



2013

**Arkansas Behavioral Risk Factor Surveillance System
Questionnaire**

November 12, 2012

Samptype = 1 = land

Samptype = 2 = cell

timers are listed as ettar1 – ettar4

**Behavioral Risk Factor Surveillance System
2013 Questionnaire**

Table of Contents

Table of Contents 2

Landline Interviewer’s Script 3

 002 Go back to Adults question. WARNING: A NEW RESPONDENT WILL BE SELECTED AND YOU NEED A SUPERVISOR’S PASSWORD TO CONTINUE 8

Cell Phone Interviewer’s Intro 8

Core Sections 14

 Section 1: Health Status 14

 Section 2: Healthy Days — Health-Related Quality of Life 15

 Section 3: Health Care Access 16

 Section 4: Inadequate Sleep 17

 Section 5: Hypertension Awareness 18

 Section 6: Cholesterol Awareness 18

 Section 7: Chronic Health Conditions 19

 Module 1: Pre-Diabetes (land and cell) 23

 Module 2: Diabetes (land and cell) 24

 Section 8: Demographics 27

 Language Indicator 40

 Section 9: Tobacco Use 41

 Section 10: Alcohol Consumption 43

 Section 11: Fruits and Vegetables 44

 Section 12: Exercise (Physical Activity) 49

 Section 13: Arthritis Burden 53

 Section 14: Seatbelt Use 56

 Section 15: Immunization 56

 Section 16: HIV/AIDS 57

Optional Modules 59

 Module 6: Sodium or Salt-Related Behavior (land and cell) 59

 Module 8: Cardiovascular Health (land and cell) 59

 Module 19: Social Context (land and cell) 61

 State-Added 1: Skin Cancer/Excess Sun Exposure (land and cell cstate = 1) 63

 State-Added 2: Caregiver (land and cell cstate = 1) 65

 State-Added 3: Cognitive Impairment (same as 2012) (land and cell cstate=1) 71

 State-Added 4: Safety (questions from UAMS Partners for Inclusive Communities) (land and cell cstate = 1) 76

Activity List for Common Leisure Activities (To be used for Section 12: Physical Activity) 82

Landline Interviewer's Script

//answering machine message to be left on the 1st, 4th, and 9th attempts that result in an answering machine disposition (intro1=02, 03)//

Answering Machine message text:

Hello, my name is _____. I am calling on behalf of the **Arkansas Department of Health** to conduct an important study on the health of **Arkansas** residents. We will call again in the next few days to conduct the interview. If you have any questions please call us at 1-866-784-7166 at your convenience. Thanks."

Hola, mi nombre es _____. Llamo en representación del Departamento de Servicios de Salud de Arkansas para realizar un importante estudio sobre la salud de los residentes de Arkansas. Vamos a llamar otra vez en los próximos días para realizar la entrevista. Si usted tiene alguna pregunta, por favor llámenos al 1-866-784-7166 cuando le sea conveniente. Gracias."

//privacy manager to be prompted on the 1st, 4th, and 9th attempts that result in a privacy manager//

Privacy Manager: "We are calling on behalf of the Arkansas Department of Health."

IF MESSAGE ASKS TO ENTER A PHONE NUMBER:

Enter: 1-866-784-7166

"NAME" llamo de parte del Departamento de Servicios de Salud de Arkansas.

Intro1

//ask of all samptype=1//

HELLO, I am calling for the **Arkansas Department of Health**. My name is (name) . We are gathering information about the health of **Arkansas** residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. [INTERVIEWER NOTE: My supervisor may monitor calls for quality control purposes.]

Is this (phone number) ?

01 Continue
02 Terminate
05 Selected on the line
14 Continue in Spanish

HOLA, llamo de parte del **Departamento de Servicios de Salud de Arkansas**. Mi nombre es (name) . Estamos recopilando informacion acerca de la salud de los residentes de **Arkansas**. Este proyecto lo lleva a cabo por el departamento de salud con la asistencia de los Centros para el Control y la Prevencion de Enfermedades. Su numero de telefono fue seleccionado al azar para esta encuesta, por lo que deseo hacerle algunas preguntas sobre salud y sus practicas de salud. [INTERVIEWER NOTE: Mi supervisor puede monitorizar las llamadas para controlar la calidad.]

Estoy hablando al (numero de telefono) ?

**For Resumed Interviews and samptype =1:
//if SEL NE 20 and samptype =1//**

INTRO1

Hello, I'm _____ calling from ICF for the _____ State Department of Health and the Centers for Disease Control and Prevention. We're gathering information on the health and safety of _____ residents. This call is being monitored and recorded for quality control. When we called previously the computer randomly selected the <SEL1> 18 years of age or older to be interviewed.
May I please speak to him/her?

- 01. Transfer to respondent [go to newadult]
- 05 Selected on the line
- 02 Termination screen
- 14 CONTINUE IN SPANISH

Intro1

Hola, soy _____ llamando de ICF para el _____ Departamento de Salud del Estado y los Centros para el Control y la Prevención de Enfermedades. Estamos recopilando información sobre la salud y la seguridad de _____ residente. Esta llamada grabada y monitoriada para el control de calidad. Cuando llamamos previamente el equipo seleccionado al azar el <SEL1> 18 años de edad o más para ser entrevistados.

Podria hablar con el/ella?

**//ask if intro1=1 and samptype = 1//
HS1 Is this a private residence?**

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

- 1 Yes [Go to state of residence]
- 2 No [Go to college housing]
- 3 No, business phone only

//if HS1=3//

BUS Thank you very much but we are only interviewing persons on residential phones lines at this time.

1. continue

BUS. Muchas gracias, pero nosotros sólo estamos entrevistando a personas en las líneas de teléfono residencial en este momento

//if HS1=2//

COLLEGE Do you live in college housing?

READ ONLY IF NECESSARY: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university."

- 1 YES [Go to HS2]
- 2 NO - Business
- 3 NO – Group home
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//if college = 2,3, 7,9 //

X2 Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. **STOP**

1. continue

//if college = 2,3,7,9 assign dispo 26 Not a Private Residence//

//ask of all if samptype = 1//

State of Residence

STRES Do you reside in ____Arkansas?

- 1 Yes [Go to Cellular Phone]
- 2 No
- 7 Don't Know
- 9 Refused

//if stres = 2,7,9//

X3 Thank you very much, but we are only interviewing persons who live in the state of __Arkansas__ at this time. **STOP //dispo 40//**

X3. Muchas gracias , pero nosotros sólo estamos entrevistando a personas que viven en este estado de _____ en este momento.

//ask if HS1=1 or college = 1//

HS2 Is this a cellular telephone?

Interviewer Note: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).

Read only if necessary: “By cellular (or cell) telephone we mean a telephone that is mobile and usable outside of your neighborhood.”

- 1 **No - Not a Cellular Telephone**
- 2 **Yes**

//if HS2=2// HS2X Thank you very much, but we are only interviewing by land line telephones and for private residences or college housing. **STOP //assign dispo 28 cell phone//**
1. continue

//ask of college=1 and hs2=1//

ADULT Are you 18 years of age or older?

- 21 Yes and the respondent is Male
- 22 Yes and the respondent is Female
- 03 No

//if adult=3//

XX3 Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP**

1. **continue**

//if adult=3 assign dispo 27//

//ask if HS1=1 and hs2=1//

ADULTS

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

___ Number of adults [RANGE 0-18]

//if ADULTS = 0 //

X3 I'm sorry we are only interviewing adult residents who are 18 years of age or older.

Thank you."

1. continue

// if adults=0 assign dispo 27//

//ask if ADULTS = 1//

ONEADULT Are you the adult?

- 21 Yes and the respondent is Male
- 22 Yes and the respondent is Female
- 03 No

If "yes,"

Then you are the person I need to speak with.

//if ONEADULT=03//

ASKGENDR Is the adult a man or a woman?

- 21 Male
- 22 Female

//if ONEADULT=03//

GETADULT May I speak with [fill in (him/her) from previous question]?

- 1 Yes, Adult coming to the phone.[GO TO NEWADULT]
- 2 No, not here (interview will terminate) [INTERVIEWER SET APPOINTMENT FOR BEST TIME TO REACH ADULT]

//ASK IF ADULTS>1//

MEN How many of these adults are men

___ Number of men [RANGE 0-18]

//ASK IF ADULTS>1//

WOMEN ... and how many are women?

___ Number of women [RANGE 0-18]

//if samptype=1//
RANDOMLY SELECT ADULT; Assign selected value:
01 Oldest Female
02 2nd Oldest Female
03 3rd Oldest Female
04 4th Oldest Female
05 5th Oldest Female
06 6th Oldest Female
07 7th Oldest Female
08 8th Oldest Female
09 9th Oldest Female
11 Oldest Male
12 2nd Oldest Male
13 3rd Oldest Male
14 4th Oldest Male
15 5th Oldest Male
16 6th Oldest Male
17 7th Oldest Male
18 8th Oldest Male
19 9th Oldest Male
20 No respondent selected
21 One person HH - Male
22 One person HH – Female

//ASK IF ADULTS > 1//

ASFKOR The person in your household that I need to speak with is the **[INSERT SELECTED]**

INTERVIEWER: IF SPEAKING WITH SAME GENDER, ASK: **Are you the person?**

INTERVIEWER: IF SPEAKING WITH OPPOSITE GENDER, ASK: **May I speak with him or her?**

- 1 Yes – Selected is on the line
- 2 Yes – Adult coming to the phone [GO TO NEWADULT]
- 3 No, not here [INTERVIEWER: SET APPOINTMENT TIME]
- 4 Go back to Adults question. Warning: A new respondent may be selected. \n& (You need Supervisor's permission to use this option.)

To the correct respondent:

//if askfor=2 or getadult = 1//

NEWADULT

HELLO, I am calling for the Arkansas Department of Health. My name is (name). We are gathering information about the health of Arkansas residents. This project is conducted by the



health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. [INTERVIEWER NOTE: My supervisor may monitor calls for quality control purposes.]

1. Continue

**//ask if samptype=1//
YOURTHE1**

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call 1-800-462-0599 extension 2003.

[INTERVIEWER: IF NEEDED: The interview takes on average 15-20 minutes depending on your answers.]

001 Person Interested, continue.

002 Go back to Adults question. WARNING: A NEW RESPONDENT WILL BE SELECTED AND YOU NEED A SUPERVISOR'S PASSWORD TO CONTINUE

Cell Phone Interviewer's Intro

//answering machine message to be left on the 1st, and 4th attempts that result in an answering machine disposition (intro1=02, 03)//

Answering Machine message text:

"Hello, the Arkansas Department of Health and the Centers for Disease Control and Prevention are conducting a study about the health of Arkansas residents, and you will be paid \$10 for any time you spend answering our questions if you are eligible for this study. We will call again in the next few days to conduct the interview. If you have any questions please call us, toll-free, at 1-866-784-7166 For most people, the study will be very brief and we would be glad to answer any questions you have. The toll free number again is 1-866-784-7166. Thank you.

//privacy manager to be prompted on the 1st, 4th, and 9th attempts that result in a privacy manager//

Privacy Manager: "We are calling on behalf of the Arkansas Department of Health."

//ask if samptype=2//

Intro1 HELLO, I am calling for the Arkansas Department of Health . My name is (name) . We are gathering information about the health of Arkansas residents, and you will be paid \$10 for any time you spend answering our questions if you are eligible for this study. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention.

I have just a few questions to find out if you are eligible for the study.

INTERVIEWER NOTE: If respondent reports that they do not live in the state mentioned, tell them that they may still be eligible to participate.

[INTERVIEWER NOTE: My supervisor may monitor calls for quality control purposes.]

Is this a safe time to talk with you?

INTERVIEWER NOTE: If respondent reports that they do not live in the state mentioned, tell them that they may still be eligible to participate.

- 01 Yes - Continue
- 02 No - Not a safe time
- 03 Respondent Says – They Do Not Live in this State
- 04 Termination Screen
- 14 CONTINUE IN SPANISH

//if intro1=03//

intro 2

You may still be eligible to participate.

- 01 Continue to next question**
- 07 Termination screen**
- 09 Not a safe time/driving**

//if intro1=1 or intro2=1//

PHONE Is this (phone number) ?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(213)

- 1 **[Go to CELLFON2] YES**
- 2 NO
- 4 **[GO TO CB] NOT A SAFE TIME/DRIVING**
- 7 **[Go to CELLFON2] DON'T KNOW / NOT SURE**
- 9 **[Go to CELLFON2] REFUSED**

If "no," //if PHONE=2//

XPHONE Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP TERM DISP = 23**

1. continue

//if PHONE=1,7,9 ask CELLFON2//

CELLFON2

Is this a cellular telephone?

[Read only if necessary: "By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood".

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(214)

- 1 YES **[Go to CADULT]**

- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

IF "No", //if CELLFON2=2//

Thank you very much, but we are only interviewing cell telephones at this time. **STOP //assign dispo 25//**

If "Don't Know", "Refused", //if CELLFON2=7,9//

Thank you for your time. **STOP //assign dispo 26//**

//if CELLFON2=1 go to CADULT/

//if CELLFON2=1 ask CADULT//

CADULT

Are you 18 years of age or older?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. ASK GENDER IF NECESSARY.

(215)

- 1 YES, Male Respondent **[Go to PVTRES2]**
- 2 YES, Female Respondent **[Go to PVTRES2]**
- 3 NO **[GO TO CADULT2]**
- 4 NOT A SAFE TIME/DRIVING **[Go to CB]**
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

IF "Don't Know", "Refused", //if CADULT=7,9//

Thank you very much for your time. **STOP TERM DISP = 28**

IF "No", //if CADULT=3//

CADULT2

Is there an adult that also uses this cell phone?

- 1 YES **[GO TO CADULT3]**
- 2 NO

//if CADULT2=2// (no adult uses cell phone)

Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP //assign term disp = 27//**

//if CADULT2=1//

CADULT3

May I speak with him or her?

- 1 SWITCHING TO RESPONDENT
- 2 RESPONDENT NOT AVAILABLE/CALLBACK

/if CADULT3=1 go to INTRO1/
 /if CADULT3=2 autocode 105, callback/

//IF CADULT=1,2 ask PVTRES2//

PVTRES2

Do you live in a private residence?

READ ONLY IF NECESSARY: “By private residence, we mean someplace like a house or apartment.”

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. THE PERSON DOES NOT NEED TO BE PHYSICALLY LOCATED IN THEIR PRIVATE RESIDENCE.

(216)

- 1 YES [Go to CSTATE]
- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//if pvtresd2=2//

COLLEGE Do you live in college housing? ([Read only if necessary]: “By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.”)

- 1 YES [Go to CSTATE]
- 2 NO – business
- 3 no – group home
- 4 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//if college = 2,3 //

“Thank you very much for your time, but we are only interviewing persons who live in a private residence or college housing at this time.” STOP – TERMDISP=35

IF “Don’t Know”, “Refused”, //If PVTRES2=7,9 or college = 7, 9//

Thank you very much for your time. **STOP TERM DISP = 29**

//if PVTRES2=1 or college = 1 ask CSTATE//

CSTATE

Are you a resident of Arkansas ?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(217)

- 1 YES [Go to LANDLINE]
- 2 NO [Go to STATE]

- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

IF “Don’t Know”, “Refused”, //If CSTATE=7,9//

Thank you very much for your time. **STOP TERM DISP = 30**

//If CSTATE=2 ask RSPSTATE//

RSPSTATE In what state do you live?

[CATI: IF RSPSTATE = LSTATE RE-CODE CSTATE=1]

(218-219)

_____ ENTER STATE

is a list of the United States and its Territories in alphabetical order:

AL Alabama
AK Alaska
AZ Arizona
AR Arkansas
CA California
CO Colorado
DE Delaware
DC District of Columbia
FL Florida
GA Georgia
HI Hawaii
ID Idaho
IL Illinois
IN Indiana
IO Iowa
KS Kansas
KY Kentucky
LA Louisiana
ME Maine
MD Maryland
MA Massachusetts
MI Michigan
MN Minnesota
MS Mississippi
MO Missouri
MT Montana
NE Nebraska
NV Nevada
NH New Hampshire
NJ New Jersey
NM New Mexico
NY New York
NC North Carolina
ND North Dakota
OH Ohio
OK Oklahoma
OR Oregon
PA Pennsylvania
RI Rhode Island

SC South Carolina
 SD South Dakota
 TN Tennessee
 TX Texas
 UT Utah
 VT Vermont
 VA Virginia
 WA Washington
 WV West Virginia
 WI Wisconsin
 WY Wyoming

99 REFUSED

If Refused:

I'm sorry, but our data is compiled by state. In order to qualify for the interview we need to know which state you live in. Thank you for your time. **STOP TERM DISP = 42**

//ask if samptype=2//

LANDLINE Do you also have a landline telephone in your home that is used to make and receive calls?

READ ONLY IF NECESSARY: "By landline telephone, we mean a "regular" telephone in your home that is connected to outside telephone lines through a cable or cord and is used for making or receiving calls. Please include landline phones used for both business and personal use."

NOTE: Telephone service over the internet counts as landline service. PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(220)

- 1 YES
- 2 NO //Go to INTRO2//
- 7 DON'T KNOW / NOT SURE//Go to TERMINATION//
- 9 REFUSED //Go to TERMINATION//

IF "No", GO TO SURVEY INTRO
IF "Don't Know" or "Refused", GO TO TERMINATION TERM DISP = 32

//if LANDLINE=1 ask PCTCELL//
//if LANDLINE=2 go to svintro//
//if LANDLINE = 7, 9 go to termination//

PCTCELL

Thinking about all the phone calls that you receive on your landline or cell phone, what percent, between 0 and 100, are received on your cell phone? (221-223)

- Enter Percent (1 to 100)
- 8 8 8 Zero
- 7 7 7 Don't know/Not sure
- 9 9 9 Refused

//if PCTCELL <90% go to termination//

TERMINATION

Thank you very much. Those are all the questions that I have for you today.

If PCTCELL = 1-89, 777, 888, 999 term disp = 43

If landline = 7, 9 term disp = 32

//ask if samptype=2//

svintro

Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions, I will provide a telephone number for you to call to get more information.

Is this a safe time to talk with you now or are you driving?

INTERVIEWER NOTE: If respondent indicates it is not safe to talk now, ask "When is a better time to try to call back?" and schedule an appointment.

- | | |
|---|-------------------------|
| 1 | SAFE TIME/NOT DRIVING |
| 2 | DRIVING/NOT A SAFE TIME |
| 9 | REFUSED |

//if svintro = 9// Assign refusal disposition based on refusal count.

//if svintro=1 read: //

svintro2

I will not ask for your last name, address, or other personal information that can identify you. The call may be monitored or recorded for quality assurance purposes. If you have any questions about the survey, please call 1-800-462-0599 extension 2003

[INTERVIEWER NOTE: My supervisor may monitor calls for quality control purposes.]

[INTERVIEWER: IF NEEDED: The interview takes on average 15-20 minutes depending on your answers.]

1. Continue

Core Sections

Section 1: Health Status

//ask of all//

s1q1 Would you say that in general your health is—

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

- 5 Poor

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 2: Healthy Days — Health-Related Quality of Life

//ask of all//

s2q1

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

(74–75)

- — Number of days [RANGE = 1-30]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask of all//

s2q2

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

(76–77)

- — Number of days[RANGE = 1-30]
- 8 8 None **[If Q2.1 and Q2.2 = 88 (None), go to next section]**
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if not (s2q1 = 88 AND s2q2 = 88)//

s2q3

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(78-79)

- — Number of days[RANGE = 1-30]
- 8 8 None
- 7 7 Don't know / Not sure

Section 3: Health Care Access

//ask of all//

S3q1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

(87)

- 1 Yes **[If PPHF state go to Module 4, Question 1, else continue]**
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s3q2 Do you have one person you think of as your personal doctor or health care provider?

If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

(88)

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s3q3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

(89)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CATI Note: If PPHF State go to Module 4, Question 3, else continue

//ask of all//

s3q4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

(90)

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

CATI Note: If PPHF State and Q3.1 = 1 go to Module 4, Question 4a or If PPHF State and Q3.1 = 2, 7, or 9 go to Module 4, Question 4b, or if not a PPHF State go to next section.

Section 4: Inadequate Sleep

//ask of all//

I would like to ask you about your sleep pattern.

s4q1 On average, how many hours of sleep do you get in a 24-hour period?

INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes (1/2 hour) or more up to the next whole hour and dropping 29 or fewer minutes.

(91-92)

- $\overline{0}\overline{0}$ Number of hours [01-24]
- $\overline{7}\overline{7}$ Don't know / Not sure
- 9 9 Refused

Section 5: Hypertension Awareness

//ask of all//

s5q1 Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure? (93)

Read only if necessary: By “other health professional” we mean a nurse practitioner, a physician’s assistant, or some other licensed health professional.

If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”

- | | | |
|---|--|-----------------------------|
| 1 | Yes | |
| 2 | Yes, but female told only during pregnancy | [Go to next section] |
| 3 | No | [Go to next section] |
| 4 | Told borderline high or pre-hypertensive | [Go to next section] |
| 7 | Don’t know / Not sure | [Go to next section] |
| 9 | Refused | [Go to next section] |

//if selected = male and s5q1 = 2//

S5q1a INTERVIEWER: You recorded that the respondent was told by a doctor during pregnancy that she had high blood pressure. Are you sure?
The respondent selected was the an adult.

You have to go back and correct this INCONSISTENCY ERROR.

//ask of s5q1=1//

s5q2 Are you currently taking medicine for your high blood pressure? (94)

- | | |
|---|-----------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don’t know / Not sure |
| 9 | Refused |

Section 6: Cholesterol Awareness

//ask of all//

s6q1 Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked? (95)

- | | | |
|---|-----------------------|-----------------------------|
| 1 | Yes | |
| 2 | No | [Go to next section] |
| 7 | Don’t know / Not sure | [Go to next section] |
| 9 | Refused | [Go to next section] |

//ask if s6q1 = 1//

s6q2 About how long has it been since you last had your blood cholesterol checked? (96)

Read only if necessary:

- | | |
|---|---|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years ago) |
| 3 | Within the past 5 years (2 years but less than 5 years ago) |

4 5 or more years ago

Do not read:

7 Don't know / Not sure
9 Refused

//ask if s6q1 = 1//

s6q3 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high? (97)

1 Yes
2 No
7 Don't know / Not sure
9 Refused

Section 7: Chronic Health Conditions

//ask of all//

S7q1t Now I would like to ask you some questions about general health conditions.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

1. continue

//ask of all//

s7q1 (Ever told) you that you had a heart attack also called a myocardial infarction? (98)

1 Yes
2 No
7 Don't know / Not sure
9 Refused

//ask of all//

s7q2 (Ever told) you had angina or coronary heart disease? (99)

1 Yes
2 No
7 Don't know / Not sure
9 Refused

//ask of all//

s7q3 (Ever told) you had a stroke? (100)

1 Yes
2 No
7 Don't know / Not sure
9 Refused

//ask of all//

s7q4 (Ever told) you had asthma? (101)

- | | | |
|---|-----------------------|--------------|
| 1 | Yes | |
| 2 | No | [Go to Q7.6] |
| 7 | Don't know / Not sure | [Go to Q7.6] |
| 9 | Refused | [Go to Q7.6] |

//ask if s7q4=1//

s7q5 Do you still have asthma? (102)

- | | |
|---|-----------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask of all//

s7q6 (Ever told) you had skin cancer? (103)

- | | |
|---|-----------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask of all//

s7q7 (Ever told) you had any other types of cancer? (104)

- | | |
|---|-----------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask of all//

s7q8 (Ever told) you have Chronic Obstructive Pulmonary Disease or COPD, emphysema or chronic bronchitis? (105)

- | | |
|---|-----------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

//ask of all//

s7q9

(Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

(106)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER NOTE: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter’s syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud’s syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener’s granulomatosis,
- polyarteritis nodosa)

//ask of all//

s7q10 (Ever told) you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?

(107)

- 1 Yes
- 2 No
- 7 Don’t know / Not sure
- 9 Refused

//ask of all//

s7q11 (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.

INTERVIEWER NOTE: Incontinence is not being able to control urine flow.

(108)

- 1 Yes
- 2 No
- 7 Don’t know / Not sure
- 9 Refused

//ask of all//

s7q12 (Ever told) you have diabetes?

(109)

If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”

If respondent says pre-diabetes or borderline diabetes, use response code 4.

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused

//if selected = male and s7q12 = 2//

S7q12a

INTERVIEWER: You recorded that the respondent was told by a doctor during pregnancy that she had diabetes. Are you sure?
The respondent selected was male.

You have to go back and correct this INCONSISTENCY ERROR.

Module 1: Pre-Diabetes (land and cell)

NOTE: Only asked of those not responding "Yes" (code = 1) to Core Q7.12 (Diabetes awareness question).

//ask if s7q12 ne 1//

Mod1_1. Have you had a test for high blood sugar or diabetes within the past three years?

(270)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CATI note: If Core Q7.12 = 4 (No, pre-diabetes or borderline diabetes); answer Q2 "Yes" (code = 1).

//ask if s7q12 ne 1, 4//

Mod1_2 Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

(271)

- 1 Yes
- 2 Yes, during pregnancy
- 3 No
- 7 Don't know / Not sure
- 9 Refused

//if selected = male and mod1_2 = 2//

Mod1_2a

INTERVIEWER: You recorded that the respondent was told by a doctor during pregnancy that she had pre-diabetes or borderline diabetes. Are you sure? The respondent selected was male.

You have to go back and correct this INCONSISTENCY ERROR.

Module 2: Diabetes (land and cell)

//ask if s7q12 = 1//

Mod2_1. How old were you when you were told you have diabetes?

(272-273)

[97 = 97 and older]

__	__	Code age in years [range 01-97] [97 = 97 and older]
9	8	Don't know / Not sure
9	9	Refused

//ask if s7q12 = 1//

Mod2_2. Are you now taking insulin?

(274)

1	Yes
2	No
9	Refused

//ask if s7q12 = 1//

Mod2_3. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(275-277)

1	__	__	Times per day [range 101-199]
2	__	__	Times per week [range 201-299]
3	__	__	Times per month [range 301-399]
4	__	__	Times per year [range 401-499]
8	8	8	Never
7	7	7	Don't know / Not sure
9	9	9	Refused

//ask if s7q12 = 1//

Mod2_4. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(278-280)

1	__	__	Times per day [range 101-199]
2	__	__	Times per week [range 201-299]
3	__	__	Times per month [range 301-399]

4	̄	̄	Times per year [range 401-499]
5	5	5	No feet
8	8	8	Never
7	7	7	Don't know / Not sure
9	9	9	Refused

//ask if s7q12 = 1//

Mod2_5. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

(281-282)

[76 = 76 or more]

			Number of times [range 01-76]
8	8		None
7	7		Don't know / Not sure
9	9		Refused

//ask if s7q12 = 1//

Mod2_6. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

(283-284)

[76 = 76 or more]

- Number of times [range 01-76]
- 8 8 None
- 9 8 Never heard of "A one C" test
- 7 7 Don't know / Not sure
- 9 9 Refused

CATI note: If Q4 = 555 (No feet), go to Q8.

//ask if mod2_4 ne 555//

Mod2_7. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(285-286)

[76 = 76 or more]

- Number of times [range 01-76]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if s7q12 = 1//

Mod2_8. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

(287)

Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- 2 Within the past year (1 month but less than 12 months ago)
- 3 Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused

//ask if s7q12 = 1//

Mod2_9. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(288)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if s7q12 = 1//

Mod2_10. Have you ever taken a course or class in how to manage your diabetes yourself?

(289)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 8: Demographics

//ask of all//

s8q1 What is your age?

(110-111)

- Code age in years [range 18-99]
- 0 7 Don't know / Not sure
- 0 9 Refused

//ask if mod2_1 > s8q1//

S8q1chk You said you were [insert s8q1] years of age and told you have diabetes at age [insert mod2_1]. I must correct this inconsistency.

Usted dijo que tenia \:s8q1: anos de edad y que le dijeron que tenia diabetes a la edad de \:mod2_1:.

Debo corregir este error.

1. Continue

//ask of all//

s8q2 Are you Hispanic, Latino/a, or Spanish origin?

- 1 No, not of Hispanic, Latino/a, or Spanish origin
- 2 Yes
- 7 Don't Know
- 9 Refused

(112-115)

//if s8q2=2//

S8q2b Are you...

Interviewer Note: One or more categories may be selected.

READ LIST

- 1 Mexican, Mexican American, Chicano/a
- 2 Puerto Rican
- 3 Cuban
- 4 Another Hispanic, Latino/a, or Spanish origin

Do not read:

- 7 Don't know / Not sure
- 9 Refused

[DP note: CDC lists this as one question, s8q2, response 1 = not Hispanic, 2-5 hispanic options. Deliver based on cdc layout]

//ask of all//

s8q3 Which one or more of the following would you say is your race?

(116-143)

Interviewer Note: Select all that apply.

Interviewer Note: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

[INTERVIEWER NOTE: Enter Caucasian response as 10-White. Enter Native American Response as 30 – American Indian or Alaska Native.]

Please read: [MUL = 5]

- 10 White**
- 20 Black or African American**
- 30 American Indian or Alaska Native**
- 40 Asian**
- 50 Pacific Islander**

Do not read:

- 60 Other
- 77 Don't know / Not sure
- 99 Refused

//ask if s8q3=40//

S8q3a Is that...

Interviewer Note: Select all that apply. [mul=7]

- 41 Asian Indian
- 42 Chinese
- 43 Filipino
- 44 Japanese
- 45 Korean
- 46 Vietnamese
- 47 Other Asian
- 77 Don't Know
- 99 Refused

//if s8q3 = 50

S8q3pi **Is that...**

Interviewer Note: Select all that apply. [mul=4]

- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander
- 77 Don't Know
- 99 Refused

[DP note: s8q3 is presented as one question, combine s8q3a and s8q3pi into s8q3 for delivery]

CATI note: If more than one response to Q8.3; continue. Otherwise, go to Q8.5.

//ask if s8q3 = mul//

s8q4 Which one of these groups would you say best represents your race?

Interviewer Note: If 04 (Asian) or 05 (Pacific Islander) is selected read and code subcategory underneath major heading.

(144-145)

[INTERVIEWER NOTE: Enter Caucasian response as 10-White. Enter Native American Response as 30 – American Indian or Alaska Native.]

- 10 White**
- 20 Black or African American**
- 30 American Indian or Alaska Native**
- 40 Asian**
- 50 Pacific Islander**

Do not read:

- 60 Other
- ~~88~~ ~~No additional choices~~
- 77 Don't know / Not sure
- 99 Refused

//(ask if s8q3a = mul) OR (s8q3=mul and s8q4=40)//

S8q4a

Interviewer: if multiple Asian races given, read: Which one of these groups would you say best represents your race?

Is that...

- 41 Asian Indian
- 42 Chinese
- 43 Filipino
- 44 Japanese
- 45 Korean
- 46 Vietnamese

- 47 Other Asian
- 77 Don't Know
- 99 Refused

//(ask if s8q3pi = mul) OR (s8q3=mul and s8q4=50)//
S8q4pi

Interviewer: If multiple Pacific Islander races given, read: Which one of these groups would you say best represents your race?

Is that...

- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander
- 77 Don't Know
- 99 Refused

//ask of all//

s8q5

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

(146)

- 1 Yes
- 2 No

Do not read:

- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s8q6

Are you...?

(147)

Please read:

- 1 Married
- 2 Divorced
- 3 Widowed
- 4 Separated
- 5 Never married

Or

- 6 A member of an unmarried couple

Do not read:

- 9 Refused

//ask of all//

s8q7

How many children less than 18 years of age live in your household?

(148-149)

[Interviewer: 15 = 15 or more
88 = None
99 = Refused]

— — Number of children [range 1-15]
8 8 None
9 9 Refused

//ask if s8q7=1-15//

(S8Q7CHK) Just to be sure - you have ___ child under 18 living in your household. Is that correct?

- 1 YES
- 2 NO
- 9 REFUSED

//ask of all//

s8q8 What is the highest grade or year of school you completed? (150)

Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

Do not read:

- 9 Refused

//ask of all//

s8q9 Are you currently...? (151)

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 **Out of work for 1 year or more**
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

Or

- 8 Unable to work

Do not read:

9 Refused

//ask of all//

s8q10 Is your annual household income from all sources—

(152-153)

If respondent refuses at ANY income level, code '99' (Refused)

Read only if necessary:

S8q10A [04] Less than \$25,000 (\$20,000 to less than \$25,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," ask 05; if "yes," ask 03]

//ask if s8q10A = 1//

S8q10B [03] Less than \$20,000 (\$15,000 to less than \$20,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 04; if "yes," ask 02]

//ask if s8q10B = 1//

S8q10C [02] Less than \$15,000 (\$10,000 to less than \$15,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 03; if "yes," ask 01]

//ask if s8q10C=1//

S8q10D [01] Less than \$10,000

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 02]

//ask if s8q10A = 2//

S8q10E [05] Less than \$35,000 (\$25,000 to less than \$35,000)

- 1 Yes
- 2 No
- 7 Don't Know

9 Refused
[If “no,” ask 06]

//ask if s8q10E = 2//

S8q10F [06] Less than \$50,000 (\$35,000 to less than \$50,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If “no,” ask 07]

//ask if s8q10F = 2//

S8q10G [07] Less than \$75,000 (\$50,000 to less than \$75,000)

- 1 Yes
- 2 No
- 7 Don't know
- 9 Refused

[If “no,” code 08]

[08] \$75,000 or more

//ask if s8q10A-s8q10G ne 7,9//

S8q10AA Your Annual Household Income is **[enter range from code in s8q10A-G]**

Is This Correct?

- 1 No, re-ask question **[GO TO S8Q10A]**
- 2 Yes, correct as is. **[CONTINUE]**

//ask of all//

Ps8q11 About how much do you weigh without shoes?
 ENTER “P” FOR WEIGHT GIVEN IN POUNDS
 ENTER “K” FOR WEIGHT GIVEN IN KILOGRAMS

- P pounds
- K kilograms
- 7 Don't Know

(117-120)

- 9 Refused

//ask if ps8q11 = P//

S8q11 About how much do you weigh without shoes?

NOTE: If respondent answers in metrics, put “9” in column 117.

Round fractions up

____ Weight
 (pounds) [Range 50-776,]

//ask if s8q11 =50-79 OR 351-776//

S8q11_A: Just to double-check, you indicated \:s8q11: pounds as your weight.

IS THIS CORRECT?

1. Yes
2. No [go back to s8q11]

//ask if ps8q11 = K//

S8q11M About how much do you weigh without shoes?

(121-124)

NOTE: If respondent answers in metrics, put “9” in column 174.

Round fractions up

_ _ _ Weight(kilograms) [Range 23-352,]

//ask if s8q11m = 23-352 and ps8q11 = “k”

S8q11am: Just to double-check, you indicated \:s8q11m: kilograms as your weight.

IS THIS CORRECT?

1. Yes
2. No, [go back to s8q11m]

//ask of all//

Ps8q12 About how tall are you without shoes?

ENTER “F” FOR HEIGHT GIVEN IN FEET
 ENTER “M” FOR HEIGHT GIVEN IN CENTIMETERS

- | | |
|---|-------------|
| F | feet |
| M | centimeters |
| 7 | Don't Know |
| 9 | Refused |

//ask if ps8q12=f//

S8q12 About how tall are you without shoes?

(140-143)

NOTE: If respondent answers in metrics, put “9” in column 121.

Round fractions down

[Enter height in Feet and Inches]
[Ex: 5 feet 9 inches would be entered as 509]

__ / __ Height[Range 300-311, 400-411, 500-511, 600-611, 700-711]

//ask if s8q12 = 300-407, 609-711]

S8q12a: Just to double check, you indicated you are //enter feet from s8q12// FEET //enter inches from s8q12// INCHES TALL.

IS THIS CORRECT?

1. Yes
2. No, go back to s8q12

//ask if ps8q12 = M//

S8q12M About how tall are you without shoes?

NOTE: If respondent answers in metrics, put "9" in column 126.

Round fractions down
[Enter height in centimeters]
[Ex: 2 meters 5 centimeters would be entered as 205

--- Height[Range 90-254]

//ask if s8q12m = 90-254 and ps8q12=M//

S8q12am: Just to double check, you indicated you are //s8q12m// centimeters tall.

IS THIS CORRECT?

1. Yes
- 2 No [go back to s8q12m]

//if samptype=2 and CSTATE = 2 //

cnty What county or town do you live in?

888 GAVE RESPONSE

777 DON'T KNOW/NOT SURE

999 REFUSED

//if cnty =888//

cntyo:

INTERVIEWER: ENTER THE COUNTY BELOW

//if cnty=888//

cntyc

I want to make sure that I got it right.

You said you live in the county of [INSERT COUNTY FROM CNTYO].
Is that correct?

1 Yes, correct as is

2 No, re-ask question

//ask if samptype=1 OR if (samptype=2 and (CSTATE = 1 AND [LSTATE = AR]))

ARCNTY What county do you live in?
(125-127)

001	Arkansas
003	Ashley
005	Baxter
007	Benton
009	Boone
011	Bradley
013	Calhoun
015	Carroll
017	Chicot
019	Clark
021	Clay
023	Cleburne
025	Cleveland
027	Columbia
029	Conway
031	Craighead
033	Crawford
035	Crittenden
037	Cross
039	Dallas
041	Desha
043	Drew
045	Faulkner
047	Franklin
049	Fulton
051	Garland
053	Grant
055	Greene
057	Hempstead
059	Hot Spring
061	Howard
063	Independence
065	Izard
067	Jackson
069	Jefferson
071	Johnson
073	Lafayette

075	Lawrence
077	Lee
079	Lincoln
081	Little River
083	Logan
085	Lonoke
087	Madison
089	Marion
091	Miller
093	Mississippi
095	Monroe
097	Montgomery
099	Nevada
101	Newton
103	Ouachita
105	Perry
107	Phillips
109	Pike
111	Poinsett
113	Polk
115	Pope
117	Prairie
119	Pulaski
121	Randolph
125	Saline
127	Scott
129	Searcy
131	Sebastian
133	Sevier
135	Sharp
123	St. Francis
137	Stone
139	Union
141	Van Buren
143	Washington
145	White
147	Woodruff
149	Yell

— — — ANSI County Code (formerly FIPS county code)
7 7 7 Don't know / Not sure
9 9 9 Refused

//ask if arcnty (001-149)

ar_chk

I want to make sure that I got it right.

You said you live in the county of [\U\B\s7q13:].
Is that correct?

- 1 Yes, correct as is\n
- 2 No, re-ask question

//ask of all//

s8q14 What is the ZIP Code where you live? (165-169)

-- -- -- -- ZIP Code [RANGE = 71600-72999; cell range 00000-99999]

7 7 7 7 7 Don't know / Not sure

9 9 9 9 9 Refused

//ask if s8q14ar ne 77777, 99999//

S8q14car I just want to confirm, you said your zip code is [insert s8q14ar]. Is that correct?

- 1. Yes, correct zip code.
- 2. No, incorrect zip code.

//ask if samptype=1//

s8q15 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (170)

- 1 Yes
- 2 No **[Go to Q8.17]**
- 7 Don't know / Not sure **[Go to Q8.17]**
- 9 Refused **[Go to Q8.17]**

//ask if s8q15 = 1//

s8q16 How many of these telephone numbers are residential numbers? (171)

INTERVIEWER: **[6 = 6 or more]**

-- Residential telephone numbers [range 1-6]

7 Don't know / Not sure

9 Refused

s8q16A:

!IF [s8q16] > 3 and [s8q16 < 7) OR ([s8q16] > [ADULTS])

I am sorry, just to double check, you indicated you have \:s8q16: residential phones in your household.

IS THIS CORRECT?

Perdoneme pero usted indico que tiene \:s8q16: telefonos residenciales en su hogar. Es esto correcto?

- 1 Yes, correct as is
- 2 No, re-ask question

//ask if samptype = 1//

s8q17 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use. (172)

- 1 Yes
- 2 No [Go to Q8.19]
- 7 Don't know / Not sure [Go to Q8.19]
- 9 Refused [Go to Q8.19]

//ask if s8q17=1//

s8q18 Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone? (173-175)

- — — Enter percent (1 to 100)
- 8 8 8 Zero
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

//ask of all//

s8q19 Have you used the internet in the past 30 days? (176)

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

//ask of all//

s8q20 Do you own or rent your home?

INTERVIEWER NOTE: "Other arrangement" may include group home, staying with friends or family without paying rent.

NOTE: Home is defined as the place where you live most of the time/the majority of the year. (177)

- 1 Own
- 2 Rent
- 3 Other arrangement
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s8q21 Indicate sex of respondent. **Ask only if necessary.**

- 1 Male **[Go to Q8.23]**
- 2 Female **[If respondent is 45 years old or older, go to Q8.23]**

//ask if s8q21=2 AND s8q1<45//

s8q22 To your knowledge, are you now pregnant? (179)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Language Indicator

//ask of all//

Lang1. INTERVIEWER: DO NOT ASK QUESTION:

IN WHAT LANGUAGE WAS THIS INTERVIEW COMPLETED?

- 01 ENGLISH
- 02 SPANISH

//ask of all//

S8q23 The following questions are about health problems or impairments you may have.

Are you limited in any way in any activities because of physical, mental, or emotional problems? (180)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

//ask of all//

s8q24 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (181)

NOTE: Include occasional use or use in certain circumstances.

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

//ask of all//

s8q25 Are you blind or do you have serious difficulty seeing, even when wearing glasses? (182)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

//ask of all//

s8q26 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions? (183)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s8q27 Do you have serious difficulty walking or climbing stairs? (184)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s8q28 Do you have difficulty dressing or bathing? (185)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s8q29 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping? (186)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 9: Tobacco Use

//ask of all//

s9q1 Have you smoked at least 100 cigarettes in your entire life? (187)

NOTE: 5 packs = 100 cigarettes

- 1 Yes
- 2 No [Go to Q9.5]
- 7 Don't know / Not sure [Go to Q9.5]
- 9 Refused [Go to Q9.5]

//ask if s9q1=1//

s9q2 Do you now smoke cigarettes every day, some days, or not at all? (188)

- 1 Every day
- 2 Some days
- 3 Not at all [Go to Q9.4]
- 7 Don't know / Not sure [Go to Q9.5]
- 9 Refused [Go to Q9.5]

//ask if s9q2 = 1,2//

s9q3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking? (189)

- 1 Yes [Go to Q9.5]
- 2 No [Go to Q9.5]
- 7 Don't know / Not sure [Go to Q9.5]
- 9 Refused [Go to Q9.5]

//ask if s9q2=3//

s9q4 How long has it been since you last smoked a cigarette, even one or two puffs? (190-191)

- 0 1 Within the past month (less than 1 month ago)
- 0 2 Within the past 3 months (1 month but less than 3 months ago)
- 0 3 Within the past 6 months (3 months but less than 6 months ago)
- 0 4 Within the past year (6 months but less than 1 year ago)
- 0 5 Within the past 5 years (1 year but less than 5 years ago)
- 0 6 Within the past 10 years (5 years but less than 10 years ago)
- 0 7 10 years or more
- 0 8 Never smoked regularly
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask of all//

s9q5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

Snus (rhymes with 'goose')

NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

(192)

- 1 Every day
- 2 Some days
- 3 Not at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 10: Alcohol Consumption

//ask of all//

s10q1 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor? (193-195)

- 1 -- Days per week [range 101-107]
- 2 -- Days in past 30 days [range 201-230]
- 8 8 8 No drinks in past 30 days **[Go to next section]**
- 7 7 7 Don't know / Not sure **[Go to next section]**
- 9 9 9 Refused **[Go to next section]**

//ask if s10q1 ne . , 888,777,999//

s10q2 One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? (196-197)

NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

- Number of drinks [range 01-76]
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if s10q1 ne . , 888,777,999//

s10q3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion? (198-199)

- Number of times [range 01-76]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if s10q1 ne . , 888,777,999//

s10q4 During the past 30 days, what is the largest number of drinks you had on any occasion? (200-201)

- Number of drinks [range 01-76]
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 11: Fruits and Vegetables

//ask of all//

S11q1T

These next questions are about the fruits and vegetables **you** ate or drank during the past 30 days. Please think about all forms of fruits and vegetables including cooked or raw, fresh, frozen or canned. Please think about all meals, snacks, and food consumed at home and away from home.

1. continue

S11q1t2

I will be asking how often **you** ate or drank each one: for example, once a day, twice a week, three times a month, and so forth.

INTERVIEWER NOTE: If respondent responds less than once per month, put "0" times per month. If respondent gives a number without a time frame, ask: "Was that per day, week, or month?"

1. Continue

//ask of all//

S11q1

During the past month, how many times per day, week or month did you drink 100% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include 100% juice.

(265-267)

INTERVIEWER NOTE: Do not include fruit drinks with added sugar or other added sweeteners like Kool-aid, Hi-C, lemonade, cranberry cocktail, Tampico, Sunny Delight, Snapple, Fruitopia, Gatorade, Power-Ade, or yogurt drinks.

Do not include fruit juice drinks that provide 100% daily vitamin C but include added sugar.

Do not include vegetable juices such as tomato and V8 if respondent provides but include in "other vegetables" question mod8_6.

DO include 100% pure juices including orange, mango, papaya, pineapple, apple, grape (white or red), or grapefruit. Only count cranberry juice if the respondent's perception is that it is 100% juice with no sugar or artificial sweetener added. 100% juice blends such as orange-pineapple, orange-tangerine, cranberry-grape are also acceptable as are fruit-vegetable 100% blends. 100% pure juice from concentrate (i.e., reconstituted) is counted.

1 _ _	Per day [RANGE = 101-199]
2 _ _	Per week [RANGE = 201-299]
3 _ _	Per month [RANGE = 301-399]
5 5 5	Never
7 7 7	Don't know / Not sure
9 9 9	Refused

s11q1A

ASK if [s11q1#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S11Q1A:.

IS THAT CORRECT?

- 1 Yes, Correct as is
- 2 No, Re-ask question

//ask of all//

S11q2t During the past month, not counting juice, how many times per day, week, or month did you eat fruit? Count fresh, frozen, or canned fruit (268-270)

Read only if necessary: “Your best guess is fine. Include apples, bananas, applesauce, oranges, grape fruit, fruit salad, watermelon, cantaloupe or musk melon, papaya, lychees, star fruit, pomegranates, mangos, grapes, and berries such as blueberries and strawberries.”

INTERVIEWER NOTE: Do not count fruit jam, jelly, or fruit preserves.

Do not include dried fruit in ready-to-eat cereals.

Do include dried raisins, cran-raisins if respondent tells you - *but due to their small serving size they are not included in the prompt.*

Do include cut up fresh, frozen, or canned fruit added to yogurt, cereal, jello, and other meal items.

Include culturally and geographically appropriate fruits that are not mentioned (e.g. genip, soursop, sugar apple, figs, tamarind, bread fruit, sea grapes, carambola, longans, lychees, akee, rambutan, etc.).

1. Continue

//ask of all//

S11q2

- 1 __ Per day [RANGE = 101-199]
- 2 __ Per week [RANGE = 201-299]
- 3 __ Per month [RANGE = 301-399]
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s11q2A

ASK if [s11q2#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S11Q2A:.

IS THAT CORRECT?

- 1 Yes, Correct as is
- 2 No, Re-ask question

//ask of all//

S11q3t During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do NOT include long green beans. (271-273)

Read only if necessary: "Include round or oval beans or peas such as navy, pinto, split peas, cow peas, hummus, lentils, soy beans and tofu. Do NOT include long green beans such as string beans, broad or winged beans, or pole beans."

INTERVIEWER NOTE: Include soybeans also called edamame, TOFU (BEAN CURD MADE FROM SOYBEANS), kidney, pinto, hummus, lentils, black, black-eyed peas, cow peas, lima beans and white beans.

Include bean burgers including garden burgers and veggie burgers.

Include falafel and tempeh.

1. Continue

//ask of all//

S11q3

- 1 __ Per day [RANGE = 101-199]
- 2 __ Per week [RANGE = 201-299]
- 3 __ Per month [RANGE = 301-399]
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s11q3A

ASK if [s11q3#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S11Q3A:.

IS THAT CORRECT?

- 1 Yes, Correct as is
- 2 No, Re-ask question

//ask of all//

S11q4t During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach? (274-275)

INTERVIEWER NOTE: Each time a vegetable is eaten it counts as one time.

INTERVIEWER NOTE: Include all raw leafy green salads including spinach, mesclun, romaine lettuce, bok choy, dark green leafy lettuce, dandelions, komatsuna, watercress, and arugula.

Do not include iceberg (head) lettuce if specifically told type of lettuce. Include all cooked greens including kale, collard greens, choys, turnip greens, mustard greens.

1. Continue

//ask of all//

S11q4

- 1 _ _ Per day [RANGE = 101-199]
- 2 _ _ Per week [RANGE = 201-299]
- 3 _ _ Per month [RANGE = 301-399]
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s11q4A

ASK if [s11q4#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S11Q4A:.

IS THAT CORRECT?

- 1 Yes, Correct as is
- 2 No, Re-ask question

//ask of all//

S11q5t

During the past month, how many times per day, week, or month did you eat orange-colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?

(276-278)

Read only if needed: "Winter squash have hard, thick skins and deep yellow to orange flesh. They include acorn, buttercup, and spaghetti squash."

FOR INTERVIEWER: Include all forms of carrots including long or baby-cut.

Include carrot-slaw (e.g. shredded carrots with or without other vegetables or fruit).

Include all forms of sweet potatoes including baked, mashed, casserole, pie, or sweet potatoes fries.

Include all hard-winter squash varieties including acorn, autumn cup, banana, butternut, buttercup, delicate, hubbard, kabocha (Also known as an Ebisu, Delica, Hoka, Hokkaido, or Japanese Pumpkin; blue kuri), and spaghetti squash. Include all forms including soup.

Include pumpkin, including pumpkin soup and pie. Do not include pumpkin bars, cake, bread or other grain-based dessert-type food containing pumpkin (i.e. similar to banana bars, zucchini bars we do not include).

1. Continue

//ask of all//

S11q5

- | | |
|-------|-----------------------------|
| 1 _ _ | Per day [RANGE = 101-199] |
| 2 _ _ | Per week [RANGE = 201-299] |
| 3 _ _ | Per month [RANGE = 301-399] |
| 5 5 5 | Never |
| 7 7 7 | Don't know / Not sure |
| 9 9 9 | Refused |

s11q5A

ASK if [s11q1#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S11Q5A:.

IS THAT CORRECT?

- 1 Yes, Correct as is
- 2 No, Re-ask question

//ask of all//

S11q6t

Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.

(279-281)

Read only if needed: "Do not count vegetables you have already counted and do not include fried potatoes."

INTERVIEWER NOTE: Include corn, peas, tomatoes, okra, beets, cauliflower, bean sprouts, avocado, cucumber, onions, peppers (red, green, yellow, orange); all cabbage including American-style cole-slaw; mushrooms, snow peas, snap peas, broad beans, string, wax-, or pole-beans.

Include any form of the vegetable (raw, cooked, canned, or frozen).

Do not include products consumed usually as condiments including ketchup, catsup, salsa, chutney, relish.

Do include tomato juice if respondent did not count in fruit juice.

Include culturally and geographically appropriate vegetables that are not mentioned (e.g. daikon, jicama, oriental cucumber, etc.).

Do not include rice or other grains.

1. Continue
//ask of all//

S11q6

- 1 __ Per day [RANGE = 101-199]
- 2 __ Per week [RANGE = 201-299]
- 3 __ Per month [RANGE = 301-399]
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s11q6A

ASK if [s11q6#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S11Q6A:.

IS THAT CORRECT?

- 1 Yes, Correct as is
- 2 No, Re-ask question

Section 12: Exercise (Physical Activity)

//ask of all//

S12q1t The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

INTERVIEWER INSTRUCTION: If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.

1. Continue

s12q1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(220)

- 1 Yes
- 2 No [Go to Q12.8]
- 7 Don't know / Not sure [Go to Q12.8]
- 9 Refused [Go to Q12.8]

//ask if s12q1=1//

s12q2. What type of physical activity or exercise did you spend the most time doing during the past month?

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Physical Activity Coding List, choose the option listed as "Other ".

(221-222)

- | | |
|---|--|
| __ __ (Specify) | [See Physical Activity Coding List] |
| 7 7 Don't know / Not Sure | [Go to Q12.8] |
| 9 9 Refused | [Go to Q12.8] |
| 0 1 Active Gaming Devices (Wii Fit, Dance Dance revolution) | 4 1 Rugby |
| 0 2 Aerobics video or class | 4 2 Scuba diving |
| 0 3 Backpacking | 4 3 Skateboarding |
| | 4 4 Skating – ice or roller |

- | | |
|--|---|
| 0 4 Badminton | 4 5 Sledding, tobogganing |
| 0 5 Basketball | 4 6 Snorkeling |
| 0 6 Bicycling machine exercise | 4 7 Snow blowing |
| 0 7 Bicycling | 4 8 Snow shoveling by hand |
| 0 8 Boating (Canoeing, rowing, kayaking,
sailing for pleasure or camping) | 4 9 Snow skiing |
| 0 9 Bowling | 5 0 Snowshoeing |
| 1 0 Boxing | 5 1 Soccer |
| 1 1 Calisthenics | 5 2 Softball/Baseball |
| 1 2 Canoeing/rowing in competition | 5 3 Squash |
| 1 3 Carpentry | 5 4 Stair climbing/Stair master |
| 71 Childcare | 5 5 Stream fishing in waders |
| 1 4 Dancing-ballet, ballroom, Latin, hip hop, zumba, etc | 5 6 Surfing |
| 1 5 Elliptical/EFX machine exercise | 5 7 Swimming |
| 72 Farm/Ranch Work(caring for livestock, stacking hay, etc) | 5 8 Swimming in laps |
| 1 6 Fishing from river bank or boat | 5 9 Table tennis |
| 1 7 Frisbee | 6 0 Tai Chi |
| 1 8 Gardening (spading, weeding, digging, filling) | 6 1 Tennis |
| 1 9 Golf (with motorized cart) | 6 2 Touch football |
| 2 0 Golf (without motorized cart) | |
| 2 1 Handball | 75 Upper Body Cycle (wheelchair sports, ergometer, |
| 6 3 Volleyball | |
| etc. | 6 4 Walking |
| 2 2 Hiking – cross-country | 6 6 Waterskiing |
| 2 3 Hockey | 6 7 Weight lifting |
| 2 4 Horseback riding | |
| 73 Household Activities (vacuuming, dusting, home repair, etc) | 6 8 Wrestling |
| 2 5 Hunting large game – deer, elk | 76 Yard work (cutting/gathering wood, trimming hedges |
| 2 6 Hunting small game – quail | 6 9 Yoga |
| | |
| 2 7 Inline Skating | 74 Karate/Martial Arts |
| 2 8 Jogging | |
| 2 9 Lacrosse | |
| 3 0 Mountain climbing | |
| 3 1 Mowing lawn | |
| 3 2 Paddleball | |
| 3 3 Painting/papering house | |
| 3 4 Pilates | |
| 3 5 Racquetball | |
| 3 6 Raking lawn | 3 7 Running |
| 3 8 Rock Climbing | |
| 3 9 Rope skipping | 9 8 Other_____ |
| 4 0 Rowing machine exercise | |

//ask if s12q2 ne 77, 99//

s12q2c.

INTERVIEWER: YOU'VE CHOSEN _____

IS THAT CORRECT?

1 YES

2 NO - GO BACK AND CHANGE RESPONSE

//if s12q2 = 98//

S12q2o: Enter Other Activity:_____

//ask if s12q2 ne 77,99 //

s12q3 How many times per week or per month did you take part in this activity during the past month? (223-225)

- 1__ Times per week [range 101-150]
- 2__ Times per month [range 201-250]
- 777 Don't know / Not sure
- 999 Refused

//ask if s12q2 ne 77,99 //

s12q4 And when you took part in this activity, for how many minutes or hours did you usually keep at it? (226-228)

- __:__ Hours and minutes [RANGE = 10-59,100-159,200-259,300-359,400-459,500-559,600-659,700-759,800-859,900-959]
- 777 Don't know / Not sure
- 999 Refused

//ask if s12q2 ne 77,99 //

s12q5 What other type of physical activity gave you the next most exercise during the past month?
INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Coding Physical Activity List, choose the option listed as "Other".

(229-230)

- | | |
|---|--|
| <ul style="list-style-type: none"> __ (Specify) 88 No other activity 77 Don't know / Not Sure 99 Refused 0 1 Active Gaming Devices (Wii Fit, Dance Dance revolution) 0 2 Aerobics video or class 0 3 Backpacking 0 4 Badminton 0 5 Basketball 0 6 Bicycling machine exercise 0 7 Bicycling 0 8 Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping) 0 9 Bowling 1 0 Boxing 1 1 Calisthenics 1 2 Canoeing/rowing in competition | <ul style="list-style-type: none"> [See Physical Activity Coding List] [Go to Q12.8] [Go to Q12.8] [Go to Q12.8] 4 1 Rugby 4 2 Scuba diving 4 3 Skateboarding 4 4 Skating – ice or roller 4 5 Sledding, tobogganing 4 6 Snorkeling 4 7 Snow blowing 4 8 Snow shoveling by hand 4 9 Snow skiing 5 0 Snowshoeing 5 1 Soccer 5 2 Softball/Baseball 5 3 Squash 5 4 Stair climbing/Stair master |
|---|--|

- | | |
|--|--|
| 1 3 Carpentry | 5 5 Stream fishing in waders |
| 71 Childcare | |
| 1 4 Dancing-ballet, ballroom, Latin, hip hop, zumba, etc | 5 6 Surfing |
| 1 5 Elliptical/EFX machine exercise | 5 7 Swimming |
| 7 2 Farm/Ranch Work (caring for livestock, stacking hay, etc.) | |
| 1 6 Fishing from river bank or boat | 5 8 Swimming in laps |
| 1 7 Frisbee | 5 9 Table tennis |
| 1 8 Gardening (spading, weeding, digging, filling) | 6 0 Tai Chi |
| 1 9 Golf (with motorized cart) | 6 1 Tennis |
| 2 0 Golf (without motorized cart) | 6 2 Touch football |
| | 7 5 Upper Body Cycle (wheelchair sports,ergometer,etc |
| 2 1 Handball | 6 3 Volleyball |
| 2 2 Hiking – cross-country | 6 4 Walking |
| 2 3 Hockey | 6 6 Waterskiing |
| 2 4 Horseback riding | 6 7 Weight lifting |
| 7 3 Household Activities (vacuuming, dusting, home repair, etc.) | |
| | |
| 2 5 Hunting large game – deer, elk | 6 8 Wrestling |
| | 7 6 Yard work (cutting/gathering wood, trimming hedges |
| 2 6 Hunting small game – quail | 6 9 Yoga |
| 2 7 Inline Skating | |
| 2 8 Jogging | |
| 7 4 Karate/Martial Arts | |
| 2 9 Lacrosse | |
| 3 0 Mountain climbing | |
| 3 1 Mowing lawn | |
| 3 2 Paddleball | |
| 3 3 Painting/papering house | 3 4 Pilates |
| | |
| 3 5 Racquetball | |
| 3 6 Raking lawn | |
| 3 7 Running | |
| 3 8 Rock Climbing | |
| 3 9 Rope skipping | 88 No other activity |
| | 9 8 Other_____ |
| 4 0 Rowing machine exercise | |

//if s12q5 ne 77,88,99//

s12q5c. INTERVIEWER: YOU'VE CHOSEN

IS THAT CORRECT?

1 YES

2 NO - GO BACK AND CHANGE RESPONSE

//if s12q5 = 98//

S12q5o: Enter Other Activity:_____

//ask if s12q5 ne 77, 88,99 //

s12q6 How many times per week or per month did you take part in this activity during the past month? (231-233)

- 1__ Times per week [range 101-199]
- 2__ Times per month [range 201-299]
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

//ask if s12q5 ne 77, 88,99 //

s12q7 And when you took part in this activity, for how many minutes or hours did you usually keep at it? (234-236)

- _: _ Hours and minutes RANGE =10-59,100-159,200-259,300-359,400-459,500-559,600-659,700-759,800-859,900-959]
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

//ask of all//

s12q8 During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands. (237-239)

- 1__ Times per week [range 101-199]
- 2__ Times per month [range 201-299]
- 8 8 8 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

Section 13: Arthritis Burden

If s7q9 = 1 (yes) then continue, else go to next section.

//ask if s7q9=1//

S13q1t Next, I will ask you about your arthritis.

Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

1.continue

//ask if s7q9=1//

s13q1 Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

- 1 Yes

(240)

- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if s7q9=1//

s13q2 In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do? (241)

INTERVIEWER NOTE: Q13.2 should be asked of all respondents regardless of employment status.

INTERVIEWER INSTRUCTION: If respondent gives an answer to each issue (whether respondent works, type of work, or amount of work), then if any issue is "yes" mark the overall response as "yes."

If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if s7q9=1//

s13q3 During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings? (242)

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

Please read [1-3]:

- 1 A lot
- 2 A little
- 3 Not at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused

//ask if s7q9=1//

s13q4 Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. DURING THE PAST 30 DAYS, how bad was



your joint pain ON AVERAGE? *Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.*

(243-244)

— — Enter number [00-10]
7 7 Don't know / Not sure
9 9 Refused

Section 14: Seatbelt Use

//ask of all//

s14q1 How often do you use seat belts when you drive or ride in a car? Would you say— (245)

Please read:

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 8 Never drive or ride in a car
- 9 Refused

Section 15: Immunization

//ask of all//

S15q1t Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist™.
1.continue

//ask of all//

s15q1 During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose? (246)

READ IF NECESSARY:

A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

- 1 Yes
- 2 No **[Go to Q15.3]**
- 7 Don't know / Not sure **[Go to Q15.3]**
- 9 Refused **[Go to Q15.3]**

//ask if s15q1=1//

s15q2m During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose? (247-252)

INTERVIEWER: ENTER MONTH

- Month [RANGE 01-12]
- Don't know / Not sure
- 9 9 Refused

//ask if s15q1=1//

s15q2y During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?
 INTERVIEWER: ENTER YEAR

__ __ __ __ Year [RANGE 2012-2013]
 7 7 7 7 Don't know / Not sure
 9 9 9 9 Refused

//ask of all//
s15q3

Since 2005, have you had a tetanus shot? (253)

If yes, ask: "Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?"

- 1 Yes, received Tdap
- 2 Yes, received tetanus shot, but not Tdap
- 3 Yes, received tetanus shot but not sure what type
- 4 No, did not receive any tetanus since 2005
- 7 Don't know/Not sure
- 9 Refused

//ask of all//

s15q4 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot? (254)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 16: HIV/AIDS

//ask of all//

S16q1t The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

1. continue
//ask of all//

s16q1 Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth. (255)

- 1 Yes
- 2 No **[Go to optional module transition]**
- 7 Don't know / Not sure **[Go to optional module transition]**

9 Refused

[Go to optional module transition]

//ask if s16q1=1//
s16q2m

Not including blood donations, in what month and year was your last HIV test?
(196)

NOTE: If response is before January 1985, code "Don't know."

CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

INTERVIEWER: ENTER MONTH

-- Code month [RANGE 01-12]
77 Don't know / Not sure
99 Refused / Not sure

//ask if s16q1=1//
s16q2y

Not including blood donations, in what month and year was your last HIV test?
(196)

NOTE: If response is before January 1985, code "Don't know."

CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

INTERVIEWER: ENTER YEAR

---- Code year [RANGE 1985-2013]
7777 Don't know / Not sure
9999 Refused / Not sure

//ask if s16q1=1//

s16q3

Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, at an **emergency room**, as an inpatient in a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?
(262-263)

01 Private doctor or HMO office
02 Counseling and testing site
09 Emergency room
03 Hospital inpatient
04 Clinic
05 Jail or prison (or other correctional facility)
06 Drug treatment facility
07 At home
08 Somewhere else
77 Don't know / Not sure
99 Refused

Transition to Modules and/or State-Added Questions

//ask of all//
Please read:

Finally, I have just a few questions left about some other health topics.

Optional Modules

Module 6: Sodium or Salt-Related Behavior (land and cell)

//ask of all//

Mod6t Now I would like to ask you some questions about sodium or salt intake.

Most of the sodium or salt we eat comes from processed foods and foods prepared in restaurants. Salt also can be added in cooking or at the table.

1. continue

//ask of all//

Mod6_1. Are you currently watching or reducing your sodium or salt intake?
(352)

- 1 Yes
- 2 No [Go to Q3]
- 7 Don't know/not sure [Go to Q3]
- 9 Refused [Go to Q3]

//ask if mod6_1=1//

Mod6_2. How many days, weeks, months, or years have you been watching or reducing your sodium or salt intake?"
(353-355)

- 1__ Day(s) [range 101-199]
- 2__ Week(s) [range 201-299]
- 3__ Month(s) [range 301-399]
- 4__ Year(s) [range 401-499]
- 5 5 All my life
- 7 7 7 Don't know/not sure
- 9 9 9 Refused

//ask of all//

Mod6_3. Has a doctor or other health professional ever advised you to reduce sodium or salt intake? (356)

- 1 Yes
- 2 No
- 7 Don't know/not sure
- 9 Refused

Module 8: Cardiovascular Health (land and cell)

//ask of all//

Mod8t I would like to ask you a few more questions about your cardiovascular or heart health.

1. continue

CATI note: If Core Q7.1 = 1 (Yes), ask Q1. If Core Q7.1 = 2, 7, or 9 (No, Don't know, or Refused), skip Q1.

//ask if s7q1 = 1//

Mod8_1 Following your heart attack, did you go to any kind of outpatient rehabilitation? This is sometimes called "rehab." (373)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CATI note: If Core Q7.3 = 1 (Yes), ask Q2. If Core Q7.3 = 2, 7, or 9 (No, Don't know, or Refused), skip Q2.

//ask if s7q3=1//

Mod8_2 Following your stroke, did you go to any kind of outpatient rehabilitation? This is sometimes called "rehab." (374)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Interviewer Note: Question 3 is asked for all respondents

//ask of all//

Mod8_3. Do you take aspirin daily or every other day? (375)

Interviewer Note: Aspirin can be prescribed by a health care provider or obtained as an over-the-counter (OTC) medication.

- 1 Yes **[Go to question 5]**
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if mod8_3 = 2,7,9//

Mod8_4. Do you have a health problem or condition that makes taking aspirin unsafe for you? (376)

If "Yes," ask "Is this a stomach condition?" Code upset stomach as stomach problems.

- 1 Yes, not stomach related **[Go to next module]**
- 2 Yes, stomach problems **[Go to next module]**
- 3 No **[Go to next module]**
- 7 Don't know / Not sure **[Go to next module]**
- 9 Refused **[Go to next module]**

//ask if mod8_3 = 1//

Mod8_5. Do you take aspirin to relieve pain?
(377)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if mod8_3 = 1//

Mod8_6. Do you take aspirin to reduce the chance of a heart attack?
(378)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if mod8_3 = 1//

Mod8_7. Do you take aspirin to reduce the chance of a stroke?
(379)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Module 19: Social Context (land and cell)

//ask of all//

Mod19t Now, I am going to ask you about several factors that can affect a person's health.

1. continue

If Core Q8.20 = 1 or 2 (own or rent) continue, else go to Q2.

//ask if s8q20 = 1,2//

Mod19_1. How often in the past 12 months would you say you were worried or stressed about having enough money to pay your rent/mortgage? Would you say you were worried or stressed--

(479)

Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

Do not read:

- 8 Not applicable
- 7 Don't know / Not sure

9 Refused

//ask of all//

Mod19_2. How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? Would you say you were worried or stressed---

(480)

Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

Do not read:

- 8 Not applicable
- 7 Don't know / Not sure
- 9 Refused

If Core Q8.9 = 1 (Employed for wages) or 2 (Self-employed), go to Q3 and Q4.

If Core Q8.9 = 3 (Out of work for 1 year or more), 4 (Out of work for less than 1 year), or 7 (Retired), go to Q5 and Q6.

If Core Q8.9 = 5 (A homemaker), 6 (A student), or 8 (Unable to work), go to Q7.

//ask if s8q9=1,2//

Mod19_3. At your main job or business, how are you generally paid for the work you do. Are you:

(481)

INTERVIEWER NOTE: If paid in multiple ways at their main job, select option 4 (Paid some other way).

- 1 Paid by salary
- 2 Paid by the hour
- 3 Paid by the job/task (e.g. commission, piecework)
- 4 Paid some other way
- 7 Don't know / Not sure
- 9 Refused

//ask if s8q9=1,2//

Mod19_4. About how many hours do you work per week at all of your jobs and businesses combined?

(482-483)

[96 = 96 or more]

- | | | | |
|---|---|-----------------------|-------------------|
| — | — | Hours [range 01-96] | [Go to Q7] |
| 9 | 7 | Don't know / Not sure | [Go to Q7] |
| 9 | 8 | Does not work | [Go to Q7] |

9 9 Refused

[Go to Q7]

//ask if s8q9 = 3,4,7//

Mod19_5. Thinking about the last time you worked, at your main job or business, how were you generally paid for the work you did? Were you: (484)

- 1 Paid by salary
- 2 Paid by the hour
- 3 Paid by the job/task (e.g. commission, piecework)
- 4 Paid some other way
- 7 Don't know / Not sure
- 9 Refused

//ask if s8q9 = 3,4,7//

Mod19_6. Thinking about the last time you worked, about how many hours did you work per week at all of your jobs and businesses combined? (485-486)

- [96 = 96 or more]
- — Hours [range 01-96]
- 9 7 Don't know / Not sure
- 9 8 Does not work
- 9 9 Refused

//ask of all//

Mod19_7. Did you vote in the last presidential election? The November 2012 election between Barack Obama and Mitt Romney. (487)

- 1 Yes
- 2 No
- 8 Not applicable (I did not register, I am not a U.S. citizen, or I am not eligible to vote)
- 7 Don't know / Not sure
- 9 Refused

State-Added 1: Skin Cancer/Excess Sun Exposure (land and cell cstate = 1)

Start timer ett1

//ask if cstate ne 2//

AR1_1 In the past 12 months, have you tried to get a tan using a tanning lamp or tanning machine, whether it was at a tanning salon, at your home, or elsewhere?

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

AR1_1. En los últimos 12 meses, ¿ha intentado broncearse usando una lámpara o máquina bronceadora, ya sea en un salón de bronceado, en su hogar o en cualquier otro lugar?

//ask if cstate ne 2//

AR1_2 Including times when even a small part of your skin was red for more than 12 hours, how many sunburns have you had within the past 12 months?

- 1 One
- 2 Two
- 3 Three
- 4 Four
- 5 Five
- 6 Six or more
- 8 None
- 7 Don't Know
- 9 Refused

AR1_2. Incluidas las veces que tuvo la piel enrojecida durante más de 12 horas, sin importar qué tan pequeña haya sido el área, ¿cuántas quemaduras de sol ha sufrido en los últimos 12 meses? Una, dos, tres, cuatro, cinco, seis o más, nunca

//ask if cstate ne 2//

AR1_3 The next questions are about what you do to protect your skin when you go outside. When you go outside on a sunny summer day for more than one hour, how often do you use sunscreen or sunblock? Would you say:

Read List:

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never
- 8 Don't stay out more than an hour
- Do Not Read
- 7 Don't Know
- 9 Refused

AR1_3. Las preguntas siguientes tratan sobre lo que hace para protegerse la piel al salir a la intemperie. Cuando sale en días de verano soleados por más de una hora, ¿con qué frecuencia usa filtro o bloqueador solar? Diría que:

- 1. Siempre
- 2. Casi siempre
- 3. Algunas veces
- 4. Casi Nunca
- 5. Nunca
- 8 Don't stay out more than an hour
- Do Not Read

7 Don't Know
9 Refused

End timer ett1

State-Added 2: Caregiver (land and cell cstate = 1)

Start timer ett2

//ask if cstate ne 2//

AR2t People may provide regular care or assistance to a friend or family member who has a health problem or disability.

1. Continue

AR2t. Es posible que las personas proporcionen asistencia o atención con regularidad a una amistad o un integrante de la familia que tiene un problema de salud o discapacidad. 1. Continúe

//ask if cstate ne 2//

AR2_1 During the past month, did you provide any such care or assistance to a friend or family member?

1 Yes
2 No
7 Don't Know
9 Refused

AR2_1. Durante el mes pasado, ¿proporcionó usted asistencia o atención de este tipo a una amistad o integrante de su familia?

//ask if AR2_1 = 1//

AR2_2T The remainder of these questions will be about the person to whom you are giving the most care.

1. Continue

AR2_2T. El resto de estas preguntas tratan sobre la persona a la que brinda más atención.

//ask if AR2_1 = 1//

AR2_2 What age is the person to whom you are giving care?

96 = 96 or older
__ Age [RANGE 01-96]
97 Don't Know
99 Refused

AR2_2. ¿Cuántos años tiene la persona a la que brinda atención?

96 = 96 or older

__ Age [RANGE 01-96]
97 Don't Know
99 Refused

//ask if AR2_1 = 1//

AR2_3 What is the gender of the person you are caring for?

- 1 Male
- 2 Female
- 9 Refused

AR2_3. ¿De qué sexo es la persona a la que atiende?

- 1 Male
- 2 Female
- 9 Refused

//ask if AR2_1 = 1//

AR2_4 What is his/her relationship to you? For example is he/she your (mother/daughter or father/son)?

- 01 Parent
- 02 Parent-in-law
- 03 Child
- 04 Spouse
- 05 Sibling
- 06 Grandparent
- 07 Grandchild
- 08 Other Relative
- 09 Non-relative
- 77 Don't Know
- 99 Refused

AR2_4. ¿Cuál es su relación con esa persona? Por ejemplo, dicha persona es su (madre/hija o padre/hijo)?

- 01 Padre o madre
- 02 Suegro o suegra
- 03 hijo o hija
- 04 cónyuge,
- 05 hermano o hermana
- 06 abuelo o abuela
- 07 nieto o nieta
- 08 otro familiar
- 09 no es familiar
- 77 Don't Know
- 99 Refused

//ask if AR2_1 = 1//

AR2_5 For how long have you provided care for that person?

- 1__ Days [RANGE 101-199]
- 2__ Weeks [RANGE 201-299]

3__ Months [RANGE 301-399]
4__ Years [RANGE 401-499]
777 Don't Know
999 Refused

AR2_5. ¿Durante cuánto tiempo le ha brindado atención a esa persona?

1__ Days [RANGE 101-199]
2__ Weeks [RANGE 201-299]
3__ Months [RANGE 301-399]
4__ Years [RANGE 401-499]
777 Don't Know
999 Refused

//ask if AR2_1 = 1//

AR2_6 What has a doctor said is the major health problem, long-term illness, or disability that the person you care for has? [Interviewer checks only one health condition mentioned.]

Do not read:

Physical Health Condition/Disease

0 1 Arthritis/Rheumatism
0 2 Asthma
0 3 Cancer
0 4 Diabetes
0 5 Heart Disease
0 6 Hypertension/High Blood Pressure
0 7 Lung Disease/Emphysema
0 8 Osteoporosis
0 9 Parkinson's Disease
1 0 Stroke

Disability

1 1 Eye/Vision Problem (blindness)
1 2 Hearing Problems (deafness)
1 3 Multiple Sclerosis (MS)
1 4 Spinal Cord Injury
1 5 Traumatic Brain Injury (TBI)

Learning/Cognition

1 6 Alzheimer's Disease or Dementia
1 7 Attention-Deficit Hyperactivity Disorder (ADHD)
1 8 Learning Disabilities (LD)

Developmental Disability

1 9 Cerebral Palsy (CP)
2 0 Down's Syndrome
2 1 Other developmental disability (e.g., spinal bifida, muscular dystrophy, fragile X)

Mental Health

2 2 Anxiety
2 3 Depression
2 4 Other
7 7 Don't know / Not sure
9 9 Refused

AR2_6 ¿Cuál problema de salud grave, discapacidad o enfermedad de largo plazo un médico ha dicho que padece la persona a la que atiende? [El (la) entrevistador(a) marca solamente un padecimiento médico mencionado.]

Do not read:

Physical Health Condition/Disease

- 0 1 Arthritis/Rheumatism
- 0 2 Asthma
- 0 3 Cancer
- 0 4 Diabetes
- 0 5 Heart Disease
- 0 6 Hypertension/High Blood Pressure
- 0 7 Lung Disease/Emphysema
- 0 8 Osteoporosis
- 0 9 Parkinson's Disease
- 1 0 Stroke

Disability

- 1 1 Eye/Vision Problem (blindness)
- 1 2 Hearing Problems (deafness)
- 1 3 Multiple Sclerosis (MS)
- 1 4 Spinal Cord Injury
- 1 5 Traumatic Brain Injury (TBI)

Learning/Cognition

- 1 6 Alzheimer's Disease or Dementia
- 1 7 Attention-Deficit Hyperactivity Disorder (ADHD)
- 1 8 Learning Disabilities (LD)

Developmental Disability

- 1 9 Cerebral Palsy (CP)
- 2 0 Down's Syndrome
- 2 1 Other developmental disability (e.g., spinal bifida, muscular dystrophy, fragile X)

Mental Health

- 2 2 Anxiety
- 2 3 Depression
- 2 4 Other
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if AR2_1 = 1//

AR2_7 In which of the following areas does the person you care for need the most help?

Read List

- 01 Taking care of himself/herself, such as eating, dressing, or bathing

- 02 Taking care of his/her residence or personal living spaces, such as cleaning, managing money, or preparing meals
- 03 Communicating with others
- 04 Learning or remembering
- 05 Seeing or hearing
- 06 Moving around within the home
- 07 Transportation outside of the home
- 08 Getting along with people
- 09 Relieving/ decreasing anxiety or depression
- 10 Something else
- Do Not Read
- 77 Don't Know
- 99 Refused

AR2_7. ¿En cuáles de las áreas siguientes la persona a la que atiende necesita más ayuda?

- 01 Atenderse a sí mismo(a), como comer, vestirse o bañarse
- 02 Atender su casa o lugares personales donde vive, como limpiar, administrar su dinero o preparar comidas
- 03 Comunicarse con los demás
- 04 Aprender o recorder
- 05 Ver o escuchar
- 06 Trasladarse dentro de su hogar
- 07 Transportarse fuera de su hogar
- 08 Relacionarse bien con los demás
- 09 Aliviar/disminuir la ansiedad o depression
- 10 Otra cosa
- DO NOT READ
- 77 Don't Know
- 99 Refused

//ask if AR2_1 = 1//

AR2_8 In an average week, how many hours do you provide care for that person because of his/her health problem, long-term illness, or disability?

- __ hours per week [Range 01-168]
- 777 Don't Know
- 999 Refused

AR2_8. En una semana promedio, ¿cuántas horas proporciona atención a esa persona debido a su problema de salud, discapacidad o enfermedad de largo plazo?

- __ hours per week [Range 01-168]
- 777 Don't Know
- 999 Refused

//ask if AR2_1 = 1//

AR2_9 I am going to read a list of difficulties you may have faced as a caregiver. Please indicate which one of the following is the greatest difficulty you have faced in your caregiving:

Read list:

- 01 Creates a financial burden
- 02 Doesn't leave enough time for yourself
- 03 Doesn't leave enough time for your family
- 04 Interferes with your work
- 05 Creates stress
- 06 Creates or aggravates health problems
- 07 Affects family relationships
- 08 Other difficulty
- 09 No difficulty
- Do Not Read
- 77 Don't Know
- 99 Refused

AR2_9. Voy a leerle una lista de las dificultades ante las que podría usted haberse enfrentado como persona que brinda atención. Por favor, indique cuál de las siguientes es la mayor dificultad ante la que se ha enfrentado al proporcionar atención:

- 01 Crea una carga financier
- 02 No le deja tiempo suficiente para su persona
- 03 No le queda tiempo suficiente para su familia
- 04 Interfiere con su trabajo
- 05 Crea estrés
- 06 Crea o agrava los problemas de salud
- 07 Afecta las relaciones familiares
- 08 Otras dificultades
- 09 Ninguna dificultad
- DO NOT READ
- 77 Don't Know
- 99 Refused

//ask if AR2_1 = 1//

AR2_10 During the past year, has the person you care for experienced changes in thinking or remembering?

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

AR2_10. Durante los últimos doce años, ¿la persona a la que atiende ha tenido cambios en el pensar o recordar?

End timer ett2

State-Added3: Cognitive Impairment (same as 2012) (land and cell cstate=1)

Start timer ett3

//ask if cstate ne2//

AR3T The next few questions ask about difficulties in thinking or remembering that can make a big difference in everyday activities. This **does not refer** to occasionally forgetting your keys or the name of someone you recently met. This **refers to** things like confusion or memory loss that are happening more often or getting worse. We want to know how these difficulties impact you or someone in your household.

1. Continue

AR3T Las siguientes preguntas son sobre las dificultades del razonamiento y la memoria que pueden afectar de gran manera las actividades cotidianas. Esto **no se refiere** a olvidos ocasionales, como olvidarse las llaves o el nombre de una persona que acaba de conocer. **Esto se refiere** a cosas como confusión o pérdida de la memoria que se está haciendo más frecuente o empeora. Queremos saber de qué manera estos problemas le afectan a usted o a alguien de su hogar

//ask if cstate ne2//

AR3_1. During the past 12 months, have you experienced confusion or memory loss that is happening more often or is getting worse?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

AR3_1. En los últimos 12 meses, ¿ha sentido confusión o ha perdido la memoria con más frecuencia o ha empeorado?

CATI NOTE: If (samptype=1 and 1 adult in household) or (samptype=2) and Q1 = 1 (Yes), go to Q4; otherwise, go to next module.

CATI NOTE: If number of adults > 1, go to Q2.

//ask if adults>1 and samptype=1//

AR3_2. [If AR3_2 = 1]; Not including yourself], how many adults 18 or older in your household experienced confusion or memory loss that is happening more often or is getting worse during the past 12 months?

- Number of people [6 = 6 or more][RANGE=1-6]
- 8 NONE
- 7 Don't know / Not sure
- 9 Refused

AR3_2. Sin incluirse a usted], ¿cuántos adultos de 18 años o más en su casa han experimentado confusión o pérdida de la memoria con mayor frecuencia o que haya empeorado durante los últimos 12 meses?

CATI NOTE: If number of adults > 1 and Q2 < 7; continue. Otherwise, go to next module.

CATI NOTE: If Q2 < 7; go to Q3. Otherwise, go to next module.

//ask if adults>1 and AR3_2 <7 and samptype=1//

AR3_3. Of these people, please select the person who had the most recent birthday. How old is this person?

Read only if necessary:

- 0 1 Age 18-29
- 0 2 Age 30-39
- 0 3 Age 40-49
- 0 4 Age 50-59
- 0 5 Age 60-69
- 0 6 Age 70-79
- 0 7 Age 80-89
- 0 8 Age 90 +

Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused

AR3_3. De estas personas, seleccione la persona que haya cumplido años más recientemente. ¿Cuántos años tiene esta persona?

Read only if necessary:

- 0 1 18–29 años
- 0 2 30–39 años
- 0 3 40–49 años
- 0 4 50–59 años
- 0 5 60–69 años
- 0 6 70–79 años
- 0 7 80–89 años
- 0 8 90 o más años

Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if ((adults>1 and AR3_2 <7) and AR3_1 = 2,7,9) and cstate ne2 read:

AR3_4t “For the next set of questions we will refer to the person you identified as ‘this person’.”
1. Continue

AR3_4t “En las próximas preguntas, no referiremos a la persona que usted identificó como esta persona.”

//ask if ((adults>1 and AR3_2 <7) or AR3_1=1) and cstate ne2//

AR3_4. During the past 12 months, how often **[If Q1 = 1 (Yes): insert “have you;” otherwise, insert “has this person”]** given up household activities or chores **[If Q1 = 1 (Yes): insert “you;” otherwise, insert “they”]** used to do, because of confusion or memory loss that is happening more often or is getting worse?

INTERVIEWER NOTE: Repeat definition only as needed: “For these questions, please think about confusion or memory loss that is happening more often or getting worse.”

Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 9 Refused

AR3_4. Durante los últimos 12 meses, ¿cuántas veces [If Q1 = 1 (Yes): insert “usted ha;” otherwise, insert “esta persona ha”] dejado de realizar sus tareas domésticas o quehaceres que solía hacer, debido a la confusión o pérdida de la memoria que está sucediendo con mayor frecuencia o empeorando?

INTERVIEWER NOTE: Repeat definition only as needed: “Para estas preguntas, piense sobre la confusión o pérdida de la memoria que está ocurriendo con mayor frecuencia o empeorando.”

Please read:

- 1 Todo el tiempo
- 2 Casi siempre
- 3 A veces
- 4 Rara vez
- 5 Nunca

Do not read:

- 7 Don't know / Not sure
- 9 Refused

//ask if ((adults>1 and AR3_2 <7) or AR3_1=1) and cstate ne2//

AR3_5. As a result of [If AR3_1 = 1 (Yes): insert “your;” otherwise, insert “this person’s”] confusion or memory loss, in which of the following four areas [If AR3_1 = 1 (Yes): insert “do you;” otherwise, insert “does this person”] need the MOST assistance?

- 1 Safety [read only if necessary: such as forgetting to turn off the stove or falling]
- 2 Transportation [read only if necessary: such as getting to doctor’s appointments]
- 3 Household activities [read only if necessary: such as managing money or housekeeping]
- 4 Personal care [read only if necessary: such as eating or bathing]

Do not read:

- 5 Needs assistance, but not in those areas
- 6 Doesn't need assistance in any area
- 7 Don't know / Not sure

9 Refused

AR3_5. Como consecuencia de la confusión o pérdida de la memoria ¿en cuál de las siguientes cuatro áreas **[If AR3_1 = 1 (Yes): insert “usted;” otherwise, insert “esta persona”]** necesita más ayuda?

- 1 Seguridad **[léale solo si es necesario:** como olvidarse de apagar la estufa o el horno o caerse]
- 2 Transporte **[léale solo si es necesario:** como llegar a la cita médica]
- 3 Tareas domésticas **[léale solo si es necesario:** como manejar dinero o quehaceres]
- 4 Cuidado personal **[léale solo si es necesario:** como comer o bañarse]

No le lea:

- 5 Necesita ayuda, pero no en estas áreas
- 6 No necesita ayuda en ninguna área
- 7 No sabe/No está seguro
- 9 Se niega a contestar

//ask if ((adults>1 and AR3_2 <7) or AR3_1=1) and cstate ne2//

AR3_6. During the past 12 months, how often has confusion or memory loss interfered with **[If AR3_1 = 1 (Yes): insert “your;” otherwise, insert “this person’s”]** ability to work, volunteer, or engage in social activities?

Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 9 Refused

AR3_6. Durante los últimos 12 meses, ¿cuántas veces ha tenido confusión o pérdida de la memoria que interfiera **[If AR3_1 = 1 (Yes): insert “con su;” otherwise, insert “la”]** capacidad de trabajar o de involucrarse en actividades sociales?

Please read:

- 1 Todo el tiempo
- 2 Casi siempre
- 3 A veces
- 4 Rara vez
- 5 Nunca

Do not read:

- 7 Don't know / Not sure
- 9 Refused

//ask if ((adults>1 and AR3_2 <7) or AR3_1=1) and cstate ne2//

AR3_7. During the past 30 days, how often **[If AR3_1 = 1 (Yes): insert “has;” otherwise, insert “have you;”]** a family member or friend provided any care or assistance for **[If AR3_1 = 1 (Yes): “you;” otherwise, insert “this person”]** because of confusion or memory loss?

Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 9 Refused

AR3_7. Durante los últimos 30 días, ¿con qué frecuencia **[If AR3_1 = 1 (Yes): insert "usted;" otherwise, insert "un familiar o un amigo]]** ha brindado cualquier tipo de ayuda o cuidados a **[If AR3_1 = 1 (Yes): insert —usted; otherwise insert, —esta persona]** debido a la confusión o pérdida de la memoria?

Please read:

- 1 Todo el tiempo
- 2 Casi siempre
- 3 A veces
- 4 Rara vez
- 5 Nunca

Do not read:

- 7 Don't know / Not sure
- 9 Refused

//ask if ((adults>1 and AR3_2 <7) or AR3_1=1) and cstate ne2//

AR3_8. Has anyone discussed with a health care professional, increases in **[If AR3_1 = 1 (Yes): insert "your;" otherwise, insert "this person's"]** confusion or memory loss?

- 1 Yes
- 2 No **[Go to next module]**
- 7 Don't know / Not sure **[Go to next module]**
- 9 Refused **[Go to next module]**

AR3_8. ¿Alguien ha hablado con su profesional de atención médica sobre los aumentos de **confusión o pérdida de la memoria?**

//ask if AR3_8=1 and cstate ne2//

AR3_9. Have **[If AR3_1 = 1 (Yes): insert "you;" otherwise, insert "this person"]** received treatment such as therapy or medications for confusion or memory loss?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

AR3_9. ¿Ha [If AR3_1 = 1 (Yes): insert “usted;” otherwise, insert “esta persona”] recibido tratamiento como terapia o medicamentos para la **confusión o pérdida de la memoria**?

//ask if AR3_8=1 and cstate ne2//

AR3_10. Has a health care professional ever said that [If AR3_1 = 1 (Yes): insert “you have;” otherwise, insert “this person has”] Alzheimer’s disease or some other form of dementia?

- 1 Yes, Alzheimer’s Disease
- 2 Yes, some other form of dementia but not Alzheimer’s Disease
- 3 No diagnosis has been given
- 7 Don’t know / Not sure
- 9 Refused

AR3_10. ¿Algún profesional de la salud le ha dicho alguna vez que [If AR3_1 = 1 (Yes): insert “usted;” otherwise, insert “esta persona”] ha tenido Alzheimer o algún tipo de demencia?

- 1 Sí, enfermedad de Alzheimer
- 2 Sí, algún otro tipo de demencia pero no enfermedad de Alzheimer
- 3 No ha recibido un diagnóstico
- 7 No sabe/No está seguro
- 9 Se niega a contestar

End timer ett3

State-Added 4: Safety (questions from UAMS Partners for Inclusive Communities) (land and cell cstate = 1)

Start timer ett4

//ask if cstate ne 2//

AR4_1 How safe from crime do you consider your neighborhood to be? Would you say...

Please read:

- 1 Extremely safe
- 2 Quite safe
- 3 Slightly safe
- 4 Not at all safe
- Do not read
- 7 Don’t know/not sure
- 9 Refused

AR4_1. ¿Cuán segura considera que es el área residencial donde vive con respecto a crímenes? Diría que es...

- 1. Extremadamente segura
- 2. Bastante segura
- 3. Ligeramente segura

- 4. Para nada segura
- Do not read
- 7 Don't know/not sure
- 9 Refused

//ask if cstate ne 2//

AR4_2 Overall, how would you rate your neighborhood as a place to walk? Would you say...

Please read:

- 1 Very pleasant
- 2 Somewhat pleasant
- 3 Not very pleasant
- 4 Not at all pleasant
- Do not read
- 7 Don't know/not sure
- 9 Refused

AR4_2. En general, ¿cómo calificaría el área residencial donde vive como para salir a caminar? Diría que es...

Please read:

- 1. Muy agradable
- 2. Un tanto agradable
- 3. No muy agradable
- 4. Para nada agradable

Do not read

- 7 Don't know/not sure
- 9 Refused

//ask if cstate ne 2//

AR4_3 There are sidewalks on most of the streets in my neighborhood. Would you say that you...

Please read:

- 1 Strongly disagree
- 2 Somewhat disagree
- 3 Somewhat agree
- 4 Strongly agree
- 5 Does not apply to my neighborhood
- Do not read
- 7 Don't know/not sure
- 9 Refused

AR4_3. La mayoría de las calles del área residencial donde vivo tienen aceras. Diría que usted está...

Please read:

- 1. Totalmente en desacuerdo

2. Un tanto en desacuerdo
3. Un tanto de acuerdo
4. Totalmente de acuerdo
5. No es relevante para el area donde vivo

Do not read

- 7 Don't know/not sure
- 9 Refused

//ask if cstate ne 2//

AR4_4 How well prepared do you feel your household is to handle a large-scale disaster or emergency? Would you say...

Please read:

- 1 Well prepared
- 2 Somewhat prepared
- 3 Not prepared at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused

AR4_4. ¿Cuán preparado considera que está su hogar para hacer frente a un desastre o emergencia de gran escala? Diría que está...

Please read:

1. Bien preparado
2. Un tanto preparado
3. Para nada preparado

Do not read:

- 7 Don't know / Not sure
- 9 Refused

End timer ett4

Closing statement

//ask if samptype = 1/

Please read:

CLOSING

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in Arkansas. Thank you very much for your time and cooperation.

1. Continue

Esa fue mi última pregunta. Las respuestas de todas las personas encuestadas se combinarán de modo que nos ayuden a brindar información sobre las prácticas de salud de la población de este estado. Muchas gracias por su tiempo y cooperación.

//if samptype=2//

ARCLOSE In appreciation for the time you have spent answering our questions, we would like to provide you with \$10 in compensation. Would you please give me your name and address so that we can send you the \$10 payment?

01 Agree to give information

99 Refused to give contact information

ARCLOSE En agradecimiento por el tiempo que usted se tomó para responder a nuestras preguntas, quisiéramos entregarle \$10 como compensación. ¿Podría darme su nombre y su dirección para que podamos enviarle el pago de \$10?

//if arclose = 99//

Close2 That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in Arkansas. Thank you very much for your time and cooperation.

01 continue

Esa fue mi última pregunta. Las respuestas de todas las personas encuestadas se combinarán de modo que nos ayuden a brindar información sobre las prácticas de salud de la población de este estado. Muchas gracias por su tiempo y cooperación.

//if arclose=1//

FNAME What is your first name?

¿Cuál es su primer nombre?

//if arclose=1//

LNAME What is your last name?

¿cuál es su apellido?

//if arclose=1//

STREET What is your street address?

¿Cuál es el nombre de la calle donde vive?

//if arclose=1// [BLANK ALLOWED]

APT

INTERVIEWER: IF NO APARTMENT NUMBER - HIT ENTER

//if arclose = 1//

CITY What is the city or town?

¿Cuál es la ciudad o pueblo?

//if arclose=1//

ASTATE What is the state?
¿Cuál es el estado?

//if arclose=1//
ZIP What is your zip code?
[RANGE 00001-99999]

¿Cuál es el código postal?

//if arclose=1//

Addchk I have your name and address as

[insert fname] [insert lname]
[insert street address]
[insert city]
[insert state]
[insert zip]

Is that correct?

Tengo su nombre y su dirección como:
Es esto correcto?

- 01 YES - ALL CORRECT
- 02 NEED TO - CORRECT FIRST NAME [go back to fname]
- 03 NEED TO - CORRECT LAST NAME [go back to lname]
- 04 NEED TO - CORRECT ADDRESS [go back to street]
- 05 NEED TO - CORRECT APARTMENT NUMBER [go back to appt]
- 06 NEED TO - CORRECT CITY [go back to [city]
- 07 NEED TO - CORRECT STATE [go back to astate]
- 08 NEED TO - CORRECT ZIP CODE [go back to zip]

//if ARCLOSE=1//

Close3 Your \$10 check will be mailed to you at this address. Thank you very much for your cooperation.

01 continue

Su cheque de \$10 será enviado a esta dirección. Muchas gracias por su cooperación.

Activity List for Common Leisure Activities (To be used for Section 12: Physical Activity)

Code Description (Physical Activity, Questions 12.2 and 12.5 above)

0 1 Active Gaming Devices (Wii Fit, Dance Dance revolution)	4 1 Rugby
0 2 Aerobics video or class	4 2 Scuba diving
0 3 Backpacking	4 3 Skateboarding
0 4 Badminton	4 4 Skating – ice or roller
0 5 Basketball	4 5 Sledding, tobogganing
0 6 Bicycling machine exercise	4 6 Snorkeling
0 7 Bicycling	4 7 Snow blowing
0 8 Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping)	4 8 Snow shoveling by hand
0 9 Bowling	4 9 Snow skiing
1 0 Boxing	5 0 Snowshoeing
1 1 Calisthenics	5 1 Soccer
1 2 Canoeing/rowing in competition	5 2 Softball/Baseball
1 3 Carpentry	5 3 Squash
1 4 Dancing-ballet, ballroom, Latin, hip hop, zumba, etc	5 4 Stair climbing/Stair master
1 5 Elliptical/EFX machine exercise	5 5 Stream fishing in waders
1 6 Fishing from river bank or boat	5 6 Surfing
1 7 Frisbee	5 7 Swimming
1 8 Gardening (spading, weeding, digging, filling)	5 8 Swimming in laps
1 9 Golf (with motorized cart)	5 9 Table tennis
2 0 Golf (without motorized cart)	6 0 Tai Chi
2 1 Handball	6 1 Tennis
2 2 Hiking – cross-country	6 2 Touch football
2 3 Hockey	6 3 Volleyball
2 4 Horseback riding	6 4 Walking
2 5 Hunting large game – deer, elk	6 6 Waterskiing
2 6 Hunting small game – quail	6 7 Weight lifting
2 7 Inline Skating	6 8 Wrestling
2 8 Jogging	6 9 Yoga
2 9 Lacrosse	7 1 Childcare
3 0 Mountain climbing	7 2 Farm/Ranch Work (caring for livestock, stacking hay, etc.)
3 1 Mowing lawn	7 3 Household Activities (vacuuming, dusting, home repair, etc.)
3 2 Paddleball	7 4 Karate/Martial Arts
3 3 Painting/papering house	7 5 Upper Body Cycle (wheelchair sports, ergometer, etc.)
3 4 Pilates	7 6 Yard work (cutting/gathering wood, trimming hedges etc.)
3 5 Racquetball	97 Don't know
3 6 Raking lawn	9 8 Other_____
3 7 Running	9 9 Refused
3 8 Rock Climbing	
3 9 Rope skipping	
4 0 Rowing machine exercise	