

Saline County Adult Health Survey 2004



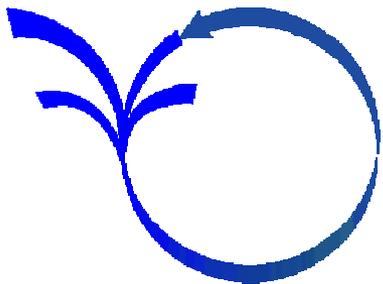
Arkansas
Department
of Health



STAMP OUT SMOKING

Arkansas Department of Health
stampoutsmoking.com

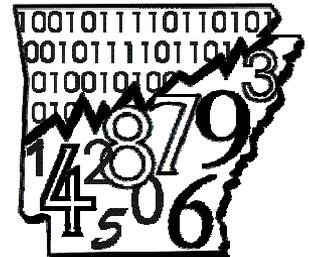
Your Tobacco Settlement Dollars at Work

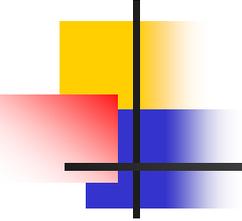


BRFSS

Behavioral Risk Factor Surveillance System

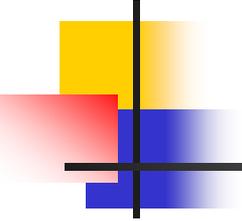
Arkansas
Center for
Health
Statistics





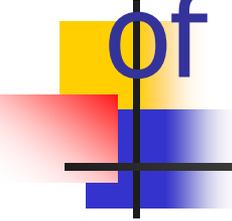
What Is the Saline County 2004 BRFSS?

The BRFSS is the world's largest continuously conducted telephone survey. It covers issues surrounding chronic illness and premature mortality, as well as other health-related topics. All 50 states, Puerto Rico, Guam, and Washington D.C. participate. Saline County participated in county level BRFSS studies sponsored by Hometown Health.



In Saline County...

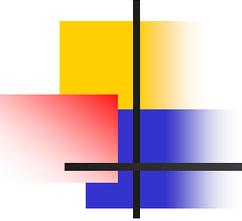
- Interviews were conducted with 954 people who live in Saline County during January 2004.
- Of the 954 Saline County interviews, 367 were with men and 587 were with women.



What was the most common cause of death for Arkansans in 2000?

Heart Disease

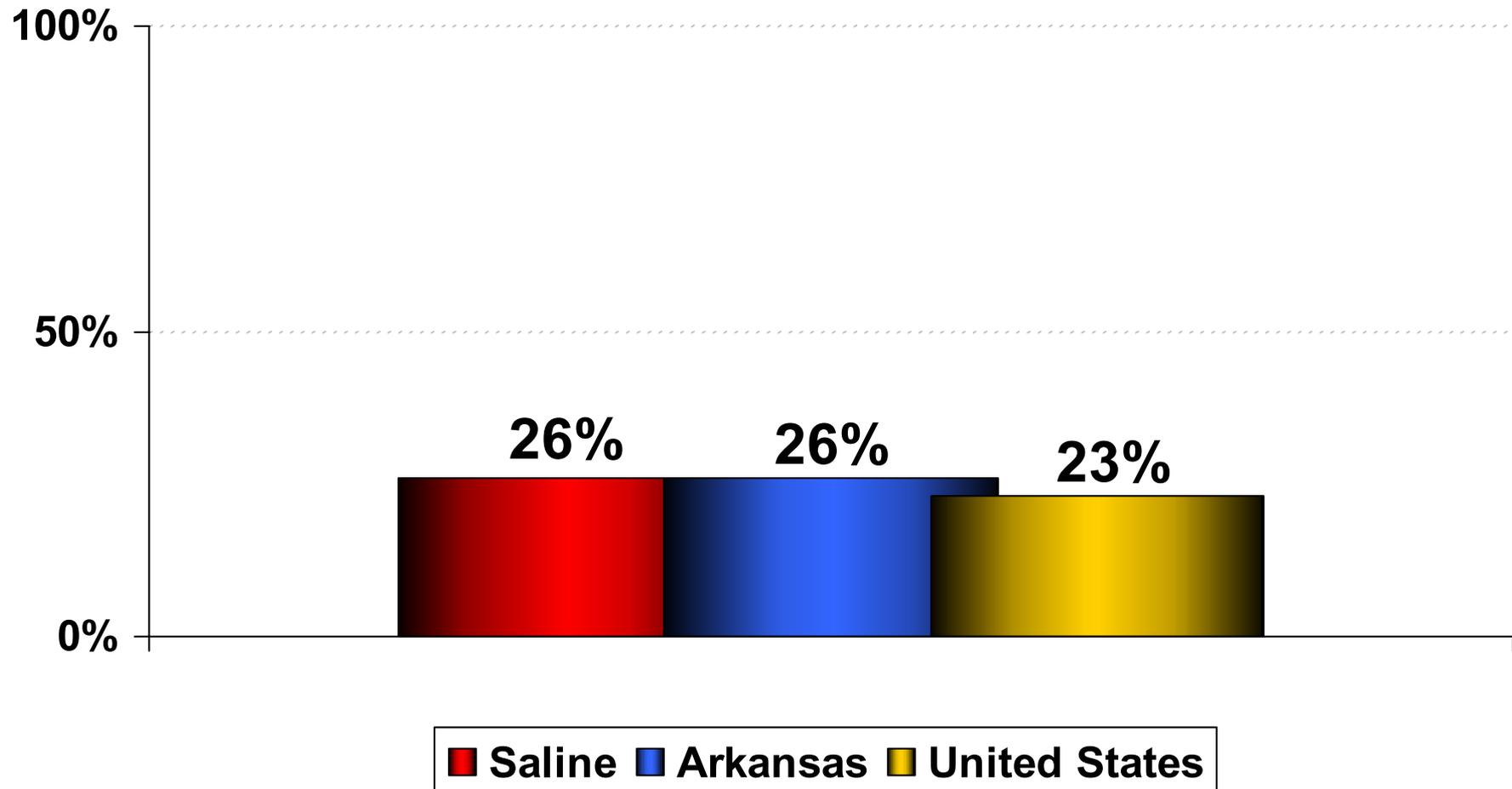
- ✦ Heart disease is the most common cause of death for people who live in Saline County, in the state of Arkansas, and in the United States.



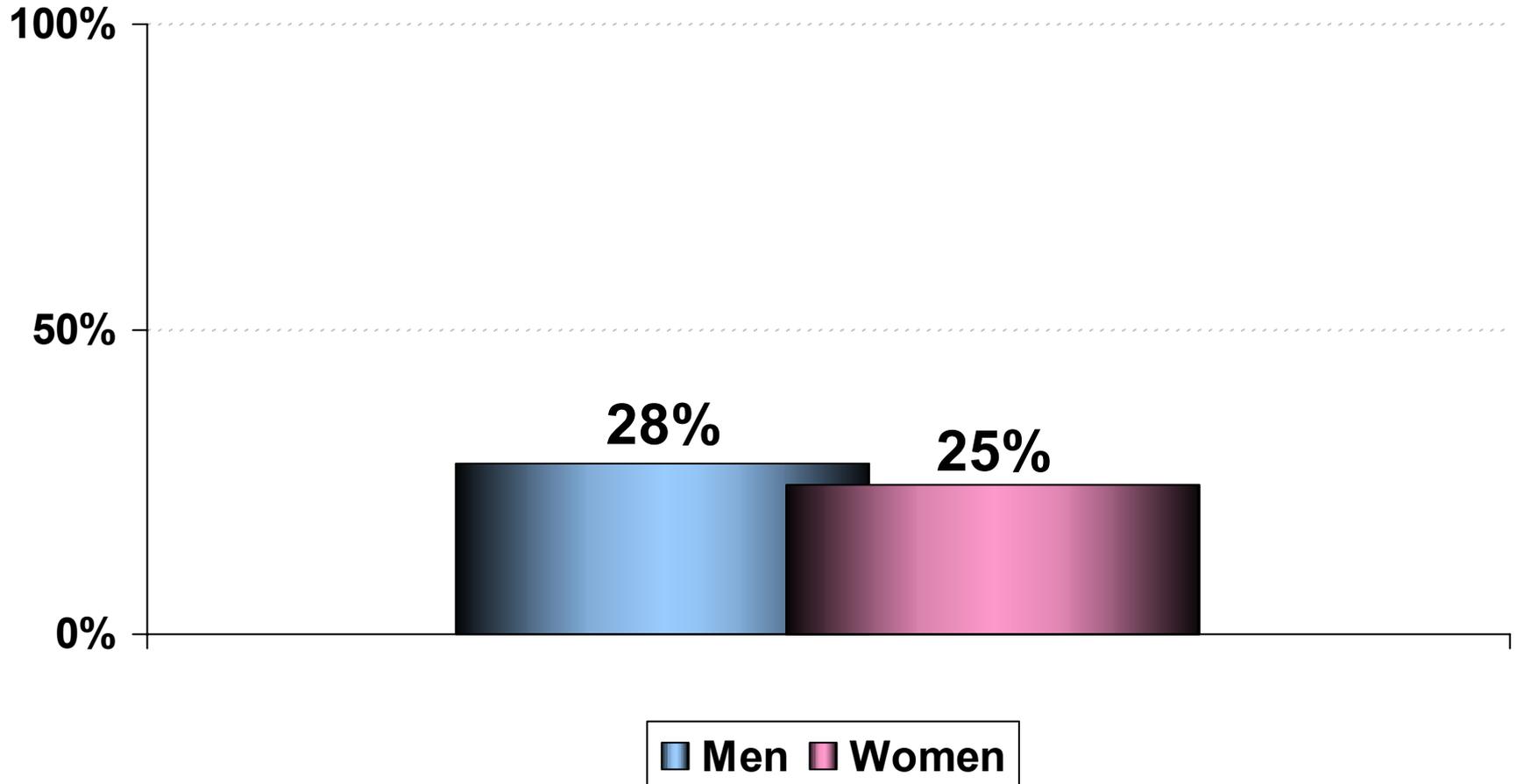
Cardiovascular Disease Risks Measured Include...

- ✦ Using tobacco
- ✦ Being overweight
- ✦ Having a sedentary lifestyle

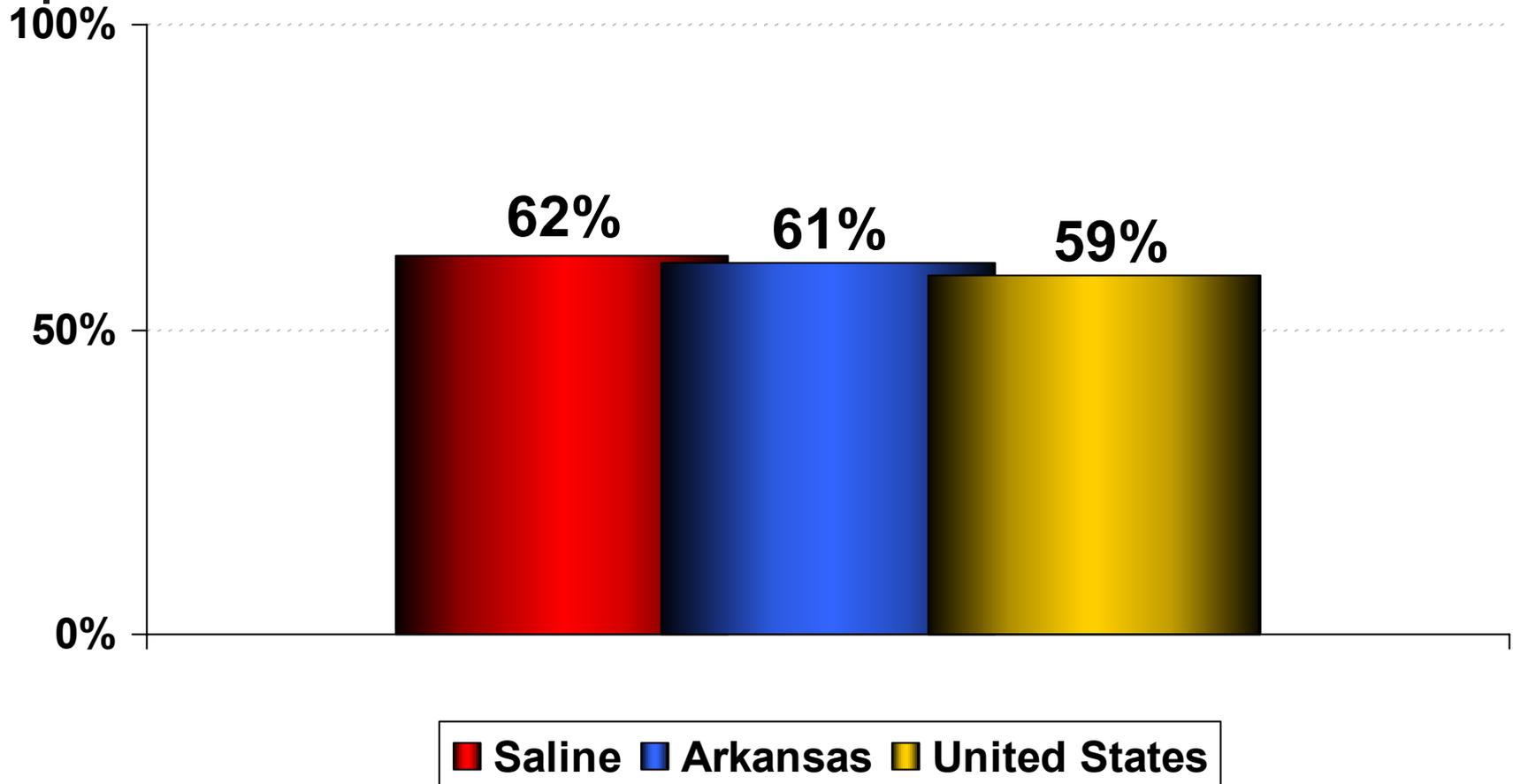
Currently Smoke Cigarettes



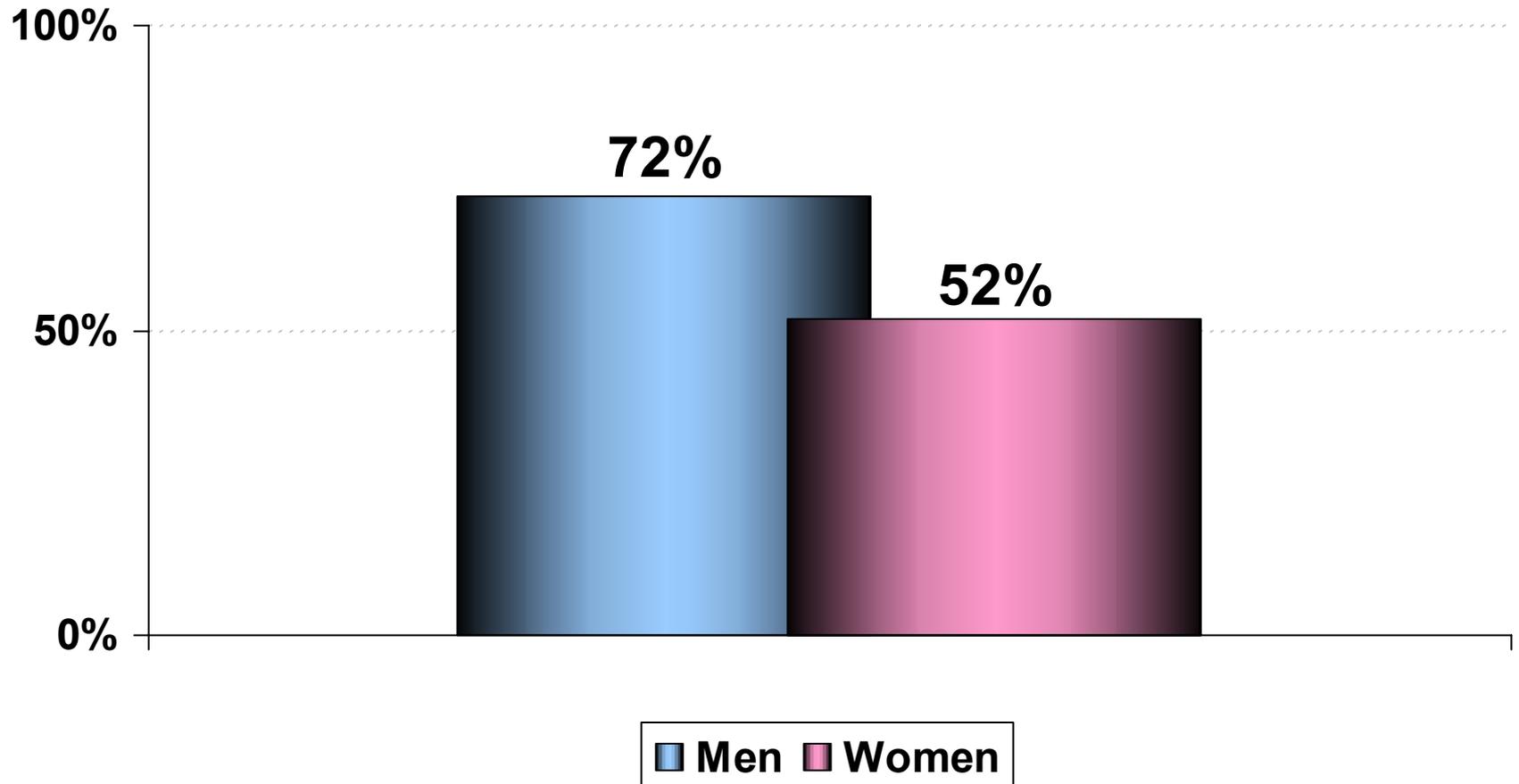
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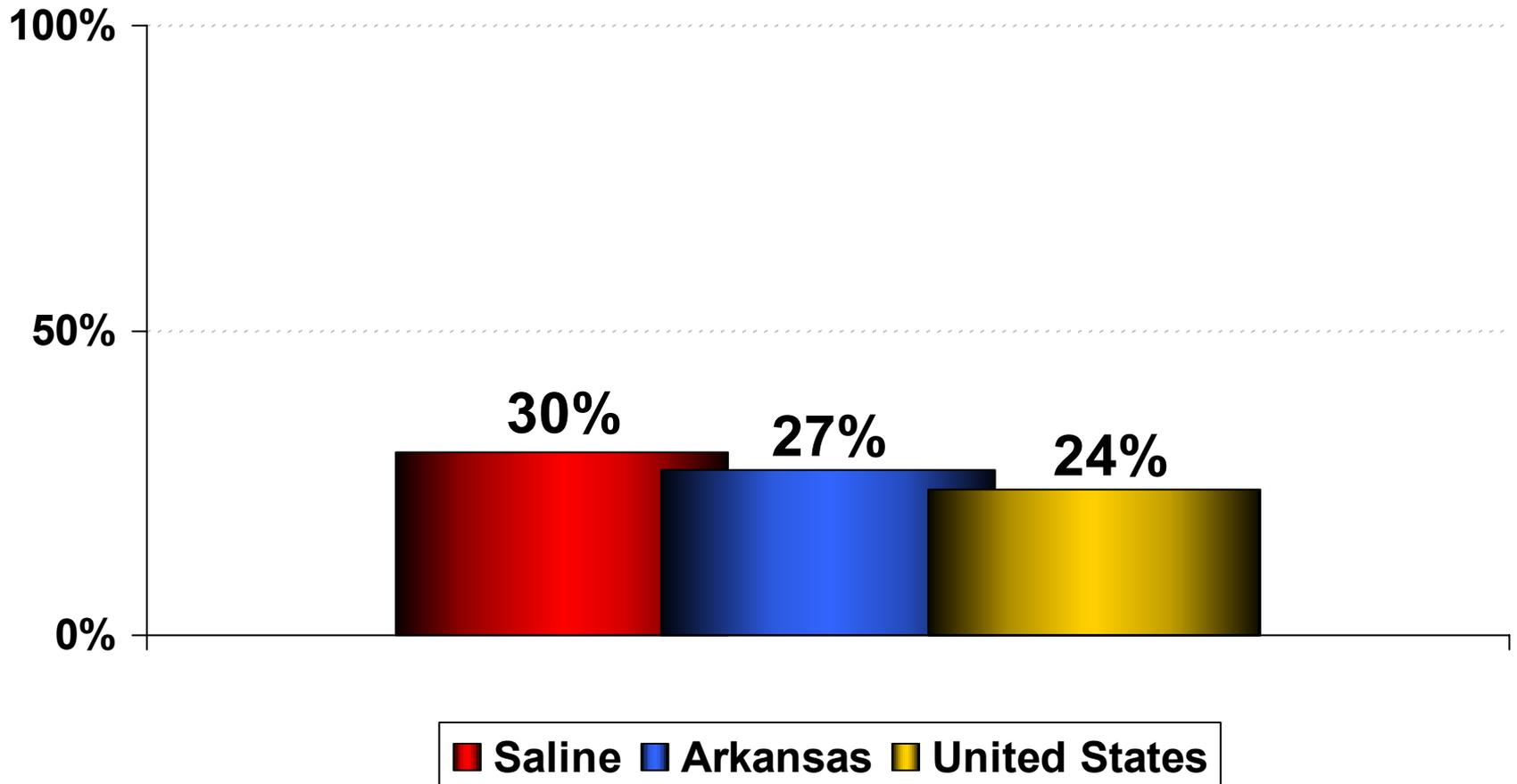
Overweight as Measured by Body Mass Index



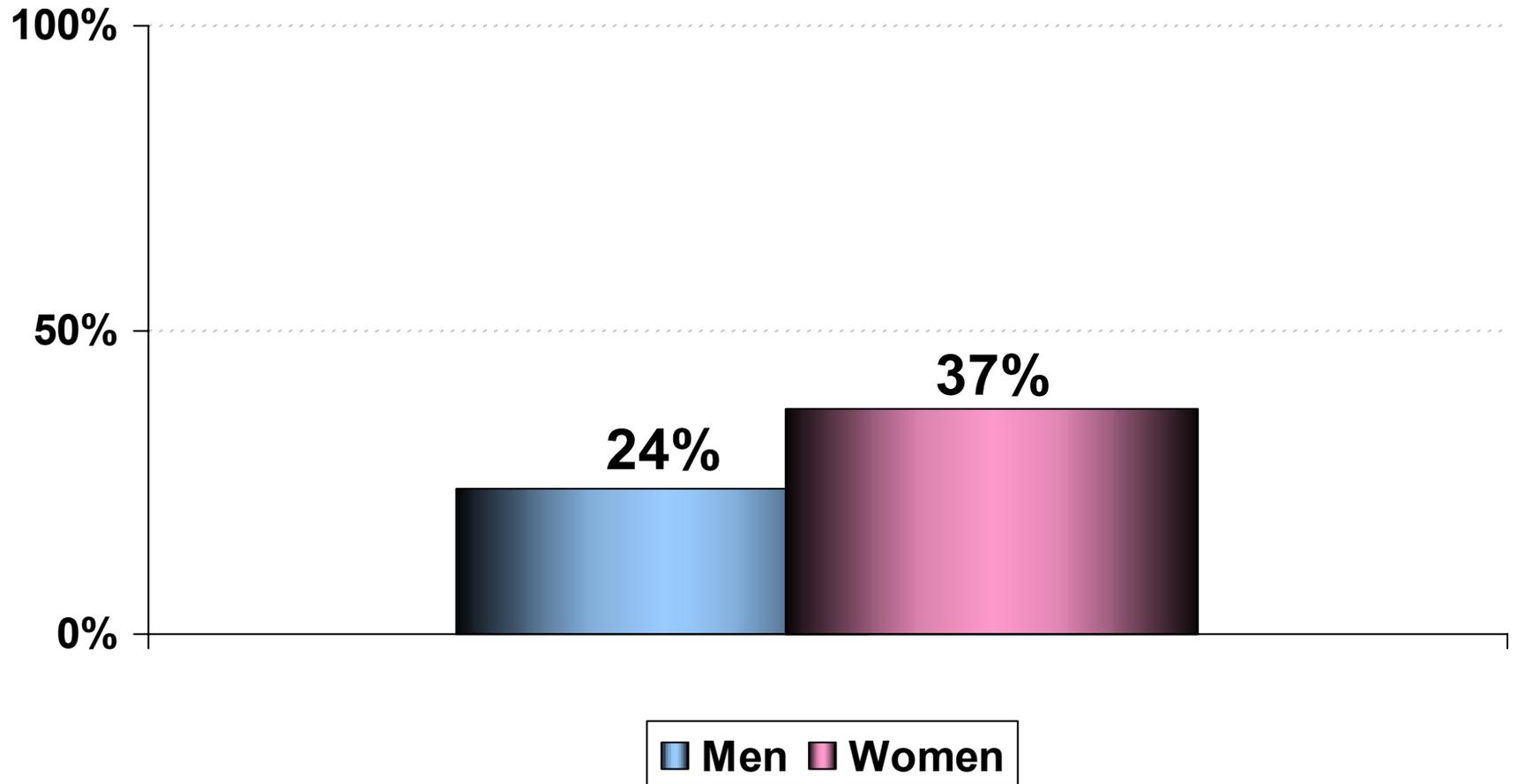
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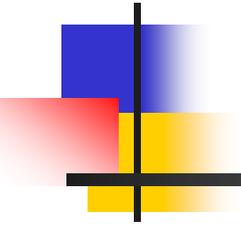
Do Not Participate in Any Physical Activities



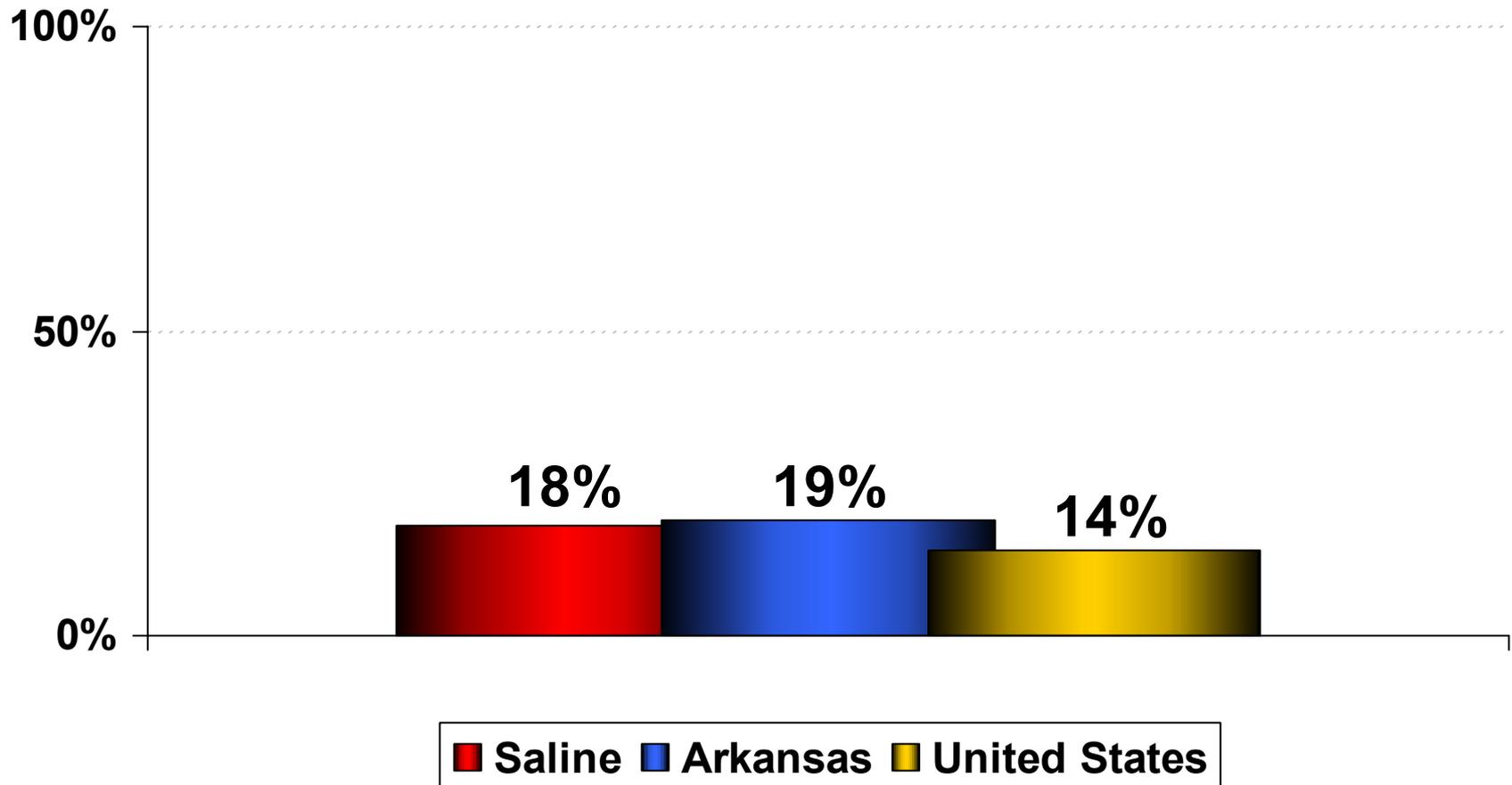
Do Not Participate in Any Physical Activities



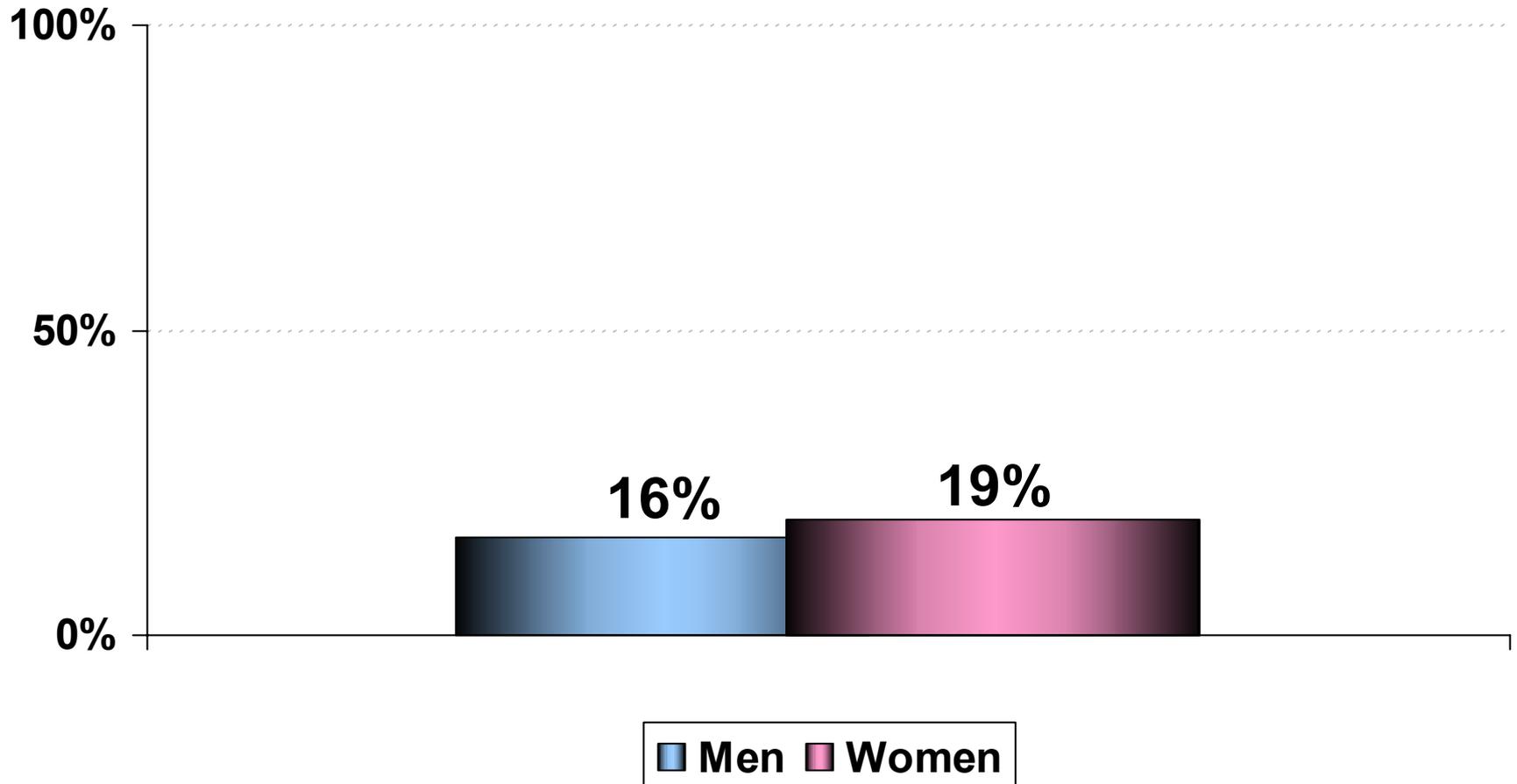
Selected Other Major Risk Factors



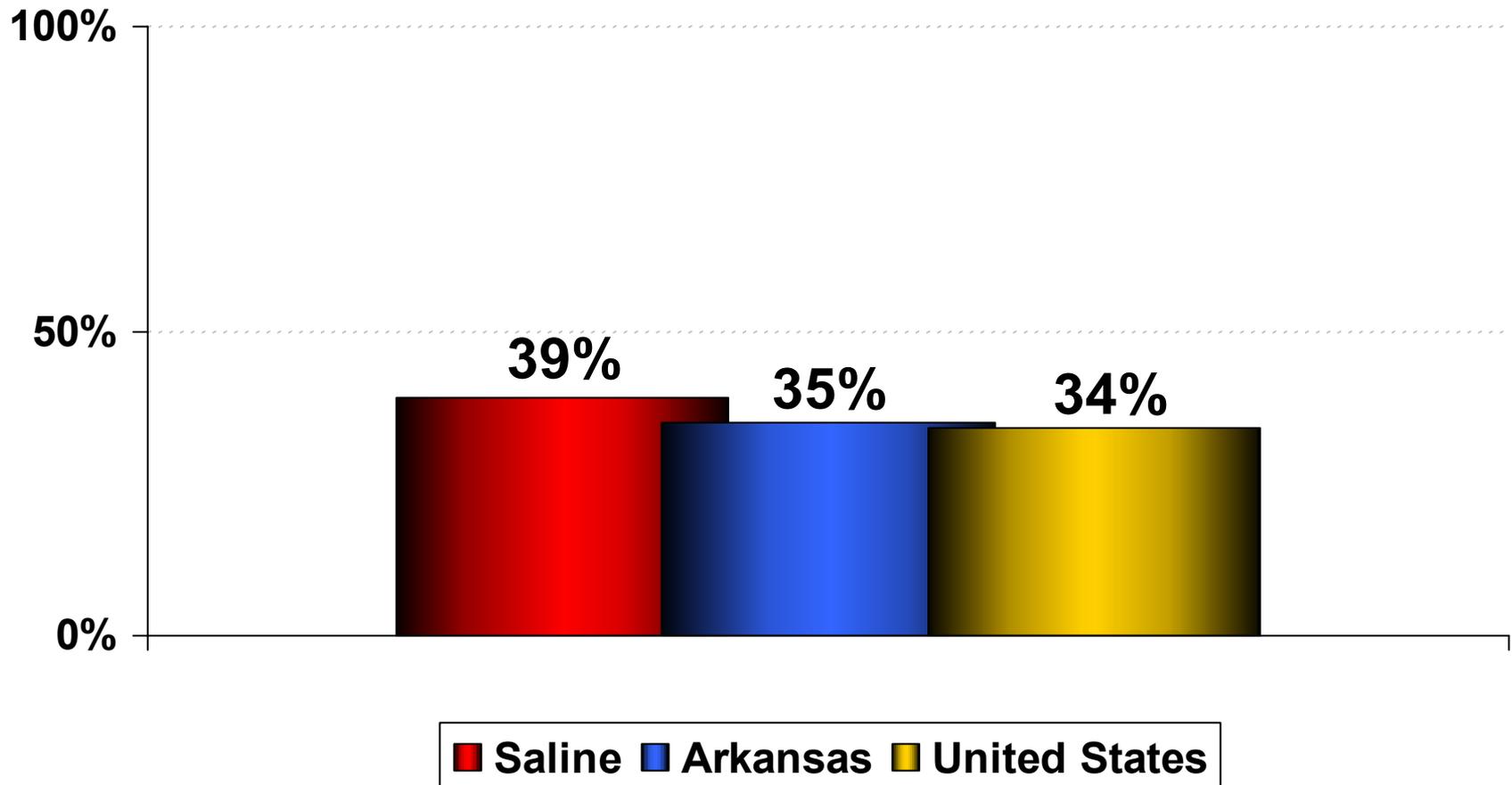
Reported General Health as Fair or Poor



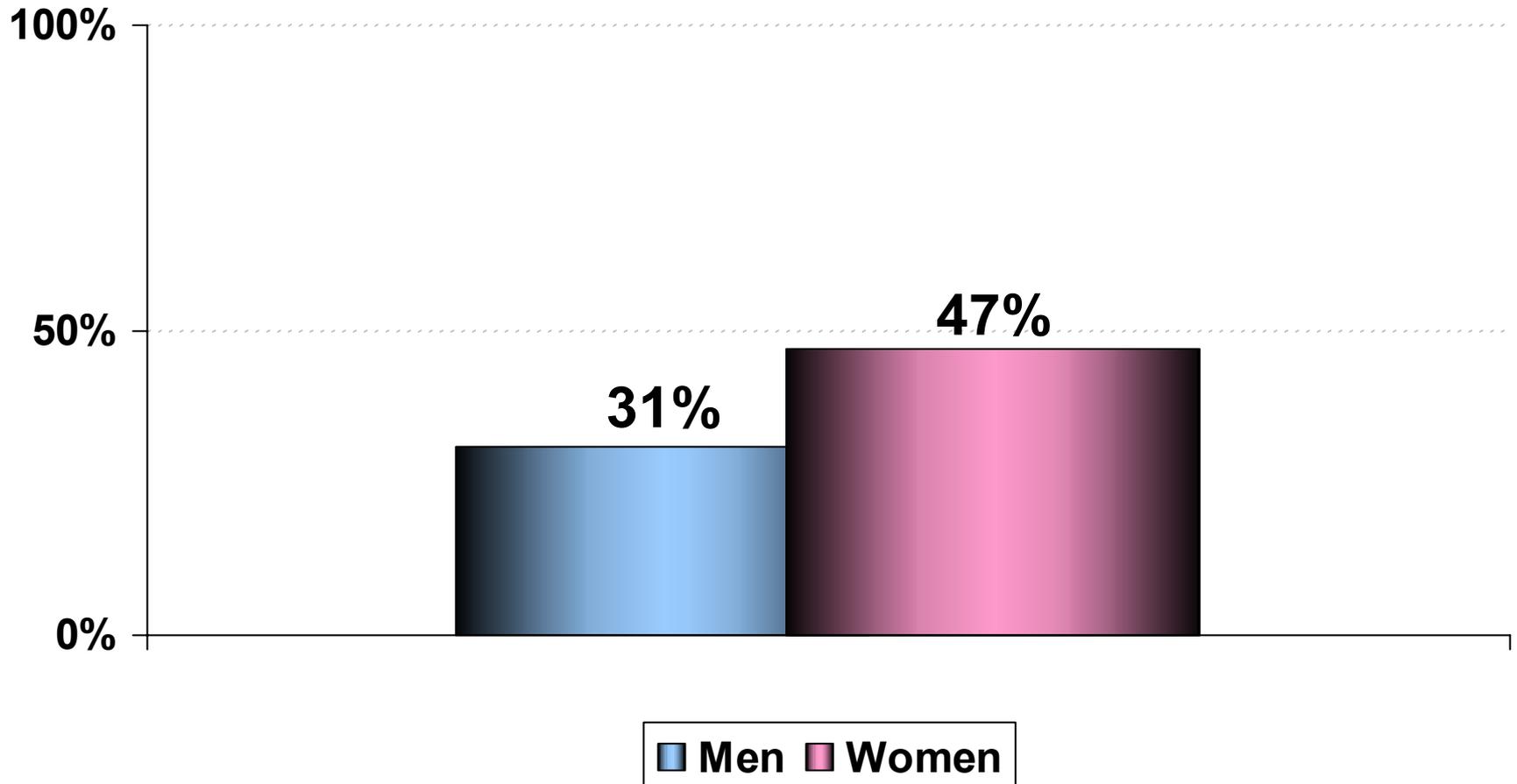
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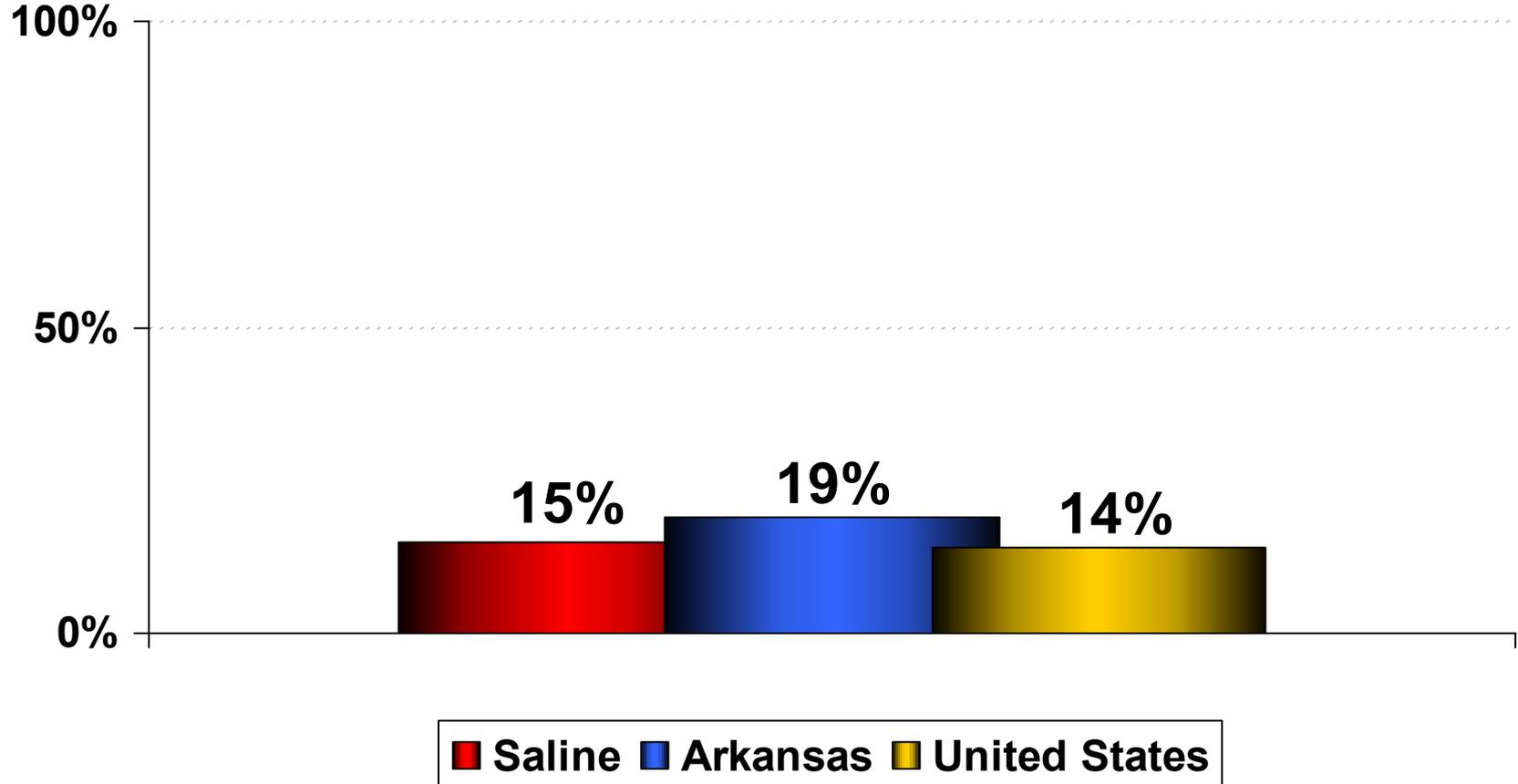
Reported Mental Health Not Good One Or More Days During Past Month



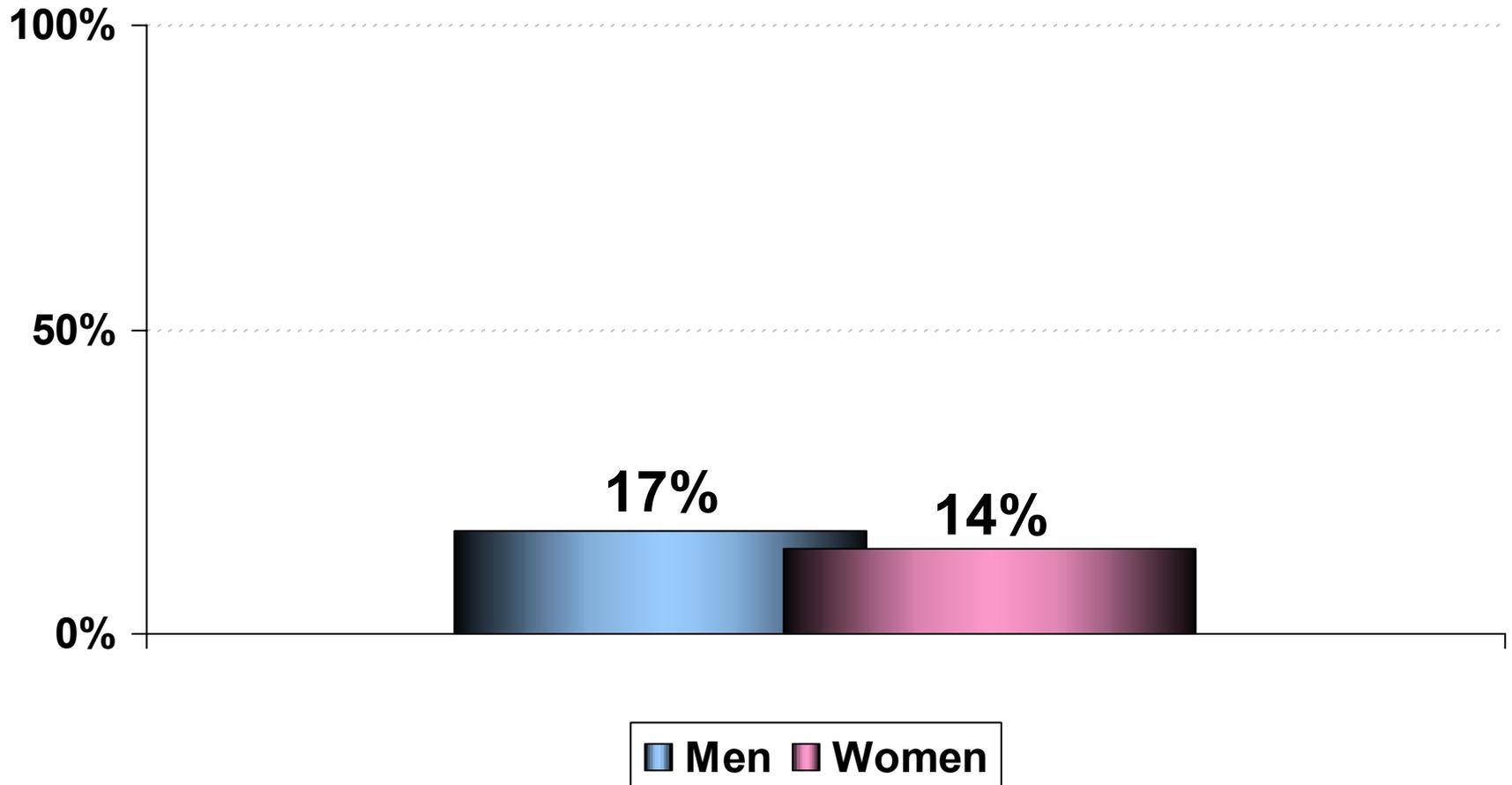
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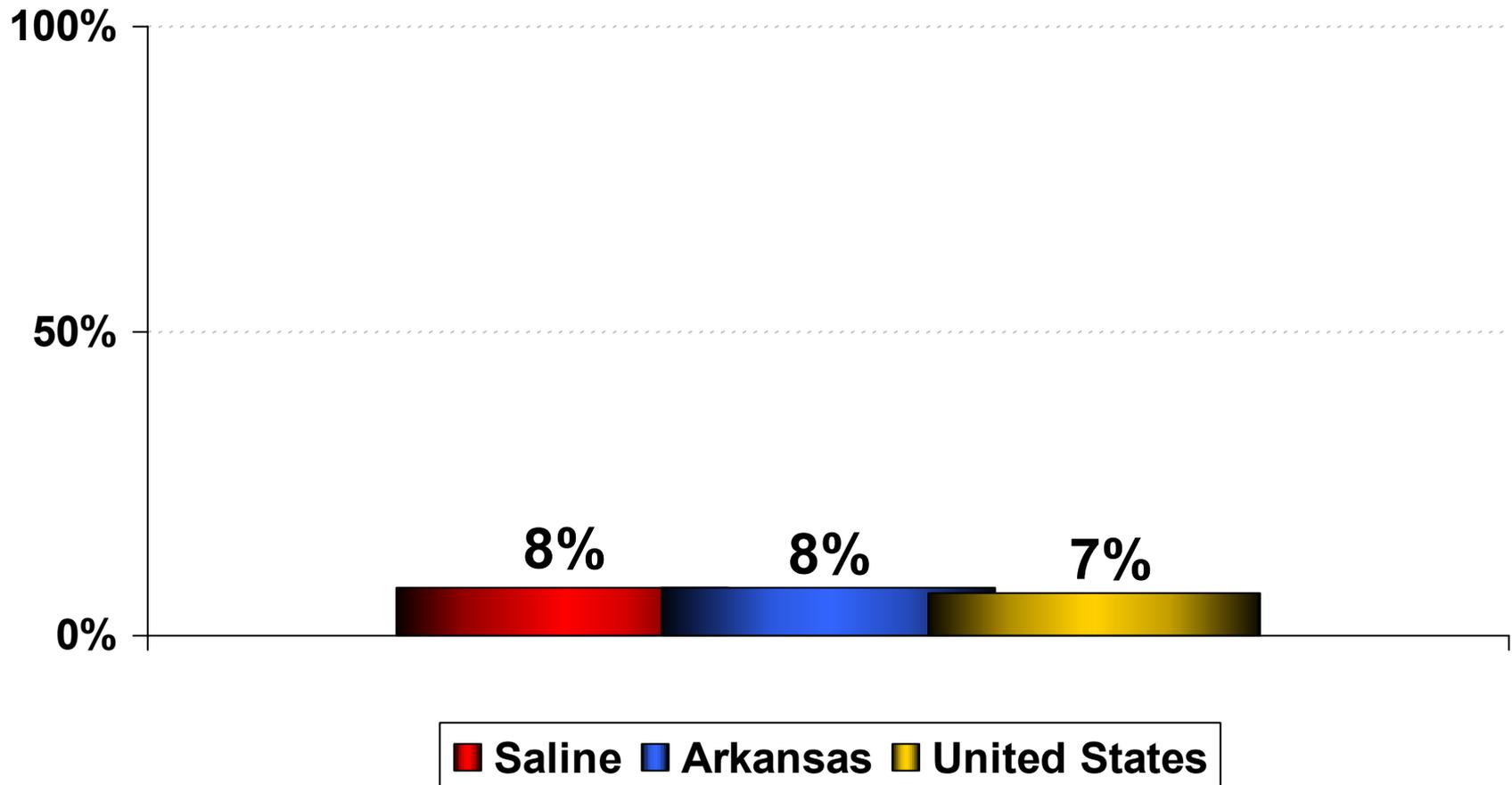
Do Not Have Health Insurance



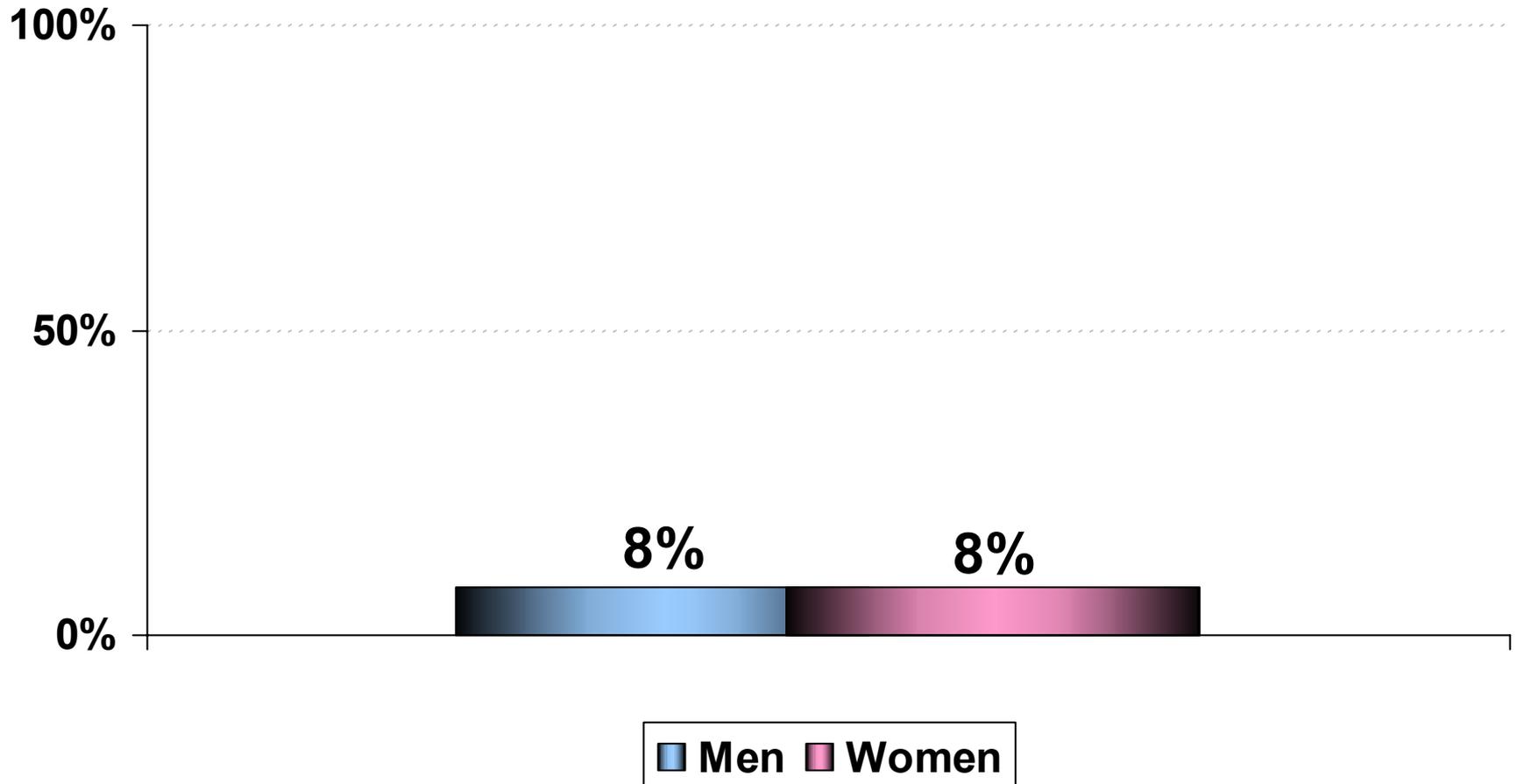
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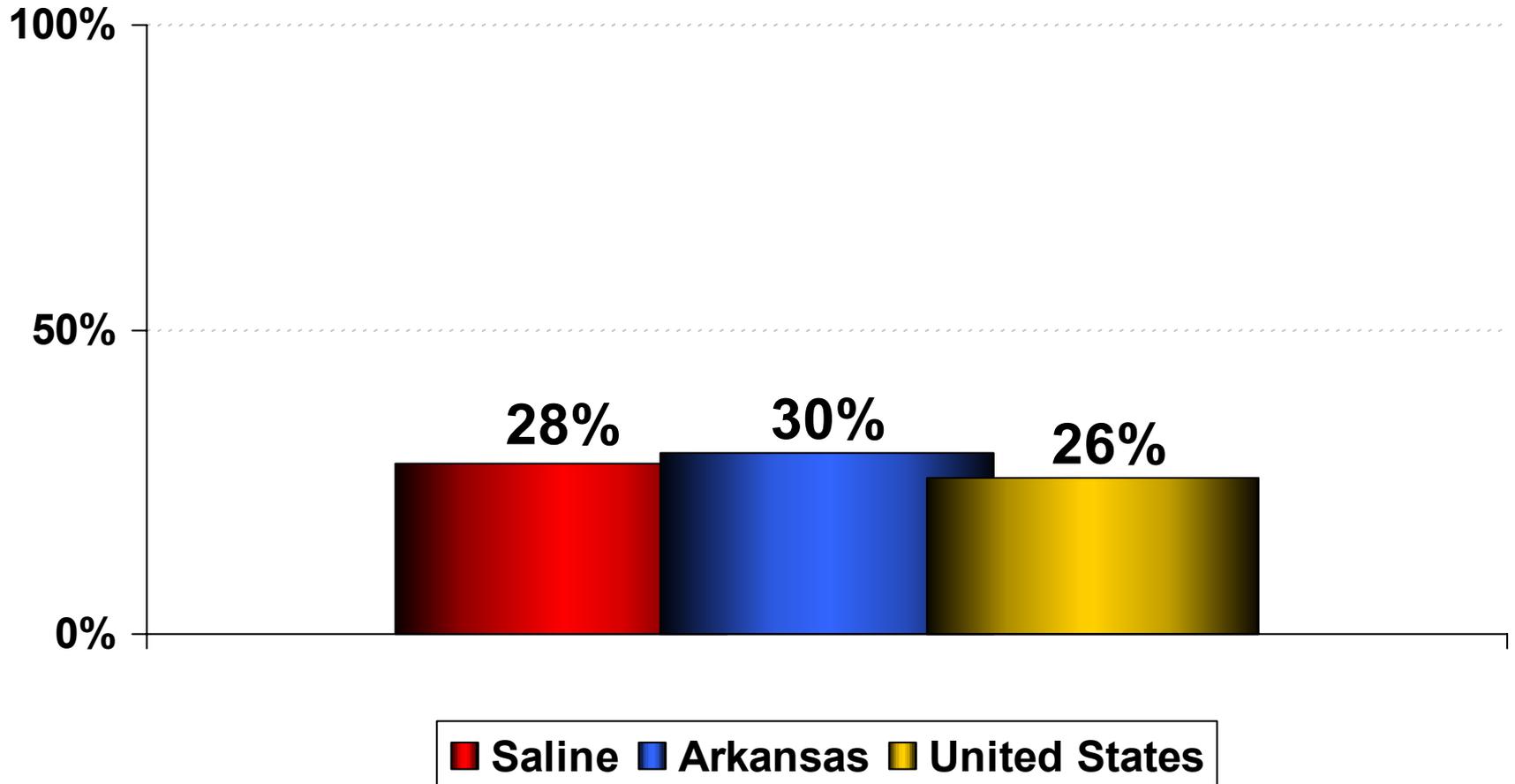
Have Been Diagnosed with Diabetes



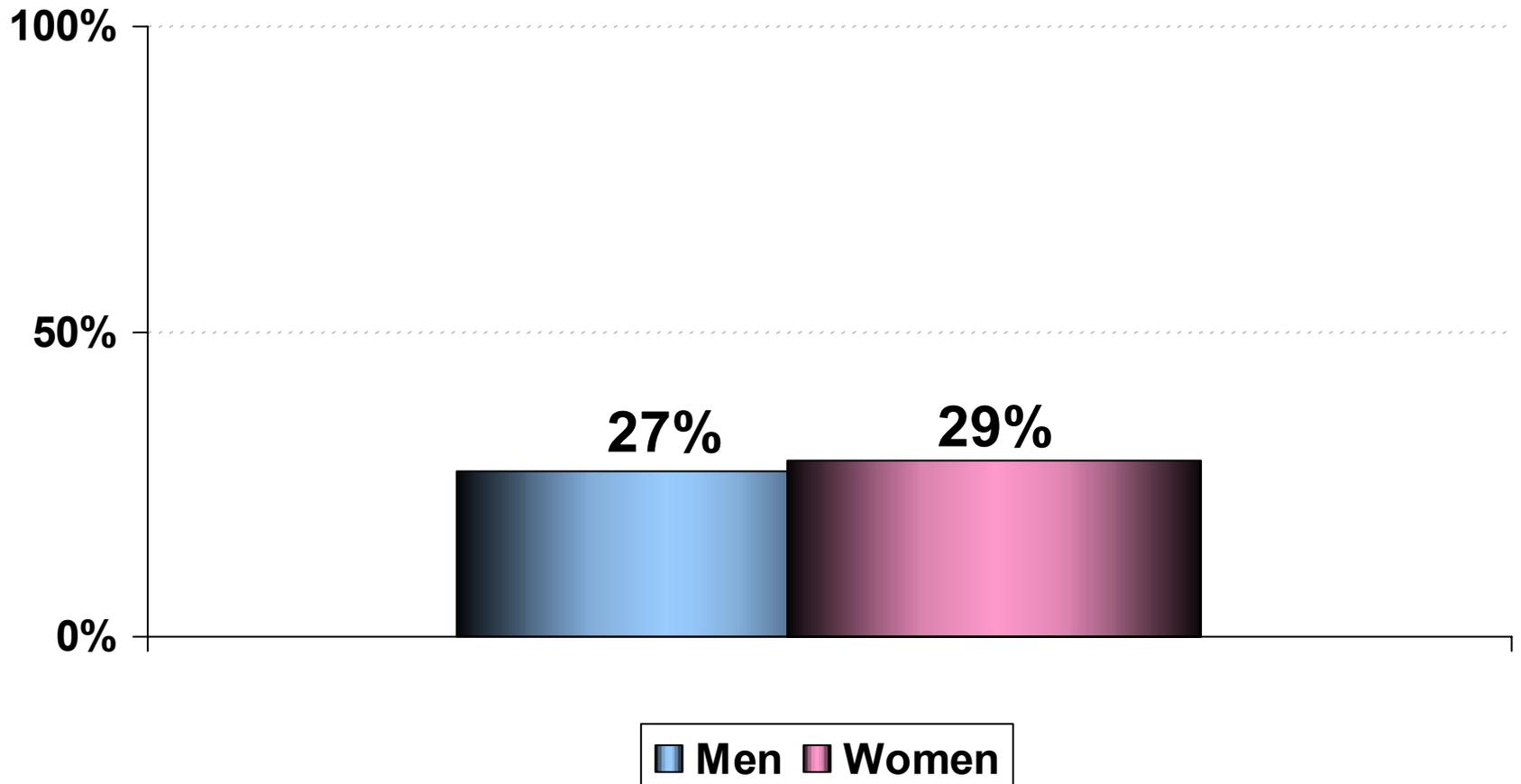
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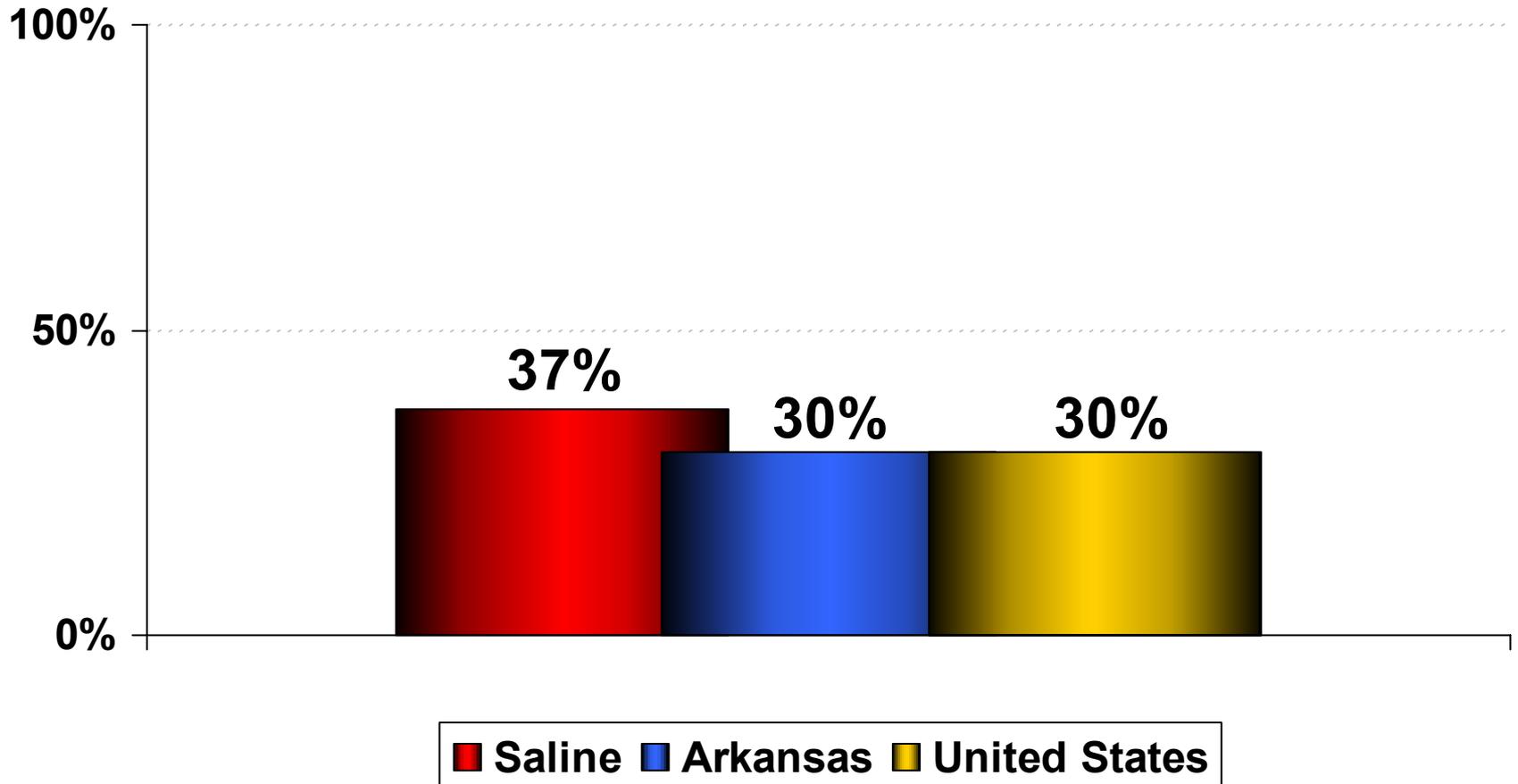
Diagnosed With High Blood Pressure



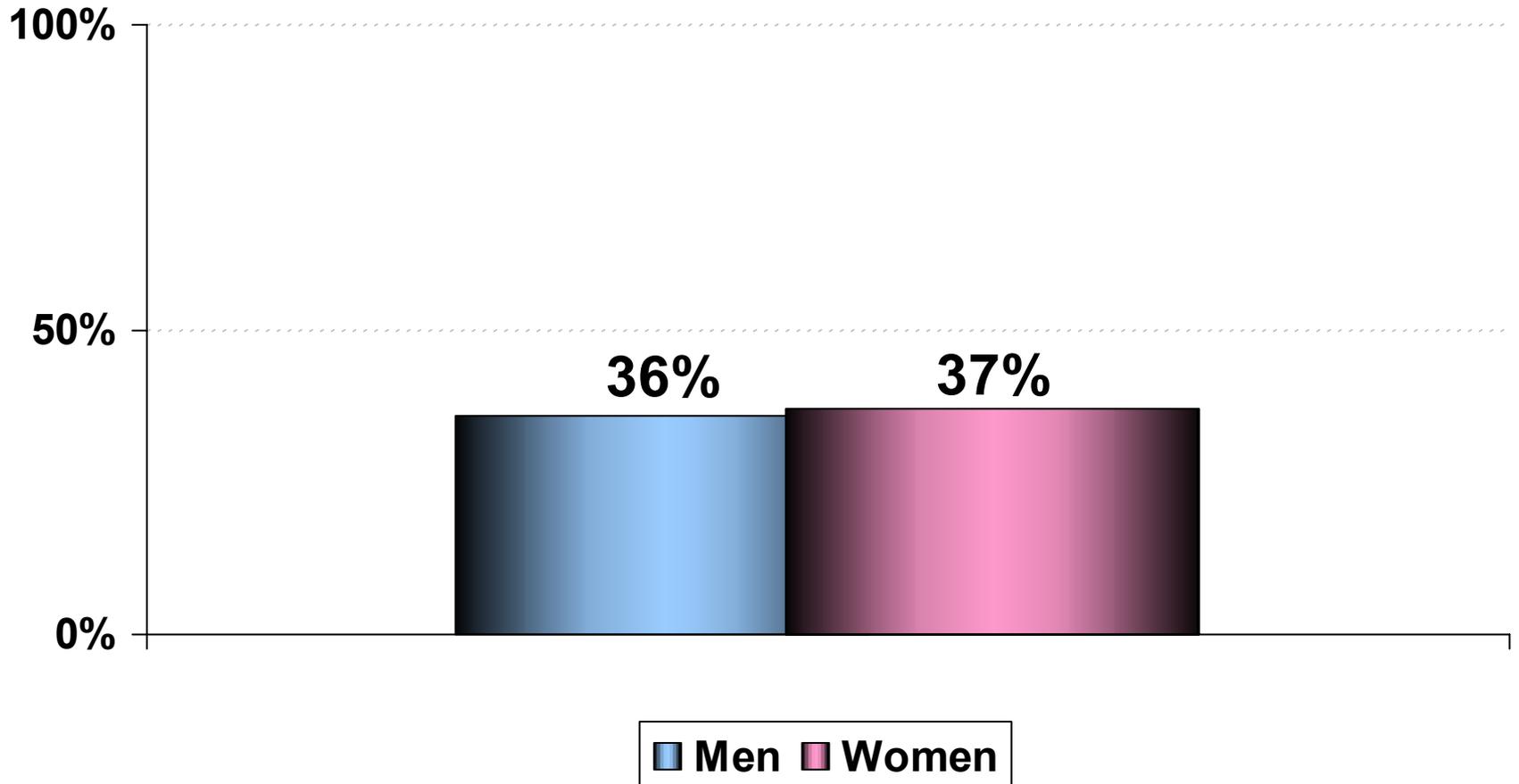
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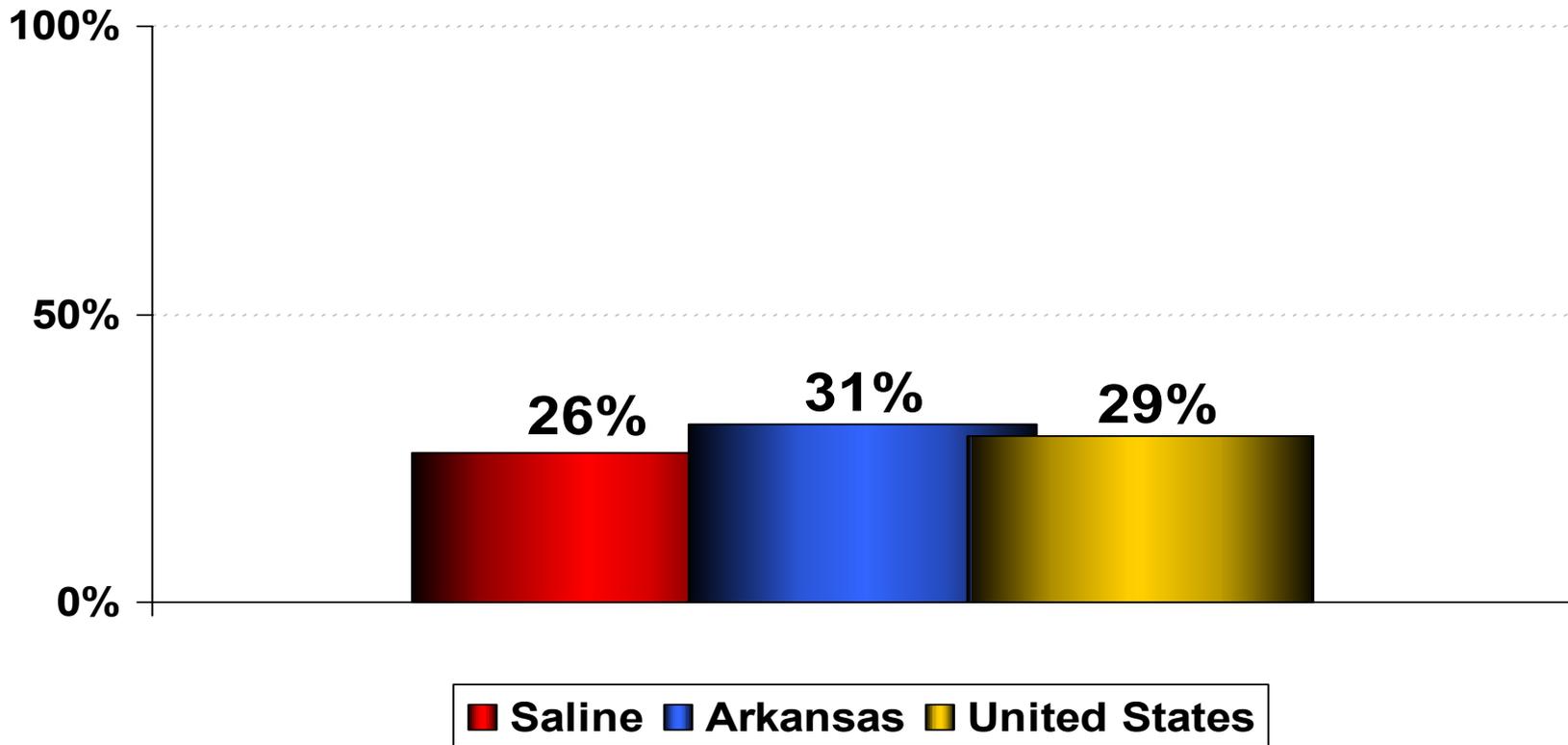
Diagnosed With High Blood Cholesterol



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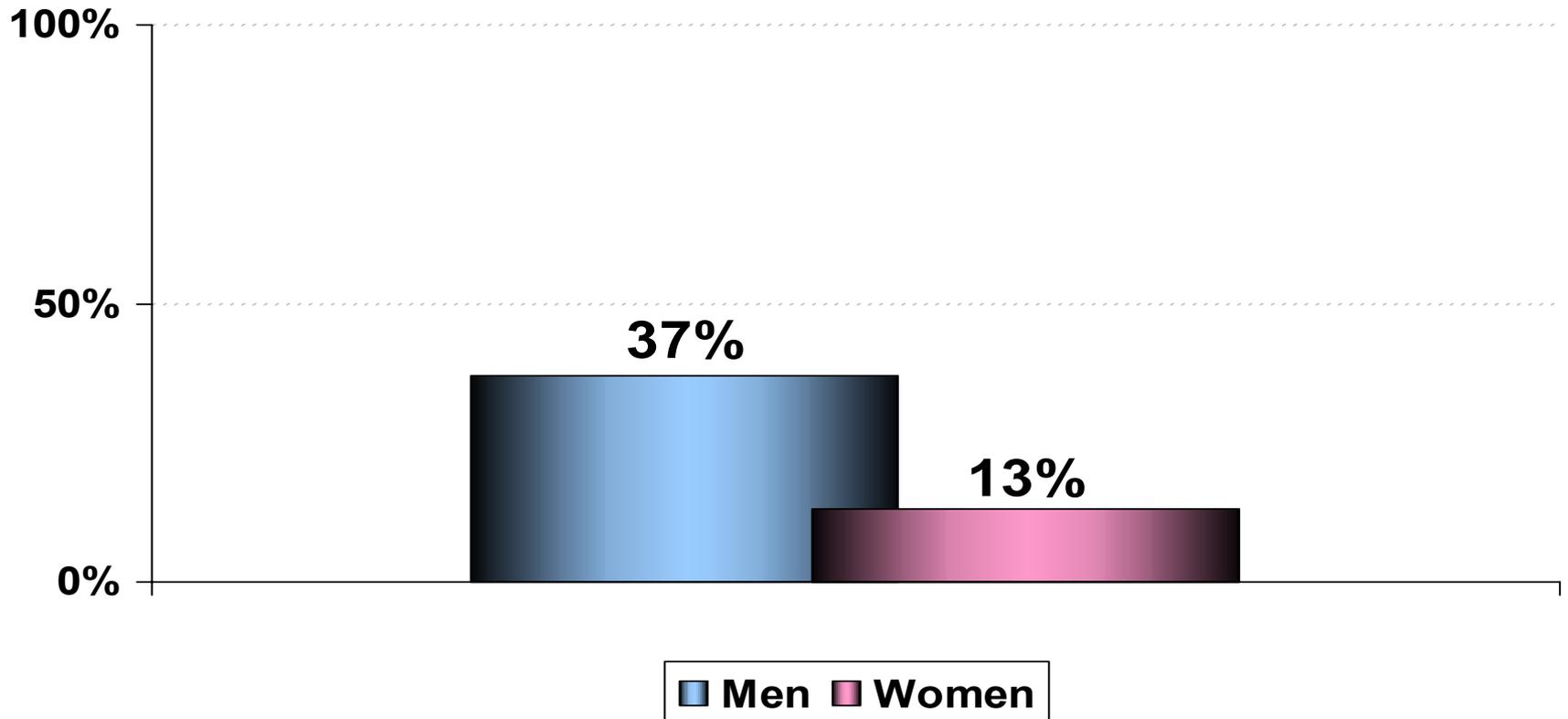


Have Had Five Drinks In A Row On One Or More Occasions During the Past Month*



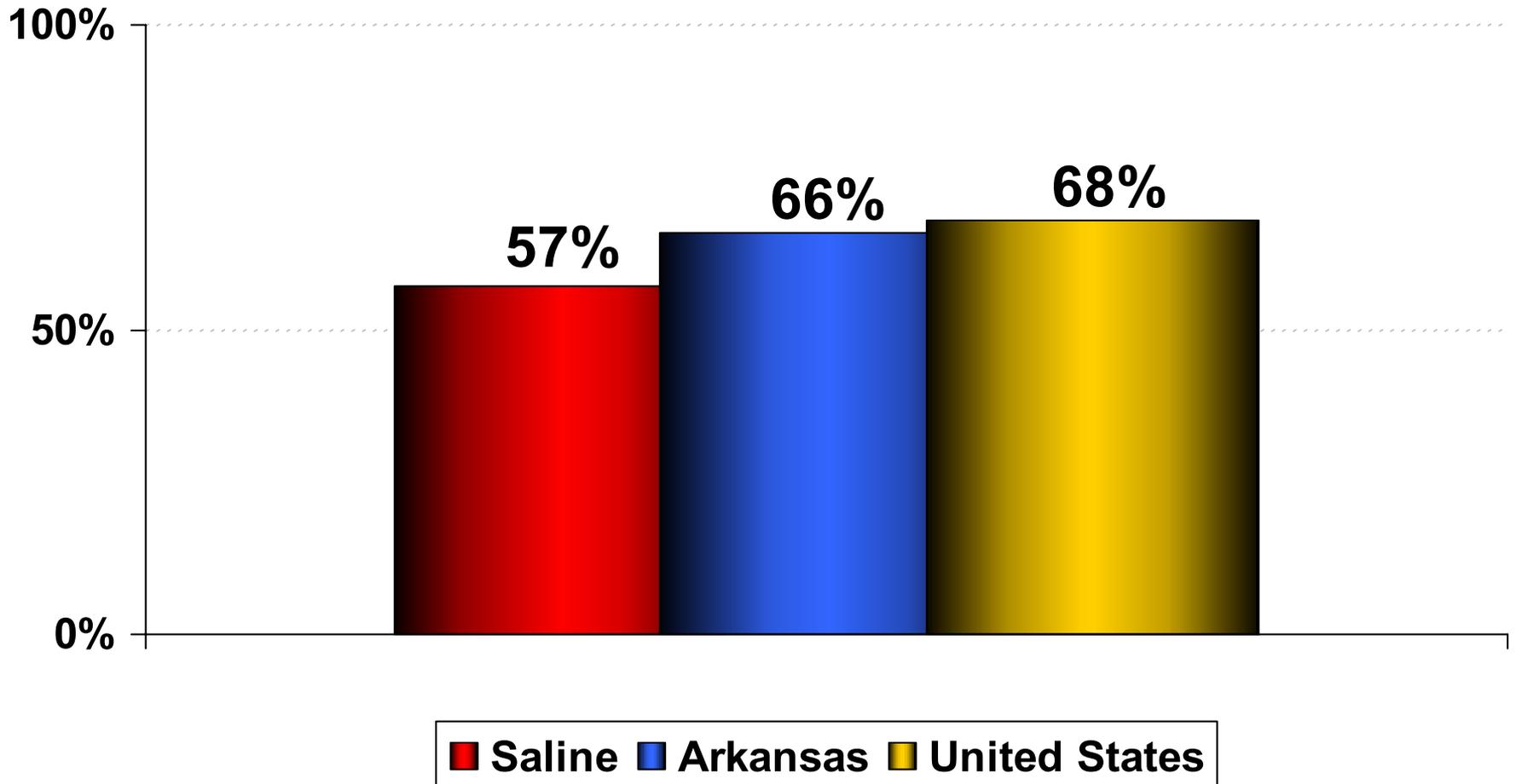
***Of respondents who reported drinking during the past month.**

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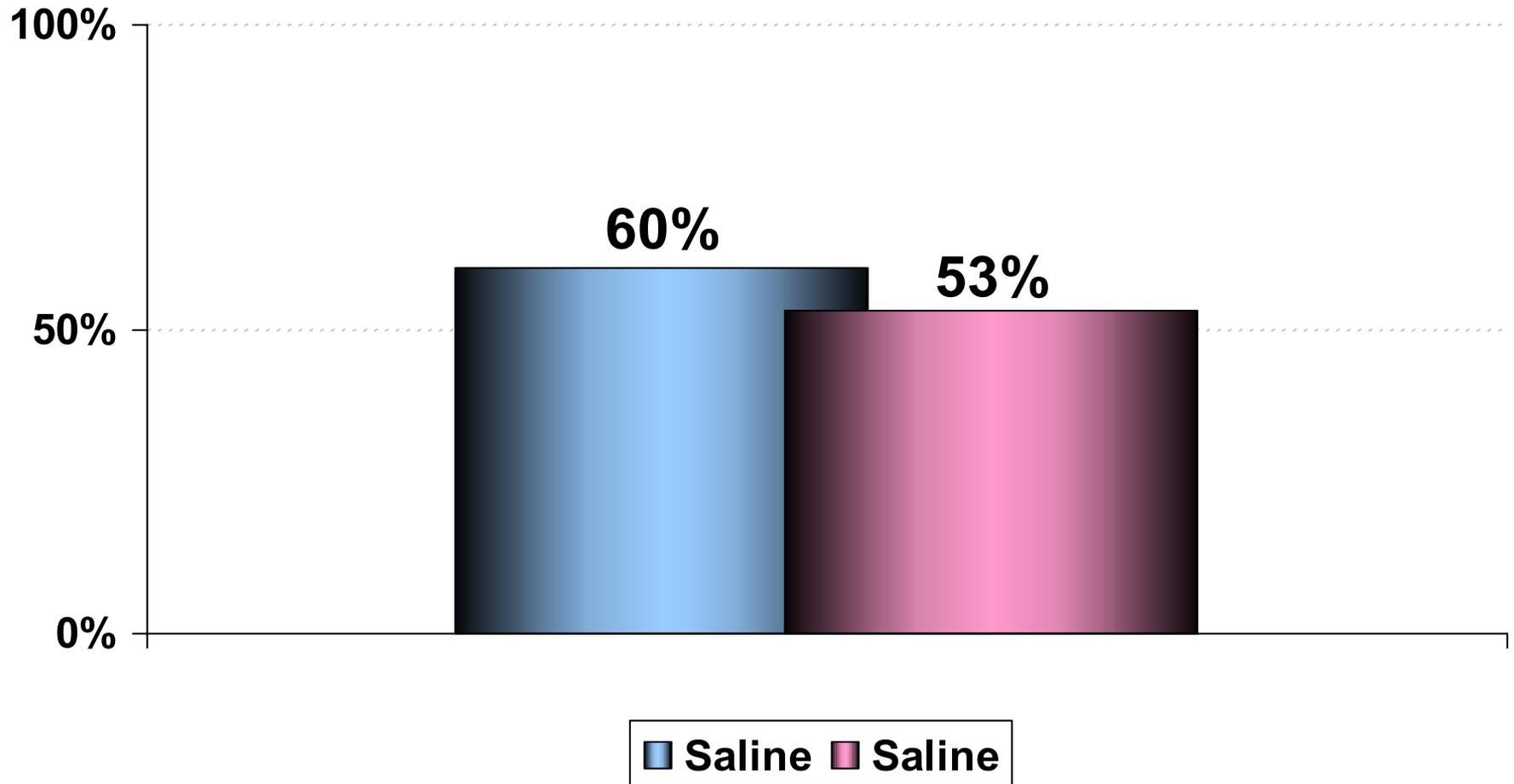
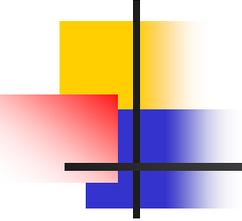


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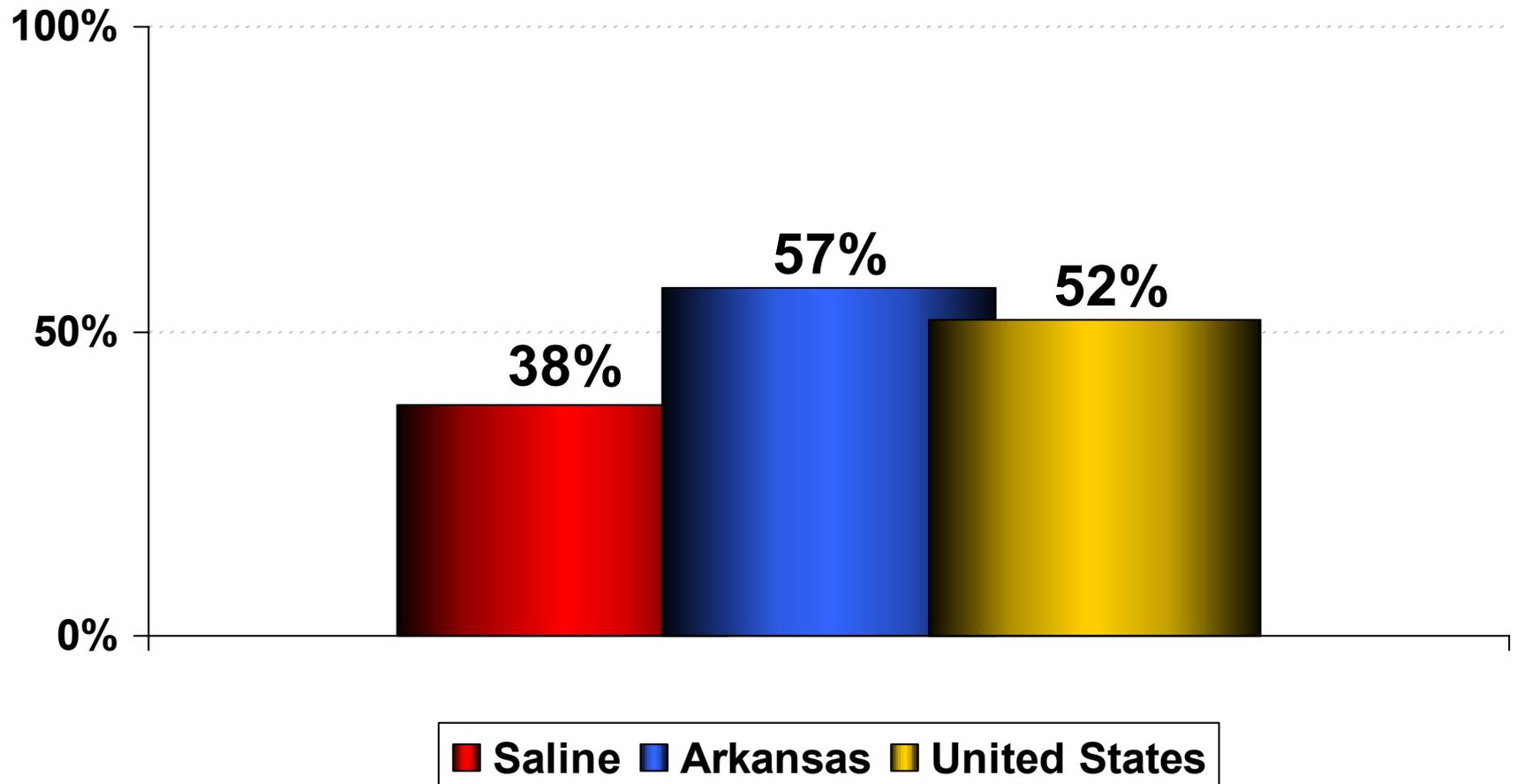
Have Not Received a Flu Shot During the Past Year



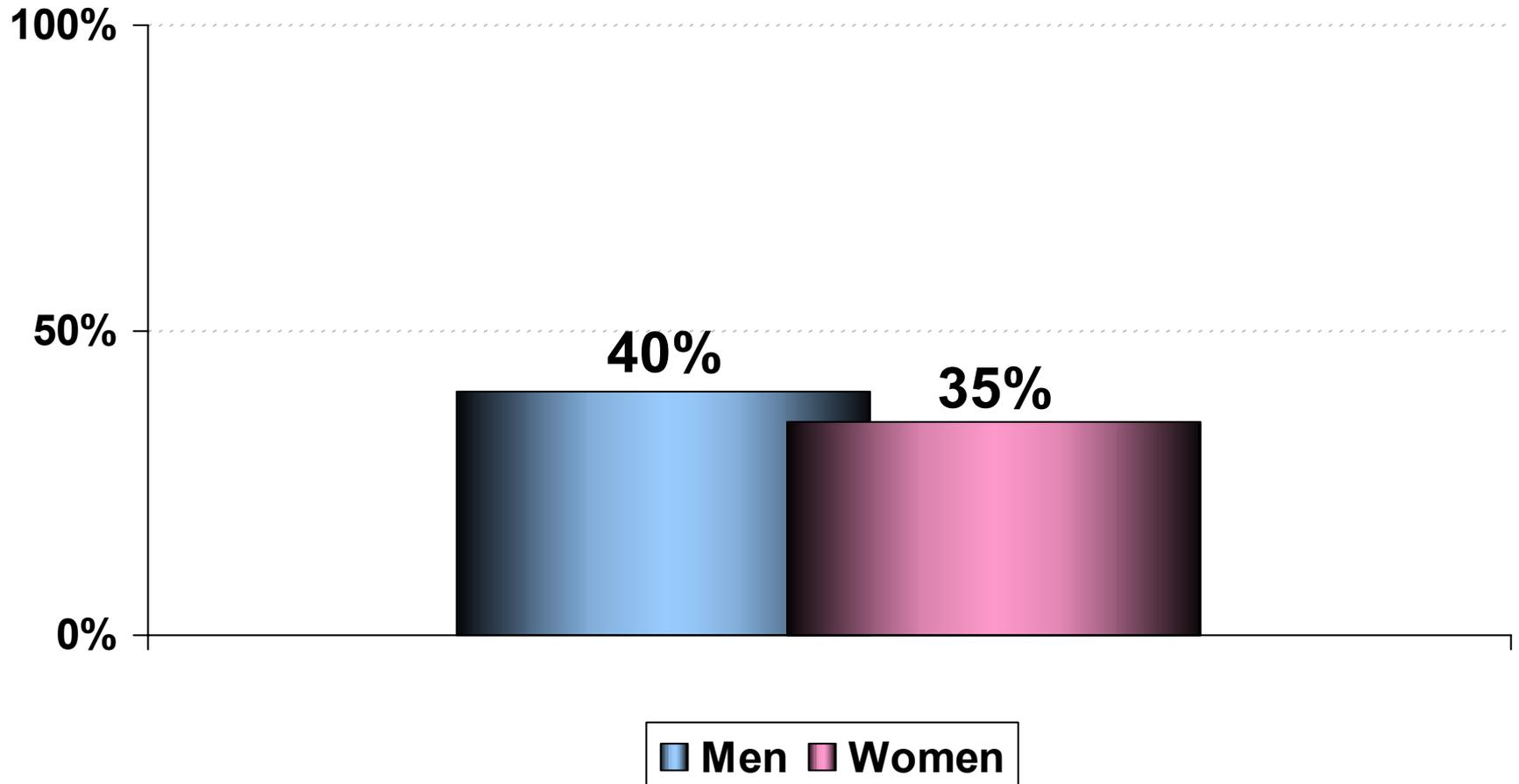
Have Not Received the Flu Shot During the Past Year

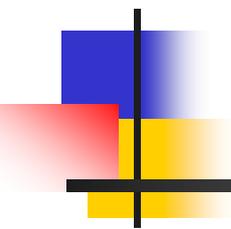


Over 50, Never Been Screened for Colorectal Cancer



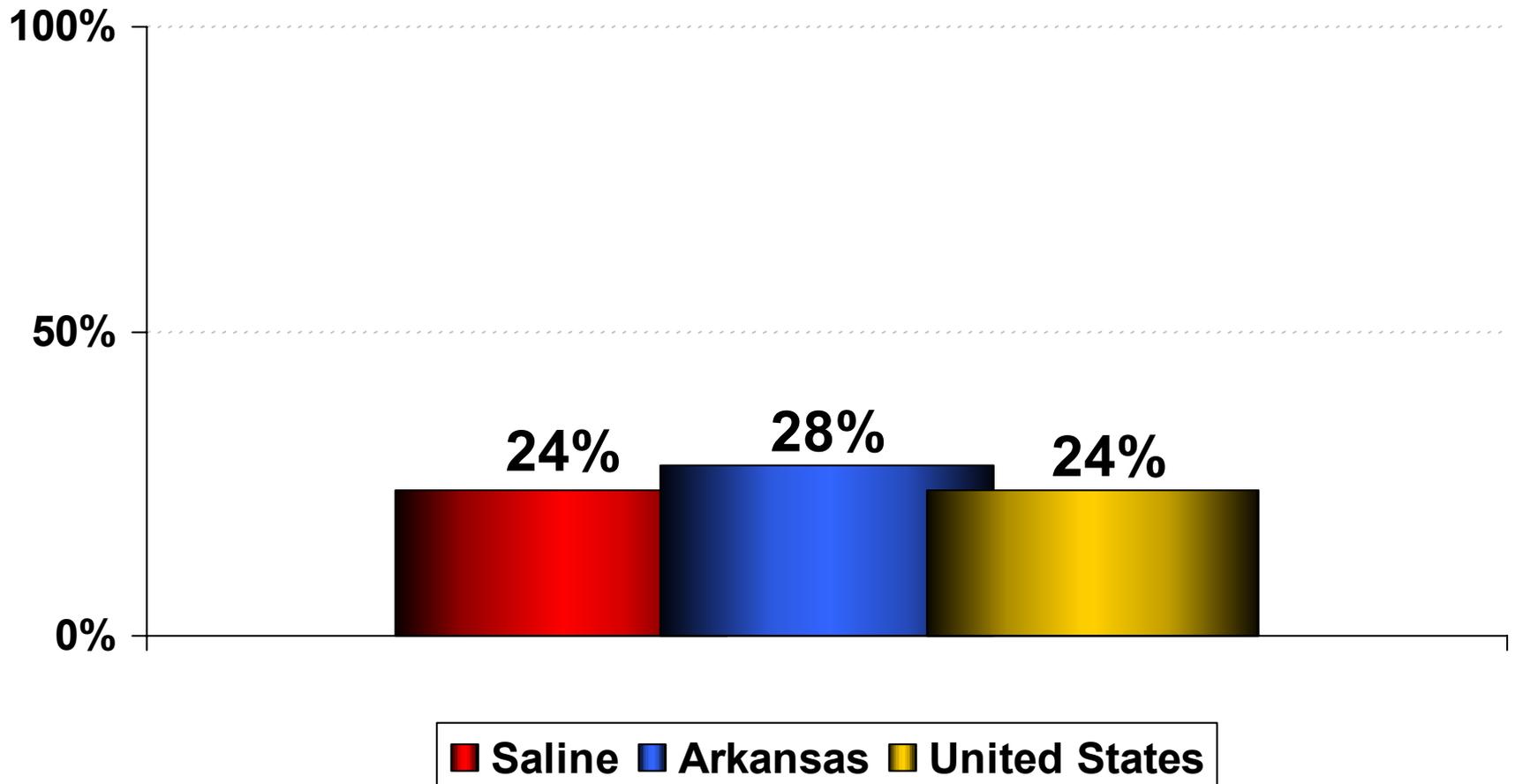
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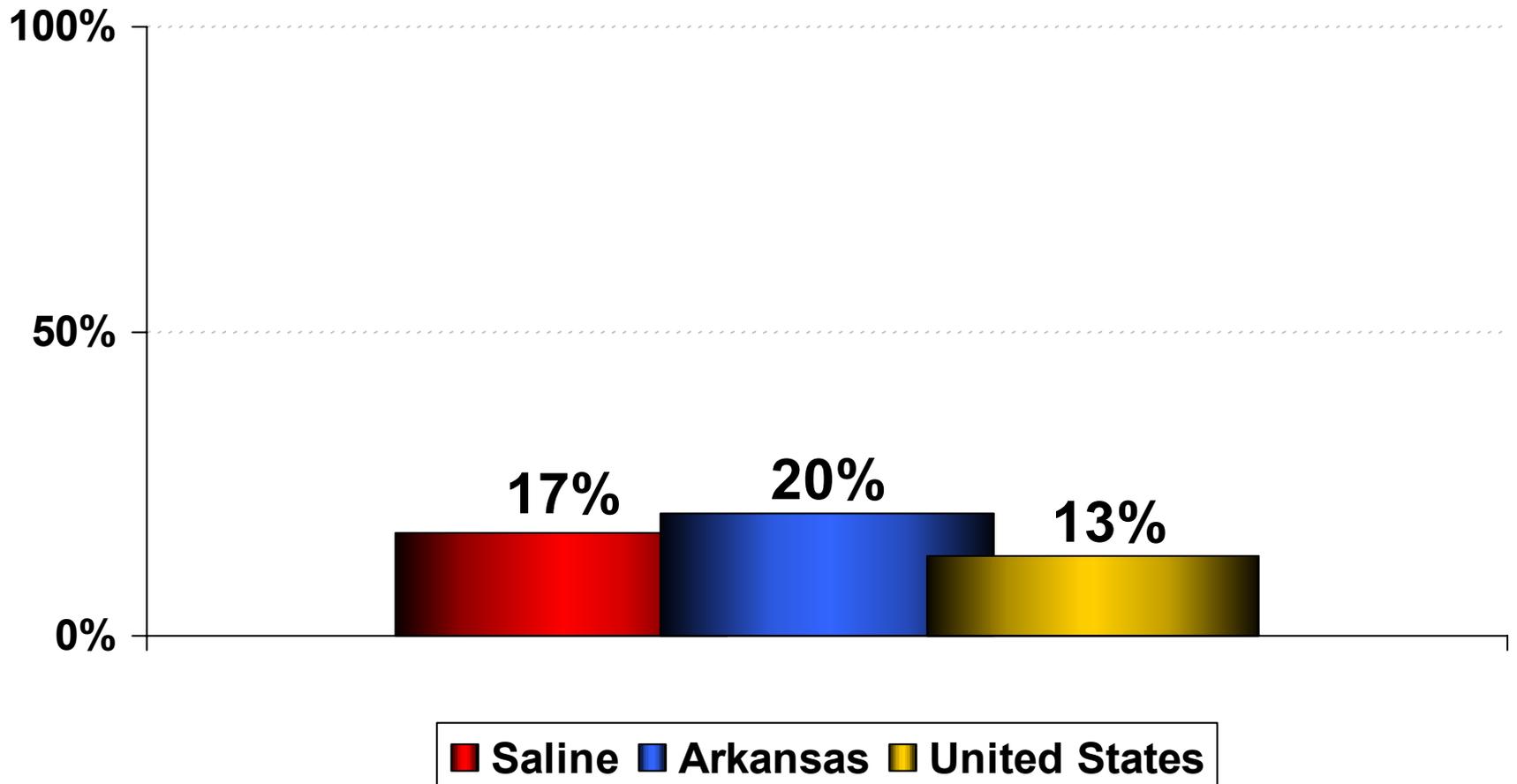


Women's Health

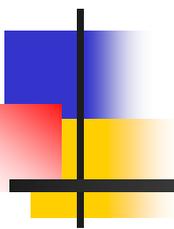
Over 40, Haven't Had Mammogram in Past 2 Years



Haven't Had a Pap Smear In Past 3 Years



What Can Your Hometown Health Coalition Do to Make a Difference?



- ✦ Assess
- ✦ Identify
- ✦ Develop
- ✦ Evaluate

Questions

