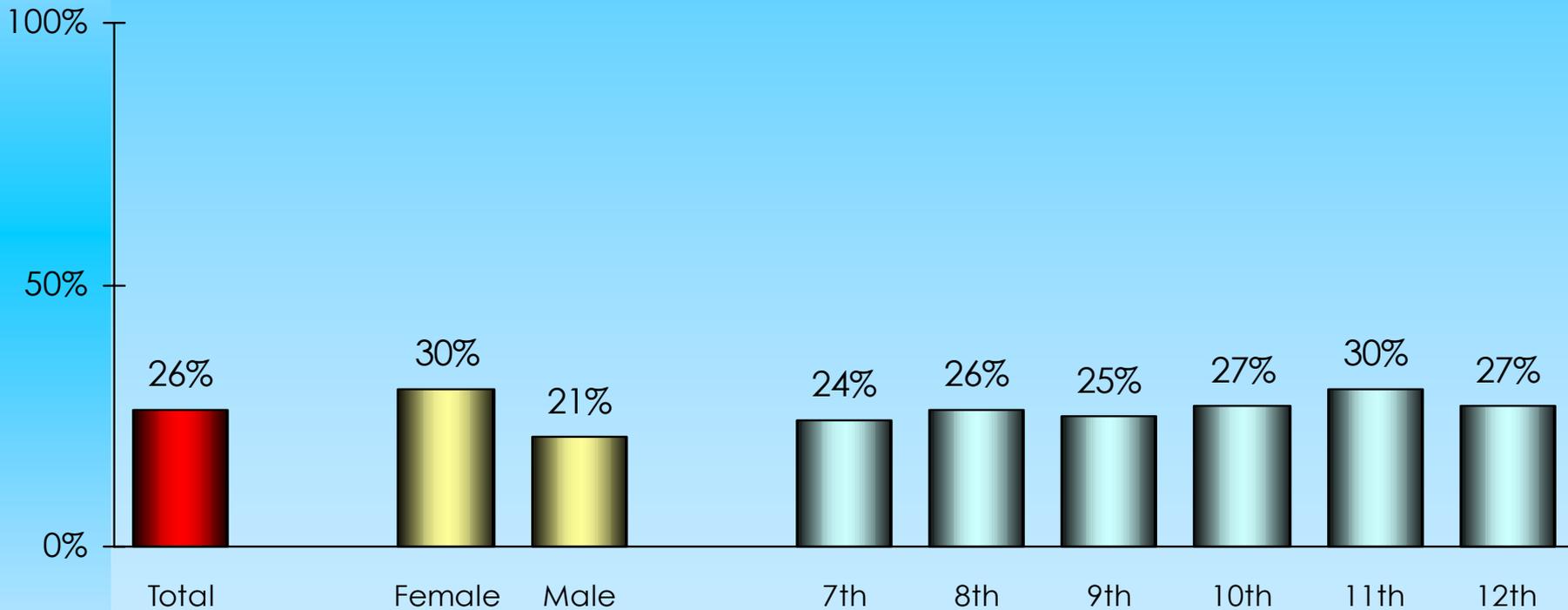
Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.



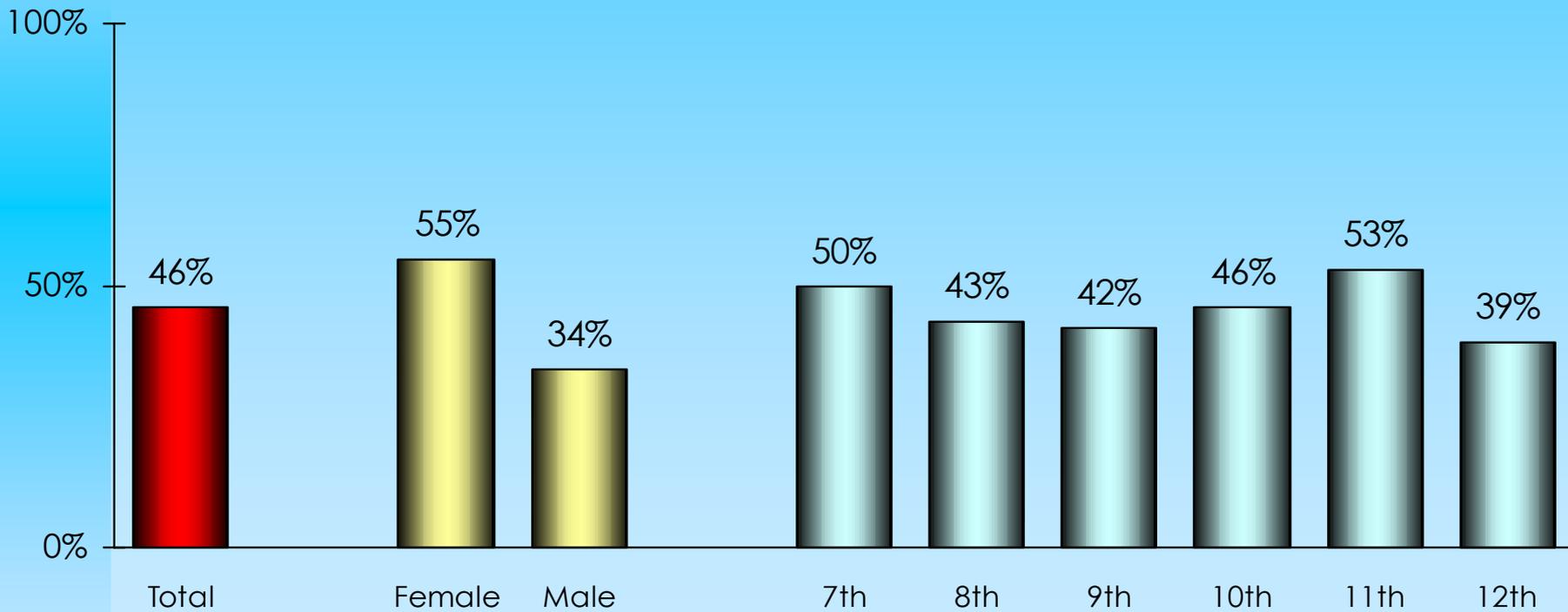
Percentage of students who are overweight, as calculated by Body Mass Index.



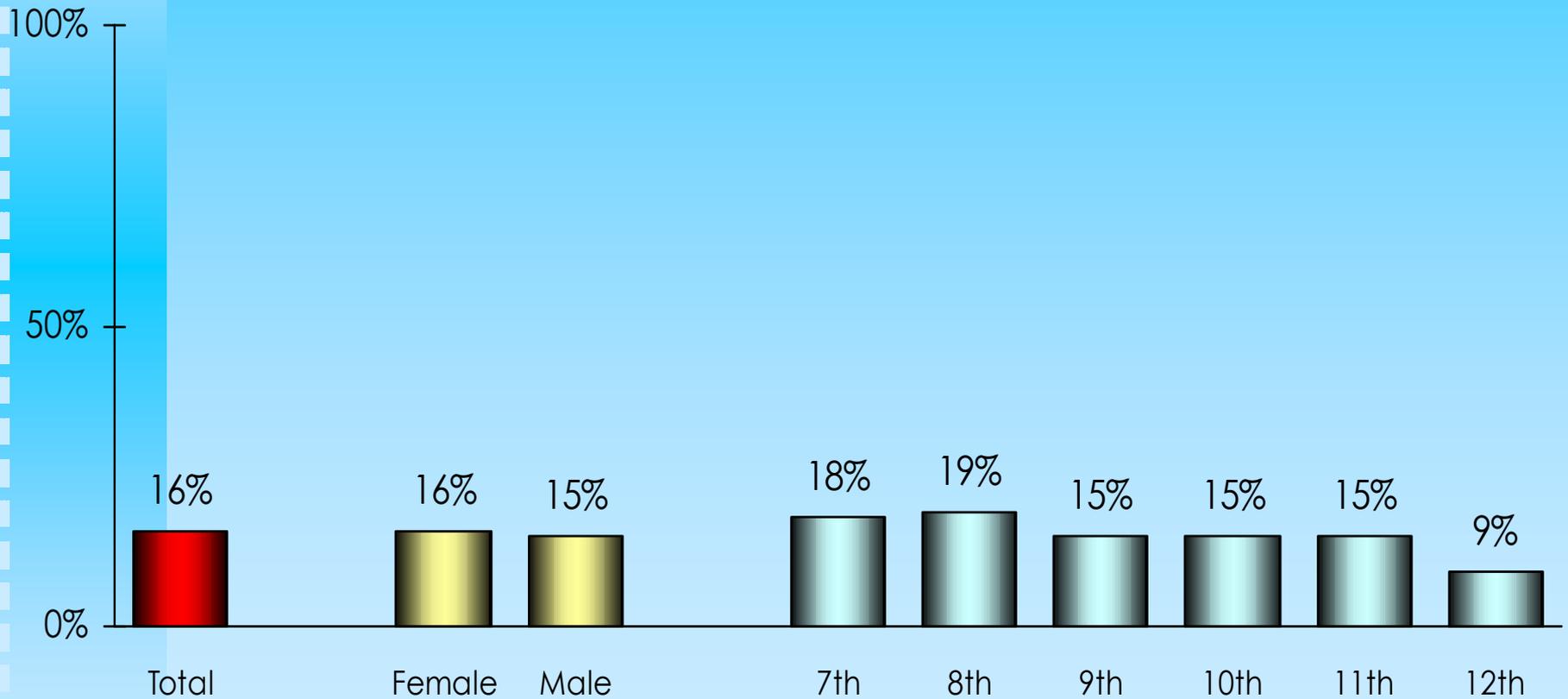
Percentage of students who describe themselves as slightly or very overweight.



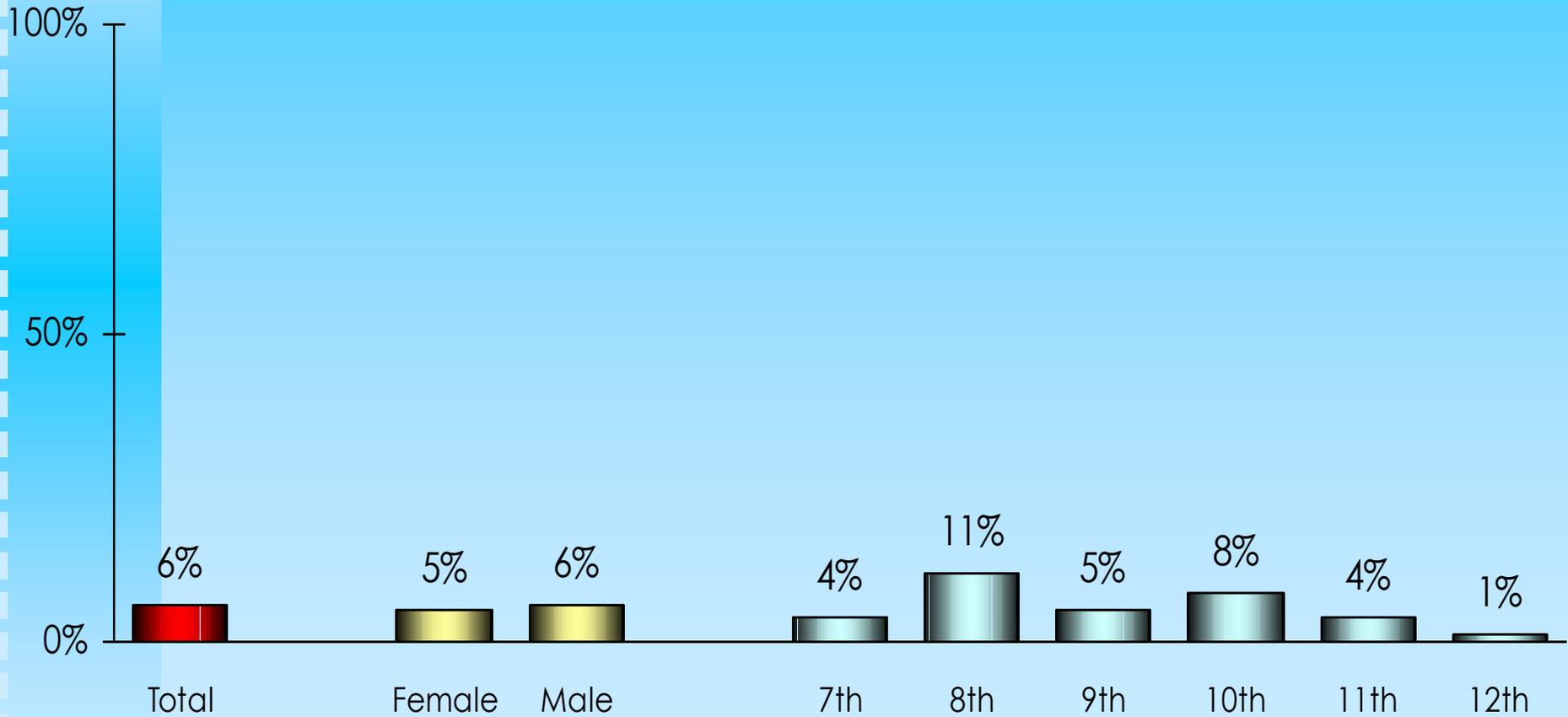
Percentage of students who were trying to lose weight.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

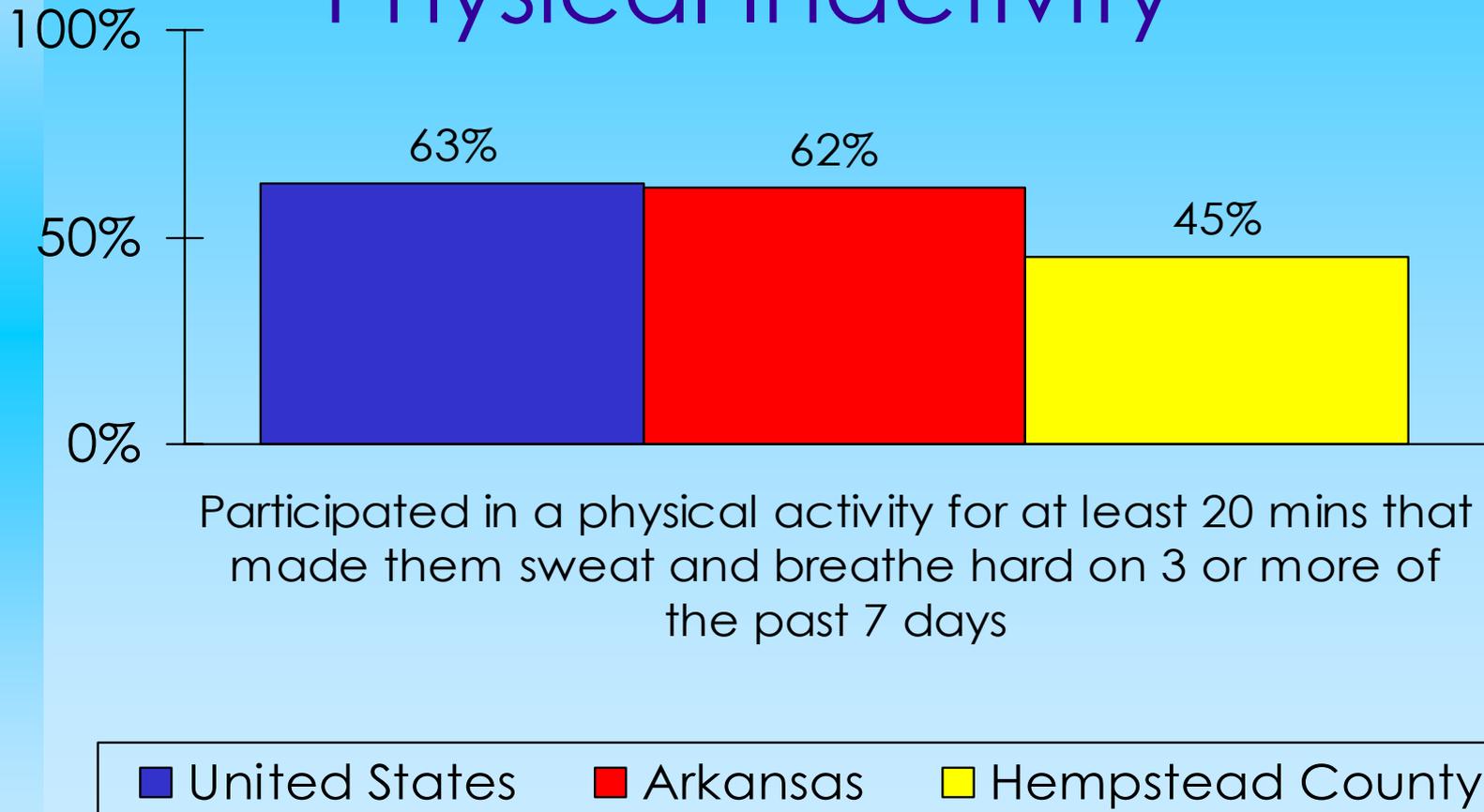


How Does Hempstead County Compare?

1. Comparisons to the State & National CYHS

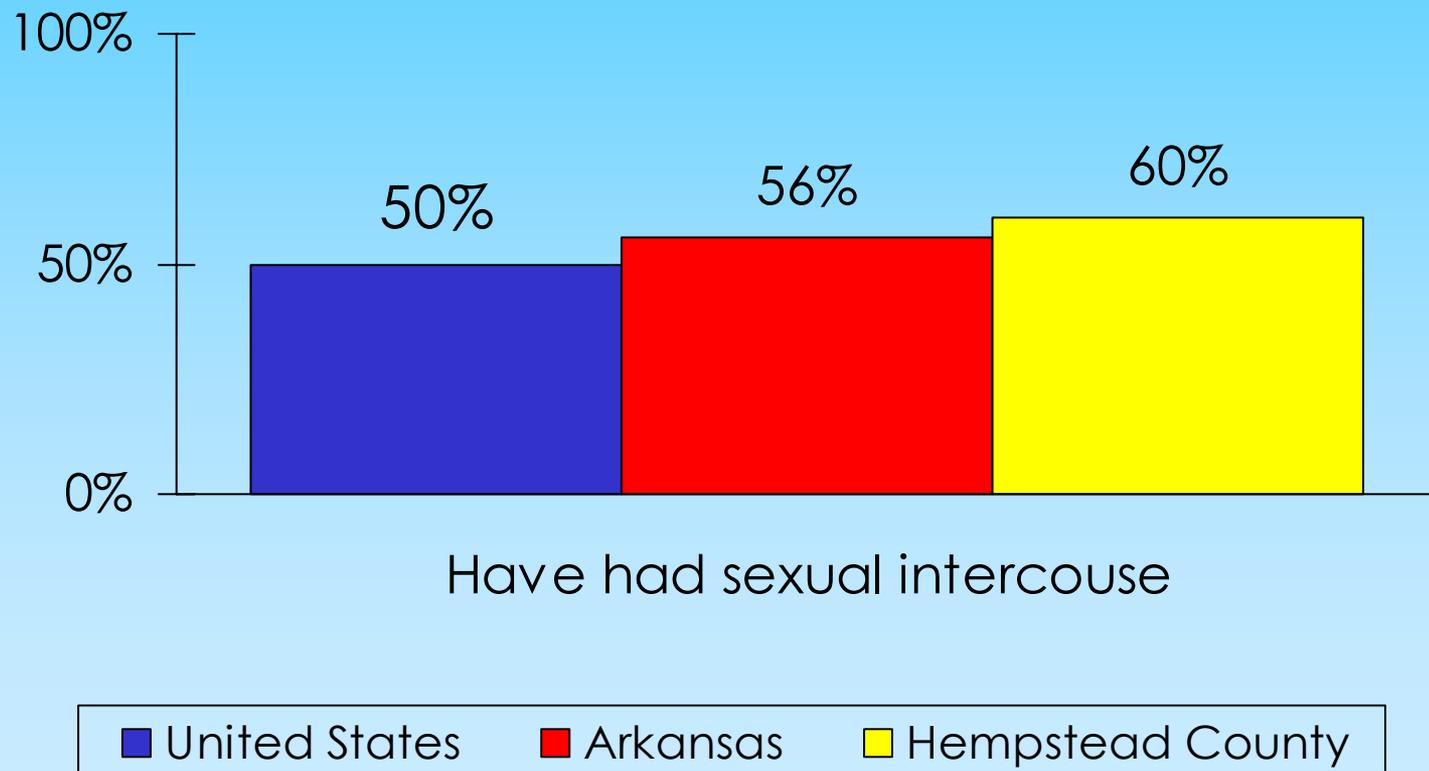
<http://www.cdc.gov/nccdphp/dash/CYHS/>

Comparing Hempstead County, Arkansas, & US--9th to 12th Grades Physical Inactivity



Physical Inactivity could be addressed with Hempstead County students.

Comparing Hempstead County, Arkansas, & US--9th to 12th Grades Sexual Behavior



A Tool for Your Campaign for
Healthy Young People

County Youth Health Survey