

# Prairie County 2003-2004 County Youth Health Survey



**Prairie County Youth,  
Our Greatest Asset**

Coordinated by:  
Prairie County Hometown Health Improvement  
& Arkansas Department of Health Center for Health Statistics

# 2003-2004 Prairie County Youth Health Survey

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*and*

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May 2004

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# 2003-2004 Prairie County Youth Health Survey

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### What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice Youth Risk Behavior Survey questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

During October, 2003, usable CYHS questionnaires were completed by 441 seventh through twelfth grade students throughout Prairie County public schools. The information provided by those students is presented in this report.

### Why did Prairie County conduct the CYHS?

Prairie County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Prairie County HHI is working to assess the specific health needs of Prairie County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the County Youth Health Survey be administered to the students in the seventh through twelfth grades at PrairieCounty schools.

The CYHS will help Prairie County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Prairie County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2003-2004 CYHS also provides Prairie County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, CYHS' findings form a valuable base upon which Prairie County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

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- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the CYHS conducted?

During October, 2003, seventh through twelfth grade students enrolled in Prairie County public schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Prairie County schools' students participated in the survey:

- Des Arc
- Hazen

### About This Report

This report entitled "2003-2004 Prairie County Youth Health Survey" summarizes the overall answers Prairie County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Prairie County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

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This report summarizes Prairie County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this CYHS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of CYHS participants giving those answers; and
- Major summary findings.

### How Results Can Be Interpreted

Prairie County's 2003-2004 County Youth Health Survey is a "snapshot in time" showing those health-risk behaviors reported by Prairie County students in October, 2003. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

Answers were edited for consistency using the Center for Disease Control and Prevention's CYHS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

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Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Prairie County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Prairie County students who completed the CYHS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Prairie County's 2003-2004 CYHS data may request additional data from:

Prairie County Hometown Health Improvement  
Donna Speight  
214 Main Street  
Des Arc, AR 72040

870-256-4430  
dspeight@healthyarkansas.com

For more information about the County Youth Health Survey or analysis of the survey data, please contact:

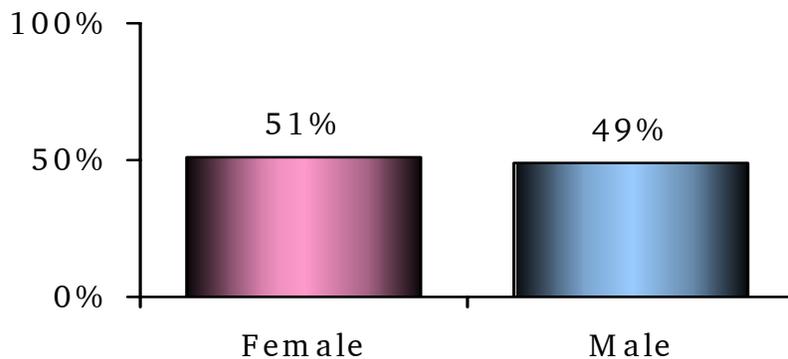
Arkansas Center for Health Statistics  
Sharon Rose Judah, Lead Programmer Analyst  
Ph. (501) 661-2971  
sjudah@healthyarkansas.com

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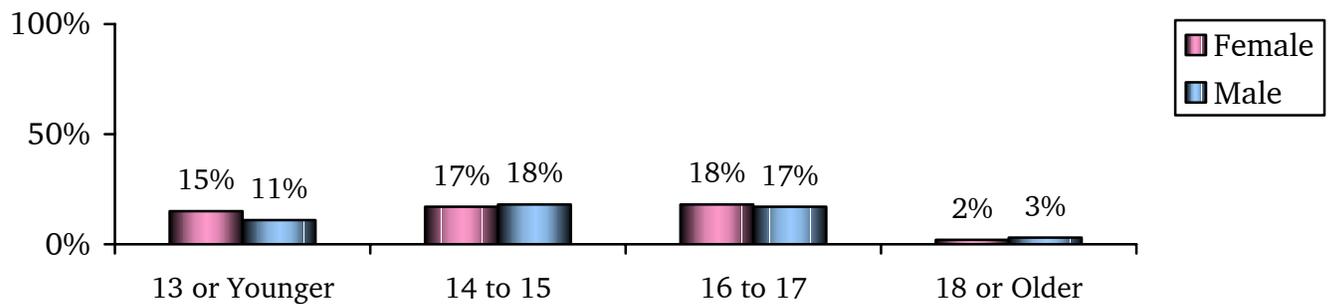
## Demographics of survey participants:

Total number of survey participants = 441

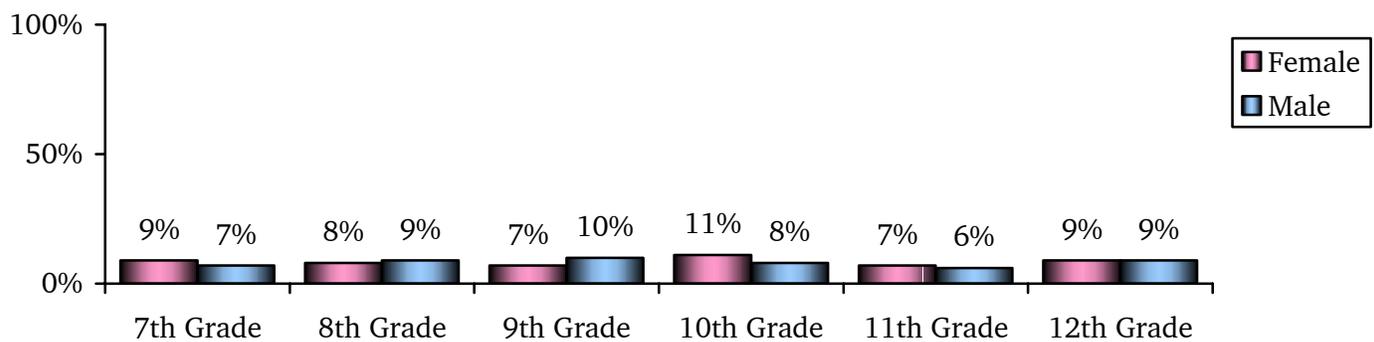
### Gender



### Age



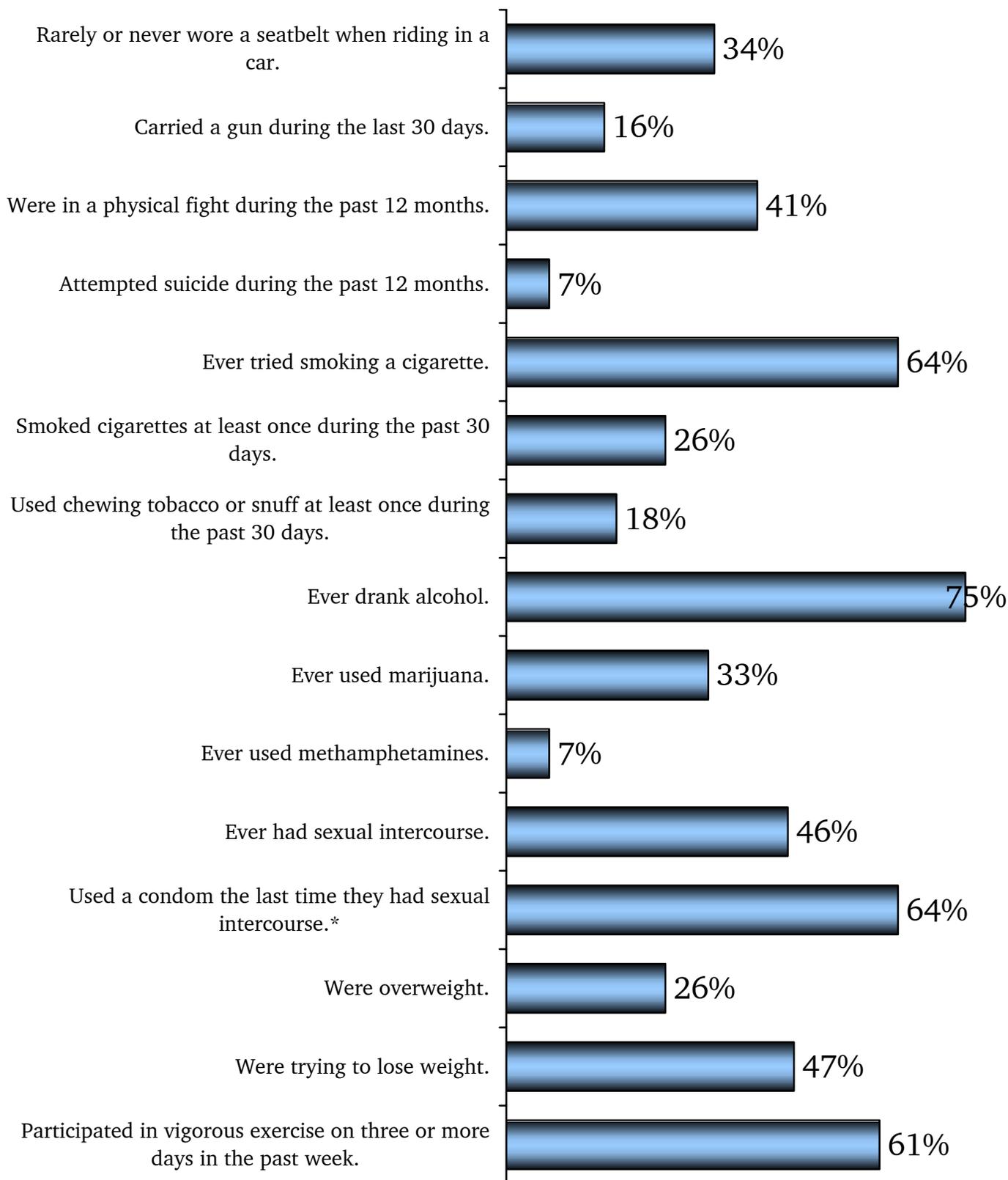
### Grade



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### Summary of Prairie County CYHS Findings

Percentage of students who:

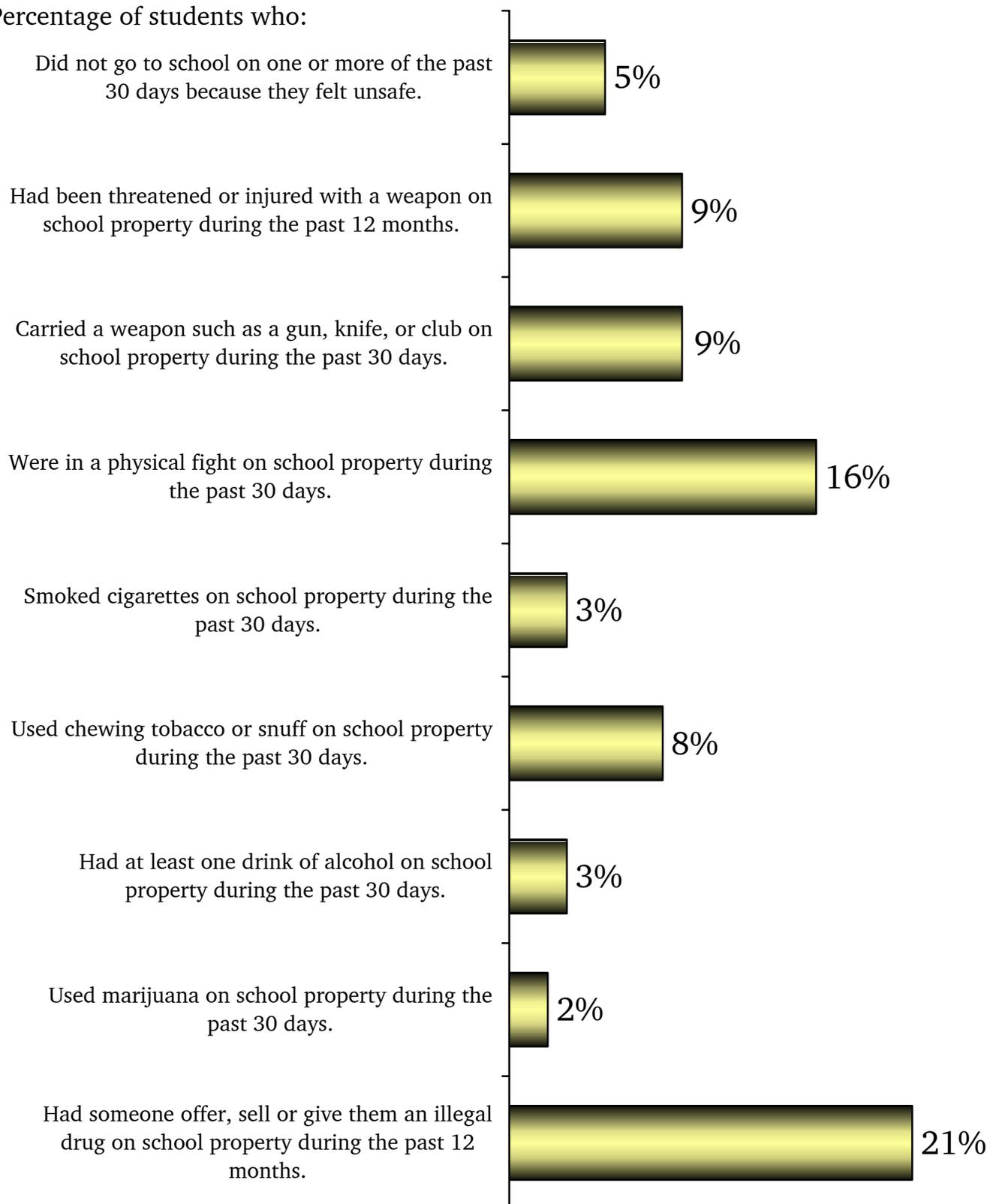


\* of those who had ever had sexual intercourse.

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### Summary of Behaviors Relating to School Property

Percentage of students who:



### Key findings

The following summaries highlight Prairie county students' responses on the County Youth Health Survey in key areas and provide an overview of Prairie county students' current activities, which impact their health.

#### Behaviors that result in injuries

- Ninety-eight percent of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Thirty-eight percent of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Fourteen percent indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Thirty-one percent of students carried a weapon such as a gun, knife, or club in the past 30 days, and 9% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 41% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 10% had to be treated for injuries sustained while fighting.
- Twelve percent of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Twelve percent of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

#### Depression and suicide

- Twenty-nine percent of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 17% of students had seriously considered attempting suicide, 14% had made a plan about how they would attempt suicide, and 7% actually attempted to commit suicide. Two percent of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

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### Tobacco use

- Sixty-four percent of the students surveyed said they had tried smoking a cigarette. Twenty-six percent reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 60% said they usually smoked two or more cigarettes on the days they smoked, and 18% said they usually got their own cigarettes by purchasing them at a store.
- Eighteen percent of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 8% had used it on school property.
- Fifteen percent of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

### Alcohol and other drug use

- Seventy-five percent of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 40% had taken their first drink by the age of 13.
- Forty-five percent of the students had taken at least one drink of alcohol in the month before the survey, and 29% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Thirty-three percent of the students said they had used marijuana at least once during their lives. Fourteen percent said they had smoked marijuana at least once during the last month.
- Twenty percent said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Eight percent had done so during the past month.
- Seven percent of the students surveyed had tried methamphetamines, 3% tried heroin, and 7% had tried cocaine at least once during their lives. Two percent had used a needle to inject an illegal drug into their bodies at least once.
- Six percent of the students surveyed had taken steroid pills or shots without a doctor's prescription.

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### Sexual activity

- Forty-six percent of the students who completed the survey said they had sexual intercourse. Fifteen percent of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 22% had used drugs or alcohol before their last sexual encounter, and 64% used a condom the last time they had sex.
- Four percent of the students surveyed reported that they had ever been or gotten someone pregnant.

### Dietary behaviors

- Twenty-six percent of the students surveyed were overweight, as measured by body mass index. The body mass index, or BMI, is a ratio of weight to height that allows people of different heights to be compared.
- While only 26% of the students are considered overweight as measured by BMI, 29% of the students perceived themselves as slightly to very overweight, and 47% reported that they were trying to lose weight.
- Forty-one percent of the students ate less during the past 30 days to lose or keep from gaining weight, and 57% exercised, 7% vomited or took laxatives, 12% took diet pills, and 18% went without eating for 24 hours or more to lose weight or keep from gaining weight.

### Physical activity

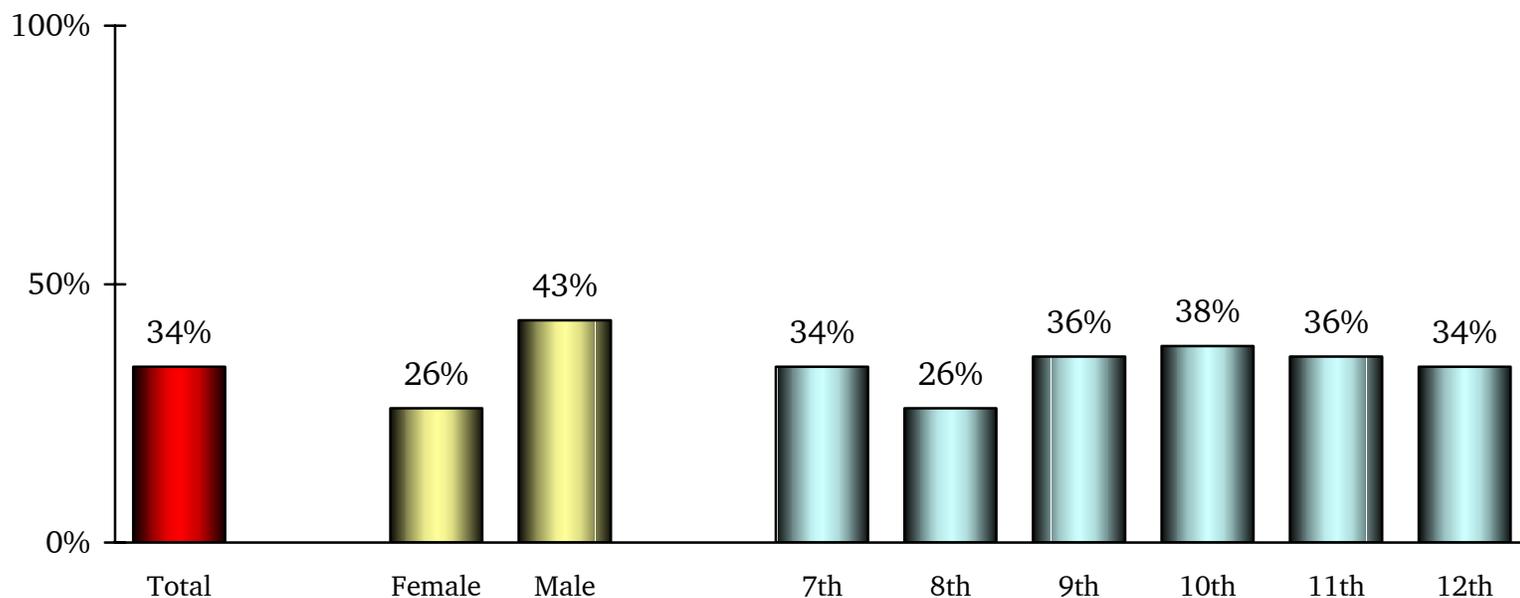
- Sixty-one percent of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Forty percent said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Forty-one percent of the students attended a physical education (PE) class at least once during an average school week, and 61% said they had played on one or more sports teams during the past year.

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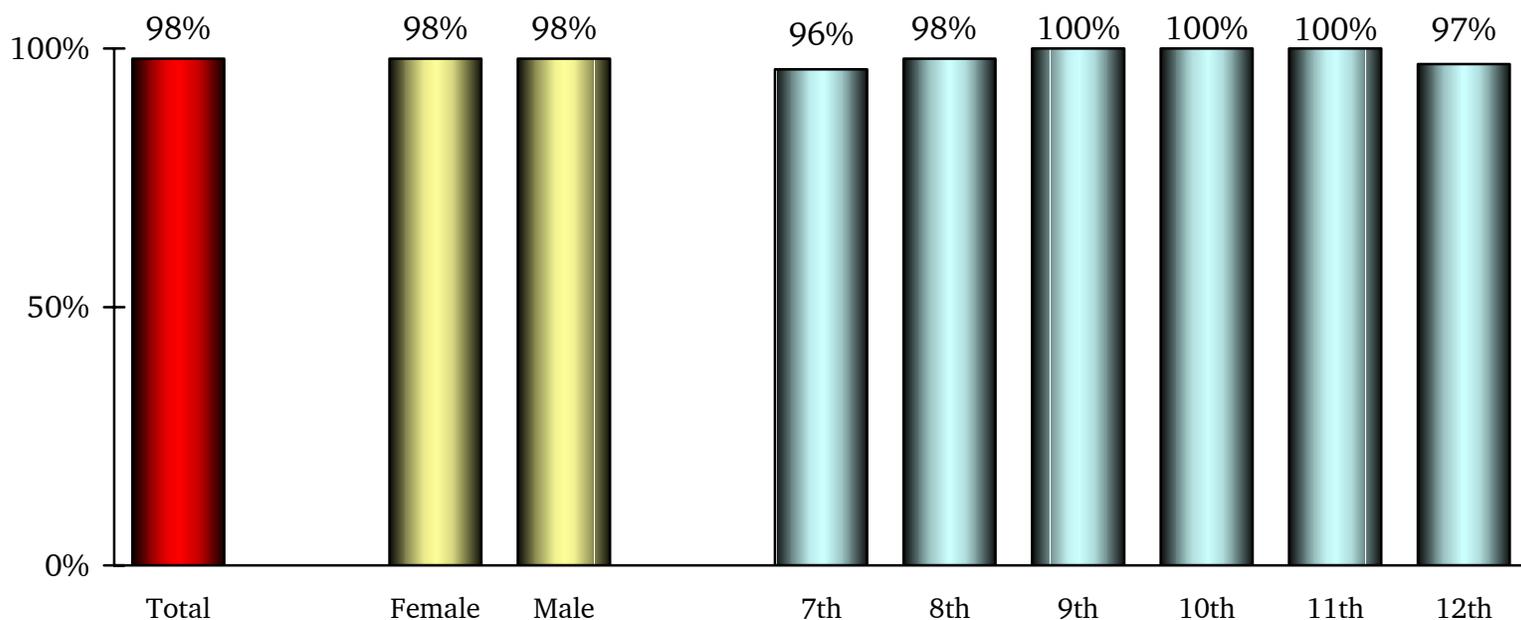
### ■ Vehicle Safety

*These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.*

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.



Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.

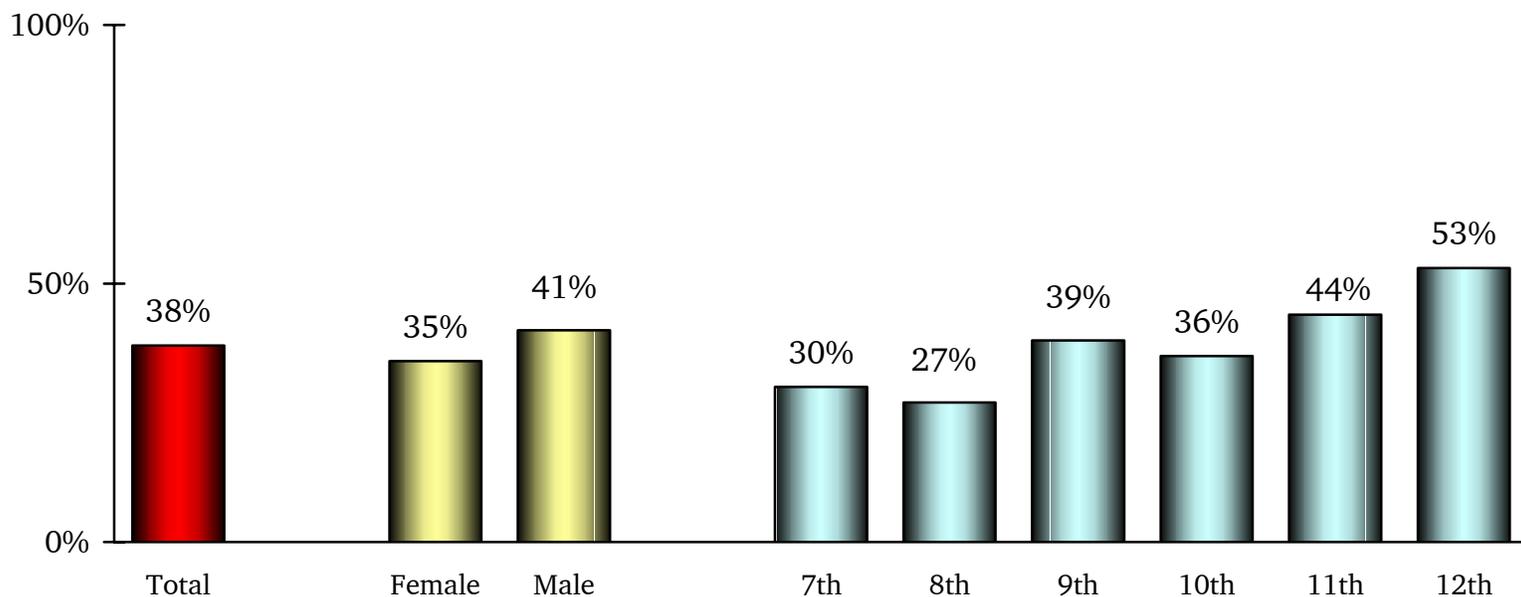


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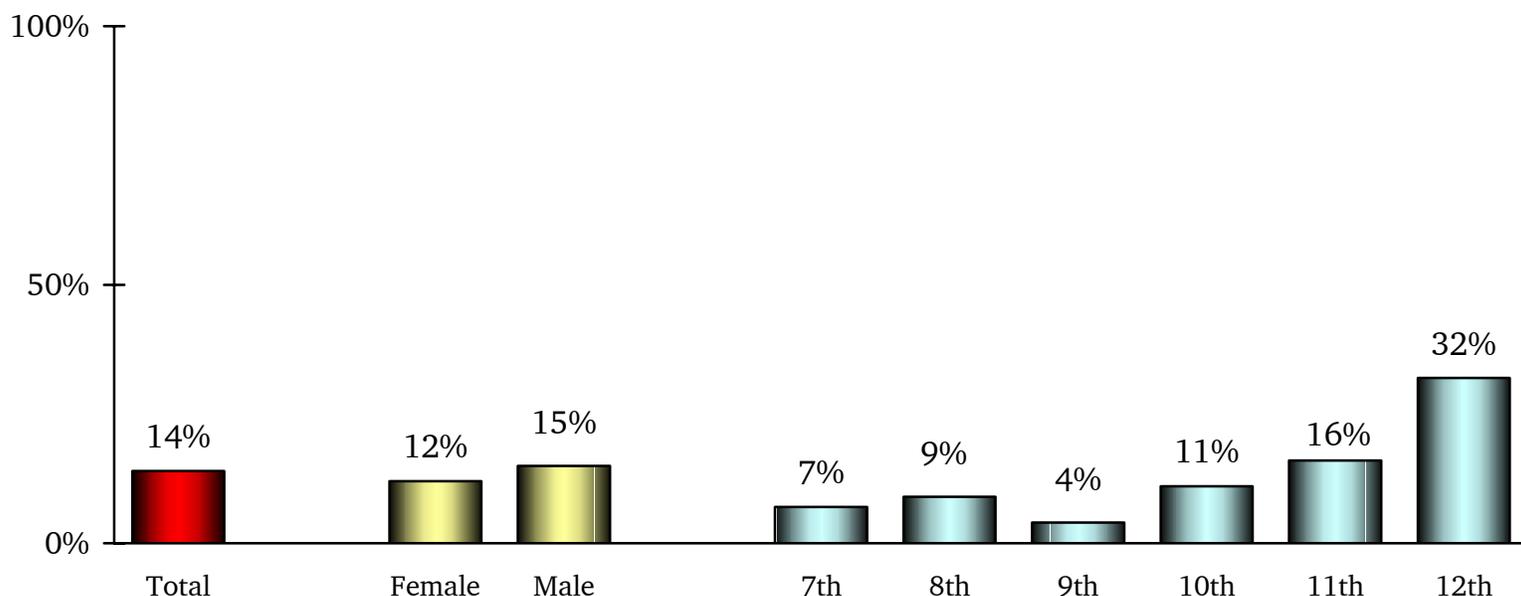
### ■ Vehicle Safety – Drinking and Driving

*These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.*

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.



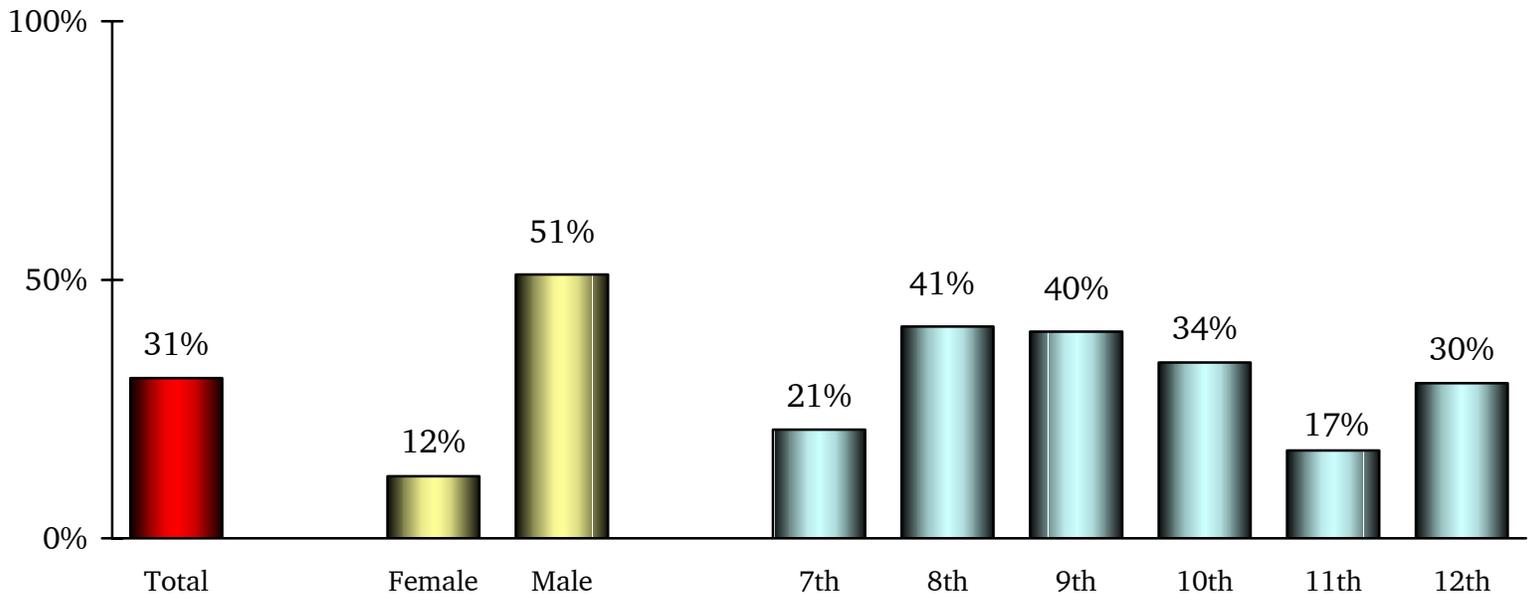
# 2003-2004 Prairie County Youth Health Survey

## ■ Violence-Related Behaviors

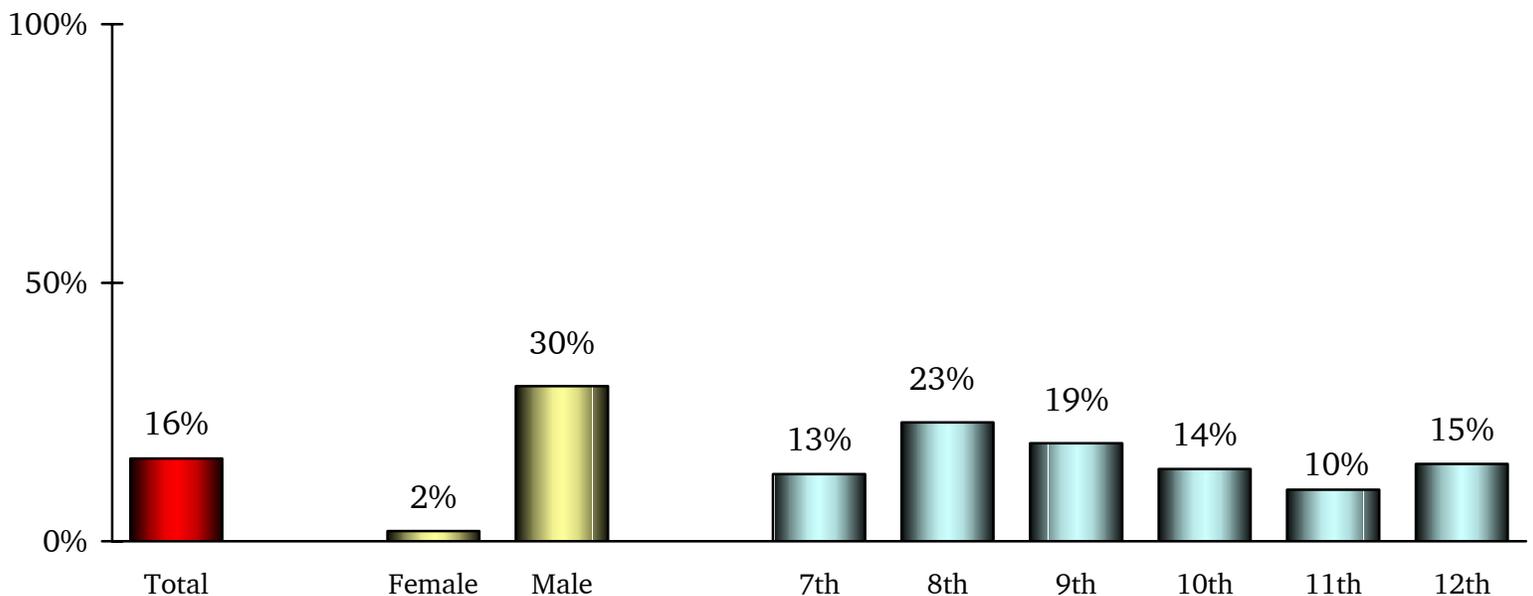
*These questions measure violence-related behaviors.*

Percentage of students who carried a weapon\* on one or more of the past 30 days.

\* such as a gun, knife, or club

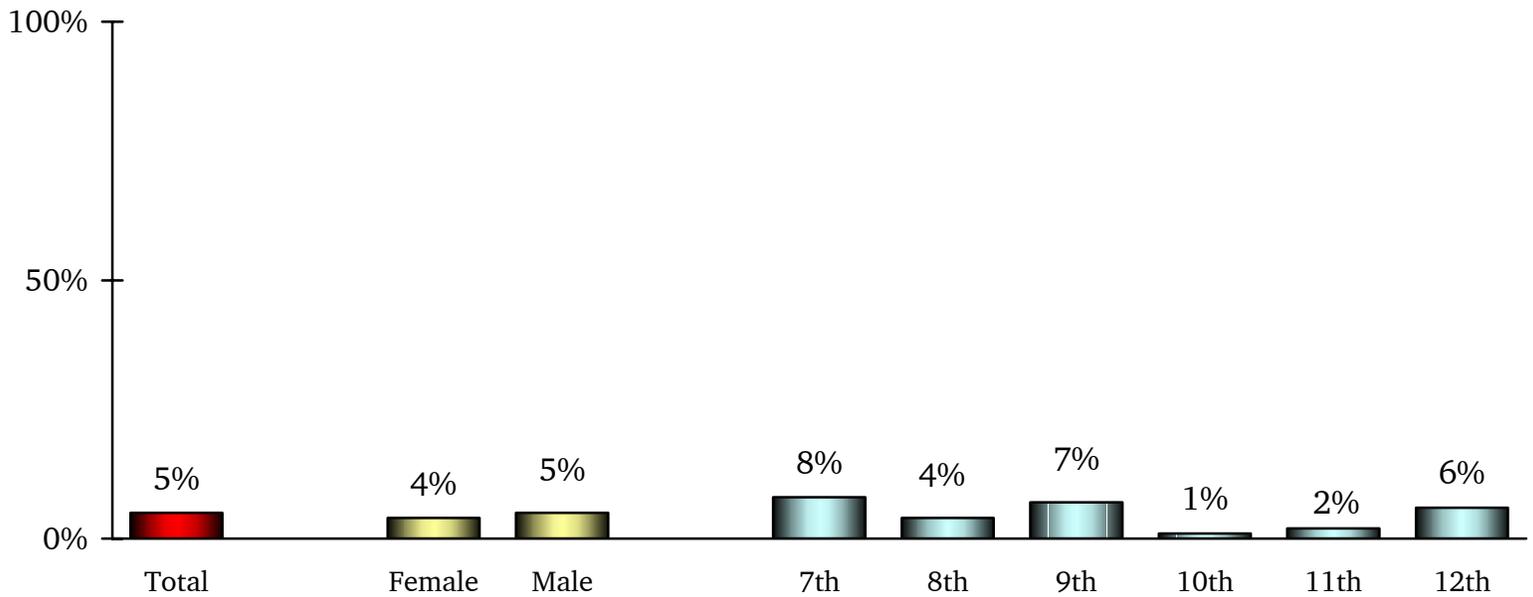


Percentage of students who carried a gun on one or more of the past 30 days.



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Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

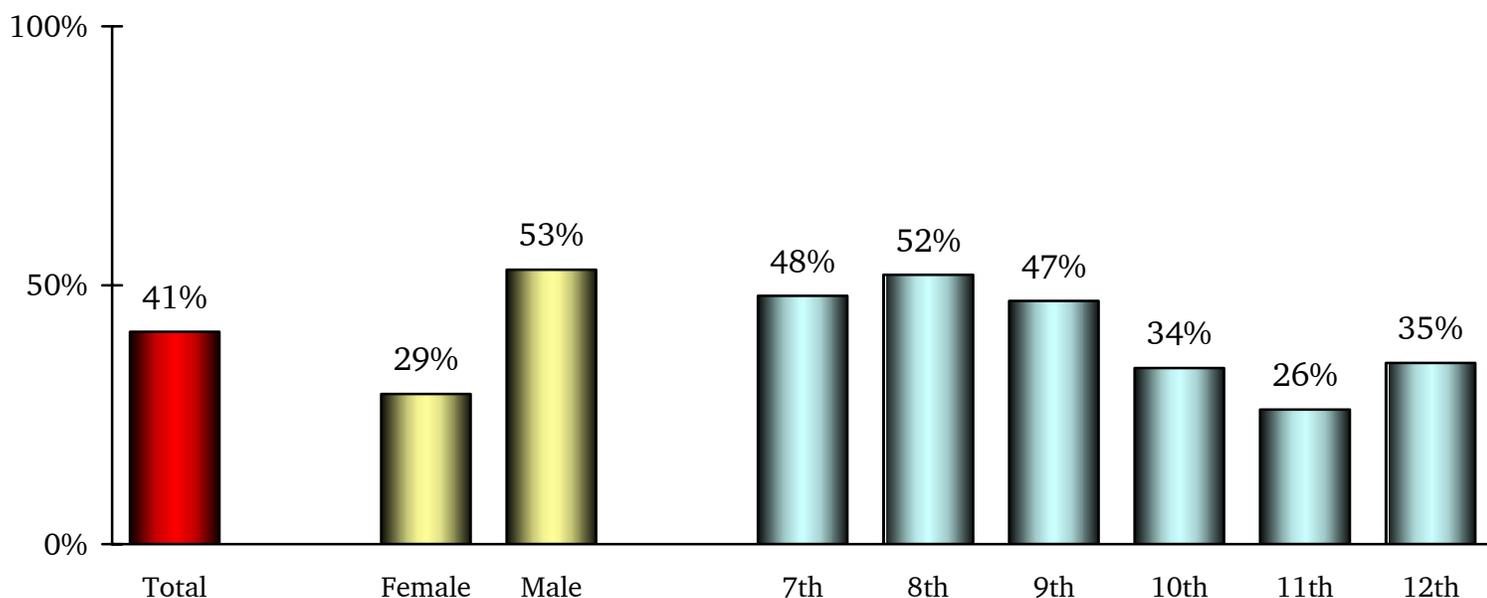


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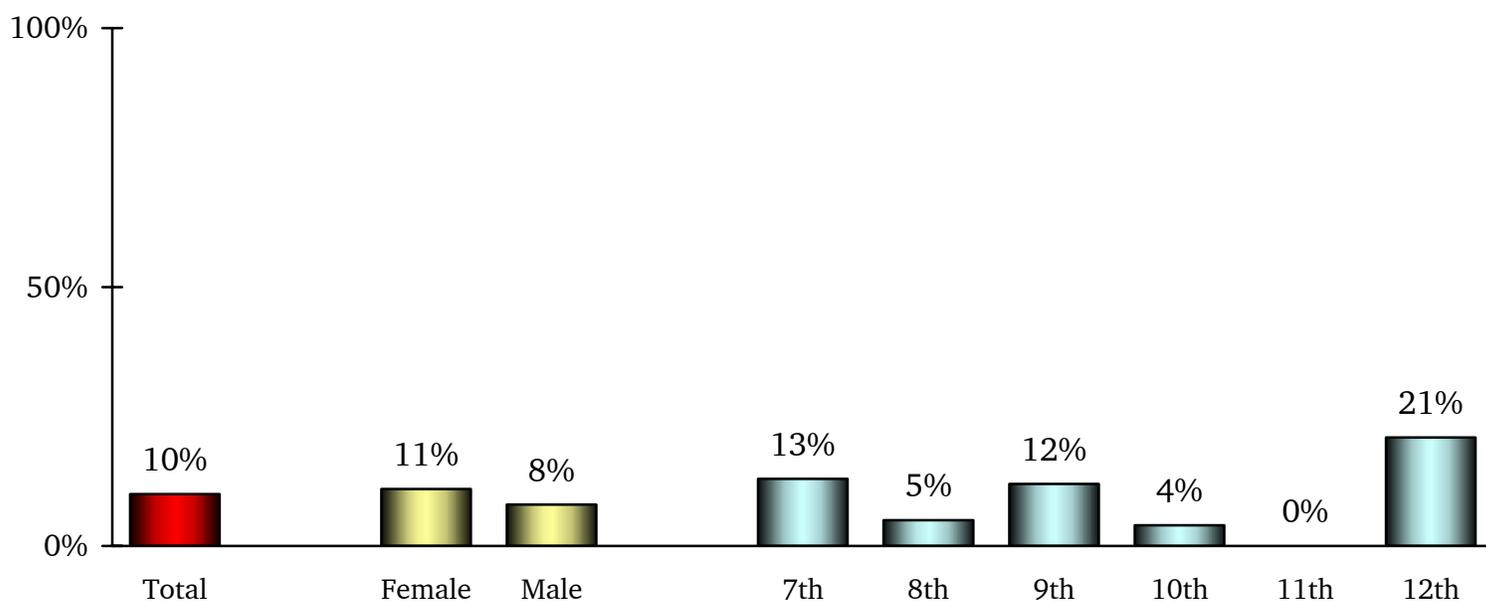
### ■ Violence – Physical Fighting

*These questions measure the frequency and severity of physical fights.*

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

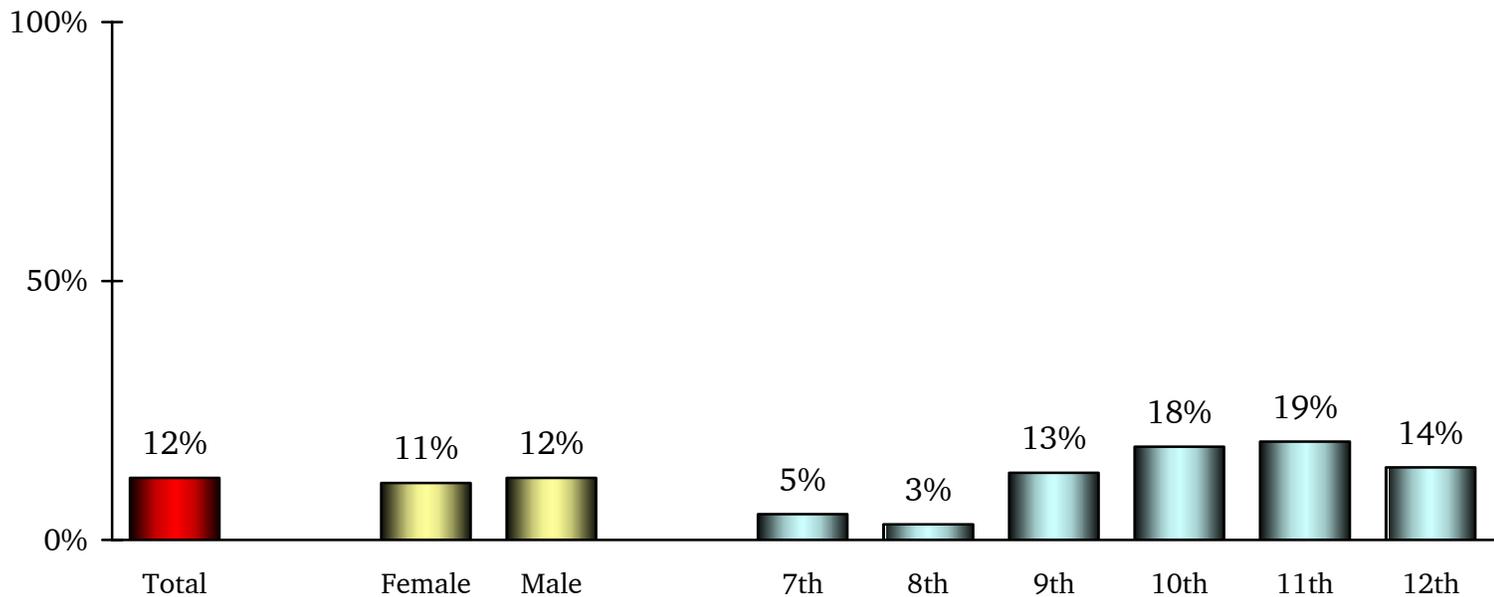


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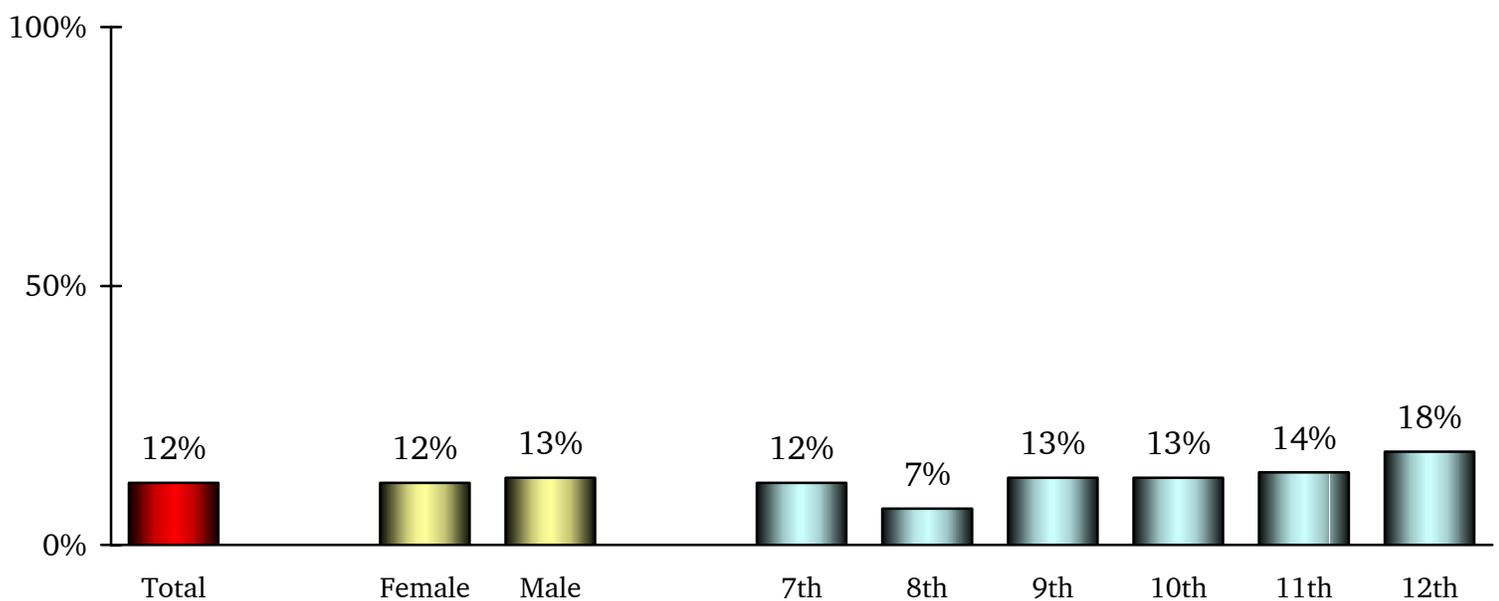
### ■ Violence – Sexual Violence

*These questions measure rape and domestic violence.*

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

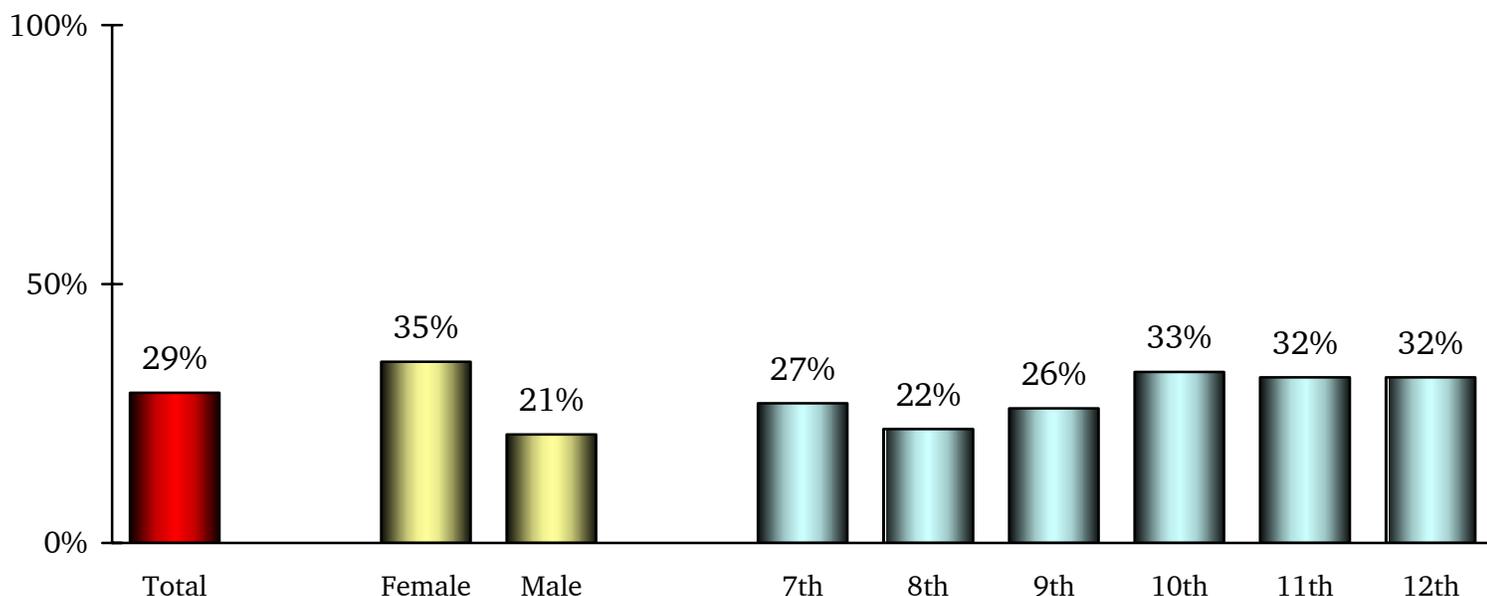


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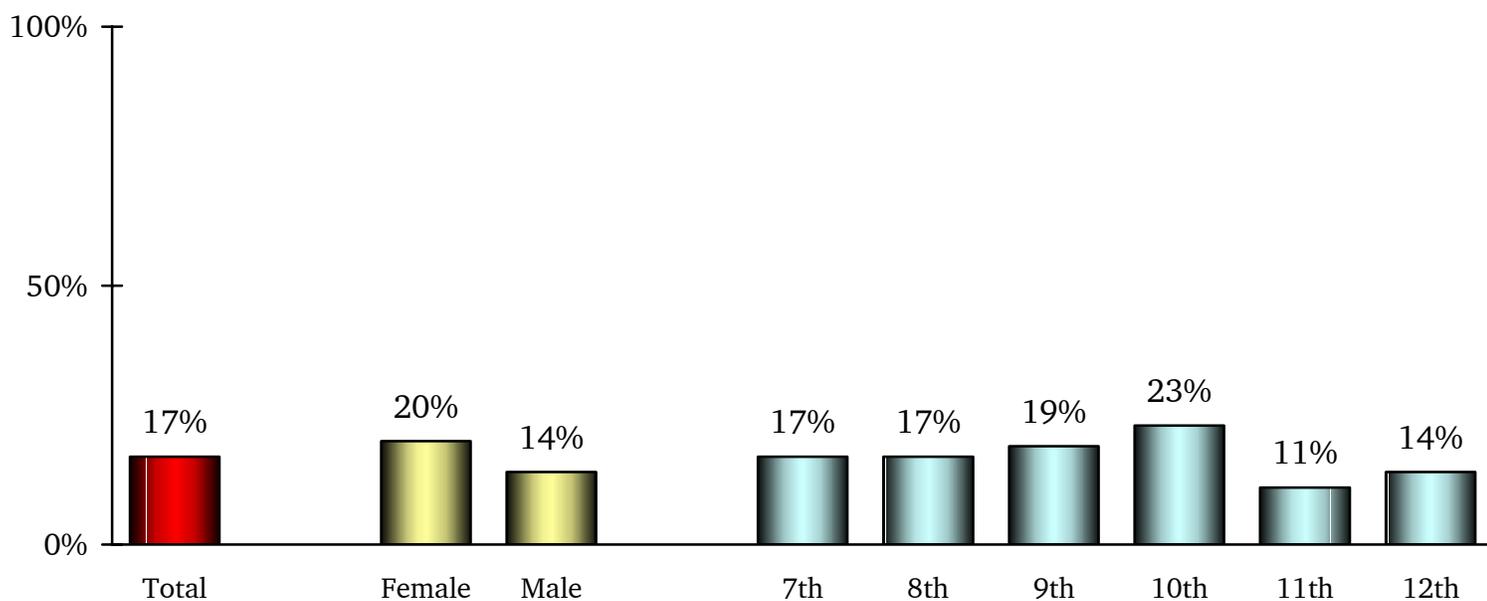
### ■ Depression and Suicide

*These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.*

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

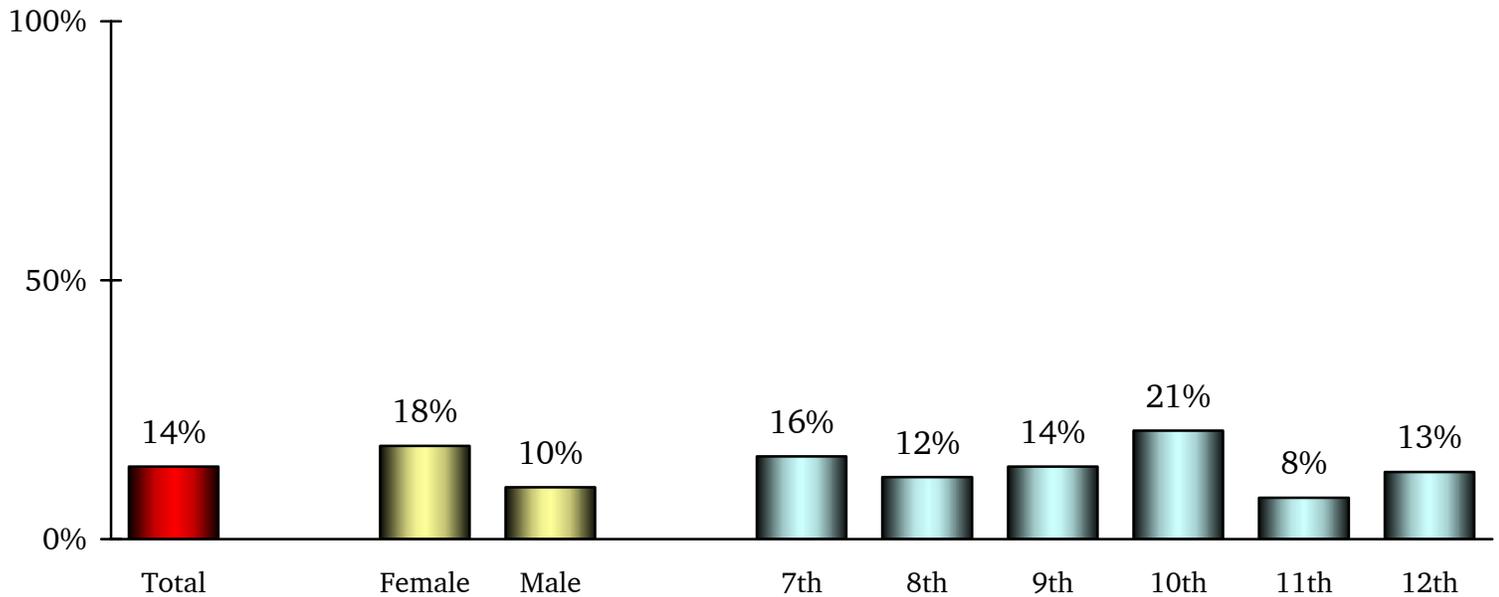


Percentage of students who seriously considered attempting suicide during the past 12 months.

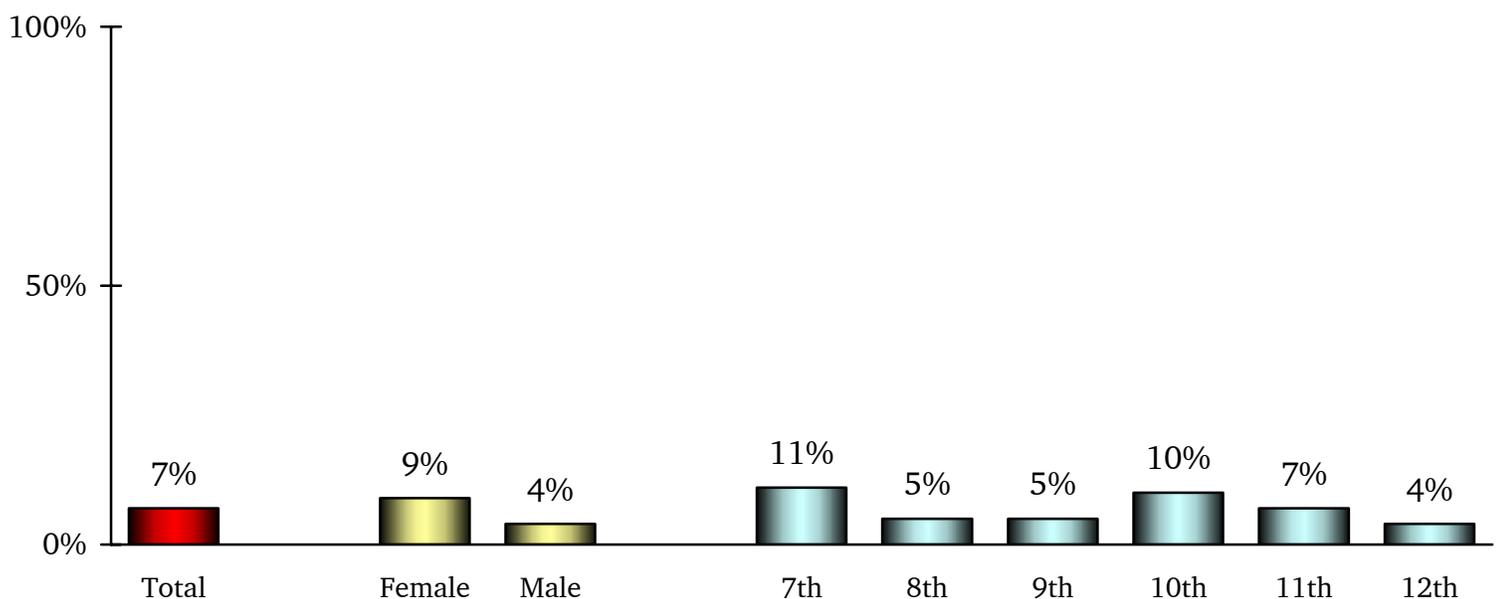


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Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

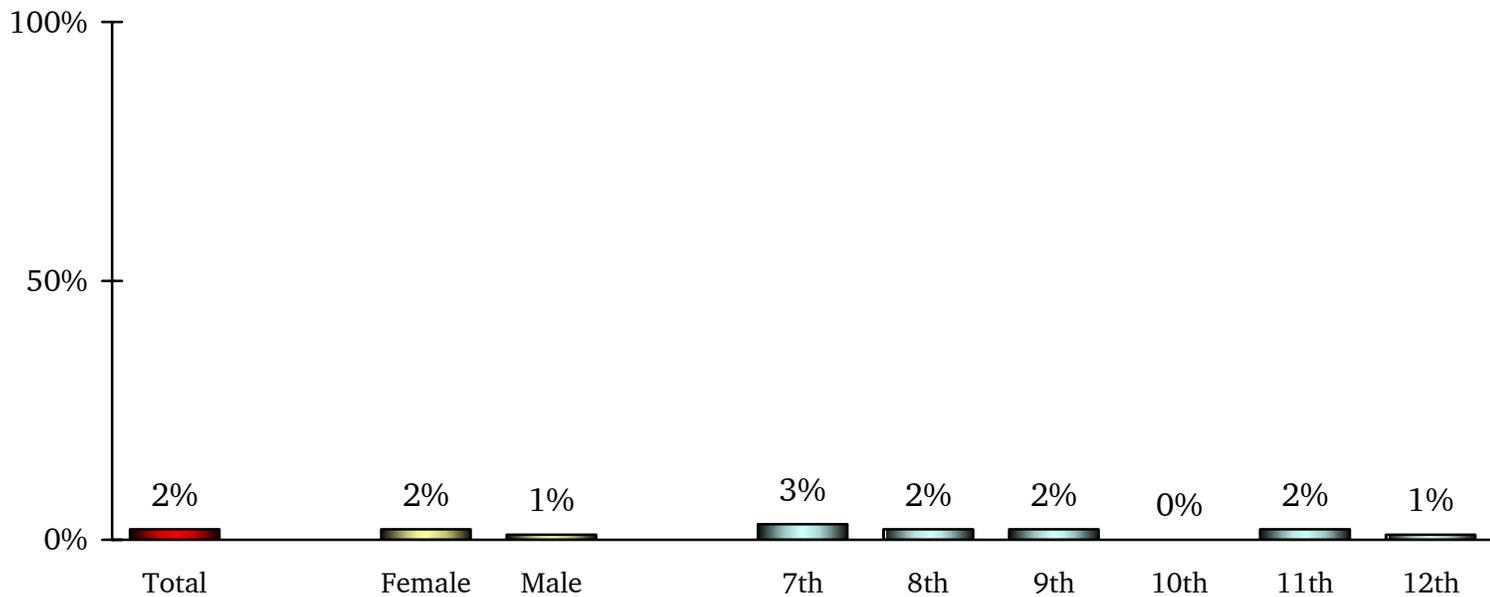


Percentage of students who actually attempted suicide one or more times during the past 12 months.



## 2003-2004 Prairie County Youth Health Survey

Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

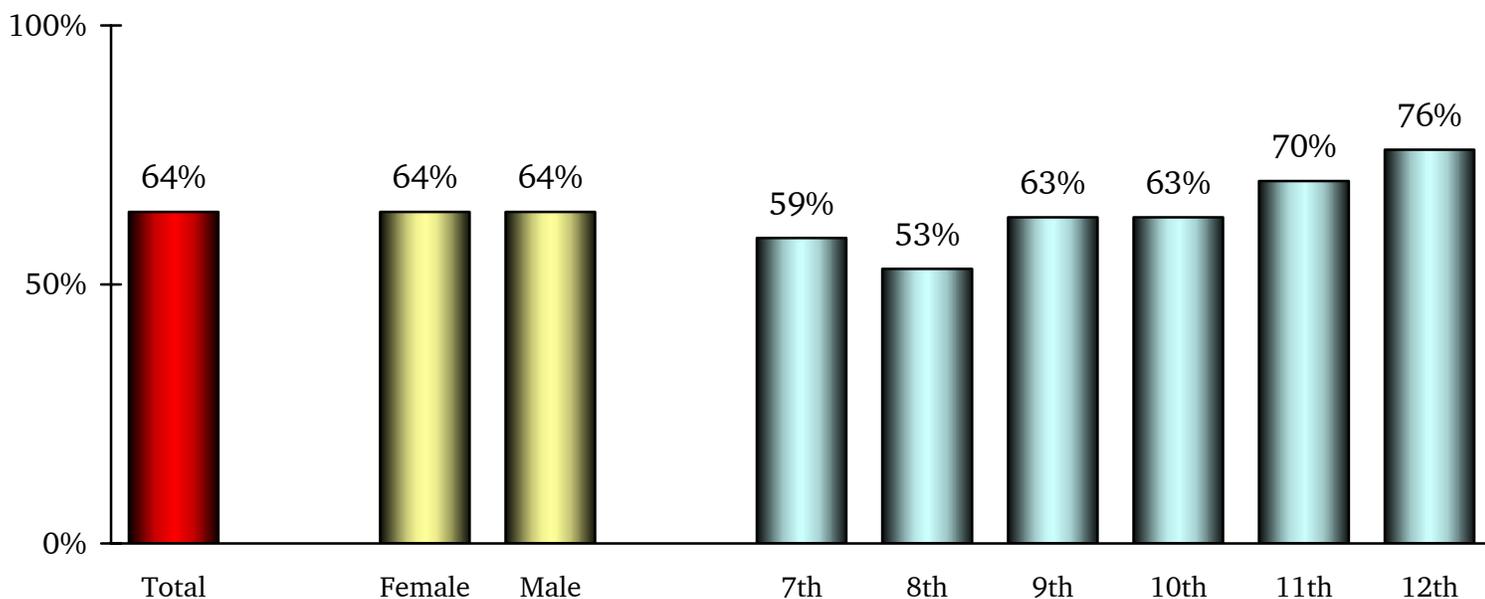


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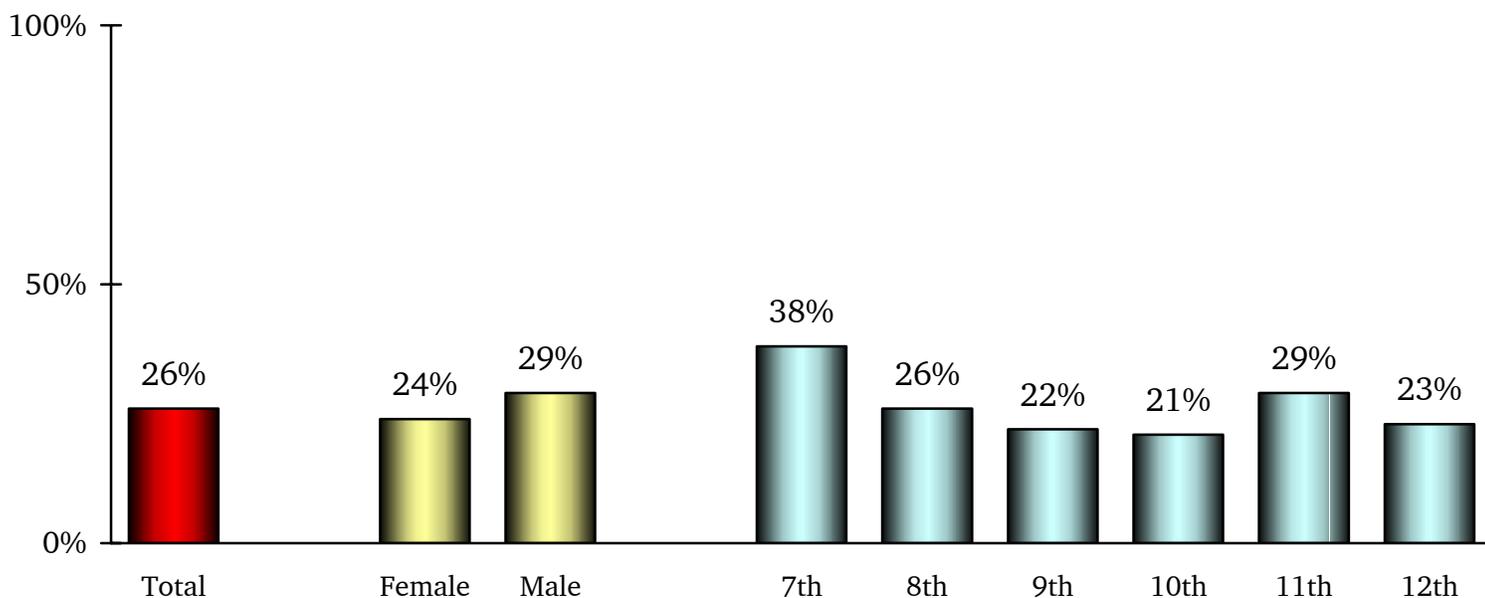
### ■ Tobacco Use – Cigarette Smoking

*These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.*

Percentage of students who ever tried cigarette smoking, even one or two puffs.

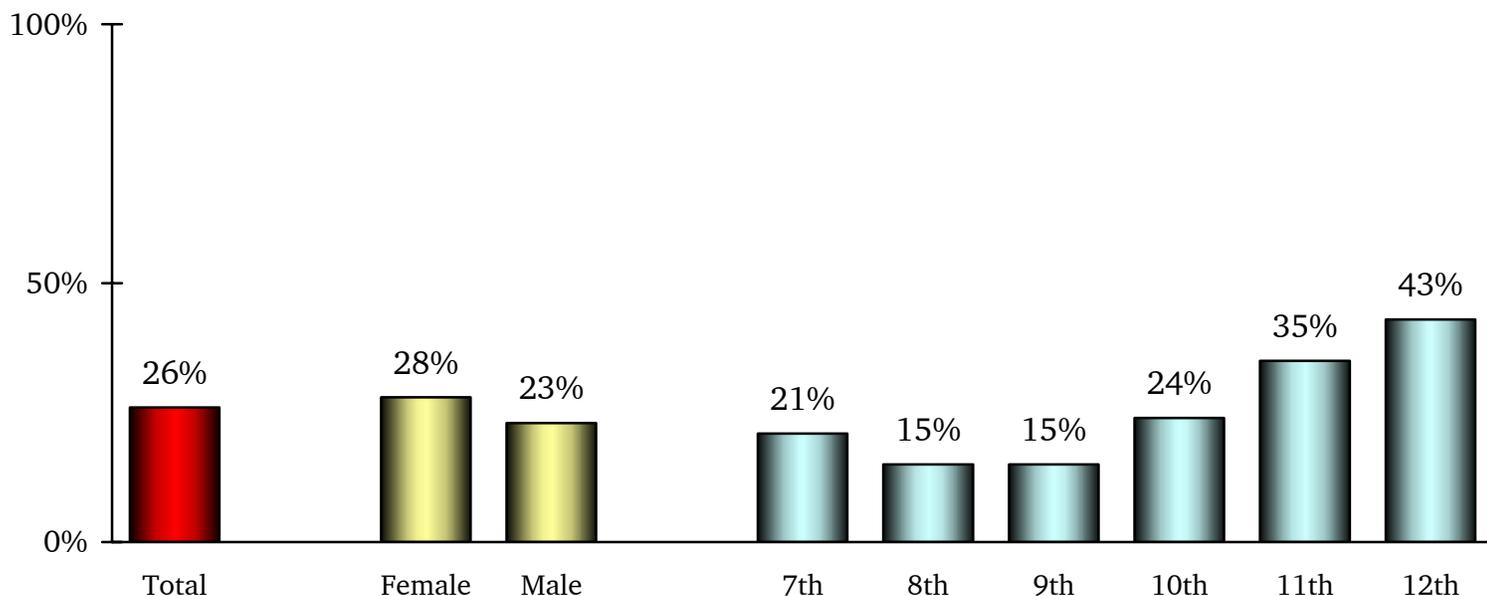


Percentage of students who smoked a whole cigarette for the first time before age 13.

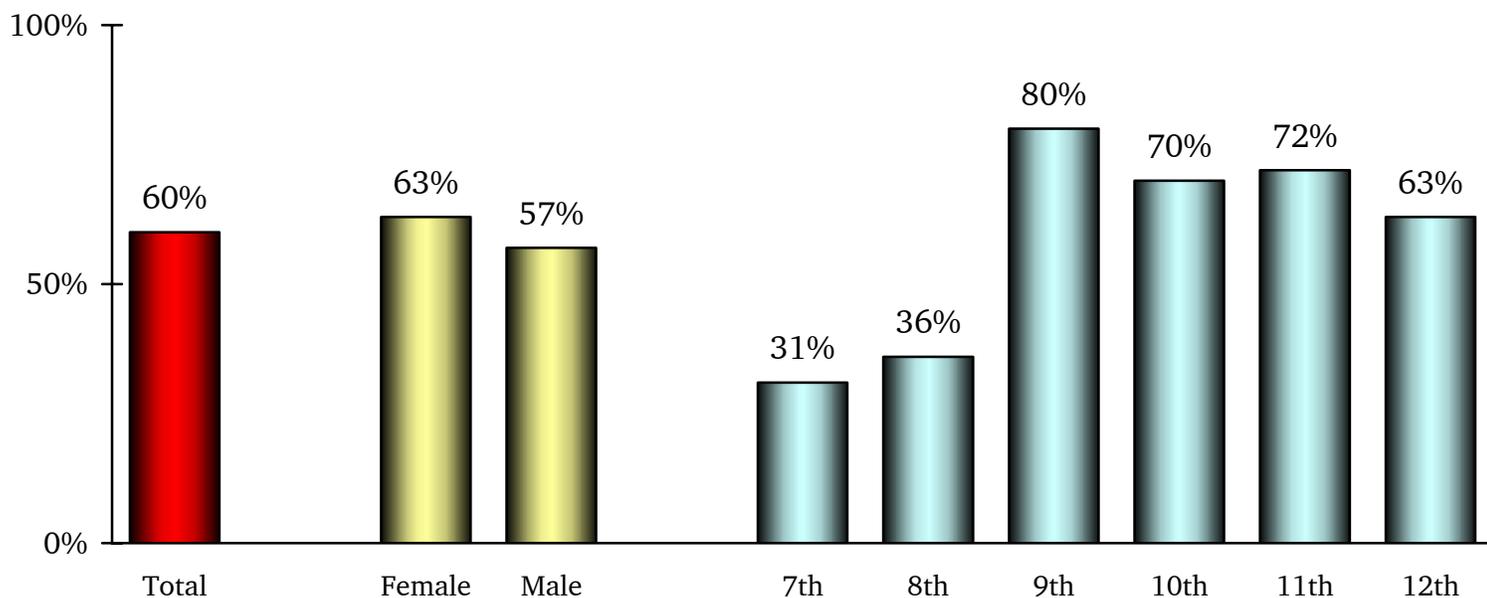


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days.

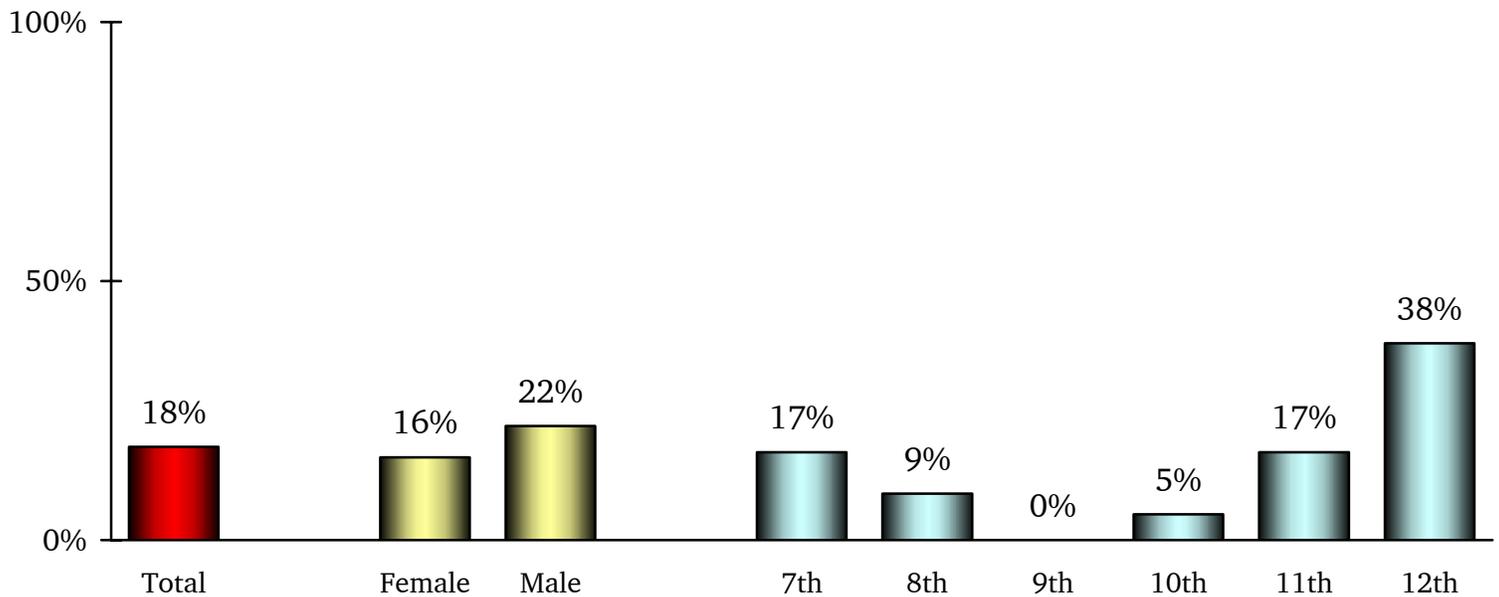


Of the students who smoked during the past 30 days, the percentage that smoked two or more cigarettes per day on the days they smoked.

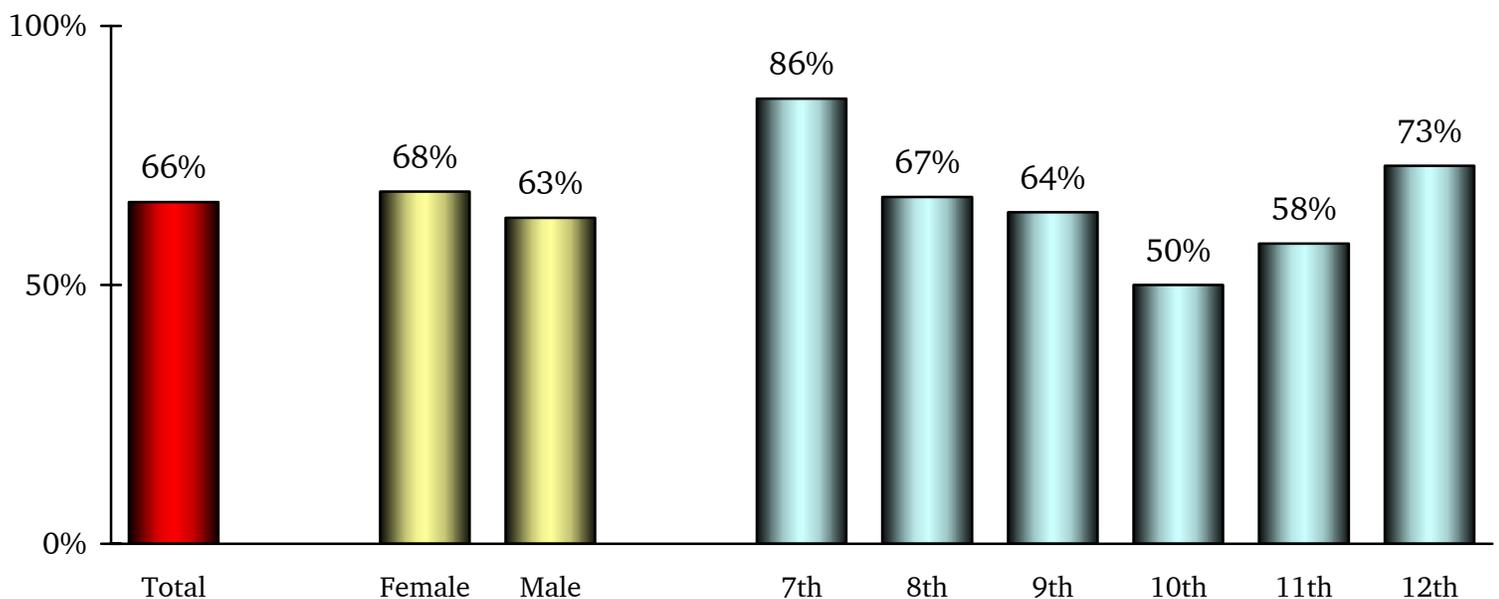


## 2003-2004 Prairie County Youth Health Survey

Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

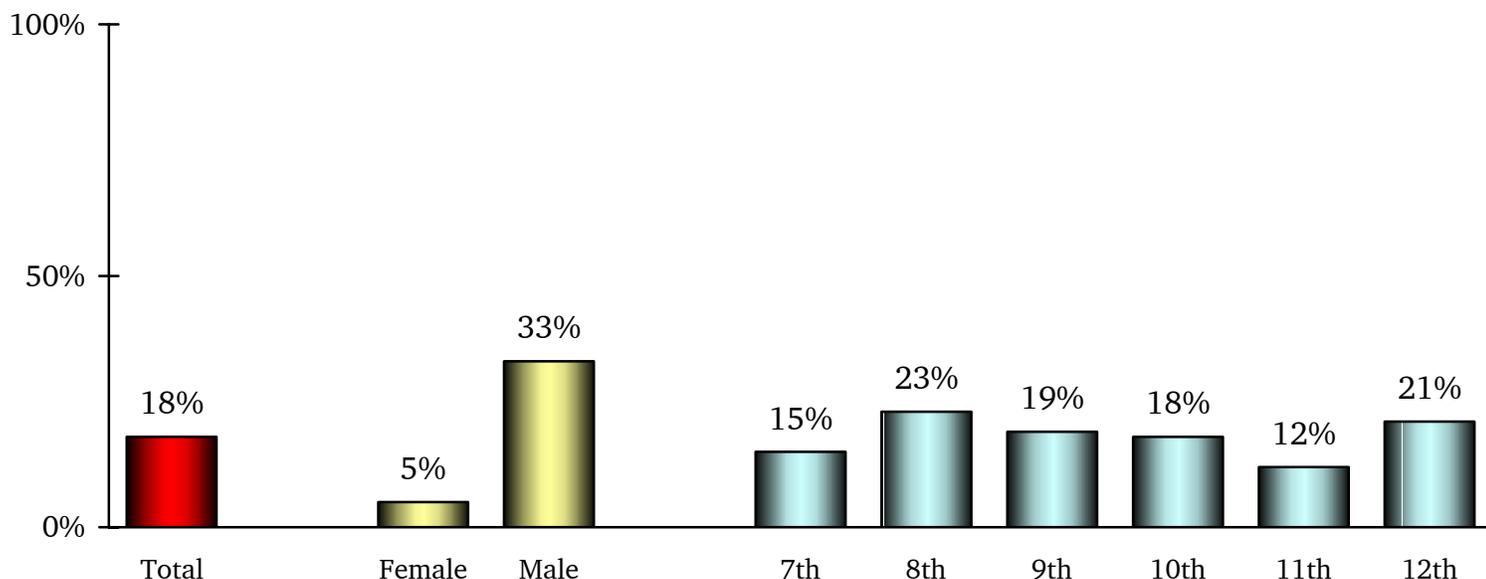


## 2003-2004 Prairie County Youth Health Survey

### ■ Tobacco Use – Smokeless Tobacco

*This question measures smokeless tobacco use.*

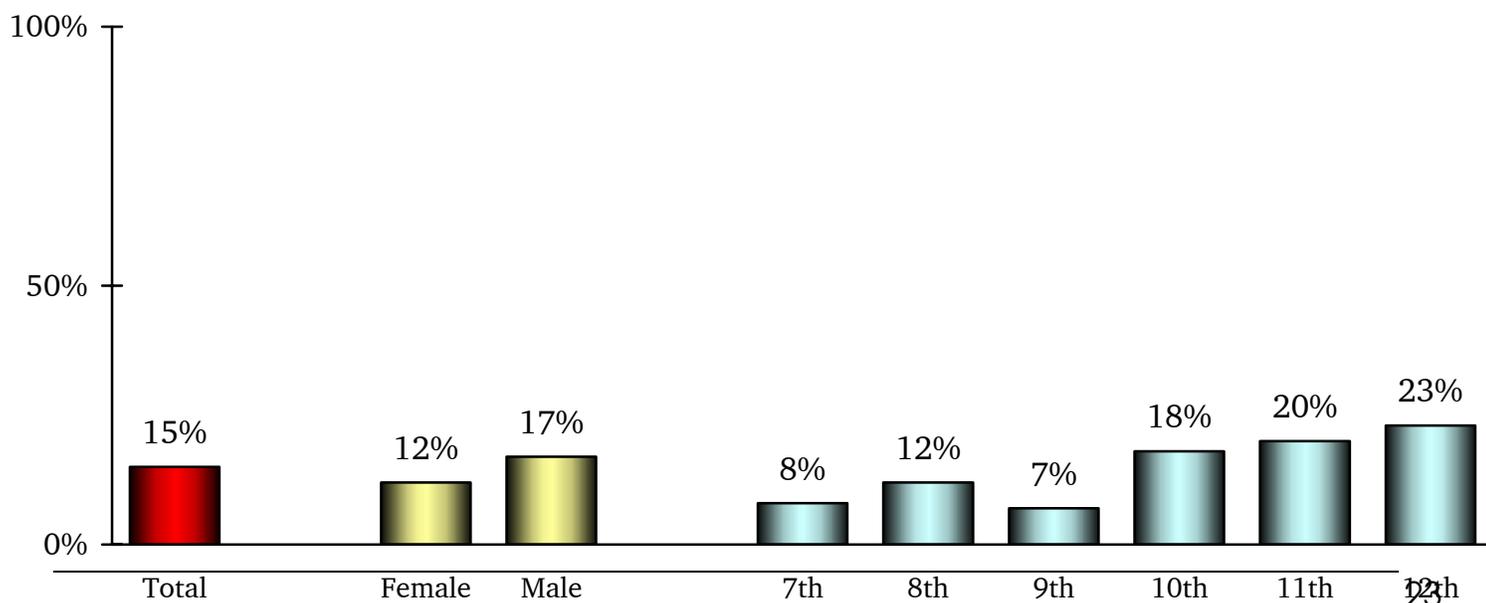
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



### ■ Tobacco Use – Cigar

*This question measures cigar smoking.*

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

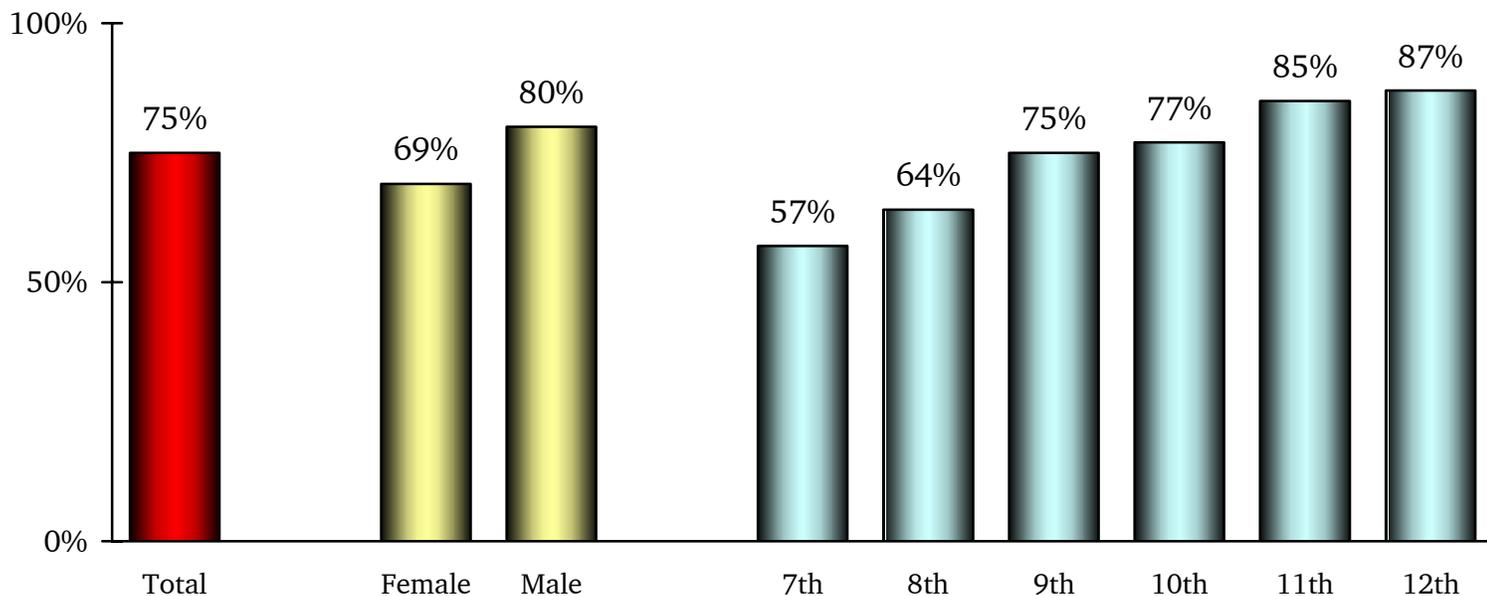


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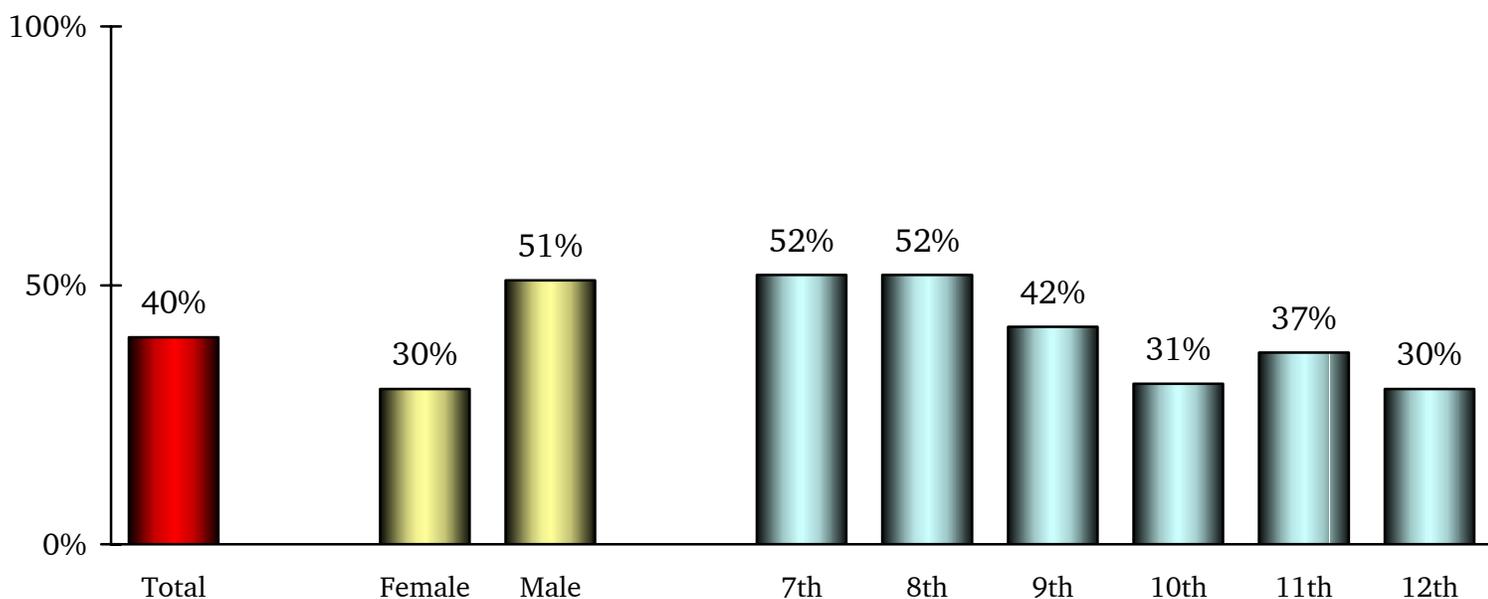
### ■ Alcohol Use

*These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.*

Percentage of students who had at least one drink of alcohol on one or more days during their life.

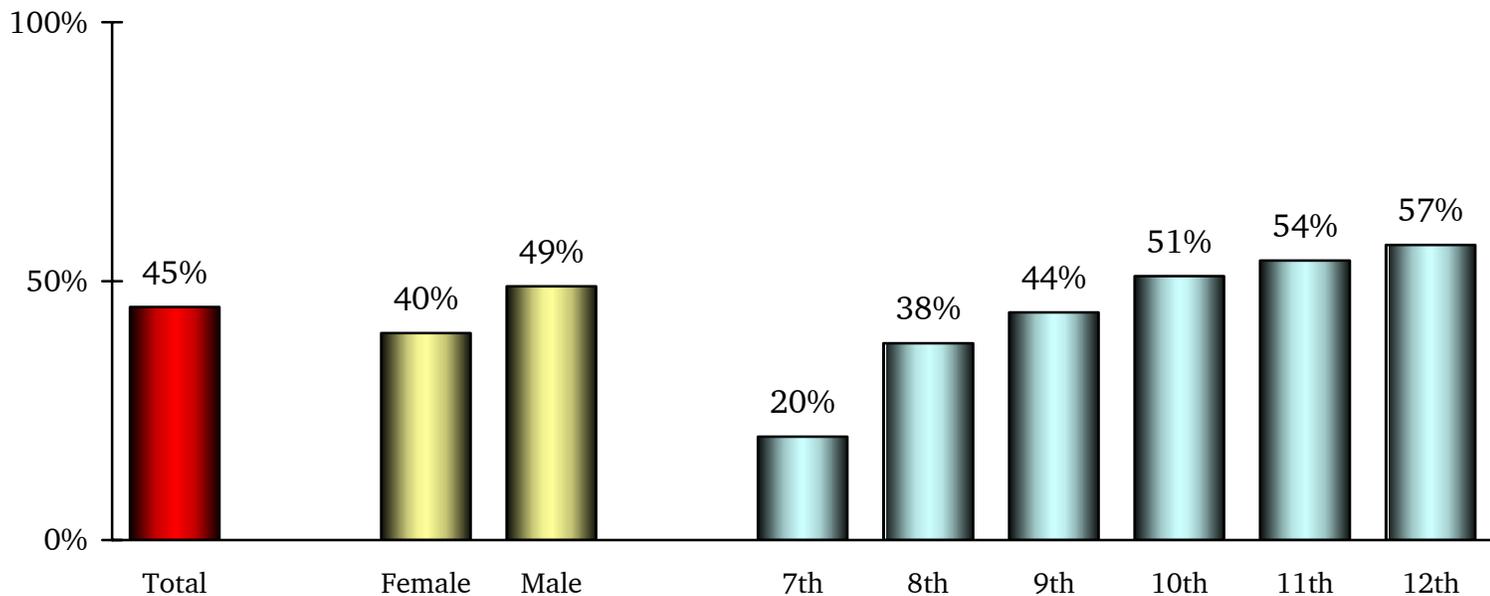


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

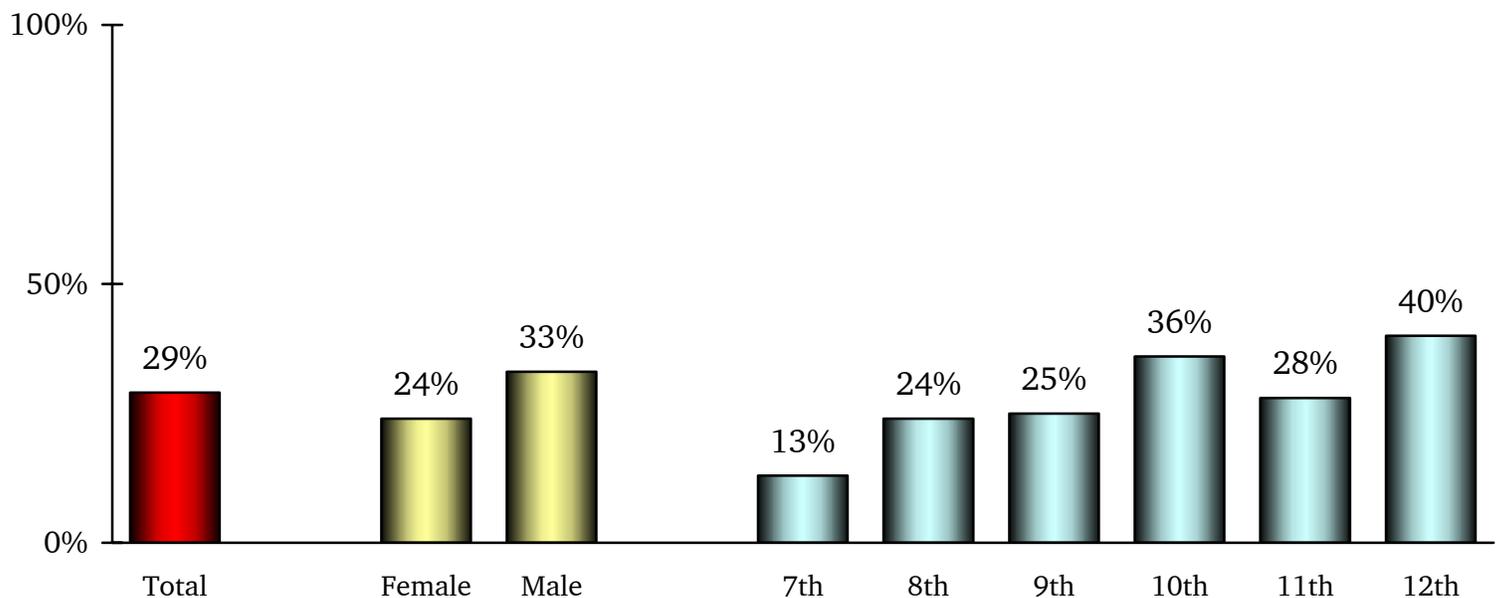


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

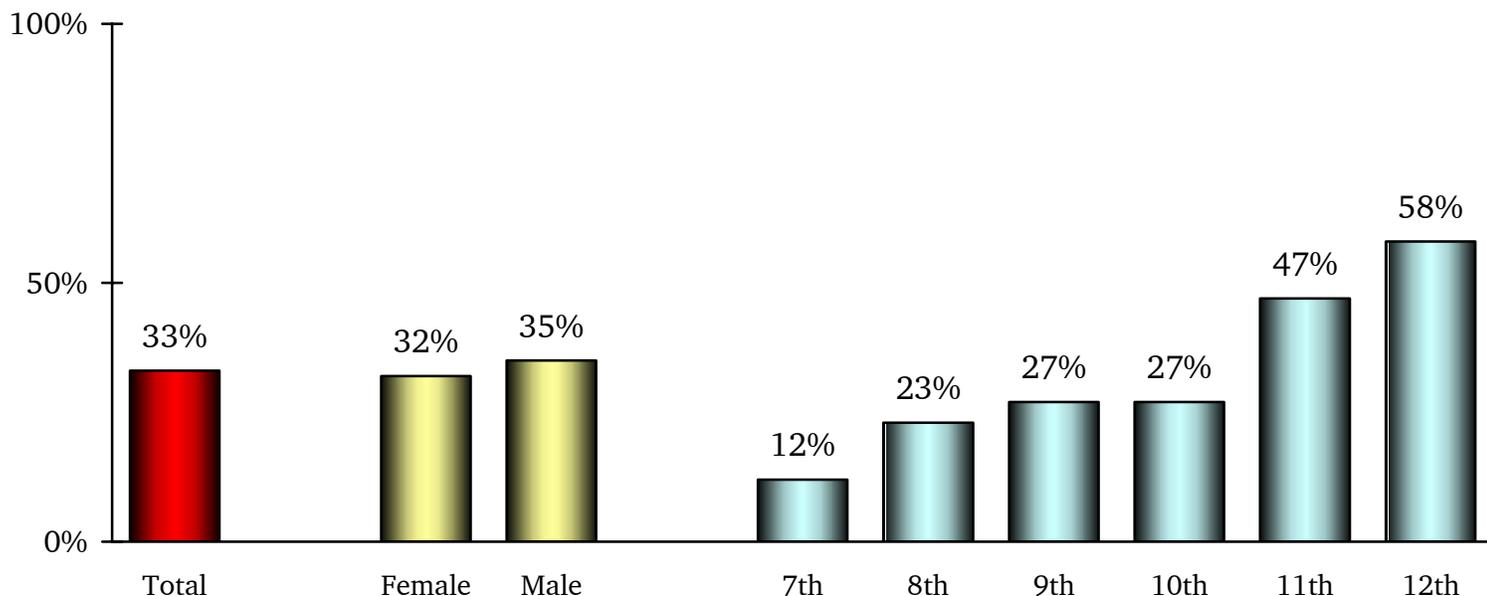


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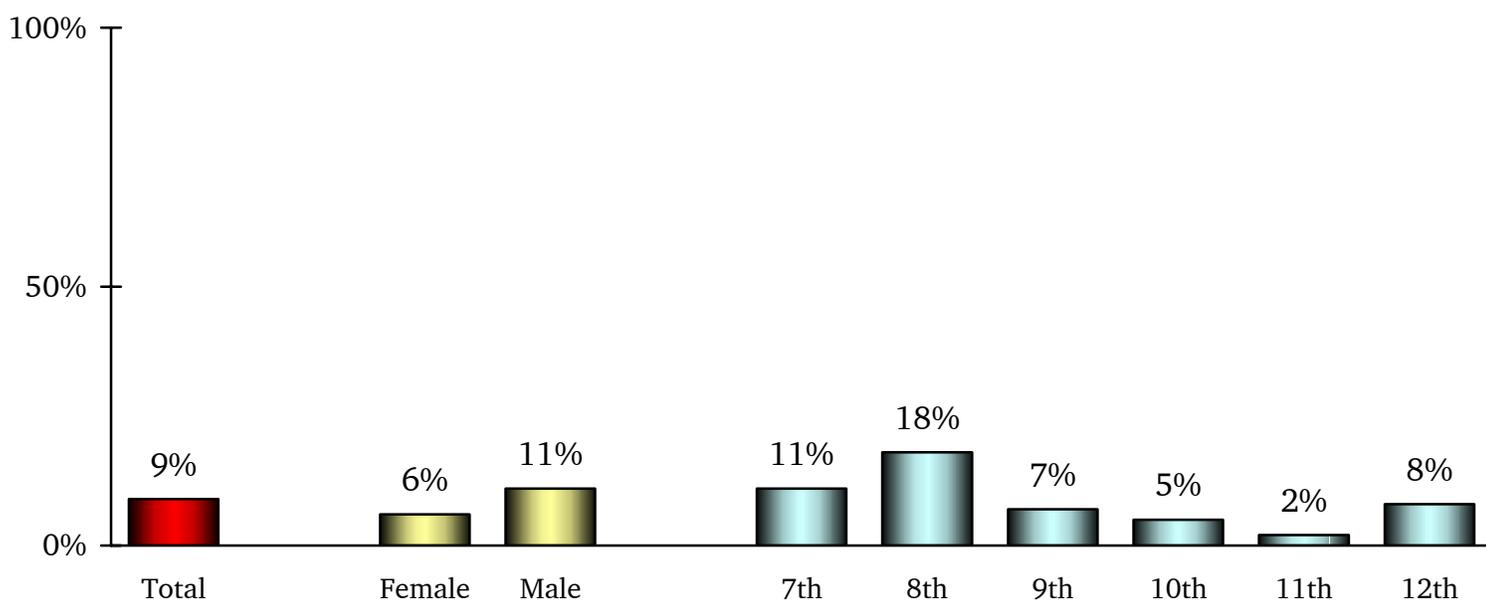
### ■ Drug Use

*These questions measure the frequency of illegal drug use.*

Percentage of students who used marijuana one or more times during their life.

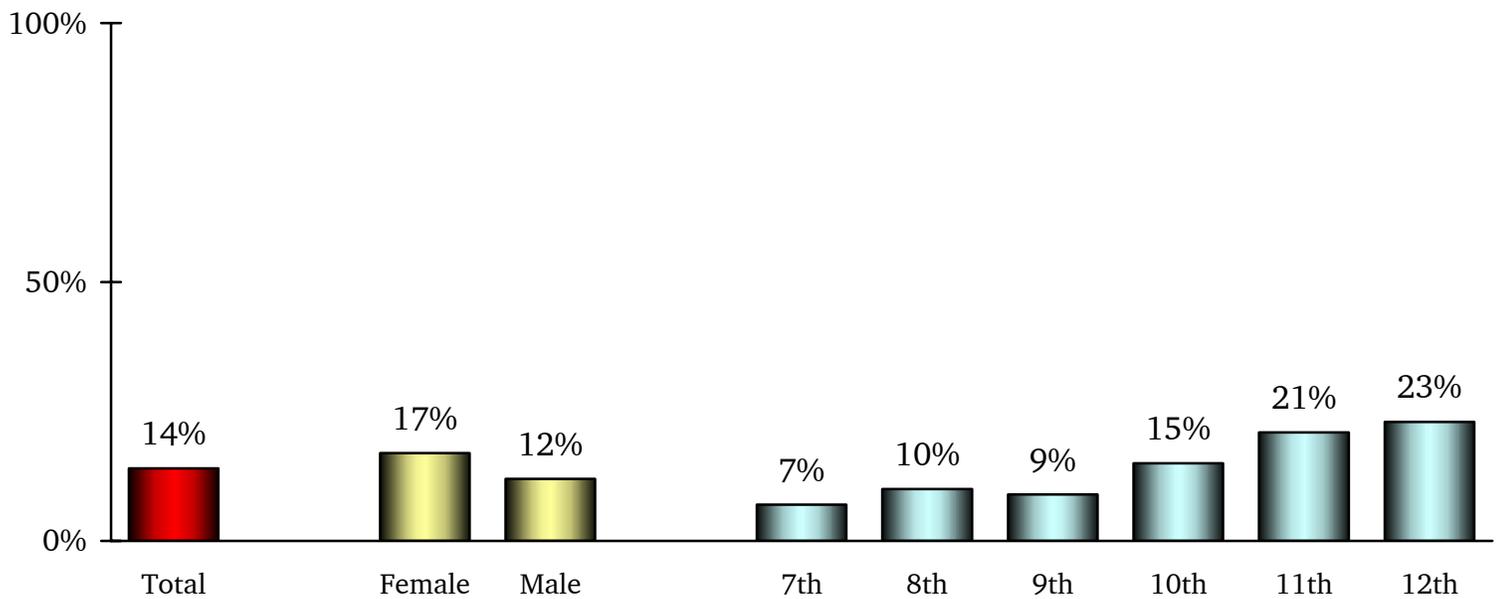


Percentage of students who tried marijuana for the first time before age 13.

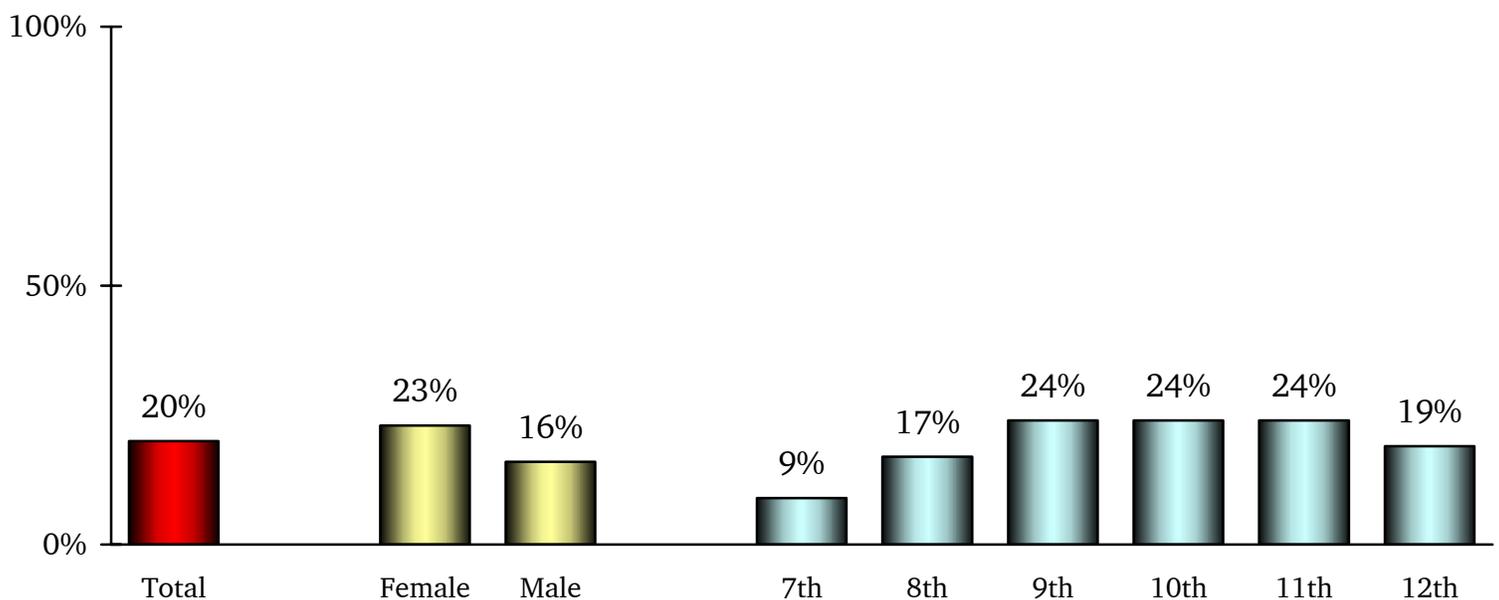


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who used marijuana one or more times during the past 30 days.

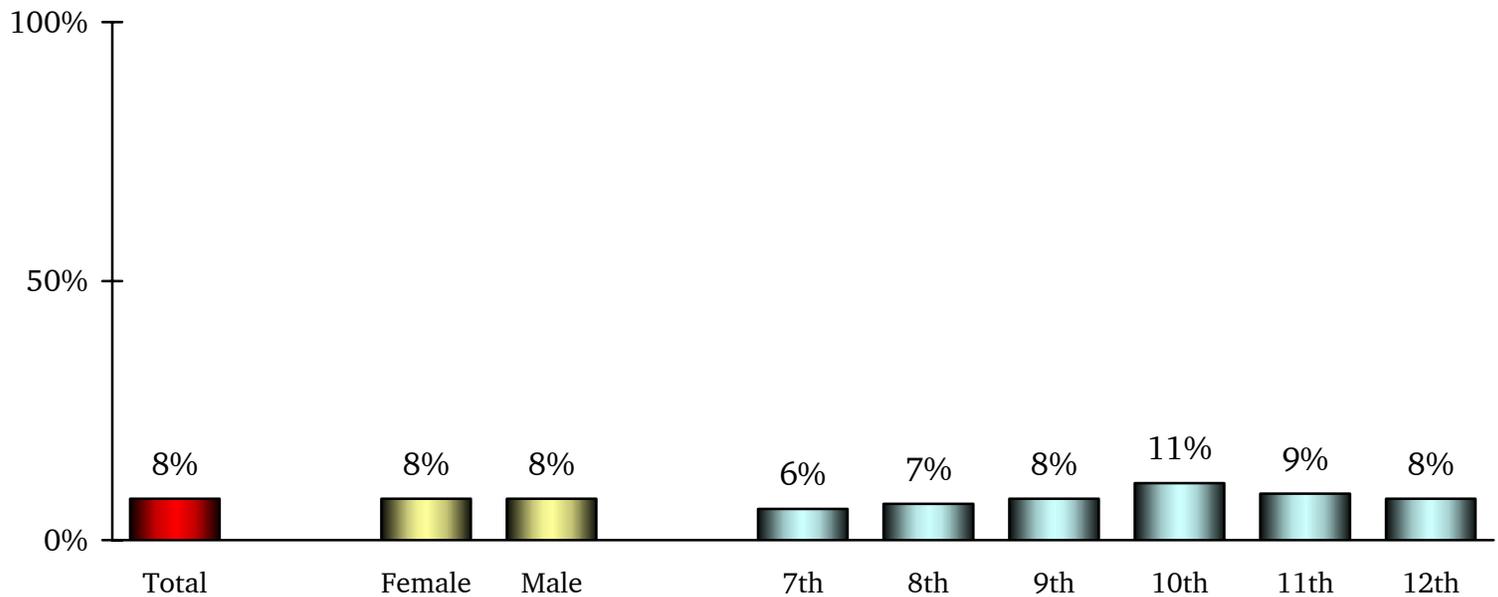


Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

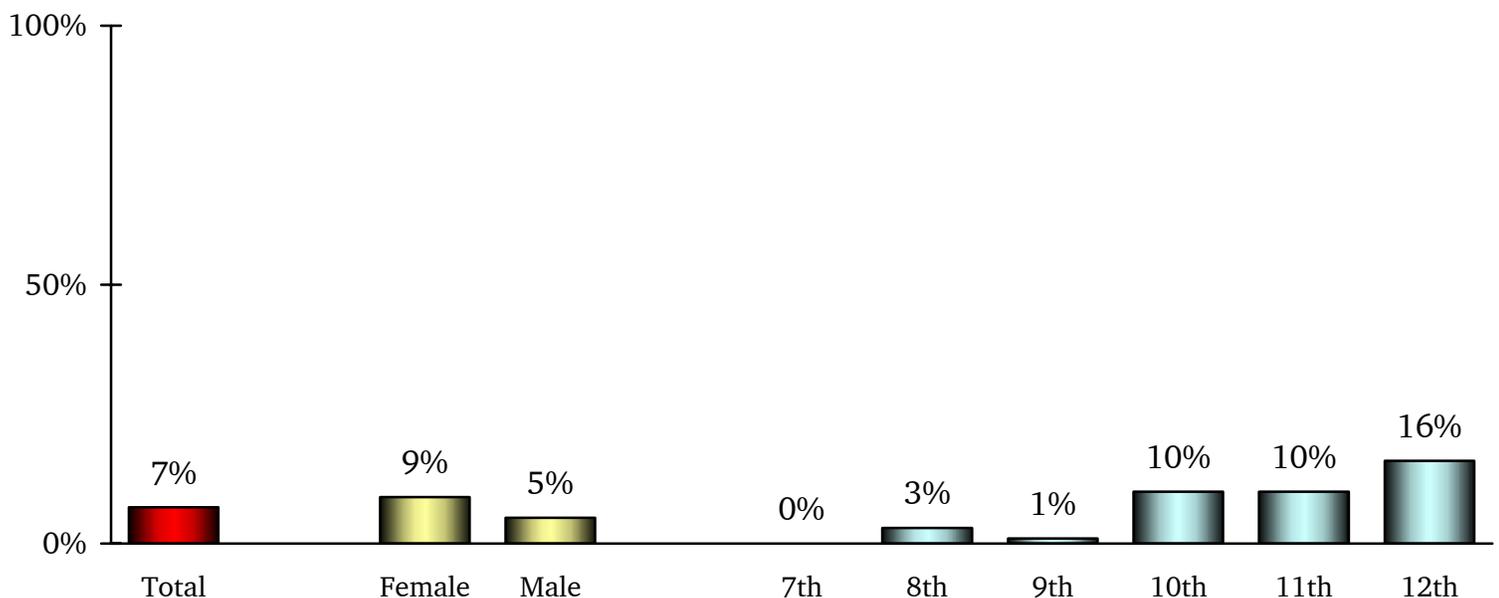


## 2003-2004 Prairie County Youth Health Survey

Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

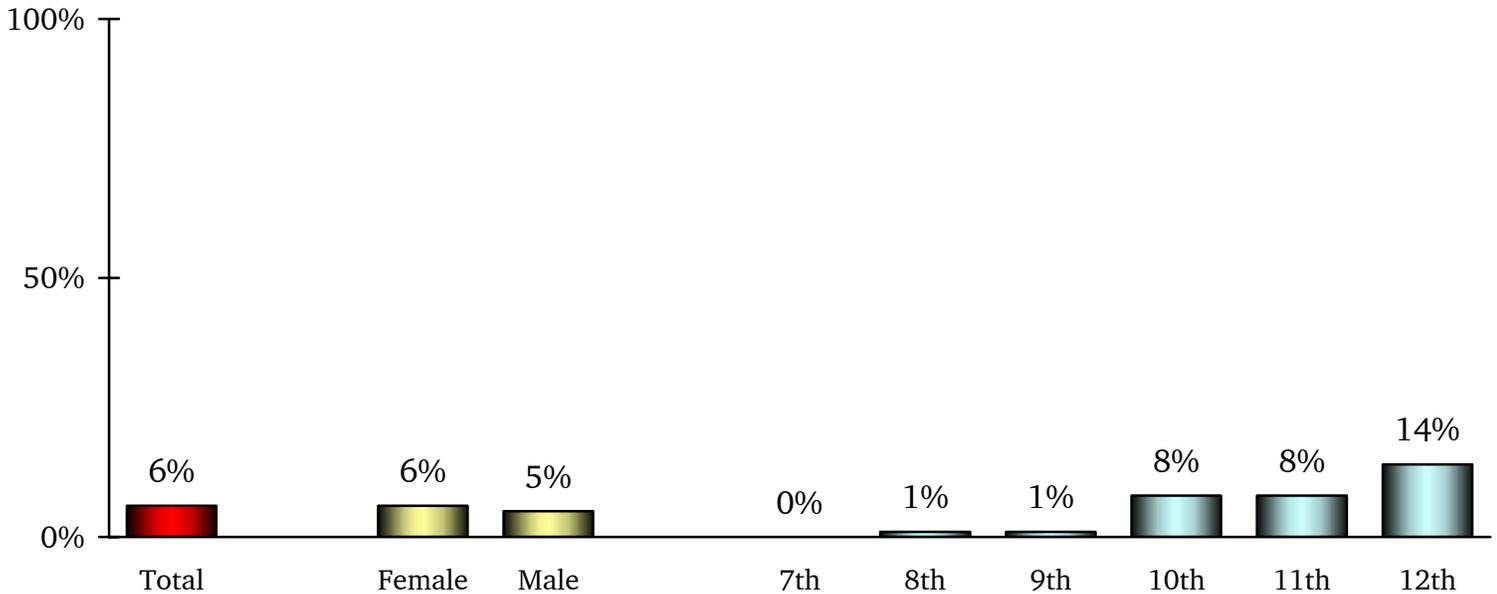


Percentage of students who used methamphetamines one or more times during their life.

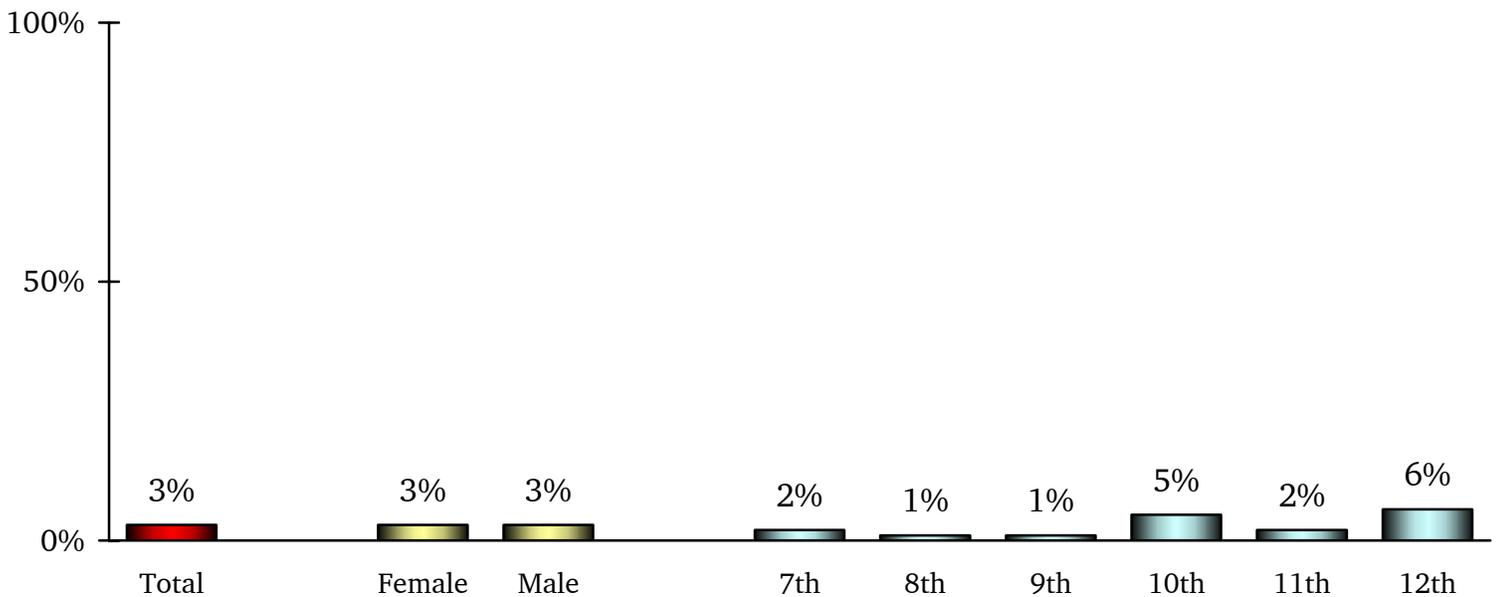


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Percentage of students who used ecstasy one or more times during their life.

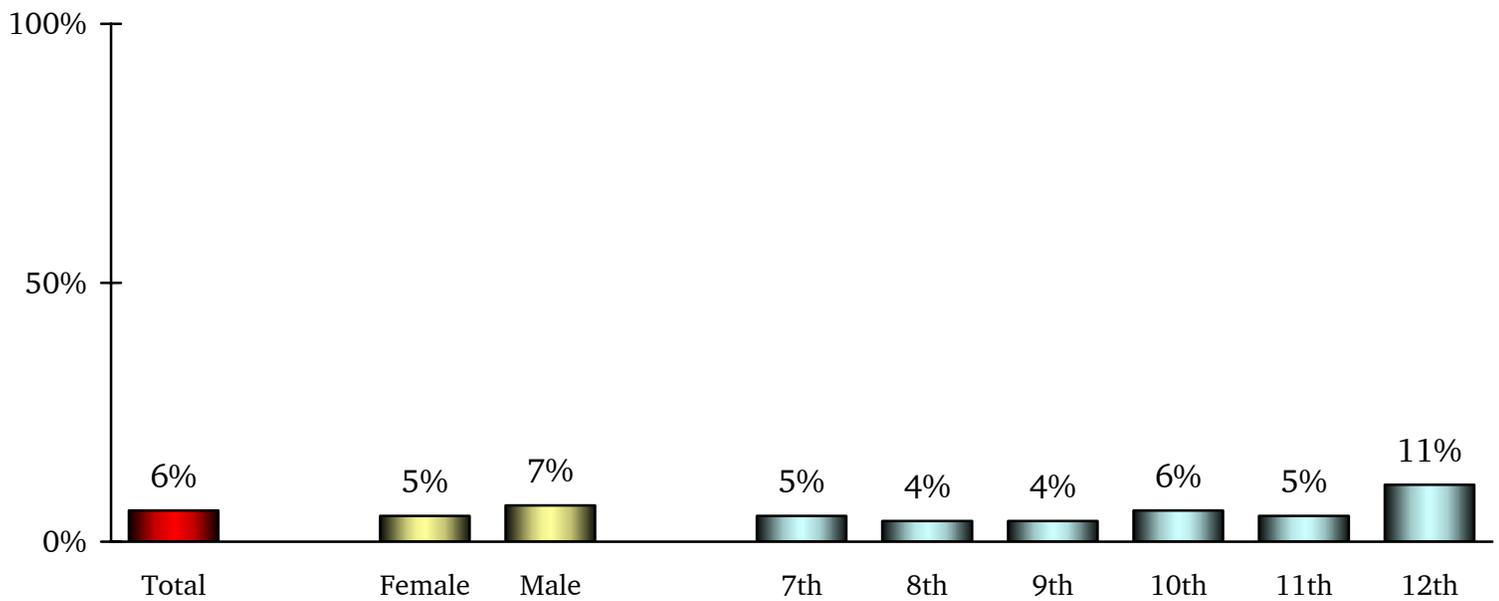


Percentage of students who used heroin one or more times during their life.



## 2003-2004 Prairie County Youth Health Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

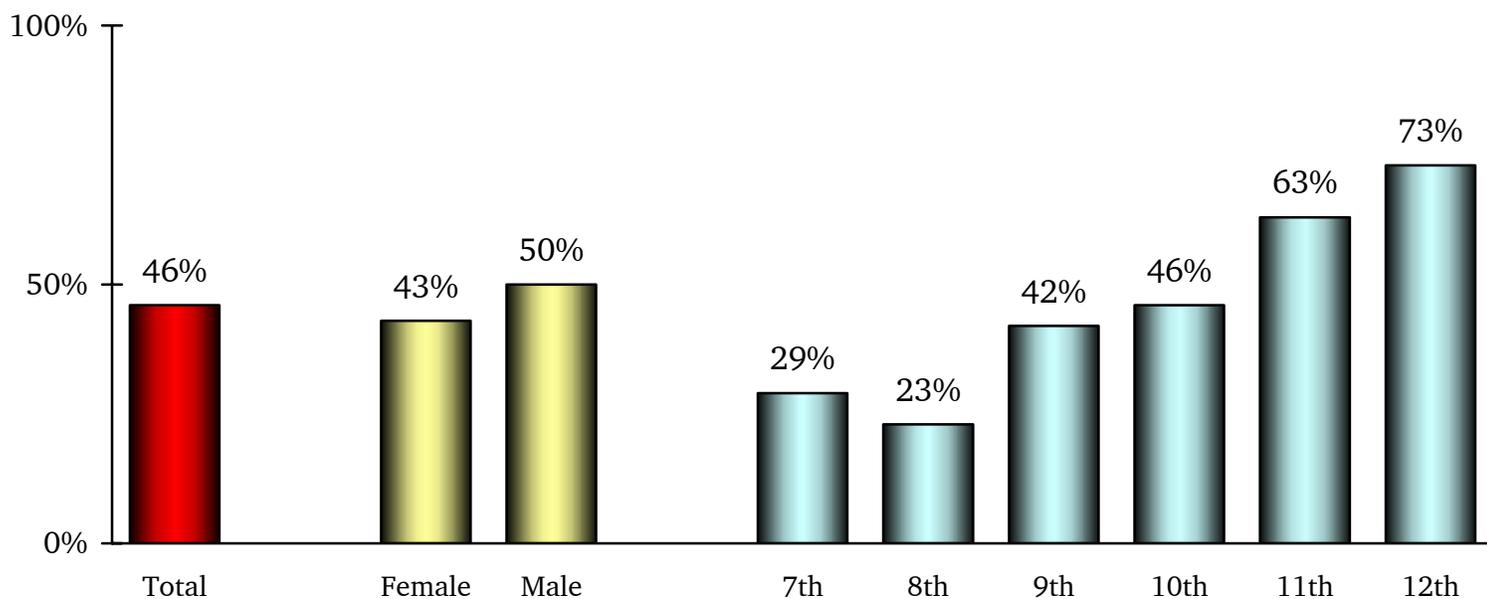


## 2003-2004 Prairie County Youth Health Survey

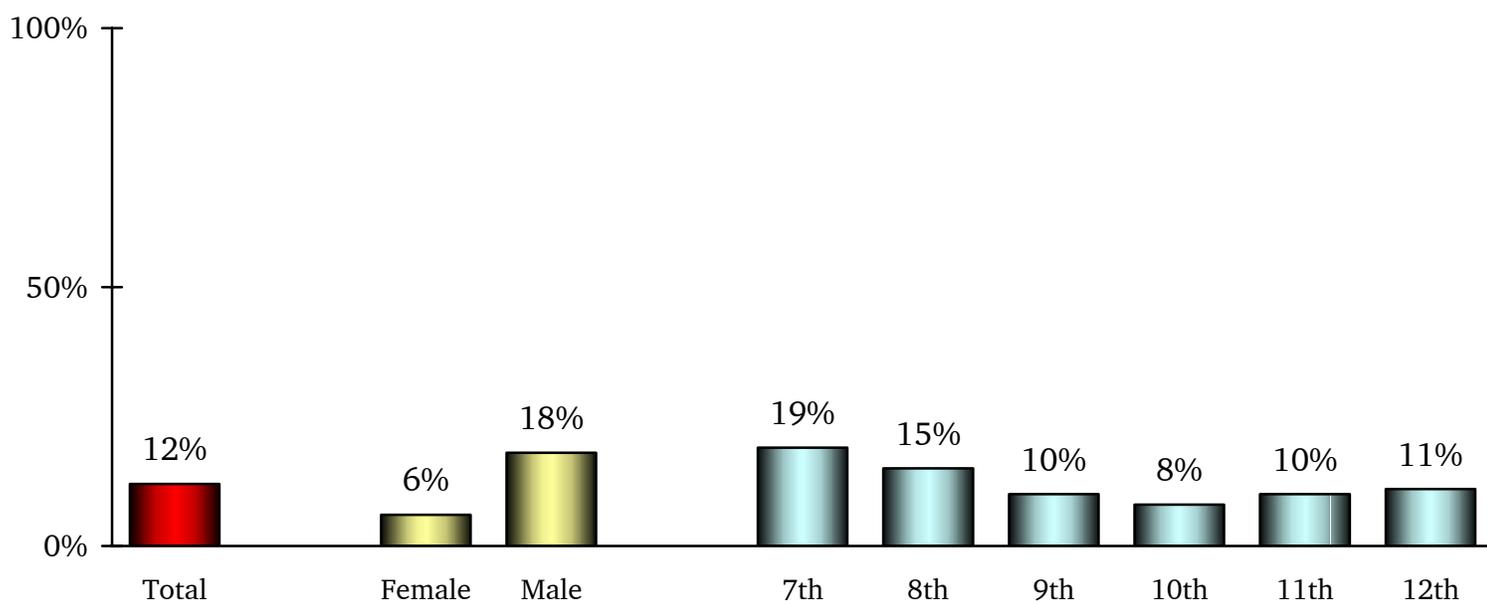
### ■ Sexual Activity

*These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.*

Percentage of students who have had sexual intercourse.

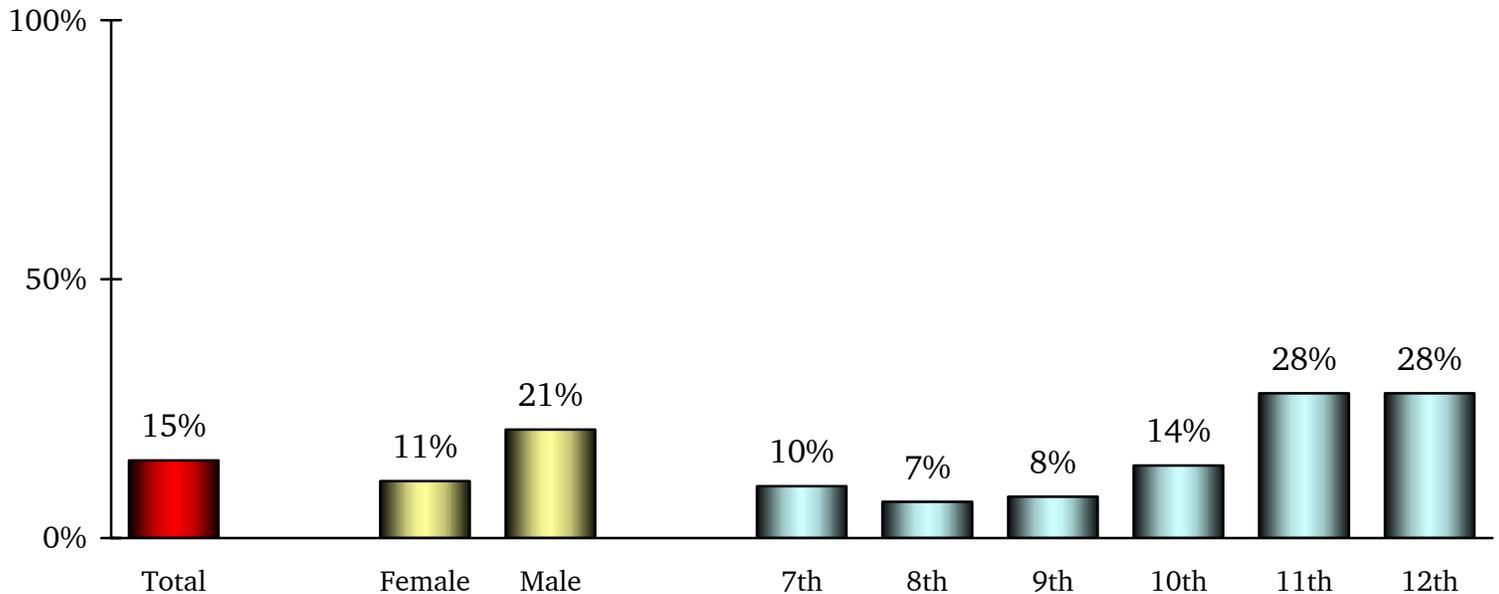


Percentage of students who had sexual intercourse for the first time before age 13.

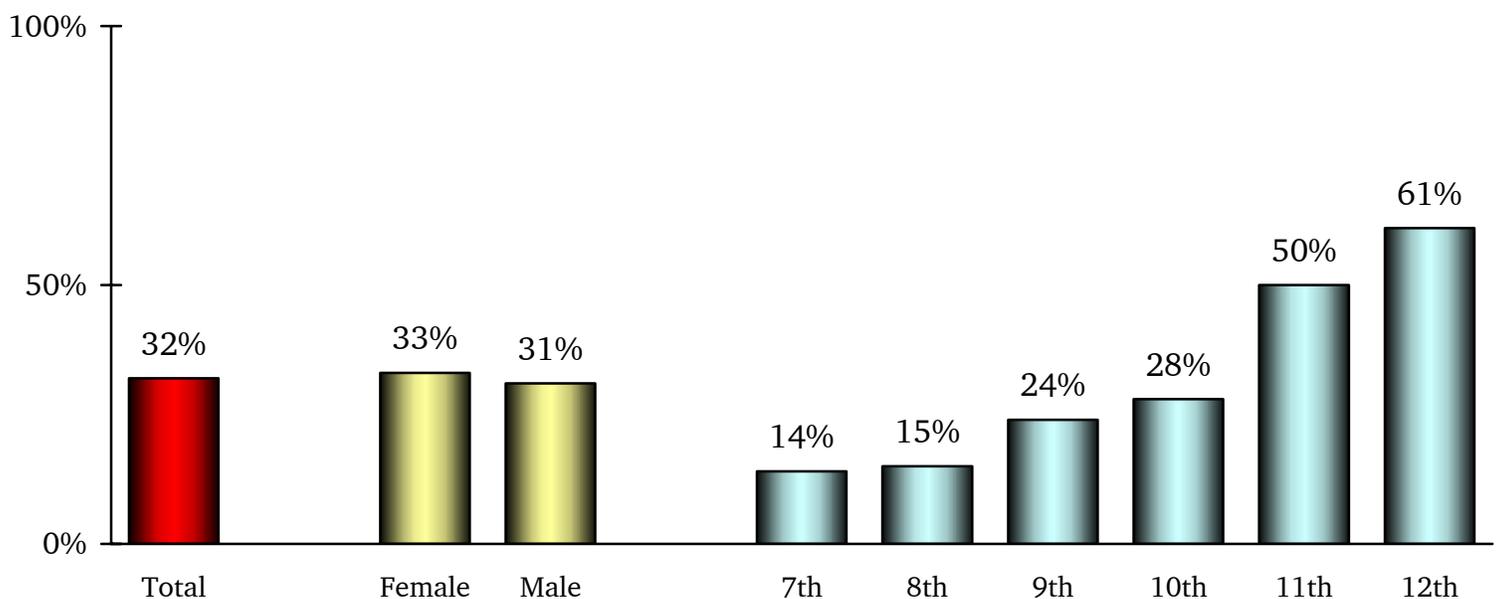


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who had sexual intercourse with four or more people during their life.

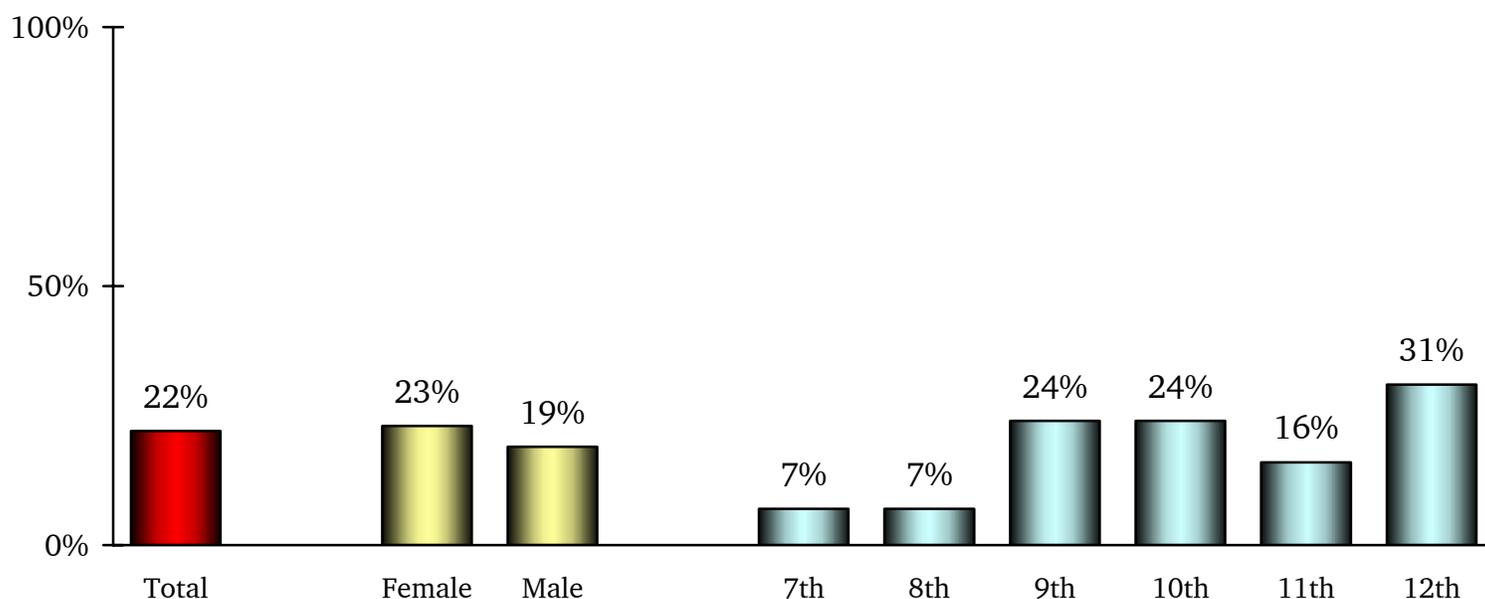


Percentage of students who had sexual intercourse during the past three months.



## 2003-2004 Prairie County Youth Health Survey

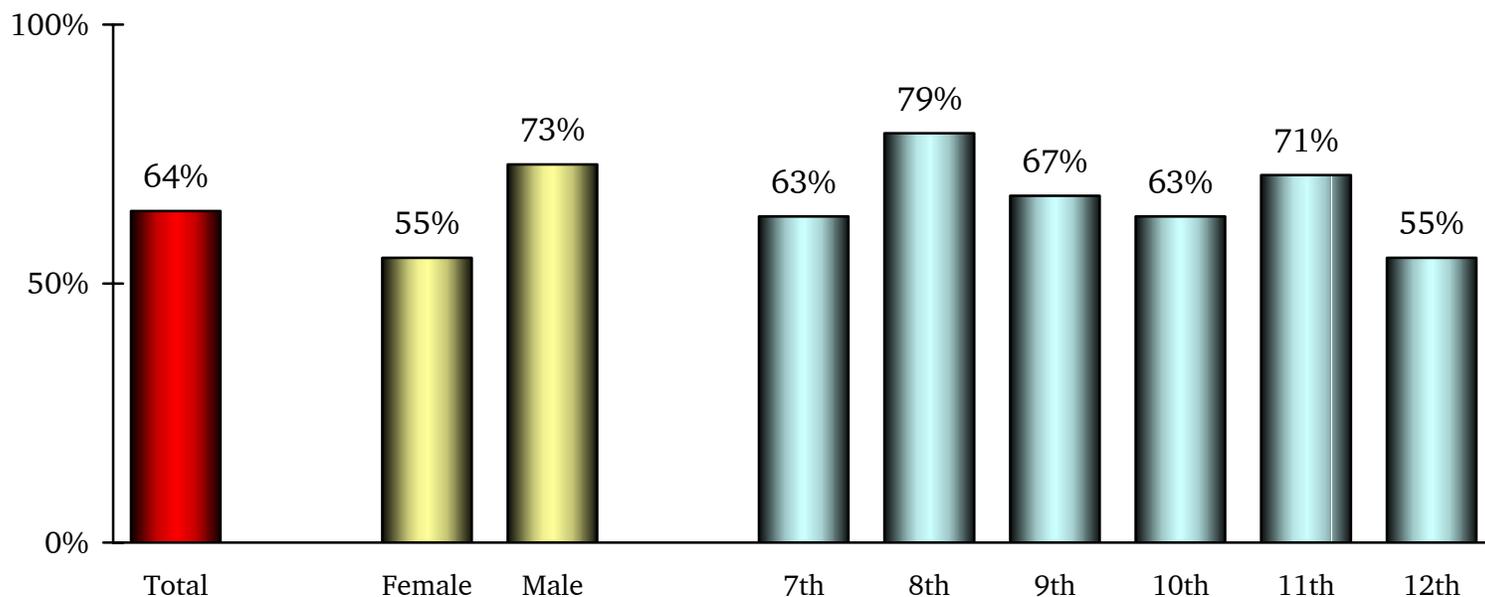
Of those who had sexual intercourse, the percentage that drank alcohol or used drugs before last sexual intercourse.



### ■ Contraception

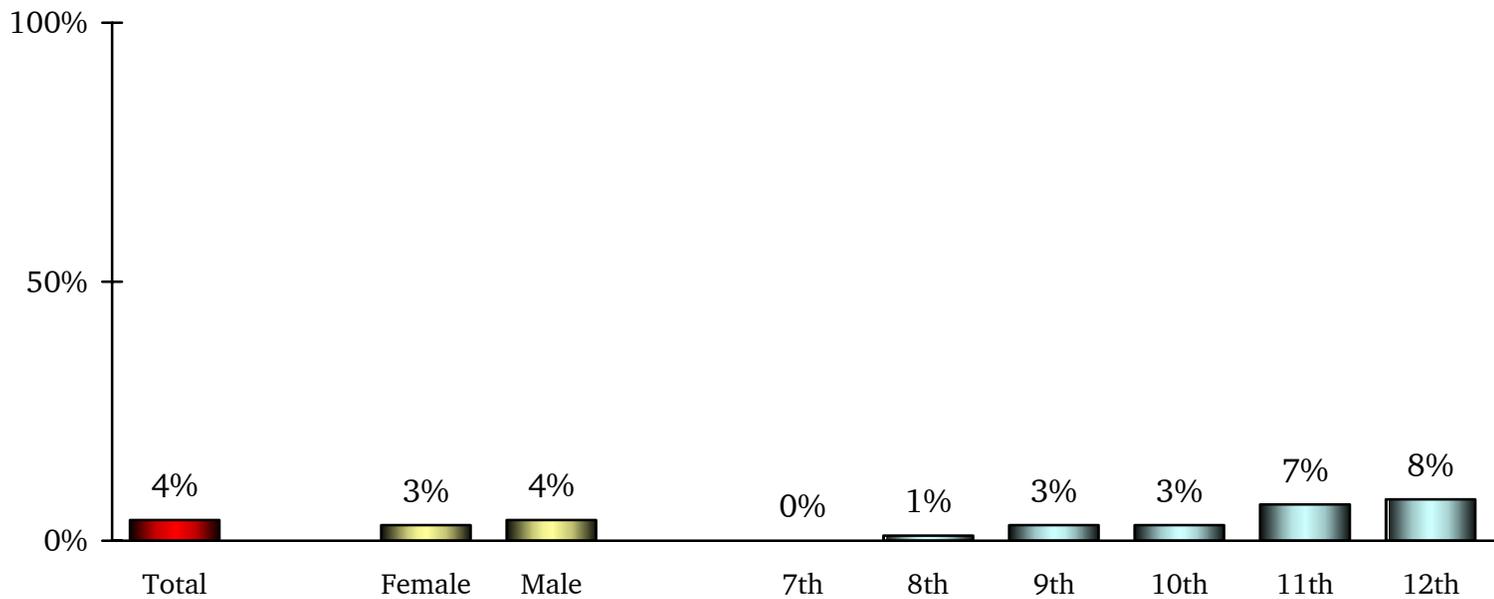
*These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.*

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



## 2003-2004 Prairie County Youth Health Survey

Percentage of students who had been or gotten someone pregnant one or more times.

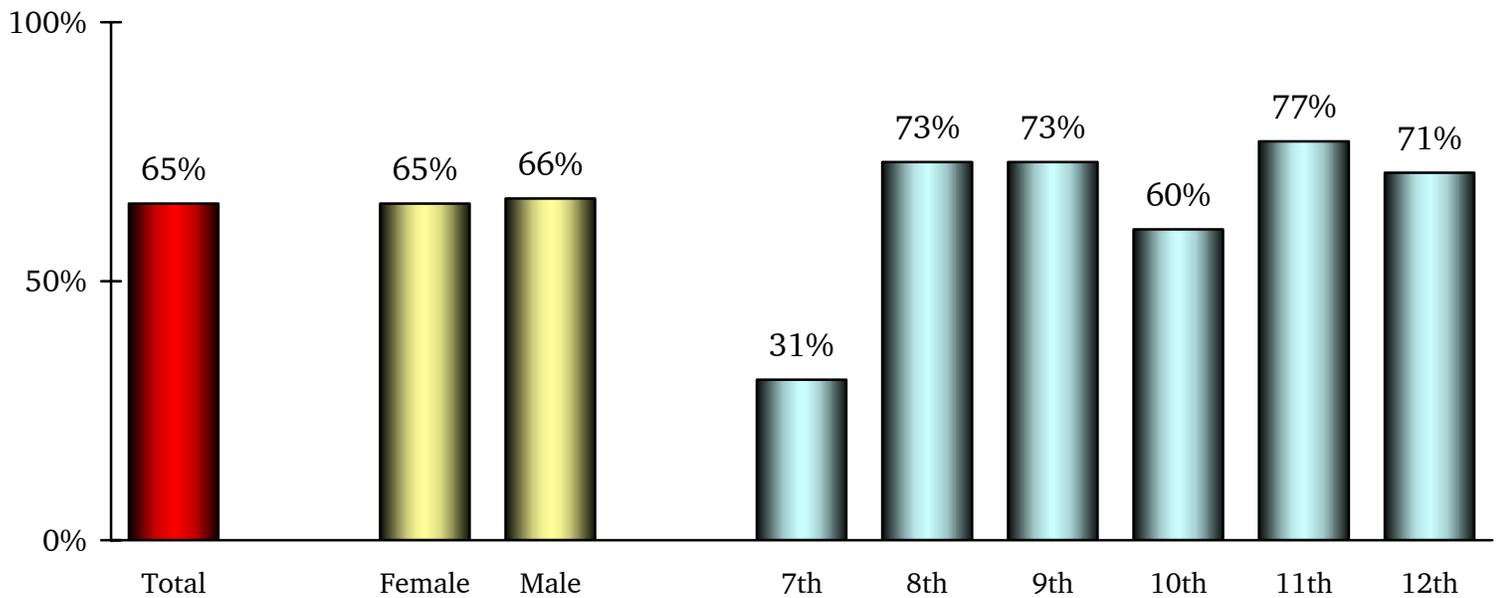


## 2003-2004 Prairie County Youth Health Survey

### ■ AIDS, HIV, & STDs

*This question measures whether students have received HIV information at school.*

Percentage of students who were ever taught about AIDS or HIV infection in school.

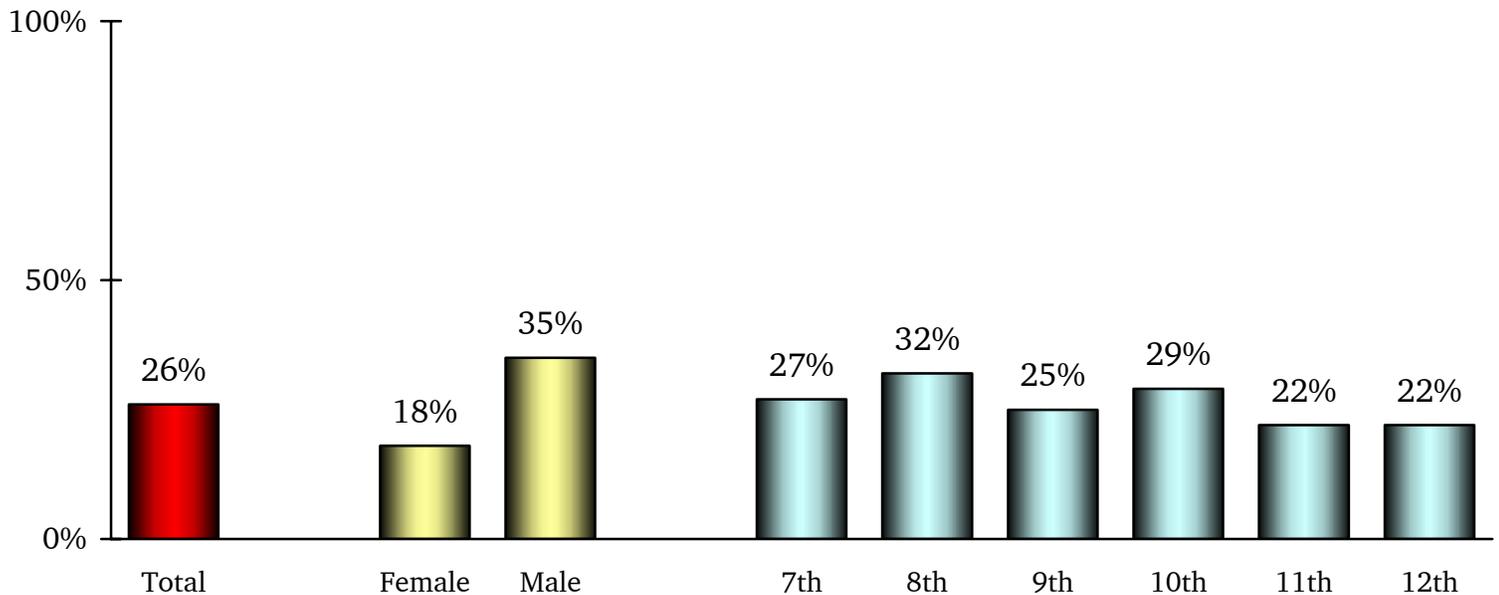


## 2003-2004 Prairie County Youth Health Survey

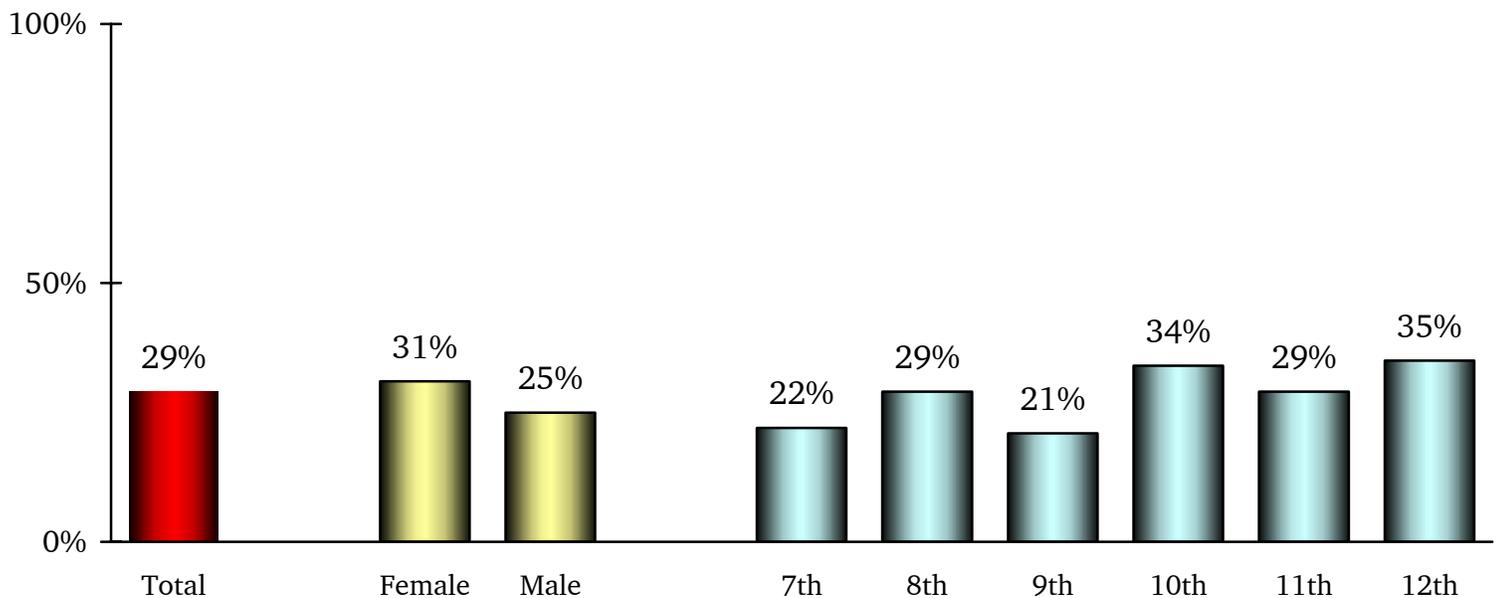
### ■ Obesity

*These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.*

Percentage of students who are overweight, as calculated by Body Mass Index.

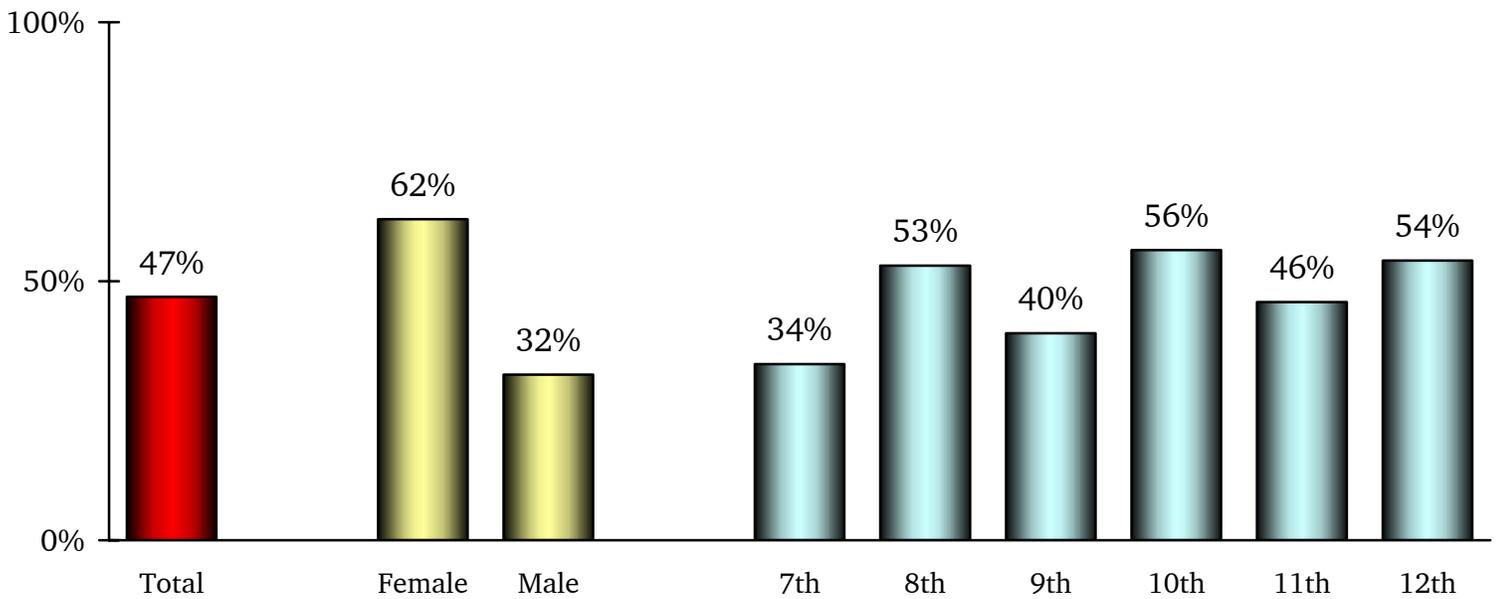


Percentage of students who describe themselves as slightly or very overweight.

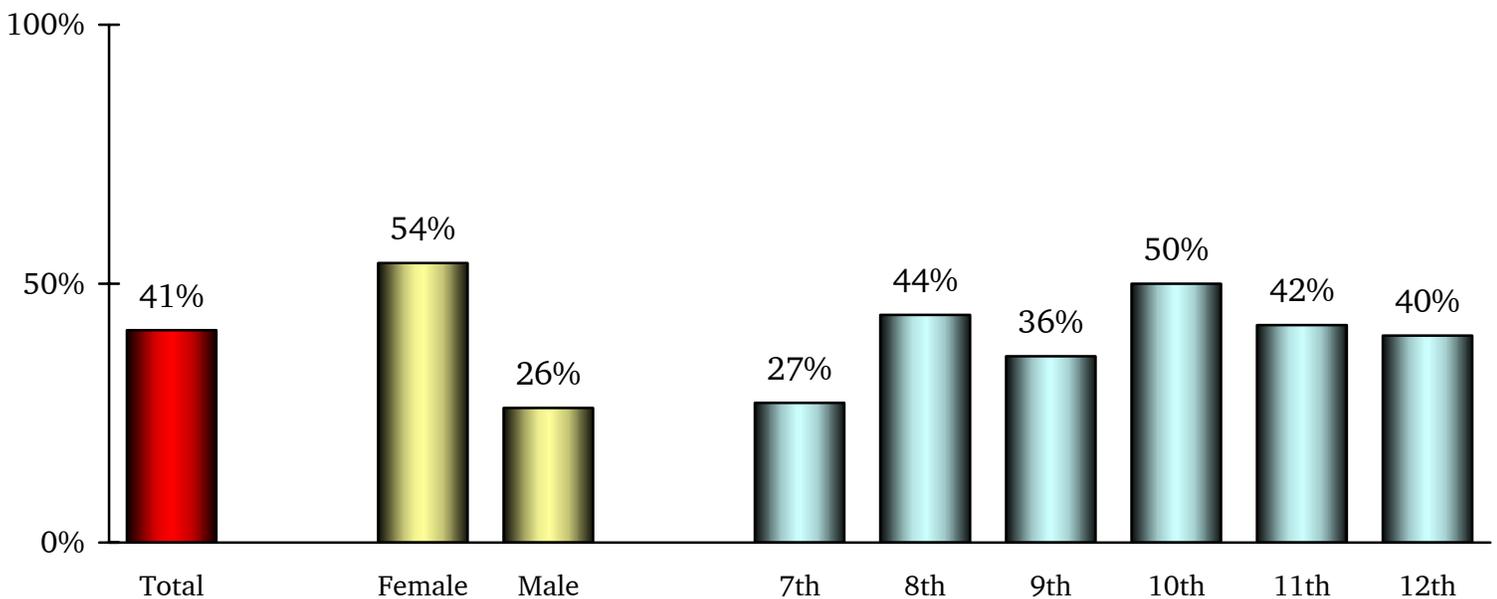


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who were trying to lose weight.

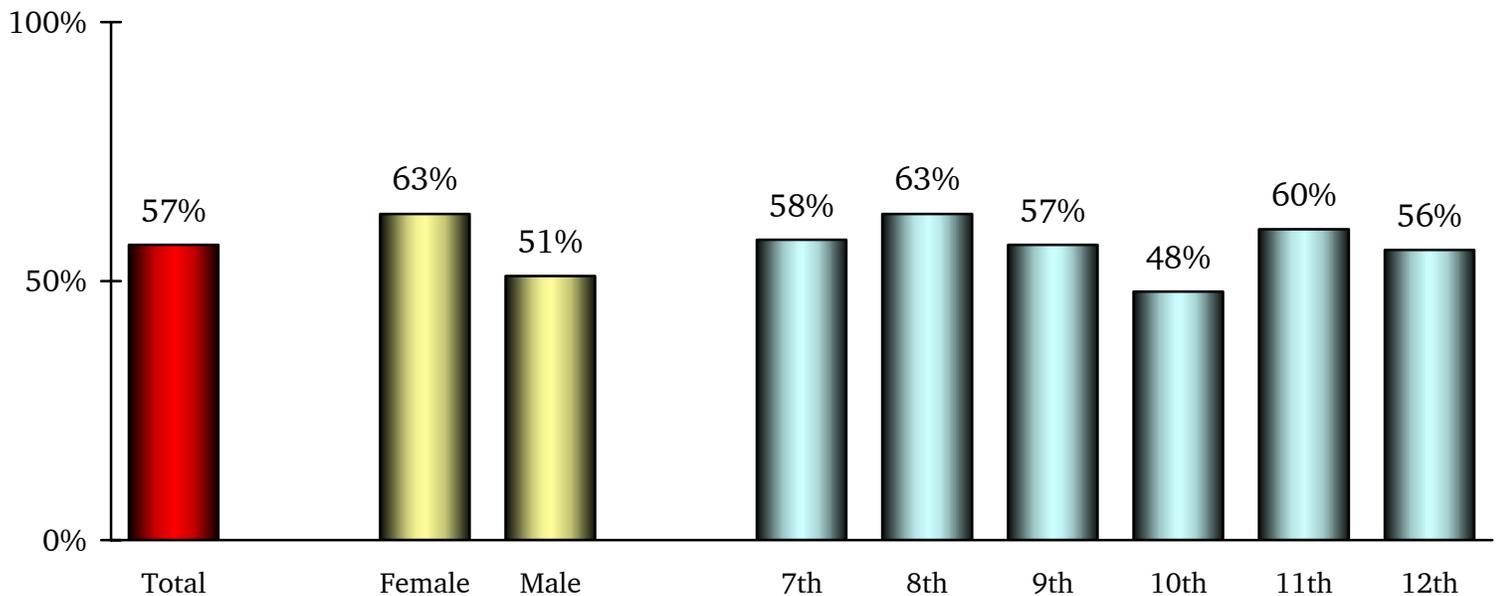


Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.

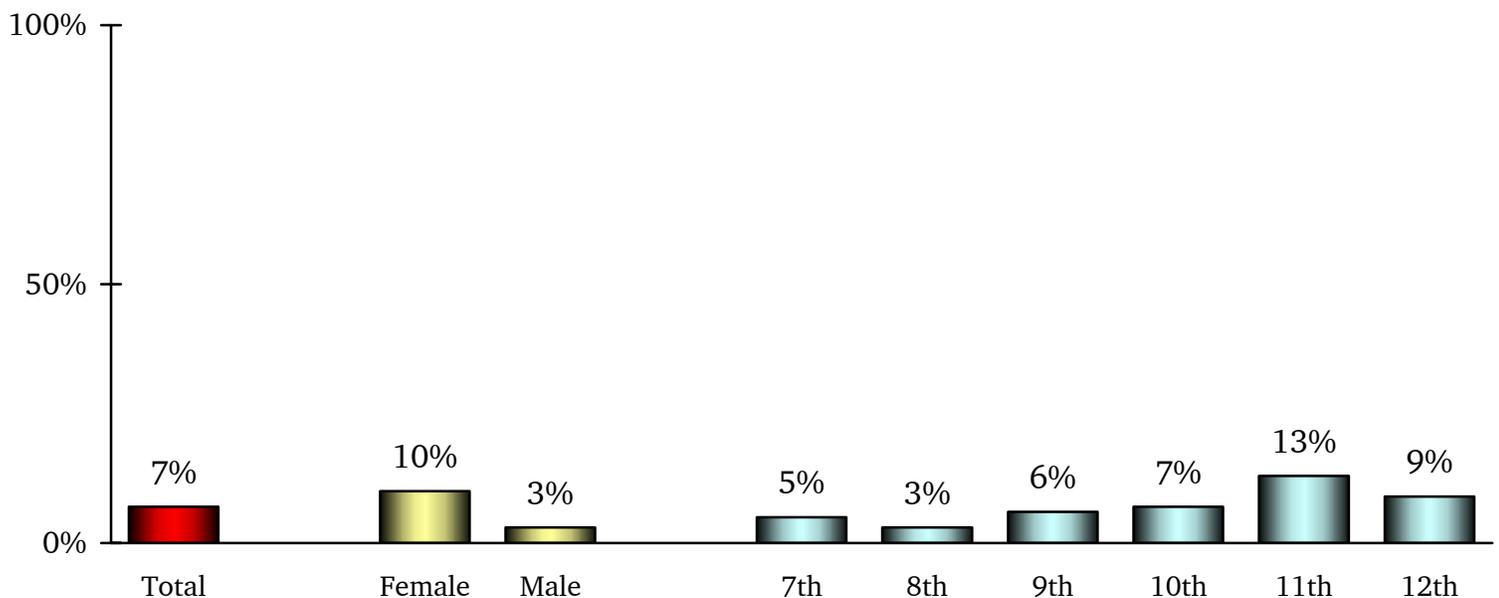


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.

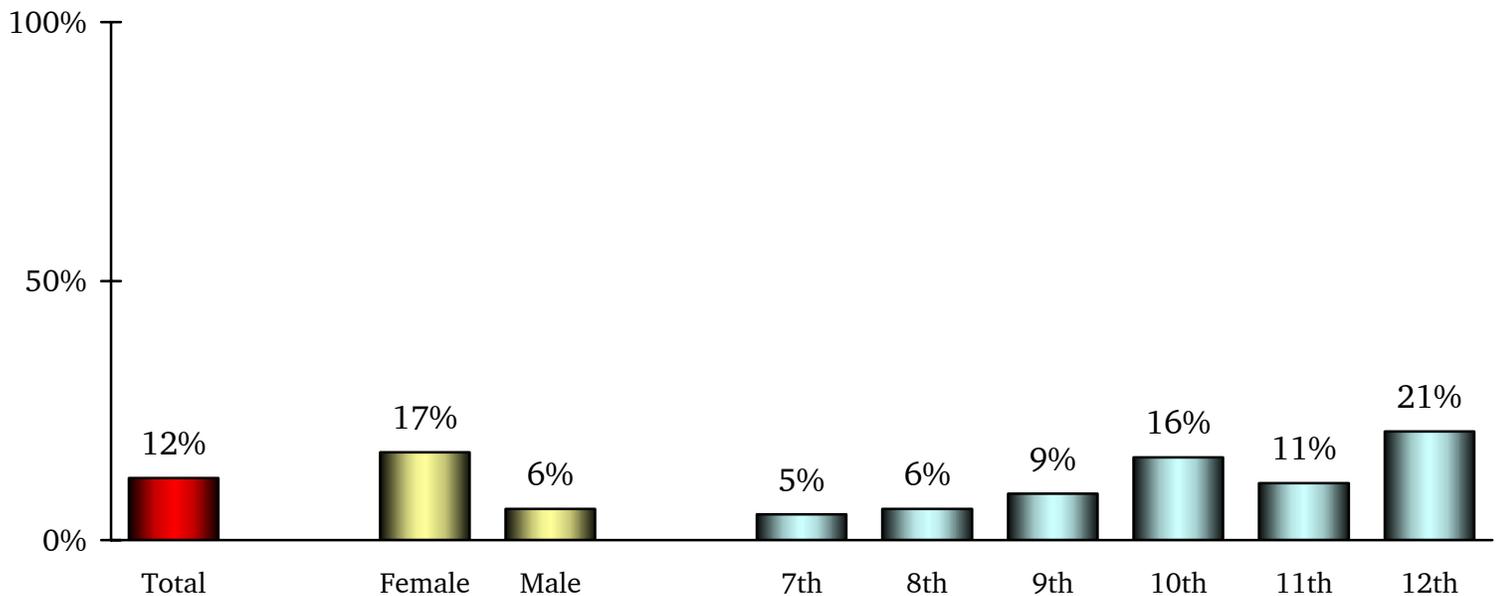


Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

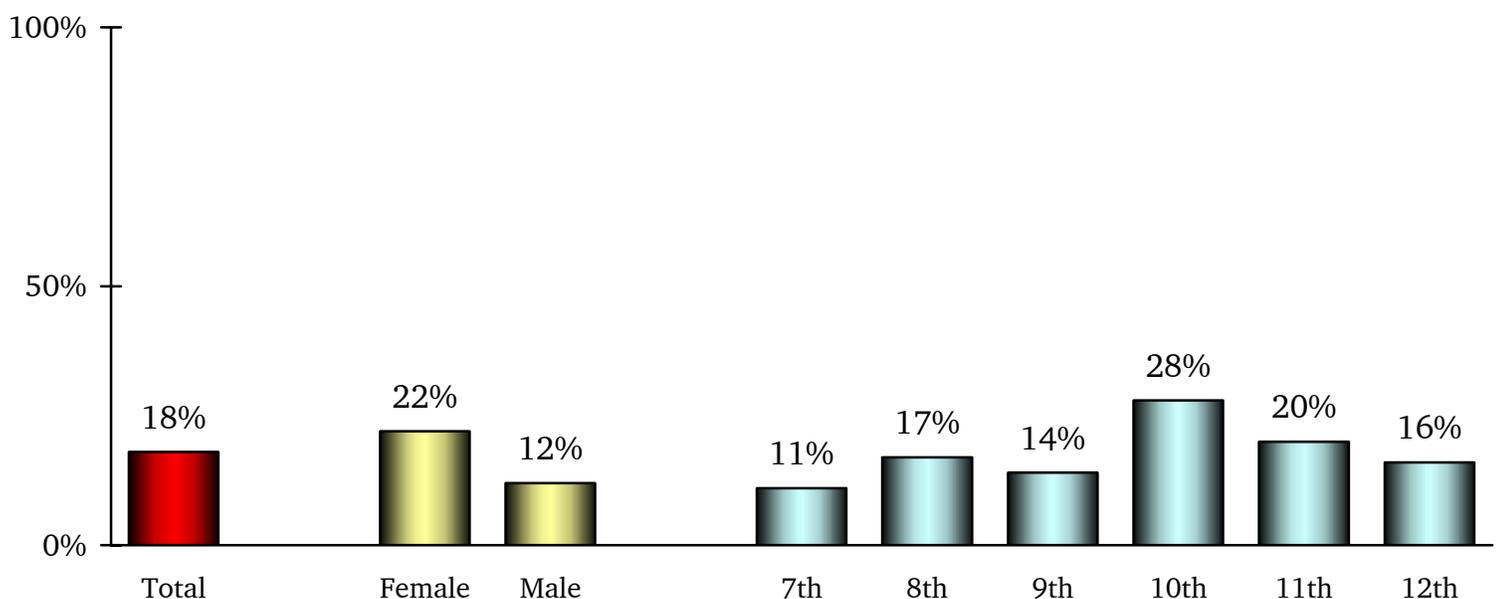


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

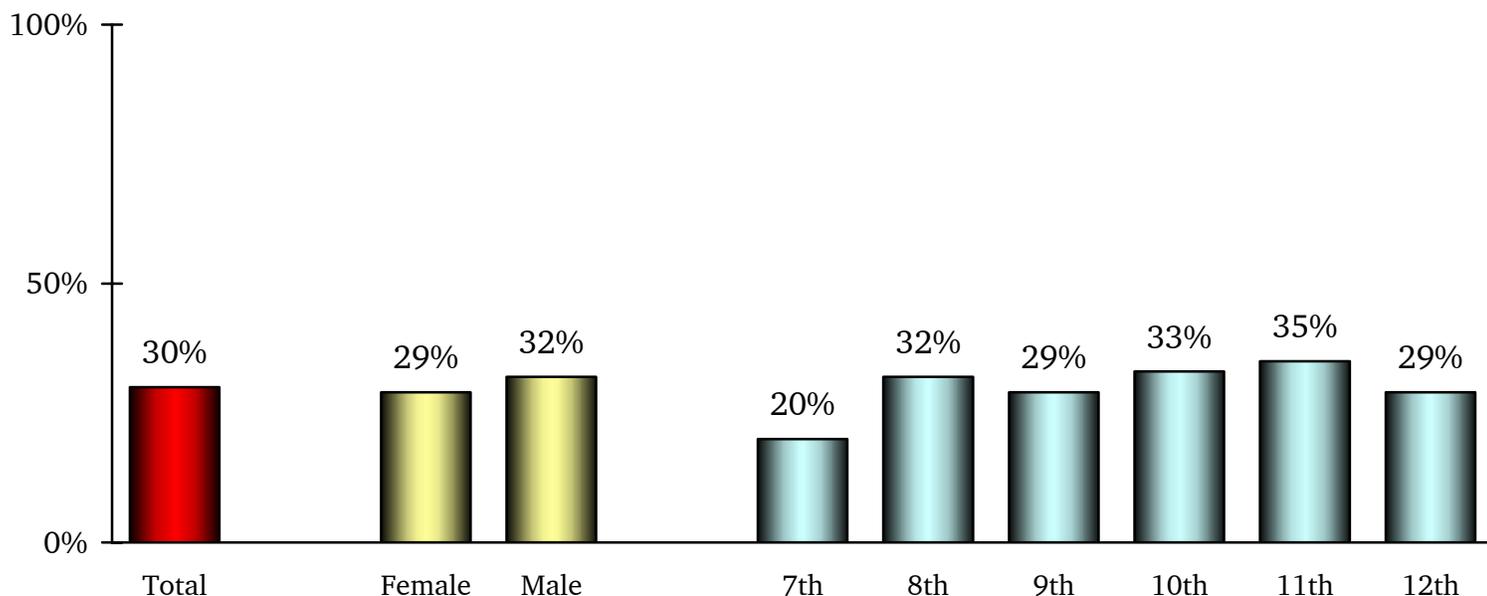


## 2003-2004 Prairie County Youth Health Survey

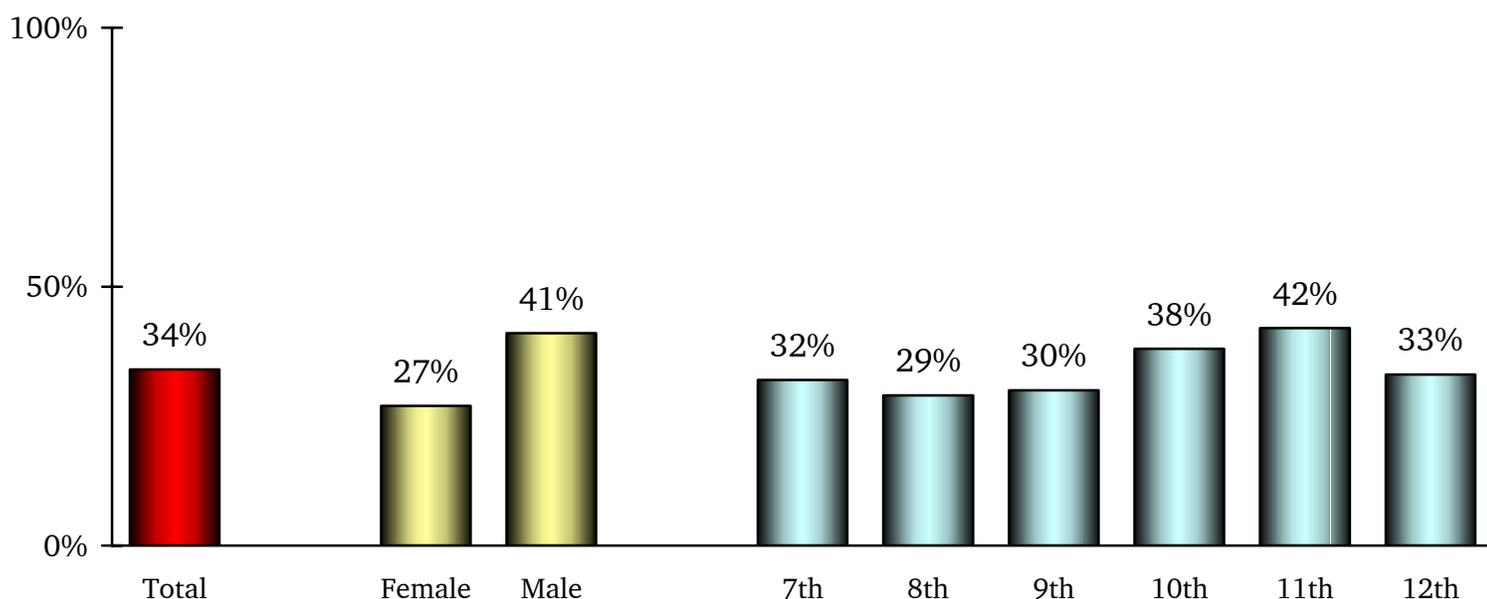
### ■ Nutrition

*These questions measure food choices.*

Percentage of students who ate fruit four or more times during the past 7 days.

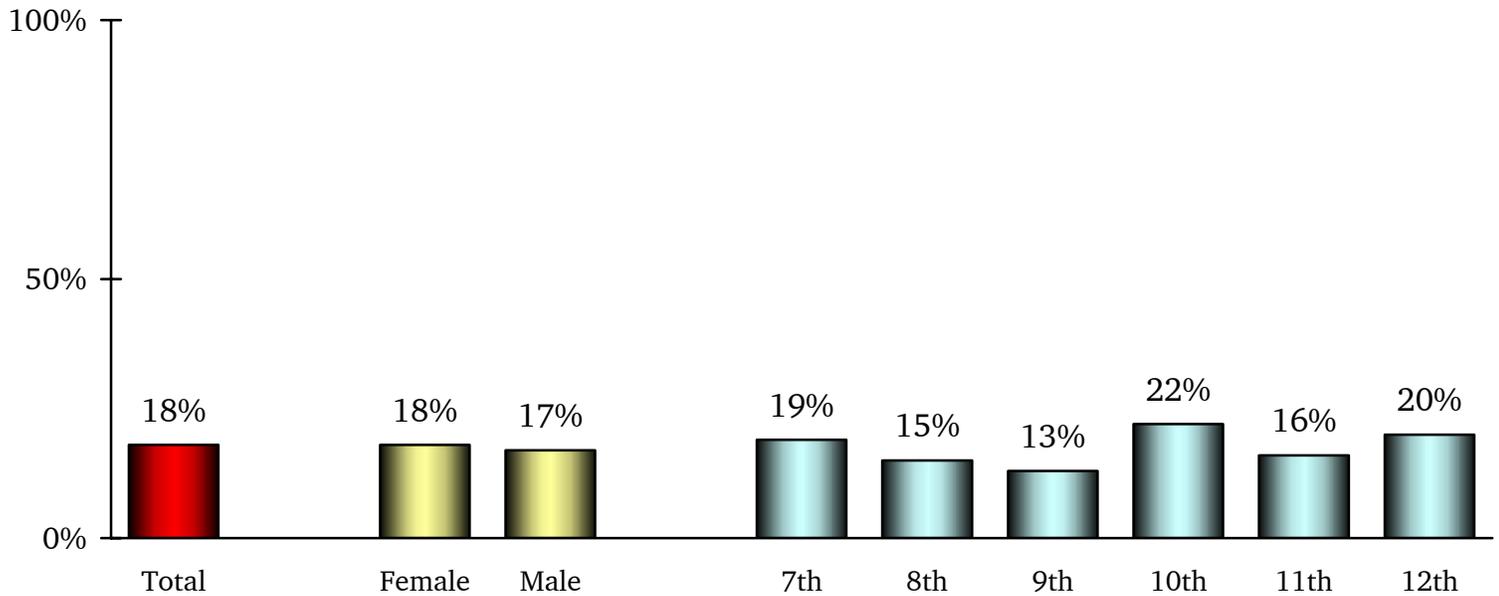


Percentage of students who drank fruit juices four or more times during the past 7 days.

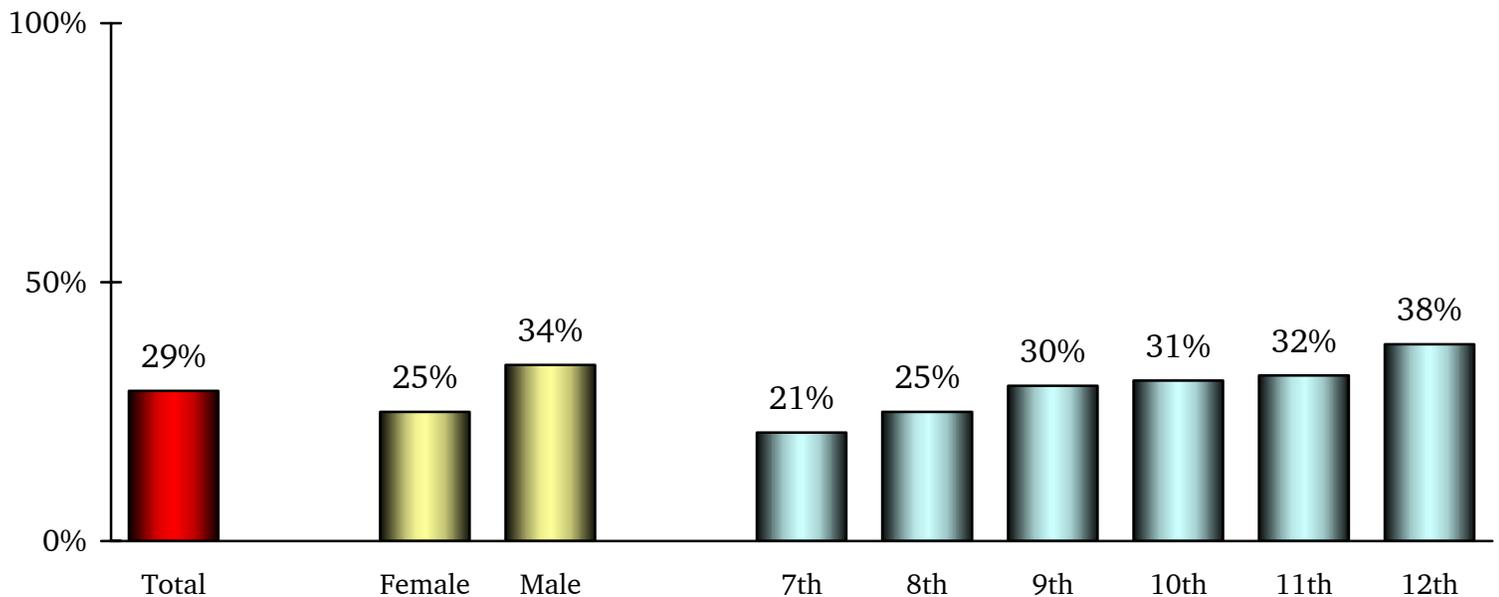


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who ate green salad four or more times during the past 30 days.

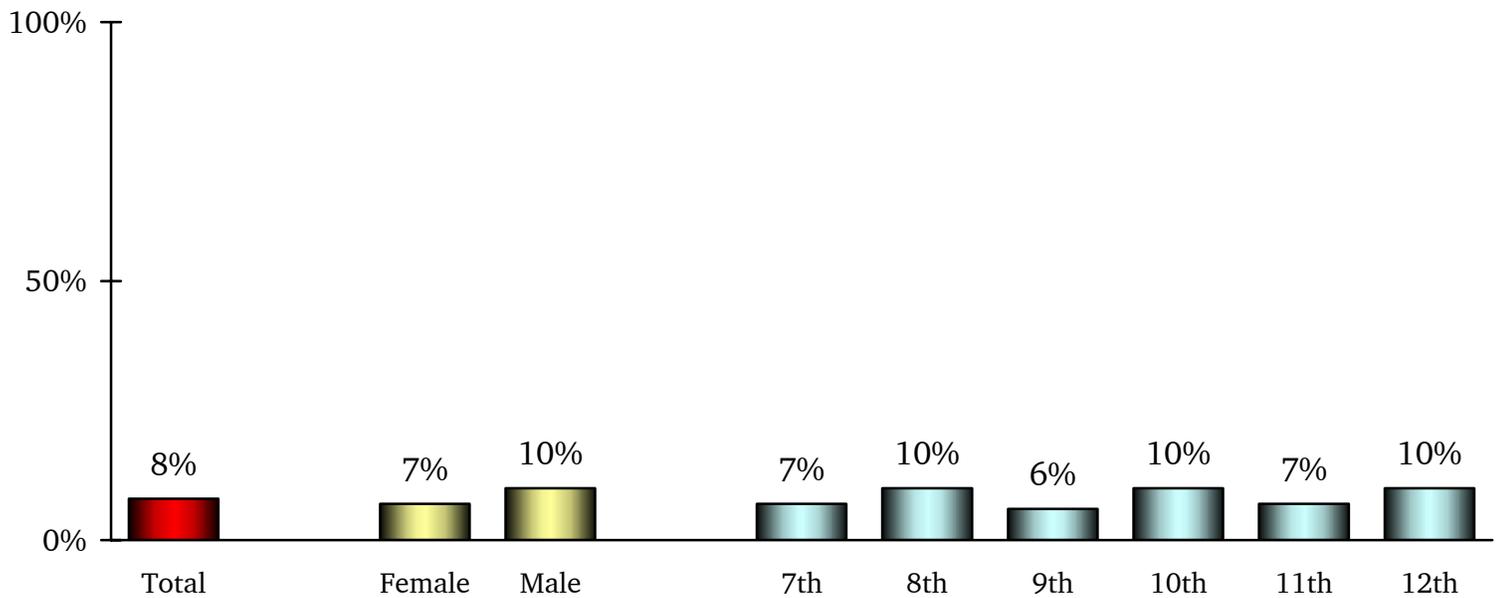


Percentage of students who ate potatoes four or more times during the past 30 days.

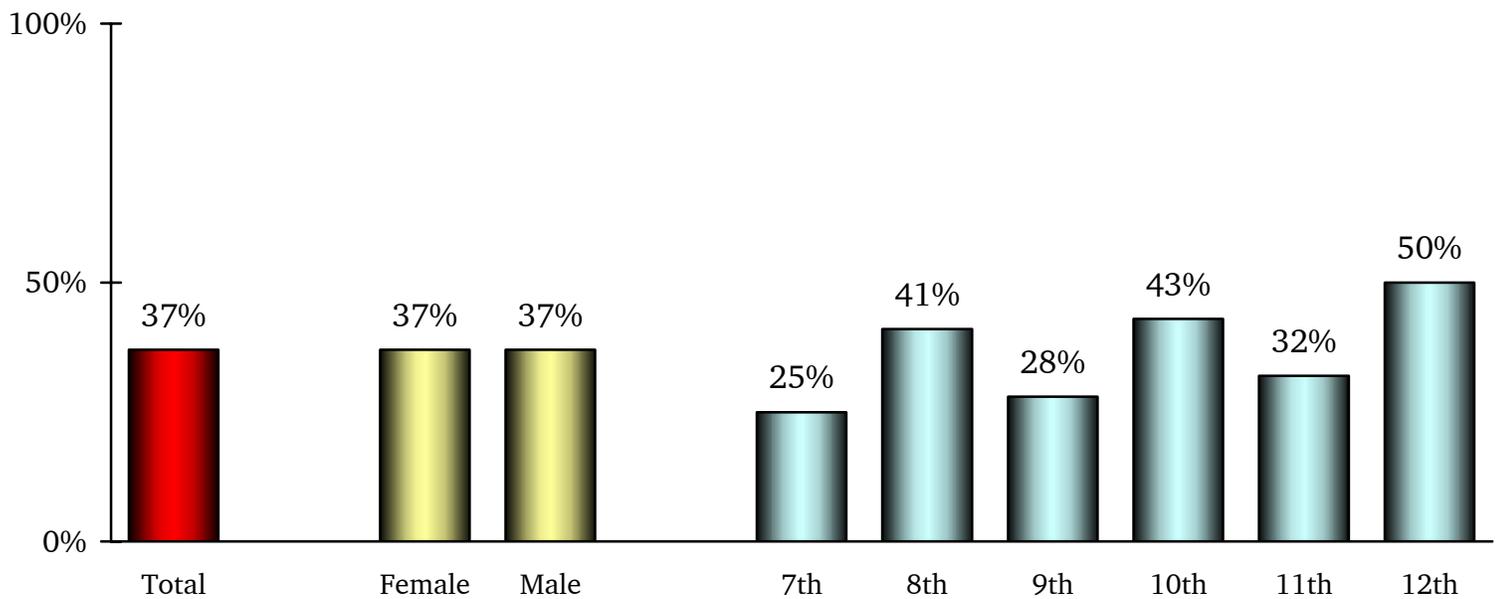


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who ate carrots four or more times during the past 7 days.

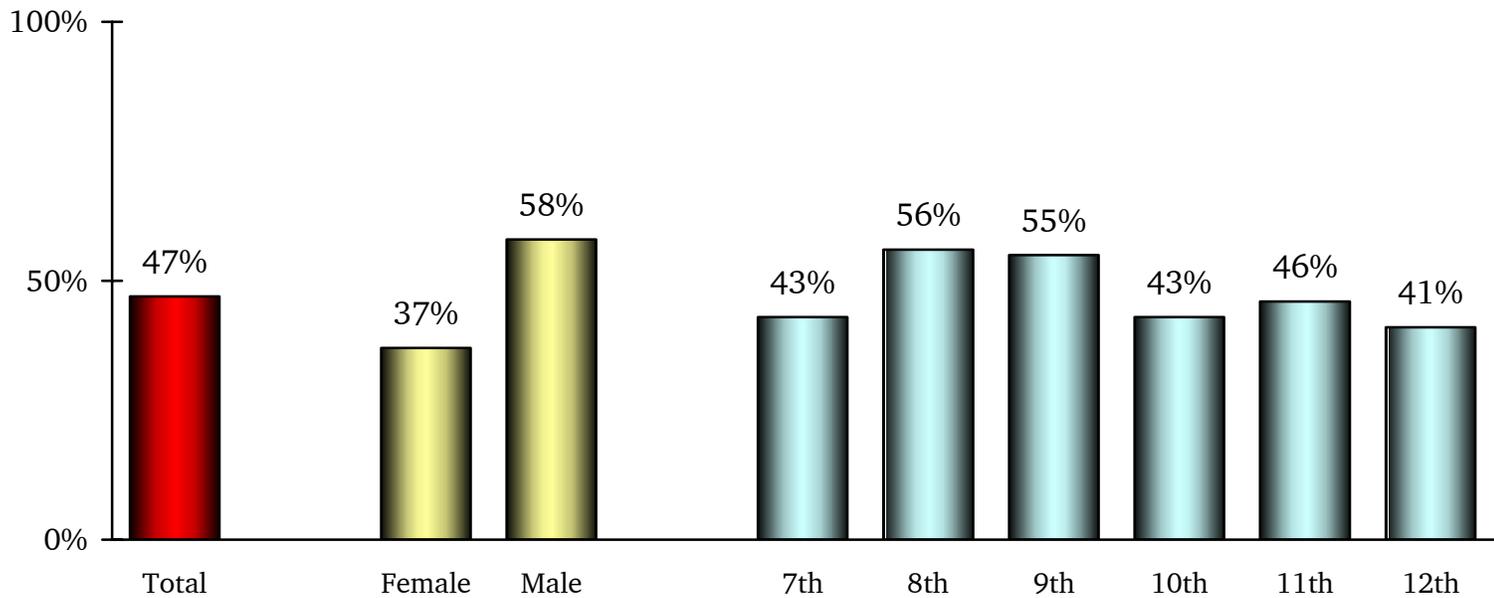


Percentage of students who ate other vegetables four or more times during the past 7 days.



## 2003-2004 Prairie County Youth Health Survey

Percentage of students who drank milk four or more times during the past 7 days.

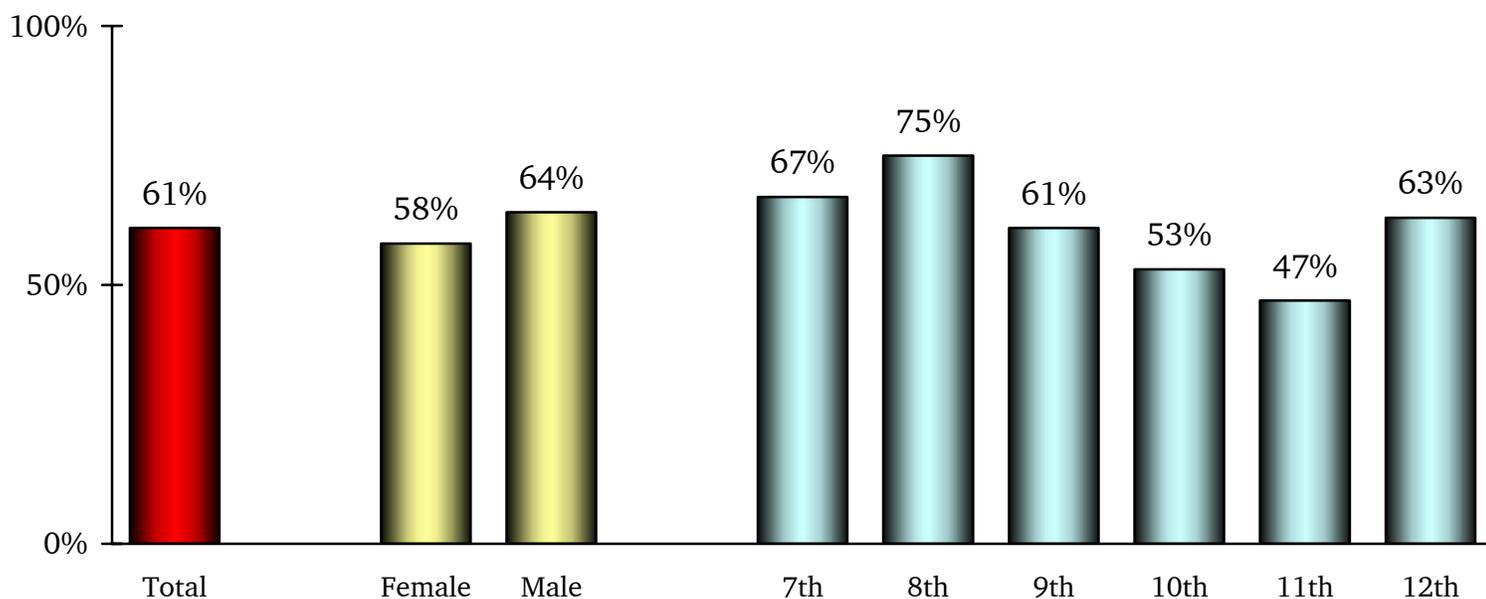


## 2003-2004 Prairie County Youth Health Survey

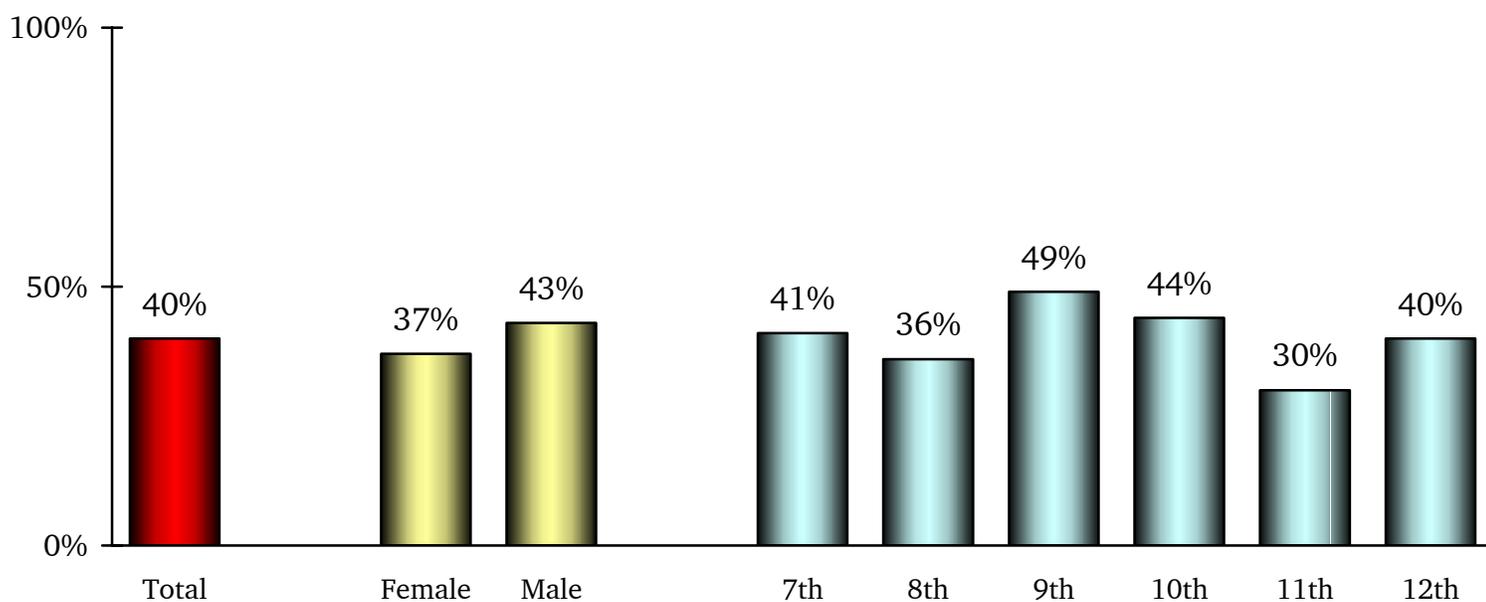
### ■ Physical Activity

*These questions measure students' physical activity, including team sports, physical education class, and sports injuries.*

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

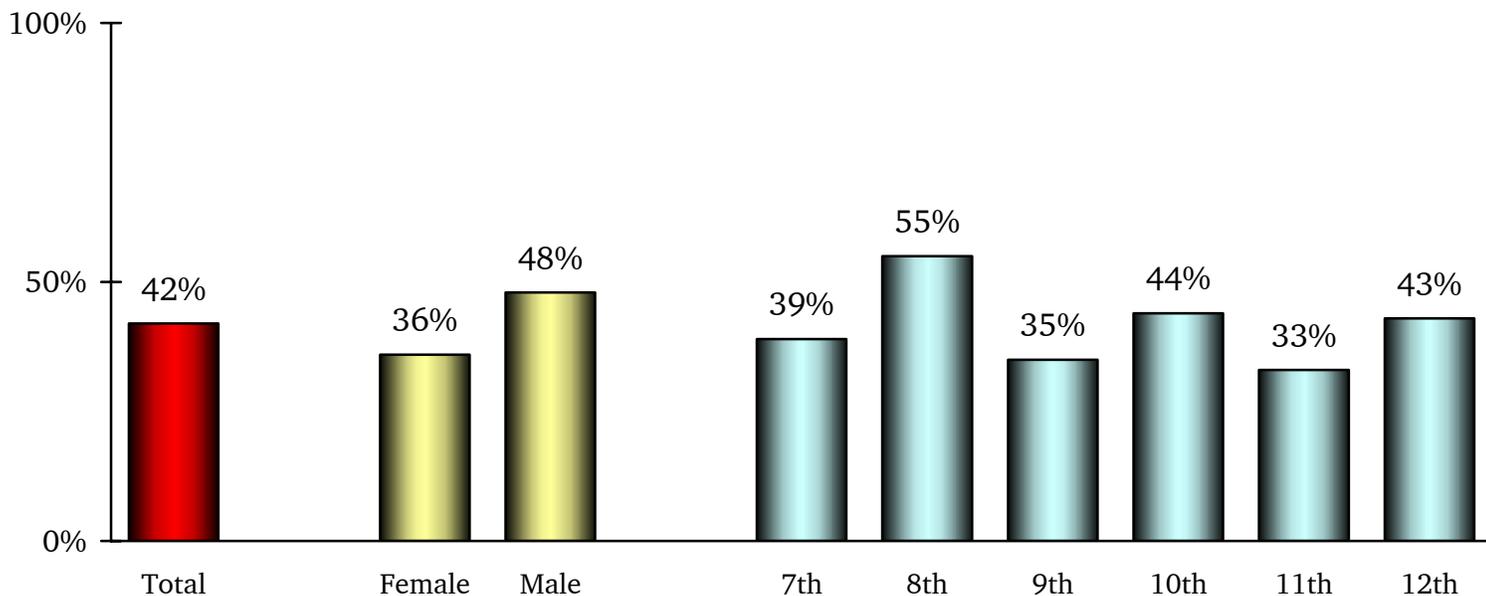


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

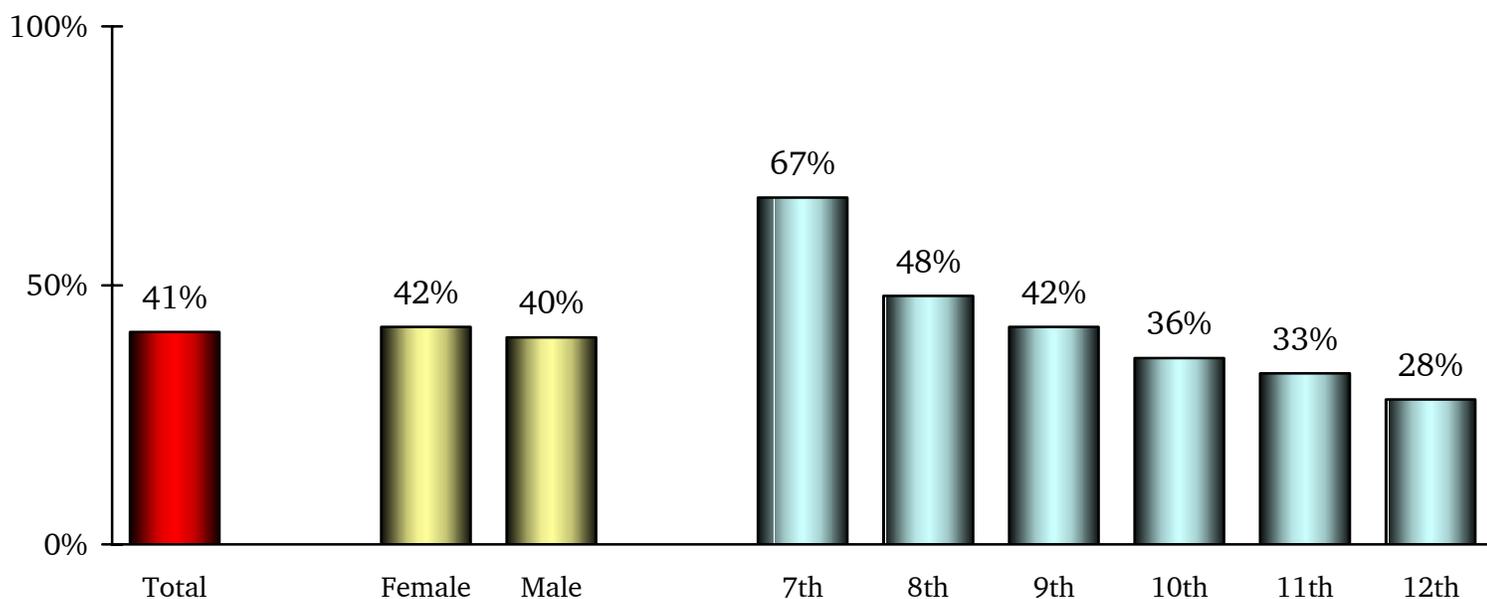


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.

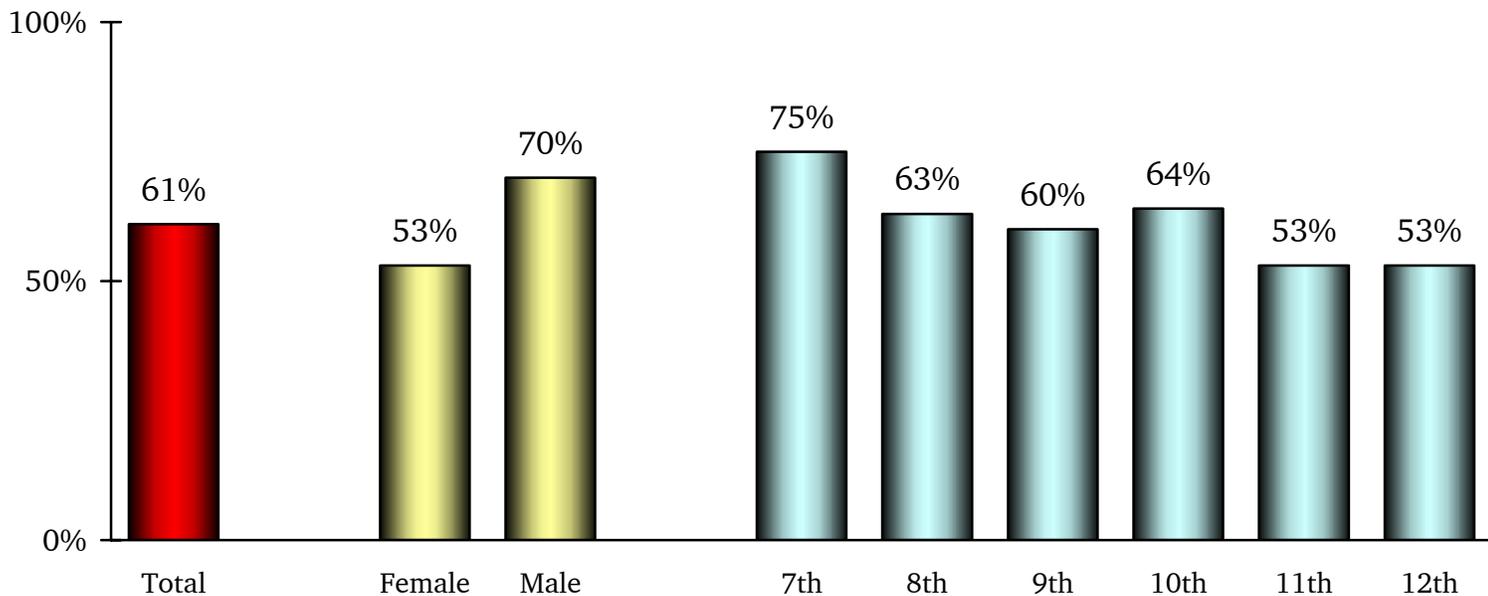


Percentage of students who attended physical education (PE) class one or more days during an average school week.



## 2003-2004 Prairie County Youth Health Survey

Percentage of students who played on one or more sports teams during the past 12 months.



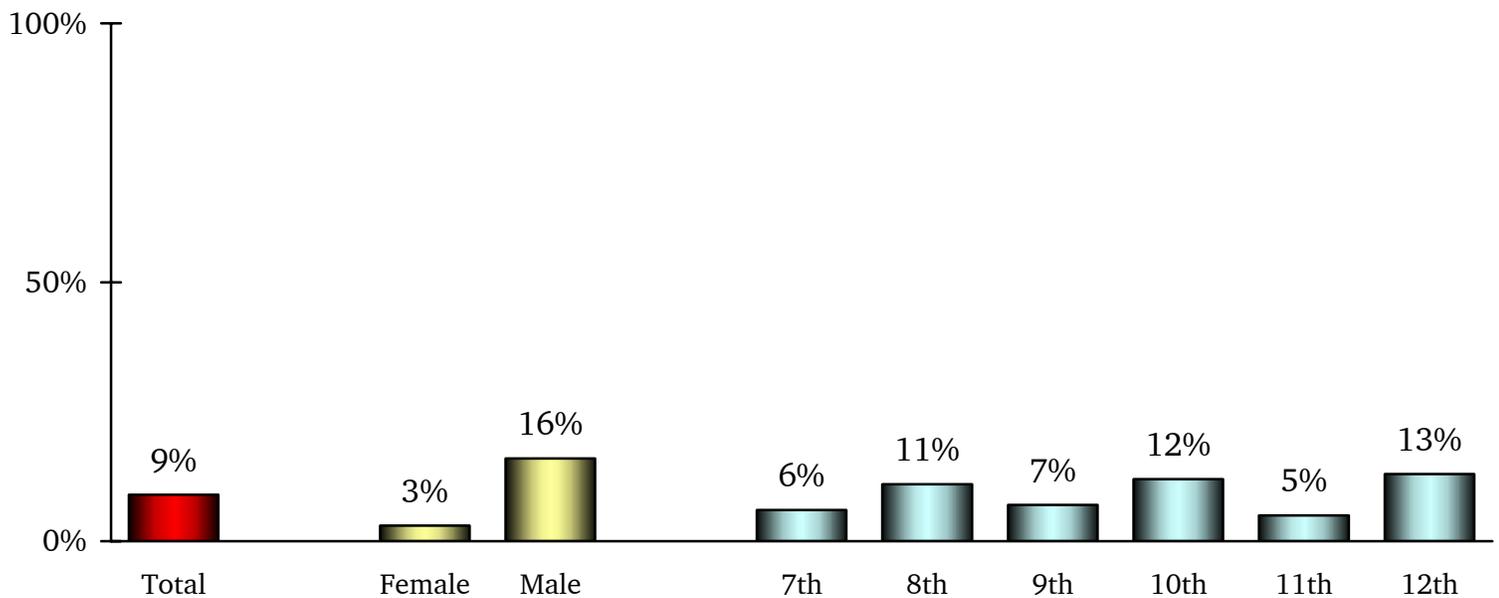
## 2003-2004 Prairie County Youth Health Survey

### ■ Violence-Related Behaviors at School

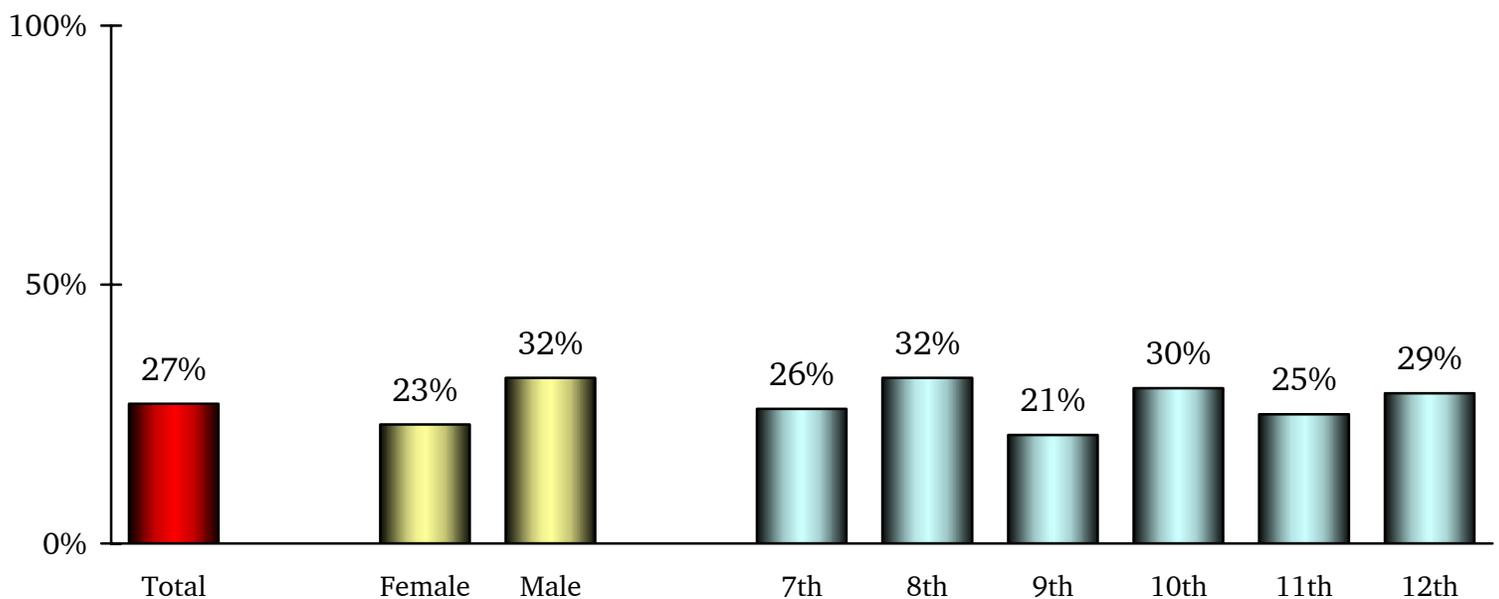
*These questions measure violence related behaviors at school.*

Percentage of students who carried a weapon\* on school property on one or more of the past 30 days.

\*such as a gun, knife, or club.

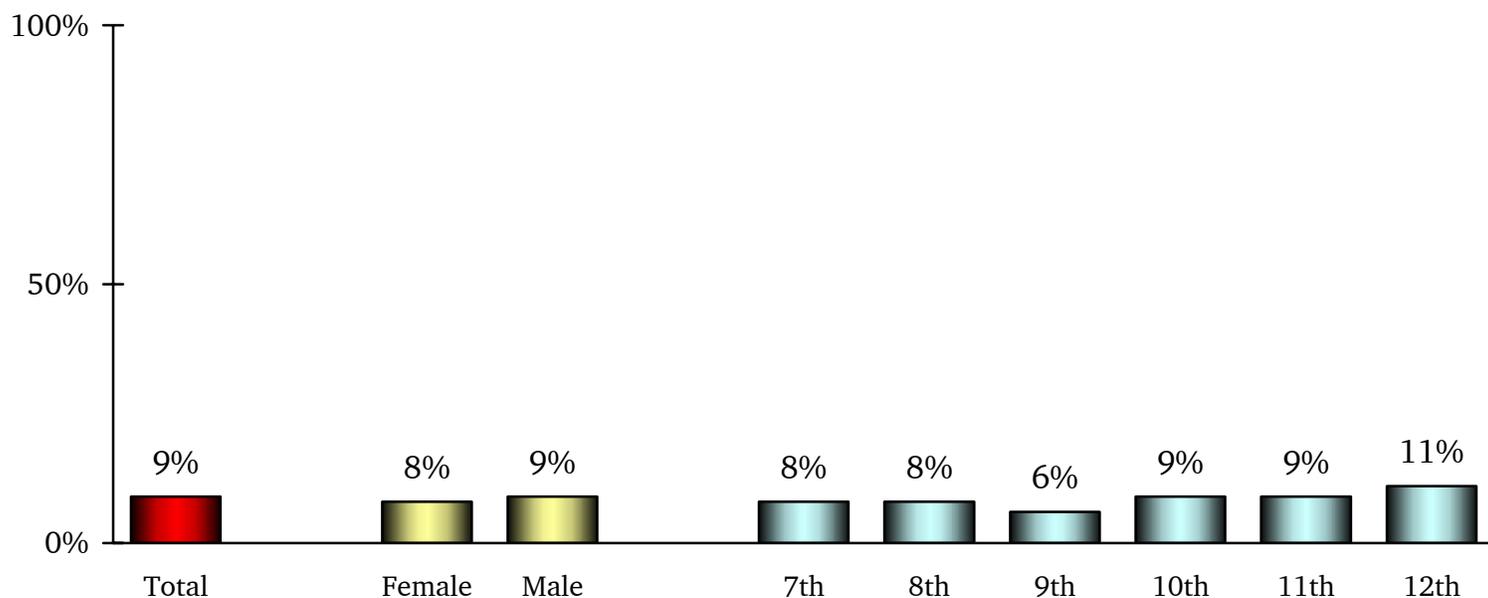


Percentage of students who have had their property stolen or deliberately damaged during the past 12 months?

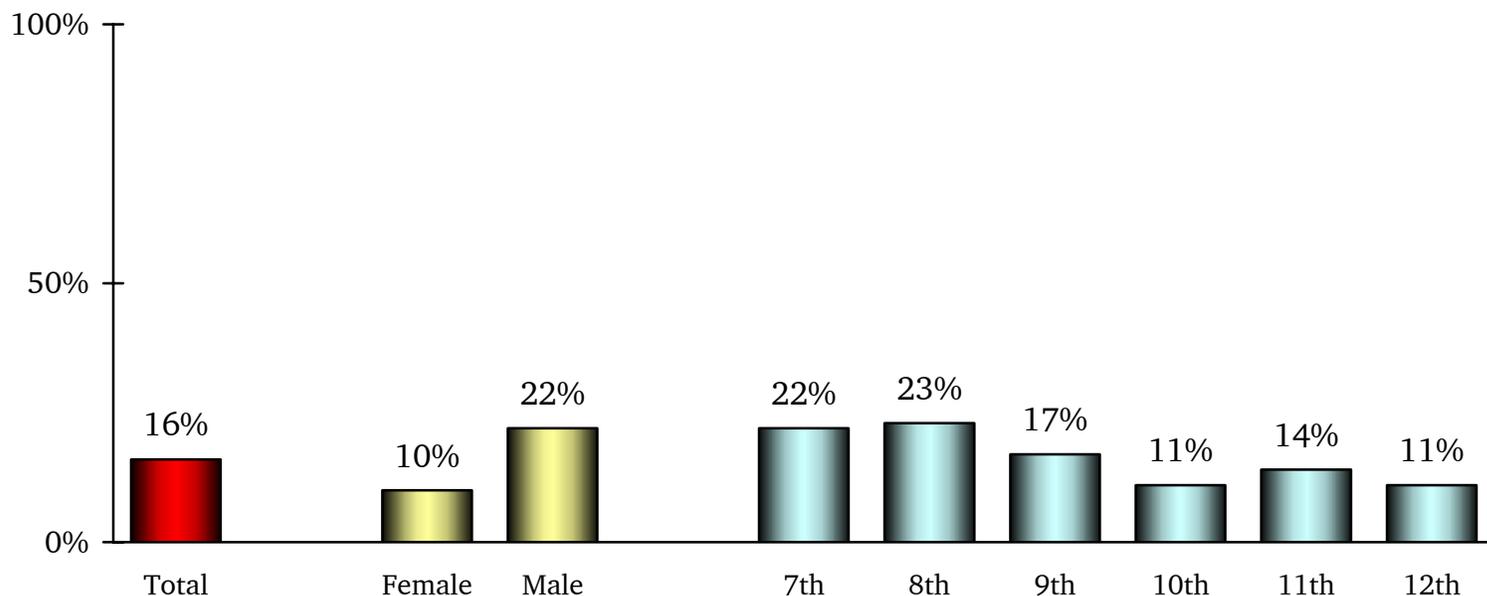


## 2003-2004 Prairie County Youth Health Survey

Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



Percentage of students who were in a physical fight on school property one or more times during the past 12 months.

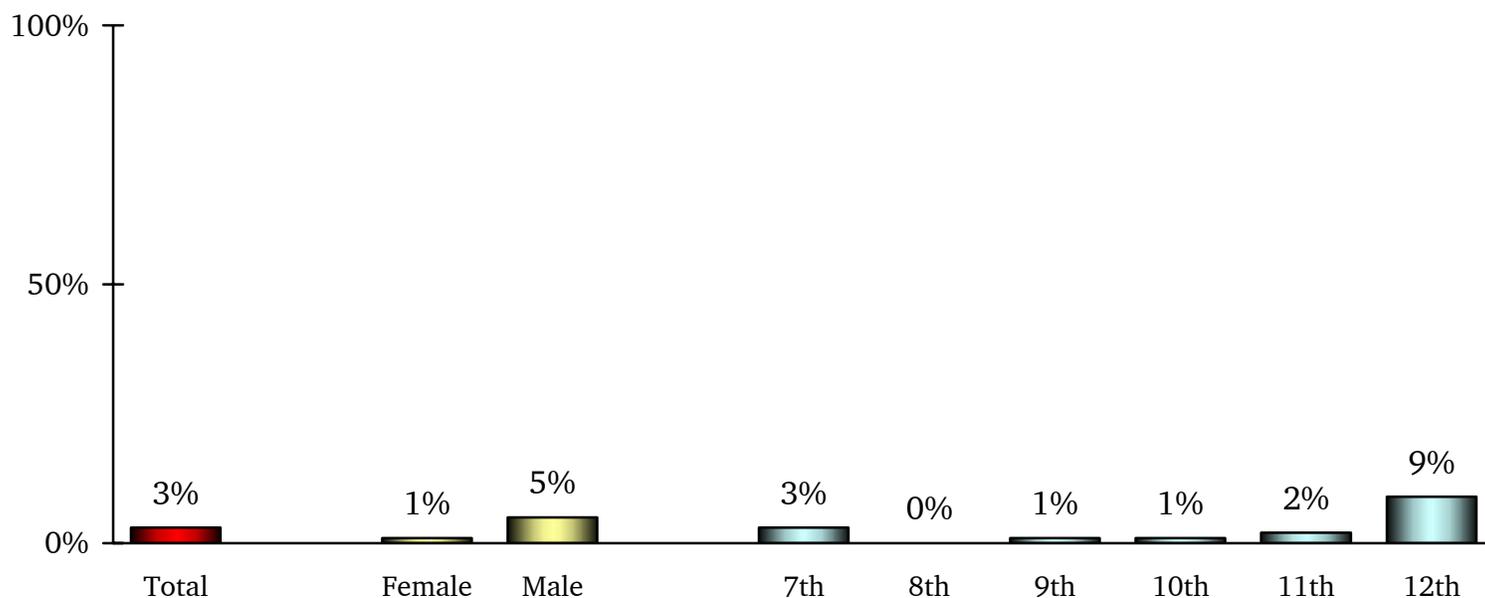


## 2003-2004 Prairie County Youth Health Survey

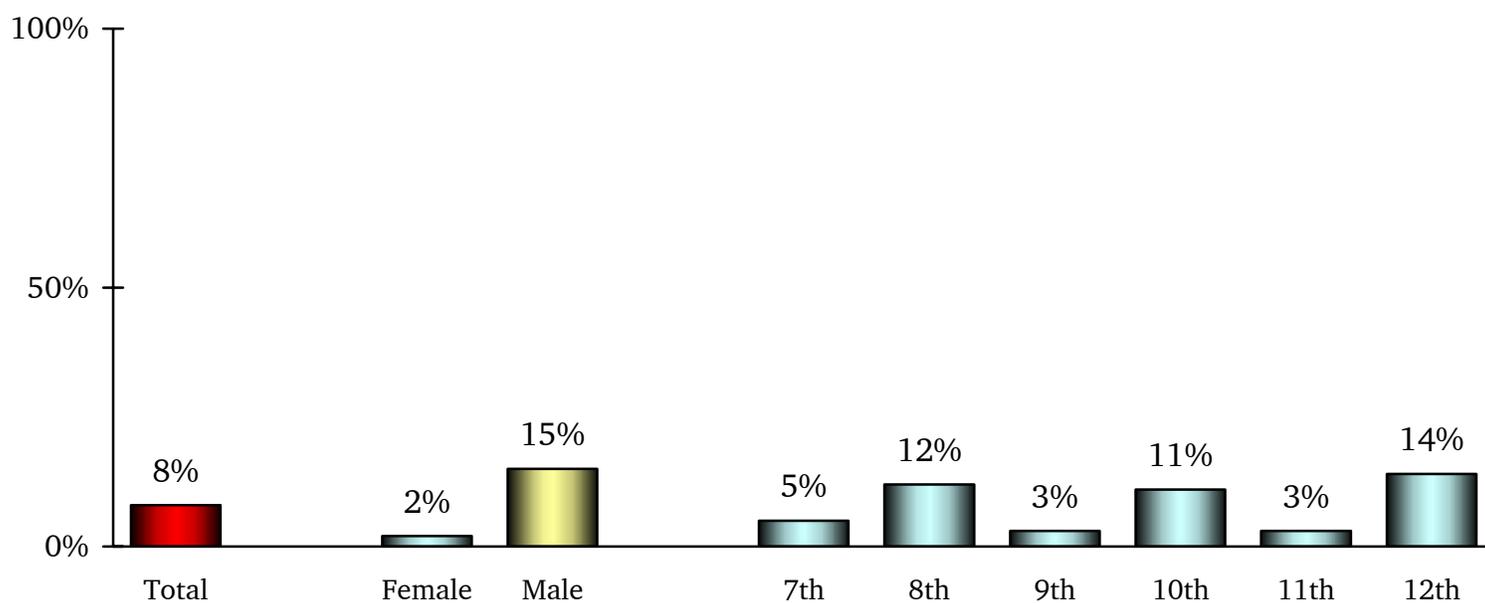
### ■ Tobacco Use at School

*These questions measure tobacco use on school property.*

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days

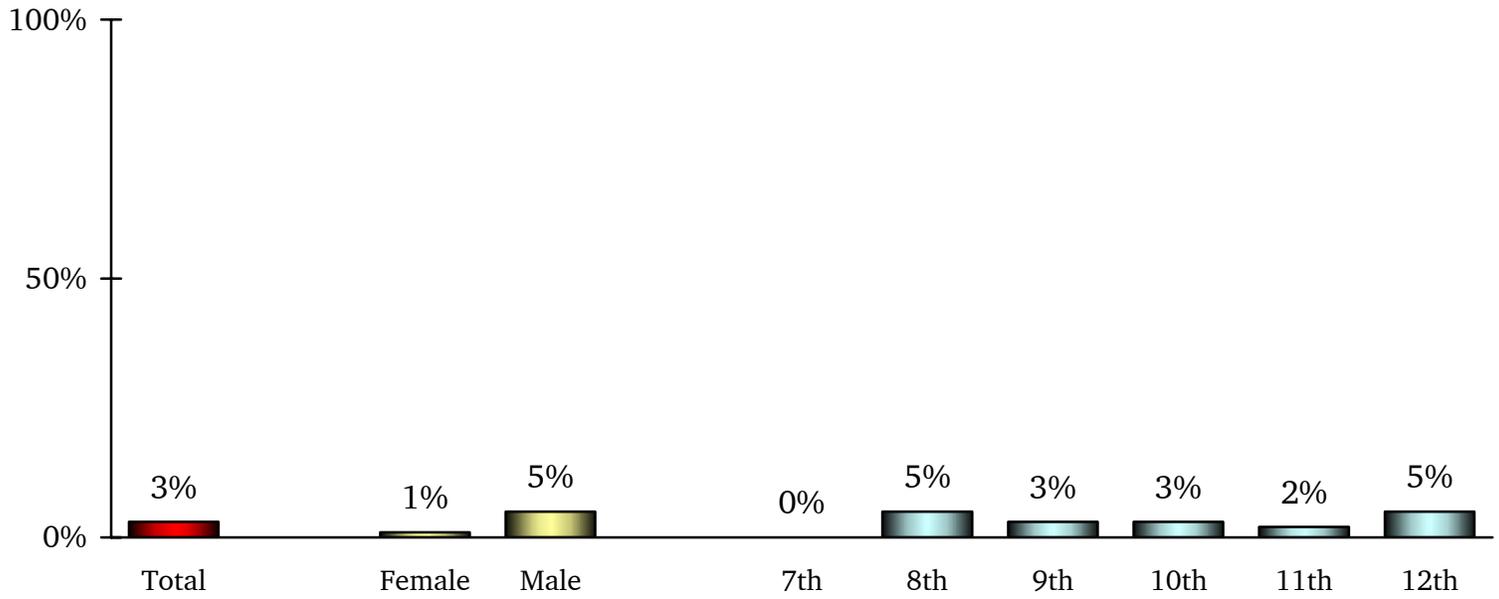


## 2003-2004 Prairie County Youth Health Survey

### ■ Alcohol Use at School

*This question measures alcohol use on school property.*

Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.

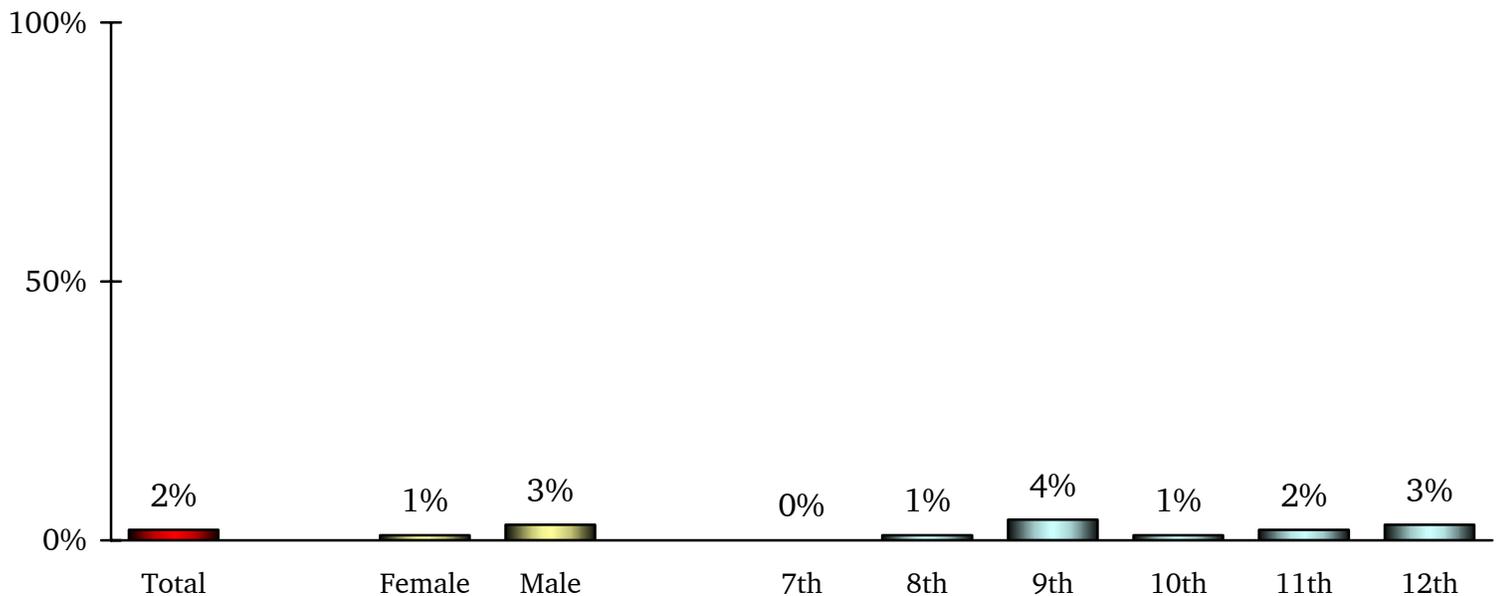


## 2003-2004 Prairie County Youth Health Survey

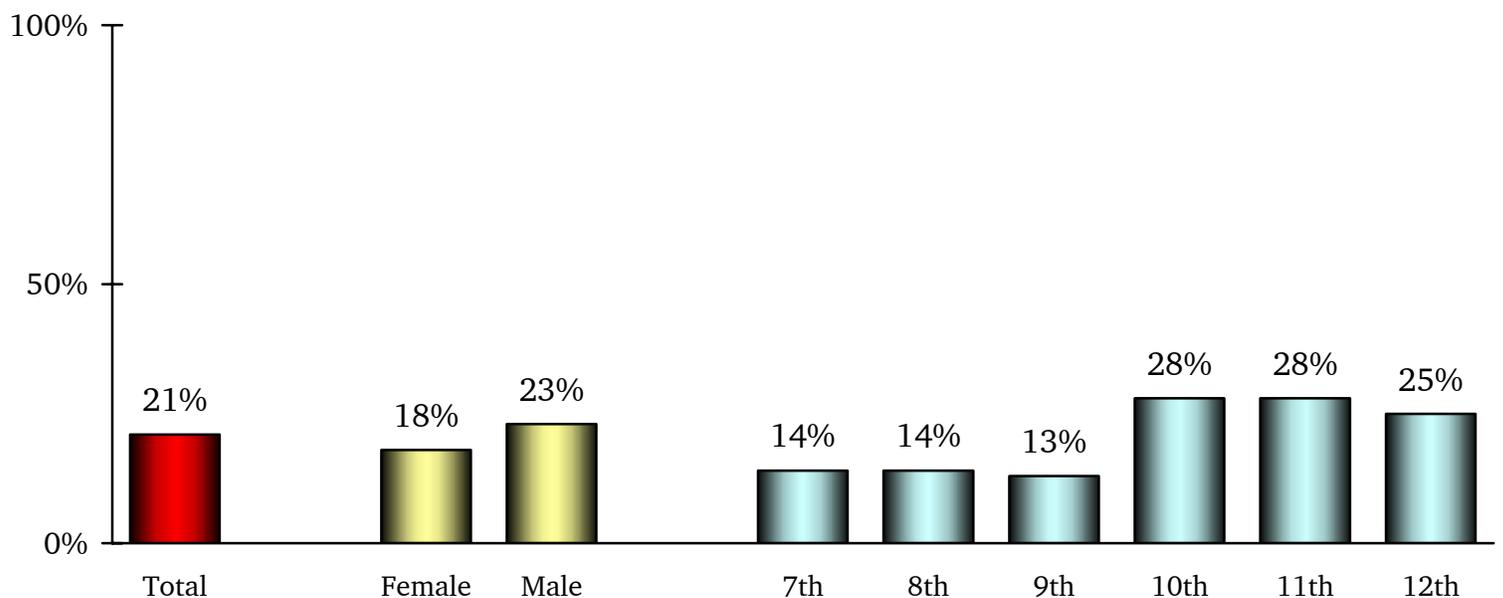
### ■ Drug Use at School

*These questions measure drug use and availability on school property.*

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



## 2003-2004 Prairie County Youth Health Survey

### 2003 -2004 Prairie County Youth Health Survey Questionnaire

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	44	10
13	70	16
14	74	17
15	78	18
16	75	17
17	79	18
18 OR OLDER	21	5

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	224	51
MALE	215	49

Frequency Missing = 2

## 2003-2004 Prairie County Youth Health Survey

3. In what grade are you?		
	Number of Students	Percent of Total
7TH	70	16
8TH	74	17
9TH	72	17
10TH	81	19
11TH	59	14
12TH	80	18

Frequency Missing = 5

7. During the past 12 months, how would you describe your grades in school?		
	Number of Students	Percent of Total
MOSTLY A's	147	34
MOSTLY B's	164	38
MOSTLY C's	74	17
MOSTLY D's	12	3
MOSTLY F's	3	1
NONE OF THE ABOVE	2	0
NOT SURE	25	6

Frequency Missing = 14

## 2003-2004 Prairie County Youth Health Survey

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	187	43
NEVER WORE	235	55
RARELY WORE	4	1
SOMETIMES WORE	2	0
WORE MOST OF THE TIME	1	0
ALWAYS WORE	1	0

Frequency Missing = 11

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	59	14
RARELY	88	20
SOMETIMES	142	33
MOST OF THE TIME	99	23
ALWAYS	42	10

Frequency Missing = 11

## 2003-2004 Prairie County Youth Health Survey

10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
	Number of Students	Percent of Total
0 TIMES	271	62
1 TIME	55	13
2-3 TIMES	65	15
4-5 TIMES	20	5
6+ TIMES	29	7

Frequency Missing = 1

11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
	Number of Students	Percent of Total
0 TIMES	370	86
1 TIME	22	5
2-3 TIMES	24	6
4-5 TIMES	4	1
6+ TIMES	9	2

Frequency Missing = 12

## 2003-2004 Prairie County Youth Health Survey

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
	Number of Students	Percent of Total
0 TIMES	291	69
1 TIME	15	4
2-3 TIMES	19	5
4-5 TIMES	10	2
6+ TIMES	85	20

Frequency Missing = 21

13. During the past 30 days, on how many days did you carry a gun?		
	Number of Students	Percent of Total
0 TIMES	359	84
1 TIME	11	3
2-3 TIMES	23	5
4-5 TIMES	6	1
6+ TIMES	27	6

Frequency Missing = 15

## 2003-2004 Prairie County Youth Health Survey

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
	Number of Students	Percent of Total
0 TIMES	391	91
1 TIME	6	1
2-3 TIMES	9	2
4-5 TIMES	5	1
6+ TIMES	20	5

Frequency Missing = 10

15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
	Number of Students	Percent of Total
0 TIMES	409	95
1 TIME	10	2
2-3 TIMES	5	1
4-5 TIMES	1	0
6+ TIMES	5	1

Frequency Missing = 11

## 2003-2004 Prairie County Youth Health Survey

16. During the past 12 months,  
how many times has someone threatened  
or injured you  
with a weapon such as a gun, knife,  
or club on school property?

	Number of Students	Percent of Total
0 TIMES	396	91
1 TIME	17	4
2-3 TIMES	7	2
4-5 TIMES	4	1
6-7 TIMES	2	0
10-11 TIMES	2	0
12+ TIMES	5	1

Frequency Missing = 8

17. During the past 12 months, how many times has someone stolen  
or deliberately  
damaged your property?

	Number of Students	Percent of Total
0 TIMES	320	73
1 TIME	59	13
2-3 TIMES	35	8
4-5 TIMES	10	2
6-7 TIMES	2	0
8-9 TIMES	3	1
12+ TIMES	11	3

Frequency Missing = 1

## 2003-2004 Prairie County Youth Health Survey

18. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	253	59
1 TIME	87	20
2-3 TIMES	50	12
4-5 TIMES	17	4
6-7 TIMES	6	1
8-9 TIMES	1	0
10-11 TIMES	1	0
12+ TIMES	13	3

Frequency Missing = 13

19. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	412	96
1 TIME	14	3
2-3 TIMES	2	0
4-5 TIMES	2	0

Frequency Missing = 11

## 2003-2004 Prairie County Youth Health Survey

20. During the past 12 months, how many times were you in a physical fight on school property?		
	Number of Students	Percent of Total
0 TIMES	365	84
1 TIME	43	10
2-3 TIMES	17	4
4-5 TIMES	3	1
6-7 TIMES	2	0
8-9 TIMES	1	0
12+ TIMES	4	1

Frequency Missing = 6

21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	50	12
NO	380	88

Frequency Missing = 11

## 2003-2004 Prairie County Youth Health Survey

22. Have you ever been forced to have sexual intercourse when you did not want to?		
	Number of Students	Percent of Total
YES	54	12
NO	382	88

Frequency Missing = 5

23. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
	Number of Students	Percent of Total
YES	124	29
NO	310	71

Frequency Missing = 7

24. During the past 12 months, did you ever seriously consider attempting suicide?		
	Number of Students	Percent of Total
YES	70	17
NO	333	83

Frequency Missing = 38

## 2003-2004 Prairie County Youth Health Survey

25. During the past 12 months, did you make a plan about how you would attempt suicide?		
	Number of Students	Percent of Total
YES	63	14
NO	377	86

Frequency Missing = 1

26. During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	326	93
1 TIME	9	3
2-3 TIMES	7	2
4-5 TIMES	6	2
6+ TIMES	3	1

Frequency Missing = 90

## 2003-2004 Prairie County Youth Health Survey

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Number of Students	Percent of Total
N/A	324	91
YES	6	2
NO	27	8

Frequency Missing = 84

28. Have you ever tried cigarette smoking, even one or two puffs?

	Number of Students	Percent of Total
YES	274	64
NO	154	36

Frequency Missing = 13

## 2003-2004 Prairie County Youth Health Survey

29. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	219	51
8 OR YOUNGER	23	5
AGE 9-10	40	9
AGE 11-12	48	11
AGE 13-14	63	15
AGE 15-16	29	7
17 OR OLDER	4	1

Frequency Missing = 15

30. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	297	74
1-2 DAYS	24	6
3-5 DAYS	12	3
6-9 DAYS	6	2
10-19 DAYS	13	3
20-29 DAYS	12	3
ALL 30 DAYS	35	9

Frequency Missing = 42

## 2003-2004 Prairie County Youth Health Survey

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	302	74
LT 1 PER DAY	23	6
1/DAY	19	5
2-5/DAY	37	9
6-10/DAY	13	3
11-20/DAY	11	3
21+ /DAY	3	1

Frequency Missing = 33

32. During the past 30 days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IN THE PAST MONTH	301	74
STORE BOUGHT	19	5
MACHINE BOUGHT	1	0
SOMEONE ELSE BOUGHT	32	8
BORROWED THEM	30	7
PERSON 18 OR OLDER GAVE THEM	6	1
TOOK FROM A STORE OR FAMILY MEMBER	2	0
SOME OTHER WAY	14	3

Frequency Missing = 36

## 2003-2004 Prairie County Youth Health Survey

33. During the past 30 days, on how many days did you smoke cigarettes on school property?		
	Number of Students	Percent of Total
0 DAYS	418	97
1-2 DAYS	7	2
3-5 DAYS	1	0
6-9 DAYS	1	0
20-29 DAYS	1	0
ALL 30 DAYS	3	1

Frequency Missing = 10

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?		
	Number of Students	Percent of Total
YES	82	19
NO	347	81

Frequency Missing = 12

## 2003-2004 Prairie County Youth Health Survey

35. Have you ever tried to quit smoking cigarettes?		
	Number of Students	Percent of Total
N/A	275	67
YES	79	19
NO	56	14

Frequency Missing = 31

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
	Number of Students	Percent of Total
0 DAYS	348	82
1-2 DAYS	25	6
3-5 DAYS	11	3
6-9 DAYS	1	0
10-19 DAYS	13	3
20-29 DAYS	5	1
ALL 30 DAYS	22	5

Frequency Missing = 16

## 2003-2004 Prairie County Youth Health Survey

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?		
	Number of Students	Percent of Total
0 DAYS	397	92
1-2 DAYS	19	4
3-5 DAYS	4	1
6-9 DAYS	2	0
10-19 DAYS	5	1
20-29 DAYS	2	0
ALL 30 DAYS	4	1

Frequency Missing = 8

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	372	85
1-2 DAYS	25	6
3-5 DAYS	14	3
6-9 DAYS	9	2
10-19 DAYS	8	2
20-29 DAYS	4	1
ALL 30 DAYS	4	1

Frequency Missing = 5

## 2003-2004 Prairie County Youth Health Survey

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	97	25
1-2 DAYS	50	13
3-9 DAYS	61	16
10-19 DAYS	40	10
20-39 DAYS	29	8
40-99 DAYS	41	11
100+ DAYS	64	17

Frequency Missing = 59

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	100	26
8 OR YOUNGER	61	16
AGE 9-10	43	11
AGE 11-12	53	14
AGE 13-14	76	20
AGE 15-16	52	13
17 OR OLDER	3	1

Frequency Missing = 53

## 2003-2004 Prairie County Youth Health Survey

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	221	55
1-2 DAYS	77	19
3-5 DAYS	44	11
6-9 DAYS	33	8
10-19 DAYS	18	4
20-29 DAYS	6	1
ALL 30 DAYS	2	0

Frequency Missing = 40

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
	Number of Students	Percent of Total
0 DAYS	299	71
1 DAY	34	8
2 DAYS	31	7
3-5 DAYS	30	7
6-9 DAYS	16	4
10-19 DAYS	8	2
20+ DAYS	1	0

Frequency Missing = 22

## 2003-2004 Prairie County Youth Health Survey

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
	Number of Students	Percent of Total
0 DAYS	416	97
1-2 DAYS	11	3
3-5 DAYS	1	0
6-9 DAYS	1	0
10-19 DAYS	2	0

Frequency Missing = 10

44. During you life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	282	67
1-2 TIMES	28	7
3-9 TIMES	28	7
10-19 TIMES	20	5
20-39 TIMES	20	5
40-99 TIMES	8	2
100+ TIMES	35	8

Frequency Missing = 20

## 2003-2004 Prairie County Youth Health Survey

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	286	67
8 OR YOUNGER	4	1
AGE 9-10	11	3
AGE 11-12	22	5
AGE 13-14	62	14
AGE 15-16	36	8
17 OR OLDER	8	2

Frequency Missing = 12

46. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	368	86
1-2 TIMES	21	5
3-9 TIMES	17	4
10-19 TIMES	6	1
20-39 TIMES	7	2
40+ TIMES	11	3

Frequency Missing = 11

## 2003-2004 Prairie County Youth Health Survey

47. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	424	98
1-2 TIMES	3	1
3-9 TIMES	5	1
40+ TIMES	1	0

Frequency Missing = 8

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
	Number of Students	Percent of Total
0 TIMES	397	93
1-2 TIMES	11	3
3-9 TIMES	9	2
10-19 TIMES	5	1
20-39 TIMES	2	0
40+ TIMES	5	1

Frequency Missing = 12

## 2003-2004 Prairie County Youth Health Survey

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	417	97
1-2 TIMES	4	1
3-9 TIMES	7	2
10-19 TIMES	3	1
40+ TIMES	1	0

Frequency Missing = 9

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	344	80
1-2 TIMES	40	9
3-9 TIMES	17	4
10-19 TIMES	13	3
20-39 TIMES	6	1
40+ TIMES	8	2

Frequency Missing = 13

## 2003-2004 Prairie County Youth Health Survey

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?		
	Number of Students	Percent of Total
0 TIMES	392	92
1-2 TIMES	22	5
3-9 TIMES	6	1
10-19 TIMES	4	1
20-39 TIMES	1	0
40+ TIMES	2	0

Frequency Missing = 14

52. During your life, how many times have you used heroin (also called smack, junk or china white)?		
	Number of Students	Percent of Total
0 TIMES	418	97
1-2 TIMES	4	1
3-9 TIMES	4	1
10-19 TIMES	2	0
20-39 TIMES	3	1
40+ TIMES	1	0

Frequency Missing = 9

## 2003-2004 Prairie County Youth Health Survey

53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Number of Students	Percent of Total
0 TIMES	404	93
1-2 TIMES	12	3
3-9 TIMES	10	2
10-19 TIMES	2	0
20-39 TIMES	2	0
40+ TIMES	5	1

Frequency Missing = 6

54. During your life, how many times have you used ecstasy?

	Number of Students	Percent of Total
0 TIMES	407	94
1-2 TIMES	12	3
3-9 TIMES	4	1
10-19 TIMES	6	1
20-39 TIMES	2	0
40+ TIMES	1	0

Frequency Missing = 9

## 2003-2004 Prairie County Youth Health Survey

55. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	410	94
1-2 TIMES	14	3
3-9 TIMES	8	2
10-19 TIMES	2	0
20-39 TIMES	1	0
40+ TIMES	2	0

Frequency Missing = 4

56. During your life, how many times have you used a needle to inject any illegal drug into your body?		
	Number of Students	Percent of Total
0 TIMES	427	98
1 TIME	2	0
2+ TIMES	5	1

Frequency Missing = 7

## 2003-2004 Prairie County Youth Health Survey

57. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

	Number of Students	Percent of Total
YES	89	21
NO	338	79

Frequency Missing = 14

58. Have you ever had sexual intercourse?

	Number of Students	Percent of Total
YES	177	46
NO	204	54

Frequency Missing = 60

59. How old were you when you had sexual intercourse for the first time?

	Number of Students	Percent of Total
NEVER	204	53
AGE 11 OR YOUNGER	25	7
AGE 12	20	5
AGE 13	37	10
AGE 14	38	10
AGE 15	34	9
AGE 16	17	4
AGE 17+	8	2

Frequency Missing = 58

## 2003-2004 Prairie County Youth Health Survey

60. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	204	54
1 PERSON	63	17
2 PEOPLE	33	9
3 PEOPLE	17	5
4 PEOPLE	16	4
5 PEOPLE	9	2
6 OR MORE PEOPLE	33	9

Frequency Missing = 66

61. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	205	54
NONE IN PAST 3 MONTHS	51	13
1 PERSON	84	22
2 PEOPLE	18	5
3 PEOPLE	6	2
4 PEOPLE	4	1
5 PEOPLE	2	1
6 OR MORE PEOPLE	9	2

Frequency Missing = 62

## 2003-2004 Prairie County Youth Health Survey

62. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	205	54
YES	38	10
NO	138	36

Frequency Missing = 60

63. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	205	54
YES	110	29
NO	64	17

Frequency Missing = 62

## 2003-2004 Prairie County Youth Health Survey

64. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	205	55
NO BIRTH CONTROL USED	17	5
BIRTH CONTROL PILLS	29	8
CONDOMS	87	23
DEPO-PROVERA	6	2
WITHDRAWAL	19	5
OTHER	5	1
NOT SURE	8	2

Frequency Missing = 65

65. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	405	96
1 TIME	7	2
2+ TIMES	4	1
NOT SURE	4	1

Frequency Missing = 21

## 2003-2004 Prairie County Youth Health Survey

66. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	13	3
SLIGHTLY UNDERWEIGHT	49	11
ABOUT THE RIGHT WEIGHT	244	57
SLIGHTLY OVERWEIGHT	104	24
VERY OVERWEIGHT	18	4

Frequency Missing = 13

67. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	204	47
GAIN WEIGHT	68	16
STAY THE SAME WEIGHT	84	19
NOT TRYING TO DO ANYTHING	75	17

Frequency Missing = 10

68. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	240	57
NO	182	43

Frequency Missing = 19

## 2003-2004 Prairie County Youth Health Survey

69. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	171	41
NO	251	59

Frequency Missing = 19

70. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	75	18
NO	348	82

Frequency Missing = 18

## 2003-2004 Prairie County Youth Health Survey

71. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	50	12
NO	374	88

Frequency Missing = 17

72. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	29	7
NO	392	93

Frequency Missing = 20

## 2003-2004 Prairie County Youth Health Survey

73. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?		
	Number of Students	Percent of Total
NONE	145	34
1-3 TIMES	136	32
4-6 TIMES	60	14
ONCE PER DAY	26	6
TWICE PER DAY	28	7
3 TIMES PER DAY	12	3
4+ TIMES PER DAY	19	4

Frequency Missing = 15

74. During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	104	25
1-3 TIMES	191	45
4-6 TIMES	73	17
ONCE PER DAY	26	6
TWICE PER DAY	15	4
3 TIMES PER DAY	6	1
4+ TIMES PER DAY	8	2

Frequency Missing = 18

## 2003-2004 Prairie County Youth Health Survey

75. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	203	49
1-3 TIMES	138	33
4-6 TIMES	48	12
ONCE PER DAY	15	4
TWICE PER DAY	5	1
3 TIMES PER DAY	1	0
4+ TIMES PER DAY	4	1

Frequency Missing = 27

76. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	123	29
1-3 TIMES	173	41
4-6 TIMES	75	18
ONCE PER DAY	26	6
TWICE PER DAY	9	2
3 TIMES PER DAY	6	1
4+ TIMES PER DAY	7	2

Frequency Missing = 22

## 2003-2004 Prairie County Youth Health Survey

77. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	264	64
1-3 TIMES	115	28
4-6 TIMES	19	5
ONCE PER DAY	5	1
TWICE PER DAY	5	1
3 TIMES PER DAY	2	0
4+ TIMES PER DAY	4	1

Frequency Missing = 27

78. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	109	26
1-3 TIMES	152	36
4-6 TIMES	91	22
ONCE PER DAY	34	8
TWICE PER DAY	14	3
3 TIMES PER DAY	7	2
4+ TIMES PER DAY	10	2

Frequency Missing = 24

## 2003-2004 Prairie County Youth Health Survey

79. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	110	26
1-3 TIMES	112	27
4-6 TIMES	68	16
ONCE PER DAY	37	9
TWICE PER DAY	45	11
3 TIMES PER DAY	15	4
4+ TIMES PER DAY	35	8

Frequency Missing = 19

## 2003-2004 Prairie County Youth Health Survey

80. On how many of the past  
7 days did you exercise or  
participate in physical activity  
for at least  
20 minutes that made you  
sweat and breathe hard, such  
as basketball, soccer  
running, swimming  
laps, fast bicycling, fast  
dancing and other aerobic activities?

	Number of Students	Percent of Total
0 DAYS	69	17
1 DAY	58	14
2 DAYS	36	9
3 DAYS	58	14
4 DAYS	27	6
5 DAYS	69	17
6 DAYS	21	5
7 DAYS	80	19

Frequency Missing = 23

## 2003-2004 Prairie County Youth Health Survey

81. On how many of the past  
7 days did you participate  
in physical activity for  
at least  
30 minutes that did not make  
you sweat or breathe hard,  
such as fast walking,  
slow bicycling,  
skating, pushing a lawn mower/mopping  
floors?

	Number of Students	Percent of Total
0 DAYS	130	31
1 DAY	59	14
2 DAYS	62	15
3 DAYS	40	10
4 DAYS	26	6
5 DAYS	31	7
6 DAYS	14	3
7 DAYS	57	14

Frequency Missing = 22

## 2003-2004 Prairie County Youth Health Survey

82. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	131	32
1 DAY	50	12
2 DAYS	59	14
3 DAYS	54	13
4 DAYS	22	5
5 DAYS	38	9
6 DAYS	8	2
7 DAYS	53	13

Frequency Missing = 26

## 2003-2004 Prairie County Youth Health Survey

83. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	32	8
LT ONE HOUR	67	16
1 HOUR	66	16
2 HOURS	78	19
3 HOURS	72	18
4 HOURS	34	8
5+ HOURS	60	15

Frequency Missing = 32

84. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	221	59
1 DAY	17	5
2 DAYS	7	2
3 DAYS	1	0
4 DAYS	4	1
5 DAYS	126	34

Frequency Missing = 65

## 2003-2004 Prairie County Youth Health Survey

85. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	227	59
LT 10 MINUTES	9	2
10-20 MINUTES	17	4
21-30 MINUTES	15	4
31-40 MINUTES	31	8
41-50 MINUTES	42	11
51-60 MINUTES	15	4
OVER 60 MINUTES	28	7

Frequency Missing = 57

86. During the past 12 months, on how many sports teams did you play?

	Number of Students	Percent of Total
0 TEAMS	160	39
1 TEAM	108	26
2 TEAMS	75	18
3+ TEAMS	68	17

Frequency Missing = 30

## 2003-2004 Prairie County Youth Health Survey

87. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	254	65
NO	87	22
NOT SURE	49	13

Frequency Missing = 51

### Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

#### *The Youth Risk Behavior Study*

*This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.*

<http://www.cdc.gov/nccdphp/dash/CYHS/ov.htm>

#### *Violence*

**These sites include information about warning signs and prevention of violence among adolescents.**

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

#### *Tobacco, Alcohol, and Other Drug Use*

**These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.**

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

### *Teen Pregnancy and Sexual Behavior*

These sites provide information about teen sexuality, pregnancy, and STD's.

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. <http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.  
<http://www.teenpregnancy.org/>

### *Nutrition and Physical Activity*

The following sites are dedicated to providing information about healthy eating and exercise.

The American Dietetic Association promotes optimal nutrition and well being for all people.  
<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.  
<http://www.acefitness.org/>

### *Mental Health Issues*

This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.  
<http://www.nmha.org>

## 2003-2004 Prairie County Youth Health Survey

### *Parenting Teens*

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

### *Links for Teens*

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

### *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>