



STAMP OUT SMOKING

Arkansas Department of Health and Human Services  
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Your Tobacco Settlement Dollars at Work

# Little River County

## 2006 County Adult Health Survey



# What is the BRFSS

- **The BRFSS is the world's largest continuously conducted telephone survey.**
- **It covers issues surrounding chronic illness, premature mortality, and other health-related topics.**
- **All 50 states, Puerto Rico, Guam, the Virgin Islands, and Washington D.C. participate.**
- **Little River County participated in county level BRFSS studies sponsored by Hometown Health.**

# In Little River County...



- Interviews were conducted in April and May of 2006.
- A telephone survey of 867 randomly selected adults from Little River County.
- Of the 867 interviews, 286 were with men and 581 were with women.

# Leading causes of death in Arkansas, 2004

- Heart Disease
- Cancer

<b>YEARS OF POTENTIAL LIFE LOST</b>	
Heart Disease	80,727
Cancer	91,253

# Leading causes of death for Little River County in 2004

- **Heart Disease and Cancer were the leading causes of death in Little River County in 2004.**
- **These were also the leading causes of death in the nation in 2004.**

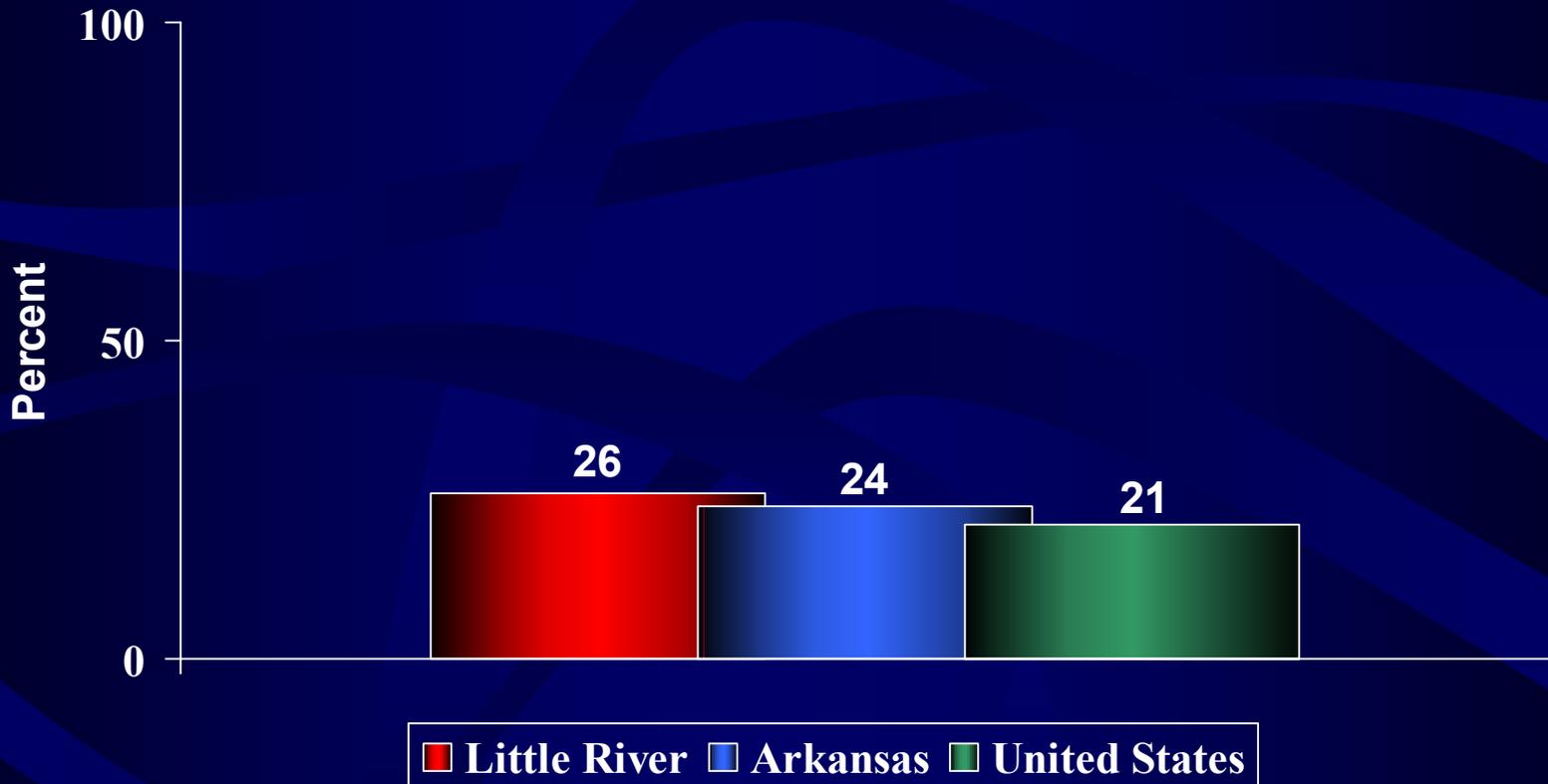
# Risk factors for these diseases measured by the survey include...

- **Tobacco Use**
- **Bodyweight**
- **Physical Activity**



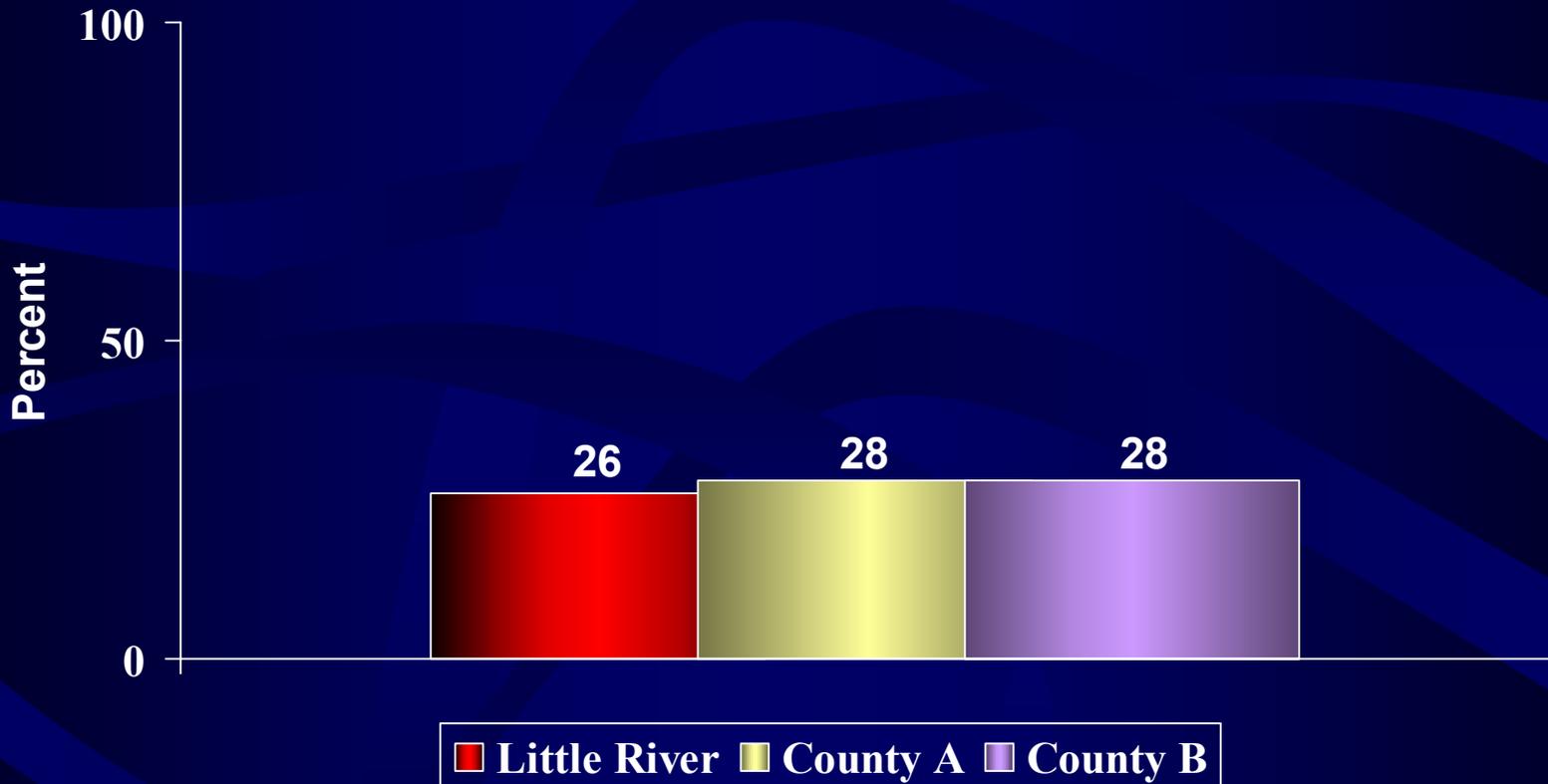
# Tobacco Use

Persons who are current smokers: Little River County (2006), Arkansas (2005), and U.S. (2005).



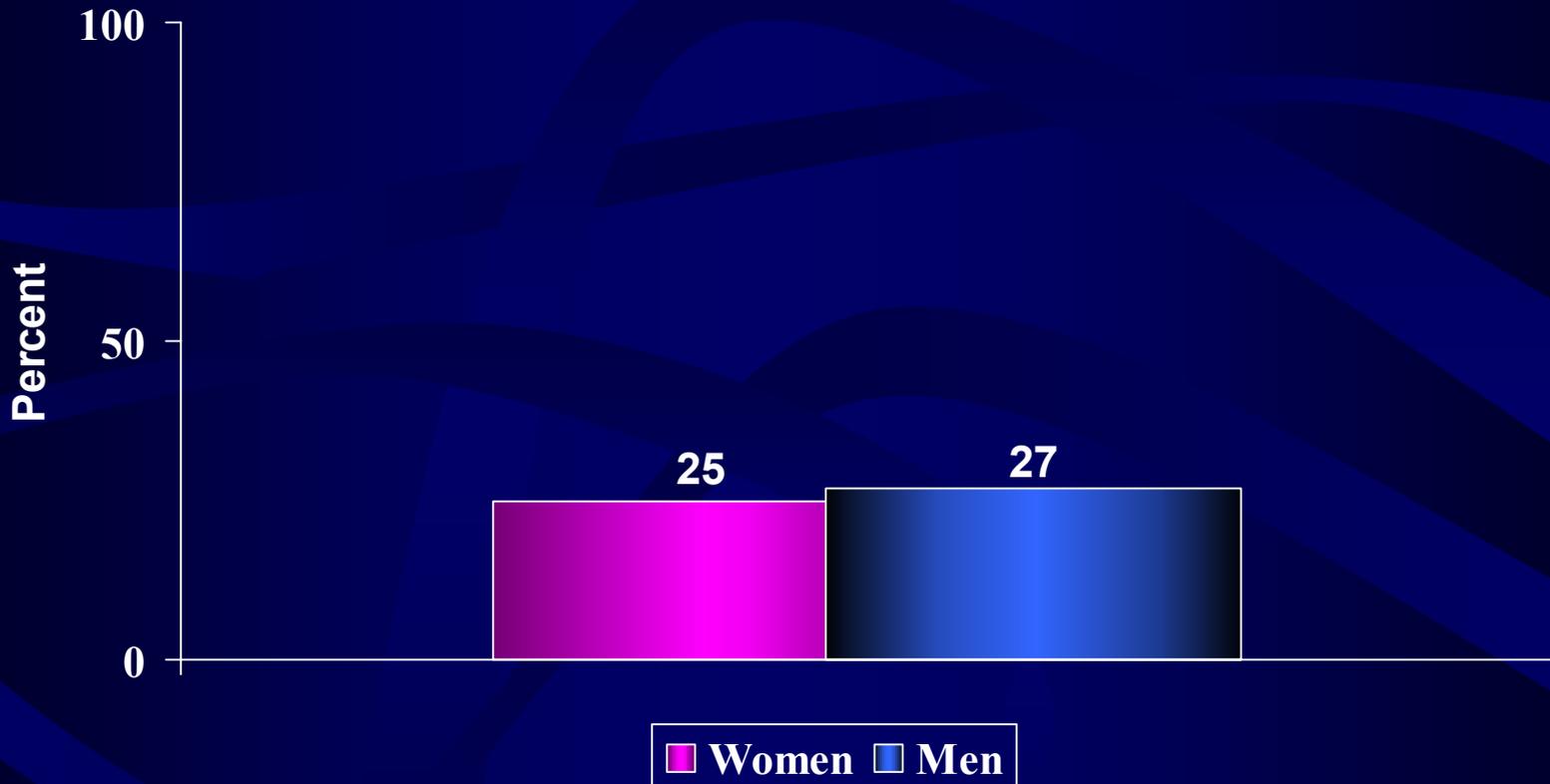
# Tobacco Use

Persons who are current smokers: Little River County (2006) and comparison with two neighboring counties (2004-2005).



# Tobacco Use

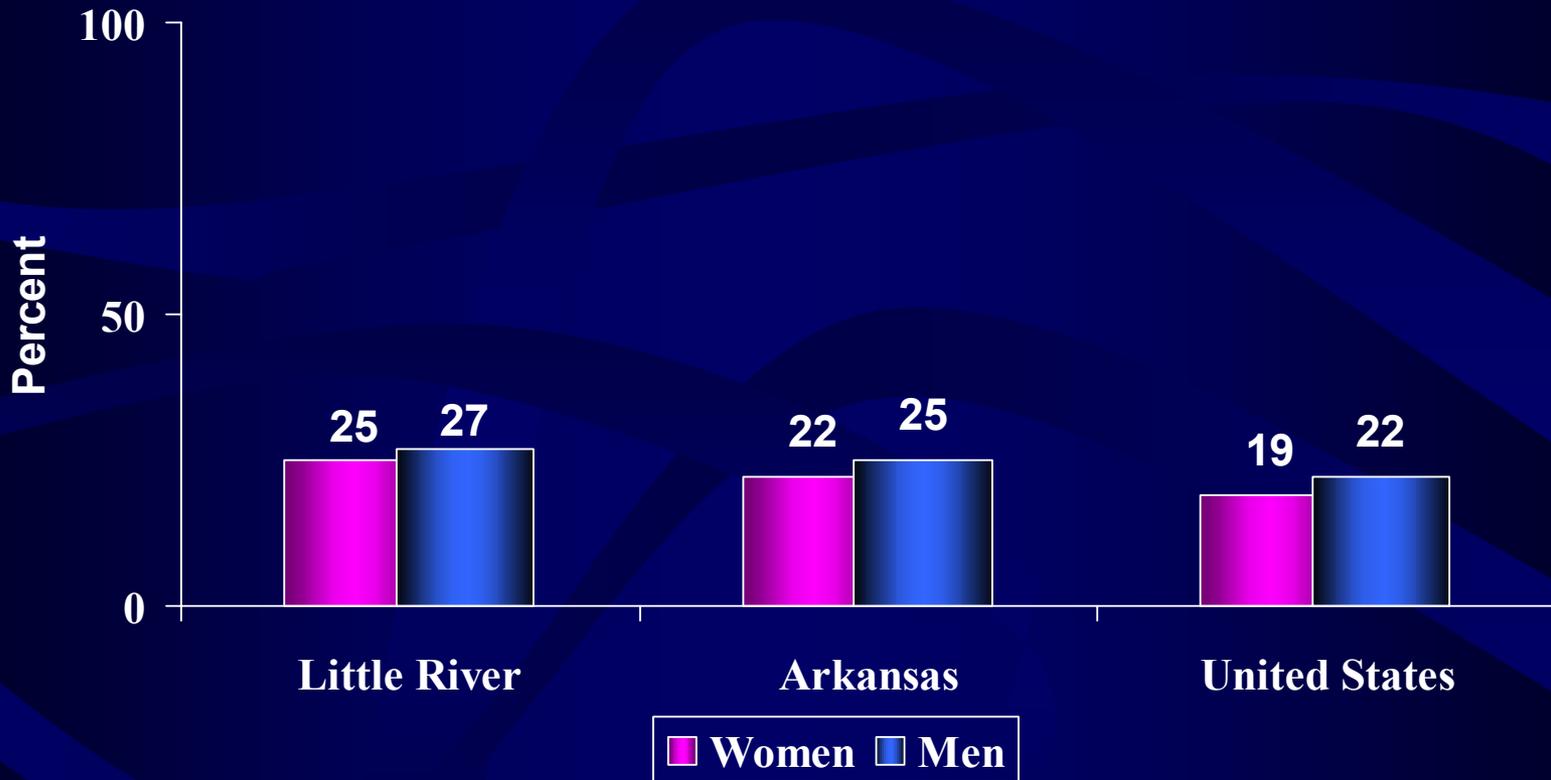
Persons who are current smokers by gender: Little River County (2006)



Source: CAHS

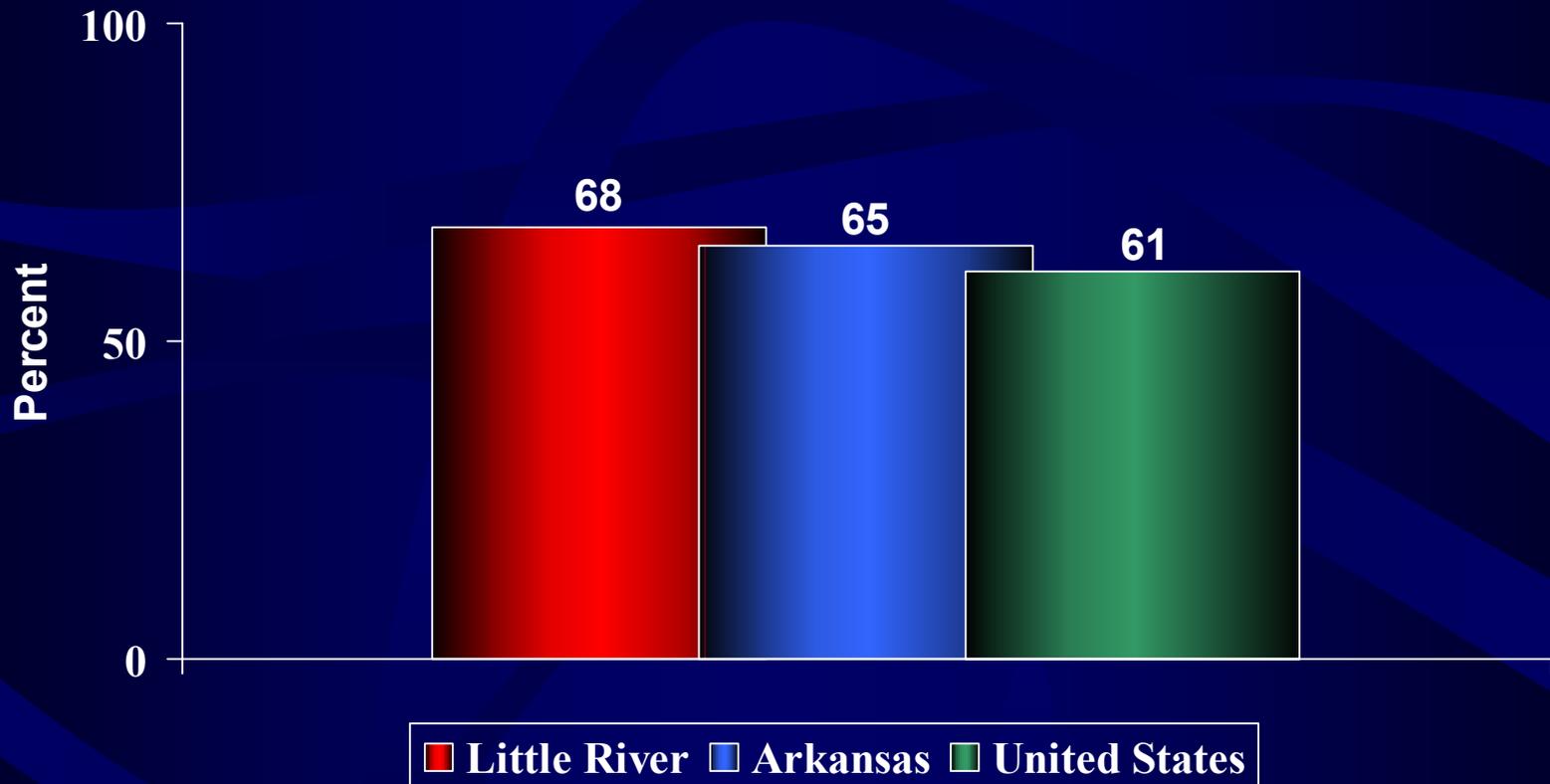
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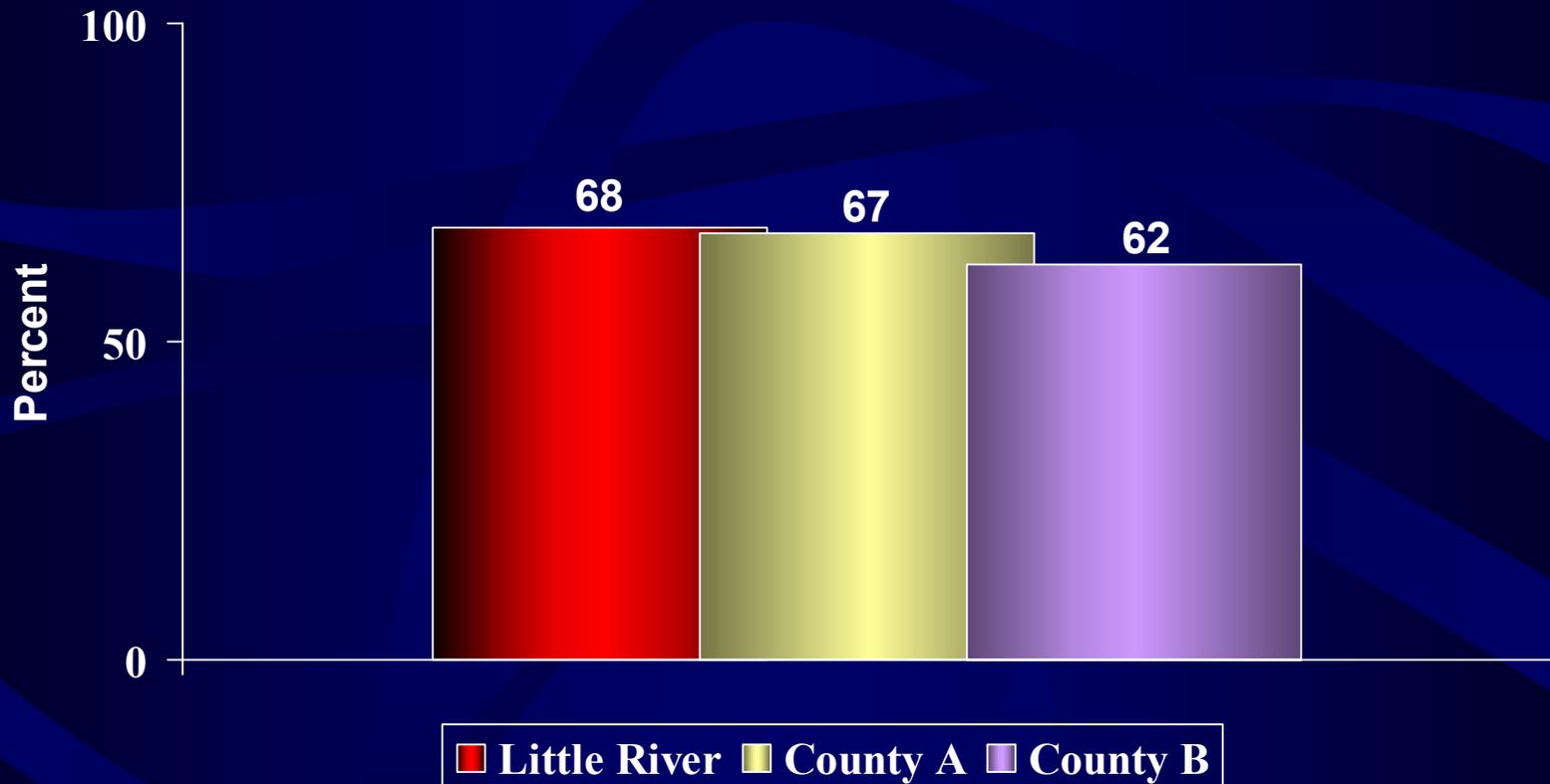
# Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI): Little River County (2006), Arkansas (2005), and U.S. (2005).



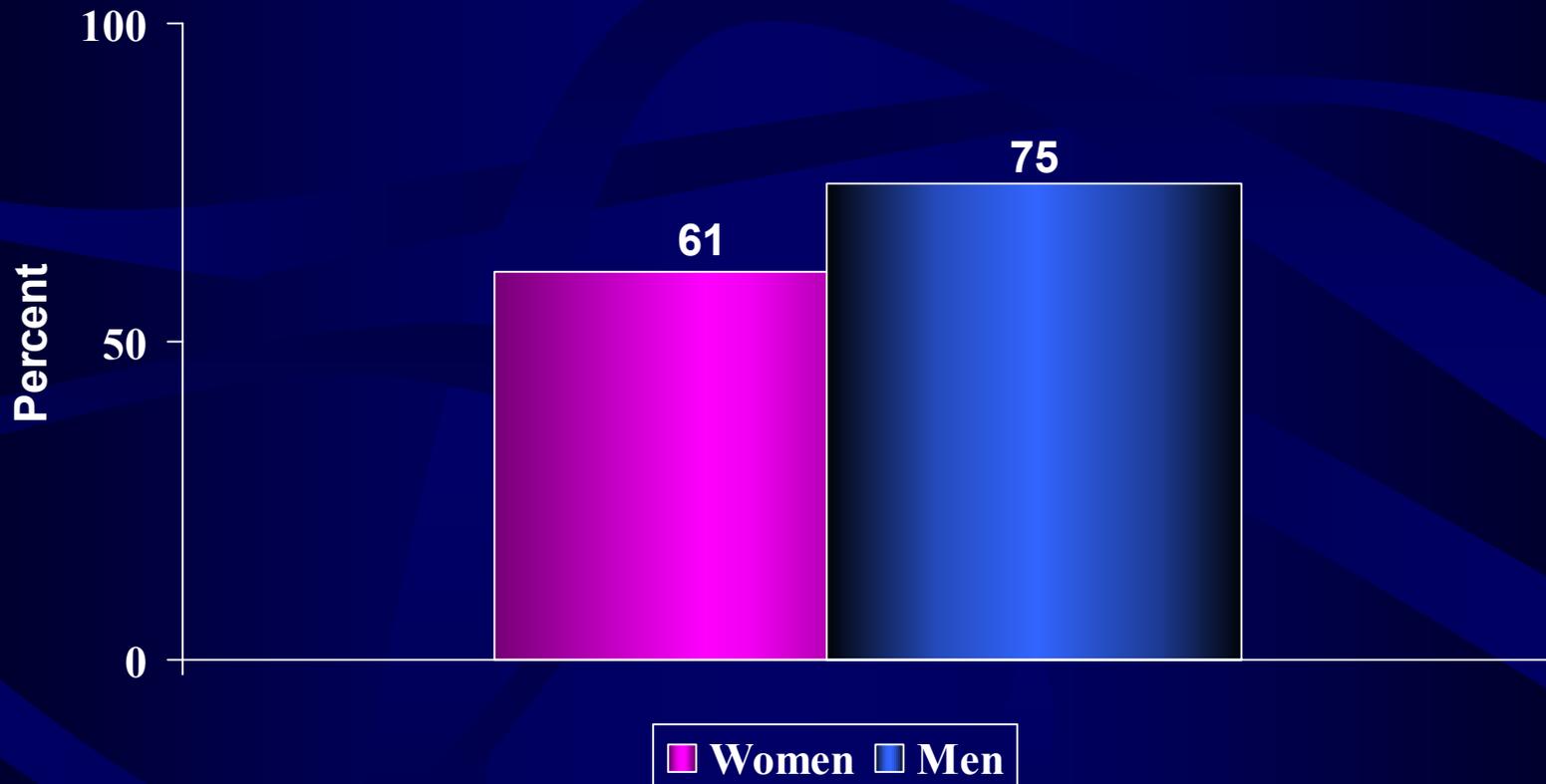
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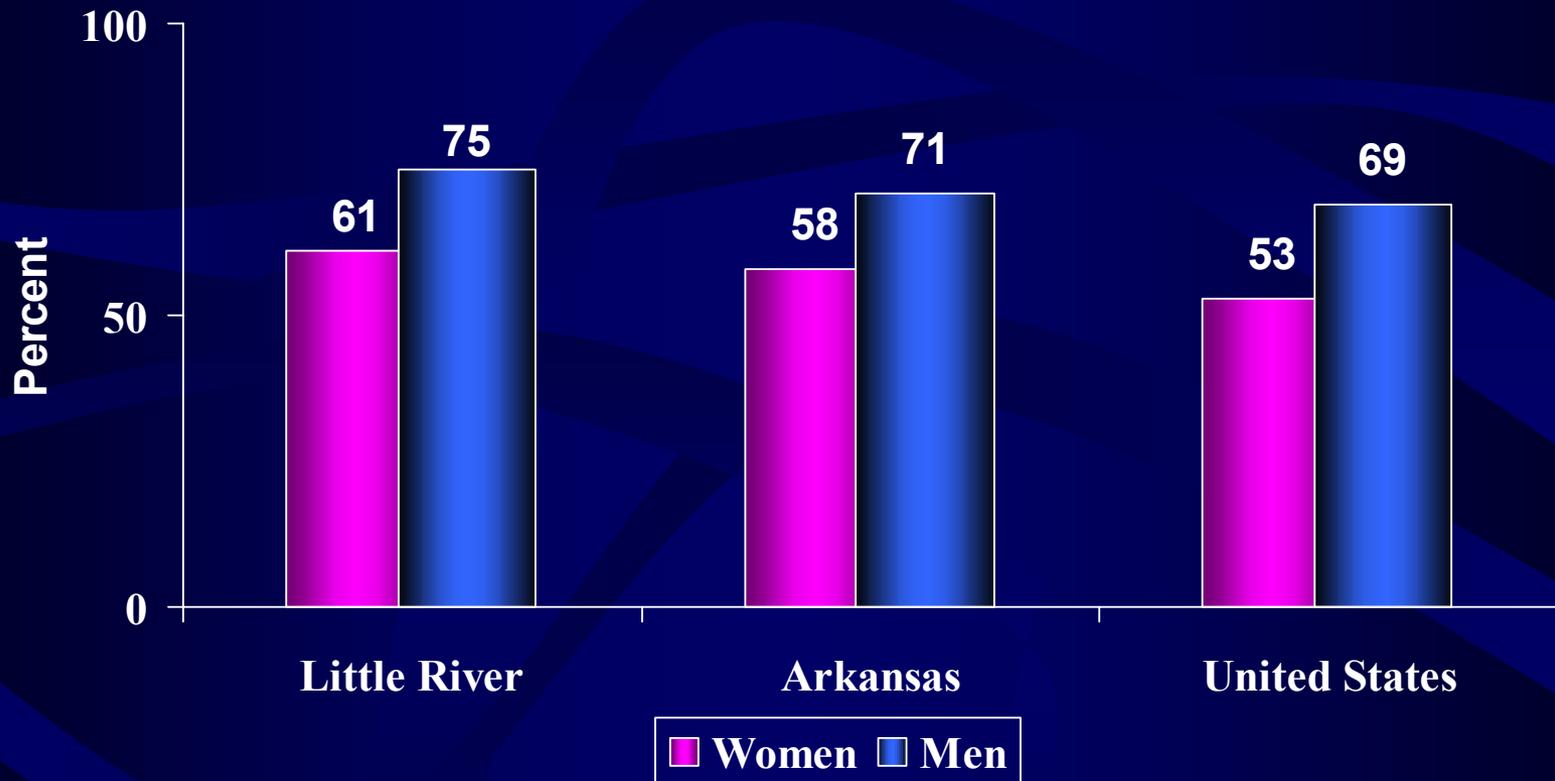
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Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Little River County (2006)



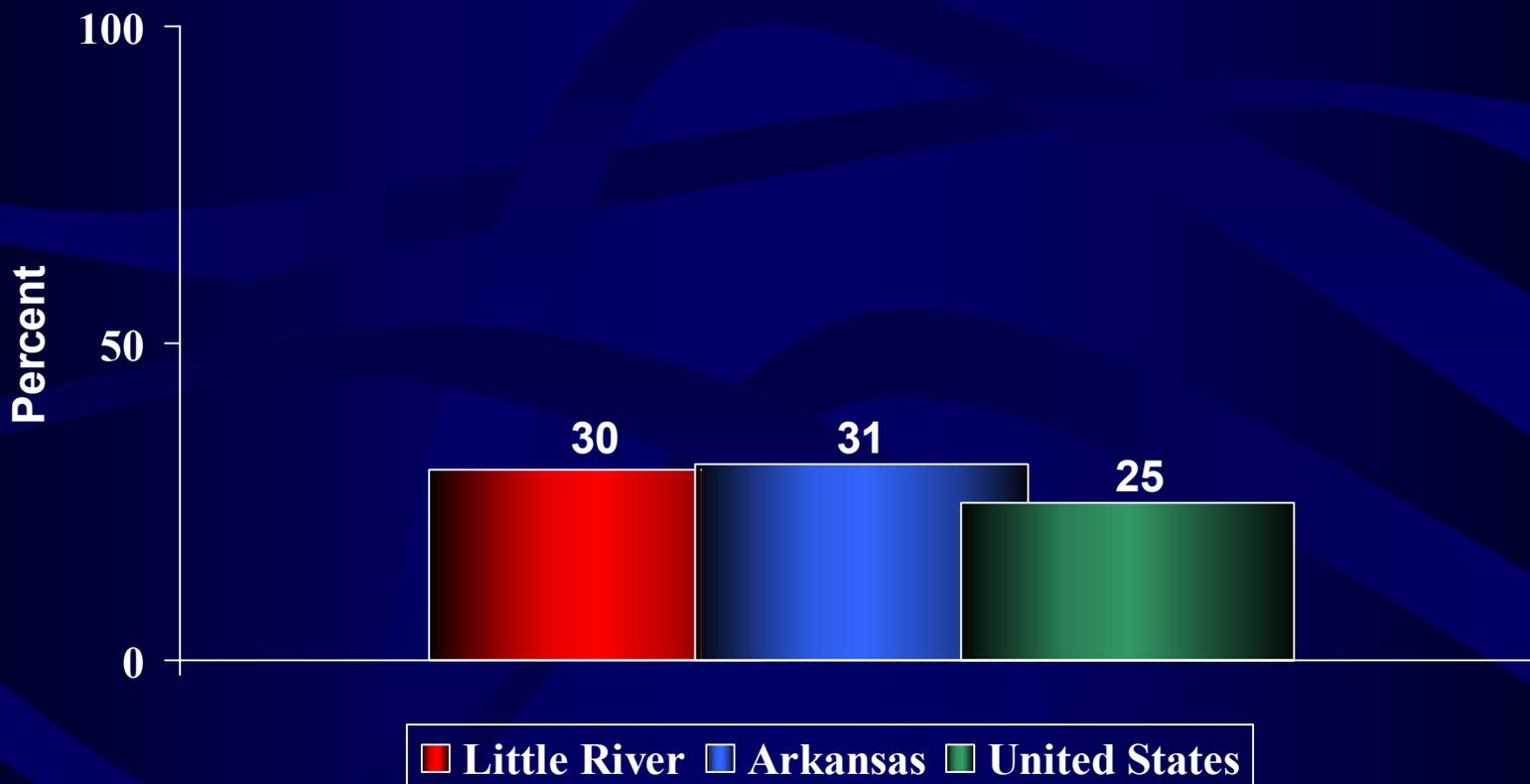
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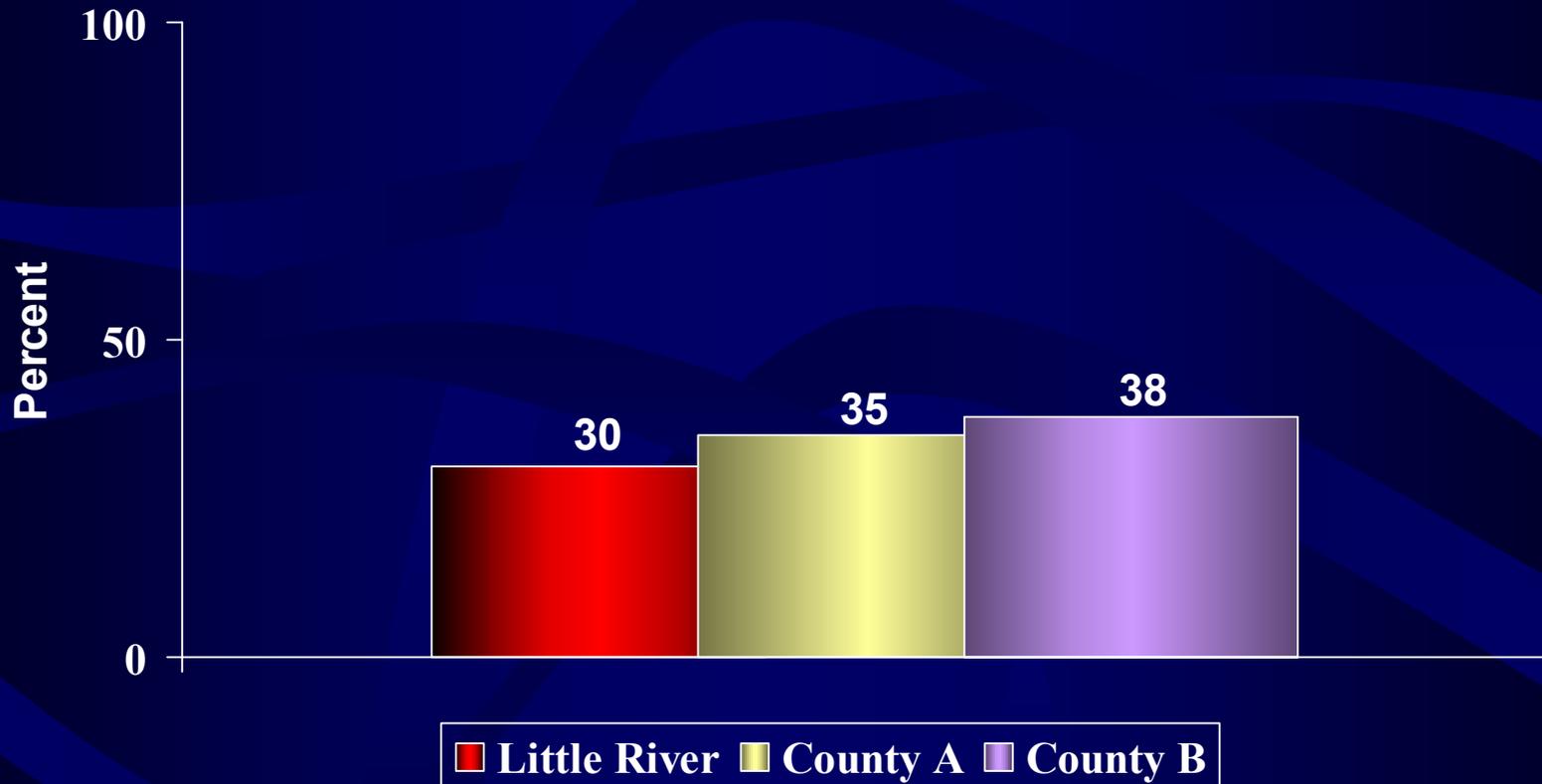
# Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Little River County (2006), Arkansas (2005), and U.S. (2005).



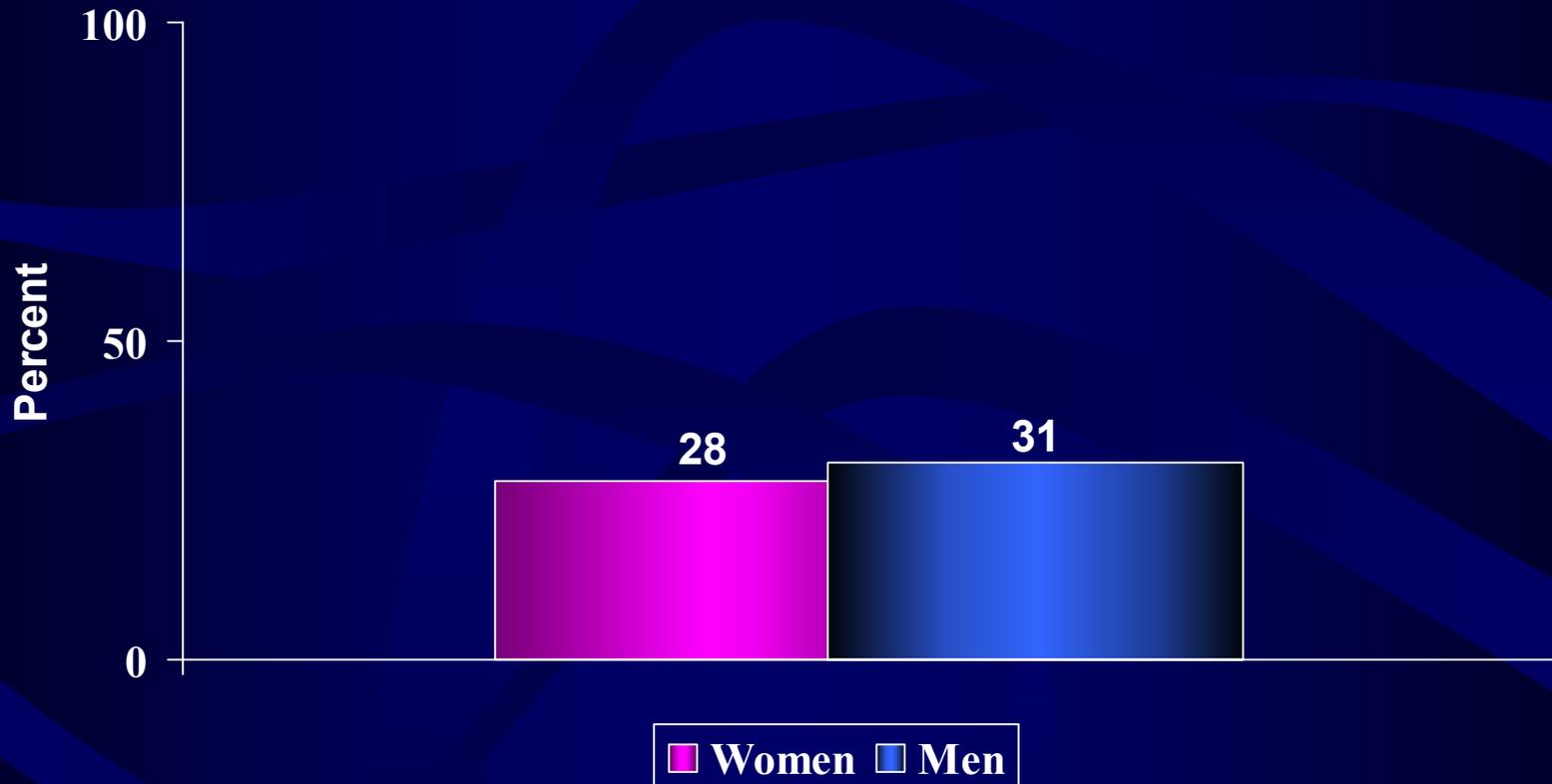
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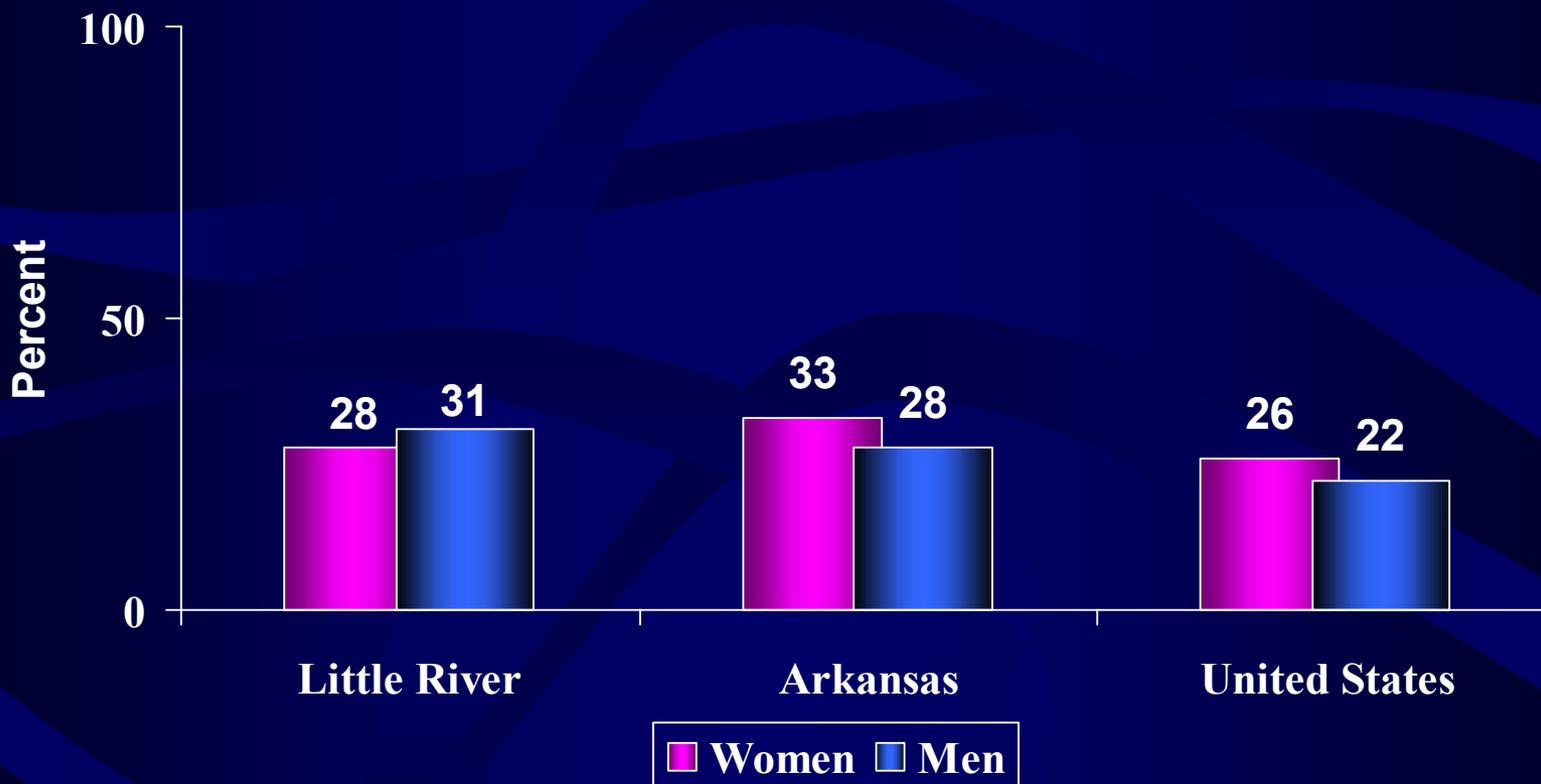
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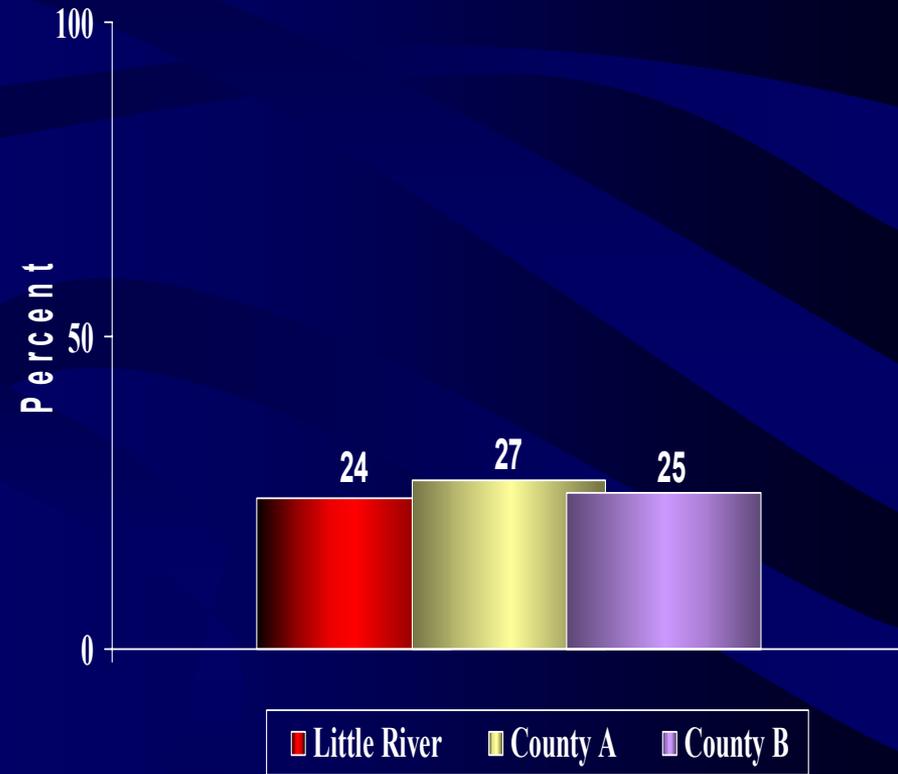
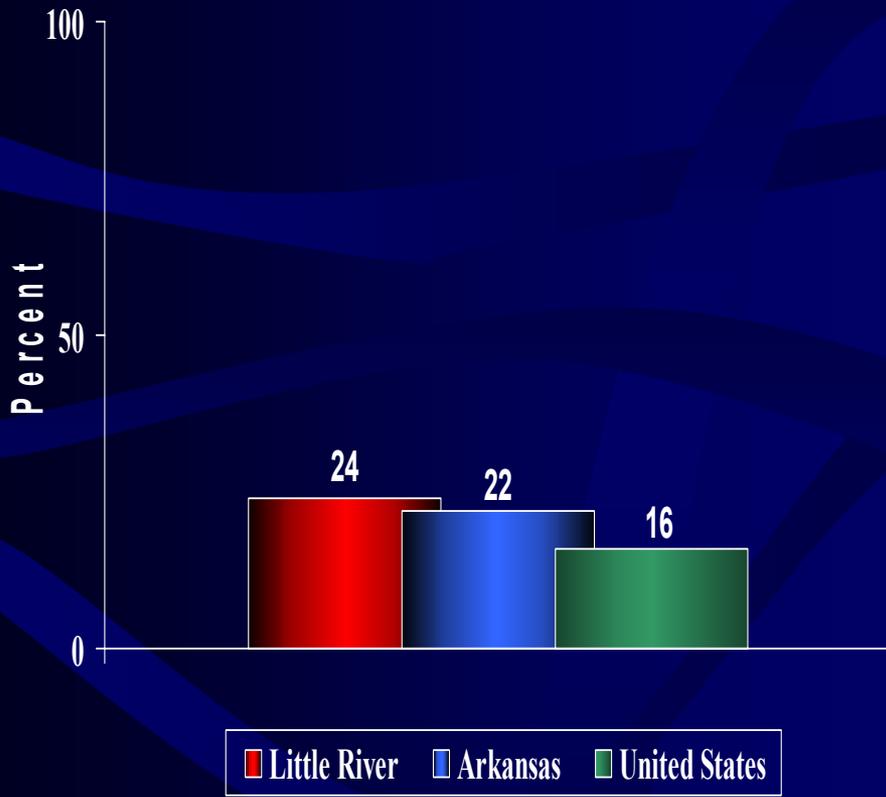


# Other Risk Factors

- **These are compared to the most recent statewide and nationwide data**
  - **General Health data**
  - **Physical Health data**
  - **Mental Health data**
  - **Health Care Access data**
  - **High Blood Pressure data**
  - **High Blood Cholesterol data**
  - **Diabetes data**

# General Health

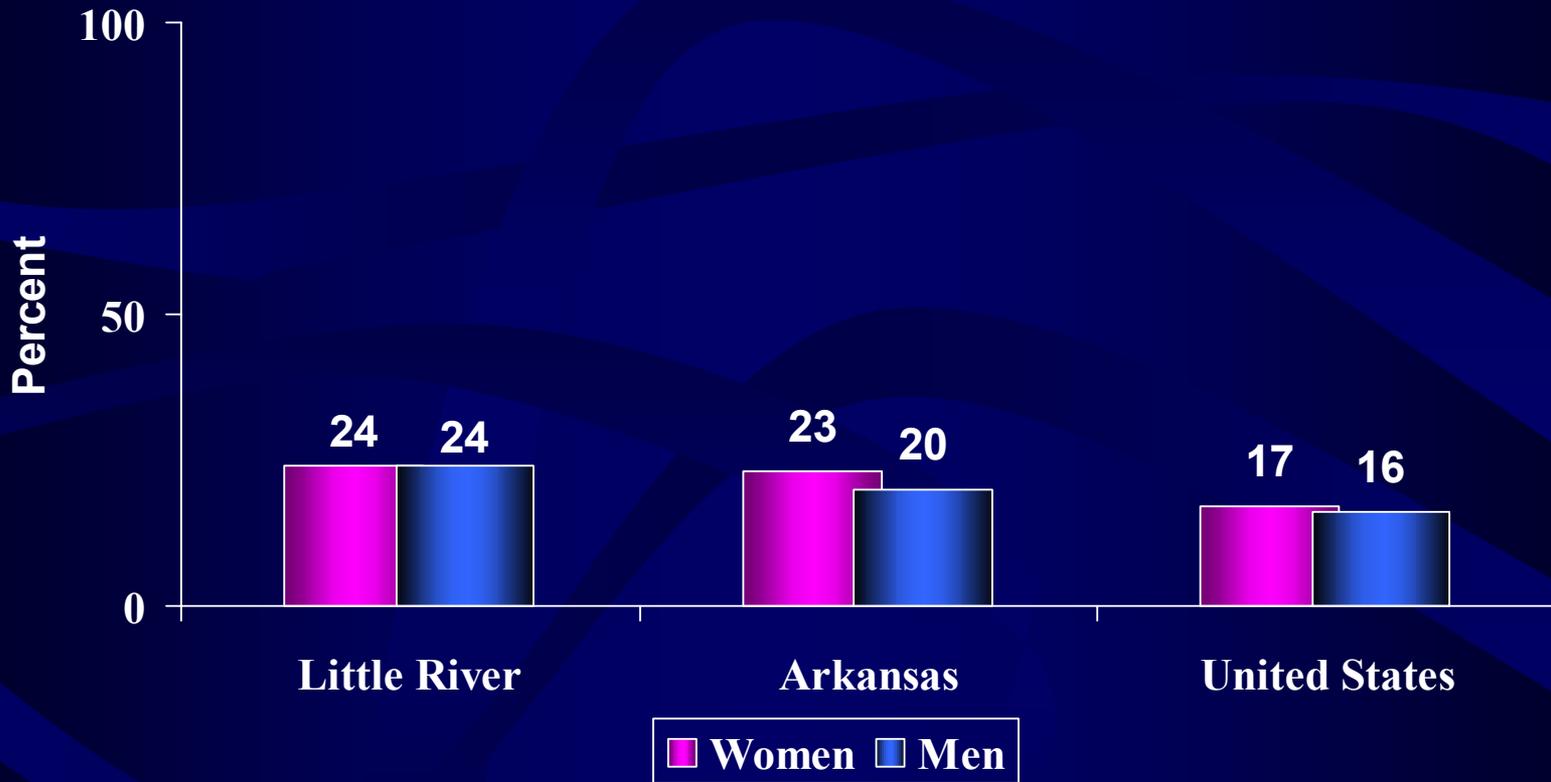
Persons who reported general health as “fair” or “poor”: Little River County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2004-2005).



Source: CAHS, BRFSS

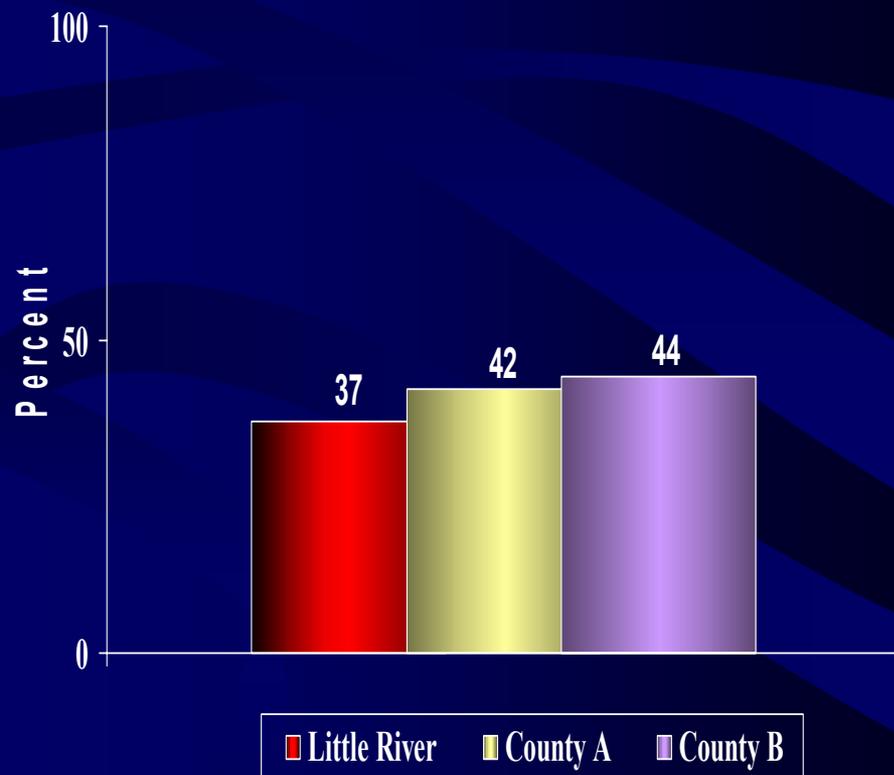
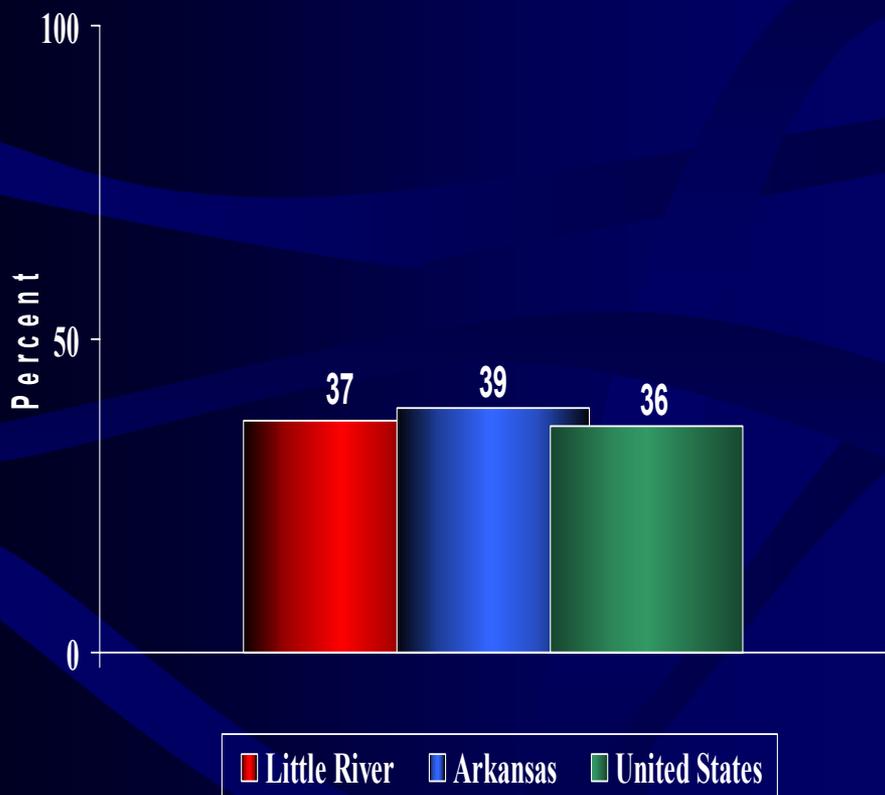
# General Health

Persons who reported general health as “fair” or “poor” by gender: Little River County (2006), Arkansas (2005), and U.S. (2005).



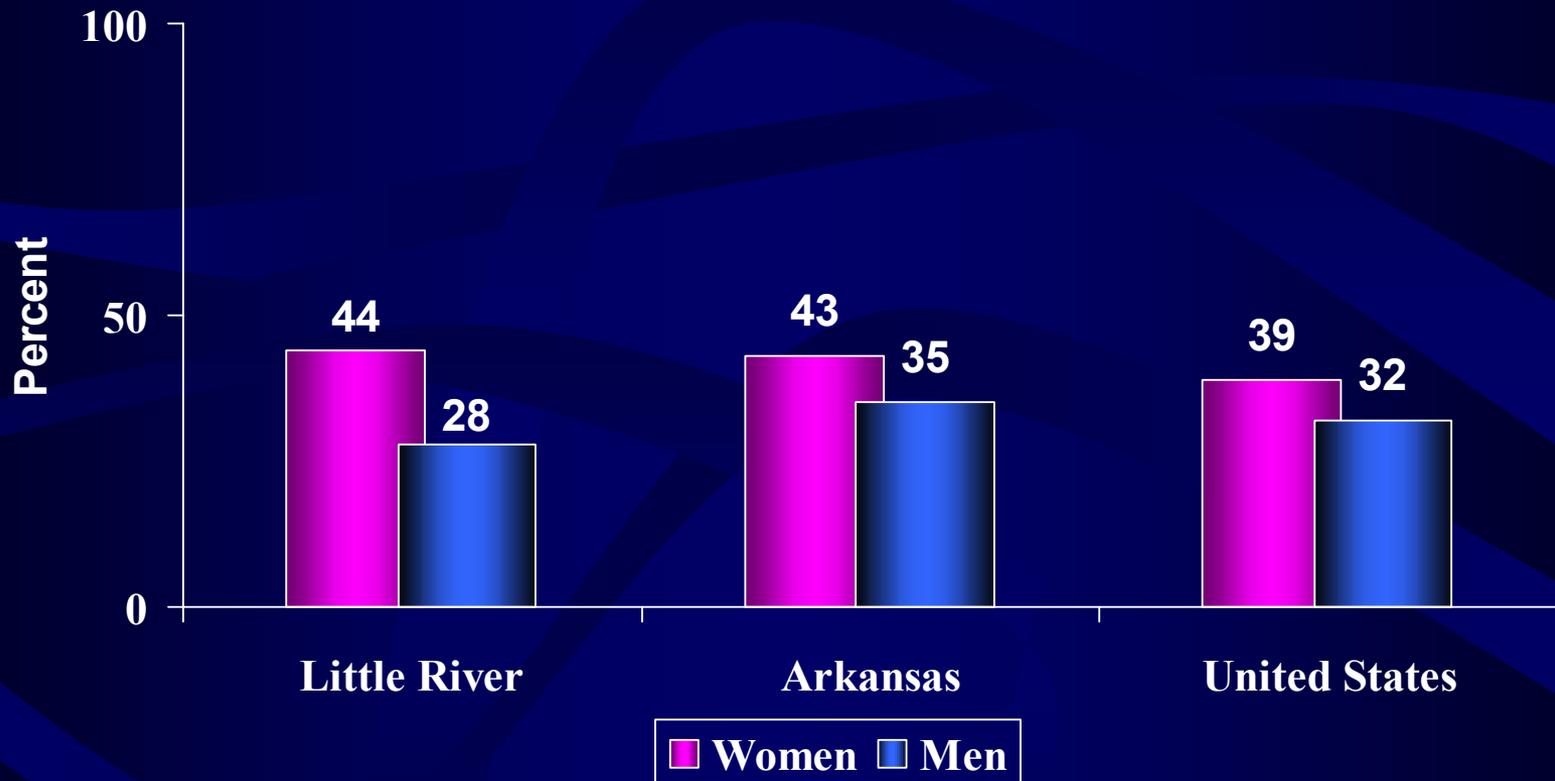
# Physical Health

Persons who reported physical health as “not good”: Little River County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2004-2005).



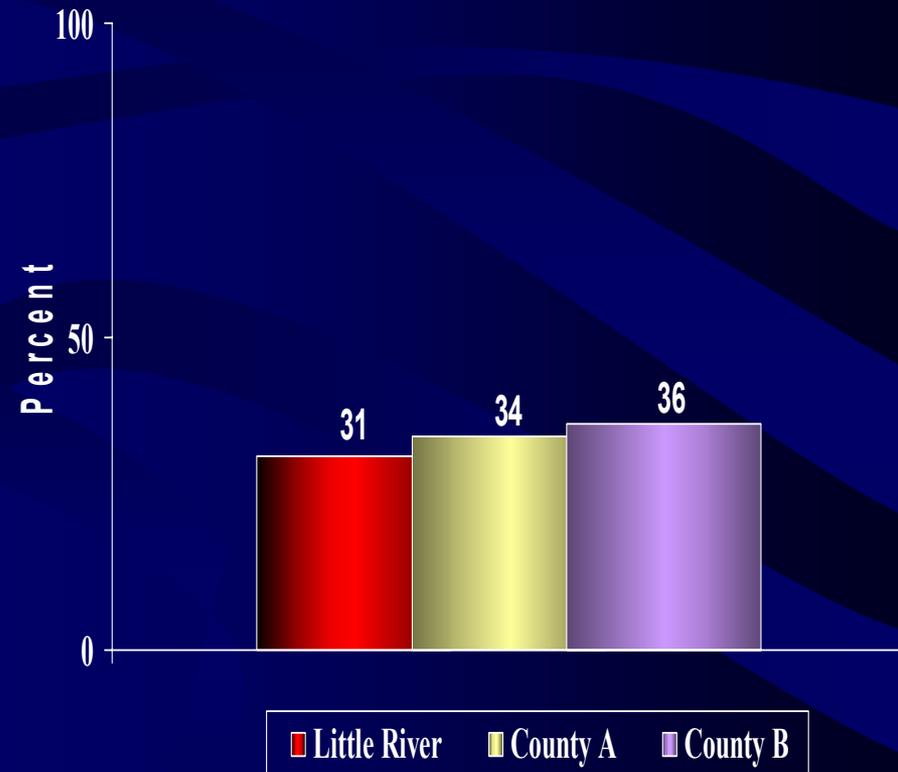
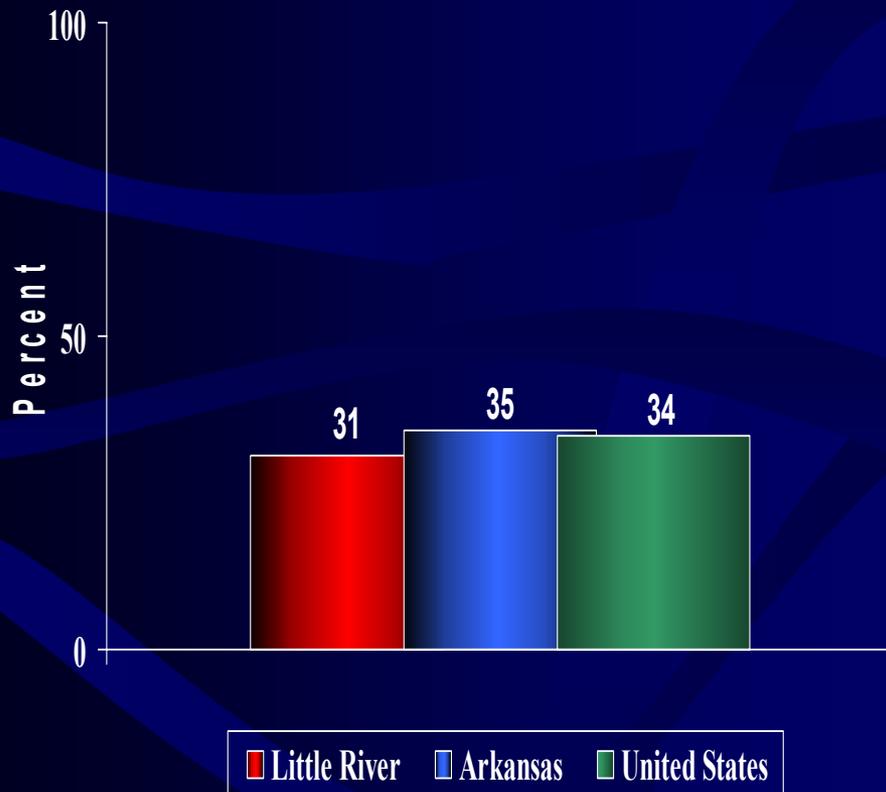
# Physical Health

Persons who reported physical health as “not good” by gender: Little River County (2006), Arkansas (2005), and U.S. (2005).



# Mental Health

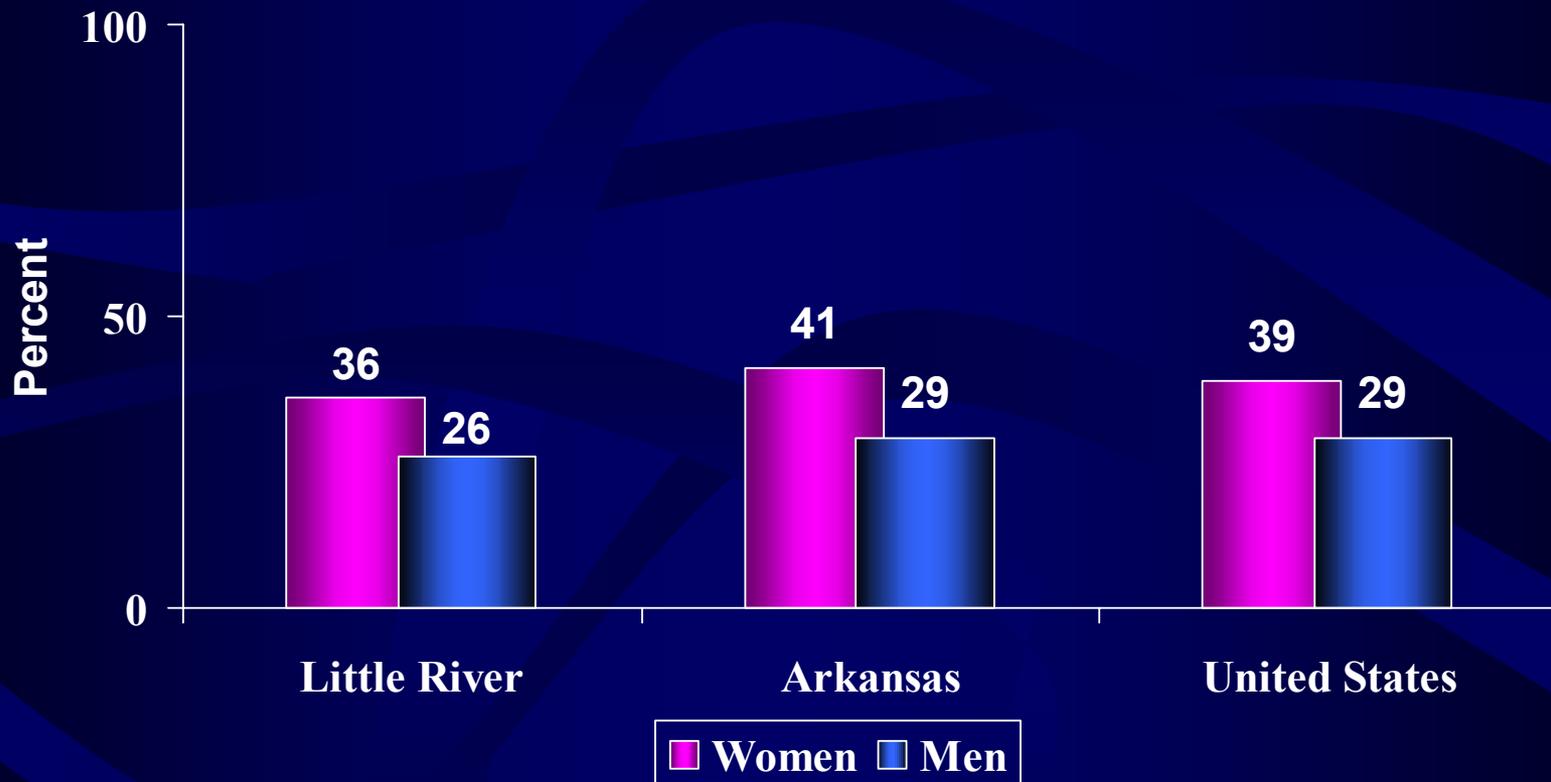
Persons who reported mental health as “not good”: Little River County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2004-2005).



Source: CAHS, BRFSS

# Mental Health

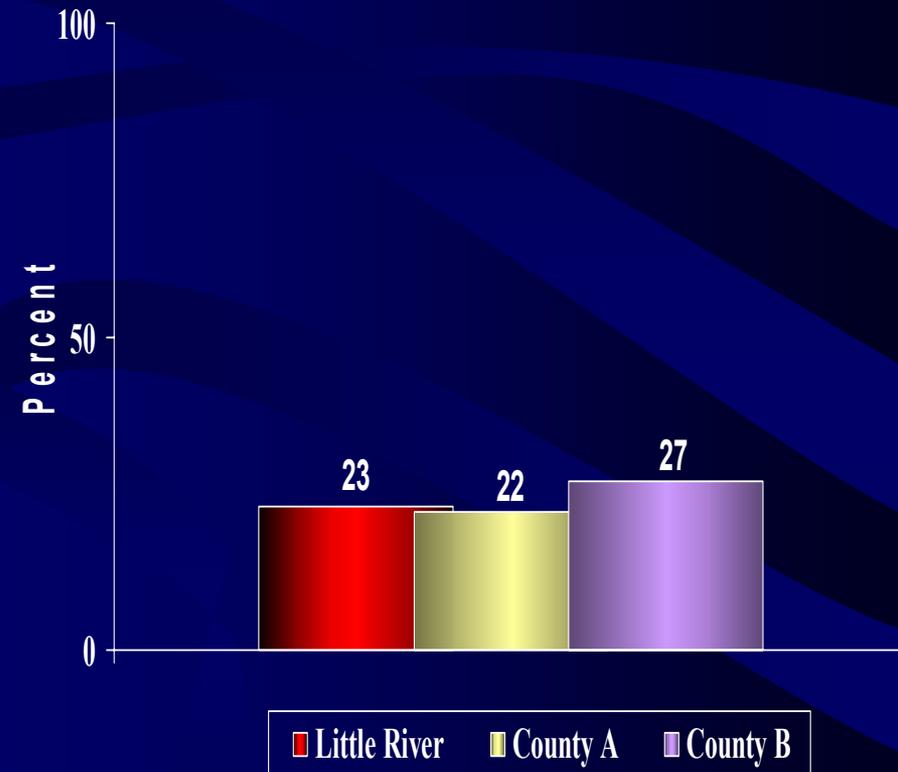
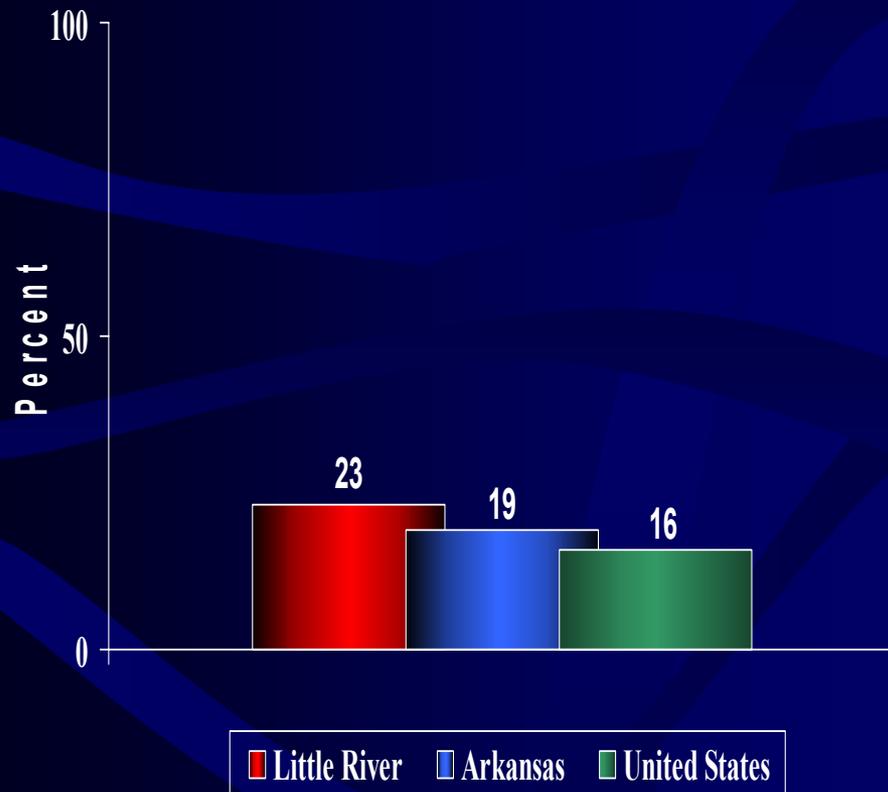
Persons who reported mental health as “not good” by gender: Little River County (2006), Arkansas (2005), and U.S. (2005).



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# Health Care Access

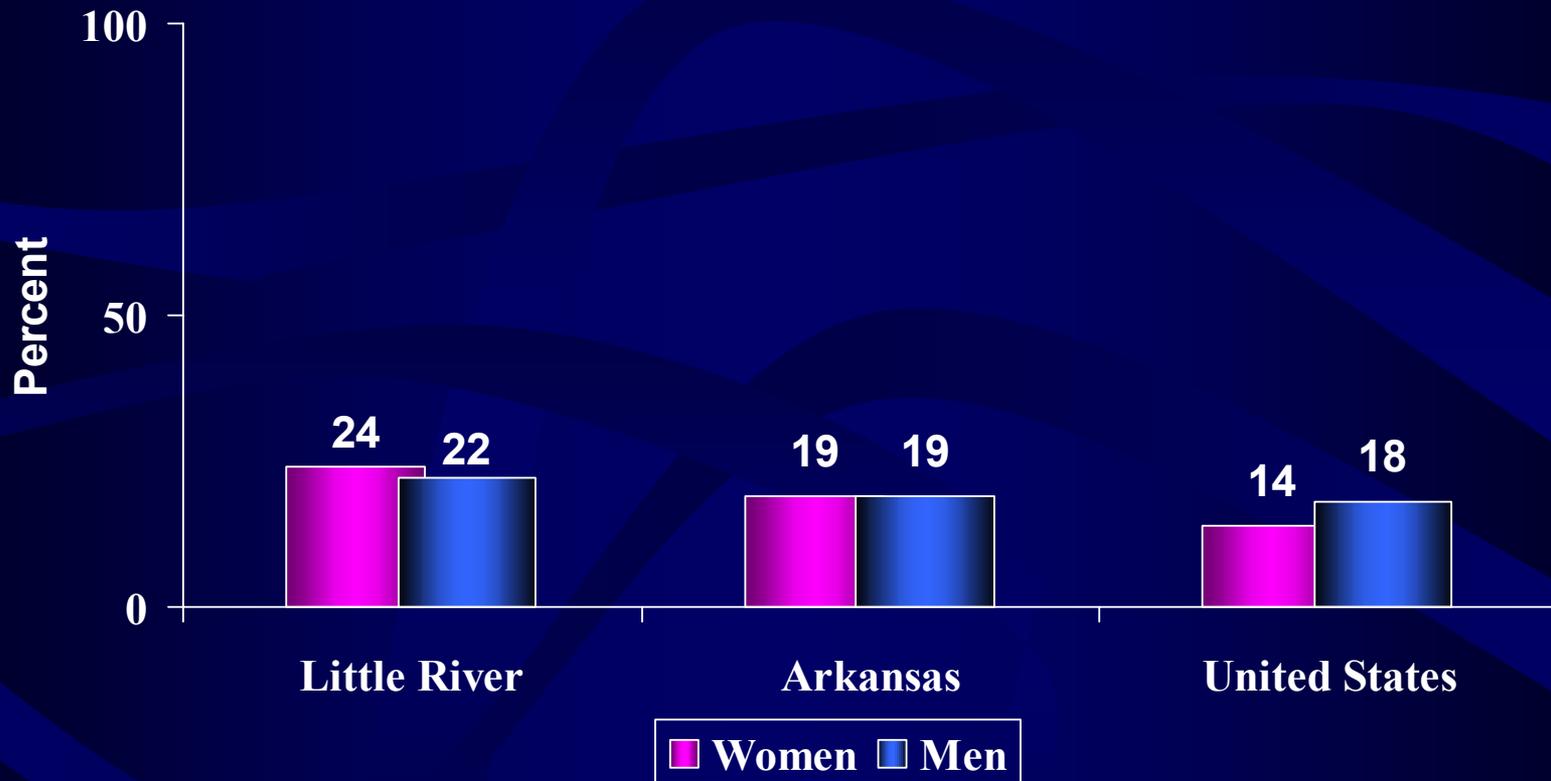
Persons who reported that they did not have health insurance: Little River County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2004-2005).



Source: CAHS, BRFSS

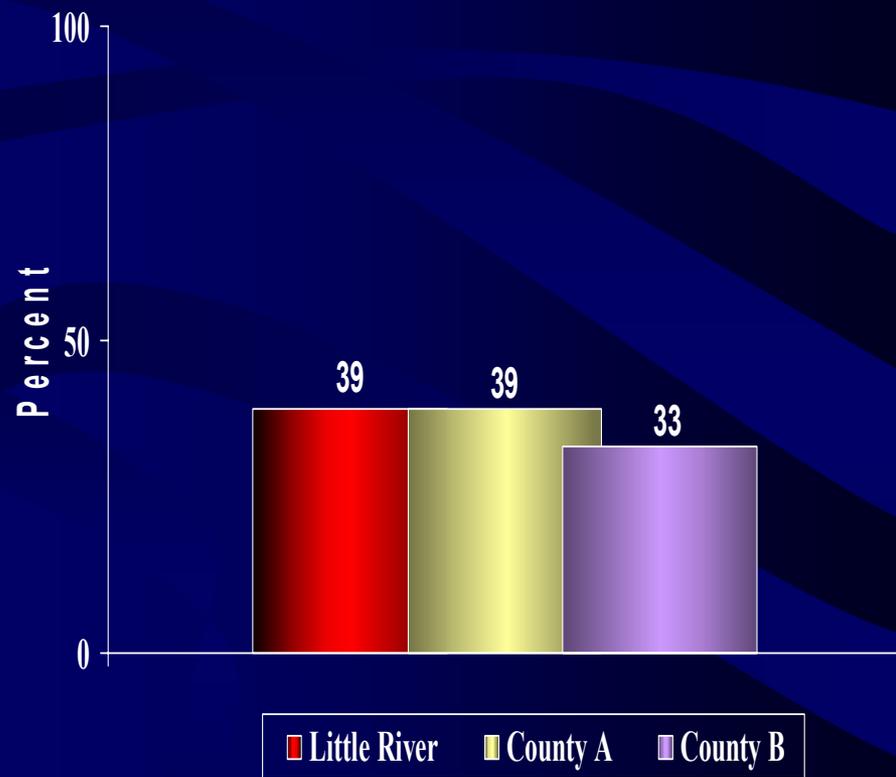
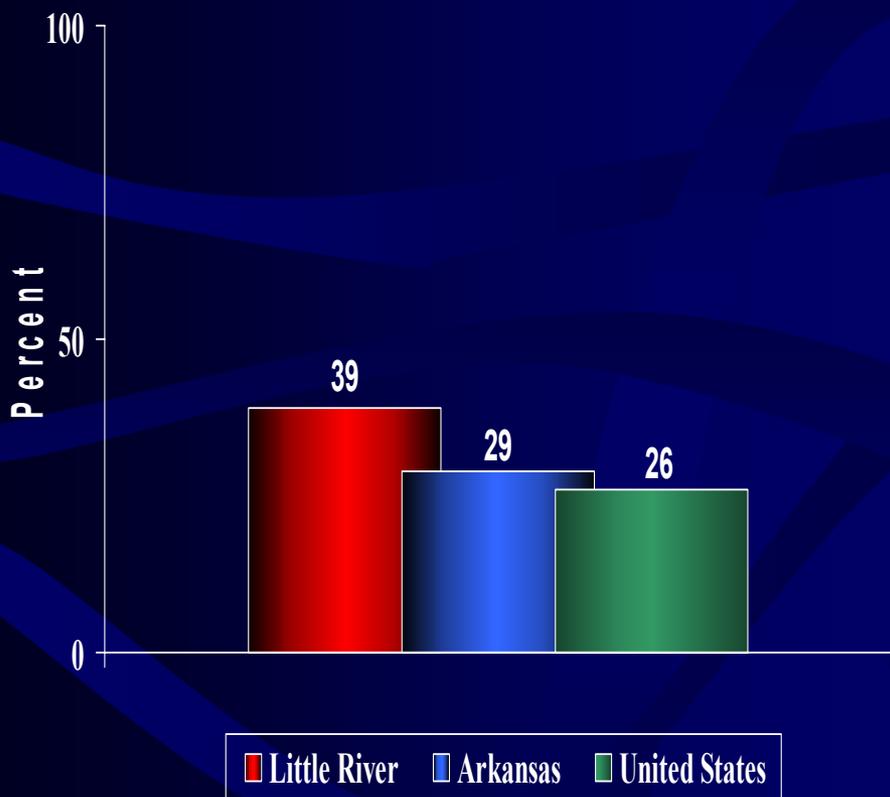
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Persons who reported that they did not have health insurance by gender:  
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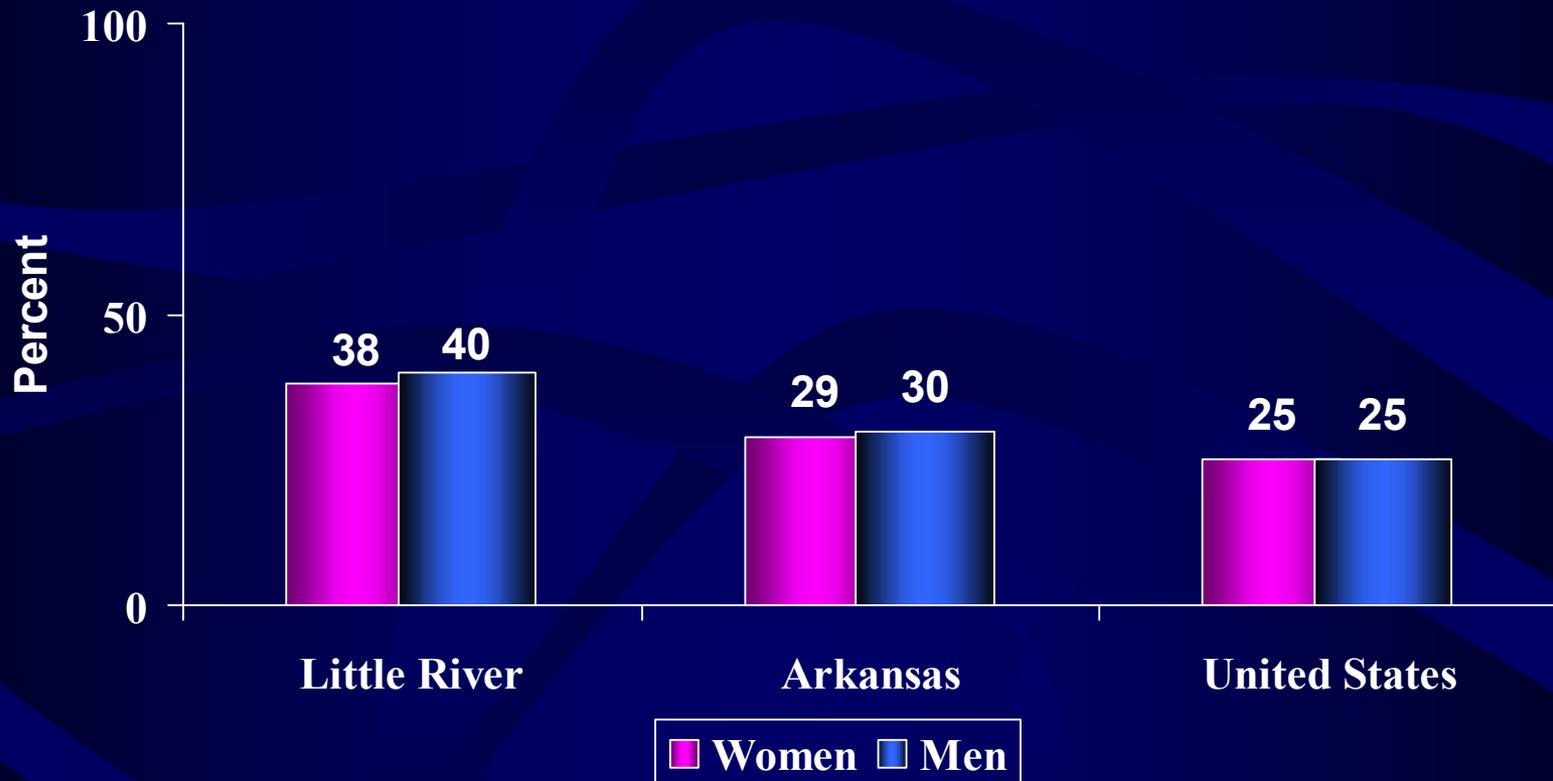
# High Blood Pressure

Persons who reported that they have been diagnosed with high blood pressure: Little River County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2004-2005).



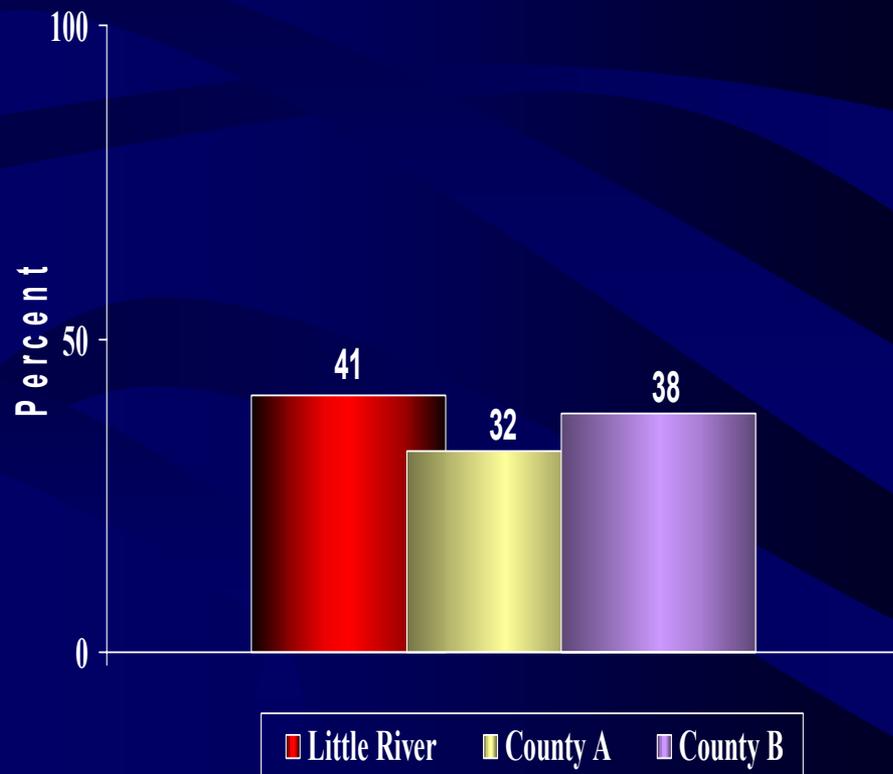
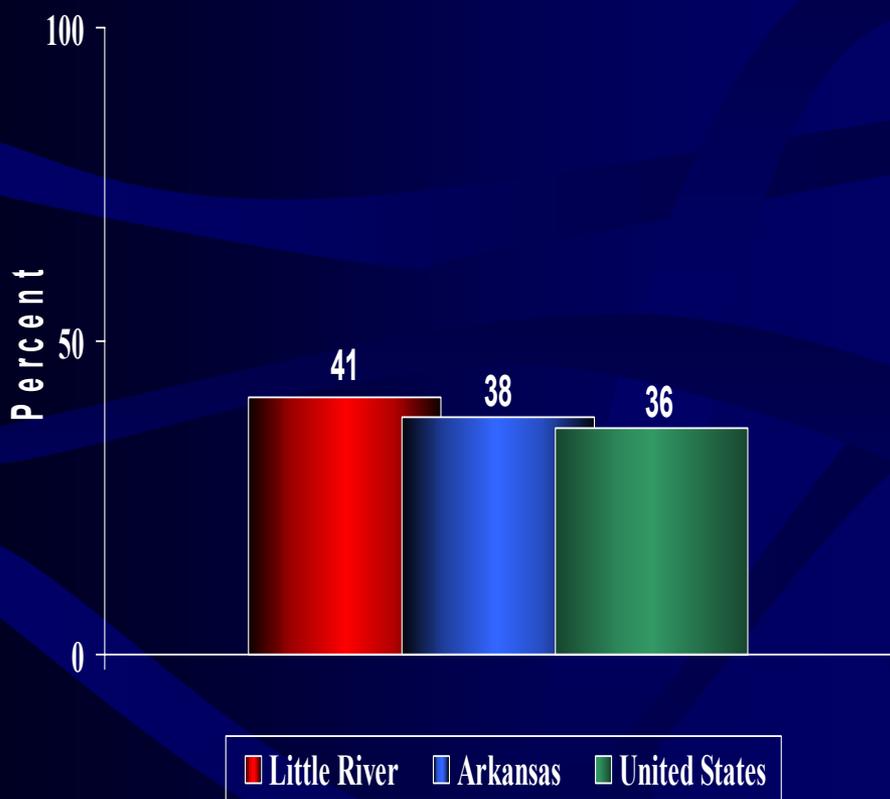
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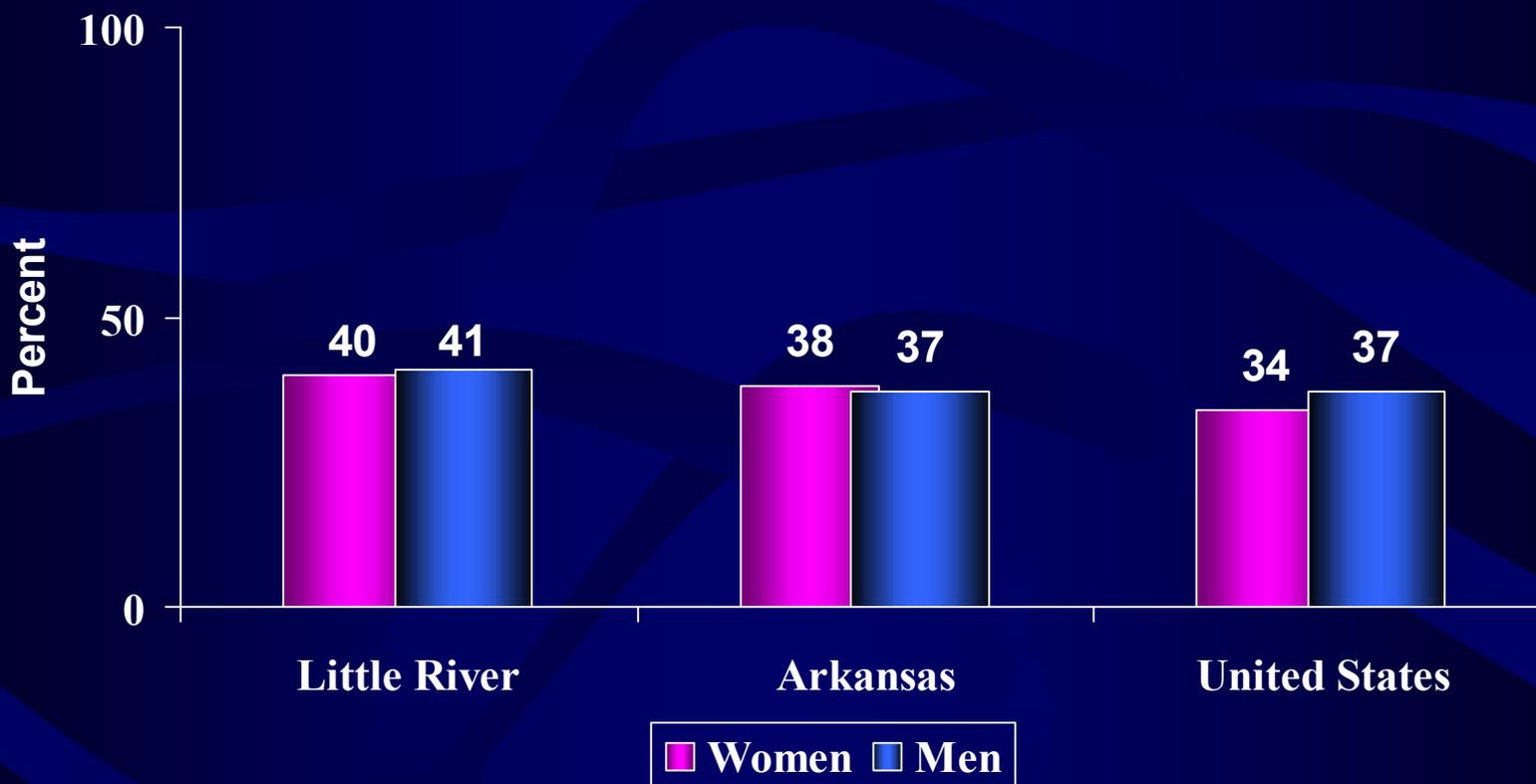
# High Blood Cholesterol

Persons who reported that they have been diagnosed with high blood cholesterol: Little River County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2004-2005).



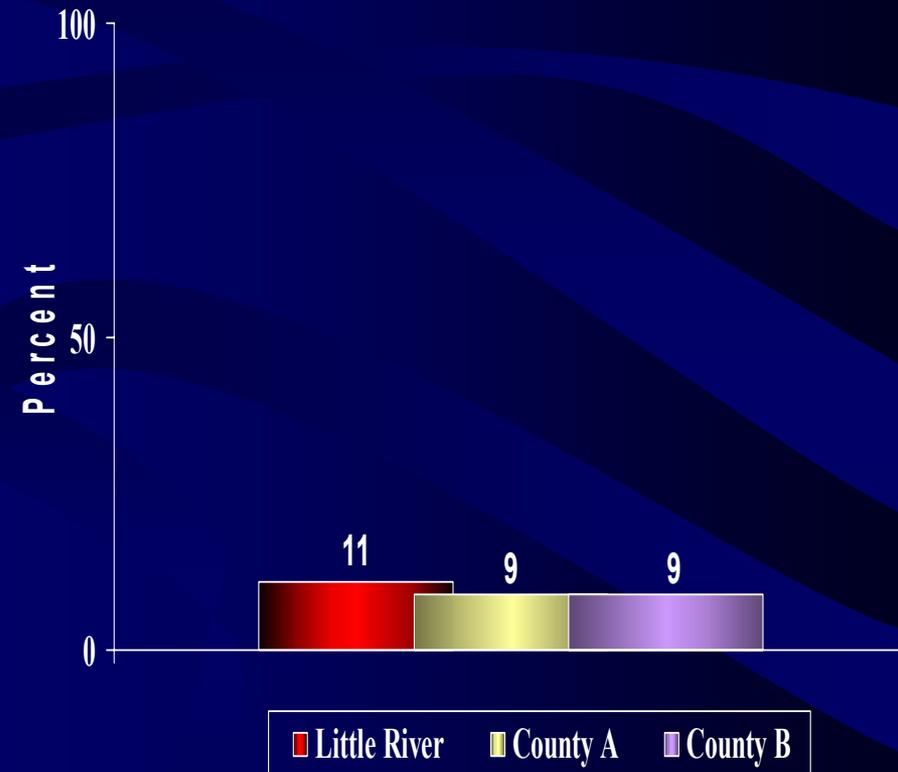
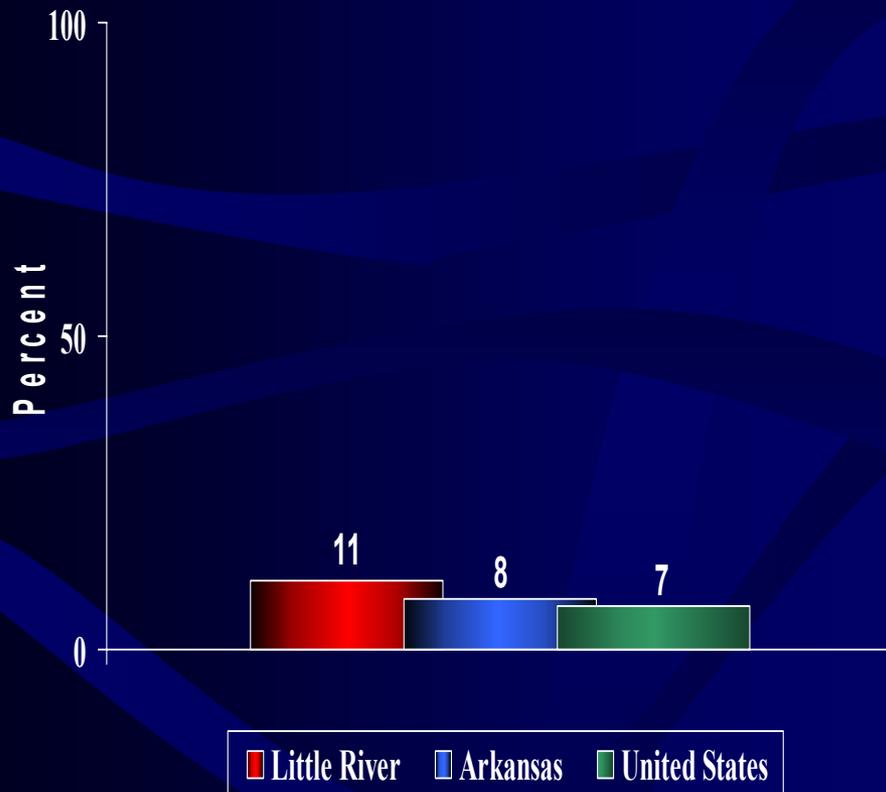
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# Diabetes

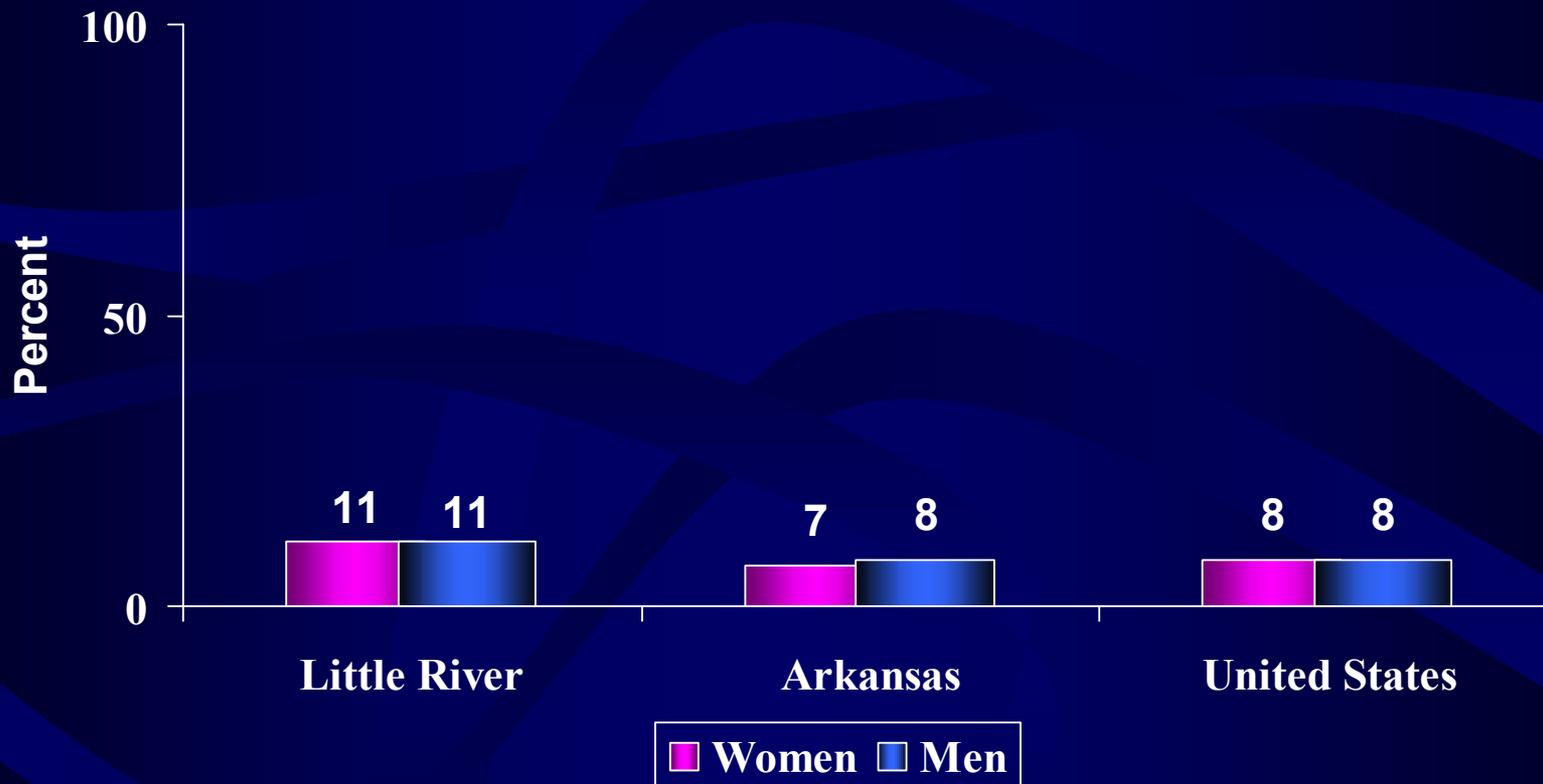
Persons who reported that they have been diagnosed with diabetes: Little River County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2004-2005).



Source: CAHS, BRFSS

# Diabetes

Persons who reported that they have been diagnosed with diabetes by gender:  
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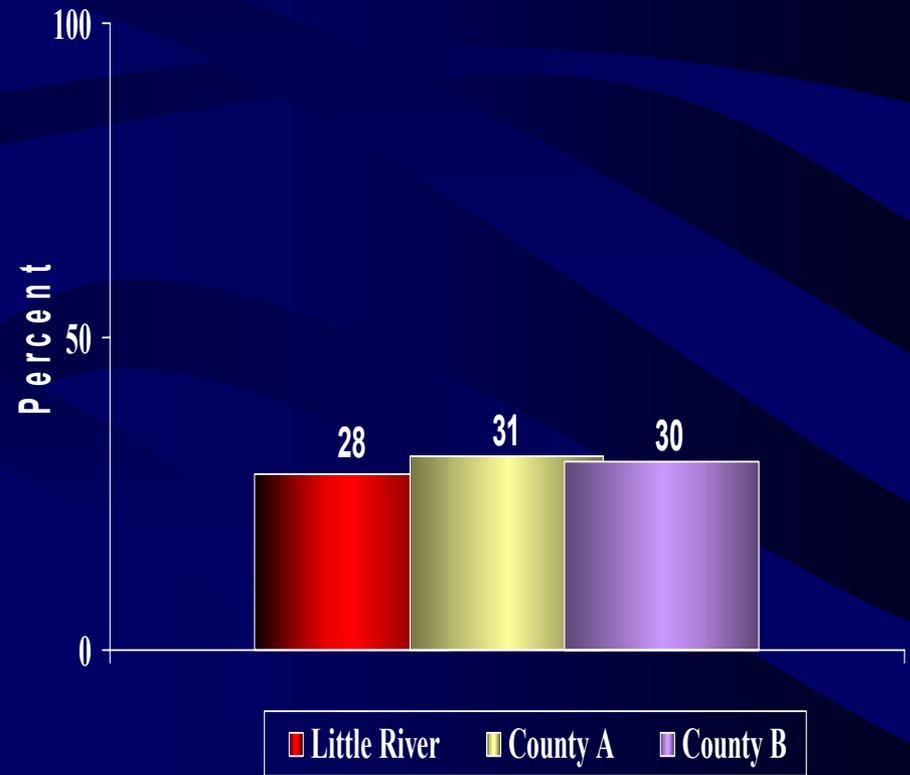
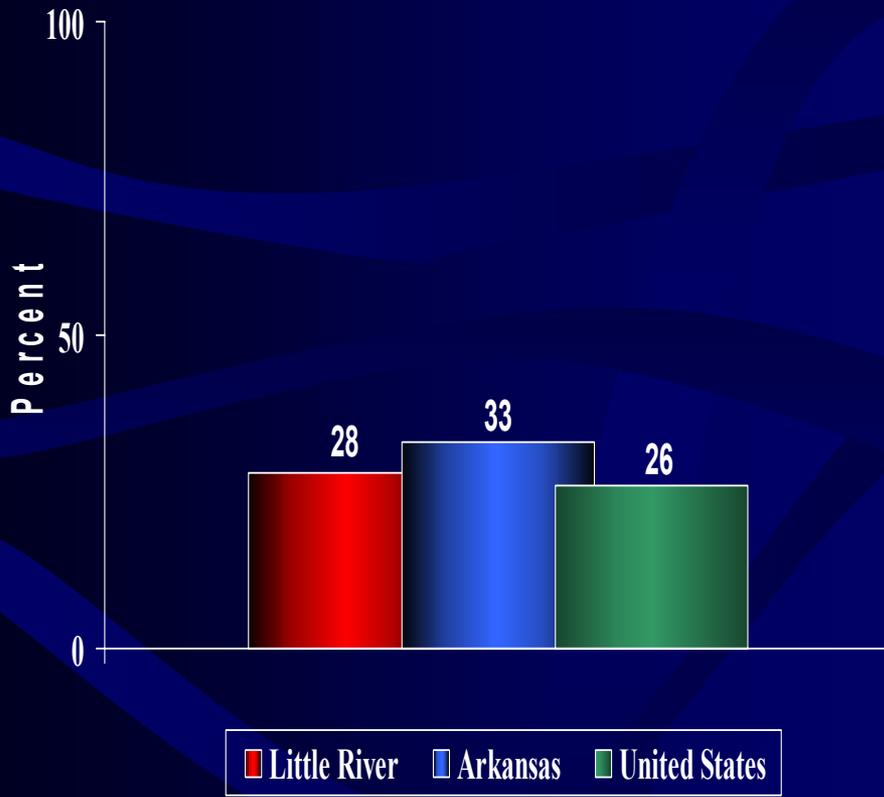
Source: CAHS, BRFSS

# Women's Health

- **These are compared to the most recent statewide and nationwide data**
  - **Mammogram data**
  - **Pap Smear data**

# Mammogram

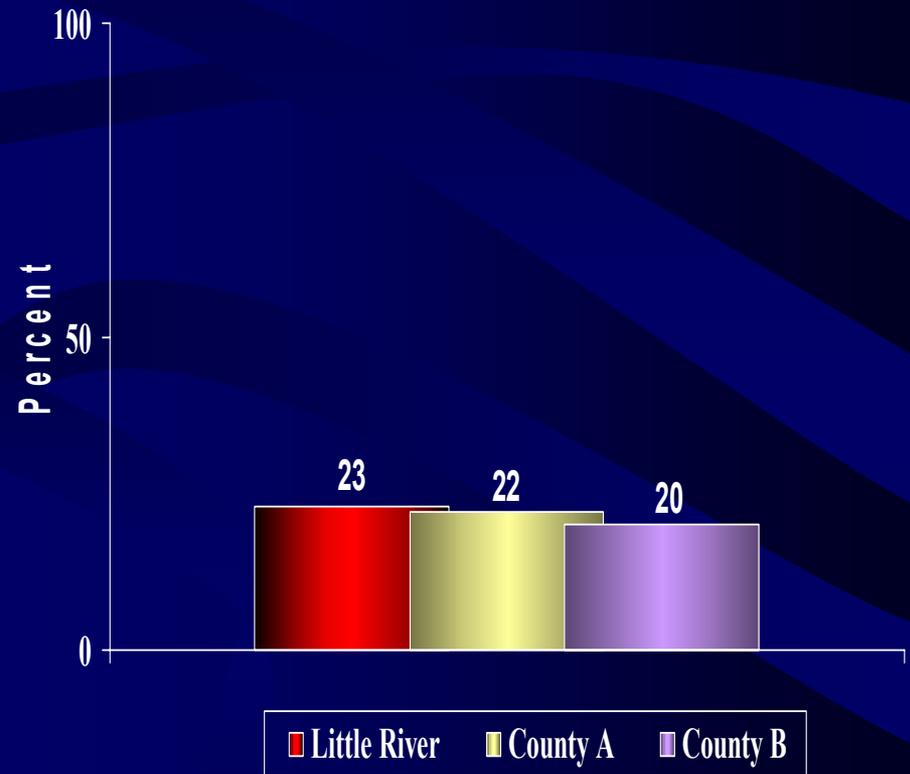
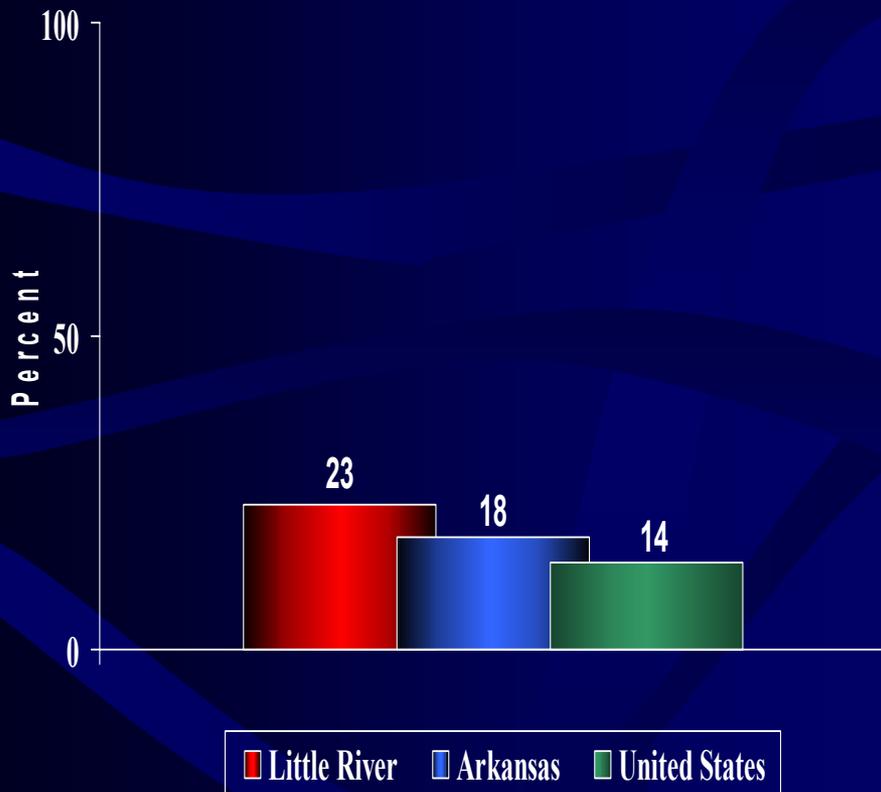
Women over 40 who reported that they had not had a mammogram in the past two years: Little River County (2006), Arkansas (2004), and U.S. (2004) and comparison with two neighboring counties (2004-2005).



Source: CAHS, BRFSS

# Pap Smear

Women who reported that they had not had a pap smear in the past three years: Little River County (2006), Arkansas (2004), and U.S. (2004) and comparison with two neighboring counties (2004-2005).



Source: CAHS, BRFSS

# What Can Your Hometown Health Coalition Do to Make a Difference?

- **Assess**
- **Identify**
- **Develop**
- **Evaluate**