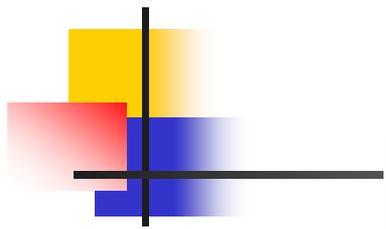


Pulaski County Adult Health Survey 2004



CATHOLIC HEALTH INITIATIVES

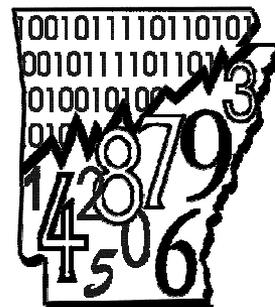
St. Vincent

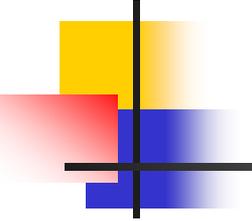
Inspired.



Arkansas Department of Health

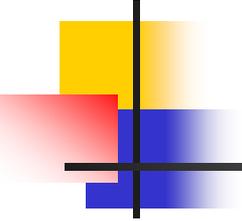
Arkansas Center for Health Statistics





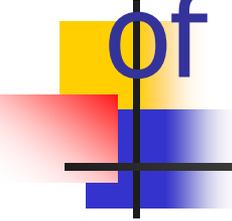
What Is the Pulaski County 2004 BRFSS?

The BRFSS is the world's largest continuously conducted telephone survey. It covers issues surrounding chronic illness and premature mortality, as well as other health-related topics. All 50 states, Puerto Rico, Guam, and Washington D.C. participate. Pulaski County participated in county level BRFSS studies sponsored by Hometown Health.



In Pulaski County...

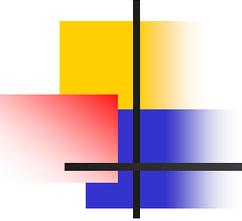
- Interviews were conducted with 4011 people who live in Pulaski County during February through May 2004.
- Of the 4011 Pulaski County interviews, 1407 were with men and 2604 were with women.



What was the most common cause of death for Arkansans in 2000?

Heart Disease

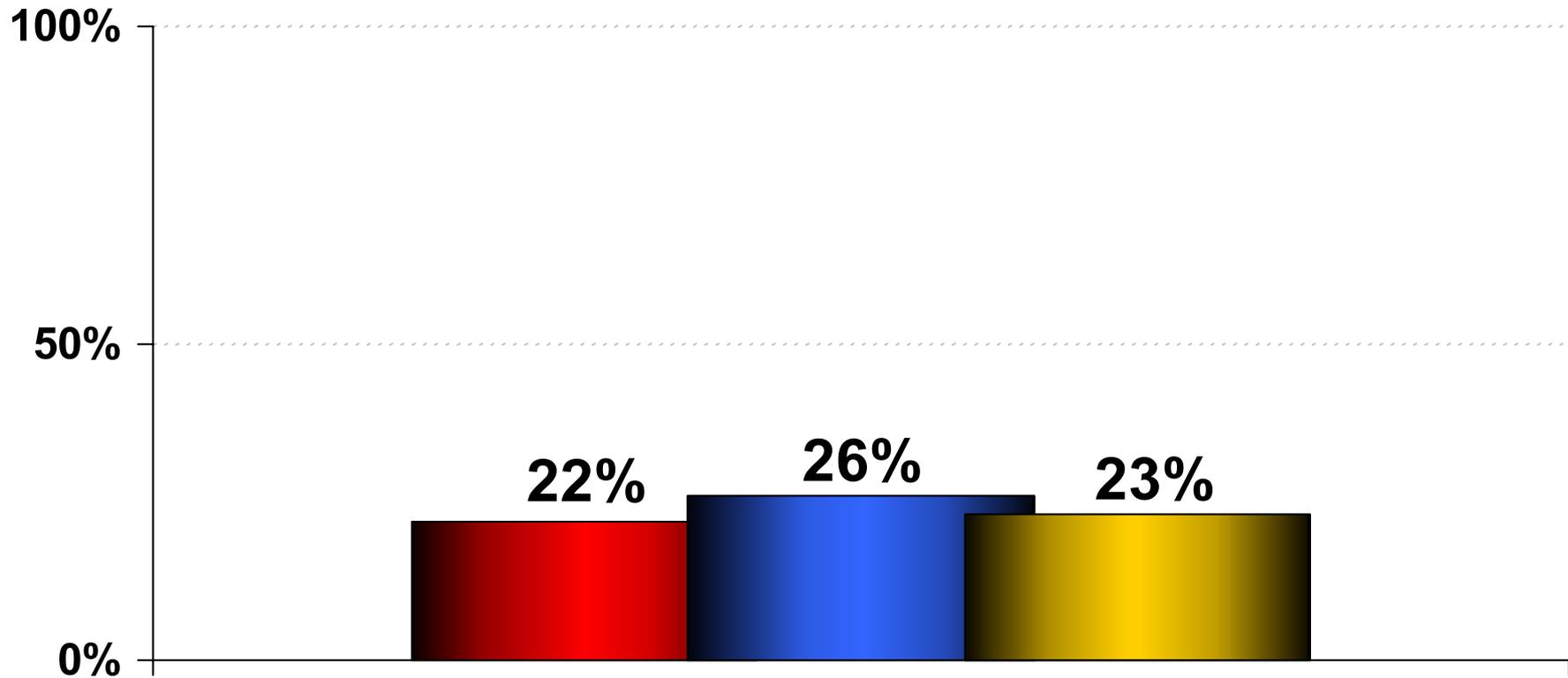
- ✦ Heart disease is the most common cause of death for people who live in Pulaski County, in the state of Arkansas, and in the United States.



Cardiovascular Disease Risks Measured Include...

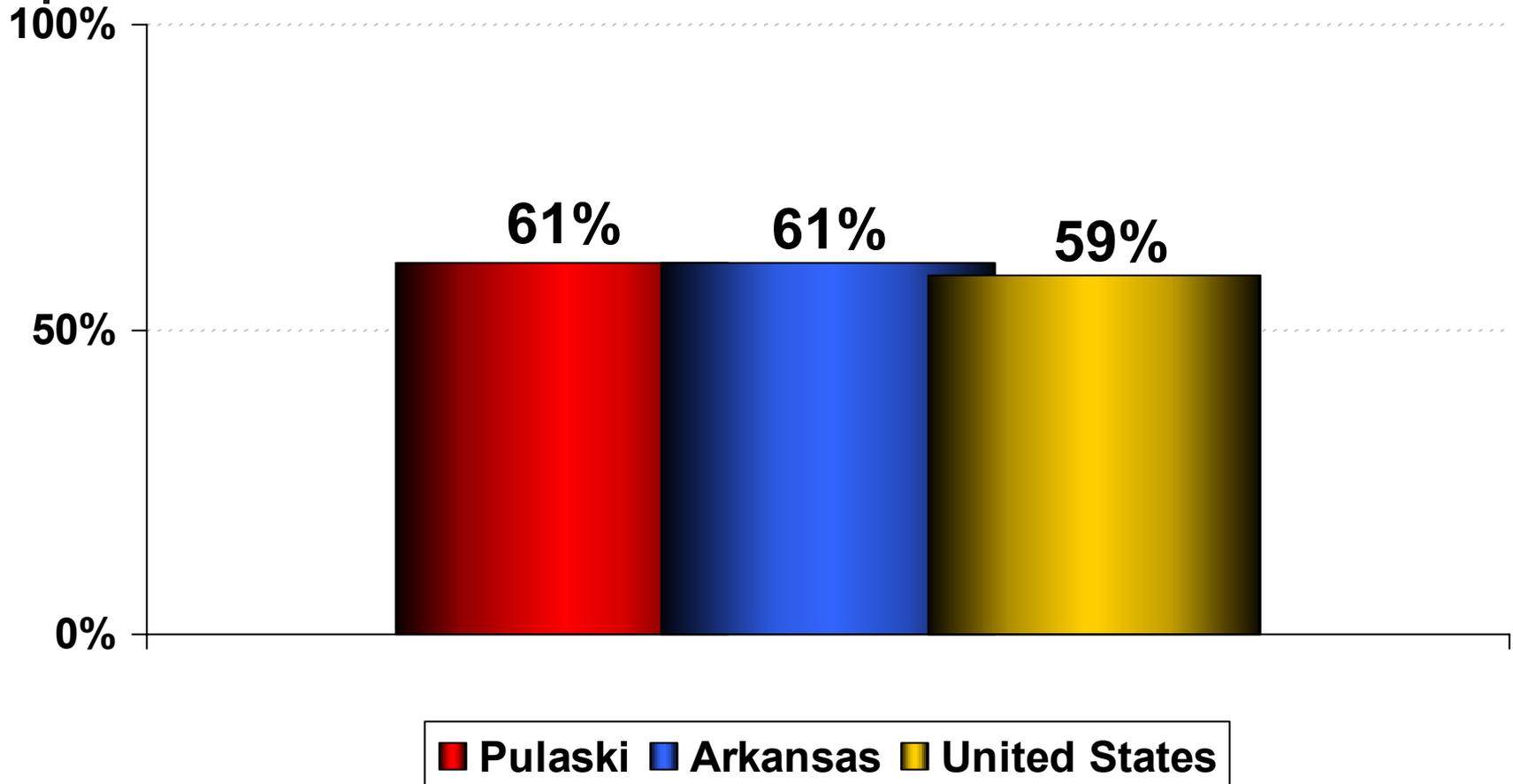
- ✦ Using tobacco
- ✦ Being overweight
- ✦ Having a sedentary lifestyle

Currently Smoke Cigarettes

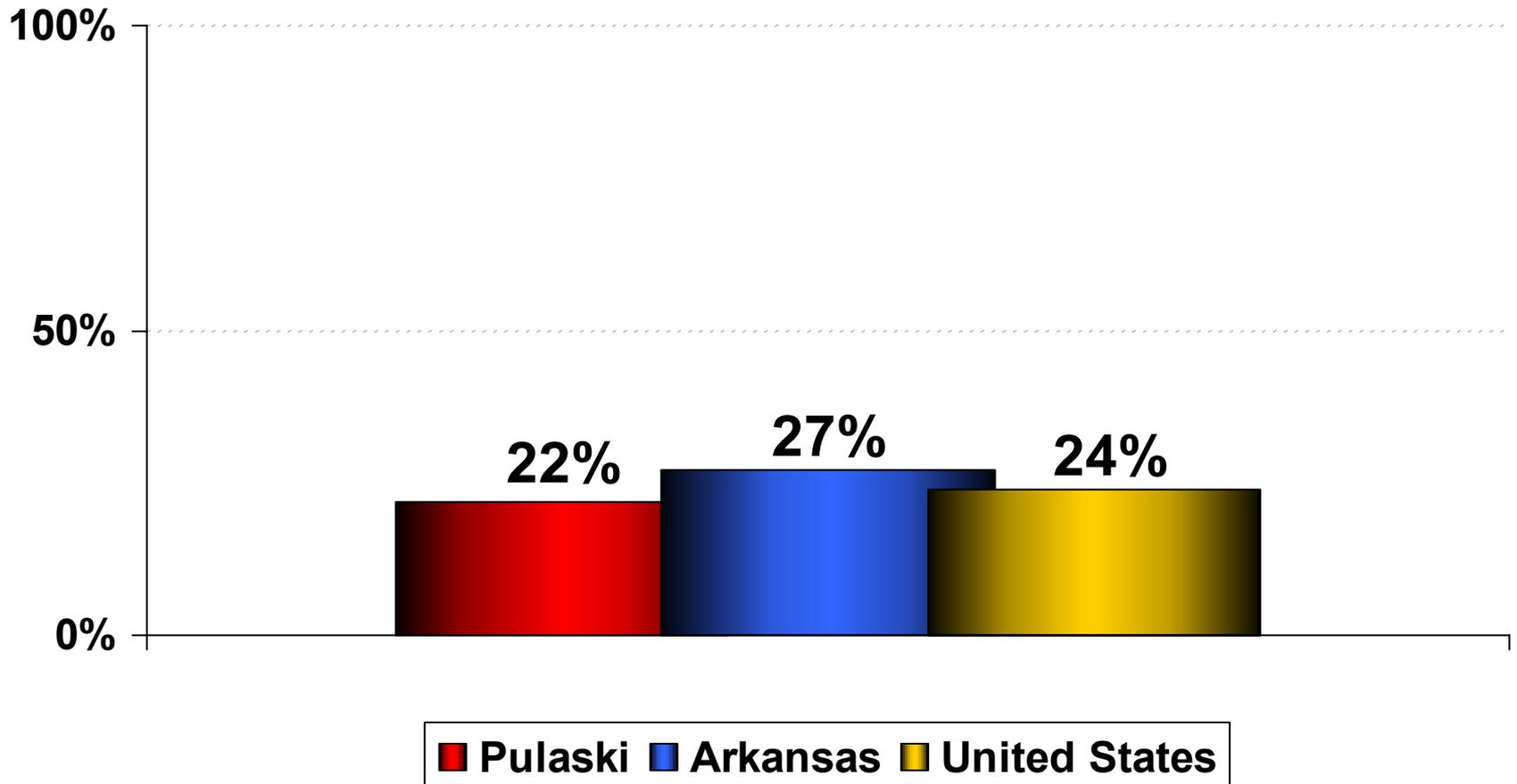


■ Pulaski ■ Arkansas ■ United States

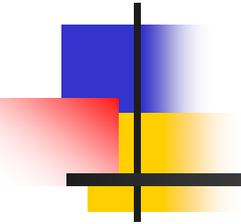
Overweight as Measured by Body Mass Index



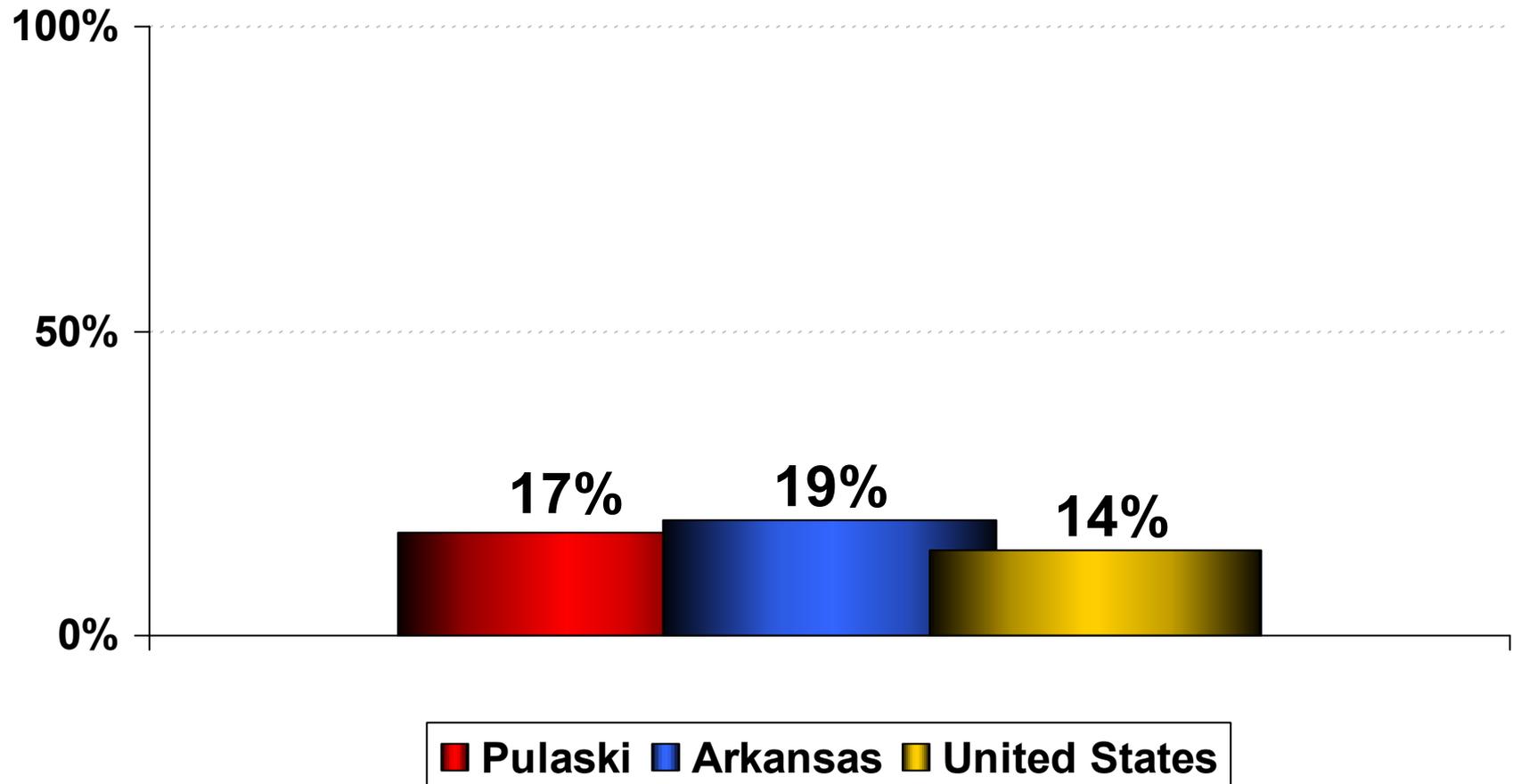
Do Not Participate in Any Physical Activities



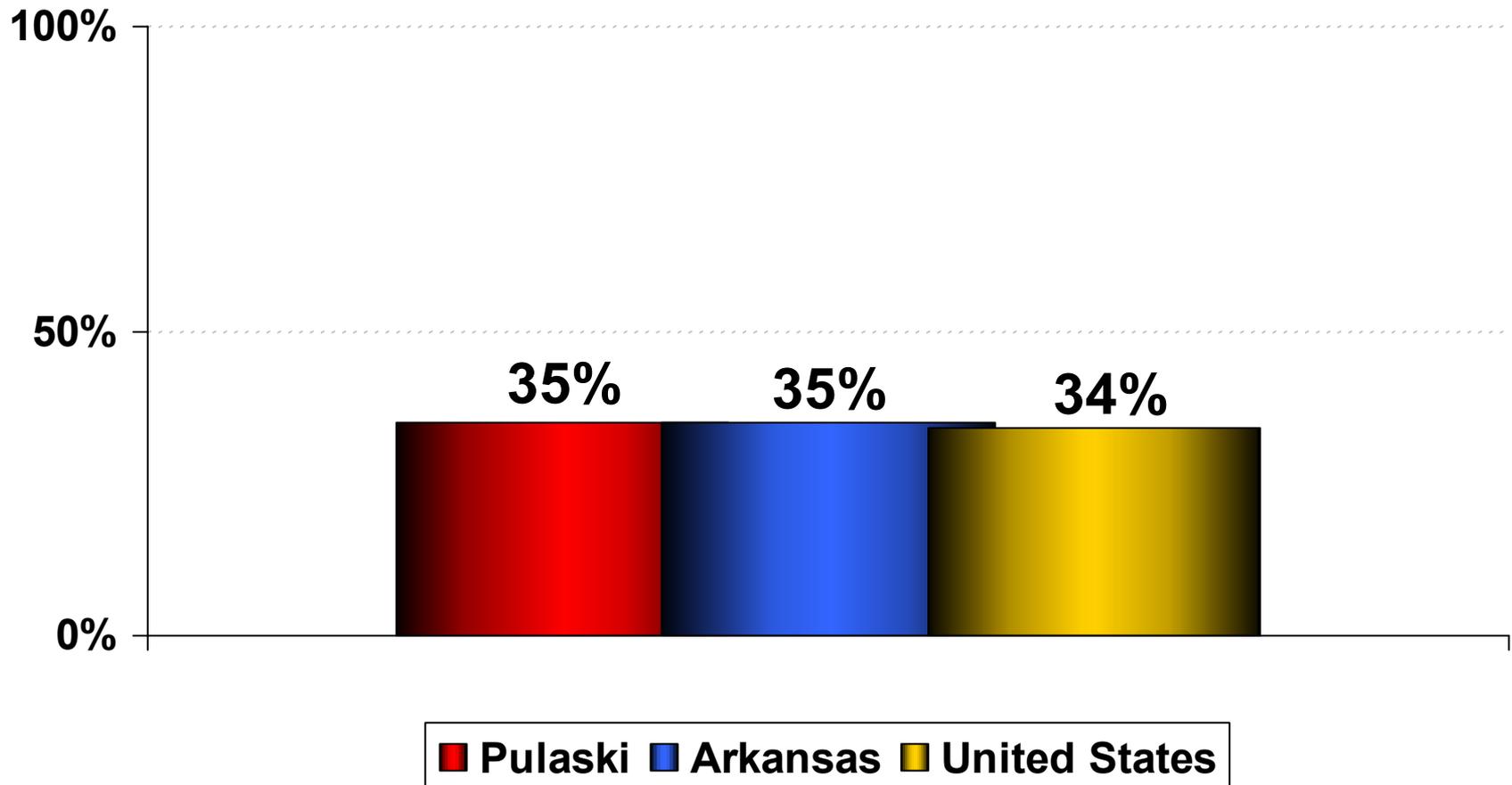
Selected Other Major Risk Factors



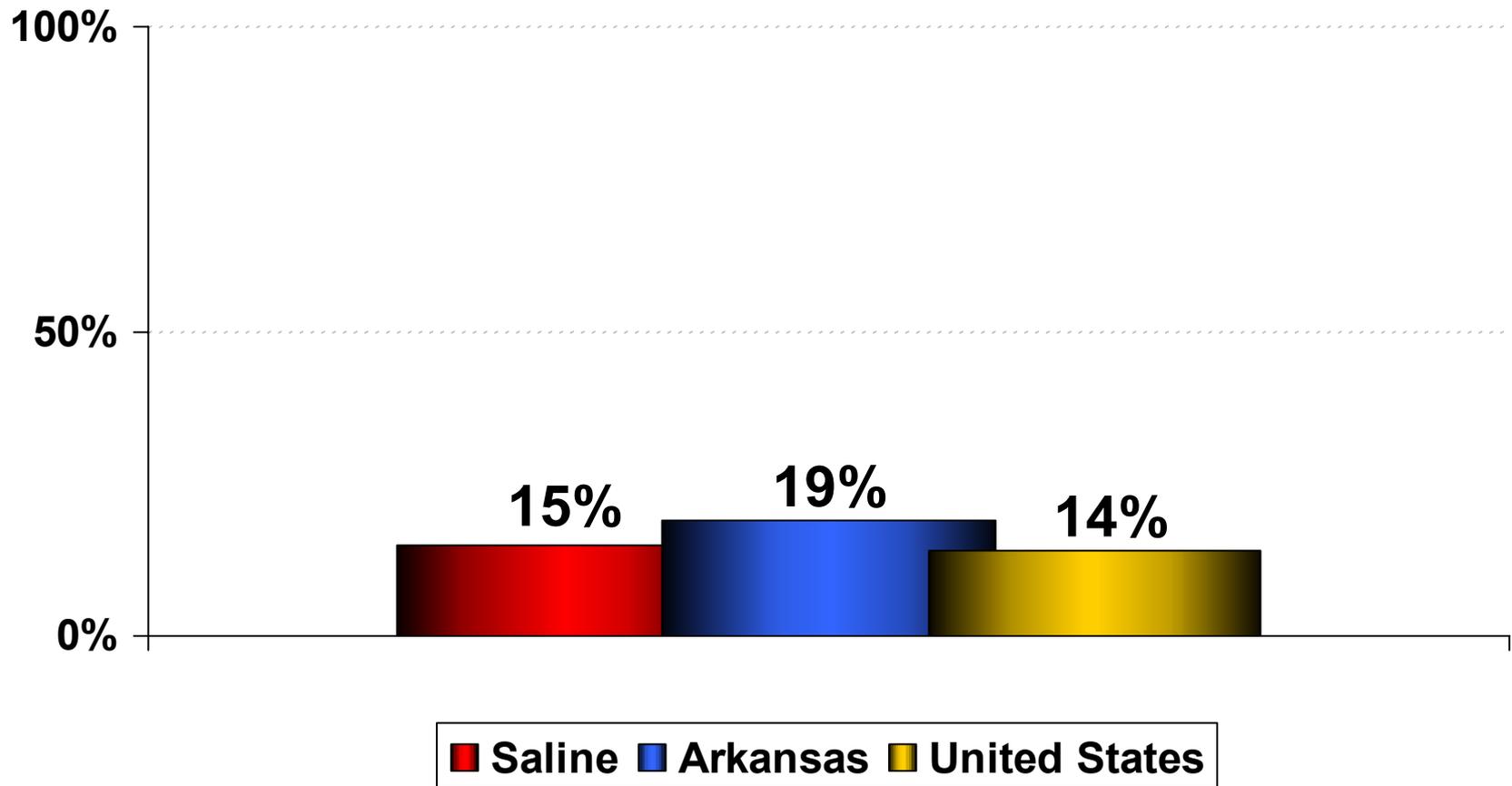
Reported General Health as Fair or Poor



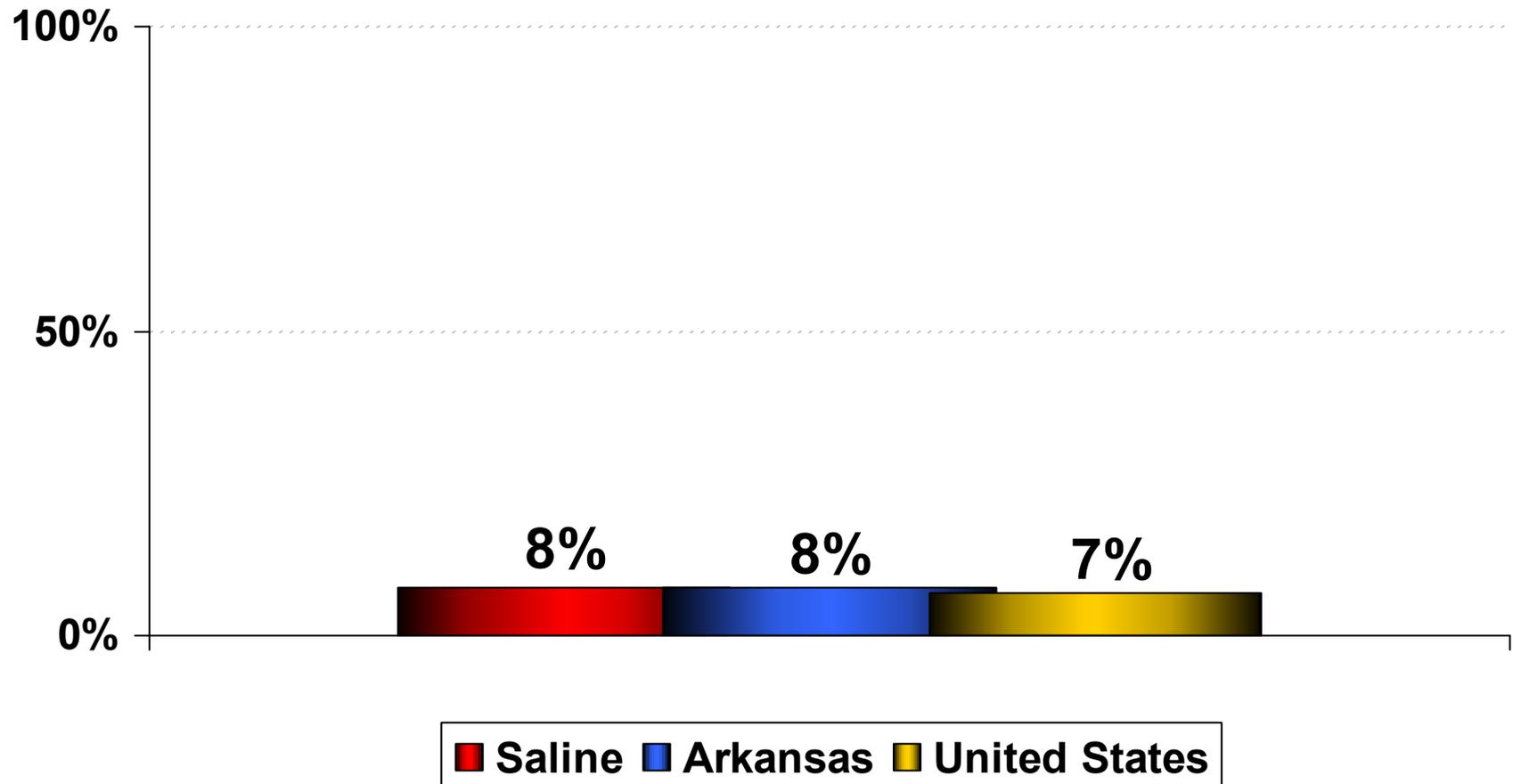
Reported Mental Health Not Good One Or More Days During Past Month



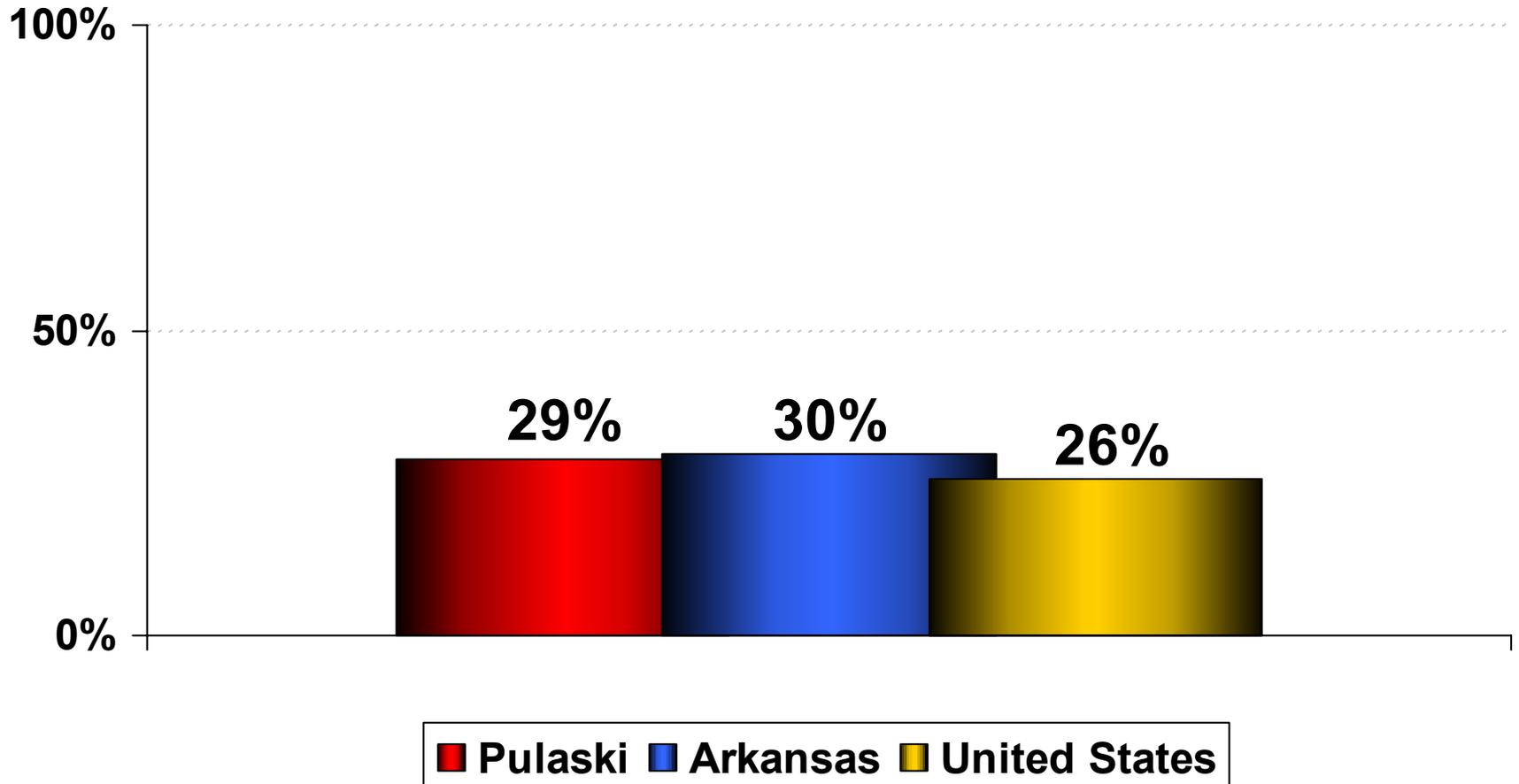
Do Not Have Health Insurance



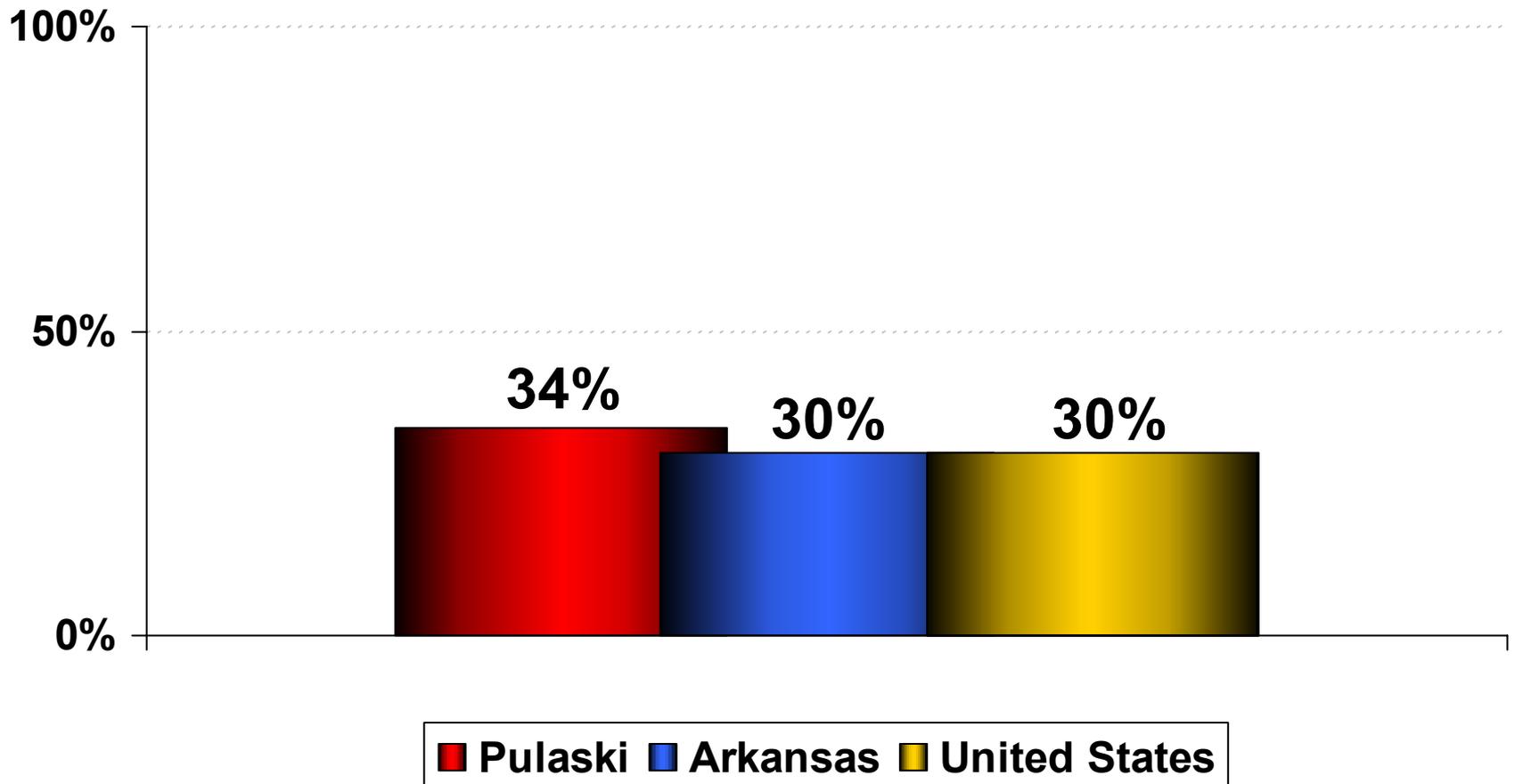
Have Been Diagnosed with Diabetes



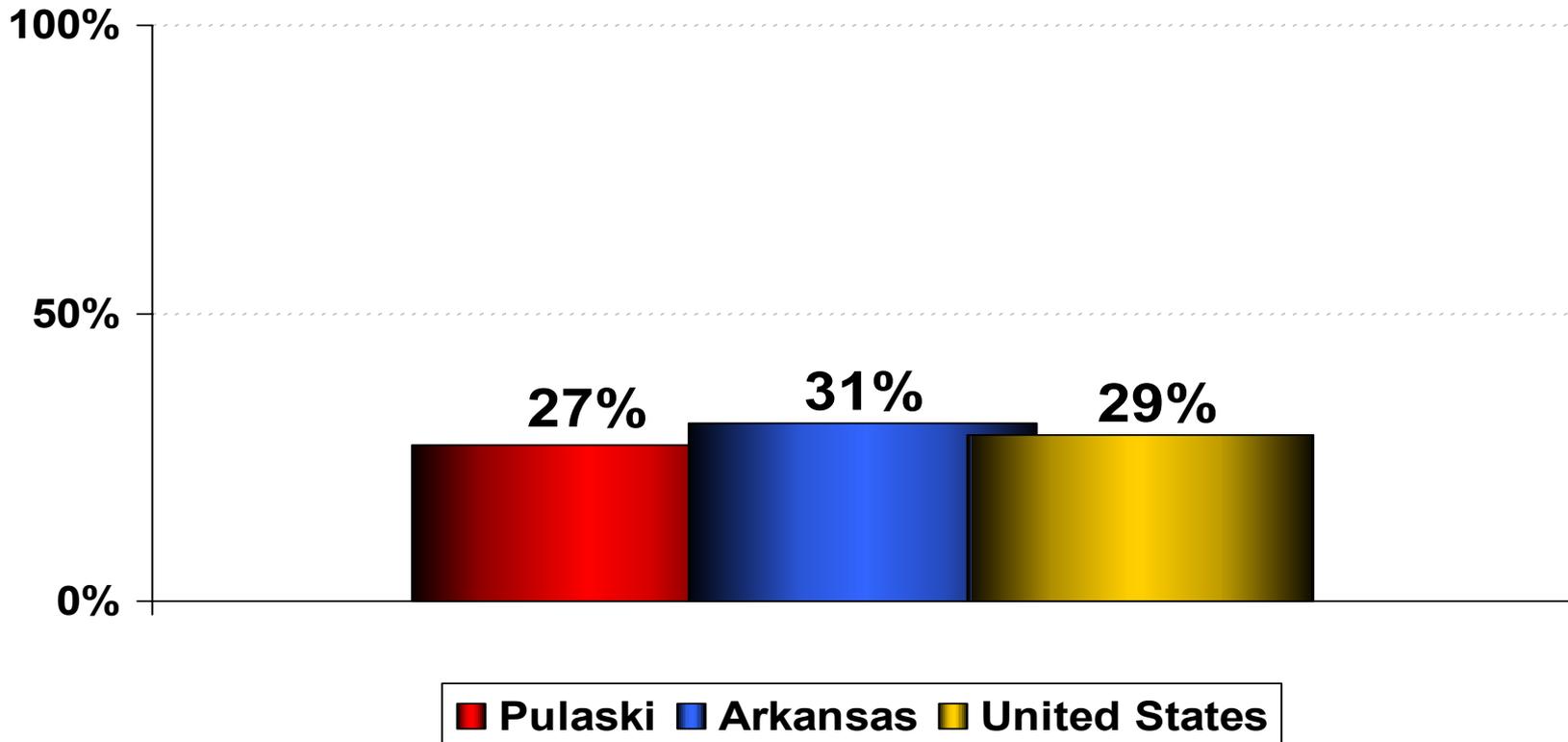
Diagnosed With High Blood Pressure



Diagnosed With High Blood Cholesterol

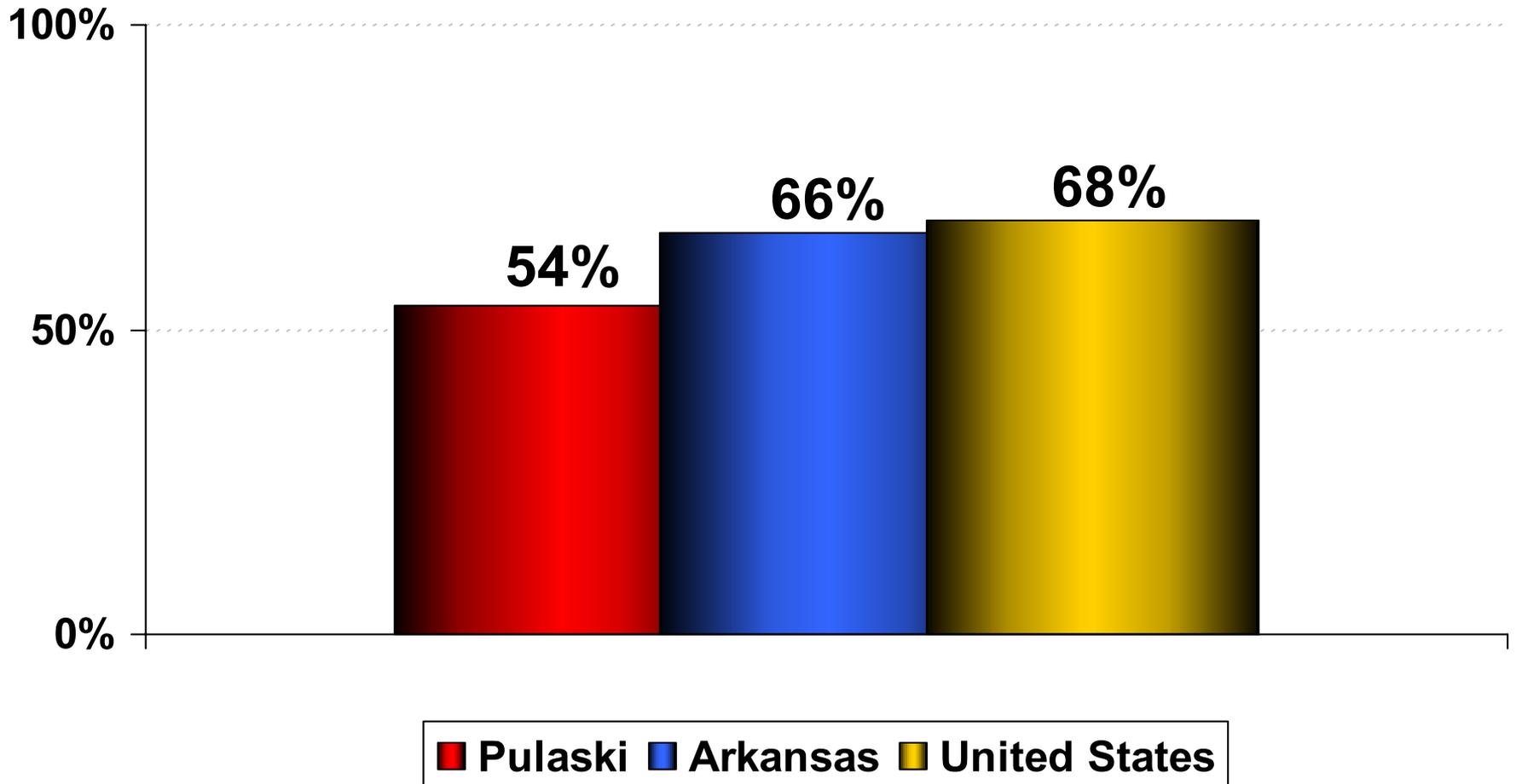


Have Had Five Drinks in a row on One Or More Occasions During the Past Month*

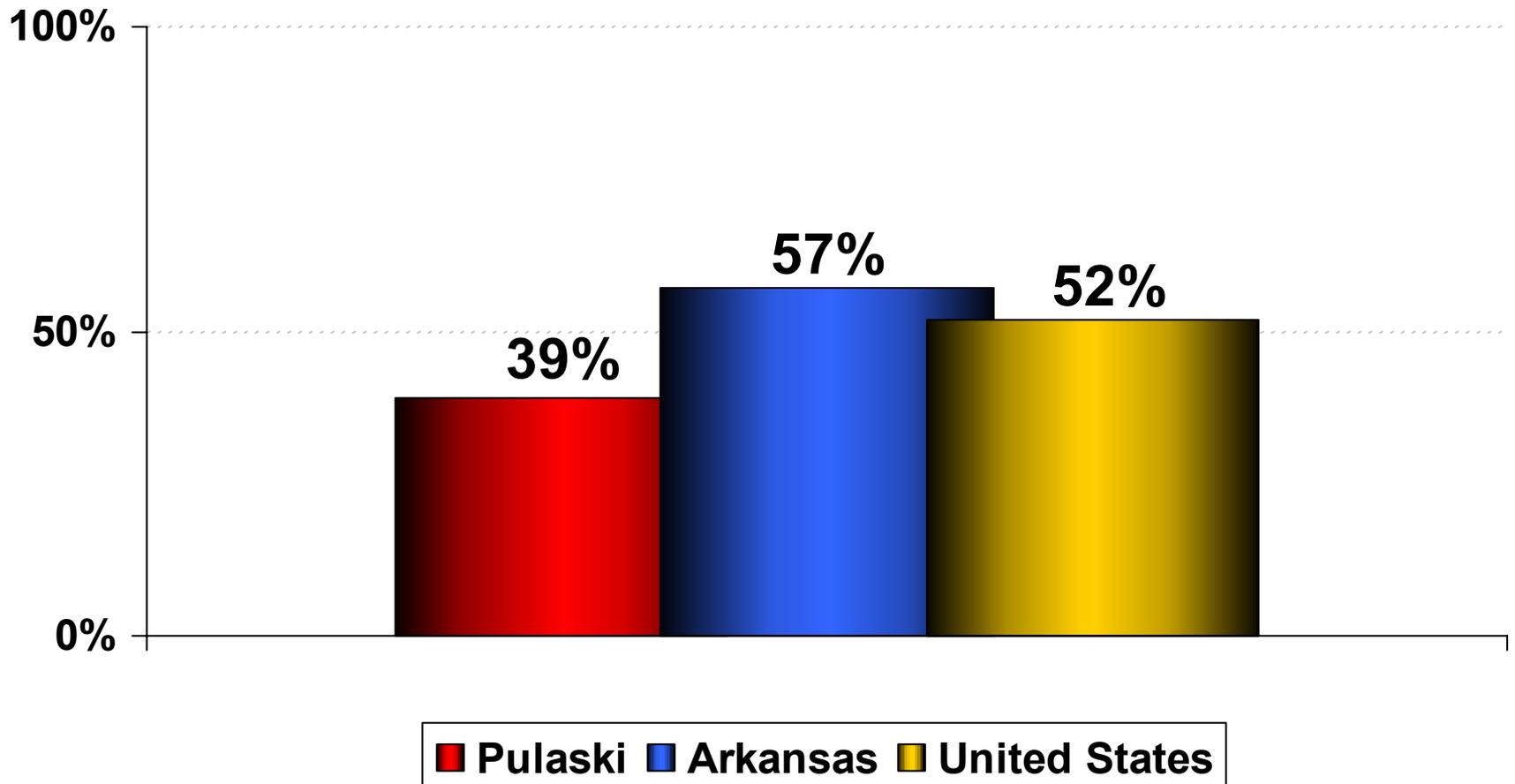


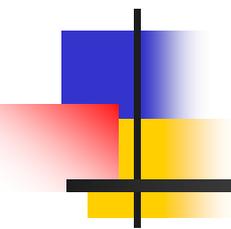
***Of respondents who reported drinking during the past month.**

Have Not Received a Flu Shot During the Past Year



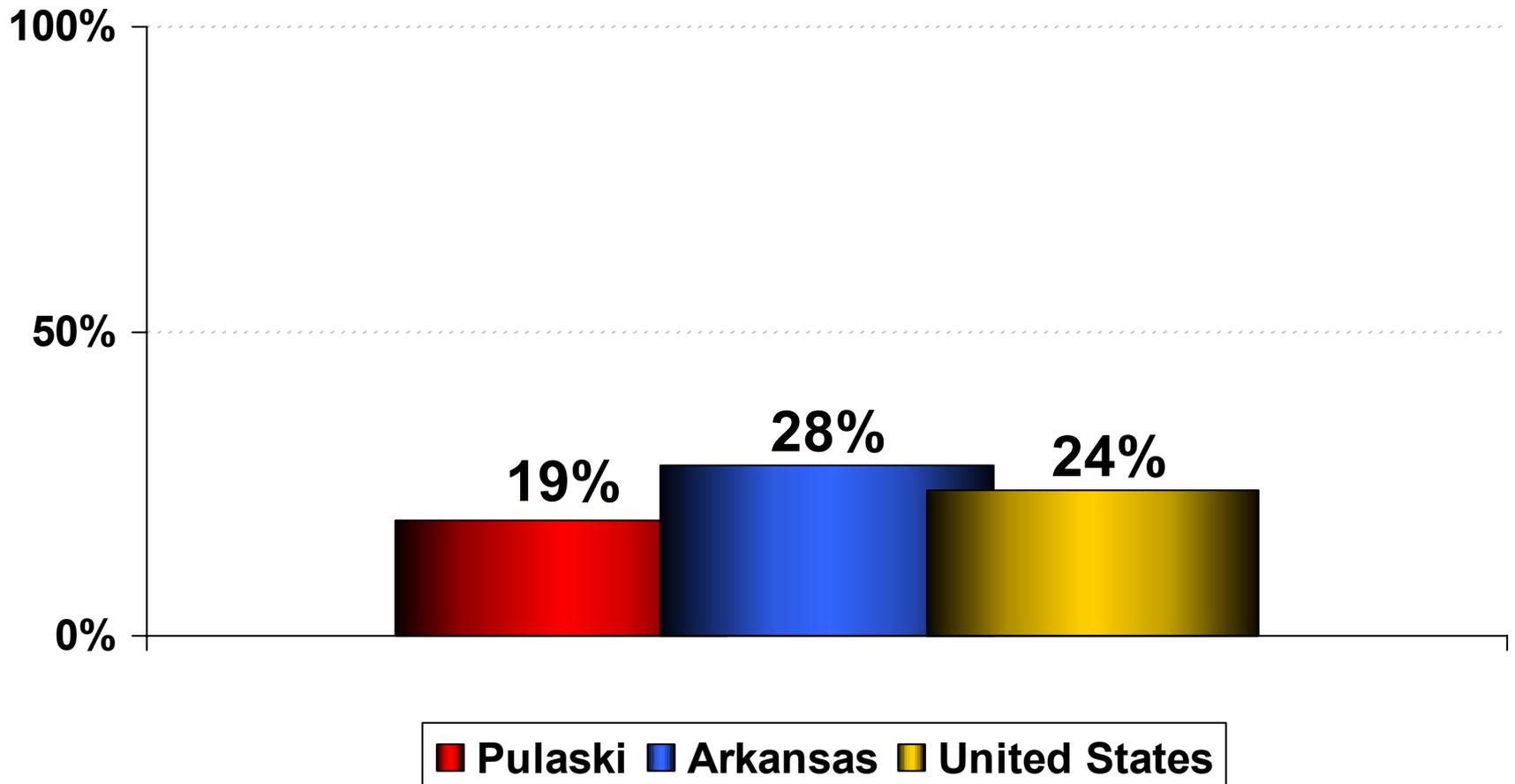
Over 50, Never Been Screened for Colorectal Cancer





Women's Health

Over 40, Haven't Had Mammogram in Past 2 Years



Haven't Had a Pap Smear In Past 3 Years

