

Perry County County Adult Health Survey, 2004



What is the Perry County 2004 BRFSS?

- ★ The BRFSS is the world's largest continuously conducted telephone survey.
- ★ It covers issues surrounding chronic illness, premature mortality, and other health-related topics.
- ★ All 50 states, Puerto Rico, Guam, and Washington D.C. participate.
- ★ Perry County participated in county level BRFSS studies sponsored by Hometown Health.

In Perry County...

- ★ Interviews were conducted in July 2005.
- ★ A telephone survey of 892 randomly selected adults.
- ★ Of the 892 Perry County interviews, 342 were with men and 550 were with women.

Leading causes of death for Arkansas in 2002

 Heart
Disease

 Cancer

YEARS OF POTENTIAL LIFE LOST	
Heart Disease	92,882
Cancer	90,323

Leading causes of death for Perry County in 2002

- ★ **Heart Disease and Cancer were the leading causes of death in Perry County in 2002.**
- ★ **These were also the leading causes of death in the nation in 2002.**

Risk factors for these diseases measured by the survey include...

- * Tobacco use**
- * Bodyweight**
- * Physical activity**

Tobacco use

Persons who are current smokers: Perry County (2004), Arkansas (2002) and US (2002).



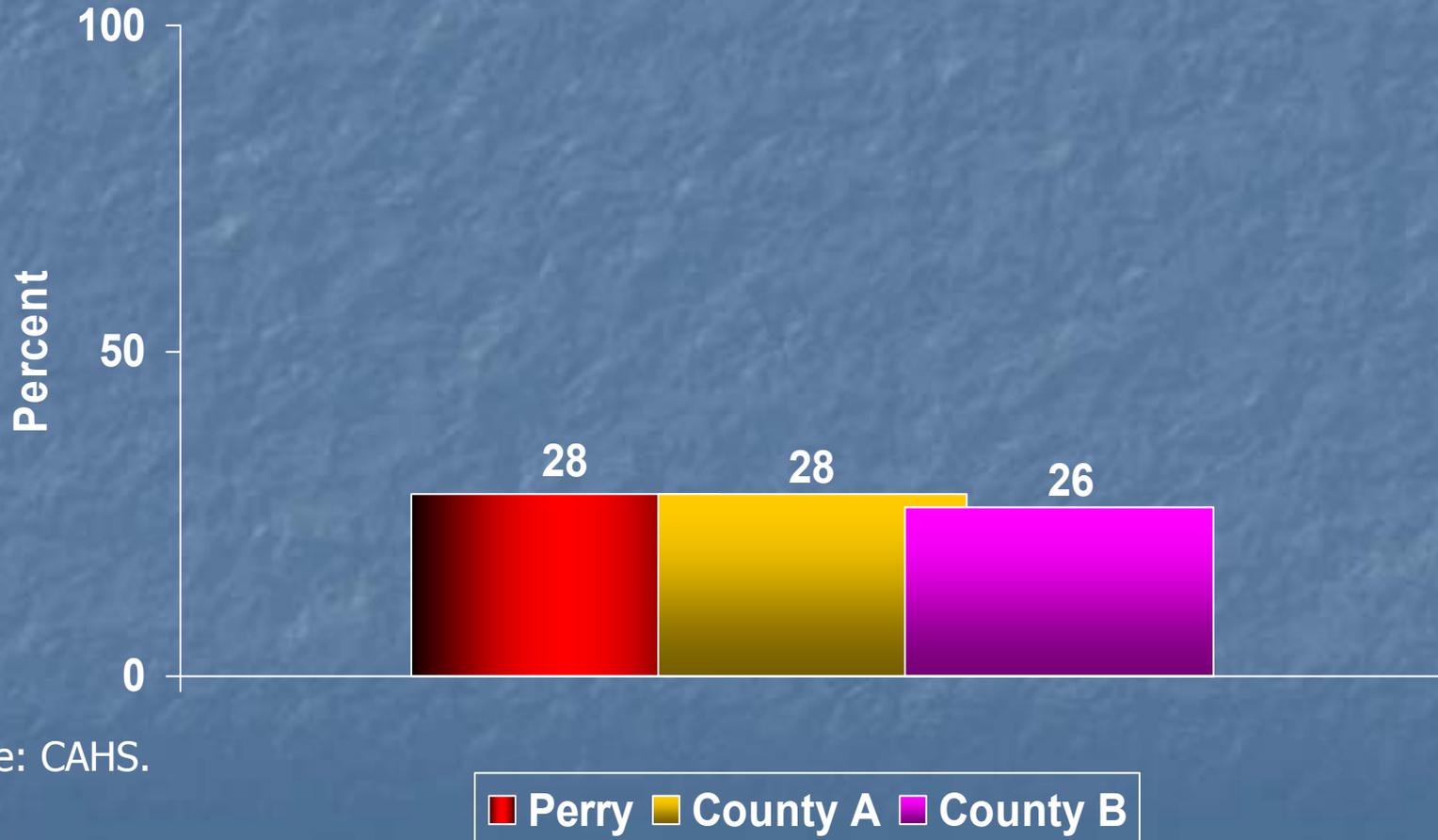
Source: CAHS, BRFSS.

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Perry County Adult Health Survey, 2004

Tobacco use

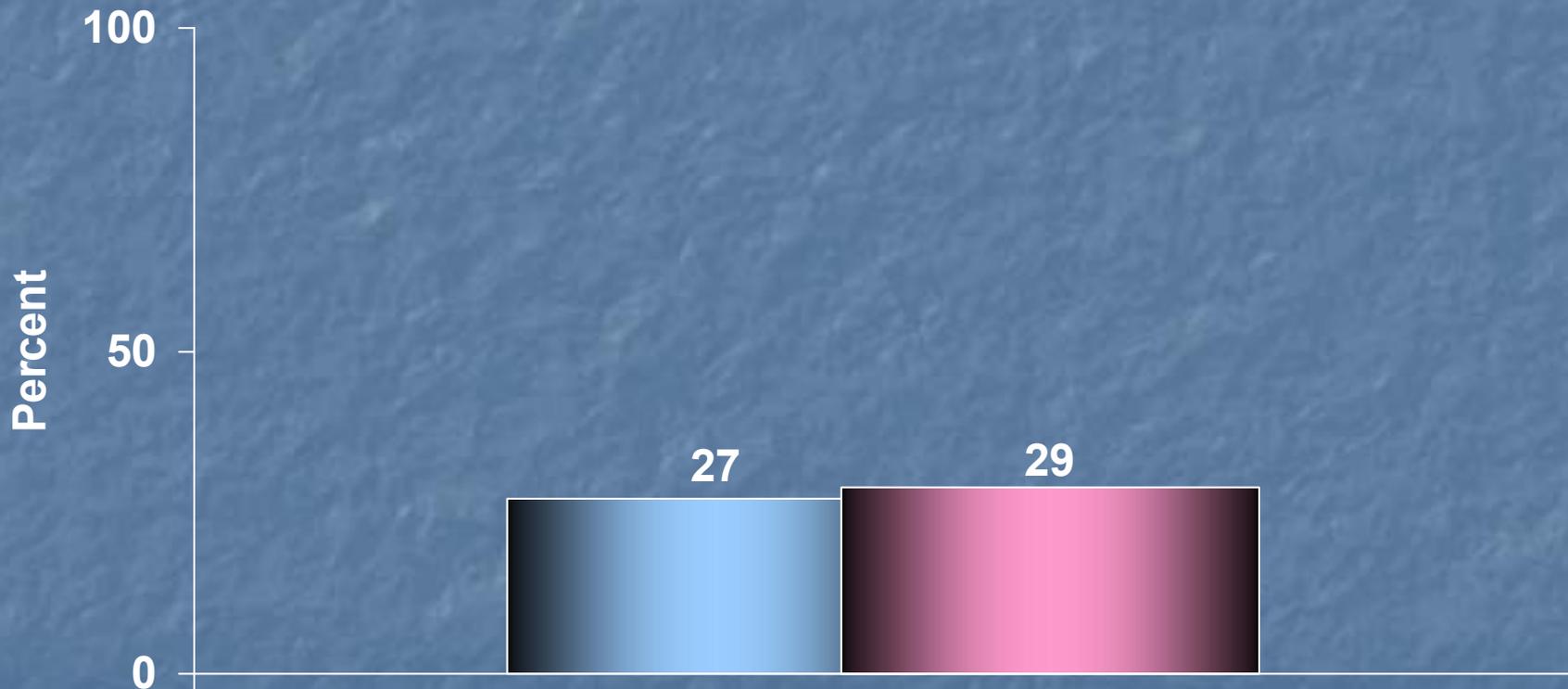
Persons who are current smokers: Perry County (2004), comparison with two neighboring counties (2005).



Source: CAHS.

Tobacco use

Persons who are current smokers by gender: Perry County (2004).



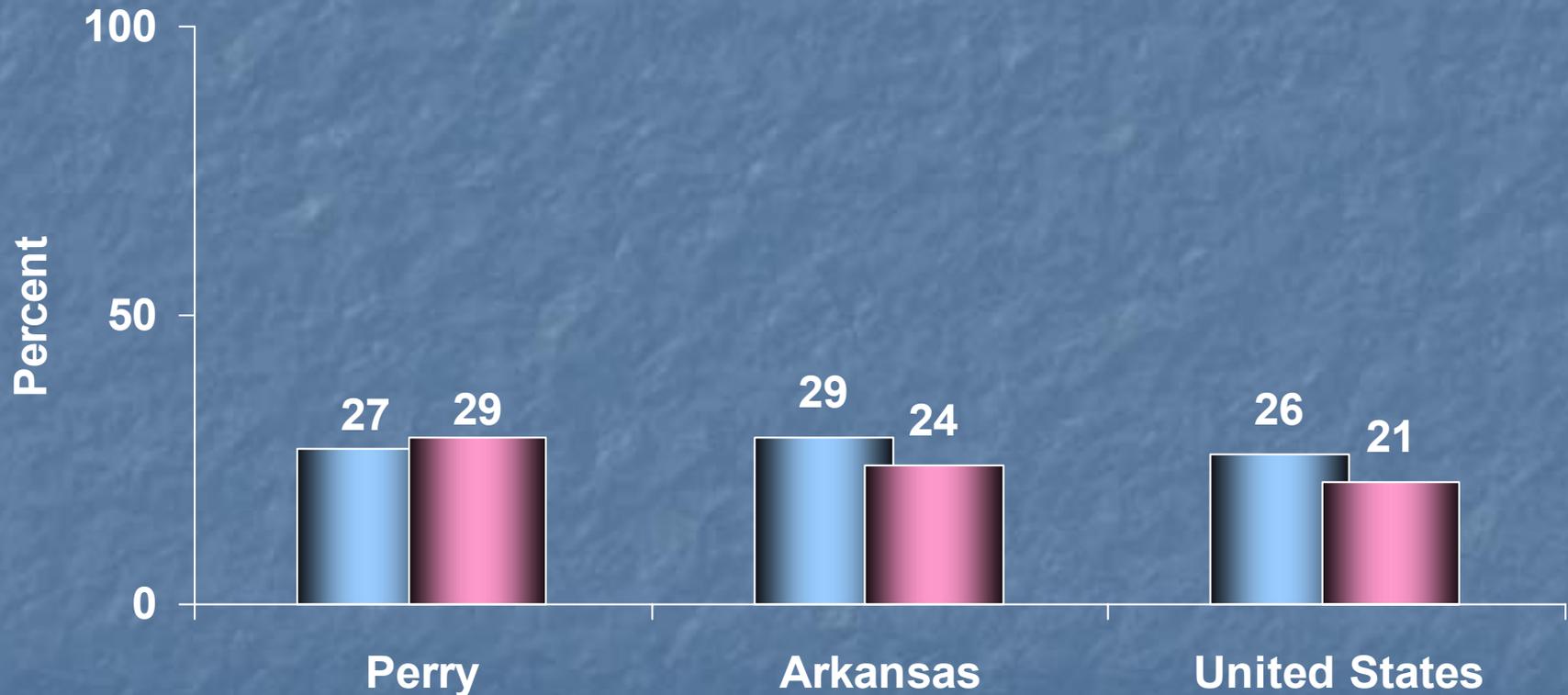
Source: CAHS.

■ Perry County Men ■ Perry County Women

Perry County Adult Health Survey, 2004

Tobacco use

Persons who are current smokers by gender: Perry County (2004), Arkansas (2002) and US (2002).



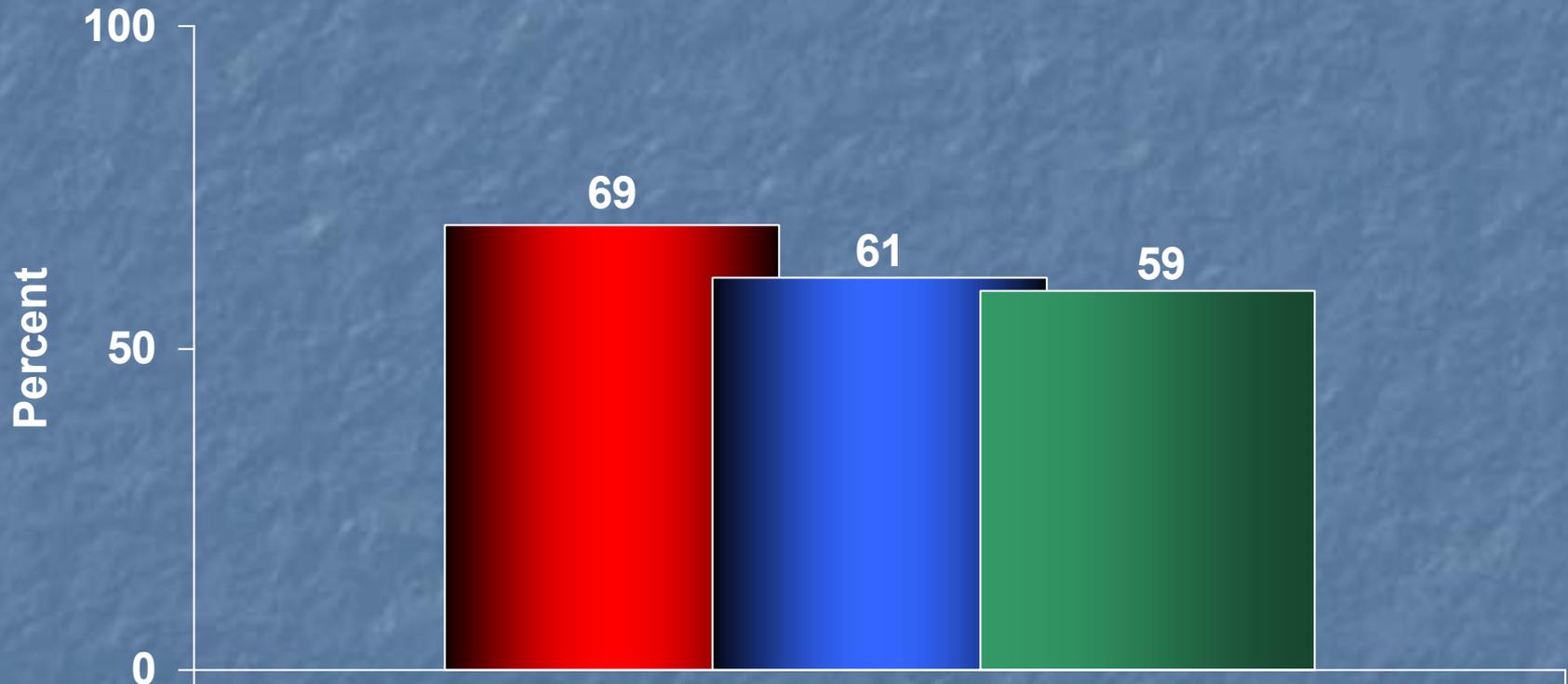
Source: CAHS, BRFSS.

Men Women

Perry County Adult Health Survey, 2004

Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI): Perry County (2004), Arkansas (2002) and US (2002).



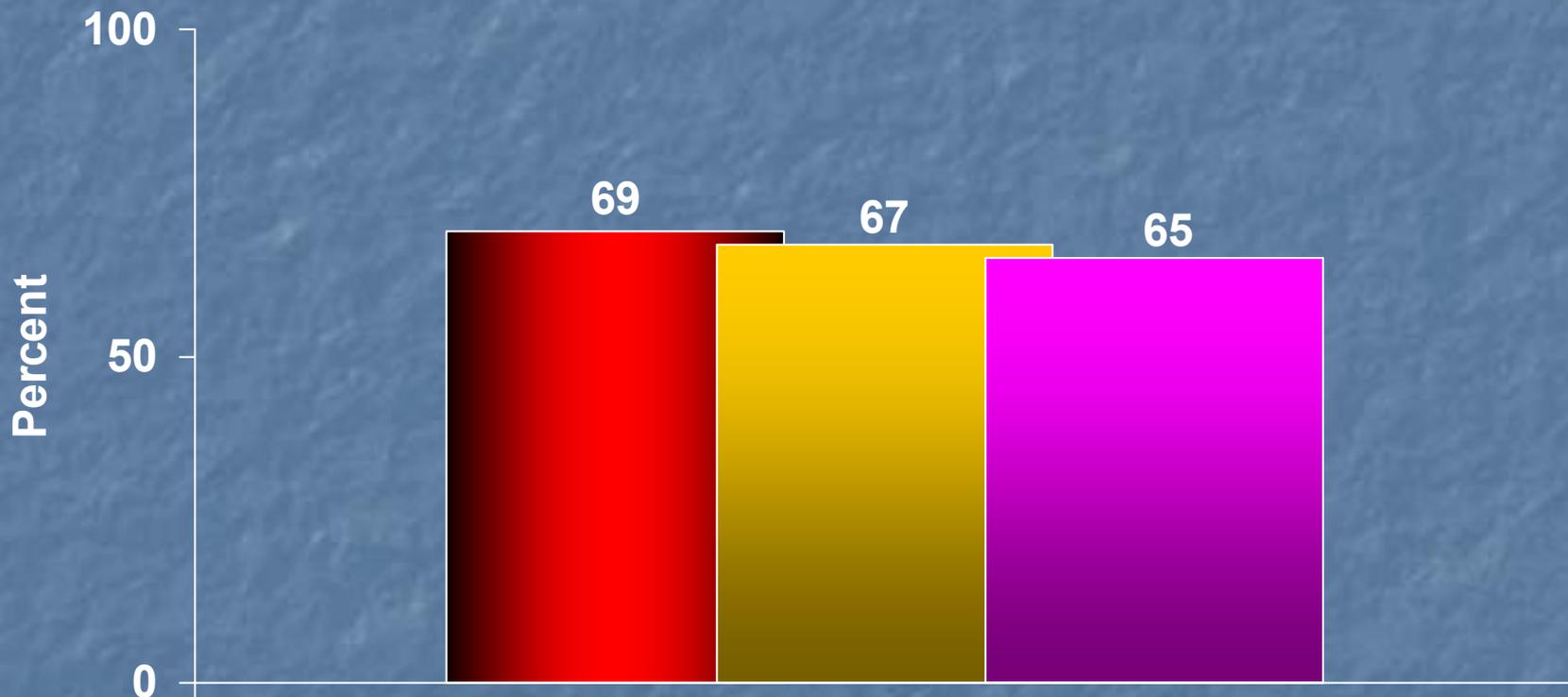
Source: CAHS, BRFSS.

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Perry County Adult Health Survey, 2004

Bodyweight

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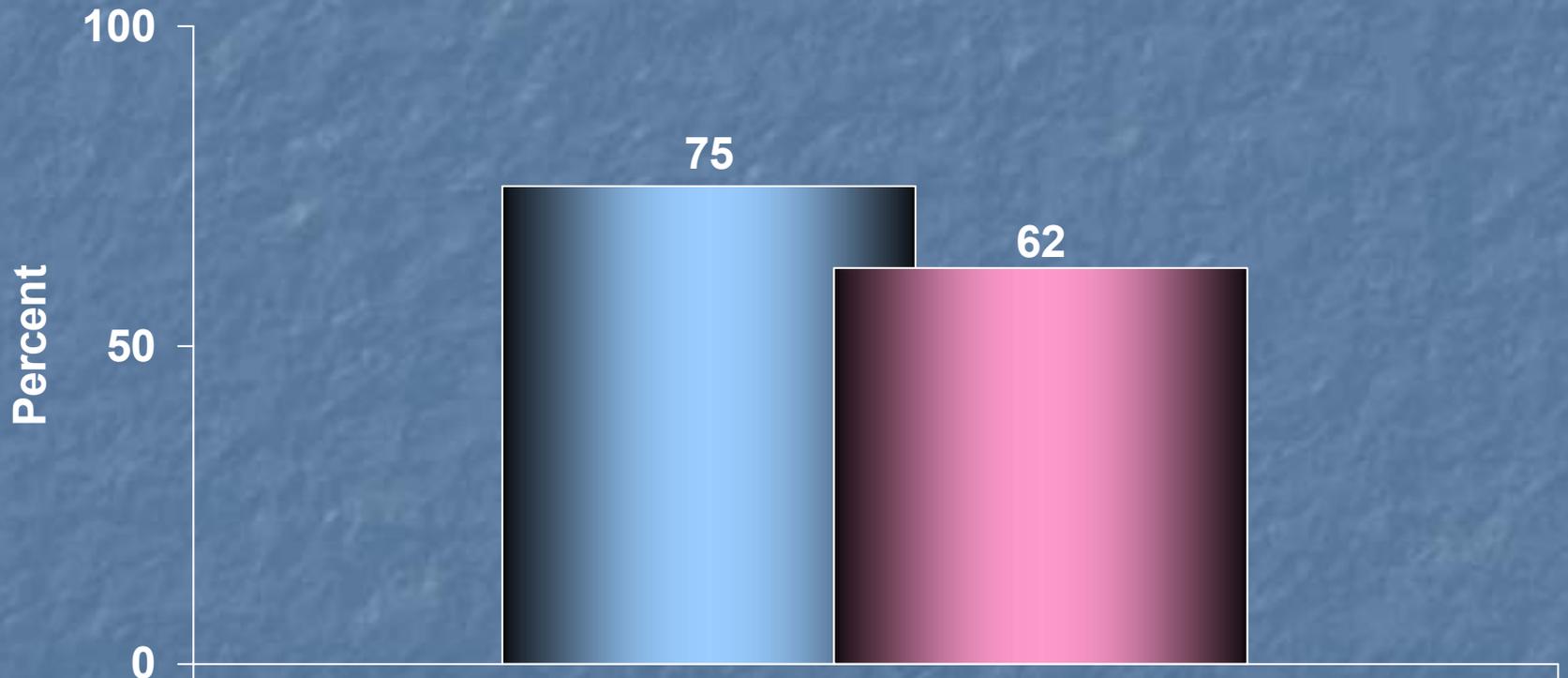
Source: CAHS, BRFSS.

■ Perry ■ County A ■ County B

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Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Perry County (2004).



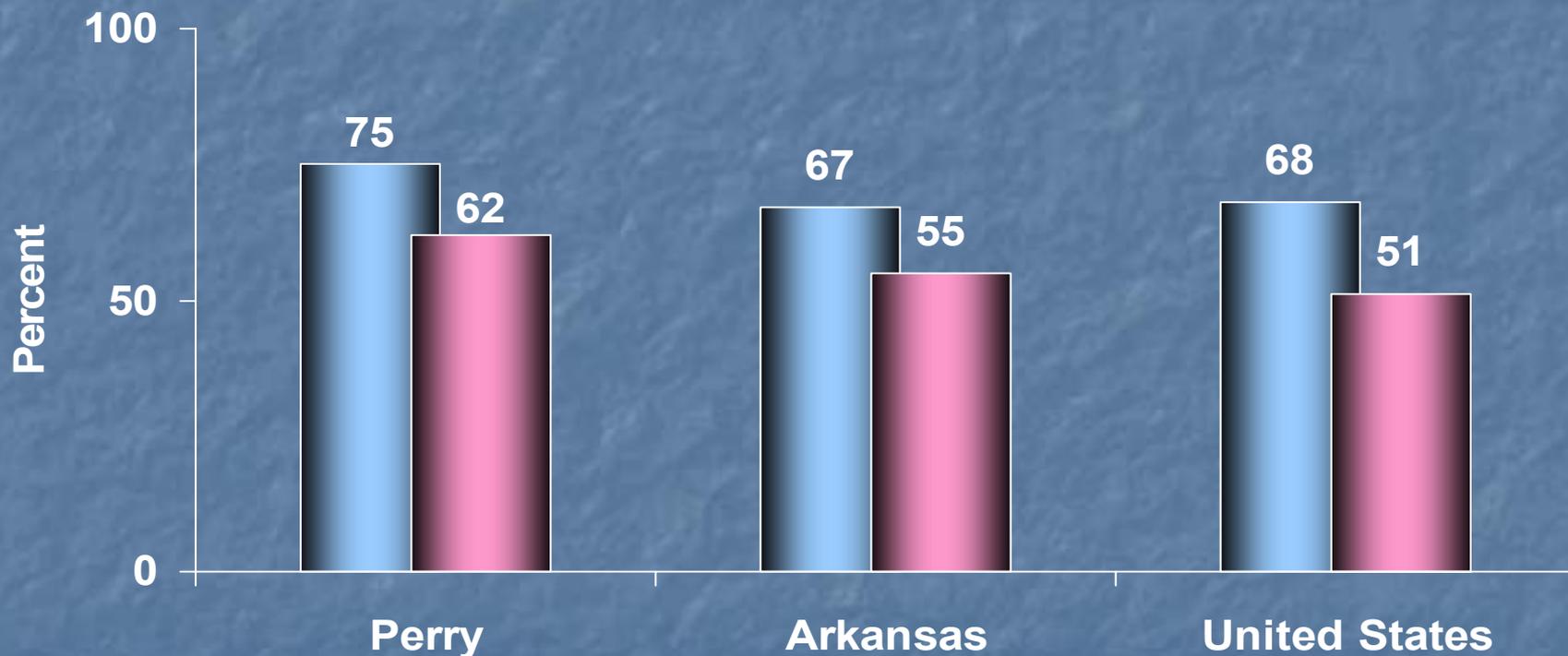
Source: CAHS.

■ Perry County Men ■ Perry County Women

Perry County Adult Health Survey, 2004

Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Perry County (2004), Arkansas (2002) and US (2002).

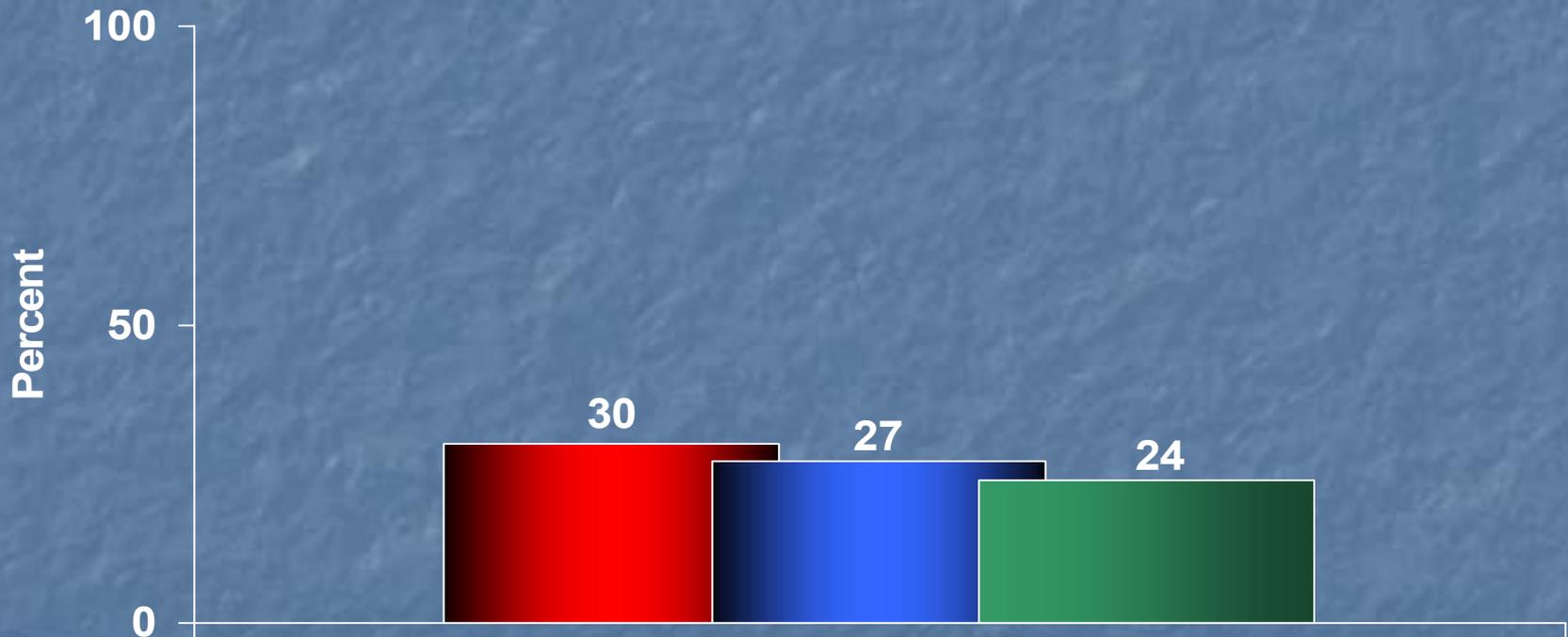


Source: CAHS, BRFSS.

■ Men ■ Women

Physical activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Perry County (2004), Arkansas (2002) and US (2002).



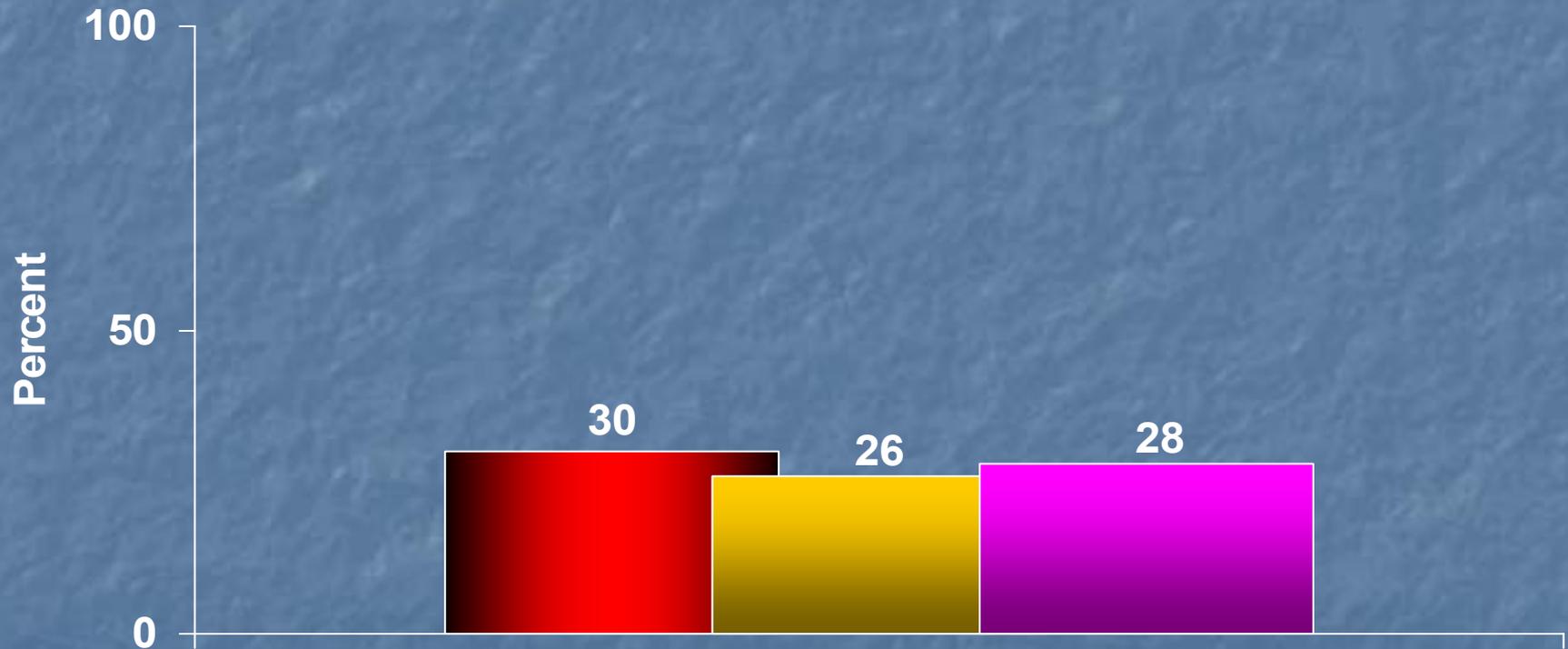
Source: CAHS, BRFSS.

■ Perry County **■ Arkansas** **■ United States**

Perry County Adult Health Survey, 2004

Physical activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Perry County (2004), comparison with two neighboring counties (2005).



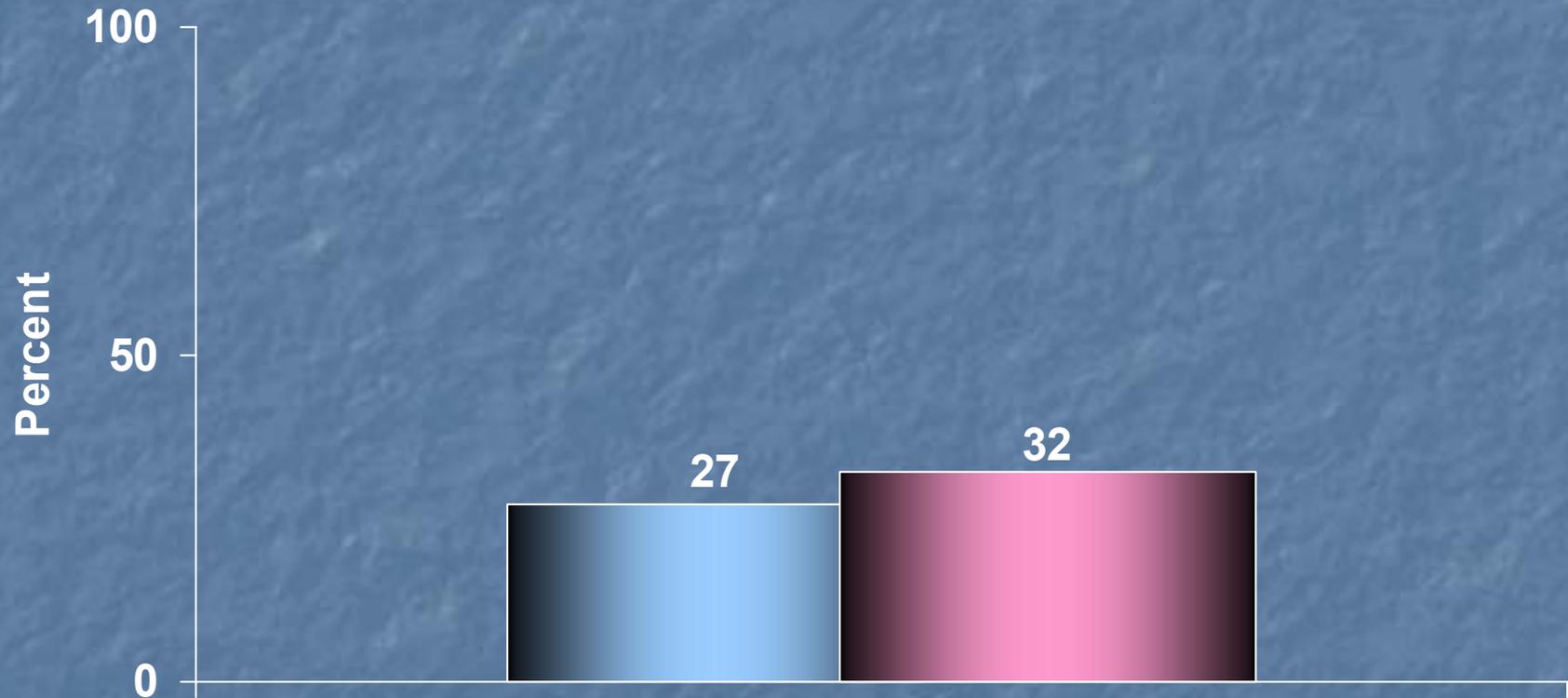
Source: CAHS.

■ Perry ■ County A ■ County B

Perry County Adult Health Survey, 2004

Physical activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular occupation by gender: Perry County (2004).

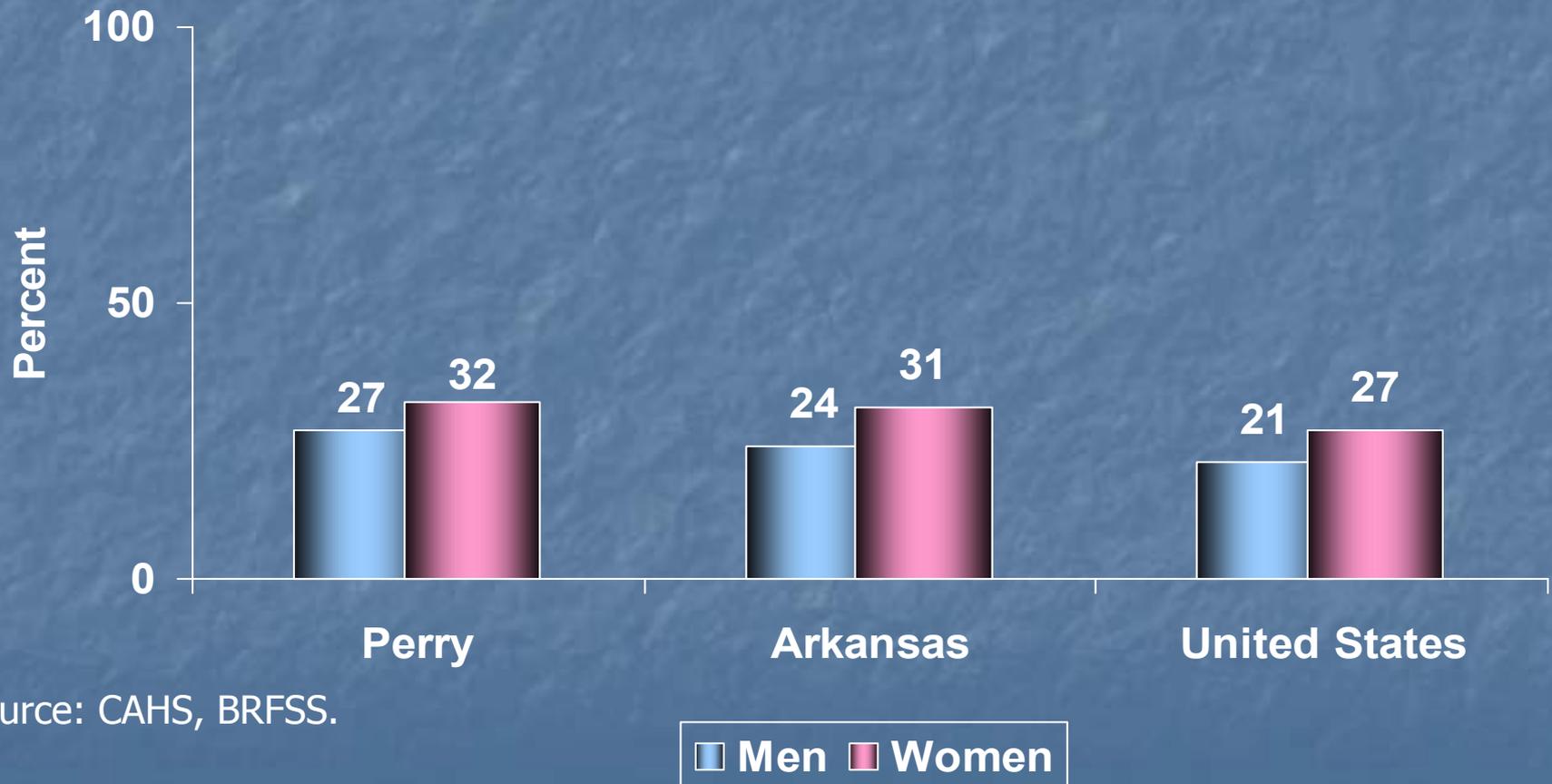


Source: CAHS.

■ Perry County Men ■ Perry County Women

Physical activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular occupation by gender: Perry County (2004), Arkansas (2002) and US (2002).



Source: CAHS, BRFSS.

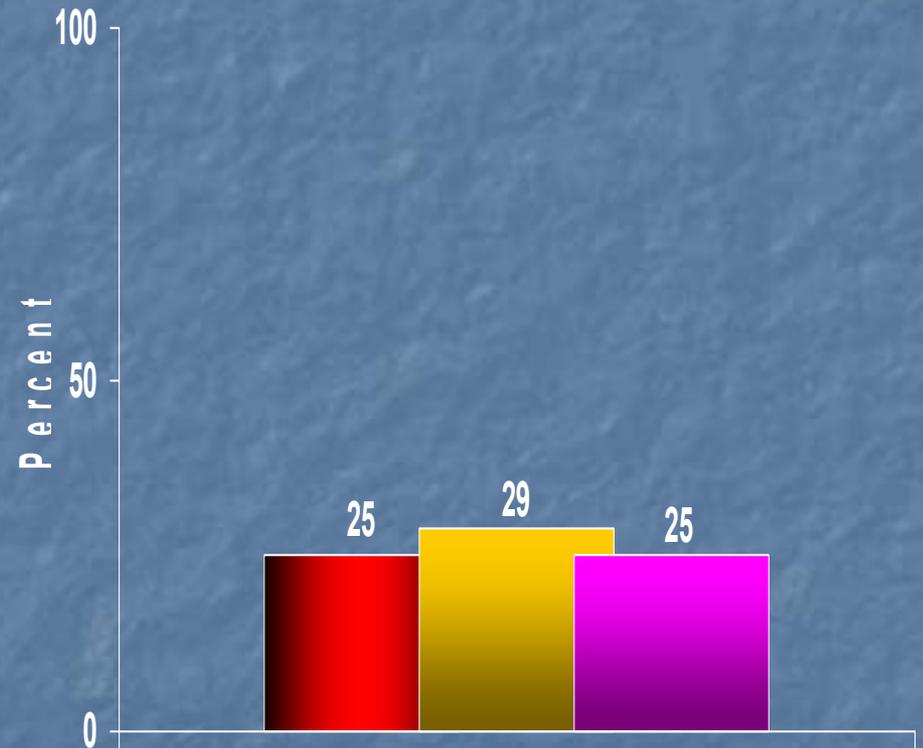
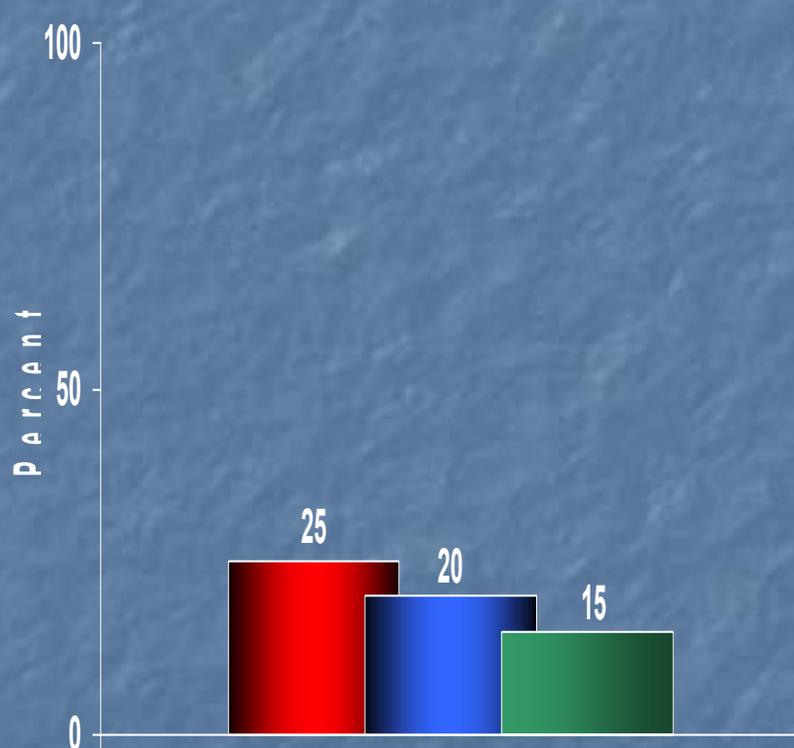
Other risk factors

These are compared to the most recent statewide and nationwide data

- * General Health [2004] data
- * Physical health [2001] data
- * Mental Health [2001] data
- * Health care access [2003] data
- * High blood pressure [2003] data
- * High blood cholesterol [2003] data
- * Diabetes [2003] data
- * Colorectal cancer screening [2004] data

General health

Persons who reported general health as "fair" or "poor": Perry County (2004), Arkansas (2004), US (2004); and comparison with two neighboring counties (2005)



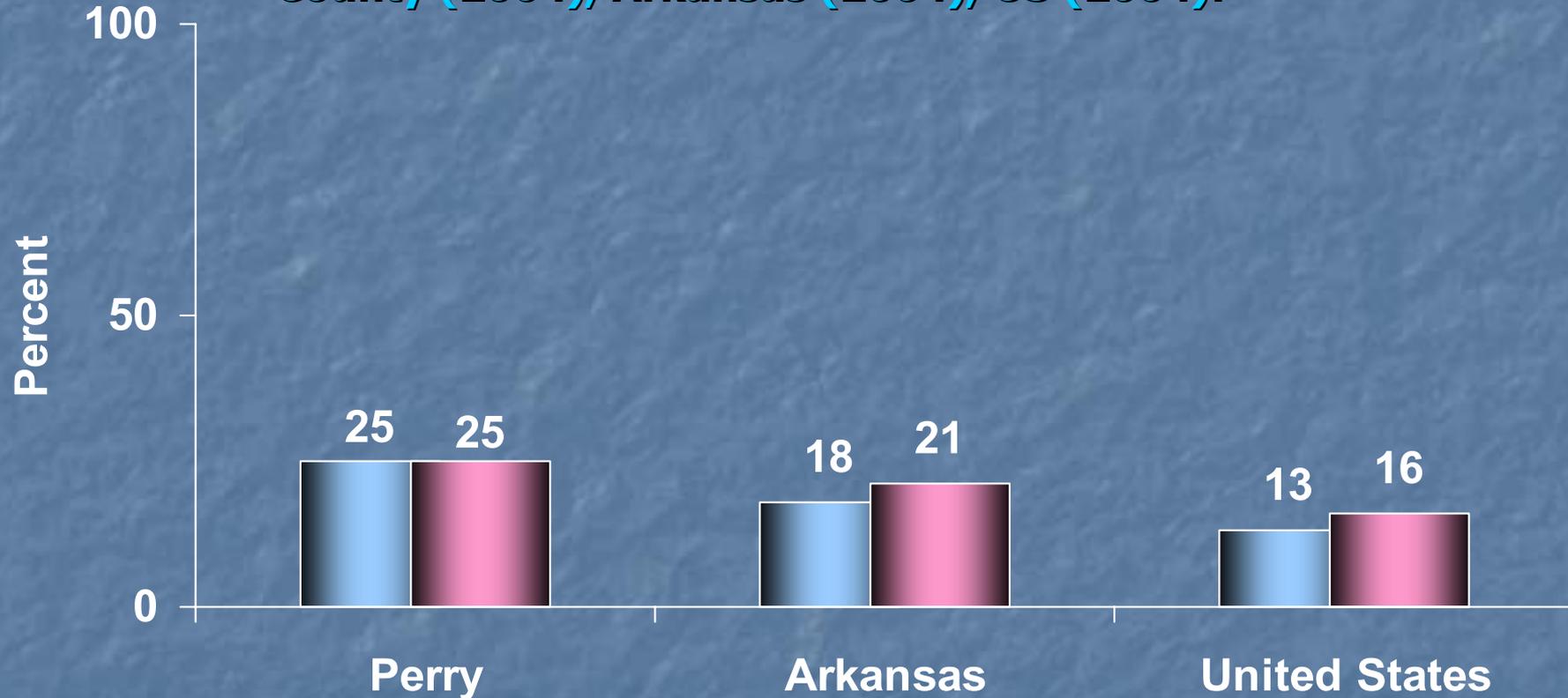
Source: CAHS, BRFSS.

■ Perry County ■ Arkansas ■ United States

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General health

Persons who reported general health as "fair" or "poor" by gender: Perry County (2004), Arkansas (2004), US (2004).

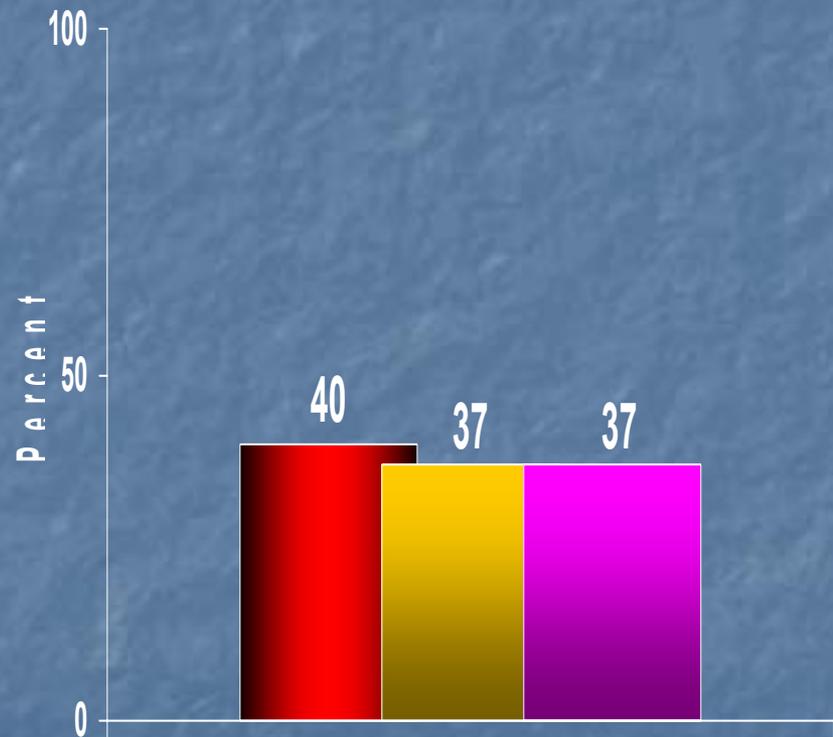
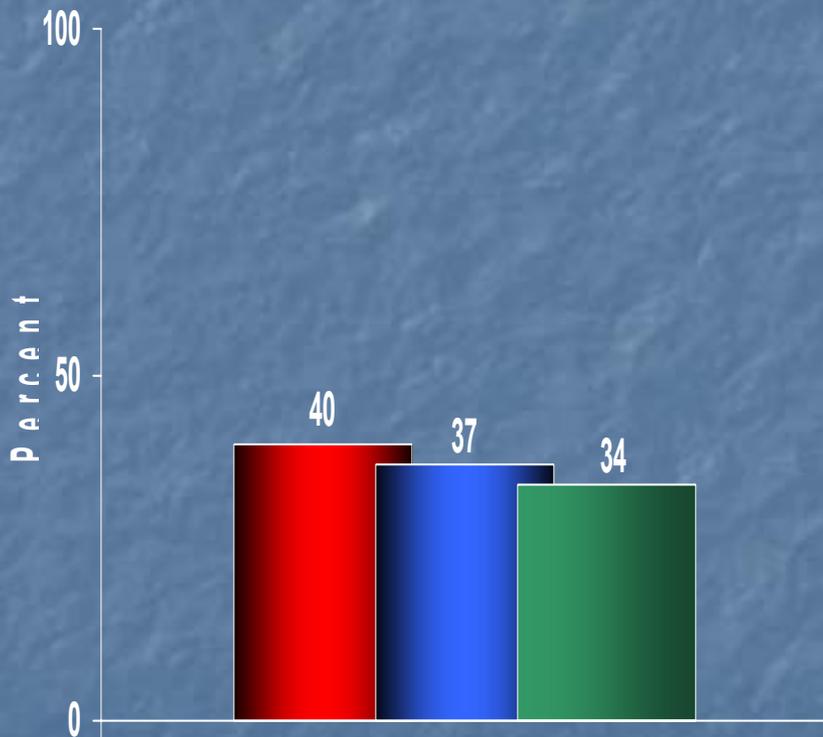


Source: CAHS, BRFSS.

Men Women

Physical health

Persons who reported physical health as "not good": Perry County (2004), Arkansas (2001), US (2001); and comparison with two neighboring counties (2005).



Source: CAHS, BRFSS.

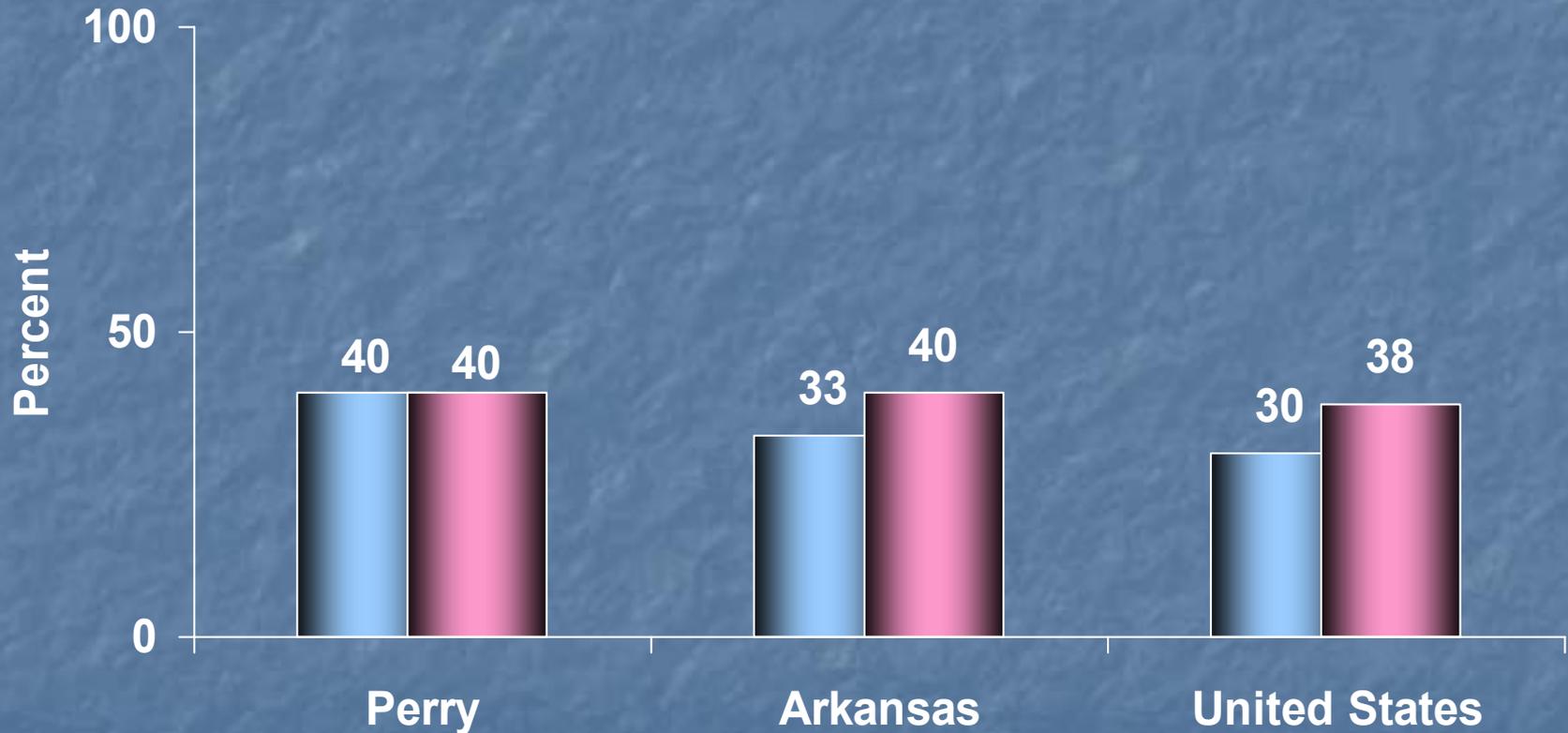
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Perry County Adult Health Survey, 2004

Physical health

Reported physical health as "not good" by gender: Perry County (2004), Arkansas (2001), US (2001).



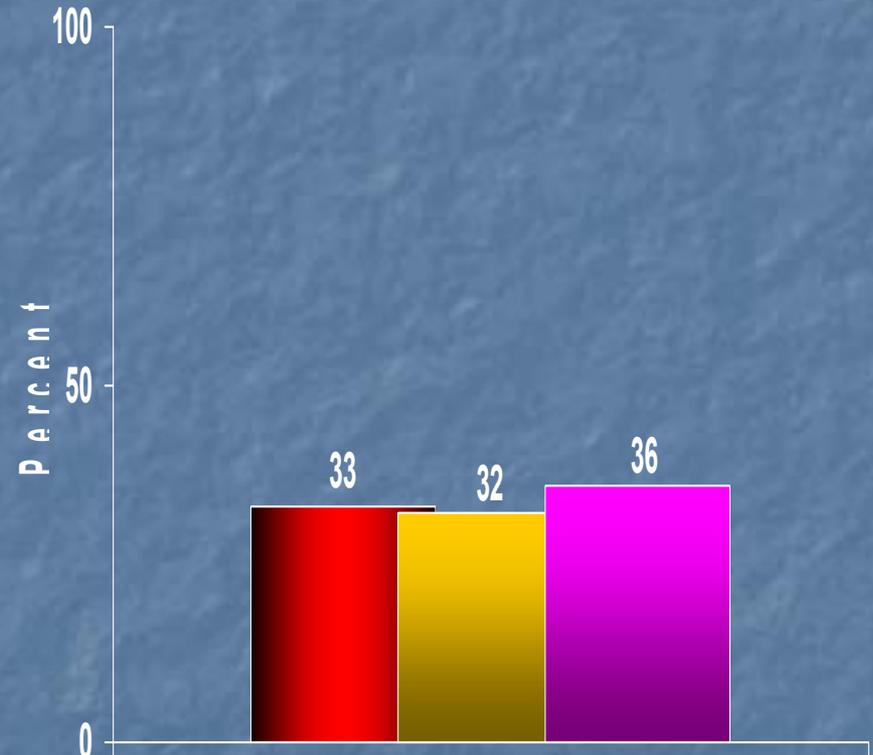
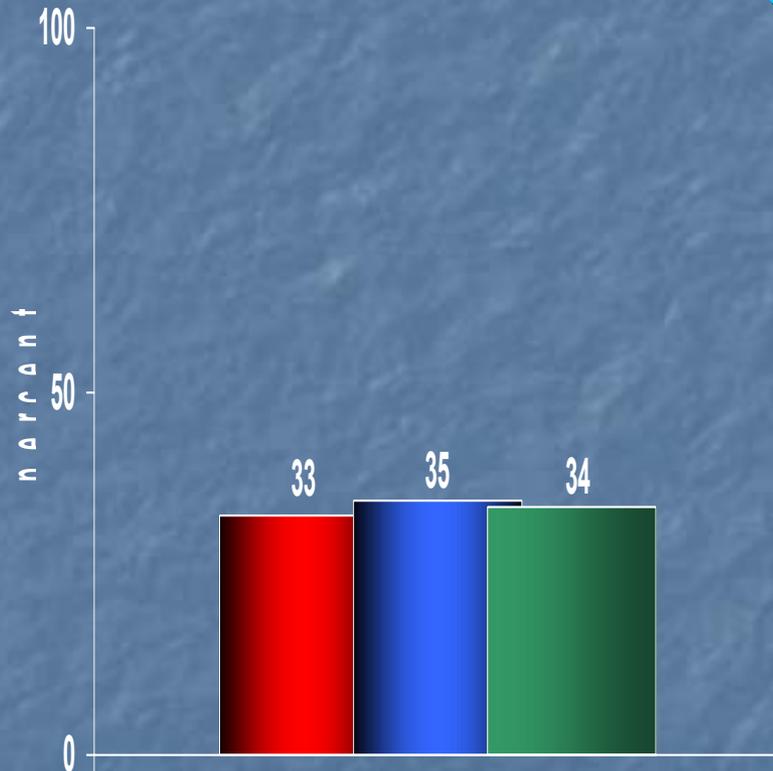
Source: CAHS, BRFSS.

Men Women

Perry County Adult Health Survey, 2004

Mental health

Persons who reported mental health as "not good": Perry County (2004), Arkansas (2001), US (2001); and comparison with two neighboring counties (2005).



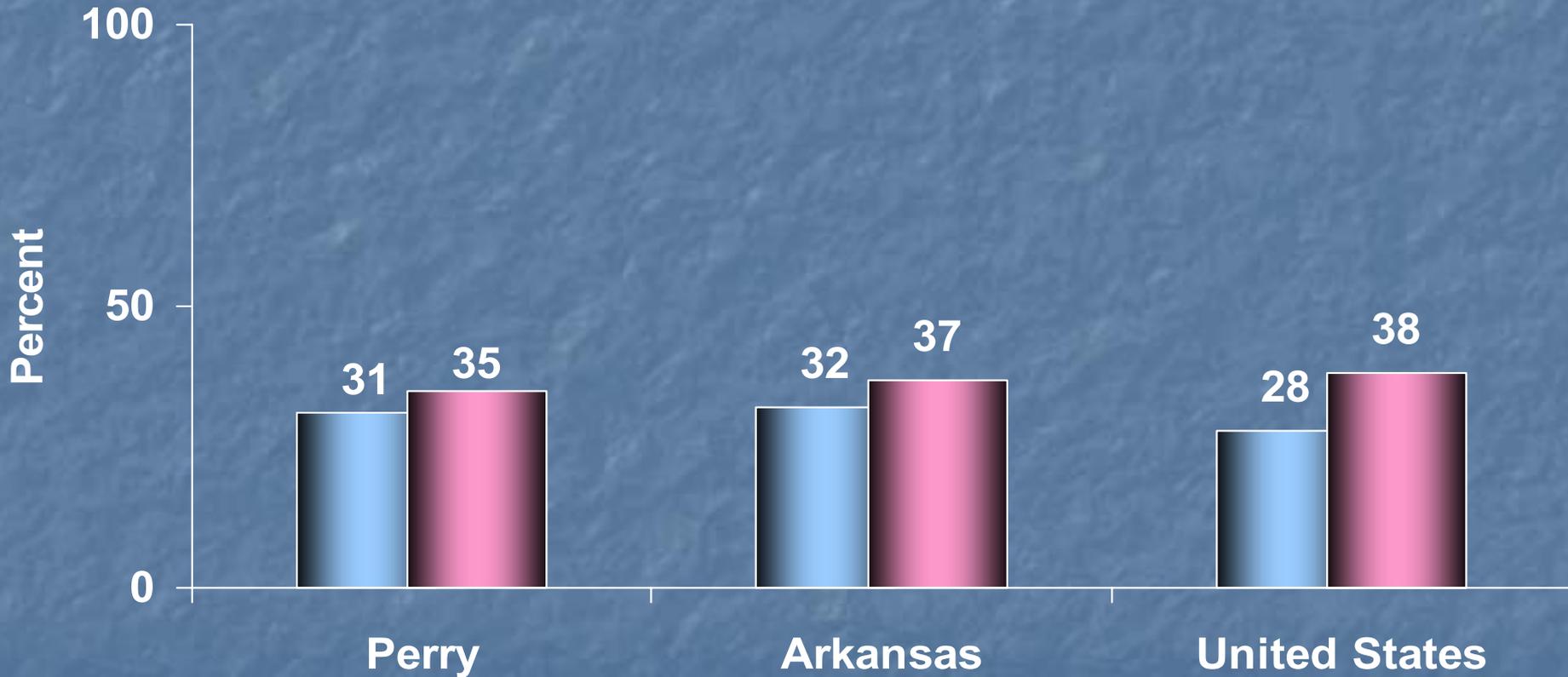
Source: CAHS, BRFSS.

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Mental health

Reported mental health as "not good" by gender: Perry County (2004), Arkansas (2001), US (2001).



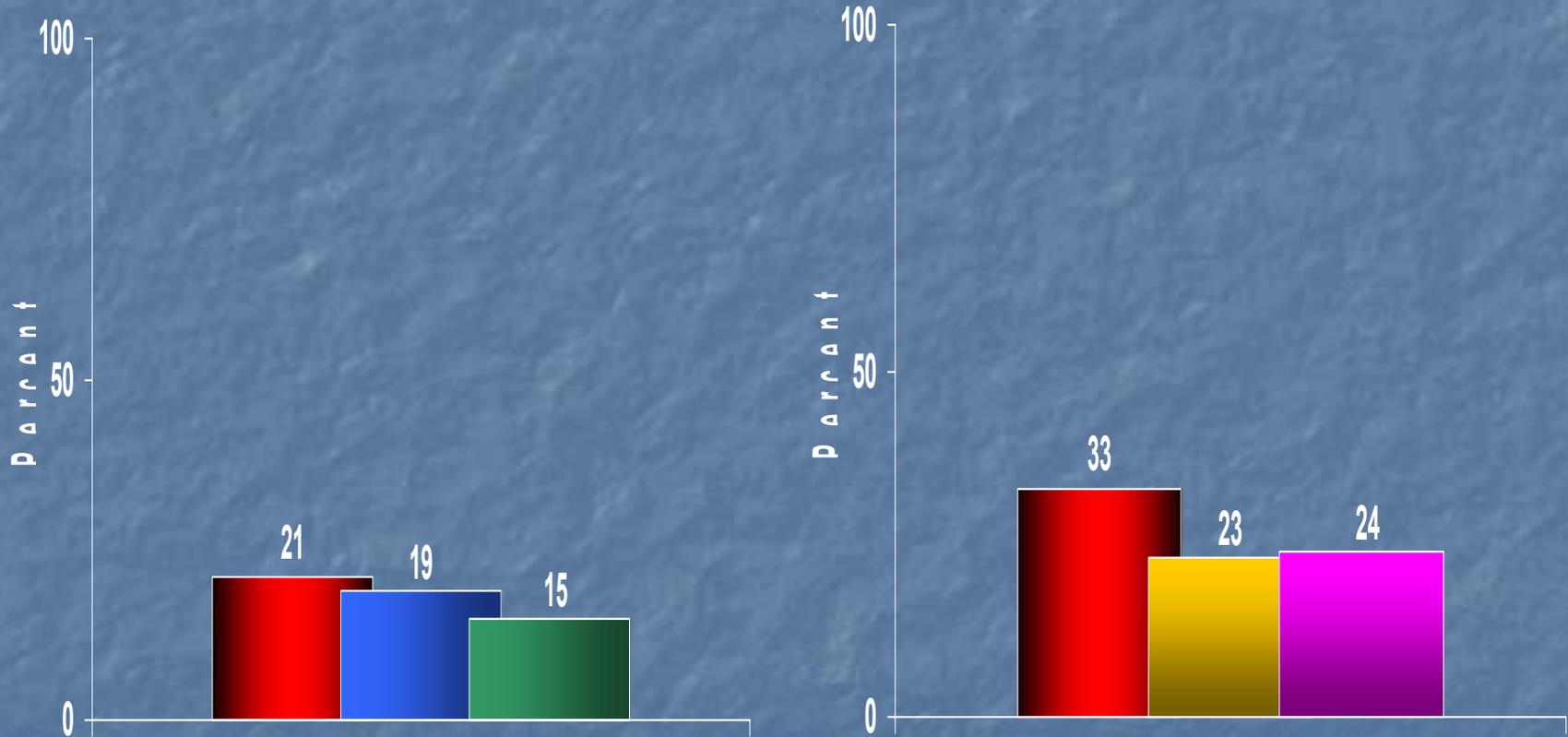
Source: CAHS, BRFSS.

Men Women

Perry County Adult Health Survey, 2004

Health care access

Persons who reported that they did not have health insurance: Perry County (2004), Arkansas (2003), US (2003); and comparison with two neighboring counties (2005).



Source: CAHS, BRFSS.

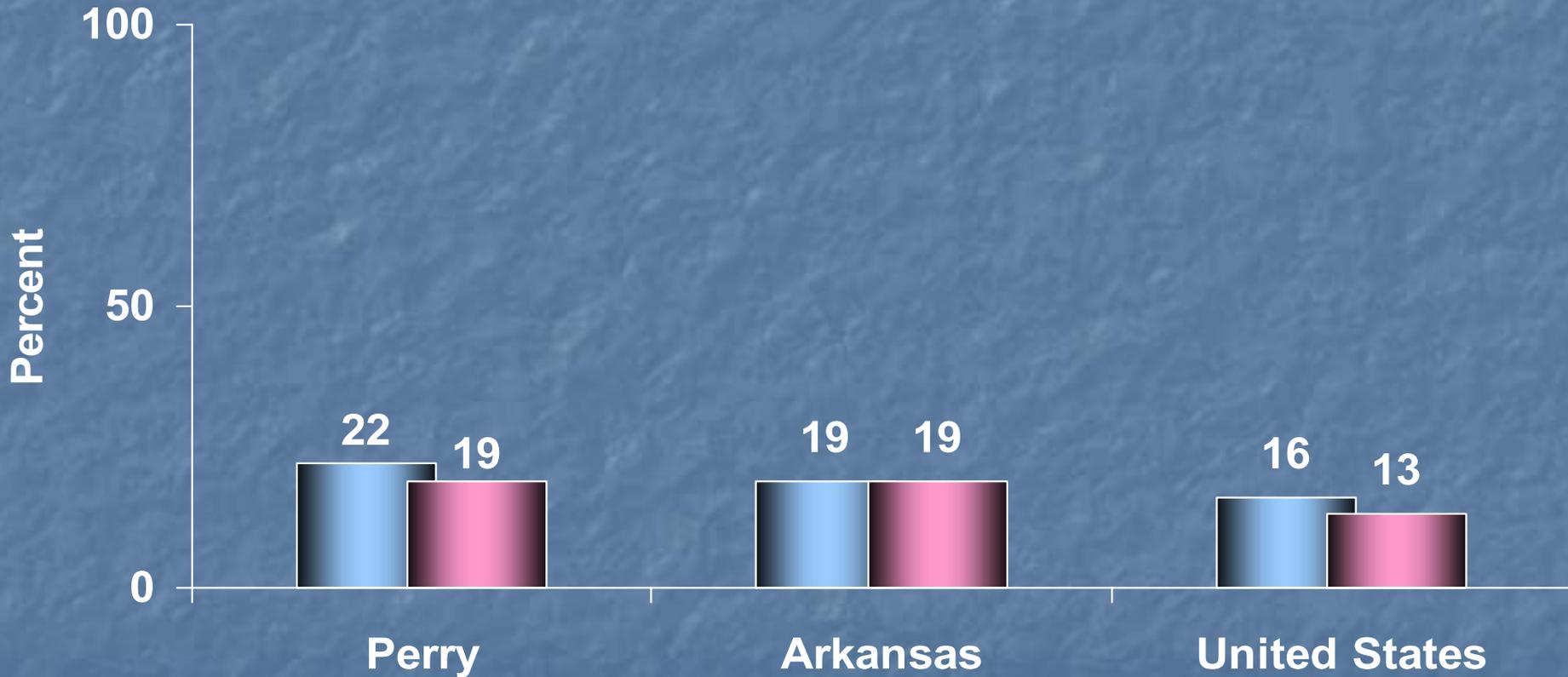
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Perry County Adult Health Survey, 2004

Health care access

Persons who reported that they did not have health insurance " by gender: Perry County (2004), Arkansas (2003), US (2003).



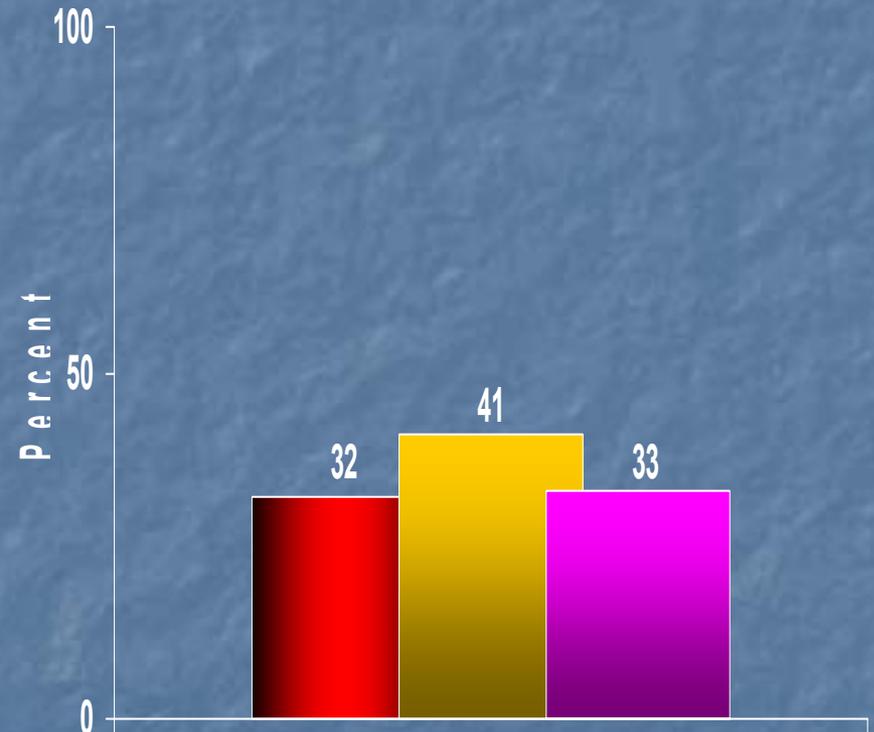
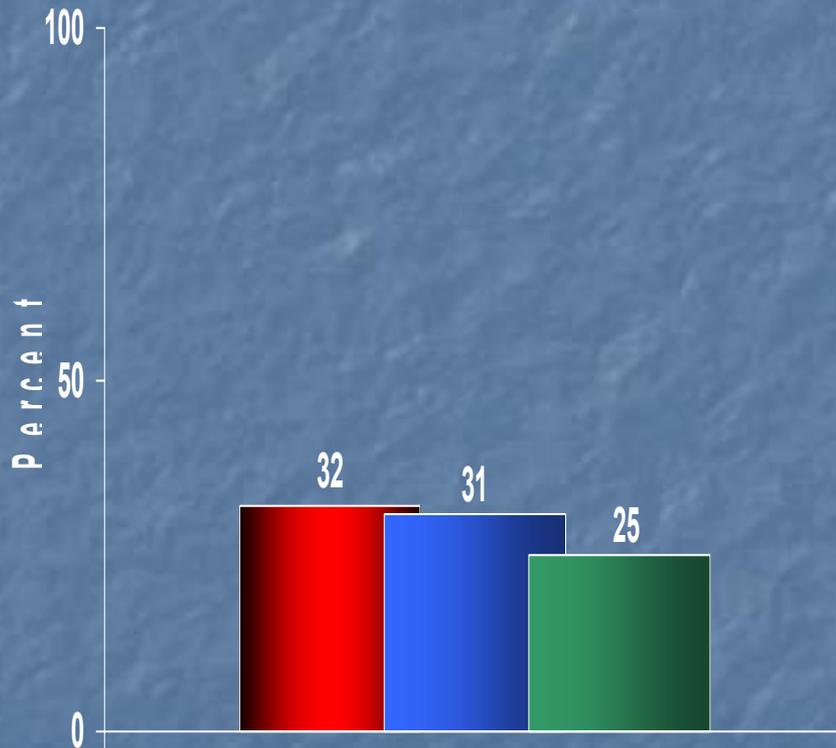
Source: CAHS, BRFSS.

Men Women

Perry County Adult Health Survey, 2004

High blood pressure

Persons who reported that they had been diagnosed with high blood pressure: Perry County (2004), Arkansas (2003), US (2003); and comparison with two neighboring counties (2005).



Source: CAHS, BRFSS.

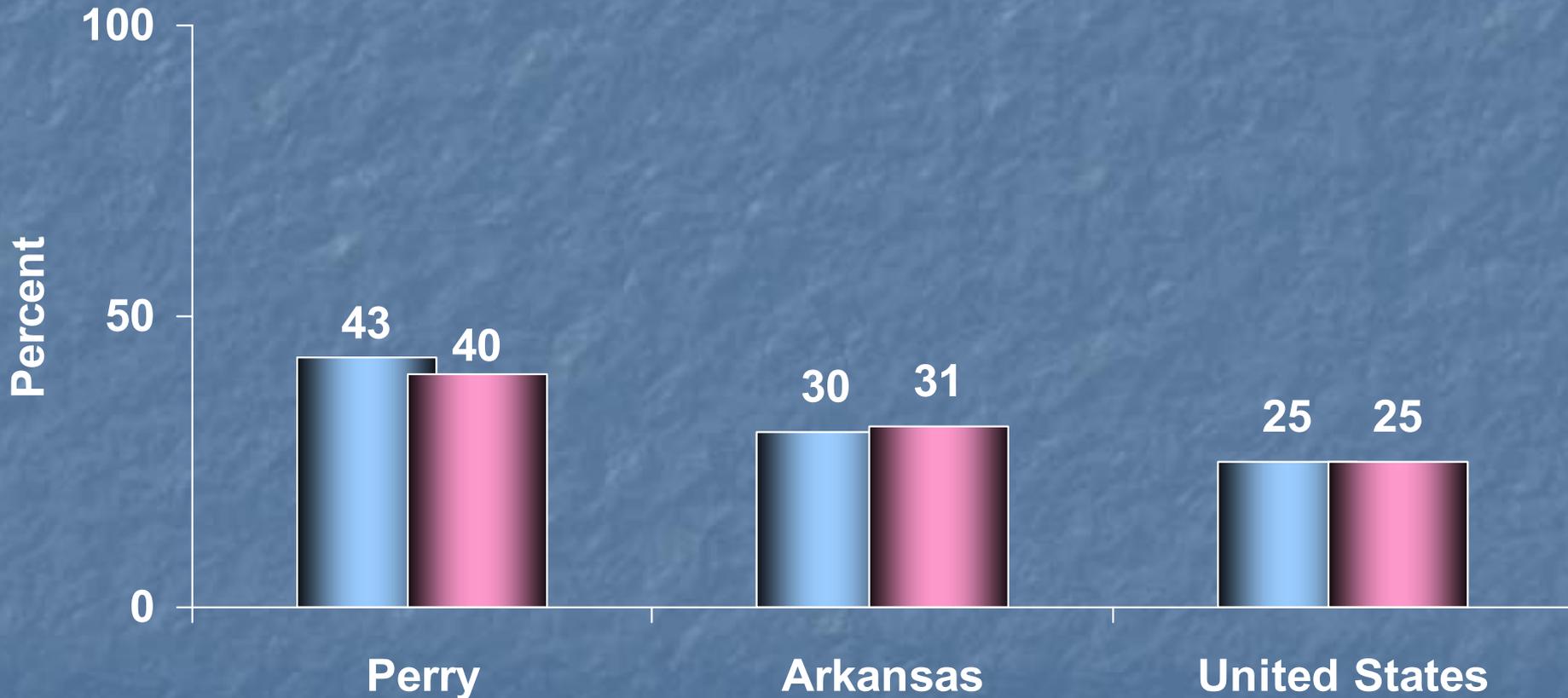
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Perry County Adult Health Survey, 2004

High blood pressure

Persons who reported that they had been diagnosed with high blood pressure" by gender: Perry County (2004), Arkansas (2003), US (2003).



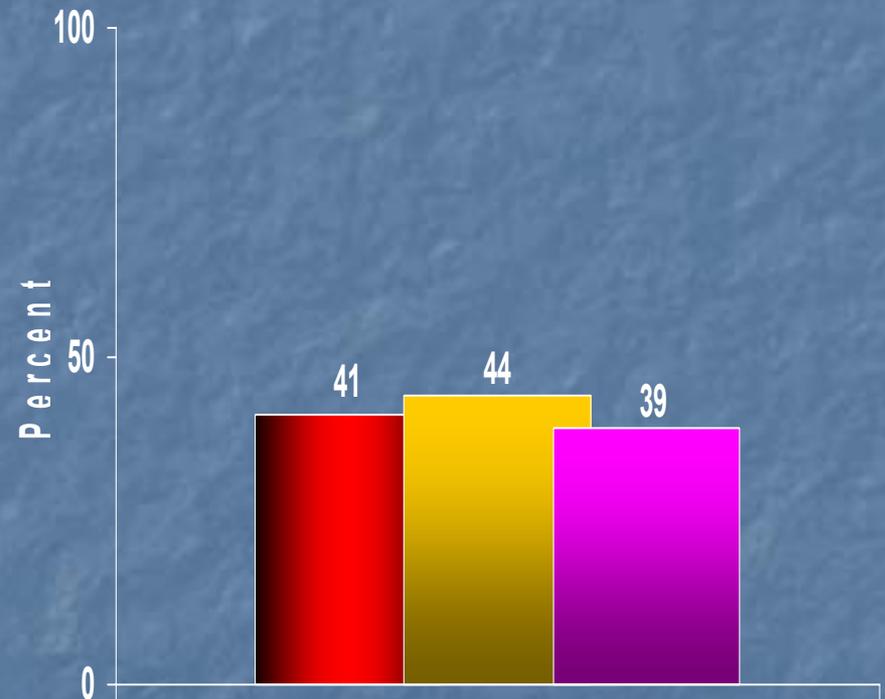
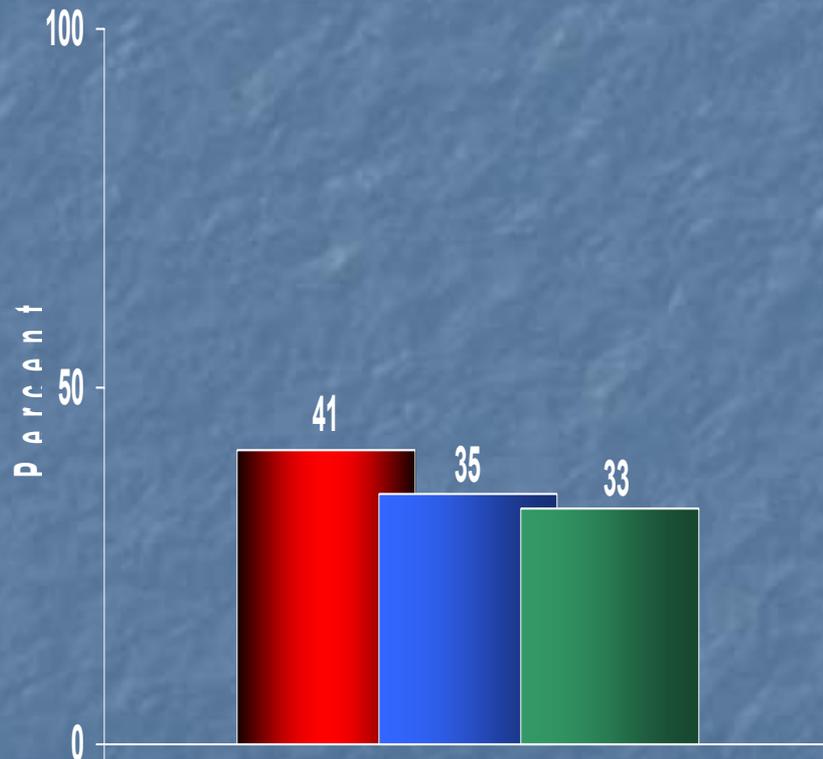
Source: CAHS, BRFSS.

Men Women

Perry County Adult Health Survey, 2004

High blood cholesterol

Persons who reported that they had been diagnosed with high blood cholesterol: Perry County (2004), Arkansas (2003), US (2003); and comparison with two neighboring counties (2005).



Source: CAHS, BRFSS.

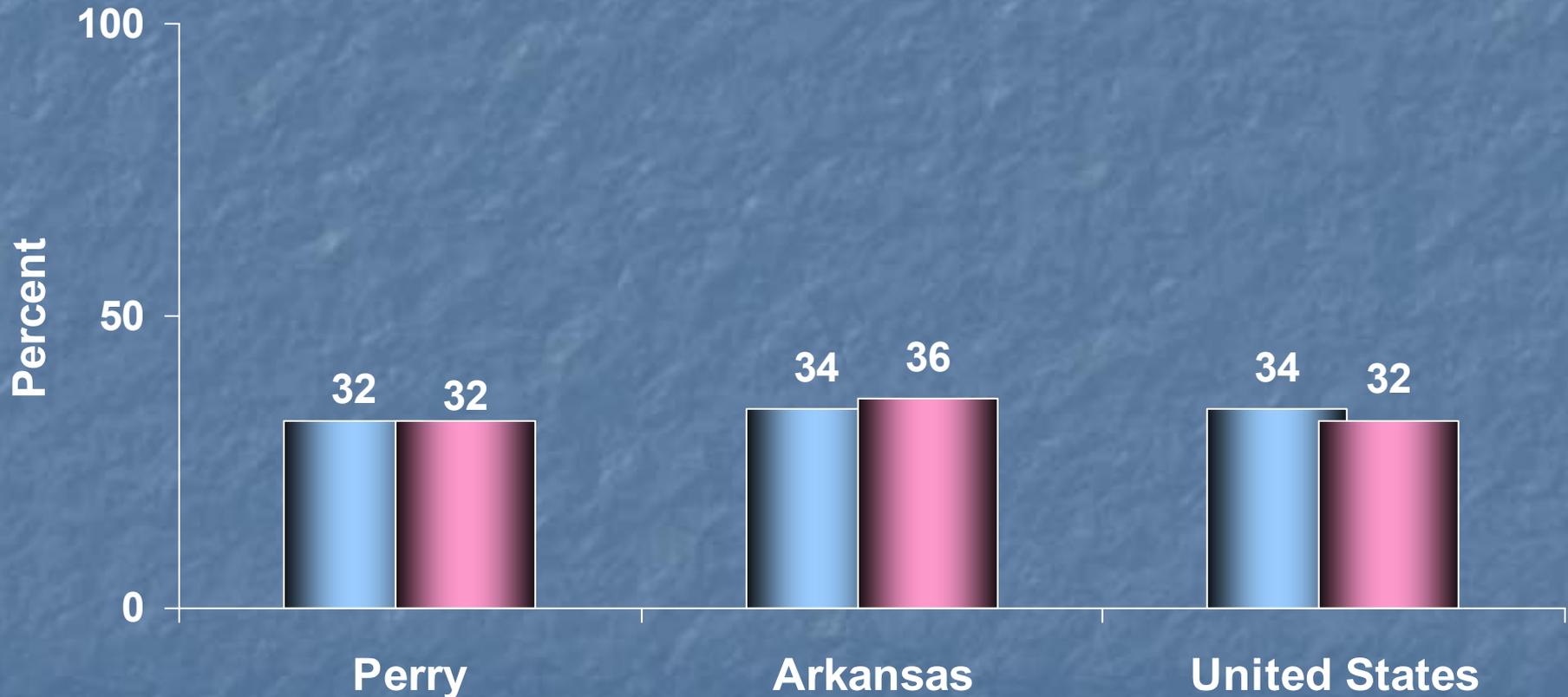
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Perry County Adult Health Survey, 2004

High blood cholesterol

Persons who reported that they had been diagnosed with high blood cholesterol by gender: Perry County (2004), Arkansas (2003), US (2003).



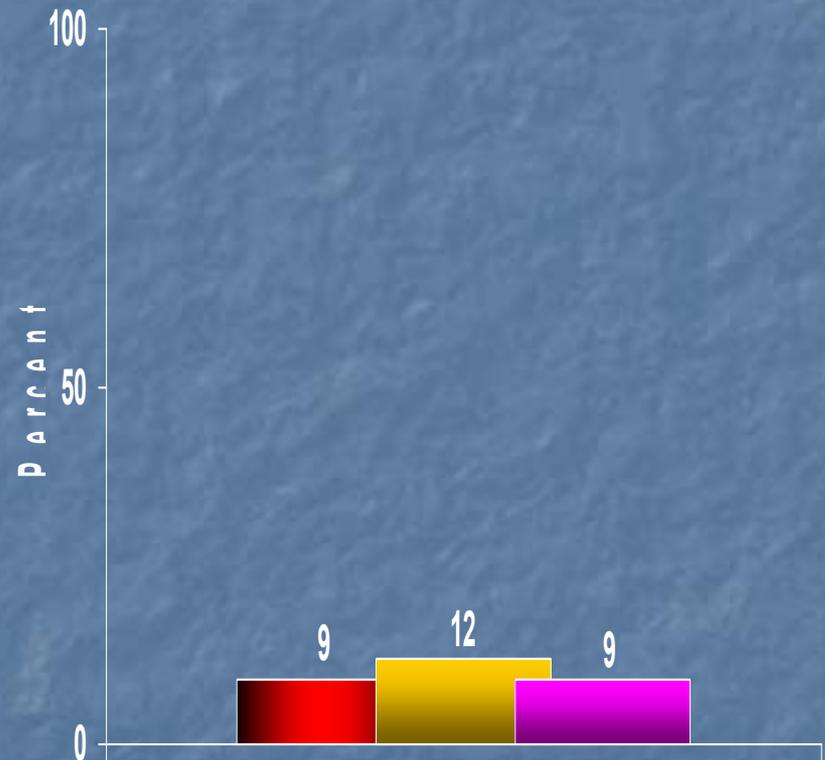
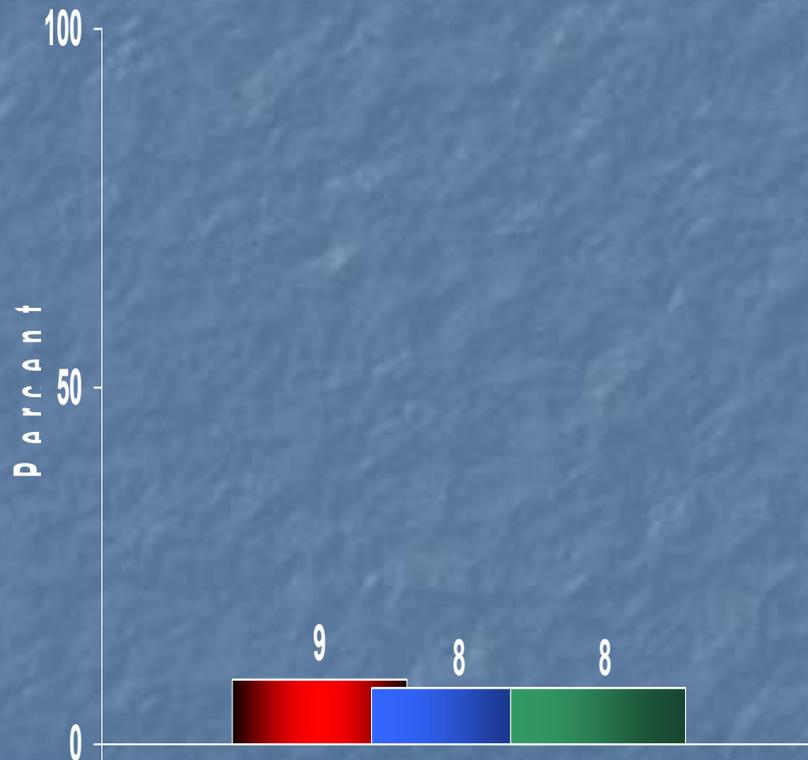
Source: CAHS, BRFSS.

Men Women

Perry County Adult Health Survey, 2004

Diabetes

Persons who reported that they had been diagnosed with diabetes: Perry County (2004), Arkansas (2003), US (2003); and comparison with two neighboring counties (2005).



Source: CAHS, BRFSS.

■ Perry ■ Arkansas ■ United States

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Perry County Adult Health Survey, 2004

Diabetes

Persons who reported that they had been diagnosed with diabetes by gender:
Perry County (2004), Arkansas (2003), US (2003).



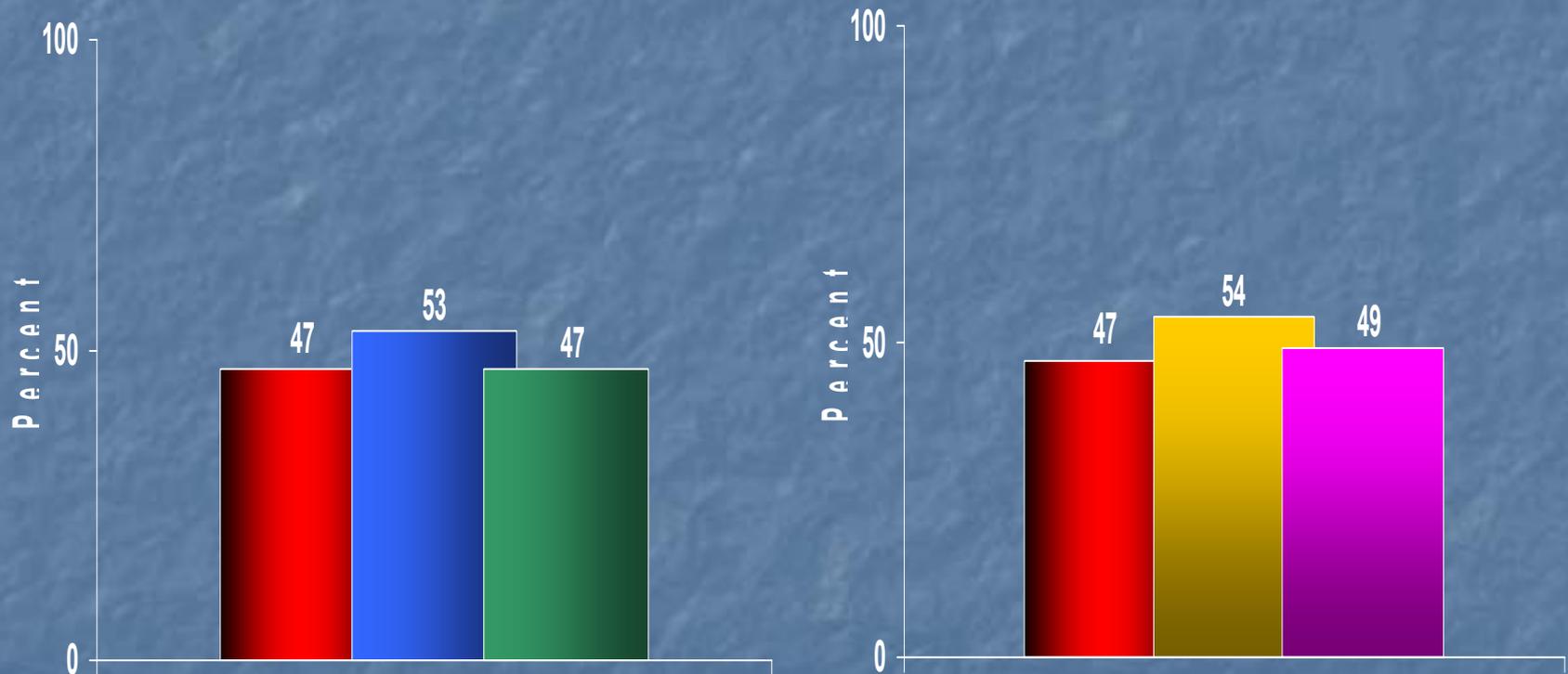
Source: CAHS, BRFSS.

Men Women

Perry County Adult Health Survey, 2004

Colorectal cancer screening

Persons over 50 who reported that they had never been screened for colorectal cancer: Perry County (2004), Arkansas (2004), US (2004); and comparison with two neighboring counties (2005).



Source: CAHS, BRFSS.

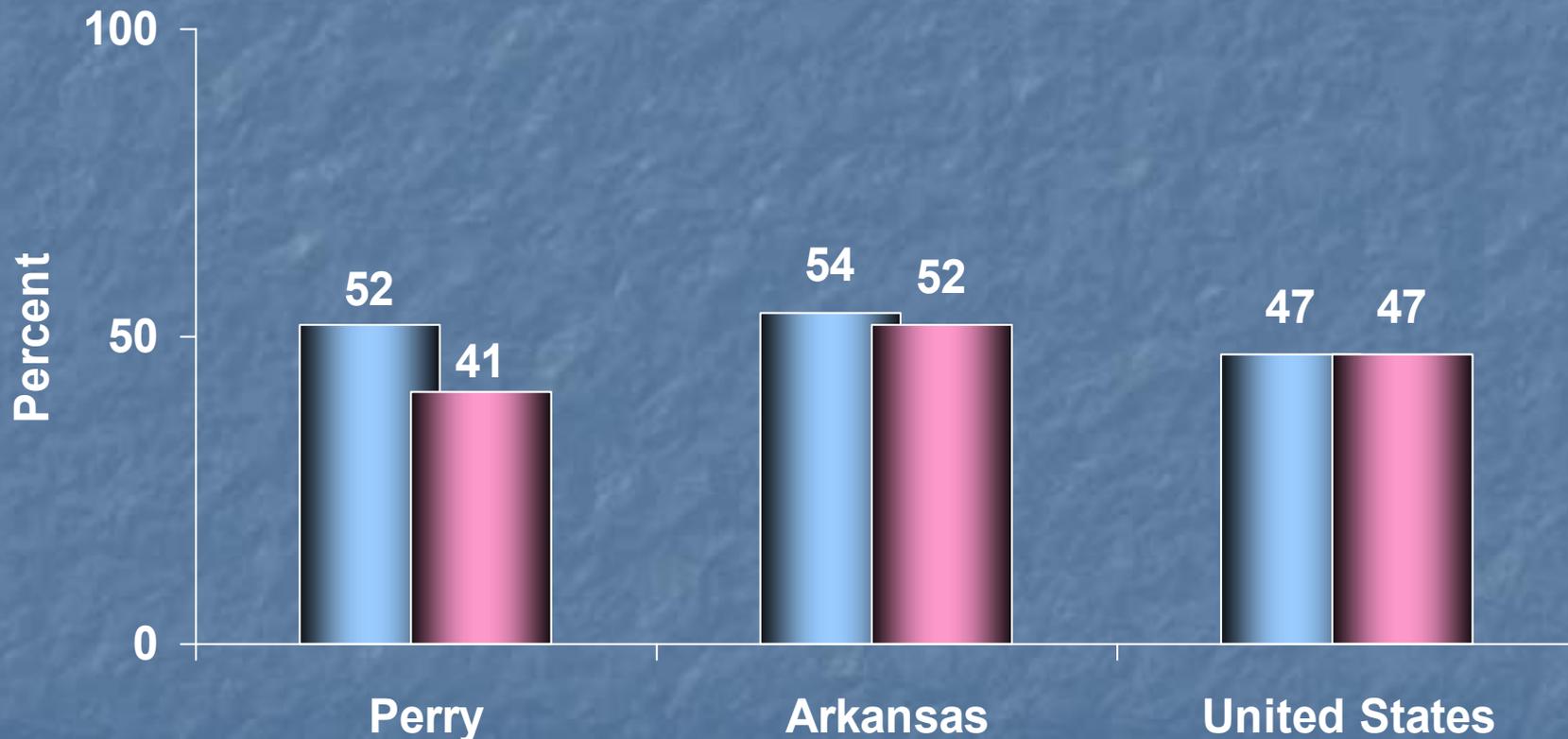
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Perry County Adult Health Survey, 2004

Colorectal cancer screening

Persons over 50 who reported that they had never been screened for colorectal cancer by gender: Perry County (2004), Arkansas (2004), US (2004).



Source: CAHS, BRFSS.

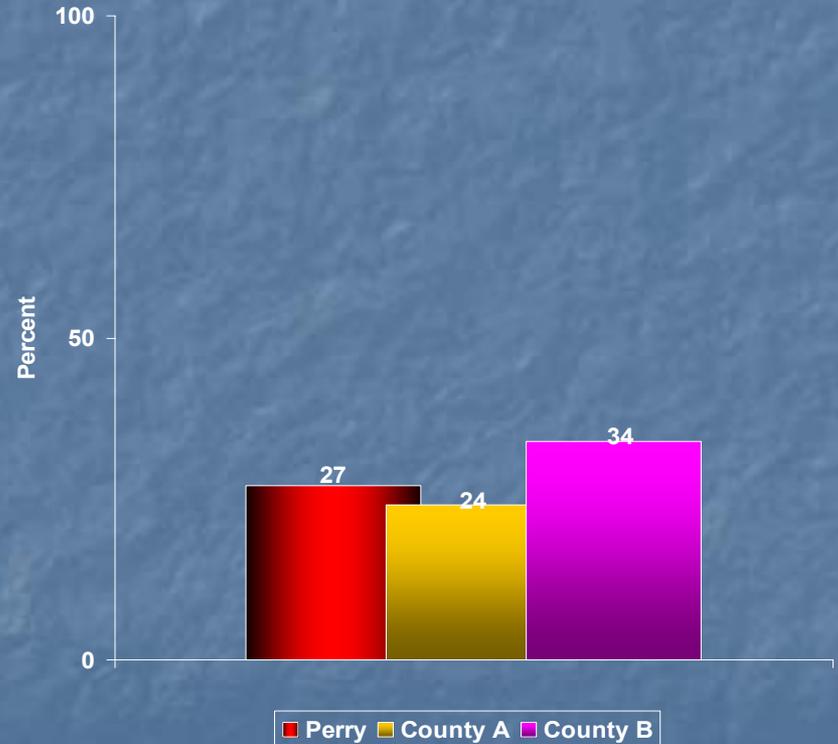
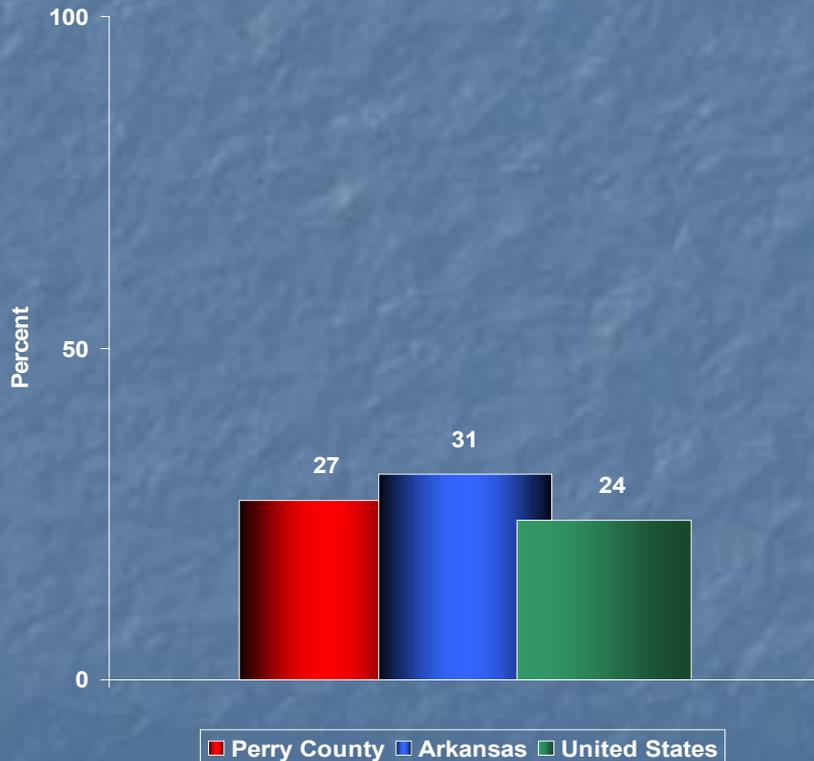
Men Women

Perry County Adult Health Survey, 2004

Women's Health

Mammogram

Women over 40 who reported that they had not had a mammogram in the past two years: Perry County (2004), Arkansas (2002), US (2002); and comparison with two neighboring counties (2005).

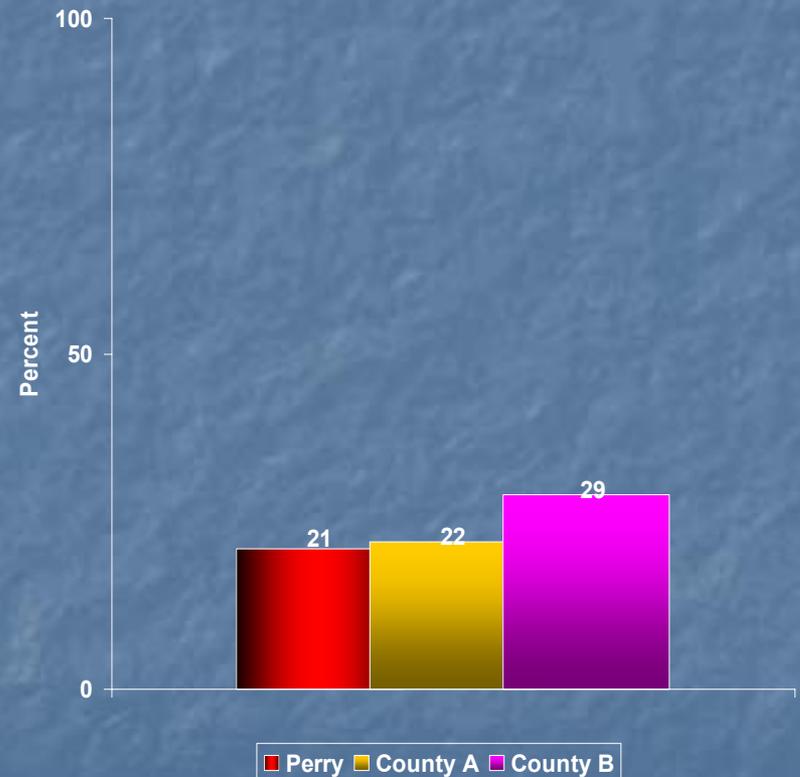
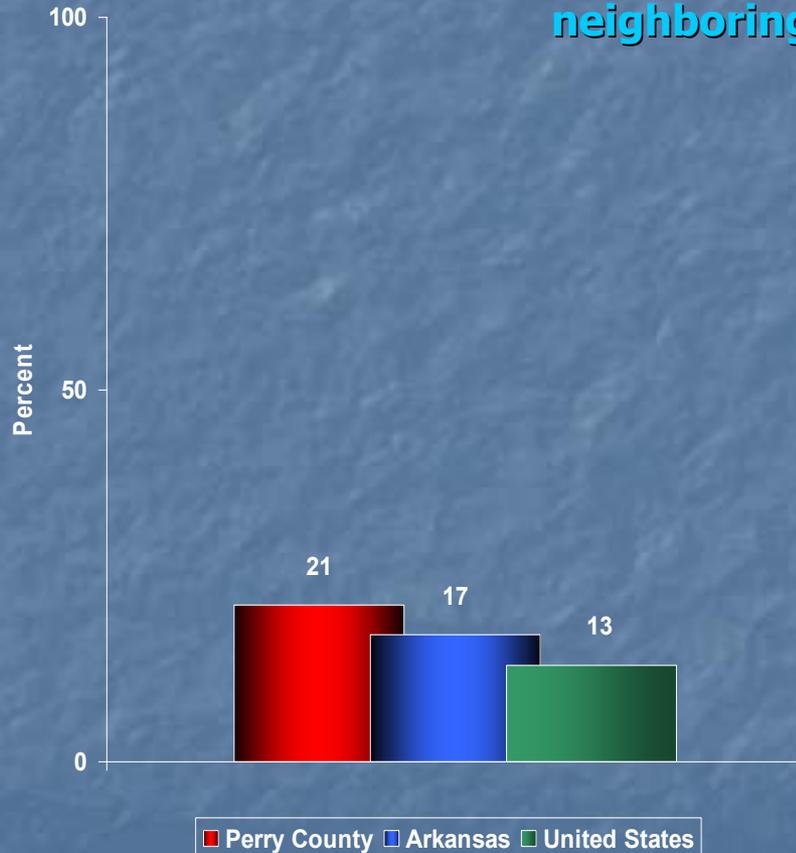


Source: CAHS, BRFSS.

Perry County Adult Health Survey, 2004

Pap smear

Women who reported that they had not had a pap smear in the past three years: Perry County (2004), Arkansas (2002), US (2002); and comparison with two neighboring counties (2005).



Source: CAHS, BRFSS.

Perry County Adult Health Survey, 2004

What Can Your Hometown Health Coalition Do to Make a Difference?

- ★ **Assess**
- ★ **Identify**
- ★ **Develop**
- ★ **Evaluate**

Questions

