



DHHS

**ARKANSAS DEPARTMENT OF
HEALTH & HUMAN SERVICES**

Center for Health Statistics

**Van Buren County
CYHS**

April 18th, 2006

What is the County Youth Health Survey?

- **The CYHS is an 87 item multiple-choice questionnaire**
- **Developed by the Centers for Disease Control and Prevention**
- **To measure behaviors that put youth health at risk.**

Interpretation of results

- **“Snapshot in time”**
- **As accurate as students’ reporting**
- **Edited for consistency**
- **Confidential**

Introduction

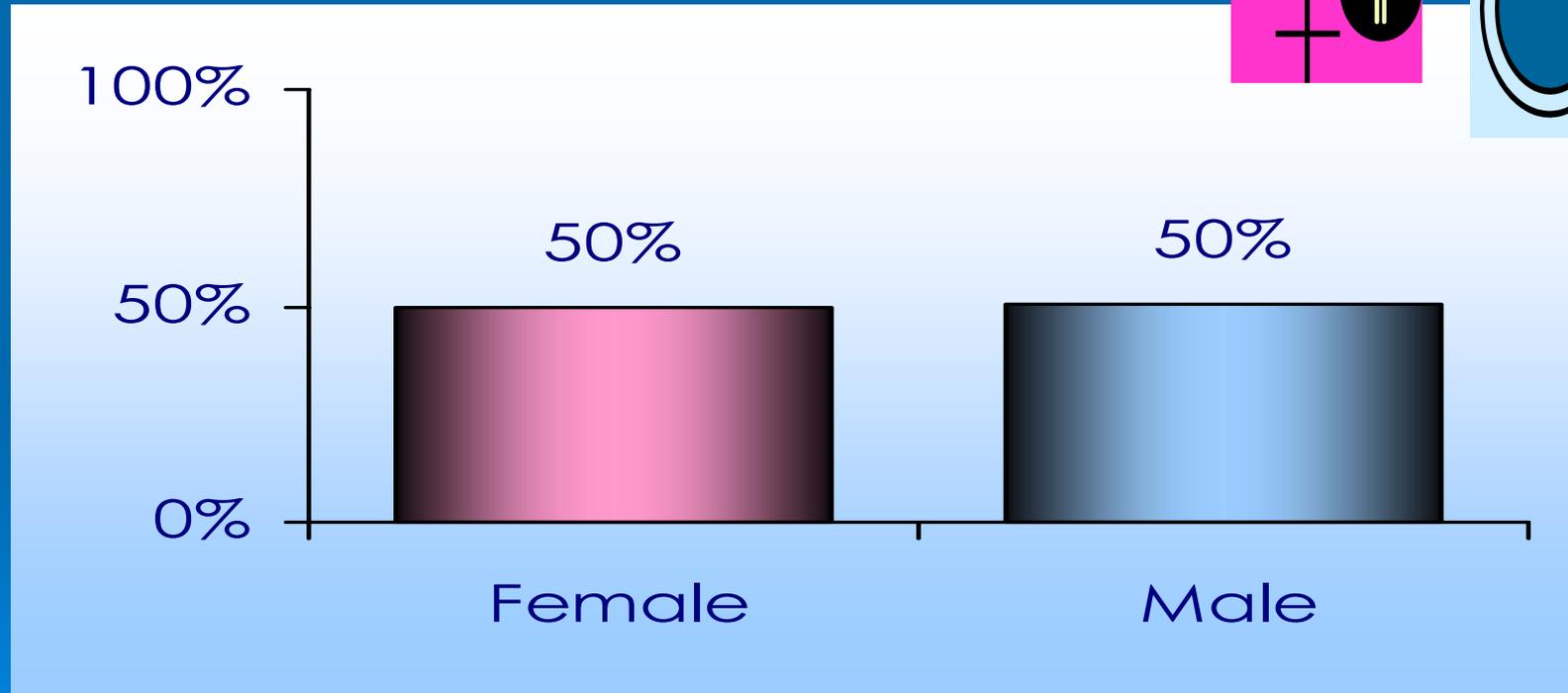
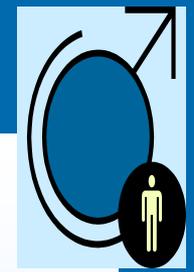
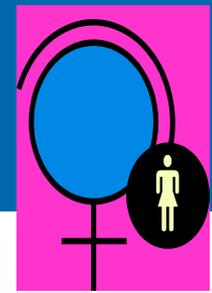
- **Behaviors that result in intentional & unintentional injuries**
- **Tobacco use**
- **Alcohol & other drug use**
- **Sexual behaviors**
- **Physical activity**
- **Nutrition**

Van Buren County...

- **Survey was administered in February 2006.**
- **A total of 817 students in 7th - 12th grade completed valid surveys for a response rate of approximately 95%.**
- **The survey was representative of the 7th -12th grade school population.**

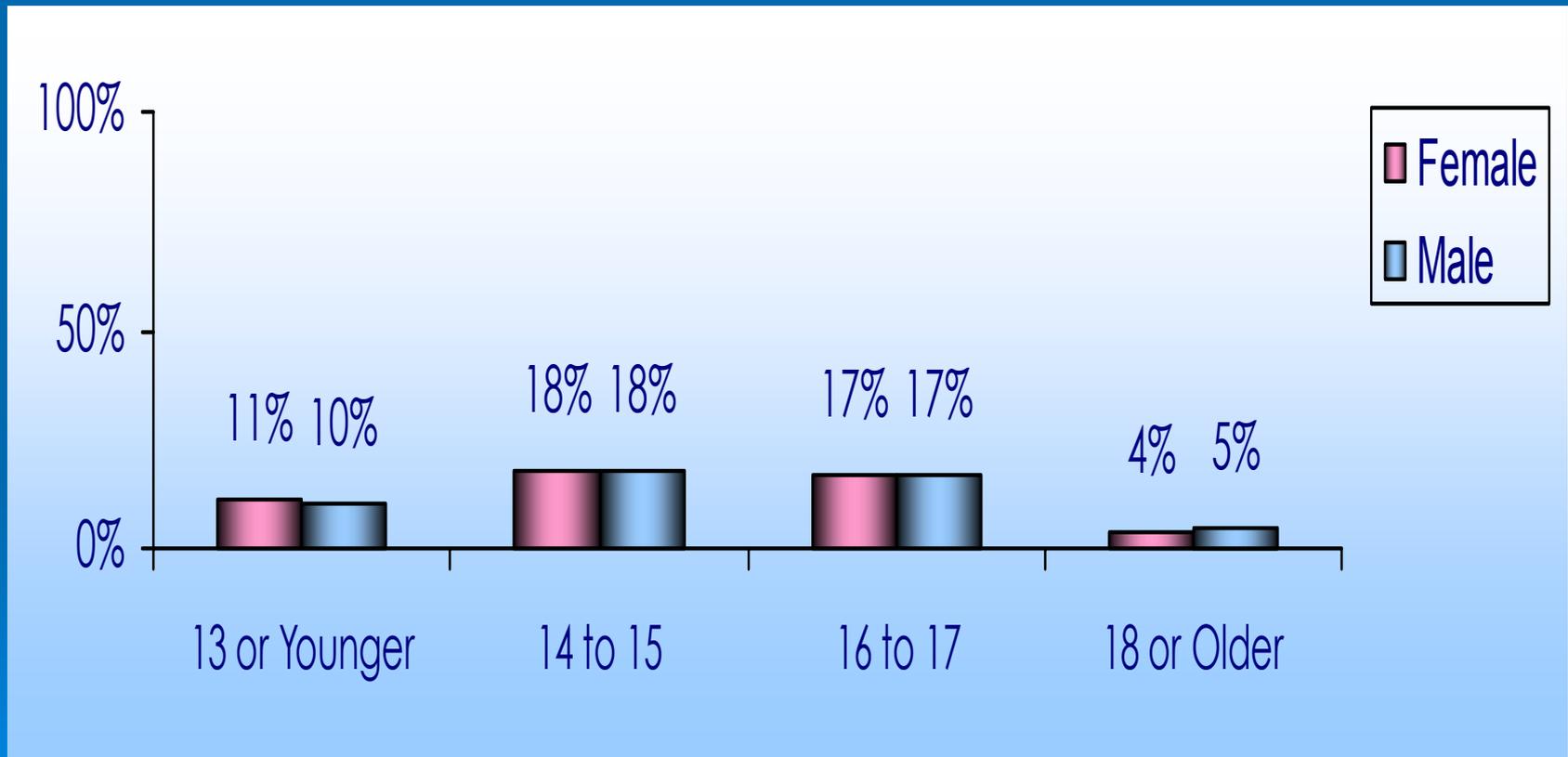
Demographics of 2004 Survey Participants

Gender



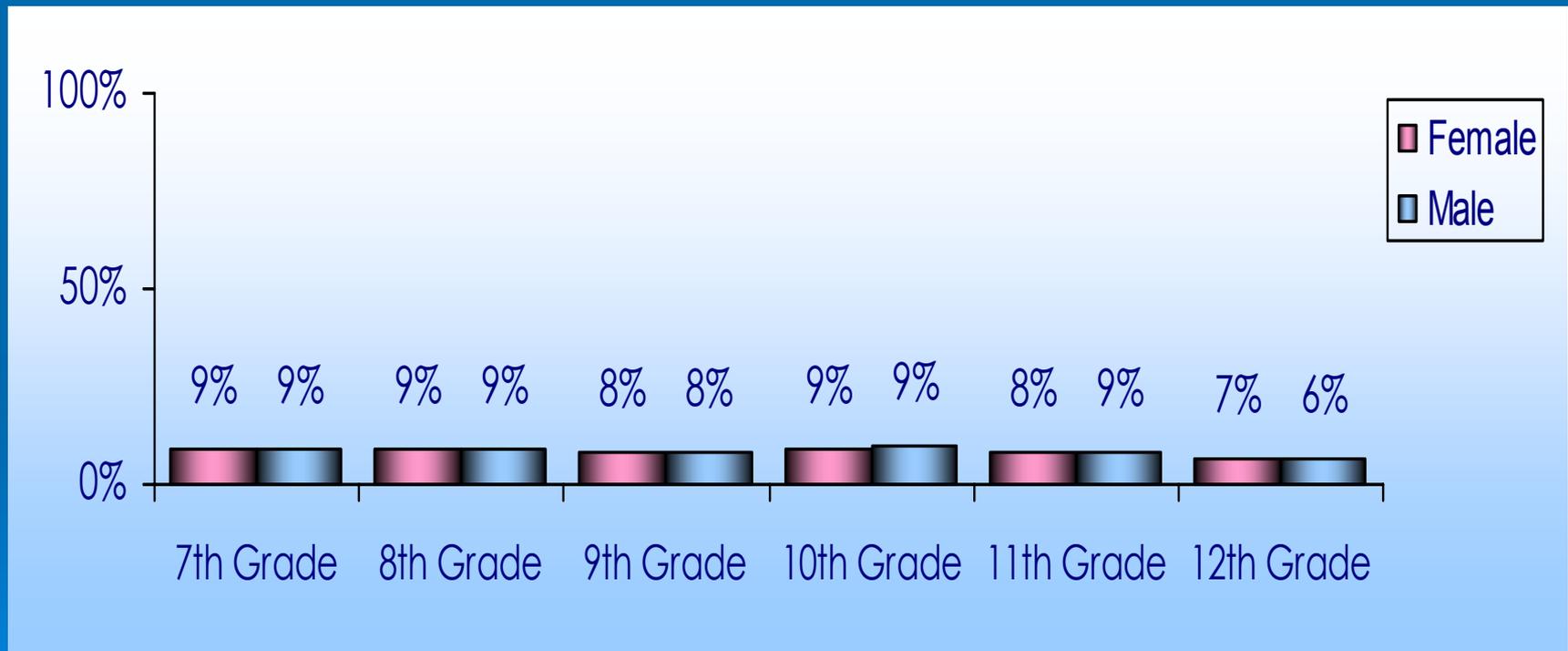
Demographics of 2004 Survey Participants

Age

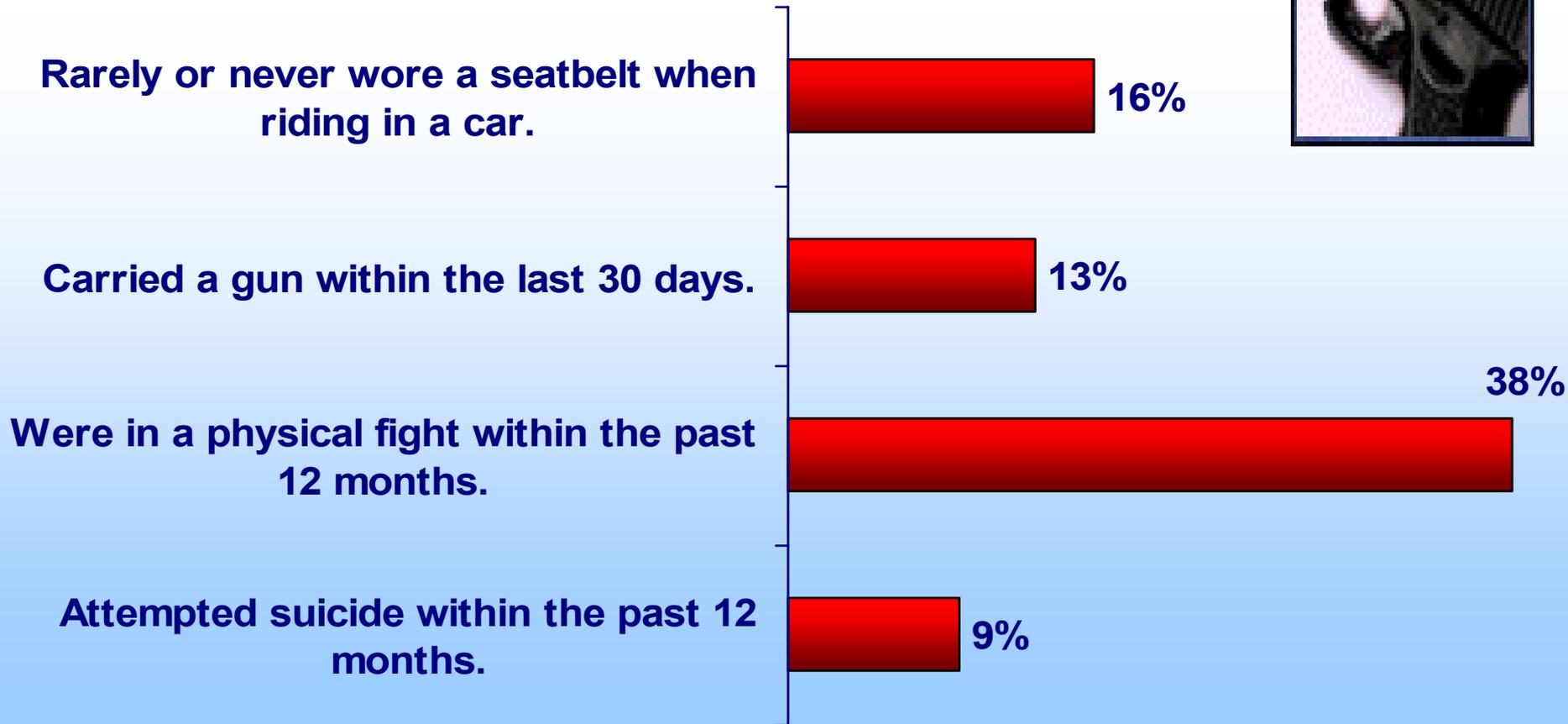


Demographics of 2004 Survey Participants

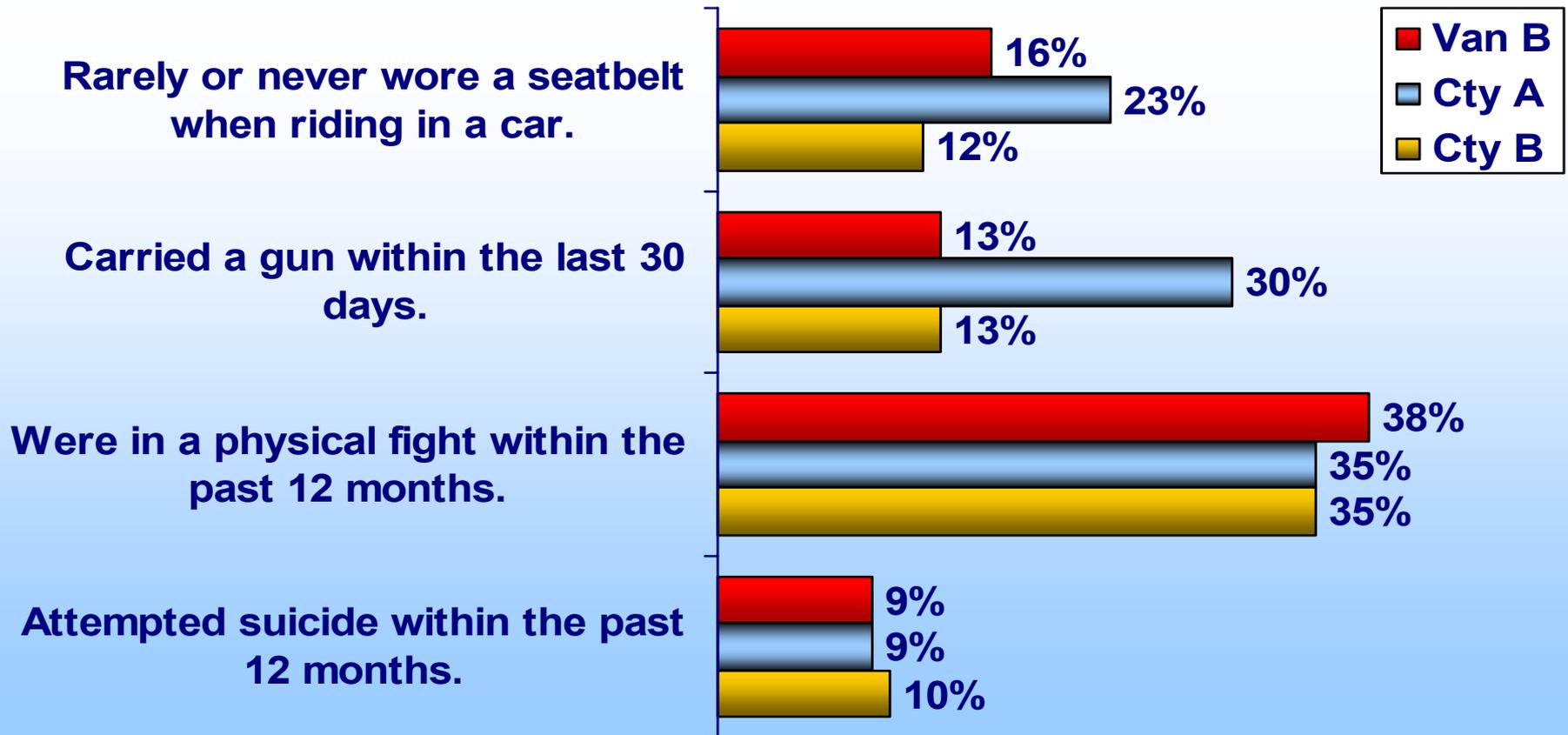
Grade



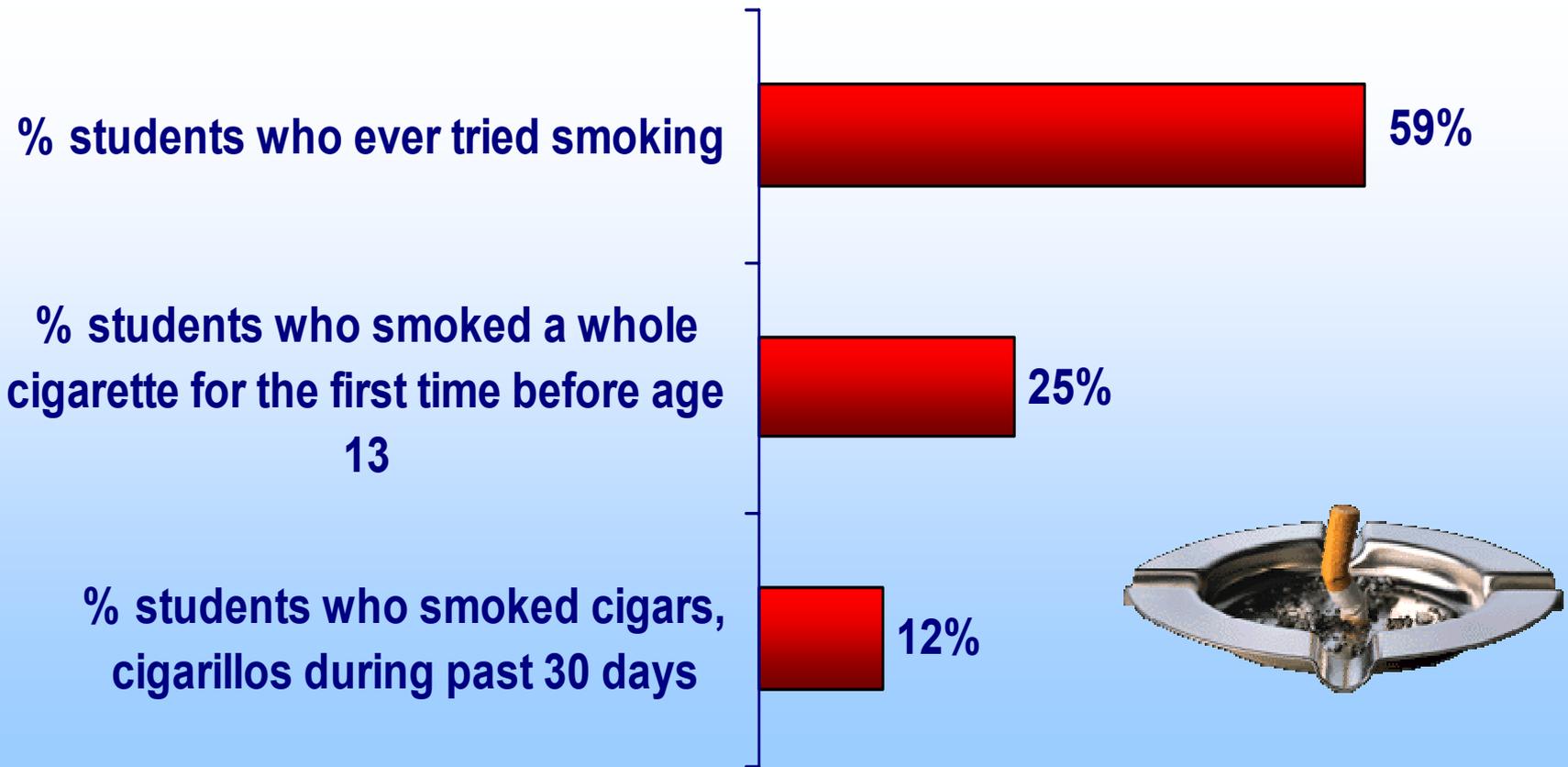
Summary of Van Buren County 2006 CYHS Findings Physical Safety/Injuries



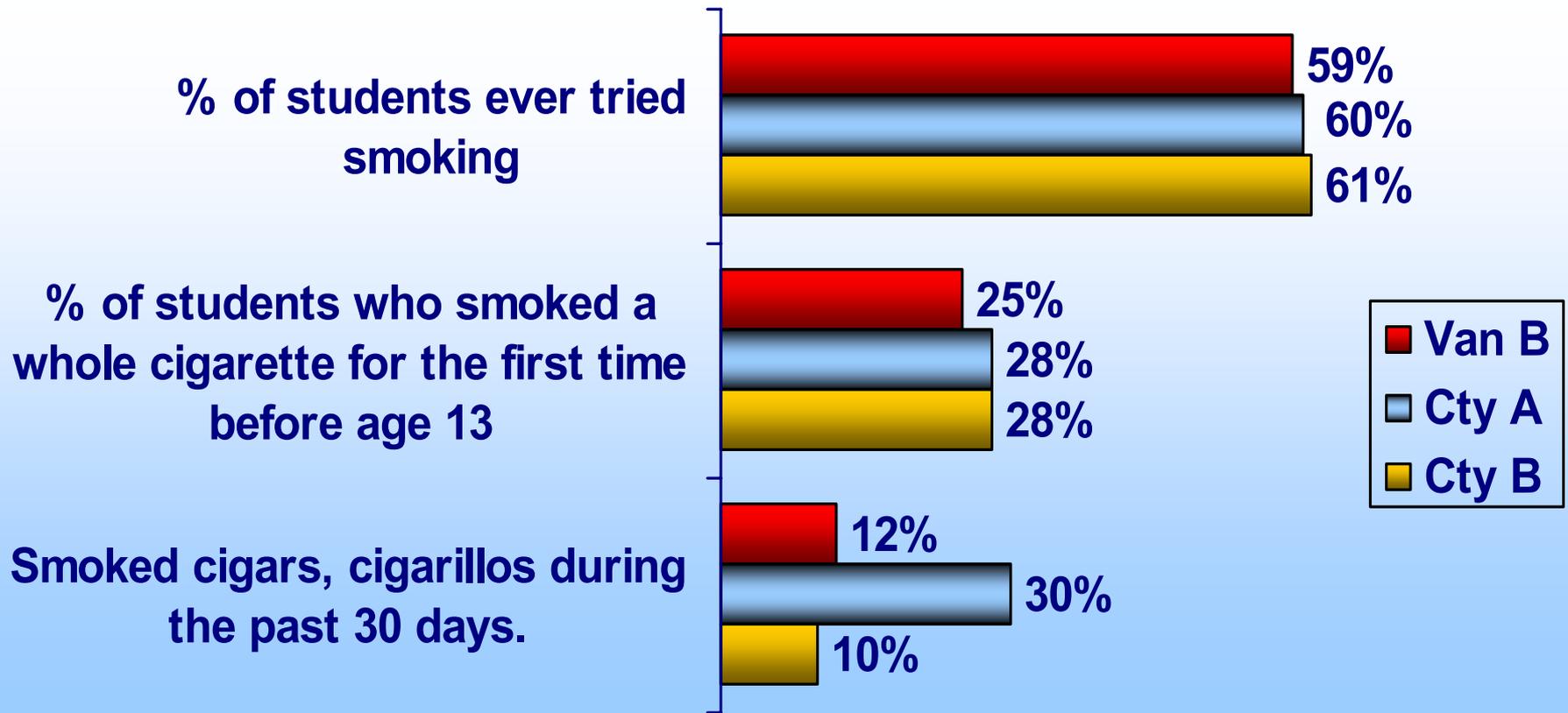
Summary of Van Buren County Comparison with neighbors CYHS 2003-2005 Physical Safety/Injuries



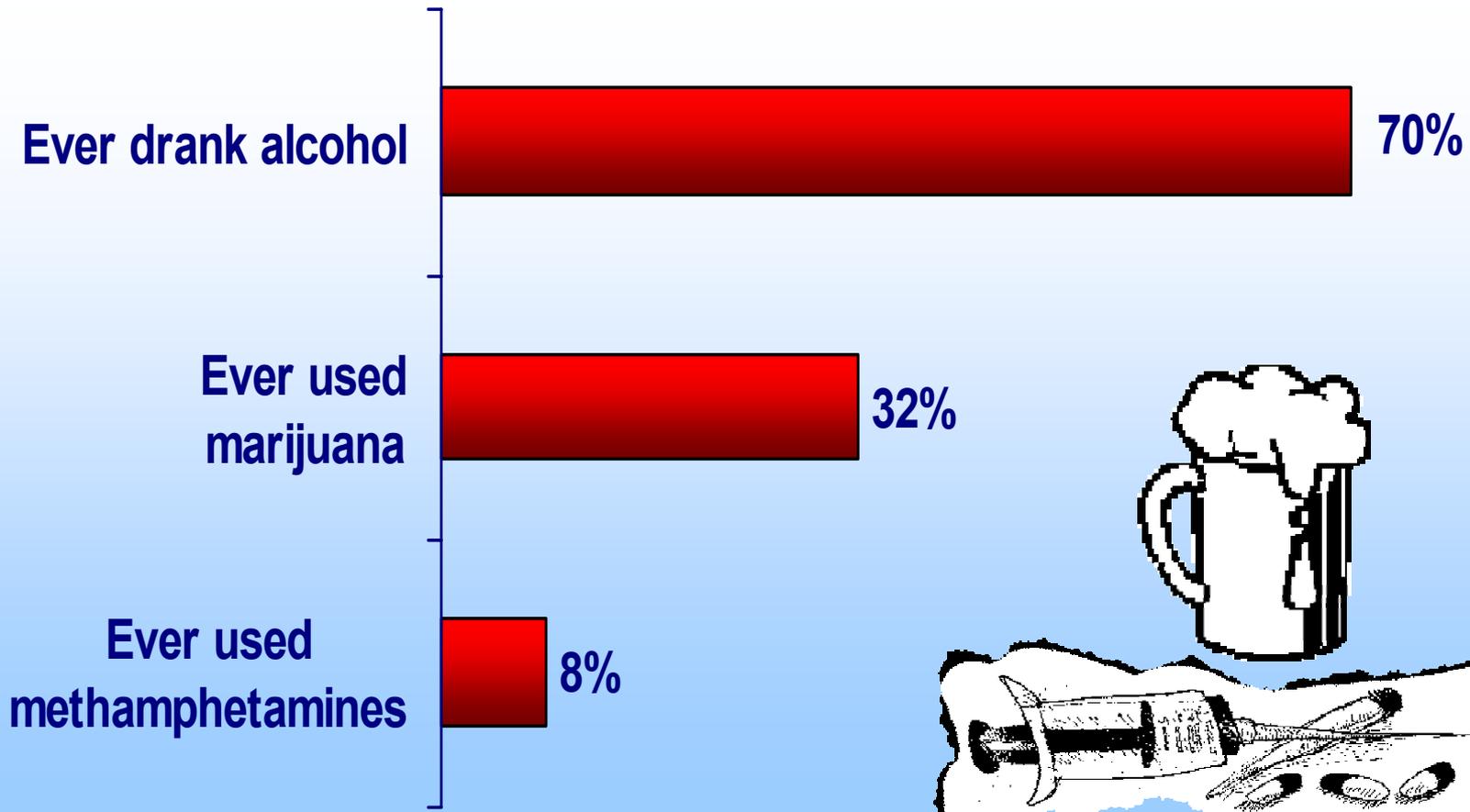
Summary of Van Buren County 2006 CYHS Findings Tobacco



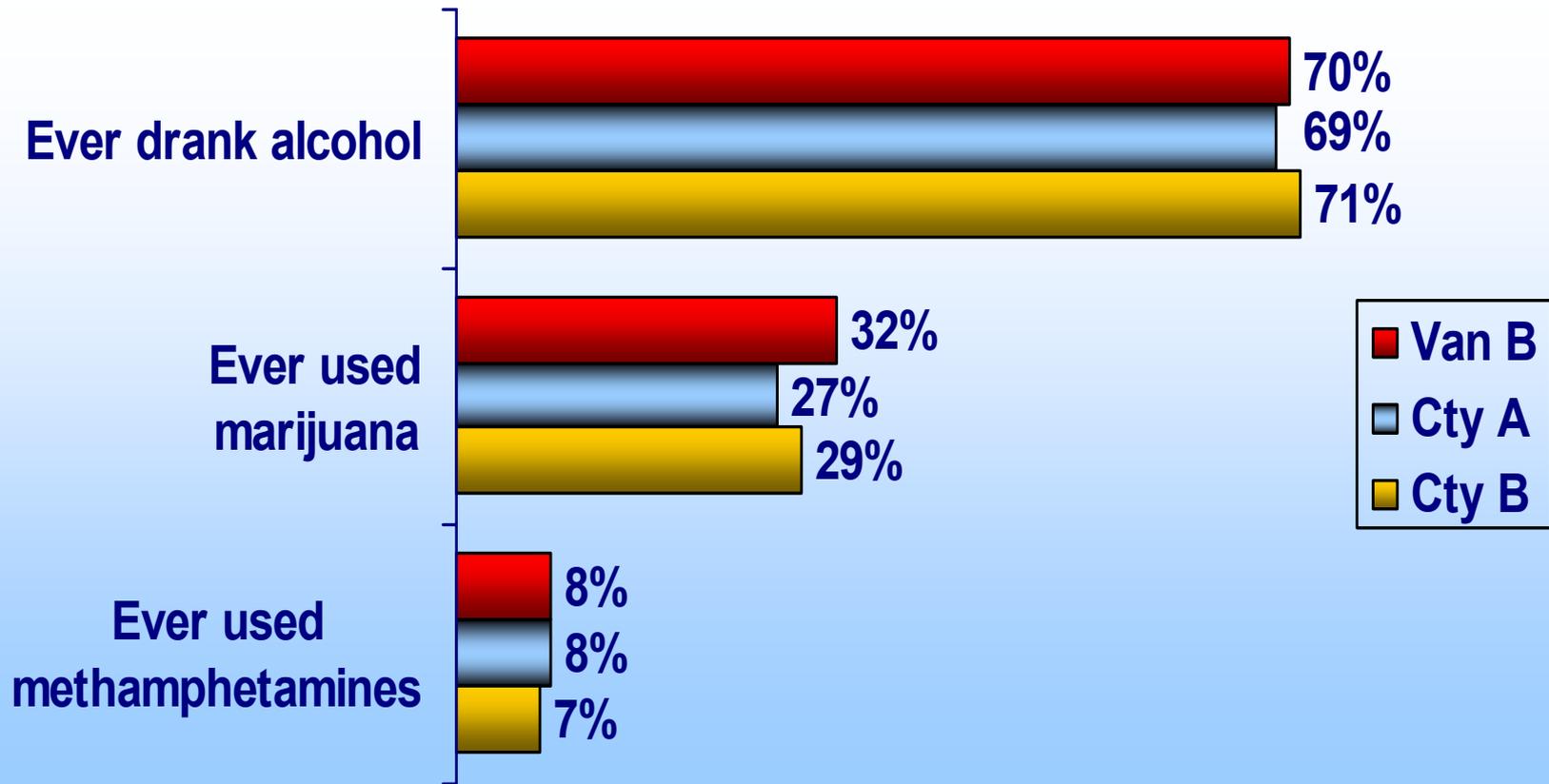
Summary of Van Buren County Comparison with neighbors CYHS 2003-2005 Tobacco



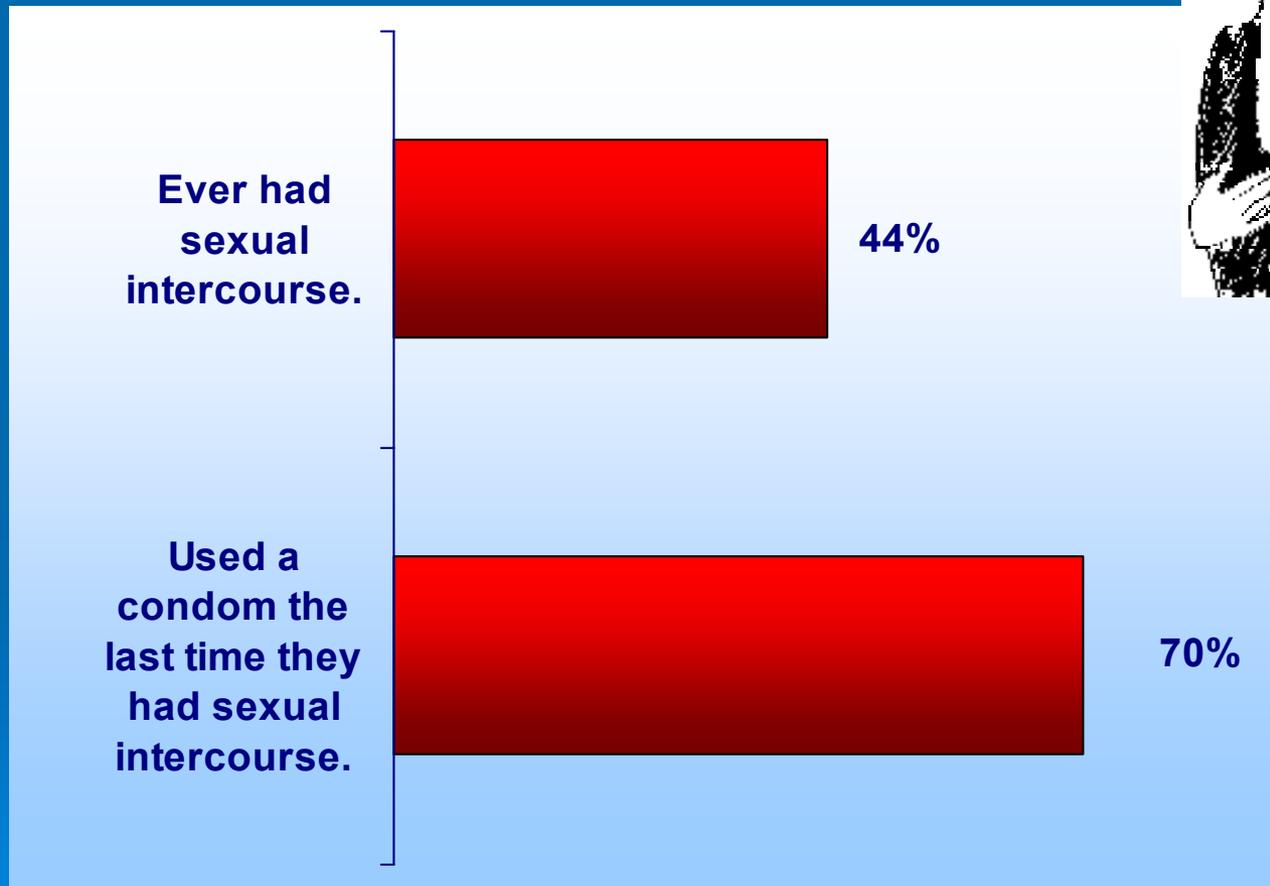
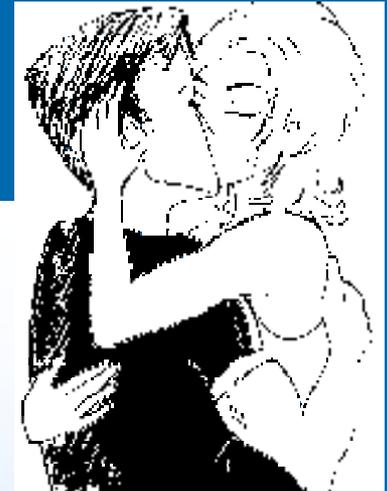
Summary of Van Buren County 2006 CYHS Findings Alcohol & Other Drugs



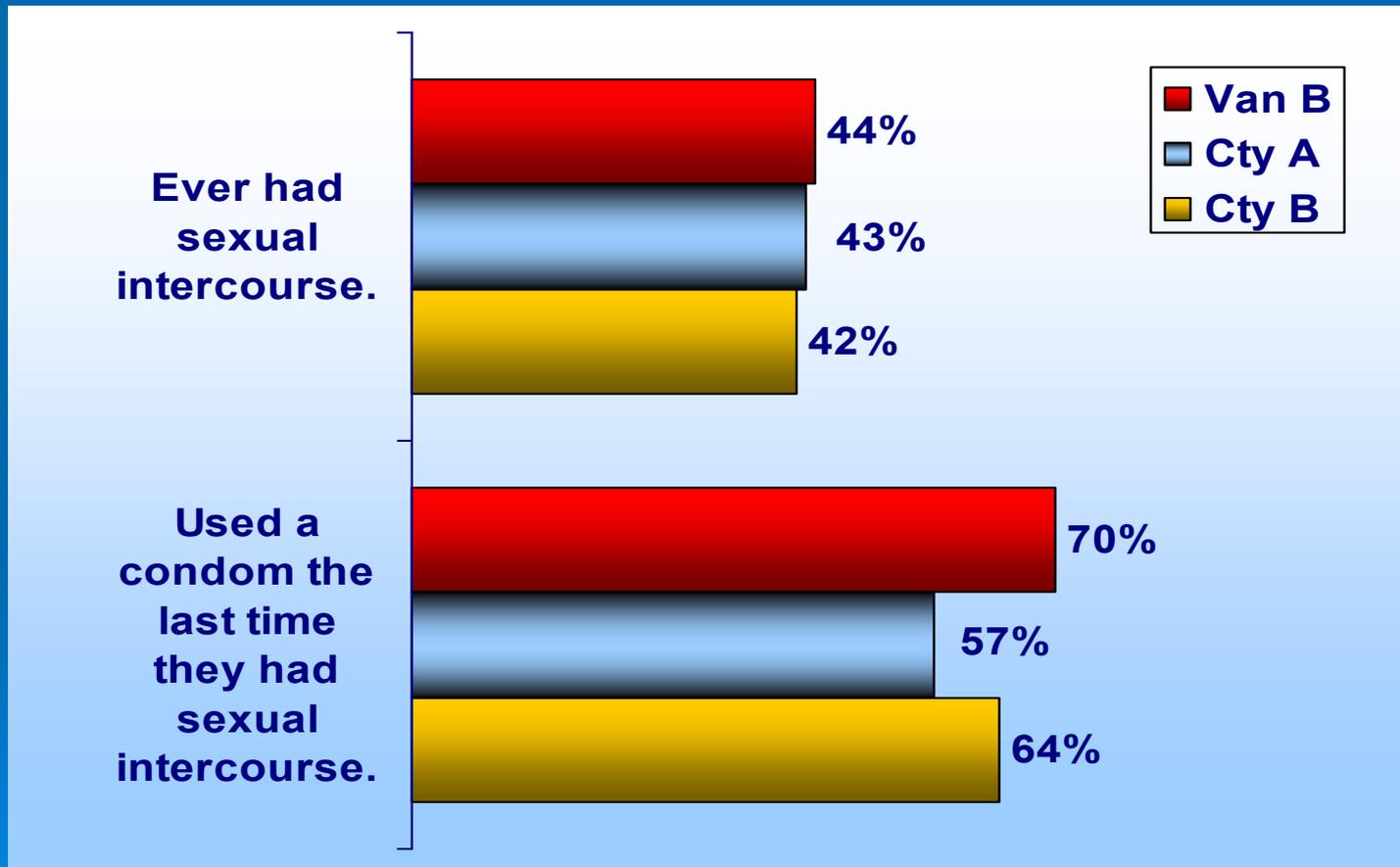
Summary of Van Buren County Comparison with neighbors CYHS 2003-2005 Alcohol & Other Drugs



Summary of Van Buren County 2006 CYHS Findings Sexual Behavior



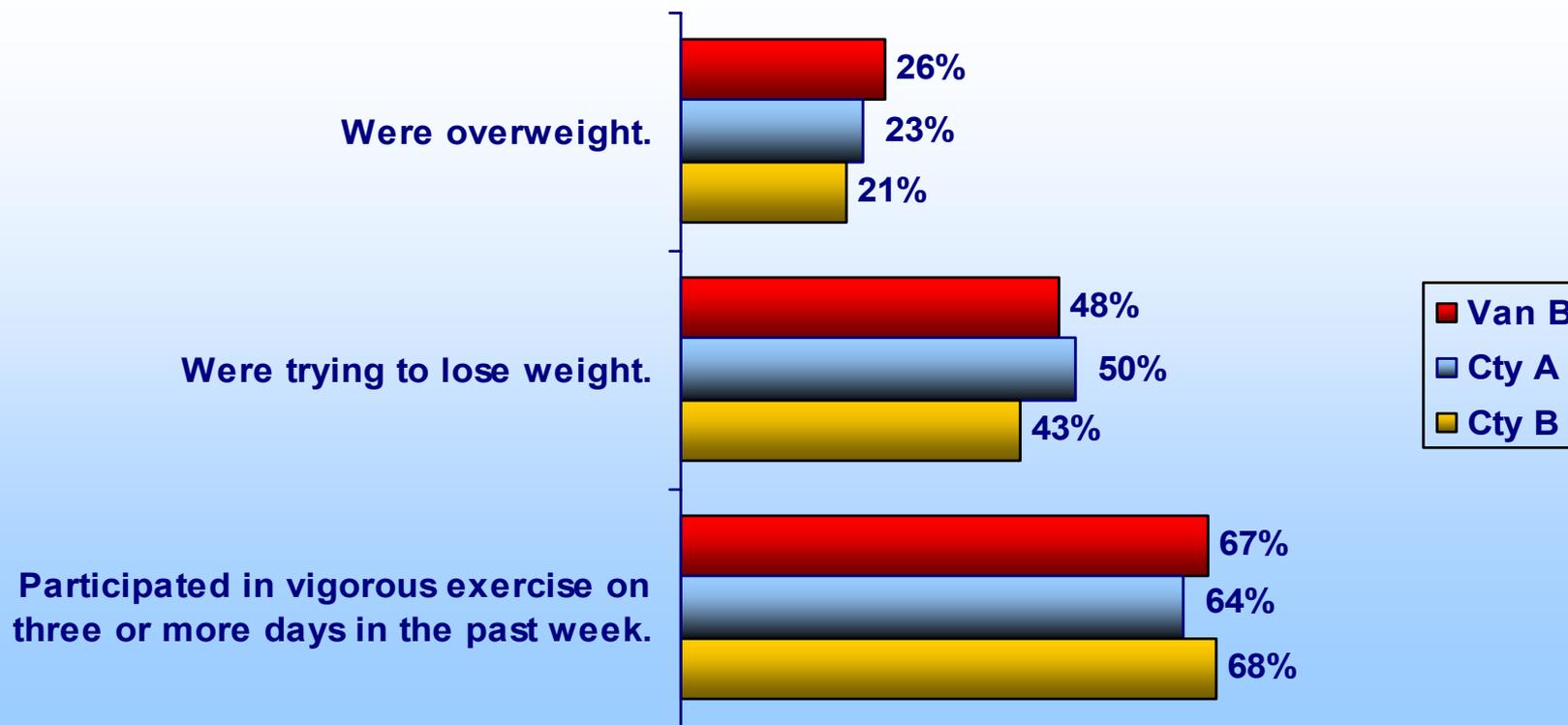
Summary of Van Buren County Comparison with neighbors CYHS 2003-2005 Sexual Behavior



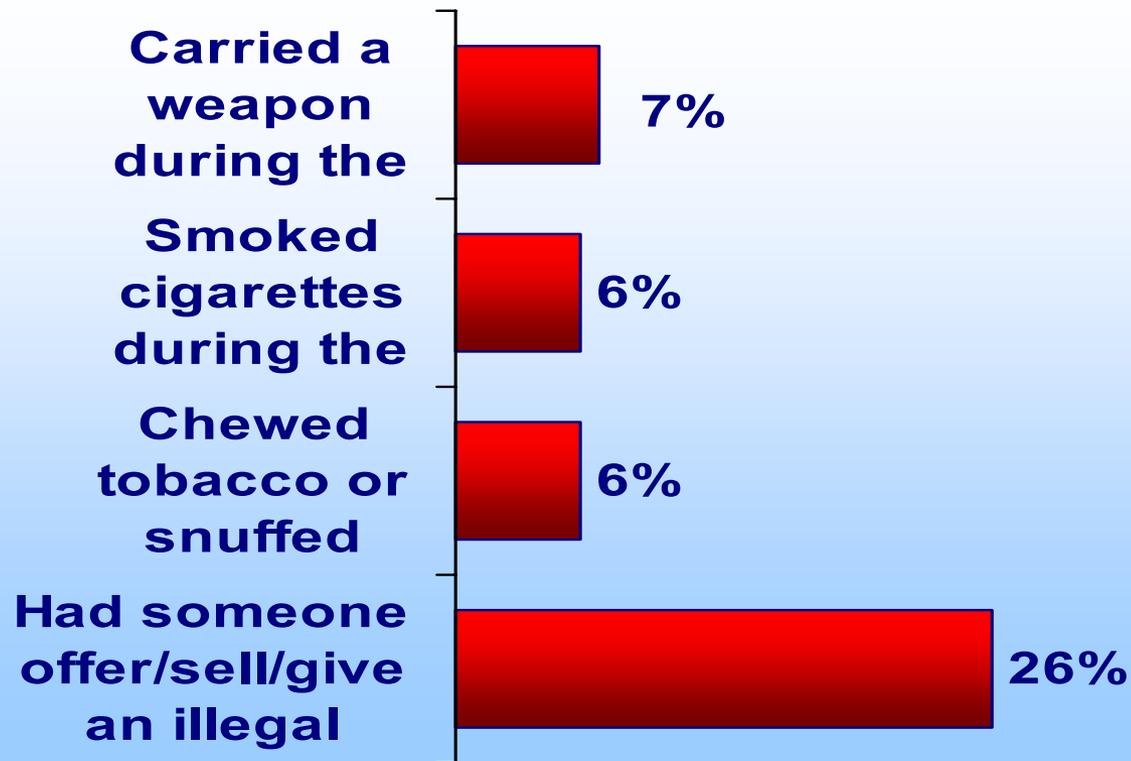
Summary of Van Buren County 2006 CYHS Findings Diet & Exercise



Summary of Van Buren County Comparison with neighbors CYHS 2003-2005 Diet & Exercise

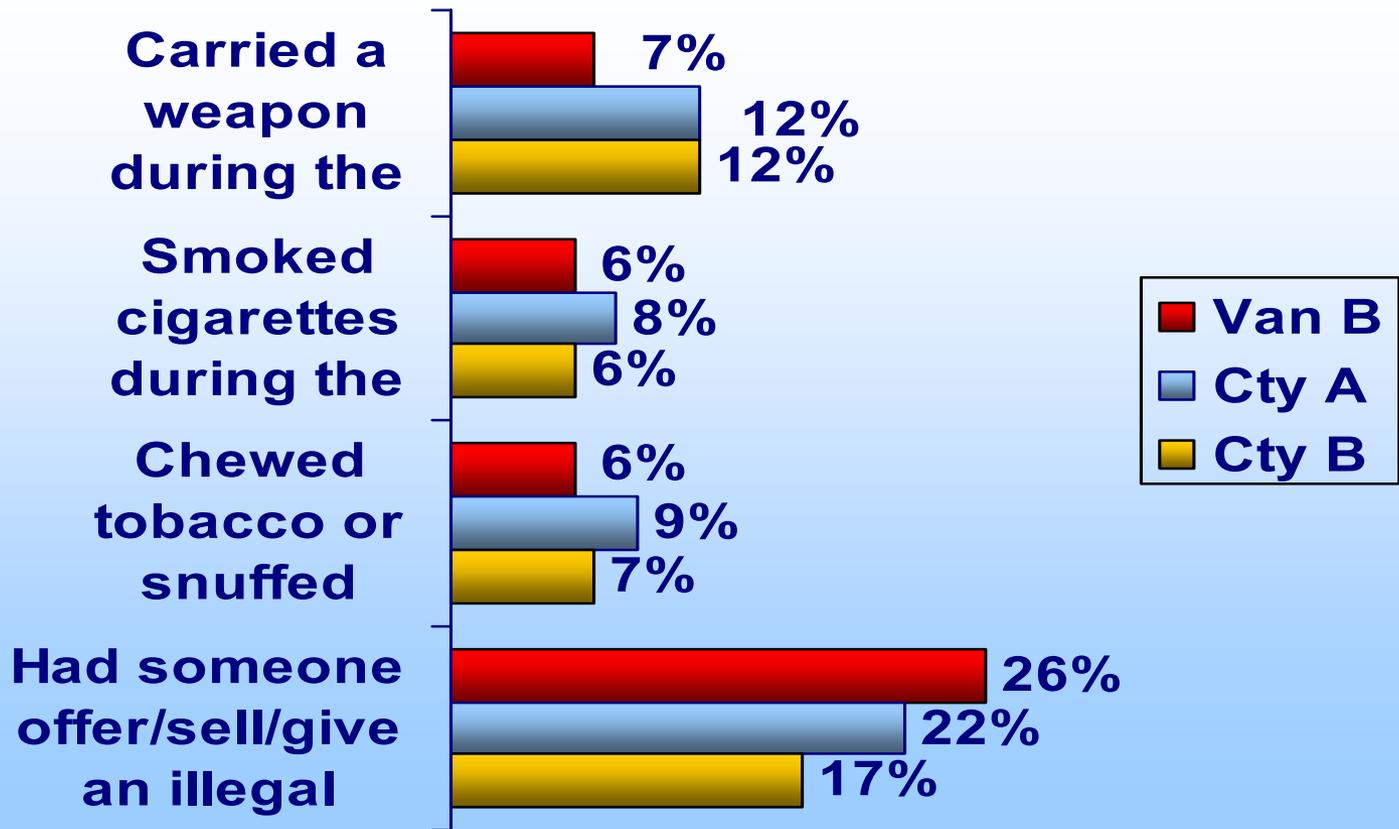


Summary of Van Buren County 2006 CYHS Findings Behavior on School Property



Summary of Van Buren County Comparison with neighbors CYHS 2003-2005

School Property

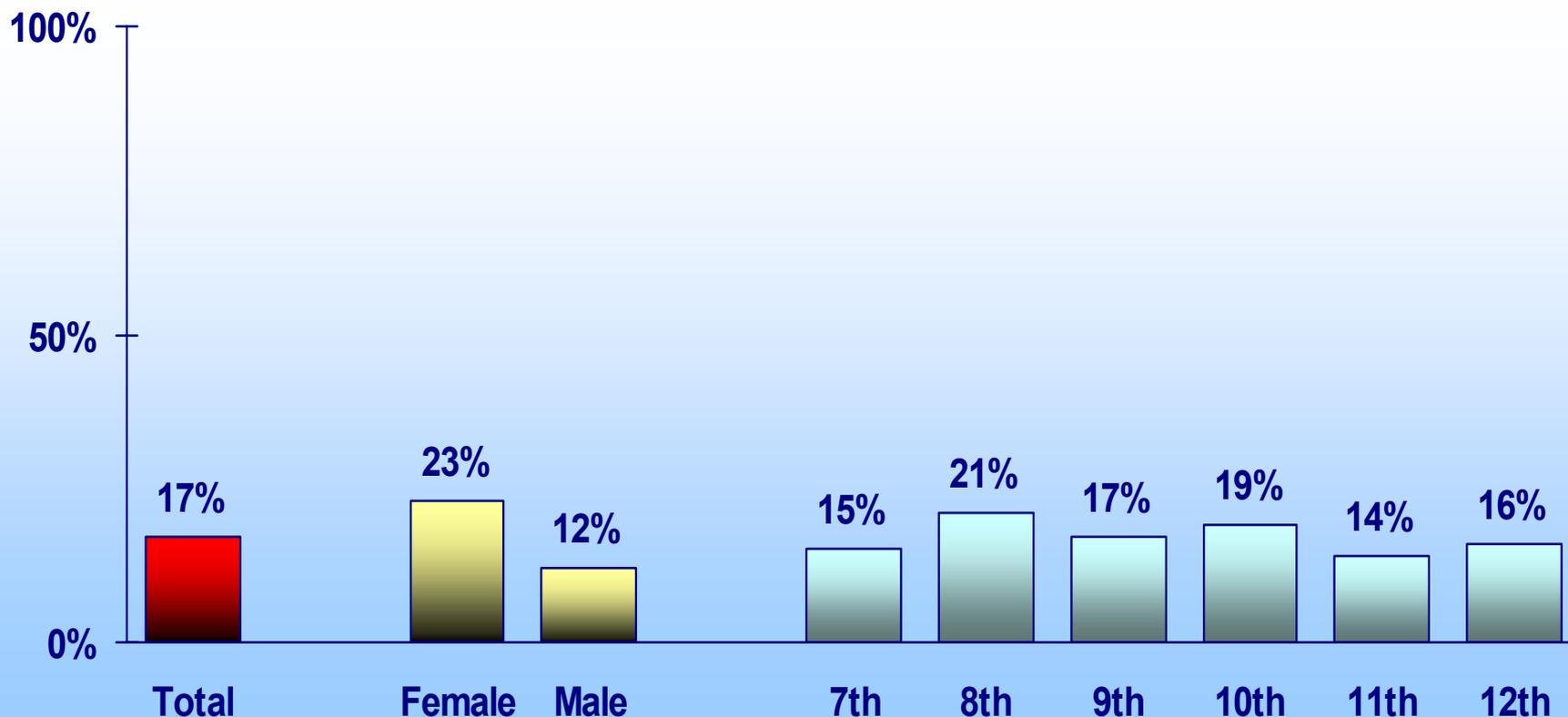


Detailed Findings-Violence



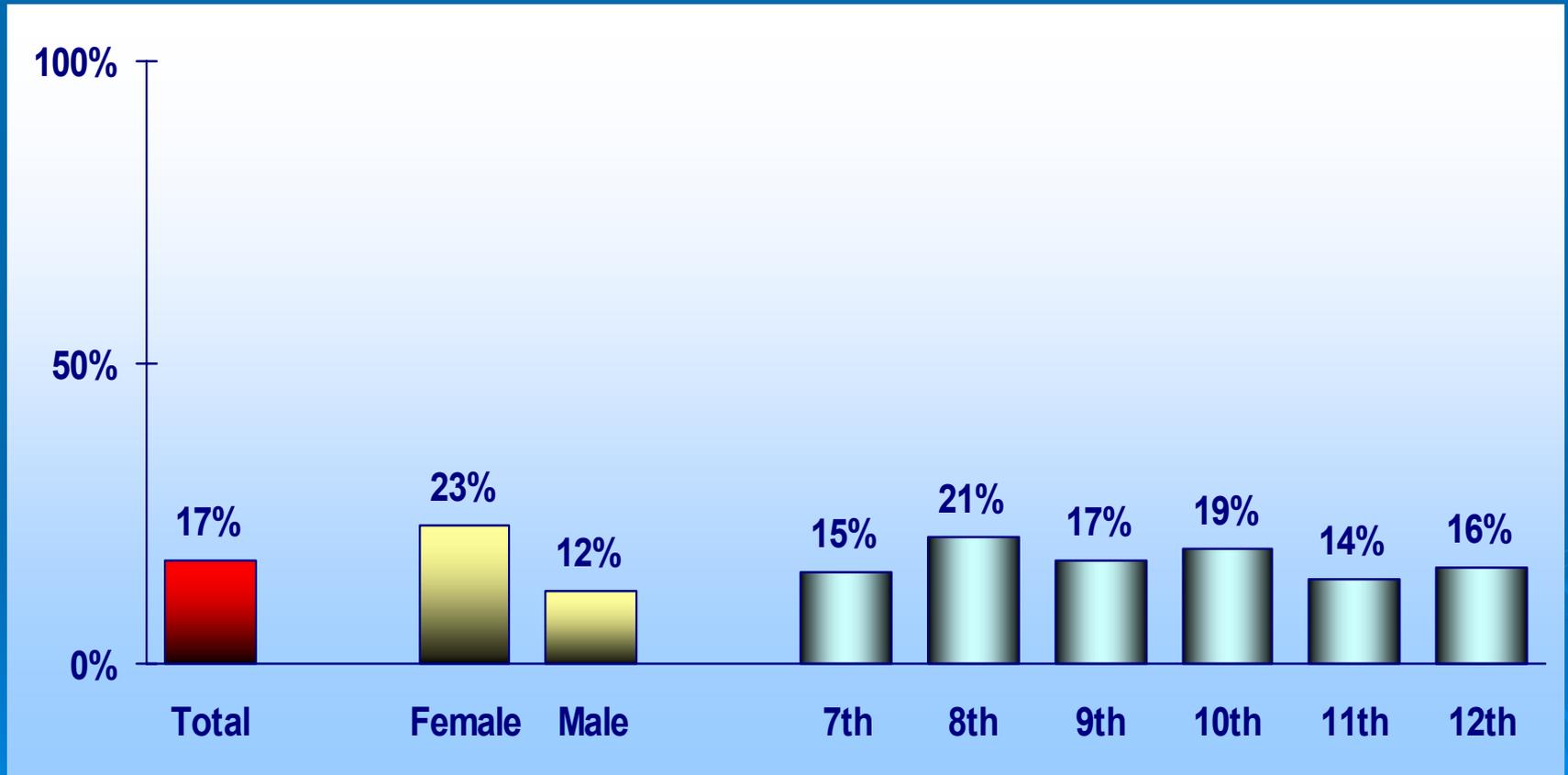
Van Buren 2006 Results

Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.



Van Buren 2006 Results

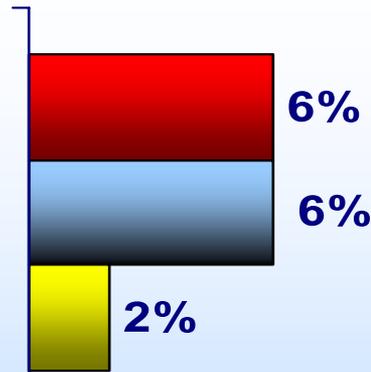
Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



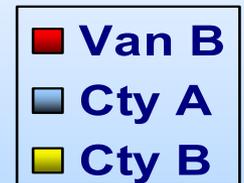
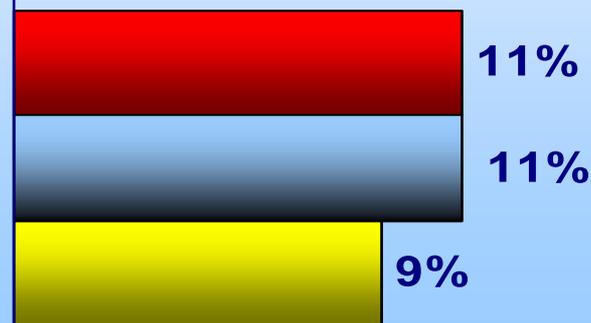
Comparison with neighbors CYHS 2003-2005

Violence

% students who did not go to school on one or more of past 30 days because they felt unsafe at school or on their way to or from school



% students who were hit, slapped or physically hurt by a boy/girl friend



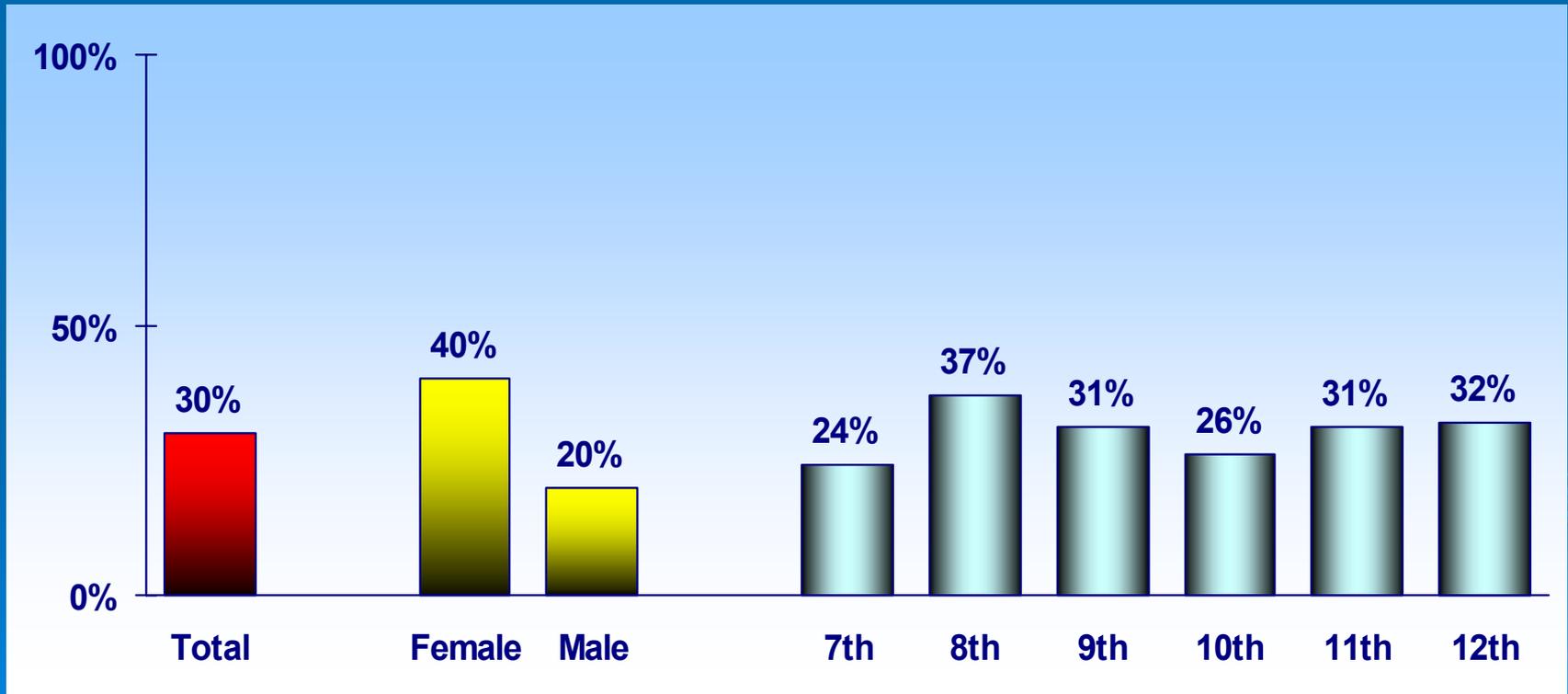


Detailed Findings-Depression & Suicide



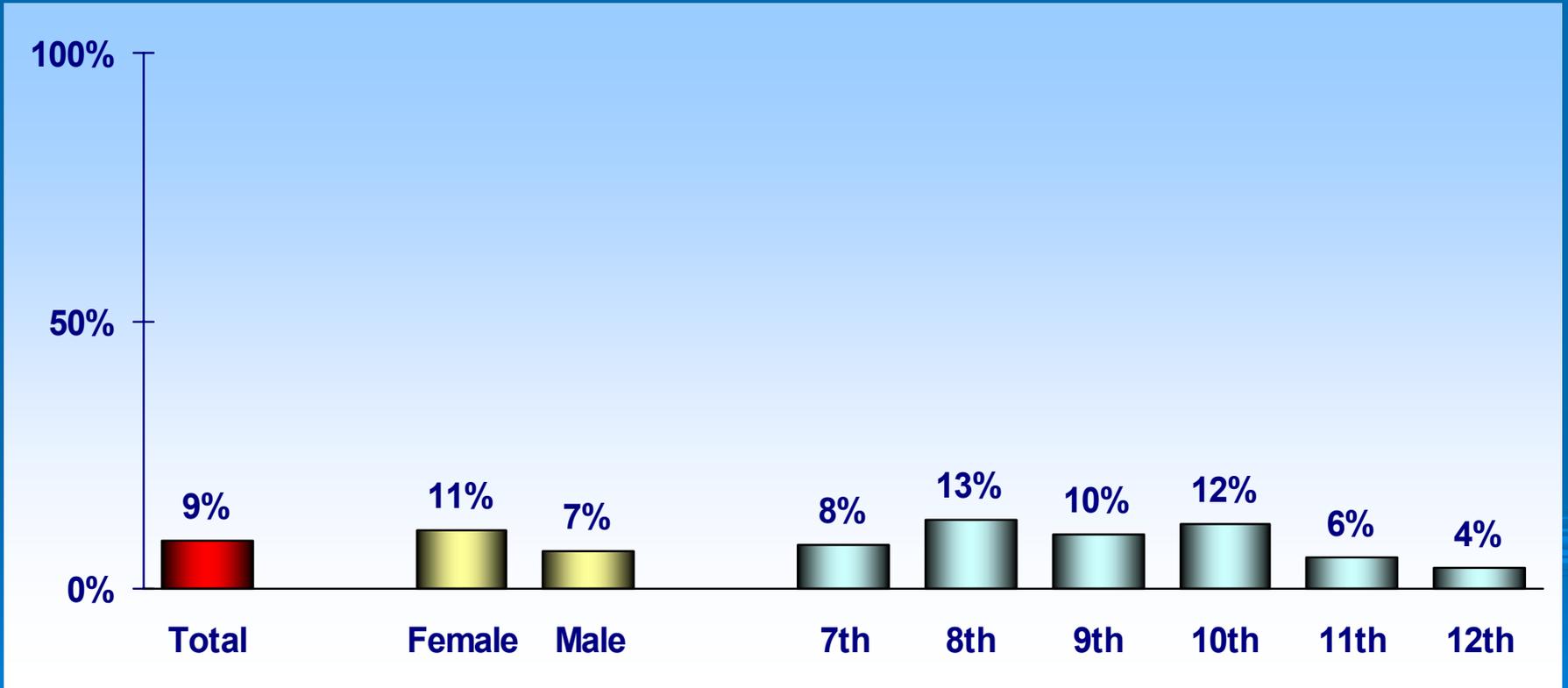
Van Buren 2006 Results

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.



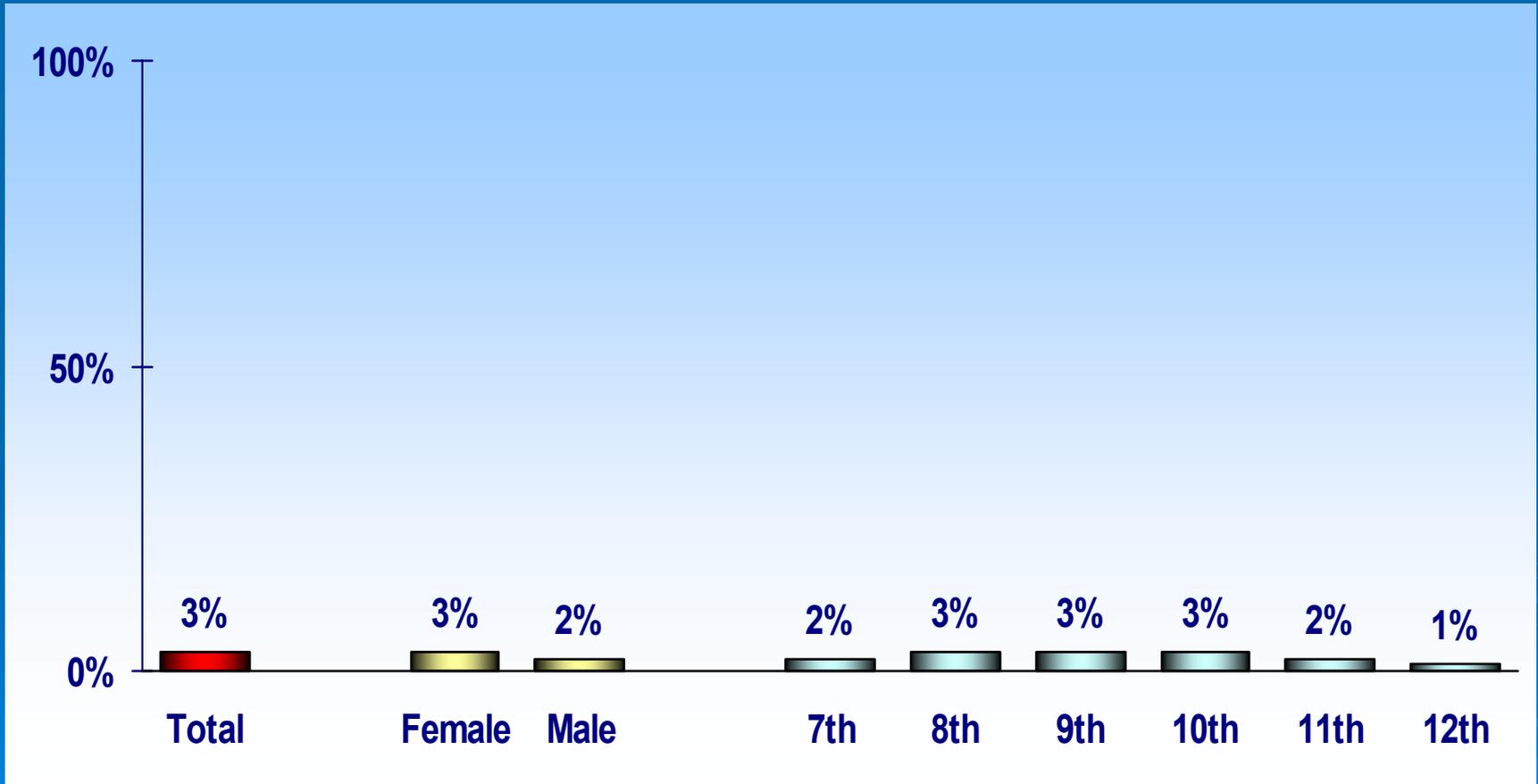
Van Buren 2006 Results

Percentage of students who actually attempted suicide one or more times during the past 12 months.



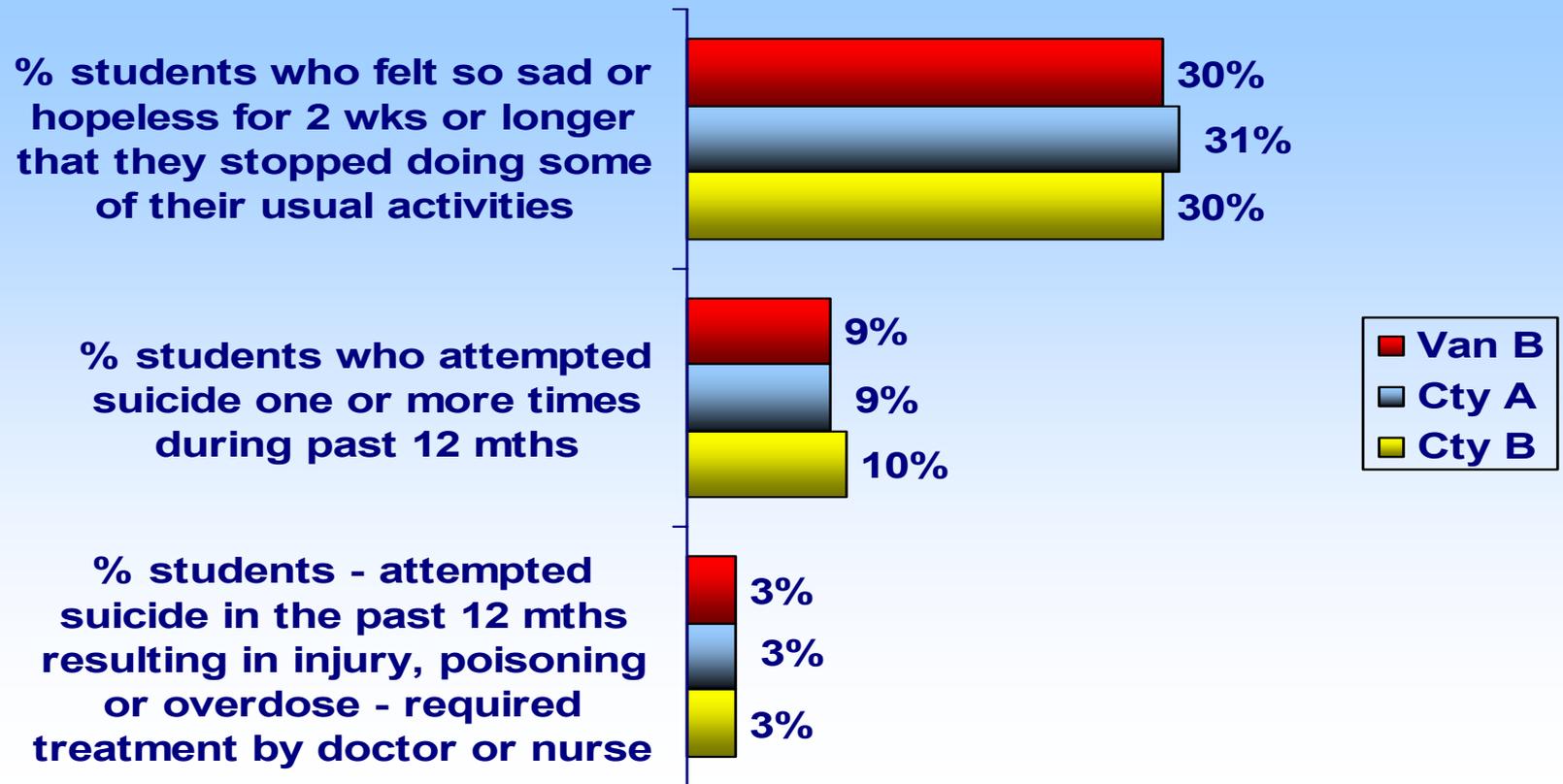
Van Buren 2006 Results

Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.



Comparison with neighbors CYHS 2003-2005

Depression and Suicide



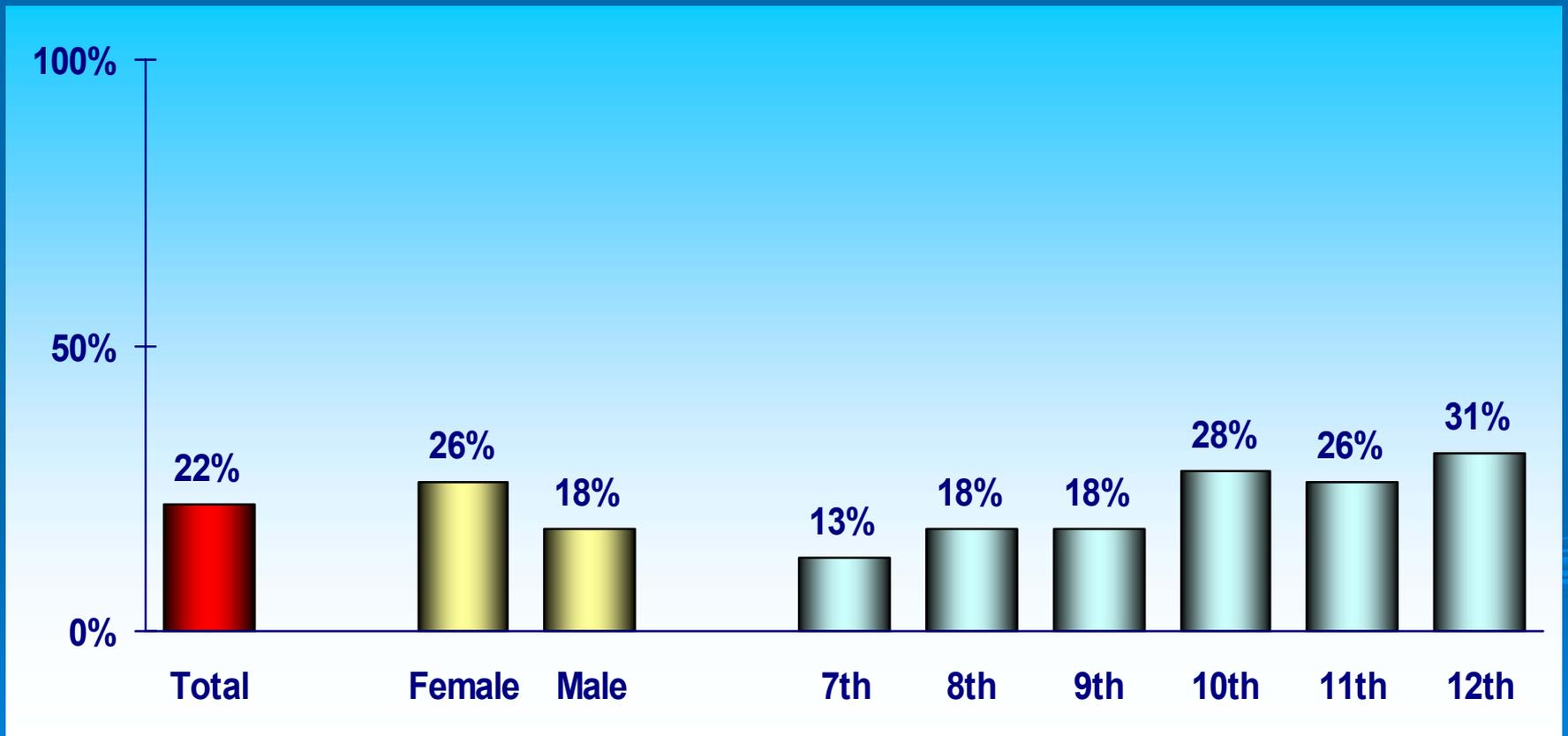


Detailed Findings-Tobacco



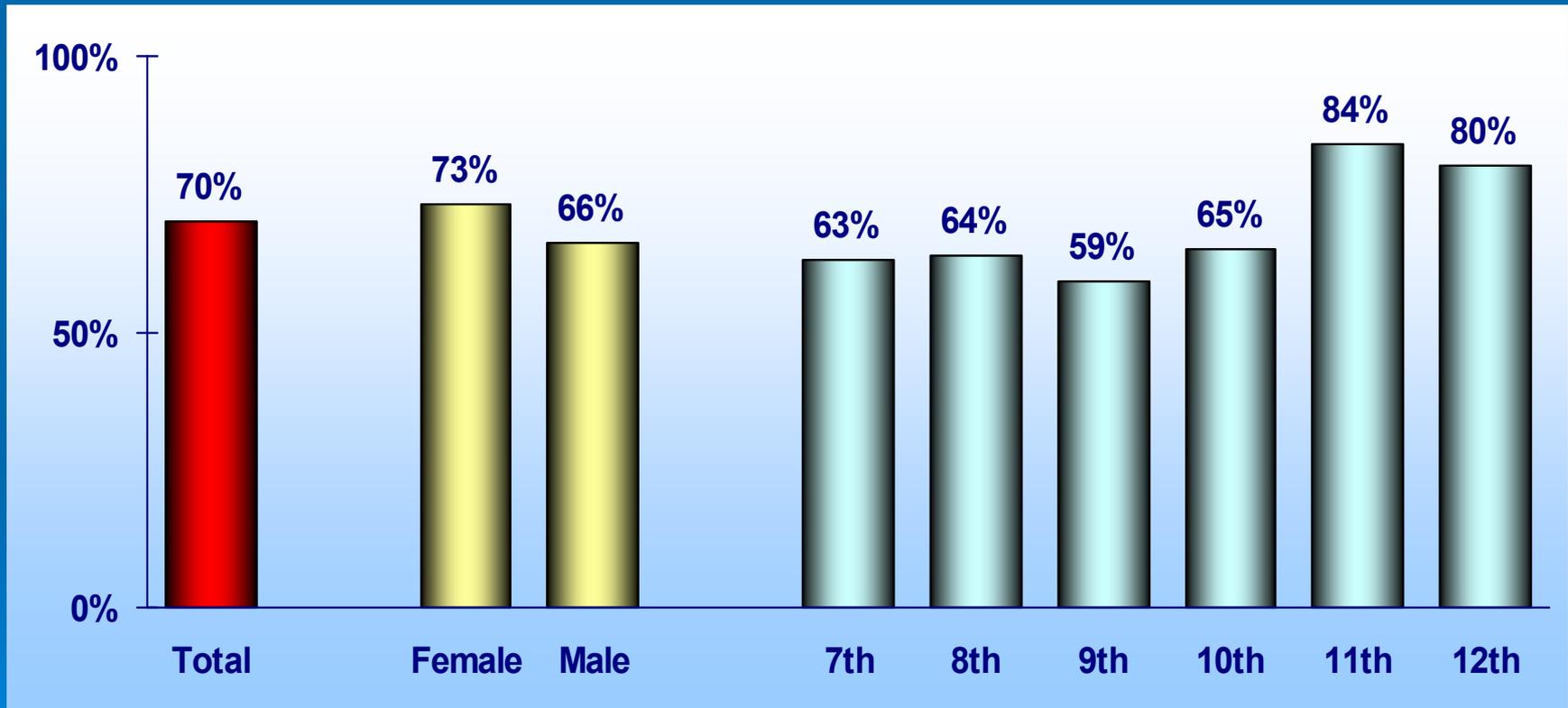
Van Buren 2006 Results

Percentage of students who smoked cigarettes on one or more of the past 30 days.



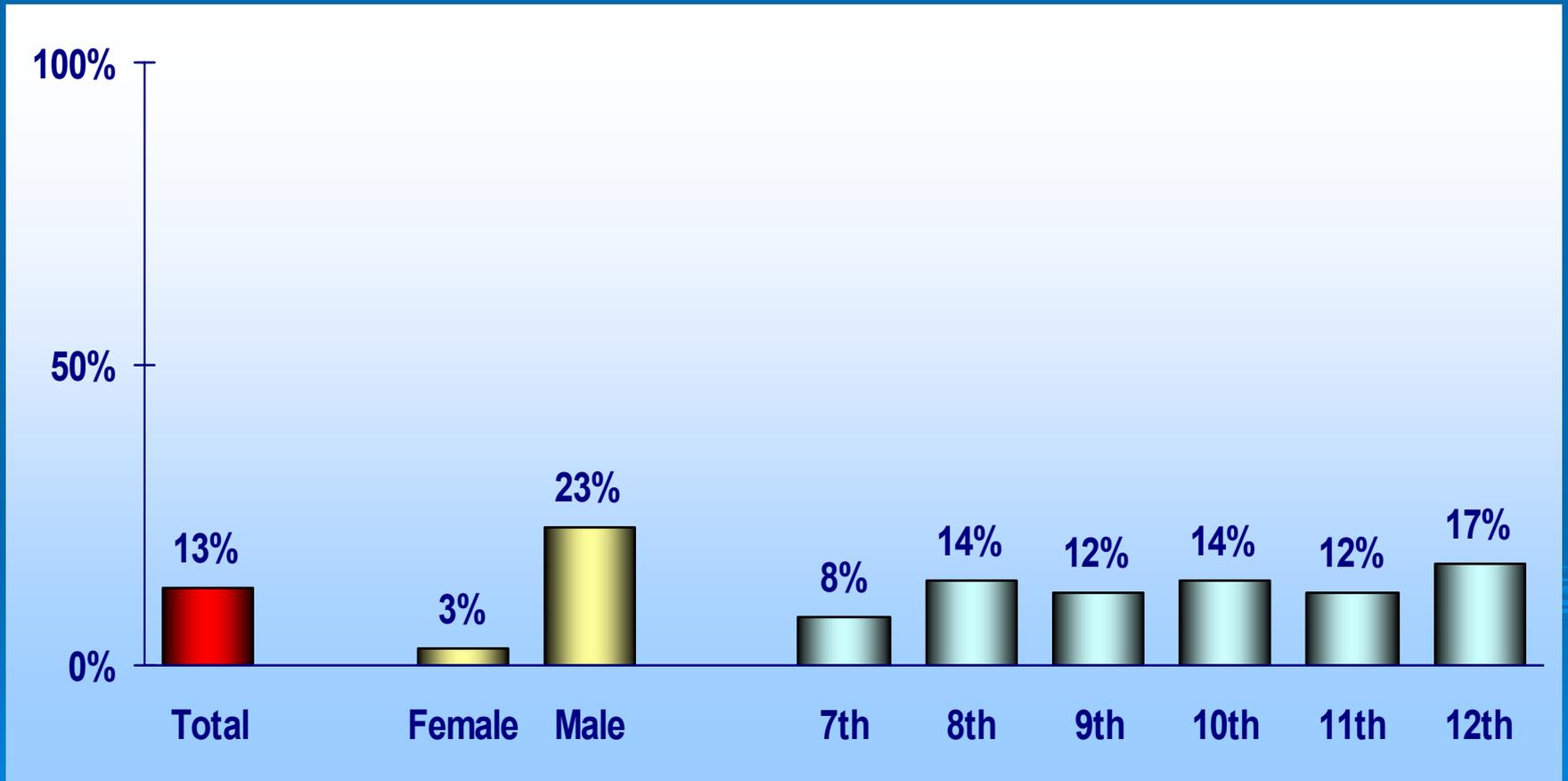
Van Buren 2006 Results

Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.



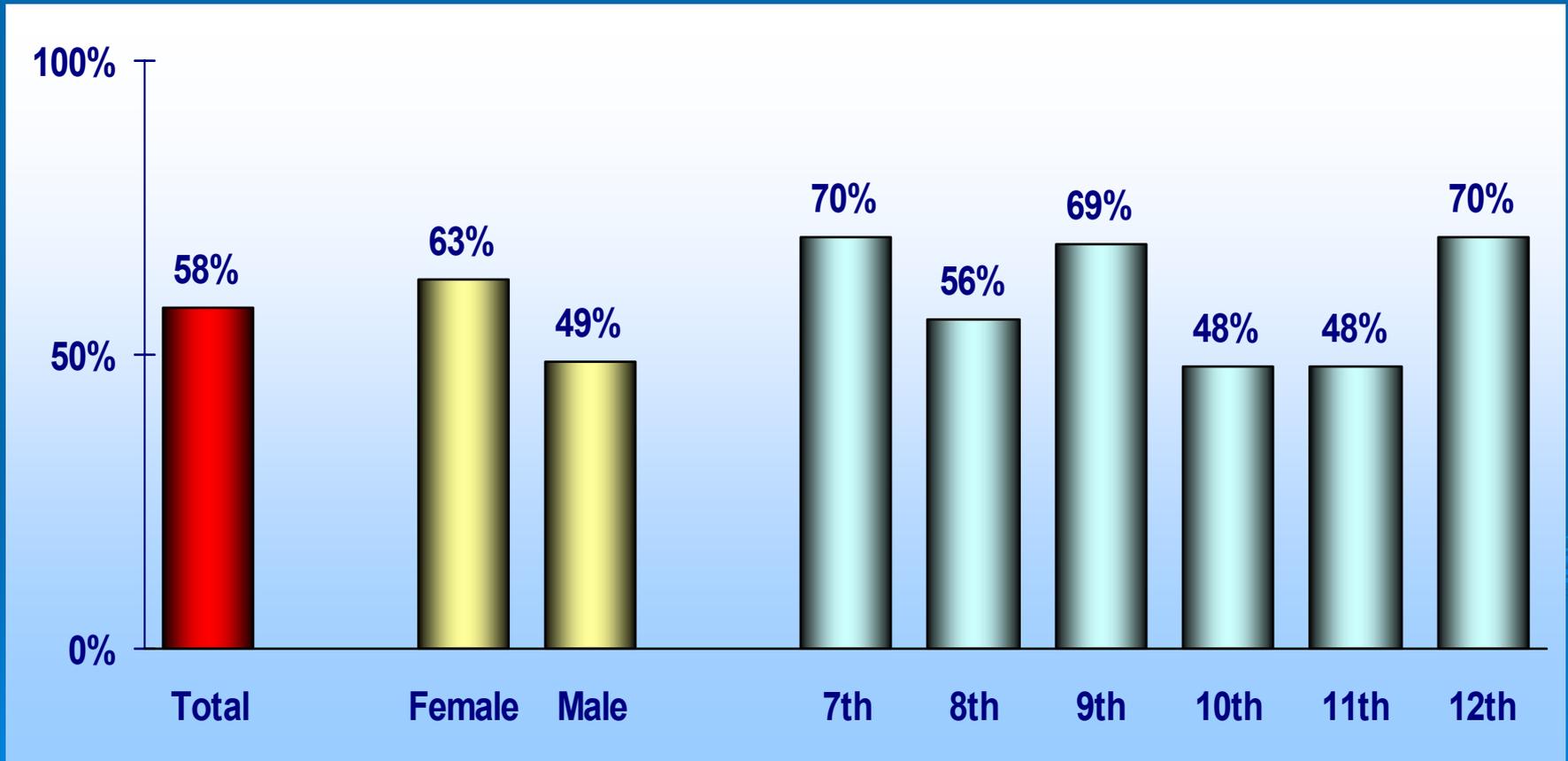
Van Buren 2006 Results

Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



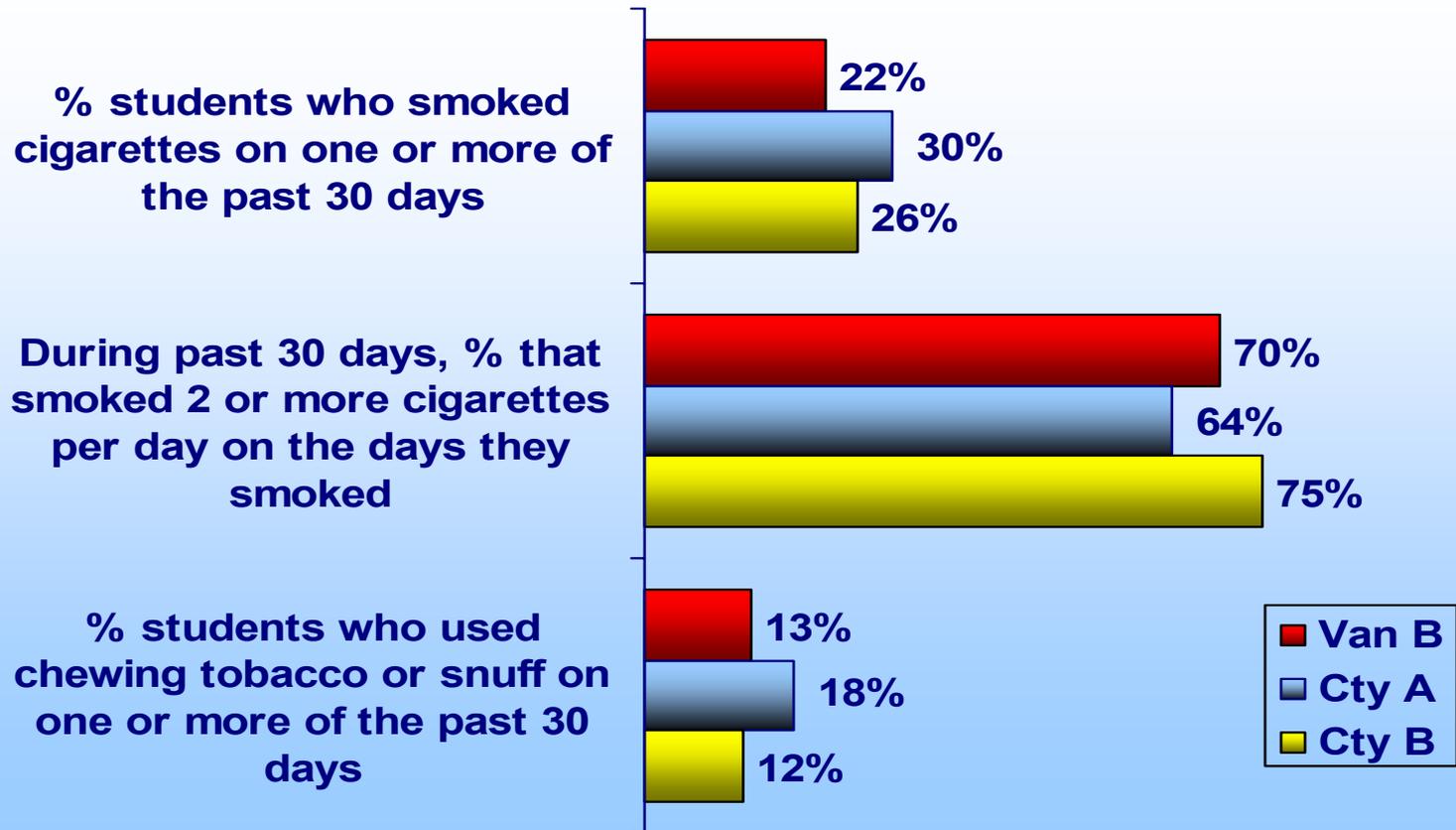
Van Buren 2006 Results

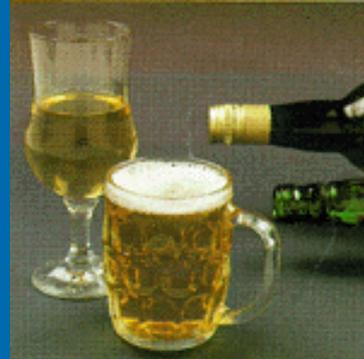
Of the students who smoked regularly, the percentage who ever tried to quit smoking cigarettes.



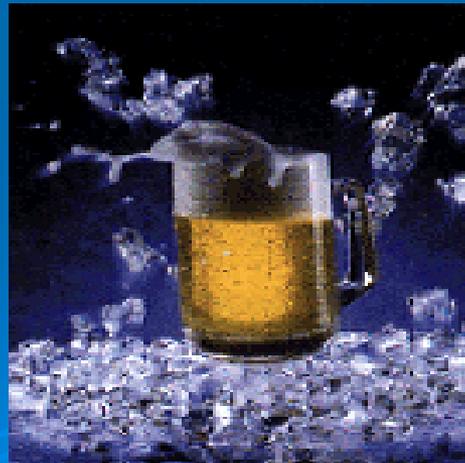
Comparison with neighbors CYHS 2003-2005

Tobacco



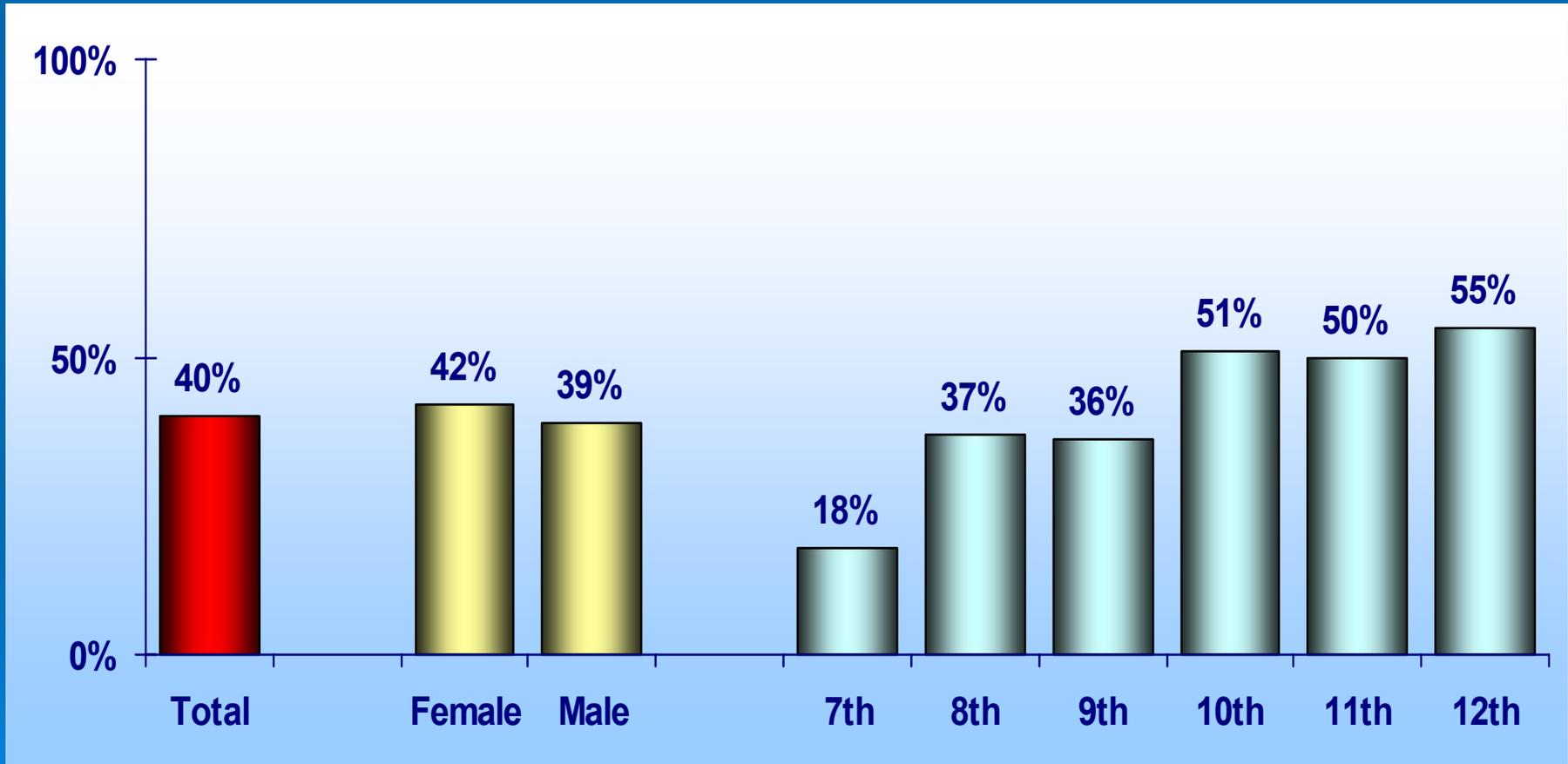


Detailed Findings-Alcohol



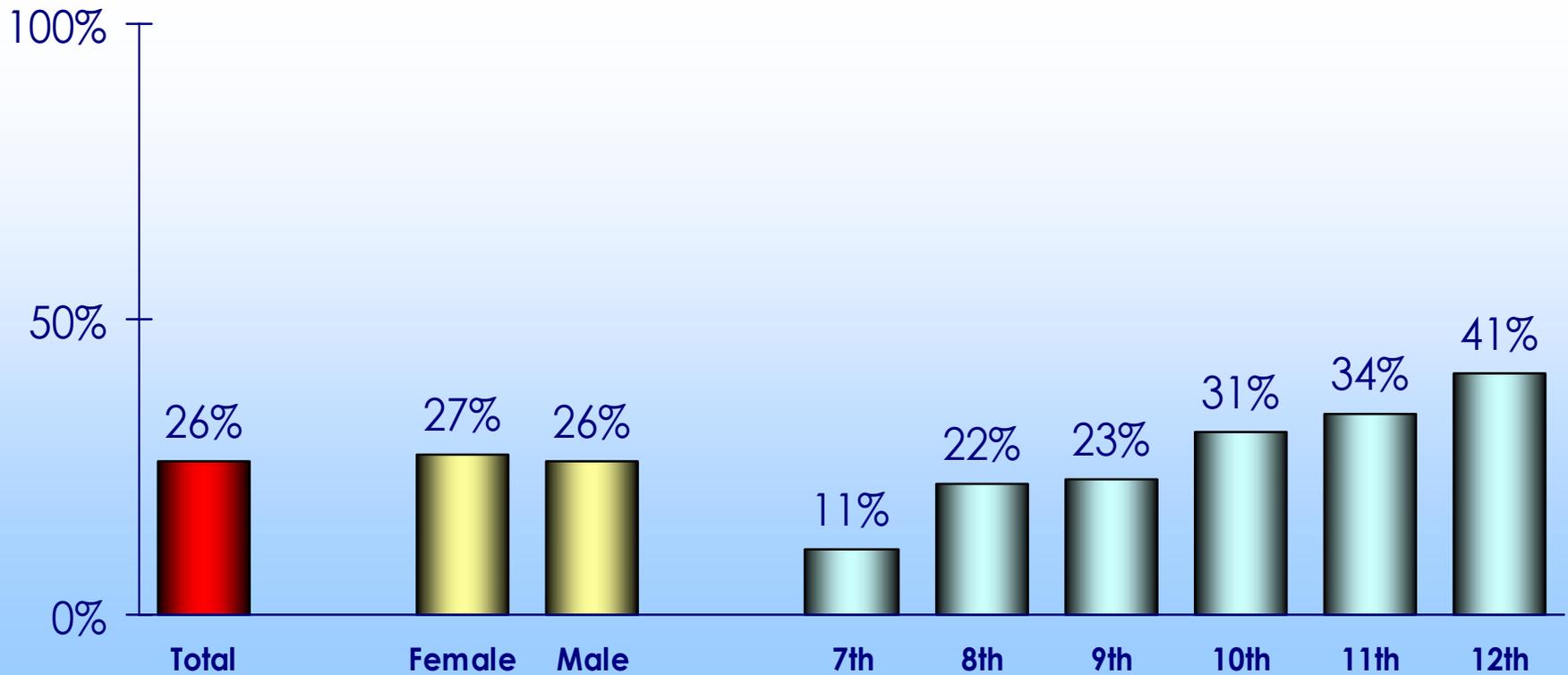
Van Buren 2006 Results

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



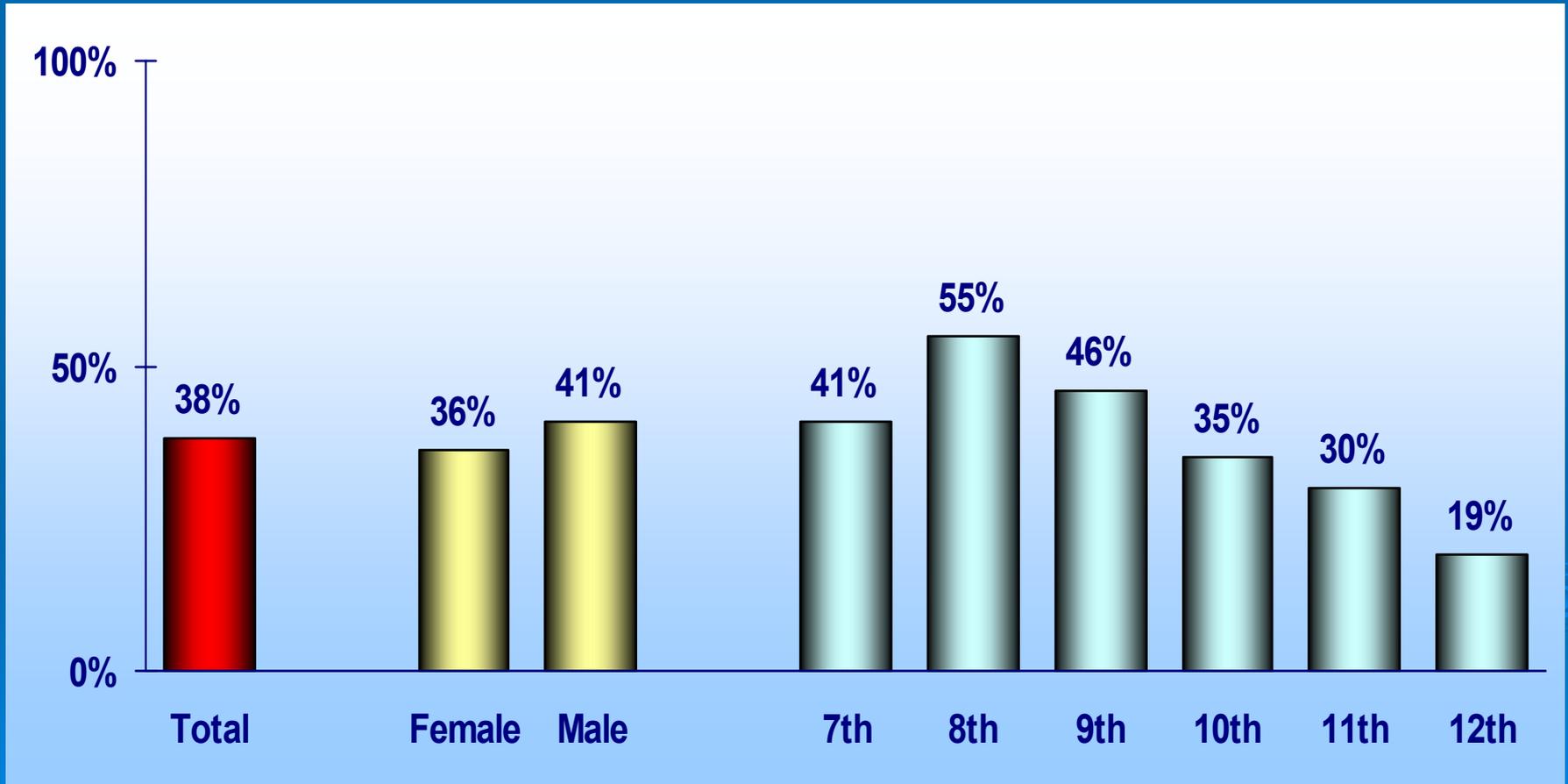
Van Buren 2006 Results

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.



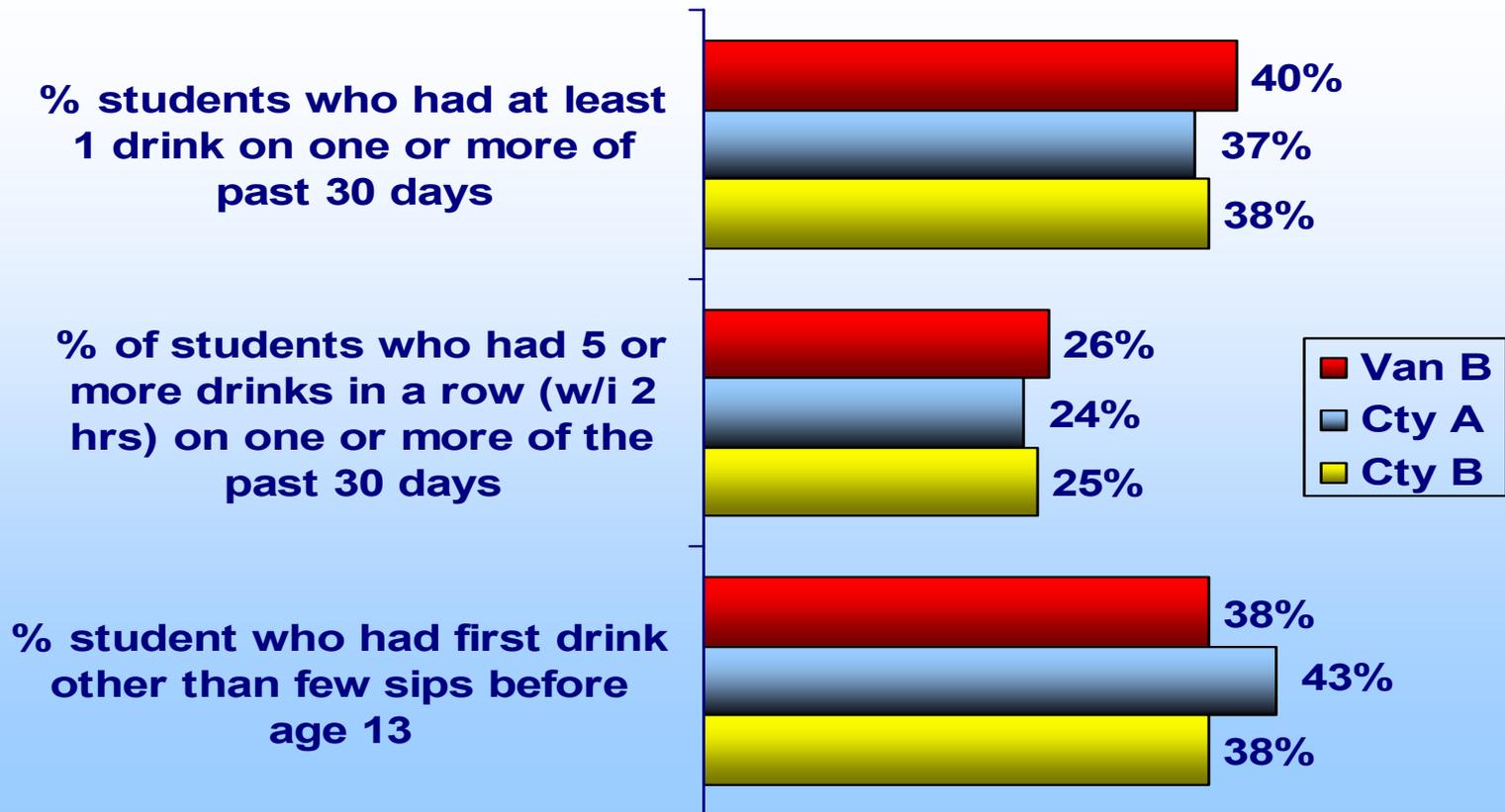
Van Buren 2006 Results

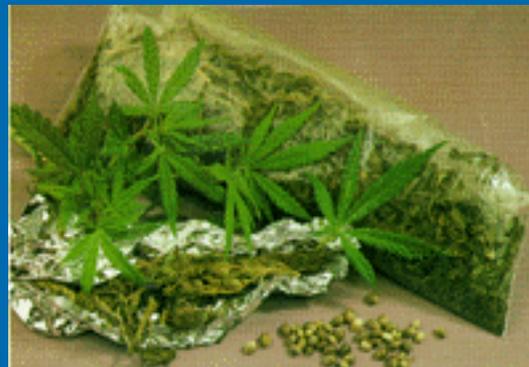
Percentage of students who had their first drink of alcohol other than a few sips before age 13.



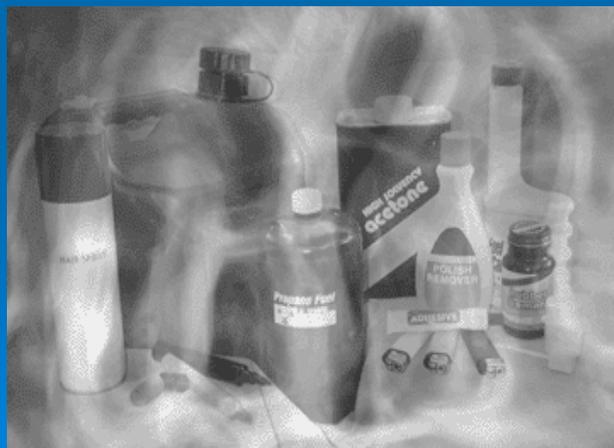
Comparison with neighbors CYHS 2003-2005

Alcohol Use



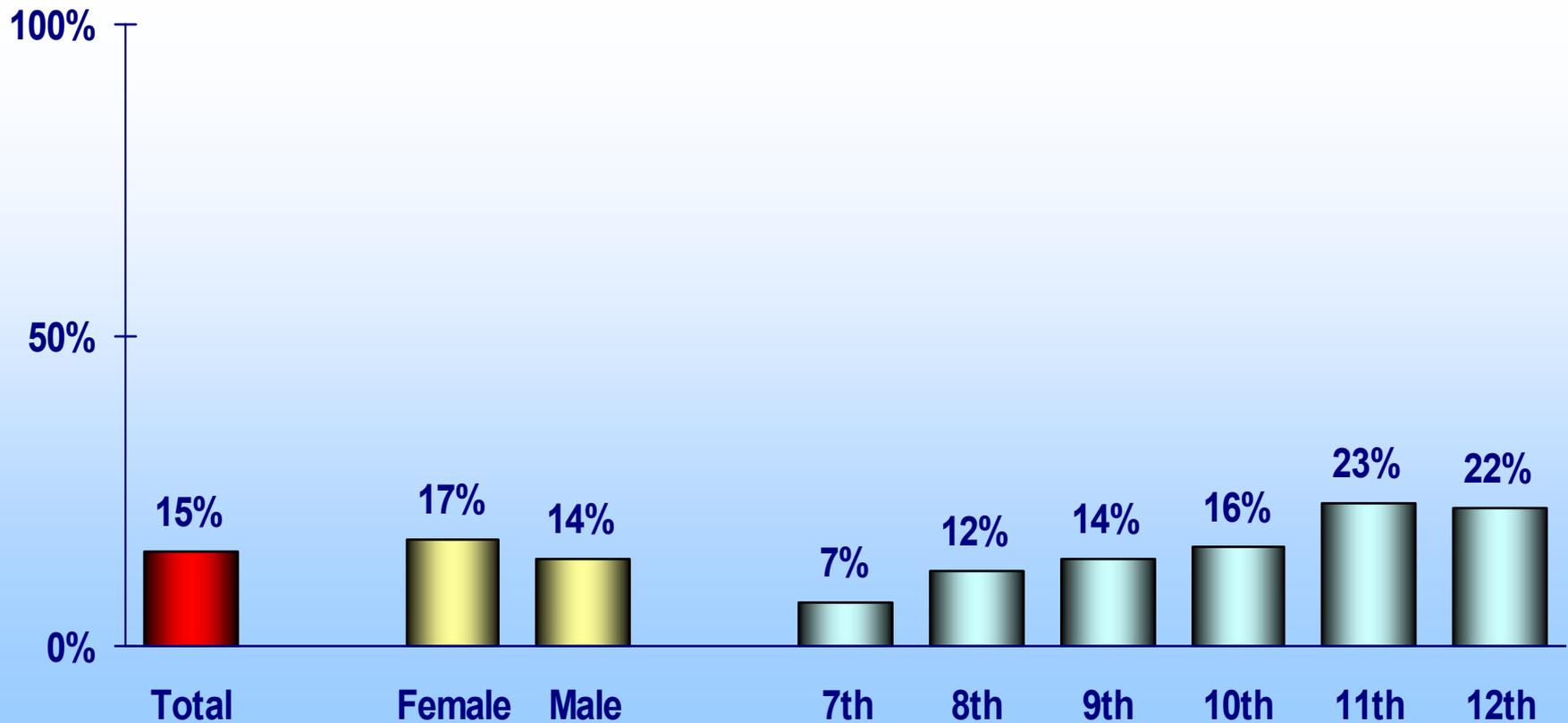


Detailed Findings-Illicit Drugs



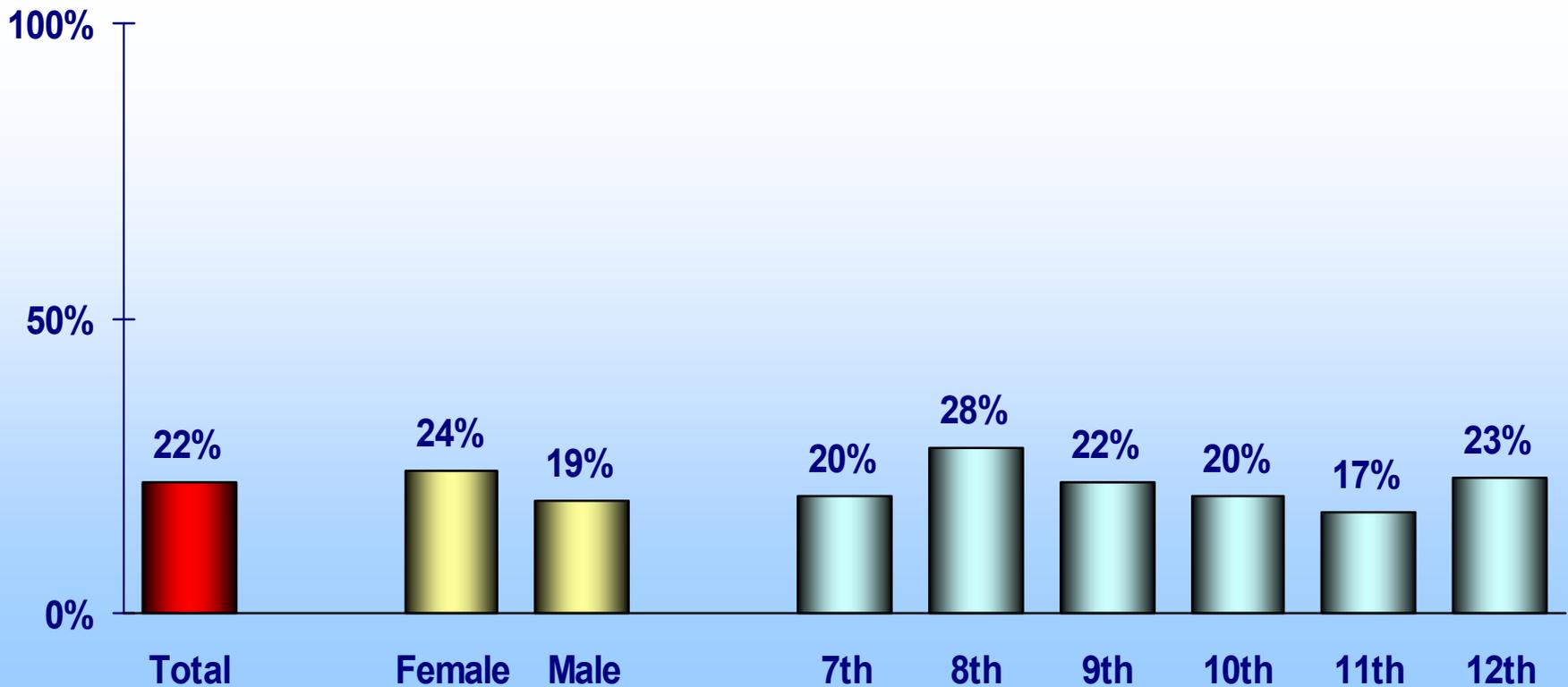
Van Buren 2006 Results

Percentage of students who used marijuana one or more times during the past 30 days.



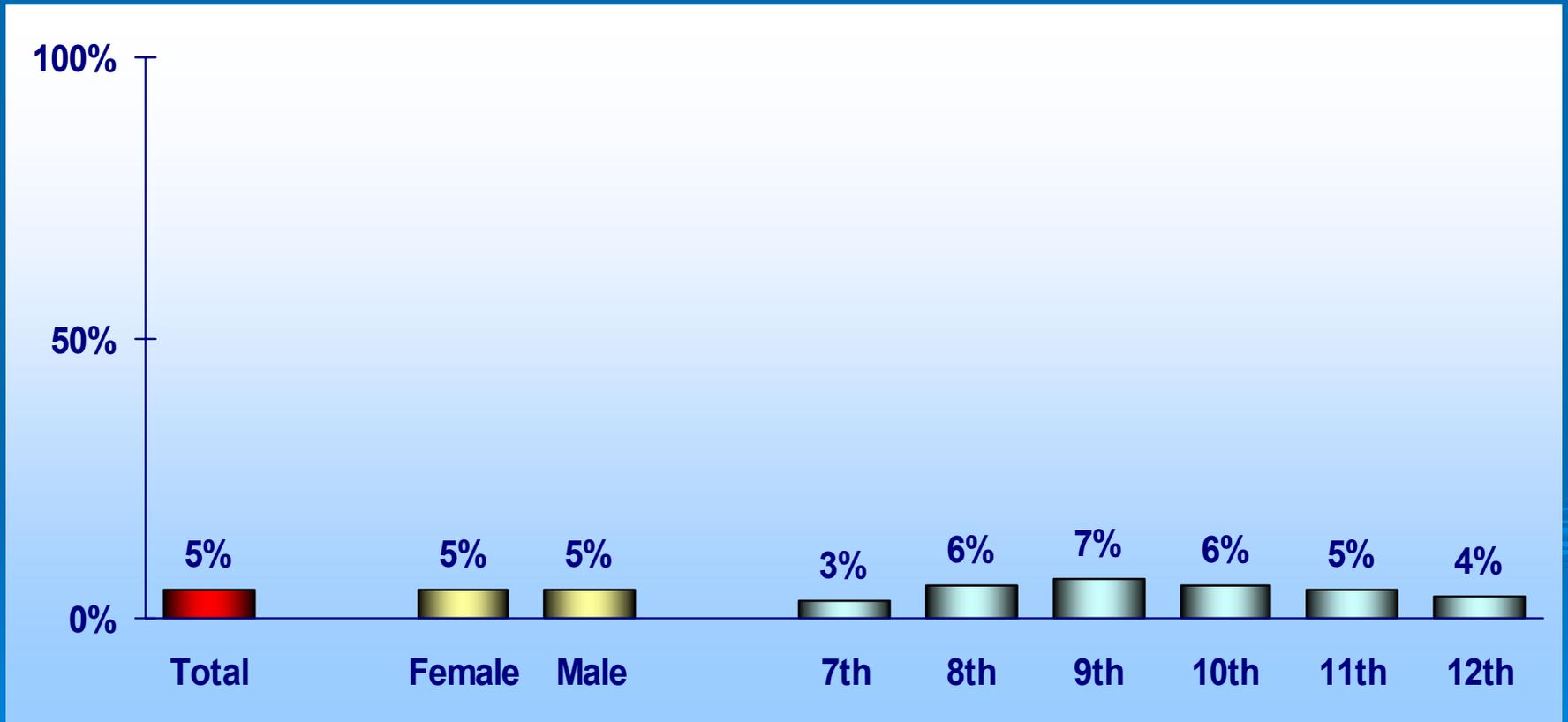
Van Buren 2006 Results

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.



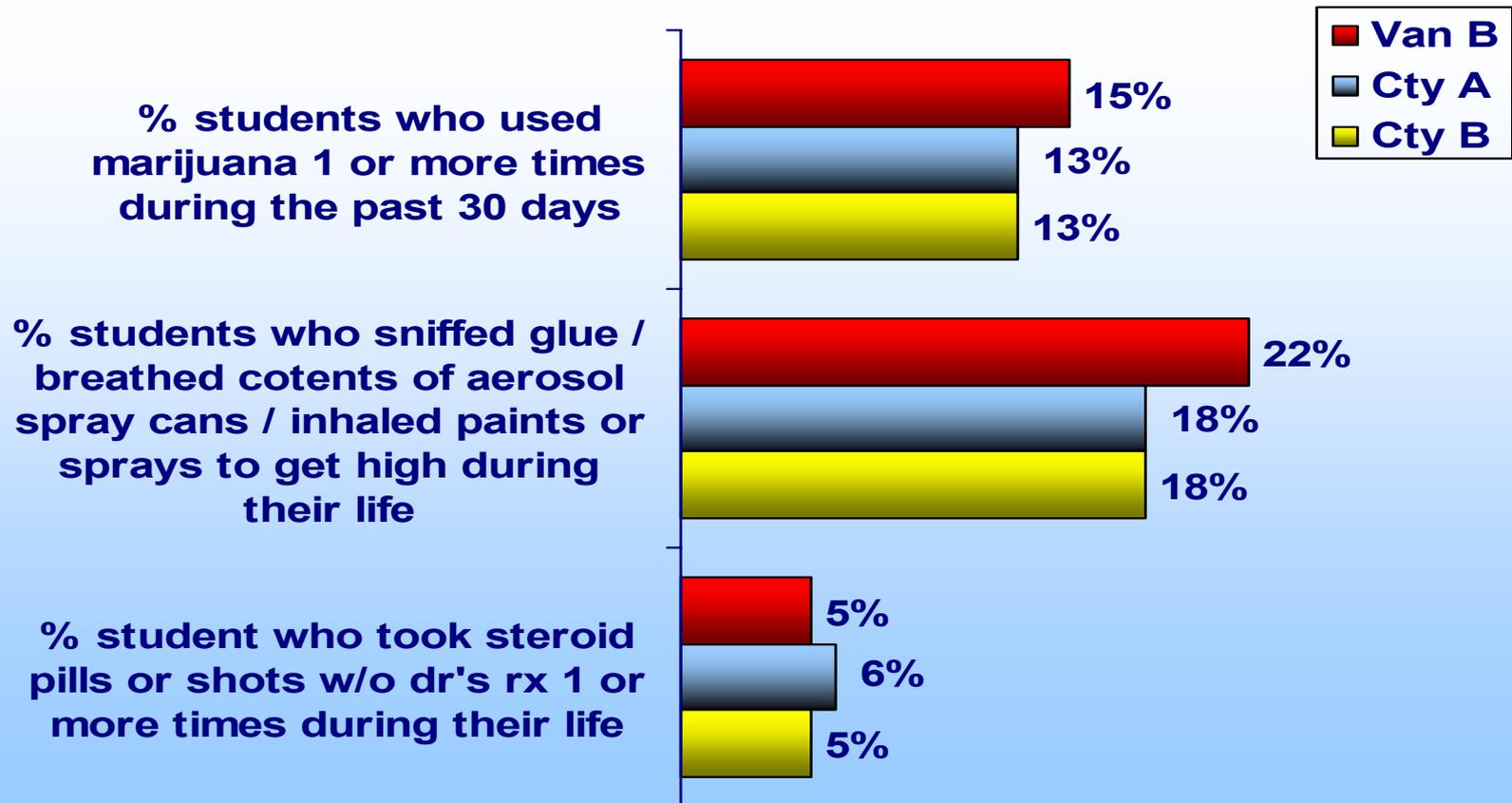
Van Buren 2006 Results

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.



Comparison with neighbors CYHS 2003-2005

Illicit Drug Use

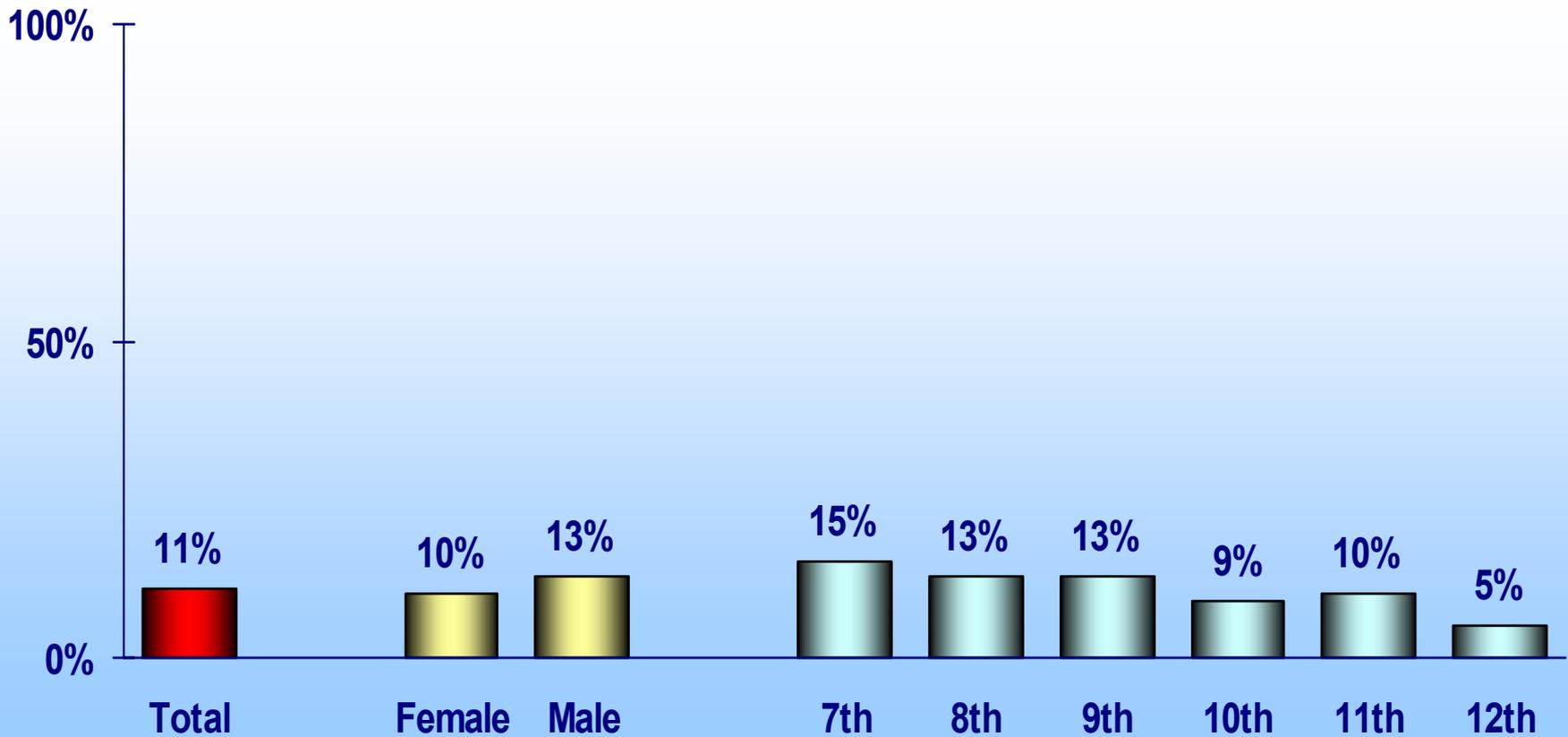


Detailed Findings- Sexual Behavior



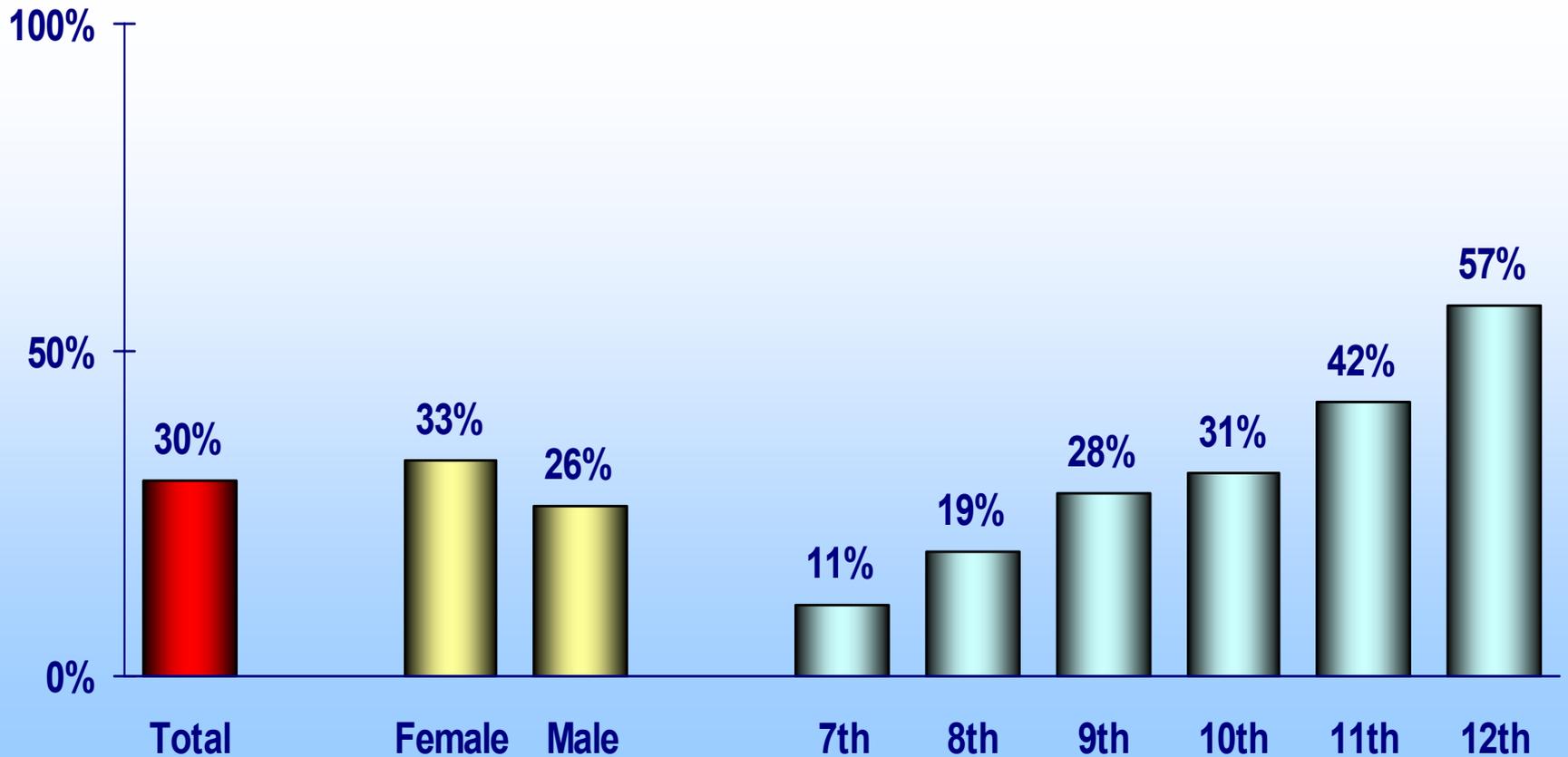
Van Buren 2006 Results

Percentage of students who had sexual intercourse for the first time before age 13.



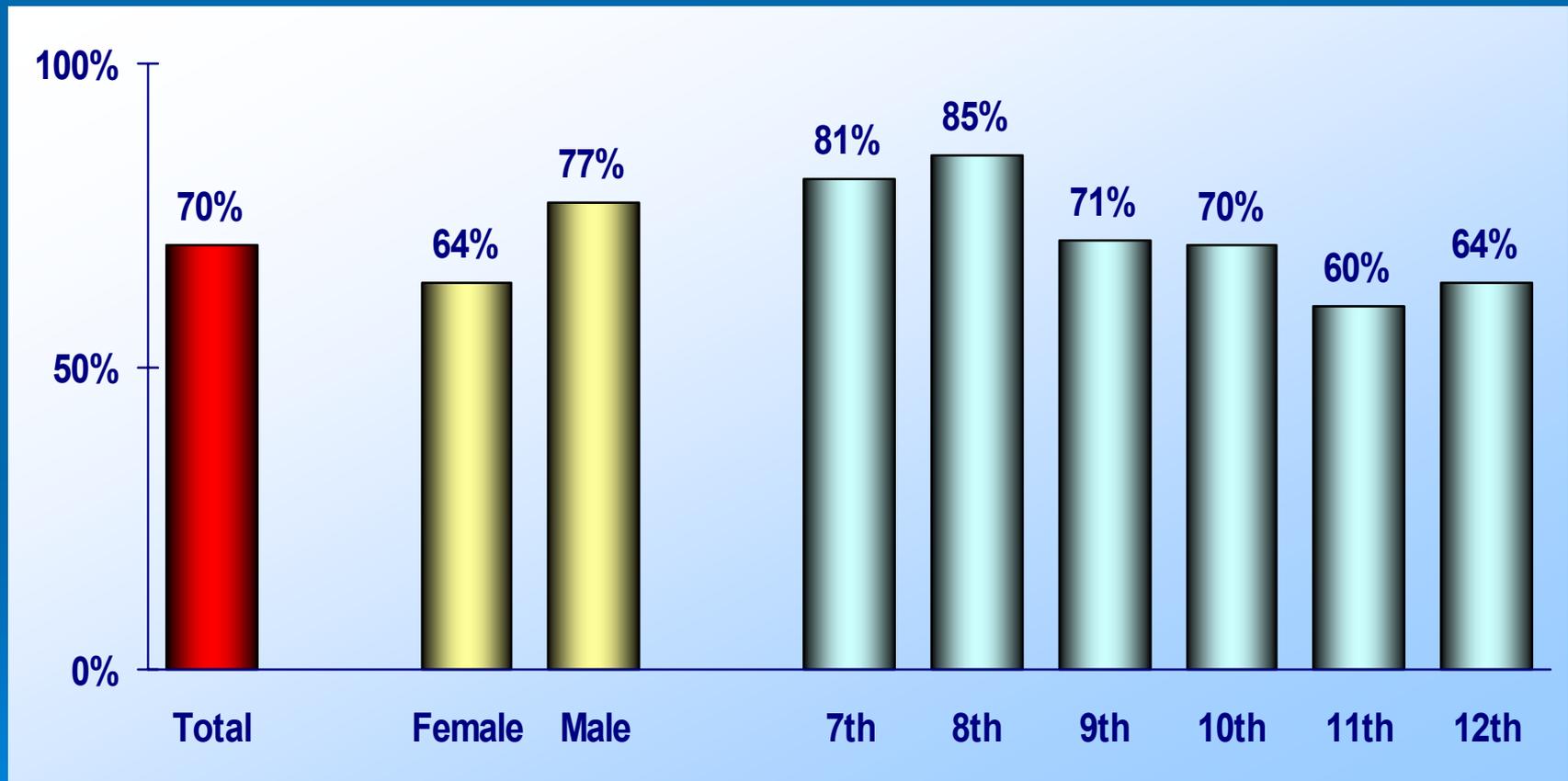
Van Buren 2006 Results

Percentage of students who had sexual intercourse during the past three months.



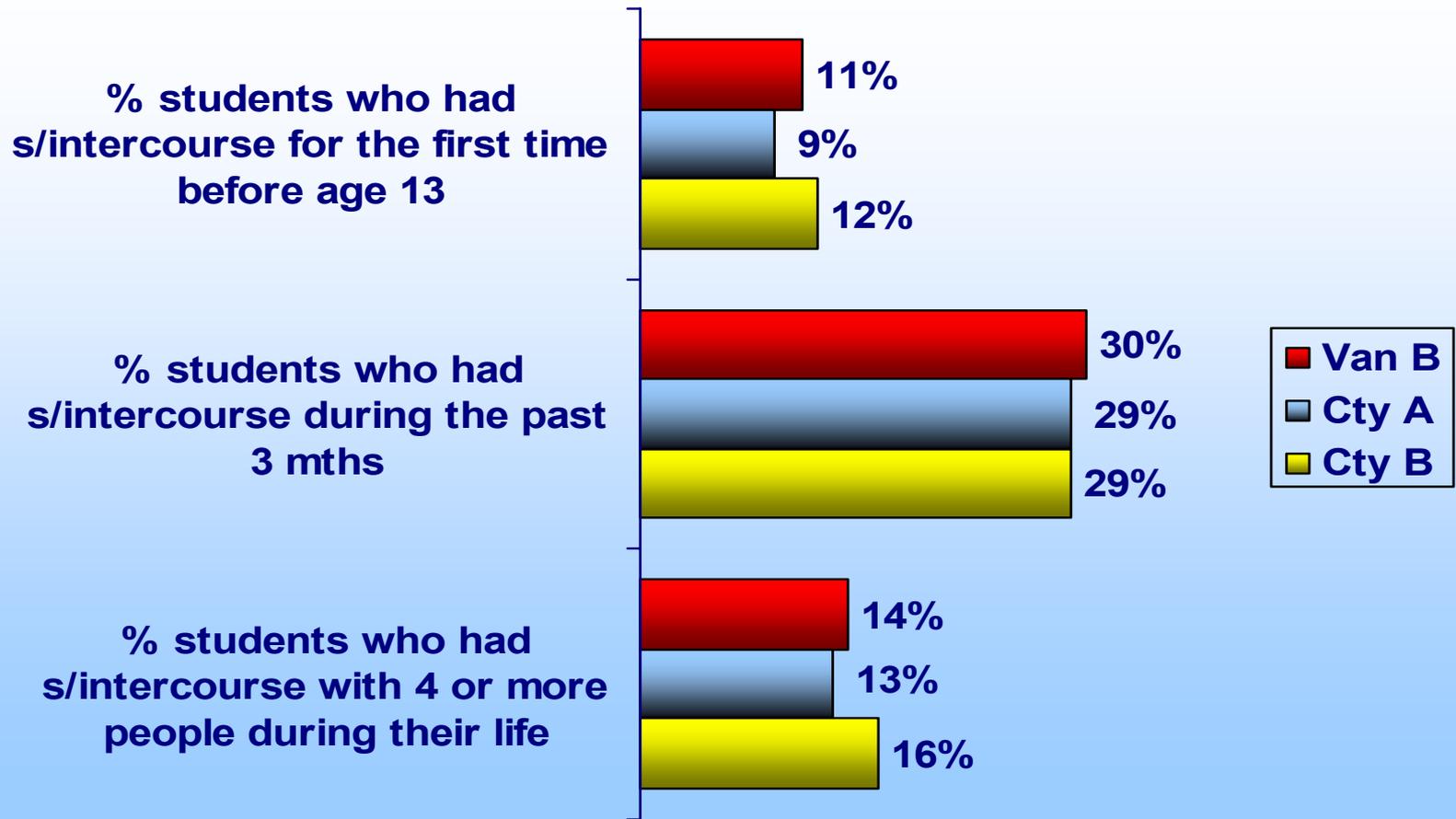
Van Buren 2006 Results

Percentage of students who had sexual intercourse with four or more people during their life.



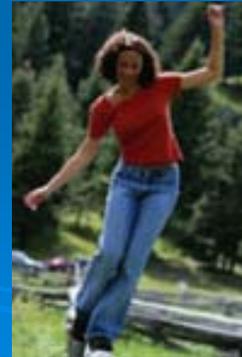
Comparison with neighbors CYHS 2003-2005

Sexual Activity



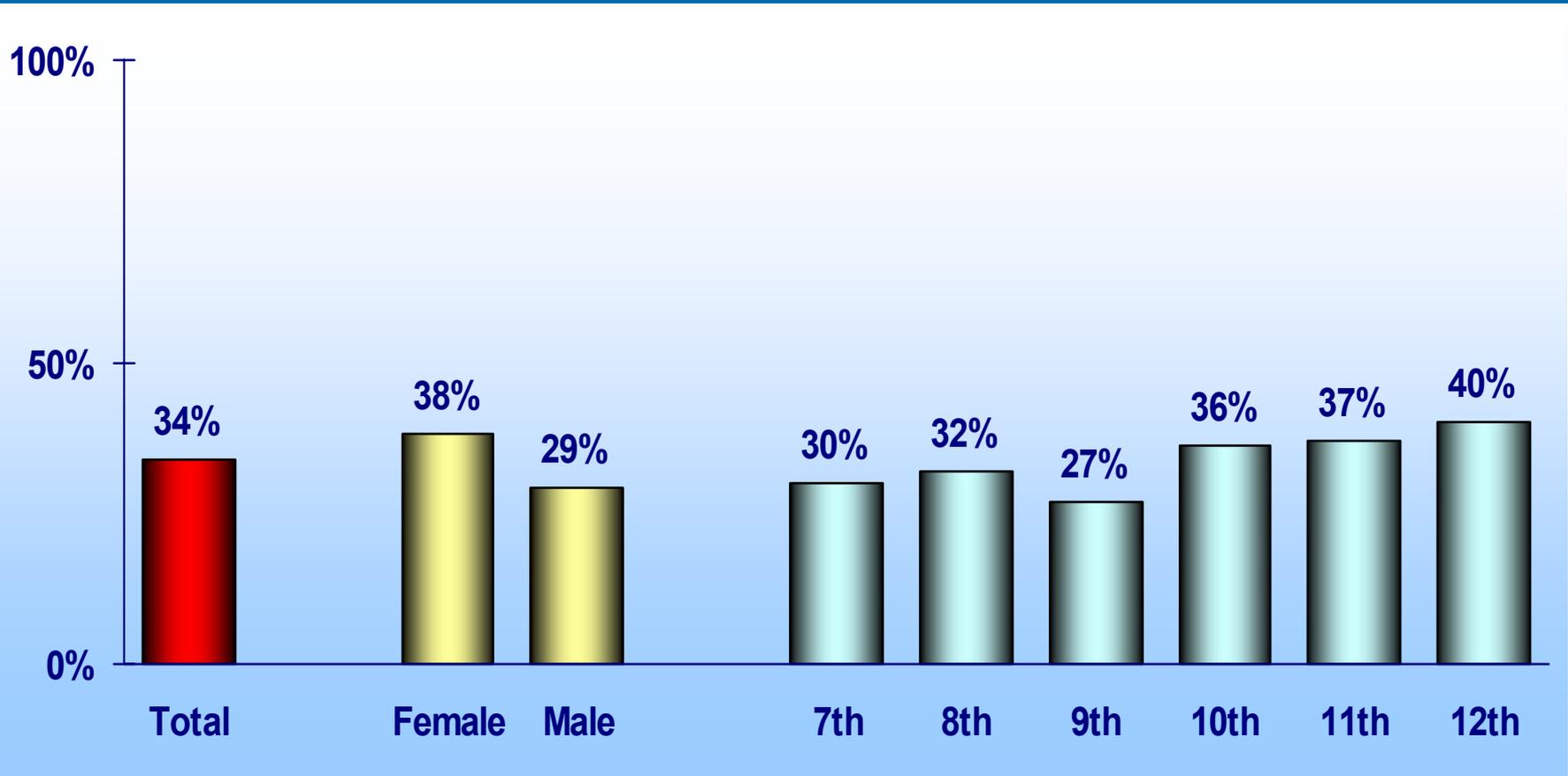


Detailed Findings- Weight, Diet & Exercise



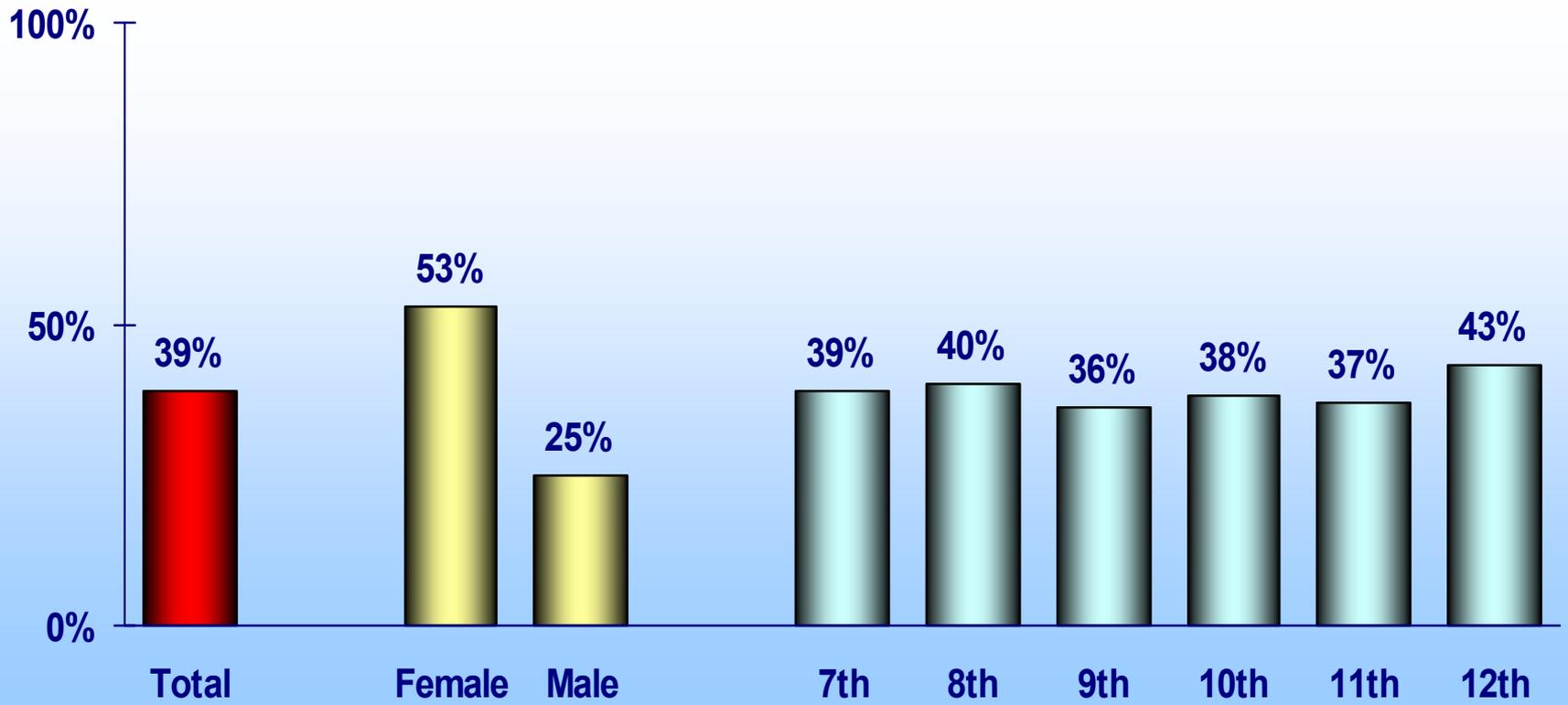
Van Buren 2006 Results

Percentage of students who describe themselves as slightly or very overweight.



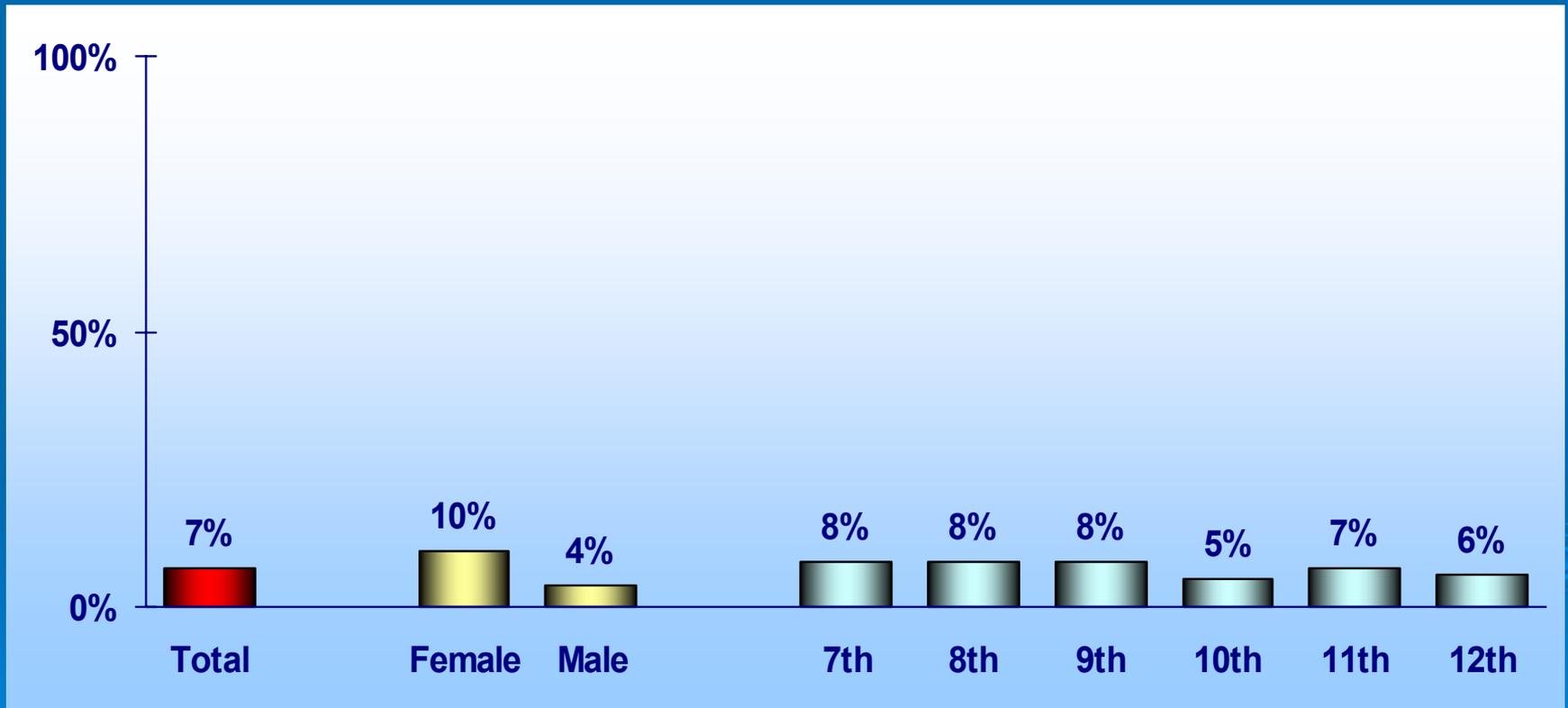
Van Buren 2006 Results

Percentage of students who ate less food, fewer calories or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.



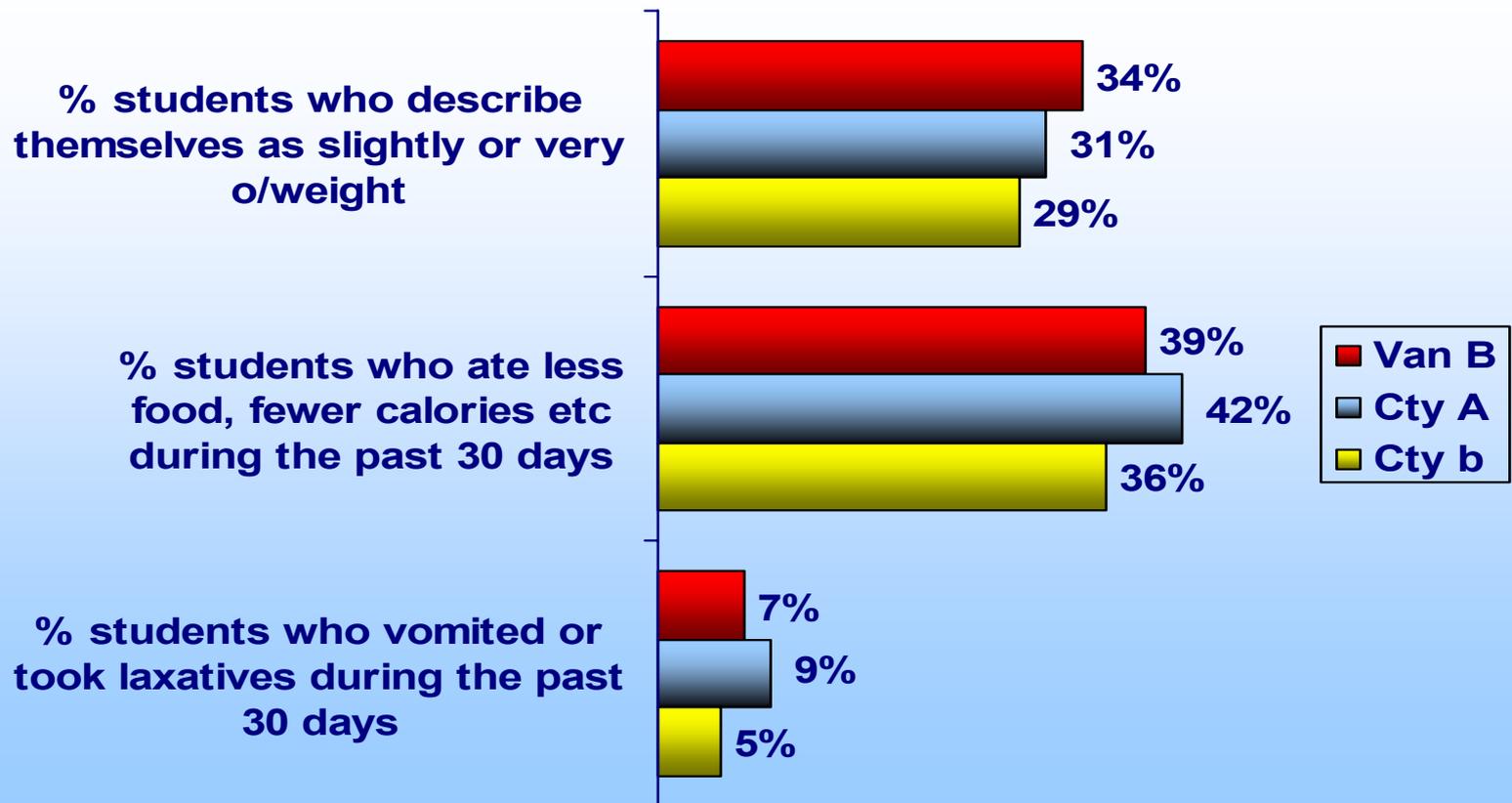
Van Buren 2006 Results

Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.



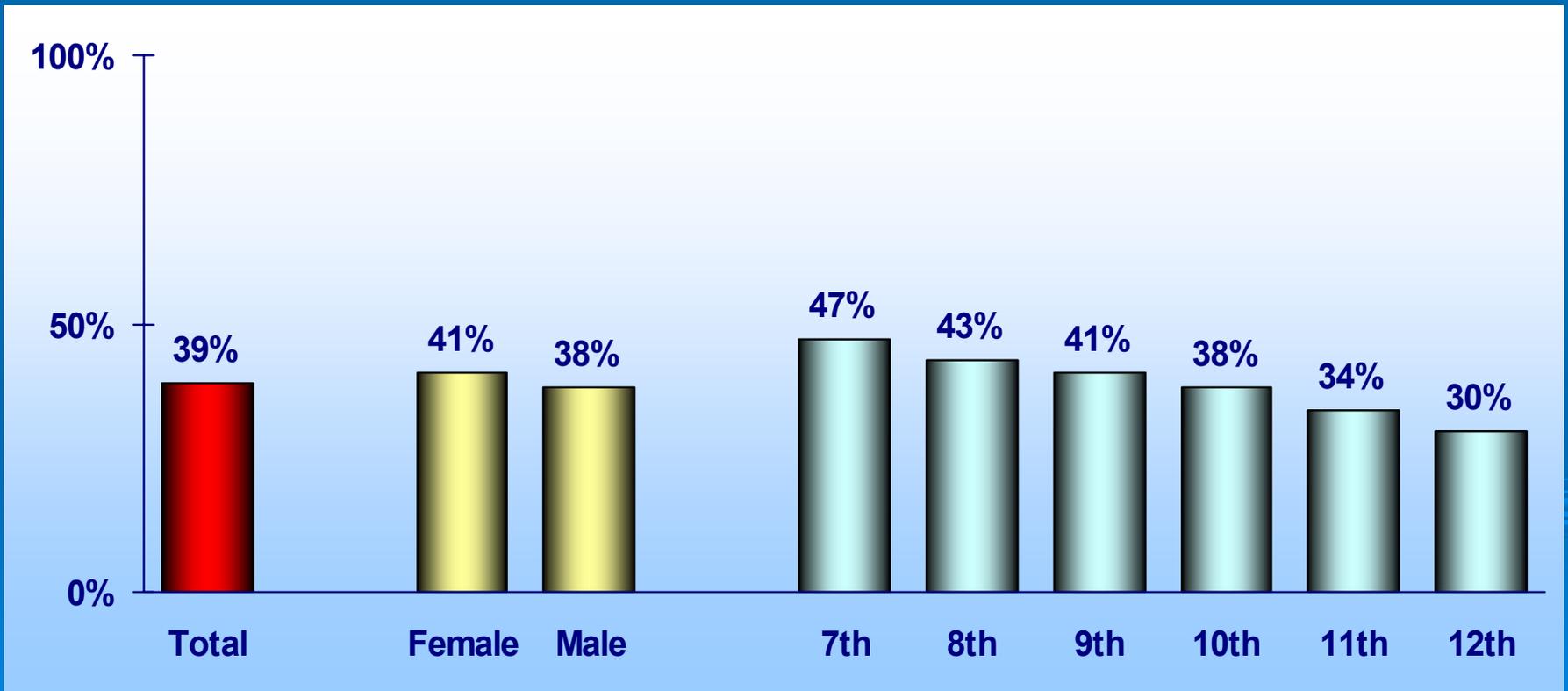
Comparison with neighbors CYHS 2003-2005

Weight



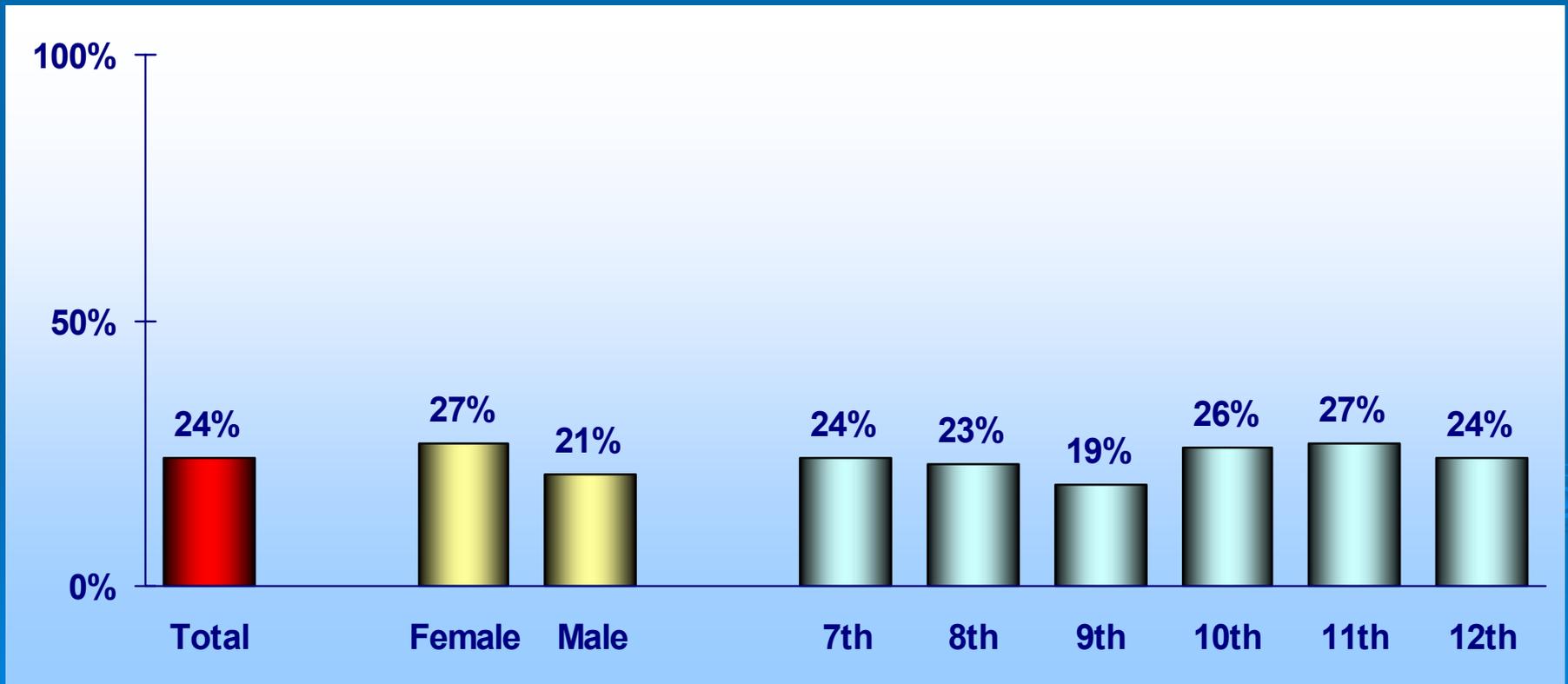
Van Buren 2006 Results

Percentage of students who ate fruit 4 or more times during the past 7 days.



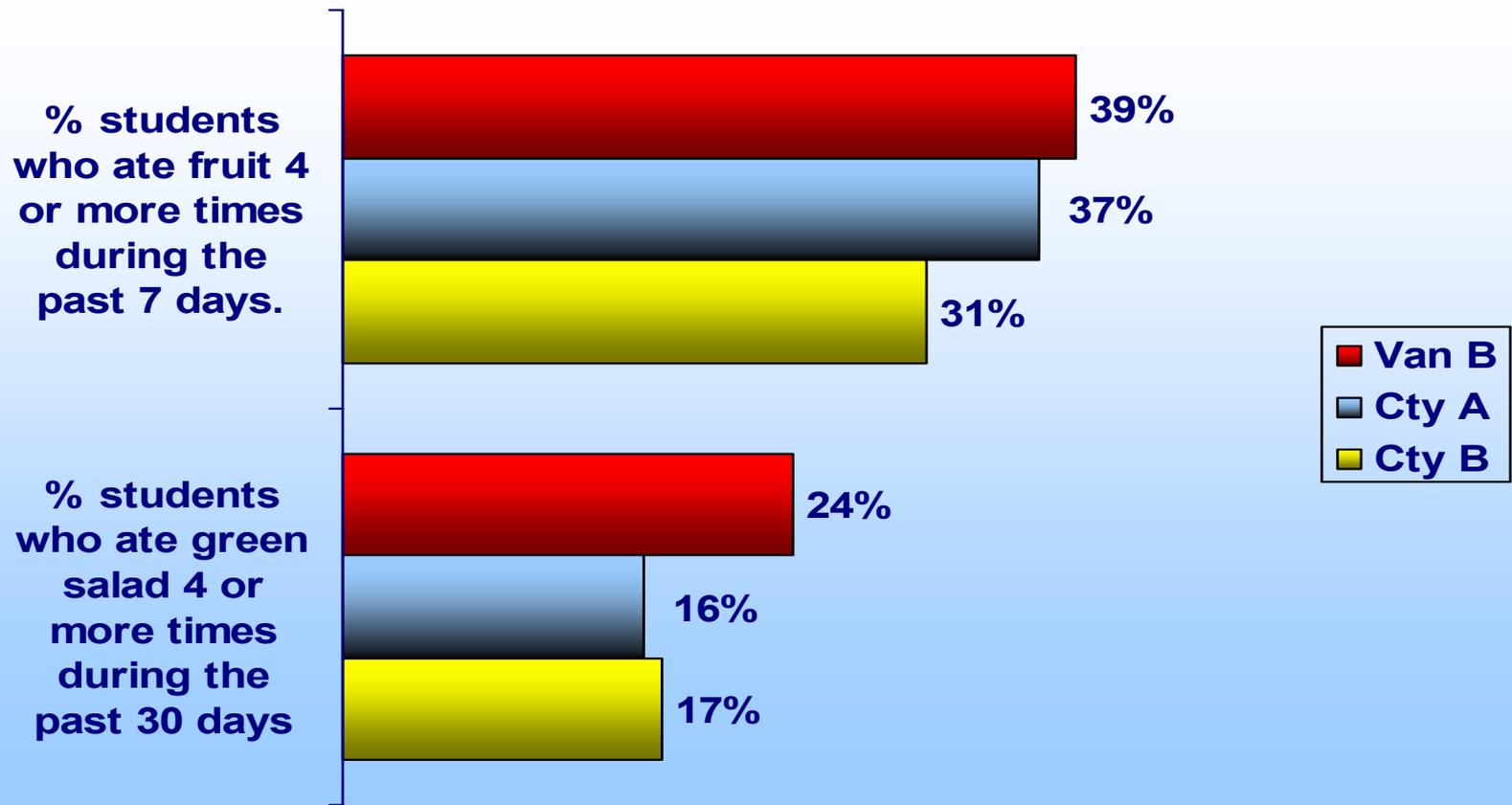
Van Buren 2006 Results

Percentage of students who ate green salad 4 or more times during the past 30 days.



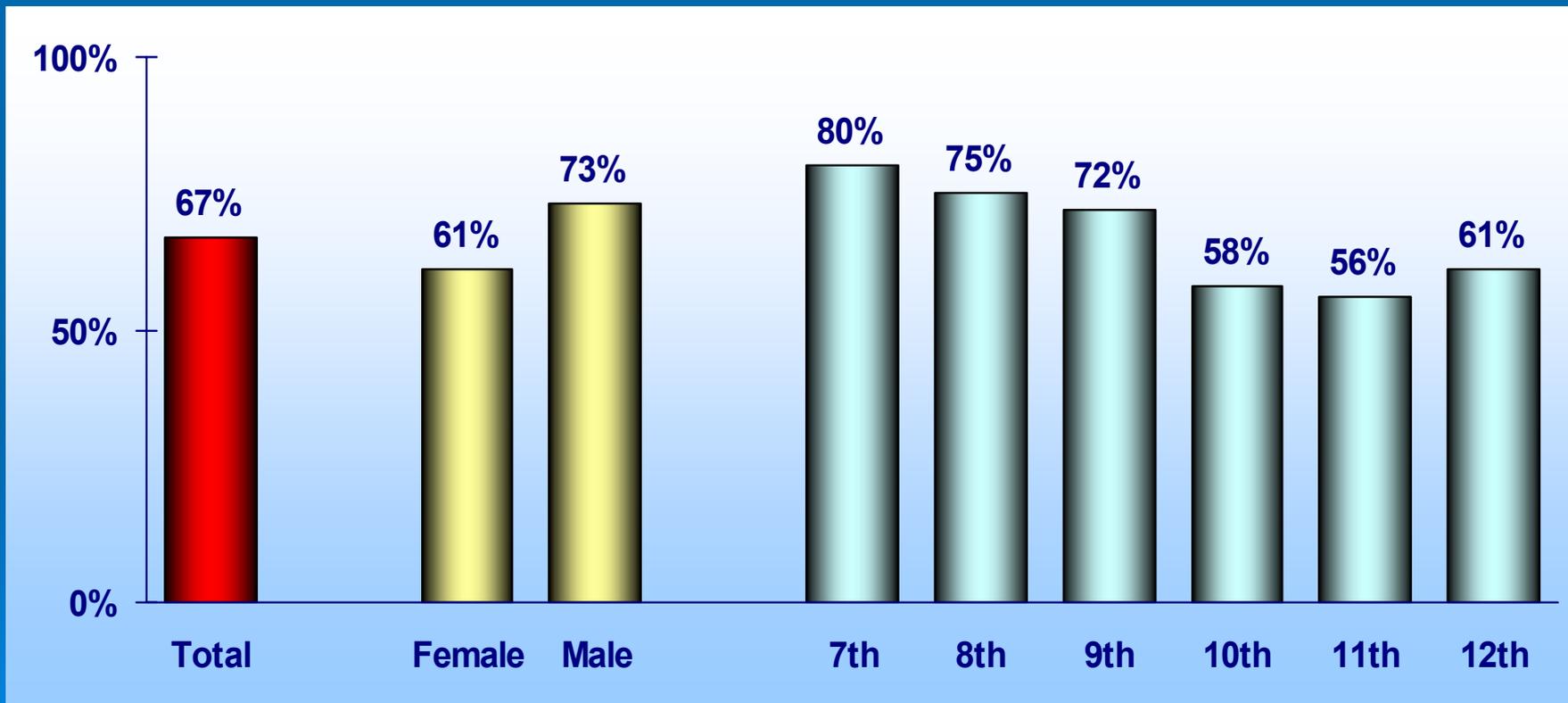
Comparison with neighbors CYHS 2003-2005

Diet



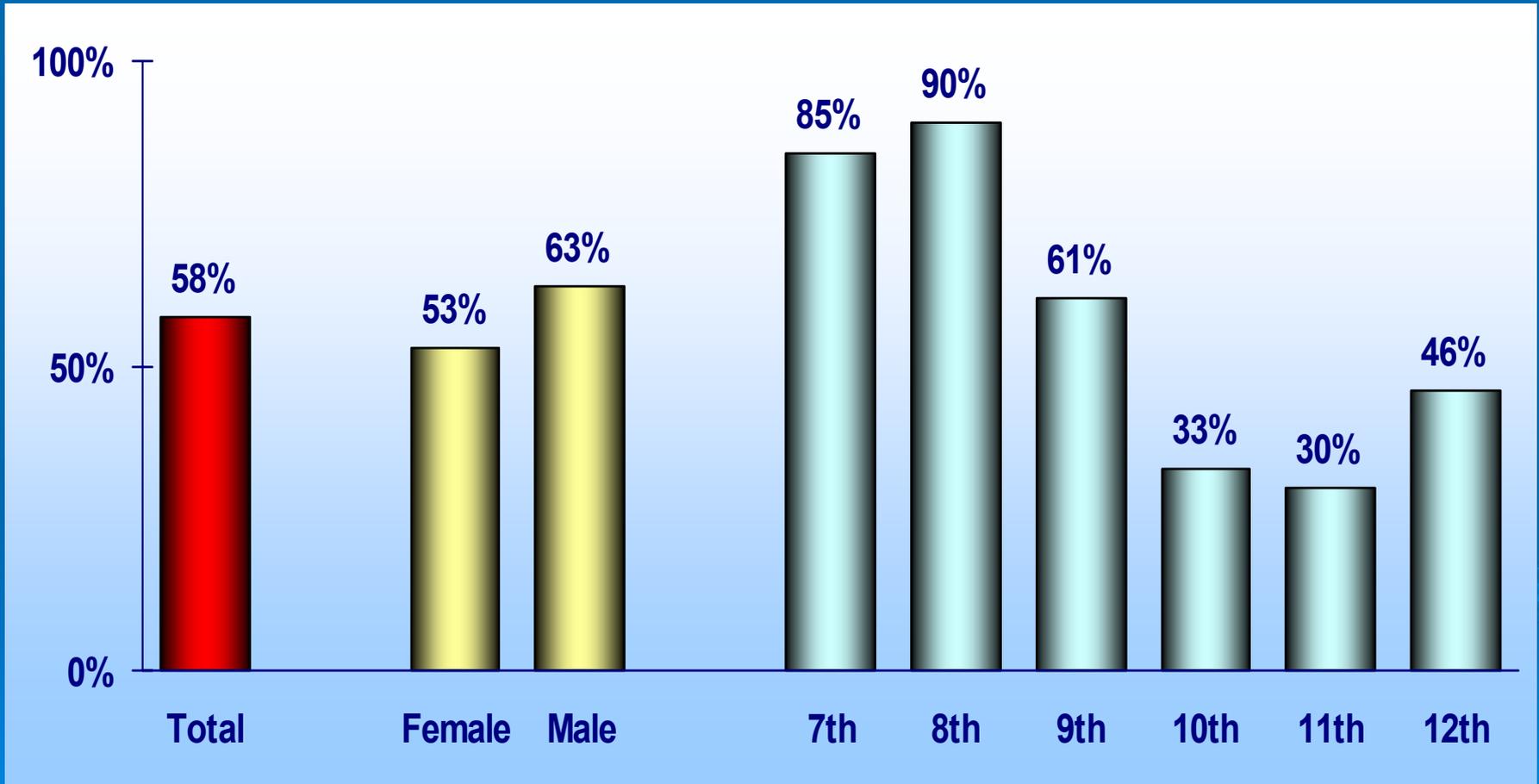
Van Buren 2006 Results

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.



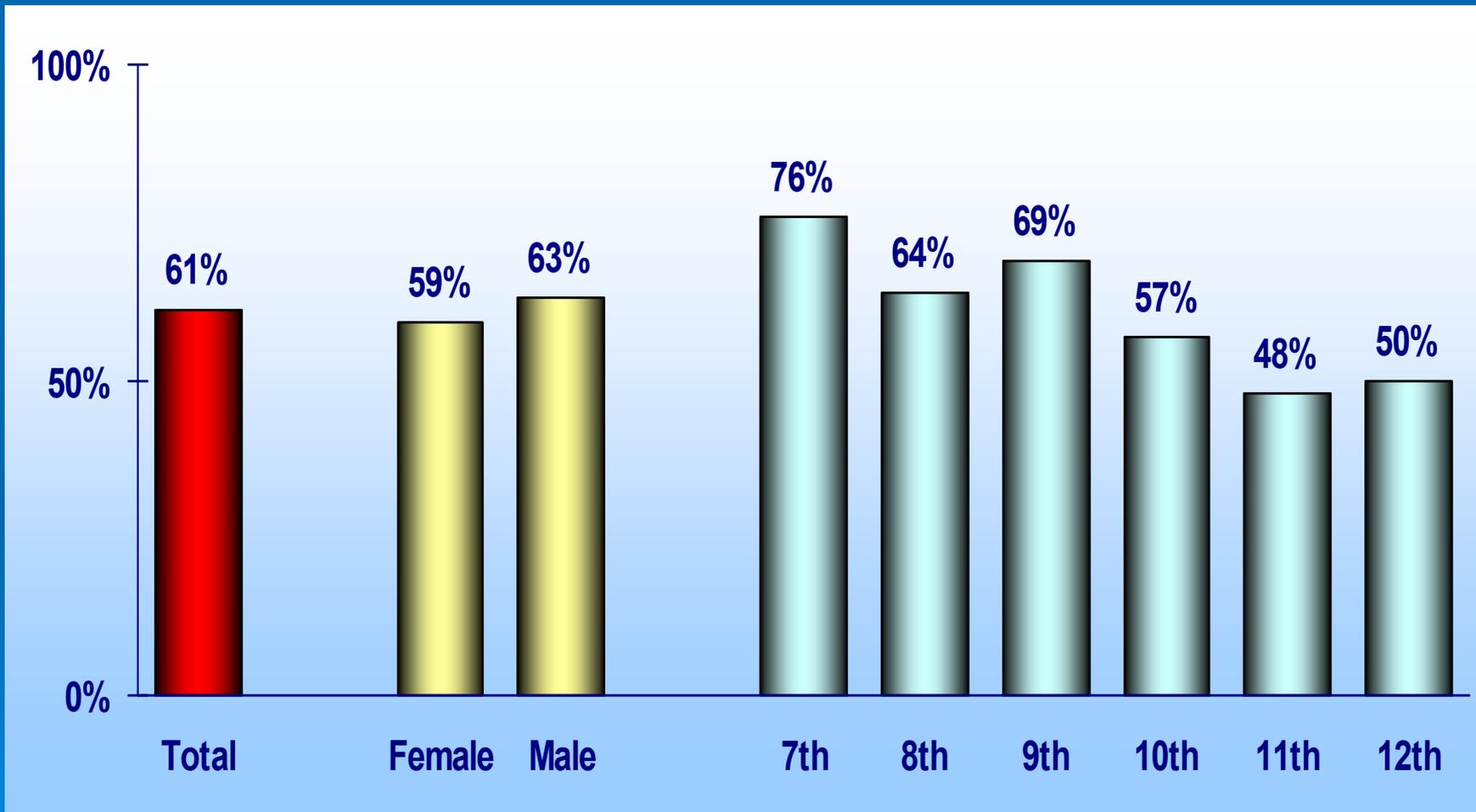
Van Buren 2006 Results

Percentage of students who attended physical education class one or more days during an average school week.



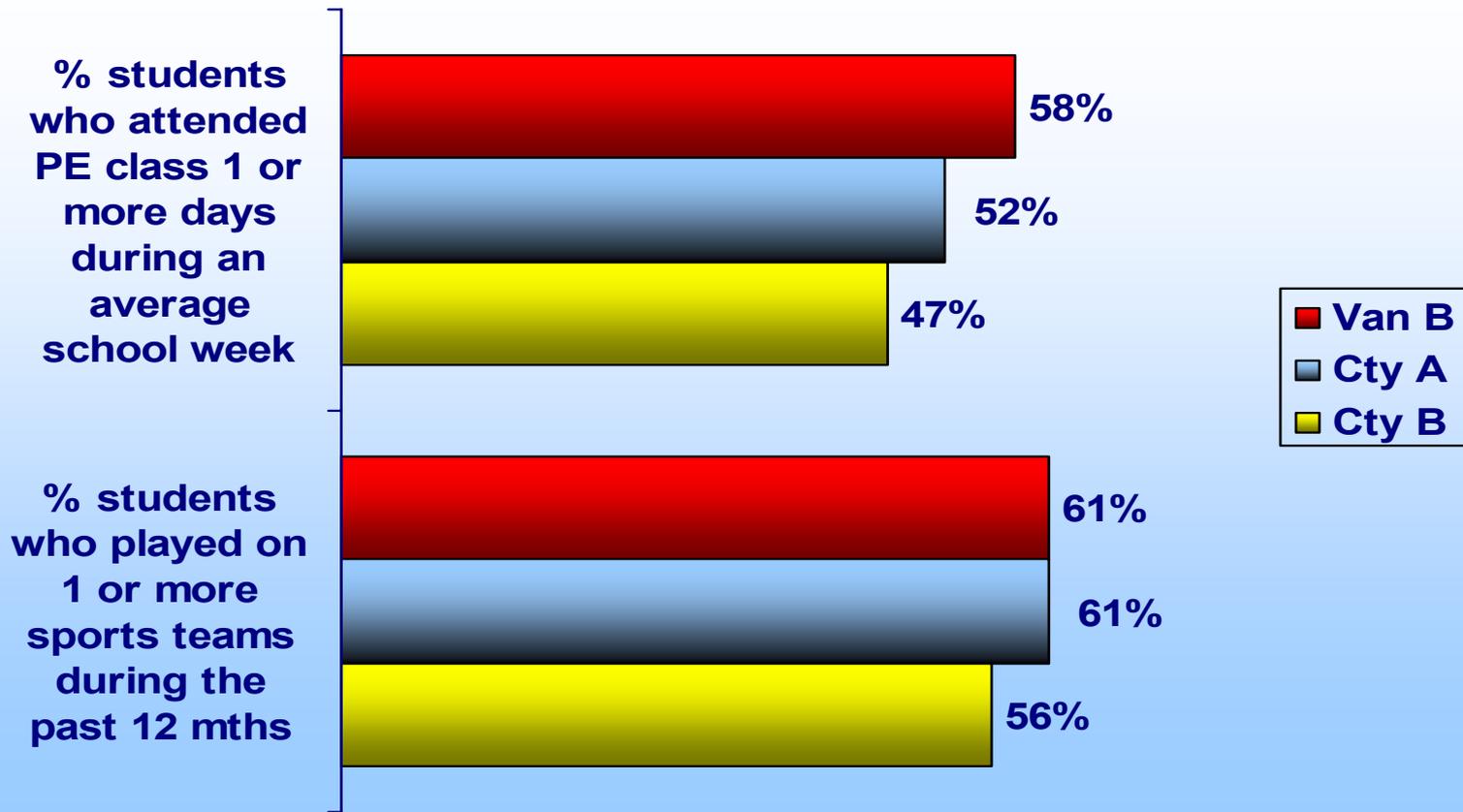
Van Buren 2006 Results

Percentage of students who played on one or more sports teams during the past 12 months.



Comparison with neighbors CYHS 2003-2005

Exercise



Data for the State & National YRBS

<http://www.cdc.gov/HealthyYouth/yrbs/index.htm>

A Tool for Your Campaign for Healthy Young People

County Youth Health Survey

2006 Van Buren CYHS

