

HEMPSTEAD COUNTY 2004 COUNTY ADULT HEALTH SURVEY



What is the Hempstead County 2004 BRFSS?

- ★ The BRFSS is the world's largest continuously conducted telephone survey.
- ★ It covers issues surrounding chronic illness, premature mortality, and other health-related topics.
- ★ All 50 states, Puerto Rico, Guam, and Washington D.C. participate.
- ★ Hempstead County participated in county level BRFSS studies sponsored by Hometown Health.

In Hempstead County...

☀ Interviews were conducted in February, 2004.

☀ A telephone survey of 927 randomly selected adults from Hempstead County.

☀ Of the 823 interviews, 315 were with men and 612 were with women.

Leading causes of death in Arkansas, 2002

★ Heart
Disease
★ Cancer

YEARS OF POTENTIAL LIFE LOST

**Heart
Disease**

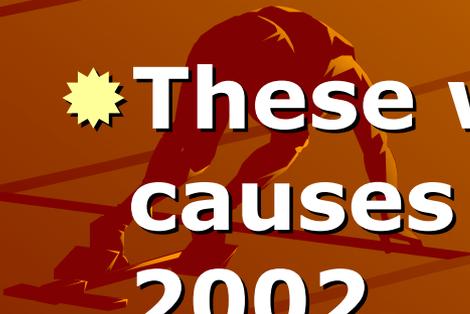
92,882

Cancer

90,323

Leading causes of death for Hempstead County in 2002

- ★ Heart Disease and Cancer were the leading causes of death in Hempstead County in 2002.
- ★ These were also the leading causes of death in the nation in 2002.



Risk factors for these diseases measured by the survey include...

★ Tobacco use

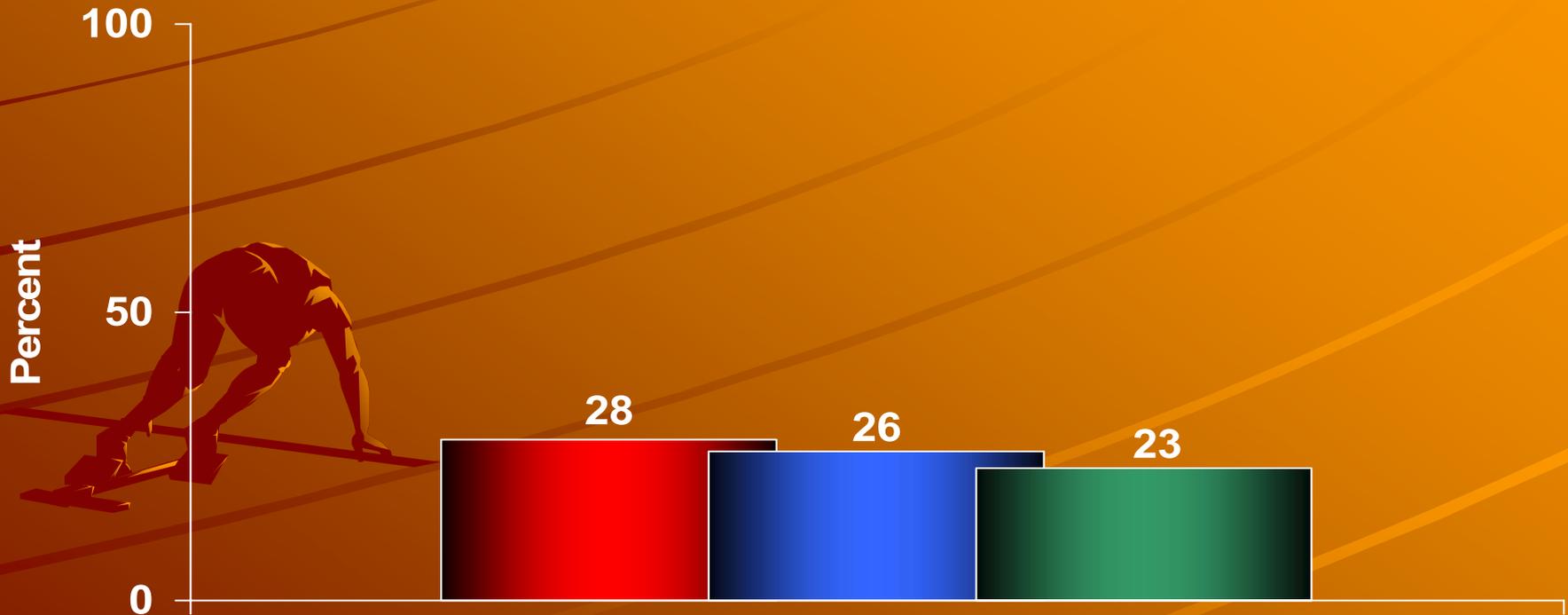
★ Bodyweight

★ Physical activity



Tobacco use

Persons who are current smokers: Hempstead County (2004), Arkansas (2002) and US (2002).

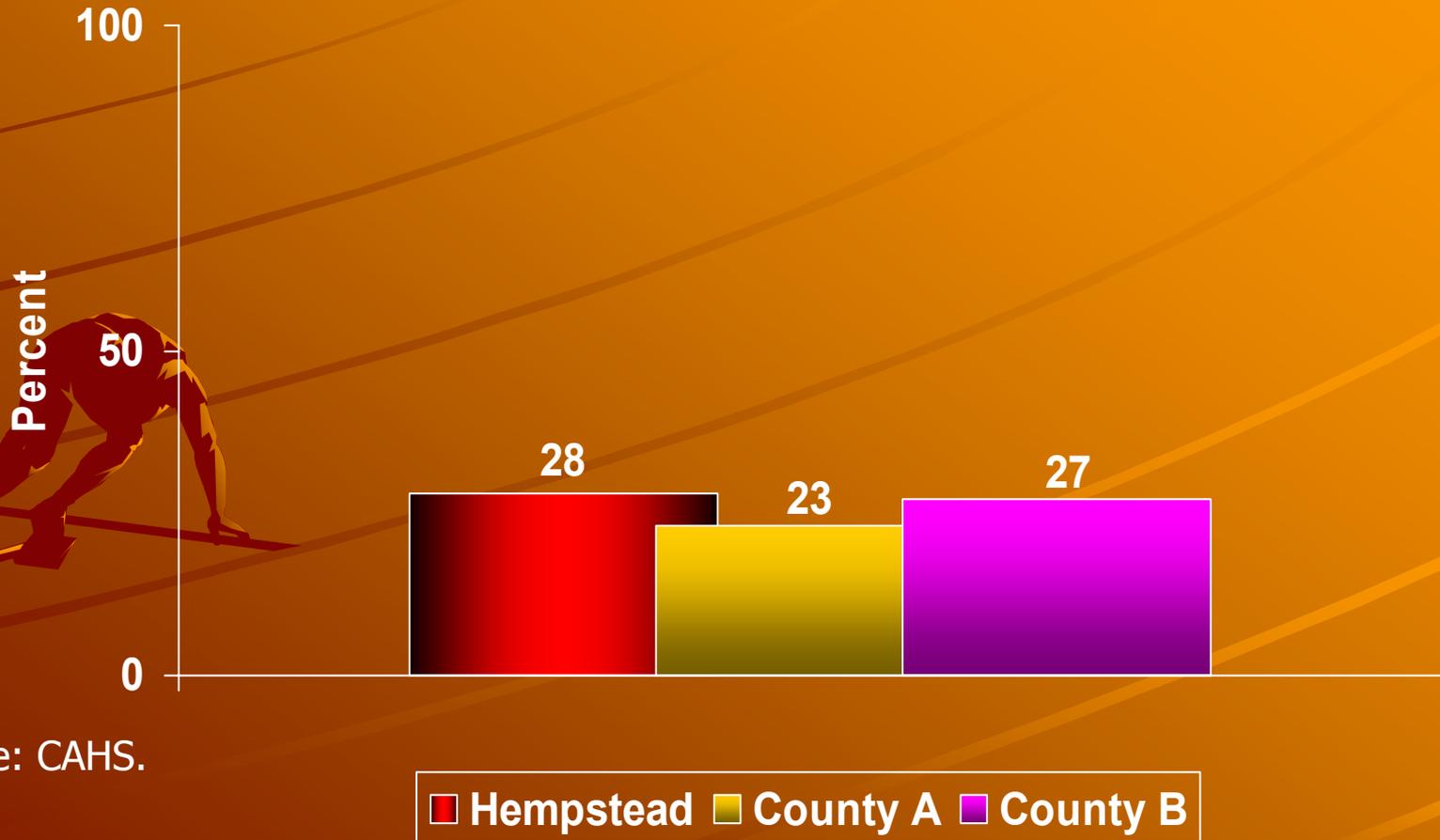


Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

Tobacco use

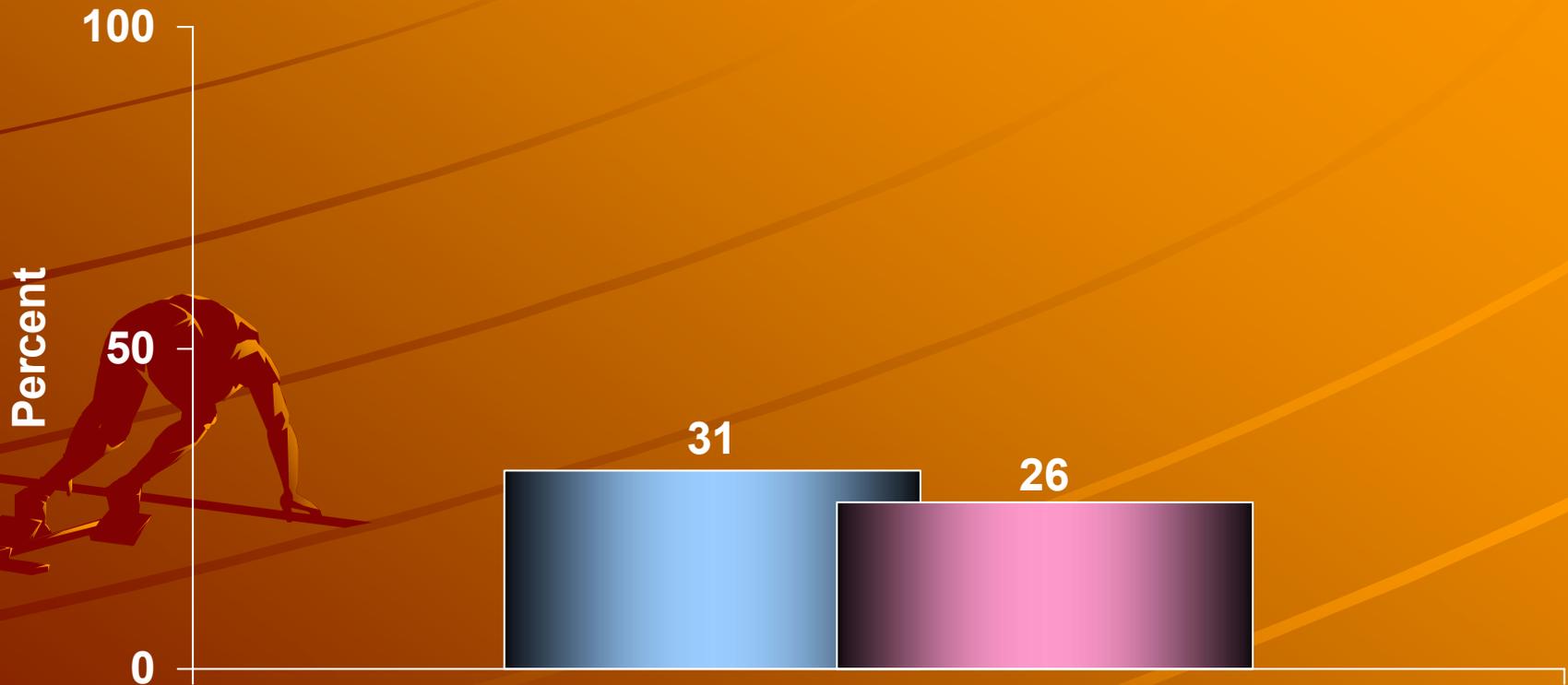
Persons who are current smokers: Hempstead County (2004), comparison with two neighboring counties (2003-2005).



Source: CAHS.

Tobacco use

Persons who are current smokers by gender: Hempstead County (2004).

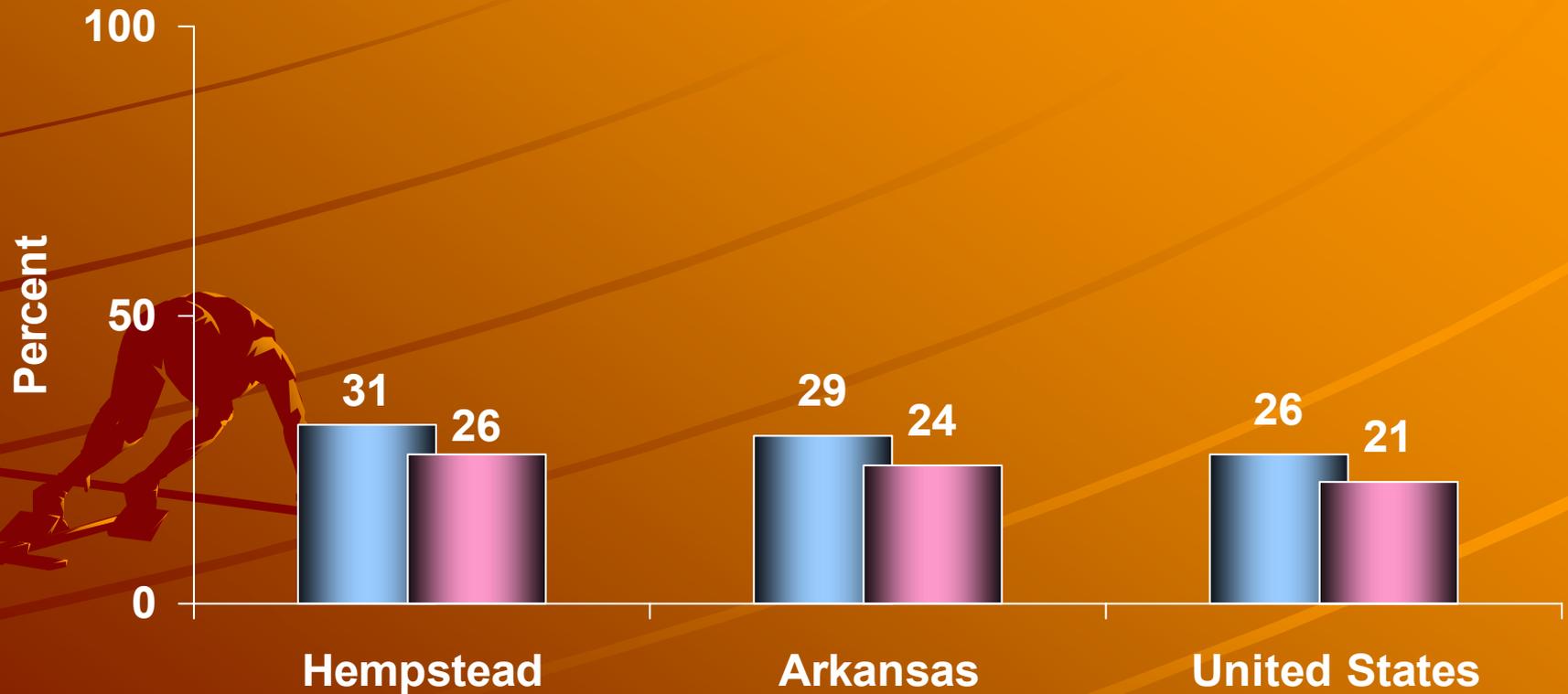


Source: CAHS.

■ Hempstead County Men ■ Hempstead County Women

Tobacco use

Persons who are current smokers by gender: Hempstead County (2004), Arkansas (2002) and US (2002).

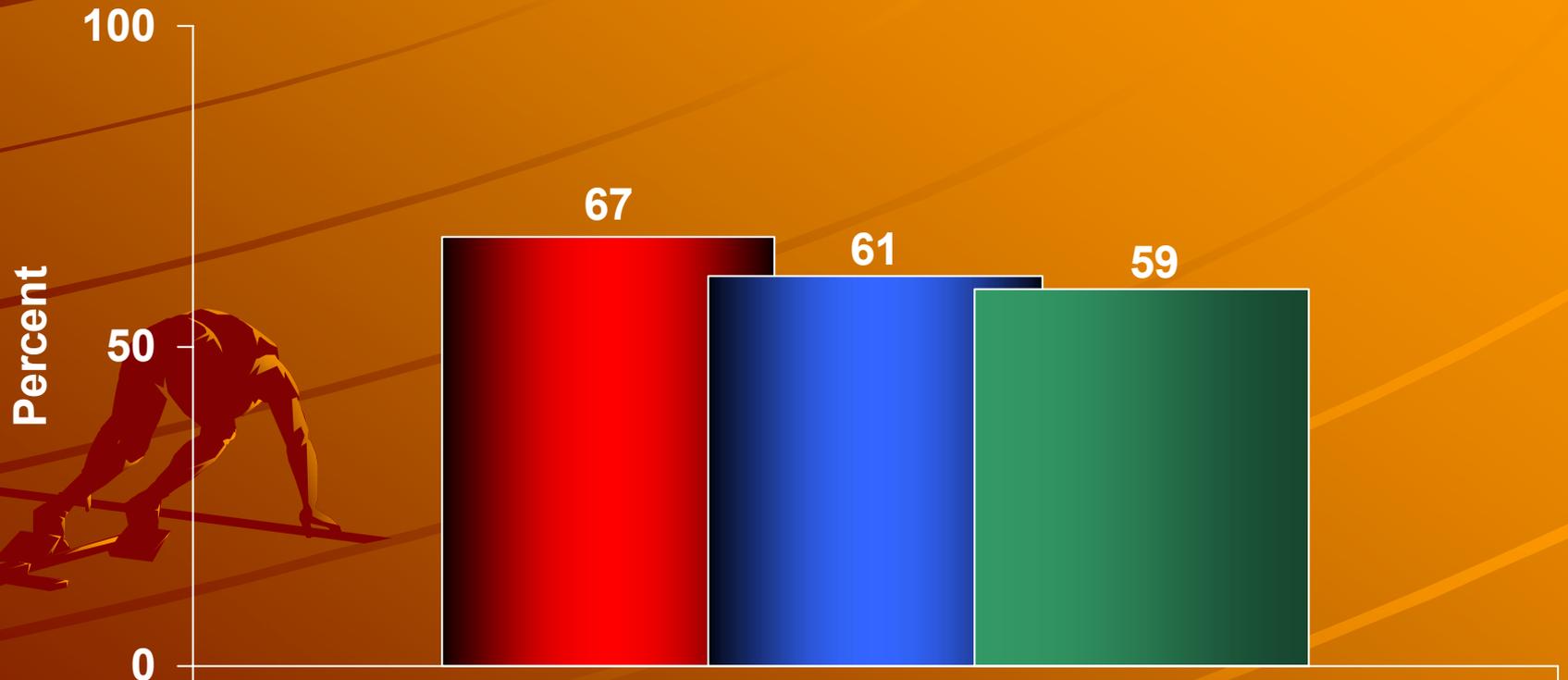


Source: CAHS, BRFSS.

■ Men ■ Women

Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI):
Hempstead County (2004), Arkansas (2002) and US (2002).

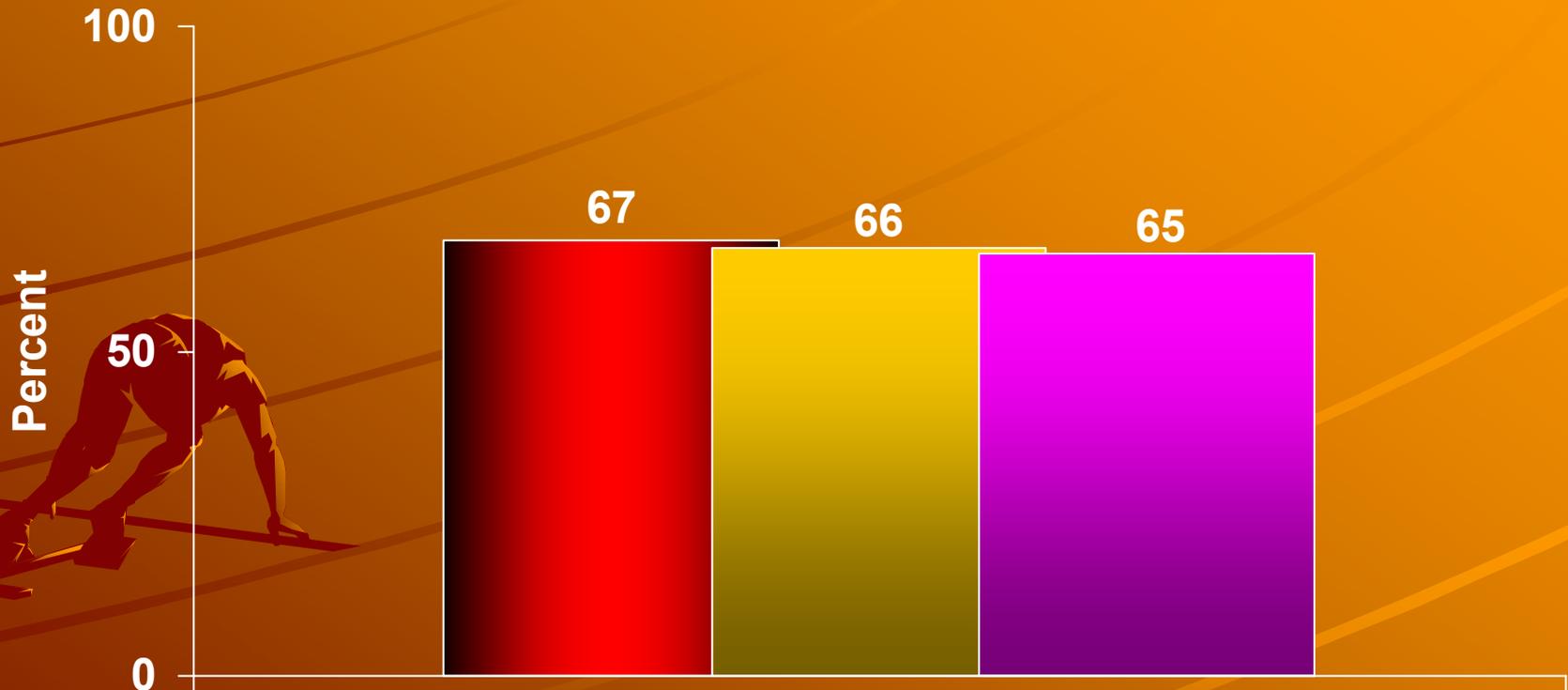


Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI): Hempstead County (2004), comparison with two neighboring counties (2003-2005).

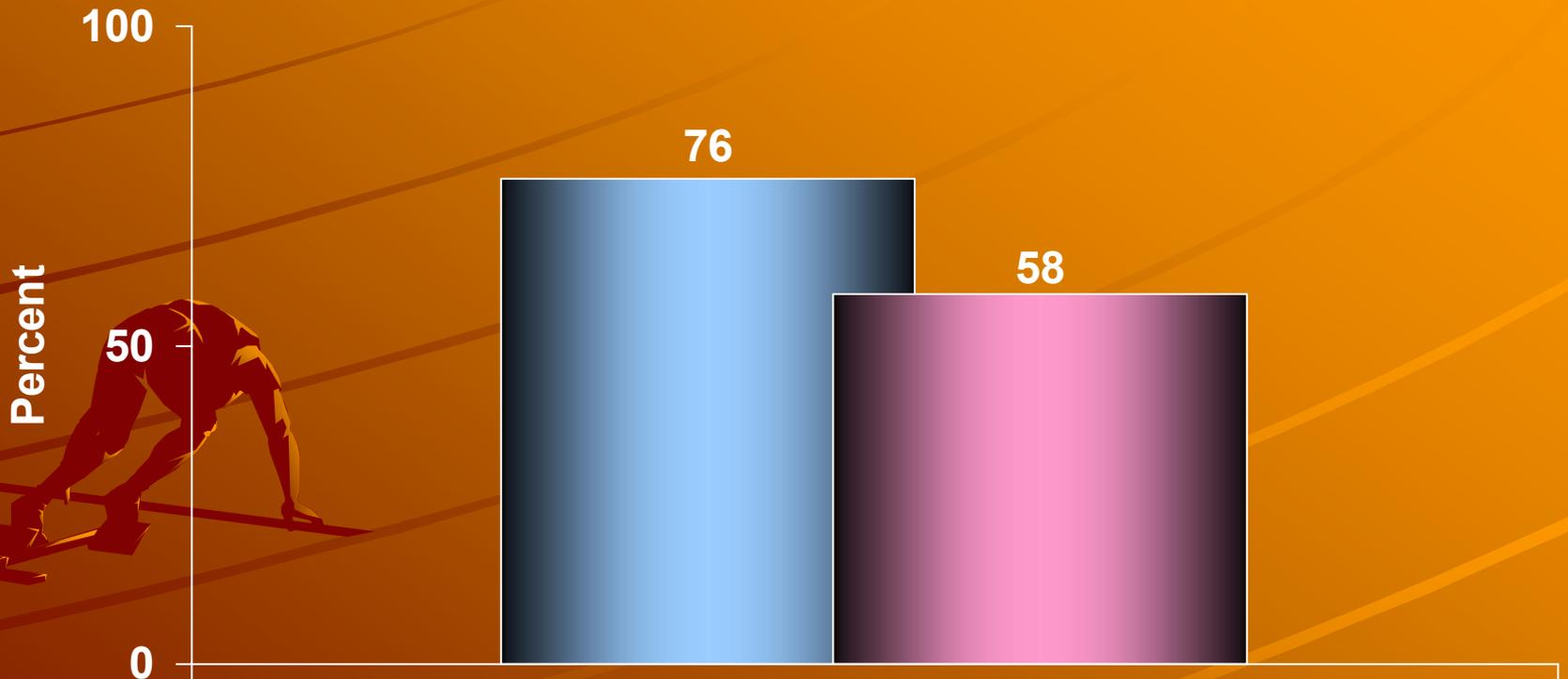


Source: CAHS, BRFSS.

■ Hempstead ■ County A ■ County B

Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Hempstead County (2004).

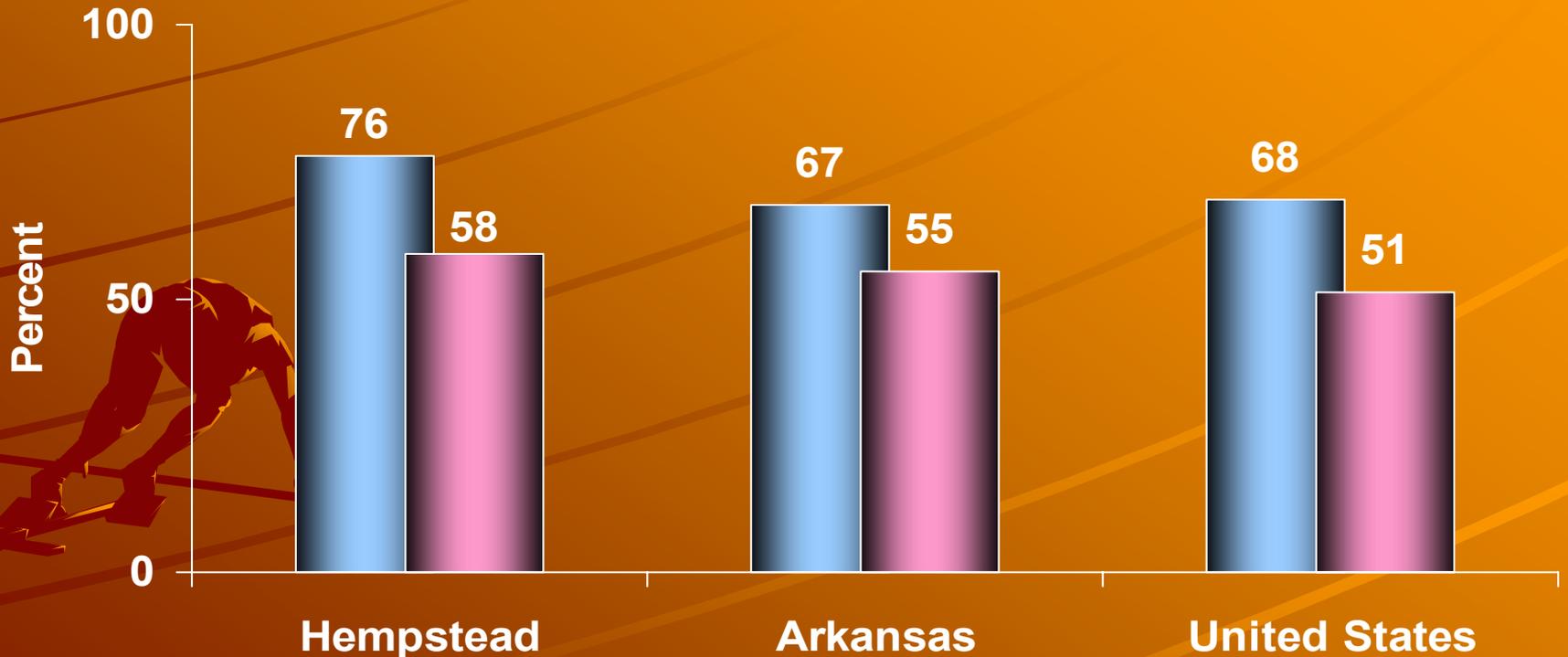


Source: CAHS.

■ Hempstead County Men ■ Hempstead County Women

Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Hempstead County (2004), Arkansas (2002) and US (2002).

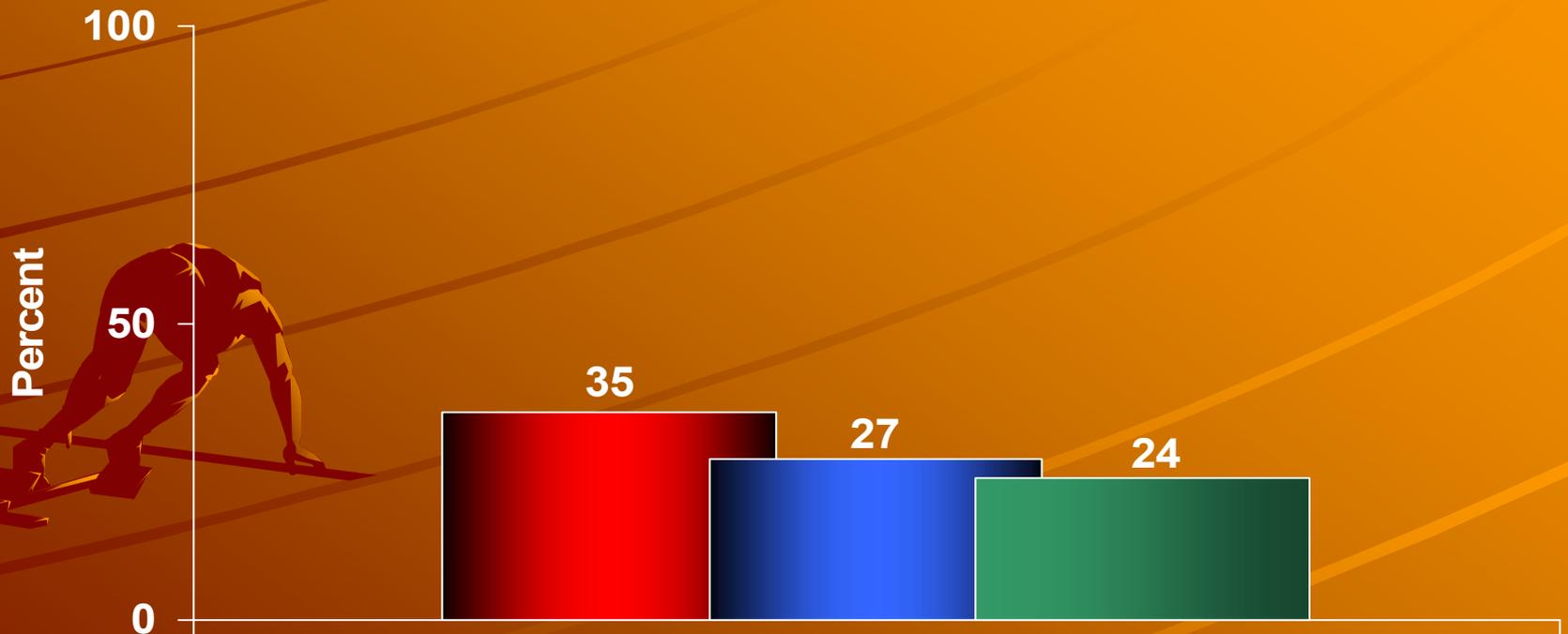


Source: CAHS, BRFSS.

■ Men ■ Women

Physical activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Hempstead County (2004), Arkansas (2002) and US (2002).

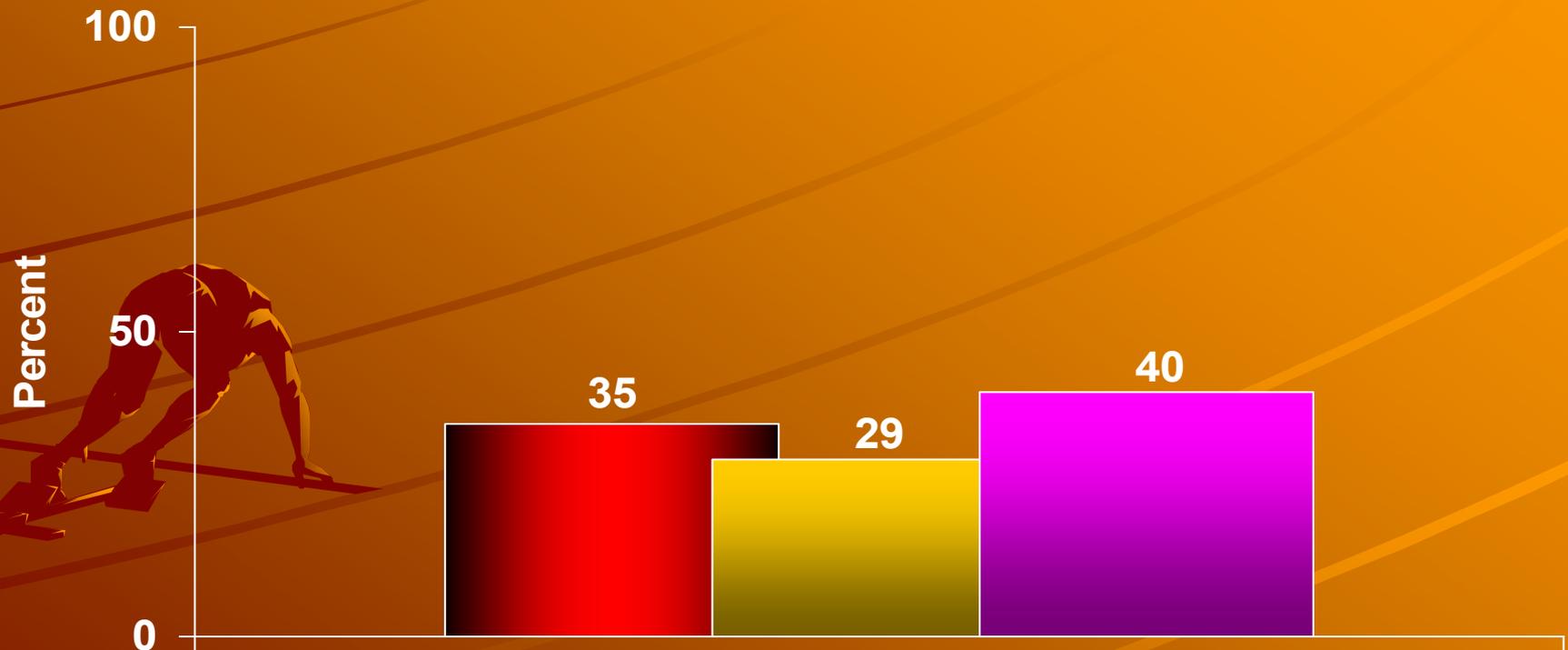


Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

Physical activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Hempstead County (2004), comparison with two neighboring counties (2003-2005).

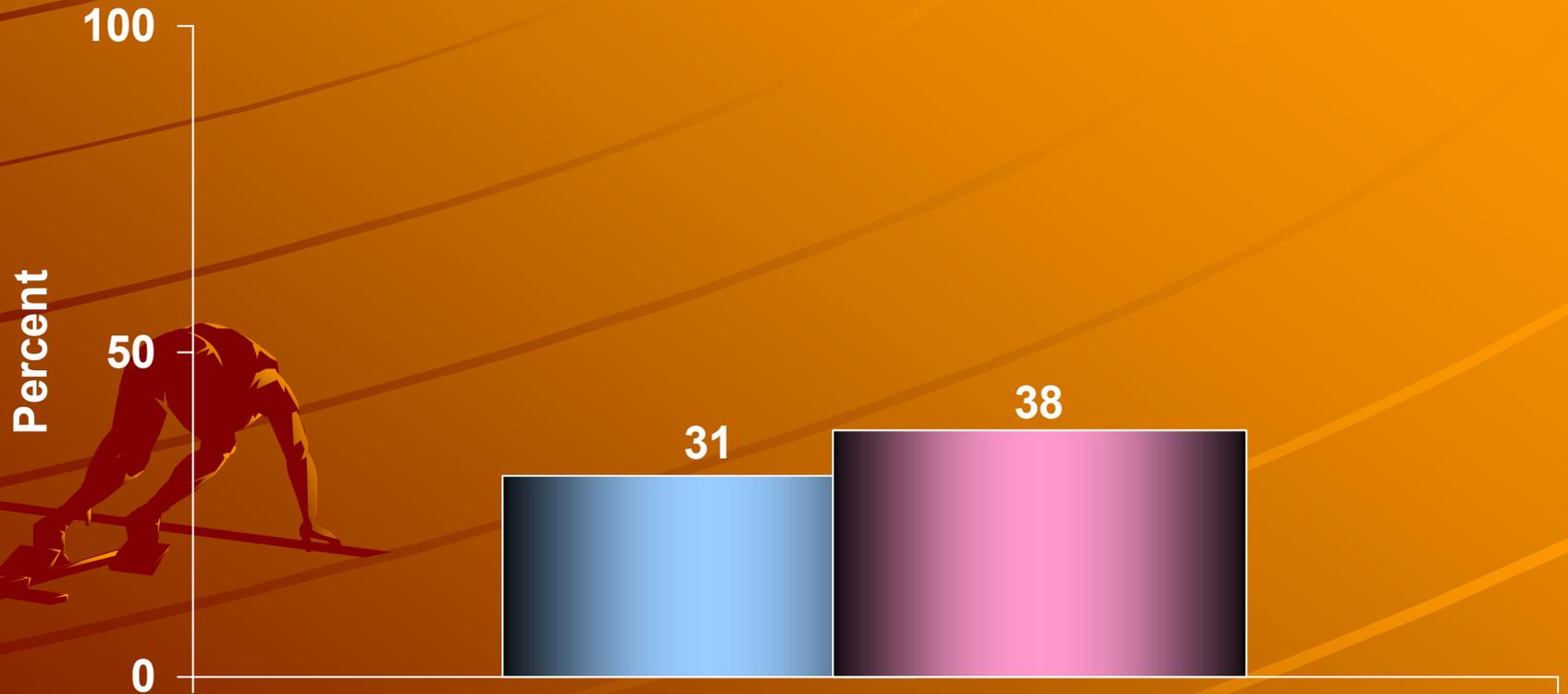


Source: CAHS.

■ Hempstead ■ County A ■ County B

Physical activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular occupation by gender: Hempstead County (2004).

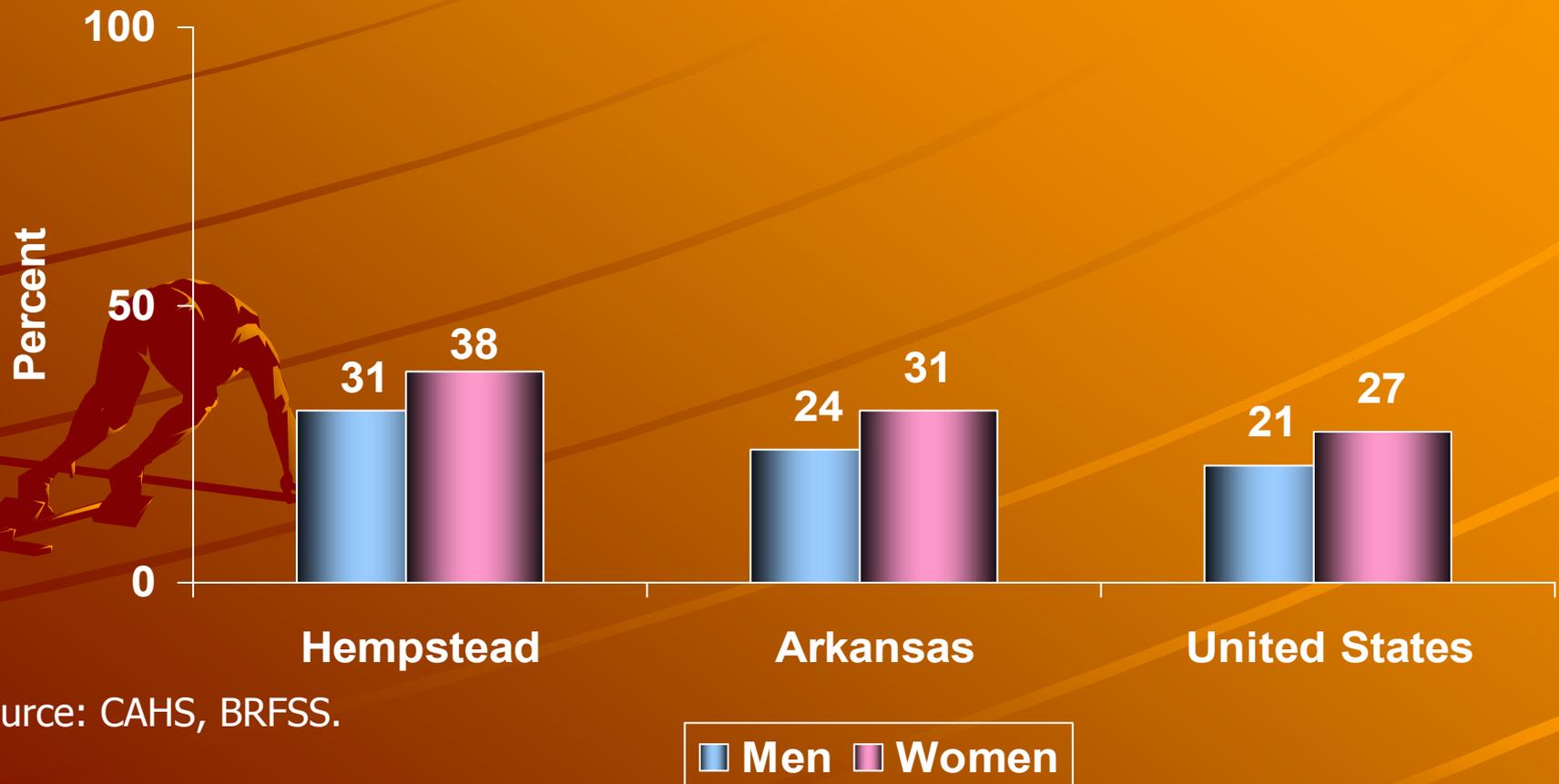


Source: CAHS.

■ Hempstead County Men ■ Hempstead County Women

Physical activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular occupation by gender: Hempstead County (2004), Arkansas (2002) and US (2002).



Source: CAHS, BRFSS.

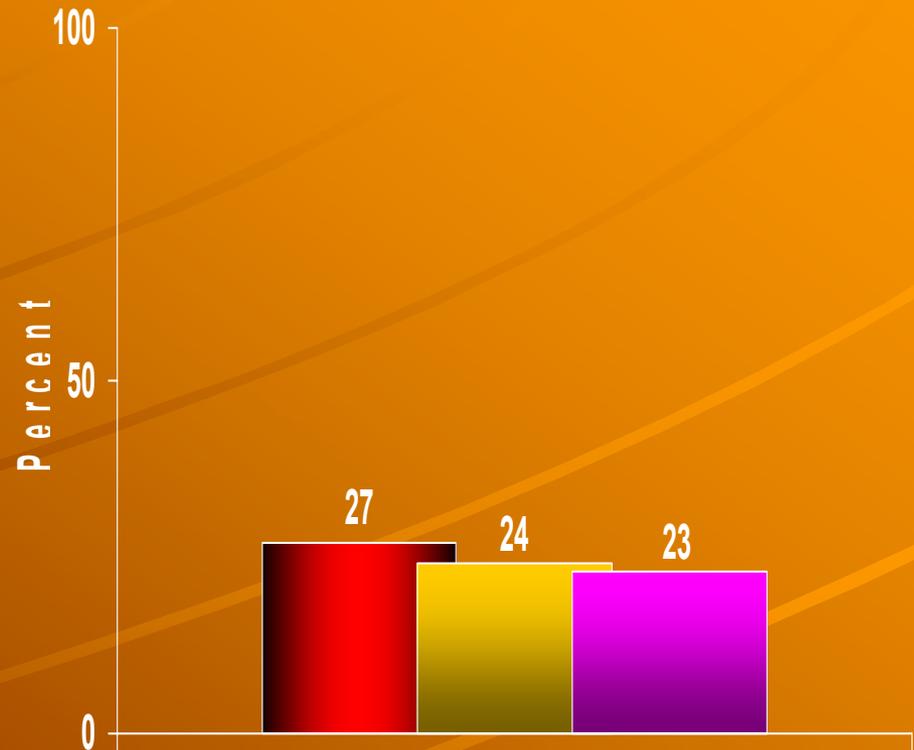
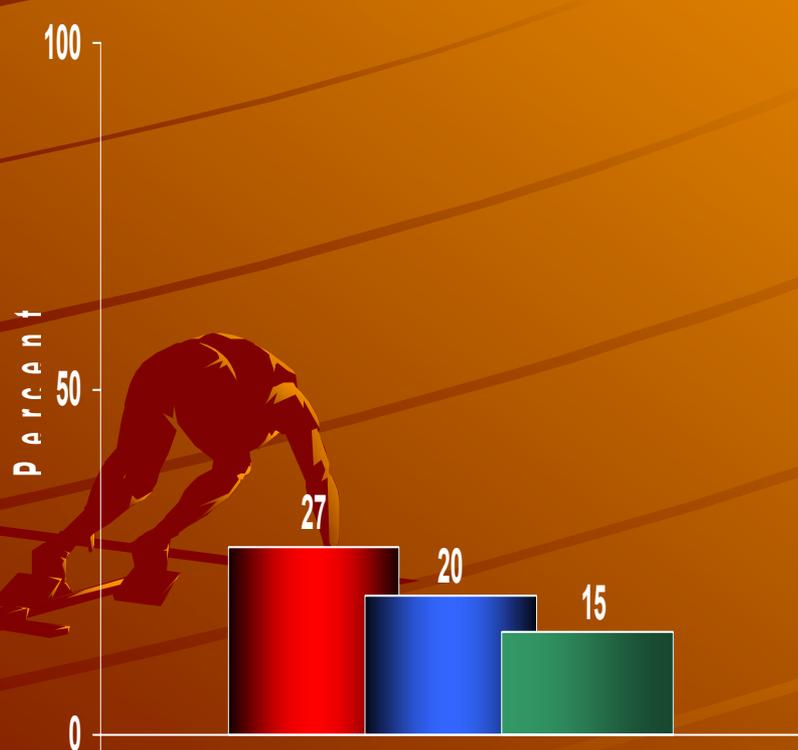
Other risk factors

- ★ These are compared to the most recent statewide and nationwide data
 - General Health [2004] data
 - Physical health [2001] data
 - Mental Health [2001] data
 - Health care access [2003] data
 - High blood pressure [2003] data
 - High blood cholesterol [2003] data
 - Diabetes [2003] data



General health

Persons who reported general health as “fair” or “poor”: Hempstead County (2003), Arkansas (2004), US (2004); and comparison with two neighboring counties (2004-2005)



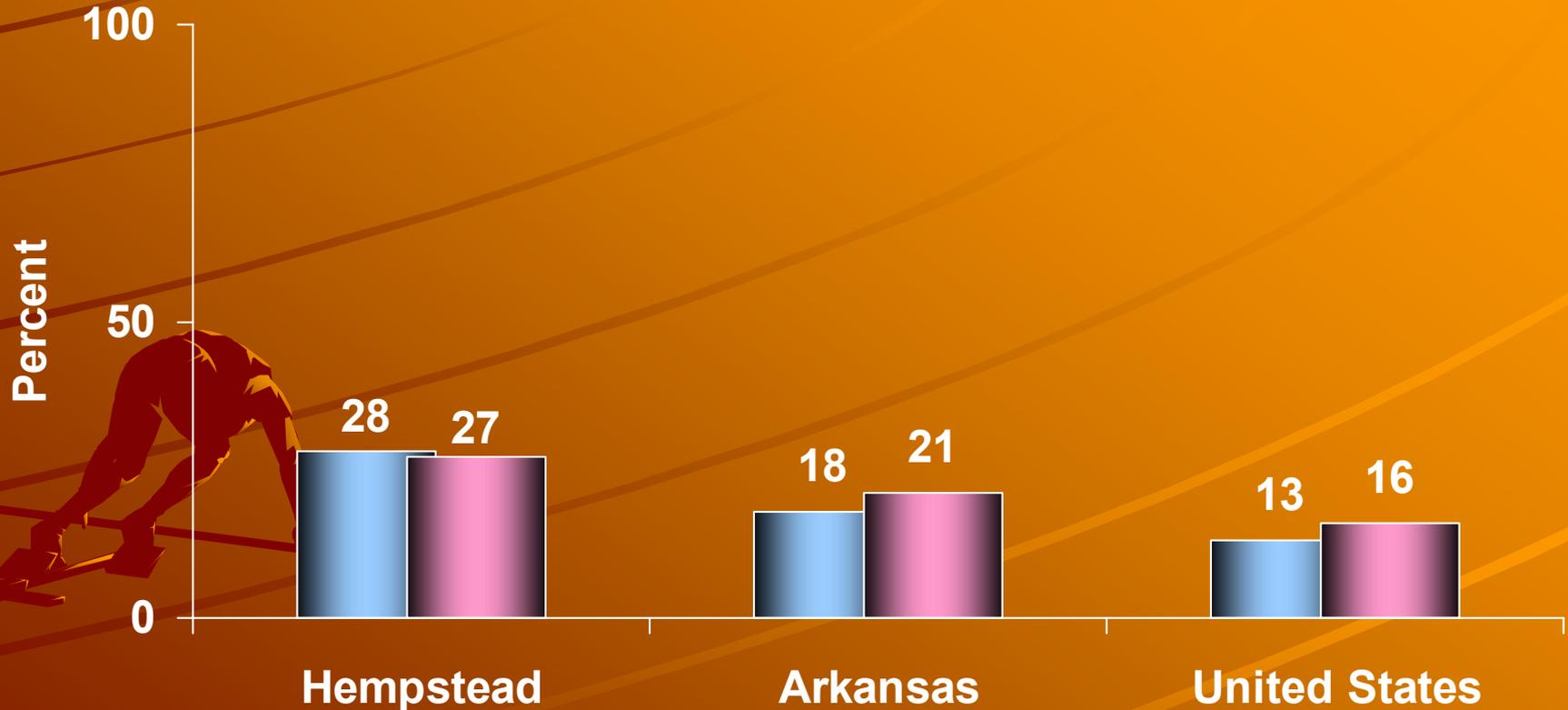
Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

■ Hempstead ■ County A ■ County B

General health

Persons who reported general health as “fair” or “poor” by gender: Hempstead County (2004), Arkansas (2004), US (2004).

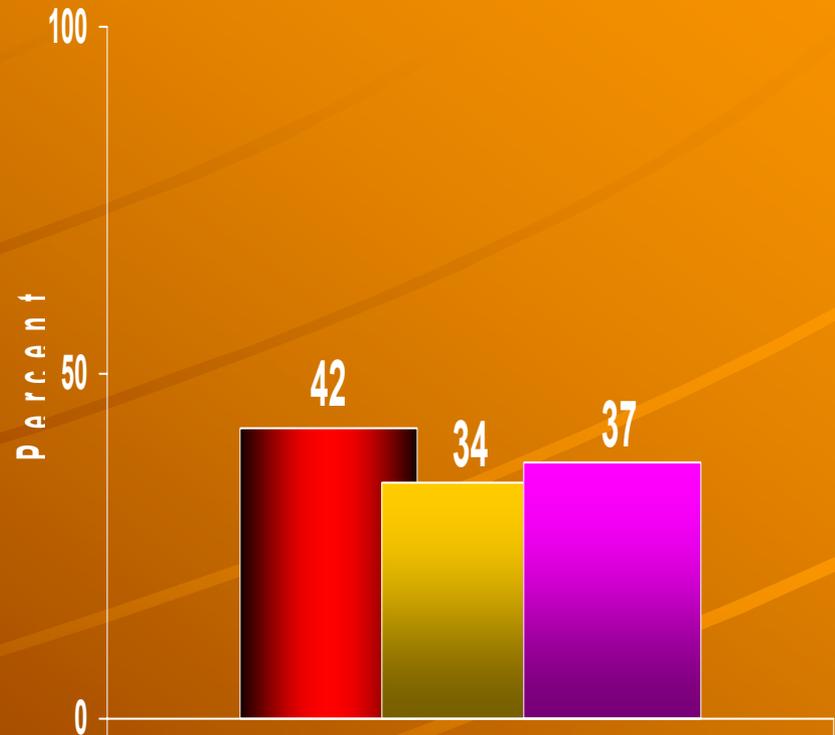
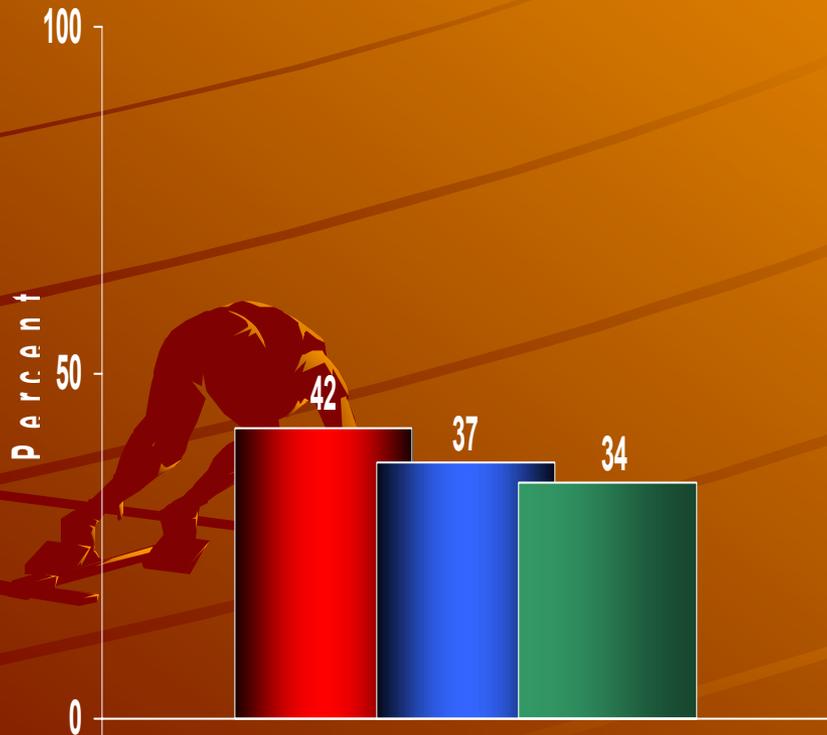


Source: CAHS, BRFSS.

■ Men ■ Women

Physical health

Persons who reported physical health as “not good”: Hempstead County (2004), Arkansas (2001), US (2001); and comparison with two neighboring counties (2003-2005).



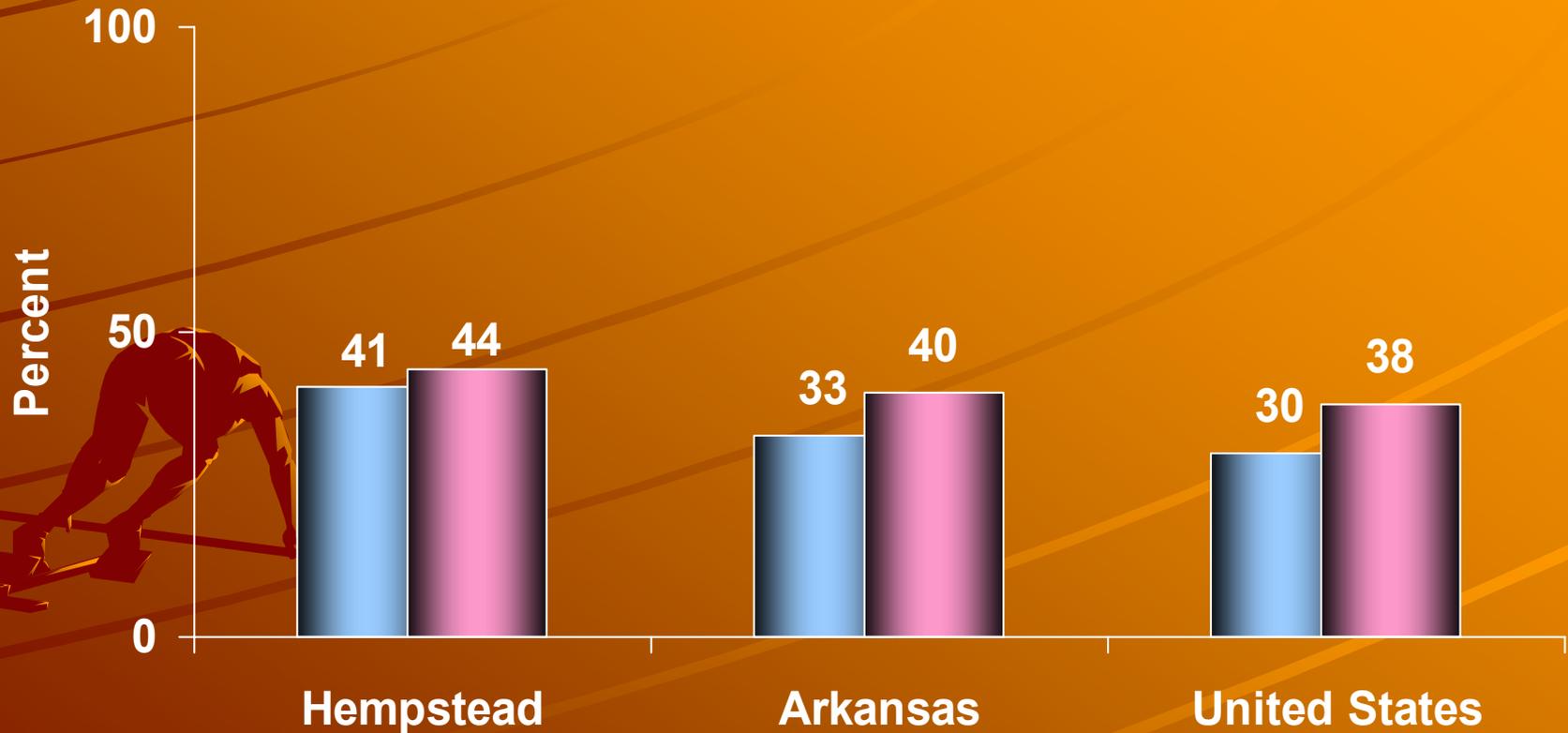
Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

■ Hempstead ■ County A ■ County B

Physical health

Reported physical health as “not good ” by gender: Hempstead County (2004), Arkansas (2001), US (2001).

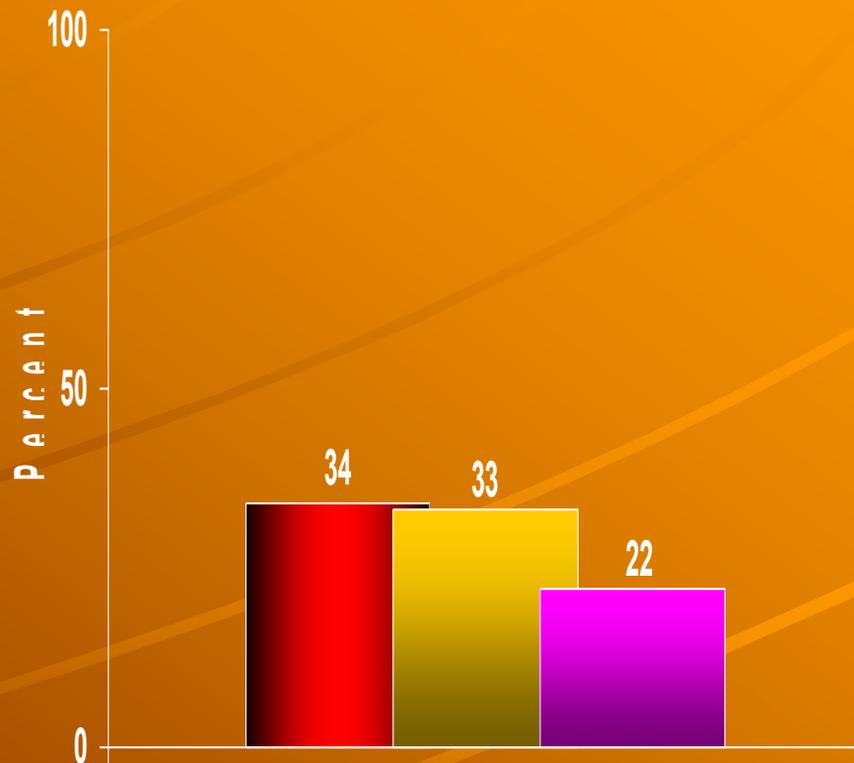
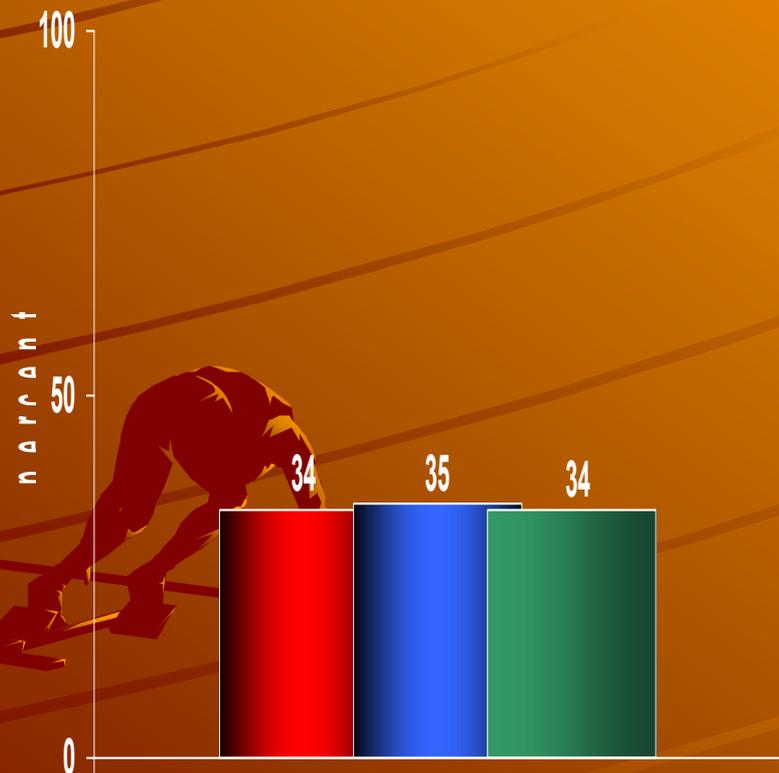


Source: CAHS, BRFSS.

■ Men ■ Women

Mental health

Persons who reported mental health as “not good”: Hempstead County (2004), Arkansas (2001), US (2001); and comparison with two neighboring counties (2003-2005).



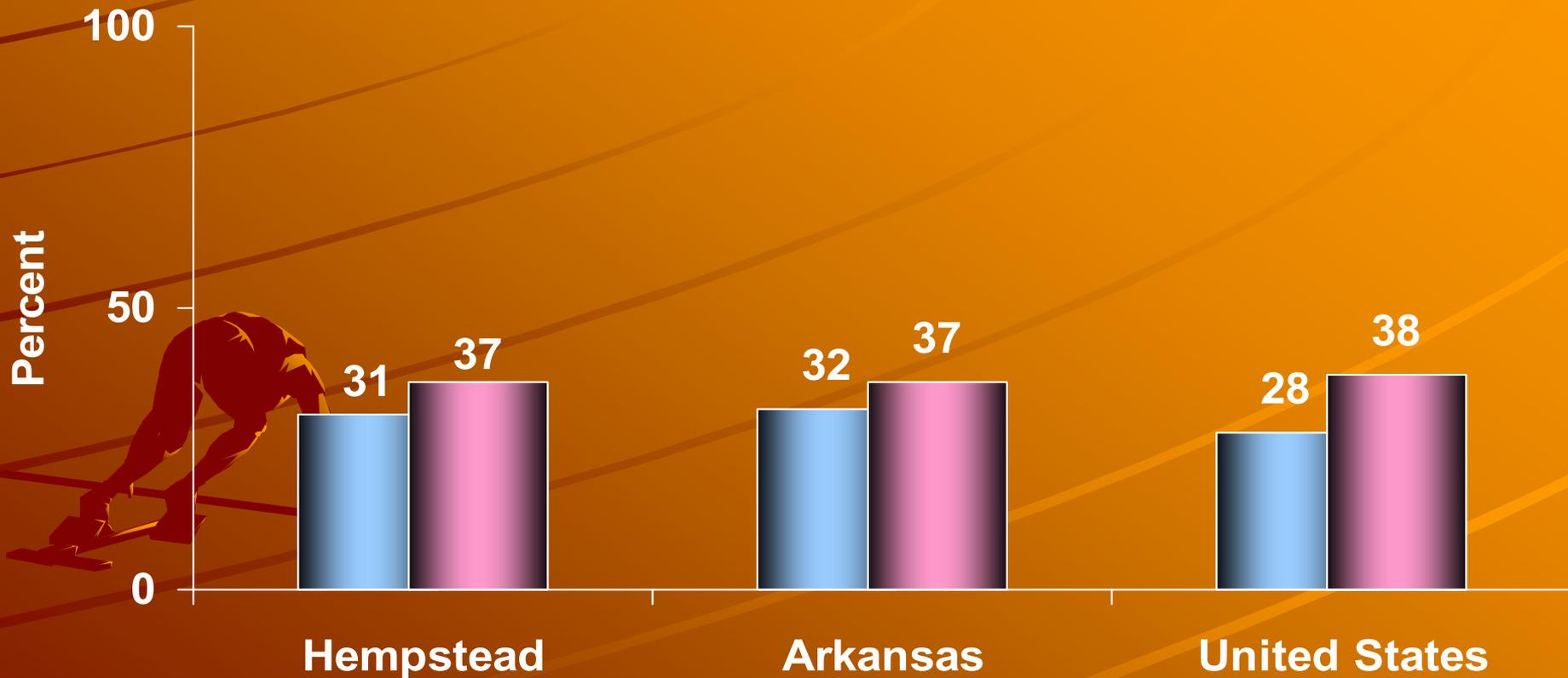
Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

■ Hempstead ■ County A ■ County B

Mental health

Reported mental health as “not good” by gender: Hempstead County (2004), Arkansas (2001), US (2001).

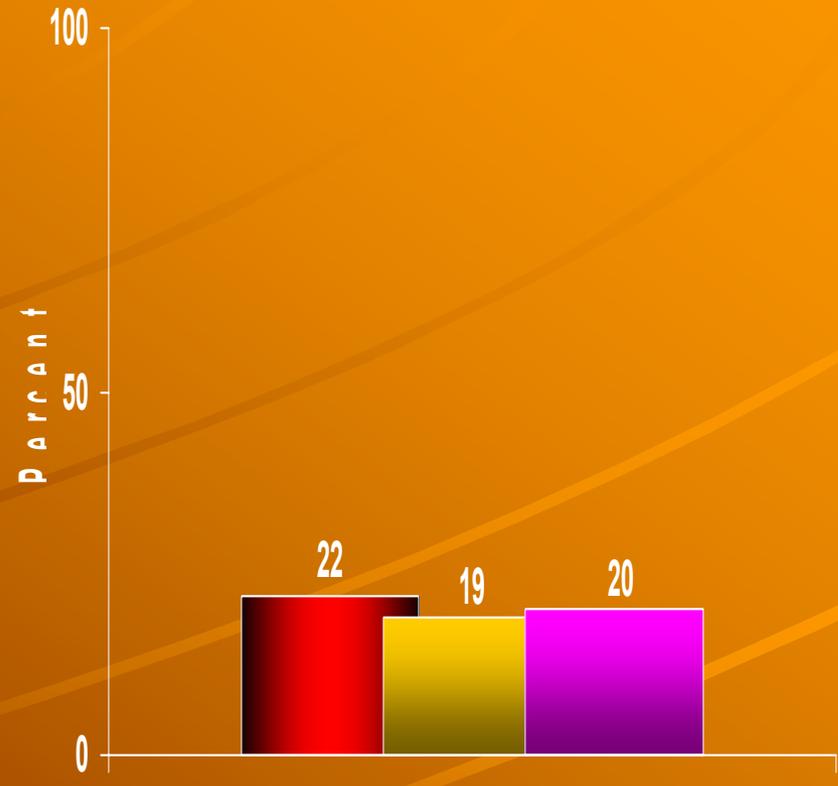
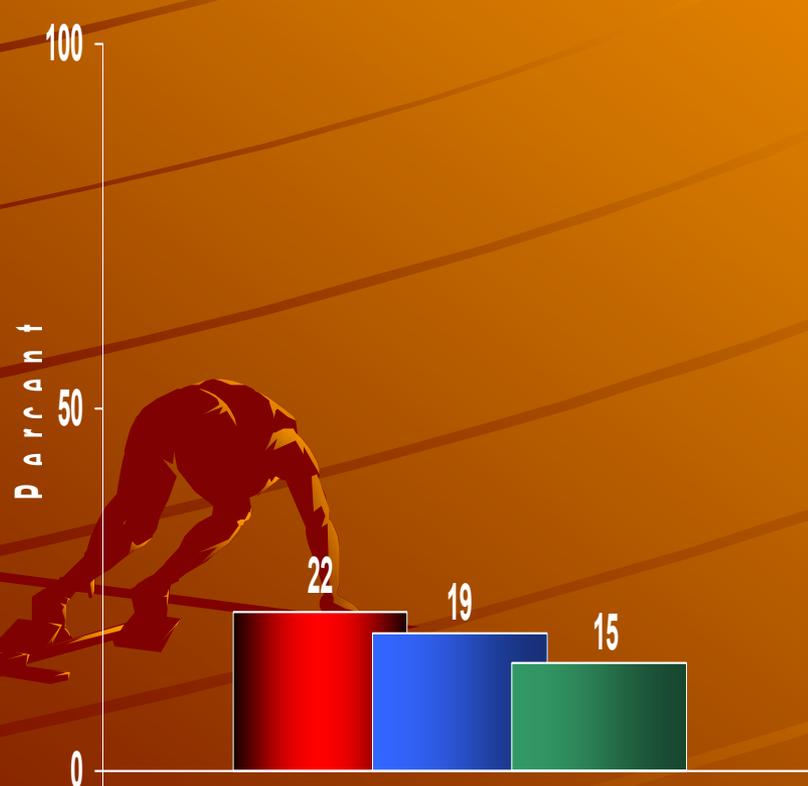


Source: CAHS, BRFSS.

Men Women

Health care access

Persons who reported that they did not have health insurance: Hempstead County (2003), Arkansas (2003), US (2003); and comparison with two neighboring counties (2004-2005).



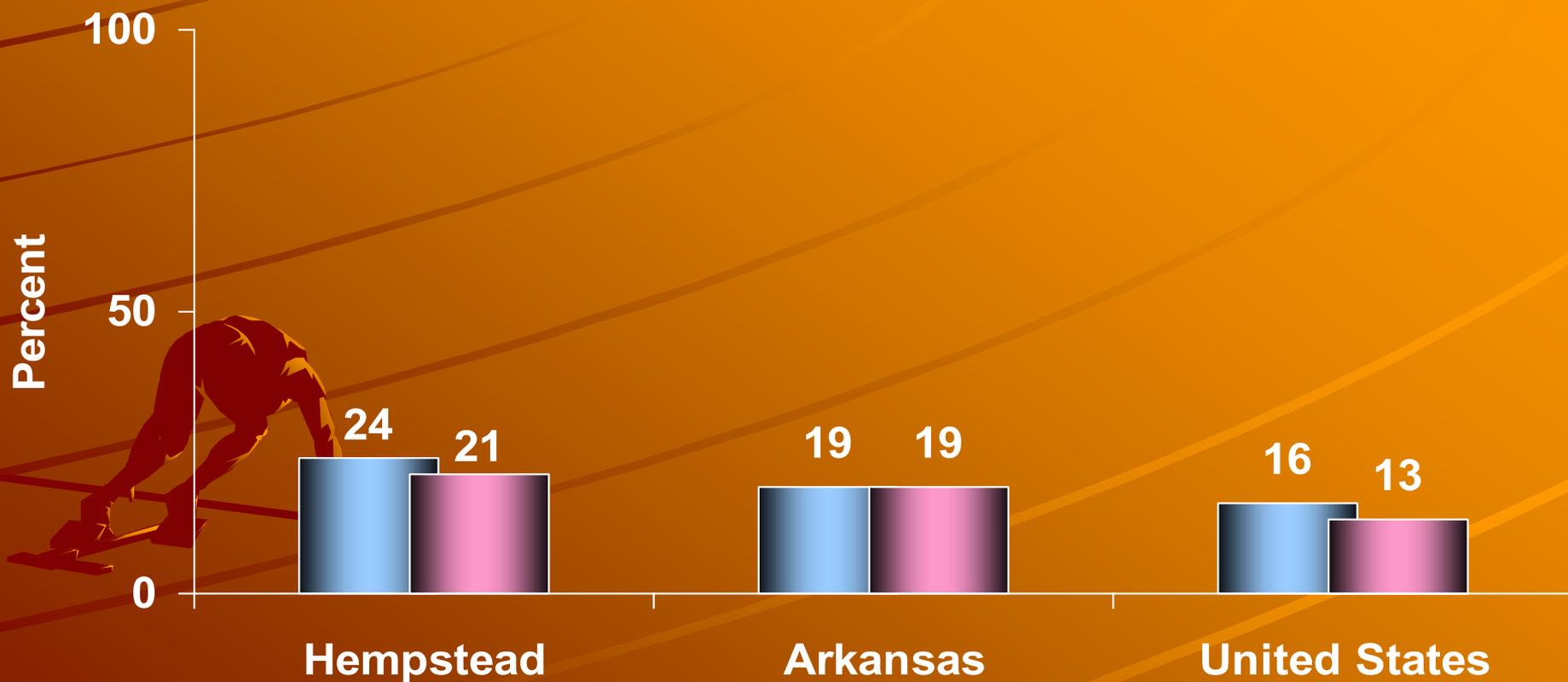
Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

■ Hempstead ■ County A ■ County B

Health care access

Persons who reported that they did not have health insurance by gender: Hempstead County (2004), Arkansas (2003), US (2003).

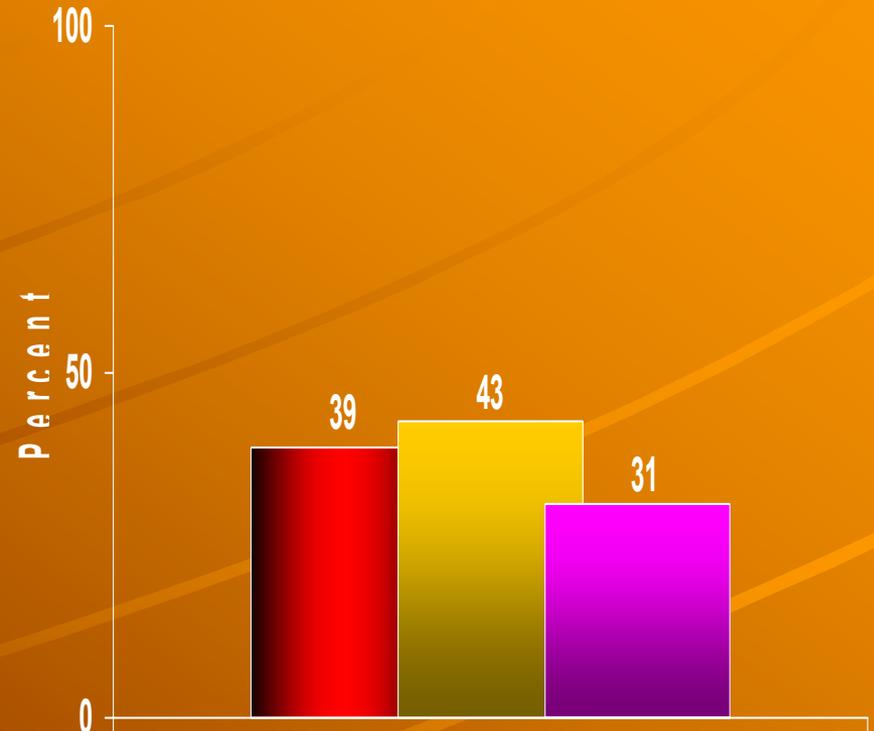
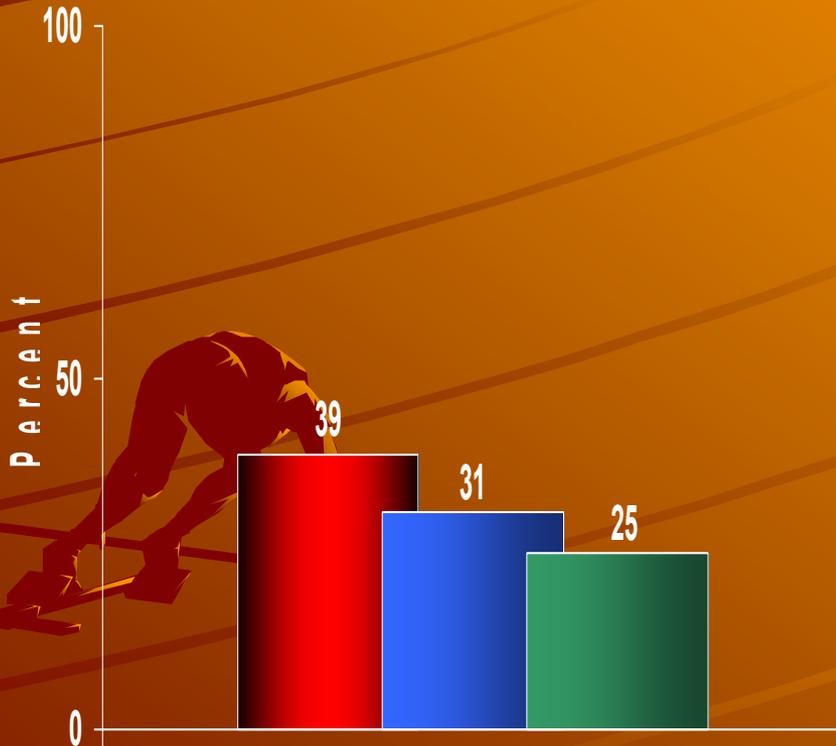


Source: CAHS, BRFSS.

Men Women

High blood pressure

Persons who reported that they had been diagnosed with high blood pressure: Hempstead County (2004), Arkansas (2003), US (2003); and comparison with two neighboring counties (2003-2005).



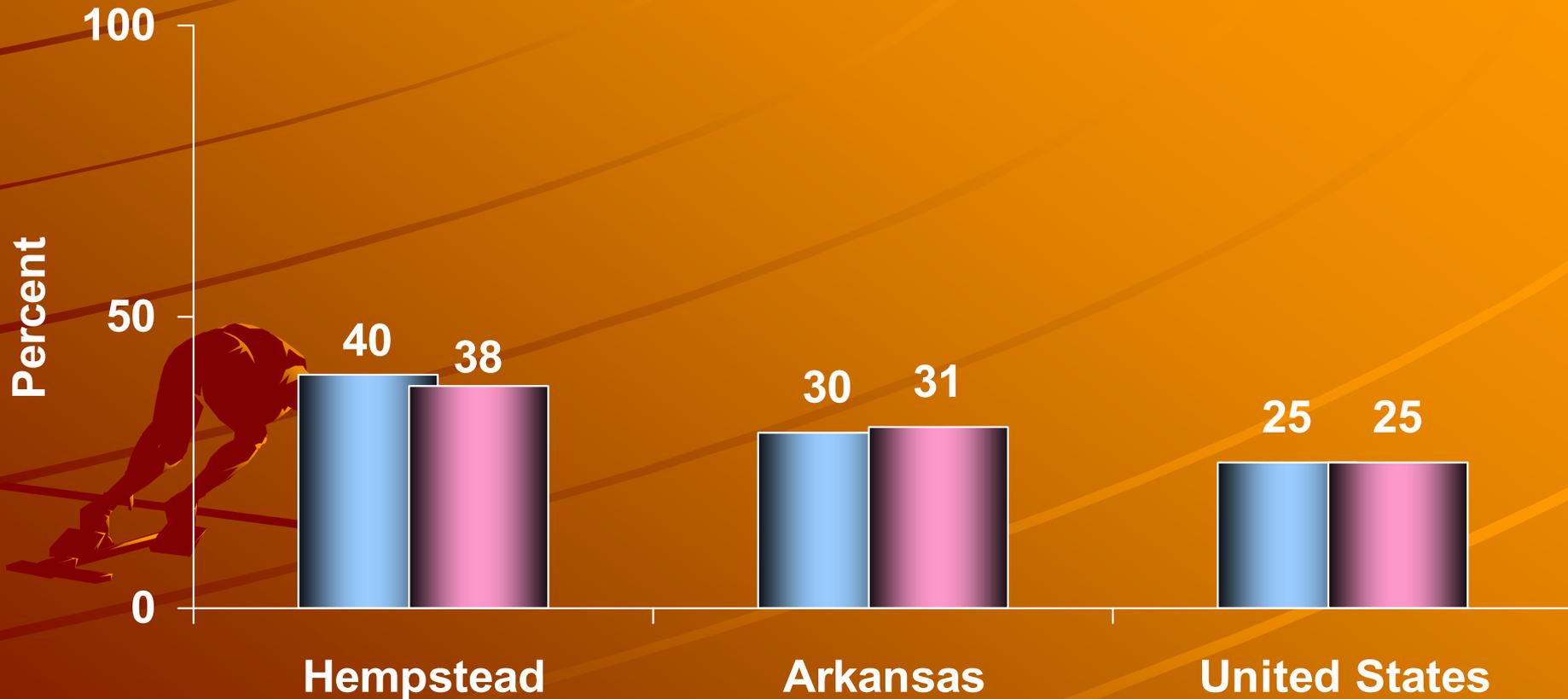
Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

■ Hempstead ■ County A ■ County B

High blood pressure

Persons who reported that they had been diagnosed with high blood pressure by gender: Hempstead County (2004), Arkansas (2003), US (2003).

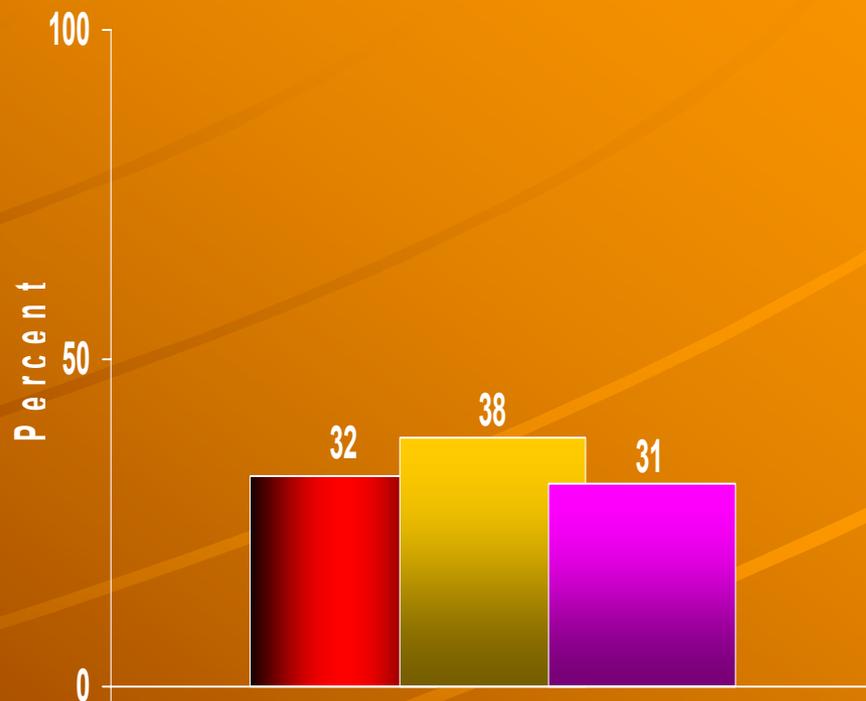
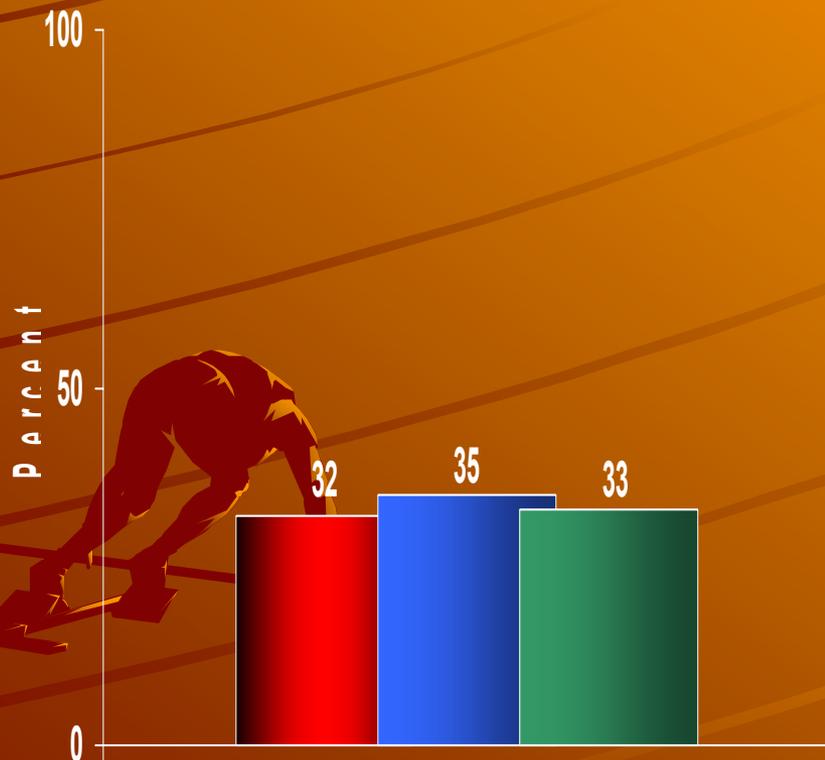


Source: CAHS, BRFSS.

Men Women

High blood cholesterol

Persons who reported that they had been diagnosed with high blood cholesterol: Hempstead County (2004), Arkansas (2003), US (2003); and comparison with two neighboring counties (2003-2005).



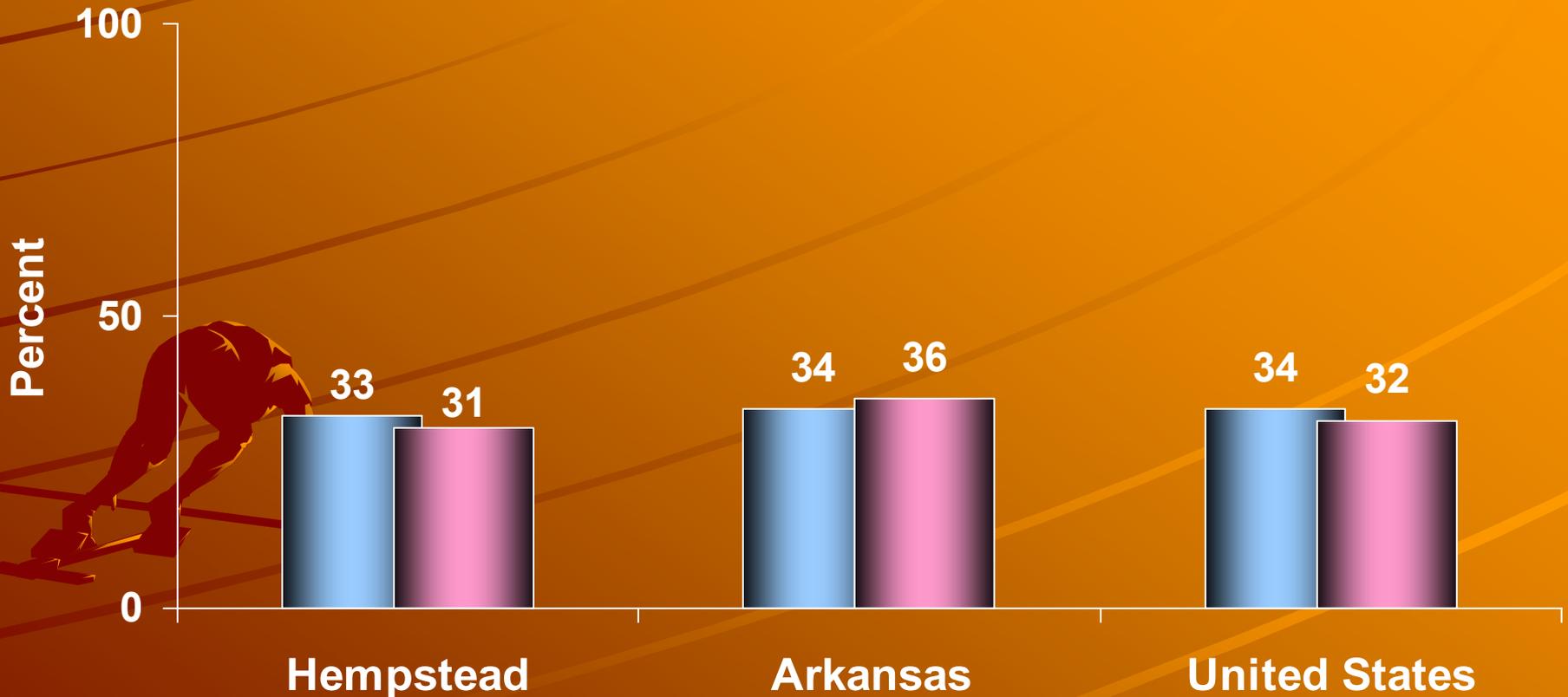
Source: CAHS, BRFSS.

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■ Hempstead ■ County A ■ County B

High blood cholesterol

Persons who reported that they had been diagnosed with high blood cholesterol by gender: Hempstead County (2004), Arkansas (2003), US (2003).

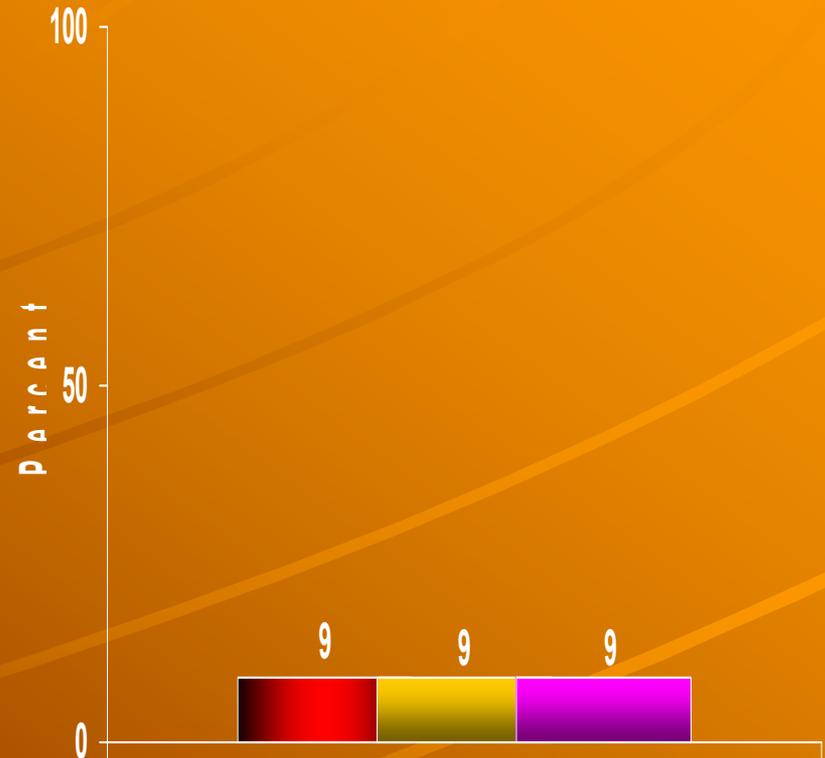
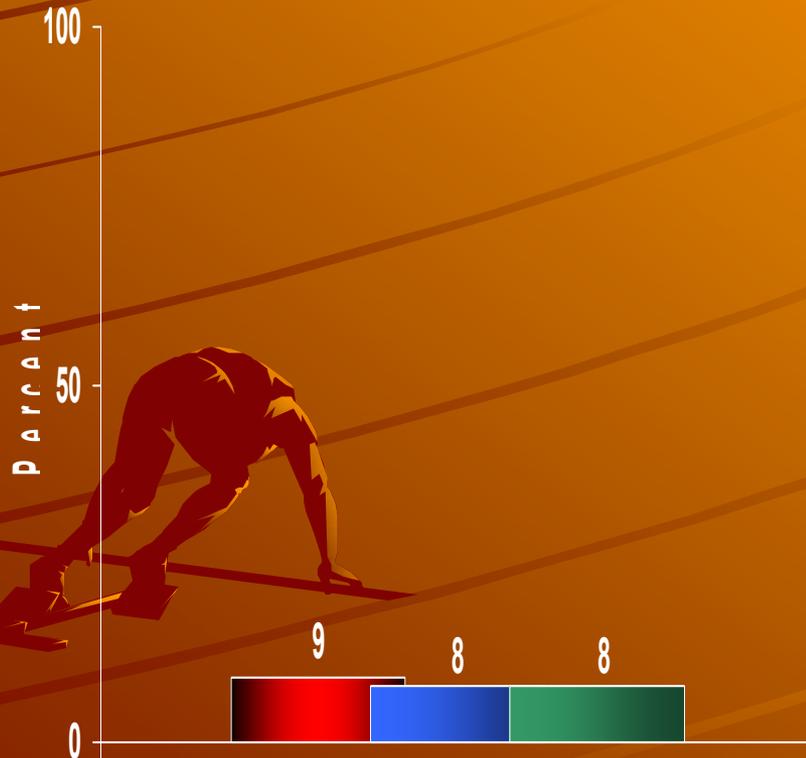


Source: CAHS, BRFSS.

Men Women

Diabetes

Persons who reported that they had been diagnosed with diabetes: Hempstead County (2004), Arkansas (2003), US (2003); and comparison with two neighboring counties (2003-2005).



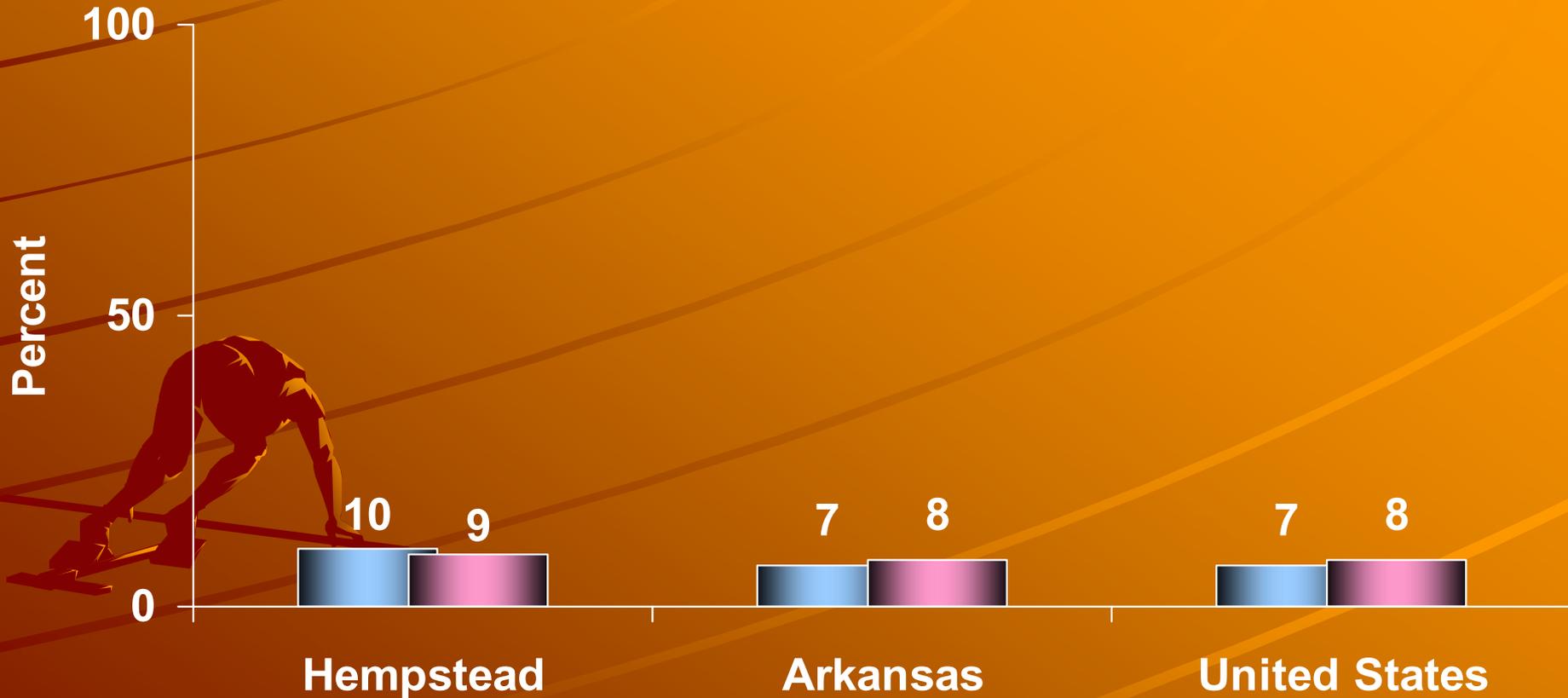
Source: CAHS, BRFSS.

■ Hempstead ■ Arkansas ■ United States

■ Hempstead ■ County A ■ County B

Diabetes

Persons who reported that they had been diagnosed with diabetes by gender:
Hempstead County (2004), Arkansas (2003), US (2003).



Source: CAHS, BRFSS.

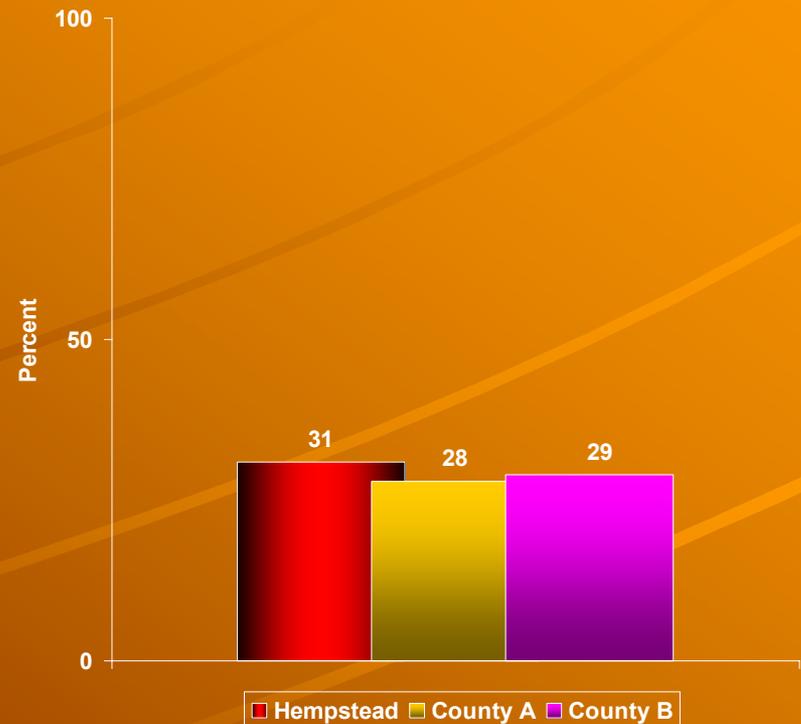
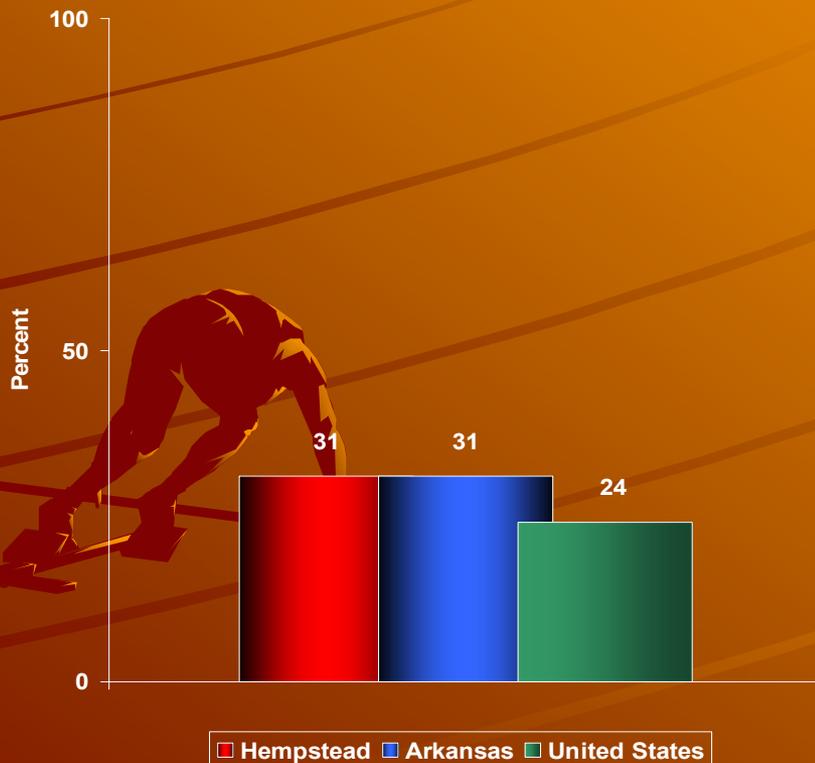
Men Women

Women's Health



Mammogram

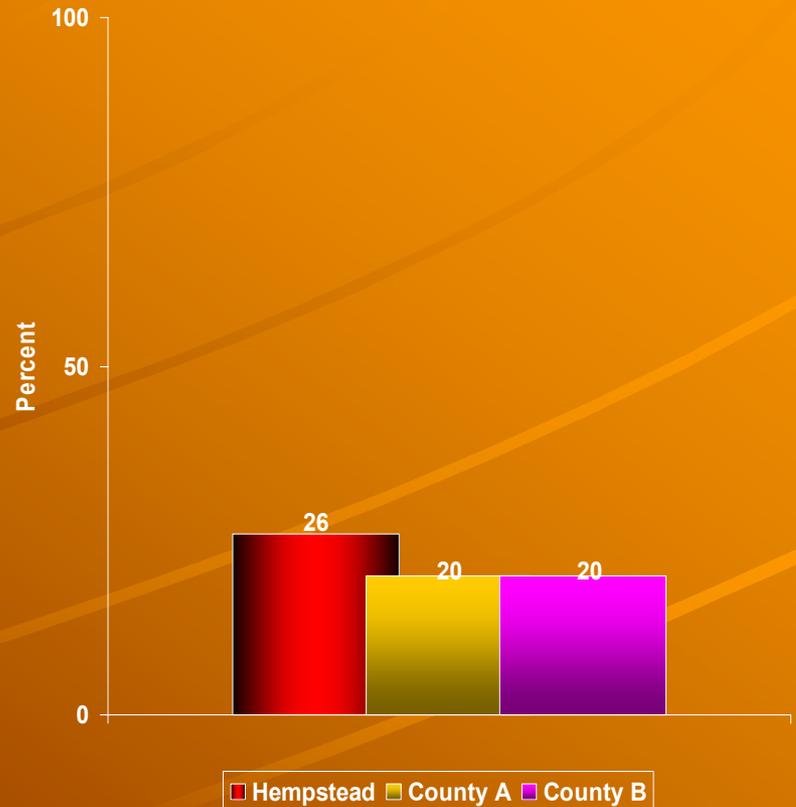
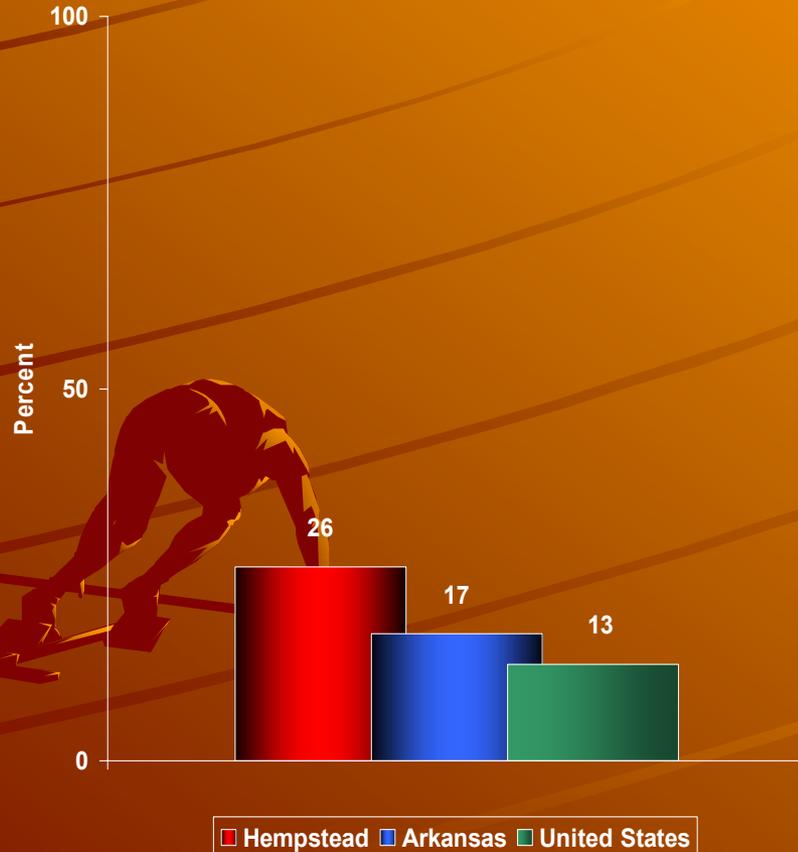
Women over 40 who reported that they had not had a mammogram in the past two years: Hempstead County (2004), Arkansas (2002), US (2002); and comparison with two neighboring counties (2003/2005).



Source: CAHS, BRFSS.

Pap smear

Women who reported that they had not had a pap smear in the past three years: Hempstead County (2003), Arkansas (2002), US (2002); and comparison with two neighboring counties (2005).



Source: CAHS, BRFSS.

What Can Your Hometown Health Coalition Do to Make a Difference?

☀ **Assess**

☀ **Identify**

☀ **Develop**

☀ **Evaluate**



Questions

